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CABLE GUIDE

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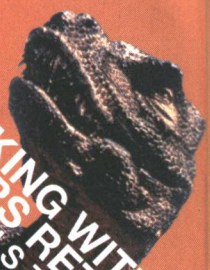
March 2000



WALKING WITH DINOSAURS RETURNS
100 DINO-MODELS TO BE WON!

Life after The X-Files

What's next for David Duchovny and Gillian Anderson?

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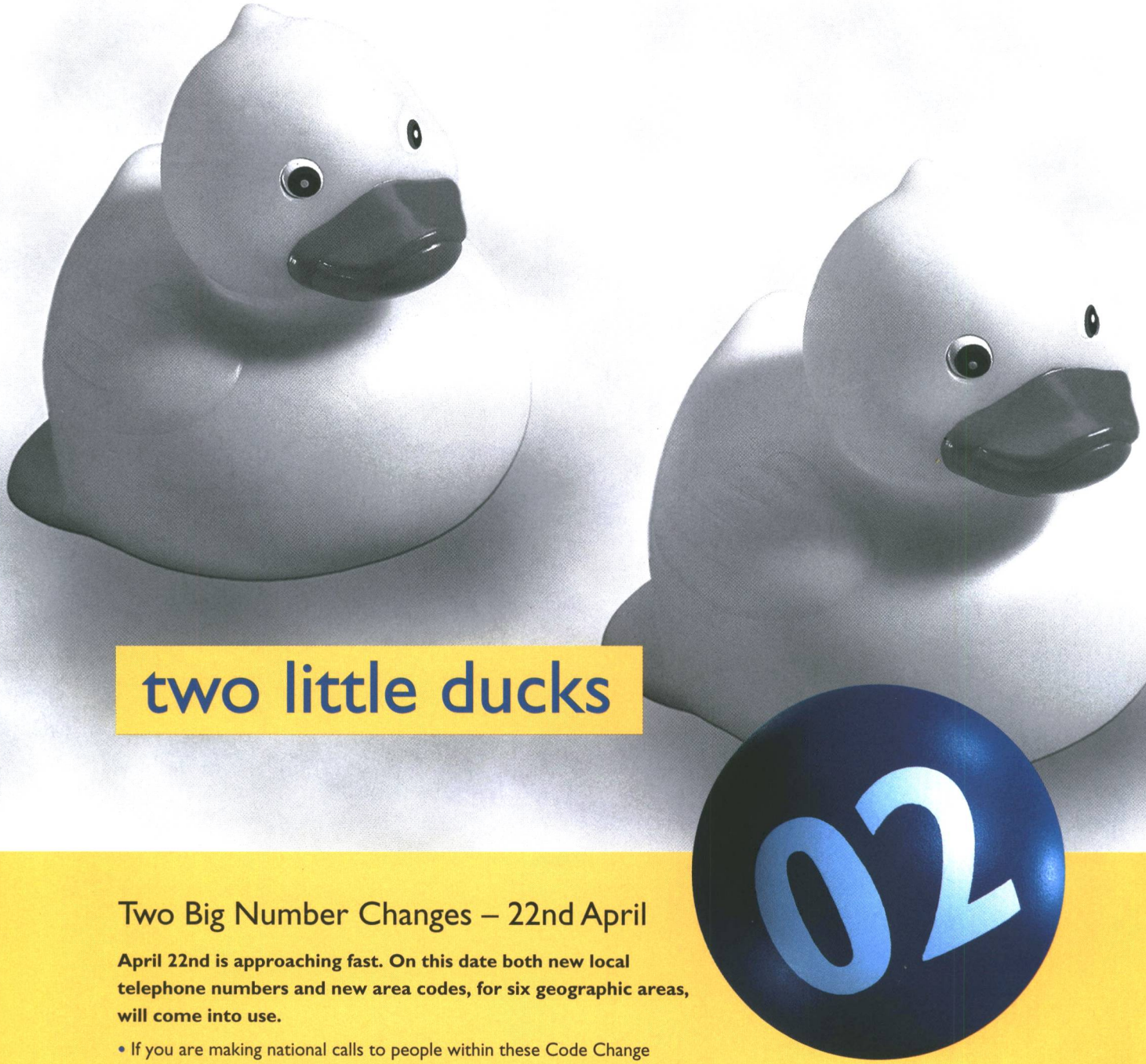

Two Big Number Changes – 22nd April

April 22nd is approaching fast. On this date both new local telephone numbers and new area codes, for six geographic areas, will come into use.

- If you are making national calls to people within these Code Change Areas you will need to use the new 3 digit area code, starting 02, and the new 8 digit local number.
- If you are making local calls within a Code Change Area you must use the new 8 digit local number after 22nd April when old local numbers will no longer work.
- Remember, the changes will only affect the numbers you dial, not the cost of the call!

The changes taking place on April 22nd will affect everyone, so don't be fooled this April - make sure you're ready for them.

For further information on the changes visit our website or call Customer Services.

02 Area Code & Local Number Changes

Places Affected	Previous Code	New Area Code and local number
Cardiff	(01222) xxx xxx	(029) 20xx xxxx
Coventry	(01203) xxx xxx	(024) 76xx xxxx
London	(0171) xxx xxxx	(020) 7xxx xxxx
London	(0181) xxx xxxx	(020) 8xxx xxxx
Portsmouth	(01705) xxx xxx	(023) 92xx xxxx
Southampton	(01703) xxx xxx	(023) 80xx xxxx
*Belfast	(01232) xx xxxx	(028) 90xx xxxx

*Belfast is one example of code changes affecting all Northern Ireland.

THE BIG NUMBER CHANGES

Website on:
www.cwcom.co.uk

Customer Services on:
0870 900 1503

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CABLE & WIRELESS CONTACT NUMBERS
QUICK-FIND GUIDE TO YOUR CABLE & WIRELESS CUSTOMER SERVICE

Billing and General Enquiries
1503 (FREECALL) from your Cable & Wireless telephone line
0870 900 1503 (national rate) from any other public telephone provider
To report a fault with your telephone or television
151 (FREECALL) from any Cable & Wireless telephone line
08000 567 151 (FREECALL) from any other public telephone provider

Certain channels detailed in *Cable Guide* may not be available in your area. Please check your Channel Guide for details. All information correct at time of going to press and applicable to residential customers only. Cable & Wireless service available only at serviceable locations.

COVER PHOTO: KATZ/OUTLINE/MICHAEL O'NEIL CONTENTS PHOTOS: BSKYB, GRANADA SKY BROADCASTING, CORBIS SYGMA, MTV

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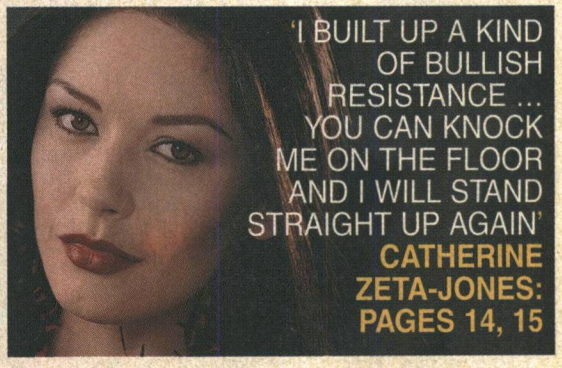


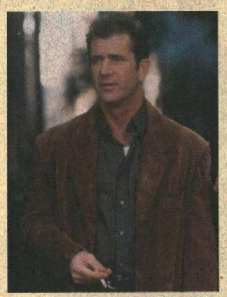
'I BUILT UP A KIND OF BULLISH RESISTANCE ... YOU CAN KNOCK ME ON THE FLOOR AND I WILL STAND STRAIGHT UP AGAIN' **CATHERINE ZETA-JONES: PAGES 14, 15**

TURN TO PAGE 13 FOR YOUR LAST CHANCE TO VOTE FOR THIS MONTH'S *CABLE GUIDE* CABLE TV AWARDS – AND DON'T MISS THE BIG EVENT ON UK STYLE (TUESDAY 14TH, 9.00PM)

MAKE A BEELINE FOR OUR NEW CHANNEL, CARLTON CINEMA. SHOWING CLASSIC MOVIES EVERY EVENING, CARLTON CINEMA IS AVAILABLE AS PART OF THE LIFESTYLE TV PACK

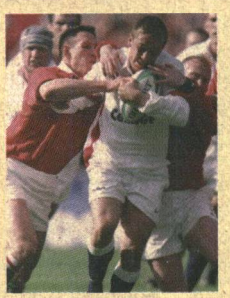
Films

Mel Gibson goes looking for **PAYBACK** (Sky Box Office, from Wednesday 29th); football hard man Vinnie Jones makes his big-screen debut in **LOCK, STOCK AND TWO SMOKING BARRELS** (Sky Premier, Saturday 4th); Robert Redford is **THE HORSE WHISPERER** (Sky Premier, Saturday 11th)



Sport

England play Wales in the **RUGBY UNION SIX NATIONS** (Sky Sports 2, Saturday 4th); **SUPERLEAGUE** champions St Helens kick off the new season against Bradford (Sky Sports 1, Friday 3rd); **LIVERPOOL** take on the might of **MANCHESTER UNITED** (Sky Sports 1, Saturday 4th)



Comedy

There's classic British comedy as **GEORGE AND MILDRED** take up residence on Granada Plus (weekdays from Monday 13th); **ONE FOOT IN THE ALGARVE** finds the irascible Victor Meldrew on a particularly unhappy holiday in Portugal (UK Gold, Friday 3rd)

Drama

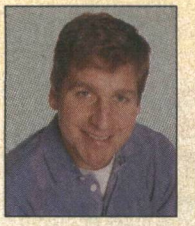
XENA: WARRIOR PRINCESS returns for a fifth series (Sky One, from Wednesday 22nd), which sees our heroine giving birth to a child; and there's a new season of adventures for Kevin Sorbo in **HERCULES: THE LEGENDARY JOURNEYS** (Sky One, from Monday 20th)

Factual/Lifestyle

From 'Essex Man' to 'Rock Chicks', the new documentary series **BRITISH TRIBES** (Sky One, from Sunday 19th) lifts the lid on the diversity of British street culture; **WORLD SERIES OF POKER** deals out an insider's view of Vegas gamblers (Discovery, Wednesday 29th)

Music

CHRISTINE AGUILERA: NEW SENSATION (MTV, Sunday 12th) and **THE STORY SO FAR** (MTV, Saturday 18th) chart the rise of the Pittsburgh popster who scored a hit with *Genie in a Bottle*; VH1 goes **BEHIND THE MUSIC** of Lenny Kravitz (Sunday 12th) and Celine Dion (Sunday 19th)



Brian Viner's Cable Stars

Barry's big night out

Barry Norman has been covering the Academy Awards for more years than he cares to remember, or indeed can. He thinks it was in the early 1980s when he first hovered outside a post-Oscars party wielding a BBC microphone. Now, of course, he is there on Sky's behalf. 'And it is much more pleasant,' he says. 'At the BBC there was never enough money to do it properly. Sky, bless them, throw money at it. Last year they threw a huge party – it was the first time I've enjoyed the Oscars.'

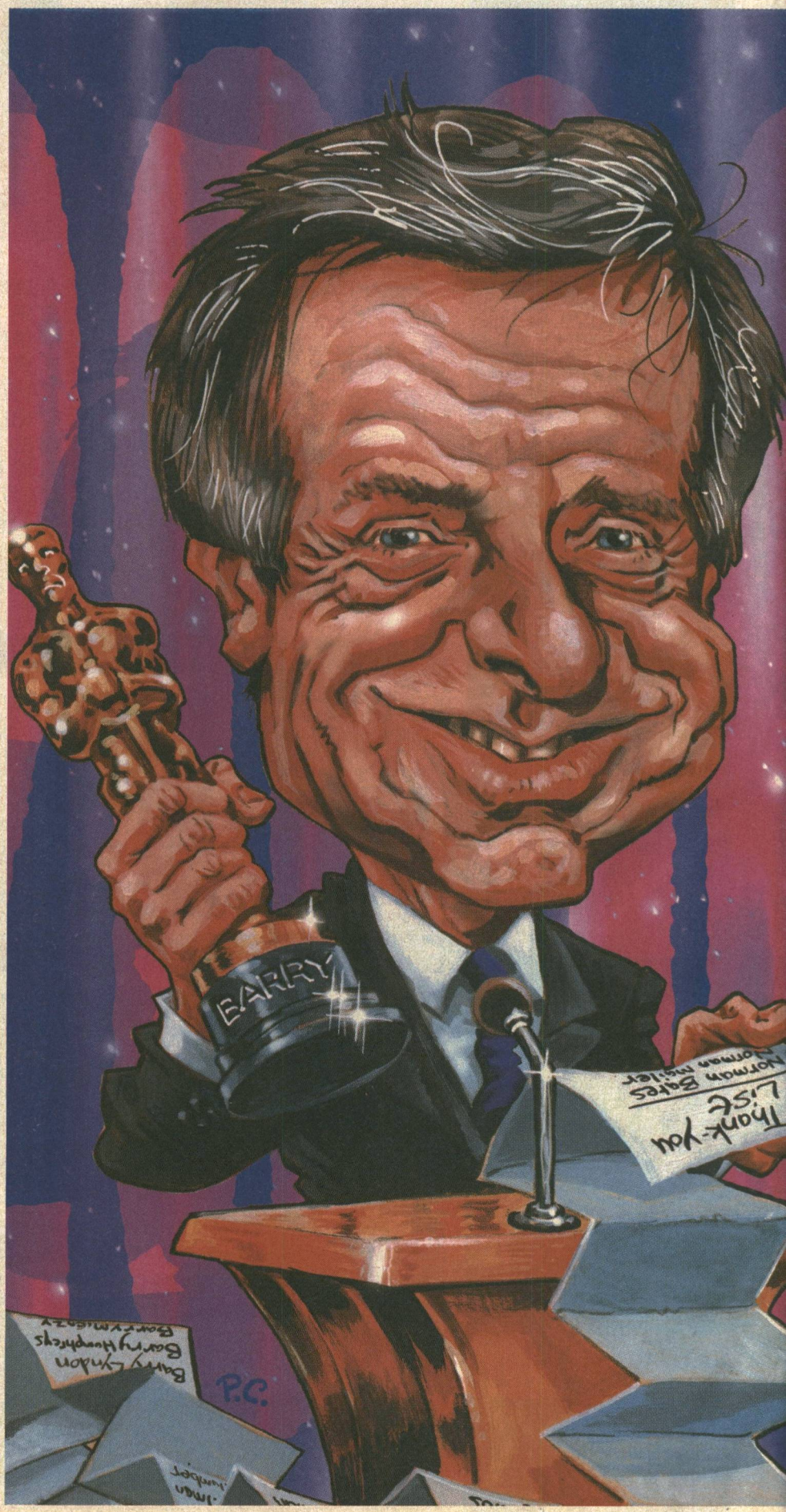
While American broadcasters almost levitate with excitement at the Oscars, Barry embodies a healthy British scepticism. After all, how seriously can an awards ceremony be taken, having overlooked Alfred Hitchcock, Charlie Chaplin and Cary Grant? And there are other, more recent injustices, also involving British-born stars. 'There is a certain amount of jingoism,' says Barry. 'I recall Tom Hanks getting a second Oscar for *Forrest Gump*, when it should have gone to Nigel Hawthorne for *The Madness of King George*. Similarly, Judi Dench should have won for *Mrs Brown* instead of Helen Hunt for *As Good as It Gets*, a grossly over-rewarded film. I think the Academy felt guilty about that, because the next year they gave the Oscar to Judi Dench for a cough and a spit in *Shakespeare in Love*. And in fairness, she coughed and spat beautifully.'

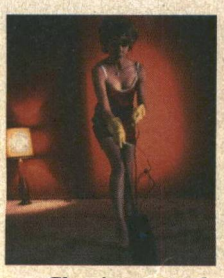
It is not, however, always Brits who are unfairly overlooked. Barry believes that Kevin Spacey – 'the best actor of his generation' – should have won Best Supporting Actor for *LA Confidential*, but that was the year *Titanic* swept the board. 'Just before *Titanic* was released,' Barry tells me, 'the rumour went round that it would be a terrible flop, which would have been disastrous for the whole industry. I think everyone was so relieved that the most expensive film ever made turned out to be a hit, they kept saying, "Here, have another Oscar!"'

And so what of this year? Barry thinks *Toy Story 2* will do well in the technical categories, and predicts success for *American Beauty*. He rarely backs his hunches. 'But I regret not having a few quid [on] *Schindler's List*,' he says. 'I'd have cleaned up, because I got almost everything right. In fact I did an introduction offering my tips, and afterwards I got some disgruntled letters from people who thought I'd done the introduction afterwards!'

On Oscars night then, it seems that Barry, rather like Cary, can't win.

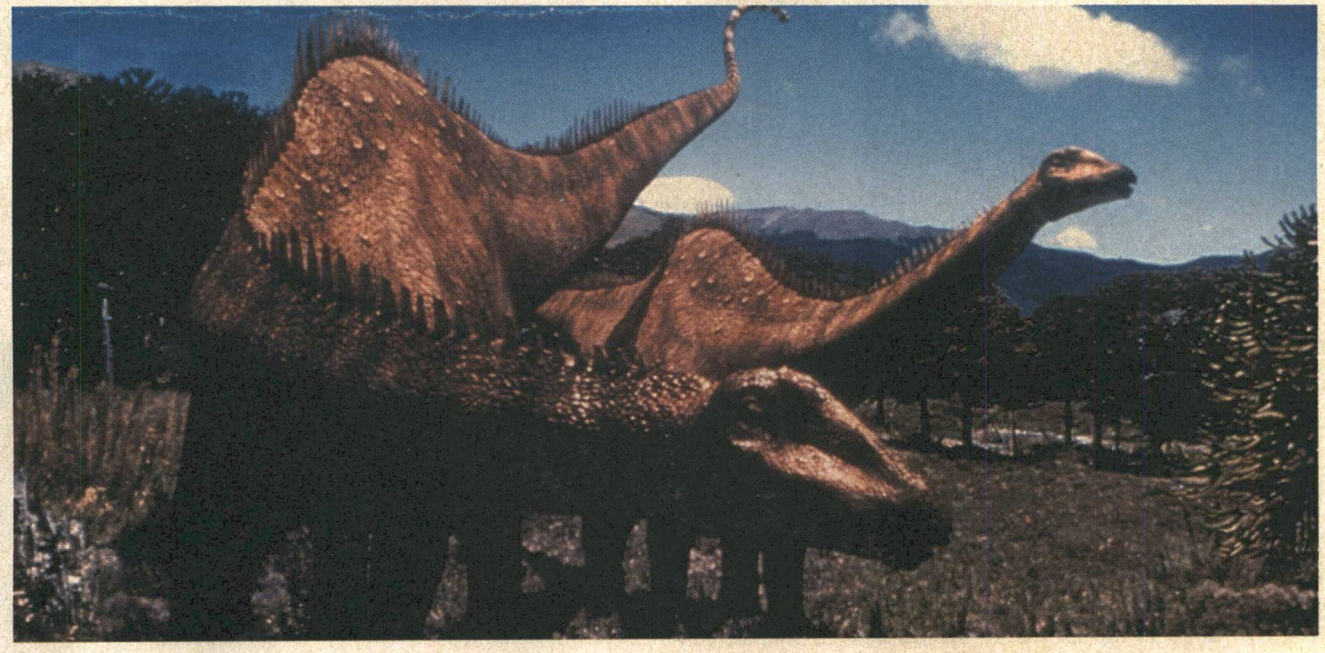
The Oscars, Sky Premier, Sunday 26th





Cleaning up at the Oscars: Barry Norman tips* American Beauty *(whose Annette Bening is pictured) and* Toy Story 2 *for awards

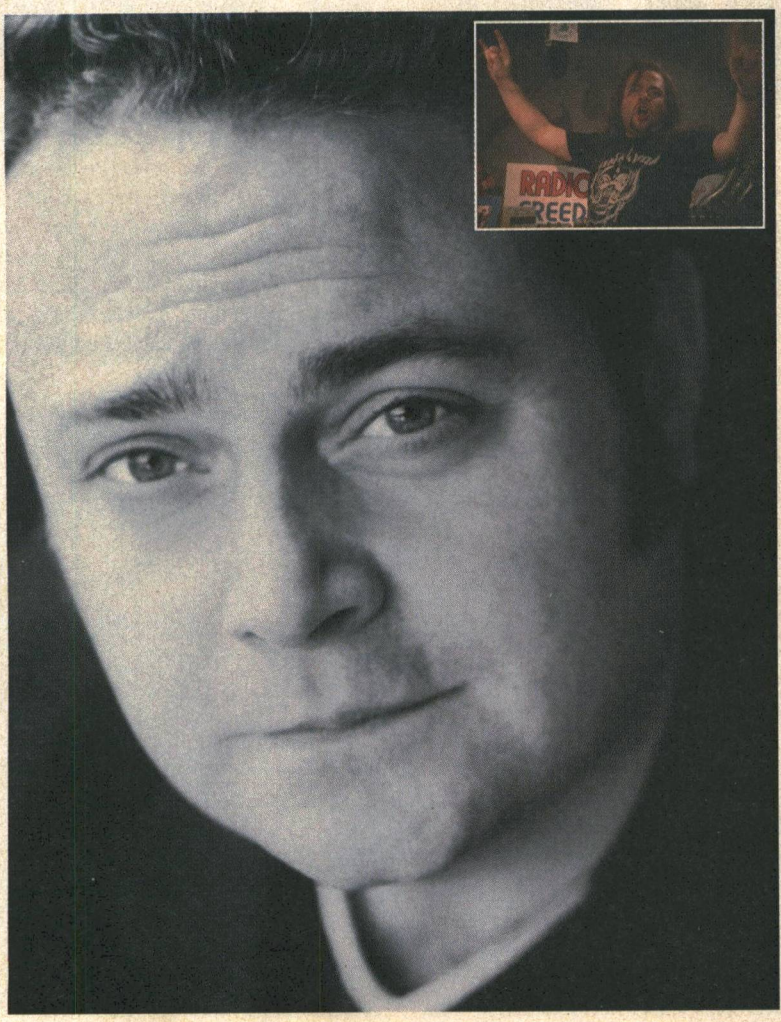
PHOTOS: BSKYB, UK HORIZONS, UK PLAY. ILLUSTRATION: PAUL CEMMICK



Land of the broadcasting giants

Tim Haines rubbishes the idea that he is, as has been frivolously suggested, The Man Who Saved The BBC. Nevertheless, the hit series he produced, *Walking with Dinosaurs*, could not have arrived at a better time for the beleaguered Beeb, attracting huge audiences and rave reviews. ITV did not wrest back the initiative until it played its own trump card, *Who Wants to Be a Millionaire?* 'Then it was Tyrannosaurus v Tarrant, and I'm afraid Tarrant won,' says Haines. It could be argued the series originated around two million years BC, and thus more than two million years BBBC. But it was in 1996 that the Corporation started looking for 'a landmark palaeontology series' and Haines, a former producer of *Horizon*, got on the case. Eventually, he was given the green light to spend around £1 million per episode, which he did to extraordinary effect. However, production did not always go smoothly. 'In New Zealand we ran out of dinosaur dribble, so we went to the chemist in the Maori reserve and bought up their entire stock of KY jelly. The locals probably thought we were doing some very strange stuff in the forest!'

Walking with Dinosaurs, UK Horizons, from Sunday March 19th, 6.00pm Don't miss our dinosaur competition on page 107!



Heavy metal? Grrreat!

John Thomson – perhaps best known as *The Fast Show*'s laid-back Jazz Club host – takes on another musical incarnation in *The Dave Saint Show*. He plays an ageing, heavy metal-loving DJ on Radio Stoke Freedom FM, who needs little prompting to recall his happy years spent bobbing along the River Trent on his pirate radio barge. 'He's a bit of a faded old git,' explains Thomson. 'One of his biggest heroes is Tommy Vance.'

Thomson is not a big fan of heavy metal. In fact *The Fast Show* got it right – he loves jazz, as well as folk and soul. 'I quite like Aerosmith, though, and Van Halen, or anyone who can hammer out a good guitar solo,' he tells me. But his real passion is the cinema, in fact he likes it so much he's bought his own. He has just had it installed in the basement of his London home.

'It's got six reclining seats with popcorn and drink holders,' he says proudly. 'And it's the only cinema in south-east London with Lucas THX surround sound.' What, I wonder, was the last film he screened? '*Yellow Submarine*,' says Thomson who has, in fact, been known to appear on the silver screen himself – or nearly, in the case of *The English Patient*.

Thomson played a British soldier, who chatted up Kristin Scott Thomas in a Cairo cinema queue. 'Unfortunately my scene got cut, but I did get a handwritten letter from Anthony Minghella telling me. Some directors don't bother to let you know, so you take your parents to the premiere in New York and you've been cut. Tragic.'

The Dave Saint Show, UK Play, from Thursday 23rd

The BIG PICTURE

With its blurring of the difference between films made for either television or the cinema, Sky Pictures has closed the gap between TV movies and big-screen features – and there are plenty more projects in the works ...

FIRST there was *Tube Tales*, in which the likes of Denise Van Outen, Ray Winstone and Kelly Macdonald appeared in a selection of short stories all of which were set on the London Underground.

Then came *Milk*, a domestic black comedy starring James Fleet as a a dairy farmer who finds a new lease of life, and featuring a starry cast including Dawn French, Francesca Annis and Joss Ackland. And coming soon on Sky, *Best*, in which John Lynch headlines as George Best in a feature-length biopic of the talented but troubled football star of the Sixties.

All three have been products of Sky Pictures, the feature film production division of BSkyB which is 'committed to becoming a major force in the British Film Industry' by funding and screening new film projects like these.

Established in 1998, Sky Pictures set out to produce 12 films a year, some of which will get a cinema release before premiering on Sky. Here's a sneak preview of five features coming to a big – or small – screen near you later this year:

Saving Grace
Brenda Blethyn, Craig Ferguson and Martin Clunes star in this tale of a widow who turns her gardening skills to an unlikely use in order to make ends meet. The winner of the World Cinema Audience Award at the Sundance Film Festival, it will get a cinema release this spring.

The Most Fertile Man in Ireland
Kris Marshall plays Eamonn Manley, a put-upon Belfast twentysomething, still living with his mother, who dreams of a life of adventure and romance. But then he discovers he has an unusual talent that will change his life forever ...

When the Sky Falls
Inspired by the life of investigative journalist Veronica Guerin, who was killed in 1996, this drama features Joan Allen as reporter Sinead Hamilton, whose bid to expose Dublin's criminal underworld places her life in grave danger.

Breathtaking
Joanne Whalley and Lorraine Pilkington headline as two women whose relationship provides the key to unlocking their pasts – one is an ambitious doctor at a Mental Health Unit, the other a patient who has made an attempt on her life.

PHOTOS: BSKYB

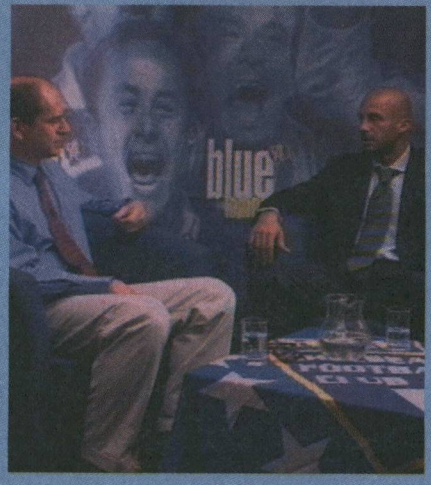
Paranoid
This psychological thriller, directed by John Duigan (*The Year My Voice Broke* and *Flirting*), follows a young fashion model as a weekend away with her new boyfriend turns into a living nightmare. A Hitchcockian thriller featuring Jeanne Tripplehorn and Iain Glen.

The local channel

Offering a selection of local news, lifestyle, community and sports programmes, The Local Channel is exclusive to Cable & Wireless viewers. *LLTV – Local Life* is a weekly magazine show with daily updates of local news, plus reviews of movies available on cable and on the big screen, and information about and for the community at large. Young programme makers have a platform for their work on *Student Showcase*, while *YCTV* is dedicated to providing TV training to disadvantaged youngsters. Friends and supporters of *YCTV* include Greg Dyke, Steven Spielberg and Rory Bremner.

Following the success of *Blue Tomorrow* (London only) and *Vision Rams* (Derby only), The Local Channel is looking at introducing more football fanzine programmes. Watch this space!

The Local Channel is part of the Access Pack and broadcasts from 6.00pm to 9.30pm daily



Talking shop: Chelsea's Gianluca Vialli guests on **Blue Tomorrow** *(above); Benji Howes presents* **LLTV – Local Life**

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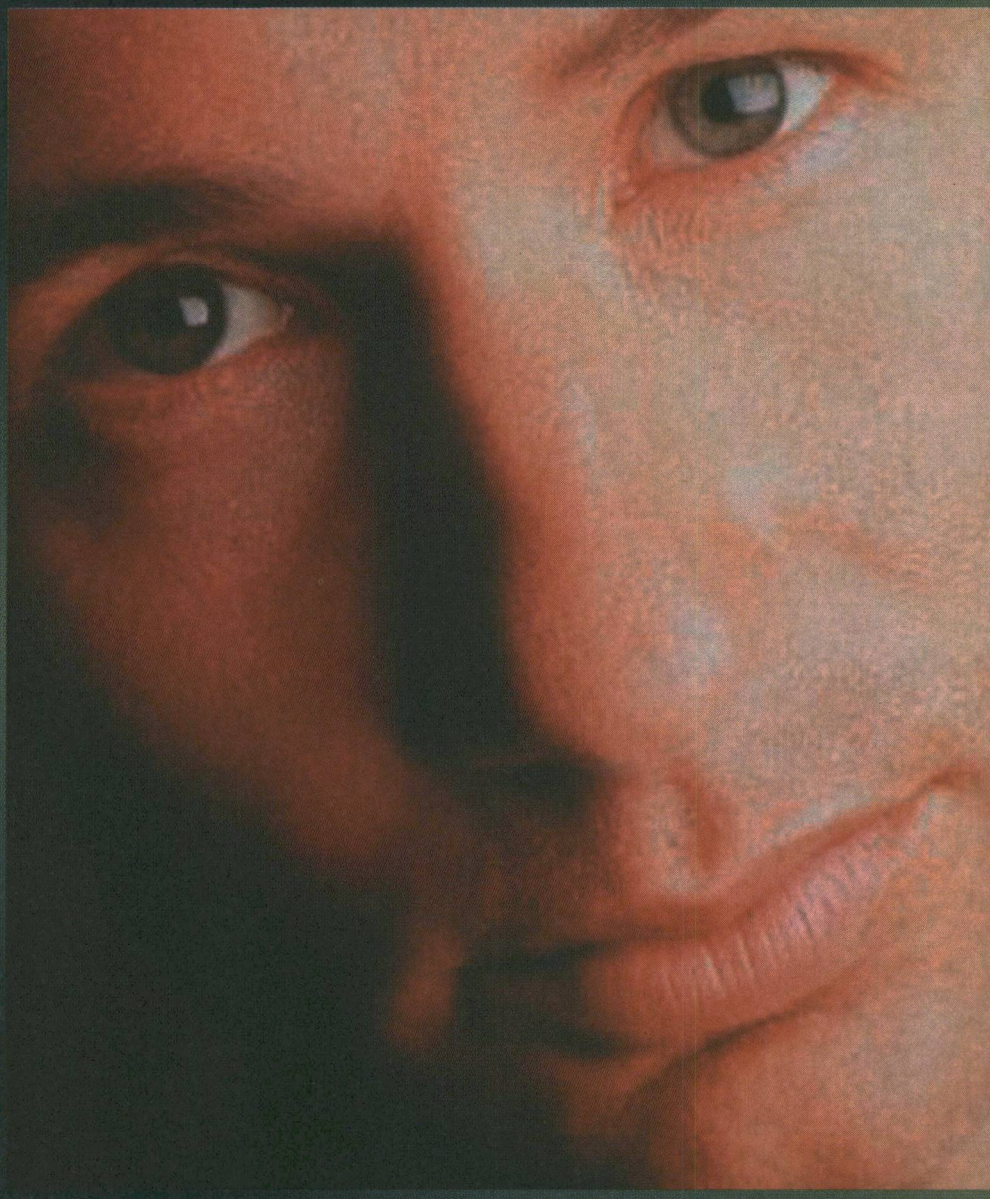
For Mulder and Scully, the toughest beyond *The X-Files*. **Garth Pearce**

Will Hollywood abduct



The truth is out there for Gillian Anderson and David Duchovny, but they may not want to listen. The cold fact is, the odds are stacked against a bright future after *The X-Files* ends.

A succession of stars have struggled in movies, once the glamour of huge television and cable audiences is over. To get viewers to go out for the night and spend good money at a cinema to see an actor they've been able to watch on the small screen for years, easily, regularly and for very little, often proves too big a step.

Suave Don Johnson had the most spectacular fall of all. He had everything as Sonny Crockett, the vice cop with the Versace clothes, Porsche and shoes without socks, in the Eighties runaway hit *Miami Vice*. Eight films later – failures all – and he's back on television as Nash Bridges.

David Caruso of *NYPD Blue* fame can't even do that. Caruso, now 44, was last seen in a loose remake of the 1947 classic, *Kiss of Death*, the title of which summed up his film career.

It's not always drama, either. Look at the hugely popular Shelley Long, who quit for a film career after running the bar in *Cheers* while raising temperatures with Ted Danson. There's not been much laughter recently. Or work either. And, at 50, it's a heck of an age to make a comeback in Hollywood.

But Anderson, at 31, will be feeling more optimistic about her future than her 39-year-old co-star. His collection of skinflicks and unremarkable appearances in *Chaplin* and *Beethoven* before hitting the big-time with *The X-Files* must add a touch of downbeat realism to his prospects.

Anderson, on the other hand, has had little experience other than as Dana Scully. If she can get one high profile film – she has put her name forward as Sir Anthony Hopkins' co-star in the sequel to *The Silence of the Lambs*, after Jodie Foster rejected the role – she could be viewed by film studios as having future box office potential.

She has surprised everyone before: winning the part of her scientific, analytical FBI agent was one example, at a point when *The X-Files* creator, Chris Carter, was under pressure to cast a Hollywood star, preferably big-breasted and blonde.

Anderson also proved that she has a big-screen presence, albeit as Scully, in *The X-Files* movie. And she has the sort of background which, quirkily, can add sway in her favour in the rounds of meetings with directors.

Her rebellious teenage past includes having a pierced nose, Mohawk haircut and a punk rocker boyfriend. She brings up her four-year-old daughter Piper alone, following the collapse of her marriage.

Duchovny, with one good big-screen performance to his name in *Kalifornia*, may be hoping that he won't be overtaken by his talented actress wife, Téa Leoni. But he will also take heart over the movie success of Bruce Willis, who 12 years ago left the hit TV series *Moonlighting*.

He won't want to be reminded of the failed film careers of television stars Daniel J Travanti (*Hill Street Blues*) or David Soul (*Starsky and Hutch*).

case yet could be proving life exists
reviews the evidence for and against

Gillian and David?

Even those tipped for huge international stardom, such as Tom Selleck (*Magnum P.I.*) and Ted Danson (*Cheers*), flopped the moment they completed their *Three Men and a Baby* films.

George Clooney, 38, now walking the tightrope of movie fame after *ER*, tells me: 'It is best to never have any illusions. You can go from the hottest thing on television to being colder than a block of ice in the time it takes to reach for the off switch.'

Message to Anderson and Duchovny: future success could be as elusive as proving there is alien life.

NEW SERIES

SKY ONE

THE X-FILES
FROM SUNDAY 19TH, 9.00PM

The final curtain?

Patrick Holm previews the new series of *The X-Files*

What does the new – and possibly final – season of *The X-Files* hold in store? The long-running saga enters its seventh series this month with the promise from its creator and stars that most – if not all – of the remaining questions will be answered. Gillian Anderson is contracted for a possible eighth season, but neither David Duchovny nor creator Chris Carter are tied to the show after this summer and, despite the frantic efforts of Fox Television executives to make them change their minds, it seems that the future of *The X-Files* – on the small screen – hangs in the balance. But on to the big question: will Mulder and Scully get together as a couple before the series finishes?

'The nature of serial television is teasing,' Duchovny says. 'You cannot have things change the way they would in real life and you cannot have the kind of resolution that you want in life.' No-one is spilling the beans, but there is a point in the episode set on the eve of the Millennium when a close encounter of the loving kind seems imminent – whether the two will become one, only time will tell.

There are more surprises. The opening episode follows on directly from the cliffhanger of last season (Sky One, Sunday 19th, 8.00pm), as Mulder realises that he may be a vital link in the chain of proof of alien life. People supposedly deceased over the past six seasons also appear in this special two-parter, while one regular character seems to take a final bow.

'There's something very special about being involved in something new and different and on the edge,' Anderson says, looking back over her time on the show. Like Duchovny, who has written or collaborated on a number of episodes over the years, Anderson is penning a tale for the 'final' series – as is William B Davis (The Cigarette Smoking Man).

'*The X-Files* leaves open any kind of possibility,' the shady conspirator muses – a fitting motto for the seventh year, and the whole show.

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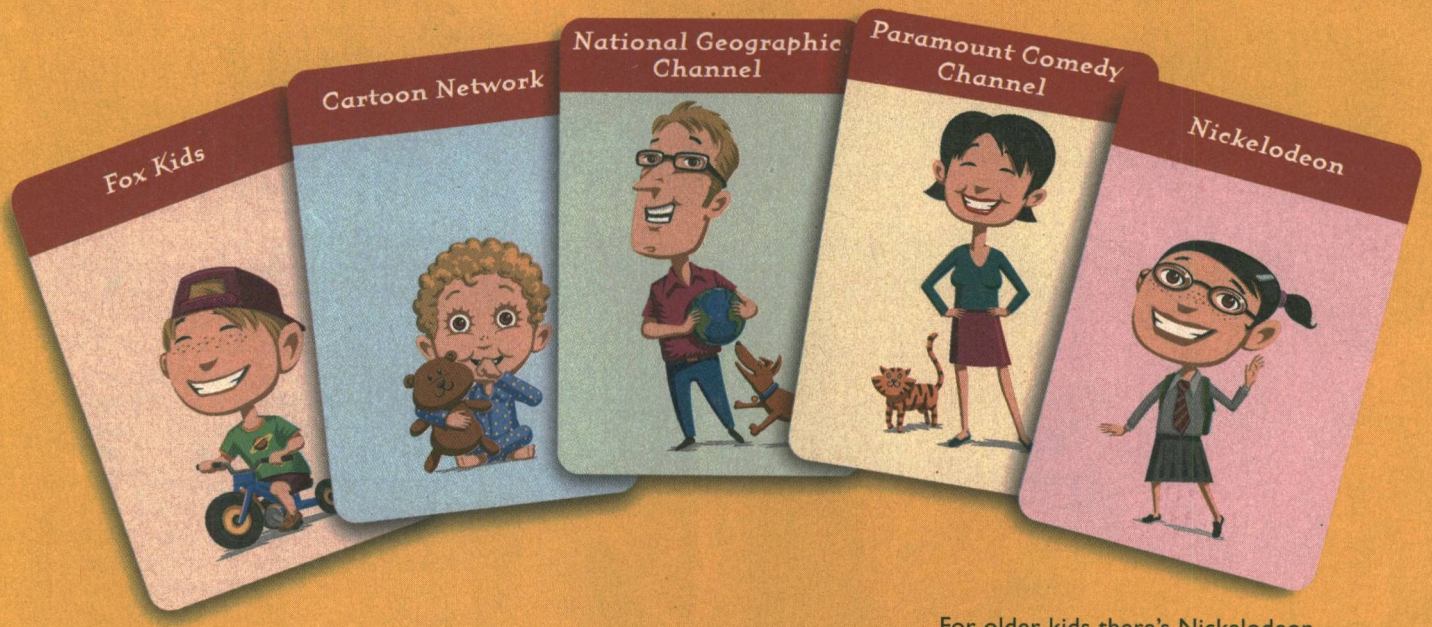
For the youngsters there's Fox Kids and Cartoon Network. Together they've got all the top shows, such as Dennis and Gnasher, Power Rangers, The Flintstones and Johnny Bravo. More than enough to keep them out of trouble.



For older kids there's Nickelodeon. This has, among other things, Sabrina the Teenage Witch and Sister Sister. There's enough teenage angst here to make your hair turn grey.

And when you finally get the chance to put your feet up, you can lose yourself in the National Geographic Channel, with documentaries such as Treasures of the Deep and Pacific Rescue. Alternatively, you can switch on to Paramount Comedy Channel and laugh your socks off with Frasier, Cheers and Father Ted.

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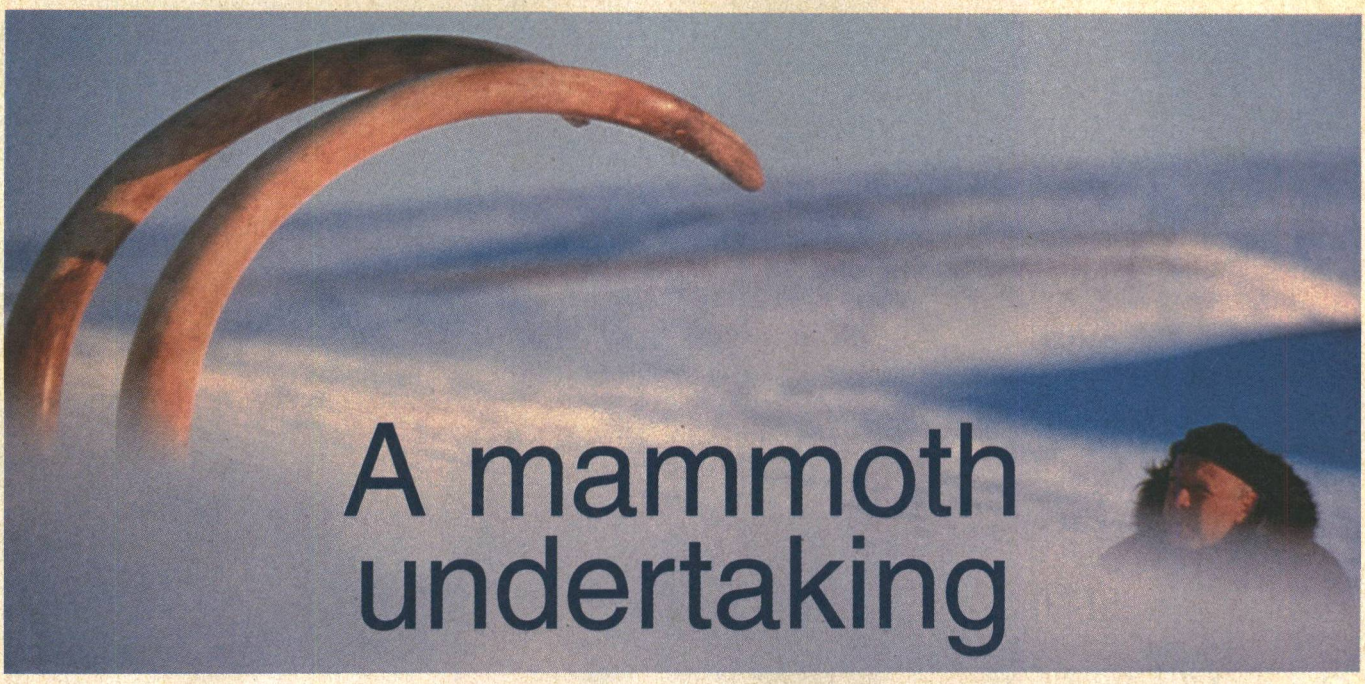


A mammoth undertaking

When a frozen woolly mammoth was found in Siberia, French explorer Bernard Buigues was called in to excavate, transport and preserve this astonishing discovery. Hilary Bonner reports on the tusk that lay ahead …

HE IS 20,000 years old and still has his own teeth. The frozen woolly mammoth found in Siberia three years ago is being heralded by scientists as the most sensational prehistoric find to date. This mammoth is not just a skeleton, but an almost complete carcass with flesh, skin and hair.

Last year French explorer Bernard Buigues led an expedition, partially funded by the Discovery Channel, to excavate the creature and airlift it out of the tundra, still encased in a giant block of ice, by helicopter.

'I have been an explorer all my life but I have never encountered anything like this,' he says. 'It is the realisation of a dream. When I first started to excavate the mammoth I realised I could actually smell the beast. It was overwhelming.'

Modern scientific techniques will give an unprecedented opportunity not only to learn more than ever before about the mammoth, but also to carry out experiments from the realms of science fiction. There is even the possibility of *Jurassic Park*-type evolution if DNA, the genetic blueprint for cells, could be used to clone a new mammoth in laboratory conditions. Similarly, if found in sperm, this could be used to fertilise an elephant egg to create new, exotic giants.

'We will be using the most advanced techniques. The frozen remains of mammoths have been found before, although almost certainly not in as good condition as this one,' says Buigues.

The Frenchman was first alerted to the existence of the mammoth soon after it was found by members of the nomadic Dolgan tribe, who spotted a tusk poking through frozen soil. 'They were aware that they had discovered something very special and I am so grateful to them for not breaking up the tusks and selling pieces of ivory in markets, which is what has happened before,' he says. 'From the moment I was taken to the place where the mammoth had been found I knew this discovery was going to be important.'

A chip off the old block … the frozen woolly mammoth is excavated from its icy grave and prepared for a dramatic airlift by helicopter

PHOTOS: DISCOVERY

DISCOVERY

RAISING THE MAMMOTH
SUNDAY 12TH
8.00PM

But the excavation of the mammoth, believed from examination of its teeth to have been 46 years old when it died, presented a daunting task.

'First a trench had to be dug around the creature using jackhammers,' explains Buigues. 'We then inserted iron beams, capable of transporting 27 metric tons, underneath the block of frozen earth encasing it. Once these supports were in place, we were able to blast away the frost beneath the mammoth. We welded the supports together to create a crude iron platform and then wrapped the whole thing in industrial cable 76mm thick and attached it to the helicopter.'

Buigues also fixed the mammoth's tusks, which had been removed, back into their original position before beginning the airlift, so observers in Siberia were able to witness the extraordinary sight of a flying block of ice, weighing 21 metric tons, with a pair of tusks protruding at one end.

'I wanted the mammoth to be complete and to leave its resting place with as much dignity as possible,' he explains. The creature was then flown 322 kilometres to the Khatanga area of Siberia to be stored in a frozen cave.

Now Buigues, understandably protective of his 20,000 year-old charge, remains secretive about its precise location. 'It's in a safe place,' is all he will say. 'The temperature where it is being stored is 51 degrees below freezing, which is perfect.'

Perfect cure for the lovesick

ER's new young doctor has pulses racing, but **Martyn Palmer** reveals that Goran Visnjic finds the fast life of LA a little overwhelming ...

ACCORDING to actor Aidan Quinn (and he should know), his friend and former co-star Goran Visnjic can have a rather unsettling effect on women. Quinn, no slouch himself when it comes to causing a bit of an on-screen stir thanks to roles in the likes of *Desperately Seeking Susan*, appeared alongside Visnjic in the fantasy comedy *Practical Magic,* which also boasted the headlining talents of Nicole Kidman and Sandra Bullock.

And when it came to the glitzy Los Angeles premiere of the film, Bullock, Kidman, Quinn and the rest were waltzing up the red carpet faced by a hundred flash bulbs and an army of fans. But then Visnjic arrived. 'At the premiere women were saying, "Oh God, who is that?"' says Quinn. 'Women go crazy for him.'

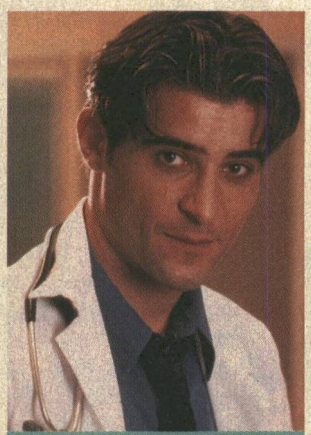
Visnjic, at six foot four inches, with thick, dark hair and piercing blue eyes, does indeed cut a striking figure, prompting one

American magazine to describe him as 'freakishly handsome'.

Which is why, presumably, the makers of *ER* have signed him up to play the dishy Dr Luka Kovac, a Croatian survivor of the Bosnian war, and inject some much-needed sex appeal back into the world's top rated TV drama. Especially since resident heart-throb George Clooney, who played Dr Doug Ross, left to concentrate on films.

Visnjic himself is still trying to adjust to the radical change in his lifestyle that has seen him uprooted from his native Croatia and transplanted to Los Angeles, where *ER* is filmed. When we meet on set he's just finished his third week of filming. Visnjic seems slightly bemused by it all and a little bit overwhelmed although, he stresses, delighted at the opportunity he has been given.

'The working conditions here are great, everything is perfect on set, and the part is very good. But life in Los Angeles? I miss the centre of the town, you know?'



SKY ONE

ER
THURSDAYS
9.30PM

What Visnjic, 27, means is that Los Angeles is a gigantic sprawl and quite unlike most other cities. 'In Zagreb, Paris or London there is a centre to the city. There are restaurants, cafes and bars and when I came here and I was out looking around I said to someone, "Where is the centre?" And he looked at me like I was crazy. But maybe you should ask my wife what she thinks of LA, because I'm working most of the time and she sees much more of it than I do.'

His wife Ivana, a sculptor, is not at hand to ask, but you get the picture – it's all a bit of a culture shock for the boy who grew up in the small town of Sibenik on the Adriatic coast and dreamed of becoming an actor.

In fact, back home he is without doubt their most famous star, a local Tom Cruise as it were. He can't walk down the streets in Zagreb without fans mobbing him, but at the moment – at least when we meet – he tells you that he can happily wander down Sunset Boulevard without anyone bothering him. That is all about to change.

'Yes, I am famous in Croatia. But nowhere else,' he says. If you press him, he admits that, of course, he has thought about what will happen when *ER* hits the screen.

'I know there will be good things and bad things. I know how it works. I had a little bit of experience of being famous in Croatia. Lots of people want to be movie stars but they don't realise that to be a celebrity is not that beautiful if you can't go to the store to buy toothpaste.

'But I have to just concentrate on doing the job the best way that I can and if those things happen – and I still don't notice it yet – then I suppose that's what I worked for since I was nine years old.'

He's referring to the fact that at nine he was already bitten by the acting bug. His childhood pastimes of swimming and fishing were interspersed with acting in a local theatre group and watching as many American movies as he could. At 14 he was attending drama school part-time.

On leaving school Visnjic was drafted into the army and, when war broke out in the Balkans in 1991, he stayed on for a further three months. 'When somebody is attacking your home town and you're just sitting in the basement you feel really useless. I felt I had to defend my country.'

After the military, Visnjic returned to his acting career. His big acting break came when he joined the Croatian National Theatre. Cast as Laertes in a 1994 production of *Hamlet*, he got the title role when the lead fell sick and promptly won three national Best Actor awards. He was on his way and roles in Croatian movies followed. His international breakthrough came playing the driver and translator Risto in *Welcome to Sarajevo*, opposite Woody Harrelson. When the film was screened at Cannes, several Hollywood big-wigs clamoured to sign him up.

Next came a small role in *The Peacemaker* – curiously enough, appearing alongside George Clooney (who is 'a very nice man' he says) – and *Practical Magic*.

His heavily accented English is improving day by day, but he still has a rather charming way of phrasing things. If, for instance, you ask him how he feels being promoted as a bit of a heart-throb, he says: 'In a film everything is pictures and images. So after a good performance a good face is a very good thing. And maybe a bad thing sometimes. I don't want to be in the clouds, if you know what I mean.'

His character in *ER*, Dr Luka Kovac, is a mystery man. At least at first. 'Luca is a moonlighter. He's not a regular at the hospital so he doesn't know many of the people very well. He is a little bit different, a little bit mysterious. I've done three episodes so far and I don't really have any idea of what happens to the character over the next few months.

'I have spoken to the producers. We don't want to make a wrong move. We will eventually have stories about his past but we will try to escape the politics, I think.'

The one thing that they won't 'escape' is a bit of romance involving Dr Luka. After all, he's there to set temperatures rising and, according to Aidan Quinn, he's exactly the right man for the job.

PHOTOS: MIKE RUIZ/VISAGES/COLORIFIC, WARNER BROS

PHOTOS: CAMERA PRESS/RICHARD OPEN, ITV2

Nadia gives us fever!

Vivacious Nadia Sawalha talks to **Jane Oddy** about Albert Square and what soaps mean to her …

ONCE the bubble has burst for some soap stars, they are never seen again, but leaving *EastEnders* was probably the best career move Nadia Sawalha ever made.

After playing nightclub boss Annie Palmer for two years she decided to call it a day and admits that it was a big step. 'But I never went into that job to feel secure,' she shrugs.

Sultry Annie was a hit with viewers and Nadia could re-visit Walford, but this seems unlikely for a while as she is wrapped up presenting the live daytime talk show *Loose Women* (ITV weekdays) and *Soap Fever* on ITV2.

Both shows seem to bring out different aspects of the bubbly actress's larger-than-life personality and she agrees that she is particularly in her element on *Soap Fever*, which is pitched at soap addicts. 'My favourite way to relax is to crash out on the sofa and watch soaps … I love nothing better than poking my nose through other people's curtains and that's exactly what soaps do. I've never looked down my nose at them because I think they're a very important part of TV and some of the storylines can be really educational, particularly to young kids,' she explains.

Nadia is well-equipped to present *Soap Fever* as she seems to have an almost encyclopedic knowledge of characters and storylines over the years. She admits that she has 'grown into' *Coronation Street*, loves *Brookside* and is a fan of C5's *Family Affairs*, but *EastEnders* is her favourite. 'Sadly the mystery has gone out of it for me. I watch it less than I ever did but that's only because I worked there and find it hard to take anything the characters do seriously because they're my mates!'

Although she left last June, Nadia still has one major connection with Walford – her boyfriend Marc Bannerman, who plays Gianni di Marco. The couple met on the show two years ago and fell in love: 'From day one we've been like two peas in a pod and it's been a very intense relationship.'

Further down the line she doesn't rule out popping back to the soap and still hangs out with cast members. 'I'm always going to their leaving parties!' she laughs. 'But I would never go back as a full-timer – I got a bit fat and happy on *EastEnders* and it made me lazy. But I do like an element of danger – I was terrified when I started presenting but it felt fantastic because I could be open, sell myself and say what I really thought!'

ITV2

SOAP FEVER, SUNDAYS 6.25PM, REPEATED MONDAYS MIDNIGHT

THE CABLE CABLE TV AWARDS

UK STYLE

The countdown is on to the *Cable Guide* Cable TV Awards 2000. As the big day approaches, the question on everyone's lips is: which stars, programmes and channels will be chosen by you – the viewers – as this year's favourites? And you can watch the festivities by tuning into UK Style on Tuesday 14th (9.00pm).

Nearly 1000 cable stars and personalities will gather in the Grand Ballroom at London's Hilton Hotel, where this year's hosts, Alan Titchmarsh and Carol Smillie, will be taking charge of our biggest Awards ceremony yet.

And we want you to enjoy the show and contribute to its success by casting your votes – plus, by voting, you could win a holiday in exotic Mauritius or a trip to Stockholm for the 2000 MTV Europe Music Awards! So tell us now which cable channels, shows or stars you've enjoyed watching over the last 12 months. Voting closes on 6 March, so don't miss your chance.

All you have to do is fill out the voting form on this page or visit our website – www.cableguide.co.uk – to cast your vote online. Then tune in to UK Style on Tuesday 14th to watch the stars converge on the Grand Ballroom for this glittering event.

YOU COULD WIN A LUXURY HOLIDAY IN MAURITIUS!

You and a companion could be jetting off to Mauritius for a 14-night holiday at the five-star Le Touessrok, courtesy of the TV Travel Shop and British Airways Holidays. All you have to do is vote for your favourite cable shows and personalities!

The prize includes Club Class flights from London Gatwick, private transfers, plus breakfast and dinner. The holiday must be taken between 1 May 2000 and 10 December 2000.

A fully bonded member of ABTA, TV Travel Shop is available through cable and digital cable TV and provides all the services of a high-street travel agency, but with the ease and convenience of home shopping! TV Travel Shop operates a 24-hour call centre – for reservations call 0870 60 60 747.

To be in with a chance of escaping to Mauritius, all you need to do is make sure your passport is valid and complete the voting form in full and send it to us – or you can enter via the Cable Guide website at www.cableguide.co.uk. It's that easy to be in with a chance of winning this amazing prize!

WIN A TRIP TO SWEDEN FOR THE 2000 MTV EUROPE MUSIC AWARDS!

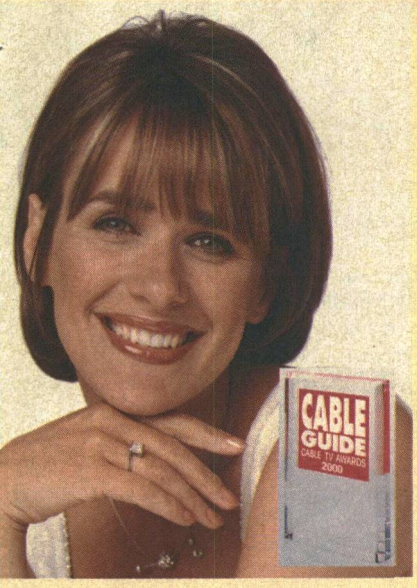
How would you like to mingle with the stars at the biggest music awards ceremony in Europe? You and a friend could be heading for Stockholm's Globen Arena on 16 November 2000 for the seventh annual MTV Europe Music Awards, known as the 'music Oscars', simply by voting for your favourite cable programmes and stars.

This fantastic prize includes a pair of tickets to the 2000 MTV Europe Music Awards, flights from the UK, one night's accommodation and transfers to and from the airport, courtesy of MTV and VH1 – sponsors of the *Cable Guide* Cable TV Awards.

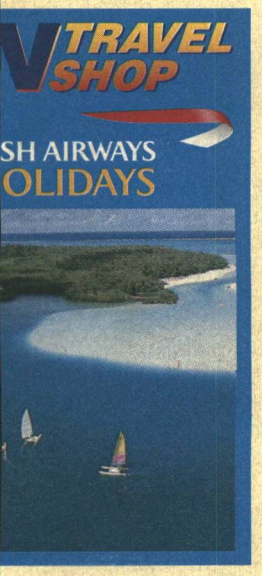
If you are over 18, have a valid passport and want to be in with a chance of attending the MTV Europe Music Awards, all you need to do is complete the voting form in full and send it to us. Alternatively you can enter via the *Cable Guide* website at www.cableguide.co.uk

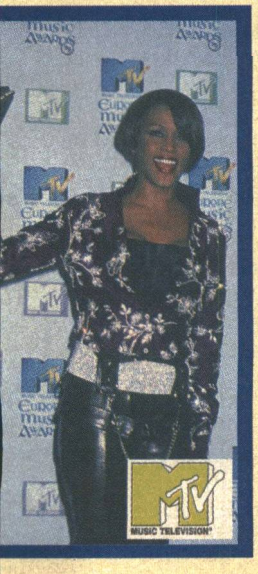
GUIDE

On-line voting: www.cableguide.co.uk



Ever-popular Carol Smillie co-hosts the third **Cable Guide** *Cable TV Awards with gardening guru Alan Titchmarsh. Don't miss the big event, exclusive to UK Style*





COMPETITION RULES:
1. Competition is open to all UK residents. **2.** One passenger must be over 18 years of age. **3.** The prize is subject to availability, non-transferable and there is no cash alternative. **4.** Holiday insurance is not included. **5.** In the event that a prizewinner is, for whatever reason, unable to take up the prize, *Cable Guide*/the channels concerned reserve the right to award the prize to the runner-up. *Cable Guide*/the channels concerned accept no responsibility to provide the original prizewinner with any form of replacement. **6.** The competition will be won by an eligible person who has submitted their entry on or before the closing date. The winning entry will be drawn at random by the judges. The Editor's decision is final in all matters relating to *Cable Guide* competitions. **7.** The prize excludes employees of *Cable Guide*, TV Travel Shop and MTV/VH1 and anyone connected with the promotion. **8.** The Mauritius holiday is provided by British Airways Holidays and their terms and conditions apply. **9.** *Cable Guide*/the channels concerned can accept no responsibility for lost, damaged or unidentified entries. Proof of postage is not proof of delivery. **10.** Winners may be asked to be involved in publicity. For full *Cable Guide* competition rules, see page 208.

CABLE GUIDE CABLE TV AWARDS 2000
Voting Categories, Order and Nominees

1. Favourite Sports Channel Sponsored by Flextech Television

British Eurosport ☐ Eurosport ☐ Racing Channel ☐
Sky Sports 1 ☐ Sky Sports 2 ☐ Sky Sports 3 ☐

2. Favourite News Channel Sponsored by Discovery

Bloomberg ☐ BBC News 24 ☐ BBC Parliament ☐
CNBC ☐ CNN International ☐ Sky News ☐

3. Favourite Pre-School TV Channel for under-5s (open vote)

☐

4. Favourite Children's/Teen Channel Sponsored by Sci-Fi

Cartoon Network ☐ Disney Channel ☐ Fox Kids ☐
Nickelodeon ☐ Trouble ☐

5. Favourite Multi-Cultural Channel Sponsored by Bloomberg

Asia Net ☐ Sony Entertainment ☐ TV5 ☐
Zee TV ☐ 3Sat ☐

6. Favourite Entertainment Channel Sponsored by Cartoon Network

Carlton Select ☐ Challenge TV ☐ Granada Plus ☐
ITV2 ☐ Paramount ☐ Sky One ☐
TNT ☐ UK Gold ☐

7. Favourite Music/Arts Channel Sponsored by Nickelodeon

MTV ☐ Performance ☐ The Box ☐
VH1 ☐ UK Arena ☐

8. Favourite Channel for Film Choice Sponsored by MTV/VH1

FilmFour ☐ Front Row ☐ Sky Box Office ☐
Sky Cinema ☐ Sky MovieMax ☐ Sky Premier ☐
TCM ☐

9. Favourite Factual/Documentary Channel Sponsored by QVC

Animal Planet ☐ The Christian Channel ☐ Discovery ☐
The History Channel ☐ National Geographic ☐ TV Travel Shop ☐
Travel ☐ UK Horizons ☐ Vision Network ☐

10. Favourite Lifestyle Channel Sponsored by Sky

Carlton Food Network ☐ Discovery Home & Leisure ☐
Granada Breeze ☐ Living ☐ QVC ☐
Shop! ☐ UK Style ☐

11. Most Innovative and Exciting Channel on cable TV Sponsors: Paramount Comedy Channel

Bravo ☐ Granada Men and Motors ☐ Rapture ☐
Sci-Fi ☐ UK Play ☐

12. Favourite new programme or series premiering on cable TV (April 1999-March 2000) Not new run of old series. (Open Vote) Sponsored by Disney Channel

☐

13. Favourite UK Cable TV Personality (Open Vote) Sponsored by Granada Plus

☐

14. Favourite International Cable TV Personality (Open Vote) Sponsored by Sky

☐

15. Overall Favourite Cable TV channel (Open Vote) Sponsored by UKTV

☐

Tick one box in each category, fill in the open-vote categories and send your completed form to:
Cable Guide Awards, ***Cable Guide Limited***, 172 Tottenham Court Road, London W1P 0JJ.
Forms must reach us by no later than Monday 6 March 2000

Name.....

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Daytime Telephone.....

Catherine makes her mark – at last!

Until she got noticed by Steven Spielberg on TV, Catherine Zeta-Jones's film career was sinking fast. Just three years on, however, she's the toast of Hollywood.

Interview: **Garth Pearce**

CATHERINE ZETA-JONES came of age as a Hollywood sex symbol during a big dance sequence with Antonio Banderas in *The Mask of Zorro*, when her character – high-bred Spanish beauty Elena – lets her hair down in a wild fandango.

'It was,' says Zeta-Jones, 'like having sex on the dance floor. But I could not have felt less sexy. We were on night shooting, doing take after take, and finally got it right at about four o'clock in the morning. By the time we were finished, I could not tell whether it was outrageous or not.'

The role helped earn the 30-year-old actress the best reviews of her career and finally gave her the breakthrough she so desired. It led to Sean Connery insisting that she become his co-star in last year's hit thriller *Entrapment*. And by the time she announced her surprise wedding plans with 55-year-old Michael Douglas on New Year's Day, most people in America knew who she was. Now she is pregnant her fame can only increase.

It could have all been so different. Desperate for movie success and concerned that a series of poor films seemed to be burying her career after her role in ITV's *The Darling Buds of May* established her as Britain's sweetheart, Zeta-Jones had moved to Hollywood to start all over again.

'I got an agent in Los Angeles and took the flight over,' she says. 'The first call I made on arrival was to the agent and I heard an answer phone message, saying: "I will be in Europe for the next four months." So I was on my own. I rented an apartment and then started going to loads of auditions. I was back to being a total unknown. In one way, it was exciting, in another, absolutely terrifying. If I failed, there seemed no way back.'

There was not much to build on, either, with her filmography listing disappointing movies such as *Christopher Columbus: The Discovery* and *Splitting Heirs*. 'It was not as if I had a great body of work at my disposal,' she continues. 'I was living off my savings, which were becoming depleted, and it was just a matter of survival.'

But Zeta-Jones was always hungry for success, even when, as a starstruck teenager, she travelled from her native Swansea to audition for a role in the musical *42nd Street* in London. She got the job and enjoyed her first taste of fame.

'I built up a kind of bullish resistance,' she says. 'You can knock me on the floor and I will stand straight up again. There was no way I was going to lie down and disappear.' Even so, the initial signs were not encouraging. She was limited to roles in American TV mini-series, such as *Catherine the Great* and *Titanic*, at a point just before the whole world would rave about the Oscar-scooping, big-screen *Titanic*, starring Kate Winslet.

Interest in Zeta-Jones remained muted; she could walk unnoticed in the States and few cared about her private life or her work. But one meeting with Steven Spielberg, the world's most powerful director, changed all that.

'I thought my agent had lost his mind when he announced who wanted to see me,' she says. 'Yet I was soon on the set of *The Lost World: Jurassic Park*, which was like a dream sequence.

'There am I, sitting next to Steven Spielberg, as he tells people what to do with model dinosaurs. He introduces me to Jeff Goldblum and a whole host of people. He finally tells me that he's producing this movie about Zorro and wants me for it, based on what he had seen me doing in *Titanic*.

'He said: "But it's not my final decision. I want you to see the film's director, Martin Campbell, and for him to want you for the part as much as I want you." Then he said, "What is that funny accent you're using?" I told him it was Welsh and wondered, for a second, if it might be a problem.

'But once I saw Martin, he gave me a screen test and I was given the role. It restored my faith in those kinds of Hollywood stories I had heard about over the years. Suddenly, something happens that changes your life.

'I thought the film had a great chance of success,' she says. 'But I had been in this situation before, with a good cast and script, and they had come to nothing, so there were no real guarantees.'

She plays Elena, stolen as a baby from her wealthy father (Anthony Hopkins), a champion of the poor in Mexico in the guise of the fabled Zorro. The dastardly villain who kidnapped the young Elena murders her mother and brings her up as his own. After 20 years in jail, her father escapes to tutor a rebel (Banderas) in the art of swordplay and trains him as the new Zorro. He has also pledged to win back his daughter and avenge the death of his wife.

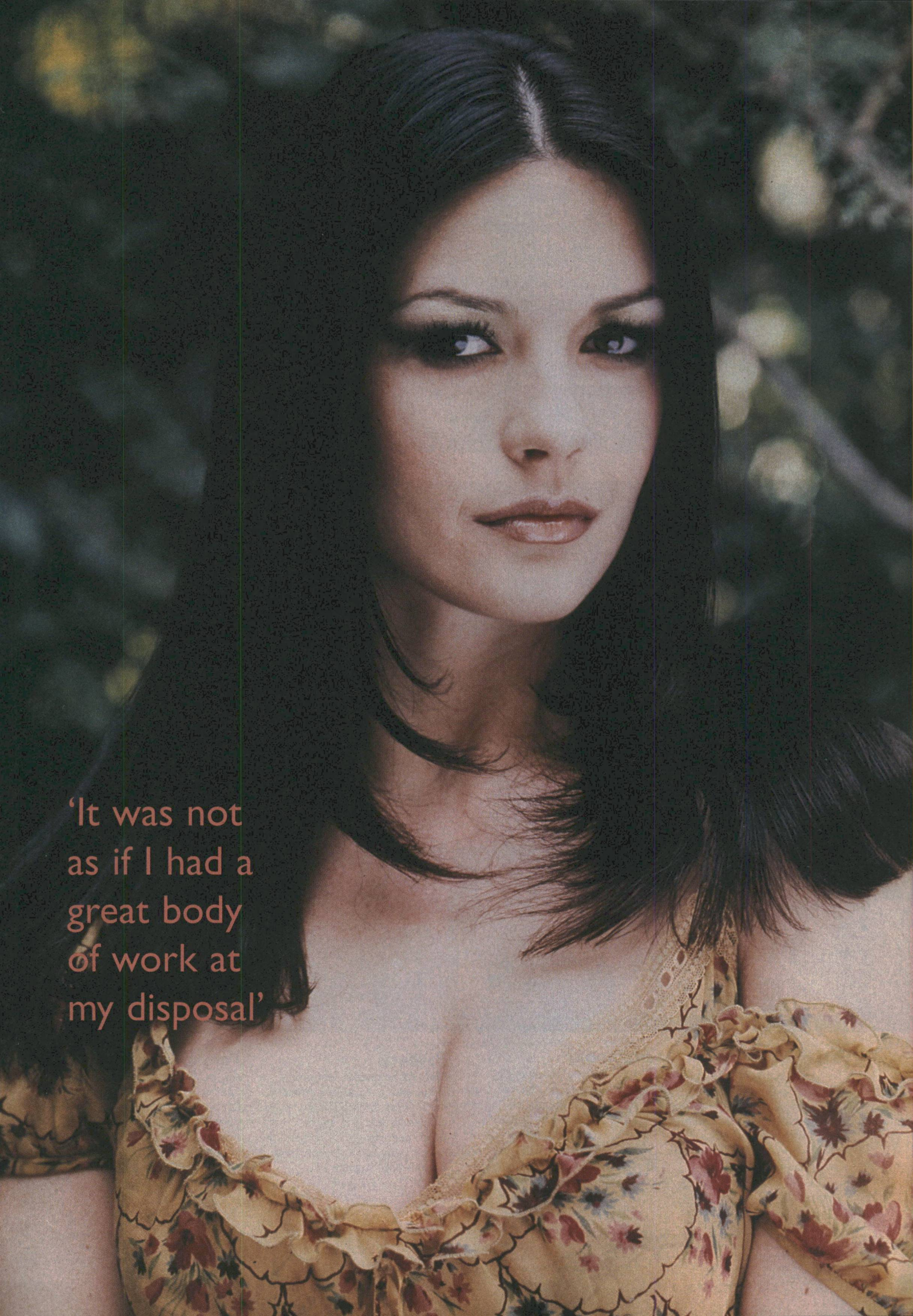
For Zeta-Jones, the search for a winner was over. 'It's a wonderful relationship to have on screen,' she says of her pairing with Banderas. 'There are only kisses with Antonio, but the dancing and sword fighting between us are almost like foreplay. It really is quite sexy. Many scenes are created in a very naughty way and there is always a hint of more to come.'

Such is Zeta-Jones's new-found power that she has formed a company, Zeta Films, which expects to produce up to six films in the next two years. 'The future,' she says, with understatement, 'looks bright. The struggle has been worth it.'

MAIN PHOTO: ALBERT SANCHEZ/KATZ/OUTLINE

SKY BOX OFFICE

THE MASK OF ZORRO FROM WEDNESDAY 1ST-TUESDAY 14TH


'It was not
as if I had a
great body
of work at
my disposal'

This month's movies on-demand from Sky Box Office

WIN A FABULOUS HOLIDAY FOR TWO IN CANCÚN, MEXICO

Every time you order *The Mask of Zorro* on Sky Box Office between 1-14 March, you'll automatically be entered into a prize draw to win an amazing holiday in Cancún, Mexico. The trip includes seven nights full-board accommodation for two people at the Allegro Resort Playacar, including free use of their sporting and entertainment facilities. Plus 25 runners-up will each receive a *Mask of Zorro* fleece and a further 100 will each receive a *Mask of Zorro* T-shirt.

No purchase necessary. For full Terms & Conditions see Teletext page 600 Channel 50.

Pleasantville

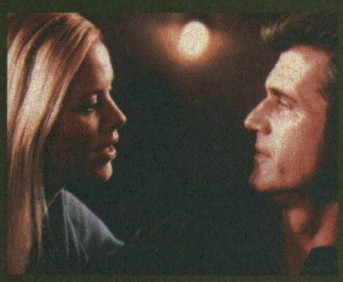
A warmly funny and achingly poignant hybrid of *The Purple Rose of Cairo* and *Back to the Future*, this sweet fantasy sees real life collide with reel life as David (Tobey Maguire) and his sassy sister, Jennifer (Reese Witherspoon), are transported into the black-and-white world of a Fifties soap opera. Sky 12 (L,S) Text ***Premiere***

Knock Off

This stylishly shot and urgently edited action thriller reunites Jean-Claude Van Damme with the director of *Double Team*, cult Hong Kong film-maker Tsui Hark. Tsui uses his Hong Kong locales to excellent advantage in this explosive tale of counterfeit designer clothes and bomb smuggling. Sky 18 (L,V) Text ***Premiere***

American History X

Edward Norton is on Oscar-calibre form in this controversial drama; not since De Niro's tour-de-force turn in *Raging Bull* has a performance of such searing intensity been committed to celluloid. He plays a reformed racist struggling to prevent his kid brother from emulating his old hateful ways. Sky 18 (L,V,S) Text ***Premiere***



Patch Adams

The healing power of humour is celebrated in this tender fact-based comedy. Robin Williams is a medical student who finds himself at odds with the establishment when he opts for treating the sick with his unique brand of fun.
Sky 12 (L,M) Text ***Premiere***

Stepmom

When she discovers she is dying, Jackie (Susan Sarandon) is forced to re-evaluate her hostile opinions of her ex-husband's new partner (Julia Roberts). A film that explores its touching topics with sensitivity.
Sky 12 (L) Text ***Premiere***

Payback

Mel Gibson ditches his heroic image with a vengeance in this hard-hitting thriller. The star plays a ruthless crook who embarks on a brutal quest to get his share of the heist money his double-crossing partner deprived him of.
Sky 18 (L,V) ***Premiere***

Very Bad Things

An unsettling sense of guilt infects this dark moral dilemma comedy in which a stag party goes disastrously wrong when the revellers become accomplices in murder. Starring Christian Slater and Cameron Diaz.
Sky 18 (L,V,S) Text ***Premiere***

Term & Conditions: 1. Prices correct as at 1 March 2000 and inclusive of VAT at 17.5%. 2. The price of each movie/event will be added to your monthly bill. 3. For technical and operational reasons it is not possible to cancel any ordered movie. 4. You will be responsible for payment for all services ordered whether or not with your knowledge or consent. We therefore advise you to use the password facility to prevent unauthorised booking of these services. 5. Purchase of the movie/event is for broadcast on the set top box for which it has been ordered. It is not possible to transfer purchase from one set top box to another.

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Sky Box Office is not yet available in Milharbour.

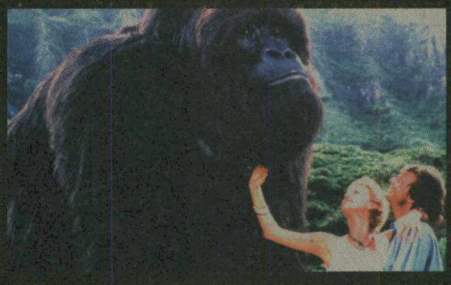
Susan Sarandon and Julia Roberts star in *Stepmom*

The Thin Red Line

Reclusive film-maker Terrence Malick came out of a self-imposed 20-year hiatus to direct this epic adaptation of James Jones's WWII novel. An excellent ensemble, including Woody Harrelson, Sean Penn and George Clooney, star in this lyrically photographed drama of the war in the Pacific. Sky 15 (L,V) Text *Premiere*

Beloved

Talk show queen Oprah Winfrey flexes her acting muscles in this incredibly moving period ghost drama adapted from the Toni Morrison novel. The emotional turmoil of former slave Sethe's (Winfrey) traumatic past is revealed when a mysterious stranger turns up at her house. Sky 15 (L,V,S,M) Text *Premiere*

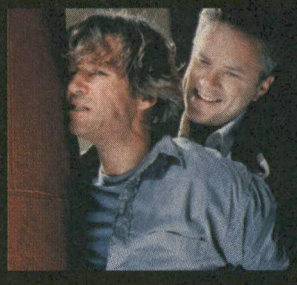


Mighty Joe Young

Excellent effects highlight this update of the 1949 classic. An entertaining adventure, it tells of a giant gorilla whose sweet nature is tested when he's taken from his natural habitat in Africa to a California wildlife preserve. Monkey business ensues when he escapes and roams the city. Sky PG (L,V) Text *Premiere*

Little Voice

This acclaimed comedy showcases the astonishingly versatile vocal talents of Jane Horrocks. She plays a shy, mousey young woman who has the ability to belt out incredible impersonations of such singing legends as Judy Garland.
Sky 15 (L,V) Text *Premiere*



Arlington Road

This thriller reveals with great attention to suspense the sinister secrets lurking under the cosy façade of suburbia. Troubled terrorism expert Jeff Bridges is convinced that there's a dark side to his nice neighbours.
Sky 15 (L,V) Text *Premiere*

You've Got Mail

Director Nora Ephron reunites her *Sleepless in Seattle* co-stars, Tom Hanks and Meg Ryan, for this feel-good fable of electronic amour. Hanks and Ryan are enemies in business but unknowing lovers on the Internet.
Sky PG Text

The Mask of Zorro

In this vibrantly mounted swashbuckling adventure, the ageing Zorro (Anthony Hopkins) is hoping to recruit a new young blade as his successor. Enter the dashing bandit Alejandro Murieta, played with gusto by Antonio Banderas. Sky PG (V) Text

L = STRONG LANGUAGE M = MATURE THEMES
S = SCENES OF A SEXUAL NATURE V = VIOLENCE TEXT = SUBTITLES

SKY box office

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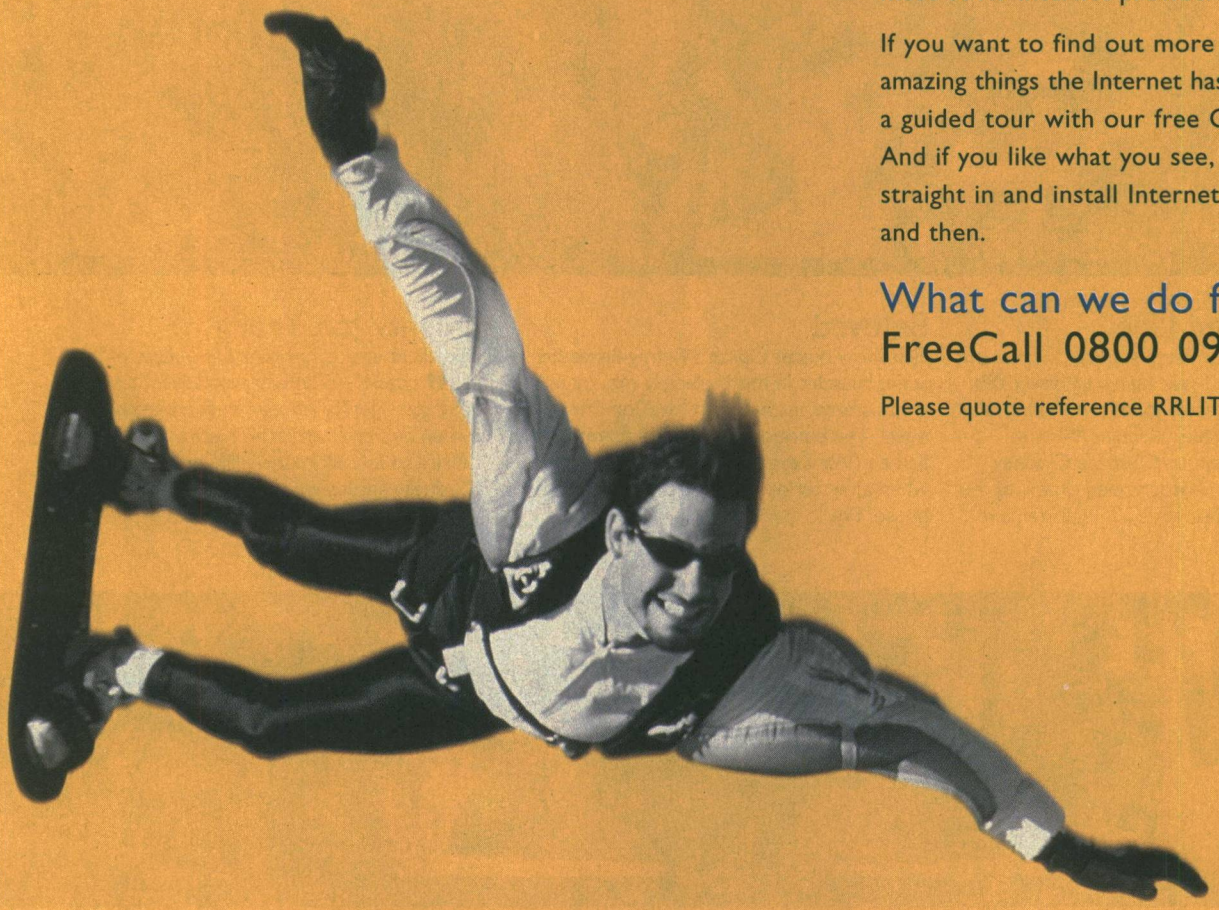

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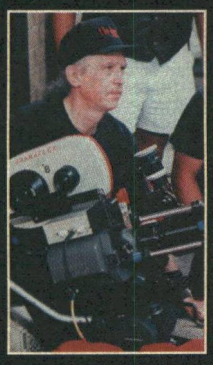
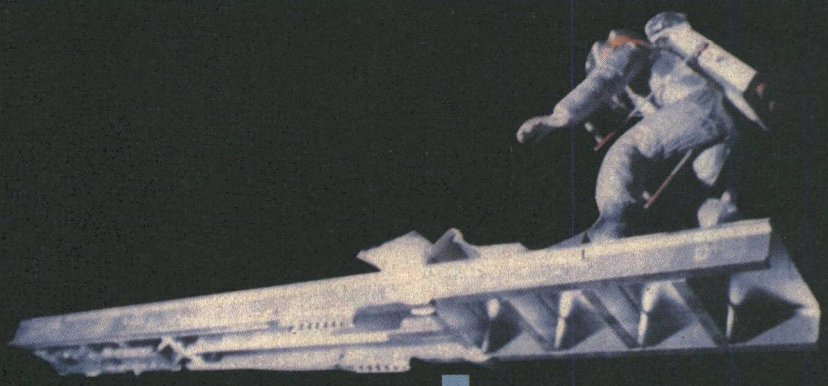
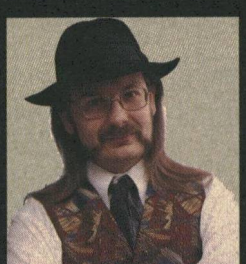




The cult of Carpenter

Above: Carpenter calls the shots. Main pic: the 'spaced-out' climax of his cheap-and-cheerful debut Dark Star

He may have made more than his fair share of disappointing movies, but director John Carpenter's cult status is assured thanks to such low-budget gems as *Dark Star* and *Halloween*



Kim Newman on ... **JOHN CARPENTER**

BACK in the Seventies, when his film school contemporaries (even mainstream mongers George Lucas and Brian DePalma) all wanted to make experimental movies, John Carpenter admitted his dearest wish was to be transported back to the Forties heyday of the studio system and allowed to crank out films on a production line, preferably Westerns and crime thrillers. While others hailed arthouse directors such as Jean-Luc Godard as their models, Carpenter revered straight-ahead action man Howard Hawks as the greatest film-maker of all time, and was also a keen student of the suspense mechanics of Alfred Hitchcock.

Carpenter first came to public attention when, like Lucas with his *THX 1138*, he made a student sci-fi film that was picked up by a Hollywood producer for release. The difference was that *THX 1138* wound up being backed by Francis Ford Coppola and became a flop so enormous that Lucas vowed never to make serious films again (he has since devoted himself to making many fortunes from kiddie audiences), while Carpenter's *Dark Star* was acquired by Jack H. Harris, a producer best known for the 1958 version of *The Blob*, and was a modest hit. This set Carpenter on a road that would take him through early successes, an unhappy spell in the studio mainstream, and a series of reversals and disappointments, to his current status in career limbo.

Dark Star was a collaboration between Carpenter and writer-actor Dan O'Bannon, who went on to pen the original story of Ridley Scott's *Alien*. The Scott film is *Dark Star* done serious, with a crew of grouchy astronauts, who can't stand each other, caught between their own treacherous ship and a ravenous alien monster. But the strength of *Dark Star* is its hippie-flavoured black humour. It sees four bewhiskered, zoned-out spacemen try to cope with a malicious alien beachball with *Creature from the Black Lagoon*-style claws, a deep-frozen commander who wants only to talk about baseball and, worst of all, a sentient bomb which can't be dissuaded from its mission to explode even by philosophical discussion. Sold with the slogan 'Bombed out in space with a spaced-out bomb', *Dark Star* is a weirdly melancholy comedy, with its odd use of country and western music and a final image of an astronaut surfing into a planet's atmosphere to burn up like a falling star. Neither Carpenter nor O'Bannon, nor anyone else for that matter, has made anything quite like it since.

A calling card of a movie, *Dark Star* landed Carpenter a couple of assignments that established his own personality. *Assault on Precinct 13* (an urban action movie modelled on Hawks's Western *Rio Bravo* and George Romero's seminal zombiethon *Night of the Living Dead*) and *Halloween*, a breakthrough horror movie of *The Blair Witch Project* proportions – they're still making sequels – are amazingly confident little films. With his own atmospheric synth scores and long-held shots, the films take basic suspense situations (a police station besieged by a strange street gang, a masked psycho stalking baby-sitters) and spin them out into delicious nightmares. From Hawks, Carpenter took a love for character brought out in extreme situations – the bonding of killer and cops in *Assault*, the resilience of virginal teen Jamie Lee Curtis in *Halloween*. And, perhaps from film-maker William Castle (who made *The Tingler*, *House on Haunted Hill* and other gimmick-filled pictures), he took the fun side of being scary, of staging hand-through-the-window shocks, tossing off a wisecrack between monster attacks and the sense that you could go home after the ride without being seriously upset – unlike, say, the audiences of *Night of the Living Dead*.

The shame of it is that it didn't last. Since his first three films, all perfect in their own way, Carpenter has made only one masterpiece – *The Thing*. Almost-good pictures like *The Fog*, *Escape from New York*, *Christine*, *Prince of Darkness* and *They Live* gave way to almost-bad pictures like *Starman*, *Big Trouble in Little China*, *Memoirs of an Invisible Man* and *In the Mouth of Madness*, then outright bad pictures like *Escape from LA*, *Village of the Damned* and *Vampires*. Too many Carpenter films open brilliantly and then fall apart, and his plots have lacked the dynamic simplicity that make *Assault* and *Halloween* such relentless suspense machines. *Christine* is representative second-rank Carpenter – an ordinary Stephen King flick, with good characters and effects (a self-repairing classic car) which plays like a TV movie with a patina of production values.

Still, those first films remain great.

John Carpenter season on FilmFour (see listings for details)

Above, left to right: the fantasy-action favourite **Escape from New York**; **They Live**, *a caustic satire on the power of advertising; the seminal stalk-and-slash classic* **Halloween**; *out-of-this-world romance in* **Starman**; *a suspenseful siege scenario in* **Assault on Precinct 13**; *the horror compendium* **Body Bags**; *and a gruesome moment from the atmospheric* **Prince of Darkness**

PHOTOS: JUSTINE BOHAN, MOVIESTORE COLLECTION, KOBAL COLLECTION/AVCO EMBASSY/UNIVERSAL, /FALCON INTERNATIONAL, /COLUMBIA, /MIRACLE FILMS

FILMS ON CABLE

IN THE FRAME

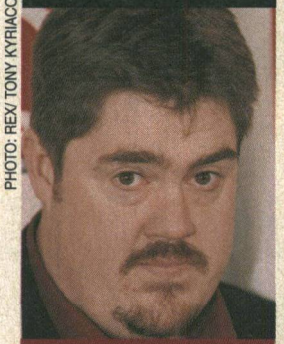


PHOTO: REX/ TONY KYRIACOU

PHIL JUPITUS

What's your favourite movie?
Midnight Run. Robert De Niro is surprisingly good in comedy. He has a lightness of touch.

Who's your favourite actor?
Johnny Depp. I think he's a genius. He's got such range.

What's your first movie memory?
I saw *The Jungle Book* at Barking Odeon when it opened. I always remember whenever I went to see a film there was always a kind of sadness when it came to an end because you knew that you would not see that film for at least another five years – until it came on the telly.

What's the scariest moment you've seen on film?
The 'Funny how?' scene [with Joe Pesci] in *GoodFellas*.

What's your favourite movie scene?
At the moment it's from *The Matrix*, the bit where Keanu Reeves goes in to see Laurence Fishburne and he says, 'We need guns. Lots of guns.' And then this five-mile long rack of machine guns spins past him.

ANIMATION

ALADDIN & THE KING OF THIEVES 4, 19, 30 Disney TEXT ★★★
ALL DOGS GO TO HEAVEN 2 20 Disney TEXT ★★
ANASTASIA Voices of Meg Ryan, Kelsey Grammer 5, 13 Sky Premier TEXT ★★★
BASIL THE GREAT MOUSE DETECTIVE 3, 26 Disney TEXT ★★★
LADY AND THE TRAMP 18, 27 Disney TEXT ★★★★
MACROSS PLUS 4 FilmFour ★★★
THE MAGIC SWORD: QUEST FOR CAMELOT Voices of Jessalyn Gilsig, Gary Oldman 8, 24 Sky Premier TEXT ★★
THE RESCUERS 7, 25 Disney TEXT ★★★
THE RESCUERS DOWN UNDER 10, 26 Disney TEXT ★★★
SWORD IN THE STONE 19 Disney TEXT ★★★

COMEDY

ABBOTT AND COSTELLO MEET THE KILLER, BORIS KARLOFF 6 Sky Cinema ★★
ADDICTED TO LOVE 3 Sky Premier TEXT DS ★★★
THE ADVENTURES OF RAGTIME Shelley Long 6, 25 Sky Premier ★★
ALWAYS A BRIDE 29 Carlton Cinema ★★★
AND THE ANGELS SING 25 Carlton Cinema ★★★
THE APPRENTICESHIP OF DUDDY KRAVITZ 2 Carlton Cinema ★★★
AU PAIR 7, 16, 31 Sky MovieMax DS ★★★
AUSTIN POWERS: INTERNATIONAL MAN OF MYSTERY Mike Myers 24 Sky Premier TEXT DS ★★★★
BAND WAGON 28 Carlton Cinema ★★★
B.A.P.S Halle Berry 25 Sky MovieMax TEXT ★★★
BEAN 5 Sky Premier TEXT ★★
THE BEAUTICIAN AND THE BEAST 12, 18 Sky Premier TEXT ★
BETTER OFF DEAD 6, 30 Carlton Cinema ★★★
BEVERLY HILLS COP Eddie Murphy 29 Sky Premier ★★★
THE BIG LEBOWSKI Jeff Bridges, John Goodman 17 Sky Premier TEXT DS ★★★★
BILLY LIAR Tom Courteney 18 Sky Cinema ★★★★
BLUE IN THE FACE Harvey Keitel 16 FilmFour ★★★★
BLUES BROTHERS 2000 18 Sky MovieMax TEXT DS ★
BOB ROBERTS Tim Robbins 23 FilmFour ★★★
BOOTY CALL Jamie Foxx 28 Sky MovieMax TEXT ★★
BREWSTER McCLOUD 10 FilmFour ★★★
BUCK PRIVATES COME HOME 6 Sky Cinema ★★★
CANNONBALL FEVER 3, 9, 15, 21, 27 Sky Premier ★★
CHANCE OF A LIFETIME 13 Sky MovieMax ★★
CHUBBY GOES DOWN UNDER 3 Sky MovieMax TEXT ★
CITY SLICKERS 2, 14, 28 Sky Premier DS ★★★★
CLOCKWISE John Cleese 15 FilmFour ★★★
COLD COMFORT FARM 21 Sky Cinema ★★★★
COMMANDMENTS 4, 13, 28 Sky Premier ★★★
A COTTAGE TO LET 5 Carlton Cinema ★★★
THE COUNTESS FROM HONG KONG 5 Carlton Cinema ★★★
CRAZY PEOPLE 29 Sky Cinema ★★★
CROOKLYN Delroy Lindo 14 FilmFour ★★★★
CRY BABY Johnny Depp 7 Sky Cinema ★★★
DANCE 'TIL DAWN 15 Sky MovieMax ★★★
THE DAYTRIPPERS Parker Posey, Liev Schreiber, Stanley Tucci 7, 22, 30 Sky Premier TEXT PREMIERE DS ★★★★
DEAR CLAUDIA Bryan Brown 11 Carlton Cinema ★★★
DECONSTRUCTING HARRY Woody Allen, Billy Crystal 12, 20, 30 Sky Premier TEXT ★★★★
DELICATESSEN 25 FilmFour ★★★
DESERT MICE 14, 29 Sky Cinema ★★★
DESK SET 3 Carlton Cinema ★★★
THE DISCREET CHARM OF THE BOURGOISIE 28 FilmFour ★★★
THE DISORDERLY ORDERLY 16 Sky Cinema ★★★
DOUBLE DYNAMITE 27 Sky Cinema ★★★
DR STRANGELOVE: OR HOW I LEARNED TO STOP WORRYING AND LOVE THE BOMB 29 Sky Cinema ★★★★
DREAM FOR AN INSOMNIAC Ione Skye 5 Sky Premier TEXT ★★★
THE DREAM TEAM 20 Sky Cinema ★★★
THE DUKE James Doohan 12, 25 Sky MovieMax DS ★★
E18 AGAIN! Charlie Schlatter 29 Carlton Cinema ★★★
THE ENTERTAINERS 13 Sky MovieMax ★★★
FAST AND LOOSE 17 Carlton Cinema ★★★
FIRST COMES LOVE 4, 16 Sky Premier ★★
FLETCH LIVES 24 Sky Cinema ★★★
FOOLS RUSH IN Matthew Perry, Salma Hayek 19 Sky Premier TEXT ★★★
FOR RICHER OR POORER 12 Sky MovieMax DS ★★★
THE FULL MONTY 21, 26 Sky Premier TEXT ★★★★
FUNNY BONES Oliver Platt 12 FilmFour ★★★★
GEORDIE Bill Travers 12 Carlton Cinema ★★★
GHOSTBUSTERS II 19 Sky Cinema ★★★
THE GIRL IN THE PICTURE 31 Carlton Cinema ★★★
GOING BERSERK John Candy 24 Sky MovieMax ★★
GOING UNDER Bill Pullman 28 Sky Premier ★★★
GREMLINS 2: THE NEW BATCH Zach Galligan, Phoebe Cates 10 Sky Premier ★★★
GUARDING TESS 20 FilmFour TEXT ★★★
GUNG HO Michael Keaton 5, 20 Sky Cinema ★★
HALF BAKED Dave Chappelle, Guillermo Diaz, Harland Williams 28 Sky MovieMax PREMIERE ★★
HEAVEN'S BURNING Russell Crowe 6, 27 Sky Premier TEXT DS ★★★
HERE COMES MR JORDAN 9 Carlton Cinema ★★★
HI HONEY, I'M DEAD 7 Sky MovieMax ★★
HI-LIFE Eric Stoltz 19 Sky Premier TEXT ★★★
HOTEL SAHARA Peter Ustinov 31 Carlton Cinema ★★★
HOUSE OF AMERICA Sian Phillips, Matthew Rhys 1, 12 Sky MovieMax TEXT ★★★
THE HOUSE OF YES 13 FilmFour ★★★
HOUSE PARTY 31 FilmFour TEXT ★★★
HOW I GOT INTO COLLEGE Anthony Edwards 2, 8, 18 Sky MovieMax DS ★★★
IN & OUT Kevin Kline 22 Sky Premier TEXT ★★★
IN GOD WE TRU$T Marty Feldman, Peter Boyle 9 Sky MovieMax ★★★
INTIMATE RELATIONS Julie Walters, Rupert Graves 6, 14 Sky Premier TEXT ★★★
IT RUNS IN THE FAMILY Charles Grodin 16 Carlton Cinema ★★★
IT'S LOVE AGAIN 11 Carlton Cinema ★★★
JACKIE'S BACK! 3 Sky MovieMax DS ★★★
JERRY MAGUIRE Tom Cruise 4 FilmFour TEXT ★★★★
KINGPIN 12 FilmFour TEXT ★★★
KISS ME GUIDO 17 Sky MovieMax TEXT ★★
KISSING A FOOL 18 Sky MovieMax DS ★★★
LEAP OF FAITH 19 Sky Cinema DS ★★★
LES VISITEURS 21 FilmFour ★★★
THE LIFE OF REILLY 3 Carlton Cinema ★★★
LIGHT UP THE SKY 20 Carlton Cinema ★★★
THE LITTLE GHOST 11, 17 Sky Premier ★★
LITTLE MISS MILLIONS 26 Sky MovieMax ★★
LIVE FLESH Javier Bardem 5, 10, 21, 30 Sky Premier WIDESCREEN ★★★
LOCK, STOCK AND TWO SMOKING BARRELS Nick Moran, Dexter Fletcher, Jason Statham 4 Sky Premier PREMIERE TEXT ★★★★
LOOK WHO'S TALKING TOO Kirstie Alley, John Travolta 29 Sky Premier DS ★
LOVE! VALOUR! COMPASSION! 2, 10, 26 Sky MovieMax TEXT ★★★
LOVING 12 Sky Cinema ★★★
LOVING COUPLES 8 Sky Premier ★★
THE MAN WHO KNEW TOO LITTLE Bill Murray 3 Sky MovieMax TEXT ★★
MATINEE John Goodman 22 FilmFour ★★★★
McHALE'S NAVY 12, 21 Sky MovieMax TEXT ★★
MEDICINE RIVER 28 Sky MovieMax DS ★★★
MOM AND DAD SAVE THE WORLD Teri Garr, Jeffrey Jones 7 Sky Premier ★★★
MORE AMERICAN GRAFFITI Paul Le Mat, Cindy Williams 4 Sky Cinema ★★★
THE MORE THE MERRIER 28 Carlton Cinema ★★★
NADINE Jeff Bridges 22 Sky Cinema ★★★
NATIONAL LAMPOON'S GOLF PUNKS 3, 12, 20, 30 Sky MovieMax ★
1941 Dan Aykroyd, John Belushi 5, 22 Sky Cinema TEXT ★★
92 IN THE SHADE 2 Sky Cinema ★★★
NOTHING TOO GOOD FOR A COWBOY Sarah Chalke 28 Sky MovieMax ★★
NO, MY DARLING DAUGHTER Michael Redgrave 2 Carlton Cinema ★★★
NOTHING IN COMMON 3 Carlton Cinema ★★★
OLD MOTHER RILEY, M.P Arthur Lucan 13 Carlton Cinema ★★★
ONE FINE DAY Michelle Pfeiffer 7, 15, 23, 31 Sky Premier TEXT ★★★★
OPERATION MAD BALL 3 Sky Cinema ★★★
OPERATION PETTICOAT 12 Sky Cinema ★★★
OUR RELATIONS 5 Sky Cinema ★★★
OUTSIDE CHANCE OF MAXIMILIAN GLICK 28 Sky MovieMax ★★
OVER HER DEAD BODY 3 Sky MovieMax ★★
THE OWL AND THE PUSSYCAT Barbara Streisand 1, 19 Carlton Cinema ★★★
THE PALLBEARER David Schwimmer 8, 18 Sky Premier TEXT ★★★
PARENTHOOD Steve Martin 4 Sky Cinema ★★★
PARIS – WHEN IT SIZZLES 20 Sky Cinema ★★★
PINK CADILLAC 7, 27 Sky Cinema ★★
PINK LIGHTNING 27 Sky MovieMax ★★
PRINCESS CARABOO 12 FilmFour ★★★
PUNCHLINE Sally Field 9 Carlton Cinema WIDESCREEN ★★★
THE PURPLE ROSE OF CAIRO Mia Farrow 2 Carlton Cinema ★★★★
QUIET MAN 26 Sky Cinema ★★★
THE QUIET MAN John Wayne 15 Carlton Cinema ★★★
RAISING ARIZONA Nicolas Cage, Holly Hunter 10 FilmFour TEXT ★★★★
REACH THE ROCK Alessandro Nivola, William Sadler, Bruce Norris 13, 28 Sky MovieMax PREMIERE ★★★
THE REAL BLONDE 7 Sky Premier TEXT ★★★
ROCKETMAN 26 Sky Premier TEXT ★★★
ROMANTIC UNDERTAKING William Katt, Valerie Buhagiar 20 Sky MovieMax ★★
ROMY & MICHELE'S HIGH SCHOOL REUNION Mira Sorvino, Lisa Kudrow 4 Sky MovieMax TEXT ★★★
RUDE AWAKENING 5 Carlton Cinema ★★★
THE SECRET OF MY SUCCESS Michael J Fox 4 Carlton Cinema ★★★
SENSELESS 3 Sky MovieMax TEXT ★★
SEX AND THE SINGLE GIRL Tony Curtis, Henry Fonda 20 Sky Cinema ★★★
SHE-DEVIL Meryl Streep 2, 26 Carlton Cinema ★★★
SIBLING RIVALRY Kirstie Alley, Bill Pullman, Carrie Fisher 7, 16 Sky Premier ★★
SIMON OF THE DESERT 14 FilmFour ★★★
SKI PATROL 4, 26 Sky MovieMax ★
SLEEPER 21 FilmFour ★★★
SNOWBOARD ACADEMY 19 Sky MovieMax ★
SON OF FLUBBER 31 Sky Cinema ★★
SOUL MAN C Thomas Howell 23 Carlton Cinema ★★★
SPRUNG 28 Sky MovieMax TEXT ★★
SWEET REVENGE 15, 24 Sky MovieMax ★★★
THE TAMING OF THE SHREW 9 Sky Cinema ★★★
THE THIEF WHO CAME TO DINNER Ryan O'Neal 31 Sky Cinema ★★★

Here's our alphabetical at-a-glance planner to March's films on Sky Premier, Sky MovieMax, Sky Cinema, FilmFour, Carlton Cinema and Disney. For full details and times, please refer to the daily listings. **PREMIERE:** first showing on British TV. **WIDESCREEN:** a film shown in letterbox format. **LAST PLAY:** last showing on the channel indicated. **TEXT:** film subtitled on Page 888 of SKYTEXT. **DS:** Dolby Surround. Figures denote date of the month. ★★★★★ Unmissable ★★★★ Good ★★★ Quite good ★★ Average ★ Awful

CARLTON CINEMA CARLTON CINEMA COMES TO CABLE ON MARCH 1ST. SEE LISTINGS BELOW

35 A SIDE James Mahon 2 Carlton Cinema ★★★
THREESOME Lara Flynn Boyle 13 FilmFour TEXT ★★★
TIME FLIES Tommy Handley 16 Carlton Cinema ★★★
TO CATCH A YETI Meatloaf 11 Sky MovieMax ★★
TO DOROTHY, A SON 27 Carlton Cinema ★★★
TOP OF THE FORM 30 Carlton Cinema ★★★
TROOP BEVERLY HILLS Shelley Long 5 Sky MovieMax TEXT DS ★★
TWO OF HEARTS 8 Sky MovieMax DS ★★
U THE UNDERCOVER KID 4 Sky MovieMax ★★★
UP 'N' UNDER 17 Sky MovieMax TEXT ★★
V THE VIRGIN SOLDIERS 29 Sky Cinema ★★★
W WAG THE DOG 13 Sky Premier TEXT ★★★★
WAY OUT WEST 12 Sky Cinema ★★★★
WAYNE'S WORLD Mike Myers 17 Sky Premier DS ★★★★
WEEKEND AT BERNIE'S 24 Sky MovieMax DS ★
WHAT A CARVE UP! 5 Sky Cinema ★★★
WHERE THERE'S A WILL 26 Carlton Cinema ★★★
WHITE MEN CAN'T JUMP 11 FilmFour TEXT ★★★★
WHO GETS THE FRIENDS? 10, 21, 29 Sky Premier ★★
WITHOUT A CLUE 17 Sky Cinema ★★★
THE WOO WOO KID 22 Carlton Cinema ★★★
WORKING GIRL 18 Carlton Cinema ★★★★
Y YOUNG HEARTS UNLIMITED 14, 24 Sky Premier ★★
Z ZENOBIA 27 Sky Cinema ★★★

DOCUMENTARY

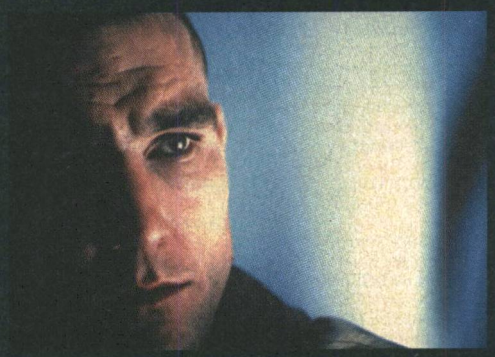
A ALICE FAYE – THE STAR NEXT DOOR 7 Carlton Cinema ★★★
ALIEN CONTACT: ARE WE ALONE? 2 Sky MovieMax ★★★
C CRUMB 13 FilmFour TEXT ★★★★
D DARRYL F ZANUCK – 20TH-CENTURY FILMMAKER 21 Carlton Cinema ★★★
DIVINE MADNESS! Bette Midler 12 FilmFour ★★★
H HOOP DREAMS 6 FilmFour TEXT ★★★★
J JOHN FORD – AN AMERICAN VISION 25 Carlton Cinema ★★★
K KOYAANISQATSI 20 FilmFour ★★★★★

DRAMA

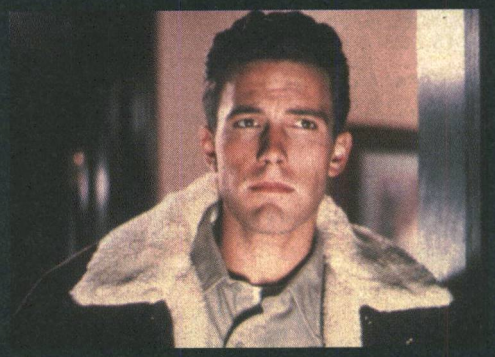
A ABOUT SARAH 1, 10 Sky Premier ★★★
ADAM 1, 18 Sky MovieMax ★★
THE ADVENTURERS 2, 15 Sky Cinema ★★★
ADVISE & CONSENT Henry Fonda 12 Sky Cinema ★★★★
THE ADVOCATE'S DEVIL 3 Sky MovieMax ★★★
AFTERGLOW Nick Nolte, Julie Christie, Lara Flynn Boyle, Jonny Lee Miller 21, 31 Sky Premier PREMIERE TEXT ★★★★
ALAMO BAY Ed Harris 30 FilmFour ★★★
ALBINO ALLIGATOR Matt Dillon, Faye Dunaway 5 Sky MovieMax TEXT ★★★★
ALL ABOUT EVE 25 Sky Cinema TEXT ★★★
ALL THE PRESIDENT'S MEN 26 Sky Cinema ★★★★
AMISTAD 18 Sky Premier TEXT ★★★
AMY FOSTER 3, 14 Sky Premier TEXT DS ★★★
AN ANNAPOLIS STORY 2 Sky Cinema ★★★
ANASTASIA Ingrid Bergman 30 Carlton Cinema WIDESCREEN ★★★
ANNA AND THE KING OF SIAM Irene Dunne 19 Carlton Cinema ★★★
AN OFFICER AND A GENTLEMAN Richard Gere 15 Sky Cinema ★★★
AN UNEXPECTED LIFE Stockard Channing 5 Sky MovieMax PREMIERE ★★
... AND JUSTICE FOR ALL 9 FilmFour TEXT ★★★
AND LIFE GOES ON 2 FilmFour ★★★
AND THE BEAT GOES ON: THE SONNY & CHER STORY 23 Sky MovieMax TEXT DS ★★
ARTEMESIA 8 FilmFour ★★★
ARTHUR'S HALLOWED GROUND 2 FilmFour ★★★
AS GOOD AS IT GETS 23 Sky Premier TEXT ★★★★
AVALON Armin Mueller-Stahl 16 FilmFour TEXT ★★★
AVALON 27 Carlton Cinema ★★★
THE AVENGERS 7, 17, 30 Sky Premier TEXT ★
B BABY COMES HOME Colleen Dewhurst 7, 23 Sky MovieMax ★★
BACK STREET 21 Sky Cinema ★★★
BACKDRAFT Kurt Russell, Robert De Niro, Donald Sutherland 4 Sky Cinema ★★★
BAD BOYS Sean Penn 1 Sky MovieMax ★★★
THE BANDIT OF SHERWOOD FOREST 15 Sky Cinema ★★★
BANG Darling Narita 13, 29 Sky MovieMax ★★★
THE BARBARIAN AND THE GEISHA John Wayne 8, 27 Sky Cinema ★★★
BARRY LYNDON Ryan O'Neal 7 FilmFour ★★★★
THE BATTLE OF THE BULGE 5 Sky Cinema ★★★
THE BEARS AND I 3, 21 Sky MovieMax ★★★
BEAUTY Janine Turner 8, 16, 27 Sky MovieMax ★★★
BEHIND THE WATERFALL 5 Sky MovieMax ★★★
BEHOLD A PALE HORSE 18 Carlton Cinema ★★★
THE BEST YEARS OF OUR LIVES Frederic March 24 Carlton Cinema ★★★
BEYOND RANGOON 8 FilmFour ★★
BIG BOUNCE 13 Sky Cinema ★★★
THE BIG GAME Gary Webster 25 Sky MovieMax ★★
BIG JIM McLAIN 17 Sky Cinema ★★★
BIG WEDNESDAY Gary Busey 7 FilmFour ★★★★
BILOXI BLUES 13 Carlton Cinema ★★★
BITTER HARVEST 29 Carlton Cinema ★★★
THE BITTER TEA OF GENERAL YEN 19 Sky Cinema ★★★
THE BLACKOUT Matthew Modine, Beatrice Dalle 5 Sky MovieMax TEXT ★★★
BLACKOUT EFFECT Eric Stoltz, Charles Martin Smith 2, 18 Sky MovieMax ★★★
BLUE CITY Judd Nelson 22 Sky MovieMax ★★★
BOOGIE NIGHTS Mark Wahlberg, Burt Reynolds 12 Sky Premier TEXT ★★★★
THE BOOST James Woods 17 Sky Cinema ★★★
BRAZIL 25 FilmFour ★★★★
BREATHLESS Richard Gere 12 Carlton Cinema ★★★
BROKEN ENGLISH 7, 24 Sky MovieMax TEXT ★★
BUFFALO SOLDIERS 10 Sky MovieMax ★★★
C CALIFORNIA SPLIT 13, 28 Sky Cinema ★★★
CAN'T BE HEAVEN Diane Ladd 7 Sky MovieMax ★★
CASTLE KEEP Burt Lancaster, Peter Falk 3, 22 Sky Cinema TEXT ★★★
CHARIOTS OF FIRE Ben Cross, Ian Charleson 25 Sky Cinema TEXT ★★★★
CHARLEY AND THE ANGEL 6, 22 Sky MovieMax ★★
THE CHASE Marlon Brando 3, 16, 30 Sky Cinema ★★★
THE CHEATERS 17 Sky Cinema ★★★
THE CHINA SYNDROME 7, 24 Sky Cinema ★★★
THE CINCINNATI KID Steve McQueen 14 FilmFour ★★★★
CITY OF ANGELS Nicolas Cage 9 Sky Premier TEXT ★★
CITY OF HOPE David Strathairn, 1 Carlton Cinema ★★★★★
THE CLUB 15 FilmFour ★★★
COLOR ME PERFECT 14 Sky MovieMax ★★
THE COLOR OF COURAGE 26 Sky MovieMax ★★
COME AND GET IT 20 Carlton Cinema ★★★
COME AND SEE 2 FilmFour ★★★★
THE COMPANY OF WOLVES 29 FilmFour ★★★★
CONVICTS 4 1, 30 Sky Cinema ★★★
COOL AND THE CRAZY 28 FilmFour ★★★
COOL HAND LUKE Paul Newman, George Kennedy 1 Sky Cinema ★★★★
THE COSMIC MAN John Carradine 10 FilmFour ★★★
THE COUNTRY GIRL 2 Sky Cinema ★★★
COUPE DE VILLE Patrick Dempsey 8 Sky Cinema ★★★
COYOTE SUMMER 9 Sky MovieMax ★★★
THE CRIMINAL LIFE OF ARCHIBALDO DE LA CRUZ 7 FilmFour ★★★
CROSSROADS Ralph Macchio 8 Sky Cinema ★★★
CROWNED AND DANGEROUS Yasmine Bleeth 4 Sky MovieMax TEXT ★
A CRY FROM THE STREETS 9 Carlton Cinema ★★★
D DADDY'S LITTLE ANGEL Lalia Dagher 11 Sky MovieMax ★★★
DANCE LITTLE LADY 22 Carlton Cinema ★★★
DANIELLE STEEL'S CHANGES 7, 15, 23, 31 Sky MovieMax ★
DANIELLE STEEL'S DADDY 10, 16, 31 Sky MovieMax ★
DANIELLE STEEL'S FINE THINGS 8, 17, 25, 31 Sky MovieMax ★
DANIELLE STEEL'S HEARTBEAT 6, 14, 31 Sky MovieMax ★
DANIELLE STEEL'S PALOMINO Lindsay Frost 9, 31 Sky MovieMax ★
DANIELLE STEEL'S STAR 2, 12, 20, 29 Sky MovieMax ★
DARBY'S RANGERS 11, 29 Sky Cinema ★★★

MARCH PREMIERES

What a sight! Escaped con George Clooney forms a relationship with sexy federal agent Jennifer Lopez in the crime thriller *Out of Sight*. Sky Premier Saturday 25th 8.00pm



Former football hardman Vinnie Jones makes an assured acting debut in the London crime comedy *Lock, Stock and Two Smoking Barrels*. Sky Premier Saturday 4th 10.00pm



It's spooky out there! Ben Affleck investigates strange goings-on in *Phantoms*, a chiller adapted from horror scribe Dean Koontz's novel. Sky MovieMax Wednesday 8th 10.00pm

Robert Redford talks to the animals in a moving adaptation of the best-selling Nicholas Evans novel *The Horse Whisperer*. Sky Premier Saturday 11th 8.00pm

DARKMAN Liam Neeson 11 Sky MovieMax ★★★
A DAY IN OCTOBER 27 Carlton Cinema ★★★
THE DAY LINCOLN WAS SHOT Lance Henriksen 14 Sky MovieMax DS ★★★
THE DAYS 9 FilmFour ★★★
DEAD MAN WALKING 24 FilmFour TEXT ★★★
THE DEEP SIX 29 Sky Cinema ★★★
DESERT BLOOM Jon Voight 22 FilmFour ★★★
DESTINY TURNS ON THE RADIO Dylan McDermott28 Carlton Cinema ★★★
THE DEVIL'S ADVOCATE 30 Sky Premier WIDESCREEN TEXT ★★★★
DOLORES CLAIBORNE Kathy Bates, Jennifer Jason Leigh 28 FilmFour TEXT ★★★★
DON'T LOOK BEHIND YOU 14 Sky MovieMax ★★
DRAGSTRIP GIRL Traci Lords 8 FilmFour ★★
THE DRESSER Albert Finney 5 Carlton Cinema ★★★★
DURING ONE NIGHT 27 Carlton Cinema ★★★

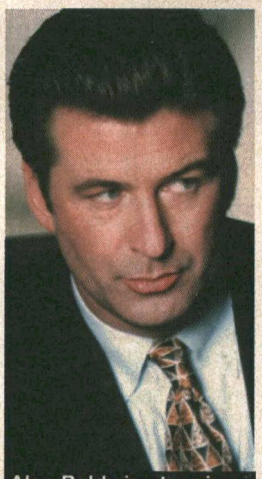
ECHO PARK Tom Hulce 25 Carlton Cinema ★★★
EDEN 10 FilmFour ★★★
THE EDGE Anthony Hopkins 21 Sky Premier TEXT DS ★★★
8 MILLION WAYS TO DIE 15 Carlton Cinema ★★
EIGHTY ONE Robert Hickey 1 Carlton Cinema ★★★
ELENI John Malkovich 13, 25 Carlton Cinema ★★★
ELEPHANT WALK Elizabeth Taylor 4 Sky Cinema ★★★
EMERGENCY CALL Jack Warner, Anthony Steel 11 Sky Cinema ★★★
ENCHANTED Sydney Penny 21, 29 Sky MovieMax ★★★
ERROR IN JUDGEMENT 8, 23 Sky MovieMax ★★
THE EVENING STAR 24 Carlton Cinema WIDESCREEN ★★★
EVE'S BAYOU 1, 9 Sky Premier TEXT ★★★
EVERSMILE, NEW JERSEY 3 FilmFour ★★★
EYE WITNESS 10 Carlton Cinema ★★★

THE FABULOUS BAKER BOYS Michelle Pfeiffer 13, 23 Sky Premier ★★★
FAR AND AWAY Tom Cruise 5, 14 Sky Cinema ★★★
FAREWELL MY CONCUBINE Leslie Cheung, Zhang Fengyi 9 FilmFour ★★★
FAREWELL TO THE KING 11, 23 Sky Cinema ★★★
THE FARMER'S DAUGHTER 22 Carlton Cinema ★★★
FAR NORTH Jessica Lange 1 Carlton Cinema ★★★
FOR FREEDOM Will Fyffe 21 Carlton Cinema ★★★
FAT CITY 16 FilmFour ★★★★
A FATHER'S SON 15 Sky MovieMax ★★★
FESTEN 26 FilmFour ★★★
FINAL DESCENT Robert Urich 13, 24 Sky MovieMax ★★
FINDING KELLY 5, 18 Sky MovieMax ★★★
FIRE DOWN BELOW Steven Seagal, Kris Kristofferson 5 Sky MovieMax TEXT ★★
FIRE DOWN BELOW Robert Mitchum 2 Carlton Cinema ★★★
FIRST TIME FELON 20, 30 Sky MovieMax ★★
FIVE FINGER EXERCISE 3 Carlton Cinema ★★★
FIXED BAYONETS Richard Basehart 1 FilmFour TEXT ★★★
FLAME AND THE ARROW 2 Sky Cinema ★★★
FRIENDSHIP'S FIELD 4 Sky MovieMax ★★★

G.I. JANE Demi Moore, Viggo Mortensen 27 Sky Premier TEXT ★★
THE GALLANT BLADE 18 Sky Cinema ★★★
GANDHI Ben Kingsley 6 Sky Cinema DS ★★★★
GENGHIS KHAN 24 Sky Cinema ★★★
GHOSTS... OF THE CIVIL DEAD 24 FilmFour ★★★
THE GIFT OF LOVE 1 Carlton Cinema ★★★
THE GINGERBREAD MAN Kenneth Branagh 1, 15, 27 Sky Premier TEXT ★★★
GIRL ON A MOTORCYCLE Marianne Faithfull 4, 19 Carlton Cinema ★★★
THE GIRL WITH BRAINS IN HER FEET Joanna Ward, Amanda Mealing 3, 31 Sky MovieMax ★★★
GIRLS IN PRISON Diane McGee, Harvey Chao 15 FilmFour ★★★
THE GO-BETWEEN 11 Sky Cinema ★★★★
THE GODFATHER PART II Al Pacino, Robert De Niro 25 Sky Cinema TEXT ★★★
GOOD WILL HUNTING Matt Damon, Ben Affleck, Minnie Driver 22 Sky Premier TEXT ★★★★
THE GOODBYE BIRD 1 Sky Premier ★★★
GOSPA Martin Sheen 15 Carlton Cinema ★★★
THE GRADUATE Dustin Hoffman 4 FilmFour TEXT ★★★★
GREAT EXPECTATIONS John MIlls, Valerie Hobson 31 Carlton Cinema ★★★★
GREAT EXPECTATIONS Michael York, Sarah Miles 5, 10, 20 Sky Premier ★★★
GREAT WHITE HOPE 14 Carlton Cinema ★★★
GREGORY'S GIRL 15 FilmFour ★★★
GUMMO Chloë Sevigny 2, 11, 23 Sky Premier TEXT ★★★
GUMSHOE Albert Finney 12, 22 Sky Cinema ★★★
THE GUNS OF NAVARONE Gregory Peck, David Niven 26 Sky Cinema ★★★★
GUY Vincent D'Onofrio 9 Sky MovieMax TEXT ★★★

HHAMAM: THE TURKISH BATH Allessandro Gassman 29 FilmFour ★★★
HAMMERS OVER THE ANVIL Alexander Outhred 15 Carlton Cinema ★★★
HARVEST Ted Shackelford 9, 29 Sky MovieMax ★★★
HEAT Robert De Niro, Al Pacino 2 FilmFour ★★★★★
HEAVEN'S FIRE Eric Roberts 4 Sky MovieMax TEXT DS ★
HER OWN RULES 6, 23 Sky MovieMax DS ★★
HERCULES Lou Ferrigno 11, 24 Sky MovieMax ★
HOLY MATRIMONY 24 Sky MovieMax ★★
THE HOLY MOUNTAIN 17 FilmFour ★★★★
HOMEGROWN Billy Bob Thornton, Hank Azaria, Kelly Lynch, Ryan Phillippe 21, 31 Sky MovieMax PREMIERE TEXT ★★★
THE HORSE WHISPERER Robert Redford 11, 29 Sky Premier PREMIERE TEXT ★★★
HOTEL DU NORD 28 FilmFour ★★★
HOUSEKEEPING Christine Lahti 9 FilmFour ★★★
HOW GREEN WAS MY VALLEY Roddy McDowall 27 Carlton Cinema ★★★
THE HUNCHBACK OF NOTRE DAME Salma Hayek 20 Carlton Cinema ★★★
THE HURRICANE ANDREW STORY 3 Sky MovieMax ★★

I'VE HEARD THE MERMAIDS SINGING 28 FilmFour ★★★
IMMEDIATE FAMILY Mary Stuart Masterson 1, 9, 17, 29 Sky MovieMax ★★★
THE INCREDIBLY TRUE ADVENTURES OF TWO GIRLS IN LOVE 19 FilmFour ★★★



Alec Baldwin stars in the thriller *Mercury Rising*. Sky Premier Saturday 18th 8.00pm

JACKIE BROWN Pam Grier, Samuel L Jackson, Robert De Niro 2, 15 Sky Premier TEXT ★★★★★
JASON'S LYRIC Allen Payne 15 FilmFour ★★★
THE JERICHO MILE 1 FilmFour ★★★
JOSEPH CONRAD'S THE SECRET AGENT 13, 24 Sky Premier TEXT ★★★
JUNGLE BOY David Fox 1, 6, 20 Sky Premier ★★★

KTHE KARATE KID III 11, 31 Sky Premier ★★
KIDNAPPED David Naughton 13 Sky MovieMax ★★★
KILLER'S KISS Jamie Smith, Frank Silvera, Irene Kane 13 FilmFour ★★★
A KIND OF LOVING 28 Sky Cinema ★★★
THE KING OF MARVIN GARDENS Jack Nicholson 5 FilmFour TEXT ★★★★

L'ACCOMPAGNATRICE 5 FilmFour ★★★
LA GRANDE BOUFFE 3 FilmFour ★★★
LA VOIE LACTEE 21 FilmFour ★★★
LADY CAROLINE LAMB 28 Carlton Cinema ★★★
LADYHAWKE Rutger Hauer 20 Carlton Cinema ★★★
THE LAKER GIRLS 3, 8, 22, 27 Sky MovieMax ★★
LANSKY Richard Dreyfus 24 Sky Premier TEXT DS ★★★
THE LAST DETAIL Jack Nicholson 25 FilmFour ★★★★
THE LAST GREAT RIDE 17 Sky MovieMax DS ★★★
LE SAMOURAI Alain Delon 21 FilmFour ★★★★★
LEAVE HER TO HEAVEN 13 Carlton Cinema ★★★
LEGEND Tom Cruise, Tim Curry 20 Sky Premier ★★★
THE LEGEND OF CRYIN' RYAN 10, 19 Sky Premier ★
THE LEGEND OF WOLF MOUNTAIN Bo Hopkins 26 Sky MovieMax ★★★
LEONA HELMSLEY: QUEEN OF MEAN Suzanne Pleshette, 1, 9, 21 Sky Premier ★★★
THE LEOPARD 21 Sky Cinema ★★★★
LET HIM HAVE IT Chris Eccleston, Paul Reynolds 12 Sky Cinema DS ★★★
LIKE WATER FOR CHOCOLATE Marco Leonardi 3 FilmFour ★★★
LILIES OF THE FIELD 12 Carlton Cinema ★★★
LIONHEART Eric Stoltz, 16 Sky Premier DS ★★★
THE LIVING END 31 FilmFour TEXT ★★★
THE LONELINESS OF THE LONG-DISTANCE RUNNER 9 FilmFour TEXT ★★★
THE LONG HOT SUMMER 19 Carlton Cinema ★★★
THE LOST WORLD: JURASSIC PARK 26 Sky Premier TEXT DS ★★★
LOUISA MAY ALCOTT'S THE INHERITANCE Cari Shayne 8 Sky Premier PREMIERE ★★★
LOVE AFTER DEATH 11, 22 Sky Premier ★★★
LOVE AND DEATH ON LONG ISLAND 28 Sky Premier PREMIERE TEXT ★★★
LOVE LETTERS Laura Linney 15 Sky MovieMax DS ★★★
LOVE ON THE EDGE Sean Young 10 Sky MovieMax ★★
LUCAS Winona Ryder 7 Carlton Cinema ★★★

MM BUTTERFLY 17 FilmFour ★★★
MAD CITY John Travolta, Dustin Hoffman, Alan Alda, Mia Kirshner 16 Sky Premier TEXT ★★★
MALAIKA John Laughlin, Karen Black 19 Sky MovieMax ★★
A MAN FOR ALL SEASONS 26 Sky Cinema TEXT ★★★★
THE MAN IN THE IRON MASK Leonardo DiCaprio 16 Sky Premier TEXT DS ★★★
A MARRIAGE OF CONVENIENCE Jane Seymour 13, 26 Sky Premier ★★★
A MATCH MADE IN HEAVEN 7, 18, 24, 29 Sky Premier TEXT ★★
MAXIMUM RISK Jean-Claude Van Damme 23 Sky MovieMax TEXT ★★
MELANIE DARROW 29 Sky MovieMax ★★★
MEMORIES OF ME Alan King 10 Carlton Cinema ★★★
MEMPHIS BELLE 19 Sky Cinema ★★★
MEN OF WAR Dolph Lundgren 10 Sky MovieMax ★★★
MERCHANT OF DEATH Michael Paré, Linda Hoffman 13 Sky MovieMax TEXT ★★★
MERRILL'S MARAUDERS 22 Sky Cinema ★★★★
MICKEY ONE Warren Beatty 18 FilmFour ★★★★
MINA TANNERBAUM Romane Bohringer, Elsa Zylberstein, Jean-Phillippe Ecoffey 8 FilmFour ★★★
MISTRIAL Bill Pullman 22 Carlton Cinema ★★★
MOM, CAN I KEEP HER? Gil Gerard 26 Sky MovieMax ★★
MONEY TALKS Charlie Sheen 12 Sky MovieMax TEXT ★★★
MONSIGNOR 6 Carlton Cinema ★★★
MORTAL KOMBAT – ANNIHILATION 6 Sky MovieMax TEXT ★★
MOSCOW ON THE HUDSON Robin Williams 10 Carlton Cinema ★★★
MR NICE GUY Jackie Chan15, 27 Sky MovieMax PREMIERE TEXT ★★★
MY DINNER WITH ANDRE 30 FilmFour ★★★
MY HUSBAND'S SECRET LIFE Anne Archer, James Russo, Maria Conchita Alonso 23 Sky MovieMax PREMIERE ★★★
THE MYTH OF FINGERPRINTS Noah Wyle 11, 19 Sky Premier TEXT ★★★

NNADJA Elina Lowensohn 4 FilmFour ★★★
THE NATURAL Robert Redford 13 FilmFour TEXT ★★★★
NAVIGATING THE HEART Jaclyn Smith, Tim Matheson 8 Sky MovieMax PREMIERE ★★★
NEW JACK CITY 6, 23 Sky Cinema DS ★★★
NEW YORK, NEW YORK 18 FilmFour TEXT ★★★★
NICO Steven Seagal, Pam Grier 27 Sky MovieMax ★★★
NIL BY MOUTH Ray Winstone, Kathy Burke, Charlie Creed-Miles 10, 30 Sky MovieMax TEXT DS ★★★★★
NO MORE BATHS! 9, 18, 26 Sky MovieMax ★★
NORTH DALLAS FORTY 16 Sky Cinema ★★★
NORTH OF THE GREAT DIVIDE Roy Rogers 19 Carlton Cinema ★★★
NOT QUITE AN ANGEL Cameron Sturn, Mallory Farrow 5, 17, 27 Sky Premier ★★★
NURSE EDITH CAVELL 23 Carlton Cinema ★★★

OTHE ODESSA FILE Jon Voight, Mary Tamm 9, 23 Sky Cinema ★★★
OKLAHOMA CITY: A SURVIVOR'S STORY Kathy Baker, Ray Baker 30 Sky MovieMax TEXT ★★★
OLD GRINGO Jane Fonda 8 Carlton Cinema ★★★
ON THE WATERFRONT 26 Sky Cinema ★★★★★
ONE LAST FLIGHT Miko Hughes, Kathleen Lloyd 20, 28 Sky MovieMax ★★★
OPERATION SECRET 19 Sky Cinema ★★★
OSCAR AND LUCINDA Ralph Fiennes, Cate Blanchett 5, 15, 25 Sky Premier TEXT ★★★★
OUT OF SIGHT George Clooney, Jennifer Lopez 25 Sky Premier PREMIERE DS TEXT ★★★★

PPARANOIAC Janette Scott 21 Sky Cinema ★★★
A PASSAGE TO INDIA Judy Davis 25 Sky Cinema ★★★
PENITENTIARY Leon Isaac Kennedy 24 FilmFour ★★★
PERFECT BODY 1, 27 Sky MovieMax ★★★
PERFECT LITTLE ANGELS 18 Carlton Cinema ★★★
PIMPERNEL SMITH 3 Sky Cinema ★★★
THE PLAYBOYS 16 FilmFour ★★★
POODLE SPRINGS 3, 16 Sky Premier TEXT DS ★★★
THE PORTRAIT OF A LADY Nicole Kidman, John Malkovich 27 FilmFour TEXT ★★★
POSSUMS Mac Davis, Greg Coolidge, Jay Underwood 27 Sky MovieMax ★★★
PREFONTAINE Jared Leto, Ed O'Neill, Lindsay Crouse 19 Sky MovieMax ★★★
PRESUMED INNOCENT 20 Sky Cinema ★★★
PRICE OF A BROKEN HEART Laura Innes, Park Overall, Timothy Carhart 20 Sky MovieMax PREMIERE ★★★
THE PRINCESS BRIDE Mandy Patinkin, Cary Elwes 8, 16, 24 Sky Premier ★★★
PROMISED LAND 8, 27 Sky Cinema ★★★
THE PROPOSITION Kenneth Branagh, Madeleine Stowe, William Hurt 8, 19, 28 Sky Premier PREMIERE TEXT DS ★★★
PUMP UP THE VOLUME Christian Slater, Samantha Mathis 5 FilmFour TEXT ★★★
PURSUIT TO ALGIERS Basil Rathbone, Nigel Bruce 18 Sky Cinema ★★★

QQUADROPHENIA 2, 27 Sky Cinema ★★★★
QUALITY STREET 7 Sky Cinema ★★★
QUEENS LOGIC Kevin Bacon 14, 30 Sky Cinema ★★★

RRAGING BULL Robert De Niro, Joe Pesci 8 FilmFour TEXT ★★★★★
RAMBLING ROSE Laura Dern, Robert Duvall, Lukas Haas 15 FilmFour TEXT ★★★
THE RAZOR'S EDGE 17 Carlton Cinema ★★★
REBECCA Laurence Olivier 18 Carlton Cinema ★★★
REFLECTIONS IN A GOLDEN EYE Marlon Brando 29 FilmFour TEXT ★★★
REFORM SCHOOL GIRL 20 FilmFour ★★
RIVER'S EDGE Keanu Reeves, Crispin Glover, Ione Skye 1, 23 Sky Cinema ★★★★
RUBY IN PARADISE Ashley Judd 20 FilmFour ★★★

RUNNING BRAVE Robby Benson, Graham Greene **21 Sky MovieMax** DS ★★★

THE SHAWSHANK REDEMPTION Tim Robbins, Morgan Freeman **1 FilmFour** TEXT ★★★★★

SFW Stephen Dorff **22 FilmFour** ★★★

SALVADOR James Woods, James Belushi, John Savage **31 Sky Cinema** ★★★★

SAME RIVER TWICE Shea Farrell, Robert Curtis-Brown **22 Sky MovieMax** ★★

SCHOOL'S OUT Treat Williams **17 Sky MovieMax** TEXTDS ★★★

THE SEA WOLVES 12 Sky Cinema ★★★

SEASONS OF THE HEART George Segal, Malcolm McDowell **17, 28 Sky MovieMax** ★★★

THE SECOND JUNGLE BOOK: MOWGLI & BALOO 12 Sky Premier TEXT DS ★★

THE SECRET OF THE PURPLE REEF 15 Sky Cinema ★★★

THE SEVEN LITTLE FOYS 11 Sky Cinema ★★★

SEVEN YEARS IN TIBET Brad Pitt **22 Sky Premier** TEXT ★★★

THE SHADOW BOX 26 Carlton Cinema ★★★

SHADOW OF THE BEAR Alan Thicke **1, 11, 23 Sky MovieMax** ★★★

SHATTERED HEARTS 25 Sky MovieMax ★★★

SHE'S SO LOVELY 8, 17, 23 Sky Premier TEXT ★★★

THE SHELTERING SKY 6 Sky Cinema DS ★★★★

SHEPHERD ON THE ROCK 31 Sky MovieMax ★★★

SHERLOCK HOLMES AND THE SECRET CODE 19 Sky Cinema ★★★

SHILOH Michael Moriarty **25 Sky Premier** ★★★

SILENCING MARY 16 Sky MovieMax ★★★

THE SIMPLE LIFE OF NOAH DEARBORN Sidney Poitier, Dianne Wiest, Mary Louise Parker, Bernie Casey **2 Sky Premier** PREMIERE ★★★

A SIMPLE WISH Martin Short **6 Sky Premier** TEXT ★★★

SINBAD THE SAILOR 30 Sky Cinema ★★★

SINK THE BISMARCK! 23 Sky Cinema ★★★

SIX PACK Kenny Rogers, Diane Lane, Erin Gray, Barry Corbin **30 Sky MovieMax** ★★★

SLEEPING WITH THE ENEMY Julia Roberts **29 Sky Premier** DS ★★★

SMOKE Harvey Keitel, William Hurt **16 FilmFour** TEXT ★★★★

SOLDIER OF FORTUNE 10 Sky Cinema ★★★

A SOLDIER'S SWEETHEART Kiefer Sutherland, Skeet Ulrich, Georgina Cates **7 Sky MovieMax** PREMIERE DS ★★★

A SOLDIER'S TALE 12 Carlton Cinema ★★★

SOME MOTHER'S SON 9 FilmFour ★★★

SPLIT INFINITY Trevor Black **16 Sky MovieMax** ★★

ST PATRICK: THE IRISH LEGEND Patrick Bergin **17, 23 Sky MovieMax** DS ★★★

THE STAIRCASE 3, 9, 15, 20, 31 Sky Premier ★★

STEEL Shaquille O'Neal **25 Sky MovieMax** TEXT ★

STEEL MAGNOLIAS Sally Field, Shirley MacLaine **20 Sky Premier** TEXT ★★★

THE STONE BOY 2, 13 Sky Premier ★★

STORMCHASER: REVENGE OF THE TWISTER 31 Sky Premier DS ★★★

A STREETCAR NAMED DESIRE Vivien Leigh, Marlon Brando, Kim Hunter, Karl Malden **14 FilmFour** TEXT ★★★★

THE SUE RODRIGUEZ STORY Wendy Crewson **20 Sky MovieMax** TEXT ★★

A SUMMER'S TALE/CONTE D'ETE Melvil Popaud, Amanda Langlet **23 FilmFour** ★★★

SUTURE Michael Harris, Dennis Haysbert **30 FilmFour** ★★★

THE SWARM Michael Caine **18 Sky MovieMax** ★

SWEETHEARTS DANCE 11, 29 Carlton Cinema ★★★

SWEETIE 27 FilmFour ★★★

SWORD OF THE VALIANT Sean Connery **4, 19, 30 Sky MovieMax** DS ★★★

TABLE FOR FIVE 10 Carlton Cinema ★★★

TAFFIN Pierce Brosnan **24 Sky Cinema** ★★★

TALL STORY 24 Sky Cinema ★★★

THE TANGO LESSON 14 Sky MovieMax ★★★

TAPS 20 Sky Cinema ★★★

TARZAN AND THE LOST CITY Casper Van Dien, Jane March, Steven Waddington **5, 22 Sky MovieMax** PREMIERE TEXT DS ★★★

TARZAN AND THE SHE-DEVIL 8 Sky Cinema ★★★

TARZAN AND THE SLAVE GIRL 15 Sky Cinema ★★★

TELL ME NO LIES Steven Weber **13 Sky MovieMax** ★★

TERMS OF ENDEARMENT 25 Sky Cinema ★★★★

TERROR BY NIGHT 19 Sky Cinema ★★★

THICKER THAN BLOOD Mickey Rourke, Lauren Velez **16 Sky MovieMax** DS ★★

THE THING CALLED LOVE 18 Sky MovieMax ★★★

THIRST Adam Arkin, Joely Fisher **16 Sky MovieMax** ★★

THIS IS THE SEA 7, 17 Sky Premier DS ★★★

THIS SPORTING LIFE Richard Harris, Rachel Roberts **5 FilmFour** ★★★★

A THOUSAND ACRES Michelle Pfeiffer, Jessica Lange **20 Sky Premier** TEXT ★★★

THE TICKET Shannen Doherty **14 Sky MovieMax** ★

A TIME TO HEAL Nicollette Sheridan **7 Sky MovieMax** ★★

TIME TO SAY GOODBYE 6 Sky MovieMax ★★

TITANIC Kate Winslet, Billy Zane **24 Sky Premier** TEXT ★★★★

TO LOVE, HONOR AND BETRAY James Brolin, Crystal Bernard, David Cubitt **2 Sky MovieMax** PREMIERE ★★★

TORN CURTAIN Paul Newman **1 Sky Cinema** ★★★

TOUCH Skeet Ulrich **6 Sky Premier** TEXT DS ★★★★

TOWER OF LONDON 18 Sky Cinema ★★★

THE TOWERING INFERNO 11 Sky Cinema ★★★★

A TREE GROWS IN BROOKLYN 10 Carlton Cinema ★★★

TRUE BLUE 13 FilmFour TEXT ★★★

TRUE COLORS John Cusack **26 Sky MovieMax** ★★★

TRULY, MADLY, DEEPLY 12 Carlton Cinema ★★★

TRUTH OR CONSEQUENCES, N.M. 25 Sky MovieMax TEXT ★★

TURK 182 Timothy Hutton **6 Carlton Cinema** ★★★

TURN THE KEY SOFTLY 18 Carlton Cinema ★★★

TURTLE DIARY 9, 28 Carlton Cinema ★★★

TWELVE ANGRY MEN 14 FilmFour TEXT ★★★★★

TWO DAYS IN THE VALLEY 4 Carlton Cinema ★★★

TWO FOR THE ROAD 19 Sky Cinema ★★★

ULEE'S GOLD Peter Fonda, Patricia Richardson **25 Sky Premier** TEXT ★★★

UNDER THE LIGHTHOUSE DANCING 2, 12, 21, 31 Sky Premier DS ★★

UNDERCOVER ANGEL 6, 15, 24 Sky Premier DS ★★★

UP THE JUNCTION Suzy Kendall, Dennis Waterman **2 Sky Cinema** ★★★

VANISHED WITHOUT A TRACE Shelley Long **6, 22 Sky MovieMax** ★★

THE VICTORS George Peppard, Albert Finney **10, 31 Sky Cinema** ★★★

WANTED Michael Sutton **1 Sky MovieMax** ★★

THE WAR LOVER 8, 27 Sky Cinema ★★★

THE WHALES OF AUGUST 4, 20 Sky Cinema ★★★

WHERE THE RED FERN GROWS James Whitmore **5 Sky MovieMax** ★★

WHERE THE SIDEWALK ENDS 1 FilmFour ★★★

WHO'S THAT KNOCKING AT MY DOOR 20 Sky Cinema ★★★★

WILDE Stephen Fry, Jude Law **9, 21 Sky Premier** TEXT ★★★★

THE WILD GEESE Richard Burton, Richard Harris **21 Carlton Cinema** ★★★★

THE WIND AND THE LION 7 FilmFour ★★★

WIND DANCER Mel Harris **1 Sky MovieMax** ★★

WINTER PEOPLE Kurt Russell **23 Carlton Cinema** ★★★

WISDOM 8 Carlton Cinema ★★★

WITHOUT A TRACE 7 Carlton Cinema ★★★

THE WOMAN IN GREEN 18 Sky Cinema ★★★

WRESTLING ERNEST HEMINGWAY 5 FilmFour ★★★

WUTHERING HEIGHTS 29 Carlton Cinema ★★★

YEAR OF THE GUN 13 Sky Cinema DS ★★★

EROTIC DRAMA

CAGED FURY 30 Sky MovieMax ★★

ECLIPSE 28 FilmFour TEXT ★★

FAMILY FILMS

THE ADVENTURE OF SHERLOCK HOLMES' SMARTER BROTHER 17 Sky Cinema ★★★

BALLOON FARM 29 Disney TEXT ★★

BEDKNOBS AND BROOMSTICKS 7 Sky Premier ★★★★

THE BLACK STALLION 25 Carlton Cinema ★★★

THE BORROWERS 12, 18 Sky Premier TEXT ★★★

BREAKOUT Robert Carradine **6 Sky Premier** PREMIERE ★★

CAN OF WORMS 21 Disney TEXT ★★★

COP AND A HALF 19, 30 Sky Premier ★★

DANCE HALL Diana Dors **4 Carlton Cinema** ★★★

DOCTOR DOLITTLE Eddie Murphy **10, 23 Sky Premier** TEXT ★★★

A DOG'S TALE Z 14 Sky Premier PREMIERE ★★★

DON'T LOOK UNDER THE BED 2, 15 Disney TEXT ★★

FATHER OF THE BRIDE Steve Martin, Diane Keaton **17 Disney** TEXT ★★★

FLUBBER Robin Williams **5 Disney** TEXT ★★

FLUKE 11 Disney TEXT ★★★

GENIUS Trevor Morgan, Emily Rossum, Charles Fleischer **5, 9 Disney** PREMIERE ★★★

GEORGE OF THE JUNGLE 12, 25 Disney ★★

HERBIE GOES TO MONTE CARLO Dean Jones **1 Disney** TEXT ★★

HORSE SENSE 6 Disney TEXT ★★

HOMEWARD BOUND II 4, 24 Disney TEXT ★★

HONEY, I SHRUNK THE KIDS 5 Disney TEXT ★★

INCREDIBLE JOURNEY 12 Disney TEXT ★★★

JOEY Jamie Croft, Alex McKenna, Rebecca Gibney **18 Disney** PREMIERE TEXT ★★★

JOHNNY TSUNAMI 11 Disney TEXT ★★★

THE JOURNEY OF NATTY GANN John Cusack **7, 16 Sky Premier** ★★★

LADY FOR A DAY 1 Carlton Cinema ★★★

THE LITTLE GHOST 28 Sky Premier ★★★

MARY POPPINS Julie Andrews, Dick Van Dyke **11 Disney** TEXT ★★★★

MR MAGOO Leslie Nielsen **25 Disney** TEXT ★★

MURDER SHE PURRED: A MRS MURPHY MYSTERY 13 Disney TEXT ★★

THE NEW ADVENTURES OF SPIN & MARTY Judd Nelson **16 Disney** ★★★

NICO THE UNICORN Anne Archer **2, 14, 23, 31 Sky Premier** DS ★★★

PAULIE 3, 9, 23 Sky Premier TEXT ★★★

PETE'S DRAGON 2, 8,17 Sky Premier ★★★

PETE'S DRAGON 19, 31 Disney ★★★

THE PHOENIX AND THE CARPET 12 Disney TEXT ★★

POPEYE Robin Williams, Shelley Duvall **18 Disney** TEXT ★★

THE ROCKETEER 23 Disney TEXT ★★★

A SAINTLY SWITCH 22 Disney TEXT ★★★

SEA PEOPLE 8 Disney TEXT ★★★

SESAME STREET PRESENTS: FOLLOW THAT BIRD 26 Sky Premier ★★

SISTER ACT 2: BACK IN THE HABIT 26 Disney TEXT ★★

3 NINJAS: HIGH NOON ON MEGA MOUNTAIN Hulk Hogan **4, 16, 28 Sky Premier** TEXT ★★★

TOOTHLESS 14 Disney ★★

TREASURE ISLAND 4 Disney TEXT ★★★

HORROR

AN AMERICAN WEREWOLF IN PARIS Tom Everett Scott **31 Sky MovieMax** TEXT ★★

THE BLACK CAT 8 Sky MovieMax ★★

BLACK CHRISTMAS Olivia Hussey **19 FilmFour** ★★★

BLOOD OF THE VAMPIRE 17 Carlton Cinema ★★★

BLOOD ON SATAN'S CLAW 13 Carlton Cinema ★★★

BODY BAGS 23 FilmFour TEXT ★★★

THE CRAFT 6 FilmFour TEXT ★★★

THE CURSE OF THE MUMMY'S TOMB 3, 14 Sky Cinema ★★★

DEEP RISING 6, 26 Sky MovieMax TEXT ★★

THE DRILLER KILLER Abel Ferrara **11 FilmFour** ★★★

THE ENTITY 19 Sky MovieMax TDS ★★★

THE EXORCIST Ellen Burstyn **25 Sky Premier** TEXT ★★★★★

THE EXORCIST III 17 Carlton Cinema WIDESCREEN ★★★★

FEAR Ally Sheedy **11 Sky MovieMax** ★★★

THE FLY II Eric Stoltz **14 Carlton Cinema** ★★★

FRANKENSTEIN MUST BE DESTROYED Peter Cushing **7 Sky Cinema** ★★★

FREAKS Olga Baclanova, Wallace Ford, Harry Earles **10 FilmFour** ★★★

THE GUARDIAN Jenny Seagrove, Carey Lowell **15 Sky MovieMax** ★★

HALLOWEEN Jamie Lee Curtis **19 FilmFour** ★★★★

HAUNTED Kate Beckinsale **4 FilmFour** TEXT ★★★

THE HOUSE THAT WOULD NOT DIE Barbara Stanwyck **23 Carlton Cinema** ★★★

THE LITTLE SHOP OF HORRORS Jack Nicholson **6, 31 Sky Cinema** ★★★★

MOON OF THE WOLF 16 Carlton Cinema ★★

PHANTOMS Peter O'Toole, Ben Affleck **8, 20 Sky MovieMax** PREMIERE TEXT DS ★★★

PRINCE OF DARKNESS 22 FilmFour ★★★★

QUICKSILVER HIGHWAY Christopher Lloyd **4, 12, 21 Sky MovieMax** ★★

THE REPTILE 11 Sky Cinema ★★★

SCREAM 2 Neve Campbell, Courteney Cox, Sarah Michelle Gellar, Liev Schreiber **31 Sky MovieMax** TEXT ★★★★

THE STEPFATHER II Terry O'Quinn, Meg Foster **8 Sky MovieMax** ★★

TRILOGY OF TERROR 3 Carlton Cinema ★★★

WES CRAVEN'S NEW NIGHTMARE Robert Englund **11 FilmFour** ★★★★

MUSICAL

ALEXANDER'S RAGTIME BAND 26 Carlton Cinema ★★★

BLUE HAWAII Elvis Presley, Angela Lansbury **7 Sky Cinema** ★★★

CAREFREE Fred Astaire, Ginger Rogers **17 Sky Cinema** ★★★

FIRST A GIRL 15 Carlton Cinema ★★★

GAIETY GEORGE 14 Carlton Cinema ★★★

GIVE MY REGARDS TO BROAD STREET Paul McCartney, Bryan Brown, Ringo Starr **6 Sky Premier** DS ★★

THE GOOD COMPANIONS 7 Carlton Cinema ★★★

IT'S A WONDERFUL WORLD Terence Morgan **8 Carlton Cinema** ★★★

MACK THE KNIFE 6 Sky Cinema ★★

THE MUSIC MAN 5 Sky Cinema ★★★★

PARADISE, HAWAIIAN STYLE 4 Sky Cinema ★★★

THE PIRATE MOVIE Kristy McNichol, Christopher Atkins **4, 9, 14, 20, 25, 30 Sky Premier** DS ★★★

THREE COINS IN THE FOUNTAIN Clifton Webb **23 Carlton Cinema** ★★★

THE THREEPENNY OPERA 16 FilmFour ★★★

MYSTERY/ THRILLER

THE ADVENTURES OF SHERLOCK HOLMES 13 Sky Cinema ★★★

AIR FORCE ONE 20 Sky Premier TEXT ★★★★

ALMOST DEAD 7 Sky MovieMax TEXT ★

AN AMERICAN AFFAIR 14 Sky MovieMax DS ★★

APPOINTMENT WITH DEATH Peter Ustinov, Lauren Bacall **18 Sky Cinema** ★★★

ASSAULT ON PRECINCT 13 Austin Stoker, Darwin Joston **18 FilmFour** ★★★★

THE ASSIGNMENT Aidan Quinn, Donald Sutherland, Ben Kingsley **22 Sky MovieMax** PREMIERE TEXT ★★★

ASUNDER Blair Underwood, **7 Sky MovieMax** ★★

BABY MONITOR: THE SOUND OF FEAR 15 Sky MovieMax DS ★★
BACKFIRE 5 Sky Cinema ★★★
BADLANDS Martin Sheen 7 Sky Cinema ★★★★★
BAJA 30 Carlton Cinema ★★★
BLACK CAT RUN 11 Sky MovieMax TEXT ★★
BLACKMAIL Anny Ondra 27 FilmFour TEXT ★★★
BLUE STEEL Jamie Lee Curtis 9 Sky Cinema DS ★★★
BODY COUNT David Caruso 19 Sky MovieMax TEXT ★★
BOSTON BLACKIE'S CHINESE VENTURE Chester Morris 29 Sky Cinema ★★
BREAKDOWN Kurt Russell 6, 18 Sky Premier TEXT ★★★
BUSTING Elliott Gould 30 Carlton Cinema ★★★
CAPE FEAR 12, 21 Sky Cinema ★★★★
COHEN AND TATE 27 Sky MovieMax ★★★
COLD AROUND THE HEART 16 Sky MovieMax DS ★★★
THE COLLECTOR 3 FilmFour ★★★★
CRIMINAL LAW Gary Oldman 31 Sky Premier ★★★
DEAD HUSBANDS John Ritter, Nicolette Sheridan, Sonja Smits, Huey Lewis 30 Sky MovieMax PREMIERE ★★
DEATH ON THE NILE 11 Carlton Cinema WIDESCREEN ★★★
DEATH TRAIN Pierce Brosnan 8, 24 Carlton Cinema ★★★
THE DEFENDERS: CHOICE OF EVILS Beau Bridges 6, 17, 31 Sky MovieMax ★★
DESPERATE MEASURES Andy Garcia, Michael Keaton 3 Sky Premier TEXT DS ★★★
THE DEVIL'S OWN 1 Sky Premier TEXT DS ★★★★
DIARY OF A HITMAN 11 Carlton Cinema ★★★
DIARY OF A SERIAL KILLER Gary Busey, Arnold Vosloo, Michael Madsen, Julia Campbell 29 Sky MovieMax PREMIERE ★★
DOUBLE TEAM 16 Sky MovieMax TEXT ★★
EVERY MOTHER'S WORST FEAR Ted McGinley, Cheryl Ladd, Jordan Ladd, 9, 29 Sky MovieMax PREMIERE ★★
EVIL UNDER THE SUN 26 Carlton Cinema ★★★
THE EXECUTIONER George Peppard, Nigel Patrick 13 Sky Cinema ★★★
EXILED Christopher Noth, Dabney Coleman, Ice T, Costas Mandylor 2 Sky MovieMax PREMIERE ★★
FACE Robert Carlyle, Ray Winstone, Steve Waddington 23 Sky MovieMax ★★★★
FALLEN Denzel Washington 10 Sky Premier TEXT DS ★★★★
FIREPOWER 21 Sky Cinema ★★★
FOREIGN CORRESPONDENT 4 Carlton Cinema ★★★
FREEFALL Jaclyn Smith 24 Sky MovieMax ★★
GOODFELLAS Ray Liotta, Robert De Niro, Joe Pesci, Lorraine Bracco 18 Sky Cinema TEXT ★★★★★
HARD RAIN Morgan Freeman, Christian Slater 22 Sky Premier TEXT ★★★
HARPER Paul Newman 1 Sky Cinema ★★★
HELL ON FRISCO BAY 30 Sky Cinema ★★★
THE HOUND OF THE BASKERVILLES 13 Sky Cinema ★★★
THE HOUSE OF FEAR 17 Sky Cinema ★★★
HUSH Jessica Lange, Gwyneth Paltrow,Johnathon Schaech, Nina Foch 14 Sky Premier PREMIERE DS ★★
I STILL LOVE LA 20 Sky MovieMax ★★★
IF THE FRAME FITS 22 Sky MovieMax ★★★
IMMINENT DANGER 24 Sky MovieMax ★★
INDISCREET Luke Perry, Richard Rosenberg, Gloria Reuben, Adam Baldwin 16 Sky MovieMax PREMIERE ★★★
THE JACKAL Bruce Willis, Richard Gere 1 Sky Premier TEXT DS ★★★
JENNIFER EIGHT 21 Sky Cinema DS ★★★
JULES VERNE'S 800 LEAGUES DOWN THE AMAZON Daphne Zuniga 22 Sky MovieMax ★★
KILL ME AGAIN 5 FilmFour ★★★
THE KILLING GROUNDS 18 Sky MovieMax TEXT ★★
A KISS BEFORE DYING 10 Sky Cinema DS ★★★
KISS ME DEADLY 30 FilmFour ★★★★★
KISS THE GIRLS Morgan Freeman, Ashley Judd 8 Sky Premier TEXT ★★★
L'AMORE MOLESTO Anna Bonaiuto 1 FilmFour ★★★
LA CONFIDENTIAL Guy Pearce, Russell Crowe, Kevin Spacey, Kim Basinger 20 Sky Premier TEXT ★★★★★
LA TAKEDOWN 2 FilmFour ★★
LADY ICE Donald Sutherland 5 Carlton Cinema ★★★
THE LANDLADY Talia Shire 20 Sky MovieMax ★★
LAST SEDUCTION II 10 Sky MovieMax TEXT ★★
LEGEND OF PIRATE'S POINT Asher Metchik 3, 11, 23, 28 Sky Premier ★★
LIAR Tim Roth, Chris Penn 19 Sky MovieMax TEXT ★★★
LOVE, MURDER AND DECEIT Rachel Ward 14 Sky MovieMax ★★★
THE MACKINTOSH MAN Paul Newman, James Mason 15 Sky Cinema ★★★
MANHUNTER William L Petersen 3 FilmFour ★★★★
THE MANIAC Kerwin Mathews 8 Sky Cinema ★★★
MARABUNTA Eric Lutes 28 Sky MovieMax ★★
MASTERMINDS Vincent Kartheiser, Patrick Stewart 30 Sky MovieMax TEXT ★★
McQ John Wayne, Eddie Albert 9 Sky Cinema ★★★
MEAN GUNS Christopher Lambert, Ice-T, Michael Halsey 26 Sky MovieMax TEXT ★
MERCURY RISING Bruce Willis, Alec Baldwin, Miko Hughes 18 Sky Premier PREMIERE DS ★★★★
MIAMI BLUES Fred Ward, Alec Baldwin, Jennifer Jason Leigh 6 Sky MovieMax ★★★★
MISERY Kathy Bates, James Caan, Richard Farnsworth 26 Sky Cinema DS ★★★★
MOST WANTED Keenen Ivory Wayans, Jon Voight, Paul Sorvino 12 Sky MovieMax TEXT ★★
MURDER AT 1600 Wesley Snipes, Diane Lane, Alan Alda 25 Sky MovieMax TEXT ★★
MURDER AT 75 BIRCH Melissa Gilbert, Gregory Harrison 10 Sky MovieMax ★★
NEXT OF KIN Patrick Swayze, Liam Neeson 19 Sky MovieMax DS ★★★
NIGHT GAME 10, 28 Sky Cinema ★★★
NITTI: THE ENFORCER 20 Carlton Cinema ★★★
OUT FOR JUSTICE Steven Seagal, William Forsythe, Jerry Orbach 5 Sky MovieMax DS ★★
PACIFIC HEIGHTS Melanie Griffith, Matthew Modine, Michael Keaton, Laurie Metcalfe 6, 22 Sky MovieMax ★★★
THE PEACEMAKER George Clooney, Nicole Kidman 6 Sky Premier TEXT DS ★★★
THE PEARL OF DEATH Basil Rathbone, Nigel Bruce 17 Sky Cinema ★★★
PERMISSION TO KILL Dirk Bogarde, Ava Gardner 30 Sky Cinema TEXT ★★★
PLAIN CLOTHES Arliss Howard, George Wendt 8 Sky Premier ★★
QUINTET Paul Newman 9 Carlton Cinema ★★★
REPLACEMENT KILLERS Chow Yun-Fat, Mira Sorvino, Michael Rooker 19 Sky MovieMax TEXT ★★★
ROADGAMES 14, 31 Sky Cinema ★★★
RUMBLE IN THE BRONX Jackie Chan, Anita Mui 2, 15, 30 Sky MovieMax TEXT ★★
SACRED CARGO Chris Penn, Martin Sheen 15 Sky MovieMax TEXT ★★★
SAIGON 25 Carlton Cinema ★★★
SAM CHURCHILL: SEARCH FOR A HOMELESS MAN 10, 21 Sky MovieMax ★★★
SAVIOUR OF THE SOUL Anita Mui, Andy Lau 17 FilmFour ★★★★
THE SCARLET CLAW Basil Rathbone, Nigel Bruce 16 Sky Cinema ★★★
SCISSORS Sharon Stone 22, 31 Sky Premier ★★
SHERLOCK HOLMES AND THE SECRET WEAPON 14 Sky Cinema ★★★
SHERLOCK HOLMES AND THE SPIDER WOMAN Basil Rathbone, Nigel Bruce 16, 28 Sky Cinema ★★★
SHERLOCK HOLMES AND THE VOICE OF TERROR 14 Sky Cinema ★★★
SHERLOCK HOLMES FACES DEATH Basil Rathbone, Nigel Bruce 15, 27 Sky Cinema ★★★
SHERLOCK HOLMES IN WASHINGTON Basil Rathbone 15 Sky Cinema ★★★
A SHOW OF FORCE Amy Irving, Andy Garcia, Kevin Spacey 28 Sky Cinema ★★★
SPEED 2: CRUISE CONTROL Sandra Bullock 11 Sky Premier TEXT DS ★
SPELLBOUND Gregory Peck 6 Carlton Cinema ★★★
STAG John Stockwell, Mario Van Peebles 4 Sky MovieMax TEXT ★★★★
STORMCHASER: REVENGE OF THE TWISTER 2, 7, 13, 25 Sky Premier ★★
STREETS OF FIRE Michael Paré 3 Carlton Cinema ★★★
SUSPICION OF INNOCENCE Debrah Farentino 2 Sky MovieMax ★★
TAKEN Dabney Coleman 22 Sky MovieMax DS ★★★
THREE DAYS OF THE CONDOR Robert Redford, Faye Dunaway, Cliff Robertson 18 Sky Cinema ★★★★
TRACK OF THE CAT 23 Sky Cinema ★★★
THE TRAIN Burt Lancaster, Paul Scofield, Jeanne Moreau 19 FilmFour ★★★★
TRESPASS Bill Paxton, Ice T 17 Sky MovieMax ★★
THE TRIGGER EFFECT Kyle MacLachlan, Elisabeth Shue 21 Sky MovieMax TEXT ★★
TRUE BELIEVER 31 Carlton Cinema ★★★
TRUE ROMANCE 17 Carlton Cinema ★★★★
TWISTS OF TERROR Jennifer Rubin, Francoise Robertson 24 Sky MovieMax ★★★
U.S. MARSHALS Tommy Lee Jones, Wesley Snipes, Robert Downey Jr 13, 26 Sky Premier TEXT DS ★★★
VALLEY OF EAGLES 28 Sky Cinema ★★★
THE VIOLENT COP Takeshi Kitano 2 FilmFour ★★★★★
VOICE OF THE WHISTLER Richard Dix, Tom Kennedy 22 Sky Cinema ★★★
WAIT UNTIL DARK Audrey Hepburn, Alan Arkin 10 Sky Cinema ★★★
WHEN DANGER FOLLOWS YOU HOME JoBeth Williams 27 Sky MovieMax DS ★★★
WHIRLPOOL 7 FilmFour TEXT ★★★
WHISPERS IN THE DARK Annabella Sciorra, Jamey Sheridan, Anthony LaPaglia 21 Sky MovieMax DS ★★★
WILD THINGS Matt Dillon, Kevin Bacon, Denise Richards, Neve Campbell, Bill Murray 25 Sky MovieMax TEXT DS ★★★
A WINDOW IN LONDON 6 Carlton Cinema ★★★
YEAR OF THE DRAGON Mickey Rourke, John Lone, Ariane 26 Sky Cinema ★★★

SCIENCE FICTION/ FANTASY

ALIEN NATION: THE UDARA LEGACY 29 Sky MovieMax ★★
ALIEN PREDATOR 11 Sky MovieMax ★
ALIEN RESURRECTION Sigourney Weaver, Winona Ryder 16 Sky Premier TEXT ★★★
ARMAGEDDON Bruce Willis, Ben Affleck, Liv Tyler 19 Sky Premier TEXT ★★★
ARTHUR'S QUEST 3, 13, 30 Sky Premier PREMIERE DS ★★★
BARB WIRE Pamela Anderson Lee 6 FilmFour TEXT ★★★
BATMAN Michael Keaton, Jack Nicholson, Kim Basinger 17 Sky Premier ★★★★
BLADE SQUAD 9, 21 Sky MovieMax PREMIERE TEXT ★★
A BOY AND HIS DOG 21 Carlton Cinema ★★★
CYBORG Jean-Claude Van Damme, Deborah Richter 9 Sky MovieMax ★★
DARK CITY Rufus Sewell, William Hurt, Jennifer Connelly 14 Sky MovieMax TEXT ★★★★
DARK STAR 17 FilmFour TEXT ★★★★
DEATH RACE 2000 10 FilmFour TEXT ★★★
DEEP IMPACT Morgan Freeman, Robert Duvall, Téa Leoni 4, 31 Sky Premier TEXT DS ★★★
ESCAPE FROM NEW YORK Kurt Russell, Donald Pleasance, Isaac Hayes 20 FilmFour ★★★★
FANTASTIC VOYAGE 16 Carlton Cinema ★★★
GATTACA Ethan Hawke, Uma Thurman, Jude Law 4 Sky Premier TEXT ★★★
GODZILLA Matthew Broderick, Jean Reno, Maria Pitillo 15 Sky Premier TEXT ★★★
HALF HUMAN: THE STORY OF THE ABOMINABLE SNOWMAN 25 FilmFour ★★★
HARDWARE 3, 16 Sky Cinema ★★
ICE Grant Show, Eva La Rue 26 Sky MovieMax DS ★★
JUSTICE LEAGUE OF AMERICA Michelle Hurd 19 Sky MovieMax ★★
KULL THE CONQUEROR Kevin Sorbo, Tia Carrere 4 Sky MovieMax TEXT ★★
LEGEND Tom Cruise, Tim Curry, Mia Sara, Billy Barty 29 Sky Premier ★★★
LOST IN SPACE Matt Le Blanc, Gary Oldman, William Hurt 3 Sky Premier TEXT ★★★
THE MAN WHO CHANGED HIS MIND 10 Carlton Cinema ★★★
MIMIC Mira Sorvino 2 Sky Premier TEXT ★★★
MONSTER FROM GREEN HELL 6 FilmFour ★★★
THE NAVY VS THE NIGHT MONSTERS Mamie Van Doren, Anthony Eisley 12 FilmFour ★★★
NICK FURY: AGENT OF S.H.I.E.L.D. David Hasselhoff 11 Sky MovieMax TEXT ★
PREDATOR 2 Danny Glover 29 Sky MovieMax DS ★★
PROJECT MOONBASE 18 FilmFour ★★★
ROBOT MONSTER Gregory Moffett, George Barrows 11 FilmFour ★★★
SINBAD AND THE EYE OF THE TIGER Patrick Wayne, Jane Seymour 21 Sky Premier ★★★
SPACEMASTER X-7 4 FilmFour TEXT ★★★
SPECIES II Michael Madsen, Natasha Henstridge 1, 13 Sky MovieMax PREMIERE DS ★★
SPHERE Dustin Hoffman, Samuel L Jackson, Sharon Stone 9 Sky Premier TEXT ★★★
STAR KID Joseph Mazzello 4 Sky Premier TEXT DS ★★★
STARMAN 11 FilmFour TEXT ★★★
STARSHIP TROOPERS Casper Van Dien, Denise Richards, Dina Meyer 11, 29 Sky Premier TEXT DS ★★★★★
STRANGER FROM VENUS 6, 22 FilmFour ★★★
SUPERMAN Christopher Reeve 19, 25 Sky Premier ★★★★
THESE ARE THE DAMNED Macdonald Carey 11, 22 Sky Cinema ★★★
THEY LIVE 23 FilmFour ★★★★
THX 1138 Robert Duvall, Maggie McOrmie, Donald Pleasance 6 FilmFour TEXT ★★★
VOYAGE TO THE BOTTOM OF THE SEA 29 FilmFour TEXT ★★★
WTHE WAR OF THE WORLDS 10, 19 Sky Cinema ★★★
XTHE X-FILES David Duchovny, Gillian Anderson 5, 31 Sky Premier TEXT ★★★
ZZARDOZ Sean Connery, Charlotte Rampling 11 Sky Cinema ★★★

WESTERN

BARRICADE 10 Sky Cinema ★★★
THE BIG GUNDOWN 4 FilmFour ★★★★
THE BIG LAND 13 Sky Cinema ★★★
BILLY TWO HATS 16 Carlton Cinema ★★★
BUTCH CASSIDY AND THE SUNDANCE KID 12, 25 Sky Cinema TEXT ★★★
DJANGO 25 FilmFour ★★★★
GTHE GUNFIGHTER 4 Sky Cinema ★★★
HHIGH NOON 27 FilmFour ★★★★★
LTHE LAST HARD MEN 24 Carlton Cinema ★★★★
THE LEFT-HANDED GUN 31 Sky Cinema ★★★★
MTHE MAN BEHIND THE GUN 9 Sky Cinema ★★★
NNEVADA SMITH Steve McQueen, Karl Malden 24 Sky Cinema ★★★
OTHE OUTLAW 16 Sky Cinema ★★★
POCKET MONEY Paul Newman, Lee Marvin 1 Sky Cinema ★★★
THE PROUD ONES Robert Ryan, Virginia Mayo 18 Sky Cinema ★★★
RIDE IN THE WHIRLWIND 18 FilmFour ★★★★
SSHE WORE A YELLOW RIBBON John Wayne 8 Carlton Cinema ★★★
TTHE TIN STAR 19 Sky Cinema TEXT ★★★

SPORTS DIARY

KEY TO CHANNEL CODES
ESP: Eurosport
SK1: Sky Sports 1
SK2: Sky Sports 2
SK3: Sky Sports 3
SBO3: Sky Box Office
ITV2: ITV2
TNT: TNT

ATHLETICS

INDOOR MEETING
7 7.00PM ESP
Action from the 93rd annual Air Force Millrose Games in New York.
INDOOR MEETING
8 7.00PM ESP
Action from the USATF Indoor Track and Field Championships in Atlanta, Georgia.
WORLD CHAMPIONSHIPS
20 11.00AM ESP
Action from the World Indoor Championships in Vilamoura, Portugal.
IAAF GRAND PRIX
LIVE 24 7.30PM ESP
Action from the Engen Grand Prix Meeting in Pretoria, South Africa.

BADMINTON

ALL ENGLAND CHAMPIONSHIPS
LIVE 11 1.30PM SK3
Coverage from the International Indoor Arena in Birmingham.
ALL ENGLAND CHAMPIONSHIPS
LIVE 12 1.00PM SK3

BASKETBALL

INTERNATIONAL BASKETBALL: EUROPEAN CHAMPIONSHIPS – HUNGARY V ENGLAND
1 7.00PM ITV2
BASKETBALL
LIVE 4 6.00PM SK3
Kevin Cadle hosts the latest live basketball action as the domestic season gathers pace.
NBA: UTAH JAZZ V CHARLOTTE HORNETS
4 9.00PM TNT
NBA action with two teams pushing hard for play-off places.
NBA: INDIANA PACERS V LA LAKERS
5 9.00PM TNT
NBA 2000
Action from America's NBA, featuring the world's top players.
7 8.00PM ITV2
NBA 2000
9 7.00PM ITV2
BASKETBALL
LIVE 11 6.00PM SK3
BASKETBALL
12 3.00PM SK2
BASKETBALL
13 2.00PM SK3
NBA 2000
14 8.00PM ITV2
NBA 2000
16 7.00PM ITV2
UNIBALL TROPHY FINAL: LONDON TOWERS V MANCHESTER GIANTS
LIVE 18 6.00PM SK1
Kevin Cadle hosts the action from the 2000 Uniball Trophy Final in Britain's premier cup competition.
NBA 2000
21 8.00PM ITV2
NBA 2000
23 7.00PM ITV2
BASKETBALL
LIVE 25 6.00PM SK1
BASKETBALL
27 2.00PM SK3
NBA 2000
28 8.00PM ITV2
NBA 2000
30 7.00PM ITV2

BOWLING

WORLD CHAMPIONSHIPS
25 7.00PM ESP
Action from Abu Dhabi, United Arab Emirates.

BOWLS

INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
6 8.00PM SK3
Action from the singles section of the Test. Australia is fast emerging as a sporting superpower. Their bowls players are also among the world's best and their English counterparts will have their work cut out as they go for victory.
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
6 11.45PM SK1
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
7 11.30AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
7 4.30PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
13 8.00PM SK3
Action from the doubles at St Johns Park in New South Wales.
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
13 2.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
14 11.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
14 5.00PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
15 2.00PM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
20 8.00PM SK3
Triples stage action.
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
20 2.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
21 11.00AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – SECOND TEST
21 4.00PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – THIRD TEST
27 2.00AM SK2
Coverage of the singles in the third Test.
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – THIRD TEST
27 8.00PM SK3
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND – THIRD TEST
28 11.30AM SK2
INTERNATIONAL BOWLS: AUSTRALIA V ENGLAND THIRD TEST
28 5.00PM SK3

BOXING

RINGSIDE SPECIAL: MICHAEL GOMEZ V DEAN PITHIE
1 12.30PM SK1
The fight for the British Super Featherweight title from Liverpool. Presented by Paul Dempsey, with commentary from Adam Smith and Jim Watt.
BOXING MONTHLY
2 7.30PM ITV2
FIGHT NIGHT
LIVE 4 8.00PM SK1
Paul Dempsey introduces another evening of action between two of the world's premier punchers. Commentary and ringside analysis comes from Ian Darke and Glenn McCrory.
INTERNATIONAL CONTEST
4 9.00PM ESP
Action from a top class international bout.
FIGHT NIGHT
4 2.00AM SK1
INTERNATIONAL CONTEST
LIVE 7 8.00PM ESP
INTERNATIONAL CONTEST: PRINCE NASEEM HAMED V VUYANI BUNGU
LIVE 11 8.30PM SBO3
RINGSIDE SPECIAL
LIVE 13 8.00PM SK1
Championship boxing. Commentary from Adam Smith and Jim Watt.
RINGSIDE SPECIAL
13 11.45PM SK1
INTERNATIONAL CONTEST
14 9.30PM ESP
RINGSIDE SPECIAL
17 9.30PM SK1
RINGSIDE SPECIAL
18 9.00AM SK1
FIGHT NIGHT
LIVE 18 8.30PM SK1
Paul Dempsey presents another top class bout from two premier punchers.
FIGHT NIGHT
18 2.30AM SK1
RINGSIDE
LIVE 20 8.00PM SK1
More of the latest boxing action.
RINGSIDE
21 1.00PM SK1
INTERNATIONAL CONTEST
LIVE 21 8.00PM ESP
INTERNATIONAL CONTEST
24 10.15PM ESP
FIGHT NIGHT
LIVE 25 8.00PM SK1
Paul Dempsey hosts the latest Saturday fight night as two more top fighters step into the ring.
FIGHT NIGHT
25 12.30AM SK2
RINGSIDE SPECIAL: DEREK ROCHE V SCOTT DIXON
LIVE 27 8.00PM SK1
Paul Dempsey presents action from tonight's clash between Derek Roche and Scott Dixon, two promising pugilists.
RINGSIDE SPECIAL: US OLYMPIC BOXING TEAM TRIALS
30 3.30PM SK2
Coverage from the trials for the US boxing teams in the run-up to this year's Olympics.
RINGSIDE SPECIAL: US OLYMPIC BOXING TEAM TRIALS
30 8.00PM SK3
RINGSIDE SPECIAL: US OLYMPIC BOXING TEAM TRIALS
30 1.45AM SK1
RINGSIDE SPECIAL: US OLYMPIC TRIALS – BOX OFFS
31 3.30PM SK2

CRICKET

TEST CRICKET
LIVE 5 12NOON SK3
TEST CRICKET
LIVE 17 7.00PM SK3
TEST CRICKET
LIVE 19 2.00PM SK2
TEST CRICKET
LIVE 26 4.00PM SK2
TEST CRICKET: WEST INDIES V ZIMBABWE
LIVE 27 7.30PM SK3

CYCLING

PARIS-NICE
5 6.30PM ESP
The prologue stage.
PARIS-NICE
LIVE 6 2.00PM ESP
PARIS-NICE
LIVE 7 2.00PM ESP
PARIS-NICE
LIVE 8 2.00PM ESP
PARIS-NICE
LIVE 9 1.45PM ESP
PARIS-NICE
LIVE 10 2.00PM ESP
PARIS-NICE
LIVE 11 2.45PM ESP
PARIS-NICE
LIVE 12 2.15PM ESP
WORLD CUP: MILAN-SAN REMO
LIVE 18 3.00PM ESP
Action from the first World Cup event of the year. Andrei Tchmil won both this event and the last World Cup in 1999.
CRITERIUM INTERNATIONAL
LIVE 25 3.00PM ESP
Coverage from the second stage.
CRITERIUM INTERNATIONAL
LIVE 26 3.00PM ESP
Time-trial action.

DARTS

AMERICAN DARTS
8 10.00PM ESP
Coverage of the fourth round of the European Grand Prix from Goslar in Germany.

EQUESTRIANISM

FEI WORLD CUP SERIES
LIVE 3 7.30PM ESP
Action from one of the final qualifying rounds for the World Cup finals.
FEI WORLD CUP SERIES
LIVE 4 8.00PM ESP
FEI WORLD CUP SERIES
LIVE 5 2.00PM ESP
FEI WORLD CUP SERIES
26 4.30PM ESP
Coverage from Hertogenbosch in the Netherlands.

GOLF

LPGA GOLF: AUSTRALIAN LADIES' MASTERS
1 2.00PM SK2
Coverage from the Royal Pines Resort course in Queensland.

MY MOST MEMORABLE MOMENT

Eurosport's motorcycling commentator Toby Moody tells ***Ross Biddiscombe*** *of the high drama at the Dutch and San Marino Grand Prix in 1997*

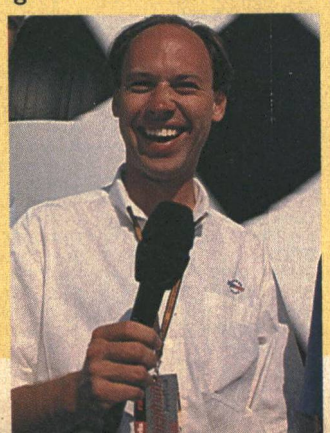


PHOTO: EUROSPORT

'The 125cc race that day was just unbelievable. There were about 10 riders who were in a group at the front, chopping and changing all the time. The Italian Valentino Rossi went from the front to the back of the pack and then started hitting his brake lever out of frustration. That has about the same effect as kicking your tyres if your engine has stopped!
'Soon he stormed back into the lead, and I remember yelling: "He's got rocket power!" I was getting pretty excited and on the last lap they were all taking race lines which were just incredible. Finally, the top eight riders crossed the line with only 1.6 seconds separating them. I just went mad in the commentary box. It was the kind of race where even people who don't like motorcycle racing could watch and enjoy because it was so dramatic.
'But the best thing happened a week later at Imola. Valentino got a group of people – mainly Italians – together in the team garage and we watched the last few laps with my commentary blaring out rather the Italian version. I was standing on a chair at the back and, at the finish, everyone turned around and applauded me. The Italians probably didn't understand everything I was saying, but they liked all the passion in my words. It was a very special moment to be recognised by people in the sport.'

LPGA GOLF: AUSTRALIAN LADIES' MASTERS
1 8.00PM SK3
EURO TOUR GOLF: DUBAI DESERT CLASSIC
LIVE 2 10.00AM SK1
The Dubai Creek Golf & Yacht Club hosts the opening day's play. This huge event attracts the very best players from major tours all around the world.
EURO TOUR GOLF: DUBAI DESERT CLASSIC
2 6.00PM SK2
FORD GOLF USA: DORAL-RYDER OPEN
LIVE 2 9.00PM SK2
Action from day one from the Doral Resort and Country Club in Miami, where Steve Elkington successfully took the title last year.
FORD GOLF USA: DORAL-RYDER OPEN
2 1.30AM SK2
EURO TOUR GOLF: DUBAI DESERT CLASSIC
LIVE 3 10.00AM SK1
FORD GOLF USA: DORAL-RYDER OPEN
3 1.00PM SK2
FORD GOLF USA: DORAL-RYDER OPEN
3 10.00PM SK2
FORD GOLF USA: DORAL-RYDER OPEN
4 8.00AM SK3
EURO TOUR GOLF: DUBAI DESERT CLASSIC
LIVE 4 10.00AM SK3
FORD GOLF USA: DORAL-RYDER OPEN
LIVE 4 8.00PM SK2
FORD GOLF USA: DORAL-RYDER OPEN
LIVE 5 8.00PM SK2
JEBEL ALI CHALLENGE 2000
7 6.30PM SK3
Some of the world's biggest names in golf line up on the magnificent fairways at the Jebel Ali Hotel and Golf Resort for the annual Jebel Ali Challenge.
JEBEL ALI CHALLENGE
7 11.00PM SK2
US PGA TOUR: DORAL-RYDER OPEN
7 11.30PM ESP
Further highlights from the greens in Miami.
JEBEL ALI CHALLENGE
8 2.30PM SK2
EURO TOUR GOLF: QATAR MASTERS
LIVE 9 10.30AM SK1
Coverage from the Doha Golf Course. Paul Lawrie won the title last year.
FORD GOLF USA: HONDA CLASSIC
LIVE 9 9.00PM SK2
Top quality ction from The Players' Club in Florida. Last year Vijay Singh played magnificently as he overcame a five-shot deficit to win.
EURO TOUR GOLF: QATAR MASTERS
LIVE 10 10.30AM SK1
EURO TOUR GOLF: QATAR MASTERS
10 7.30PM SK1
FORD GOLF USA: HONDA CLASSIC
10 10.00PM SK2
EURO TOUR GOLF: QATAR MASTERS
LIVE 11 10.30AM SK3
FORD GOLF USA: HONDA CLASSIC
LIVE 11 8.00PM SK2
FORD GOLF USA: HONDA CLASSIC
LIVE 12 8.00PM SK2
FORD GOLF USA: BAY HILL INVITATIONAL
LIVE 16 9.00PM SK2
Action from the Bay Hill Invitational where Tim Herron defends his title at the Bay Hill Club and Lodge in Orlando.
FORD GOLF USA: BAY HILL INVITATIONAL
16 2.30AM SK2
FORD GOLF USA: BAY HILL INVITATIONAL
17 10.00PM SK2
FORD GOLF USA: BAY HILL INVITATIONAL
18 12NOON SK3
FORD GOLF USA: BAY HILL INVITATIONAL
LIVE 18 8.00PM SK2
FORD GOLF USA: BAY HILL INVITATIONAL
LIVE 19 8.00PM SK2
MADEIRA ISLAND OPEN
21 6.00PM SK3
Highlights from the Madeira Island Open, won last year by Spaniard Pedro Linhart.
LPGA: STANDARD REGISTER PING
21 9.00PM SK2
Ladies' golf action from the Standard Register tournament.
US PGA TOUR: BAY HILL INVITATONAL
21 11.00PM ESP
Highlights.
MADEIRA ISLAND OPEN
21 11.00PM SK2
MADEIRA ISLAND OPEN
21 2.15AM SK1
LPGA: STANDARD REGISTER PING
21 3.30AM SK2
MADEIRA ISLAND OPEN
22 11.00AM SK1
LPGA: STANDARD REGISTER PING
22 1.00PM SK2
GOLF: MADEIRA ISLAND OPEN
22 3.00PM SK2
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
LIVE 23 4.30PM SK2
This year's Players' Championship begins at the Tournament Players Club at Sawgrass in Ponte Vedra Beach, Florida. David Duval bids to retain his title against stiff competition from the likes of the currently in form Tiger Woods.
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
24 10.00AM SK2
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
24 4.30PM SK2
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
25 10.00AM SK3
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
LIVE 25 6.30PM SK2
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
26 12NOON SK2
FORD GOLF USA: PLAYERS' CHAMPIONSHIP
LIVE 26 8.30PM SK2
LPGA: NABISCO CHAMPIONSHIP
28 7.00PM SK2
Coverage of one of the most prestigious events on the LPGA Tour. Dottie Pepper is the defending champion at the plush Mission Hills Country Club in California.
EURO TOUR GOLF: BRAZIL RIO DE JANEIRO 500 YEARS OPEN
28 9.00PM SK2
LPGA: NABISCO CHAMPIONSHIP
28 12MIDN'T SK2
EURO TOUR GOLF: BRAZIL RIO DE JANEIRO 500 YEARS OPEN
28 2.00AM SK2
LPGA: NABISCO CHAMPIONSHIP
29 11.00AM SK2
EURO TOUR GOLF: BRAZIL RIO DE JANEIRO 500 YEARS OPEN
29 1.00PM SK2
FORD GOLF USA: BELLSOUTH CLASSIC
LIVE 30 10.00PM SK2
David Duval attempts to do what no player has ever done before – successfully defend his BellSouth Classic title at the Players Club in Sugarloaf Duluth, Georgia.
FORD GOLF USA: BELLSOUTH CLASSIC
30 2.30AM SK2
FORD GOLF USA: BELLSOUTH CLASSIC
LIVE 31 10.00PM SK2

GREYHOUND RACING

ARC FINAL
LIVE 14 7.30PM SK1
Coverage of the first four bend category one event of the year, the UK Packaging Arc from Walthamstow. The dogs competing here are class canines and many could contest the greyhound Derby later in the year.
GRAND NATIONAL
LIVE 28 7.30PM SK1
Jeff Stelling hosts the premier event for hurdlers, run over 460m at Wimbledon. Last year's contest resulted in a dead heat between Hello Buttons and Pottos Storm, the second photo-finish in the National final in the 1990s.

ICE HOCKEY

GAME OF THE WEEK
1 1.30AM SK2
Coverage of the latest Sekonda Superleague encounter. London Knights had stormed to the top of the table as the season entered the new millennium, keeping them the bookies' favourites to ultimately take the title.
GAME OF THE WEEK
2 10.00AM SK2
GAME OF THE WEEK
2 2.30PM SK1
GAME OF THE WEEK
7 7.00PM SK2
GAME OF THE WEEK
7 3.00AM SK2
GAME OF THE WEEK
8 12NOON SK2
GAME OF THE WEEK
8 4.30PM SK3
GAME OF THE WEEK
14 7.00PM SK2
GAME OF THE WEEK
14 12MIDN'T SK2
GAME OF THE WEEK
15 12NOON SK2
GAME OF THE WEEK
15 4.30PM SK3
GAME OF THE WEEK
21 7.00PM SK2
GAME OF THE WEEK
21 1.30AM SK2
GAME OF THE WEEK
22 4.30PM SK3

MOTOR CYCLING

THQ BRITISH MOTOCROSS
9 8.30PM SK2
The eight-round THQ British Motocross Championship commences at the Canada Heights venue. Britain's Jamie Dobb has swapped over to the Austrian KTM factory to defend his 125CC crown.
THQ BRITISH MOTOCROSS
9 11.30PM SK2
THQ BRITISH MOTOCROSS
10 1.00PM SK2
THQ BRITISH MOTOCROSS
16 8.00PM SK2
THQ BRITISH MOTOCROSS
16 11.00PM SK2
THQ BRITISH MOTOCROSS
17 1.30PM SK2
SOUTH AFRICAN GRAND PRIX
17 10.30PM ESP
Highlights of today's qualifying sessions in Welkom, South Africa.
SOUTH AFRICAN GP
18 11.00PM ESP
SOUTH AFRICAN GP
LIVE 19 10.00AM ESP
Coverage of the opening event in the FIM World Championship from Welkom. Alex Criville dominated the 500CC category last season, but he's set to face tough competition from the likes of Kenny Roberts Jr, Tadayuki Okada, and ex-250CC champion Max Biaggi.
MOTOCROSS
22 12NOON ESP
World Championship action from Talavera de la Reina, Spain.
MOTOCROSS
LIVE 25 2.00PM ESP
Coverage from Agueda in Portugal.
MOTOCROSS
LIVE 26 12NOON ESP
World Championship second round coverage from Agueda, Portugal.
MOTOCROSS
LIVE 26 2.00PM ESP
MOTOCROSS
29 11.30AM ESP
BRITISH SUPERBIKES: BRANDS HATCH
29 10.30PM SK2
Action from Brands Hatch and the first race of the season. With current champion Troy Bayliss not competing, the likes of Niall Mackenzie, John Reynolds and Steve Hislop will battle it out for the honours.
BRITISH SUPERBIKES: BRANDS HATCH
29 3.30AM SK2
BRITISH SUPERBIKES: BRANDS HATCH
30 10.00AM SK1
BRITISH SUPERBIKES: BRANDS HATCH
30 3.00PM SK1
MALAYSIAN GP
LIVE 31 6.00AM ESP
World Championship action and the 125CC qualifying from Sepang.
MALAYSIAN GP
LIVE 31 7.00AM ESP
Coverage of the 500CC qualifying session.
MALAYSIAN GP
LIVE 31 8.15AM ESP
Coverage continues with the 250CC practice.
BRITISH SUPERBIKES: BRANDS HATCH
31 12NOON SK2
MALAYSIAN GP
31 10.45PM ESP

MOTOR RACING

AUSTRALIAN RALLY CHAMPIONSHIPS
2 5.00PM SK3
Action from the Australian Rally Championship where the Australians pit their driving skills against the world's best.
AUSTRALIAN RALLY CHAMPIONSHIPS
2 8.30PM SK3
Further coverage.
AUSTRALIAN RALLY CHAMPIONSHIPS
2 12MIDN'T SK2
RALLY
6 9.00PM ESP
Action from the third round of the FIA World Rally Championship in Kenya. Tommi Makinen is aiming for a fifth title and remains the man to beat this season.
AUSTRALIAN RALLY CHAMPIONSHIPS
9 5.00PM SK2
AUSTRALIAN RALLY CHAMPIONSHIPS
9 8.00PM SK2
AUSTRALIAN RALLY CHAMPIONSHIPS
10 3.00PM SK1
NASCAR
12 9.00PM ESP
Winston Cup Series coverage featuring the Cracker Barrel Old Country Store 500 from Atlanta, Georgia.
FORMULA 1: AUSTRALIAN GP
13 7.00PM ITV2
Action from Melbourne and the opening race of the season. Mikka Hakkinen won his second world title in a row last season and is looking for more honours.
SPORTS CAR RACING
14 7.00PM ESP
Coverage of the first round of the FIA SportsRacing World Cup at the Daytona 24 Hours.
AUSTRALIAN RALLY CHAMPIONSHIPS
16 6.30PM SK3
AUSTRALIAN RALLY CHAMPIONSHIPS
16 8.30PM SK2
AUSTRALIAN RALLY CHAMPIONSHIPS
17 1.00PM SK2
RALLY
17 10.15PM ESP
FIA World Rally Championship coverage from Portugal.
NASCAR BUSCH: DARLINGTON
LIVE 18 6.00PM SK2
Action from the NASCAR Busch series. South Carolina's Darlington Raceway hosts the latest leg in the championship.
NASCAR BUSCH: DARLINGTON
LIVE 18 1.00AM SK2
NASCAR BUSCH: DARLINGTON
19 12NOON SK2
INDY RACING LEAGUE: PHOENIX 200
LIVE 19 9.00PM SK3
The second Indy Racing League contest of the new season gets underway in what is expected to be a tough meeting at the Phoenix International Raceway.
RALLY
19 10.15PM ESP
Coverage of the third leg from Portugal.
INDY RACING LEAGUE: PHOENIX 200
19 1.00AM SK2
INDY RACING LEAGUE: PHOENIX 200
20 1.00PM SK2
RALLY
20 9.00PM ESP
CAR RACING
21 7.00PM ESP
Coverage of the first round of the American Le Mans Series in Sebring.
AUSTRALIAN RALLY CHAMPIONSHIPS
23 3.30PM SK3
AUSTRALIAN RALLY CHAMPIONSHIPS
23 8.00PM SK3
AUSTRALIAN RALLY CHAMPIONSHIPS
23 1.00AM SK2
AUSTRALIAN RALLY CHAMPIONSHIPS
24 2.00PM SK2
GRAND TOURING
LIVE 25 1.00PM ESP
Initial FIA GT Championship action from Valencia, Spain.
GRAND TOURING
25 4.30PM ESP
GRAND TOURING
LIVE 26 11.00AM ESP
More coverage of the first round of the GT Championship in Valencia.
GRAND TOURING
LIVE 26 1.00PM ESP
NASCAR
26 10.15PM ESP
The Winston Cup Series continues in Bristol, Tennessee with the Food City 500.
FORMULA 1: BRAZILIAN GP
27 7.00PM ITV2
AUSTRALIAN RALLY CHAMPIONSHIPS
30 6.00PM SK3
AUSTRALIAN RALLY CHAMPIONSHIPS
30 9.30PM SK3
CART
30 11.30PM ESP
AUSTRALIAN RALLY CHAMPIONSHIPS
30 2.00AM SK2
AUSTRALIAN RALLY CHAMPIONSHIPS
31 3.30PM SK3
RALLY
31 10.30PM ESP
Coverage of the fifth round of the FIA World Rally Championship from Cataluna, Spain.

POOL

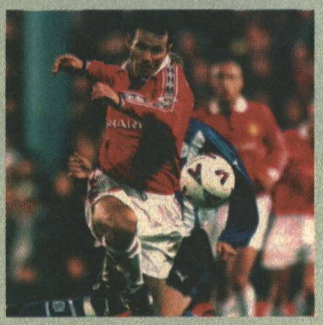
WORLD POOL LEAGUE
4 1.00PM SK3
The World Pool League consists of six players playing each other once over 12 racks in Warsaw, Poland. Star names include ex-snooker world champion Steve Davis.
WORLD POOL LEAGUE
6 5.00PM SK2
WORLD POOL LEAGUE
6 10.00PM SK2
WORLD POOL LEAGUE
7 10.00AM SK2
WORLD POOL LEAGUE
7 4.00PM SK1
WORLD POOL LEAGUE
13 5.00PM SK2
WORLD POOL LEAGUE
13 10.00PM SK2
WORLD POOL LEAGUE
14 10.00AM SK2
WORLD POOL LEAGUE
14 1.30PM SK2
WORLD POOL LEAGUE
14 4.00PM SK3
WORLD POOL LEAGUE
18 11.00AM SK1
WORLD POOL LEAGUE
20 5.00PM SK2
WORLD POOL LEAGUE
20 10.00PM SK2
WORLD POOL LEAGUE
21 10.00AM SK2
WORLD POOL LEAGUE
21 1.30PM SK2
WORLD POOL LEAGUE
25 11.00AM SK1
WORLD POOL LEAGUE
27 5.00PM SK2
WORLD POOL LEAGUE
27 10.00PM SK2
WORLD POOL LEAGUE
28 4.00PM SK3

PHOTOS: BSKYB

MANCHESTER UNITED V LIVERPOOL
SKY SPORTS 1 SATURDAY 4TH 11.00AM – LIVE

Thin red line

Nick Callow previews an epic struggle



THE TEAM of the Nineties entertain the club they succeeded to England's football throne for a match which is set to have a major bearing on the first Premier League's title race of the new century.

Whether you are an experienced player in these confrontations or, like United assistant manager Steve McClaren, a relatively new boy, there is no escaping the magnitude of the fixture.

'I am relishing it,' McClaren said. 'It's a massive game for both clubs. Liverpool will be full of confidence and as we've been going well also, it should be a cracking game.'

McClaren has now established himself as one of the game's leading coaches having left Derby County last season to succeed Brian Kidd at United.

The early morning kick-off could favour the team which starts quickest this time around, but McClaren is not concerned and said: 'We're expecting a very tough game, but the players [like Ryan Giggs, pictured] are used to starting at various stages and times of the week nowadays, so the kick-off time shouldn't affect either team too much.'

McClaren's main fear is the renewed strength of Liverpool under Gérard Houllier this season. He added: 'Mr Houllier made quite a few changes from last season to make Liverpool contenders. The rebuilding process is always a slow one, but just recently they've hit quite a rich vein of form and when Liverpool find that, they are very dangerous opponents.'

Now we will find out whether they have improved enough to threaten United's quest to retain their Premier League title. Either way, the interest in this game will spread far beyond Manchester and Merseyside.

MANCHESTER CITY V CHARLTON ATHLETIC
SKY SPORTS 3 SUNDAY 19TH 12NOON – LIVE

Battle Royle

Graham Oliver speaks to Charlton's John Robinson

CHARLTON will be in determined mood for their clash against promotion rivals Manchester City and will look to redress the balance after City secured a flattering 1-0 victory at the Valley in November. Charlton's last Sky fixture was a 2-1 win at Huddersfield in December – a game that was driven by the spirited performance of veteran Addick John Robinson (pictured) who set up Andy Hunt's opener before getting on the score sheet himself with a 35-yard smash that's a sure contender for goal of the season. It's certainly one that Robinson will cherish: 'Nine times out of ten they end up in row Z!' he laughed. 'But that was a bit special. It just happens with games like that, where everything seems to go right.'

Those sorts of games didn't come along often enough for Charlton during their one-season sojourn in the Premier League. 'In the Premiership I might have had a touch then passed it to someone. Because you're more in the limelight there, you're more afraid to make a mistake. It's stupid really, because at the end of the day if you don't shoot, you don't score.'

But what of Joe Royle's men? City's win at the Valley belied Charlton's dominance. 'I think they know they were outplayed,' Robinson says. 'But this isn't a grudge match, we just look at it as another three points.

'We go to Walsall this month and they're going to fight for their lives. There's no point going to City and winning if you go to Walsall and lose – it's still three points.

'But we go out and attack teams and on our day we should beat any team – we're not scared of anyone.'

FOOTBALL

UEFA CUP FOOTBALL: ARSENAL V DEPORTIVO LA CORUÑA
LIVE 2 7.00PM SK1
Action from the first-leg of the Gunners' fourth round tie at Highbury.
UEFA CUP
LIVE 2 7.45PM ESP
UEFA CUP
2 9.45PM ESP
UEFA CUP FOOTBALL: ARSENAL V DEPORTIVO LA CORUÑA
2 12.15AM SK1
FIRST DIVISION FOOTBALL: STOCKPORT V BARNSLEY
LIVE 3 7.00PM SK2
Action from Edgeley Park where both teams have hopes of at least a play-off place.
UEFA CHAMPIONS' LEAGUE: MATCH OF THE WEEK
3 7.00PM ITV2
UEFA CUP
3 9.00PM ESP
FIRST DIVISION FOOTBALL: STOCKPORT V BARNSLEY
3 1.00AM SK2
FORD FOOTBALL SPECIAL: MANCHESTER UNITED V LIVERPOOL
LIVE 4 11.00AM SK1
Action from Old Trafford as two of the fiercest rivals in the Premier League clash.
FORD FOOTBALL SPECIAL: MANCHESTER UNITED V LIVERPOOL
4 6.00PM SK1
SPANISH FOOTBALL
LIVE 4 8.00PM SK3
FIRST DIVISION FOOTBALL: SHEFFIELD UNITED V QPR
LIVE 5 12NOON SK2
FORD SUPER SUNDAY: LEICESTER CITY V SUNDERLAND
LIVE 5 3.00PM SK1
Premier League action as the Foxes face the high-flying Wearsiders.
FORD SCOTTISH FOOTBALL: HIBERNIAN V CELTIC
LIVE 5 6.00PM SK3
Coverage from Easter Road of the Scottish Premier League clash.
ITALIAN FOOTBALL
LIVE 5 7.25PM ITV2
SPANISH FOOTBALL
7 2.00PM SK1
FOOTBALL SPECIAL: ENGLAND V NORWAY
Women's UEFA championship qualifier.
LIVE 7 7.30PM SK3
FOOTBALL SPECIAL
7 12MIDN'T SK2
FOOTBALL SPECIAL
8 12.30PM SK1
SPANISH FOOTBALL
9 8.30PM SK1
UEFA CUP
9 9.30PM ESP
UEFA CUP
10 7.00PM ESP
UEFA CHAMPIONS' LEAGUE: MATCH OF THE WEEK
10 7.00PM ITV2
FOOTBALL LEAGUE: SWANSEA V NORTHAMPTON
LIVE 10 7.00PM SK2
Action from the Nationwide League Third Division clash.
FOOTBALL LEAGUE: SWANSEA V NORTHAMPTON
10 1.00AM SK2
SPANISH FOOTBALL
LIVE 11 8.00PM SK1
The latest action from La Liga, featuring some of the world's finest players in action.
SPANISH FOOTBALL
LIVE 11 12MIDN'T SK1
FIRST DIVISION FOOTBALL: BLACKBURN ROVERS V CREWE
LIVE 12 12NOON SK2
Coverage from the Nationwide League match at Ewood Park.
FORD SUPER SUNDAY: BRADFORD V LEEDS
LIVE 12 3.00PM SK1
Premier League action as two rival teams from Yorkshire, one chasing the title, the other fighting relegation, meet in a crucial clash.
FORD SCOTTISH FOOTBALL: SCOTTISH CUP FIFTH ROUND
LIVE 12 5.30PM SK3
Action from the latest round of Scottish Cup matches. Can Rangers hang on to the trophy?
ITALIAN FOOTBALL
LIVE 12 7.25PM ITV2
UEFA CUP: QUARTER-FINALS
16 10.00PM ESP
Action from the first leg of the quarter-finals.
THIRD DIVISION FOOTBALL: ROTHERHAM V MANSFIELD
LIVE 17 7.00PM SK2
UEFA CUP: QUARTER-FINALS
17 7.00PM ESP
UEFA CHAMPIONS' LEAGUE: MATCH OF THE WEEK
17 7.00PM ITV2
Coverage of one of the latest matches in the Champions' League.
FIRST DIVISION FOOTBALL
17 12.30AM SK2
SPANISH FOOTBALL
LIVE 18 7.30PM SK3
SPANISH FOOTBALL
18 12.30AM SK1
FIRST DIVISION FOOTBALL: MANCHESTER CITY V CHARLTON ATHLETIC
LIVE 19 12NOON SK3
Action from Maine Road as two of the teams chasing automatic promotion meet in what could be a title decider.
FORD SUPER SUNDAY: EVERTON V NEWCASTLE
LIVE 19 3.00PM SK1
ITALIAN FOOTBALL
LIVE 19 7.25PM ITV2
Serie A action.
UEFA CHAMPIONS' LEAGUE WEEKLY
21 7.00PM ITV2
UEFA CUP: QUARTER-FINALS
LIVE 23 7.00PM ESP
UEFA CUP: QUARTER-FINALS
23 9.00PM ESP
UEFA CUP: QUARTER-FINALS
24 6.00PM ESP
Coverage of the second leg of the trophy which Lazio lifted last season.
UEFA CHAMPIONS' LEAGUE: MATCH OF THE WEEK
24 7.00PM ITV2
More action from the Champions' League, where both Manchester United and Chelsea remain in contention.
SCHOOLBOY INTERNATIONAL FOOTBALL: ENGLAND U15 V HOLLAND U15
LIVE 24 8.00PM SK1
FOOTBALL SPECIAL: WOMEN'S FA CUP SEMI-FINAL
LIVE 25 5.30PM SK3
Action from the Women's FA Cup, won by the Arsenal women's team for the previous two seasons.
SPANISH FOOTBALL
LIVE 25 7.30PM SK3
FOOTBALL SPECIAL: WOMEN'S FA CUP SEMI FINAL
25 3.30AM (BST) SK2
FORD SCOTTISH FOOTBALL: RANGERS V CELTIC
LIVE 26 12NOON SK1
Coverage from Ibrox of the latest Old Firm clash. These encounters are always tense and this one could well help to decide the ultimate destination of the title which Rangers comprehensively took back last season.
FORD SUPER SUNDAY: WEST HAM V WIMBLEDON
LIVE 26 3.30PM SK1
SPANISH FOOTBALL
LIVE 26 6.30PM SK1
ITALIAN FOOTBALL
LIVE 26 7.25PM ITV2
FIRST DIVISION FOOTBALL: BARNSLEY V GRIMSBY
LIVE 27 7.30PM SK2
FORD INTERNATIONAL FOOTBALL: ENGLAND U21 V YUGOSLAVIA U21
LIVE 29 5.30PM SK2
INTERNATIONAL FOOTBALL: SCOTLAND V FRANCE
LIVE 29 7.00PM SK1
Action from Hampden Park as Craig Brown's Scotland side prepare for their World Cup qualifying campaign with a match against the World Champions.
INTERNATIONAL FOOTBALL: SCOTLAND V FRANCE
Another chance to see Scotland's bid to beat the French.
29 12.00AM SK1
INTERNATIONAL FOOTBALL: SCOTLAND V FRANCE
30 1.00PM SK1
FIRST DIVISION FOOTBALL: CHARLTON ATHLETIC V QPR
LIVE 31 7.00PM SK2
FIRST DIVISION FOOTBALL
31 12.30AM SK2

RUGBY LEAGUE

SUPER LEAGUE: ST HELENS V BRADFORD
LIVE 3 7.00PM SK1
Action from Knowsley Road as the Super League gets under way. Champions St Helens had a painful warm-up to the season with a match in the World Club Challenge where they were blown away by tough opponents Melbourne Storm. But the Merseysiders will be ready for the challenge posed by the powerful Bulls side.
SUPER LEAGUE: ST HELENS V BRADFORD
3 1.00AM SK1
AUSTRALIAN RUGBY LEAGUE: BRISBANE V NEWCASTLE NIGHTS
4 9.00AM SK1
SUPER LEAGUE: CASTLEFORD V WIGAN
LIVE 5 6.30PM SK1
More JJB Super League action as Castleford Tigers plan a roaring reception for Wigan Warriors at Wheldon Road. The Tigers finished in fifth position at the end of last season, nearly making it to the play-off final by beating today's opponents 14-10 along the way. The once-dominant Wigan finished one place above the Tigers and are looking to bounce back from a disappointing season.
SUPER LEAGUE: CASTLEFORD V WIGAN
5 11.00PM SK2
SUPER LEAGUE: CASTLEFORD V WIGAN
6 2.30PM SK3
AUSTRALIAN RUGBY LEAGUE: BRISBANE V NEWCASTLE NIGHTS
6 4.30PM SK3
AUSTRALIAN RUGBY LEAGUE
11 9.30AM SK1
RUGBY LEAGUE: CHALLENGE CUP QUARTER-FINAL
11 10.00PM SK3
Challenge Cup quarter-final highlights featuring the last eight teams, all battling it out for a coveted place in the next round. This year, the finalists will be heading for Murrayfield.
AUSTRALIAN RUGBY LEAGUE
11 4.00AM SK1
RUGBY LEAGUE: CHALLENGE CUP QUARTER-FINAL
12 9.00PM SK3
RUGBY LEAGUE: CHALLENGE CUP QUARTER-FINAL
13 12.30PM SK3
AUSTRALIAN RUGBY LEAGUE
13 2.00PM SK2
SUPER LEAGUE: HULL V ST HELENS
LIVE 17 7.00PM SK1
A classic War of the Roses encounter is in the offing at The Boulevard as Hull Sharks plan to give St Helens a mauling. Eddie Hemmings and Mike Stephenson provide the commentary.
SUPER LEAGUE: HULL V ST HELENS
17 1.30AM SK1
SUPER LEAGUE: HULL V ST HELENS
18 8.30AM SK3
AUSTRALIAN RUGBY LEAGUE
18 10.00AM SK3
AUSTRALIAN RUGBY LEAGUE
18 10.00PM SK3
SUPER LEAGUE: WIGAN V LEEDS
LIVE 19 6.30PM SK1
Wigan Warriors and Leeds Rhinos, two massive teams hoping for a glittering new millennium, lock horns at the state-of-the-art JJB Sports Stadium.
SUPER LEAGUE: WIGAN V LEEDS
19 11.00PM SK2
SUPER LEAGUE: WIGAN V LEEDS
20 12.30PM SK3
AUSTRALIAN RUGBY LEAGUE
20 3.00PM SK2
AUSTRALIAN RUGBY LEAGUE
25 9.00AM SK1
CHALLENGE CUP SEMI-FINAL
25 10.00PM SK3
Eddie Hemmings and Mike Stephenson host highlights of the action from one of the Challenge Cup semi-finals. The competition was won last season by Leeds Rhinos who beat London Broncos in a hotly-contested game.
CHALLENGE CUP SEMI-FINAL
26 7.30AM SK2
CHALLENGE CUP SEMI-FINAL
26 12NOON SK3
CHALLENGE CUP SEMI-FINAL
26 8.00PM SK3
CHALLENGE CUP SEMI-FINAL
27 12.30PM SK3
AUSTRALIAN RUGBY LEAGUE
27 2.00PM SK2
SUPER LEAGUE: HALIFAX V LEEDS
LIVE 31 7.00PM SK1
Action from the JJB Super League as Halifax Blue Sox take on Leeds Rhinos at the Shay Ground. Eddie Hemmings and Mike Stephenson are pitchside.
SUPER LEAGUE: HALIFAX V LEEDS
31 1.30AM SK1

RUGBY UNION

WORLD WIDE RUGBY: SUPER 12
4 11.30AM SK2
Action from the new Super 12 season, featuring teams such as defending champions Canterbury Crusaders.
FORD INTERNATIONAL RUGBY UNION: SIX NATIONS – ENGLAND V WALES
LIVE 4 1.30PM SK2
The Six Nations continues as England take on the Welsh at Twickenham. Wales shocked England with a surprise victory last year and Clive Woodward's side are now looking for revenge. Wales have won the championship a record 33 times (11 shared) but lacklustre form has ensured they have not lifted the trophy since 1994.
RUGBY UNION UPDATE: SIX NATIONS – ENGLAND V WALES
4 10.00PM SK3
WORLD WIDE RUGBY: SUPER 12
4 11.30PM SK2
WORLD WIDE RUGBY: SUPER 12
5 4.00PM SK3
WORLD WIDE RUGBY: SUPER 12
6 12.30PM SK3
WORLD WIDE RUGBY: SUPER 12
11 12NOON SK2
FORD RUGBY UNION: WOMEN'S CUP FINAL & ALLIED DUNBAR MATCH
LIVE 11 1.30PM SK2.
RUGBY UNION UPDATE
11 6.30PM SK1
Another match from the Allied Dunbar Premiership.
WORLD WIDE RUGBY: SUPER 12
11 1.00AM SK2
WORLD WIDE RUGBY
12 10.00AM SK3
RUGBY UNION UPDATE: ALLIED DUNBAR MATCH
12 11.30AM SK3
WORLD WIDE RUGBY: SUPER 12
18 2.00PM SK2
WORLD WIDE RUGBY: SUPER 12
18 5.30PM SK3
WORLD WIDE RUGBY: SUPER 12S
19 11.30AM SK1
FORD RUGBY UNION
LIVE 25 12NOON SK2
Mark Durden-Smith introduces the action from a crucial clash between two teams in the Allied Dunbar Premiership as the season begins to hot up and sides vie for the available honours.
WORLD WIDE RUGBY: SUPER 12
25 4.30PM SK2
RUGBY UNION UPDATE
25 11.00PM SK2

SKIING

NORDIC COMBINED SKIING
LIVE 3 11.30AM ESP
World Cup coverage from Lahti, Finland, featuring the ski-jumping team event.
CROSS-COUNTRY SKIING
LIVE 3 1.30PM ESP
More World Cup action from Lahti, with the men's and women's sprint events.
NORDIC COMBINED SKIING
LIVE 3 3.15PM ESP
World Cup team cross-country skiing is featured.
SKI JUMPING
LIVE 3 5.00PM ESP
The K90 from Lahti.
ALPINE SKIING
LIVE 4 8.30AM ESP
Women's World Cup downhill coverage from Lenzerheide, Switzerland.
ALPINE SKIING
LIVE 4 10.30AM ESP
Super-G and downhill racing from the men's World Cup events in Kvitfjell, Norway.
NORDIC COMBINED SKIING
LIVE 4 12.30PM ESP
World Cup ski jumping from Lahti.
CROSS-COUNTRY SKIING
LIVE 4 2.00PM ESP
Action from the women's 4X5 km relay.
NORDIC COMBINED SKIING
LIVE 4 3.45PM ESP
More World Cup action.
SKI JUMPING
LIVE 4 5.00PM ESP
Coverage of the World Cup K120 team event.
CROSS-COUNTRY SKIING
LIVE 5 7.30AM ESP
Coverage of the women's mass start 15km free event in Lahti.
ALPINE SKIING
LIVE 5 8.20AM ESP
Super-G action.
ALPINE SKIING
LIVE 5 9.45AM ESP
Men's World Cup action from Kvitfjell, Norway.
SKI JUMPING
LIVE 5 12NOON ESP
Coverage of the K120 event in Lahti.
CROSS-COUNTRY SKIING
LIVE 8 4.30PM ESP
Action from Oslo.
ALPINE SKIING
LIVE 9 5.00PM ESP
Coverage of the World Cup men's night slalom event in Schladming, Austria.
ALPINE SKIING
9 7.00PM ESP
More from Schladming.
ALPINE SKIING
LIVE 9 7.45PM ESP
Action from the night slalom's second leg.
SKI JUMPING
LIVE 10 5.00PM ESP
The World Cup continues in Trondheim, Norway with the K120 event.
CROSS-COUNTRY SKIING
LIVE 11 9.00AM ESP
Action from the women's 30 km classic in Oslo.
NORDIC COMBINED SKIING
LIVE 11 10.30AM ESP
World Cup ski jumping action from Oslo.
ALPINE SKIING
11 11.30AM ESP
Coverage of the men's World Cup giant slalom from Hinterstoder, Austria.
ALPINE SKIING
11 1.30PM ESP
More from Hinterstoder.
NORDIC COMBINED SKIING
LIVE 11 2.15PM ESP
Coverage of the cross-country sprint in Oslo.
SKI JUMPING
LIVE 12 12.45PM ESP
Further World Cup action from Oslo.
ALPINE SKIING
LIVE 14 8.00AM ESP
More coverage from the final round of the women's World Cup in Bormio as the season begins to enter its final, crucial stages.
ALPINE SKIING
LIVE 14 10.00AM ESP
Action from the men's downhill in Bormio.
ALPINE SKIING
LIVE 15 8.00AM ESP
Women's World Cup downhill racing.
ALPINE SKIING
LIVE 15 10.00AM ESP
Action from the last men's downhill of the season from Bormio. Last year's overall and downhill World Cup winner, Lasse Kjus, has been injured, leaving Hermann Maier favourite for this year's honours.
ALPINE SKIING
LIVE 16 8.00AM ESP
Super-G action.
NORDIC COMBINED SKIING
LIVE 16 9.00AM ESP
World Cup team ski jumping from St Moritz.
ALPINE SKIING
LIVE 16 11.00AM ESP
Women's World Cup racing from Bormio.
NORDIC COMBINED SKIING
LIVE 16 1.30PM ESP
Cross-country skiing from St Moritz.
CROSS-COUNTRY SKIING
LIVE 17 8.30AM ESP
World Cup action from Santa Caterina, Italy.
NORDIC COMBINED SKIING
LIVE 17 10.00AM ESP
Coverage of the ski jumping from St Moritz.
ALPINE SKIING
LIVE 18 8.00AM ESP
Action from the men's giant slalom.
ALPINE SKIING
LIVE 18 9.15AM ESP
Coverage of the women's giant slalom.
SKI JUMPING
LIVE 18 10.00AM ESP
World Cup action from Planica, Slovenia.
ALPINE SKIING
LIVE 18 11.45AM ESP
The second leg of the women's giant slalom.
SKI JUMPING
LIVE 18 12.30PM ESP
More from Planica.
ALPINE SKIING
18 1.30PM ESP
The men's giant slalom continues.
ALPINE SKIING
LIVE 19 8.00AM ESP
Coverage of the men's slalom World Cup event.
ALPINE SKIING
19 2.00PM ESP
ALPINE SKIING
19 7.00PM ESP
Highlights from this season's World Cup.
CROSS-COUNTRY SKIING
20 12NOON ESP
World Cup action from Santa Caterina, Italy.

SNOOKER

PREMIER SNOOKER LEAGUE
1 10.00AM SK2
Action with seven of the world's best players. The defending champion is John Higgins, who conclusively beat crowd favourite Jimmy White in 1999.
PREMIER SNOOKER LEAGUE
1 4.00PM SK2
PREMIER SNOOKER LEAGUE
7 9.00PM SK2
PREMIER SNOOKER LEAGUE
7 12.45AM SK1
PREMIER SNOOKER LEAGUE
8 10.00AM SK2
PREMIER SNOOKER LEAGUE
8 2.00PM SK1
PREMIER SNOOKER LEAGUE
14 8.00PM SK3
PREMIER SNOOKER LEAGUE
14 12.15AM SK1
PREMIER SNOOKER LEAGUE
15 10.00AM SK2
PREMIER SNOOKER LEAGUE
15 2.00PM SK1
PREMIER SNOOKER LEAGUE
16 4.30PM SK3
PREMIER SNOOKER LEAGUE
21 8.00PM SK3
PREMIER SNOOKER LEAGUE
21 12.15AM SK1
PREMIER SNOOKER LEAGUE
22 10.00AM SK2
PREMIER SNOOKER LEAGUE
22 2.00PM SK1
PREMIER SNOOKER LEAGUE
28 8.00PM SK3
PREMIER SNOOKER LEAGUE
28 12.15AM SK1
PREMIER SNOOKER LEAGUE
29 9.00AM SK2
PREMIER SNOOKER LEAGUE
29 2.00PM SK1

SQUASH

ESSO FLANDERS OPEN
24 9.00PM SK3
Action from this year's Esso Flanders Open.
ESSO FLANDERS OPEN
26 7.00PM SK3
ESSO FLANDERS OPEN
27 4.00PM SK2

SWIMMING

WORLD CHAMPIONSHIPS
16 5.00PM ESP
Action from the first day of the World Short Course Championships in Athens, Greece.
WORLD CHAMPIONSHIPS
17 5.00PM ESP
WORLD CHAMPIONSHIPS
18 5.00PM ESP
WORLD CHAMPIONSHIPS
19 5.00PM ESP
Action from the fourth and final day of the events in Athens.

TABLE TENNIS

EUROPEAN CHAMPIONS' LEAGUE
LIVE 20 6.00PM ESP
Action from the final.

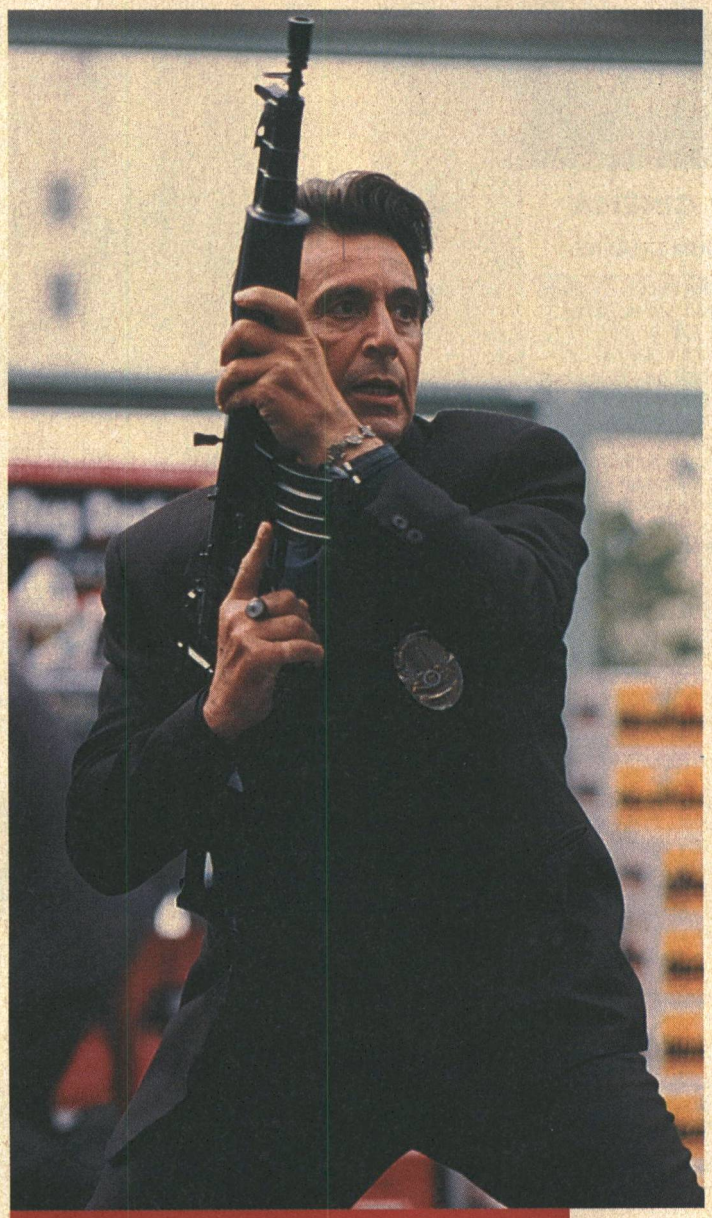
TENNIS

WTA, SCOTTSDALE
LIVE 5 8.00PM ESP
Action from the final of the Sanex WTA State Farm Women's Classic.
WTA, INDIAN WELLS
LIVE 12 6.00PM ESP
Coverage of the women's tournament in the Newsweek Champions Cup in Indian Wells, California. Last year Serena Williams beat Steffi Graf in the final.
WTA, INDIAN WELLS
13 2.30PM ESP
WTA, INDIAN WELLS
LIVE 13 8.00PM ESP
WTA, INDIAN WELLS
14 2.30PM ESP
WTA, INDIAN WELLS
LIVE 14 8.00PM ESP
WTA, INDIAN WELLS
15 2.30PM ESP
WTA, INDIAN WELLS
15 8.00PM ESP
WTA, INDIAN WELLS
16 2.30PM ESP
WTA, INDIAN WELLS
LIVE 16 8.00PM ESP
WTA, INDIAN WELLS
17 2.30PM ESP
WTA, INDIAN WELLS
LIVE 17 8.00PM ESP
WTA, INDIAN WELLS
18 8.00PM ESP
WTA, INDIAN WELLS
LIVE 18 9.00PM ESP
WTA, KEY BISCAYNE
LIVE 26 6.00PM ESP
WTA, KEY BISCAYNE
LIVE 27 4.00PM ESP
WTA, KEY BISCAYNE
27 9.00PM ESP
WTA, KEY BISCAYNE
LIVE 28 4.00PM ESP
WTA, KEY BISCAYNE
29 4.00PM ESP
WTA, KEY BISCAYNE
LIVE 29 9.30PM ESP
WTA, KEY BISCAYNE
30 4.00PM ESP
WTA, KEY BISCAYNE
LIVE 30 9.30PM ESP
WTA, KEY BISCAYNE
31 4.00PM ESP
WTA, KEY BISCAYNE
LIVE 31 9.30PM ESP

PHOTO: BSKYB

Section 1

Wednesday 1st March-Friday 10th March



Michael is the Mann on FilmFour

This week FilmFour pays tribute to the designer stylings of director Michael Mann with a retrospective of his work, including the 1995 thriller *Heat*. This slick crime epic, which marks the electrifying first on-screen meeting of Al Pacino and Robert De Niro, is virtually a scene-for-scene remake of Mann's recently exhumed 1989 TV movie *LA Takedown*. But while there was little to savour in the rough-hewn original (which is airing immediately before *Heat*), this elegiac overhaul offers fresh rewards with each viewing. Pacino brings a combustible quality to the part of Vincent Hanna (above), an LAPD detective whose refusal to share his harrowing on-the-job experiences with his third wife has all but destroyed their marriage. De Niro, meanwhile, injects an affecting melancholy into his disciplined master thief Neil McCauley, being hunted by Hanna after he and his gang pull off a security van heist that leaves three guards dead. An uneasy respect develops between the fastidious cop and his equally meticulous adversary, paving the way for the celebrated cafe scene – the camera lingering in awe-struck alternate close-ups on the stars, as if it fears missing a single brilliantly observed reaction – where they call a tense, temporary truce over coffee.

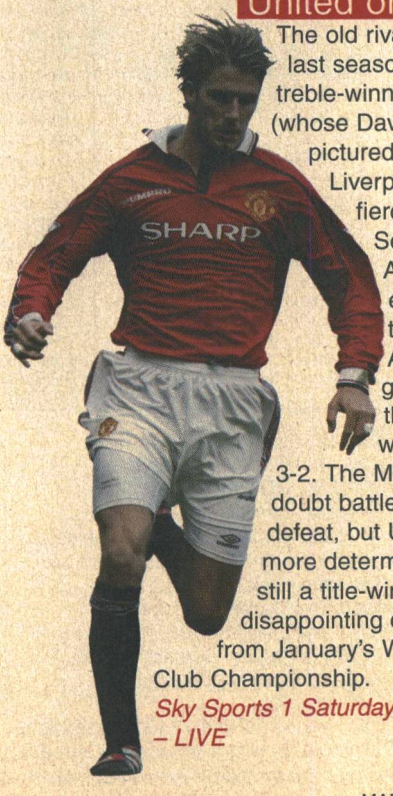
FilmFour Thursday 2nd 10.00pm

Bard influence

On Sunday The History Channel celebrates the life and works of the greatest dramatist in the English language in a *Biography* documentary. William Shakespeare's enduring works continue to be as popular in the new Millennium as they were when first staged in the late-16th and early-17th centuries. Indeed, the recent cinematic successes of *William Shakespeare's Romeo + Juliet* and the rousing, fancifully imagined *Shakespeare in Love* have inspired even more interest in the Bard. But despite his continuing influence and popularity, very little is known about Shakespeare's life – a problem that this programme hopes to redress.

The History Channel Sunday 5th 2.00pm

United or not?



The old rivalry between last season's all-conquering treble-winners Manchester United (whose David Beckham is pictured) and title hopefuls Liverpool always results in fiercely contested clashes. September's fixture at Anfield proved a vintage encounter between the two teams, with Sir Alex Ferguson's side going home with all three points after winning 3-2. The Merseysiders will no doubt battle bravely to avenge that defeat, but United seem even more determined to prove they are still a title-winning team after their disappointing early departure from January's World Club Championship.

Sky Sports 1 Saturday 4th 11.00am – LIVE

Wednesday 1 March

SKY PREMIER
PREMIUM CHANNEL

6.00am About Sarah
1998, rating Sky PG, 89 mins
8.00 The Goodbye Bird
1993, rating Sky U, 87 mins
10.00 McCinsey's Island
Hulk Hogan, Grace Jones
Text *1997, rating Sky PG, 89 mins*
12noon
Leona Helmsley: Queen of Mean
Suzanne Pleshette, Lloyd Bridges
1990, rating Sky PG, 94 mins
2.00pm Jungle Boy
David Fox, Asif Mohammed Seth, Lea Moreno, Jeremy Roberts
Family adventure. A young boy, raised by animals in the Indian jungle, is banished to a village where he must learn the ways of man. *1993, rating Sky PG, 85 mins*

4.00 X-Ray Kid
Robert Carradine, Justin Berfield, Mark Collie, Diane Salinger
Comedy adventure in which two boys are accidentally sent a pair of top secret X-Ray glasses. With the help of their beautiful babysitter – who is also a corporate spy – the kids must foil the bad guys' attempts to get hold of the hi-tech specs. *1998, rating Sky PG, DS, 86 mins*
6.00 McCinsey's Island
Hulk Hogan, Grace Jones, Todd Sheeler, Robert Vaughn
Adventure comedy about a secret agent who decides to retire to a peaceful life on a remote tropical island. However, when news starts getting around of some nearby buried treasure, he finds himself caught up in a frantic scramble for loot. Text *1997, rating Sky PG, 89 mins*
8.00 The Gingerbread Man
Kenneth Branagh, Embeth Davidtz, Robert Downey Jr
Thriller about a lawyer who falls for a young female caterer. Hearing that her father is threatening her, the lawyer arranges for the problem parent to be commited to a mental hospital. But the father escapes – and vows revenge. Text *1998, rating Sky 15, 109 mins*
10.00 The Jackal
Bruce Willis, Richard Gere, Sidney Poitier, Diane Venora
Action thriller about a ruthless assassin who is also a master of disguise. In order to catch him, the FBI enlists the help of an imprisoned IRA man who has his own score to settle with their quarry. Loosely inspired by Frederick Forsyth's novel *The Day of the Jackal.* Text *1997, rating Sky 18, DS, 119 mins*
12.05am The Devil's Own
Harrison Ford, Brad Pitt
Terrorist thriller set in New York. Text *1997, rating Sky 18, DS, 107 mins*
1.55 Eve's Bayou
Samuel L Jackson, Lynn Whitfield
Text *1997, rating Sky 15, 104 mins*
3.45-5.30am Hurricane Streets
Text *1997, rating Sky 15, 89 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Immediate Family
1989, rating Sky PG, 95 mins
8.00 Shadow of the Bear
Alan Thicke, Michael Yarmush
1998, rating Sky PG, 92 mins
10.00 Perfect Body
Amy Jo Johnson, Brett Cullen
1997, rating Sky PG, 85 mins
12noon Wind Dancer
Mel Harris, Matt McCoy
1993, rating Sky PG, 90 mins
2.00pm Immediate Family
Glenn Close, James Woods, Mary Stuart Masterson, Kevin Dillon
Family drama about a well-off married couple who long for a baby but discover that they are unable to have one together naturally. *1989, rating Sky PG, 95 mins*

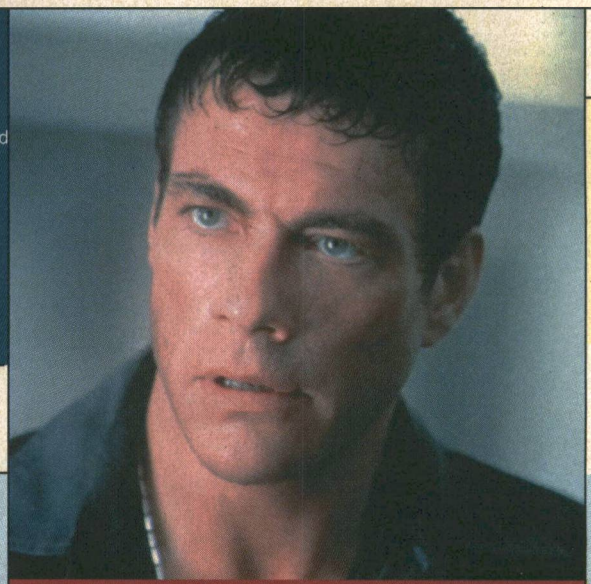
4.00 Shadow of the Bear
Alan Thicke, Michael Yarmush, James Hayes Liboiron
Outdoor adventure. When their parents divorce, three squabbling siblings are sent to stay with their grandfather. When his plane crashes in the wilderness, the children must put aside their differences and work together if they are to survive. *1998, rating Sky PG, 92 mins*
6.00 Perfect Body
Amy Jo Johnson, Brett Cullen, Cathy Rigby, Wendie Malick
Drama about a promising teenage gymnast with Olympic potential whose obsession with physical perfection threatens to destroy her life. In her bid to achieve the 'perfect body' at any cost, she soon falls victim to anorexia and bulimia. *1997, rating Sky PG, 85 mins*
8.00 Wanted
Michael Sutton, Tracey Gold, Timothy Busfield, Robert Culp
Drama about a troubled young man who, after killing a mobster, turns his back on his violent life in the city and flees to the country. He meets a pretty school teacher and falls in love, but before long his past starts to catch up with him. *1998, rating Sky 15, 89 mins*
10.00 Species II
Michael Madsen, Natasha Henstridge, Marg Helgenberger
PREMIERE Sci-fi sequel. A spacecraft carries a deadly stowaway – an alien hybrid who threatens the human population with her seductive powers. Text *1998, rating Sky 18, 89 mins*
11.35 Bad Boys
Sean Penn, Reni Santoni
Tough prison drama. *1983, rating Sky 18, 105 mins*
1.25am House of America
Sian Phillips, Matthew Rhys
Text *1996, rating Sky 15, 93 mins*
3.05 Adam
Daniel J Travanti, JoBeth Williams
1983, rating Sky 15, 90 mins
4.40-6.15am Wind Dancer
1993, rating Sky PG, 90 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Slender Thread
Anne Bancroft, Sidney Poitier, Steven Hill, Telly Savalas
Drama about a woman who attempts suicide with an overdose of sleeping pills. However, a change of heart leads to her calling a Crisis Centre, where a student volunteer fights to keep her alive on the line until a rescue team can reach her. *1966, rating Sky PG, 98 mins*
6.00 Convicts 4
Ben Gazzara, Vincent Price, Rod Steiger, Broderick Crawford
Drama about a convicted killer who, having been spared the death penalty, uses his remaining time in prison to rehabilitate himself by developing his artistic talents. In doing so, he eventually succeeds in achieving a measure of moral redemption. *1962, rating Sky PG, 101 mins*
8.00 Torn Curtain
Paul Newman, Julie Andrews, Ludwig Donath, Wolfgang Kieling
Cold War thriller from Alfred Hitchcock. An American scientist begins behaving suspiciously while attending a convention in Norway. His secretary follows him to East Germany, where she discovers his apparent plan to defect to the Soviet Union – but is all as it seems? *1966, rating Sky 15, 122 mins*
10.10 Cool Hand Luke
Paul Newman, George Kennedy, Jo Van Fleet, JD Cannon
Classic prison comedy drama. A maverick chain-gang prisoner in the American Deep South refuses to kowtow to the bullying ways of the boss man. His irrepressible obstinacy soon earns him heroic status in the eyes of his fellow convicts. *1967, rating Sky 15, 122 mins*
12.15am Harper
Paul Newman, Lauren Bacall
1966, rating Sky 15, 116 mins
2.15 Pocket Money
Paul Newman, Lee Marvin
1972, rating Sky PG, 96 mins
3.55-5.45am River's Edge
Crispin Glover, Keanu Reeves
1987, rating Sky 18, 96 mins



Jean-Claude Van Damme encounters some explosive problems in 'Knock Off'. Sky Box Office 4, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm Fixed Bayonets
Richard Basehart, Gene Evans, Michael O'Shea, Richard Hylton
Drama set during the Korean War, studying the effects of battle stress on combatants' nerves. When a platoon is left behind with orders to cover the retreat of a division, a corporal is terrified at the prospect of having to assume command. Text *1951, 92 mins*
8.00 The Jericho Mile
Peter Strauss, Richard Lawson, Roger E Mosley, Brain Dennehy
Tough prison drama about a convicted murderer who trains himself up to Olympic athletic standard while in jail. Yet the internal politics of the prison system make it unlikely that he will ever get the chance to compete in the outside world. *1979, 98 mins*
10.00 Full Metal Jacket
Matthew Modine, Adam Baldwin, Vincent D'Onofrio, Lee Ermey
Vietnam drama from Stanley Kubrick. US Marine recruits undergo a tough basic training programme before seeing active service in South-East Asia. But no amount of drill instruction can adequately prepare them them for the horrors of battle. *1987, 111 mins*
12midnight Clueless
Short film about a burglar.
12.20am
The Shawshank Redemption
Prison drama. Text *1994,136 mins*
2.40am L'Amore Molesto
Italian thriller. *1995, 98 mins*
4.20-6.00am
Where the Sidewalk Ends
Thriller. *1950, 91 mins*

ITV2 is now on page 33

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm The Gift of Love
Lauren Bacall, Robert Stack, Evelyn Rudie, Lorne Greene
Emotional drama. The happily-married wife of a physicist develops a serious heart condition. Learning that she probably has only a short time to live, she does her best to see that her husband will be consoled by the young orphan she adopts. Widescreen *1958, 105 mins*
9.00
The Owl and the Pussycat
Barbara Streisand, George Segal, Robert Klein, Allen Garfield.
Romantic comedy about a prudish bookstore assistant who reports a fellow tenant for prostitution. However, when she is evicted, she promptly moves in with her accuser and their antagonism gradually gives way to affection. *1970, 95 mins*
11.00 City of Hope
Vincent Spano, Tony LoBianco
Drama focusing on the intertwining lives of various people living in a fictional New Jersey city. *1991, 129 mins*
1.15am Far North
Jessica Lange, Patricia Arquette
Rural comedy drama. *1988, 87 mins*
2.45 Eighty One
Short drama set in Northern Ireland.
3.30 The Owl and the Pussycat
Barbra Streisand, George Segal
Comedy. *1970, 95 mins*
5.15-7.00am Lady for a Day
Comedy. *1933, 95 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy. Two antagonistic bookshop proprietors – who loathe each other – are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan.
Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller. An exporter of illegal fake goods from Hong Kong finds himself mixed up with Chinese gangsters, the Russian Mafia and British colonial police when his brother gets involved in arms dealing. Stars Jean-Claude Van Damme and Rob Schneider. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 1 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
Blind Date Wedding
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I Tested Your DNA & I'll Prove You're the Father
Paternity test results prove fatherhood on this week's talk show hosted by Jenny Jones.
4.00 Pokémon
Challenge of the Samurai
Ash prepares for battle
4.30 Pokémon
Showdown in Pewter City
Ash receives a valuable offer.
5.00 Star Trek: Voyager
The Killing Game
The *Voyager* crew are trapped in a simulation of World War II and only Janeway and Seven of Nine know their true identities. Text
6.00
Xena: Warrior Princess
Vanishing Act
Xena, Gabrielle and Autolycus pull off a spectacular heist to retrieve the statue of Pax. Text
7.00 The Simpsons
Lisa the Vegetarian Text
More fun from Springfield.
7.30 The Simpsons
One Fish, Two Fish, Blowfish, Blue Fish Text
8.00 Stargate SG-1
Maternal Instinct
TV series developed from the film *Stargate*. With Richard Dean Anderson, Michael G Shanks and Amanda Tapping.
9.00 Total Recall 2070
Meet My Maker
The life of Hume and those close to him are put in jeopardy as he searches for the truth about Farve and his maker.
10.00 Yanky Panky
Magazine-style show. Tina C meets an 86-year-old magician and a violinist who both insist on performing naked.

11.00 Friends
The One Where Ross and Rachel Take a Break
Ross has a fling. Text
11.30 Star Trek: Voyager
The Killing Game Text
12.30am Picket Fences
Away in the Manger
At the scene of a road accident, Brock discovers a pregnant but virginal cow – and then things become really weird...
1.30-7.00am Long Play
It's a VJ-free music zone with something for everyone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing

3.00 The Bill
Back in Business
A face from the past stirs Conway into action.
3.30 The Bill
Separate Rooms
4.00 EastEnders
Tensions flare up in Amsterdam. Michelle and Shelley return with more than they bargained for.
4.35 Neighbours
Arnie continues to upset Philip.
5.00 Bugs
Assassins Inc
The Bugs team comes up against a woman who invents new ways of killing, while Ed is attacked by a personalised virus.
6.00 The Brittas Empire
The Christening
Gordon organises a full-scale rehearsal for the christening of his sons, Matthew and Mark.
6.35 Butterflies
Wendy Craig stars.
7.10 May to December
Things are running smoothly until an unexpected guest arrives.
7.45
Keeping Up Appearances
Hyacinth has singing in mind.
8.20 Open All Hours
Ronnie Barker and David Jason star as the miserly shopkeeper Arkwright and his downtrodden assistant, Granville.
9.00
Harry Enfield and Chums
Features 'Four Funerals and a Wedding' – could this be the end for the Old Gits?
9.40 The Royle Family
The Royles have a quiet night in.
10.20 Men Behaving Badly
Delivery
Tony gets a job as a postman and is finally taking life seriously. Dorothy is heavily pregnant.
11.15 The Bill
Back in Business
11.45 The Bill
Separate Rooms
Tosh tackles a messy case of possible under-age sex.
12.15am This Life
From Here to Maternity
Egg accuses Milly of being boring.
1.05 Hamish Macbeth
The Honourable Policeman
2.05-2.55am Shooting Stars
A special Christmas edition of the crazy celebrity quiz hosted by Vic Reeves and Bob Mortimer.

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma and don't know what to do. What will they decide?
4.40 Maury Povich
Compelling and personal talk show dealing with emotional concerns and conflicts, hosted by veteran broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10
The Jerry Springer Show
Outrageous American talk show in which the host and guests engage in lively discussion about relationship issues.
7.00 Judge Judy
Judge Judy Sheindlin presides over real-life cases and conflicts.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Charmed
Drama series about three sisters who move into a house left to them by their grandmother – only to find they have inherited her powers of witchcraft as well.
9.00 FILM: Deceived
Goldie Hawn, John Heard, Ashley Peldon, Robin Bartlett
Thriller about a New York art restorer who unravels a web of deceit and murder following her husband's death. When the woman's apparently perfect husband dies in an accident, her recent suspicions about his activities are confirmed. *1991.*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs
7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl
8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Upstairs Downstairs 11.00 The Persuaders
12noon Classic Coronation Street Text 12.30pm Emmerdale Text
1.00 Robin's Nest
1.30 Only When I Laugh
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Uptight
The death of a young girl while under the influence of drugs leads to Five-0 tracking down the supplier.
4.00 Kojak
The Betrayal
Kojak suspects a detective of being on the take. This episode marks Telly Savalas's debut as a director.
5.00 The Persuaders
Read and Destroy
Danny and Brett are on the case when an international spy plans to publish his memoirs. With Tony Curtis and Roger Moore.
6.00 Emmerdale
A difficult day for Beckindale, as the village shares its grief. Text
6.30
Classic Coronation Street
Vintage soap. Text
7.00 Robin's Nest
Great Expectations
Everyone is waiting for the arrival of the baby and Vicky is bored.
7.30 Who Do You Do?
Light entertainment series
8.00 The Benny Hill Show
Benny's special guests include Nicholas Parsons, Michael Sharvell-Martin, Tommy Mann & The Ladybirds. With Henry McGee and Bob Todd.
9.00 Kojak
Close Call Before Killing
A businessman kills his partner and has his office torched.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
4 Play Away – Amsterdam
NEW SERIES Docu-soap following four glamour girls.
11.30 Real Sex
Erotic sex toys.
12midnight Double Trouble
Erotic late-night series.
12.30am The G Spot
Hosted by Terry Christian and Danni Hunt.
1.00 Fully X-posed
Presented by Danni Hunt.
1.30-2.00am Beach Bash
Bikini contests at Miami Beach.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of the beautiful mermaid Ariel Text
3.30 Classic Toons
3.40 Art Attack
Hosted by Neil Buchanan. Text
4.00 Sabrina
When Sabrina's around there's always trouble brewing. Text
4.30
Hercules: The TV Show
Hercules and the Epic Adventure
5.00 Recess
Animated fun from the makers of *Rugrats*. Text
5.30
My Best Friend is an Alien
They Shoot, They Splorked Text
6.00 Smart Guy
TJ can cope with work in the tenth grade but teenagers puzzle him – especially his brother who's in the same form. Text
6.30 Microsoap
7.00 FILM: Herbie Goes to Monte Carlo
Dean Jones, Don Knotts, Julie Sommars, Jacques Marin.
Family comedy. Herbie's on his holidays, and he's in love – with a stunning powder blue Lancia called Giselle. They're both taking part in a race from Paris through the French Alps to Monte Carlo. Text *1977*
8.45 Honey, I Shrunk the Kids: The TV Show
Honey, I'm in the Mood for Love
Wayne manages to make an aphrodisiac from chocolate. Text
9.30 Boy Meets World
Ain't College Great Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

City of Hope
Carlton Cinema 11.00pm
Indie cinema auteur John Sayles displays a compassionate understanding of the many people who pass through this brilliantly observed slice-of-city-life. The pass-the-parcel narrative allows the film to unfold a number of stories involving several sets of characters.

GENERAL
by Sally O'Shaughnessy

The Royle Family
UK Gold 9.40pm
Who'd have thought that a sitcom about an unlovely Mancunian family of couch potatoes watching TV and bickering would prove such a hit? Marvel at the beautifully crafted performances from the likes of Caroline Aherne and Sue Johnston in these gems from series two.

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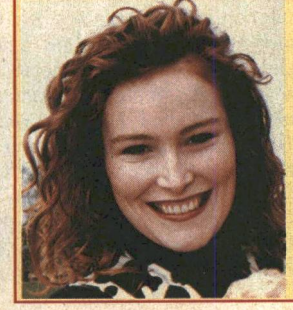


BATTERSEA DOGS' HOME 3.45PM
It is probably the best-known animal refuge in the world. Shauna Lowry presents this series, which turns the spotlight on some of the 800 residents and dedicated workforce at The Dogs' Home in Battersea.

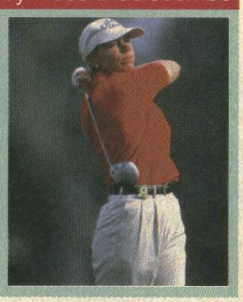
Wednesday 1 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am Alpine Skiing** **8.30 Cross-Country Skiing** **10.00 Xtreme Sports** **11.00 Ski Jumping** Coverage of the World Cup in Iron Mountain, USA. **12.30pm Figure Skating** Action from the Four Continents Championships in Osaka, Japan. **2.30 Biathlon** Coverage of the World Championships in Holmenkollen, Norway.	**7.00am Sky Sports Centre** **7.15 World Wrestling Federation – Superstars** **8.15 You're On Sky Sports!** **9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football** **11.00 Max Power 12noon Aerobics Oz Style 12.30pm Ringside Special: Michael Gomez v Dean Pithie** **2.30 Inside Scottish Football** An insight into the movers and shakers of football north of the border. **3.30 Ford Cup Special: FA Cup Sixth Round Replay** The tension is almost palpable as two more teams go into battle for a coveted place in this season's FA Cup semi-final. *Repeat from Sky Sports 2*	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 Snow Show** **8.45 Sky Sports Centre** **9.00 Sports Unlimited 10.00 Premier Snooker League** **12noon Ford Cup Special: FA Cup Sixth Round Replay** **1.30pm Total Sport** **2.00 LPGA Golf: Australian Ladies' Masters** Coverage of the 2000 Australian Ladies' Masters from Queensland's stunning Gold Coast. Karrie Webb won by an astonishing ten clear strokes to lift the 1999 title.	**12noon Snow Show** **12.30pm Asian Sports Show** Footage from Asia, the Middle East and Arabic-speaking North Africa. **1.00 Sports Unlimited** **2.00 A to Z of Motorsport** Trace the roots and history of the motor racing circuit. **2.30 Big Fights: Patterson v Johansson** *Vintage boxing footage.*	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *All-Americans* **2.00 Buck Rogers in the 25th Century** *Vegas in Space*	**6.00am MTV Select** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** Zane Lowe casts his eye over all that is new in the music biz, featuring the latest releases and interviews with the hottest new acts around. **12noon Mad 4 Hits** **2.00pm The Lick R&B Chart Show**
3.00 PM				**3.30 Ice Hockey** A chance to catch up with all the latest news, gossip and punch-ups in the Sekonda Superleague. London Knights were leading the table as the season entered the new millennium and they are favourites to win the title.	**3.00 Space Precinct** *Divided We Stand* A ruthless politician hatches a scheme to win an important election. With Ted Shackelford.	**3.00 Bytesize MTV** Music, big stars, plus weird and wonderful moments from MTV around the world.
4.00 PM	**4.00 Xtreme Sports** Coverage of the Winter X Games from Mount Snow, Vermont, USA.		**4.00 Premier Snooker League** Coverage of the Premier Snooker League, a prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999.		**4.00 Land of the Giants** *The Trap* The space travellers must sacrifice some of their precious power.	**4.00 Select MTV** The show that gives viewers the chance to make their musical choices via a live video jukebox.
5.00 PM	**5.00 Trial** Coverage of the fifth round of the Indoor World Cup in Bremen, Germany.	**5.00 World Wrestling Federation – Superstars** Action from the World Wrestling Federation.		**5.30 Race of Champions 1999** The motor racing champions of 1999 line up for what is arguably the ultimate racing event.	**5.00 Lost in Space** *Flight into the Future* Dr Smith and the Robot land on an unknown green planet, where they experience strange illusions.	
6.00 PM	**6.00 Stunts** Today's programme is dedicated to the most spectacular crashes in motorsports.	**6.00 Sky Sports Centre** All the latest news from the world of sport. **6.30 Futbol Mundial** Global football action.	**6.00 Watersports World** Water-skiing, windsurfing and the all-new revolutionary wake-boarding action.	**6.30 Euro Tour Weekly** Round-up of the latest golfing action from the European Tour.	**6.00 The Six Million Dollar Man** *Privacy of the Mind* Steve Austin impersonates Dr Berman, an absent-minded professor.	**6.00 Bytesize MTV** Music, big stars, plus weird and wonderful moments from MTV around the world.
7.00 PM	**7.00 Martial Arts** Action from the night of the Shaolin event held in Erfurt, Germany.	**7.00 Trans World Sport** An hour of power-hitting, high scoring, non-stop action from around the globe.	**7.00 Ice Hockey** A chance to catch up with all the latest news, gossip and punch-ups in the Sekonda Superleague. London Knights were leading the table as the season entered the new millennium and they are favourites to win the title.	**7.00 Telegraph Action Sport** A new adventure into the world of action sports. **7.30 Hot Tuna Rebel TV**	**7.00 Quantum Leap** *All-Americans* Sam goes back to 1962 as a high-school football star who must lead his team to victory in a vital game.	**7.00 Mad 4 Hits** An hour of back-to-back smash hits.
8.00 PM	**8.00 Figure Skating** Coverage of the Four Continents Championships in Osaka, Japan.	**8.00 Super League Special: 10 Years on Sky** An affectionate look back at the last ten years of the great game on Sky Sports.		**8.00 LPGA Golf: Australian Ladies' Masters** Action from the first day's play in the Australian Ladies' Masters held at the Royal Pines Resort course in Queensland.	**8.00 Time Trax** *The Crash* Darien crash-lands on a deserted island, while pursuing a 22nd-century criminal to his resort, .	**8.00 The Lick R&B Chart Show** Brand new videos, news and interviews with the heavyweights of the R&B scene, with Trevor Nelson
9.00 PM		**9.00 World Wrestling Federation – No Way Out**	**9.00 Trans World Sport** An hour of power-hitting, high scoring, non-stop action from around the globe.		**9.00 Babylon 5** *Between the Darkness and the Light* Garibaldi leads a rescue team for Sheridan. Stars Marjorie Monaghan.	**9.00 Daily Edition** Stories from the world of showbiz as they break. **9.30 Celebrity Death Match** Claymation fantasy fights.
10.00 PM	**10.00 Fitness** Coverage of the Miss Fitness Universe in Orlando, Florida.		**10.00 Sky Sports Centre** All the latest news from the world of sport. **10.15 You're On Sky Sports!**	**10.00-11.30pm Sky Premiership Classics: Arsenal v Manchester United** Action from this classic match from 1999.	**10.00 FILM: Babylon 5: A Call to Arms** *Bruce Boxleitner, Jerry Doyle, Tracey Scoggins* **PREMIERE** Sci-fi drama. A Technomage predicts an imminent attack by the old allies of the Shadows, who have devised a plan to destroy the Alliance. *1999* **11.45 Sci-Focus Special**	**10.00 Manic Street Preachers Live at the Nynex** The Manics perform live.
11.00 PM	**11.00-12.30am Xtreme Sports** Fast-paced sports show.		**11.00 Sporting Auction: Football Memorabilia Preview** **11.30 Watersports World** More offshore action.		**12midnight The Flash** *Out of Control* **1.00am FILM: Babylon 5: A Call to Arms** *Bruce Boxleitner, Jerry Doyle* Sci-fi drama. *1999* **2.45 Sci-Focus Special** **3.00-4.00am Babylon 5** *No Surrender, No Retreat*	**11.00 Collexion: Manic Street Preachers** **11.30 Stereophonics Performance & Cocktails** **12midnight Yo!** Weekly stateside rap show, with the biggest names in rap and hip-hop. **1.00am Manic Street Preachers Live at the Nynex** **2.00-6.00am Night Videos**
12.00 NIGHT TIME		**12midnight Sky Sports Centre** **12.15am Futbol Mundial** **12.45 Super League Special: 10 Years on Sky** **1.45 Trans World Sport** **2.45 You're On Sky Sports!** **3.30-3.45am Sky Sports Centre**	**12.30am Telegraph Action Sport** Extreme sports action. **1.00 Hot Tuna Rebel TV** **1.30 Ice Hockey** **3.30 Motor Racing: Race of Champions** **4.30-4.45am Sky Sports Centre**			

LPGA GOLF: AUSTRALIAN LADIES' MASTERS
SKY SPORTS 2 2.00PM, SKY SPORTS 3 8.00PM

by Ross Biddiscombe

It's not often that the ladies' pro golf tour leaves America, but it's time to head down under for the Australian Masters at the Royal Pines Resort course on Queensland's Gold Coast. Home favourite Karrie Webb (pictured, left) won this title by an amazing 10 strokes last year – to add to her success in 1998 – and although the likes of Annika Sörenstam of Sweden (pictured, right) won't give up without a fight, Webb starts as favourite to achieve a hat trick of wins in this tournament.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.06 Amy Lynn Baxter 11.15 FILM: Passion Cove 12midnight Freeview 12.10am Wanna Be a Porn Star? 12.40 Polecats 1.00 FILM: Damaged Goods 2.20 Suburban Sex Secrets 2.45-4.00am FILM: Suspicious Pleasure	**12midnight The Ten Minute Preview 12.10am FILM: Head Trip 1.00 The Five Minute Freeview 1.05 FILM continues 1.20 FILM: The Hustler 2.30 FILM: Awakening** *Samantha Strong, Lacy Rose* **3.40-4.00am Maxine Monroe**
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Wednesday 1 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
A double helping from the *Pop-Up* team.
9.00 Upbeat
1.00pm Greatest Hits: Welsh Artists
Featuring tracks from Manic Street Preachers, Catatonia and the Sterophonics.
1.30 Pop-Up Video
2.00 Jukebox
The show that gives viewers a chance to make their musical choices via a live video jukebox.

4.00 Video Timeline: Celine Dion
4.30 Greatest Hits: Catatonia
Featuring the band's biggest smashes so far.
5.00 Top Ten
A chart rundown of viewers' most-requested videos

6.00 Ten of the Best: Bonnie Tyler
Bonnie Tyler shares her favourite top ten records with VH1 viewers.

7.00 Greatest Hits: Welsh Artists
Featuring tracks from Manic Street Preachers, Catatonia and the Sterophonics.
8.00 Ten of the Best: Catherine Zeta-Jones
The Welsh actress picks her favourite top ten videos of all time.

9.00 Planet Rock Profiles: The Stereophonics
NEW The story so far.
9.30 Greatest Hits: Catatonia
10.00 Ten of the Best: Tom Jones
The Welsh crooner gives viewers a chance to watch his favourite videos.

11.00 Ten of the Best: Catherine Zeta-Jones
The Welsh actress picks her favourite top ten videos.

12midnight Greatest Hits: Welsh Artists
Featuring the biggest Welsh acts of the moment.
1.00am Ten of the Best: Tom Jones
Watch Tom's favourite videos.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Where Devils Run Wild
An adventure in Tasmania.
1.00pm Emergency Vets
1.30 Pet Rescue
Following the fortunes of abandoned animals.
2.00 Harry's Practice
Series about a Tasmanian vet and his practice.
2.30 Zoo Story
A look at life at London Zoo.

3.00 Going Wild with Jeff Corwin
Corcovado, Costa Rica
3.30 Croc Files
Wildlife series aimed at the younger generation.

4.00 Croc Files
Steve and Terri Irwin encounter the lizards of Australia's outback.
4.30 Aquanauts
Undersea adventure.
5.00 Emergency Vets
Another visit to Alameda East Veterinary Hospital.
5.30 Zoo Chronicles
Pam St Clement meets a macaw that can't fly.

6.00 Crocodile Hunter
Sharks Down Under
Focusing on different species of sharks, including nurse sharks, wobbegones and leopards.

7.00 Flies Attack
Flies Attack
7.30 Animals A to Z
Kalahari Bigfoot
A look at a very odd southern African animal.
8.00 Emergency Vets
A lion cub needs a nutritional check-up.
8.30 Emergency Vets
A husky mix has an MRI at the Pet Imaging Centre.
9.00 The Great Opportunist
A look at the spotted hyena, renowned as an intelligent, efficient and ruthless hunter.
10.00 Wildlife Rescue
Featuring the people working to save some of our favourite wildlife.
10.30 Wildlife Rescue
With Michaela Strachan.
11.00 Wildlife ER
NEW SERIES An owl has got caught itself in a volleyball net.
11.30-12midnight Wildlife ER

CABLE CHECK
Some of the channels listed may not be available in your area

'Battersea Dogs' Home' follows life at the animal shelter. UK Horizons 3.45pm

ITV2
ACCESS PACK

4.00pm Pump It Up
Contenders tackle a tough inflatable assault course.
4.30 Board Wild
Coverage of boarding and surfing events.
5.00 Chart Choice
5.10 Baywatch
The adventures of Mitch Buchannon's lifeguards on California's glamorous Malibu Beach.
6.00 High 5
Extreme sports action.
6.30 World Sports Special
News and features from around the globe.
7.00 International Basketball
Coverage of the international basketball clash between Hungary and England.
8.00 Chart Choice
8.10 Grudge Match
People with grudges get to sort out their problems with over-sized boxing gloves and the like.
9.00 Trevor McDonald Meets...
Trevor talks to a wide range of guests.
9.30 Wish You Were Here... ?
10.00 Catherine Cookson's The Secret
Dramatisation of Catherine Cookson's only thriller, set around the dark streets of 19th-century Tyneside.
11.00 Coronation Street
Another chance to see tonight's episode of the hit soap from ITV. Text
11.30 Emmerdale Text
12midnight The Jerry Springer Show
More outrageous revelations and confrontations.
12.45am Trisha
Trisha Goddard shares true stories with a studio audience.
1.45-2.15am Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Antiques Watch 11.30 House Doctor 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 How Does Your Garden Grow?

3.30 Front Gardens
The Sloping Garden
Susanna Brown comes up with a dramatic solution to a gardening problem.
4.00 Travel Xpress
Nina Sebastiane experiences the landscape of south-west Wales.
4.30 Holiday in Style
An extended edition of the popular holiday programme.
5.30 Antiques Roadshow
Lars Tharp adds something extra to this antiques series.
6.30 Real Rooms
The makeover show in which Simon Biagi and a team of expert decorators transform viewers' rooms.

7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Series focusing on all things collectable.
8.00 Change That
Interior design roadshow.
8.30 The Flower Show
Jane Packer demonstrates how versatile flowers and plants can be.
9.00 Looking Good
Fashion and beauty series for women.
9.30 House Doctor
How small touches can help sell a property.
10.00 Changing Rooms
Interior design challenge presented by Carol Smillie.
10.30 House Invaders
DIY show.
11.00 Garden Magic
Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas.
11.30 The Green Room
12midnight Gardeners' World
Gardening show packed with ideas and timely reminders to help you get the most out of your garden.
12.30am-1.00am Front Gardens
The Sloping Garden

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Visit 7.50 The Body in Question 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Unabomber 9.45 Prisoners of the Forgotten Plague 10.15 Killing for a Living 11.15 Tomorrow's World Plus 12.15pm Trust Me, I'm a Doctor 12.45 City Hospital 1.45 Operation Lemur with John Cleese 2.45 The Visit
Rebecca's Secret

3.45 Battersea Dogs' Home
A daily snapshot of life at the famous dogs' home.
4.20 Animal Hospital
Another visit to the RSPCA Harmsworth Hospital.
4.50 Jeremy Clarkson's Extreme Machines
5.30 The Shop
Changes in Store
Series tracing the transformation of Selfridges.
5.55 City Hospital
Gaby Roslin and her team of co-presenters report from Southampton General Hospital.
6.55 Back to the Floor
Running Water
Directors return to the shop floor for a week.
7.30 Accident and Emergency
Fly-on-the-wall series from Leeds General Infirmary.
8.00 Animal Hospital
Another visit to the RSPCA Harmsworth Hospital.
8.30 Jeremy Clarkson's Extreme Machines
9.00 The Shop
Changes in Store
Series tracing the changes at Selfridges.
9.35 HMS Brilliant
Mickey Gets a Message
The last night in Turkey sees a tense stand-off with a gang of football fans.
10.35 Accident and Emergency
Fly-on-the-wall series.
11.05 Unabomber
11.35 What Went Wrong?
A look aat man-made and narural disasters.
12.05am-1.00am Polygamy

UK PLAY:
1.00am 500 Bus Stops 1.35 Mark and Lard 2.05 Uncut Funk 2.25 The Chris Moyles Show 2.50 Jamie Theakston's Pick 'n' Mix 3.20 Cherry Pop 3.35 Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen 8.00 Food Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Game Cuisine 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Alex Factor 12noon Classic Dishes 12.30pm Umbrian Kitchen 1.00 Coxon 1.30 Spiceworld 2.00 Food Daily 2.45 Simply Fish
With James Martin.

3.30 Tessa's Tastebuds
Lemons
Tessa prepares lemon pudding with lemon sauce.
4.00 Simply Baking
Puddings
4.30 Mridula's Indian Kitchen
A visit to Shepherd's Bush market.
5.00 Flash in the Pan
5.30 Classic Dishes
With Lesley Waters.
6.00 Coxon's Kitchen College
6.30-7.00pm Five Star Cooking

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
When the Earth Moves
How the residents of Turkey and Iceland cope with the active Earth.
8.00 Nuclear Nomads
Examining the effects of the first hydrogen bomb test.
8.30 Blue Vortex
Exploring the underground world of glaciers.
9.00 Morning Glory
Meteorologists try to follow a fast-moving wall of cloud.
9.30 The Most Dangerous Jump in the World
10.00 In Search of the Sons of Abraham
A British anthropologist and linguist samples the DNA of Africans who claim to be of Jewish descent.
11.00 Explorer's Journal
The Face of Pharaohs
How French scientists are recreating 3000-year-old Egyptian make-up.
12midnight-1.00am Mending Ways
The Canela Indians of Brazil
Anthroplogist Dr William Cocker reveals the Canela Indians' unorthodox way of life, which helps them stay in excellent health.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
Amateur talent show.
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
Watch the stars mess up.

12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
Fast-paced quiz show.
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Garden Club
7.00 Real Gardens
7.30 Doing It Up
8.00 How 2 Crew
8.30 Our House Down Under
8.55 The Joy of Painting
Downstream View
9.30 Simply Painting
10.00 Garden Club
Belfast
10.30 Real Gardens
11.00 The Diceman
11.30 Kingsbury Square

12noon Hometime
12.30pm Hometime
1.00 Two's Country
Cotton Tales
1.30 How 2 Crew
Bay Window
2.00 Our House
2.30 The New Yankee Workshop
3.00 This Old House with Steve and Norm
3.30-4.00pm Hooked on Fishing
Northern Scottish Pike

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 ByteMe 11.00 Come On 11.15 ByteMe 12noon Come On 12.15pm ByteMe 1.00 Come On 1.15 ByteMe 2.00 Come On 2.15 ByteMe 3.00 Come On 3.15 ByteMe 4.00 Freesports Acquisition 4.30 That Film Show 5.00 Scratch TV 5.15 Got Any Gear? 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Wednesday 1 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
Airborne pachyderms.
3.30 Fat Dog Mendoza
Chubby canine capers.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the colourful trio out on another case.
5.00 Ed, Edd 'n' Eddy
Namesake nonsense.

5.30 Johnny Bravo
Ego-maniac adventures.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
More adventures.
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman
Caped capers.

TNT
FAMILY PACK

9.00pm John Grisham's The Client
Legal drama series, based on the best-selling novel. Starring JoBeth Williams and John Heard.
10.00 FILM: Street Justice
Michael Ontkean, Catherine Bach
A loner tries to clean up a corrupt city which is dominated by a ruthless, powerful family *1989*

12midnight-1.00am
The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina The Teenage Witch
Trouble brews for Sabrina.
5.30 Kenan & Kel
Live action.

6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Student Bodies
7.30 Desmond's
Barbershop banter.
8.00 Dharma and Greg
See Dharma Run Amok
8.30 Just Shoot Me
Softball
The staff play softball.
9.00 Married... With Children
My Mom, the Mom
9.30 Spin City
Thirty-Year Itch
Mike turns 30.
10.00 Frasier
Frasier's Imaginary Friend
10.30 Father Ted
The Passion of St Tribulus
A saucy film is shown on Craggy Island.
11.00 Drop the Dead Donkey
There's grave news in the Globelink camp.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 DiResta
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Mystic Knights 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press UK Connection
A daily magazine.
3.30 Monster Rancher
4.00 Power Rangers in Space
The Power Rangers blast back into space.
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30 Ace Ventura
Animated adventures.
6.00 Oggy and the Cockroaches
6.30-7.00pm Goosebumps
Spooky stories.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Clothes Shop!
8.30 Jewellery Shop!
9.30 Sports Shop!
10.00 Kids Shop!
11.00 Gift Shop!
11.30 Beauty Shop!
12noon Kitchen Shop!
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Technology Shop!
3.00 Home Shop!
4.00 Jewellery Shop!
Another chance to see best-selling jewellery collections.
5.00 Shop! Selection
6.00 Kids Shop!
7.00-7.30pm Beauty Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 PMQs 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 PMQs 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 Fashion TV 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Nestor Burma: Retour au Bercail 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Temps Présent 1.00 Journal 1.15 Nestor Burma: Retour au Bercail 3.00 Journal 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Nestor Burma: Retour au Bercail 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Strip Tease 9.00 Journal 9.15 Docteur Sylvestre: Substitution 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 Jai Veer Hanuman 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Zamana Badal Gaya 1.00 Sansar 1.30 FILM 4.00 Turning Point 4.30 Short Stories 6.00 MTV Cinemascope 6.30 Asianet Aur Aap 7.00 Sanasar 7.30 News 8.00 Zamana Badal Gaya 8.30 FILM 11.30 News 12midnight Zamana Badal Gaya 12.30am Asianet Aur Aap 1.00 FILM 4.00 Kashkol 5.00 Sansar 5.30 Shaque 6.00 Turning Point 6.30 DD News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Bhatki Songs 7.00 Jaagran 7.30 News 8.00 Namaste India 8.30 Tara 9.00 Rishtey the Love Stories 10.00 Aarzoo 11.00 Khoobsurat 11.30 Amar Prem 12noon FILM 3.00pm Jeena Isi Ka Naam 3.30 Hip Hip Hurray 4.00 Raahat 4.30 Kamal Kombination 5.00 Udaan Choo 5.30 Hasratein 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News 8.30 Amanat 9.00 Zeheraab 10.00 Nagin 10.30 Making of a Legend 11.00 India's Most Wanted 11.30 Zee Horror Show 12midnight News 12.30am Pakistan Business Week 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Deciding Your Destiny 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.45 Focus on Eastern Europe 3.30 Wall Street Report 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Committees 7.00 The Record 7.30 Committees 9.30 Westminster Hall 2.00pm Europe 2.30 Commons 3.00 PMQs 3.30 Commons 11.00 Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Rex Hunt visits Bangkok's famous floating markets.
4.30 Discovery Today
News programme.
5.00 Time Team
Treasures of the Roman Field
The team heads to Lavenham to find the origins of Roman pottery.
6.00 Red Dreams
Follow a season with the cars of the Shell Historical Ferrari Challenge.
6.30 Red Dreams
More from Ferrari.
7.00 Ultra Science
The Planet's Time Bombs
A look at volcanos.
7.30 Discover Magazine
Water
8.00 Engineering Disasters
No matter how carefully planned they are, each new bridge or skyscraper is a life-sized experiment.
9.00 Inside the US Mint
A look inside the US Mint, where the almighty dollar is produced in vast quantities.
10.00 Cosmic Safari
An examination of the possibility of life beyond our solar system, including life on giant gas worlds and between the stars.
11.00 Ultimate Aircraft
Sea Wings
Follow the work of US Navy pilots on an aircraft carrier on duty in the Gulf.
12midnight Black Box
A look at the biggest and most controversial air accident investigation ever mounted – that of the explosion of flight TWA 800.
1.00am Discover Magazine
Water
1.30-2.00am
Secret Mountain

THE HISTORY CHANNEL
WORLD PACK

12noon Project Underworld
12.55pm 100 Years of Labour
1.00 Tales of the Gun
Tommy Gun
2.00 Biography
James Cagney
3.00 Smart Bombs
3.30 World War I
Battle of the Argonne
4.00 Secrets of War
Women Spies of World War II
5.00 Arms in Action
Mail and Plate Armour
6.00 Alien Hunters
A look at the search for extra-terrestrial life.
6.55 100 Years of Labour
7.00 Tales of the Gun
German Small Arms
The story of the evolution of German small arms.
8.00 Biography
Field Marshall Erwin Rommel
9.00 The Grunts of Vietnam
9.30-10.00pm World War I
The Day the Guns Stopped Firing

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Irish Music at 5.00pm.

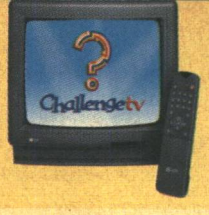
NIGHT TIME

4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00

WIN A TV! PRIZE CROSSWORD

SPONSORED BY Challenge tv

FOR MORE BRAINTEASERS, TUNE INTO CHALLENGE TV NIGHTLY FROM 5.00PM



Your crossword know-how could win you a fabulous 21in Teletext television! When you've completed the puzzle, send it to us with your name and address by 20 March. The first correct entry drawn wins.

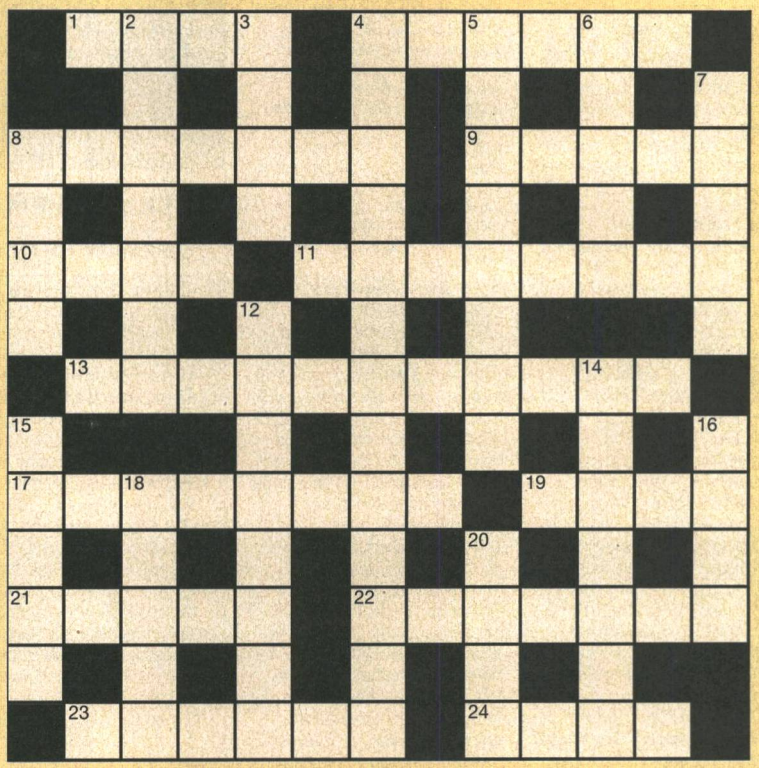
No 3 by Peter Knight

Across

1. Guess the camera will get the picture *(4)*
4. Sarah turns to a vast area of sand *(6)*
8. The mysterious Ruth *(7)*
9. Mr Hawthorne had line about George initially *(5)*
10. A savage sort of flower *(4)*
11. Then scan can show how it holds one spellbound *(8)*
13. We land in bar somehow with TV political commentator *(5,6)*
17. John, a politician presenting sport, etc, differently *(8)*
19. D'ye ken John, or *The Avengers'* Emma? *(4)*
21. Boxed as one reconnoitred, with burglary in mind *(5)*
22. See TV, re Hillary's conquest *(7)*
23. We sigh about how one puts it on scales *(6)*
24. Zoe, *Emmerdale's* vet at the art gallery *(4)*

Down

2. One man (and his dog?) *(7)*
3. It's hard to tramp on a star voyage *(4)*
4. Series with Amanda Burton, and news it listens to *(6,7)*
5. Ruthie sings to the birds at Albert's place *(9)*
6. A daughter of Lear who sounded like a president *(5)*
7. Sharon, whose legs might take her south *(5)*
8. Who beards the vets at the RSPCA? *(4)*
12. Anne Robinson shows a Weinmaraner *(8)*
14. An essential part played by Len, me and ET *(7)*
15. Mr with Enterprise, Dr with Bringing up Baby *(5)*
16. A place in the programme that may take one's money *(4)*
18. Tanner for an early Street character *(5)*
20. *Mary Poppins* chimney sweep appearing in Albert Square *(4)*

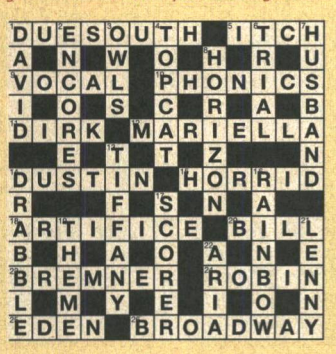


The first correct entry drawn at random wins. There is no cash alternative to the prize. If the prizewinner cannot take up the prize, *Cable Guide* reserves the right to award it to a runner-up. The Editor's decision is final. No employees of *Cable Guide*, Challenge TV or associated companies are eligible to enter.

FEBRUARY SOLUTION

Send completed crosswords (only one per household) to: Prize Crossword No 3 *Cable Guide*, PO Box 2176, London W1A 5TW

● Congratulations to January's TV winner, Mrs J Day from Stockport, Cheshire



LOVE STARS BY MARGIE THILLART

MARCH BIRTHDAYS
10th Sharon Stone 14th Michael Caine
17th Kurt Russell 19th Bruce Willis
25th Elton John 28th Michael Parkinson

Sensational ★★★ Stimulating ★★ Satisfactory ★

Aries
21 March-20 April ★★
DON'T be too quick to condemn others or apologies may be in order later. With Mars moving through your sign, some of your words or actions are likely to be impulsive and you'll hurtle headlong into trouble without even trying.

Taurus
21 April-21 May ★★
THE year may have started out in a frenzied rush, but you'll sail through smoother waters this month. Someone who once turned their back on you may have a change of heart, or you'll see a sad situation in a whole new light.

Gemini
22 May-21 June ★★
THE scene is set for a showdown with someone, but be careful to present your side of the argument tactfully. At best this is a month when you'll make your own needs clear. At worst, higher expectations may be placed on you.

Cancer
22 June-23 July ★★★
NEVER one to pass up an opportunity, you'll relish new challenges in the weeks ahead. Either your emotional life will be enriched by deeper bonds of love, or you'll be better off financially due to surprising developments.

Leo
24 July-23 August ★★
YOUR affectionate advances may have been spurned in the past, but love lurks in the background this month. Usually your sign swears that once bitten twice shy, but with Mars in your mid-heaven you'll be brave enough to try again.

Virgo
24 August-23 September ★★
MERCURY in your marriage house encourages dialogue and feeds your desires. And while there may be some petty jealousy or rivalry between you and your partner, by month's end the sparkle will be back in a lacklustre relationship.

Libra
24 September-23 October ★★★
THIS month marks a turning point, as one chapter in your life closes and another opens. Romantically, you'll be at the centre of someone's universe and will feel adored. In a more general sense, your horizons are likely to expand.

Scorpio
24 October-22 November ★★
IT'S sometimes difficult for you to admit defeat, but you're also astute enough to know when you're flogging a dead horse. This month many of you will put a past situation behind you and accept that it's time to move on.

Sagittarius
23 November-22 December ★
THERE may be a cosmic backlash to your recent vengeful behaviour, but you'll take your punishment in good spirit. It's always difficult for others to stay mad at you, especially when you show genuine shame and remorse.

Capricorn
23 December-20 January ★★★
BRILLIANT stars suggest everything will come together after months of planning or indecision. People from afar may figure strongly in your life, or you'll steam ahead with a project that's been very dear to your heart.

Aquarius
21 January-19 February ★★
IF a relationship has stood the test of time, you can expect it to flourish further this month. Yours is a loyal sign, but sometimes you distance yourself emotionally from loved ones. All that will change with a gentle nudge from Venus.

Pisces
20 February-20 March ★★★
YOUR annual new Moon ends speculation and clarifies the next step on your life journey. After months of marking time, you'll be formulating plans with someone you love and looking forward to a complete change of scene.

Thursday 2 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am Nico the Unicorn
1998, rating Sky PG, DS, 91 mins
8.00
Under the Lighthouse Dancing
1996, rating Sky PG, DS, 90 mins
10.00 Stormchaser: Revenge of the Twister
1998, rating Sky PG, DS, 92 mins
12noon The Stone Boy
Robert Duvall, Jason Presson
1984, rating Sky PG, 88 mins
1.45pm Pete's Dragon
Helen Reddy, Jim Dale
Fantasy about a young orphan boy who befriends a giant dragon. *1977, rating Sky U, 123 mins*
3.55 Stormchaser: Revenge of the Twister
Kelly McGillis, Wolf Larson, Liz Torres, David Millbern
Action-packed adventure. A woman is determined to complete her husband's tornado research after he loses his life in the eye of a storm. *1998, rating Sky PG, 92 mins*
5.45 The Simple Life of Noah Dearborn
Sidney Poitier, Diane Wiest
PREMIERE Drama. An aged carpenter who leads a simple life free of modern technology has his lifestyle threatened by property developers who want to buy his land. A psychiatrist who is brought in to to assess his competence is soon charmed by his lifestyle. *1999, rating Sky PG, 88 mins.*
7.30
Barry Norman's Film Night
Latest film reviews.
8.00 Mimic
Mira Sorvino, Jeremy Northam, Alexander Goodwin
Thriller. A scientist develops a bug designed to kill all the cockroaches in New York before self-destructing. Years later, a couple of kids bring her a strange insect they found in the subway and she realises the insects did not die. **Text** *1997, rating Sky 15, 101 mins*
10.00 Jackie Brown
Pam Grier, Samuel L Jackson, Robert De Niro, Bridget Fonda
Comedy drama. When a middle-aged air stewardess and small time crook is arrested, the police expect her to talk in return for a light sentence. She has other plans, however, and embarks on a scheme which will keep her one step ahead of the police and two steps ahead of her partners in crime. **Text** *1997, rating Sky 15, 148 mins*
12.35am City Slickers
1991, rating Sky 15, 109 mins
2.30 Gummo
Text *1997, rating Sky 18, 85 mins*
4.00-5.45am
The Simple Life of Noah Dearborn
1999, rating Sky PG, 88 mins

SKY MOVIEMAX
PREMIUM CHANNEL

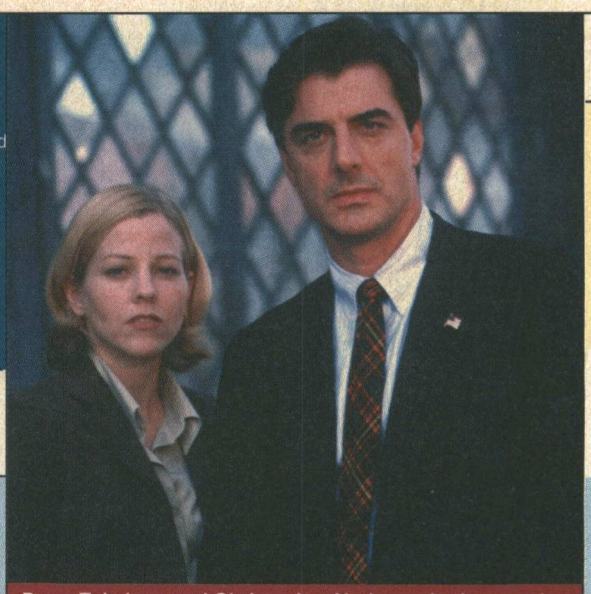
6.15am Danielle Steel's Star
1993, rating Sky PG, 88 mins
8.00 How I Got Into College
1989, rating Sky PG, DS, 83 mins
10.00 Blackout Effect
Eric Stoltz, Charles Martin Smith
1998, rating Sky PG, 85 mins
12noon Danielle Steel's Star
Romantic drama. *1993, rating Sky PG, 88 mins*
2.00pm How I Got Into College
Corey Parker, Lara Flynn Boyle
Kooky comedy. A teenage boy's desperate efforts to gain entrance into the same college as the girl of his dreams puts him through all manner of weird and wacky adventures. *1989, rating Sky PG, DS, 83 mins*
4.00 Alien Contact: Are We Alone?
Documentary-style film which asks the age-old question as to whether we are living alongside visitors from elsewhere. This film presents all the known evidence but it is up to you to make up your own mind if there is in fact life on Mars or any other planets for that matter. *1998, rating Sky U, 91 mins*
6.00 Blackout Effect
Eric Stoltz, Charles Martin Smith
Thriller. A National Transportation Safety Board inspector is investigating a mid-air collision in which his girlfriend died. He must determine whether or not the fatal crash was the fault of an air traffic controller now seeking revenge for what he believes to be false allegations against him. *1998, rating Sky PG, 85 mins*
8.00
To Love, Honor and Betray
James Brolin, Crystal Bernard
PREMIERE Drama in which a young woman, aware of her father's infidelity, is convinced of his guilt when her mother is murdered. *1999, rating Sky PG, 86 mins*
9.30 UK Top Ten
The latest from the British box office top ten.
10.00 Exiled
Christopher Noth, Dabney Coleman, Dana Eskelson, Ice-T
PREMIERE Crime drama spin-off from TV series *Law & Order*, in which a former homicide detective is exiled to Staten Island after an assault. *1998, rating Sky 15, 84 mins*
11.30
Rumble in the Bronx
Jackie Chan, Anna Mui
Text *1996, rating Sky 15, 85 mins*
1.00am
Love! Valour! Compassion!
Text *1997, rating Sky 18, 110 mins*
2.55 Suspicion of Innocence
1997, rating Sky 12, 86 mins
4.30-6.15am
Alien Contact: Are We Alone?
1998, rating Sky U, 91 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Country Girl
Bing Crosby, Grace Kelly
Drama. A washed up singer has the chance of a comeback when a director offers him a part in a new musical. But on the way he must first battle the bottle, a crisis in confidence and a battle of wills with his wife to whom he has become increasingly dependant. *1954, rating Sky PG, 100 mins*
6.00 Flame and the Arrow
Burt Lancaster, Virginia Mayo, Robert Douglas, Frank Allenby
Action adventure. An initially cynical people's hero leads a rebellion against the German oppressors in medieval Italy when his son is taken away from him. *1950, rating Sky PG, 88 mins*
8.00 Up the Junction
Suzy Kendall, Dennis Waterman, Maureen Lipman
Hit drama about a wealthy young London girl who decides to experience life on the other side of the tracks – and the river – and goes to work in a factory. Once ensconced there she falls for an ambitious yet poor young man. *1967, rating Sky 15, 114 mins*
10.00 Quadrophenia
Phil Daniels, Leslie Ash, Sting, Ray Winstone, Toyah Wilcox Cult classic drama. A mod in the Sixties pursues women, music and trouble. He finds the latter on a weekend jaunt to Brighton with his fellow scooter riding, parka-wearing friends when the Mods meet the Rockers for a seaside showdown. *1979, rating Sky 18, 115 mins*
12midnight The Adventurers
Bekim Fehmiu, Charles Aznavour, Drama set in an imaginary South American country. *1970, rating Sky 18, 170 mins*
2.55am 92 in the Shade
Peter Fonda, Warren Oates
Drama. *1979, rating Sky 15, 87 mins*
4.30-6.05am An Annapolis Story
1955, rating Sky PG, 81 mins



Dana Eskelson and Christopher Noth star in the premiere of the crime drama 'Exiled'. Sky MovieMax 10.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm And Life Goes on
Documentary. After the earthquake in Guilan that killed more than 50,000 people, Iranian director Abbas Kiarostami travelled there to find out what had happened to the actors he used for his film *Where Is My Friends House? 1992, rating U, 104 mins*
7.35 Mann Made
Michael Mann interviewed.
8.00 LA Takedown
Scott Plank, Michael Rooker, Alex McArthur, Laura Harrington
Stylish action thriller set in Los Angeles. A cop begins to respect and admire the leader of a gang of armed robbers he is trying to capture. This made-for-TV film was the blueprint for director Michael Mann's later acclaimed theatrical release *Heat. 1989, rating 15, 93 mins*
10.00pm Heat
Robert De Niro, Al Pacino
Action thriller. A cop is on the trail of a gang of armed robbers. As the trail gets hotter he becomes more and more obsessed with his prey. In the meantime the gang leader wants to make one last hit to retire on. But there can be only one winner in this game of cat and mouse. **Text** *1995, rating 15, 163 mins*
12.50am The Violent Cop
Takeshi Kitano
Action. A rogue detective fights both a yakuza gang and his own corrupt superiors *1989, rating 18, 98 mins*
2.30 Come and See
1985, rating PG, 136 mins
4.45-6.00am
Arthur's Hallowed Ground
1986, rating PG, 71 mins

ITV2 is now on page 39

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm Fire Down Below
Rita Hayworth Robert Mitchum
Drama. Two men own a tramp steamer service which they use to do odd jobs in-between drinking a lot. One day they ferry a woman to another island; on the way they both fall for her and their friendship is ruined. Until, that is, they meet again in desperate circumstances. *1957, 116 mins*
9.00
The Purple Rose of Cairo
Jeff Daniels, Mia Farrow
Romantic fantasy. A young woman finds solace from her abusive marriage by repeatedly watching a screwball comedy at her local cinema until one day the leading man walks through the screen and into her life. *1985, 84 mins*
10.45 The Apprenticeship of Duddy Kravitz
Richard Dreyfuss, Randy Quaid
Comedy. An 18-year-old Jewish kid desperately wants to be 'a somebody'. However a series of get rich quick schemes backfire. *1974, 120 mins*
1.00am She-Devil
Comedy drama. *1989, 99 mins*
2.45 35-a-Side
Irish comedy about a schoolboy.
3.30 The Purple Rose of Cairo
Romantic fantasy. *1985, 84 mins*
5.15-7.00am
No My Darling Daughter
Comedy. *1961, 85 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy about two antagonistic bookshop proprietors who, although they loathe each other, are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan. **Text** *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. **Text** *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller. An exporter of illegal fake goods from Hong Kong finds himself mixed up with Chinese gangsters, the Russian Mafia and British colonial police when his brother gets involved in arms dealing. Stars Jean-Claude Van Damme and Rob Schneider. **Text** *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 2 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Get Off Your Harley Cause Your Look is Gnarley
Jenny talks to biker babes about their style and offers them the chance to have make-overs.
4.00 Pokémon
Clefairy and the Moon Stone
The gang arrive at the caves.
4.30 Pokémon
The Waterflowers of Cerulean City
5.00 Star Trek: Voyager
Vis-a-Vis
Kim detects an alien vessel close by as Steth, the only occupant aboard, makes contact with Janeway and her crew. Text
6.00 Friends
The One Where Ross and Rachel Take a Break Text
6.30 Dream Team
Follow the daily dramas faced by Harchester United.
7.00 The Simpsons
Stark Raving Dad
Homer is sent to the local mental facility. Text
7.30 The Simpsons
Oh Brother Where Art Thou? Text
8.00 Roswell High
Blood Brother
Sci-fi drama. Roswell, New Mexico, is a town that has long been associated with UFOs and extraterrestrial visitors.
9.00 Friends
The One with Ross's Teeth
The guys explore their feminine side. Text
9.30 ER
Great Expectations
Dr Corday spends Thanksgiving Day with Dr Greene's family. Stars Goran Visnjic.
● FEATURE: pages 10-11
10.30 Veronica's Closet
Veronica's Sliding Doors
11.00 Dream Team
Follow the daily dramas faced by Harchester United.
11.30 Star Trek: Voyager
Vis-a-Vis
Kim detects an alien vessel close by as Steth, the only occupant aboard, makes contact with Janeway and her crew. Text
12.30am Picket Fences
Freezer Burn
Brock and his deputies investigate the murder of a masseur.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing

3.00 The Bill
Going Guilty
A teenage murderer walks free.
3.30 The Bill
Pieces of Cake
Beech is caught in the crossfire.
4.00 EastEnders
Michelle and Shelly are back back from Amsterdam.
4.35 Neighbours
Pam and Gaby try to protect Brad, but end up in trouble.
5.00 Bugs
All Under Control
The Bugs team is called to an airport to investigate planes that seem to fly themselves, after one of the planes goes out of control.
6.00 The Brittas Empire
Biggles Tells a Lie
Colin and Laura step in for the day at thre leisure centre.
6.35 Butterflies
Bittersweet suburban sitcom.
7.10 May to December
Let the Heartaches Begin
Zoe plays matchmaker.
7.45
Keeping Up Appearances
Hyacinth intervenes when daddy dresses up as a spaceman.
8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville.
9.00 The Black Adder
The Foretelling
First series of the classic historical comedy
9.45 The Black Adder
Born to Be King
Murder and morris dancing break out when a stranger arrives.
10.30
Only Fools and Horses
Thicker Than Water
Christmas chez Trotter is a time for family and friends.
11.10 Casualty
She Loved the Rain
Tina is concerned about Sean's increasingly phlegmatic behaviour, and Max has an unexpectedly emotional day.
12.15am The Bill
Going Guilty
12.45 The Bill
Pieces of Cake
1.15 Hamish Macbeth
Hamish is drawn into a 20-year-old local mystery while on holiday.
2.10-2.45am Whatever Happened to the Likely Lads?

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00 Moral Dilemmas
The talk show which offers advice to people in dilemmas.
3.50 Forgive or Forget
Mother Love deals with real problems in a variety of relationships, and tries to resolve them by giving guests the opportunity to forgive each other.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.
5.30 Ready, Steady, Cook
The cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which guests engage in lively – and often heated – discussion.
7.00 Judge Judy
New York City's outspoken judge presides over real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Charmed
Drama series about three sisters who move into a house left to them by their grandmother – only to find they have also inherited her powers of witchcraft.
9.00
FILM: Going Underground
LaTanga Richardson, Katherine Cortez
Drama in which a mother and her children go underground to hide from her cruel and abusive husband. *1993*

10.50 Red Shoe Diaries
David Duchovny introduces the stories of obsession, eroticism and love.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs 7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Upstairs Downstairs 11.00 The Persuaders 12noon Classic Coronation Street Text 12.30 Emmerdale Text
1.00 Robin's Nest
1.30 Only When I Laugh
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
The Face of the Dragon
The Five-0 team goes into action when a man who is suspected of carrying bubonic plague turns up in Hawaii.
4.00 Kojak
Close Call Before Killing
Kojak is stumped when a successful businessman kills his partner and has his office premises burnt to the ground.
5.00 The Persuaders
Nuisance Value
The dangers of helping a damsel in distress are highlighted for Danny and Brett when they are accused of kidnapping her.
6.00 Emmerdale
The recovery process begins.
6.30
Classic Coronation Street
The Street prepares for Christmas Eve.
7.00 Robin's Nest
Move Over Darling
Running a bistro and visiting Vicky take its toll on Robin.
7.30 Who Do You Do?
Comedy sketches and songs.
8.00 The Benny Hill Show
Benny Hill stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties. With Bob Todd and Henry McGee.
9.00 Kojak
Acts of a Desperate Man
An accountant finds his life undergoes a radical change.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Magazine series which takes a look at the motoring industry.
11.30 Motorsport Mundial
Magazine programme which looks at motorsport.
12midnight Grand Quiz Auto
Quiz show dealing with all things horsepowered, with Elisa Portelli.
12.30am Carfile
Motoring series devoted to contemporary vehicles.
1.00-2.00am Drivetime
The programme which covers every aspect of motoring-from saloon car racing to vintage car greats.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The adventures of Ariel. Text
3.30 Classic Toons
Watch classic Disney characters.
3.40 Art Attack
Innovative art show. Text
4.00 Sabrina
Fun with the bewitching teen.
4.30
Hercules: The TV Show
Hercules and the Poseidon's Cup Adventure Text
5.00 Recess
The youngsters use recess to cope with problems. Text
5.30
My Best Friend is an Alien
I Was Dealt a Dung Deal Text
6.00 Smart Guy
TJ's a smart kid put into tenth grade instead of the fourth. Text
6.30 Microsoap
Kids' sitcom dealing with the problems of youngsters.
7.00 FILM:
Don't Look Under the Bed
Erin Chambers and *Eric Hodges.*
Fantasy comedy about a teenager who doesn't believe in magic or anything supernatural – until someone starts playing destructive pranks. *1999* Text
8.30 Honey, I Shrunk the Kids: The TV Show
Honey, the Bear Is Bad News
Wayne interferes with Jentech's first project. Text
9.10 Boy Meets World
Better Than the Average Cory
Cory meets a child prodigy. Text
9.35 Dinosaurs
Animatronic comedy. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

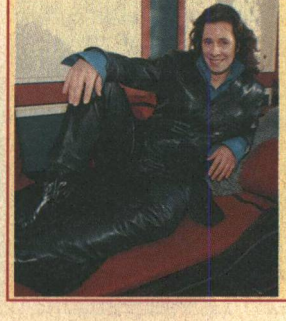
FILM

Heat
FilmFour 10.00pm
The highlight of FilmFour's Michael Mann season is this moody, reflective crime epic – one of the most artful genre efforts of recent years. Lensed in LA in icy hues, it sees Robert De Niro's aloof, fastidious criminal being hunted by Al Pacino's equally obsessive cop.

GENERAL

Winter Nosh
Carlton Food Network 1.30pm
Filmed on location in the UK, this celebration of classic winter food is presented by irreverent culinary duo The Nosh Brothers. Enjoy their banter as they cook up three-course feasts for the unsuspecting public on their travels across the country.

ADVERTISEMENT
UK STYLE



FANTASY ROOMS
9.00PM
Flamboyant interior designer Laurence Llewelyn-Bowen engineers the transformation of six rooms in this series that turns people's decorating dreams into reality.

Thursday 2 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Alpine Skiing** **8.30 Nordic Combined Skiing** **9.30 Luge** **10.00 Xtreme Sports** **11.00 Athletics** Action from the European Indoor Championships. **12.30pm Figure Skating** Highlights of the Four Continents Championships. **2.30 Biathlon** Action from the World Championships in Holmenkollen, Norway.	**7.00am Sky Sports Centre** **7.15 World Wrestling Federation – Classics** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Euro Tour Golf: Dubai Desert Classic – LIVE** **1.00pm Trans World Sport** **2.00 Total Sport** **2.30 Ice Hockey: Game of the Week** Catch up with all the latest news, gossip and punch-ups in the Sekonda Superleague. London Knights were leading the table as the season entered the new millennium and they remain favourites to win the title.	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News 8.15 Futbol Mundial 8.45 Sky Sports Centre 9.00 Telegraph Action Sport 9.30 Hot Tuna Rebel TV 10.00 Ice Hockey 12noon Super League Special: 10 Years on Sky 1.00pm Watersports World 2.00 Motor Racing: Race of Champions**	**12noon Futbol Mundial** Reviewing the action from the game around the world. **12.30pm Fastrax** News, action, profiles and lifestyle features from the world's alternative sports. **1.00 Telegraph Action Sport** **1.30 Hot Tuna Rebel TV** **2.00 Sky Premiership Classics: Arsenal v Manchester United** Football action from 1999.	**8.00am Battlestar Galactica** **9.00 The Time Tunnel** **10.00 Lost in Space** *Collision of the Planets* **11.00 The Incredible Hulk** *Another Path* **12noon Babylon 5** *The Exercise of Vital Powers* **1.00pm Alien Nation** *The Night of the Screams* **2.00 Battlestar Galactica** *The Long Patrol*	**6.00am MTV Select** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** Featuring rarely-seen artists and cutting-edge videos. **12noon Mad 4 Hits** **2.00pm All Time Top 10 Floorfillers** Includes Fatboy Slim's *Rockafeller Skank* and Artful Dodger's *Rewind.*
3.00 PM	**3.00 Sports Unlimited** Whether on the ground or in the air, this show promises spectacular footage of the world's wackier sports. **3.30 Futbol Mundial** Taking a global view of the game with an insight into the best current action.				**3.00 Space Precinct** *Deathwatch – Part I* A New York cop decides it's time for a change, so he and his family move to an orbiting 'space suburb'.	**3.00 Bytesize MTV** A constant barrage of bizarre moments from MTV around the world, presented in short soundbites.
4.00 PM	**4.00 Xtreme Sports** Action from the Winter X Games in Mount Snow, Vermont, USA.	**4.30 FIFA TV** Covering all the latest developments in the world of international football.	**4.00 Australian Drag Racing** **4.30 Super League Special: 10 Years on Sky** Eddie Hemmings and Mike Stephenson take a look at the people and places that have hit the headlines over the past ten years.	**4.00 Watersports World** From powerboating and jet skiing to water-skiing and canoeing, a guide to the best water action.	**4.00 The Time Tunnel** *The Revenge of Robin Hood* The time travellers emerge in the midst of a conflict involving Robin Hood.	**4.00 Select MTV** Viewers make MTV their personal jukebox. Everyday, two hours of chat, videos and guest appearances from some of the most promising names in the world of pop.
5.00 PM	**5.00 Nature/Adventure** Featuring adventure sports action from some of the most inhospitable places on the planet.	**5.00 World Wrestling Federation – Classics**	**5.30 Football League Review**	**5.00 Australian Rally Championships** **5.30 Inside the PGA Tour** An insight into life on the PGA Tour.	**5.00 Lost in Space** *Collision of the Planets* Sixties space-travel series. Aliens threaten to destroy the drifting planet occupied by the Robinsons.	
6.00 PM	**6.00 Racing Line** **6.30 Motorsports** Featuring highlights of the Motor Madness Monster Jam from the USA.	**6.00 Sky Sports Centre** The latest sports news. **6.30 Football League Review** Nationwide League action.	**6.00 Euro Tour Golf: Dubai Desert Classic** David Livingstone introduces the action from the opening day's play at the Dubai Creek Golf & Yacht Club, which plays host to the 2000 Dubai Desert Classic. This hugely competitive event attracts the very best players from all the major tours from around the world. Previous winners include Seve Ballesteros, Fred Couples and Ernie Els, while the defending champion is David Howell.	**6.00 Max Power** Touring cars, single seaters, road racing and off road events are packed together in a dose of international motorsport.	**6.00 The Incredible Hulk** *Another Path* Banner meets a Chinese man who may be able to help him control the Hulk.	**6.00 Bytesize MTV** A fast-cut window onto the world of music television, featuring all the best bits of MTV from around the world in short soundbites.
7.00 PM	**7.00 Football** An introduction to this evening's Uefa Cup action. **7.45 Football – LIVE** Coverage of the fourth round, first leg of the Uefa Cup featuring one of the following ties: Parma v Werder Bremen, Juventus v Celta Vigo, Roma v Leeds United, Real Mallorca v Monaco, Slavia Prague v Udinese, Borussia Dortmund v Galatasaray, Atletico Madrid v Lens and Arsenal v Deportivo La Coruña. **9.45 Football** Further Uefa Cup action.	**7.00 Uefa Cup Football: Arsenal v Deportivo La Coruña – LIVE** Arsenal get another bite at the European cherry courtesy of the Uefa Cup. Deportivo La Coruña will arguably prove as stern a test as any the north Londoners faced in their Champions' League campaign. Richard Keys presents all the action while Martin Tyler and Andy Gray provide the commentary. **10.00 Sky Sports Centre** **10.15 You're On Sky Sports!** The show that lets football fanatics have their say. **11.00 Spanish Football** David Bobin introduces a highlights round-up from La Liga, featuring the best of the recent matches.		**7.00 Tight Lines** Bruno Brookes and regular studio guest Keith Arthur discuss the latest angling activity and offer advice to fishing fanatics. **8.00 What a Weekend** The show that takes a look at the very best of the weekend's sporting action. **8.30 Australian Rally Championships** **9.00 Max Power** Touring cars, single seaters, road racing and off road events are packed together in a dose of international motorsport. **10.00-11.30pm World Cup Classics: Portugal v Hungary 1966**	**7.00 Alien Nation** *The Night of the Screams* As Hallowe'en approaches, George and Sikes have the job of finding a real bogeyman. **8.00 Babylon 5** *War Prayer* A group of racial fanatics infiltrates Babylon 5 and begins attacking innocent aliens. With Tristan Rogers. **9.00 Babylon 5** *And the Sky Full of Stars* Sinclair is abducted by two mysterious beings who set about probing his subconscious memory. **10.00 FILM: Drive** *Mark Dacascos, Kadeem Hardison, Brittany Murphy* Action adventure. A martial arts expert whose body has been modified to give him special powers, takes a hostage and goes on the run from Chinese gangsters in San Francisco. *1996*	**7.00 Mad 4 Hits** An hour of back-to-back smash hits. **8.00 European Top 20** Eden Harrell presents a rundown of the singles topping the charts on the Continent. **9.00 Daily Edition** Emma Ledden and Edith Bowman deliver stories from the world of showbiz. **9.30 Celebrity Death Match** **10.00 The Late Lick** A selection of smooth and sultry sounds, presented by Trevor Nelson. **11.00 brand:new** Zane Lowe casts his eye over all that is new in the music biz, featuring interviews with the hottest new acts around.
12.00 NIGHT TIME	**12midnight-12.30am Racing Line**	**12midnight Sky Sports Centre 12.15am Uefa Cup: Arsenal v Deportivo La Coruña 1.45 Spanish Football 2.45 FIFA TV 3.15 Football League Review 3.45 What a Weekend 4.15 You're On Sky Sports! 5.00-5.15am Sky Sports Centre**	**12midnight Australian Rally Championships** Top action from down under. **12.30am Max Power** Motorsport action. **1.30 Ford Golf USA: Doral-Ryder Open 3.30-3.45am Sky Sports Centre**		**12midnight Lexx** *Boomtown* Kai escapes from a floating city and finds himself in a hedonistic paradise. **1.00am FILM: Legacy** *Sam Elliot, Katherine Ross* Horror. *1979* **3.00-4.00am Babylon 5**	**12midnight US Top 20 Countdown** A weekly update on stateside chart action with a rundown of the hottest videos from the Billboard Hot 100. **1.00am The Late Lick** Presented by Trevor Nelson. **2.00-6.00am Night Videos**

LIVE UEFA CUP FOOTBALL: ARSENAL V DEPORTIVO LA CORUÑA
SKY SPORTS 1 7.00PM

Arsenal may have been dumped out of the Champions' League without much glory, but there's still everything to play for in the Uefa Cup, and tonight at Highbury they entertain the Spaniards of Deportivo La Coruña and the talents of Victor Sanchez (pictured, right). The Gunners are back at Highbury again after earlier European Cup games at Wembley and will want their home fans to give full voice to cheer for goals from Davor Suker (pictured, left), Thierry Henry and all.

PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.06 Rendezvous 11.15 Eden 12midnight Freeview 12.10am Villa Lesbos 12.40 Frisky Hot Fräuleins 1.05 FILM: No Man's Land – 'Cause I Like It 2.25 Lesbian Fantasies 2.45 Massage Parlour Girls 3.35-4.00am Raw Adventures	**12midnight The Ten Minute Preview 12.10am Adult Feature 12.25 Adult Feature 12.40 FILM: Lost and Found 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Adult Feature 2.20 Night Pleasure 3.30-4.00am Boobsy Twins**
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Thursday 2 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Bon Jovi
1.30 Pop-Up Video
More irreverence from the *Pop-Up* team.
2.00 Jukebox
A selection of chart-topping smashes and the channel's favourite videos for you to pick and choose from.

4.00 VH1 to One: Eurythmics
Annie Lennox and Dave Stewart chat to VH1.
4.30 Greatest Hits: Shania Twain
5.00 Top Ten
The latest up-to-the-minute rundown from VH1.

6.00 Greatest Hits: Bon Jovi
VH1 brings you a selection of some of Bon Jovi's biggest hits.
6.30 VH1 Hits
An hour and a half of chartbusting smashes.

8.00 Ten of the Best: Jon Bon Jovi
The man himself shares his favourite music videos.

9.00 Shania Twain's Winter Break
Shania Twain takes her winter break in Miami where she performs with the Backstreet Boys.
10.00 Egos & Icons: Bon Jovi
A look at the history of the legendary rockers.

11.00
Best British Video
A look at how the five nominees for the Best British Video at this year's Brit Awards were chosen.
12midnight Pop-Up Video
12.30am Talk Music
1.00 Hey, Watch This!
John Fugelsang takes a comical look at the differences between the Brits and Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

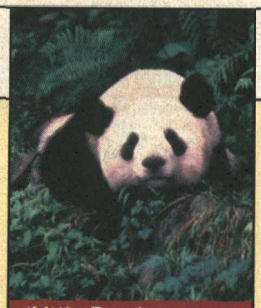
12noon Crocodile Hunter
Sharks Down Under
1.00pm Emergency Vets
1.30 Pet Rescue
Wendy Turner and Dr Mark Evans follow the fortunes of abandoned animals.
2.00 Harry's Practice
Harry treats an injured ring-tailed possum.
2.30 Zoo Story
Fly-on-the-wall series.

3.00 Going Wild with Jeff Corwin
Venezuela
A look at the capybara, the world's largest rodent.
3.30 Croc Files
4.00 Croc Files
Steve and Terri Irwin explore Tasmania.
4.30 Aquanauts
A trip to Hawaii's fascinating Sea Life park.
5.00 Emergency Vets
More animal surgery.
5.30 Zoo Chronicles
The keepers decide what to do with an injured squirrel monkey.

6.00 Crocodile Hunter
The Crocodile Hunter – Part I
6.30 Crocodile Hunter
The Crocodile Hunter – Part II
7.00
The Living Cathedral
A visit to Vienna.
7.30 Amazing Animal Shows
Daylight Robbery
8.00 Emergency Vets
Following a dedicated team of vets as they work around the clock to save animal's lives.
8.30 Emergency Vets

9.00
The Supernatural
Giant Lizard
A reported sighting of a huge flesh-eating lizard.
9.30 Gila Monster
10.00 Flying Vet
Gove
Following vets in Australia's Northern Territory.
10.30 Flying Vet
Cattle
11.00 Wildlife ER
A red-tailed hawk with a badly broken wing arrives at the hospital.
11.30-12midnight Wildlife ER

CABLE CHECK
Some of the channels listed may not be available in your area



'Little Pandas: The New Breed' National Geographic Channel 12midnight

ITV2
ACCESS PACK

4.00pm Board Wild
Coverage of international snowboarding, windsurfing, surfing and skateboarding events.
4.30 NBA Jam
5.00 UK Live
Death in Vegas perform at London's Astoria.

6.00 Gladiators
Muscle-bashing challenges between super-fit members of the public and the mighty Gladiators.

7.00 High 5
Unusual sports.
7.30 Boxing Monthly
Magazine programme featuring action from the world championship fights, interviews with major boxers and behind-the-scenes coverage.

9.00
Always and Everyone
The team battles to save two youngsters with gunshot wounds, and Cathy announces she is leaving.
10.00 Emmerdale
Another chance to see tonight's episode of the Yorkshire soap. Text
10.30 Pleasure Island
Fly-on-the-wall series.
11.00 The Vice
Drama series which follows the investigations of the London vice squad. With Ken Stott, Anna Chancellor and Sally Hurst.
12.20am The Bill
More dramatic developments at Sun Hill.
1.00
The Jerry Springer Show
More outrageous chat with Jerry Springer.
1.45-2.15am
Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am Crewless 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Moving People 11.30 House in Spain 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Big Kevin, Little Kevin 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 Gardeners' World
3.00 Garden Magic
Toby Buckland solves your gardening dilemmas.
3.30 Front Gardens
The Low-Maintenance Garden
4.00 Travel Xpress
Featuring a journey across India by train.
4.30 Rough Guide to the World
Rajasthan
Magenta De Vine and Simon O'Brien report from the exotic Indian state of Rajasthan.
5.30 Antiques Roadshow US
This edition comes from historic Concord, Massachusetts.
6.30 Real Rooms
The makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
More hopeless cooks are helped to create a meal.
7.30 Collectors' Lot
Presented by Sue Cook.
8.00 Change That
Interior design roadshow.
8.30 Which Craft?
Combining traditional arts and crafts with practical ideas for the home.
9.00 Fantasy Rooms
Laurence Llewelyn-Bowen transforms the rooms of six people with extraordinary ideas.
9.30 Antiques Watch
10.00 Moving People
Documentary series about a variety of people caught up in the trauma of moving.
10.30 House Invaders
Hosted by Linda Barker.
11.00 Ground Force
Whitley Bay
11.30 Gardening from Scratch
The gardening series for absolute beginners.
12midnight Show People
This edition comes form the Grasmere Lakeland Sports Show, where Tim gets to grips with Chips and Buttocks, and Jo gets friendly with a falcon.
12.30am-1.00am
Front Gardens

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Visit
7.50 Doctors at Large
8.20 Battersea Dogs' Home
8.50 Animal Hospital
9.15 Ambush at Masai Mara
9.45 The Bat that Cracked the Frog Code
10.15 Living with El Niño
11.15 Tomorrow's World Plus
12.15pm Trust Me, I'm a Doctor
12.45 City Hospital
1.45 Lenny Henry's Big Amazon Adventure
2.45 The Visit
Claudia's Story
Desmond Wilcox presents the story of Claudia McKibbin, who was born with a rare and crippling condition called Vater Syndrome.

3.45
Battersea Dogs' Home
4.20 Vets in Practice
New Beginnings
Following the activities of a group of young vets.
4.50
Children's Hospital – Special Edition
5.20 The Shop
A Sizeable Problem
Documentary series.
5.55 City Hospital
Gaby Roslin reports on the triumphs and trials of patients and staff at Southampton General.
6.55
Back to the Floor
Drop in Rank
7.30 Accident and Emergency
A man is admitted who has had molten aluminium splashed in his eye.
8.00 Vets in Practice
New Beginnings
Fly-on-the-wall series.
8.30
Children's Hospital – Special Edition
9.00 The Shop
A Sizeable Problem
A new buyer arrives in the furniture department.
9.35 HMS Brilliant
Gladys Takes the Rap
HMS Brilliant is back at sea and caught up in a maritime courtroom drama.
10.35 Accident and Emergency
Fly-on-the-wall series.
11.05
Sexual Chemistry
An exploration of the development of Viagra.
12.05am-1.00am
Hollywood Women

UK PLAY:
1.00am Game On 1.30 Mark and Lard's Pop Upstairs Downstairs 2.00 New Comedy Awards 1999 2.25 The Chris Moyles Show 2.55 TOTP Plus 3.20 Cherry Pop 3.35 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon 8.00 Network Daily 8.45 More Simply Antony 9.30 A to Z of Food 10.00 Crazy about Cheese 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Celebrations 12noon Classic Dishes 12.30pm In Season 1.00 Coxon 1.30 Winter Nosh 2.00 Food Daily 2.45 Simply Fish
With James Martin.

3.30
Tessa's Tastebuds
Pears
Tessa prepares a pear tart with caramel almonds.
4.00 Simply Baking
Shortcrust Pastry
4.30 Mridula's Indian Kitchen
Featuring a look at the use of coriander.
5.00 Flash in the Pan
5.30 Classic Dishes
A recipe for steak tartare.
6.00 Coxon's Kitchen College
6.30-7.00pm
Taste of the Times

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Animals on Parade
The arguments for and against keeping animals in the entertainment industry.
8.00 Storm Chasers
Tracing the men who collect information about tornados for science, television and simply for the thrill of it.
9.00
Mysteries of the Mind
A tour of the human mind, one of the most mysterious and powerful faculties of the human body.
10.00
The Science of Sex
The Aim of the Game
Exploring whether there is a link between unfaithful spouses and sperm count.
11.00
Explorer's Journal
An Unusual Kind of Medicine
Unusual ways to treat all sorts of complaints.
12midnight-1.00am
Little Pandas: The New Breed
Following three panda mothers who have successfully given birth in the same year.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
Big money gameshow.
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers

12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Joy of Painting
6.30 Garden Club
7.00 Real Gardens
7.30 Doing it Up
8.00 How 2 Crew
Sauna
8.30
Our House Down Under
8.55 Joy of Painting
9.30 Simply Painting
10.00 Garden Club
10.30 Real Gardens
11.00 The Diceman
11.30 Kingsbury Square

12noon Hometime
12.30pm Hometime
1.00 Two's Country
1.30 How 2 Crew
2.00 Our House
2.30
New Yankee Workshop
3.00 This Old House with Steve and Norm
DIY advice from the experts.
3.30-4.00pm
Screaming Reels
Nick Fisher grapples with a blue shark.

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 ByteMe 11.00 Come On 11.15 ByteMe 12noon Come On 12.15pm ByteMe 1.00 Come On 1.15 ByteMe 2.00 Come On 2.15 ByteMe 3.00 Come On 3.15 ByteMe 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Thursday 2 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Mystic Knights 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Secret Files of the Spy Dogs 12.30 Donkey Kong 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30pm Biz Asia 12.30 Movers 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Travel Now 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 12.45 Business 1.00 Asia 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 A Bon Entendeur 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Docteur Sylvestre 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Strip Tease 1.00 Journal 1.15 Docteur Sylvestre 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Docteur Sylvestre 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Les Grands Jours du Siècle 9.00 Journal Télévisé 9.15 Entre Terre et Mer 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Aahwhan 12.30pm Subah 1.00 Zameen Aasman 1.30 FILM 4.00 Take 2 4.30 Muthi Bhar Sitare 5.00 Kashkol 6.00 Golmaal 6.30 Videocon Flashback 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 11.30 News 12midnight Zameen Aasman 12.30am MTV 123 1.15 FILM 4.00 Subah 4.30 Zamana Badal Gaya 5.00 Doosra Aasman 6.00 Holy Quran 6.30 DD News 7.00-7.30am Is Hafte Ki Kahani Geet

ZEE TV
ADD-ON CHANNEL

6.00am Usha Uthap Show 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Low Cal Show 10.00 Zeharaab 11.00 Pot Luck 11.30 Amar Prem 12.00 FILM 3.00pm Professor Pyarelal 3.30 Dada Dadi Ki Kahani 4.00 Raahat 4.30 Pride Antakshari 5.00 Aashiqui 5.30 Hasratein 6.00 Banegi Apni Baat 7.00 Hello Friends 7.30 Jaan 8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Chahat Aur Nafrat 10.00 Pakistan News Link 10.30 X Zone 11.30 Janam 12midnight News 12.30am Zee Horror Show 1.00 Mast Must Show 1.30 Andaz 2.00 FILM 5.00 V3 5.30-6.00am He Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Word of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Potter's House 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.15 Find Manager's Corner 4.30 Wall Street Report 5.15-6.00am South Africa Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 House of Lords 11.30 House of Commons 7.30pm House of Lords 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

3.00 **Flying Rhino Junior High**
Pachyderm pranks.
3.30 **Fat Dog Mendoza**
Animated antics.

3.00 **Doug**
The animated antics of a daydreamer and his dog.
3.30 **Hey Arnold!**
The adventures of the boy with the odd-shaped head.

3.10 **X-Men**
Human/mutant conflict.
3.29 **X-Press**
UK Connection
3.30 **Monster Rancher**

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Rex Hunt fishes for kingfish off the coast of New South Wales.
4.30 Discovery Today

4.00 **Mike, Lu and Og**
4.30 **The Powerpuff Girls**
Action as Blossom, Bubbles and Buttercup create chaos in Townsville.

4.00 **Rugrats**
More fun with the over-imaginative toddlers.
4.30 **SpongeBob Squarepants**
Animated adventures.

4.00 **Power Rangers in Space**
The kids blast back in their newest incarnation.
4.30 **Mystic Knights of Tir Na Nog**

5.00 PM

5.00 Time Team
Isle of Islay
The team sheds fascinating light on important aspects of Britain's past.

5.00 **Ed, Edd 'n' Eddy**
Namesake fun with the three friends.
5.30 **Johnny Bravo**
Ego-maniac adventures.

5.00 **Sabrina the Teenage Witch**
The misadventures of a teenage sorceress.
5.30 **Kenan & Kel**

5.00 **Dennis and Gnasher**
Dennis and Gnasher take on the enemy – adults.
5.30 **Ace Ventura**
Animated adventures.

6.00 PM

6.00 Navy SEALs – Warriors of the Night
Focusing on the punishing training programme of the US Navy's elite fighting force known as the SEALs.

6.00 **Tom and Jerry**
Madcap comic antics with the cat and mouse duo.
6.30 **The Flintstones**
Prehistoric men behaving badly in Bedrock.

6.00 **Renford Rejects**
6.30-7.00pm **Sister Sister**

6.00 **Oggy and the Cockroaches**
6.30-7.00pm **Goosebumps**
Spooky stories.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm **Student Bodies**
7.30 **Desmond's**
Barbershop sitcom.
8.00 **Dharma and Greg**
Everybody Must Get Stoned
8.30 **Just Shoot Me**
Shaking Private Trainer
9.00 **Married... With Children**
I'll See You in Court
9.30 **Spin City**
My Life Is a Soap Opera
Mike dates a soap writer.
10.00 **Frasier**
The Gift Horse
10.30 **Father Ted**
Competition Time
The priests impersonate Elvis in a talent show.
11.00 **Drop the Dead Donkey**
Gus recovers from his heart tremor.
11.30 **Whose Line is it Anyway?**
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 DiResta
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott And Costello

7.00 PM

7.00 Car Country
Cars of the Autobahn
Tim Grundy's automobile adventures around Europe.
7.30 Discovery Today
Magazine programme.

7.00 **Scooby Doo – Where Are You?**
7.30 **Looney Tunes**
8.00 **Pinky and the Brain**
8.30-9.00am **Batman**
Caped capers.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Shop!
8.30 Sports Shop!
9.00 Beauty Shop!
9.30 Shop! Feature
10.00 Kids Shop!
11.00 Jewellery Shop!
12noon Shop! Feature
12.30pm Home Shop!
1.00 Bargain Shop!
1.30 Shop! Selection
Round-up of the best-sellers.
2.30 Kitchen Shop!
3.00 Technology Shop!
4.00 Clothes Shop!
5.00 Shop! Selection
6.00 Kids Shop!
7.00-7.30pm Kitchen Shop!

8.00 PM

8.00 Crime Night
Shadow of the Assassin
Two-part documentary shedding light on the shadowy world of the professional hit man.

TNT
FAMILY PACK

9.00pm **WCW Nitro**
Two hours of wrestling action from the US.

9.00 PM

9.00 The FBI Files
Blood Brothers
NEW SERIES How the FBI brought to justice the brothers who murdered the president of a bank.

10.00 PM

10.00 Forensic Detectives
Texas Rangers
Documentary about the Texas Rangers, part of the Texas Highway Patrol.

11.00 **The Adventures of Brisco County Jr**
Western adventure series.
12midnight-1.00am **The Dukes of Hazzard**

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

11.00 PM

11.00 Battlefield
The Battle of Midway
Focusing on the most decisive naval battle of World War II, fought between the US and Japan.

12.00 NIGHT TIME

12midnight Cosmic Safari
A two-part documentary that travels through space showing evolution as scientists believe it might occur. **1.00am Discovery Today**
1.30-2.00am Ultra Science
The Planet's Time Bombs
A look at the awesome power of volcanoes.

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon **Alien Hunters**
12.55pm **100 Years of Labour**
1.00 **Tales of the Gun**
German Small Arms
2.00 **Biography**
Field Marshall Erwin Rommel
3.00 **The Grunts of Vietnam**
The story of the soldiers who saw combat in Vietnam.
3.30 **World War I**
The Day the Guns Stopped Firing
4.00 **Secrets of War**
Weapons of the Shadow War
5.00 **Packard**
6.00 **The End of the World**
6.55 **100 Years of Labour**
7.00 **Tales of the Gun**
AK47
The story of the phenomenally successful weapon.
8.00 **Biography**
Charlie Chaplin
9.00 **The Jet Age**
9.30-10.00pm **World War I**
Wilson and Peace

TV TRAVEL SHOP
BONUS CHANNEL

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QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Gatineau at 4.00pm.

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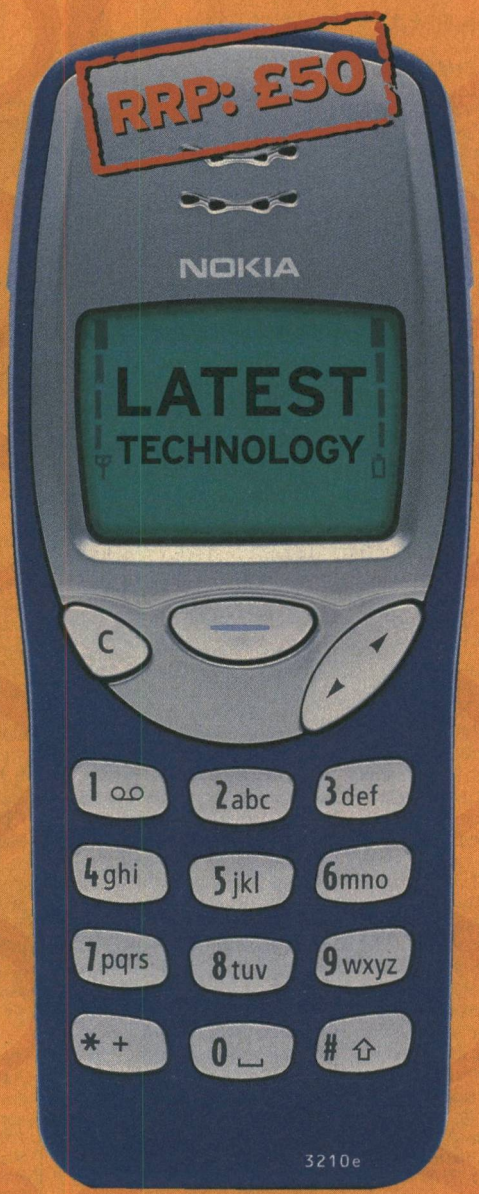

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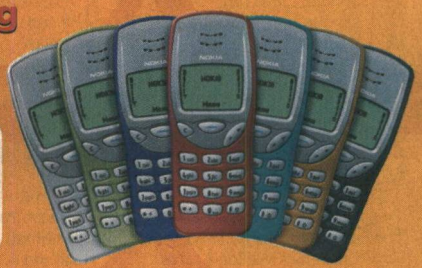

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CG0200GD

Friday 3 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Legend of Pirate's Point
1999, rating Sky U, 82 mins
8.00 The Staircase
Diane Ladd, Barbara Hershey
1998, rating Sky PG, 92 mins
10.00 Cannonball Fever
Melody Anderson, Peter Boyle
1989, rating Sky PG, 91 mins
12noon Paulie
Gena Rowlands, Tony Shalhoub
Text *1998, rating Sky U, 88 mins*
2.00pm Lost in Space
Matt Le Blanc, Gary Oldman, William Hurt, Mimi Rogers
Sci-fi adventure. The Earth is dying, and a professor volunteers to travel with his family into space, in order to set up a base camp on an alternative habitable planet. Text *1997, rating Sky PG, 125 mins*

4.10 Arthur's Quest
Arye Gross, Alexandra Paul, Catherine Oxenberg, Clint Howerd
PREMIERE Fantasy adventure. King Arthur's child is transported by Merlin to modern day America to escape the clutches of an evil sorceress. Yet when he returns to Camelot ten years later, he is loath to face up to his duties. *1998, rating Sky U, 84 mins*

6.00 Paulie
Gena Rowlands, Tony Shalhoub, Cheech Marin, Bruce Davison
Amiable family movie. A super-smart talking parrot embarks on a cross-country escapade, which sees him join forces with a selection of outcasts and oddballs, until he eventually falls into the hands of a cruel scientist. Text *1998, rating Sky U, 88 mins*

8.00 Lost in Space
Matt Le Blanc, Gary Oldman, William Hurt, Mimi Rogers
High-energy sci-fi adventure. The Earth is dying, and a professor volunteers to travel with his family into space in order to set up a base camp on an alternative habitable planet. However, after a serious malfunction, the family find themselves lost in space. Text *1997, rating Sky PG, 125 mins*

10.10 Desperate Measures
Andy Garcia, Michael Keaton, Marcia Gay Harden, Brian Cox
Action-thriller. A by-the-book cop resorts to desperate measures to secure a bone marrow donor for his sick son. Text *1998, rating Sky 15, DS, 96 mins*

11.50 Poodle Springs
James Caan, Dina Meyer
Crime drama. Text *1998, rating Sky 15, DS, 96 mins*

1.30am Amy Foster
Vincent Pérez, Rachel Weisz
Period drama. Text *1998, rating Sky 15, DS, 109 mins*

3.25-5.15am Addicted to Love
Meg Ryan, Matthew Broderick
Comedy. Text *1997, rating Sky 15, DS, 96 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am National Lampoon's Golf Punks
1998, rating Sky U, DS, 89 mins
8.00 The Bears and I
1974, rating Sky PG, 85 mins
10.00 Jackie's Back!
Jenifer Lewis, Tim Curry
1999, rating Sky PG, DS, 87 mins
12noon The Laker Girls
Tina Yothers, Paris Vaughan
1990, rating Sky PG, 90 mins
2.00pm National Lampoon's Golf Punks
Tom Arnold, James D Kirk
Comedy. A coach responsible for teaching a bunch of misfit kids to play golf is determined to turn his troublesome charges into the best. *1998, rating Sky U, DS, 89 mins*

4.00 The Hurricane Andrew Story
Ted Wass, Eileen Heckart, Brynn Thayer, John Getz
Fact-based drama which follows just some of the stories of triumph over adversity which resulted from Hurricane Andrew's bombardment of South Florida in 1992, using actual news footage and reconstructions. *1993, rating Sky PG, 92 mins*

6.00 Jackie's Back!
Jenifer Lewis, Tim Curry, Tangie Ambrose, Whoopie Goldberg
Spoof documentary which follows the trials and tribulations of a fictional Seventies disco diva as she launches her comeback on an unsuspecting world, and examines the reactions of her friends and enemies to her return from the pop wilderness. *1999, rating Sky PG, DS, 87 mins*

8.00 The Man Who Knew Too Little
Bill Murray, Peter Gallagher, Joanne Whalley, Richard Wilson
Comedy. An American tourist becomes entangled in international espionage, believing all the while that he is participating in a theatrical production. Text *1997, rating Sky 12, 90 mins*

9.30 Senseless
Marlon Wayans, David Spade, Matthew Lillard, Rip Torn
Comedy about a graduate who takes part in a drug trial that leads to the development of supersenses. Text *1998, rating Sky 15, 89 mins*

11.10 Chubby Goes Down Under
Roy 'Chubby' Brown
A live recording of the outrageous stand-up comic. Text *1998, rating Sky 18, 82 mins*

12.40am The Advocate's Devil
Ken Olin, Holt McCallany
1997, rating Sky 15, 86 mins

2.10 The Girl with Brains in Her Feet
1997, rating Sky 15, 94 mins

3.50 Over Her Dead Body
1989, rating Sky 15, 97 mins

5.35-6.00am

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm "Pimpernel" Smith
Leslie Howard, Francis L Sullivan, Mary Morris Hugh McDermott
Entertaining adventure movie. A seemingly mild-mannered professor of archaeology shows his true colours as he embarks on a dangerous mission to Nazi-occupied Europe to rescue a group of oppressed victims of the Third Reich. *1941, rating Sky U, 116 mins*

6.00 Operation Mad Ball
Jack Lemmon, Kathryn Grant, Mickey Rooney, Ernie Kovacs
Hilarious comedy which centres on a group of plucky American servicemen. To add excitement to the dull lives of those serving with them in an army medical station in France, they stage a riotous party with the nurses *1957, rating Sky PG, 100 mins*

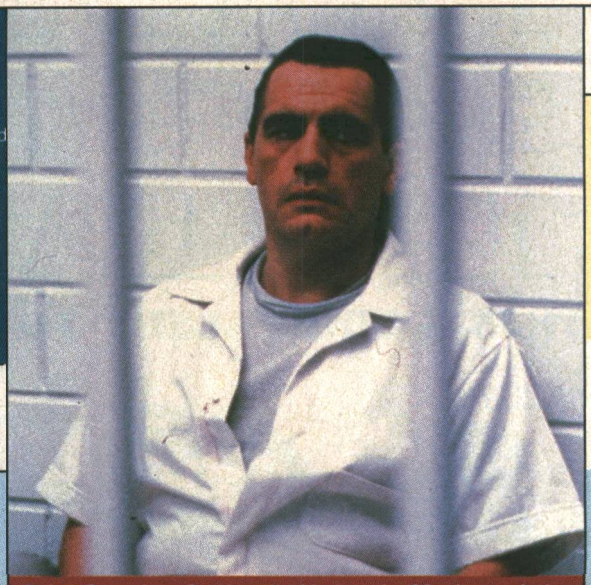
8.00 The Chase
Marlon Brando, Robert Redford, Jane Fonda, Angie Dickinson
Drama. An inmate escapes from jail and returns to his home town in Texas, much to the dismay of the local citizens who believe he is intent on settling a few scores, and would be happy to see him killed. However, the local sheriff is intent on keeping him alive but forcing him into surrender. *1966, rating Sky 15, 128 mins*

10.15 Castle Keep
Burt Lancaster, Peter Falk, Patrick O'Neal, Scott Wilson
World War II actioner about a Major based in a Belgian castle, who attempts to protect the precious treasures stored within from Nazi attacks, and from the often reckless but humorous antics of his own soldiers. Text *1969, rating Sky 15, 103 mins*

12.05am Hardware
Dylan McDermott, Stacey Travis
1990, rating Sky 18, 90 mins

1.40 The Chase
Marlon Brando, Robert Redford
1966, rating Sky 15, 128 mins

3.55-5.25am The Curse of the Mummy's Tomb
Terence Morgan, Ronald Howard,
1964, rating Sky 15, 77 mins



Brian Cox plays Dr Hannibal Lektor in 'Manhunter', the serial killer's first celluloid outing. FilmFour 10.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Films
Kick off the weekend with two hours of commercials, interviews, reports and insights into the often neglected world of short films. As well as being a showcase for a variety of short films from around the world, this is also a look at up-and-coming names.

8.00 The Collector
Terence Stamp, Samantha Eggar, Maurice Dallimore
Tense drama adaptated from John Fowles' classic first novel. A neurotic and reclusive butterfly collector wins the pools and decides to kidnap a beautiful art student he has worshipped from afar and take her to the mansion he has bought with his winnings. *1965, 114 mins*

10.00 Manhunter
Brian Cox, William Petersen, Tom Noonan, Joan Allen
Grim thriller. A burnt-out FBI agent is brought out of retirement to track down a psychopathic murderer of entire families, whose brutal actions are incredibly similar to those of a mass-killer whom the agent thwarted before he quit the FBI. Text *1986, 115 mins*

12midnight La Grande Bouffe
Marcello Mastrioianni, Ugo Tognazzi
Social satire. *1973, 124 mins*

2.10am Just Desserts

2.25 Like Water for Chocolate
Marco Leonardi, Regina Torne
Romantic drama. *1992, 109 mins*

4.20-6.00am Eversmile, New Jersey

ITV2 is now on page 45

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm Desk Set
Katharine Hepburn, Spencer Tracey, Joan Blondell
Sparkling romantic comedy. An electronics expert is hired by a huge television company to computerise their massive operations, much to the chagrin of the overly-suspicious employees who believe they will lose their jobs to the wonders of modern technology. *1957, 103 mins*

9.15 Streets of Fire
Michael Pare, Diane Lane, Rick Moranis, Amy Madigan
Stylish action adventure. A rock 'n' roll singer is taken captive by a motorcycle gang. When her ex-boyfriend hits down and finds that she is missing, he embarks on a mission to save her from the clutches of the evil kidnappers. *1984, 93 mins*

11.00 Nothing in Common
Tom Hanks, Jackie Gleason, Eva Marie Saint, Hector Elizondo
Touching comedy drama. A successful adman's life falls apart. *1986, 118 mins*

1.15am Trilogy of Terror
Karen Black, Robert Burton
Creepy horror. *1975, 78 mins*

2.30 The Life of Reilly
Mark O'Regan, Anita Reeves
Biopic. *1996, 26 mins*

3.15 Streets of Fire
Action adventure. *1984, 93 mins*

5.00-7.00am Five Finger Exercise
Drama. *1962, 109 mins*

SKY box office

A movies on-demand service from Cable & Wireless

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Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy. The proprietor of a children's bookshop and the owner of a chain of bookstores are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan. Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Epic swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller with a touch of comedy. A knock-off merchant's brother becomes involved in smuggling weapons, which sees the two of them up against Chinese gangsters and the Russian Mafia. Stars Jean-Claude Van Damme, Rob Schneider, Lela Rochon and Carmen Lee. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Your Dancing is Hot
But Your Sexy Gear is Not
Today it's people who dress in revealing outfits – and the friends who want them to cover up.

4.00 Pokémon
The Path to the Pokémon
Ash becomes overconfident.

4.30 Pokémon
The School of Hard Knocks
Ash and friends get lost.

5.00 Star Trek: Voyager
The Omega Directive
Voyager stumbles across an incredibly potent and dangerous particle, considered by the Borg to be perfection itself. Text

6.00 The New Adventures of Superman
Toy Story
A devious inventor kidnaps children and takes them to a fun-filled fantasy land. Text

7.00 The Simpsons
Itchy & Scratchy & Marge
Marge leads a boycott of the *Itchy & Scratchy Show*. Text

7.30 The Simpsons
Blood Feud Text

8.00 Buffy the Vampire Slayer
Something Blue
One of Willow's spells causes her every wish to come true, causing Giles to go blind.

9.00 Angel
Hero
Doyle, Angel and Cordelia assist a clan of mixed-heritage demons targeted for extermination by a group of stormtrooper demons.

10.00 FILM: Mobsters
Anthony Quinn, Christian Slater
Testosterone-fuelled gangster thriller, set in the organised crime-ridden America of the Twenties. Four young Jewish men from the ghetto form a bond of loyalty and friendship, which sees them enter the world of bootlegging and rise to the pinnacle of the criminal underworld. *1991*

12midnight Star Trek: Voyager
The Omega Directive
Voyager stumbles across an incredibly potent and dangerous particle. Text

1.00am Picket Fences
Frogman Returns
A boy sues his father. Text

2.00-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing

3.00 The Bill
Somebody's Home
Quinnan and Keane find their loyalties are divided.

3.30 The Bill
Pointing the Finger

4.00 EastEnders
Ricky discovers the truth behind Janine's unhappiness.

4.35 Neighbours
An old foe of Julie's returns and Gaby returns from her ordeal.

5.00 Bugs
Down Among the Dead Men
When the team dives down in a submarine to investigate an underwater robbery, Ed finds himself in an inferno.

6.00 The Brittas Empire
Mr Brittas Changes Trains
Leisure centre sitcom. Gordon faces dinner with members of the board. With Chris Barrie.

6.35 Butterflies
Bittersweet suburban sitcom.

7.10 May to December
Until It's Time for You to Go
Romantic sitcom.

7.45 Keeping Up Appearances
The comedy of social manners continues with the arrival of Hyacinth's new suite.

8.20 Open All Hours
Classic sitcom about a miserly shopkeeper and his nephew.

9.00 One Foot in the Algarve
A feature-length edition of the popular sitcom. Mrs Warboys decides to visit her pen-friend Alfonso for the first time. Is that romance in the air? Or is it just a rather unfortunate aftershave Victor has decided to buy? With Richard Wilson, Annette Crosbie, Doreen Mantle and Peter Cook.

10.55 Yes, Prime Minister
A Diplomatic Incident
Classic sitcom starring Paul Eddington and Nigel Hawthorne.

11.30 The Bill
Somebody's Home
Keane's loyalties are divided.

12midnight The Bill
Pointing the Finger

12.30am Red Dwarf III
Timeslides
Kryten discovers some amazing developing fluid.

1.05 Red Dwarf III
The Last Day

1.40-2.45am Hamish Macbeth
The Lochdubh Assassin

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Weddings Down Under
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00 Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.

3.50 Forgive or Forget
Host Mother Love deals with real problems and tries to resolve them by giving guests the opportunity to forgive each other.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show with two top chefs.

6.10 The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively, and often violent, discussion.

7.00 Judge Judy
New York City's outspoken family court judge.

7.30 Life, Camera, Action
Amazing real-life drama caught on camera.

8.00 Charmed
Drama series about three sisters who move into a house left to them by their grandmother – only to find they have inherited her powers of witchcraft as well.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker.

10.00 FILM: Terror in the Shadows
Genie Francis, Marcy Walker
Thriller about a psychopath who is out for revenge. A couple find their idyllic life threatened when a woman escapes from a mental hospital. *1995*

11.50-12midnight Sex Bites
Raunchy late night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs 7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Upstairs Downstairs 11.00 The Persuaders 12noon Classic Coronation Street Text 12.30pm Emmerdale Text
1.00 Robin's Nest
1.30 Only When I Laugh
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
The Box
McGarrett plays a long shot and offers himself as the key hostage in an attempted prison break. With Jack Lord and Kam Fong.

4.00 Kojak
Acts of a Desperate Man
A mild-mannered accountant finds his life undergoes a radical change when a sniper kills his manager and associates.

5.00 The Persuaders
A Death in the Family
A sharp decrease in the number of surviving members of the Sinclair clan occurs. With Tony Curtis and Roger Moore.

6.00 Emmerdale
An announcement takes the village meeting by surprise. Text

6.30 Classic Coronation Street
Classic soap opera. Text

7.00 Robin's Nest
The Homecoming
It's time for Vicky to come home.

7.30 Who Do You Do?
Light entertainment series with Freddie Starr.

8.00 The Benny Hill Show
More sketches, featuring a host of quirky characters, guests and a bevy of beauties.

9.00 Kojak
Night of Piraeus
Detective drama series with Telly Savalas.

10.00 Rising Damp

10.30-11.00pm The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Premier Edition
Erotic late-night series in the form of a men's magazine.

11.30 The G Spot
Chat, music and a splash of sauce. Hosted by Terry Christian.

12midnight Showgirls
Fly-on-the-wall series focussing on the excitement and bright lights of Las Vegas.

12.30am Beach Bash
A series of bikini contests based in Miami.

1.00 E! Wild on...
The Rocks.

1.50-2.00am Crash of the Titans

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Classic Toons

3.40 Art Attack
Fast-moving art show. Text

4.00 Sabrina
Animated series based on the hugely successful TV show.

4.30 Hercules: The TV Show
Hercules and the Gorgon Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.30 My Best Friend is an Alien
Attack of the 1000 Foot Veeblax!

6.00 Smart Guy
TJ's a smart kid who's put into tenth grade instead of the fourth.

6.30 Microsoap
Kids' sitcom with some interesting guests. Text

7.00 FILM: Basil the Great Mouse Detective
Voice of Vincent Price
Animated adventure. Super sleuth Basil of Baker Street is hot on the trail of arch rival Professor Ratigan in this delightful Disney classic. *1986*

8.15 Honey, I Shrunk the Kids: The TV Show
From Honey, with Love
Sci-fi comedy. Text

9.00 Boy Meets World
Friendly Persuasion
Shawn and Angela break up. Text

9.30 Dinosaurs
State-of-the-art puppetry, based on an idea by Jim Henson.

10.00 Home Improvement

10.30 The Wonder Years

11.00 Touched by an Angel

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

La Grande Bouffe
FilmFour 12midnight

Director Marco Ferreri is the master of ceremonies at this cinematic orgy of excess – a grotesque gastronomic satire in which four middle-aged men opt out of life in order to eat themselves to death. Crude toilet humour collides with acidic comments on consumerism.

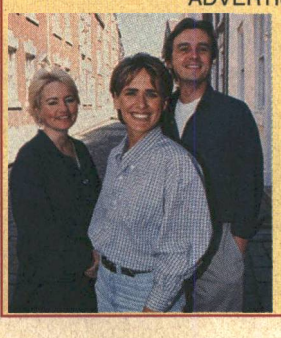
GENERAL

One Foot in the Algarve
UK Gold 9.00pm

A feature-length special featuring the nation's favourite grouchy old man Victor Meldrew (Richard Wilson). He, his long-suffering wife (Annette Crosbie) and hapless neighbour Mrs Warboys travel to Portugal for the holiday of a lifetime with disastrous consequences.

ADVERTISEMENT

UK STYLE



CHANGING ROOMS 9.30PM

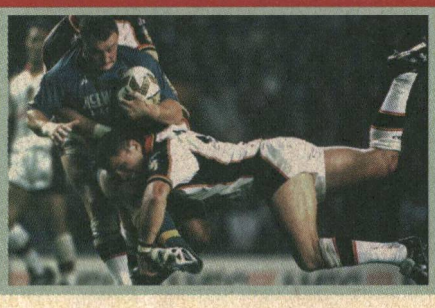
In this special edition of the popular design challenge series, Carol Smillie accompanies the design team as they revisit some of their earlier creations to find out what happened to the rooms once the cameras stopped rolling.

Friday 3 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Racing Line** **8.00 Football** **10.00 Xtreme Sports** **11.00 Snowboard** **11.30 Nordic Combined Skiing – LIVE** **1.00pm Luge** **1.30 Cross-Country Skiing – LIVE** **2.15 Speed Skating** Action from the World Speed Skating Single Distance Championships in Japan.	**7.00am Sky Sports Centre** **7.15 What a Weekend** **7.45 Football League Review** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Euro Tour Golf: Dubai Desert Classic – LIVE** **1.00pm Uefa Cup Football: Arsenal v Deportivo La Coruña** **2.30 Spanish Football** Catch all the latest highlights.	**7.00am Aerobics** **7.30 Sports Centre** **7.45 Racing News** **8.15 FIFA TV** **8.45 Sports Centre** **9.00 Tight Lines** **10.00 Spanish Football** **11.00 Motor Racing** **12noon Football League Review** **12.30pm Sporting Auction: Football Memorabilia Preview** **1.00 Ford Golf USA: Doral-Ryder Open**	**12noon Trans World Sport** All the latest sports news, tournaments and competitions. **1.00pm Tight Lines** Bruno Brookes and Keith Arthur discuss the latest angling activity. **2.00 World Cup Classics: Portugal v Hungary 1966** Sit back and revel in some unabashed World Cup nostalgia from 1966.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** **2.00 Buck Rogers in the 25th Century** *The Plot to Kill a City – Part I*	**6.00am MTV Select** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** A constant barrage of bizarre moments from MTV around the world. **11.00 brand:new** Zane Lowe's guide to the latest releases. **12noon Mad 4 Hits** **2.00pm MTV Dance Floor Chart Show**
3.00 PM	**3.15** **Nordic Combined Skiing – LIVE** World Cup action from Lahti in Finland, featuring the cross-country skiing team event.	**3.30 Sporting Auction: Football Memorabilia Preview** More sporting treasures go under the hammer.	**3.00** **Watersports World** The ultimate guide to watersports. With interviews and news and the latest action.	**3.30 FIFA TV** FIFA TV covers everything in the world of international football, from interviews to grass roots development.	**3.00 Space Precinct** *Deathwatch – Part II* A New York cop decides to move his family to an orbiting 'space suburb'. Stars Rob Youngblood.	**3.00 Bytesize MTV** A fast-cut window onto the world of music television, featuring incidental footage from MTV stations around the world.
4.00 PM	**4.30 Xtreme Sports** Coverage of the Winter X Games in Mount Snow, Vermont, USA.	**4.00** **Trans World Sport** In-depth news and information reporting on everything from the normal to the downright bizarre.	**4.00 Tight Lines** Bruno Brookes and regular studio guest Keith Arthur discuss the latest angling activity and offer advice to fishing fanatics.	**4.00 Powerboat and Jetsport World** Offshore action. **4.30 Race of Champions 1999** The motor racing champions of 1999 line up for the ultimate event.	**4.00** **Land of the Giants** *Double-Cross* Fitzhugh involves Barry and the others in a plan to steal a ruby.	**4.00 Select MTV** A phone-in programme which permits the viewers to choose a favourite tune from the playlist on offer.
5.00 PM	**5.00** **Ski Jumping – LIVE** Coverage of the World Cup K90 event from Lahti in Finland.	**5.00 Futbol Mundial** A look at the game around the world. **5.30 What a Weekend** The show that looks at the weekend's sporting action.	**5.00 Moto Plus** The show for those who enjoy life in the fast lane. **5.30 Extreme Sailing** The show with the most breathtaking sailing action.	**5.30** **Hot Tuna Rebel TV** Wild and madcap series about all aspects of sport.	**5.00 Lost in Space** *The Space Creature* Sci-fi action drama. After everyone vanishes from the space ship, Will faces a fearsome spectre.	
6.00 PM		**6.00** **Sky Sports Centre** The latest from the world of sport. Presented by Kirsty Gallacher and Matthew Lorenzo.	**6.00 The Rugby Club** Stuart Barnes and Dewi Morris preview and review the latest rugby union action, plus interviews with some of the biggest names.	**6.00 Gillette World Sport Special** David Jenson reports on alternative sports. **6.30 Inside the Senior PGA Tour**	**6.00 The Six Million Dollar Man** *To Catch the Eagle* Steve Austin must perform a 'life or death' ritual to enter the forbidden land.	**6.00 News Weekend Edition** The latest music news. **6.30 UK Singled Out** Dating game.
7.00 PM	**7.00 Speed Skating** Coverage of the World Speed Skating Single Distance Championships. **7.30** **Equestrianism – LIVE** Action from the FEI World Cup Series in Paris as riders compete to qualify for the World Cup finals in Las Vegas in April.	**7.00 Super League: St Helens v Bradford – LIVE** Action from Knowsley Road as Super League champions St Helens take on a powerful Bulls side. Saints warmed up for the new season with a tough match against Melbourne Storm. Despite their defeat they are one of the teams to beat as the new season gets underway.	**7.00 First Division Football: Stockport v Barnsley – LIVE** Edgeley Park is the venue for Nationwide League Division One action as Stockport County take on Barnsley. Both these teams made promising starts to the season and are hopeful of finishing high enough to at least qualify for a place in the play-offs. The action is hosted by Marcus Buckland with commentary from Rob Hawthorne and Alan Brazil.	**7.00 Euro Tour Golf: Dubai Desert Classic** Action from day two of the 2000 Dubai Desert Classic, staged at Dubai Creek Golf & Yacht Club as the players try to make the cut. With David Livingstone and commentary provided by Ewen Murray and Bruce Critchley. *Repeat from Sky Sports 1.*	**7.00 Quantum Leap** *Her Charm* Sam Beckett touches down as an FBI agent attempting to protect a young woman from the mob.	**7.00 Mad 4 Hits** A roller coaster of uninterrupted music videos featuring the latest from the MTV playlist.
8.00 PM					**8.00 Cybernet** A look at what's new and hot in computer games. **8.30 The Net** *North by Northwestern* Arrested en route to Chicago, Angela must rely on a fellow prisoner.	**8.00 MTV Dance Floor Chart Show** June Sarpong counts down the most popular tunes from dancefloors across Britain.
9.00 PM	**9.00 Football** Highlights from the first-leg matches in the fourth round of the Uefa Cup.	**9.30 The Rugby Club** A preview and review of the latest rugby union action, presented by Mark Durden-Smith.			**9.30 The Hunger** *No Radio* A married woman is having an illicit and stormy affair.	**9.00 News Weekend Edition** **9.30 Celebrity Death Match** Claymation series where the stars battle it out.
10.00 PM	**10.00 SportsCentre** **10.15 Speed Skating** More from the World Speed Skating Single Distance Championships in Nagano, Japan.	**10.30 Sky Sports Centre** The latest news from the world of sport. Presented by Kirsty Gallacher and Matthew Lorenzo.	**10.00 Ford Golf USA: Doral-Ryder Open** Day two action from the Doral Golf Resort and Spa in Miami, Florida. The top players are vying for the winner's prize of $540,000. Steve Elkington was last year's winner.	**10.00-12midnight World Wrestling Federation – Late Night – Raw** Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. Plus classic matches and celebrity guests.	**10.00 FILM: Panga** *Christopher Lee* An African sugar cane plantation becomes host to a horrible nightmare when a voodoo curse is placed upon the owners. *1991*	**10.00 MTV Movie Special** The latest film news. **10.30 Downtown** Animated series set in downtown Manhattan.
11.00 PM	**11.15 Ski Jumping** Action from the slopes in the K90 event of the World Cup in Lahti, Finland.	**11.30 Hold the Back Page** Three of the country's leading football journalists analyse the back pages.			**11.40** **Sci-Focus Special** A look behind the scenes of a recent science fiction blockbuster movie.	**11.00 Best British Video Special** Davina McCall presents the nominees for the Best British Video category at this year's Brit Awards.
12.00 NIGHT TIME	**12.15am-12.30am SportsCentre** All the latest news from the world of sport.	**12.30am** **Premier League Preview** **1.00 Super League: St Helens v Bradford** **2.30 World Wrestling Federation – Raw** **4.30 Sky Sports Centre** **5.30-6.00am Moto Plus**	**12midnight The Rugby Club** **1.00am First Division Football: Stockport v Barnsley** **2.30 Sky Sports Centre** **3.30 Hold the Back Page** **4.30-6.00am First Division Football: Stockport v Barnsley**		**12midnight FILM: Witchboard** *Todd Allen, Tawny Kitaen* Horror. *1987* **2.00am Cybernet** Computer games show. **2.30am 100 Years of Horror** **3.00-4.00am Babylon 5**	**12midnight Partyzone** **1.00am The Real World Hawaii** Fly-on-the-wall docusoap set in Hawaii. **1.30 Downtown** **2.00 Club Mix** **3.00 MTV Megamix** **4.00 Partyzone** **5.00-6.00am Night Videos**

LIVE SUPER LEAGUE: ST HELENS V BRADFORD SKY SPORTS 1 7.00PM

Super League is back with a vengance and what better way to get the season rolling than a set-to between two of the top teams of recent years. The inaugural winners and reigning champions St Helens entertain Bradford, the winners in 1997, at Knowsley Road and the likes of Saints' quick-paced right winger Chris Smith (pictured here doing battle with Bulls' star Henry Paul) will be in action. The Yorkshire club will also be out to avenge their Grand Final defeat by the Saints last October.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM 11.40 Hard Drive 12midnight Freeview 12.10am Polecats 12.30 Wanna Be a Porn Star? 12.55 FILM: More Sorority Stewardesses 2.10 Girl Hunt 2.30-4.00am FILM: The Girl with the Heart-Shaped Tattoo

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight Preview 12.10am Stripper of the Year 12.20 Teresa Scott 12.45 FILM: Ambrosia Unleashed 1.00 Freeview 1.05 FILM continues 2.00 The Five Minute Freeview 2.05 Erotic Visions 2.30 FILM: Lost Angels 3.40-4.00am Linzi

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1
MUSIC & GAMES PACK

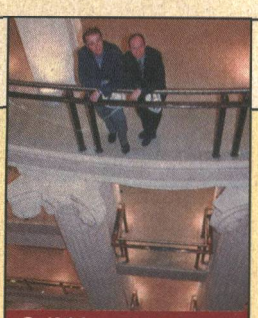
6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Madonna
Thirty minutes of the Material Girl-turned-Earth Mother's biggest selling hits to date.
1.30 Pop-Up Video
More irreverence from the Pop-Up team.
2.00 Jukebox
A chance for the viewer to programme their choices into the VH1 schedule.

4.00 Egos and Icons: Bon Jovi
Egos and Icons turns the spotlight on rock band Bon Jovi and takes a look at their meteoric rise.
5.00 The Millennium Classic Years: 1980
Music and news from the year of the Olympic boycott and the murder of John Lennon.
6.00 Talk Music
6.30 Greatest Hits: Madonna
Thirty minutes of the Material Girl-turned-Earth Mother's biggest selling hits to date.
7.00 Emma
Emma Bunton introduces some of the biggest hits of today and the last 20 years as well as some personal favourites.
8.00 Ed Sullivan's Rock 'n' Roll Classics
Artists performing live on *The Ed Sullivan Show.*
8.30
The Best of VH1 Live
9.00
Best British Video
Davina McCall hosts the panel of experts who have to decide on a short list for the Brit Awards.
10.00 Behind the Music: Gladys Knight and the Pips
VH1 talks to the Gladys Knight about her life and career to date.
11.00 Storytellers: Meat Loaf
The multi-talented star performs exclusively live for VH1 in front of a specially invited audience.
12midnight
The Friday Rock Show
All the biggest songs from the biggest names in rock.
2.00am Free in Concert
Free live shows the band in top form and includes hits *All Right Now* and *Mr Big.*
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
The Crocodile Hunter – Part I
12.30pm Crocodile Hunter
The Crocodile Hunter – Part II
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
2.30 Zoo Story
Join the staff and visitors to London Zoo and share in their day-to-day dramas.
3.00 Going Wild with Jeff Corwin
Louisiana
3.30 Croc Files
Another edition of the wildlife series.
4.00 Croc Files
Steve and Terri Irwin find themselves in the midst of a plague of mice.
4.30 Aquanauts
The Koror, Palau Rangers
5.00 Emergency Vets
5.30 Zoo Chronicles
Pam St Clement meets a brand new arrival at the black rhino house.
6.00
Crocodile Hunter III
Steve's Story
7.00
The Last Migration
Documenting the capture of a wild elephant herd.
7.30 Animals A to Z
Titbits
8.00 Emergency Vets
The dedicated team work around the clock to save animal's lives.
8.30 Emergency Vets
Saving animal lives.
9.00 The Kingdom of the Snake
A film set in South Africa and Namibia offering a unique insight into the world of snakes.
10.00 Flying Vet
Pine Creek
10.30 Flying Vet
Show Week
Wild animals and pets – all in a day's work for the vet.
11.00
Emergency Vets
11.30-12midnight
Emergency Vets
A baby alligator is brought in for a check-up.

CABLE CHECK
Some of the channels listed may not be available in your area



Selfridges gets a facelift in 'The Shop'. UK Horizons 5.20pm, 9.00pm

ITV2
ACCESS PACK

4.00pm
Storm Warning
Real-life footage showing feats of great bravery.
4.30 Mad About Pets
With John Noakes.
5.00 Survival Special
A Space in the Heart of Africa
Rare footage of wild-life from Zaire.
6.00 Baywatch
The adventures of Mitch Buchannon's lifeguards on Malibu Beach.
6.50 Chart Choice
Two of the week's big hits.
7.00 The Uefa Champions' League Match of the Week
The pick of this week's Champions League action.
9.00
A Touch of Frost
Unknown Soldiers
Frost faces gun law on the streets of Denton following a hostage taking, a highjack and a death. Stars David Jason and Bruce Alexander
11.00
Coronation Street
Tonight's ITV episode. Text
11.30 The Grimleys
Seventies-set comedy.
12midnight
Countdown to the Brits
A look at the nominees for this year's Brit Awards.
12.30am
The Jerry Springer Show
1.15-2.15am Videotech

UK STYLE
LIFESTYLE PACK

7.00am Fantasy Rooms 7.30 Looking Good 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Changing Rooms Redecorated
12noon Real Rooms
12.30pm Collectors' Lot
1.00 Ainsley's Meals in Minutes
1.30 Ready, Steady, Cook
2.00 Good Living.
2.30 The Flower Show
3.00 The Green Room
Stylish solutions for truly tiny gardens.
3.30
More Front Gardens
4.00 Travel Xpress
This edition comes from Sweet Grass Ranch in Montana, USA.
4.30 Holiday in Style
An extended edition of the popular *Holiday* programme. Hosted by Jayne Constaninis.
5.30
Antiques Roadshow
Lars Tharp adds something extra to this well-loved antiques series.
6.30 Real Rooms
Decorators give rooms a revamp.
7.00 Can't Cook, Won't Cook
7.30 Collectors' Lot
Sue Cook presents the popular series about all things collectable.
8.00 Change That
Interior design roadshow.
8.30 House in Spain
A chance to see just what is involved in renovating a property in Spain.
9.00 Ground Force
Whitley Bay
Experts make over viewers' gardens.
9.30
Changing Rooms
10.00
Antiques Watch
10.30 House Invaders
Linda Barker hosts the DIY show in which homes are given a facelift.
11.00 How Does Your Garden Grow?
A panel of the nation's top gardeners solve horticultural problems.
12midnight
Garden Magic
Toby Buckland and Lisa Davis's gardening solutions.
12.30am-1.00am
More Front Gardens
The Long, Thin Garden
A schoolteacher's plot is transformed.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Visit 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Birds of the Sun God 9.45 Blubber Lovers 10.15 Operation Elephant 11.15 Tomorrow's World Plus 12.15pm Trust Me, I'm a Doctor 12.45 City Hospital 1.45 Girl Friday 2.45 The Visit
Chariots of Wire
3.45 Battersea Dogs' Home
Daily snapshot of life at the famous home for stray dogs. This programme looks at the problems involved in reuniting strays with their owners.
4.20 Vets in Practice
A Family Affair
4.50
Children's Hospital – Special Edition
5.20 The Shop
Retail is Detail
5.55 City Hospital
Documentary series in which Gaby Roslin and team report on patients and staff at Southampton General Hospital.
6.55
Back to the Floor
Crawling About
7.30 Accident and Emergency
The A&E unit of Leeds General Infirmary.
8.00 Vets in Practice
A Family Affair
8.30
Children's Hospital
Medical docusoap from Alder Hey Hospital.
9.00 The Shop
Retail is Detail
9.35 HMS Brilliant
Homeward Bounders
After seven months away, the crew of HMS Brilliant are finally on their way home.
10.35 Accident and Emergency
Fly-on-the-wall series looking at the work at Leeds General Infirmary.
11.05
Escape from Alcatraz
12.05am-1.00am
Hollywood Women
Sex and Success

UK PLAY:
1.00am Footage and Mouth 2.00 The Weekend Starts Here 3.00 Garbage's Dream Performances 3.30 Hey DJ 4.30 Chigley 4.45 Podge and Rodge 4.55 The Sound of Disco 6.00 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Kitchen College 8.00 Network Daily 8.45 Simply Antony 9.30 Food & Beauty 10.00 Caribbean Kitchen 10.30 Simply Baking 11.00 Flash in Pan 11.30 Newman Meets 12noon Classic Dishes 12.30pm Tour of Hong Kong 1.00 Kitchen College 1.30 Aldo & Friends 2.00 Network Daily 2.45 Simply Fish
3.30
Tessa's Tastebuds
Tomatoes
Beef with a tapenade crust and tomato confit.
4.00 Simply Baking
4.30 Mridula's Indian Kitchen
A visit to the Red Fort restaurant in London.
5.00
Flash in the Pan
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
Food from the Village
NEW SERIES

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Earthquake Heroes
Join the rescue workers as they dig for survivors of the Turkish earthquake.
8.00 The Lost Valley
Join explorer Patrice Franceschi as he confronts untold dangers to explore Irian Jaya, the Indonesian half of New Guinea.
9.00
Call of the Coyote
A look at the coyote and how it deals with its friends and foes.
9.30 Rescue Dogs
10.00 Mysteries Underground
Explore far beneath the sunlit world inhabited by man, where an unknown universe lies.
11.00
Explorer's Journal
Altar Images
Meet Iranian Alexandra Avakian, who is returning to an ancestral homeland.
12midnight-1.00am
Rite of Passage
The remarkable story of some long-term unemployed youngsters who have been offered a full-time job... with a catch.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
Crossword conundrums.
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed The Gondolas
Comedy quiz show.
12.30 The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Grow for It
7.00 Real Gardens
7.30 Doing It Up
8.00 Ron Hazelton's Housecalls NEW SERIES
8.30
Our House Down Under
8.55 The Joy of Painting
9.30 Simply Painting
10.00 Grow for It
10.30 Real Gardens
11.00 The Diceman
11.30 Kingsbury Square
12noon Hometime
12.30pm Hometime
1.00 Two's Country
Old McDonald's
1.30
Ron Hazelton's Housecalls.
2.00 Our House
2.30
The New Yankee Workshop
Cherry Bathroom Vanity
3.00 This Old House with Steve and Norm
3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 ByteMe 11.00 Come On 11.15 ByteMe 12noon Come On 12.15pm ByteMe 1.00 Come On 1.15 ByteMe 2.00 Come On 2.15 ByteMe 3.00 Come On 3.15 ByteMe 4.00 Club@vision 4.45 ClubFile Xtr 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
6.30 What's On TV
***London area:**
Blue Tomorrow
Chelsea FC fanzine.
***Derby area: Vision Rams**
Derby County FC fanzine.
7.00 LLTV – Local Life
7.30 YCTV
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life
* Repeated Saturday 9.30am

Friday 3 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
Aerial antics.
3.30 Fat Dog Mendoza
Chubby canine capers.
4.00 Cartoon Cartoon Fridays
An afternoon of cartoon favourites.

7.00 Scooby Doo – Where Are You?

7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

TNT
FAMILY PACK

9.00pm WCW Thunder
The latest wrestling action from the USA

11.00 Freddy's Nightmares
Freddy Krueger returns.
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas The Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina The Teenage Witch
Witching antics.
5.30 Kenan & Kel
Live action.

6.00 Renford Rejects
6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Student Bodies
7.30 Desmond's
Barbershop comedy.
8.00 Dharma and Greg
Dharma Drags Edward Out of Retirement
8.30 Just Shoot Me
Nina's Choice
9.00 Married... With Children
A Three-Job, No-Income Family
9.30 Spin City
Family Affair – Part I
10.00 FILM: California Suite
Michael Caine, Maggie Smith, Richard Pryor
Adaptation of Neil Simon's comedic stage play. Four disparate couples spend the weekend in a Californian hotel. *1978*
11.55 Cheers
The Heart is a Lonely Snipehunter
12.25am Cheers
12.55 Newsradio
1.25 Duckman
1.50 Rex the Runt
2.00 DiResta
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Mystic Knights 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine.
3.30 Monster Rancher
4.00 Power Rangers in Space
The Power Rangers blast back into space
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30 Ace Ventura
Ace is on the case.
6.00 Oggy and the Cockroaches
6.30-7.00pm Goosebumps
Spooky stories.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Clothes Shop!
8.30 Jewellery Shop!
9.30 Sports Shop!
10.00 Home Shop!
11.00 Beauty Shop!
11.30 Collectors' Shop!
12noon Clothes Shop!
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Shop! Feature
3.00 Entertainment Shop!
4.00 Kitchen Shop!
5.00 Shop! Selection
6.00 Clothes Shop!
Clothing for men.
7.00-7.30pm Collectors' Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 Talking Movies 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00 News 5.30-6.00am Seven Days

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Europe 1.30 Q&A 2.00 King 3.30 Moneyline 4.30-5.00am Newsroom

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal Télévisé 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Fiction 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé France 12noon Infos 12.05pm Fax Culture 1.00 Journal Télévisé 1.15 Fiction 3.00 Journal Télévisé 3.15 Questions 3.30 Va Savoir 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Fiction 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Marguerite Volant 9.00 Journal Télévisé 9.15 Divertissement 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 Is Hafte Ki Kihani 8.30 Holy Quran 9.00 FILM 11.30 News 12noon Darpan 12.30pm Khiladi 1.00 Swabimaan 1.30 FILM 4.00 Choree Chupke 4.30 Is Hafte Ki Kihani 5.00 Kaala Daira 6.00 Tiger 6.30 Aur Aap 7.00 Swabimaan 7.30 News 8.00 Zamana Badal Gaya 8.30 Dard 9.00 FILM 11.30 News 12midnight Swabimaan 12.30am Asianet Aur Aap 1.00 FILM 4.00 Zamana Badal Gaya 4.30 Dard 5.00 MTV 123 6.00 Choree Chupke 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Aahaa 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Pakistan News Link 8.30 Tara 9.00 Adhikar 9.30 Raahein 10.00 Sham Se Pehley 11.00 Zaike Ka Safar 11.30 Amar Prem 12noon FILM 3.00pm Chashme Baddoor 3.30 Chalo Cinema 4.00 Raahat 4.30 Akbar Birbal 5.00 Choti Choti Baatein 5.30 Amanat 6.00 Hip Hip Hurray 6.30 Professor Pyarelal 7.00 Up Beat 7.30 Entertainment Express 8.00 News 8.30 FILM 11.30 Nagin 12midnight News 12.30am Mano Ya Na Mano 1.00 X Zone 2.00 FILM 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 5.30 Winning in Life 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 The Messenger 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.15 Clarke's Chroncile 3.45 Boarding Pass 4.30 Wall Street Report 5.45-6.00am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 House of Commons 3.00pm House of Lords 7.30 Westminster Hall 11.00 The Record 11.30-12midnight The Point

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Rex visits Croker Island in Australia's Northern Territory.
4.30 Discovery Today
5.00 Time Team
Sunderland
The skills and archaeological detective instincts of the team are tested against the clock.
6.00 The Astronaut
An exploration of what it takes to be one of the elite band of space explorers following the first space station assembly flight.
7.00 Confessions of...
Lifeboat
7.30 Discovery Today
The coming week's highlights on Discovery.
8.00 Jurassica
Birth of the Giants
Palaeontology series recreating the lost worlds where the dinosaurs roamed the planet.
9.00 Crocodile Hunter
Faces in the Forest
Steve Irwin falls in love with the orang-utans on the island of Sumatra.
10.00 Birth of a Salesman
Follow a group of new recruits embarking on a career in the world of door-to-door selling.
11.00 Extreme Machines
Space Planes
After the space shuttle, what does the future hold for reusable spacecraft?
12midnight Forensic Detectives
Grave Discoveries
Gathering forensic evidence.
1.00am Discovery Today Preview
With Steve Knight.
1.30-2.00am Car Country
Cars of the Autobahn
With Tim Grundy.

THE HISTORY CHANNEL
WORLD PACK

12noon The End of the World
12.55pm 100 Years of Labour
1.00 Tales of the Gun
2.00 Biography
Charlie Chaplin
3.00 The Jet Age
3.30 World War I
Wilson and Peace
An account of the Paris Conference of 1919.
4.00 Secrets of War
Nazi Gold
5.00 Pirate Ships
6.00 Mystery of the Future
No one knows exactly what the future holds.
6.55 100 Years of Labour
7.00 Tales of the Gun
8.00 Biography
Charlie Chaplin – Part II
9.00 World War I
The Allies in Russia
An account of Allied intervention in the Russia.
9.30-10.00pm World War I
Heritage of War

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Lee Sands Fashion Jewellery at 6.00pm.

4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Cable & Wireless Viewing Choices

Specially designed Packs with channels to suit individual tastes ...

Access

Access includes:

Set Top Box rental, Telephone Line rental
BBC1, BBC2, ITV, ITV2, C4 and C5
BBC News 24*, Sky News, UK Horizons, GMTV2** Local Channel.
Rapture, TV Travel Shop, QVC and Shop! are 'Free Bonus' Channels†

*As funded by your TV licence
**Not available in Ashford and Millharbour
† Cable & Wireless will from time to time offer 'Free Bonus' Channels in ACCESS. However, we reserve the right to change or withdraw these monthly.

And gives you the choice of the following:

Access to our flexible TV packs
Access to TV On-Demand services
Access to Sky Premium channels
Access to Add-On channels
Access to our range of tailored telephone packages
Access to our Internet Services

TV Packs

Music and Games

MTV
The Box
VH1
Challenge TV

Family

TNT
Cartoon Network
Fox Kids
National Geographic Channel
Nickelodeon
Paramount Comedy

Action

Sky One
Granada Men & Motors
Granada Plus
Sci-Fi Channel

Lifestyle

UK Gold
Carlton Food Network
Carlton Cinema
Living
UK Arena
UK Style

††Availability varies on a regional basis

World

Animal Planet
Discovery Channel
Discovery Home & Leisure
The History Channel
Christian Channel Europe
UK Horizons
Bloomberg

News and Sport

Eurosport
CNN
BBC Parliament*♦
Sky News
BBC News 24*

*As funded by your TV licence
♦ BBC Parliament is available with any Pack, free of charge, on request

Cable & Wireless may change its channel line-up from time to time.

Calculating your choice of viewing

Premium channels	Access	Access plus one pack	Access plus two pack	Access plus three pack	Access plus four packs	Access plus five packs	Access plus six packs
No Premium Channels	£9.99	£12.99	£14.99	£15.99	£17.99	£19.99	£20.99
Plus one Premium Channel	£25.99	£25.99	£27.99	£28.99	£30.99	£32.99	£33.99
Plus two Premium Channels	£28.99	£28.99	£30.99	£31.99	£33.99	£35.99	£36.99
Plus three Premium Channels	£32.49	£32.49	£34.49	£35.49	£37.49	£39.49	£40.49
Plus four Premium Channels	£34.49	£33.49	£35.49	£36.49	£38.49	£40.49	£41.49

Example: Access, plus two TV Packs, plus two Premium Channels per month = £30.99

In addition to the Packs, you can choose the following channels individually

Sky Premium Channels

Sky Sports 1
Sky Sports 2
Sky Sports 3Δ
Sky Premier
Sky MovieMax
Sky CinemaΔΔ
Disney Channel◊◊

Single Add-On Channels

FilmFour	£5.99
Disney Channel◊◊	£6.99
Adult Channel/Playboy	£7.99
Television X	£7.99
The After Dark Pack (Adult Channel/Playboy & Television X)	£10.99
Asian Language Channels***	£7.99
European Language Channels***	£1

Δ Sky Sports 3 is available as a 'Free Bonus' Channel if you take either Sky Sports 1 or Sky Sports 2
ΔΔ Sky Cinema is available as a 'Free Bonus' Channel if you take both Sky Premier and Sky MovieMax
*** See your Channel Guide for the Asian Language Channel and European Language Channels in your area, or call Customer Services
◊◊ Disney Channel is available as an Add-On channel at £6.99 or as a 'Free Bonus' Channel when you take both Sky Premier and Sky MovieMax

The prices listed are based on Direct Debit payment. If you choose to pay by another method such as cheque, Switch, or credit card, an additional £1 administration fee will be charged each month.

Cable telephone services are not available in the Millharbour service area.

Saturday 4 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00 AM
6.00am The Pirate Movie
1982, rating Sky PG, DS, 95 mins
8.00 First Comes Love
1998, rating Sky PG, 87 mins
10.00 Star Kid
Science fiction adventure. Text *1998, rating Sky PG, DS, 97 mins*
12noon Deep Impact
Morgan Freeman, Robert Duvall
Action blockbuster. Text *1997, rating Sky PG, DS, 116 mins*
2.00pm Little Heroes
Thomas Garner, Brad Sergi, Kristina Brandt, Dean Howell
Family comedy. Man's best friend proves to be his worst nightmare for two potential kidnappers. *1999, rating Sky PG, DS, 88 mins*

3.00 PM

4.00 PM
4.00 3 Ninjas: High Noon on Mega Mountain
Hulk Hogan, Loni Anderson, Jim Varney, Mathew Botuchis
Family adventure. An ageing TV star and martial artist teams up with three pint-sized pugilists to fight the forces of evil. Text *1998, rating Sky PG, 87 mins*
5.45 Star Kid
Joseph Mazzello, Richard Gilliland, Corrine Bohrer
Science fiction adventure. A young boy's geeky existence changes drastically after he befriends an alien intelligence who permits him to wear its cybersuit. Now, with super strength and amazing powers, he is able to face the school bullies and his cruel big sister undaunted. Text *1998, rating Sky PG, DS, 97 mins*
7.30 Preview Show

5.00 PM

6.00 PM

7.00 PM

8.00 PM
8.00 Deep Impact
Morgan Freeman, Téa Leoni, Robert Duvall, Elijah Wood
Action. A TV journalist believes she has uncovered a sex scandal in the White House, but does not suspect that the truth is far more terrifying. A gigantic comet is heading towards Earth and, if it hits the planet, all life will be obliterated. Text *1997, rating Sky PG, DS, 116 mins*

9.00 PM

10.00 PM
10.00 Lock, Stock and Two Smoking Barrels
Jason Flemyng, Nick Moran, Dexter Fletcher, Vinnie Jones
PREMIERE British crime comedy. Four young men are forced to attempt a hazardous robbery in order to clear their debt to an East End gangster. *1998, rating Sky 18, 103 mins*
11.50 Gattaca
Ethan Hawke, Uma Thurman
Sci-fi thriller set in a world of human genetic modification. Text *1997, rating Sky 15, 102 mins*

11.00 PM

12.00
1.40am Lock, Stock and Two Smoking Barrels
Jason Flemyng, Nick Moran
Text *1998, rating Sky 18, 103 mins*
3.30-5.15am Commandments
1997, rating Sky 15, 84 mins

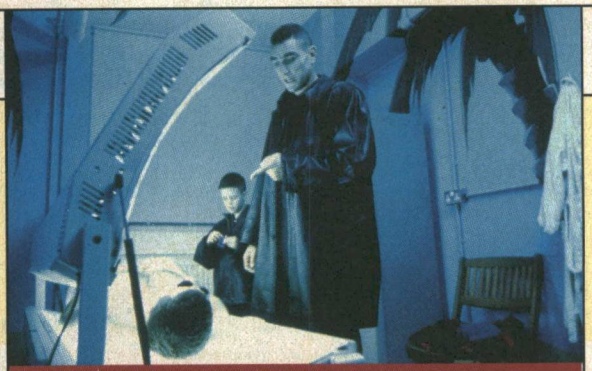
NIGHT TIME

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am The Undercover Kid
1995, rating Sky PG, 77 mins
8.00 Friendship's Field
1996, rating Sky U, 84 mins
10.00 Sword of the Valiant
1982, rating Sky PG, DS, 97 mins
12noon Ski Patrol
Roger Rose, Yvette Nipar
Comedy. Skiers try to save a winter resort from a greedy businessman. *1990, rating Sky PG, 88 mins*
2.00pm The Undercover Kid
Bradley Pierce, Melora Hardin
Family comedy. A boy's pets tell him of a conspiracy to kill the US President. His parents refuse to listen and he is left alone to try to prove the theory before it is too late. *1995, rating Sky PG, 77 mins*
4.00 Sword of the Valiant
Miles O'Keeffe, Sean Connery, Leigh Lawson, Trevor Howard
Fantasy adventure in which a mysterious character challenges the knights of King Arthur's court to face him in battle. Gawain is the only one brave enough to face him, and learns that he must solve his foe's riddle within a year or pay with his life. *1982, rating Sky PG, DS, 97 mins*
6.00 Ski Patrol
Roger Rose, Yvette Nipar, TK Carter, Leslie Jordan
Slapstick comedy. A group of kind-hearted misfits, who work as ski patrol members at a winter lodge, make a desperate attempt to prevent their beloved ski resort from being developed beyond all recognition by a greedy businessman. *1990, rating Sky PG, 88 mins*
8.00 Heaven's Fire
Eric Roberts, Jurgen Prochnow, Cali Timmins, Venus Terzo
Action thriller in which a dysfunctional family find themselves trapped in a burning building with no apparent means of escape. Text *1999, rating Sky 15, DS, 87 mins*
9.30 Romy and Michele's High School Reunion
Mira Sorvino, Lisa Kudrow, Janeane Garofalo, Alan Cumming
Comedy. Two young women invent new lives in order to impress their former schoolmates at a high-school reunion, with disastrous consequences. Text *1997, rating Sky 15, 88 mins*
11.05 Kull the Conqueror
Kevin Sorbo, Tia Carrere
Action fantasy. A heroic warrior is forced to confront an evil, 3,000-year-old sorceress. Text *1996, rating Sky 12, 92 mins*
12.40am Quicksilver Highway
Horror. *1997, rating Sky 15, 87 mins*
2.10 Stag
Text *1998, rating Sky 18, 90 mins*
3.45 Crowned and Dangerous
Drama. Text *1997, rating Sky 12, DS, 85 mins*
5.15-6.00am Action Heroes: Michael Douglas

SKY CINEMA
PREMIUM CHANNEL

11.00am The Gunfighter
Gregory Peck, Helen Westcott
Western about a retired gunslinger. *1950, rating Sky U, 81 mins*
12.30pm The Presleys: Rock and Roll Royalty
Documentary about Elvis and Priscilla Presley. *1999, rating Sky PG, 85 mins*
2.00 Paradise, Hawaiian Style
Elvis Presley, James Shigeta
Musical. A pilot establishes his own helicopter company in Hawaii. *1966, rating Sky U, 87 mins*
3.35 Elephant Walk
Elizabeth Taylor, Peter Finch, Dana Andrews, Abraham Sofaer
Drama. A colonial tea planter, visiting England at the end of World War II, marries a beautiful English woman. Despite her luxurious new life in Ceylon, she feels isolated and is affected by the ominous, menacing presence of the local elephants. *1954, rating Sky PG, 98 mins*
5.25 The Whales of August
Bette Davis, Lillian Gish, Vincent Price, Ann Sothern
Drama. Two elderly New England sisters bicker and banter as they wait for the end of summer and the coming of the whales. One day a distraction arrives in the form of a visiting Russian. *1987, rating Sky U, 87 mins*
7.00
Hollywood's Favorite Son
Documentary about Ron Howard, the critically acclaimed director of *Apollo 13* and *Ransom*. *1999, rating Sky PG, 44 mins*
8.00 Parenthood
Steve Martin, Mary Steenburgen, Dianne Wiest, Rick Moranis
Comedy drama about the trials and tribulations of parenthood, which focuses on four different families within one extended clan. At the centre of the drama is an over-protective father who is having problems with his anxious son. *1989, rating Sky 15, 118 mins*
10.05 Backdraft
Kurt Russell, William Baldwin, Robert De Niro, Scott Glenn
Drama. A courageous fire-fighter's rivalry with his brother begins to interfere with his dangerous duties. He needs all his wits about him, however, when a ruthless and elusive arsonist begins to commit a number of murders-by-fire throughout Chicago. *1991, rating Sky 15, 131 mins*
12.25am More American Graffiti
Paul Le Mat, Cindy Williams
Comedy sequel. *1979, rating Sky 15, 106 mins*
2.20 Parenthood
1989, rating Sky 15, 118 mins
4.25-5.05am The Presleys: Rock & Roll Royalty
1999, rating Sky PG, 85 mins



Vinnie Jones settles scores in the premiere of 'Lock, Stock and Two Smoking Barrels'. Sky Premier 10.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm Space Master X-7
Bill Williams, Robert Ellis, Lyn Thomas, Paul Frees
Science fiction. A spaceship returns from Mars and brings with it a deadly infectious disease. Text *1958, 70 mins*
7.15 Macross Plus
The first of four weekly Japanese anime series, set in the near future on Eden, the first planet colonised by mankind.
8.00 The Graduate
Dustin Hoffman, Anne Bancroft, Katherine Ross, William Daniels
Romantic drama examining Sixties California's social and sexual mores. A directionless college graduate is torn between a sexual liaison with a family friend or a more serious relationship with her daughter. Text *1967, 101 mins*
9.50 Eyeball Tennis
10.00 Jerry Maguire
Tom Cruise, Cuba Gooding Jnr, Renee Zellweger, Kelly Preston
Romantic drama focusing on the sleazier side of sport, and America's obsession with success and money. A sacked sports agent is abandoned by all his clients except for a small-time American footballer, but redeems himself through honesty and the love of a good woman. Text *1996, 133 mins*
12.20am The Big Gundown
Lee Van Cleef, Tomas Milian
Western in which a rapist is hunted by a vigilante. *1966, 84 mins*
2.10 Nadja
Elina Löwensohn, Peter Fonda
Vampire drama. *1994, 89 mins*
3.40-6.00am Haunted
Thriller. Text *1995, 103 mins*

ITV2 is now on page 51

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm
Foreign Correspondent
Joel McCrea, Laraine Day, Herbert Marshall, Edmund Gwenn
Hitchcock spy thriller. A US journalist is sent by his newspaper to cover the war in Europe. On arriving in Holland he witnesses the assassination of a Dutch diplomat, which triggers a wild and dangerous adventure involving a treacherous spy ring. *1940, 120 mins*
9.15
The Secret of My Success
Michael J Fox, Richard Jordan, Helen Slater, Margaret Whitton
Romantic comedy. A young man leaves Kansas to work for his rich uncle's corporation in New York. Reluctantly accepting a job in the mailroom, he devises a scheme to get to the top by taking over a vacant office and posing as a big-time executive. Text *1987, 110 mins*
11.15
2 Days in the Valley
Danny Aiello, James Spader, Jeff Daniels, Marsha Mason
Comedy thriller involving hitmen and deranged cops. *1996, 104 mins*
1.15am Girl on a Motorcycle
Marianne Faithfull, Alain Delon
Cult drama. *1968, 91 mins*
3.00 The Secret of My Success
Romantic comedy. *1987, 110 mins*
5.00-7.00am Dance Hall
Drama. *1950, 80 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy. The proprietor of a children's bookshop and the owner of a chain of bookstores are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan. Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Epic swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller with a touch of comedy. A knock-off merchant's brother becomes involved in smuggling weapons, which sees the two of them up against Chinese gangsters and the Russian Mafia. Stars Jean-Claude Van Damme, Rob Schneider, Lela Rochon and Carmen Lee. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons 9.00 Tintin 9.30 Mummies Alive 10.00 Roswell Conspiracies 10.30 Starship Troopers 11.00 World Wrestling Federation 1.00pm Nightman 2.00 America's Dumbest Criminals Text 2.30 America's Dumbest Criminals Text

3.00 The New Adventures of Superman
Toy Story
A devious inventor kidnaps children and takes them to a fun-filled fantasy land. Text

4.00 Star Trek: Deep Space Nine
Prophet Motive
Quark is determined to find out the truth behind the Ferengi leader's sudden actions. Text

5.00 Star Trek: Voyager
Unforgettable
Chakotay again meets a woman he fell in love with one week previously. But he cannot remember her at all. Text

6.00 The Simpsons
Old Money
Grampa Simpson falls for Beatrice at the rest home. Text

6.30 Futurama
Mars University

7.00 Feature

7.30 The Simpsons
Lisa's Pony
Homer buys Lisa a pony that the family can ill afford. Text

8.00 Futurama
Fear of a Bot Planet
Fry and Lela are trapped on a planet ruled by robots. Text

8.30 The PJs
The Door Text

9.00 World Wrestling Federation – Livewire
Michael Cole presents bouts featuring star performers such as Stone Cold Steve Austin and Flash Funk.

10.00 Prickly Heat
Presenter Julian Clary decides it's time the girls searched the area for a suitable mate for him – but insists their specimens return suitably attired and bearing gifts.

11.00 Cops
Officers search for a suspect believed to be armed with a high-powered assault rifle. Text

11.30 Cops
Miami Text

12midnight Showbiz Weekly
Global showbiz from the Sound Republic in Leicester Square.

12.30am Pacific Palisades
Best Laid Plans Text

1.30 Space: Above and Beyond
The River of Stars Text

2.30-6.00am Long Play
VJ-free music zone playing your favourite tunes.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 Neighbours Omnibus
Another chance to see last week's episodes from sunny Australia.

9.35 Dynasty Omnibus
Alexis is stunned to hear that Krystle is pregnant. Fallon and Jeff announce their plans to remarry.

12.10pm EastEnders Omnibus
Tensions flare up in Amsterdam and Michelle and Shelley come home with more than they bargained for.

3.05 The Bill Omnibus
A chance to catch up on the week's events at Sun Hill.
A badly hungover DS Beach enters the world of sex, drugs and rock 'n' roll when a man is found dead in a car, with a large amount of crack cocaine next to the body and no witnesses.
When a face from the past stirs Conway into action, his colleagues and friends are pleased to see that he has not lost his touch.

5.30 To the Manor Born
DeVere decides to do a TV commercial at the manor. Audrey wants the world to know the truth about him, and about her.

6.10 FILM: Tron
Jeff Bridges, Bruce Boxleitner, David Warner, Cindy Morgan
Sci-fi thriller in which a young computer genius is sucked into a master computer system and transported into another dimension, while trying to prove his ideas are being stolen. He and his henchman, an electronic warrior, face many trials. *1982*

8.00 Yes, Prime Minister
A Conflict of Interest

8.40 The Vicar of Dibley
The Arrival
The chairman of the parish council wants Geraldine removed as quickly as possible.

9.20 dinnerladies
Moods
Can Philippa of human resources's bright idea for raising the mood really work?

10.00 Absolutely Fabulous
Door Handle
Since Patsy burnt down Edina's kitchen, progress on redesigning the interior has been slow.

10.40 The Royle Family
The Royles have another night of banter in front of the telly.

11.20 Monty Python's Flying Circus
Seminal comedy sketch show with many classic moments.

12midnight House of Cards
Urquhart's plans to undermine Collingridge reach their conclusion.

2.10-3.00am Juliet Bravo
Chasing the Dragon
Kate is approached by a family menaced by drugs.

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.20 Home and Away Omnibus
12.30pm Maury Povich
Talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich.
1.20 Maury Povich
2.10 Maury Povich

3.00 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

3.50 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

5.30 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

6.20 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

7.10 Maury Povich
Talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. Stars Lucy Bell, Peter Mochie and Gary Day.

9.00 Profiler
Thriller series about Dr Sam Waters, a forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.

10.00 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Bonanza 7.00 Plus on Plus 7.30 Please Sir 8.00 Singles 8.30 Supersonic 9.00 The High Chaparral 10.00 The Saint 11.00 The Love Boat 12noon The Odd Couple 12.30pm Plus on Plus 1.00 Bonanza 2.00 Agatha Christie's Partners in Crime

3.00 A Bit of a Do
The Inauguration of the Outer Inner Relief Ring Road
Councillor Rita Simcock has the casting vote on road scheme, but what about Badger's garden?

4.00 The Love Boat
Taking Sides
Comedy series. An elderly man cheats at cards to pay for a cruise. Doc Bricker is assigned by an overprotective father.

5.00 Hawaii Five-0
One for the Money
The employees of a multi-million dollar corporation are threatened, and the head of the corporation disappears.

6.00 Watching
Dancing

6.30 The Lovers
Beryl decides to break off her engagement to Geoffrey. With Richard Beckinsale.

7.00 Agatha Christie's Partners in Crime'
The Man in the Mist
A robbery turns to a murder mystery for Tuppence and Tommy. With Francesca Annis.

8.00 A Bit of a Do
The Inauguration of the Outer Inner Relief Ring Road
Councillor Rita Simcock has the casting vote on road scheme, but what about Badger's garden?

9.00
The Brian Conley Show
With acrobatic guests The Cappuchino Brothers.

9.30 Hale and Pace

10.00-11.00pm National Enquirer Presents

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Fully X-Posed

11.30 South Beach Model Search
A series of bikini contests filmed at Miami Beach, Florida.

12midnight
Garry Bushell Reveals All

12.30am
4play Away – Amsterdam

1.00 The Hot House
Tracy Flaherty and Georgia Fitch talk about their new lap dancing play titled *Stunners*.

1.30-2.00am Girls on Film
Cancun Bikini Bash

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 Winnie the Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules: The TV Show 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 Brotherly Love 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice Your Voice 2.30 Mickey Mouseworks

3.00 101 Dalmatians
Anita has a surprise birthday present for the pups. Text

3.30 Timon and Pumbaa
More fun with the mad meerkat and warthog.

4.00 FILM: Homeward Bound II
Voices of Michael J Fox, Sally Field.
Family adventure. Those adorable heroes are on their travels again, this time lost in the streets of San Francisco. *1996* Text

5.25 Honey, I Shrunk the Kids: The TV Show
Science is serious fun in the Szalinski household, where dad's an eccentric inventor. Text

6.10 Smart Guy
TJ is one bright kid. Text

6.35 Boy Meets World
My Best Friend's Girl Text

7.00 FILM: Aladdin and the King of Thieves
Voices of Robin Williams, Scott Weinger, Linda Larkin
Animated adventure. With the Genie organising Aladdin and Jasmine's wedding, there's bound to be matrimonial mayhem. *1995* Text

8.20 FILM: Treasure Island
Robert Newton, Bobby Driscoll, Basil Sydney, Geoffrey Wilkinson
Based on Robert Louis Stevenson's classic adventure. Cabin boy Jim Hawkins gets caught up in pirate Long John Silver's treasure hunt. *1950* Text

10.00 Home Improvement
10.30 Thunderstone Text
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

The Big Gundown
FilmFour 12.20am

An outstanding spaghetti Western from politically minded director Sergio Sollima, this urgently paced chase story sees a Mexican accused of child murder (genre stalwart Tomas Milian, who starred in the semi-sequel *Run, Man, Run*) being tailed by a hired gun (Lee Van Cleef).

GENERAL

The Vicar of Dibley
UK Gold 8.40pm

The first episode of award-winning religious parody *The Vicar of Dibley*. Dawn French stars as the unlikely vicar the nation has grown to love. Today witness her arrival at the sleepy country parish of Dibley where the locals are wary of their unexpectedly female cleric.

ADVERTISEMENT

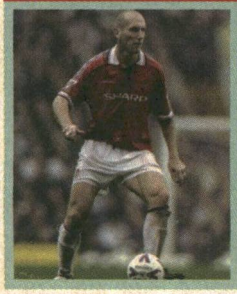
UK STYLE

GARDNERS' WORLD
7.00PM
Alan Titchmarsh presents Britain's most established garden programme that combines practical advice, inspirational garden visits and all the latest information on the best plants for the home gardener.

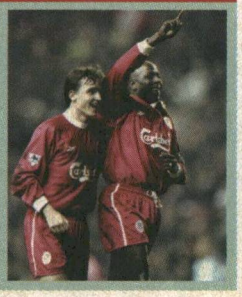
Saturday 4 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Xtreme Sports** **8.30 Alpine Skiing – LIVE** **9.45 Ski Jumping** **10.30 Alpine Skiing – LIVE** **11.45 Cross-Country Skiing** **12.30pm Nordic Combined Skiing – LIVE** **1.30 Ski Jumping** From the World Cup in Lahti. **2.00** **Cross-Country Skiing – LIVE** From the World Cup in Lahti.	**6.00am Hold the Back Page** **7.00 Sky Sports Centre** **8.00 Aerobics Oz Style** **8.30 Racing News** **9.00 Australian Rugby League: Brisbane v Newcastle Knights** **11.00 Ford Football Special: FA Premier League – Manchester United v Liverpool – LIVE** **2.00pm Gillette Soccer Saturday** Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men who matter and detailed analysis from the Sky Sports pundits. The studio regulars include such esteemed former footballing greats as Rodney Marsh, Frank Mclintock, Clive Allen and George Best.	**6.00am Sports Unlimited** **7.00 Aerobics Oz Style** **7.30 Racing News** **8.00 Soccer AM** **11.00** **Gillette World Sport Special** **11.30 World Wide Rugby: Super 12** Action from the new rugby Super 12 season. **1.30pm Ford International Rugby Union: Six Nations – England v Wales – LIVE** The Six Nations continues with live action from Twickenham as England do battle with Wales. Clive Woodward's England side have plenty of talent within their ranks and there is an encouraging blend of youth and experience. Wales have won this competition 33 times (eleven shared) but have not lifted the trophy since 1994.	**8.00am Ford Golf USA: Doral–Ryder Open** Catch up with all the best action on day two. **10.00 Euro Tour Golf: Dubai Desert Classic – LIVE** With commentary from Ewen Murray and Bruce Critchley. **1.00pm World Pool League** **2.00 Max Power** Motor sport action from around the world.	**8.00am The Flash** **9.00 The Incredible Hulk** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12.00noon FILM: Atragon** Sci-fi adventure. A 2000-year-old Oriental empire is found under the sea. *1963* **1.40pm Sci-Focus Special** **2.00 Planet of the Apes**	**6.00am Mad 4 Hits** **9.00 Pure Pop Weekend** **10.00 European Top 20** **12noon** **News Weekend Edition** **12.30pm Britney Spears – Making the Video** **1.00 Total Request** Viewers select dedications and messages. **2.00 Pure Pop Weekend** A selection of the biggest pop hits from the top acts of the moment.
3.00 PM	**3.00 Speed Skating** World Speed Skating Single Distance Championships in Japan. **3.45 Nordic Combined Skiing – LIVE**			**3.00** **World Motor Sport** An essential guide to who is racing where, when and how. From a comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events in store.	**3.00 Robocop** *Trouble in Delta City* When Madigan gets hooked on a new weight-loss pill, RoboCop uncovers an insidious plot.	
4.00 PM	**4.00 Speed Skating** Coverage from the World Speed Skating Single Distance Championships in Nagano, Japan.				**4.00 The Flash** *Alpha* An android disguised as a young woman escapes from a US Government laboratory.	**4.00 Select MTV** Viewers make MTV their personal jukebox. Everyday, two hours of chat, videos and guest appearances from some of the most promising names in the world of pop.
5.00 PM	**5.00** **Ski Jumping – LIVE** Coverage of the K120 team event at the World Cup in Lahti, Finland.		**5.00 Euro Tour Golf: Dubai Desert Classic** Join David Livingstone as he introduces the latest action from day three of the 2000 Dubai Desert Classic at Dubai Creek Golf & Yacht Club. The tournament's line-up has, in the past, read like a who's who of golf professionals from all major tours. Commentary comes from the usual duo of Ewen Murray and Bruce Critchley. *Repeat from Sky Sports 3*		**5.00 The Net** *North by Northwestern* When Angela is arrested en route to Chicago to find her father, she must rely on a fellow prisoner's help.	
6.00 PM		**6.00 Ford Football Special: FA Premier League – Manchester United v Liverpool** Highlights of the Premier League clash between Manchester United and Liverpool at Old Trafford. These two old rivals go head-to-head as they search to strengthen their respective positions.		**6.00** **Basketball – LIVE** Kevin Cadle hosts the latest basketball action as the domestic season gathers pace. With courtside reports from Suzanne Dando.	**6.00 The Crow: Stairway to Heaven** *Like it's 1999* A series of cult-related violent home invasions by teenagers occurs.	**6.00 News Weekend Edition** The week's celebrity stories. **6.30 MTV Live – Pure Pop** Pop acts live in the studio.
7.00 PM	**7.00 Motorcycling** The season launch of the FIM Road Racing World Championship Grand Prix at the Guggenheim Museum in Bilbao, Spain.				**7.00 Amazing Stories** *Ghost Train* With Lukas Haas. **7.30 Amazing Stories** *The Main Attraction* With John Scott Clough.	**7.00** **Pure Pop Weekend** All the latest and biggest pop hits around.
8.00 PM	**8.00** **Equestrianism – LIVE** Coverage of the second day of the FEI World Cup Series in Paris.	**8.00 Saturday Fight Night – LIVE** Join Paul Dempsey as he introduces another evening of live top-of-the-bill boxing action from a fight between two of the world's premier punchers. Commentary and ringside analysis comes from the regular duo of Ian Darke and Glenn McCrory.	**8.00** **Ford Golf USA: Doral–Ryder Open – LIVE** Catch up with all the significant action from day three of the Doral-Ryder Open which takes place at Doral Golf Resort and Spa in Miami, Florida. Many of the US Tour's top stars are competing. As the tournament gathers pace, find out who looks most likely to pocket the winner's share of the $540,000 total prize fund.	**8.00 Spanish Football – LIVE** David Bobin introduces the latest Spanish football action from a clash between two teams looking for precious league points and to progress in the domestic cup competition.	**8.00 FILM: Hook** *Robin Williams, Dustin Hoffman, Julia Roberts* Fairytale swashbuckler from Steven Spielberg. Peter Pan has grown up and has forgotten all about Neverland and Captain Hook. But when Hook returns and captures Peter's children, he must remember how to regain his true personality again. *1991* **10.45 Max Headroom** Innovative sci-fi drama about a TV news team in a dystopian future society dominated by electronic media. Starring Matt Frewer, Nickolas Grace and Hilary Tindall.	
9.00 PM	**9.00 Boxing** Coverage of an international contest.					**9.00 News Weekend Edition** With Emma Ledden and Edith Bowman. **9.30** **Celebrity Death Match**
10.00 PM	**10.00 SportsCentre** Sports news bulletin. **10.15 Speed Skating** Action from the World Speed Skating Single Distance Championships in Nagano, Japan.	**10.00 World Wrestling Federation – Smackdown** Jim Ross and Michael Cole host another bout of uncut rough and tumble action from the World Wrestling Federation. **11.55 Premiership Shorts: Favourite Game – Liverpool v Newcastle United**		**10.00 Rugby Union Update: Six Nations – England v Wales** Highlights of the Six Nations clash between England and Wales at Twickenham. Presented by Mark Durden-Smith **11.30-12midnight Powerboat and Jetsport World** Watersports action.		**10.00** **Pure Pop Weekend** More hits from the world of pop video.
11.00 PM	**11.15 Ski Jumping** Coverage of the K120 team event at the World Cup in Lahti, Finland.		**11.00 Inside the Senior PGA Tour** A behind-the-scenes view. **11.30 World Wide Rugby: Super 12** Action from the new rugby Super 12 season, featuring Canterbury Crusaders.			
12.00 NIGHT TIME	**12.45am-1.00am SportsCentre** Sports news bulletin.	**12midnight Spanish Football** **2.00am Saturday Fight Night** **4.00 World Wrestling Federation – Smackdown** **5.55-6.00am Premiership Shorts**	**1.30am Ford Football Special: Premier League – Manchester United v Liverpool** **3.30 Basketball** **5.30-6.00am Extreme Sailing**		**12midnight FILM: Blue Sonnet – II** Manga. *1990* **1.30am Armitage III** *Flesh and Stone* **2.00 A Century of Sci-Fi** **2.30 The Ray Bradbury Theatre** **3.00-4.00am Lost in Space**	**12midnight The Lick R&B Chart Show** Presented by Trevor Nelson. **1.00am MTV Megamix** **2.00 brand:new** **3.00 Chill Out Zone** **4.00 MTV Dancefloor Chart Show** **5.00-6.00am Night Videos**

LIVE FA PREMIER LEAGUE: MANCHESTER UNITED V LIVERPOOL SKY SPORTS 1 11.00AM



This fixture used to be the big one in English football, but Manchester United have been beating Liverpool too many times and too easily in recent years for this Old Trafford match to be anything more than another slim chance for the Merseysiders to reclaim former glories. No doubt United's Jaap Stam (pictured, left) will try and prevail against the likes of Vladimir Smicer and Titi Camara (pictured, right) to help ensure a probable home win – Liverpool fans would definitely disagree!



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Night Calls Freeview 10.06 Night Calls Live 11.35 Sex Court 12midnight Freeview 12.10am Neil Down – Sex Therapist 12.35 Frisky Hot Fräuleins 1.05 FILM: Love in a Dark House 2.15 New Model File 2.40-4.00am FILM: Desirable

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Peeping Tom 12.20 Adult Feature 12.45 FILM: The Sopornos 1.00 Five Minute Freeview 1.05 FILM continues 2.00 Five Minute Freeview 2.05 Sex Talk 2.30 FILM: Pristine 3.40-4.00am Maxine

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Saturday 4 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed
8.00 Emma
9.00 VH1 Album Chart Show
10.00 Pop Star Sign Special
Tune in to find out who shares your star sign as Lisa L'Anson runs through the musical zodiac artist by artist.
11.00 Emma
12noon The VH1 Millennium Honours List
Another chance to see the nation's choice of the top 100 artists and bands of all time as VH1 plays the results of the biggest music poll held in 1999, with thousands of stars coming under the reckoning. For the next ten hours, VH1 counts down the chart of the ultimate musicians of all time.

10.00pm Hey, Watch This! – Cartoons
NEW John Fugelsang takes an offbeat, comical look at British and American culture.
11.00 Shania Twain's Winter Break
The singer tells us how she grew up in Canada in a small town just 200 miles from the arctic circle.
12midnight
Tin Tin Out Featuring Emma Bunton Uncut
12.30am
Divine Comedy Uncut
1.00
The Beautiful South Uncut
2.00 Blondie Uncut

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Riot Patrolman
NEW SERIES
12.30pm Horse Tales
Icelandic Round-Up
1.00 Crocodile Hunter
Jungle in the Clouds
Join Steve Irwin on a trek to one of the world's few equatorial glaciers.
2.00 Born Free Weekend
Lions – Finding Freedom
3.00
The Ivory Orphans
Following the rehabilitation of orphaned elephant calves in an African sanctuary, with a special focus on the lives of three calves named Ajok, Tya and Ndume.
4.30
The Last Paradises
Amboseli
Examining the problems surrounding the African elephant, and the part it plays in the struggle to safeguard this emblematic national park.
6.00 Croc Files
Steve and Terri Irwin join a camel round-up.
6.30 Croc Files
Steve and Terri look at Tasmanian wildlife.
7.00 Crocodile Hunter
Legends of the Galapagos
Meet Harriet, a 168-year-old tortoise taken from the Galapagos Islands by Charles Darwin.
8.00 Emergency Vets
More stories from Alameda East Veterinary Hospital.
8.30 Emergency Vets
More stories from Alameda East Veterinary Hospital.
9.00 Untamed Africa
The Brother of Talek
The crocodiles eggs finally hatch, while a pair of male cheetahs become lost in the territory of a lion.
10.00 Savannah Cats
The lion and the cheetah, two big cats specially adapted for hunting on the African plains, rear their young and hunt for food.
11.00-12midnight Hunters
Rulers of the Deep
A look at the shark, the most widely feared of aquatic predators.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am
Home and Away Omnibus
11.20 Words With
11.45 Baywatch
12.30pm Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
2.30 Football First
Live football updates from around the country.
3.10
Emmerdale Omnibus
A chance to catch up with the week's event in the rural soap.
4.35 Coronation Street Omnibus
Last week's episodes of this long-running soap.
6.00 Heartbeat
Nostalgic police drama series set in a 1960s Yorkshire village with an unusually high rate of criminal activity.
7.00 NBA 2000
Catch coverage of the week's top basketball action from the US.
8.00 Clint Eastwood Special
Melvyn Bragg interviews the Hollywood actor and director at his ranch hotel in Carmel, California.
9.00 FILM: Tightrope
Clint Eastwood, Genevieve Bujold, Dan Hedaya
Psychological thriller. A New Orleans detective is forced to confront the dark side of his own personality when he hunts down a vicious sex killer operating in the French Quarter. *1984*
10.50 The Vice – Special Edition
Police thriller focusing on the work of officers of the Metropolitan vice squad. Originally shown in two parts. With Ken Stott, Anna Chancellor, Struan Rodger, Sally Hurst and David Harewood.
12.50am-2.20am Boxing Monthly
Boxing magazine featuring highlights from world championship fights, interviews with boxers and behind-the-scenes action.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 Good Living 9.00 The Green Room 9.30 The Flower Show 10.00 Gardeners' World 10.30 Garden Magic 11.00 Crewless 12noon Holiday in Style 1.00pm Big Kevin, Little Kevin 1.30 Rick Stein's Seafood Odyssey 2.00 The Naked Chef 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm Arena People
Hitchcock – Alfred the Great
4.00 Motown Live
Performances by R&B, hip-hop and pop acts, plus Motown legends.
4.50 A Night with Lou Reed
Velvet Underground classics and solo material, from Greenwich Village.
5.55 The First, the Last, My Everything
Celebrities' favourite musical moments.
6.25 The First, the Last, My Everything
6.55 Sounds of the Sixties
1964-6 – The Beat Boom
7.30 Arena People
Hitchcock – Alfred the Great
Continuing a two-part profile of the life and career of the celebrated 'master of suspense'.
8.30 Later Presents Mark Knopfler in Concert
Jools Holland introduces a one-off studio session from Dire Straits' lead singer. With songs from his debut solo album *Golden Heart*, plus well-known hits.
10.00 FILM: Leaving Las Vegas
Nicolas Cage, Elisabeth Shue, Julian Sands
Drama about an alcoholic screenwriter who, fired from his Hollywood job, takes off for Vegas to drink himself into oblivion. He falls for a hooker on the run from her pimp, and the two make a lovers' pact. *1995*
12.10am
A Night with Lou Reed
1.00
Later Presents Mark Knopfler in Concert
2.30-3.00am
Sounds of the Sixties
The Folk Revival

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Birds of the Sun God 7.30 Chimpanzee Diary 8.00 Chimpanzee Diary 8.30 Chimpanzee Diary 9.00 Orang-Utan Rescue – The Last Chance 10.00 Man on the Moon 11.00 Man on the Moon 12noon Tomorrow's World Plus 1.00pm Astronaut's View of Earth 2.00 Birds of the Sun God 2.30 Chimpanzee Diary
3.00
Chimpanzee Diary
The males go out on patrol.
3.30
Chimpanzee Diary
Freud and the males return.
4.00
Orang-Utan Rescue – the Last Chance
Rescuing baby orang-utans after the devastating forest fires in Indonesia.
5.00 Top Gear GTi
Vicki Butler-Henderson learns to ride a bike and ultimately takes her test.
● FEATURE: page 149
6.00 Around the World in 80 Days
A Close Shave
Michael signs himself on as a deckhand aboard a ship bound for Singapore.
7.00 The Cruise
Fly-on-the-wall series.
7.30 The Cruise
Stranded in Paradise
Only one crew member can get home for the holidays.
8.00 Operation Lemur with John Cleese
John Cleese takes part in a project dedicated to saving lemurs from extinction.
9.00 HMS Splendid – Under the Sea
The captain seeks a new second-in-command to oversee the mission of carrying cruise missiles.
10.00 Top Gear GTi
Vicki Butler-Henderson learns to ride a bike and ultimately takes her test.
11.00 Secrets of the Paranormal
11.30 Secrets of the Paranormal
12midnight-1.00am Hollywood Women

UK PLAY:
1.00am Goodness Gracious Me 1.35 A Very Important Pennis 2.10 The Fast Show 2.45 The Fast Show 3.20 Stella Street 3.30 Hey DJ 4.30 TOTP Plus 5.00 Blur 5.30 Jamie Theakston's Pick 'n' Mix 6.00 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Kitchen College 8.00 Network Daily 8.45 More Simply Antony 9.30 Simply Puddings 10.00 In Season 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Game Cuisine 12noon Classic Dishes 12.30pm Ross on the Range 1.00 Coxon 1.30 Five Star Cooking 2.00 Network Daily 2.45 Simply Fish
3.30
Tessa's Tastebuds
Peppers
Pineapple and chilli salad with quail eggs.
4.00 Simply Baking
Bread
4.30 Tastes of Britain
Dorinda Hafner finds out about the art of smoking fish in Scotland.
5.00 Flash in the Pan
5.30 Classic Dishes
A recipe for sherry trifle.
6.00 Coxon's Kitchen College
6.30-7.00pm Peter Gordon's Pacific Food

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Whale Tales
Visit Africa's whale festival and discover the destination of migrating whales.
8.00 Snakebite!
Find out what happens when fangs meet flesh.
8.30 Urban Gators
Get an insight into the life of the urban alligator.
9.00 Sharks of the Red Triangle
Take a look at the great white shark in its home territory – the waters off the California coast.
10.00 The Siberian Tiger
Predator or Prey?
Explore the realm of the world's largest cat – a rare, solitary striped assassin.
11.00 Explorer's Journal
Hunter and the Hunted
From runners to divers, discover what makes the world's top sportsmen tick.
12midnight-1.00am The Rhino War
A look at Africa's desperate battle to save one of the world's oldest surviving land mammals from extinction, as rangers patrol the animal reserves with permission to shoot poachers on sight.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky
Madcap gameshow hosted by Michael Barrymore.
5.30 100%
6.00 Family Fortunes
6.30 Beadle's About
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Gladiators
10.00 Family Fortunes
10.30 Beadle's About
11.00
Celebrity TV Bloopers
12midnight
Absolute Cobblers
Comedy gameshow.
12.30am The Cooler
1.00 3-2-1
2.00 Karaoke Challenge
2.30 Absolute Cobblers
3.00 Simply Irresistible
Dating gameshow.
3.30 The Krypton Factor
4.00 Say the Word
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 The Car Show 8.30 The New Yankee Workshop 8.55 This Old House with Steve and Norm 9.30 This Old House with Steve and Norm 10.00 Rex Hunt's Fishing Adventures 10.30 Go Fishing 11.00 Hooked on Fishing 11.29 The Home and Leisure House 11.30 Grundy Goes... 12noon Home Again with Bob Vila 12.30pm Home Again with Bob Vila 1.00 Our House 1.30 Space Invaders 2.00 Kingsbury Square 2.30 Whacky Racers
NEW SERIES
3.00 Set in Stone
3.30-4.00am
Away with Words

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E Omnibus 11.00 Club@vision 11.45 Scratch TV 12noon That Film Show 12.30pm Got Any Gear? 12.45 Come On 1.00 Freesports 1.30 Freesports 2.00 Trainspotters 2.30 That Film Show 3.00 Club@vision 3.45 Scratch TV 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00-6.00pm H.E.R.E Omnibus

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Saturday 4 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog 12noon Cartoon Theatre 2.00pm Scooby Doo Marathon

Cartoon Network is showing a fun-filled five hours of *Scooby Doo* episodes. So, if you're a fan of the crime-fighting kids and their cowardly canine companion, tune in for a bumper helping of spooky sleuthing adventures.

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000

Every weekend in March, Nickelodeon is staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it, so if you go ga-ga for *Rugrats* or are bewitched by *Sabrina the Teenage Witch* then call the freephone number provided and cast your vote. Today's first round contest is between *Renford Rejects* and *Rugrats*.

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie, Indiana: The Other Dimension 11.50 Casper 12noon It's Your Call 2000: Monster Rancher v Princess Tenko 2.15pm Silver Surfer 2.40 The Tick

3.05 Mortal Kombat
3.30
Monster Rancher
Genki and Holly try to save Monster Rancher world from being overrun.
4.00 Power Rangers in Space
The kids blast back in their newest incarnation.
4.30 Mystic Knights of Tir Na Nog
5.00
Dennis and Gnasher
Dennis and Gnasher take on the enemy: adults.
5.30-7.00pm
FILM: Mighty Morphin' Power Rangers – Green with Evil
A feature-length adventure for the Mighty Morphin' Power Rangers.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.30 Straight Talk 8.00 Weekend 24 9.00 News 10.30 Straight Talk 11.00 News 11.30 Simpson's World 12noon News 12.30pm Seven Days 2.30 Straight Talk 5.30 Scoreline 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 8.30 Simpson's World 9.00 News 9.30 Straight Talk 10.30 Talking Movies 11.00 News 12midnight News 12.30am Seven Days 1.00 News 2.30 Simpson's World 3.30 USA Direct 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Health 6.30 Business 7.30 World Beat 8.30 Sport 9.30 Europe 10.30 Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 Report 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Larry King 6.30 Hot Spots NEW SERIES 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 WorldView 11.30 Europe 12.30am Health 1.00 WorldView 1.30 License 2.00 Larry King 3.00 WorldView 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Technofile 10.30 Showbiz Weekly 11.30 Fashion TV 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Showbiz Weekly 4.30 Technofile 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 Fashion TV 10.00 Sky News at Ten 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Technofile 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 5.35am 7 Tage anders Fernsehen 5.45 Chronik der Wende 6.00 Englisch für Anfänger 6.30 Passe-partout 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Nano 9.15 Slowenien Magazin 9.45 Euro Austria 10.15 Der Report 11.00 Quer 11.45 Rückblende 12noon Hits of the 90s 12.45pm Chronik der Wende 1.00 Neues... 1.30 Einer Musste Ja Bleiben 2.15 Frau-TV 2.45 Titel Folgt 3.05 Die Ente Klingelt Um 4.30 Tips and Trends Sportiv 5.00 Drillinge Fürs Jugendamt 5.30 Geheimnisvolle Welt 6.00 Heute 6.20 Das Botanische Ballett 7.00 Tagesschau 7.15 Eine Nacht in Venedig 7.25 Paul Cezanne – Pionier der Moderne 10.10 Boulevard Bio 11.10 Seitenblicke – Revue 11.35-12.50 Das aktuelle Sport-Studio

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 6.45 Silence ça Pousse 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Archimède 9.00 Journal 9.15 La Physique en Forme 9.30 Branché 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Image de Pub 11.20 France Feeling 11.30 Journal 12noon Infos 12.05pm Reflets 1.00 Journal 1.15 Bouillon de Culture 2.30 Les Inventions de la Vie 3.00 Journal Télévisé 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Argent Public 6.30 Autovision 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 10.30 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Thekikaat 4.30 Videocon Flashback 5.00 Aainey 6.00 Ek Mulaqat 6.30 MTV 123 7.30 Non Stop Hungama 8.00 MTV Gao Baby Gao 8.30 Junoon 9.00 FILM 12midnight MTV 123 1.00am FILM 4.30 Junoon 5.00 Aainey 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Parivaar 6.30 Shabads 7.00 Jaagran 7.30 News 8.00 Pakistan Business 8.30 Udaan Choo 9.00 Choti Baatein 9.30 Entertainment 10.00 Quiz 10.30 Legend 11.00 Ru Ba Ru 11.30 Khana 12noon FILM 3.00pm Show Time 4.00 Anhoni 5.00 Khoobsurat 5.30 Rishtey 6.30 Hum Paanch 7.00 Callmate 8.00 News 8.30 FILM 11.30 Saath Saath 12midnight News 12.30am Shapath 1.00 India's Most Wanted 2.00 FILM 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 CMTV 7.00 Jack Van Impe Presents 7.30 Kids' Club 8.00 Donut Man 8.10 Beginner's Bible 8.40 Blood and Honey 9.00 This Generation 9.30 Jesse 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.15am City Diary 4.45 European Weekly Review 5.15 City Diary 5.45-6.00am Financial Goals at the Weekend

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 10.00 Scottish Parliament 12noon Parliamentary Coverage 2.00pm PMQs 2.30 Hearts and Minds 3.00 Welsh Assembly 5.00 Parliamentary Coverage 11.30-12midnight Straight Talk

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm
Discover Magazine
Cyber Cops
How criminologists use highly technical tools to stay ahead of criminals.

5.00 PM
5.00 Cyber Warriors
A look at how the armies of the future will outsmart their foes with computer technology, rather than outnumbering them.

6.00 PM
6.00 Cyber Warriors
Focusing on the use of computers to launch rapid, stealthy, widespread and devastating attacks on an enemy's infrastructure.

7.00 PM
7.00
Inside the US Mint
A rare glimpse inside the US Mint, which makes the coins that find themselves in Americans' pockets.

8.00 PM
8.00 Scrapheap
Off-Road Buggies
Two teams have to build a vehicle capable of carrying them around an off-road track – with a water hazard.

9.00 PM
9.00
Discover Magazine
Engineering Disasters
How, despite meticulous planning, engineering disasters still occur.

10.00 PM
10.00 Trauma – Life and Death in the ER
A series of documentaries reporting from different hospital emergency rooms around America.

11.00 PM
11.00
Forensic Detectives
Texas Rangers
Documentary about the Texas Rangers, part of the Texas Highway Patrol.

12.00
12midnight Cyber Warriors
A look at how the armies of the future will outsmart their enemies with computer technology, rather than outnumbering them.
1.00am-2.00am
Cyber Warriors
A look at the use of computers in war.

NIGHT TIME

7.00pm-9.00pm
Cartoon Theatre
Two hours of your favourite cartoons.

TNT
FAMILY PACK

9.00pm NBA
The latest fast and furious NBA basketball action, featuring the Utah Jazz in action against the Charlotte Hornets.

11.00-1.00am
FILM: Captain Sinbad
Guy Williams, Heidi Brühl, Pedro Armendáriz
Action adventure. *1963*

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm
Student Bodies
7.30 Desmond's
Haircutting comedy.
8.00 Cheers
I Do Adieu
8.30 Just Shoot Me
The Odd Couple
Finch persuades a model to go on a date with him.
9.00 FILM: Meatballs
Bill Murray, Harvey Atkin
Comedy set on a summer camp in the US. The head counsellor in charge of a misfit group of camp counsellors is on a mission to convert his sorry collection of rejects into happy campers in just a few weeks. *1979*
10.45 Jack Dee
Live in London
Having completed 70 live UK dates, Jack Dee's tour culminates in a sell-out run at the Gielgud Theatre.
11.55 Comedy Store
12.25am Armstrong and Miller
12.55 Morwenna Banks Show 1.25 Duckman
1.50 Rex the Runt
2.00 DiResta 2.30 Nurses
3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Kids Shop!
8.30 Sports Shop!
9.00 Shop! Feature
9.30 Technology Shop!
10.00 Sports Shop!
11.00 Jewellery Shop!
12noon Entertainment Shop!
1.00pm Bargain Shop!
1.30 Shop! Selection
2.30 Entertainment Shop!
3.00 Kitchen Shop!
4.00 Clothes Shop!
5.00 Shop! Selection
6.00 Entertainment Shop!
7.00-7.30pm Technology Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon
Mystery of the Future
12.55pm 100 Years Of Labour 1.00 Tales of the Gun 2.00 Biography
Charlie Chaplin
3.00 World War I
The Allies in Russia
3.30 World War I
Heritage of War
4.00
Great Crimes and Trials
Gary Gilmore
4.30
Great Crimes and Trials
Dr Samuel Sheppard
5.00 Clash of Wings
6.00 Occult History of the Third Reich
Enigma of the Swastika
7.00 Biography
Christina Onassis
8.00 Biography
William Shakespeare
9.00-10.00pm Life and Death in Britain's Ancient Theatres

TV TRAVEL SHOP
BONUS CHANNEL

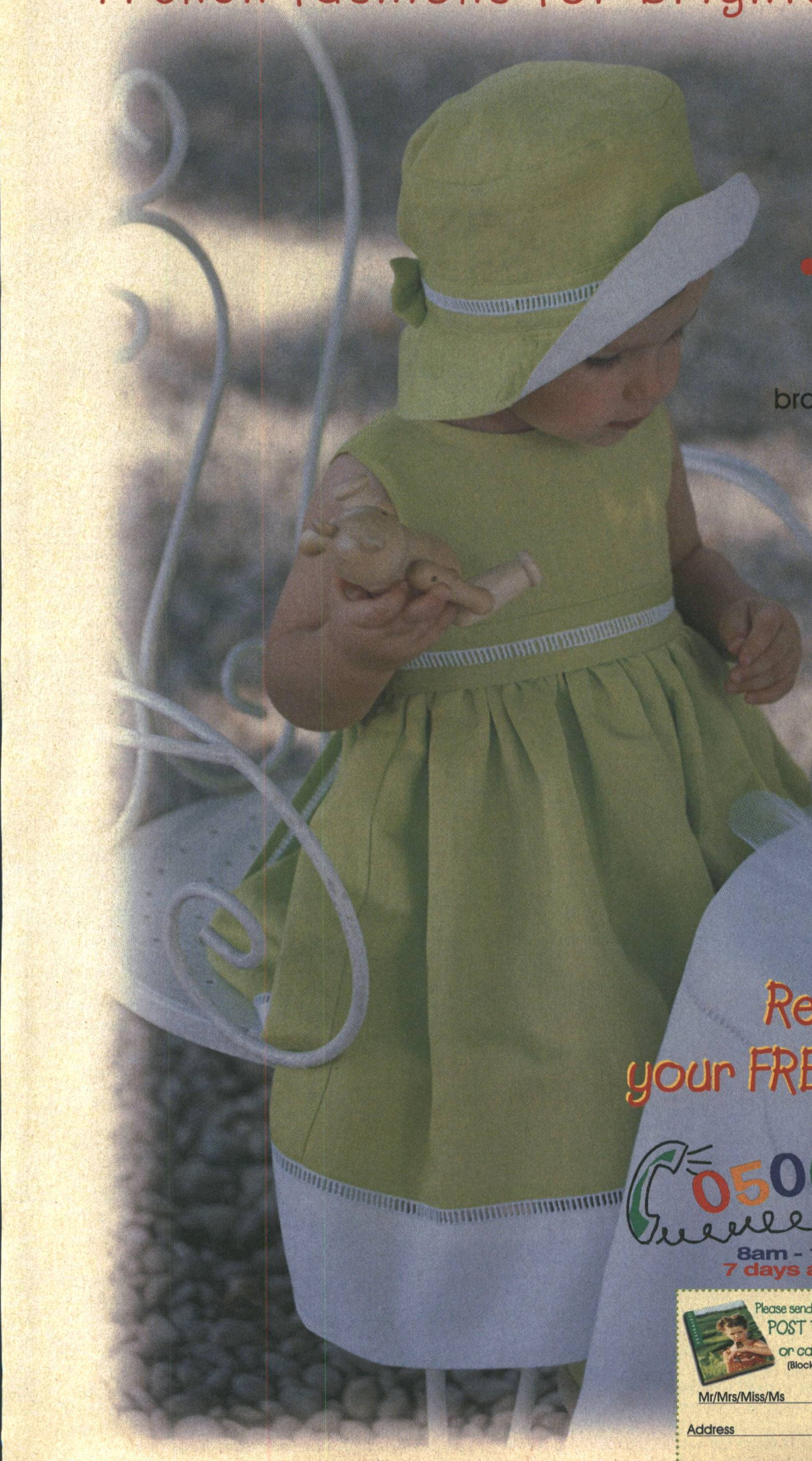
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is The Pilates Method: Fitness for the Future at 2.00pm.

VERTBAUDET

French fashions for brighter children!



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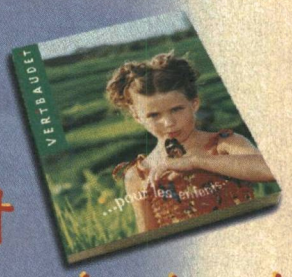

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Sunday 5 March

SKY PREMIER
PREMIUM CHANNEL

6.00am
The Directors: The Films of Jim Abrahams and David Zucker
7.00 Not Quite an Angel
1997, rating Sky U, 86 mins
9.00 Great Expectations
1974, rating Sky U, 119 mins
11.05 Anastasia
Text *1997, rating Sky U, 90 mins*
1.00pm Bean
Text *1997, rating Sky PG, 85 mins*
2.30 Not Quite an Angel
Cameron Sturn, Mallory Farrow, Cynthia Gillespie, John St Ives
Heart-warming family drama in which two plucky children team up with an angel to take on the might of a corporate giant, in an attempt to save their much-loved playground from demolition. *1997, rating Sky U, 86 mins*
4.30
Barry Norman's Film Night
Movie reviews and interviews with the top stars.
5.00 Anastasia
Voices of Meg Ryan, John Cusack, Kelsey Grammer
Animated muscial adventure. A young girl who cannot remember her true origins travels to St Petersburg to investigate her forgotten past. While there, she falls in with a couple of con men who try to pass her off as a lost Russian princess. Text *1997, rating Sky U, 90 mins*
7.00 Bean
Rowan Atkinson, Peter MacNichol, Pamela Reed
Big-screen version of the TV comedy series. The hopelessly inept Mr Bean has somehow managed to get a job as a security guard, and his latest assignment finds him travelling to America safeguarding a priceless painting. Last Play Text *1997, rating Sky PG, 85 mins*
9.00 The X Files
David Duchovny, Gillian Anderson, Mitch Pileggi
Blockbusting movie version of the hit sci-fi series. Two FBI agents are closer than they have ever been to proving the existence of extra-terrestrial life, but there is a conspiracy of powerbrokers desperate to stop them. Text *1998, rating Sky 15, 117 mins*
11.00 Movietalk: Hooray for Hollywood
11.30
Dream for an Insomniac
Ione Skye, Jennifer Aniston
Light romantic comedy about a woman who longs for a man to fire her passion. Text *1997, rating Sky 15, 84 mins*
1.00am Oscar and Lucinda
Ralph Fiennes, Cate Blanchett
Text *1997, rating Sky 15, 126 mins*
3.10-5.00am Live Flesh
Sex comedy. Widescreen *1997, rating Sky 18, 97 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Troop Beverly Hills
Comedy. Text *1989, rating Sky PG, DS, 102 mins*
8.00 Where the Red Fern Grows
1974, rating Sky PG, 97 mins
10.00 Behind the Waterfall
Gary Burghoff, Luke Baird
1995, rating Sky U, 93 mins
12noon Finding Kelly
Brighton Hertford, Jameson Baltes.
1998, rating Sky PG, 84 mins
2.00pm Troop Beverly Hills
Shelley Long, Craig T Nelson
Comedy. A spoilt Beverley Hills housewife volunteers to take charge of her daughter's Girl Scout troop in an attempt to restore some meaning to her vacuous existence. *1989, rating Sky PG, DS, 102 mins*
4.00 Behind the Waterfall
Gary Burghoff, Luke Baird, Gena Gale Burghoff, Jeff Olson
Family drama about two children and their friendship with a storyteller, who encourages them to learn the importance of faith, imagination and reality. *1995, rating Sky U, 93 mins*
5.45 UK Top Ten
A rundown of the current top ten films at the British box office.
6.00 An Unexpected Life
Stockard Channing, Stephen Collins, Christine Ebersole
PREMIERE Drama. A woman's life is thrown into turmoil when she is granted custody of her sister's children. After moving from the city to the country in order to lead a calmer life, she discovers that she is expecting a child of her own. *1998, rating Sky PG, 88 mins*
8.00
Tarzan and the Lost City
Casper Van Dien, Jane March, Steven Waddington
PREMIERE Family adventure. After years of living in Britain, the titular ape man decides that he must shed his western clothes and return to the jungle, where he senses that the native people are in great danger. Text *1998, rating Sky PG, DS, 81 mins*
10.00 Fire Down Below
Steven Seagal, Kris Kristofferson, Harry Dean Stanton, Brad Hunt
Action movie set in the Appalachian mountains. A rich man is intent on becoming even richer by allowing toxic waste to be dumped into abandoned mineshafts. Text *1997, rating Sky 18, 100 mins*
11.45 Out for Justice
Steven Seagal, William Forsythe
Action thriller. *1991, rating Sky 18, DS, 87 mins*
1.20am The Blackout
Matthew Modine, Beatrice Dalle
Text *1997, rating Sky 18, 94 mins*
3.00 Albino Alligator
Text *1996, rating Sky 18, 93 mins*
4.40-6.40am Finding Kelly
1998, rating Sky PG, 84 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Backfire
Gordon MacRae, Virginia Mayo
Mystery. An ex-soldier tries to clear his friend's name of murder. *1949, rating Sky PG, 87 mins*
12.30pm What a Carve Up!
Sid James, Kenneth Connor
Comedy. Ghostly goings-on abound when a dead man's family is summoned to the reading of his will. *1961, rating Sky PG, 84 mins*
2.00 The Battle of the Bulge
Henry Fonda, Robert Ryan, Pier Angeli, Robert Shaw
Sterling historical retelling of the monumental 1944 battle in the Ardennes, which was to become one of the most dramatic events in World War II. *1965, rating Sky PG, 142 mins*
4.30 Our Relations
Stan Laurel, Oliver Hardy, Daphne Pollard, Betty Healy
Laurel and Hardy comedy in which the bumbling duo encounter all manner of comic chaos when they run into their long-lost twins. *1936, rating Sky U, 71 mins*
5.45 1941
Dan Aykroyd, Ned Beatty, John Belushi, Lorraine Gary
Chaotic comedy set six days after the bombing of Pearl Harbor, which follows the outrageous adventures of a trouble-making group of American GIs who, between them, manage to destroy Hollywood and wreak havoc throughout Southern California. Text *1979, rating Sky PG, 114 mins*
7.45 Cinema Nation
8.00 Gung Ho
Michael Keaton, Mimi Rogers, George Wendt, Gedde Watanabe
Comedy about an unemployed man who manages to cajole a Japanese car company into re-opening its plant in his recession-hit town. However, the workers soon begin to resent the disciplinary demands of their new Japanese bosses. *1986, rating Sky 15, 107 mins*
10.00 Far and Away
Tom Cruise, Nicole Kidman, Thomas Gibson, Robert Prosky
Historical epic. When a farmer is constrained by the Irish tenancy laws, preventing him from owning his own plot of land, he decides to fulfil a dream and heads off for the New World, encountering love along the way in the form of a feisty woman. *1991, rating Sky 15, 135 mins*
12.20am The Music Man
Robert Preston, Buddy Hackett
Romantic musical drama. *1962, rating Sky U, 145 mins*
2.50 Gung Ho
Michael Keaton, Mimi Rogers
1986, rating Sky 15, 107 mins
4.45-6.00am Our Relations
Stan Laurel, Oliver Hardy
1936, rating Sky U, 71 mins

Caspar Van Dien goes wild in the premiere of 'Tarzan and the Lost City'. Sky MovieMax 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm
L'Accompagnatrice
Romane Bohringer, Elena Safnova, Richard Bohringer
French drama. A young woman in occupied Paris feels stifled by life until she is offered the job of piano accompanist to a wealthy woman. Taken into the couple's home, she soon discovers that her employer has a dark secret. *1992, 107 mins*
8.00 Wrestling Ernest Hemingway
Robert Duvall, Richard Harris, Sandra Bullock, Shirley MacLaine
Gentle drama which examines the relationship between two elderly men – one a rough ex-sea captain, the other a retired barber – who meet by chance on a park bench, centring on their feelings for the women in their lives. Text *1993, 117 mins*
10.05 This Sporting Life
Richard Harris, Rachel Roberts, Alan Badel, William Hartnell
Kitchen sink drama. A brutal and arrogant rugby league player makes good but loses his grip on his relationship with a widow with whom he is having an affair. Without her, he soon comes to realise that love means more to him that financial success. Text *1963, 129 mins*
12.15pm Dreamland
12.35 The King of Marvin Gardens
Jack Nicholson, Bruce Dern
Drama. Text *1972, 99 mins*
2.15am Pump Up the Volume
Christian Slater, Samantha Mathis
Comedy drama. Text *1990, 95 mins*
3.55-6.00am Kill Me Again
Joanne Whalley-Kilmer, Val Kilmer
Film noir. *1990, 92 mins*

ITV2 is now on page 57

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm The Countess from Hong Kong
Sophia Loren, Marlon Brando, Tippi Hedren, Sydney Chaplin
Romantic comedy. Forced to flee her country after a revolution, a Russian countess sneaks aboard a ship sailing from Hong Kong to Hawaii, where she is discovered by a US diplomat whom she begs to help her emigrate to the States. *1967, 108 mins*
9.00 The Dresser
Albert Finney, Tom Courtenay, Edward Fox, Michael Gough
Drama which examines the relationship between an ageing, but once famous, Shakespearean actor and his imperious dresser. The story follows the pair while engaged on a tour of Britain during World War II with a group of elderly actors. *1983, 119 mins*
11.15 Lady Ice
Donald Sutherland, Jennifer O'Neil
Romantic crime thriller about an insurance investigator on the trail of missing diamonds worth three million dollars. *1973, 93 mins*
1.00am Rude Awakening
Cheech Marin, Eric Roberts
Offbeat comedy about a group of peace-loving hippies. *1989, 119 mins*
3.00 The Dresser
Albert Finney, Tom Courtenay
Drama. *1983, 119 mins*
5.15-7.00am Cottage to Let
Leslie Banks, Alastair Sim

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy. The proprietor of a children's bookshop and the owner of a chain of bookstores are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan. Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Epic swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller with a touch of comedy. A knock-off merchant's brother becomes involved in smuggling weapons, which sees the two of them up against Chinese gangsters and the Russian Mafia. Stars Jean-Claude Van Damme, Rob Schneider, Lela Rochon and Carmen Lee. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons
9.00 Tintin
9.30 Mummies Alive
10.00 Dream Team Omnibus
11.00 WWF – Metal
12noon World Wrestling Federation – Superstars
1.00pm Nightman
2.00 Early Edition Text

3.00 Sliders
The King is Back
Sliders chronicles the cosmic rollercoaster ride taken by four eclectic characters who discover a 'wormhole' between dimensions.

4.00 Star Trek: Deep Space Nine
Visionary
An accident causes O'Brien to inadvertently jump into the near future. Text

5.00 Star Trek: Voyager
Living Witness
The crew of *Voyager* becomes the subject of a legend as told by a Kyrian museum curator. Text

6.00 The Simpsons
Homer Alone
Marge reaches breaking point.

6.30 The Simpsons
Brother from Another Series
Sideshow Bob is freed.

7.00 King of the Hill
Peggy Hill: Decline and Fall
The family must cope with life after Peggy's skydiving accident.

7.30 Friends
The One with Ross' Sandwich

8.00 Earth: Final Conflict
Pad'ar
An investigation into the death of a Pad'ar athlete leads to the discovery of a plan to create gio-surrogate enhanced soldiers.

9.00 Prickly Heat
Jon's mum makes a special guest appearance and the competitors enjoy a new game, which goes by the name of 'skid marks'.

10.00 Yanky Panky
Catch up with a group of enthusiasts who have dedicated their lives to recording the female form – they are known as the 'hooter historians'.

11.00 South Park
The Red Badge of Gayness
Third series of the cult cartoon.

11.30 Forever Knight
Blackbuddha
Supernatural cop drama.

12.30am LAPD
1.00 Married... with Children
What I Did for Love Text
1.30 The Untouchables
Family Ties
2.30-7.00am Long Play
A comprehensive selection of music videos of all styles, charts and special features.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 The Two Ronnies
8.25 Blake's Seven
9.25 Dr Who Omnibus: The Caves of Androzani
11.15 Dynasty Omnibus
1.05pm FILM: The Magnificent Two
Eric Morecambe, Ernie Wise, Margit Saad, Cecil Parker
Comedy with two salesmen caught up in a South American revolution. *1967*
2.55 The Bill Omnibus
Catch up on the latest happenings at Sun Hill. Tosh tackles a messy case of possible underage sex. A loophole in the law lets a teenage murderer apparently get away with it. Meanwhile, when Brownlow sets uniform against CID, Beech nearly gets caught in the crossfire. Quinnan and Keane find their loyalties are divided when they are asked to help a man who has a record for assaulting a policeman. Finally, Carver and Skase investigate a vicious assault on an Asian schoolboy.

5.25 To the Manor Born
Richard orders one of his business managers to improve efficiency on the estate.

6.00 Heartbeat
Arms and the Man
The discovery of illegal wartime ammunition leads to problems when it falls into the hands of some local children.

7.05 Keeping Up Appearances
Richard isn't exactly over the moon with his birthday present,

7.45 Porridge
The Harder They Fall
Prison sitcom. Godber takes up boxing and enters the prison championships.

8.25 Porridge
A Storm in a Teacup
Comedy, with Ronnie Barker.

9.05 Men Behaving Badly
How to Dump Your Girlfriend
Tony is serious about Deborah.

9.40 Men Behaving Badly
Troublesome 12-Inch
Why has Gary painted Dorothy's record green?

10.15 Shooting Stars
Comedy quiz show with Vic Reeves and Bob Mortimer.

10.50 Rab C Nesbitt
Offski
Scotland's best-known amateur philosopher heads south in search of his heart's desire.

11.30 Hetty Wainthropp Investigates
The Bearded Lady
While investigating the death of an old lady, Hetty uncovers a dangerous secret.

12.40am Hetty Wainthropp Investigates
Eye Witness
1.40 Shooting Stars
2.15-2.45am Whatever Happened to the Likely Lads?

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.30 Brookside Omnibus
12.30pm FILM: Mother of the Bride
Rue McClanahan, Kirsty McNichol
Gentle comedy about a dynamic careerwoman's plans for her daughter's wedding. *1992*
2.20 FILM: Taken Away
Valerie Bertinelli, Kevin Dunn
Tear-jerking emotional drama about a single mother who takes on the state for the return of the eight-year-old daughter taken from her in a bureaucratic error. With few friends and no money, she is nonetheless determined to fight the system. *1989*

4.20 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.

5.10 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.

6.00 Special Babies
Documentary series on babies born with special needs.

6.30 Life, Camera, Action
Amazing real-life drama caught on camera.

7.00 Shania Twain in Concert
The country star performs hits like *That Don't Impress Me Much* on stage with Elton John and special guests Backstreet Boys.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. Stars Lucy Bell.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a forensic psychologist with a gift for understanding the criminal mind. With Ally Walker.

10.00 Jerry Springer
A double bill of the outrageous and notorious American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Plus on Plus 7.30 The Bounder
8.00 Fiddlers Three
8.30 Supersonic
9.00 Hawaii Five-0
10.00 Cribb
11.00 Hogan's Heroes
11.30 Nearest and Dearest
12noon Jeeves and Wooster
1.00pm The Lovers
1.30 A Fine Romance
2.00 The Jewel in the Crown

3.00 Classic Coronation Street – The Omnibus
The Street prepares for Christmas Eve. Jack Duckworth acquires a Christmas tree while Percy Sugden loses his. Tony Cunliffe turns up unexpectedly at Rita's and they decide to spend Christmas together. Kevin Webster plans to find digs in Weatherfield and a petition is raised in support of Bet becoming landlady at the Rovers. Text

5.30 Brian Conley – This Way Up
Comedy series.

6.00 Hart to Hart
In the Hart of the Night
The Harts must face a vicious lion and overcome an elaborate security system when they undertake a dangerous mission.

7.00 Jeeves and Wooster
Comedy classic. Bertie and his friends are preparing for the fancy dress ball at Totleigh Towers. With Stephen Fry and Hugh Laurie.

8.00 Stay Lucky
Comedy series. Thomas and Sally save Europe's number one-hit man from a watery grave, but then begin to realise they may have bitten off more than they can chew.

9.00 Taggart
Love Knot
Special edition of the detective series. An axed victim is dredged up from the bottom of the Clyde.

10.30-11.00pm At the Wheeltappers

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme. Text

11.30 Motormania
A look at why people are passionate about their vehicles

12midnight Ferrari – The Myth of the Prancing Horse
The series which traces the history of the Ferrari. Text
12.30am And They Walked Away
A compilation of spectacular stunts, crashes and amazing escapes. This edition includes hydroplanes, go-carts and motor speedway.
1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Classic Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie Olie 8.00-1.00pm Smart Guy
8.30 *Brother, Brother* 9.00 *Working Guy* 9.30 *Dateline* 10.00 *Dumbstruck* 10.30 *Trial and Error* 11.00 *TJ Versus The Machine* 11.30 *Rooferman, Take One* 12noon *A Beating is Fundamental* 12.30pm More from the clever kid.
1.00pm FILM: Honey, I Shrunk the Kids *1989*
2.30 Mickey Mouseworks

3.00 101 Dalmatians
Frisky Business/ Cadet of the Month

3.30 Movie Surfers Go Inside George of the Jungle

4.00 FILM: Flubber
Robin Williams, Marcia Gay Harden, Christopher McDonald
Family comedy about a scatty professor who discovers 'flubber', a super-bouncy substance which allows objects to fly through the air. *1997*

5.30 Honey, I Shrunk the Kids: The TV Show
Honey, We've Been Swallowed By Grandpa Text

6.10 Smart Guy
TJ's a smart kid who's put into tenth grade instead of the fourth.

6.35 Boy Meets World
What I Meant to Say
Cory shares his feelings. Text

7.00 FILM: Genius
Trevor Morgan, Emmy Rossum
PREMIERE Comedy. A child prodigy discovers that along with brains come problems. In an effort to get something like a normal life he also enrols in a local school and pretends to be just an average student. *1999*

8.25 Honey, I Shrunk the Kids: The TV Show
Honey, It's No Fun
Being an Illegal Alien Text

9.10 So Weird
Adventures based on actual reported paranormal phenomena.

9.35 Dinosaurs
State-of-the-art puppetry Text

10.00 Home Improvement
10.30 Thunderstone Text
11.00 Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

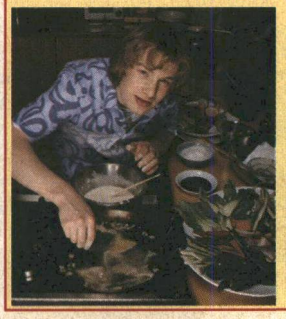
FILM

Fire Down Below
Sky MovieMax 10.00pm
Steven Seagal returns to the eco-action territory of his directorial debut *On Deadly Ground* for this combination beat-'em-up, environmental message movie and travelogue. Undercover Fed Seagal investigates the dumping of toxic waste in a Kentucky mining town.

GENERAL

Coastermania
UK Horizons 10.00pm
Are you one of those maniacs who enjoy leaving their stomachs behind as they hurtle along a track at terrifying speed? Well, here's a chance to witness the thrills without the spills in this documentary that captures terrifying rides using an on-board camera.

ADVERTISEMENT



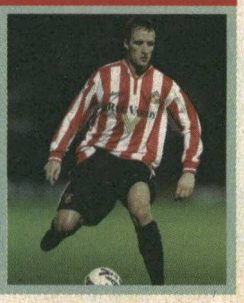
UK STYLE
THE NAKED CHEF 10.00PM
Jamie Oliver is renowned as The Naked Chef, not because he cooks in the nude but because his recipes are undressed and unfussy. With an attitude that's all about simple techniques and having fun Jamie guides you on easy step-by-step meal preparations.

Sunday 5 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am** **Cross-Country Skiing – LIVE** **8.20 Alpine Skiing – LIVE** **9.45 Alpine Skiing – LIVE** **11.00 Cross-Country Skiing** Coverage of the World Cup in Lahti, Finland. **12noon Ski Jumping – LIVE** Coverage of the K120 event from Lahti. **2.00pm** **Equestrianism – LIVE** Coverage of the FEI World Cup Series in Paris.	**6.00am Spanish Football** **8.00 Saturday Fight Night** **10.00 Euro Tour Golf: Dubai Desert Classic – LIVE** **1.00pm Rugby Union Update: Six Nations – England v Wales** Highlights of the clash between England and Wales. *Repeat from Sky Sports 2* **2.30** **Gillette World Sport Special**	**6.00am Watersports World** **7.00 Aerobics Oz Style** **7.30** **Rugby Union Update: Six Nations - England v Wales** **9.00 Soccer Extra** **12noon First Division Football: Sheffield United v QPR – LIVE** Marcus Buckland presents action from the Nationwide League Division One.	**12noon Test Cricket – LIVE** **12.30pm Powerboat and Jetsport World** Global offshore action. **1.00 Ford Golf USA: Doral-Ryder Open** A chance to catch up with all the significant action from day three of the Doral-Ryder Open which takes place at the Doral Golf Resort and Spa in Miami, Florida. As the tournament gathers pace, find out who looks most likely to pocket the winner's share of $540,000. *Repeat from Sky Sports 2*	**8.00am** **The Ray Bradbury Theatre** *Banshee* **8.30 Cybernet** **9.00 The Incredible Hulk** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon FILM: Hook** *Robin Williams, Julia Roberts* Fantasy adventure. *1991* **2.45pm Mystery Science Theatre 3000** *Time Chasers* Crow and Servo send Mike back in time to a cheese factory in the 1980s. Stars Michael J Nelson and Mary Jo Pehl.	**6.00am Mad 4 Hits** **9.00 Pure Pop Weekend** **10.00 Hit List UK** **12noon** **News Weekend Edition** **12.30pm** **Essential Boyzone** **1.00 MTV Dance Floor Chart Show** June Sarpong counts down all the hottest dance tracks. **2.00 Pure Pop Weekend** The biggest pop acts and pop hits of the moment, from the likes of Britney Spears, Steps, Backstreet Boys, S Club 7, Boyzone, B*Witched and Westlife.
3.00 PM	**3.15 Speed Skating** Coverage of the World Speed Skating Single Distance Championships in Nagano, Japan.	**3.00** **Ford Super Sunday: Leicester City v Sunderland – LIVE** Richard Keys presents Premier League action from Filbert Street, as Leicester City take on Sunderland. Both these sides made promising starts to the season and looked in contention for a place in Europe. Sunderland have an abundance of talent in players such as striker Kevin Phillips and Swedish midfielder Stefan Schwarz. Leicester, meanwhile, boast promising players such as Emile Heskey and Muzzy Izzet.	**3.00pm Sporting Auction: Football Memorabilia Preview** **3.30** **Watersports World** A comprehensive guide to the best action on the water, featuring jet skiing, water-skiing and canoeing. **4.30 Snow Show** Reports from winter resorts around the world.			
4.00 PM		**6.30 Super League: Castleford v Wigan – LIVE** Action from the JJB Super League as Castleford Tigers take on Wigan Warriors at Wheldon Road. Tigers finished in fifth position last term. Wigan, meanwhile, finished one place above them and are looking to reclaim their championship title. **8.45 Goals on Sunday** Clare Tomlinson presents a comprehensive round-up of all the weekend's goals, plus interviews with the players and managers who've made the headlines.		**4.00 World Wide Rugby: Super 12** Action from the new rugby Super 12 season, featuring teams such as Auckland Blues, Queensland Reds and defending champions Canterbury Crusaders.	**4.30** **FILM: Animal Farm** *Voice of Gordon Heath* Britain's first animated feature, adapted from George Orwell's classic political satire on the merits of Stalinism,– albeit with a changed ending – set in a farm where the animals take over. *1955*	**4.00 Select MTV** The show that gives viewers the chance to make their own music choices.
5.00 PM	**5.00 Ski Jumping** Coverage of the K120 event in the World Cup in Lahti, Finland.		**5.00 Euro Tour Golf: Dubai Desert Classic** Coverage of the final day of the Dubai Desert Classic. In last year's competition, David Howell won his first European Tour title and picked up the lion's share of the 1,190,000 euros prize money. Commentary comes from Ewen Murray and Bruce Critchley.			
6.00 PM	**6.30 Cycling** A preview of the Paris- Nice race.			**6.00 Ford Scottish Football: Hibernian v Celtic – LIVE** Jim White introduces Scottish football action from Easter Road as Alexander McLeish's Hibernian side do battle with John Barnes's Celtic. Hibs were promoted to the top flight last season, in which Celtic are battling against Rangers to regain the championship title. **8.30 Sporting Auction: Football Memorabilia Preview** A look ahead to the auction.	**6.00 Babylon 5** *War Prayer* A group of racial fanatics infiltrates *Babylon 5* and attacks innocent aliens. With Tristan Rogers.	**6.00 News Weekend Edition** **6.30 Essential Robbie Williams** Robbie talks frankly about his career.
7.00 PM	**7.00 Cycling** An appetiser for the Paris-Nice race – the first major event of the season – which starts tomorrow.				**7.00 Babylon 5** *And the Sky Full of Stars* Sinclair is abducted by two mysterious beings, who endeavour to probe his subconscious memory.	**7.00** **Pure Pop Weekend** The biggest pop acts and pop hits of the moment, from the likes of Britney Spears, Steps, Backstreet Boys, S Club 7, Boyzone, B*Witched and Westlife.
8.00 PM	**8.00 Tennis – LIVE** Coverage of the final of the Sanex WTA Tournament in Scottsdale, USA, in which Lindsay Davenport, Venus Williams, Monica Seles, Mary Pierce and Conchita Maritinez are scheduled to take part. **9.30 Boxing** International highlights.		**8.00** **Ford Golf USA: Doral-Ryder Open – LIVE** Coverage of the closing day of the Doral-Ryder Open, staged at the spectacular Doral Resort and Spa in Miami, Florida. With a winner's share of $540,000 up for grabs, the remaining players are not only in line to boost their rankings but their bank balances as well.		**8.00 PSI Factor – Chronicles of the Paranormal** *Harlequin* The team goes in search of a mythical beast.	
9.00 PM				**9.00-12midnight World Motor Sport** Fast-paced coverage from the circuit where all the latest news and views are tracked. From the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series, *World Motor Sport* features every lap from every track. The programme also includes features on the key movers and shakers in the race world.	**9.00 PSI Factor – Chronicles of the Paranormal** *Little People* The OSIR team discovers a population of evil trolls.	
10.00 PM	**10.00 SportsCentre** Sports news bulletin. **10.15 Speed Skating** Coverage of the World Speed Skating Single Distance Championships in Nagano, Japan.				**10.00 Lexx** *Gondola* Xev and Kai find themselves in a slowly descending balloon above the red hot planet of Fire.	**10.30** **MTV Live – Pure Pop**
11.00 PM	**11.15 Ski Jumping** Action from the World Cup's K120 event from Lahti, Finland.	**11.15** **Spanish Football** David Bobin hosts the latest Spanish football action from La Liga.	**11.00 Super League: Castleford v Wigan** Highlights of the action from Castleford Tigers' clash with Wigan Warriors in the JJB Super League. These two teams are expected to reach at least the play-offs this season and a high-scoring contest is in prospect.		**11.00** **American Gothic** *A Tree Grows in Trinity* Caleb discovers one of Sheriff Buck's enemies hiding in the woods.	**11.00** **Pure Pop Weekend** All the biggest pop acts and pop hits of the moment, from the likes of Britney Spears and Steps.
NIGHT TIME 12.00	**12.15am-12.30am** **SportsCentre** Sports news bulletin.	**1.15am-3.45am** **Goals on Sunday** Clare Tomlinson presents a special edition of the show, featuring the goals, names and faces that made the FA Cup headlines this weekend.			**12midnight Sleepwalkers** *Night Terrors* **1.00am VR 5** *Dr Strangechild* **2.00 Project UFO** *The Wild Blue Yonder Incident* **3.00-4.00am Lost in Space** *The Space Croppers*	**12midnight The Late Lick** Trevor Nelson presents a mix of the best soulful tunes. **1.00am Pure Pop Weekend** **1.30 MTV Live – Pure Pop** **2.00-6.00am Night Videos**

LIVE FORD SUPER SUNDAY: LEICESTER CITY V SUNDERLAND SKY SPORTS 1 3.00PM

Two teams who many experts believe should not be in the top half of the Premier League are on display this afternoon to show you why they are – Leicester City and Sunderland. Martin O'Neill's Filbert Street team with on-field leaders like Matt Elliott (pictured, left) have continually proved the doubters wrong, while players like Nicky Summerbee (pictured, right) have helped Peter Reid's Sunderland into the top three at one stage. This should be an intriguing clash with both sides looking for goals.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview **10.06 FILM: Access Denied** **11.40 Rendezvous** **12midnight Freeview** **12.10am Premier Strip** **12.20 Department Sex** **12.45 FILM: Broken Hearts** **2.05 Andy Cam** **2.25 Hawaiian Beach Party** **3.35-4.00am LA Swimstyles**	**12midnight** **The Ten Minute Preview** **12.10am FILM: Zazel** **1.00** **The Five Minute Free View** **1.05 FILM continues** **1.20 FILM** **2.30 FILM: Black Tie Affair** **3.40-4.00am** **FILM: Suzie Sleaze**
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Sunday 5 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed
8.00 The Millennium Classic Years: 1975
9.00 Ed Sullivan's Rock'n'Roll Classics
Featuring music from some of the biggest names in the history of rock 'n' roll.
9.30 Video Timeline: Celine Dion
10.00 The VH1 Millennium Honours List
Another chance to see the nation's choice of top 100 artists and bands of all time as VH1 plays the results of the biggest music poll held in 1999 with thousands of stars coming under the reckoning. For the next eight hours, the channel be counting down the chart of the ultimate musicians of all-time.

8.00pm The VH1 Album Chart Show
Paul King presents the biggest selling albums of the week in the UK.

9.00 Shania Twain's Winter Break
Shania Twain invites Elton John and the Backstreet Boys on her winter break to sunny Miami.
10.00 Behind the Music: Gladys Knight & the Pips
An exclusive documentary about the legendary American soul singer.
11.00 Radiohead: Meeting People is Easy
VH1 presents a behind-the-scenes look at life on the road with Radiohead.
12.30am Talk Music
1.00 Storytellers: Meat Loaf
The multi-talented star performs exclusively live for VH1 in front of a specially invited audience, and shares the stories behind his greatest hits.
2.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Zoo Chronicles
An injured squirrel monkey starts a new life.
12.30pm Zoo Chronicles
1.00 Croc Files
Wildlife programme.
1.30 Croc Files
2.00 Wild Veterinarians
Doctor Chimpanzee
A look at how animals out in the wilderness need medical attention too.

3.00 Animals of the Mountains of the Moon
The Last of the Gorillas
Amy Vider returns to war-torn Rwanda to study the highly-endangered mountain gorillas, and devise ways to ensure their survival.
4.30 A Whale of a Business
Examining the marine amusement park industry and the ethics and arguments surrounding captive marine mammals.

6.00 Wild Rescues
Incredible tales of people saving animals – and animals saving people.
6.30 Wild Rescues
More incredible tales.
7.00 The Last Paradises
Alaska
7.30 The Last Paradises
Picos de Europa
8.00 Animal Detectives
Parrots
8.30 Animal Detectives
Rhinos
9.00 In Search of the Man Eaters
NEW Biologist Tessa McGregor carries out a head count of Bengali man-eating tigers.
10.00 Fit for the Wild
Swamp
10.30 Champions of the Wild
Sea Otters
Wildlife series.
11.00-12midnight A Dog's Life
NEW SERIES A profile of the domesticated dog.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Family Fortunes
10.00 Grudge Match
11.00 Blind Date
12noon CD:UK
1.00pm Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
2.00 Trisha
Trisha Goddard shares heartwarming true stories.

3.00 Emmerdale Omnibus
Another chance to catch up with last week's episodes of the long-running soap opera set in the Yorkshire Dales.
4.30 Coronation Street Omnibus
A chance to catch up with the latest developments in the popular Manchester-set soap. Text

6.25 Soap Fever
Nadia Sawalha presents the show devoted to the world of soaps, featuring celebrity guests, previews and reviews.
● FEATURE: page 12
7.25 Italian Football – LIVE
Coverage of footballing action from Italy's top division, Serie A.

9.40 Words with
Celebrities tell anecdotes in this wordplay gameshow.
10.00 Coronation Street
Another chance to see tonight's episode. Text
10.30 The Brit Awards 2000
Coverage of the UK's premier music awards show, with live performances by a host of global stars.

12.30am Gatecrashers
Cameras follow Guy de Beaujeu and Patrick Stockhausen as they attempt to gate-crash top parties.
1.00-2.00am Bedrock
Fun with celebrity guests, music, bedroom webcams and e-mail activity.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders
7.30 Can't Cook, Won't Cook
8.00 Ready, Steady, Cook
8.30 Good Living 9.00 Gardeners' World 9.30 Ground Force 10.00 The Green Room 10.30 Show People 11.00 Holiday in Style 12noon Rough Guide to the World 1.00pm The Naked Chef 1.30 Big Kevin, Little Kevin 2.00 Rick Stein's Seafood Odyssey
2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm Arena People
Hitchcock – Alfred the Auteur
3.50 The First, the Last, My Everything
4.05 FILM: Joan of Arc
Ingrid Bergman, Jose Ferrer, Francis L Sullivan
Stylised version of the story of the Catholic Church's most famous French saint. *1948*
5.55 The Arena 100
100 of the greatest British works of art.
6.25 Sounds of the Sixties
1964-6: The Beat Boom
6.55 Sounds of the Sixties
The Folk Revival
7.30 The First, the Last, My Everything
With T'Pau's Carol Decker and Alan Yentob.
8.00 Arena People
Hitchcock – Alfred the Auteur
Profile of one of the world's greatest ever film directors, Alfred Hitchcock.
9.00 Later On The Smiths
Jools Holland celebrates the work of the pioneering indie group, arguably the best of their generation.
10.00 The Lakes
Drama series about a 21-year-old unemployed Liverpudlian who begins a new life as a kitchen porter in a Lakeland hotel. But tragedy strikes the village with the killing of three local children, and suspicion rests on the recent newcomer.
11.50 Arena People
Brian Epstein
An absorbing look at the man behind the Beatles.
1.35am Arena People
Hitchcock – Alfred the Auteur
Profile of the film director from East London.
2.30-3.00am The First, the Last, My Everything

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Orinoco Hog
7.30 Chimpanzee Diary
8.00 Chimpanzee Diary
8.30 Chimpanzee Diary
9.00 Chimpanzee Challenge with Nicholas Lyndhurst
10.00 Anne Frank Remembered
11.00 Anne Frank Remembered
12noon Top Gear Ex-Files
12.30pm Top Gear Ex-Files
1.00 The Deep
2.00 Orinoco Hog
2.30 Chimpanzee Diary

3.00 Chimpanzee Diary
Docusoap featuring the daily lives of chimpanzees.
3.30 Chimpanzee Diary
4.00 Chimpanzee Challenge with Nicholas Lyndhurst
The actor helps return a group of chimpanzees to their natural habitat.
5.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present filmed reports about the future of science and technology.
6.00 Secrets of World War II
Confusion Was Their Business
Series examining the history of World War II.
7.00 Secrets of World War II
Merrill's Marauders
Series examining the turbulent and distressing history of World War II.
8.00 The Builders Are Coming
The building trade is laid bare in this amusing look at the relationship between builders and their clients.
9.00 Pleasure Beach
Six-part series following the highs and headaches of the staff of Blackpool Pleasure Beach.
9.30 Pleasure Beach
10.00 Coastermania
A whirlwind tour of the world's biggest, fastest and wildest rollercoasters, in the company of rollercoaster addicts.
11.00 Pleasure Beach
Following life at Blackpool Pleasure Beach.
12midnight-1.00am Hollywood Women

UK PLAY:
1.00am The Chris Moyles Show 1.30 Cherry Pop 2.00 Footage and Mouth 2.30 Garbage's Dream Performances 3.00 Jamie Theakston's Pick 'n' Mix 3.30 The Sound of Play 6.30- 7.00am Footage and Mouth

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen 8.00 Food Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spiceworld 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Game Cuisine 12noon Classic Dishes 12.30pm Food from the Village 1.00 Coxon 1.30 Chocolate Covered 2.00 Food Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Peppercorn
Peppered pineapple with honey ice cream.
4.00 Simply Baking
Cookies
Andrew Nutter makes jammy dodgers.
4.30 A Shared Table
Western Australia
5.00 Flash in the Pan
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm Gordon Ramsay's Passion for Flavour

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Wedded to the Wild
How dedication overcomes the hardships involved in working with wildlife.
8.00 Elephant Men
A look at how elephants, driven by hunger, raid the rice fields of North East India, causing death and destruction.
9.00 Wild City
Join Isabella Rossellini as she discovers how wildlife can thrive in one of the most urban areas in the world – New York City.
10.00 Taking Pictures
Join Australia's most internationally renowned documentarists as they navigate the pitfalls and issues of filming.
11.00 Explorer's Journal
Hunting the Deep Shark
Explore the unknown paradises hidden beneath the briny seas.
12midnight-1.00am Wildlife Vet
Exploring the life of Dave Jessup, a medical pioneer on a mission to save wildlife despite suffering broken ribs, at least 20 bites per finger and other injuries inflicted by his 'patients'.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky
5.30 100%
6.00 Family Fortunes
6.30 Beadle's About
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.45 Endurance UK
10.30 Beadle's About
Hidden-camera pranks.
11.00 Celebrity TV Bloopers
12midnight Absolute Cobblers
12.30am The Cooler
Quiz show with Donna Air.
1.00 3-2-1
With Ted Rogers.
2.00 Karaoke Challenge
2.30 Absolute Cobblers
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough mental and physical challenges.
4.00 Say the Word
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn
6.30 Instant Gardens
7.00 Total Fishing with Matt Hayes
7.30 Charlie West Fishing
8.00 The Car Show
8.30 The New Yankee Workshop
8.55 Home Savvy
9.30 Home Savvy
10.00 Rex Hunt Fishing Adventures
11.30 Grundy Goes...
12noon The House Doctor
12.30pm The House Doctor
1.00 Our House
1.30 Space Invaders
2.00 Kingsbury Square
Sandy and Peter go on a guided tour of their new home.
2.30 Whacky Racers
3.00-4.00pm Time Team
Mallorca
The team of archaeologists searches for evidence of the Beakers, who once inhabited the island of Mallorca.

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 That Film Show 11.30 Scratch TV 11.45 Got Any Gear? 12noon Club@vision 12.45pm Come On 1.00 Freesports Acquisition 1 1.30 Freesports Acquisition 2 2.00 Trainspotters 2.30 That Film Show 3.00 Trainspotters 3.30 Eurospotters 3.45 Got Any Gear? 4.00 Club@vision 4.45 Scratch TV 5.00-6.00pm H.E.R.E. Omnibus

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Sunday 5 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm
Ultimate Aircraft
Sea Wings
Join US Navy pilots flying jet fighters from an aircraft carrier in the Gulf.

5.00 PM
5.00
Extreme Machines
Space Planes
A look at the future of reusable spacecraft such as the space shuttle.

6.00 PM
6.00 Crocodile Hunter
Faces in the Forest
Steve Irwin falls in love with the orang-utans of Sumatra and helps in their rehabilitation process.

7.00 PM
7.00 Jurassica
Birth of the Giants
Palaeontology series.

8.00 PM
8.00 Secrets of the Templars
Did the Holy Order of the Knights Templar, guardians of the Holy Grail, dabble in the occult?

9.00 PM
9.00
Titanic – Answers from the Abyss
A group of scientists embark upon an investigation into the *Titanic* disaster.

10.00 PM
10.00
Titanic – Answers from the Abyss
The recovery of a section of the hull provides further insight into the tragedy.

11.00 PM
11.00 Deep Inside the Titanic
Fascinating underwater footage of the wreck, plus passenger interviews found in radio archives.

12.00
12midnight Zoophobia
Documentary exploring the fear of animals suffered by an estimated one person in ten.
1.00am
How Did They Build That?
Cantilever Bridges
1.30-2.00am
How Did They Build That?
Domes

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog 12noon Cartoon Theatre 2.00pm Tom and Jerry Marathon

7.00pm-9.00pm
Cartoon Theatre
Toon in and catch a special feature-length animated extravaganza.

TNT
FAMILY PACK

9.00pm NBA
Exciting NBA action from the USA, with coverage of the Indiana Pacers v LA Lakers game.

11.00 Inside the NBA
11.30 Sessions at West 54th Street
12.30am-1.00am
The Hitchhiker

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon will be staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it, so if you happen to go ga-ga for *Rugrats* or are bewitched by *Sabrina* then call the freephone number provided and cast your vote. Today's first-round contest is between *Sister Sister* and *Rocket Power*.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny hears that her estranged father has died.
7.30 Desmond's
8.00 Cheers
Swear to God
Sam's ex-girlfriend has a child – could it be his?
8.30 Just Shoot Me
The Odd Couple – Part II
9.00 Frasier
Halloween
A secret is revealed by Roz.
9.30 Frasier
The Kid
Frasier does Roz a favour.
10.00 Father Ted
And God Created Woman
Ted gets a surprise.
10.30 Father Ted
Grant Unto Him Eternal Rest
Is Jack really dead?
11.00 The World of Lee Evans
More hyperactive wit.
11.30 Comic Strip Presents
Four Men in a Car
12.05am
Whose Line is it Anyway?
12.35 Armstrong and Miller
1.05 The Morwenna Banks Show 1.35 Duckman
2.00 DiResta
2.30 Nurses
3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie Indiana: The Other Dimension 11.50 Casper 12noon It's Your Call 2000: Monster Rancher v Princess Tenko 2.15pm Silver Surfer 2.40 The Tick
3.05 Mortal Kombat
Warriors battle invasions from other realms.
3.30 Monster Rancher
Genki and Holly try to save Monster Rancher world.
4.00 Power Rangers in Space
The heroic team blasts back into action.
4.30 Mystic Knights of Tir Na Nog
5.00
Dennis and Gnasher
Mischievous mayhem.
5.30 Spiderwoman
Animated adventures with the web-slinging hero.
6.00 Mortal Kombat
Warriors battle invasions from other realms.
6.30-7.00pm
Princess Tenko

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Jewellery Shop! 8.30 Technology Shop! 9.30 Home Shop! 10.30 Jewellery Shop! 11.30 Home Shop! 12.30pm Bargain Shop! 1.30 Shop! Selection 2.30 Collectors' Shop! 3.00 Entertainment Shop! 4.00 Shop! Feature
Everything you need for safe and comfortable travel with the children.
4.30 Gift Shop! 5.00 Shop! Selection 6.00 Home Shop! 7.00-7.30pm Shop! Feature

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is DIY With Harry Greene at 10.00am/Aya Azriellant's Designer Gold Collection at 4.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 6.30 Face in the Crowd 7.00 News 10.30 Science 11.00 News 11.10 Dateline 12noon News 12.30pm Face 1.00 News 2.30 Reporters 3.00 News 3.30 Science 4.00 News 4.30 Seven Days 5.00 News 7.30 Sportsday 8.00 News 8.30 Seven Days 9.00 News 9.30 Reporters 10.00 News 10.30 Dateline 11.00 News 11.30 Face 12midnight News 12.30am Simpson 1.00 News 2.30 Correspondent 3.00 News 3.30 Science 4.00 News 4.30 Dateline 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 Business 7.30 Artclub 8.30 Sport 9.30 World Beat 10.30 Sport 11.30 Hot Spots 12.30pm License 1.00 World Report 2.30 Inside Europe 3.30 Sport 4.30 NBA 5.00 Late Edition 6.30 Business Unusual 7.30 Europe 8.30 Artclub 9.30 CNNdotCOM 10.30 Sport 11.00 WorldView 11.30 Style 12midnight WorldView 12.30am Asian Edition 12.45 Asia Business 1.00 WorldView 1.30 Science 2.00 Time 3.30 Artclub 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Week in Review 10.00 Sunday with Adam Boulton 11.30 The Book Show 12noon Sky News Today 1.30pm Fashion TV 2.00 Sky News Today 2.30 Showbiz Weekly 3.30 Technofile 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Sky News at Ten 12.30am CBS Evening News 1.30 Adam Boulton 2.30 Fashion 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 5.45am 7 Tage 5.50 Chronik der Wende 6.05 Zeugen des Jahrhunderts 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Sir Roger Norrington Dirigiert 9.00 Das literarische Quartett 10.15 Italienische Karnevalsmusik 10.50 Titel Folgt 11.00 Zeit im Bild 11.05 Wochenschau 11.30 Chronik der Wende 11.45 Berliner Begegnungen 12.30pm Bibliothek der Sachgeschichten 2.00pm Titel folgt 2.15 Frankfurt Airport 3.00 HITEC – Die Dokumentation 3.30 Berliner Leben 4.00 Stadt, Land, Fluss – Berlin 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 NeunzehnZehn 7.00 Tagesschau 7.15 Kinder ohne Kindheit 8.00 Schätze der Welt – Erbe der Menschheit 8.15 Roglers Freiheit 9.00 Auf der Kippe 9.15 Der Kommissar 10.15-12.10am Tyrannische Liebe

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Jeunes Marins Reporters 8.30 Les Mondes Fantastiques 9.00 Journal 9.15 Va Savoir 10.00 Infos 10.05 Génies en Herbe 10.30 Rince Ta Baignoire 11.00 Infos 11.05 D (Design) 11.30 Journal 12noon Infos 12.05pm Dimanche Midi Amar 1.00 Journal 1.15 La Carte aux Trésors 3.00 Journal 3.15 Questions 3.30 Télécinéma 4.00 Infos 4.05 Kiosque 5.00 Journal 5.15 Vivement Dimanche 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Faut par Rêver 9.00 Journal 9.15 Ca Commence à Bien Faire 10.45 Images de Pub 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Viswaas 9.30 Holy Quran 10.00 Jai Veer Hanuman 11.00 Ekas Ke Hum Barik 11.30 Health 12.30pm Pakistan 1.00 Rozana 1.30 FILM 4.00 MTV 123 5.00 Non Stop Hungana 5.30 Na Kaam Na Ziada 6.30 Aur Aap 7.00 MTV 7.30 Khiladi 8.00 Bheem Bhawani 8.30 FILM 11.30 News 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Non Stop Hungama 4.30 Na Kaam Na Ziada 5.30 Khiladi 6.00 Rozana 6.30 DD Programme 7.00-7.30am Buddha

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Jaagran 7.30 News 8.00 Namaste India 8.30 Best of India 9.00 Aap Ki Adalat 9.30 Out and About 10.00 Mahabharat 11.00 Body Matters 11.30 A List 12noon FILM 3.00pm Sa Re Ga Ma 4.00 Zee and You 4.30 Aarzoo 5.30 Super 7 Muqabla 6.00 Day with a Star 6.30 Adhikar 7.00 Pride Antakshari 7.30 Basera 8.00 News 8.30 FILM 11.30 Jaan 12midnight News 12.30am Karobari Duniya 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Mama Miya 5.30-6.00am Sa Re Ga Ma

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am CMTV – Ballads 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 Taking Authority 8.00 A Word from God 8.30 Adventures in Faith 9.00 Order My Steps 9.30 In Touch 10.30-11.00am Living Word

BLOOMBERG
WORLD PACK

2.00am Preview 2.15 Fund Focus 3.15 European Review 3.45 Food for Thought 4.15 Money 5.15 Fund Focus 5.45-6.00am Market Review

BBC PARLIAMENT
NEWS & SPORT PACK

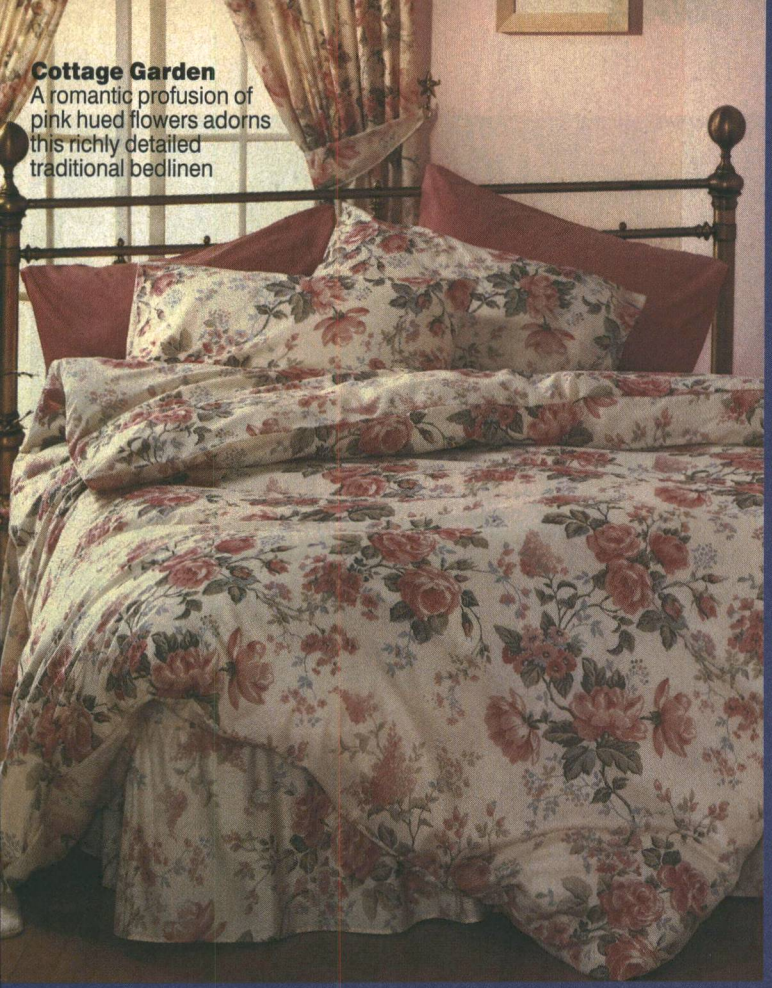
5.30am Select Committees 11.00am Straight Talk 11.30 European Focus 12noon America This Week 3.00pm Holyrood 3.30-12midnight House of Lords

THE HISTORY CHANNEL
WORLD PACK

12noon Occult History of the Third Reich
Enigma of the Swastika
1.00pm Biography
Christina Onassis
2.00 Biography
William Shakespeare
3.00 Life and Death in Britain's Ancient Theatres
4.00 Station X
The important part played by Bletchley Park code-breakers during World War II.
6.00 The Viking Saga
The Eastward Trail
7.00 The Great Depression
Striking Back
What happened when US citizens discovered that escaping through films and radio could not make the Depression go away.
8.00-10.00pm
Secret Life of Money
Follow the spread of money from its origins in Greece.

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.



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SX 14 26	Double		£19.99	
SX 14 27	King Size		£19.99	
Curtains and Tie-Backs Pair. Width: 167cms. [66ins.]				
SX 14 29	Drop 137cms. [54ins.]		£16.99	
SX 14 30	Drop 182cms. [72ins.]		£19.99	

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SX 14 07	Double		£19.99	
SX 14 08	King Size		£19.99	
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SX 14 10	Drop 182cms. [72ins.]		£19.99	

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SX 14 39	King Size		£19.99	
Curtains and Tie-Backs Pair. Width: 167cms. [66ins.]				
SX 14 40	Drop 137cms. [54ins.]		£16.99	
SX 14 41	Drop 182cms. [72ins.]		£19.99	

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Marshall Ward

Monday 6 March

SKY PREMIER
PREMIUM CHANNEL

6.00am
Give My Regards to Broad Street
1984, rating Sky PG, DS, 104 mins
8.00 The Adventures of Ragtime
1998, rating Sky U, 95 mins
10.00 A Simple Wish
Text *1996, rating Sky U, 86 mins*
12noon Undercover Angel
Dean Winters, Yasmine Bleeth, 1998, rating Sky PG, DS, 88 mins
2.00pm Jungle Boy
David Fox, Lea Moreno
Adventure movie in which a young boy, who has been raised by animals in the jungles of India, is banished to a nearby village where he must learn the ways of man. *1993, rating Sky PG, 85 mins*

4.00 Breakout
Robert Carradine, Holly Gagnier, James Hong, J Evan Bonifant
PREMIERE Adventure about a plan to make electric vehicles a cheap and viable option. But when an oil company attempts to sabotage the project, the creator's son and his friends decide to teach the bad guys a lesson they won't forget in a hurry. *1998, rating Sky PG, 87 mins*

6.00 A Simple Wish
Martin Short, Mara Wilson, Francis Capra, Amanda Plummer
Family movie about a young girl who conjures up a fairy godmother when her father threatens to move the family from New York to Nebraska. The only trouble is, her fairy godmother is male and his skills leave a lot to be desired Text *1996, rating Sky U, 86 mins*

8.00 The Peacemaker
George Clooney, Nicole Kidman
Action adventure. A pair of mismatched government operatives go on the trail of stolen nuclear warheads which have fallen into the hands of terrorists. The hunt takes them throughout Europe and culminates in a tense cat-and-mouse chase for a live nuclear weapon that threatens to obliterate Manhattan Island. Text *1997, rating Sky 15, 119 mins*

10.05 Breakdown
Kurt Russell, Kathleen Quinlan
Thriller. A man's car breaks down in the desert and his wife accepts a ride from a passing trucker to get help. Text *1997, rating Sky 15, 89 mins*

11.40 Touch
Bridget Fonda, Skeet Ulrich
Comedy drama. A young man bears stigmata. Text *1998, rating Sky 15, 93 mins*

1.20am Intimate Relations
Julie Walters, Rupert Graves,
Text *1995, rating Sky 15, 96 mins*
3.00 Heaven's Burning
Text *1997, rating Sky 18, 95 mins*
4.40-6.10am Breakout
1998, rating Sky PG, 87 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.05am Charley and the Angel
1974, rating Sky U, 91 mins
8.00 Her Own Rules
1998, rating Sky PG, DS, 83 mins
10.00 Time to Say Goodbye
Eva Marie Saint, Richard Kiley, 1997, rating Sky PG, 87 mins
12noon
Danielle Steel's Heartbeat
John Ritter, Polly Draper
1992, rating Sky PG, 88 mins
2.00pm Her Own Rules
Melissa Gilbert, Jean Simmons
Drama. A hotelier returns to the village of her childhood. There she is shocked to find that her mother, who she thought was dead, is still living locally. *1998, rating Sky PG, 83 mins*

4.00 Time to Say Goodbye
Eva Marie Saint, Richard Kiley, Margaret Colin, Rick Roberts
Drama. A doctor has never recovered from watching his mother die a horrible death from Alzheimer's and he has no intention of prolonging his own suffering now that he too has been diagnosed with the disease. *1997, rating Sky PG, 87 mins*

6.00
Vanished Without a Trace
Shelley Long, William R Moses, Joshua Peace, Daniel Magder
Crime drama. A frantic mother is desperate to find her kidnapped teenage daughter. But when the search ends tragically with the daughter's death, the mother vows to find and bring to justice her daughter's killer. *1998, rating Sky PG, 85 mins*

8.00 Mortal Kombat – Annihilation
Robin Shou, Talisa Soto, Brian Thompson, James Remar
Action. The evil overlord of the Outworld is a destroyer of worlds, and has Earth in his sights. Fortunately, there's a band of young warriors who will not let their homeworld go without one hell of a fight. Text *1997, rating Sky 15, 91 mins*

10.00 Deep Rising
Treat Williams, Famke Janssen
Action. A gang of pirates boards an ocean liner intent on robbing everyone aboard. Text *1998, rating Sky 15, 102 mins*

11.45 Pacific Heights
Melanie Griffith, Matthew Modine, Michael Keaton
Thriller. A couple take in a sociopathic lodger. *1990, rating Sky 15, 98 mins*

1.30am
The Defenders: Choice of Evils
1997, rating Sky 15, 92 mins
3.10 Miami Blues
1990, rating Sky 18, 93 mins
4.50-6.25am
Charley and the Angel
1974, rating Sky U, 91 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm Abbott and Costello Meet the Killer Boris Karloff
Bud Abbott, Lou Costello
Comedy. The comic duo do battle with Boris Karloff, who is posing as a memory man to con the wealthy. *1949, rating Sky PG, 79 mins*

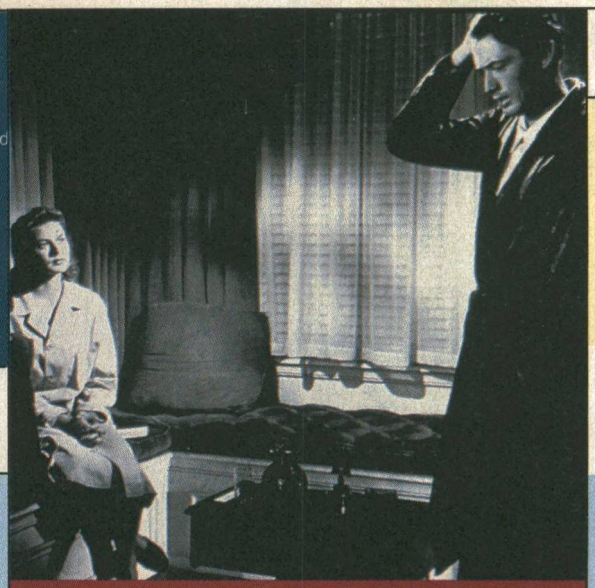
5.30
Buck Privates Come Home
Bud Abbott, Lou Costello
Comedy. The hilarious pair return from the army and get involved with an orphan who wants to go to America. *1947, rating Sky U, 74 mins*

6.55 Gandhi
Ben Kingsley, Candice Bergen, Edward Fox, John Gielgud
Biopic. Epic multi-Oscar-winner directed by Richard Attenborough. The film follows Gandhi's struggle to free India from colonial rule, leading the viewer from his humble beginnings as a lawyer in South Africa to his elevation to spiritual leader and martyr. Throughout this he preaches a doctrine of non-violence and peaceful disobedience in the face of extreme adversity. *1982, rating Sky PG, DS, 180 mins*

10.00 New Jack City
Wesley Snipes, Ice-T, Judd Nelson, Chris Rock
Action-drama. Two maverick cops try to neutralise a ruthless drug lord. *1991, rating Sky 18, DS, 96 mins*

11.45 The Sheltering Sky
John Malkovich, Debra Winger
Drama. An American couple travel around North Africa. *1990, rating Sky 18, DS, 32 mins*

2.05am
Mack the Knife
Raul Julia, Richard Harris
1989, rating Sky 15, 117 mins
4.10-5.30am
The Little Shop of Horrors
Jonathan Haze, Jackie Joseph
1961, rating Sky PG, 69 mins



Ingrid Bergman probes Gregory Peck's psyche in the Hitchcock thriller 'Spellbound'. Carlton Cinema 7.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm
Stranger from Venus
Patricia Neal, Derek Bond
Sci-fi. A Venusian lands on Earth and is worried about human experiments with atomic power. The scientifically advanced Venusian offers to help but is betrayed by double-crossing politicians seeking to ascertain his world's scientific secrets. *1954, 74 mins*

8.00 The Craft
Robin Tunney, Fairuza Balk, Neve Campbell, Rachel True
Thriller. A new girl in school finds it difficult to make friends and so teams up with some outcasts – 'the bitches of Eastwick'. But her telekinetic powers trigger the supernatural games the three have been dabbling in into something much more sinister. Text *1996, 97 mins*

10.00 Hoop Dreams
William Gates, Arthur Agee
Multi-award-winning documentary following two kids from the Chicago projects who, because of their basketball skills, gain a scholarship to a smart high school. They are followed for four years – one makes the cut, the other doesn't, but their lives still intertwine in this powerful film. *1994, 171 mins*

1.00am THX 1138
Robert Duvall, Maggie McCormie
Science fiction. Text *1971, 82 mins.*
3.05 Barb Wire
Pamela Anderson Lee
Action. Text *1995, 94 mins*
4.50-6.00am
Monster from Green Hell
Science fiction. *1957, 67 mins*

ITV2 is now on page 63

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm Spellbound
Gregory Peck, Ingrid Bergman
Suspenseful romantic thriller. Classic Hitchcock in which a psychoanalyst falls in love with the new director of an asylum knowing that he may be a killer. Text *1945, 111 mins*

9.00 Turk 182
Timothy Hutton, Robert Urich, Kim Cattrall, Robert Culp
Drama. A New York graffiti artist wages a graffiti campaign against New York's bureaucracy when he learns his brother, a fireman who was injured saving a little girl, has been denied a pension. *1985, 102 mins*

11.00 Better Off Dead
John Cusack, Kim Darby
Comedy. A high school drop-out is unceremoniously dumped for another, more popular, guy. *1985, 97 mins*

12.45am Monsignor
Christopher Reeves, Fernando Rey
Drama. *1982, 121 mins*
3.00 Turk 182
Drama. *1985, 102 mins*
5.00-7.00am
A Window in London
Michael Redgrave, Sally Gray
Thriller. *1939, 62 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy. The proprietor of a children's bookshop and the owner of a chain of bookstores are unknowingly conducting an anonymous relationship via e-mail. Stars Tom Hanks and Meg Ryan. Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00am, 8.00am, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Epic swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller with a touch of comedy. A knock-off merchant's brother becomes involved in smuggling weapons, which sees the two of them up against Chinese gangsters and the Russian Mafia. Stars Jean-Claude Van Damme, Rob Schneider, Lela Rochon and Carmen Lee. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 6 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
There's No Chance, My Teen Will Never Dance
Parents ask Jenny to help convince their teens to give up dreams of being exotic dancers.
4.00 Pokémon
Here Comes the Squirtle Squad
4.30 Pokémon
Mystery at the Lighthouse
The party meets a Pokémon researcher on a lighthouse visit.
5.00 Star Trek: Voyager
Demon
Voyager runs dangerously low on deuterium and is forced to visit a 'demon' class planet to find some more. Text
6.00 Hercules: The Legendary Journeys
Porkules
Iolaus and Autolycus must work together to rescue Hercules, who has been turned into a pig. Text
7.00 The Simpsons
Tree House of Horror
The Simpsons tell three bloodcurdling tales of horror. Text
7.30 The Simpsons
Like Father, Like Clown Text
8.00 Star Trek: Deep Space Nine
When it Rains
Bashir makes a shocking discovery about the disease that is ravaging the Founders.
9.00 The West Wing
Enemies
The Vice-President is embarrassed, Mallory asks Sam for a date and Josh finds a way to further empower the President.
10.00 The Strangerers
The cadets discover the secret of swallowing food.
10.30 Shasta McNasty
Viva Las Vegas
The rap band enjoy more antics.
11.00 Friends
The One with the Morning After
Despite his best efforts, Ross can't stop Rachel finding out about Chloe. Text
11.30 Star Trek: Voyager
Demon Text
12.30am Picket Fences
Mr Seed Goes to Town
Doctors tell Brock's ex-wife Lydia that she needs his sperm if she wants to conceive more children.
1.30-7.00am Long Play
A comprehensive selection of videos, charts and special features.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing

3.00 The Bill
Boy Meets Girl
3.30 The Bill
Home from Home
Stamp has a crisis of conscience when he supervises an eviction.
4.00 EastEnders
Will Cindy swallow her pride and ask Kathy for help?
4.35 Neighbours
Russell makes Stephen and Phoebe's home his castle.
5.00 Bugs
Shotgun Wedding
The Bugs team step in to protect beautiful Italian politician Anna Fabrizi, whose mission is to rid politics of corruption.
6.00 The Brittas Empire
Playing with Fire
After confusion over holiday dates, Gordon finds himself at home alone.
6.35 Butterflies
7.10
Are You Being Served?
Dear Sexy Knickers
A love note from Mr Lucas to Miss Brahms goes astray.
7.45
Keeping Up Appearances
Hyacinth's daddy leaves the rest of the family stranded.
8.20 Open All Hours
Sitcom about a miserly shopkeeper, with Ronnie Barker.
9.00 Casualty
Public Service
Sam's friendship with Adam takes an unexpected turn and Tina is made to face up to her past. With Claire Goose.
10.05 Red Dwarf IV
Camille
It's love at first sight for Kryten when he rescues a fellow mechanoid from a crushed vessel.
10.40 Red Dwarf IV
DNA
11.15 The Vicar of Dibley
The Arrival
A female vicar is appointed to the village of Dibley.
11.50 The Bill
Boy Meets Girl
12.20am The Bill
Home from Home
12.50 Roger Roger
There are No Minicabs in Heaven
1.45-2.45am Hamish Macbeth
The Good Thief

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.30 The Look
Magazine programme.

3.00
Chat's Moral Dilemmas
Talk show dealing with dilemmas and decision-making, presented by Julia Bradbury.
3.50 Forgive or Forget
Host Mother Love helps solve relationship problems through understanding and forgiveness.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts. The host is the veteran journalist Maury Povich.
5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion
7.00 Judge Judy
The family court judge presides over another case.
7.30 Life, Camera, Action
Real-life drama caught on camera.
8.00 Charmed
Three sisters find they have inherited their grandmother's powers of witchcraft. With Shannen Doherty, Holly Marie Combs, Alyssa Milano.
9.00 FILM:
Stanley and Iris
Jane Fonda, Robert De Niro, Swoosie Kurtz, Martha Plimpton
Moving drama about a recently widowed cake factory worker who befriends a shy, withdrawn baker and learns that his reticence is due to his inability to read. Loosely based on the novel *Union Street* by Booker Prize-winner Pat Barker. *1989*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs
7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl
8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Upstairs Downstairs 11.00 The Persuaders
12noon Classic Coronation Street Text 12.30pm Emmerdale Text
1.00 Robin's Nest
1.30 Only When I Laugh
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Along Came Joey
A policeman starts a personal vendetta against his son's killer, a young prize-fighter who was bribed to 'fix' a fight.
4.00 Kojak
Night of Piraeus
Kojak is puzzled when a belt stolen from a Greek sailor triggers three murders and the Greek government won't help.
5.00 The Persuaders
The Man in the Middle
Brett Sinclair finds that patriotism has its price when he plunges into the espionage jungle. With Tony Curtis and Roger Moore.
6.00 Emmerdale
Lynn is front page news. Text
6.30
Classic Coronation Street
It's New Year's Eve at The Rovers. Text
7.00 Robin's Nest
No Smoke without Fire
Albert suspects that something is going on between Gertrude and another man.
7.30 Who Do You Do?
8.00 The Benny Hill Show
Benny Hill in a series of sketches, featuring a host of quirky characters and guest stars. With Henry McGee, Bob Todd and Jack Wright.
9.00 Kojak
The Good Luck Bomber
An unknown bomber baffles Kojak and the bomb squad.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Big Bang
Motoring compilation hosted by Natasha Vale.
11.30
Nick Sanders Rides Again
Coastal motorbike adventure.
12midnight 2 Wheels
Biking magazine programme. Text
12.30am Motor Week
Magazine series featuring car launches from all over the world and first drives of the latest models.
1.00-2.00am
And They Walked Away
A compilation of spectacular stunts, crashes and amazing escapes.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle 10.40 Rolie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of the beautiful mermaid Ariel and her friends. Text
3.30 Classic Toons
3.40 Art Attack Text
4.00 Sabrina
Hilarity, magic and mayhem rule in this animated series.
4.30
Hercules: The TV Show
Hercules and the Kids Text
5.00 Recess
Meet six friends helping each other with fourth grade life. Text
5.30
My Best Friend Is an Alien
Sixth Grade Rebellion Mayhem!
6.00 Smart Guy
The Code
Marcus teaches TJ about 'the code' – keeping quiet about fellow students activities. Text
6.30 Microsoap
7.00 FILM: Horse Sense
Joey Lawrence, Andy Lawrence
Fascinating family drama about a spoilt young man whose life changes when his young country cousin comes to stay with him in LA. He ignores his cousin and his parents decide to teach him a lesson. But events lead the cousins to unite. Text *1999*
8.30 Honey, I Shrunk the Kids: The TV Show
Honey, the Garbage is Taking Us Out Text
9.10 Boy Meets World
Hogs and Kisses Text
9.35 Dinosaurs
Jurassic japes. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Mortal Kombat: Annihilation
Sky MovieMax 8.00pm
In this feverishly frenetic second cinematic rendering of the computer game, our high-kicking hero Liu Kang (martial arts star Robin Shou, who choreographed the acrobatic fight sequences) and his cohorts battle to save the world from the evil Shao-Kahn.

GENERAL

Prince William: Behind the Headlines
UK Horizons 9.35pm
Try as we might we can't help wanting to snoop *Hello*-style into the lives of the Royals. The UK premiere of this documentary profiles Prince William, the young future King of England, who has a special place in the nation's heart as the eldest son of the now saint-like Diana.

ADVERTISEMENT

UK PLAY
DREAM PERFORMANCES
8.00PM
Presented by Lauren Laverne, this show features some of the best live sets recorded by the BBC by today's leading bands. Highlights include Robbie Williams, Skunk Anansie, and soul divas Mary J Blige and Whitney Houston.

Monday 6 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING
7.30am Speed Skating
8.30 Ski Jumping
10.00 Xtreme Sports
11.00 Alpine Skiing
12noon Ski Jumping
Action from the World Cup in Lahti, Finland.
1.00pm Cycling
Preview of the upcoming road season.
2.00 Cycling - LIVE
Action from the Paris-Nice second stage.

3.00 PM
4.00 Xtreme Sports
All the action from the Winter X Games in Mount Snow, Vermont, USA. Including snow boarding and ice climbing.
5.00 Bloopers
Best of the previous *Bloopers* programmes.
5.30 Eurogoals
Featuring the best goals scored in Europe.

6.00 PM
7.00 Athletics
Coverage of the recent indoor meeting held in Washington, USA.

8.00 PM
8.00 Trial
Action from the Indoor World Cup in Lisbon, Portugal. The 2000 Indoor World Cup is held from January to March.
9.00 PM
9.00 Rally
Coverage of the FIA World Rally Championship in Kenya. The 2000 FIA World Rally Championship includes 14 rounds.
10.00 PM
10.00 Eurogoals
All the best goals from around Europe.

11.00 PM
11.30-12.30am
Xtreme Sports
Coverage of the Winter X Games in Mount Snow, Vermont, USA.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Gillette World Sport Special
7.30 World Wrestling Federation – Classics
8.30 Extreme Sailing
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Spanish Football
12noon Aerobics Oz Style
12.30pm Goals on Sunday
A comprehensive round-up of all the weekend's goals.

3.00 The Last Word
Jimmy Hill interviews football manager Jim Smith.
3.30 What a Weekend
A look at the best of the weekend's sporting action.
4.00 Football League Review
A look at all of the action from all the Nationwide League's divisions.
5.00 World Wrestling Federation – Classics
A chance to relive action from the World Wrestling Federation's rough and tumble of recent years.
6.00 Sky Sports Centre
The latest news from the world of sport.
6.30 World Football Show
7.00 Football League Review
A blow-by-blow account of all the recent Nationwide league action.
8.00 Sporting Auction: Football Memorabilia Auction – LIVE
Coverage of the latest in a regular series of interactive sporting auctions, this time featuring a whole host of football memorabilia.
9.30 World Football Show
10.00 Sky Sports Centre
10.15 You're On Sky Sports!
Controversial footballing moments discussed.
11.00 World Football Show
11.30 Sky Sports Centre
11.45 International Bowls: Australia v England Second Test – Singles
1.45am Football League Review
2.45 You're On Sky Sports!
Fans have their say on the latest issues in football.
3.30-3.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Racing News
8.00 Euro Tour Golf: Dubai Desert Classic
The Dubai Desert Classic draws to a close on day four with coverage from Dubai Creek Golf & Yacht Club.
11.00 Ford Golf
USA: Doral-Ryder Open
2.00pm Snow Show
2.30 Basketball
A chance to catch up with the latest basketball action as the domestic season gathers pace. With courtside reports from Suzanne Dando. *Repeat from Saturday.*

4.30 Total Sport
The programme that showcases all sides of the sporting world.
5.00 World Pool League
The World Pool League consists of six players playing each other once over 12 racks in Warsaw.
6.00 Gold Coast Marathon
6.30 What a Weekend
The show that takes a look at the very best of the weekend's sporting action.
7.00 World Motor Sport
A comprehensive magazine show. *World Motor Sport* takes viewers to the heart of the race world and provides a guide to who is racing where, when and how. Including a comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events in store.

10.00 World Pool League
The World Pool League consists of six players playing each other once over 12 racks in Warsaw.
11.00 Football League Review
Goals galore with a re-run of every ball hitting the back of the net in the Nationwide League.
12midnight Total Sport
Action from a range of sports.
12.30am Telegraph Action Sport
1.00 Three Sixty Surfing
1.30 Gold Coast Marathon
2.00 World Motor Sport
5.00-5.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon What a Weekend
The show that takes a look at the very best of the weekend's sporting action.
12.30pm World Wide Rugby: Super 12
Action from the new rugby Super 12 season, featuring teams such as Auckland Blues, Queensland Reds and the Canterbury Crusaders.
2.30 Super League: Castleford v Wigan
Eddie Hemmings and Mike Stephenson present highlights of the action from Castleford Tigers' clash with Wigan Warriors in the JJB Super League. These two teams are expected to reach at least the play-offs this season and a high scoring contest is in prospect.

4.30 Australian Rugby League: Brisbane v Newcastle Knights
Chris Warren presents a round-up of all the latest action in the Australian National Rugby League. One of the most intense competitions in the world.
6.30 Asian Sports Show
The colour, passion and variety of sports from Asia.
7.00 Telegraph Action Sport
A brand new look into the world of action sport.
7.30 Three Sixty Surfing
8.00 International Bowls: Australia v England Second Test
International bowls action as the mighty Australian team take on England in the singles stage of the second Test.

10.00 Shell's Wonderful World of Golf: Wright v Verengal
Witness some memorable golfing moments.
11.00-11.30pm Views of Golf
A look at some of the game's legends.

SCI-FI
ACTION PACK

8.00am Buck Rogers in the 25th Century
9.00 Land of the Giants
10.00 Lost in Space
11.00 The Six Million Dollar Man
12noon Babylon 5
1.00pm Quantum Leap
Freedom
2.00 Buck Rogers in the 25th Century
The Plot to Kill a City – Part II

3.00 The Flash
The Flash – Part I
A police scientist is struck by lightening and soaked with chemicals that transform his body.
4.00 Land of the Giants
The Creed
Steve, forced to operate on Barry, receives aid from a giant doctor.
5.00 Lost in Space
Deadliest of the Species
The robot falls in love with an evil alien female super-robot and helps her in her quest to rule the universe.
6.00 The Six Million Dollar Man
The Ghostly Teletype
Steve Austin must battle telepathic brainwashing to solve a mystery.
7.00 Quantum Leap
Freedom
Sam leaps into the body of a native American trying to help his grandfather die with traditional dignity.
8.00 Time Trax
Forgotten Tomorrows
Darien loses his memory when a fugitive from the future sprays him with a dangerous chemical.
9.00 The Crow: Stairway to Heaven
Voices
Draven is brought closer to Shelly when he meets a teenage trance-medium.
10.00 FILM: The Day After
Jason Robards, John Lithgow, Steve Guttenburg
A terrifying story that follows the story of a group of people when the United States is subjected to a nuclear attack. *1983*

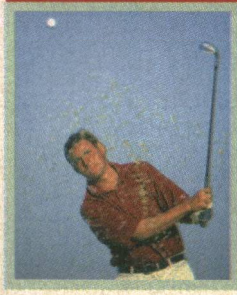
12midnight The Flash
Watching the Detectives
1.00am Turkey Shoot
In a future world individuality is a crime and deviants are held in a fortress.
2.35 Sci-Focus Special
3.00-4.00am Babylon 5
Intersections in Real Time

MTV
MUSIC & GAMES PACK

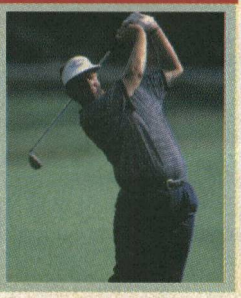
6.00am Select MTV
Another chance to see yesterdays selections.
8.00 Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
12.30pm News Weekend Edition
All the hot gossip and news from the showbiz world.
2.00 European Top 20

3.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
4.00 Select MTV
Viewers make MTV their personal jukebox. Live from London everyday, two hours of chat, videos and guest appearances from some of the most promising names in pop.
6.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
7.00 Mad 4 Hits
An hour of back-to-back chart-busting smashes and best-selling singles.
8.00 Hit List UK
Cat Deeley counts down the movers, the new entries and the latest number one.
9.00 Daily Edition
The latest from the world of showbiz.
9.30 Celebrity Death Match
Claymation fighting.
10.00 All Access Whitney Houston
10.30 Mad 4 Hits
Back-to-back chart smashes and recent big selling singles.
11.00 brand:new
A tongue-in-cheek view of what's happening and who is about to be huge in the music industry, presented by Zane Lowe.
12midnight Superock
A plethora of back-to-back rock videos. With everything from Aerosmith to the latest from Marilyn Manson.
1.00am All Access Whitney Houston
1.30 Mad 4 Hits
2.00-6.00am Night Videos

EURO TOUR GOLF: DUBAI DESERT CLASSIC
SKY SPORTS 2 8.00AM



The final 18 holes of the Dubai Desert Classic from the Dubai Creek Golf & Yacht Club could be the scene of more glory for England's David Howell (pictured, left) who won his first European Tour title here last year. Howell is one of the young English lions set to dominate golf on the Tour but he will have the likes of top dog Colin Montgomerie (pictured, right) of Scotland to deal with if he wants to pick up the lion's share of the $1.3m prize money.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Walnut Creek
12midnight Freeview 12.10am Adult Feature 12.15 Neil Down – Sex Therapist
12.45 FILM: Alexandra Silk's Silk Panties
2.05 Totty Try-Outs
2.20-4.00am FILM: The Statesman's Wife

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Adult Feature 12.40 FILM: Ultimate Fantasy 1.00 The Five Minute Free View
1.05 FILM continues
1.55 Adult Feature
2.20 FILM: Bodyfire
3.30-4.00am Satinder

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Monday 6 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Bryan Adams
All the biggest hits from the Canadian rocker.
1.30 Pop-Up Video
Another helping of irreverent fun and trivia from the *Pop-Up* team.
2.00 Jukebox
Turn your video into a front-room video jukebox with this viewers' request show.

4.00 The Millennium Classic Years: 1981
The year is 1981, and Paul King has all the music and news as the millennium countdown continues.
5.00 Top Ten
The latest up-to-the-minute rundown from VH1 Towers of the best videos around.

6.00
Video Timeline: Sting
6.30 Greatest Hits: Bryan Adams
All the biggest hits from the Canadian king of rock.
7.00 VH1 Hits
An hour of the biggest-selling smashes of the last five years.

8.00 The Millennium Classic Years: 1973
Music from the year when Britain is forced into a three-day working week, and the oil crisis emerges.
9.00 The VH1 Album Chart Show
Paul King with the biggest selling albums of the week in the UK.

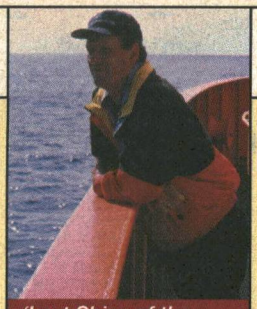
10.00 Behind the Music: Duran Duran
This hour-long documentary traces the career of the immensely popular British group.
11.00 Ed Sullivan's Rock 'n' Roll Classics
11.30 Greatest Hits: Bryan Adams
All the biggest hits from the Canadian rocker.
12midnight Talk Music
The latest music news.
12.30am
Video Timeline: Sting
1.00 Hey, Watch This! – Cartoons
2.00 VH1 Country
2.30 Soul Vibration
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter III
Steve's Story
1.00pm Emergency Vets
Helping sick animals.
1.30 Pet Rescue
Following the fortunes of abandoned animals.
2.00 Harry's Practice
Following the work of a Tasmanian vet in practice.
2.30 Zoo Story
Series about London Zoo.

3.00 Going Wild with Jeff Corwin
Great Smoky Mountains
3.30 Croc Files
Australian wildlife series with Steve and Terri Irwin.
4.00 Croc Files
Wildlife series aimed at the next generation.
4.30 Aquanauts
The team investigates a mystery wreck.
5.00 Emergency Vets
Dr Kevin Fitzgerald operates on an iguana to remove her eggs.
5.30 Zoo Chronicles
With Pam St Clement.
6.00 Crocodile Hunter
Legends of the Galapagos
Steve and Terry meet a 168-year-old tortoise taken from the Galapagos Islands by Charles Darwin.
7.00 Wonders of the Okavango Delta
7.30 The Making of City of Ants
Documentary about the making of a wildlife film.
8.00 Emergency Vets
A dedicated team try to save animal's lives.
8.30 Emergency Vets
Heroic vets treat sick and injured animals.
9.00 Wild at Heart
Hyenas
A profile of the ruthless and cunning predator.
9.30 Two Worlds
World of the Deadly
10.00 Flying Vet
The New Vet
10.30 Flying Vet
Farewells
Following the work of the intrepid animal doctors.
11.00 Emergency Vets
The students are reaching the end of their placement.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



'Lost Ships of the Mediterranean'. National Geographic Channel 10.00pm

ITV2
ACCESS PACK

4.00pm CD:UK
The music chart show with the latest acts performing live in the studio.

5.00 The Worst Witch
Up in the Air
Drama series set in a school for trainee witches.
5.30 The New Addams Family
6.00 Blind Date
Cilla Black plays matchmaker to another selection of couples hoping to get lucky in love.

7.00 World Football
The best football action from around the world.
7.30
World Sport Special
Sports news and features.
8.00 Uefa Champions' League Weekly
Featuring reviews and previews of all the latest action from the Uefa Champions' League.
9.00 Inspector Morse
The Way Through the Woods
The irascible, donnish Oxford detective is unhappy that a murder case is considered closed following the death of the accused; a fifth victim's body still has to be accounted for. With John Thaw and Kevin Whately.
11.00
Coronation Street
Tonight's episode from ITV. Text
11.30 Soap Fever
A show devoted to soap operas. With celebrity guests, chat, previews and reviews, archive specials and tributes to soap icons.
12.30am
The Jerry Springer Show
More outrageous revelations and confrontations.
1.20-2.20am Trisha

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Garden Grow? 8.00 Travel Express 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 House Doctor 11.30 Moving People 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Delia Smith's Winter Collection 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 The Flower Show
3.00 Gardening from Scratch
3.30
More Front Gardens
The Awkwardly Shaped Garden
4.00 Travel Xpress
More globe trotting.
4.30 Holiday in Style
An extended version of the BBC's popular travel show *Holiday*.

5.30 Antiques Roadshow US
Exclusive to UK Style, antiques expert Chris Jussel hosts the US version of Britain's best-loved antiques programme.
6.30 Real Rooms
Viewers' rooms get a revamp by the experts.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Sue Cook looks at more collectables.
8.00 Change That
Interior design roadshow.
8.30 Show People
Exhibitions, festivals and special events from all over the British Isles.
9.00 Delia Smith's Winter Collection
Stars from the East
9.30
Antiques Roadshow
More members of the public bring along their antiques for examination.
10.30 House Invaders
Linda Barker hosts the DIY show in which homes are given a no-budget facelift.
11.00
The Flower Show
With florist Jane Packer.
11.30
Gardeners' World
With Alan Titchmarsh.
12midnight Show People
Exhibitions, country fairs and regional festivals from all around the UK.
12.30am-1.00am
More Front Gardens
The Awkwardly Shaped Garden
With Gay Search.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Storm Alert
7.50 Doctors at Large
8.20 Battersea Dogs' Home
8.50 Animal Hospital
9.15 Flying Foresters
9.45 Immortal Salamander
10.15 Supernatural Science
11.15 Tomorrow's World Plus
12.15pm Trust Me, I'm a Doctor
12.45 City Hospital
1.45 Firefighters
2.15 Firefighters
2.45 Storm Alert
Nick Ross presents eyewitness accounts of some of the most spectacular and ferocious storms of the century.

3.45
Battersea Dogs' Home
Shauna Lowry visits Bellmead, Battersea's other kennels, near Windsor.
4.20 Vets in Practice
New Faces
4.50
Children's Hospital – Special Edition
5.25 The Shop
Pulling Together
The transformation of Selfridges.
5.55 City Hospital
Live documentary series in which Gaby Roslin and her team report on life at Southampton's busy General Hospital.
6.55 Back to the Floor
Pillow Talk
A hospital manager works as an auxiliary nurse.
7.30 Accident and Emergency
Fly-on-the-wall series.
8.00 Vets in Practice
New Faces
8.30
Children's Hospital – Special Edition
Real-life medical drama.
9.00 The Shop
Pulling Together
Series tracing the changes being made at Selfridges.
9.35 Prince William: Behind the Headlines
A look at the life of the young prince.
10.35 Accident and Emergency
Fly-on-the-wall series about a busy accident and emergency unit.
11.05 Top Gear GTi
Motoring magazine.
12.05am-1.00am
The OJ Simpson Trial
Opening Arguments

UK PLAY:
1.00am Harry Enfield's Television Programme 1.30 Harry Enfield Festive Television Programme 2.15 Mark and Lard's Pop Upstairs Downstairs 2.45 Chris Moyles 3.15 Skunk Anansie's Dream Performances 3.40 Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 A Year at Ballymaloe 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Chocolate Covered 12noon Classic Dishes 12.30pm Nordic Nosh 1.00 Coxon's Kitchen College 1.30 Peter Gordon's Pacific Food 2.00 Food Network Daily 2.45 Simply Fish
With James Martin.
3.30
Tessa's Tastebuds
Plums
Tessa prepares plum salad with lavender ice cream.
4.00 Simply Baking
Meringues
4.30 Mridula's Indian Kitchen
A look at coconut and paneer, an Indian cheese.
5.00 Flash in the Pan
5.30 Classic Dishes
Peppered steak.
6.00 Coxon's Kitchen College
6.30-7.00pm
Tastes of Britain

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Into the Light
A look at two artists inspired by their surroundings in very different ways.
8.00
The Jason Project
Sir David Frost introduces three programmes about the work of underwater explorer Dr Bob Ballard.
9.00
Treasures of the Deep
Dr Bob Ballard delves into the waters between the ancient trading ports of Rome and Carthage.
10.00 Lost Ships of the Mediterranean
Dr Bob Ballard attempts to uncover the secrets of the deep off the coast of the Holy Land.
11.00
Explorer's Journal
Longest Journey
Charting the progress of two very different, but equally gruelling, journeys.
12midnight-1.00am
The Shakers
A look into the misunderstood world of the Shakers, a united society of believers who promoted feminism, spiritual equality and racial tolerance far before anyone else thought to do so.

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in Their Eyes
More aspiring stars impersonate their heroes.
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
Fast-paced quiz show.
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Grow for It
7.00 Real Gardens
7.30 Doing It Up
8.00
Ron Hazelton's Housecalls
8.30
Our House Down Under
8.55 The Joy of Painting
9.30 Simply Painting
10.00 Grow for It
10.30 Real Gardens
11.00 The Diceman
11.30 Kingsbury Square
12noon Hometime
12.30pm Hometime
1.00 Two's Country
St John's
1.30 Ron Hazelton's Housecalls
2.00 A Car is Born
NEW SERIES
2.30 The New Yankee Workshop
3.00 This Old House with Steve and Norm
3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 ByteMe 11.00 Come On 11.15 ByteMe 12noon Come On 12.15pm ByteMe 1.00 Come On 1.15 ByteMe 2.00 Come On 2.15 ByteMe 3.00 Come On 3.15 ByteMe 4.00 Scratch TV 4.15 Got Any Gear? 4.30 That Film Show 5.00 Trainspotters 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Monday 6 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 The Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.54am Swabimaan 1.15 FILM 4.00 Gurav 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Bobbin Head
4.30 Discover Magazine
Water
5.00 Time Team
The Lost Villa
The team searches for the source of Roman remains in the Wiltshire village of Tockenham.
6.00 Test Flights
Flights of Discovery
The first episode in the series explores what drives test pilots to push the edges of flight.
7.00 Beyond 2000
A look at how to search for extraterrestrial life.
7.30 Discover Magazine
Lost in Time
8.00 A Sense of Danger
An investigation into efforts to monitor and predict earthquakes which can devastate cities.
9.00 Visitors from Space
The secret archives are opened as people abducted by UFOs describe their experiences.
10.00 The Supernatural
Nostradamus
Is there any truth in the predictions of Nostradamus?
11.00 The Century of Warfare
Documentary on worldwide conflicts since the superpowers' nuclear stalemate.
12midnight High Wire
Documentary focusing on the preparations made by a circus for a performance, with performer interviews.
1.00am Discover Magazine
Lost in Time
1.30-2.00am Confessions of...
Lifeboat

3.00 Flying Rhino Junior High
Aerial antics.
3.30 Fat Dog Mendoza
Heist-loving hounds.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.
5.00 Dragonball Z
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina The Teenage Witch
Witching antics.
5.30 Kenan & Kel
Live action.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

3.10 X-Men
3.29 X-Press UK Connection
A daily magazine.
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice From Mars
5.30 Mad Jack The Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Time 10.30 Sport 11.30 Biz Asia 12.30pm CNNdotCOM 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 Time 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Euro Zindagi 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Zaike Ka Safar 8.30 Tara 9.00 Abhinetri 9.30 Basera 10.00 Awaazain 11.00 Jhat Pat Khana 11.30 Amar Prem 12noon FILM 3.00pm Hello Friends 3.30 Pride Ka Aashirwad 4.00 Raahat 4.30 Quiz Contest 5.00 Hum Paanch 5.30 Hasratein 6.00 Budha Ghar Pe Hai 7.00 Hadd Kar Di 7.30 Top of the Tops 8.00 News Bulletin 8.30 Aashiqui 9.00 Sa Re Ga Ma 10.00 Ru Ba Ru 10.30 Up Beat 11.00 A List 11.30 Chahat Aur Nafrat 12midnight News 12.30am Aap Ki Adalat 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Nancy 5.30-6.00am Abhinetri

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 CMTV 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Money Matters 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.30-11.00am Feature

TNT
FAMILY PACK

9.00pm China Beach
TV series about a group of US army nurses attached to a military field hospital during the era of the Vietnam War.
10.00 FILM: Fame
Irene Cara, Lee Curreri
Musical following a series of young hopefuls at the New York City High School for the Performing Arts as they attempt to achieve stardom in their chosen fields. *1980*
12.30am-1.00am The Hitchhiker

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Work
7.30 Desmond's
8.00 Dharma and Greg
It Never Happened One Night
8.30 Mad About You
Pilot
9.00 Married... With Children
The Harder They Fall
9.30 Spin City
Family Affair – Part II
10.00 Frasier
The 1000th Show
10.30 Father Ted
Hell
The priests spend their holiday in a caravan.
11.00 Drop the Dead Donkey
George is invited to his ex-wife's remarriage.
11.30 Whose Line is it Anyway?
12.midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 8.00 Beauty Shop! 8.30 Clothes Shop! 9.30 Sports Shop! 10.00 Kids Shop! 11.00 Clothes Shop! 12noon Home Shop! 1.00pm Bargain Shop! 1.30 Gift Shop! 2.00 Beauty Shop! 2.30 Kitchen Shop! 3.30 Jewellery Shop! 4.30 Entertainment Shop! 5.30 Collectors Shop! 6.00 Clothes Shop!
A round-up of the week's fashion special offers.
7.00-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Ca Commence a Bien Faire 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Mise au Point 1.00 Journal 1.15 Ca Commence a Bien Faire 3.00 Journal 3.15 Questions 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions 5.00 Journal Télévisé 5.15 Ca Commence à Bien Faire 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.15 Cinéma 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Money: Alternative Investments 3.15 Clips 3.45 Boarding Pass 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 Dateline London 7.30 Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight Dateline London

NIGHT TIME

THE HISTORY CHANNEL
WORLD PACK

12noon The Viking Saga
The Eastward Trail
1.00pm The Great Depression
Striking Back
2.00 Secret Life of Money
A look at how the concept of money emerged.
4.00 Secrets of War
Battle of the Atlantic
5.00 Spitfire Airshow
A look at the world's largest post-war gathering of Spitfires, on 6 May, 1996.
6.00 Legends of the Werewolves
6.55 100 Years of Labour
7.00 Classic Aircraft
7.30 Classic Aircraft
Bombers
8.00 Biography
The Red Baron
9.00 Great Crimes and Trials
The Boston Strangler
9.30-10.00pm Spies
License to Kill

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.

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For more information and a free guide to **'What's on Shop!'** call us now and remember to quote 'CWC19'

Tuesday 7 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

Kiefer Sutherland stars in the premiere of the drama 'A Soldier's Sweetheart'. Sky MovieMax 10.00pm

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00 AM
6.15am A Match Made in Heaven Text *1997, rating Sky PG, 88 mins*
8.00 Mom and Dad Save the World *1991, rating Sky PG, DS, 86 mins*
10.00 One Fine Day Text *1997, rating Sky PG, 104 mins*
12noon The Journey of Natty Gann *Meredith Salenger, John Cusack 1985, rating Sky PG, 97 mins*
2.00pm Stormchaser: Revenge of the Twister *Kelly McGillis, Wolf Larson*
3.00 PM Thriller about a woman who is determined to complete her husband's tornado research after he loses his life in a storm. *1998, rating Sky PG, DS, 92 mins*

4.00 PM
4.00 Bedknobs and Broomsticks *Angela Lansbury, David Tomlinson, Roddy McDowall,* Family musical adventure mixing live action with animation. When an amateur witch tries to help the British war effort during World War II, her meddling takes her and the children in her care on a magical adventure. *1971, rating Sky PG, 112 mins*

5.00 PM
6.00 PM
6.00 One Fine Day *Michelle Pfeiffer, George Clooney, Mae Whitman, Alex D Linz* Romantic comedy drama. A pair of mismatched single parents find themselves having to rely on each other for childcare. During the course of one hectic day, they argue, miss meetings, jeopardise their careers – and end up falling in love. Text *1997, rating Sky PG, 104 mins*

7.00 PM
8.00 PM
8.00 The Avengers *Ralph Fiennes, Uma Thurman, Sean Connery, Jim Broadbent* Lighthearted action adventure adapted from the cult TV series. An eccentric English espionage operative and a beautiful female scientist set out to foil the plans of a master villain, armed with a device which enables him to control the weather. Text *1997, rating Sky 12, 86 mins*

9.00 PM
10.00 PM
10.00 The Daytrippers *Hope Davis, Stanley Tucci, Parker Posey, Liev Schreiber* PREMIERE Crazy comedy about a woman determined to discover the truth about her son-in-law's alleged infidelity. *1996, rating Sky 15, DS, 84 mins*

11.00 PM
11.30 Sibling Rivalry *Kirstie Alley, Bill Pullman* Comedy about a bored housewife whose extramarital dalliance leads to chaos. *1990, rating Sky 15, 84 mins*

12.00 NIGHT TIME
1.00am The Real Blonde Text *1998, rating Sky 15, 101 mins*
2.45 This Is the Sea *1995, rating Sky 15, DS, 100 mins*
4.30-6.05am Stormchaser: Revenge of the Twister *1998, rating Sky PG, DS, 92 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.25am Danielle Steel's Changes *1991, rating Sky PG, 91 mins*
8.00 Hi Honey, I'm Dead *1991, rating Sky PG, 88 mins*
10.00 Au Pair *1999, rating Sky U, DS, 90 mins*
12noon Danielle Steel's Changes *Cheryl Ladd, Michael Nouri* Romantic drama. *1991, rating Sky PG, 91 mins*
2.00pm A Time to Heal *Nicollette Sheridan, Gary Cole* True-life emotional drama about a pregnant woman who suffers a stroke. Despite the pressure this puts on their marriage, she and her husband find strength in each other during this traumatic time. *1994, rating Sky PG, 90 mins*

4.00 Can't Be Heaven *Diane Ladd, Ralph Macchio, Bryan Burke, Rachel Ticotin* Fantasy drama about a young boy struggling to come to terms with the trials of adolescence without a father to guide him. But the sudden appearance of a friendly ghost helps him face up to the changes he and those close to him are experiencing. *1998, rating Sky PG, 94 mins*

6.00 Au Pair *Gregory Harrison, Heidi Noelle Lenhart, Jane Sibbert,* Romantic comedy. A high-flying graduate thinks she has landed the job of her dreams – only to discover that she has been employed as a nanny to the boss' spoilt children. However, the kids soon warm to her, and plot to get her wed to their father. *1999, rating Sky U, DS, 90 mins*

8.00 Almost Dead *Shannen Doherty, Costas Mandylor, John Diehl* Suspense thriller about a psychiatrist who enlists the help of a cop after she senses her dead mother has returned. When the woman's body turns out to be missing from its grave, the daughter and her new ally find their own lives in danger. Text *1993, rating Sky 15, 88 mins*

10.00 A Soldier's Sweetheart *Kiefer Sutherland, Skeet Ulrich, Georgina Cates, Daniel London* PREMIERE Vietnam war drama. A GI smuggles his girlfriend out to his outpost, but regrets it when she joins the Green Berets on an all-night patrol. *1998, rating Sky 15, 107 mins*

11.50 Asunder *Blair Underwood, Debbie Morgan* Thriller. A man becomes involved with his best friend's wife. *1998, rating Sky 18, 98 mins*
1.35am Broken English Text *1996, rating Sky 18, 88 mins*
3.10 Baby Comes Home *1980, rating Sky PG, 92 mins*
4.45-6.20am A Time to Heal *1994, rating Sky PG, 90 mins*

SKY CINEMA
PREMIUM CHANNEL

4.00pm The China Syndrome *Jane Fonda, Jack Lemmon, Michael Douglas, Scott Brady* Drama about a TV news reporter who witnesses an accident at a US nuclear power plant. Her attempts to make it public are met with a wall of silence, and she is soon entangled in a sinister conspiracy. *1979, rating Sky PG, 117 mins*

6.05 Blue Hawaii *Elvis Presley, Nancy Walters, Joan Blackman, Roland Winters* Romantic comedy musical about a GI who arrives in Hawaii and, against the wishes of his parents, goes to work as a tour guide at his girlfriend's agency. Filled with memorable songs including *Can't Help Falling In Love. 1961, rating Sky PG, 97 mins*

8.00 Pink Cadillac *Clint Eastwood, Bernadette Peters, Timothy Carhart* Action comedy about a modern-day bounty hunter hired to track down a man who has jumped bail. During the course of the assignment, he finds himself involved with white supremacists, counterfeit money and some dubious characters. *1989, rating Sky 15, 116 mins*

10.00 Cry-Baby *Johnny Depp, Amy Locane, Iggy Pop, Ricki Lake, Traci Lords* Teen musical comedy. A leather-clad delinquent hits it off with a well-bought-up girl. *990, rating Sky 15, 81 mins*

11.30 Badlands *Sissy Spacek, Martin Sheen* Thriller. Teen lovers go on a murder spree. *1973, rating Sky 18, 90 mins*
1.05am Frankenstein Must Be Destroyed *1970, rating Sky 18, 97 mins*
2.45 Hollywood Aliens and Monsters Text *1998, rating Sky 15, 97 mins*
4.30-6.00am Quality Street *1937, rating Sky U, 80 mins*

FILMFOUR
ADD-ON CHANNEL

6.00pm Whirlpool *Gene Tierney, Jose Ferrer, Barbara O'Neil, Richard Conte* Suspense thriller about a female kleptomaniac who is 'rescued' by a hypnotist when she is caught stealing. However, his intentions are not as honourable as they at first appear – rather than try to cure her, he uses her as a pawn in his plan to murder his former mistress. Text *1949, 93 mins*

8.00 The Wind and the Lion *Sean Connery, Brian Keith, Candice Bergen, John Huston* Epic period adventure loosely based on a true incident. A Berber chieftain kidnaps an American woman and her children. Efforts to free them range from diplomacy to armed intervention, and include the personal involvement of the US president. *1975, 114 mins*

10.00 Big Wednesday *Jan-Michael Vincent, Gary Busey, William Katt, Lee Purcell* Drama focusing on the lives of three friends in Sixties California who share a passion for surfing. The trio come of age in a warm, laid-back environment where sun, sand and sea seem of far greater significance than some little war going on in distant Asia. *1978, 115 mins*
12.05am Hollywood Conversations
12.35 The Criminal Life of Archibaldo De La Cruz *Ernesto Alonso, Miroslava Stern* Satirical Spanish comedy drama from Luis Buñuel. *1955, 91 mins*
2.10-6.00am Barry Lyndon *Ryan O'Neal, Marisa Berenson* Epic period drama from Stanley Kubrick. Text *1975, 176 mins*

ITV2 is now on page 69

NEW CARLTON CINEMA
LIFESTYLE PACK

7.00pm Hamlet *Laurence Olivier, Jean Simmons, Eileen Herlie, Basil Sydney* Oscar-winning adaptation of the classic Shakespearean drama. A young Danish prince returns home from his studies after the sudden death of his father, the king, to find that his mother is now married to his uncle. Driven half-mad by visions of his father's ghost, the tortured prince becomes convinced that his uncle murdered his father in order to succeed him as monarch. After much soul-searching, he seeks revenge. *1948, 155 mins*
10.00 A Fine Mess *Ted Danson, Howie Mandel, Richard Mulligan, Stuart Margolin* Madcap comedy thriller inspired by vintage Hollywood slapstick romps. A wild chase ensues when a pair of incompetent private eyes are forced to go on the run from the Mob after one of them happens to overhear details of a racetrack scam. *1986, 90 mins*
12midnight Without a Trace True-life drama. *1983, 120 mins*
2.15am Lucas Teen drama. *1986, 104 mins*
4.00 Alice Faye – The Star Next Door Hollywood documentary.
5.00-7.00am The Good Companions *1932, 113 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
YOU'VE GOT MAIL
Romantic comedy about two bookshop proprietors who, although they loathe each other, are unknowingly conducting an anonymous relationship via e-mail. A remake of the classic *The Shop Around the Corner.* Stars Tom Hanks and Meg Ryan. Text *1998, rating Sky PG, 114 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 3
Channel 53
THE MASK OF ZORRO
Swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor when an old enemy reappears with a dastardly plan. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 4
Channel 54
KNOCK OFF
Action thriller. An exporter of illegal fake goods from Hong Kong finds himself mixed up with Chinese gangsters, the Russian Mafia and British colonial police when his brother gets involved in arms dealing. Stars Jean-Claude Van Damme and Rob Schneider. Text *1998, rating Sky 18, 87 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
That Past Guest Was a Hottie But Cover Up Her Body
Past guests are given make-overs at the request of the show's viewers.

4.00 Pokémon
Electric Shock Showdown
The team discover a ferocious and powerful Pokémon.

4.30 Pokémon
Battle Aboard the St Anne

5.00 Star Trek: Voyager
One
Seven of Nine and the Doctor are left to pilot the ship when it passes through a dangerous nebula. Text

6.00 Friends
The One with the Morning After
Ross is unable to stop Rachel finding out about Chloe. Text

6.30 Dream Team
Lynda accuses Jerry of murder.

7.00 The Simpsons
Bart Gets Hit by a Car
Bart lies about his injuries after he is knocked over by a car. Text

7.30 The Simpsons
138th Episode Spectacular Text

8.00 3rd Rock from the Sun
Dial M for Dick
Comedy about four aliens.

8.30 Futurama
The Fry and the Slurm Factory

9.00 The Strangerers
A SWAT team crashes into the aliens' lives.

9.30 Third Watch
Demolition Derby
Drama about the emergency services as they go about their daily business of saving lives.

10.30 Cops
Indianapolis
Officers assist a young teenage girl who has overdosed. Text

11.00 Dream Team
Lynda accuses Jerry of murder in front of the board and Wes is told he will be out of action for the rest of the season.

11.30 Star Trek: Voyager
One
Seven of Nine and the Doctor are left to pilot the ship when it passes through a dangerous nebula. Text

12.30am Picket Fences
Close Encounters
Valentine's Day approaches, and Carter pursues a relationship with a singer he wrongly pronounced dead.

1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
10.00 All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing
No Trumpets, No Drums

3.00 The Bill
Confession
A compulsive liar leads Carver and Meadows up the garden path when he confesses to the murder of a woman.

4.00 EastEnders
Tricky Dicky may be forced to give Big Ron his stall back.

4.35 Neighbours
The portents are gloomy on the eve of Brad and Beth's wedding.

5.00 Bugs
Stealth
The team are hired to stop two sisters who are out to steal the secrets of some revolutionary motor vehicles.

6.00 The Brittas Empire
Shall We Dance?
Whitbury Leisure Centre calls time early to let the staff attend a Gala Ball.

6.35 Butterflies
Bittersweet suburban sitcom.

7.10 Are You Being Served?
Our Figures are Slipping

7.45 Keeping Up Appearances
Long-suffering Richard finds early retirement worrying.

8.20 Open All Hours
Sitcom about a miserly shopkeeper and his downtrodden nephew and assistant.

9.00 dinnerladies
Party
The works do becomes incredibly formal and mock-Japanese.

9.40 Sunburn
Drama series following the lives and loves of a group of British holiday reps on Cyprus.

10.45 Heartbeat
Arms and the Man
The discovery of illegal wartime ammunition leads to problems when it falls into the hands of some local children.

11.50 The Bill
Confession
A compulsive liar leads Carver and Meadows up the garden path.

12.50am Hamish Macbeth
The Trouble with Rory
Esme campaigns to save a school.

1.50 Whatever Happened to the Likely Lads?
Absent Friends

2.20-2.55am The Vicar of Dibley
Election

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00 Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.

3.50 Forgive or Forget
Host Mother Love deals with real problems in a variety of relationships.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.

5.30 Ready, Steady, Cook
The cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10 The Jerry Springer Show
American talk show in which Jerry and his guests engage in discussion about relationships.

7.00 Judge Judy
New York City's outspoken family judge presides over a series of real-life cases and conflicts.

7.30 Life, Camera, Action
Amazing real-life drama.

8.00 Charmed
Drama series about three sisters who move into a house inherited from their grandmother – only to find they have inherited her powers of witchcraft as well.

9.00 FILM: Broken Angel
William Shatner, Susan Blakely, Roxann Biggs, Jason Horst
Thriller. A high-school prom turns into a tragedy when a girl is murdered. In the aftermath, the father of another girl discovers his daughter is missing and finds himself in a sordid world of drugs and violence as he investigates her disappearance. *1988*

10.50 Red Shoe Diaries
Another helping from this series of short stories of obsession, eroticism and love.

11.20-12midnight Passion
Late night erotic drama for a female audience.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs 7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs Downstairs 11.00 The Persuaders 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 Robin's Nest 1.30 Only When I Laugh 2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Once Upon a Time – Part I
McGarrett flies to Los Angeles to build a case against a doctor who is victimising his sister and her sick child.

4.00 Kojak
The Good Luck Bomber
An unknown bomber baffles Kojak and the bomb squad by creating intricate bombs which cannot be diffused.

5.00 Hart to Hart
Harts and Frauds
The Harts face a $2 million wrongful death suit when a fender bender frighteningly accelerates into murder.

6.00 Emmerdale
Kim makes plans for the future whilst Lynn's new relationship changes her reputation. Text

6.30 Classic Coronation Street Text

7.00 Robin's Nest
When Irish Eyes are Smiling
Robin and Vicky need a rest, so they go to stay with grandad.

7.30 Who Do You Do?
Light entertainment series.

8.00 The Benny Hill Show
Andree Melly and Johnny Greenland lend a hand and once again The Ladybirds help out with the music. With Henry McGee and Bob Todd.

9.00 Kojak
Elegy in an Asphalt Playground
Kojak tries to find who murdered a beautiful Manhattan playgirl.

10.00 Rising Damp

10.30-11.00pm The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Showgirls
Series following the women who set out to make it big in the gambling capital of the world.

11.30 Fully X-Posed
Series on glamour photography.

12midnight 4Play
It's Tracey's birthday and the other girls give her some racy presents.

12.20am Crash of the Titans
Footage of cars, bikes, and dragsters crashing and smashing.

12.30 Garry Bushell Reveals All

1.00 4Play Away – Amsterdam

1.30-2.00am South Beach Model Search

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Polie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The adventures of the mermaid Ariel and her friends. Text

3.30 Classic Toons

3.40 Art Attack
Innovative art show. Text

4.00 Sabrina
More teenage sorcery.

4.30 Hercules: The TV Show
Hercules and the Muse of Dance
Herc becomes nimble-footed. Text

5.00 Recess
Animated schooltime series. Text

5.30 My Best Friend Is an Alien
Pre-Teen Party from Outer Space Text

6.00 Smart Guy
The Big Picture
TJ's the director of the class video project. Text

6.30 Microsoap
Fun-filled kids' sitcom.

7.00 FILM: The Rescuers
Voices of Eva Gabor, Bob Newhart, Geraldine Page
Family adventure about two mice who set out on a perilous journey to find an orphan girl who has been kidnapped. *1977* Text

8.15 Honey, I Shrunk the Kids: The TV Show
Honey, You're So Transparent
Amy takes an apprenticeship at Jentech. Text

9.00 Boy Meets World
You're Married, You're Dead
Cory goes out on a stag night to prove he is not hen-pecked. Text

9.30 Dinosaurs
Prehistoric animatronic fun. Text

10.00 Home Improvement

10.30 The Wonder Years

11.00 Dr Quinn: Medicine Woman

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Badlands
Sky Cinema 11.30pm

A hypnotic young-couple-on-the-run crime drama from reclusive director Terrence Malick (who recently went behind the cameras for the first time in 20 years to direct *The Thin Red Line*), this film is driven by the thoughtful acting of Martin Sheen and Sissy Spacek.

GENERAL

VH1 to One: Au Revoir Celine
VH1 6.00pm

Prior to what the French-Canadian diva describes as 'a little vacation' but what is rumoured to be a complete break from the music biz, Celine Dion talks about her life and latest album *That's the Way It Is*. It's a mixture of her greatest hits and new material, but does it spell goodbye?

ADVERTISEMENT

UK GOLD

DINNERLADIES 9.00PM
Award-winning comedienne, actress and performer Victoria Wood, makes her sitcom debut in this bittersweet and hugely popular comedy series about the troubled lives of a group of dinnerladies.

Tuesday 7 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am
Cross-Country Skiing
8.30 Ski Jumping
10.00 Xtreme Sports
Coverage of the Winter X Games in Vermont.
11.00 Eurogoals
12.30pm Motorsports
1.00 Rally
Coverage of the FIA World Rally Championship.
2.00 Cycling – LIVE
All the spills and thrills of the Paris-Nice third stage brought to you live.

3.00 PM

4.00 PM

4.00 Xtreme Sports
Coverage of the Winter X Games in Mount Snow, Vermont, USA.

5.00 PM

5.00 Xtreme Sports
YOZ – Youth Only Zone
The magazine show dedicated to extreme sports, with the latest news and reports, plus one competition singled out for special attention.
6.30 Cliff Diving
Coverage of the World Championships in Switzerland.

6.00 PM

7.00 PM

7.00 Athletics
Action from the Air Force Millrose Games in New York, one of the oldest invitational indoor track meets in the USA.

8.00 PM

8.00 Boxing – LIVE
Coverage of an international contest.

9.00 PM

10.00 PM

10.00 Fishing
Coverage of the 1998 World Cup in Mauritius.

11.00 PM

11.30-12.30am Golf
Coverage of the Doral-Ryder Open in Miami.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 World Wrestling Federation – Livewire 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football 12noon Aerobics Oz Style 12.30pm World Football Show 1.00 Football League Review 2.00 Spanish Football
David Bobin hosts the latest Spanish football action between two teams battling for precious league points. Commentary comes from Rob Palmer.

4.00
World Pool League
The World Pool League consists of six players playing each other once over 12 racks in Warsaw.

5.00 World Wrestling Federation – Livewire
Michael Cole presents coverage of exclusive World Wrestling Federation bouts.

6.00
Sky Sports Centre
Catch up with the latest from the world of sport.
6.30 Inside Scottish Football
An insight into life in the Scottish Premier League.
7.30 Gillette Soccer Special
Jeff Stelling and regular studio guests Frank McLintock, Rodney Marsh and Clive Allen preside over the evening's football action and evaluate the scores and results as they come in.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
A chance for football fans to air their views.

11.00 Inside Scottish Football
All the goals, all the transfers, all the news and all the views from the new Scottish Premier Division.
12midnight Sky Sports Centre
Latest sports news.
12.15am Fastrax
12.45 Premier Snooker League
2.45 You're On Sky Sports!
3.30-3.45am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports 8.45 Sports Centre 9.00 Telegraph Action Sport 9.30 Surfing 10.00 World Pool League 11.00 Gold Coast Marathon 11.30 Bowls: Australia v England Second Test 1.30pm Asian Sports Show 2.00 World Motor Sport
This programme takes viewers to the heart of the race world and provides a guide to who is racing where, when and how. From a comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events in store.

5.00 Snow Show
Winter sports review.
5.30 Fastrax
A look at the performances of competitors who race in the fast lane.

6.00
Sports Unlimited
This show gives spectacular footage and in-depth coverage of alternative sports.
7.00 Ice Hockey
Nick Rothwell hosts the latest top ice hockey action from the game of the week in the Sekonda Superleague.

9.00 Premier Snooker League
Now in its 14th year, the £123,500 Premier Snooker League is a prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999.

11.00 Golf: Jebel Ali Challenge
Golfing action as some of the world's biggest names in golf line up for the Jebel Ali Challenge.
12midnight Football Special
1.30am Sports Unlimited
A truly comprehensive look at alternative sports.
2.30 Snow Show
3.00 Ice Hockey
5.00-5.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Max Power 1.00pm Telegraph Action Sport
A brand new adventure into the world of action sports.
1.30 Three Sixty Surfing
Spectacular footage of the sport of three sixty surfing.
2.00 Shell's Wonderful World of Golf: Wright v Verengal
Classic golfing action.

3.00 Views of Golf
A look at some of the game's legends.
3.30 Total Sport
A showcase for all sides of the sporting world.

4.00
Gold Coast Marathon
4.30 International Bowls: Australia v England – Second Test
International bowls action as the mighty Australian team take on England in the singles stage of the second Test.

6.30 Golf: Jebel Ali Challenge 2000
Some of the world's biggest names in golf line up for the annual Jebel Ali Challenge.
7.30 Football Special – LIVE
Coverage from the England v Norway Women's UEFA Championship qualifier.

9.30 Fastrax
A look at the lives and performances of racers in the fast lane.

10.00 Big Fights: Holmes v Frank
Boxing footage with action from bouts between legends such as Joe Louis and Rocky Marciano.

11.00-11.30pm A to Z of Motorsport
The roots and history of the motor racing circuit.

SCI-FI
ACTION PACK

8.00am Battlestar Galactica 9.00 The Time Tunnel 10.00 Lost in Space 11.00 The Incredible Hulk 12noon Babylon 5
Between the Darkness and the Light
1.00pm Alien Nation
Contact
2.00 Battlestar Galactica
The Gun on Ice
Planet Zero – Part I

3.00 Robocop
The Future of Law Enforcement – Part I
Robocop finds out some dark secrets during a murder investigation.

4.00
The Time Tunnel
Kill Two by Two
Doug and Tony are engaged in a deadly game by a Japanese flyer.

5.00 Lost in Space
A Day at the Zoo
Most of the Robinson party are captured by a space showman for an exhibition in a space zoo.

6.00
The Incredible Hulk
Alice in Disco Land
Banner helps a teenage girl and discovers she is a remnant of his past.

7.00 Alien Nation
Contact
Sikes and George are called upon to investigate the murder of Professor Charles Tower.

8.00 Sleepwalkers
Eye of the Beholder
A research team help people solve their problems by travelling into their traumatic dreams.

9.00 American Gothic
Eye of the Beholder
Sheriff Buck will stop at nothing to win custody of Caleb, even if it means destroying Dr Crower.

10.00 FILM: Powder
Mary Steenburgen, Sean Patrick Flanery
Sci-fi drama. A young, bald, albino boy, who is taunted by his school classmates, begins to display an unusual power that allows him to do amazing things. *1995*

12midnight The Flash
Honor Among Thieves
1.00am FILM: The Revenge of Frankenstein
Peter Cushing
Sci-fi horror. The Baron is at large in Germany. *1958.*
2.40 Sci-Focus Special
3.00-4.00am Babylon 5

MTV
MUSIC & GAMES PACK

6.00am Select MTV 8.00 Mad 4 Hits 9.00 Bytesize MTV 11.00 brand:new
A tongue-in-cheek view of what's happening and who is about to be huge in the music industry.
12noon Mad 4 Hits 12.30pm Daily Edition 1.00 Mad 4 Hits 2.00 Hit List UK

3.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.

4.00 Select MTV
Viewers make MTV their personal jukebox. Live from London everyday, two hours of chat, videos and guest appearances from some of the most promising names in pop.

6.00 Bytesize MTV
A selection of bizarre moments culled from MTV stations around the world, and shown in easily-digestible bitesize chunks.

7.00 Mad 4 Hits
Current hits and recent chartbusters shown back-to-back.

8.00 US Top 20 Countdown
All the latest chart action from the States, hosted by Toby Amies.

9.00 Daily Edition
The latest from the world of showbiz.
9.30 Celebrity Death Match
More claymation battles.

10.00 Biorhythm Spice Girls
A biography of the Spice Girls as told through their music and videos.

11.00 brand:new
A tongue-in-cheek view of what's happening and who is about to be huge in the music industry.

12midnight Alternative Nation
MTV pays homage to all that is new and experimental.
1.00am Biorhythm Spice Girls
Another chance to see the earlier episode.
2.00-6.00am Night Videos

GOLF: DORAL-RYDER OPEN EUROSPORT 11.30PM

A highlights show of last weekend's $3 million Doral-Ryder Open from Miami on the US PGA Tour, where Scotland's British Open champion Paul Lawrie is now earning a living. He'll have to reach past defending champion Steve Elkington (pictured) of Australia to put his hands on the trophy. The half-a-million-dollars winner's purse is well worth having and the young Aberdonian will be encouraged by a fine start to his US experience.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 Sexy Girl Next Door 10.40 Fast Women 12midnight Freeview 12.10am Department Sex 12.35 Sam Gets Her Girl 12.50 Biker Annie 1.20 Mistress Dominance 2.15 Ladies Behaving Badly 2.35 Adult Feature 3.30-4.00am Girls Just Want To Have Fun

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Teresa Scott Unleashed 12.40 FILM: Infinite Bliss 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Sex Education 2.20 FILM: Adult Feature 3.30-4.00am Women in Uniform

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Tuesday 7 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Take That
All the greatest hits from Britain's most popular boy band ever.
1.30 Pop-Up Video
More irreverence from the *Pop-Up* crew
2.00 Jukebox
A back-to-back roller coaster of hits from the VH1 playlist and some golden oldies from the last four decades.

4.00 Behind the Music: Gloria Estefan
VH1 takes an exclusive look behind the remarkable rise to fame of the Cuban-born singer.
5.00 The VH1 Album Chart Show
A countdown of the top selling albums this week.

6.00 VH1 to One: Au Revoir Celine
NEW VH1 talk exclusively to the popular vocalist.
6.30 Greatest Hits: Take That
7.00 VH1 Hits
An hour of back-to-back-chart smashes.

8.00 The Millennium Classic Years: 1981
All the music and news from this year.

9.00 Egos and Icons: Nirvana
Includes rare footage of the late Kurt Cobain discussing his musical influences.
10.00 Behind the Music: Fleetwood Mac
VH1's documentary series turns the spotlight on the Anglo-American band.
11.00 Anorak 'n' Roll
David Hepworth presents the trivia quiz show.

12midnight Pop-Up Video
12.30am
Greatest Hits: Take That
All the greatest hits.
1.00 Hey, Watch This! – Cartoons
2.00 Soul Vibration
2.30 VH1 Country
3.00-6.00am VH1 Late Shift

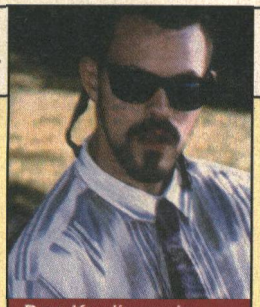
ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Legends of the Galapagos
1.00pm Emergency Vets
1.30 Pet Rescue
The fortunes of abandoned animals as the RSPCA rescues and tries to find them homes.
2.00 Harry's Practice
2.30 Zoo Story
Join the staff and visitors to the London Zoo.

3.00 Going Wild with Jeff Corwin
Khao Yai, Thailand
3.30 Croc Files
Steve and Terri Irwin study a remote section of river.

4.00 Croc Files
Steve and Terri leave Australia for the USA.
4.30 Aquanauts
Helping to make sharks reproduce in Australia.
5.00 Emergency Vets
A pet snake is suspected of having a tumour.
5.30 Zoo Chronicles
A male congo buffalo prepares to leave.
6.00 Crocodile Hunter
Sleeping with Crocodiles
6.30 Crocodile Hunter
Suburban Killers
7.00 The Promise – Patrick and Paddy
A documentary celebrating the life and achievements of the world's most famous and successful stud.
8.00 Emergency Vets
The team work around the clock to save lives.
8.30 Emergency Vets
The team work around the clock to save lives.
9.00 Wild Dogs
In an epic study over three years in Kruger National Park, the lives of two packs of endangered wild dogs are followed.
10.00 Wild Rescues
Incredible tales of people saving animals – and animals saving people.
10.30 Wild Rescues
More incredible tales.
11.00 Emergency Vets
A golden retriever is suffering from allergies.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



Dan Keplinger in 'King Gimp'. National Geographic Channel 8.00pm

ITV2
ACCESS PACK

4.00pm NBA 2000
One of the week's top basketball games from the National Basketball Association in the US.

5.00 Life Force
Sci-fi series set 25 years in the future.
5.30 Jungle Run
Dominic Wood presents a game show set in the jungle.
6.00 Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.

7.00 Uefa Champions' League Weekly
A weekly review of the Uefa Champions League and previews of all the action.
7.45 Countdown to F1
Preview of this year's Grand Prix season which kicks off in Australia this Saturday.
8.00 NBA 2000
Basketball magazine featuring the best US action.
9.00 The Grimleys
Comedy drama series set in the 1970s.
9.30 Neighbours from Hell
The joy of neighbours.
10.00 Emmerdale
Tonight's episode of the soap from ITV. Text
10.30 The Bill
More dramatic developments with the policemen based at Sun Hill. Text
11.30 Football Crazy
Docusoap, narrated by Kevin Kennedy, which examines the passion that keeps the beautiful game alive.
12midnight The Jerry Springer Show
More outrageous revelations and confrontations.
12.50am-2.20am Boxing Monthly
Monthly boxing magazine featuring action and interviews from around the world.

UK STYLE
LIFESTYLE PACK

7.00am Looking Good. 7.30 Fantasy Rooms 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Big Strong Girls 11.30 Which Craft? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 The Naked Chef 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 Ground Force

3.00 Show People
Series which travels to exhibitions across the UK.
3.30 More Front Gardens
Four Townhouse Gardens
4.00 Travel Xpress
Jo Kessel heads to the Holy Land for the adventure of a lifetime.
4.30 Crewless
Myth Informed in Yemen
Photo-journalist Elliott Daniel travels to Yemen.
5.30 Antiques Roadshow
In this programme, the team invites members of the Canterbury public to bring along their antiques for examination.
6.30 Real Rooms
Rooms in need of a revamp are transformed.
7.00 Can't Cook, Won't Cook
7.30 Collectors' Lot
Sue Cook presents the popular series about all things collectable.
8.00 Change That
8.30 Antiques Treasure Trail
NEW SERIES Wendy Gibson offers tips on how to haggle.
9.00 Big Strong Boys
Leighton Buzzard Nursery
9.30 Big Strong Girls
DIY show presented by Fiona Quigley and Siobhan Palmer.
10.00 Which Craft?
Arts and crafts combined with practical ideas.
10.30 House Invaders
The DIY show in which homes are given a facelift.
11.00 Gardening from Scratch
The gardening series for absolute beginners.
11.30 How Does Your Garden Grow?
A panel of the nation's top gardeners work on horticultural problems.
12.30am-1.00am More Front Gardens
Four Townhouse Gardens
Gay Search takes on the challenge of turning four car parks into lovely gardens.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Chimpanzee Challenge with Nicholas Lyndhurst 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 The Age of the Sphinx 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Trust Me, I'm a Doctor 12.45 City Hospital 1.45 Firefighters 2.15 Firefighters 2.45 Chimpanzee Challenge with Nicholas Lyndhurst

3.45 Battersea Dogs' Home
Daily snapshot of life at the famous home for dogs.

4.20 Vets in Practice
4.50 Children's Hospital
Some of the most moving, dramatic and funny real-life medical drama from the wards of Alder Hey Children's Hospital.
5.25 The Shop
Going for Gold
5.55 City Hospital
Documentary series in which Gaby Roslin reports from Southampton General Hospital.
6.55 Back to the Floor
Seeing Red
A series in which top bosses return to the shop floor for a week.
7.30 Accident and Emergency
8.00 Vets in Practice
New Faces
8.30 Children's Hospital – Special Edition
Real-life drama.
9.00 The Shop
Going for Gold
9.35 Queen Camilla
A look at the history of Charles and Camilla's relationship with new insights into the character of this most famous of royal mistresses.
10.35 Accident and Emergency
Fly-on-the-wall series
11.05 The Age of the Sphinx
One man's attempt to rewrite history.
12.05am-1.00am The OJ Simpson Trial

UK PLAY:
1.00am The Smell of Reeves and Mortimer 1.30 Mark and Lard's Pop Upstairs Downstairs 2.00 FuturTV 2.30 The Chris Moyles Show 2.55 TOTP Plus 3.20 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Antony 9.30 A-Z Food and Beauty 10.00 Country Cooking 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Simply Puddings 12noon Classic Dishes 12.30pm Loyd's Louisiana 1.00 Coxon's Kitchen College 1.30 Passion for Flavour 2.00 FoodNetwork Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Berries
Tessa prepares rasberry sponge flan.
4.00 Simply Baking
Batters
4.30 Mridula's Indian Kitchen
Mridula creates a peppers and tamarind balti.
5.00 Flash in the Pan
Quiz show with Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm A Shared Table

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Imperfect Harmony
Discover what happens when animals have to share with man.
8.00 King Gimp
A look at the life of Dan Keplinger. Severely disabled, his spirit has enabled him to challenge mainstream views.
9.00 Fires of War
Firefighters battling Kuwait's oil well blazes.
9.30 Micro Raptors
Enter the world of predatory insects.
10.00 Earthquake
Footage of the San Francisco earthquake.
10.30 After the Hurricane
The aftermath.
11.00 Explorer's Journal
Better By Design
An insight into the minds of those obsessed with making things better.
12midnight-1.00am Heroes of the High Frontier
The total area of the world's rainforest canopy amounts to the size of the US. Discover how this vast space is becoming a prime target for explorers of all kinds.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
More hidden camera pranks.
11.00 Celebrity TV Bloopers
12midnight Don't Feed The Gondolas
Comedy quiz show
12.30pm The Cooler
1.00 3-2-1
2.00 Move On Up
2.30 Don't Feed The Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Garden Club
7.00 Real Gardens
7.30 Doing it Up
8.00 Ron Hazelton's Housecalls
8.30 Our House Down Under
8.55 The Joy of Painting
9.30 Simply Painting
10.00 Garden Club
More gardening tips.
10.30 Real Gardens
11.00 The Diceman
11.29 The Home and Leisure House
11.30 Kingsbury Square
12noon Hometime
12.30pm Hometime
1.00 Two's Country
1.30 Ron Hazelton's Housecalls
2.00 A Car is Born
2.30 The New Yankee Workshop
3.00 This Old House with Steve and Norm
3.30-4.00pm Go Fishing

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 That Film Show 4.30 Eurospotters 4.45 Got Any Gear 5.00 Free Sports 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Tuesday 7 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Secret Files of the Spy Dogs 12.30 Donkey Kong 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am 8.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 World Beat 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Showbiz Weekly 5.30-6.00pm CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Découverte. 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Dites-Moi 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Documentaire 1.00 Journal 1.15 Cinéma 3.00 Journal 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.15 Nestor Burma: L'Homme au Sang Bleu 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Naqab 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Top Tucker 12.30pm Manhanagar 1.00 Zameen Aasman 1.30 FILM 4.00 Kissa Shanti Ka 4.30 Eklo Jane Re 5.00 Kalapul 6.00 Rajni Gandha 6.30 MTV Made in India 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Made In India 12.30am Zameen Aasman 1.00 FILM 4.00 Rajni Gandha 4.30 Top Tucker 5.00 Kalapul 6.00 Kissa Shanti Ka 6.30 DD Programme 7.00-7.30am Jai Veer Hanuman

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Out and About 8.30 Tara 9.00 Super 7 Muqabla 9.30 Yaadon Ke Rang 10.00 Pakistan Show Time 11.00 Khana Khazana 11.30 Amar Prem 12noon FILM 3.00pm Hadd Kar Di 3.30 Top of the Tops 4.00 Raahat 4.30 Callmate Top Ten 5.30 Hasratein 6.00 Antakshari Classic 7.00 Daayre 7.30 Chalo Cinema 8.00 News 8.30 Janam 9.00 A Day Out with a Star 9.30 Zanjeeren 10.00 Shapath 10.30 Mahabharat 11.30 Mano Ya Na Mano 12midnight News 12.30am Low Cal Show 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am Good News 5.30 CMTV 6.00 Hour of Deliverance 6.30 Changing Your World 7.00 Believer's Voice of Victory 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Rhema Praise 9.30 700 Club 10.00 CMTV 10.30-11.00 Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.30 Wall Street Report 2.45 Focus 3.30 Wall Street Report 4.15 South Africa Report 5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am House of Lords 7.00 The Record 7.30 House of Lords 10.00 Westminster Hall 1.00pm House of Lords 2.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying
Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a dog and his young friend who wants to be a superhero.
4.00 Mike, Lu and Og
4.30
The Powerpuff Girls
Blossom, Bubbles and Buttercup create chaos in Townsville.
5.00 Dragonball Z

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with the odd-shaped head.
4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Animated adventures.
5.00 Sabrina
The Teenage Witch
The misadventures of a teenage sorceress.
5.30 Kenan & Kel

3.10 X-Men
Human/mutant conflict.
3.29 X-Press
UK Connection
3.30 Inspector Gadget
Animated adventures.
4.00 Power
Rangers in Space
4.30 Mystic
Knights of Tir Na Nog
4.50 The Secret
Files of the Spy Dogs
5.00 Monster Rancher
5.20
Biker Mice from Mars
5.30
Mad Jack the Pirate
Animated antics.
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm
Goosebumps

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Lake Tolondo
4.30
Discover Magazine
Lost in Time

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
Daring doggy deeds.
7.30 Looney Tunes
8.00
Pinky and the Brain
8.30-9.00pm Batman

6.00 Renford Rejects
6.30-7.00pm
Sister Sister

5.00 PM

5.00 Time Team
The Archbishop's Back Garden
The team has a controversial point of history to lay to rest.

6.00 PM

6.00 Hitler's Generals
Udet
A profile of the former fighter pilot who was chief air inspector general at the start of World War II.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Pierce
Jenny and Maggie get their tongues pierced.
7.30 Desmond's
8.00
Dharma and Greg
Bed Bath & Beyond
8.30 Mad About You
Sofa's Choice
9.00 Married... With Children
Married with Queen
9.30 Spin City
They Shoot Horses Don't They?
10.00 Frasier
Voyage of the Damned
Frasier is asked to be a guest celebrity on a cruise.
10.30 Father Ted
Song for Europe
11.00 Drop the Dead Donkey
Damien begins to receive death threats.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00
It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Shop!
8.30 Clothes Shop!
9.30 Beauty Shop!
10.00 Jewellery Shop!
11.00 Kids Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Collectors' Shop!
2.00 Entertainment Shop!
Home entertainment.
2.30 Clothes Shop!
3.30 Home Shop!
4.30 Kitchen Shop!
5.30 Shop! Selection
6.00 Kids Shop!
7.00-7.30pm Bargain Shop!
Today's offers.

7.00 PM

7.00 Secret Mountain
Chris Bonnington's expedition to Sepu Kangri.
7.30
Discovery Today
Rolling news magazine.

TNT
FAMILY PACK

9.00pm
Murphy Brown
Roasted
Comedy about a journalist.
9.30 Murphy Brown
The Strike

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

8.00 PM

8.00 Staying Alive
Looking at research being carried into the reasons some people survive emergency situations in which others are killed.

9.00 PM

9.00 My Titanic
Moment of Truth
Documentary series about the ill-fated maiden voyage of the seemingly unsinkable *Titanic.*

10.00 PM

10.00 Black Box
On a Wing and a Prayer
Examining the deadly effects of apparently tiny flaws in aircraft maintenance.

11.00 PM

11.00 Race for the Superbomb
An investigation into the race between the USA and the Soviets to develop the first hydrogen bomb.

12.00

NIGHT TIME

12midnight
Secret of the Templars
Examining whether the Holy Order of the Knights Templar, guardians of the Holy Grail, dabbled in the occult to obtain their wealth.
1.00am Discovery Today
With Steve Knight
1.30-2.00am Beyond 2000

10.00 FILM:
The Wheeler Dealers
James Garner, Lee Remick, Phil Harris
Comedy about a good-natured con artist who suddenly makes a huge amount of money. *1963*
12.30am-1.00am
The Dukes of Hazzard
Lulu's Gone Away

CARTOON NETWORK:
1.00am
Flying Rhino Junior High
1.30 Magic Roundabout
2.00 Tidings 2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon
Legends of the Werewolves
12.55pm
100 Years of Labour
1.00 Classic Aircraft
Fighters
1.30 Classic Aircraft
Bombers
2.00 Biography
The Red Baron
3.00 Great Crimes and Trials
The Boston Strangler
3.30 Spies
4.00 Secrets of War
5.00 Rockets
First Step to the Stars
6.00 Hitler's Secret Diaries
6.55 100 Years of Labour
7.00 Classic Aircraft
The Helicopter
7.30 Classic Aircraft
Spies
8.00 Biography
Roger Moore
9.00 Great Crimes and Trials
The Story of Al Capone
9.30-10.00pm Spies
Family of Spies

TV TRAVEL SHOP
BONUS CHANNEL

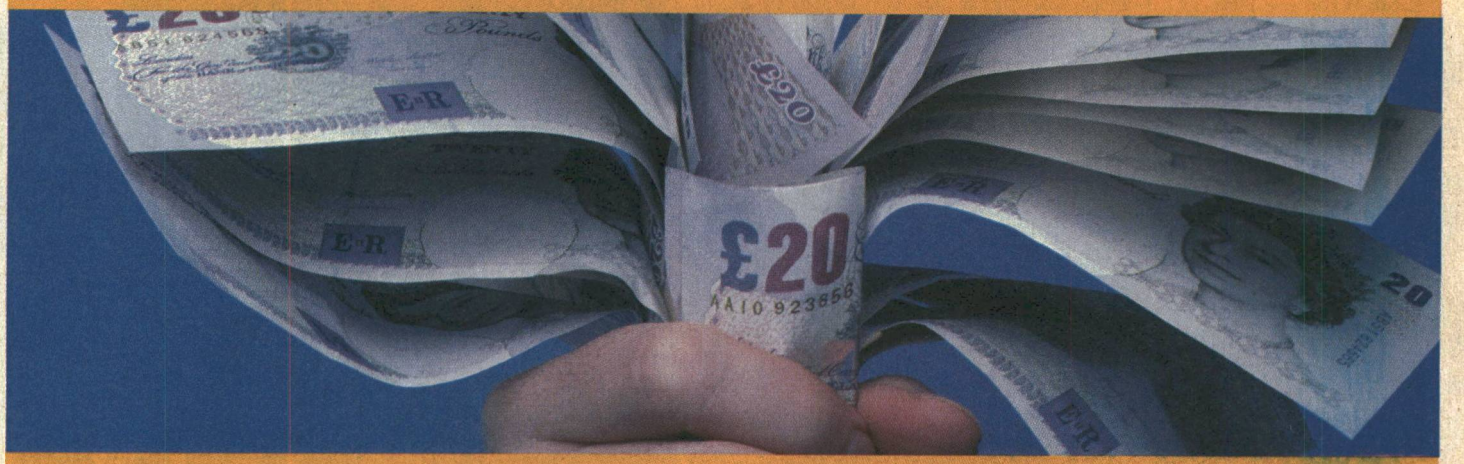
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Kitchen with Spanek at 6.00pm.

up to

£125,000 COVER



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CORNHILL Direct

Title (Mr, Mrs, Miss, Ms)

Surname

First Name(s)

Male ☐ Female ☐

Date of Birth

Address

Postcode

Contact Number

CCG4

Wednesday 8 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

Ben Affleck helps ghosthunter Peter O'Toole fight evil in the premiere of 'Phantoms'. Sky MovieMax 10.00pm

MORNING

6.00 AM

SKY PREMIER — PREMIUM CHANNEL

6.05am Plain Clothes
1988, rating Sky PG, 93 mins
8.00 Loving Couples
Last Play *1980, rating Sky PG, 94 mins*
10.00 The Magic Sword: Quest for Camelot
Text *1998, rating Sky U, 82 mins*
12noon Pete's Dragon
Helen Reddy, Mickey Rooney
1977, rating Sky U, 123 mins
2.10pm The Princess Bride
Mandy Patinkin, Cary Elwes

3.00 PM

Fantasy adventure telling the tale of a beautiful woman who must be rescued by her one true love from a series of horrible encounters with monsters and villains. *1987, rating Sky PG, 94 mins*

SKY MOVIEMAX — PREMIUM CHANNEL

6.20am How I Got Into College
1989, rating Sky PG, DS, 83 mins
8.00 The Laker Girls
1990, rating Sky PG, 90 mins
10.00 Beauty
Janine Turner, Jamey Sheridan
1998, rating Sky U, 87 mins
12noon Danielle Steel's Fine Things
DW Moffett, Tracy Pollan
1995, rating Sky PG, 137 mins
2.25pm How I Got Into College
Corey Parker, Anthony Edwards
Comedy about a teenage boy whose desperate efforts to gain entry into the same college as the girl of his dreams puts him through all manner of adventures. *1989, rating Sky PG, DS, 83 mins*

SKY CINEMA — PREMIUM CHANNEL

4.00pm The War Lover
Steve McQueen, Robert Wagner, Shirley Anne Field
Melodrama about a headstrong and daring World War II commander who falls in love with a woman. Unfortunately, a fellow pilot also falls for the same girl. *1962, rating Sky PG, 101 mins*

4.00 PM

4.00 Louisa May Alcott's The Inheritance
Cari Shayne, Paul Anthony Stewart, Brigid Brannagh
PREMIERE Period drama based on the Louisa May Alcott story.

5.00 PM

An orphan, now living with a wealthy family, grapples with revelations about her ancestry, experiences romance, and is almost discredited by a cousin. *1997, rating Sky U, 90 mins*

4.00 Two of Hearts
Gail O'Grady, Rob Stewart, Marla Maples, Corbin Bernsen
Romantic comedy in which a depressed vet and a sentimental sports reporter meet and fall in love at the wedding of their ex-partners. *1999, rating Sky PG, DS, 91 mins*

6.00 PM

6.00 The Magic Sword: Quest for Camelot
Voices of Jessalyn Gilsig, Andrea Corr, Cary Elwes, Gary Oldman
Arthurian family adventure about a young girl, a young blind hermit

7.00 PM

and a goofy two headed dragon who embark on a mission to reclaim the magical sword Excalibur before it falls into the hands of a wicked knight. Text *1998, rating Sky U, 82 mins*

6.00 Beauty
Janine Turner, Jamey Sheridan, Hal Holbrook, Linden Ashby
Romantic drama about a portrait artist commissioned to paint the likeness of a wealthy and romantic man whose facial deformities have led to his being misunderstood by the outside world. However, she quickly recognises the beauty within him. *1998, rating Sky U, 87 mins*

6.00 The Barbarian and the Geisha
John Wayne, Sam Jaffe, Eiko Ando, Fuji Kasai
Period drama about an American who is sent to Japan to serve as US Consul-General. There he discovers enormous hostility to foreigners and upsets the locals further when he falls in love with a geisha girl. *1958, rating Sky U, 101 mins*

8.00 PM

8.00 Red Corner
Richard Gere, Bradley Whitford, Byron Mann, Peter Donat
Tense thriller about a lawyer on business in China who finds himself charged with a murder

9.00 PM

he did not commit. He faces a race against time to prove his innocence before standing trial for a capital offence that carries the ultimate penalty. *1997, rating Sky 15, 117 mins*

8.00 Navigating the Heart
Jaclyn Smith, Tim Matheson, David Andrews
PREMIERE Romantic drama about a tough city journalist who is forced to rely on a rugged fisherman to help her with her latest scoop. Unexpectedly, the mismatched pair find themselves inexplicably attracted to one another. *1999, rating Sky PG, 88 mins*

8.00 Crossroads
Ralph Macchio, Joe Seneca, Jamie Gertz, Joe Morton
Road movie about a young musician who tracks down a legendary blues man in a Harlem hospital and agrees to bring him back to his Mississippi home in return for some long-lost songs. The pair embark on a life-affirming trek across the Deep South. *1986, rating Sky 15, 95 mins*

10.00 PM

10.05 Kiss the Girls
Morgan Freeman, Ashley Judd, Cary Elwes, Tony Goldwyn
Thriller about a detective who investigates the disappearance of his niece, who has fallen victim

11.00 PM

to a deadly serial kidnapper. Several young women have gone missing and the detective suspects the kidnapper is not killing his victims, but collecting them. Text *1998, rating Sky 18, 111 mins*

10.00 Phantoms
Peter O'Toole, Joanna Going, Rose McGowan, Liev Schreiber
PREMIERE Thriller. Two sisters arrive in a town to find everybody dead, and neither they nor the local sheriff, who arrives to investigate, have any answers. Text *1998, rating Sky 15, 92 mins*
11.40 The Stepfather II
Terry O'Quinn, Jonathan Brandis, Meg Foster
Horror. *1989, rating Sky 18, 85 mins*
1.10am The Black Cat
Horror. *1990, rating Sky 18, 85 mins*
2.40 Error in Judgement
Joe Mantegna, Joanna Pacula
Thriller. *1998, rating Sky 18, 89 mins*
4.15-6.00am Two of Hearts
1999, rating Sky PG, DS, 91 mins

8.00 Crossroads
Ralph Macchio, Joe Seneca, Jamie Gertz, Joe Morton
Road movie about a young musician who tracks down a legendary blues man in a Harlem hospital and agrees to bring him back to his Mississippi home in return for some long-lost songs. The pair embark on a life-affirming trek across the Deep South. *1986, rating Sky 15, 95 mins*
10.00 Coupe de Ville
Patrick Dempsey, Arye Gross, Daniel Stern, Annabeth Gish
Road movie about three estranged brothers who are brought together for an almost unbearable trip to Florida at the request of their father. *1991, rating Sky 15, 93 mins*
11.40 Promised Land
Kiefer Sutherland, Meg Ryan
Drama about a group of friends. *1987, rating Sky 15, 98 mins*
1.25am Crossroads
Ralph Macchio, Joe Seneca
1986, rating Sky 15, 95 mins
3.05 The Maniac
1962, rating Sky 15, 83 mins
4.35-6.00am Tarzan and the She-Devil
1953, rating Sky U, 73 mins

12.00

12midnight The Proposition
Kenneth Branagh, Madeleine Stowe
PREMIERE Drama. Text *1998, rating Sky 12 , DS, 107 mins*
1.55am She's So Lovely
Robin Wright, Sean Penn
Text *1997, rating Sky 15, 92 mins*
3.35-5.15am The Pallbearer
David Schwimmer, Gwyneth Paltrow
Text *1996, rating Sky 12, 94 mins*

NIGHT TIME

FILMFOUR — ADD-ON CHANNEL

6.00pm Where the Sidewalk Ends
Dana Andrews, Gene Tierney, Gary Merrill, Bert Freed
Drama about a violent New York cop who batters a man to death and then tries to frame a mob boss for the murder. But when he falls in love with the suspect's estranged wife, he chooses to return to the straight and narrow. Text *1950, 91 mins*
8.00 Beyond Rangoon
Patricia Arquette, U Aung Ko, Frances McDormand, Adele Lutz
Drama about a doctor, who, to escape the pain of the death of her husband and son, travels to Burma in 1988 only to become enmeshed in the conflict between the government and the movement for democracy. *1995, 96 mins*
9.45 Fall from Grace
10.00 Raging Bull
Robert De Niro, Cathy Moriarty, Joe Pesci, Frank Vincent
Biopic about the prizefighter Jake La Motta. The boxer's rage and violence make him virtually unstoppable in the ring, but it also drives him to beat his wife and his brother, and sends him into a self-destructive spiral of paranoia and rage. Text *1980, 124 mins*
12.10am Artemisia
Valentina Cervi, Michel Serrault
Biopic of the artist Artemisia Gentileschi. *1997, S, 96 mins*
1.50 Mina Tannenbaum
Romane Bohringer, Elsa Zylberstein
Romantic drama. *1993, 123 mins*
3.55-5.30am Dragstrip Girl
Traci Lords, Natasha Gregson Wagner Action. *1993, 75 mins*

Create your own personal TV diary: www.cableguide.co.uk

CARLTON CINEMA — LIFESTYLE PACK

7.00pm She Wore a Yellow Ribbon
John Wayne, Joanne Dru, John Agar, Ben Johnson
Classic western about a US cavalry officer on the verge of retirement whose last duty is to escort two women to a stagecoach. As war with the Indians looms, he decides he must stay on to help. *1949, 103 mins*
9.00 Wisdom
Emilio Estevez, Demi Moore, Tom Skerritt, Veronica Cartwright
Romantic crime drama about a young man who is unable to find work because of a past crime. He sets off with his girlfriend across America destroying banks' loan records to help the country's farmers – and becomes a popular folk hero in the process. *1986, 109 mins*
11.00 Old Gringo
Jane Fonda, Gregory Peck, Jimmy Smits, Patricio Contreras
Thriller about a United Nations field operative who must prevent the shipment of a nuclear bomb to Iraq. *1989, 119 mins*
1.00am Death Train
Pierce Brosnan, Patrick Stewart
Action thriller. *1993, 95 mins*
3.00 Wisdom
Emilio Estevez, Demi Moore
Crime drama. *1986, 109 mins*
5.00-7.00am It's a Wonderful World
Drama. *1956, 89 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Epic swashbuckling adventure in which former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins, Catherine Zeta-Jones and Stuart Wilson. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
Epic war drama focusing on a group of soldiers trying to find the inner strength to carry on fighting when they are sent to a Pacific island, where they have to prove their courage. Stars Sean Penn, Adrien Brody and Jim Caviezel. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 11.00am, 2.00pm, 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Acclaimed British drama about a painfully shy girl whose talent for mimicking the likes of Marilyn Monroe, Judy Garland and Edith Piaf is spotted by a seedy local promoter, who decides he is going to take 'Little Voice' to the top. Stars Jane Horrocks and Michael Caine. Text *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 8 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
If You Gain Another Pound, I Won't Be Around
Today's guests are men who would like their women to lose some weight.
4.00 Pokémon
Pokémon Shipwreck
4.30 Pokémon
Island of the Giant Pokémon
The friends find themselves stranded on a mysterious island.
5.00 Star Trek: Voyager
Hope and Fear
The crew of the *Voyager* discover a ship sent from Earth that could take them home at last. Text
6.00
Xena: Warrior Princess
Sacrifice – Part I
Xena and Gabrielle struggle in vain to prevent the rebirth of Gabrielle's child. Text
7.00 The Simpsons
Bart the Fink
Bart inadvertently causes the death of Krusty the clown. Text
7.30 The Simpsons
War of the Simpsons Text
8.00 Stargate SG-1
Crystal Skull
Movie spin-off about a team of soldiers and scientists travelling through the universe via a series of gates.
9.00 Stargate SG-1
Nemesis
Movie spin-off about a team of soldiers and scientists travelling through the universe via a series of gates.
10.00 Yanky Panky
In this week's episode catch up with a group of enthusiasts who have dedicated their lives to recording the female form – known as the Hooter Historians.
11.00 Friends
The One without the Ski Trip
Ross and Rachel's separation takes its toll on Chandler. Text
11.30 Star Trek: Voyager
Hope and Fear Text
12.30am Picket Fences
When in Rome
The townspeople of Rome grow unsettled when they hear that a convicted child molester may be coming to town.
1.30-7.00am Long Play
Its more music and less chat with the week's new releases, classic tunes and the top 20 singles chart.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Ballykissangel
2.00 Knots Landing

3.00 The Bill
Open Wound
Deakin races against time to locate a wounded crack dealer.
3.30 The Bill
Perfect Match
4.00 EastEnders
Frank gives the rival cab firm a taste of its own medicine.
4.35 Neighbours
Brad worries about his forthcoming wedding.
5.00 Bugs
Manna from Heaven
A new wonder food is set to take the world by storm – but a rival food manufacturer is determined to stop its launch.
6.00 The Brittas Empire
The Chop
The staff show little interest in Gordon's new board game.
6.35 The Liver Birds
Facing up to Life
7.10
Are You Being Served?
Camping In
The staff spend the night at work.
7.45
Keeping Up Appearances
Hyacinth puts plans for Richard's retirement on hold when Rose starts behaving outrageously.
8.20 Open All Hours
Sitcom about a miserly shopkeeper and his nephew.
9.00
Harry Enfield and Chums
Mr Cholmondeley-Warner presents the unexpurgated version of 'The Lovers' Guide'.
9.40 The Royle Family
Comedy series about a working-class family from Manchester.
10.20
UK Gold Comedy Special with Steve McGrew
Stand up comedy special from the Embassy Rooms.
11.20 The Bill
Open Wound
Deakin races against time to locate a wounded crack dealer.
11.50 The Bill
Perfect Match
12.20am This Life
One Bedding and a Funeral
Egg's younger brother pays a visit.
1.10 Hamish Macbeth
More than a Game
2.05-2.55am Whatever Happened to the Likely Lads?
Heart to Heart

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who find themselves in a dilemma and are uncertain what to do about it. What will they decide?
4.40 Maury Povich
Compelling and personal talk show that deals with emotional conflicts within relationships, hosted by the veteran broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
The cookery show in which two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer deals with relationship issues.
7.00 Judge Judy
Judy Sheindlin presides over a series of real-life conflicts.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Medical drama series set in a general practice in rural Cardale in Derbyshire's Peak Disctrict. Stars Kevin Whately and Amanda Burton.
9.00 FILM: Jinxed!
Bette Midler, Ken Wahl, Val Avery, Jack Elam, Benson Fong
Black comedy about a professional gambler who believes he can't lose when he discovers he has a jinx on a casino dealer. But his winning streak comes to an end when the dealer tries to break the jinx. *1982*
10.50 Red Shoe Diaries
More short stories of obsession, eroticism and love.
11.20-12midnight Passion
Late night erotic drama directed at a female audience.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs 7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street 9.30 Emmerdale 10.00 Upstairs Downstairs 11.00 Hart to Hart 12noon Classic Coronation Street 12.30pm Emmerdale 1.00 Robin's Nest 1.30 Only When I Laugh 2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Once Upon a Time – Part II
McGarrett takes a 'cure-all' practitioner to court – even though public sentiment seems to be in her favour.
4.00 Kojak
Elegy in an Asphalt Playground
Kojak tries to find the person that murdered a beautiful Manhattan playgirl. With Telly Savalas, Dan Frazer and Kevin Dobson.
5.00 Hart to Hart
On a Bed of Harts
With the purchase of their honeymoon bed, Jonathan and Jennifer become entangled in an art smuggling scheme.
6.00 Emmerdale
Angharad is disturbed by Scott's vivid artwork. Text
6.30
Classic Coronation Street
Bill takes over from Percy. Text
7.00 Robin's Nest
Anniversary Waltz
Robin decides to spent time with Vicky, away from the bistro.
7.30 Who Do You Do?
Light entertainment series.
8.00 The Benny Hill Show
More fun with the bespectacled comedian as he plays a host of characters from a variety of countries and takes a look at the world of cinema.
9.00 Kojak
Unwanted Partners
An old school friend of Crocker's becomes Kojak's prime suspect.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
4play Away – Amsterdam
Docusoap which follows the exploits of four glamour girls.
11.30 Real Sex
A look at erotic playing cards.
12midnight Premier Edition
NEW erotic late night series.
12.30am The G Spot
Entertainment show hosted by Terry Christian and Danni Hunt.
1.00 Fully X-posed
Exploring both professional and amateur glamour photography.
1.30-2.00am Beach Bash

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle 1.10 Rolie Olie 1.20 Spot 1.30 the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text
3.30 Classic Toons
Watch your favourite classic Disney characters.
4.00 Sabrina
Bewitching comedy.
4.30
Hercules: The TV Show
Hercules and the Green Eyed Monster Text
5.00 Recess
Animated playground series. Text
5.30
My Best Friend is an Alien
The Haunting of Blim Blomkins
Tim becomes paranoid. Text
6.00 Smart Guy
The Dating Game
Trouble starts when Mo becomes infatuated with a girl. Text
6.30 Microsoap
Innovative and zany sitcom.
7.00 FILM: Sea People
Tegan Moss, Hume Cronyn
Family drama. A teenage swimming champ loves the sea, so when she meets some people who actually live there she's fascinated. But all is not well with her aquatic friends, and soon she is fighting against time to help them survive. *1999* Text
8.30 Honey, I Shrunk the Kids: The TV Show
Honey, It's Quarkzilla Text
9.10 Boy Meets World
And in Case I Don't See Ya...
Eric starts to record his life. Text
9.35 Dinosaurs
Animatronic comedy. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Touched by an Angel 11.50-12midnight Classic Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Raging Bull
FilmFour 10.00pm
This brutally poetic masterpiece from Martin Scorsese is dominated by Robert De Niro's intense, Oscar-winning portrayal of boxer Jake La Motta. To help achieve his total submersion in the role, De Niro trained with the real La Motta and gained 50lbs for the later scenes.

GENERAL
Yanky Panky
Sky One 10.00pm
Transvestite country music queen Tina C presents this Rapido production revealing the antics of some of America's most bizarre trailer trash. Catch up with the Hooter Historians dedicated to the female form and an interview with Cindy Margolis, cyberspace's popular pin-up.

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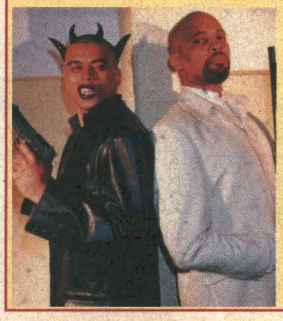
UK PLAY



UNCUT FUNK
10.00PM
Cutting together music, interviews and all that's cool and sexy, Uncut Funk is a new-concept urban show with an emphasis on hip-hop and R'n'B.

Wednesday 8 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Alpine Skiing
8.30 Ski Jumping
10.00 Xtreme Sports
11.00 Triathlon
Highlights of the European Winter Triathlon Cup.
12noon Adventure
1.00pm Golf
Coverage from Miami of the Doral-Ryder Open from the US PGA Tour.
2.00 Cycling – LIVE
Fourth stage coverage of the Paris-Nice race. Said to be the greatest one-week race in the world of competitive cycling, this famous event dates back to World War II.

4.00 PM
4.00 Xtreme Sports
Action from the Winter X Games in Vermont, USA.
4.30 Cross-country Skiing – LIVE
Coverage of the men's and women's Sprint Classic events from the World Cup in Oslo, Norway.
5.30 Ice Speedway
Action from the World Team Championships in Berlin, Germany.

6.30 Motorsports
US monster truck action from the Motor Madness Monster Jam.

7.00 PM
7.00 Athletics
Coverage from Atlanta, Georgia of the USATF Indoor Track and Field Championships.

8.00 PM
8.00 Dancing
Expect a breathtaking display of skill and grace as top amateur and professional dancers gather in Paris-Bercy for the Paris Grand Prix, competing in Latin and Standard categories. Today's coverage focuses on the Professional semi-finals and final.

9.00 PM

10.00 PM
10.00 Darts
Fourth round action on the oche from the American Darts European Grand Prix in Goslar, Germany.

11.00 PM
11.00-12.30am Xtreme Sports
YOZ – Youth Only Zone
Weekly magazine show dedicated to extreme sports. Includes portraits of competitors, competition coverage and news of the week's coming events.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Metal
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00
Inside Scottish Football
11.00 Sports Unlimited
12noon Aerobics Oz Style
12.30pm Football Special
2.00
Premier Snooker League
Join seven top players as they battle it out at a variety of British venues. Competitors include John Higgins, Jimmy White, Stephen Hendry and hot newcomer Marco Fu.

4.00 Inside Scottish Football
Gain a valuable insight into life in the Scottish Premier League with a look behind the scenes.
5.00 World Wrestling Federation – Metal
Up-to-the-minute news, plus match classics and in-depth commentary on the featured bouts.
6.00
Sky Sports Centre
6.30
Big Fight Countdown
A look ahead to the Naseem/Bungu clash.
7.00 Futbol Mundial
Review of all the action from the world game.
7.30
Trans World Sport
Eclectic sports show covering everything from powerlifting and golf to football and ice hockey.
8.30
Rugby League World
Keeping you up-to-date with all the latest rugby league developments around the world, this is essential viewing both for die-hards and more recent converts to the sport.
10.00
Sky Sports Centre
10.15
You're On Sky Sports!
Soccer fans get the chance to air their views.
11.00
Big Fight Countdown
A look ahead to the Naseem/Bungu clash.
11.30 Futbol Mundial
Global soccer action.
12midnight
Sky Sports Centre
12.15am Trans World Sport
Worldwide sports stories.
1.15 Rugby League World
2.45 Big Fight Countdown
3.15 You're On Sky Sports!
4.00-4.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News
8.15 Snow Show
8.45 Sky Sports Centre
9.00 Sports Unlimited
10.00
Premier Snooker League
12noon Ice Hockey
2.00pm
Gold Coast Marathon
2.30
Golf: Jebel Ali Challenge
Some of golf's biggest names compete at the Jebel Ali Hotel and Golf Resort.
3.30 Golf Extra
David Livingstone hosts another edition of the show that keeps golf fans up-to-date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews.
5.30
Watersports World
The ultimate guide to aquatic sports action, including everything from waterskiing to windsurfing and the revolutionary new activity of wake-boarding.
6.30 Australian Drag Racing
7.00 Golf Extra
David Livingstone hosts another edition of the show that keeps golf fans up-to-date with all the latest news from the major tours on the current golfing circuit. Features a look ahead to forthcoming events, behind-the-scenes features and interviews with the stars.
9.00 America's Cup 2000 Highlights

10.00 European Tour Weekly
Euro Tour Golf round-up with all the latest action.
10.30 Australian Drag Racing
11.00
Watersports World
Covering everything from elegant sailing to high-octane jet skiing and serene scuba diving.
12midnight Golf Extra
Join David Livingstone for news from the major tours on the current golfing circuit.
2.00am
Telegraph Action Sport
2.30 Hot Tuna Rebel TV
3.00-3.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Snow Show
12.30pm Asian Sports Show
Colour, passion and variety from Asia, the Middle East and Arabic North Africa.
1.00 Sports Unlimited
A look at the less publicised forms of sporting action.
2.00
Big Fights: Holmes v Frank
Vintage boxing footage from another classic bout.

3.00
A to Z of Motorsport
Tracing the history of the motor racing circuit.
3.30 Fastrax
Alternative sports show.
4.00
Three Sixty Surfing
4.30 Ice Hockey
Nick Rothwell presents two hours of exciting ice hockey action from the game of the week in the Sekonda Superleague.

6.30
European Tour Weekly
Get up-to-date with the latest Euro Tour news.
7.00 Telegraph Action Sport
7.30
Hot Tuna Rebel TV
Madcap series about the wilder aspects of sport.
8.00
Watersports World
Covering everything from elegant sailing to high-octane jetskiing and serene scuba diving.
9.00
Big Fight Countdown
A look ahead to the Naseem/Jones clash.
9.30 Australian Drag Racing
10.00-11.30pm Sky Premiership Classics: Newcastle United v Manchester United
Sit back and enjoy the action from St James' Park as as two title contenders, Newcastle United and Manchester United, play out an exhilarating encounter from 1996.

SCI-FI
ACTION PACK

8.00am Buck Rogers in the 25th Century
9.00 Land of the Giants
10.00 Lost in Space
11.00
The Six Million Dollar Man
12noon Babylon 5
1.00pm Quantum Leap
Goodnight, Dear Heart
2.00 Buck Rogers in the 25th Century
Return of the Fighting 69th

3.00 The Flash
The Flash – Part II
When his policeman brother is killed, Barry decides to use his new ability to get revenge.

4.00 Land of the Giants
The Weird World
The space travellers find the unbalanced survivor of an early space flight.
5.00 Lost in Space
Two Weeks in Space
Some fugitives from Galactic Control give Smith the idea of turning the Jupiter into a resort hotel.
6.00 The Six Million Dollar Man
Sharks – Part I
Steve Austin goes in pursuit of a hijacked submarine. With Lee Majors.
7.00 Quantum Leap
Goodnight, Dear Heart
Sam becomes a Fifties undertaker obsessed with uncovering the truth about the death of a beautiful girl.
8.00 Time Trax
A Stranger in Time – Part I
Darien Lambert fights to stop an evil scientist from sending criminals back in time from the future.
9.00
FILM: Strange Days
Ralph Fiennes, Angela Bassett, Tom Sizemore
Sci-fi thriller set in Los Angeles on the eve of the millennium. A former vice cop finds himself drawn into a sleazy world of money, power, corruption and paranoia when he becomes a dealer in hi-tech data-discs which hold recordings of human experiences. *1995*
11.45
Sci-Focus Special
Inside a recent blockbuster.
12midnight The Flash
Double Vision
1.00am FILM:
Piranha II: The Spawning
Tricia O'Neil, Steve Marachuk
Horror thriller sequel. *1981*
2.45 Sci-Focus Special
3.00-4.00am Babylon 5
Endgame

MTV
MUSIC & GAMES PACK

6.00am Select MTV
8.00 Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
With Zane Lowe.
12noon Mad 4 Hits
12.30pm Daily Edition
1.00 Mad 4 Hits
Back-to-back smashes.
2.00pm
The Lick R&B Chart Show
Presented by Trevor Nelson.

3.00 Bytesize MTV
A fast-cut window to the world of music television, featuring all the very best bits of MTV.

4.00 Select MTV
Transform your television set into a jukebox with the popular viewers' request show. Richard Blackwood is on hand to field viewers' choices and, if MTV has it, it will be played. Tune in for details about how to make a request.

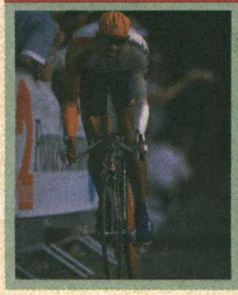
6.00 Bytesize MTV
Another constant barrage of bizarre moments from MTV stations around the world, in short soundbites.

7.00 Mad 4 Hits
Stand by for another 60 minutes of classic back-to-back chart smashes.

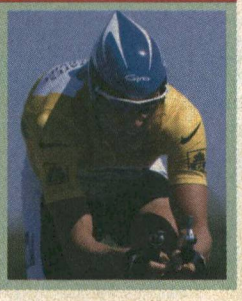
8.00 The Lick R&B Chart Show
Soul music aficionado Trevor Nelson takes a look at the hottest tracks from the UK R&B scene.

9.00 Daily Edition
Celebrity gossip with Emma Ledden and Edith Bowman.
9.30
Celebrity Death Match
Clay figures in combat.
10.00 MTV Live
Best live performances.
10.30
MTV Movie Special
A look at *Three Kings*, starring George Clooney.
11.00 brand:new
A tongue-in-cheek view of what's happening and who is about to be huge in the music industry, presented by Zane Lowe.
12midnight Yo!
MTV's weekly rap music show features guest hosts and interviews with some of hip-hop's hottest stars.
1.00am MTV Live
1.30 MTV Movie Special
2.00-6.00am Night Videos
Music through the night.

LIVE CYCLING: PARIS-NICE EUROSPORT 2.00PM



The Paris-Nice race is the first major action of the cycling season. As always at this time of year, there are new jerseys, fresh sponsors and various team transfers to get used to as well as following the progress of the race itself. It's the fourth stage today and among the men expected at the front are the Dutch 28-year-old up-and-comer Michael Boogerd (pictured, left) of the Rabobank team who won the event last year and Tour de France winner Lance Armstrong (pictured, right) of America.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview
10.05 Amy Lynn Baxter
11.15 FILM: Passion Cove
12midnight Freeview
12.10am
Wanna Be a Porn Star?
12.40 Polecats
1.00 FILM: Liars' Poker
2.10 Suburban Sex Secrets
2.40-4.00am FILM: En Garde

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am FILM: The Kiss
A woman pays lip service.
1.00 Five Minute Freeview
1.05 FILM continues
1.20
FILM: Virgin on the Run
2.30 FILM: Adult Feature
3.40-4.00am Beatrice

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Wednesday 8 March

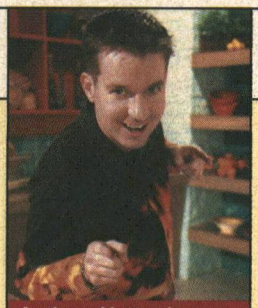
VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
A plethora of back-to-back hits and chart smashes.
1.00pm Greatest Hits: Tears for Fears
1.30 Pop-Up Video
More irreverent wit from the *Pop-Up* team.
2.00 Jukebox
Viewers get the chance to choose their favourite tracks, old and new in another back-to-back roller coaster of hits.
4.00 Planet Rock Profiles: Blur
Charting the Brit band's rise to fame.
4.30 Greatest Hits: Latino
5.00 Top Ten
Tune in and catch the latest up-to-the-minute rundown from VH1 Towers of all the week's hottest chartbusters.
6.00 Talk Music
The latest music news, live performances and reviews of new releases.
6.30 Greatest Hits: Tears for Fears
7.00 VH1 Hits
Another hour of huge hits and chartbusting smashes.
8.00 The Millennium Classic Years: 1993
A fire kills 72 people as a David Koresh-led cult stand-off ends with an assault on the building.
9.00 VH1 to One – Au Revoir Celine
A chat with the songstress.
9.30 Greatest Hits: Latino
The hottest Latino numbers.
10.00 Behind the Music: Gloria Estefan
A look at the remarkable rise to fame of the Cuban-born singer, featuring behind-the-scenes footage.
11.00 Behind the Music: Ozzy Osbourne
Tracing the ups and downs of the hell-raising rocker, with comments from family, friends and colleagues.
12midnight Pop-Up Video
12.30am Greatest Hits: Tears for Fears
1.00 Hey, Watch This! – Cartoons
An offbeat, irreverent look at UK and US culture.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
12.30pm Crocodile Hunter
1.00 Emergency Vets
A dog has a broken leg.
1.30 Pet Rescue
2.00 Harry's Practice
Harry treats an epileptic Dalmation and a Rottweiler with an injured paw.
2.30 Zoo Story
More drama and comedy with the staff of London Zoo.
3.00 Going Wild with Jeff Corwin
Khao Sok, Thailand
3.30 Croc Files
A look at the problems caused by wild pigs.
4.00 Croc Files
Steve and Terri Irwin meet some Australian crocodiles.
4.30 Aquanauts
Join a team of Californian coastguard paramedics.
5.00 Emergency Vets
Dr Fitzgerald examines a ferret's mysterious scab.
5.30 Zoo Chronicles
A lame zebra needs urgent veterinary attention.
6.00 Crocodile Hunter
Dinosaurs Down Under
6.30 Crocodile Hunter
Hidden River
Steve and Terri negotiate crocodile-infested rapids.
7.00 Pygmy Animals
Exploring the lives of dwarf wildlife species and the extraordinary lengths to which they have to go in order to survive.
8.00 Emergency Vets
Round-the-clock treatment for animal patients.
8.30 Emergency Vets
Round-the-clock treatment for animal patients.
9.00 Hunters of the Coral Reef
9.30 A Shark the Size of a Whale
A look at a large, rare and harmless tropical creature.
10.00 Wild Rescues
More tales of human and animal courage.
10.30 Wild Rescues.
More tales of human and animal courage.
11.00 Emergency Vets
An owner unable to pay for her dog's treatment gets an unexpected surprise.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



Andrew Nutter in 'Simply Baking'. Carlton Food Network 10.30am, 4.00pm

ITV2
ACCESS PACK

4.00pm Pump it Up
Contenders tackle the biggest, toughest inflatable assault course imaginable.
4.30 Board Wild
Sports show with music.
5.00 Gladiators
More challenges of speed, strength, stamina and agility between super-fit members of the public and the legendary Gladiators.
6.00 Grudge Match
Action-packed show in which adversaries come to grips. Presented by Nick Weir and Lisa Rogers, with referee Barry McGuigan.
7.00 NBA 2000
One of the week's top US basketball games.
8.00 High 5
Extreme sporting action.
8.30 World Sport Special
Sports news and features from around the world.
9.00 Trevor McDonald Meets...
9.30 Wish You Were Here...?
Travel show offering advice, information and ideas.
10.00 Catherine Cookson's The Secret
Freddie is devastated to learn that Belle has fallen in love with the wealthy, young Marcel Birkstead.
11.00 Coronation Street
Tonight's episode shown earlier on ITV. Text
11.30 Emmerdale
Shown earlier on ITV. Text
12midnight The Jerry Springer Show
Outrageous revelations with concluding words of wisdom.
12.50am Trisha
More heartwarming and hair-raising true stories shared.
1.50-2.20am Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Antiques Watch 11.30 House Doctor 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 How Does Your Garden Grow?
A panel of top gardeners deals with horticultural problems.
3.30 More Front Gardens
The Sloping Garden
Garden design show.
4.00 Travel Xpress
A look at gourmet cuisine from around the world.
4.30 Holiday in Style
Extended edition of the popular holiday show, with reports from Malta, Krakow, Norfolk, Calais, Bénodet and Bavaria.
5.30 Antiques Roadshow
The experts examine and value objects brought along by the public to Altrincham in Cheshire.
6.30 Real Rooms
Decor makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Find out where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 The Flower Show
Florist Jane Packer looks at stylish arrangements employing the colour silver.
9.00 Looking Good
Fashion and beauty series.
9.30 House Doctor
Ann Maurice shows how you can make your house more marketable.
10.00 Changing Rooms
Interior design challenge.
10.30 House Invaders
Linda Barker hosts the low-budget DIY show.
11.00 Garden Magic
Quick solutions to your gardening dilemmas.
11.30 The Green Room
Ideas for tiny gardens.
12midnight Gardeners' World
Britain's best-loved gardening show presented by Alan Titchmarsh.
12.30am-1.00am More Front Gardens
The Sloping Garden
Garden design show.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Igor – Child of Chernobyl 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Empire of Death 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Bubble Babies 12.45 City Hospital 1.45 Firefighters 2.15 Firefighters 2.45 Igor – Child of Chernobyl
Focusing on a child born soon after the nuclear disaster.
3.45 Battersea Dogs' Home
Daily snapshot of life at the famous canine refuge.
4.20 Vets in Practice
Highs and Lows
4.50 What Went Wrong?
A department store in Seoul collapses.
5.25 The Shop
The Christmas Bug
Retail documentary series.
5.55 City Hospital
Documentary in which Gaby Roslin and her team report on the triumphs and trials of patients and staff at Southampton General.
6.55 Back to the Floor
Back on Site
Bosses return to basics.
7.30 Accident and Emergency
Fly-on-the-wall series.
8.00 Vets in Practice
Highs and Lows
8.30 What Went Wrong?
A department store in Seoul collapses.
9.00 The Shop
The Christmas Bug
Retail documentary series.
9.35 Royal Wedding Bells
The Engagements
Sally Magnusson looks back over half a century of royal weddings.
10.35 Accident and Emergency
Fly-on-the-wall series.
11.05 Ancient Voices
Empire of Death
An examination of old African death rituals.
12.05am-1.00am The OJ Simpson Trial

UK PLAY:
1.00am People Like Us 1.35 Mark and Lard's Pop Upstairs Downstairs 2.05 Uncut Funk 2.50 Fugees' Dream Performances 3.20 Cherry Pop 3.35 Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Mauritius: The People, the Place, the Food 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Alex Factor 12noon Classic Dishes 12.30pm An Umbrian Kitchen 1.00 Coxon's Kitchen College 1.30 Spiceworld 2.00 Food Network Daily 2.45 Simply Fish
James Martin demonstrates how to cook fish. Today, he prepares seared smoked salmon.
3.30 Tessa's Tastebuds
Cinnamon and Cloves
4.00 Simply Baking
Sponges
Andrew Nutter prepares a Swiss roll.
4.30 Mridula's Indian Kitchen
5.00 Flash in the Pan
5.30 Classic Dishes
With Aldo Zilli.
6.00 Coxon's Kitchen College
6.30-7.00pm Five Star Cooking

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
In the Cold Light of Day
Join the men who capture walruses, moose and seals in Alaska and the Hebrides.
8.00 Above All Else
Join friends Jamie Clarke and Alan Hobson as they embark upon their third attempt to reach the summit of Mount Everest.
9.00 Flight Across the World
9.30 Surviving the Southern Traverse
Boyd Matson competes in a gruelling adventure race.
10.00 The City of Gold and How to Get There
Follow the trail of Sir Walter Raleigh through the jungles of Venezuela in search of Eldorado.
11.00 Explorer's Journal
Building the Future
Is nature trying to give humans a warning about the future of life on Earth?
12midnight-1.00am Return of the Kings
Discover how the Tswalu Desert Reserve, a 100,000 hectare area of bankrupt farmland, is now being repopulated with some kings of the wild – elephants, rhinos and cheetahs.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
Hosted by Peter Marshall.
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
With host Ted Rogers.
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Doing it Up 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman
With Russell Harris.
11.30 Kingsbury Square 12noon Hometime 12.30pm Hometime 1.00 Two's Country 1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Hooked on Fishing
Angling magazine.

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Freesports Acquisition 2 4.30 That Film Show 5.00 Scratch TV 5.15 Got Any Gear? 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Wednesday 8 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY
WORLD PACK

3.00 PM
4.00pm Rex Hunt Fishing Adventures
Holland's Landing
4.30 Discovery Today
Rolling news programme.

4.00 PM
5.00 Time Team
The Saxon Graves
The team set out to establish the full extent of a Saxon burial ground in a small Wiltshire village.

5.00 PM
6.00 Best of British
MG
A profile of this British marque, from its original status in the Thirties as an icon of motorsport.

6.00 PM
7.00 Ultra Science
Black Aircraft
7.30 Discover Magazine
Lost in Time
Is time travel possible?

7.00 PM
8.00 Lost Treasures of the Ancient World
Great Pyramids
A look at the history of the Pyramids in Giza, built thousand of years ago.

8.00 PM
9.00 Bullet Catchers
A look at bodyguards who risk their lives daily, including the American Secret Service and a top celebrity bodyguard.

9.00 PM
10.00 Exodus Earth
A film exploring what humanity will do when Earth dies. If we are to survive, we will have to find a new home.

10.00 PM
11.00 Ultimate Aircraft
Airstrike
Combat footage from Operation Deliberate Force in Bosnia.

11.00 PM
12midnight Black Box
Blaming the Pilot
A look at pilot problems that have resulted in fatal errors of judgement.
1.00am Discover Magazine
Lost in Time
1.30-2.00am Secret Mountain
With Chris Bonnington.

12.00 NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm The Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.
5.00 Dragonball Z
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

TNT
FAMILY PACK

9.00pm John Grisham's The Client
Legal drama series, based on the best-selling novel. Starring JoBeth Williams and John Heard.
10.00 FILM: Spymaker: The Secret Life of Ian Fleming
Jason Connery
Biopic of the former intelligence officer and creator of James Bond.
1991
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Live action.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Love a Wedding
7.30 Desmond's
8.00 Dharma and Greg
A Girl Can Dream Can't She
Dharma has a dream.
8.30 Mad About You
Sunday Time
9.00 Married... With Children
Queen the Sequel
9.30 Spin City
Miracle Near 34th Street
The mayor ruins Christmas.
10.00 Frasier
My Fair Frasier
10.30 Father Ted
Tentacles of Doom
A holy stone is upgraded to a 'Class II Relic'.
11.00 Drop the Dead Donkey
Helen's parents come to stay at her flat.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine show.
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice From Mars
5.30 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Home Shop!
8.30 The Gold Collection
9.30 Shop! Feature
10.00 Kids Shop!
11.00 Beauty Shop!
11.30 Gift Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Clothes Shop!
2.30 Entertainment Shop!
3.30 Jewellery Shop!
4.30 Home Shop!
5.30 Shop! Selection
6.00 Jewellery Shop!
Affordable designs.
7.00-7.30pm Bargain Shop!
Today's offers at low prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.00 News on the Hour 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 PMQs 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 PMQs 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 Fashion TV 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Nestor Burma: L'Homme au Sang Bleu 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon TV5 Infos 12.05pm Temps Présent 1.00 Journal 1.15 Nestor Burma: L'Homme au Sang Bleu 3.00 Journal 3.15 Questions. 3.30 Grands Gourmands 4.00 TV5 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Nestor Burma: L'Homme au Sang Bleu 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Au Nom de la Loi 9.00 Journal TV5 9.15 Docteur Sylvestre: Première Ex-Aequo 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.54am Swabimaan 1.15 FILM 4.00 Gurav 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00 Out and About 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Tara 9.00 Rishtey the Love Stories 10.00 Aarzoo 11.00 Khoobsurat 11.30 Amar Prem 12noon FILM 3.00pm Jeena Isi Ka Naam 3.30 Hip Hip Hurray 4.00 Raahat 4.30 Gubbare 5.30 Hasratein 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News Bulletin 8.30 Amanat 9.00 Zeharaab 10.00 Nagin 10.30 Making of a Legend 11.00 India's Most Wanted 11.30 Zee Horror Show 12midnight News Bulletin 12.30am Pakistan Business Week 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Life is for Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Deciding Your Destiny 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.45 Focus on Eastern Europe 3.30 Wall Street Report 4.15 South Africa Report 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Committees 7.00 The Record 7.30 Committees 9.30 Westminster Hall 2.00pm European Focus 2.30 House of Commons 3.00 PMQs 3.30 Commons 11.00 The Record 11.30-12midnight Europe

THE HISTORY CHANNEL
WORLD PACK

12noon
Hitler's Secret Diaries
12.55pm
100 Years Of Labour
1.00pm Classic Aircraft
1.30 Classic Aircraft
2.00 Biography
Roger Moore
3.00
Great Crimes and Trials
3.30 Spies
4.00 Secrets of War
5.00 Arms in Action
The First Firearms
6.00 A Deadly Deception
6.55pm
100 Years Of Labour
7.00 Classic Aircraft
Wings of Change
7.30 Classic Aircraft
Flying for Fun
8.00 Biography
Burt Lancaster
9.00
Great Crimes and Trials
John Dillinger
Public Enemy No 1
9.30-10.00pm Spies

TV TRAVEL SHOP
BONUS CHANNEL

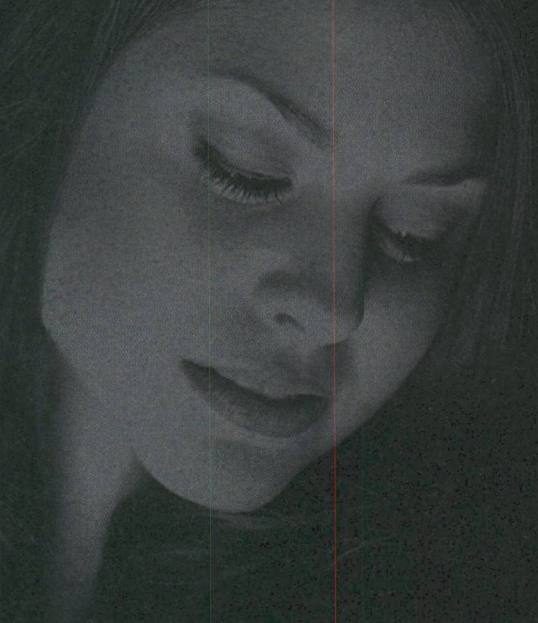
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

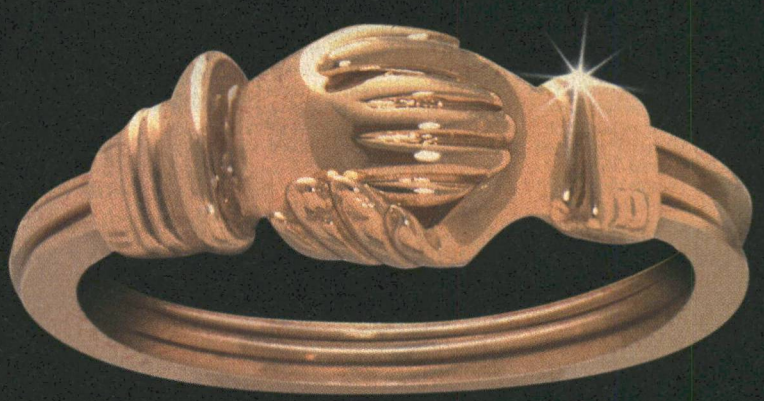
QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Elvis Music Hour at 6.00pm.

A perfect token of everlasting love set with a solitary diamond in nine carat gold

The Secret Diamond Ring





For hundreds of years, rings comprising of three separate fingerbands have been given as popular tokens of love and affection between couples and close friends. Now, inspired by this romantic gesture of everlasting love Brooks & Bentley is proud to announce *The Secret Diamond Ring*, hand-crafted by our master jewellers to create the perfect gift of true devotion.

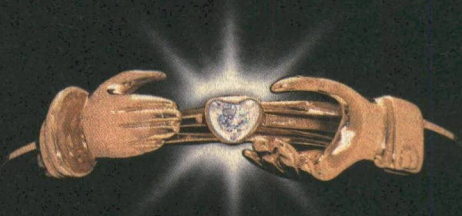
Three elegant bands of luxurious nine carat gold are ingeniously linked together to form one spectacular ring. Two delicate hands of gold are clasped firmly together to conceal a precious secret... for held within a heart of precious gold is a glittering white diamond, a gemstone symbolising purity and faithfulness.

The Secret Diamond Ring is available exclusively from Brooks & Bentley at the individual issue price of just £148.00* payable in ten interest-free monthly instalments. Each ring comes complete with a luxury presentation case and a Certificate of Authenticity, attesting to its valued status as a Brooks & Bentley original.

To experience the enigmatic beauty of *The Secret Diamond Ring* for yourself or as the ideal gift for someone special, please complete and return your reservation form by 5th April, 2000. Or telephone our Express Order Line on 0870 078 1111 today, to secure your order. You need send no money now. Ref: 2014066

'Thou sent'st me a true love knot: but I return a triple ring of gimmals to imply Thy love had one knot mine a triple tye.'

ROBERT HERRICK, 1591-1674



Mother's Day 2nd April

OUR PLEDGE OF COMPLETE SATISFACTION

Brooks & Bentley takes pride in offering works of uncompromisingly high standards of quality, created with care and dedication by skilled craftsmen. If you are not satisfied with your purchase for any reason, simply return it within one year for a replacement or full refund. This pledge is in addition to your statutory rights.

BROOKS & BENTLEY

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RESERVATION FORM FOR THE SECRET DIAMOND RING

Please telephone 0870 078 1111 or post by 5th April, 2000.

Please enter my reservation for *The Secret Diamond Ring*, to be hand-crafted for me in nine carat gold at the individual issue price of just £148.00* per ring. I need send no money now. I understand I will be billed in ten interest-free monthly instalments of £14.80, beginning when my ring is ready for despatch. To ensure a perfect fit, a ring sizer will be sent to me with my first invoice. I will be given the opportunity to pay by cheque, postal order, credit card or Switch.

*Plus £2.95 per ring for postage and packaging.

Mr/Mrs/Ms_____
PLEASE PRINT CLEARLY

Address_____

_____

Postcode_____ Telephone No._____

Ref: 2014066

Signature_____

Please allow 21 days for delivery. All orders are subject to availability and credit status.

We may allow reputable companies to write to you with offers which may be of interest.

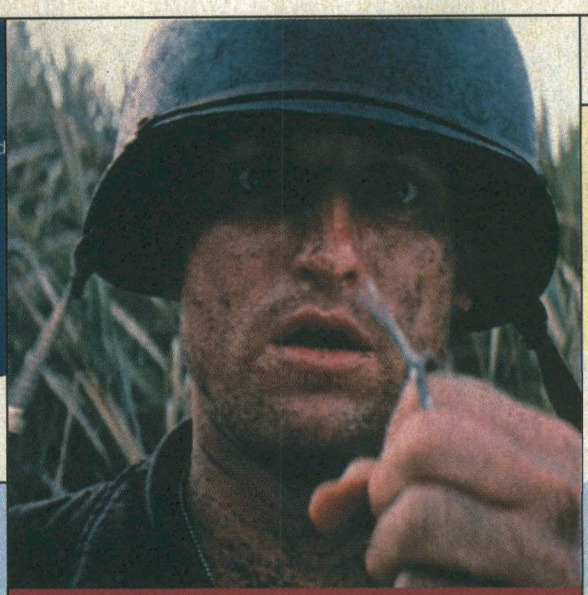
If you would prefer not to hear from them, please tick this box. ☐

Post to: Brooks & Bentley, Weald Court, 101-103 Tonbridge Road, Hildenborough, Tonbridge, Kent TN11 9RY.

Thursday 9 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



War is hell for Woody Harrelson in the epic drama 'The Thin Red Line'. Sky Box Office 3, see below

MORNING

SKY PREMIER
PREMIUM CHANNEL

6.00 AM
6.00am The Pirate Movie
1982, rating Sky PG, DS, 95 mins
8.00 The Staircase
1998, rating Sky PG, 92 mins
10.00 Paulie
Text *1998, rating Sky U, 88 mins*
12noon Cannonball Fever
Melody Anderson, Peter Boyle
1989, rating Sky PG, 91 mins
2.00pm Leona Helmsley: Queen of Mean
Suzanne Pleshette, Lloyd Bridges
Drama. A fascinating portrait of the rise and fall of the New York real estate monarch, whose pursuit of power and wealth proved to be both the key to her success and the reason for her ultimate downfall.
1990, rating Sky PG, 94 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am No More Baths!
1997, rating Sky U, 92 mins
8.00 Coyote Summer
1996, rating Sky U, 89 mins
10.00 Harvest
1993, rating Sky U, 90 mins
12noon Danielle Steel's Palomino
Lindsay Frost, Lee Horsley
1991, rating Sky PG, 90 mins
2.00pm Immediate Family
Glenn Close, James Woods, Mary Stuart Masterson, Kevin Dillon
Drama about two well-off, married yuppies who are unable to have a child together naturally. They strike a deal with an expectant, poverty-stricken, teenage couple, but complications soon begin to arise.
1989, rating Sky PG, 95 mins

SKY CINEMA
PREMIUM CHANNEL

3.00 PM
4.00pm
The Taming of the Shrew
Elizabeth Taylor, Richard Burton, Michael Horden, Cyril Cusack
Classical comedy. A lively adaption of Shakespeare's romp about an impetuous woman who is romanced and subdued by a handsome man. With a wonderful score, beautiful photography and a superb supporting cast. *1967, rating Sky U, 111 mins*

FILMFOUR
ADD-ON CHANNEL

6.00pm Housekeeping
Christine Lahti, Sara Walker, Andrea Burchill
Drama. An acclaimed, award-winning tale set in a small mountain town in Montana in the 1950s. It's a quiet, offbeat portrayal of a distinctly unconventional, wayward woman who brings up the adolescent orphaned nieces left in her care.
Text *1987, 111 mins*

Create your own personal TV diary: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

4.00 PM
4.00 Washington Square
Jennifer Jason Leigh, Albert Finney, Ben Chaplin
Drama about a young lady who believes that she has found the man of her dreams, but clashes with her father, who believes he is only interested in his daughter for her money. But she is determined to follow her heart, whatever the consequences. Text *1997, rating Sky PG, DS, 111 mins*

4.00 Coyote Summer
Vinessa Shaw, Adam Beach, Bruce Weitz, Cindy Pickett
Heart-warming drama about a maladjusted city teenager who is sent to spend the summer with her aunt and uncle on a ranch. Whilst in the country, the girl befriends a wild horse and slowly learns to come to terms with the anger and hurt inside her. *1996, rating Sky U, 89 mins*

5.00 PM
6.00 PM
6.00 Paulie
Gena Rowlands, Tony Shalhoub
Family comedy with a super-smart talking parrot who tells the tale of his life with wit and charm. After his first owner is forced to give him up, he embarks on a cross country escapade. Text *1998, rating Sky U, 88 mins*
7.30
Barry Norman's Film Night
Movie reviews and interviews.

6.00 Harvest
Ted Shackelford, Ron White,
Drama about a struggling farming family and the long-lost brother who returns after running away from his fiancee 20 years earlier. Mystery surrounds his reappearance, as his relations wonder what his motives are, especially the younger brother who had to run the farm alone.
1993, rating Sky U, 90 mins

6.00 Doris Day: It's Magic
Documentary about the actress, singer and animal rights champion Doris Day. The film follows her career from its earliest days in Ohio right through to her Hollywood movies such as *That Touch of Mink* and *Calamity Jane*. Featuring clips from her best-loved films and musical performances. *1998, rating Sky PG, 90 mins*

6.00pm Housekeeping
Christine Lahti, Sara Walker, Andrea Burchill
Drama. An acclaimed, award-winning tale set in a small mountain town in Montana in the 1950s. It's a quiet, offbeat portrayal of a distinctly unconventional, wayward woman who brings up the adolescent orphaned nieces left in her care.
Text *1987, 111 mins*

7.00pm
Here Comes Mr Jordan
Robert Montgomery, Evelyn Keyes, Rita Johnson
Classic fantasy comedy about a prize fighter who dies in a plane crash. But on reaching heaven he discovers that, due to a clerical error, he's been called up forty years too early.
1941, 93 mins

7.00 PM
8.00 PM
8.00 City of Angels
Nicolas Cage, Meg Ryan, Dennis Franz, Andre Braugher
Romantic drama about an angel who falls in love with a beautiful heart surgeon. Taking the highly unconventional step of making himself visible to her, he presents himself as an enigmatic stranger and considers renouncing his immortality to be with her. Text *1998, rating Sky 12, 109 mins*

8.00
Every Mother's Worst Fear
Cheryl Ladd, Jordan Ladd
PREMIERE Thriller in which a mother embarks on a frantic search for her naive teenage daughter who has disappeared.
1998, rating Sky 12, 88 mins
9.30 UK Top Ten
Find out which films are currently placed in the British box office top ten.

8.00 The Odessa File
Jon Voight, Mary Tamm
Spy thriller. Adaptation of Frederick Forsyth's best-seller about a German journalist who stumbles upon Odessa, a secret cell of Nazis, while tracing some SS men who vanished after World War II. His investigation also reveals their involvement in an international conspiracy. *1974, rating Sky 12, 123 mins*

8.00 Some Mother's Son
Helen Mirren, Fionnula Flanagan
Drama about the mothers of two IRA activists imprisoned for murder who are among the hunger strikers in 1981. The film shows the women as such contrasts (one bewildered, the other an activist) that it becomes a touching story about humans caught up in an ideology. *1996, 107 mins*

9.00 Punchline
Sally Field, Tom Hanks
Comedy drama about a housewife and mother who dreams of becoming a comic, and a brash young man with the same goal. A realistic and poignant look at the world of stand-up comedy, which manages to be compassionate and believable while avoiding easy answers and cliches.
Widescreen *1988, 128 mins*

9.00 PM
10.00 PM
10.00 Sphere
Dustin Hoffman, Samuel L Jackson, Sharon Stone,
Undersea thriller with a group of scientists investigating an alien craft found lying at the bottom of the ocean. The craft contains a mysterious sphere that may either contain, or actually be, intelligent life and the team must grapple with the mysteries it contains. Text *1997, rating Sky 12, 129 mins*
12.15am Eve's Bayou
Samuel L Jackson, Meagan Good
Text *1997, rating Sky 15, 104 mins*
2.05 Wilde
Stephen Fry, Jude Law
Text *1997, rating Sky 15, 112 mins*
4.05-5.50am Cannonball Fever
Comedy speedfreak caper.
1989, rating Sky PG, 91 mins

10.00 Blade Squad
Yancey Arias, Kirk Baltz
PREMIERE Sci-fi actioneer set in a chaotic future. Law and order is maintained by a maverick band of rollerblading youngsters who are known as the 'blade squad'. *1998, rating Sky 15, 85 mins*
11.30 Cyborg
Jean-Claude Van Damme
Action adventure set in a desolate future where human life is threatened by a virulent plague.
1989, rating Sky 18, 81 mins
12.55am Guy
Text *1996, rating Sky 18, 90 mins*
2.30 In God We Tru$t
1980, rating Sky 12, 93 mins
4.10-6.00am Immediate Family
1989, rating Sky PG, 95 mins

10.10 McQ
John Wayne, Eddie Albert, Colleen Dewhurst
Cop thriller about an ageing police officer who sets out to avenge the death of his partner. In doing so he uncovers corrupt elements of the police department dealing in confiscated drugs, and has to take them on himself. *1974, rating Sky 15, 106 mins*
12.05am Blue Steel
Jamie Lee Curtis, Ron Silver
1990, rating Sky 18, DS, 98 mins
1.50 The Odessa File
Jon Voight, Mary Tamm
1974, rating Sky 12, 123 mins
4.00-5.30am
The Man Behind the Gun
Randolph Scott, Patrice Wymore
1952, rating Sky 12, 79 mins

10.00 The Loneliness of the Long Distance Runner
Tom Courtenay, Michael Redgrave
Drama. State-of-the-nation film following a Borstal boy who 'escapes' by dint of his ability as a cross country runner. The governor wants him in the team to show the local public school a thing or two. Text *1962, 100 mins*
11.50 ... And Justice for All
Al Pacino, Jack Warden
Political satire about the corruption of the American legal system. Text *1979, 114 mins*
1.45am Farewell My Concubine
Leslie Cheung, Zhang Fengyi
1993, 155 mins
4.15-5.30am The Days
Liu Xiaodong, Yu Hong
Drama. *1993, 73 mins*

11.15 Quintet
Paul Newman, Vittorio Gassman
Unusual futuristic thriller. A wanderer drifts into a city where the citizens engage in a deadly game. Widescreen *1979, 110 mins*
1.15am Turtle Diary
Drama. *1985, 97 mins*
3.00 Punchline
Comedy drama. Widescreen
1988, 127 mins
5.15-7.00am
A Cry from the Streets
1959, 99 mins

11.00 PM
12.00
NIGHT TIME

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Swashbuckling adventure based on the classic legend. A man must find a saviour to combat a brutal scoundrel planning to buy California from Mexico. Stars Anthony Hopkins, Catherine Zeta-Jones and Antonio Banderas. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers trying to find the inner strength to carry on fighting on the Pacific island of Guadalcanal. Stars John Cusack, Nick Nolte and Adrien Brody. Text *1998, rating Sky 15 , 164 mins*
PLAYS AT 8.00am, 11.00am, 2.00pm, 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Acclaimed British drama about a painfully shy girl whose talent for mimicking the likes of Marilyn Monroe, Judy Garland and Edith Piaf is spotted by a seedy local promoter, who decides he is going to take 'Little Voice' to the top. Stars Jane Horrocks and Michael Caine. Text *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 9 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Here's the 411 Since the Last Show We've Done
Jenny offers an update on the fortunes of some of the show's former guests.
4.00 Pokémon
Tentacool and Tentacruel
4.30 Pokémon
The Ghost of Maiden's Peak
The friends battle a ghost who wants to steal Brock's spirit.
5.00 Star Trek: Voyager
The Chute
Kim and Paris are falsely accused of terrorist acts, and find themselves incarcerated in a horrific alien prison. Text
6.00 Friends
The One without the Ski Trip
Ross and Rachel's separation takes its toll on Chandler. Text
6.30 Dream Team
Scott is annoyed with Ann.
7.00 The Simpsons
Scenes from the Class Struggle in Springfield Text
7.30 The Simpsons
Bart the Murderer
Bart meets some mobsters. Text
8.00 Roswell High
Heat Wave
Science fiction drama series about a family of aliens living as humans among the residents of Roswell, New Mexico.
9.00 Friends
The One Where Ross Got High
An old secret involving Ross causes problems.
9.30 ER
How the Finch Stole Christmas
A murderer taunts Dr Corday, while Lucy goes to extreme measures to help her patient.
10.30 Veronica's Closet
Veronica's New Year
US sitcom starring Kirstie Alley.
11.00 Dream Team
Scott is annoyed with Ann.
11.30 Star Trek: Voyager
The Chute
Kim and Paris are falsely accused of terrorist actsm and get incarcerated in an alien prison. Text
12.30am Picket Fences
Heroes and Villains
Federal prosecutors choose Rome's court to prosecute Laurie Bey, the Dancing Bandit, on robbery charges.
1.30-7.00am Long Play
VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Someone Special
Lines and Skase investigate a possible arson attack.
3.30 The Bill
Bits and Pieces
4.00 EastEnders
Preparations get under way at the Vic for the big homecoming.
4.35 Neighbours
Philip faces controversy over Michael, and Benito goes Oriental.
5.00 Bugs
Hot Metal
A ruthless terrorist tries to get his hands on a new form of metal which will explode when certain sounds are directed at it.
6.00 The Brittas Empire
High Noon
Sacked from his job, Brittas finds a new post at a local garage.
6.35 The Liver Birds
The Maypole
Classic Liverpudlian sitcom.
7.10 Are You Being Served
His and Hers
A perfume rep causes trouble.
7.45
Keeping Up Appearances
Hyacinth and Richard go to stay in a country cottage.
8.20 Open All Hours
Classic sitcom about a miserly shopkeeper and his downtrodden nephew.
9.00 The Black Adder
Archbishop
Edmund gets his rival appointed Archbishop of Canterbury.
9.45 The Black Adder
The Queen of Spain's Beard
Edmund makes a move on one of Europe's most eligible princesses.
10.30
Only Fools and Horses
Happy Returns
A new spark in Rodney's life rekindles an old flame of Del's.
11.10 Casualty
Public Service
Tina faces up to her past, and Sam's friendship with Adam takes an unexpected turn.
12.15am The Bill
Someone Special
12.45 The Bill
Bits and Pieces
1.15 Hamish Macbeth
Destiny – Part I
2.10-2.45am Whatever Happened to the Likely Lads?
The Ant and the Grasshopper

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Mother Love gives more guests the opportunity to resolve their relationship problems by showing each other forgiveness.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.
5.30 Ready, Steady, Cook
Cookery show in which top chefs whip up exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous US talk show in which Jerry and his guests thrash out relationship issues.
7.00 Judge Judy
The outspoken New York family court judge rules on more real-life cases and conflicts.
7.30 Life, Camera, Action
True-life drama on camera.
8.00 Peak Practice
Popular medical drama series centring on the staff of a small general practitioner's set amid the scenic splendour of Derbyshire's Peak District.
9.00 FILM:
Shattering the Silence
Joanna Kerns, Michael Brandon
Drama about a woman who begins to recall repressed memories of childhood abuse. With the help of a psychiatrist, she realises that she and her sister were raped by her father, and suspects that her niece is now at risk. *1992*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love, introduced by *X-Files* star David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Upstairs Downstairs
7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl
8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Upstairs Downstairs 11.00 Hart to Hart
12noon Classic Coronation Street Text 12.30pm Emmerdale Text
1.00 Robin's Nest
1.30 Only When I Laugh
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Not That Much Different
McGarrett and his team face student hostility when they investigate the killing of a young peace movement leader.
4.00 Kojak
Unwanted Partners
Crocker's loyalties are divided when his old school friend becomes a police suspect. With Telly Savalas and Dan Frazer.
5.00 Hart to Hart
With This Hart I Thee Wed
The Harts witness a murder when the spiritual mentor and bridegroom of Jennifer's beloved aunt meets his untimely demise.
6.00 Emmerdale
Turner weds Shirley. Text
6.30
Classic Coronation Street
Bill Webster marries Elaine Prior and leaves for his new life. Text
7.00 Robin's Nest
Wish You Weren't Here
Nicholls suggests that the couple take a holiday.
7.30 Who Do You Do?
Comedy with Freddie Starr.
8.00 The Benny Hill Show
More sketches featuring comic characters, guest stars and a bevy of beauties. With Bob Todd, Henry McGee, Rita Webb and Nicholas Parsons.
9.00 Kojak
Two-Four-Six for Two Hundred
Kojak is baffled when a lawyer wants his client to remain in jail.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Magazine series featuring car launches, first drives and news.
11.30 Motorsport Mundial
More coverage of motorsport championships around the globe.
12midnight Grand Quiz Auto
Motoring quiz show.
12.30am Carfile
Ken Gibson, motoring editor of *The Sun*, attends the international launch of the Jaguar S-Type, and Richard Hammond takes the car out and puts it through its paces.
1.00-2.00am Drivetime
Morgan Experience

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Polie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Polie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Your favourite Disney characters.
4.00 Sabrina
Bewitching comedy. Text
4.30
Hercules: The TV Show
Hercules and the Spring of Canathus
5.00 Recess
Animated series from the creators of *Rugrats*. Text
5.30
My Best Friend is an Alien
Alien Timewarp Madness Text
6.00 Smart Guy
Book Smart
TJ learns not to undermine his teachers. Text
6.30 Microsoap
Kids' sitcom with Jeff Rawle.
7.00 FILM: Genius
Trevor Morgan, Emmy Rossum
Comedy about a child prodigy whose time is taken up by scientific work. Lacking a social life, he seeks to improve things in that area by enrolling in another school and posing as an average student. *1999*
8.25 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Rooting For the Home Team Text
9.10 Boy Meets World
Everybody Loves Stuart
Cory hits a professor. Text
9.35 Dinosaurs
Animatronic antics. Text
10.00 Home Improvement
10.30 Wonder Years Text
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Sphere
Sky Premier 10.00pm
Director Barry Levinson's second adaption of a Michael Crichton novel (his first was *Disclosure*) results in this tense sub-aqua sci-fi tale in which a team of specialists, including Dustin Hoffman and Sharon Stone, investigate an alien object on the ocean floor.

GENERAL

The Lost Temple of Java
UK Horizons 11.05pm
A documentary about the lost temple of Borobudur in central Java, which lay deserted and obscured by jungle for 1000 years. In the shape of a pyramid with four square and three round terraces, the building is covered by three miles of extraordinary carvings.

ADVERTISEMENT UK HORIZONS

AIRPORT 9.00PM
Check in with the Airport team and discover the unseen side on life that manages the world's busiest airports, Heathrow.

Thursday 9 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am
Nordic Combined Skiing
9.00 Biathlon – LIVE
Coverage of the World Cup in Lahti, Finland
10.30 Cross-country Skiing
Coverage of the World Cup in Oslo.
11.30 Speed Skiing
12noon Biathlon – LIVE
1.45pm Cycling – LIVE
Coverage of the fifth stage of the Paris–Nice race.

3.00 PM

4.00 PM
4.00 Biathlon
Coverage of the individual men's 20km event at the World Cup in Lahti, Finland.

5.00 PM
5.00
Alpine Skiing – LIVE
Coverage of the Night Slalom's first leg from the men's World Cup in Schladming, Austria.

6.00 PM
6.00 Biathlon
Coverage of the individual women's 15km event at the World Cup in Finland.

7.00 PM
7.00 Alpine Skiing
Highlights of the Men's World Cup in Schladming, Austria.
7.45
Alpine Skiing – LIVE
Coverage of the second leg of the Night Slalom from the men's World Cup in Schladming, Austria.
8.30 Boxing
Individual contest.

8.00 PM

9.00 PM
9.30 Football
Action from the second leg matches in the fourth round of the Uefa Cup.

10.00 PM
Featured matches include Werder Bremen v Parma AC, Celta de Vigo v Juventus, Leeds United v AS Roma, and Deportivo La Coruna v Arsenal.

11.00 PM
11.30-12.30am
On the Road
A preview of the new cycling season.

12.00

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Superstars
8.15 You're On Sky Sports!
9.00 Racing News
9.30 Aerobics Oz Style
10.00 Euro Tour Weekly
10.30 Euro Tour Golf: Qatar Masters – LIVE
1.30pm
Big Fight Countdown
2.00 Trans World Sport

3.00 Powerboat and Jetsport World
3.30
Big Fight Countdown
Prince Naseem Hamed v Vuyani Bungu preview.

4.00
Watersports World
A comprehensive guide to the best action on the water from powerboating to water-skiing.

5.00 World Wrestling Federation – Superstars
Join Kevin Kelly as he hosts a riveting, action-packed programme.

6.00
Sky Sports Centre
Latest news from the world of sports, presented by Matthew Lorenzo and Kirsty Gallagher.

7.00
Big Fight Countdown
Prince Naseem Hamed v Vuyani Bungu preview.
7.30 Football League Review

8.00 FIFA TV
A look at the world of international football.
8.30 Spanish Football
Enjoy plenty of attacking play, sublime skills and action from Spain's La Liga. The top division is currently vying with the English Premier League and Italy's Serie A for the description of 'the greatest'.

10.00
Sky Sports Centre
10.15
You're On Sky Sports!
Football fans get the chance to have their say.

11.00
Big Fight Countdown
11.30 Football League Review
All the recent Nationwide league action.
12midnight
Sky Sports Centre
All of the latest sports news.
12.15am FIFA TV
12.45 Spanish Football
2.15 Big Fight Countdown
2.45 You're On Sky Sports!
3.30-3.45am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Big Fight Countdown 8.45 Sky Sports Centre 9.00 Action Sport 9.30 Hot Tuna Rebel TV 10.00 Rugby League World 11.30 Big Fight Countdown 12noon Drag Racing 12.30pm America's Cup 2000 Highlights 1.30 Fastrax 2.00 Australian Drag Racing 2.30 Total Sport

3.00
America's Cup 2000 – Highlights

4.00 Motor Racing: Arctic Rally
Blizzards, frozen roads, and the incredible Northern Lights are conditions tackled in this unique race.

5.00 Australian Rally Championships
The Australians compete against the world's best.
5.30 Football League Review

6.00 The Rugby Club
Stuart Barnes, Dewi Morris and Mark Durden-Smith preview and review the latest rugby union action.

7.00 Tight Lines
Bruno Brookes and regular studio guest Keith Arthur discuss the latest angling activity and offer advice to fishing fanatics.

8.00 Australian Rally Championships
8.30
THQ British Motocross
Action from the THQ British Motocross Championship

9.00 Ford Golf USA: Honda Classic – LIVE
Golfing action from the PGA Tour with the start of the 2000 Honda Classic. The competition is staged at The Players Club in Coral Springs, Florida. The winner can expect to take home a cool $468,000 from this year's tournament.

11.00
What a Weekend
The best of the weekend's sporting action.
11.30 Thq British Motocross
12midnight
The Rugby Club
Review of all the latest rugby union action.
1.00am Tight Lines
2.00 Ford Golf USA: Honda Classic
4.00-4.15am
Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Total Sport
Lifts the lid on sports' issues.
12.30pm
Gold Coast Marathon
Runners compete along Australia's Gold Coast.
1.00
Telegraph Action Sport
With unaired footage from top extreme sports film-makers.
1.30 Hot Tuna Rebel TV
2.00
Sky Premiership Classics: Newcastle United v Manchester United
Title contenders meet at St James' Park in 1996.
3.30 Futbol Mundial

4.00
Rugby League World
The latest rugby league developments from around the world.

5.30
Inside the PGA Tour
Life behind the scenes on the PGA Tour.

6.00 Euro Tour Golf: Qatar Masters
Action from the 2000 Qatar Masters at the Doha Golf Course. The tournament boasts its usual strong field of players and Paul Lawrie is expected to return to defend his title. Last year the Scotsman beat off the likes of Danish star Søren Kjeldsen and Welshman Philip Price to claim a share of the 850,000 euros prize money. *Repeat from Sky Sports 1.*

9.00 The Rugby Club
Mark Durden-Smith, Stuart Barnes and Dewi Morris preview and review the latest rugby union action.

10.00-11.30pm
World Cup Classics: Holland v East Germany 1974
Vintage footage from the World Cup, with newcomers East Germany taking on the mighty team of Holland.

SCI-FI
ACTION PACK

8.00am
Battlestar Galactica
9.00 The Time Tunnel
10.00 Lost in Space
11.00 The Incredible Hulk
12noon Babylon 5
Rising Star
1.00pm Alien Nation
Three to Tango
2.00 Battlestar Galactica
The Gun on Ice
Planet Zero – Part II

3.00 Robocop
The Future of Law Enforcement – Part II
Robocop uncovers some of the city's darker secrets, while investigating murders.

4.00
The Time Tunnel
Visitors from Beyond the Stars
The time travellers fall into the hands of aliens.

5.00 Lost in Space
Castles in Space
The Robot fights like a bull to try and save an Ice Princess from abduction.

6.00
The Incredible Hulk
Killer Instinct
Banner signs on as an assistant trainer with a professional football team.

7.00 Alien Nation
Three to Tango
A murdered Newcomer turns out to be of the type highly revered in the Newcomer culture.

8.00 Babylon 5
Deathwalker
Will an infamous scientist perfect her experimental youth serum or be prosecuted for war crimes?

9.00 Babylon 5
Believers
Dr Franklin tries to save a dying alien child when his parents refuse a life-saving operation for him.

10.00 FILM: Timecop
Jean Claude Van Damme, Ron Silver, Mia Sara
Sci-fi action adventure. A timecop learns of a corrupt politician's plot to become president by abusing time travel technology. The battle between the senator and the timecop moves into the past. *1994*
12midnight Lexx
Gondola
1.00am FILM: Witchboard
Todd Allen, Tawny Kitaen,
Horror. Friends playing with an Ouija board unwittingly release the evil spirit of an axe murderer. *1987*
3.00-4.00am Babylon 5

MTV
MUSIC & GAMES PACK

6.00am Select MTV
Another chance to see viewers' favourite videos.
8.00 Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
12.30pm Daily Edition
1.00 Mad 4 Hits
2.00
All Time Top 10 Movie Soundtrack Videos

3.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world.

4.00 Select MTV
Live from the MTV studios in Camden Town. Transform your television into a jukebox with the popular viewers' request show. Tune in for details about how to get your favourite tunes on air.

6.00 Bytesize MTV
A window to the world of music television featuring all the best bits of MTV.

7.00 Mad 4 Hits
Back-to-back videos of chartbusting smashes and best-selling singles.

8.00
European Top 20
Eden Farrell with a rundown of the singles which are topping the charts on the Continent.

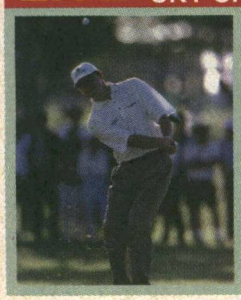
9.00 Daily Edition
The latest showbiz.
9.30
Celebrity Death Match
Clay models of celebrities fight it out in the ring.

10.00 The Late Lick
The perfect way to finish the day – a smooth mix of soul and R&B, courtesy of Trevor Nelson.

11.00 brand:new
Zane Lowe hosts the best in new releases, frank interviews and insider info on the music industry.

12midnight
US Top 20 Countdown
Toby Amies with a rundown of the tracks that have exploded Stateside.
1.00am The Late Lick
A smooth, relaxing mix of soul and R&B, courtesy of Trevor Nelson.
2.00-6.00am Night Videos

LIVE EURO TOUR GOLF: QATAR MASTERS SKY SPORTS 1 10.30AM



The Qatar Masters which begins today is the event which the Aberdonian Paul Lawrie (pictured, left) may have originally thought would be the highlight of his 1999 season. Not so, because after winning here last year the quiet Scot went on to triumph at the British Open at Carnoustie to really launch his career. Lawrie may well return to defend the title he won by holding off Danish star Søren Kjeldsen (pictured, right), to take the lion's share of the 850,000 euros prize money.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.05 Rendezvous 11.15 Eden
12midnight Freeview
12.10am Adult Feature
12.40 Adult Feature
1.05 No Man's Land: Memories of Alice
2.25 Our First Time
2.45 Stop-over Sex
3.35-4.00am LA Women

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am Adult Feature
12.25 Adult Feature
12.40 FILM: Affairs
1.00
The Five Minute Freeview
1.05 FILM continues
1.55 Adult Feature
2.20-4.00am Adult Feature

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Thursday 9 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
More irreverent humour and cheeky comments from the *Pop-Up* team.
9.00 Upbeat
1.00pm
Greatest Hits: Style Council
The greatest hits of Paul Weller's soul band.
1.30 Pop-Up Video
2.00 Jukebox
A chance for viewers to pick their favourite videos.

4.00 VH1 to One: Au Revoir Celine
VH1 bids a fond farewell to the popular singer.
4.30 Greatest Hits: Elton John
5.00 Top Ten
The latest up-to-the-minute rundown from VH1 Towers of the best videos around.

6.00 Planet Rock Profiles: Blur
A look at the Brit Pop band's rise to fame.
6.30 Greatest Hits: Style Council
7.00 VH1 Hits
A look at some of the biggest-selling hits of all time, plus the singles that have topped the charts over the years.
8.00 The Millennium Classic Years: 1978
The music of 1978, the year the first test tube baby was born, and Argentina won the World Cup.
9.00 Behind the Music: Duran Duran
Tracing the rise and fall of the popular 1980s band.
10.00 Behind the Music: Meat Loaf
The incredible life story of rock star Meat Loaf.
11.00 The Best of Live at VH1
The Beautiful South perform live from VH1's very own studios.
12midnight Talk Music
With Pip Dann.
12.30am Greatest Hits: Style Council
1.00 Hey, Watch This! – Cartoons
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Dinosaurs Down Under
Terri and Steve go to the famous site at Lark Quarry.
12.30pm Crocodile Hunter
Hidden River
The duo return to the rivers of northern Queensland.
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
2.30 Zoo Story
3.00 Going Wild with Jeff Corwin
Borneo
Jeff searches for the shy orang-utan in Borneo.
3.30 Croc Files

4.00 Croc Files
Steve and Terri Irwin follow a sea turtle's life.
4.30 Aquanauts
Navigating using the natural elements.
5.00 Emergency Vets
A dog hit by a car is brought in.
5.30 Zoo Chronicles
Three female elephants get a dental check up.
6.00 Crocodile Hunter
Travelling the Dingo Fence
6.30 Crocodile Hunter
Wild in the USA
7.00 Spirits of the Rainforest
How the rich rainforest canopy provides food and shelter for a myriad of birds and animals.
8.00 Emergency Vets
Another visit to the animal hospital in Denver.
8.30 Emergency Vets
A look at the work of vets fighting to save animal lives.
9.00 Deadly Reptiles
Stories of people's encounters with reptiles mixing real footage with reconstructions as well as scientific evidence.
10.00 Wild Rescues
Incredible tales of people saving animals – and animals saving people.
10.30 Wild Rescues
More incredible tales.
11.00 Emergency Vets
Dr Peterson treats a German shepherd.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

Celine Dion takes a break in 'VH1 to One – Au Revoir Celine'. VH1 4.00pm

ITV2
ACCESS PACK

4.00pm Board Wild
Coverage of international boarding events.
4.30 NBA Jam
Magazine programme for basketball fans.
5.00 UK Live
Series of concerts from London's Astoria.

6.00 Nuts and Bolts
A look at modern life in the valleys of South Wales, set in the fictional town of Ystrad. A couple enjoy their hen and stag nights.
7.00 NBA 2000
A top basketball game from the US.
8.00 World Football
Round-up of football action from around the world.
8.30 Reg and Harry's Classic Fight Night
Vintage boxing action.
9.00 Always and Everyone
Drama series set in the accident and emergency department of a busy city hospital. With Martin Shaw.
10.00 Emmerdale
Tonight's episode of the soap from ITV. Text
10.30 The Bill
The latest dramatic developments from the streets of Sun Hill. Text
11.30 The Jerry Springer Show
More outrageous revelations and confrontations.
12.20am Nuts and Bolts
A look at modern life in the valleys of South Wales, set in the fictional town of Ystrad.
1.20-1.50am
Planet Rock Profiles
In-depth musical profile.

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Wallpaper Hang? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Moving People 11.30 House in Spain 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Big Kevin, Little Kevin 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 Gardeners' World
3.00 Garden Magic
Instant solutions to gardening dilemmas.
3.30 More Front Gardens
The Corner Garden
4.00 Travel Xpress
Nina Sebastiane tries her hand at extreme winter sports in Canada.
4.30 Rough Guide to the World
Israel
Magenta De Vine and Simon O'Brien visit Israel.
5.30 Antiques Roadshow US
The US version of Britain's best-loved antiques programme.
6.30 Real Rooms
Simon Biagi and a team of expert decorators transform rooms in need of a revamp.
7.00 Can't Cook, Won't Cook
Hopeless cooks are helped to create a delicious meal.
7.30 Collectors' Lot
Series for collectors.
8.00 Change That
Interior design roadshow.
8.30 Which Craft?
A look at the art of painting pottery to spruce up the home.
9.00 Fantasy Rooms
Laurence Llewelyn-Bowen sets about turning a Basildon home into a rustic Roman villa.
9.30 Antiques Watch
10.00 Moving People
A family of six children move from Caernarfon to Wiltshire by train.
10.30 House Invaders
Home makeover show.
11.00 Ground Force
Milton Keynes
The team completes an abandoned gazebo project.
11.30 Gardening from Scratch
12midnight Show People
A visit to the BBC Good Food Show.
12.30am-1.00am
More Front Gardens
The Corner Garden
Creating a low-maintenance garden for pensioners living in semi-detached houses.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Igor – the Boy Who Dared 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 The Lost Temple of Java 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 Igor – the Boy Who Dared
3.45 Battersea Dogs' Home
Featuring the behavioural team which works with neglected or abused dogs.
4.20 Vets in Practice
Moving On
Craig and Alison decide to leave Bristol.
4.50 What Went Wrong?
A fuel storage and supply facility explodes.
5.25 Airport
Heathrow is fogbound.
5.55 City Hospital
Documentary in which Gaby Roslin reports on the lives of patients and staff at Southampton General Hospital.
6.55 Back to the Floor
Home Truths
7.30 Accident and Emergency
An old woman fights for her life after being hit by a car.
8.00 Vets in Practice
Moving On
Joe and Emma find their dream house.
8.30 What Went Wrong?
9.00 Airport
A missing flute causes trouble for Aeroflot.
9.35 Royal Wedding Bells
Preparations
Sally Magnusson tells the stories behind all the big royal weddings.
10.35 Accident and Emergency
Fly-on-the-wall series.
11.05 The Lost Temple of Java
12.05am-1.00am
The OJ Simpson Trial
Closing Arguments

UK PLAY:
1.00am Game On 1.30 Mark and Lard's Pop Upstairs Downstairs 2.00 New Comedy Awards 1999 2.25 The Chris Moyles Show 2.55 TOTP Plus 3.20 Cherry Pop 3.35 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Antony 9.30 A-Z of Food & Beauty 10.00 Cheese 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Celebrations 12noon Classic Dishes 12.30pm In Season 1.00 Coxon's Kitchen College 1.30 Winter Nosh 2.00 Food Network Daily 2.45 Simply Fish
3.30 Tessa's Tastebuds
Salt
Tessa prepares Freezer pickled cucumbers.
4.00 Simply Baking
Breakfast
4.30 Mridula's Indian Kitchen
Mridula cooks royal braised chicken.
5.00 Flash in the Pan
5.30 Classic Dishes
Sausage and mash.
6.00 Coxon's Kitchen College
6.30-7.00pm
Taste of the Times

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
The Lost Mummies
Ruth England watches as archaeologists unravel the secrets of the mummies.
8.00 Animal Minds
The complex behavioural patterns of animals.
8.30 The Scientist – The Shark and the Showman
9.00
Extreme Science
Join biologists as they voyage to the bottom of the Atlantic where submarines discover alien worlds.
10.00
The Science of Sex
To Have and to Hold
A look at the institution of marriage, and why so many marriages fail.
11.00
Explorer's Journal
The Dinosaur Killers
Steve McAllum tells the story of T Rex and other deadly dinosaurs.
12midnight
Civil War Games
Civil War devotees gather at Virginia's Cedar Creek to reenact a Civil War battle.
12.30am-1.00am
Return of the Lynx
The story of how the lynx was saved from extinction.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
Gameshow hosted by Bobby Davro.
8.00 Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
Irreverent news gameshow.
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Doing It Up 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.30 Kingsbury Square
12noon Hometime 12.30pm Hometime 1.00 Two's Country
You've Gotta Dig This
1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 The New Yankee Workshop
Chimney Cupboards
3.00 This Old House with Steve and Norm 3.30-4.00pm Screaming Reels

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Trainspotters 4.45 Eurospotters 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Thursday 9 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Mersey River
4.30 Discovery Today
Rolling news programme

5.00 PM

5.00 Time Team
The Guerilla Base of the King
A farmer wants to know if a marsh-encircled site was Alfred's hiding place.

6.00 PM

6.00 Formula One Racing
A look at the testosterone-fuelled world of Formula One racing, covering all areas of the track.

7.00 PM

7.00 Car Country
Cars of Eastern Europe

7.30 Discovey Today

8.00 PM

8.00 Shadow of the Assassin
Part two of the documentary exploring the secret world and history of the professional hit man.

9.00 PM

9.00 The FBI Files
Crime Spree
The FBI's efforts to catch a couple who embarked on a six-state-wide crime spree that left eight dead.

10.00 PM

10.00 Forensic Detectives
Presumed Dead
A look at the work of forensic pathologists in catching criminals.

11.00 PM

11.00 Battlefield
The Battle of Midway – Part II
How the fortunes of the Pacific War hinged on this midsea battle.

12.00 NIGHT TIME

12midnight Cosmic Safari
Examining the possibility of life beyond our solar system, including life on gas worlds and in the gas- and dust-filled regions between stars.
1.00am Discovery Today
Rolling news programme.
1.30-2.00am Ultra Science
Black Aircraft

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
Animated antics.
3.30 Fat Dog Mendoza
Animated canine capers.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
The girl power heroes fight off another attack on their hometown, Townsville.
5.00 Dragonball Z

6.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse duo.
6.30 The Flintstones
Stone Age antics.
7.00 Scooby Doo – Where Are You?
Ghoul-baiting fun.
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

TNT
FAMILY PACK

9.00pm WCW Nitro
Action in the ring with the latest bouts from the spandex-clad competitors of the WCW.

11.00 The Adventures of Brisco County Jr
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.
4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.
5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel

6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie compete against each other.
7.30 Desmond's
8.00 Dharma and Greg
The Dating Game
8.30 Mad About You
Out of the Past
Paul meets an old flame.
9.00 Married... with Children
The Gypsy Cried
9.30 Spin City
Same Time, Next Year
American sitcom.
10.00 Frasier
Desperately Seeking Closure
10.30 Father Ted
Think Fast, Father Ted
Ted holds a raffle.
11.00 Drop the Dead Donkey
Joy offers to pose in the nude for a photographer.
11.30 Whose Line is it Anyway?
12midnight Cheers 12.30am Roseanne 1.00 Newsradio 1.30 Duckman 2.00 Hitz 2.30 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

3.10 X-Men
Human/mutant conflict.
3.29 X-Press UK Connection
3.30 Inspector Gadget
Go, go gadget cartoon.
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.30 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Clothes Shop! 8.30 Jewellery Shop! 9.30 Clothes Shop! 10.00 Home Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Kitchen Shop! 2.00 Travel Bag 2.30 Sports Shop!
The latest range from a big sportswear brand.
3.30 Technology Shop! 4.30 Shop! Feature 5.30 Shop! Selection 6.00 Home Shop! 7.00-7.30pm Bargain Shop

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 4.00 News 5.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 World Business 6.00 Morning 6.30 Business 7.00 Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Movers 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Hot Spots 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.45am Business 1.00 Morning 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal Télévisé 5.30 Télématin 7.00 Journal Télévisé 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Docteur Sylvestre 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Au Nom de la Loi 1.00 Journal Télévisé 1.15 Docteur Sylvestre 3.00 Journal Télévisé 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Docteur Sylvestre 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Les Grands Jours du Siècle 9.00 Journal Télévisé 9.15 Entre Terre et Mer 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Aahwan 12.30pm Subah 1.00 Zameen Aasman 1.30 FILM 4.00 Take 2 4.30 Muthi Bhar Sitare 5.00 Kashkol 6.00 Golmaal 6.30 Videocon 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am MTV 123 1.15 FILM 4.00 Subah 4.30 Zamana Badal Gaya 5.00 Doosra Aasman 6.00 Holy Quran 6.30 DD Programme 7.00-7.30am Is Hafte Ki Kahani

ZEE TV
ADD-ON CHANNEL

6.00am Usha Uthap Show 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Body Matters 10.00 Zeharaab 11.00 Pot Luck 11.30 Amar Prem 12noon FILM 3.00pm Professor Pyarelal 3.30 Daayre 4.00 Raahat 4.30 Pride Antakshari 5.00 Aashiqui 5.30 Hasratein 6.00 Banegi Apni Baat 7.00 Hello Friends 7.30 Jaan 8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Chahat Aur Nafrat 10.00 Pakistan News Link 10.30 X Zone 11.30 Janam 12midnight News Bulletin 12.30am Zee Horror Show 1.00 Mast Must Show 1.30 Andaz 2.00 FILM 5.00 V3 5.30-6.00am Hey Ha Ho

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Word of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Potter's House 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.15 Fund Manager's Corner 4.30 Wall Street Report 5.00 US Market Report 5.15-6.00am South Africa Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 House of Lords 11.30 House of Commons 7.30pm House of Lords 11.00 The Record 11.30-12midnight European Focus

THE HISTORY CHANNEL
WORLD PACK

12noon A Deadly Deception 12.55pm 100 Years of Labour 1.00 Classic Aircraft *Wings of Change* 1.30 Classic Aircraft *Flying for Fun* 2.00 Biography *Burt Lancaster* 3.00 Great Crimes and Trials *John Dillinger Public Enemy No I* 3.30 Spies 4.00 Secrets of War *Secret Weapons of the Third Reich* 5.00 Rolls Royce 6.00 The Roman Catacombs 6.55 100 Years of Labour 7.00 The Harrier Jump Jet 8.00 Biography *Dwight D Eisenhower* 9.00 Great Crimes and Trials *The Manson Family Murders* 9.30-10.00pm Spies *Undercover in Damascus*

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Kitchen with Tefal at 9.00pm.

AA

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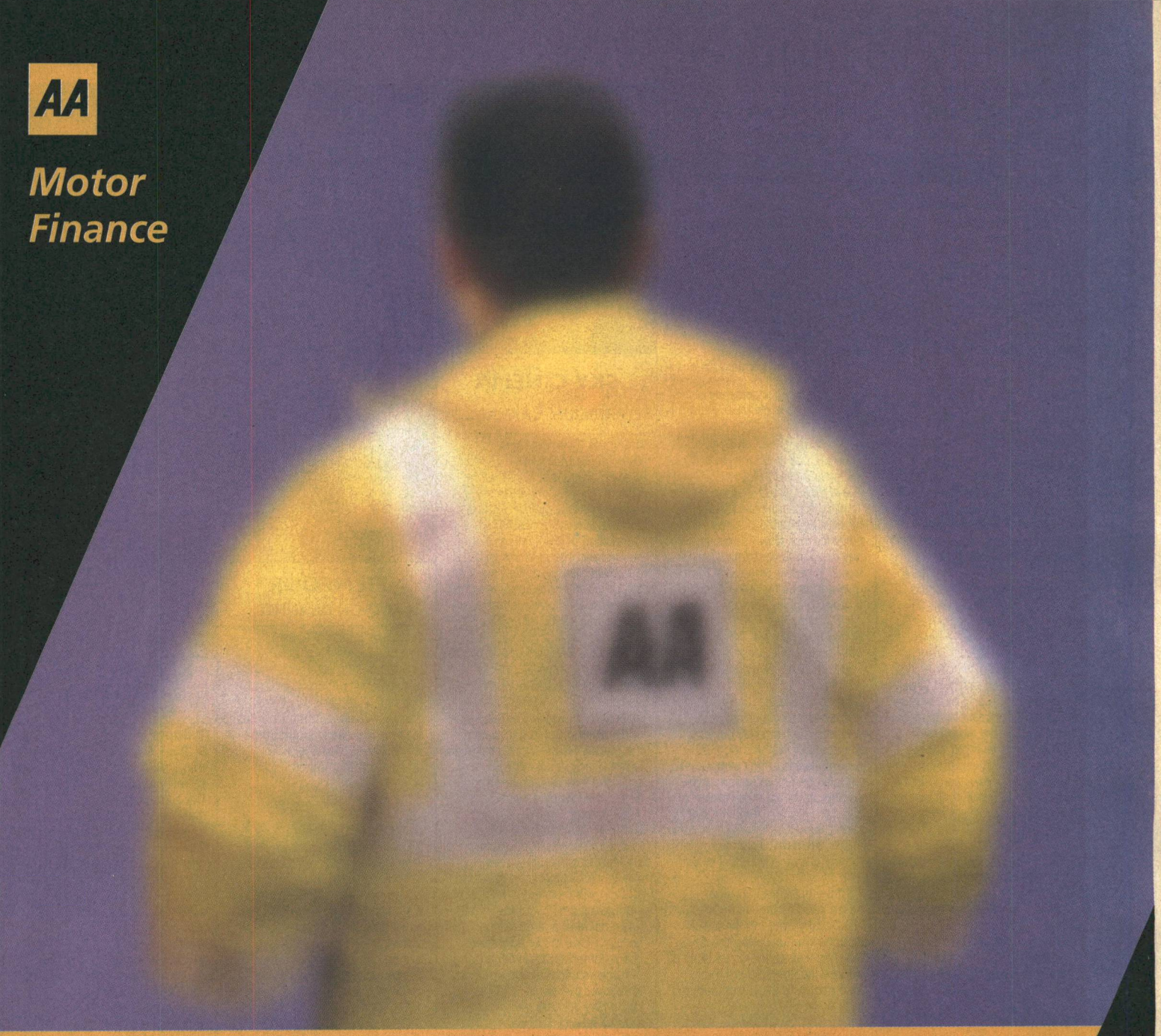

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Friday 10 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Legend of Cryin' Ryan
1998, rating Sky PG, 89 mins
8.00 About Sarah
1998, rating Sky PG, 89 mins
10.00 Zeus and Roxanne
Steve Guttenberg, Kathleen Quinlan
1997, rating Sky U, 94 mins
12noon Doctor Dolittle
Eddie Murphy, Ossie Davis
Family comedy. **Text** *1998, rating Sky PG, 82 mins*
2.00pm Great Expectations
Michael York, Sarah Miles, Margaret Leighton, James Mason
Adaptation of the Charles Dickens novel. A young orphan grows up under the watchful eye of an eccentric old lady, and falls in love with her haughty niece. *1974, rating Sky U, 119 mins*

4.05
Who Gets the Friends?
Jill Clayburgh, James Farentino, Lucie Arnaz, Thomas Callaway
Romantic comedy. A couple's marriage comes to an end when the husband decides he has fallen out of love. His wife has to face the fact that their friends have more in common with him. *1988, rating Sky PG, 90 mins*

6.00 Zeus and Roxanne
Steve Guttenberg, Kathleen Quinlan, Arnold Vosloo
Family drama. A marine biologist discovers that a dog has hidden aboard her research boat, and is intrigued when the animal makes friends with her captive dolphin. As the mismatched beasts' bond grows, so does the relationship between their owners. *1997, rating Sky U, 94 mins*

8.00 Doctor Dolittle
Eddie Murphy, Ossie Davis, Oliver Platt, Peter Boyle
Family comedy. A doctor realises he can talk to animals. Word spreads and he is soon inundated with sick creatures. However, the doctor's colleagues become annoyed with all the animal antics and try to persuade him to stick to human patients. **Text** *1998, rating Sky PG, 82 mins*

10.00 Fallen
Denzel Washington, John Goodman, Donald Sutherland
Supernatural thriller. A detective discovers that a serial killer, whom he sent to the electric chair, was possessed by an evil spirit. The entity was released when the killer died, and it is now down to the cop to destroy it before it destroys him. **Text** *1997, rating Sky 15, DS, 119 mins*

NIGHT TIME

12.05am
Gremlins 2: The New Batch
Zach Galligan, Phoebe Cates
1990, rating Sky 15, 102 mins
1.55 Hurricane Streets
Drama. **Text** *1997, rating Sky 15, DS, 89 mins*
3.30-5.20am Live Flesh
Spanish drama. **Widescreen** *1997, rating Sky 18, 97 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Sam Churchill – Search for a Homeless Man
1998, rating Sky PG, 92 mins
8.00 Love on the Edge
1998, rating Sky PG, 89 mins
10.00 Murder at 75 Birch
1998, rating Sky PG, 88 mins
12noon Danielle Steel's Daddy
Patrick Duffy, Lynda Carter
Moving drama. *1991, rating Sky PG, 91 mins*
2.00pm Love on the Edge
Sean Young, Perry King, Priscilla Barnes, David Groh
Adventure. A spoilt actress finds herself stranded after a car accident and is obliged to accompany a cowboy on his cattle drive. *1998, rating Sky PG, 89 mins*

4.00 Sam Churchill – Search for a Homeless Man
John Schneider, Robin Lively, Alex Rocco, Rudy Ramos
Thriller. A private eye faces his hardest case so far, when he is hired to track down a missing person. The investigation leads him to a house where the man in question is being held captive by a group of child pornographers. *1998, rating Sky PG, 92 mins*

6.00 Murder At 75 Birch
Melissa Gilbert, Gregory Harrison, Vyto Ruginis, Wendel Meldrum
Chilling fact-based drama. A man is suspected of murdering his wife and inadvertently causing the death of his brother. His sister-in-law is at first sympathetic, but also begins to suspect him, so she starts an investigation of her own into the deaths. *1998, rating Sky PG, 88 mins*

8.00 Buffalo Soldiers
Danny Glover, Timothy Busfield, Bob Gunton, Carl Lumbly
Fact-based drama about a sergeant in charge of an all-black US Cavalry troop on the trail of an Apache warrior during the Civil War. As well as the usual trials of military life, the soldiers must also deal with the racist taunts of their white officers. *1997, rating Sky 15, 91 mins*

10.00 Men of War
Dolph Lundgren, Charlotte Lewis, BD Wong, Catherine Bell
Action. A mercenary is sent to a South Sea island to seize land for a mining company. However, he has a change of heart and begins to fight for the locals, risking the wrath of his paymasters. *1994, rating Sky 18, 99 mins*

11.45 Last Seduction II
Joan Severance, Beth Goddard
Thriller. **Text** *1997, rating Sky 18, 94 mins*
1.25am Nil by Mouth
Moving drama. **Text** *1997, rating Sky 18, DS, 123 mins*
3.35 Love! Valour! Compassion!
Text *1997, rating Sky 18, 110 mins*
5.30-6.00am Action Heroes:

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

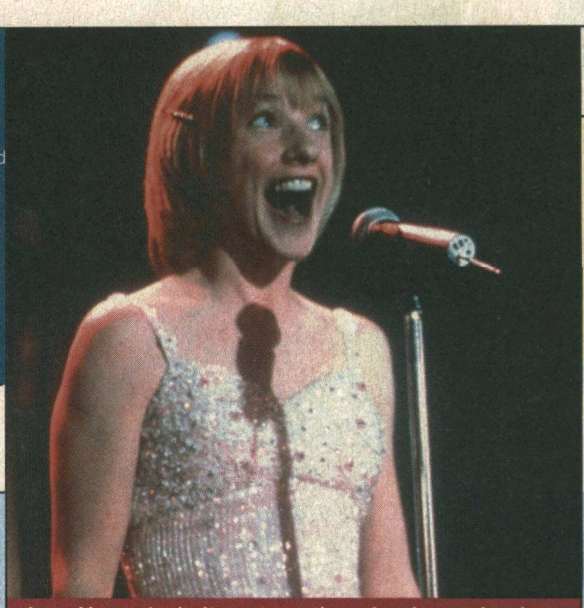
4.00pm The Victors
George Peppard, Albert Finney, George Hamilton, Eli Wallach
Drama following the lives and loves of Allied soldiers fighting in Europe during World War II. Consisting of a selection of short stories and interspersed with newsreel footage of life back in the soldiers' home countries, the film expresses obvious anti-war sentiments. *1963, rating Sky PG, 147 mins*

6.30 The War of the Worlds
Gene Barry, Anne Robinson, Les Tremayne, Lewis Martin
Adaptation of HG Wells' classic sci-fi story in which Martians land on Earth and begin decimating the planet. As the world struggles to fight back, a scientist is engaged in a desperate struggle to find the invaders' weakness. *1953, rating Sky PG, 82 mins*

8.00 Wait Until Dark
Audrey Hepburn, Alan Arkin, Richard Crenna, Jack Weston
Thriller. A blind woman, learning to cope with her recent loss of sight, accidentally comes into the possession of a large supply of heroin. Alone in her apartment, she is forced to deal with a gang of ruthless criminals determined to recover the drugs. *1967, rating Sky 15, 103 mins*

10.00 Night Game
Roy Scheider, Karen Young, Paul Gleason, Lane Smith
Thriller. A detective links a series of murders to the home record of a Houston basketball team. *1989, rating Sky 18, 92 mins*

11.35 A Kiss Before Dying
Matt Dillon, Sean Young, Max Von Sydow, Diane Ladd
Thriller. A sociopath will stop at nothing to gain wealth and power. *1991, rating Sky 18, DS, 89 mins*
1.10am Soldier of Fortune
Clark Gable, Susan Hayward
Adventure set in China. *1955, rating Sky PG, 92 mins*
2.50 A Kiss Before Dying
1991, rating Sky 18, DS, 89 mins
4.25-5.55am Barricade
1949, rating Sky PG, 72 mins



Jane Horrocks belts out another classic number in 'Little Voice'. Sky Box Office 4, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Films
Featuring short films, commercials, interviews, reports and insights into the often neglected world of short films. In part a showcase of the very best in short films from around the world, this is also a look at up-and-coming names.

8.00 Raising Arizona
Nicolas Cage, Holly Hunter, Trey Wilson, John Goodman
Comedy by Joel and Ethan Coen. Unable to have children of their own, a couple hear on the news about a tycoon's new-born quintuplets. They conspire to kidnap one of them, and thus become caught up in a zany spiral of crime and farce. **Text** *1986, 91 mins*

10.00 Death Race 2000
David Carradine, Sylvester Stallone, Simone Griffeth
Sci-fi action. Competitors enter a car race across the US in which they win points for dead pedestrians. **Text** *1975, 80 mins*

11.25 The Man in the Lower Left Hand Corner of the Photograph

11.45 Freaks
Olga Baclanova, Harry Earles
Chilling melodrama set in a circus. *1932, 64 mins*
12.50am Ah Pook Is Here
1.00 Brewster McCloud
Bud Cort, Sally Kellerman
Fantasy comedy. *1970, 105 mins*
2.50 Eden
Drama. *1996, 118 mins*
4.40-6.00am The Cosmic Man
Science fiction. *1959, 69 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm
A Tree Grows in Brooklyn
Peggy Ann Garner, James Dunn, Dorothy Maguire, Joan Blondell
Oscar-winning drama about the trials and tribulations of a turn-of the-century family living in Brooklyn. Based on the best-selling novel by Betty Smith, the story is told from the point of view of a girl struggling to deal with her alcoholic father. *1945, 128 mins*

9.30
Moscow on the Hudson
Robin Williams, Maria Conchita Alonso, Alejandro Rey
Comedy drama. A Russian saxophone player who works in a circus decides to defect on a trip to New York. Befriended and given a place to stay by a security guard, the musician makes a slow transition from Russian to American citizen. *1984, 115 mins*

11.30 Memories of Me
Billy Crystal, Alan King, JoBeth Williams, Janet Carroll
Comedy about a heart surgeon and his estranged father. *1988, 105 mins*
1.30am Table for Five
Jon Voight, Richard Crenna
Drama. *1983, 122 mins*
3.45
The Man Who Changed His Mind
Sci-fi horror. 1936, 61 mins
5.00-7.00am Eye Witness
Courtroom drama. *1950, 120 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Epic swashbuckling adventure. A former fighting hero known as Zorro embarks on a quest to find a successor. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. **Text** *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
Epic war drama focusing on a group of soldiers trying to find the inner strength to carry on fighting when they are sent to a Pacific island. Stars Sean Penn, Adrien Brody and Jim Caviezel. **Text** *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 11.00am, 2.00pm, 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Acclaimed British drama about a painfully shy girl with a talent for mimicking the likes of Marilyn Monroe, Judy Garland and Edith Piaf. A seedy local promoter becomes aware of her gift and decides he is going to take 'Little Voice' to the top. Stars Jane Horrocks and Michael Caine. **Text** *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 18 and 19 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 10 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
How Could You Look into My Eyes and Tell Me Those Lies
Jenny's guests today confront the people who broke their promises to them.

4.00 Pokémon
Bye Bye, Butterfree
Ash's Butterfree falls in love with another Pokémon.

4.30 Pokémon
Abra and the Psychic Showdown

5.00 Star Trek: Voyager
The Swarm
As *Voyager* prepares to cross through the territory of an unknown race, the Doctor has a major problem. Text

6.00 The New Adventures of Superman
The Family Hour
A criminal with telekinetic powers threatens Lois and Clark's parents. With Dean Cain.

7.00 The Simpsons
Home Sweet Homediddley-Dum-Doodily

7.30 The Simpsons
Homer vs Lisa and the 8th Amendment Text

8.00 Buffy the Vampire Slayer
Hush
A group of murderous creatures straight out of a fairy tale steal the townspeople's voices.

9.00 Angel
Parting Gifts
Wesley joins Angel and Cordelia as he pursues a demon which mutilates creatures possessing supernatural powers.

10.00 FILM: Fatal Attraction
Michael Douglas, Glenn Close, Anne Archer, Ellen Foley
Thriller about a New York attorney who enters into a very dangerous liaison with a glamorous career woman who reacts violently, showing increasing signs of mental derangement, when he decides to return to his family. *1987*

12.15am Feature
12.30 Star Trek: Voyager
The Swarm Text
1.30 Picket Fences
Changing of the Guards
Marcia Lawson admits to Wambaugh that she killed her husband. Meanwhile, Rome searches for a new mayor.
2.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00 All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Home Help
3.30 The Bill
Kicked Out
Jarvis and Page are called in to help in a deportation.

4.00 EastEnders
Pat discovers Frank has gone behind her back.

4.35 Neighbours
Philip finds a home for Michael, but not for long.

5.00 Bugs
A Sporting Chance
The team visits a sports academy to investigate the development of a new drug. The man behind it has other ideas.

6.00 The Brittas Empire
The Old, Old Story
Songs of Praise is presented from the leisure centre.

6.35 The Liver Birds
Honey

7.10 Are You Being Served?
Diamonds Are a Man's Best Friend

7.45 Keeping Up Appearances
Hyacinth makes some very expensive holiday plans.

8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew, Granville.

9.00 One Foot in the Grave
Dreamland
Victor has fun with a chimpanzee.

9.40 Silent Witness
Blood, Sweat and Tears – Part II
Sam has to work with an old flame to investigate the death of an apparently fit young boxer.

10.45 Yes, Prime Minister
A Conflict of Interest
Sir Humphrey finds new ways to thwart the PM.

11.25 The Bill
Home Help
11.55 The Bill
Kicked Out
Jarvis and Page are called in to help in a deportation.
12.25am Red Dwarf IV
Camille
1.00 Red Dwarf IV
DNA
1.35-2.45am Hamish Macbeth
Destiny – Part II
Kenneth and Ava have stolen the Stone of Destiny.

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Weddings Down Under
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00 Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people with dilemmas.

3.50 Forgive or Forget
Host Mother Love deals with real problems in a variety of personal relationships.

4.40 Maury Povich
Talk show dealing with personal and emotional conflicts, hosted by veteran broadcast journalist Maury Povich.

5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.

6.10 The Jerry Springer Show
Outrageous American talk show with Jerry Springer and a collection of outspoken guests.

7.00 Judge Judy
Judge Judy Sheindlin presides over a series of real-life cases and conflicts.

7.30 Life, Camera, Action
Real-life dramas.

8.00 Peak Practice
Drama series about a rural general practice set in Derbyshire's Peak District. Starring Kevin Whately and Amanda Burton.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker.

10.00 FILM: Betrayed
Tom Berenger, Debra Winger, John Heard, Betsy Blair
Thriller. An FBI agent is sent undercover to investigate the activities of white supremacists begins to fall for the man she has been sent to watch. Her cover begins to look increasingly unconvincing. *1988*

11.50-12midnight Sex Bites

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 Robin's Nest 1.30 Only When I Laugh 2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Six Kilos
McGarrett infiltrates a highly sophisticated syndicate by assuming the identity of a safe-cracker. With Jack Lord.

4.00 Kojak
Two-Four-Six for Two Hundred
Kojak is baffled when a very sophisticated thief fails to steal a truck and the thief's lawyer wants his client to remain in prison.

5.00 Hart to Hart
Million Dollar Harts
During a trip to London, Jennifer reluctantly becomes both Lady Luck and carrier pigeon to a mysterious baron.

6.00 Emmerdale
Frank has some bad news. Text

6.30 Classic Coronation Street
Christine Millward finally catches up with Mike Baldwin. Text

7.00 Robin's Nest
The Headhunters of SW6
Robin is offered a lucrative and challenging post.

7.30 Who Do You Do?
Light entertainment series.

8.00 The Benny Hill Show
Benny returns with a selection of characters including Fred Scuttle's health and keep fit group, and an English country garden with Percy Thrower.

9.00 Kojak
Trade Off
Captain McNeil's wife is kidnapped by a drug dealer.

10.00 Rising Damp
10.30-11.00pm The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Garry Bushell Reveals All
Garry Bushell and his panel of guests spill the beans.
11.30 The G Spot
Hosted by Terry Christian.
12midnight Showgirls
A look at what it takes to make it as a top showgirl.
12.30am Beach Bash
Sandy stuff.
1.00 E! Wild On...
The South Seas
A look at the South Sea islands of Fiji and Hawaii.
1.50-2.00am Crash of the Titans

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Polie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Classic Toons
Watch your favourite classic Disney characters.

4.00 Sabrina
When Sabrina's around there's always trouble brewing.

4.30 Hercules: The TV Show
Hercules and the Big Show Text

5.00 Recess
Animated series from the creators of *Rugrats*.

5.30 My Best Friend is an Alien
Alien Snogorama Snafui Text

6.00 Smart Guy
Love Letters
TJ attempts to help Marcus. Text

6.30 Microsoap
Kids' sitcom.

7.00 FILM: The Rescuers Down Under
Voice of Bob Newhart
Animation. The Rescue Aid Society goes to Australia to free a kidnapped eagle and a young boy. Text *1990*

8.15 Honey, I Shrunk the Kids: The TV Show
Honey, She's Like a Fish Out of Water
Amy tries a new cream. Text

9.00 Boy Meets World
Poetic Licence: An Ode to Holden Caulfield Text

9.30 Dinosaurs
An unusual view of human problems. Text

10.00 Home Improvement
10.30 The Wonder Years
11.00 Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

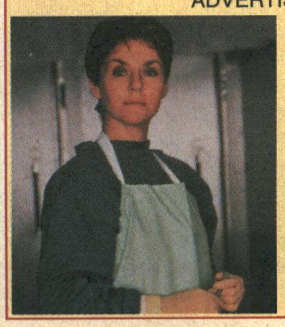
FILM

Freaks
FilmFour 11.45pm
A once-banned, grotesquely imagined curio whose cast comprises many genuine circus freaks, this 1932 Tod Browning horror film has a reputation for being a particularly cruel piece. But it displays a deep compassion for its players. The feverish climax still shocks.

GENERAL

The Hunger
Sci-Fi 9.30pm
The premiere of the second season of brothers Ridley and Tony Scott's *The Hunger* is hosted by none other than David Bowie. In the first episode of this erotic and bizarre series, Bowie stars in a strange tale about a drifter seeking help from a disturbed and imprisoned artist.

ADVERTISEMENT

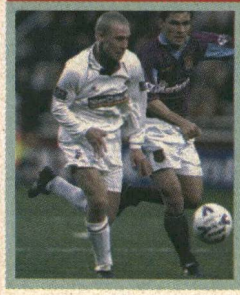


UK GOLD
SILENT WITNESS 9.40PM
This tough contemporary thriller stars Amanda Burton as Sam Ryan, a forensic pathologist driven in pursuit of the truth. Her refusal to quit brings to light new evidence that dramatically alters the course of police investigation.

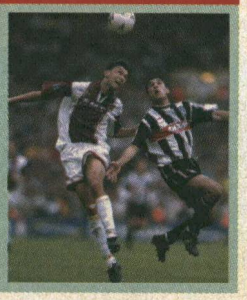
Friday 10 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Biathlon** **9.00 Football** **11.00 Alpine Skiing** Action from the men's World Cup in Austria. **12noon Biathlon – LIVE** The women's 4 x 7.5km Relay in Lahti, Finland. **1.30pm Snowboard** The FIS World Cup from Park City, USA. **2.00 Cycling – LIVE** Coverage of the sixth stage of the Paris-Nice race.	**7.00am Sky Sports Centre** **7.15 What a Weekend 7.45 Football League Review** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Football League Review 10.30 Euro Tour Golf: Qatar Masters – LIVE** **1.30pm Big Fight Countdown** **2.00 The Rugby Club**	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 Big Fight Countdown** **8.45 Sky Sports Centre** **9.00 Tight Lines** **10.00 The Rugby Club** **11.00 Big Fight Countdown** **11.30 Spanish Football** **1.00pm THQ British Motocross** **1.30 Ford Golf USA: Honda Classic** A further opportunity to witness all of the major talking points of the event.	**12noon Trans World Sport** An hour of power-hitting, high scoring, non-stop action. **1.00pm Tight Lines** Bruno Brookes and regular guest Keith Arthur discuss the latest angling activity. **2.00 World Cup Classics: Holland v East Germany** Holland and East Germany clash in 1974 in the latest edition of the popular show. World Cup Classics has all the great moments from the showcase event in the people's game. **3.30 FIFA TV** An insight into all areas and levels of football.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *Pool Hall Blues* **2.00 Buck Rogers in the 25th Century** *Unchained Woman*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** New releases, frank interviews and insider info on the music industry. **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 MTV Dance Floor Chart Show**
3.00 PM		**3.00 Australian Rally Championships** Action from the Australian Rally Championship. **3.30 What a Weekend** Sporting action.	**3.30 Watersports World** A comprehensive guide to the best action, from powerboating to canoeing. **4.30 The Rugby Club** Stuart Barnes and Dewi Morris round up the latest rugby union action, as well as interviewing some big names in the sport. **5.30 Moto Plus** The motoring show for those who really do enjoy life in the fast lane.		**3.00 The Flash** *Out of Control* Someone, or something, is killing the street people of Central City and leaving their corpses disfigured.	**3.00 Bytesize MTV** A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
4.00 PM	**4.00 Biathlon** Coverage of the women's 4 x 7.5km at the World Cup in Lahti, Finland.	**4.00 Trans World Sport** With in-depth news and information reporting on everything from the normal to the downright bizarre.		**4.00 Spanish Football** David Bobin introduces a highlights round-up from La Liga, featuring the best of the recent matches from Spanish football's top flight, showcasing some of the world's finest players. **5.30 Gillette World Sport Special** A comprehensive report on some alternative sports.	**4.00 Land of the Giants** *The Golden Cage* Mark is nearly tricked into betraying his friends by a Lorelei-like girl.	**4.00 Select MTV** Enjoy special guest appearances by some of pop's brightest stars, and choose a video yourself from the menu.
5.00 PM	**5.00 Ski Jumping – LIVE** Coverage of the K120 event at the World Cup in Trondheim, Norway	**5.00 Futbol Mundial** All the footaball action from the world game. **5.30 What a Weekend** The very best of the weekend's sporting action.			**5.00 Lost in Space** *Anti-Matter Man* John Robinson's evil doppelganger from another anti-matter world tries to take his place.	
6.00 PM		**6.00 Sky Sports Centre** Catch up with the latest from the world of sport with Matthew Lorenzo and Kirsty Gallacher.	**6.00 Extreme Sailing** Breathtaking sailing action from around the world. **6.30 Inside the Senior PGA Tour** Behind the scenes action.	**6.00 Max Power** Touring cars, single seaters, road racing and off-road events are packed together in a weekly dose of truly international action.	**6.00 The Six Million Dollar Man** *Sharks – Part II* Steve is held captive by the gang hijacking a nuclear submarine.	**6.00 News Weekend Edition** **6.30 UK Singled Out** The show where a lucky few get to pick their date from the audience.
7.00 PM	**7.00 Football** Highlights.from the matches in the Uefa Cup fourth round, second leg.	**7.00 Big Fight Countdown** The build-up to the world featherweight title fight. **7.30 Euro Tour Golf: Qatar Masters** Highlights from the second day's play in the 2000 Qatar Masters at the Doha Golf Course. Find out who makes the cut in this latest event on the European Tour. Commentary comes from Ewen Murray and Bruce Critchley.	**7.00 Football League: Swansea City v Northampton Town – LIVE** Join Marcus Buckland as he introduces another evening of top Nationwide League entertainment as Swansea City take on Northampton at the Vetch Field in the Third Division. With commentary from the regular duo of Rob Hawthorne and summariser Alan Brazil.	**7.00 Arctic Rally 2000** Blizzards, frozen roads, and the Northern Lights are the main ingredients of this unique race.	**7.00 Quantum Leap** *Pool Hall Blues* Sam Beckett leaps into the body of a legendary Chicago pool player who is about to be challenged.	**7.00 Mad 4 Hits** A rollercoaster of uninterrupted music videos featuring the latest from the MTV playlist, plus a number of exclusives.
8.00 PM				**8.00 Gillette World Sport Special** Alternative sports report, hosted by David Jensen. **8.30 Big Fight Countdown**	**8.00 Cybernet** A weekly look at the world of computer games. **8.30 The Net** *Transplant* High-tech action series based on the hit film.	**8.00 MTV Dance Floor Chart Show** June Sarpong hits the clubs and counts down the tracks that are filling the dancefloors of the UK.
9.00 PM	**9.00 Football** Archive footage of legends of the European Championship.			**9.00 Max Power** Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of truly international action.	**9.30 The Hunger** *Sanctuary* **NEW SERIES** A young drifter appears at an abandoned prison.	**9.00 News Weekend Edition** **9.30 Celebrity Death Match** Celebrities pitted against each other in a ring.
10.00 PM	**10.00 SportsCentre** Sports news bulletin. **10.15 Short Track Speed Skating** Coverage of the World Championships in Sheffield.	**10.00 Big Fight Countdown** The build-up to the world featherweight title fight. **10.30 Sky Sports Centre** Catch up with the latest from the world of sport with Matthew Lorenzo and Kirsty Gallacher.	**10.00 Ford Golf USA: Honda Classic** Action from TPC at Heron Bay in Coral Springs, Florida, as the finest stars on the PGA Tour aim to make the cut on day two of the 2000 Honda Classic.	**10.00-12midnight World Wrestling Federation – Late Night – Raw** Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. With classic matches and celebrity guests, this show is unmissable.	**10.00 FILM: The Kiss** *Joanna Pacula* Horror. A woman leads a normal suburban existence until the mysterious death of her mother and the simultaneous arrival of her exotic, beautiful, jet-set aunt Felice, whom she has never met. She soon fears that a family curse has passed onto her. *1988*	**10.00 Sex in the 90s – Generation Sex** An honest uncensored look at sexuality. **10.30 Downtown** Acclaimed animation.
11.00 PM	**11.15 Ski Jumping** Coverage of the K120 event at the World Cup in Trondheim, Norway.	**11.30 Hold the Back Page** The sports headlines.				**11.00 Total Request** Programmed exclusively by the viewers, MTV counts down the most requested current videos of the week.
12.00 NIGHT TIME	**12.15am-12.30am SportsCentre** Sports news bulletin.	**12.30am Premier League Preview** **1.00 Sky Sports Centre** **2.00 World Wrestling Federation – Raw** **4.00 Big Fight Countdown** **4.30-6.00am First Division Football**	**12midnight Extreme Sailing** **12.30am Moto Plus** **1.00 Football League: Swansea City v Northampton Town** **2.30 Sky Sports Centre** **3.30 Hold the Back Page** **4.30 Extreme Sailing** **5.00-6.00am Max Power**		**12midnight FILM: Scanner Force** *Liliana Komorowska* Horror. *1992* **2.00am Cybernet** Computer games round-up. **2.30 100 Years of Horror** *Jekyll and Hyde* **3.00-4.00am Babylon 5**	**12midnight Partyzone** **1.00am The Real World: Hawaii** **1.30 Downtown** **2.00 Club Mix** **3.00 MTV Megamix** Fusing tunes and images. **4.00 Partyzone** **5.00-6.00am Night Videos**

LIVE FOOTBALL LEAGUE: SWANSEA CITY V NORTHAMPTON TOWN SKY SPORTS 2 7.00PM



Time for a look at the promotion battle in Division Three as Swansea City entertain Northampton (whose Ian Sampson is pictured, right). The Swans under ex-Chelsea boss John Hollins look a likely bet to finish in the top three after narrowly losing in the play-offs last year. Experienced players like Steve Watkin (pictured, left) will help keep their bandwagon rolling. Meanwhile, The Cobblers haven't suffered from losing manager Ian Atkins last October and they continue to keep themselves near the top.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Night Calls US 11.40 Playboy's Hard Drive 12midnight Freeview 12.10am Naughty Nostalgia 12.35 Adult Feature 1.05 FILM: Uncontrollable Lust 2.20 Girl Hunt 2.35-4.00am FILM: The Girl Who Landed In Budapest

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Stripper of the Year 12.20 Teresa Scott 12.45 Adult Feature 1.00 Five Minute Freeview 1.05 Feature continues 2.00 Five Minute Freeview 2.05 Erotic Visions 2.30 FILM: The Creasemaster's Wife' 3.40-4.00am Melissa

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Friday 10 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Texas
VH1 brings you the best compilation album ever of Scottish band Texas from their early beginnings with *I Don't Want A Lover*.
1.30 Pop-Up Video
2.00 Jukebox
Turn your television into a front room music video jukebox with this viewers request show.

4.00 Talk Music
taking you through the weeks new releases.
4.30 Greatest Hits: Genesis
All the best from Genesis.
5.00 The Millennium Classic Years: 1981
Paul King takes us through the music and news from this year.

6.00 The Kate & Jono Show
Jonathon Coleman and Kate Thornton host this one hour marathon from the world of music.
7.00 Ed Sullivan's Rock'n'Roll Classics
A classic edition of the live American music series.
7.30
The Best of VH1 Live
8.00 The Millennium Classic Years: 1985
Mikhail Gorbachev became the new soviet leader and *Out Of Africa* swept the Oscars.
9.00 Ten of the Best: Dixie Chicks
NEW VH1 invite country trio Dixie Chicks to play their favourite top ten songs.
10.00 Behind the Music: Andy Gibb
VH1's own documentary series focuses on Andy Gibb, the younger brother of the Bee Gees.
11.00 Storytellers: David Bowie
The multi-talented star performs exclusively live for VH1 in front of a specially invited audience.
12midnight
The Friday Rock Show
Tommy Vance presents the rock and metal show, featuring news and reviews.
2.00am Anorak 'n' Roll
David Hepworth with the quiz show that will drive you mad.
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Travelling the Dingo Fence
Steve Irwin travels the world's longest man-made fence.
12.30pm Crocodile Hunter
Wild in the USA
Steve Irwin travels to the USA to relocate a large Cougar.
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
2.30 Zoo Story

3.00 Going Wild with Jeff Corwin
Olympic National Park
Jeff searches for the North American bald eagle.
3.30 Croc Files
4.00 Croc Files
Steve and Terri Irwin explore the oceans off the Australian coast.
4.30 Aquanauts
Exploring saltwater lakes.
5.00 Emergency Vets
A retriever/setter mix is diagnosed as diabetic.
5.30 Zoo Chronicles
A black rhino is introduced to her new mate.
6.00
Crocodile Hunter III
Steve's Most Dangerous Adventures
A compilation of Steve's hair-raising moments.
7.00
Tough at the Top
Investigating barely known, extremely shy and rare animals of Austria's eastern Alps.
8.00 Emergency Vets
More from the dedicated animal hospital in Denver.
8.30 Emergency Vets
Following vets as they work to save animals' lives.
9.00 River Dinosaur
Profile of the Nile crocodile, one of the world's most notorious animals, as it actively targets humans as prey.
10.00 Wild Rescues
Incredible tales of people saving animals – and animals saving people.
10.30 Wild Rescues
More incredible tales.
11.00
Emergency Vets
A Spaniel has a blockage in his intestines.
11.30-12midnight
Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

Linda Barker and Anna Ryder-Richardson in 'House Invaders'. UK Style 10.30pm

ITV2
ACCESS PACK

4.00pm
Storm Warning
Real-life camera footage .
4.30 Mad About Pets
Weird and wonderful pets.

5.00 Survival Special
A study of the natural world.

6.00 Baywatch
The adventures of California's glamorous Malibu Beach lifeguards,
6.50 Chart Choice
This week's top videos.
7.00 The Uefa Champions' League Match of the Week
The pick of this week's Champions' League action.

9.00 A Touch of Frost
Fun Times for Swingers
Drama. Detective Inspector Jack Frost, a policeman who believes in doing things his way, investigates the death of a local gigolo. He is appalled by the indulgent activities of the ladies who availed themselves of the dead man's services.
11.00
Coronation Street
More drama from the streets of Weatherfield.
11.30 The Grimleys
Seventies-set comedy.
12midnight
The Jerry Springer Show
More outrageous chat from Jerry and his guests.
12.50am Videotech
A special programme devoted to the Brit Awards.
1.50-2.20am
The Making of The Insider

UK STYLE
LIFESTYLE PACK

7.00am Fantasy Rooms 7.30 Looking Good 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 How Does Your Wallpaper Hang? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Ainsley's Meals in Minutes 1.30 Ready, Steady, Cook 2.00 Good Living 2.30 The Flower Show

3.00
The Green Room
Stylish garden solutions.
3.30
More Front Gardens

4.00 Travel Xpress
Travel magazine.
4.30 Holiday in Style
Exclusive to UK Style, an extended edition of the popular holiday programme. Hosted by Jayne Constaninis.
5.30
Antiques Roadshow
The team invites members of the public in Cannock, Staffordshire, to bring along their antiques for examination.
6.30 Real Rooms
The makeover show that transforms old rooms .
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
The series that looks at all things collectable.
8.00 Change That
Interior design roadshow.
8.30 House in Spain
A look at what is involved in owning and renovating a property in Spain.
9.00 Ground Force
Garden makeovers.
9.30
Changing Rooms
The ultimate interior design challenge.
10.00
Antiques Watch
Exploring the unique world of antiques.
10.30 House Invaders
DIY facelifts.
11.00 How Does Your Garden Grow?
Some of the nation's top gardeners work on the horticultural problems of our day.
12midnight Garden Magic
Instant solutions for gardening dilemmas.
12.30am-1.00am
More Front Gardens
Gay Search and Nicholas Roeber take up the challenge to create a communal garden.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Living with the Enemy 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Orinoco Hog 9.45 Parrot Fashion 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 Living with the Enemy
Fly-on-the-wall series.

3.15 Living with the Enemy
Old Labour/New Labour
3.45
Battersea Dogs' Home
Daily life at the world's most famous dogs home.
4.20 Vets in Practice
Holding On
4.50
What Went Wrong?
A look at man-made and natural disasters.
5.20 Airport
It is Christmas at Heathrow.
5.55 City Hospital
Documentary series in which Gaby Roslin and her team report on the triumphs and trials at Southampton General Hospital.
6.55
Back to the Floor
Top Dog
Top bosses return to the shop floor for a week.
7.30 Blues and Twos
Series following Britain's emergency services.
8.00 Vets in Practice
Holding On
A budgie and an Alsatian keep Trude busy.
8.30
What Went Wrong?
9.00 Airport
It is Christmas at Heathrow.
9.35 Royal Watchers
Behind the press lines with a retired civil servant who follows the royal family.
10.05 Giving the Empire a Lift
Bra-makers.
10.35
Blues and Twos
Documentary series
11.05
Louis Theroux's Weird Weekends
Christianity
12.05am-1.00am

UK PLAY:
1.00am Footage and Mouth 2.00 NME Premier Live Shows 3.00 Pick 'n' Mix 3.30 Hey DJ 4.30 Chigley 4.45 Podge and Rodge 4.55 The Sound of Disco 6.00 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network 8.45 Simply Antony 9.30 A to Z of Food and Beauty 10.00 Caribbean Kitchen 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Newman Meets 12noon Classic Dishes 12.30pm Turner's Tour of Hong Kong 1.00 Coxon's Kitchen College 1.30 Aldo and Friends 2.00 Food Network Daily 2.45 Simply Fish

3.30
Tessa's Tastebuds
Asparagus
Tessa's recipes include asparagus soup.
4.00 Simply Baking
Nutter's Favourites
4.30 Mridula's Indian Kitchen
Mridula cooks up a mushroom pilau.
5.00 Flash in the Pan
Quiz show with Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
Food from the Village

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
From the Horse's Mouth
Kelly Marks teaches Michael Davie the art of horse whispering.
8.00
Return to the Macuje
Join Patrice Franceschi as he revisits the Macuje or 'savage' tribe in Colombian Amazonia after 20 years.
9.00 Sea Turtles
Ancient Nomads
The fight to save these graceful animals; as they face certain extinction without immediate aid.
10.00
Myths and Giants
Taking a look at mysterious sea creatures.
10.30 Mystery of the Crop Circles
11.00
Explorer's Journal
Dead But Not Buried
Emily Mayer reinvents traditional taxidermy with her lifelike animals.
12midnight-1.00am
Amazon Journal
Join journalist Geoffrey O'Connor as he charts the progress of the environmental movement in the Brazilian Amazon.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in Their Eyes
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
A chance to see outtakes featuring mistakes by your favourite stars.

12midnight
Don't Feed the Gondolas
Irreverent news gameshow.
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Grow for It 7.00 Real Gardens 7.30 Doing it Up 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Grow for It 10.30 Real Gardens 11.00 The Diceman 11.30 Kingsbury Square 12noon Hometime

12.30pm Hometime
Building an Addition – Bathroom Wrap-Up
1.00 Two's Country
Roamin' All Over
1.30 Ron Hazelton
2.00 A Car is Born
2.30 The New Yankee Workshop
Kitchen Island
3.00 This Old House with Steve and Norm
3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 ByteMe 11.00 Come On 11.15 ByteMe 12noon Come On 12.15pm ByteMe 1.00 Come On 1.15 ByteMe 2.00 Come On 2.15 ByteMe 3.00 Come On 3.15 ByteMe 4.00 Club@vision 4.45 ClubFileXtr 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
6.30 What's On TV
***London area:**
Blue Tomorrow
Chelsea FC fanzine.
***Derby area: Vision Rams**
Derby County FC fanzine.
7.00 LLTV – Local Life
7.30 YCTV
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life
* Repeated Saturday 9.30am

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Friday 10 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm The Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 4.00 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 Talking Movies 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00 News 5.30-6.00am Seven Days

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Rajni 12.30pm Khiladi 1.00 Swabimaan 1.30 FILM 4.00 Nanne Jasoos 4.30 Is Hafte Ki Kahani 5.00 Kaala Daira 6.00 Tiger 6.30 MTV Hitlist 7.15 Swabimaan 7.40 News 8.00 Main Anari Tu Anari 8.30 Dard 9.00 FILM 11.30 News 12midnight MTV Fresh 12.30am Swabimaan 1.00 FILM 4.00 Music Box 4.30 Dard 5.00 MTV 123 6.00 Nanne Jasoos 6.30 DD Programme 7.00-7.30am DD Programme

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Europe 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Aahaa 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Pakistan News Link 8.30 Tara 9.00 Adhikar 9.30 Raahein 10.00 Sham Se Pehley 11.00 Zaike Ka Safar 11.30 Amar Prem 12noon FILM 3.00pm Chashme Baddoor 3.30 Chalo Cinema 4.00 Raahat 4.30 Akbar Birbal 5.00 Choti Choti Baatein 5.30 Amanat 6.00 Hip Hip Hurray 6.30 Professor Pyarelal 7.00 Up Beat 7.30 Entertainment Express 8.00 News Bulletin 8.30 FILM 11.30 Nagin 12midnight News 12.30am Mano Ya Na Mano 1.00 X Zone 2.00 FILM 5.00 Commander 5.30-6.00am Flu

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 5.30 Winning in Life 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.30 Life in the Word 9.00 The Messenger 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction Entre Terre et Mer 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Fax Culture 1.00 Journal 1.15 Fiction: Entre Terre et Mer 3.00 Journal 3.15 Questions 3.30 Les Carnets du Bourlingueur 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction: Entre Terre et Mer 7.00 Journal Télévisé 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Marguerite Volant 9.00 Journal Télévisé 9.15 Divertissement 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.15 Boarding Pass 2.30 Wall Street Report 2.45 Clips 3.00 Tokyo Live 3.15 Clarke's Chronicle 3.30 Wall Street Report 3.45 Boarding Pass 4.00 Tokyo Live 4.15 South Africa Report 5.00 US Market Report 5.45-6.00am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 House of Commons 3.00pm House of Lords 7.30 Westminster Hall 11.30-12midnight The Point

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
Another adventure for Earl P. Sidebottom – aka 'The Phantom'.
3.30 Fat Dog Mendoza

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.

3.10 X-Men
Human/mutant conflict.
3.29 X-Press
UK Connection
3.30
Inspector Gadget

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Bridgewater on Loddon
4.30 First Flights
By the Seat of Their Pants
French aviation pioneers.

4.00 Mike, Lu and Og

4.30
The Powerpuff Girls

4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
On the Edge of the Empire
A visit to Ribchester in Lancashire, which once formed part of Roman Britain's northern frontier.

5.00 Dragonball Z

5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel
6.00 Renford Rejects
6.30-7.00pm
Nick News

5.00
Monster Rancher
5.20
Biker Mice from Mars
5.30
Mad Jack the Pirate

6.00 PM

6.00
Speed! Crash! Rescue!
Witness dramatic crash rescues at the Indianapolis and New Hampshire speedway circuits.

6.00 Tom and Jerry

6.30 The Flintstones

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm
Goosebumps

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
7.30 Desmond's
Sitcom revolving around a Peckham barbershop.
8.00 Dharma and Greg
Ringing up Baby
Dharma offers to adopt a checkout girl's baby.
8.30 Mad About You
Paul in the Family
9.00 Married... With Children
Can't Dance, Don't Ask Me
9.30 Spin City
The Paul Lassiter Story
Donald Trump helps out.
10.00 FILM: Class
Andrew McCarthy, Rob Lowe, Jacqueline Bisset
Comedy about a naive 17-year-old prep school student who has a fling with a beautiful older woman. Complications ensue when she turns out to be the alcoholic mother of his well-heeled roommate. *1983*
11.55 Cheers
12.25am Cheers
12.55 Newsradio
1.25 Duckman
1.50 Rex the Runt
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am
Almost Perfect

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Sports Shop!
8.30 Home Shop!
9.30 Sports Shop!
10.00 Kids Shop!
11.00 Kitchen Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Entertainment Shop!
2.00 Gift Shop!
2.30 Clothes Shop!
3.30 Beauty Shop!
4.00 Collectors' Shop!
4.30 Entertainment Shop!
5.30 Shop! Selection
6.00 Kids Shop!
7.00-7.30pm Bargain Shop!
Today's best offers.

7.00 PM

7.00
Battle for the Planet
Land Wars NEW SERIES
7.30 First Flights
By the Seat of Their Pants
French aviation pioneers.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00
Pinky and the Brain
8.30-9.00pm
Batman

8.00 PM

8.00 Skullduggery
Following the murder investigation prompted by the discovery of a skull by the Columbia River, in Kennewick, USA, in 1996.

TNT
FAMILY PACK

9.00pm WCW Thunder
More action from the ring as the spandex-clad macho men talk up and fight the good fight.

9.00 PM

9.00 Crocodile Hunter
Wild River of Africa
Steve Irwin sets out on a remote section of the Luangwa River in Zambia to study Nile crocodiles.

10.00 PM

10.00
The Bounty Hunter
Documentary profile of Ted Oliver, the only British bounty hunter currently working in the USA.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

11.00 PM

11.00
Extreme Machines
Fastest Man on Earth
Land Speed Record contenders talk about their hopes and expectations.

11.00
Freddy's Nightmares
Horror series.
12midnight-1.00am
The Dukes of Hazzard

12.00

NIGHT TIME

12midnight
Forensic Detectives
Texas Rangers
Documentary about the historic law enforcers.
1.00am First Flights
By the Seat of Their Pants
French aviation pioneers.
1.30-2.00am Car Country
Cars of Eastern Europe

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon
The Roman Catacombs
12.55pm
100 Years of Labour
1.00 The Harrier Jump Jet
2.00 Biography
Dwight D Eisenhower
3.00
Great Crimes and Trials
The Manson Family Murders
3.30 Spies
Undercover in Damascus
4.00 Secrets of War
The French Resistance
5.00 Royal Warships
6.00
Mysteries of Exploration
6.55 100 Years of Labour
7.00 The Harrier Jump Jet
8.00 Biography
Hermann Goering
Profile of the ex-World War I flying ace and Luftwaffe chief.
9.00 Great Crimes and Trials
The Black Panther
9.30-10.00pm Spies
Oleg Penkovsky – Double Agent

TV TRAVEL SHOP
BONUS CHANNEL

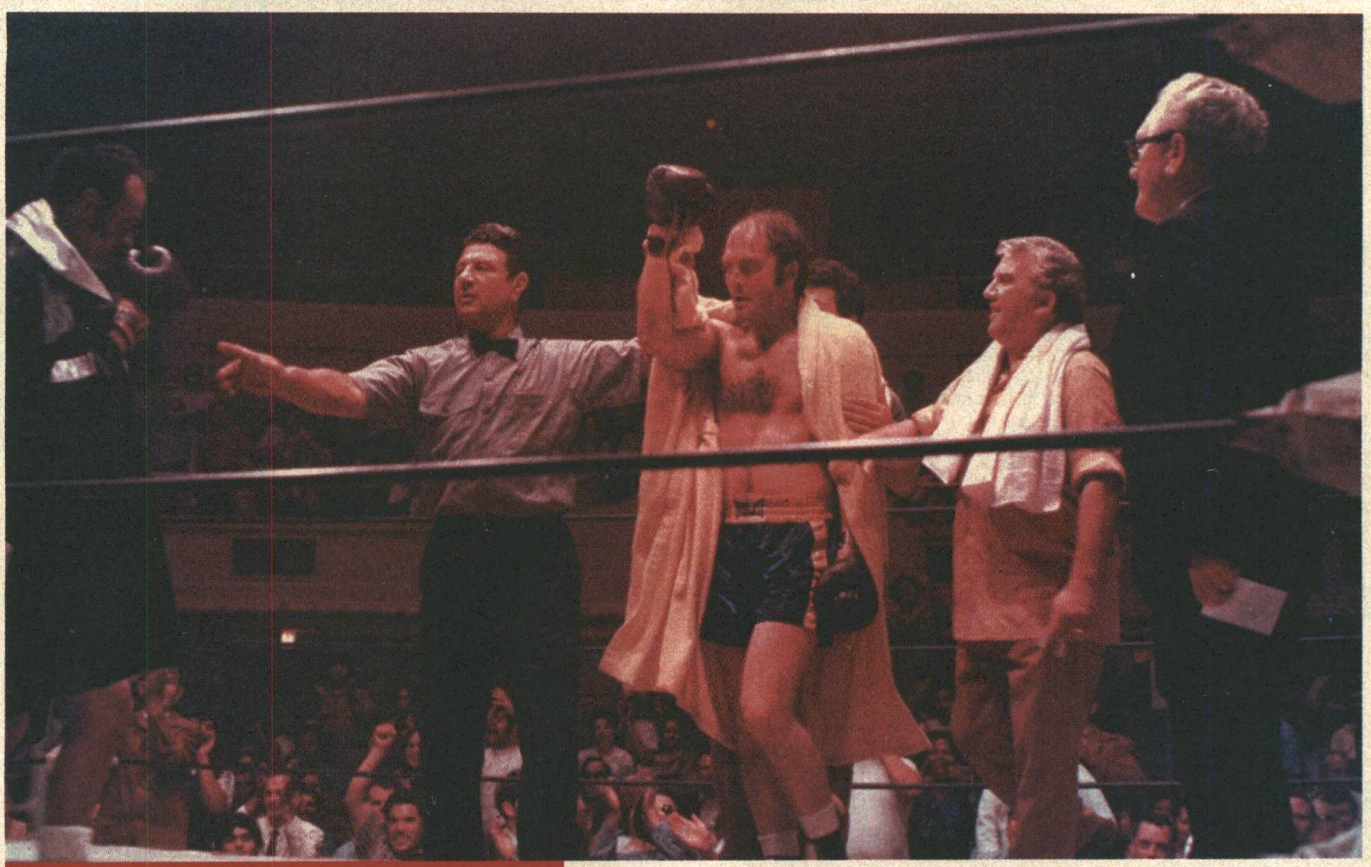
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Diamonique of Distinction at 10.00pm.

Section 2

Saturday 11th March-Friday 17th March



Giving the underdog a fat chance

FilmFour has hit peak fitness with its season of sports-themed movies. On Wednesday 8th the channel screens director Martin Scorsese's violent, monochrome Valentine to pugilism, *Raging Bull*, which earned Robert De Niro an Oscar for his penetrating, warts-and-all portrayal of middleweight champ Jake La Motta. This week, however, boxing is represented by *Fat City*, John Huston's steadfastly unsentimental celebration of the underdog, which focuses on the sad and seedy side of the sport inhabited by the has-beens and the never-will-bes. A sombre desperation is sewn through this tale of two down-at-heel souls, which was adapted by Leonard Gardner from his own novel. Stacey Keach (pictured) gives a career-best performance as a boozy, washed-up fighter, while Jeff Bridges is also excellent as his young protégé. Huston, probably better known for such lavishly mounted cinematic spectacles as *The African Queen* and *The Man Who Would Be King*, hits a wide range of truthful emotional notes and demonstrates a commendable compassion for the outcast in this poignant, character-driven drama.

FilmFour Thursday 16th 10.00pm

Buffy's got real bite

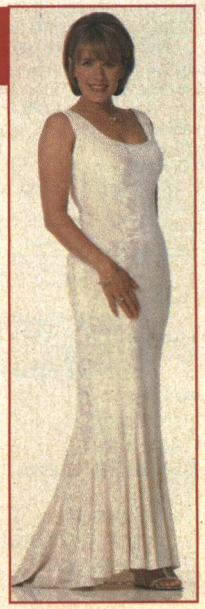
Consistently inventive scripts and excellent cross-over stories with its spin-off show *Angel* prove there's still plenty of bite in *Buffy the Vampire Slayer*. In this Friday's urgently paced new episode, *Doomed*, demons aim to unleash an apocalypse on Earth.

Sky One
Fridays 8.00pm

The *Cable Guide* Cable TV Awards

A host of stars will descend on London's Hilton Hotel this week to celebrate the third *Cable Guide* Cable TV Awards – coverage of which is being shown on UK Style. Your hosts for the evening are Carol Smillie, presenter of UK Style's *Changing Rooms*, and green-fingered Alan Titchmarsh of the channel's *Gardener's World*. The Awards are the most respected in the industry because the winners are voted for by you, the viewers. But which stars will receive the coveted gongs this year? Tune into UK Style to find out.

UK Style Tuesday 14th 9.00pm



Saturday 11 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Legend of Pirate's Point
1999, rating Sky U, 82 mins
7.50 Love After Death
1998, rating Sky U, 87 mins
9.50 The Karate Kid III
Ralph Macchio, Pat Morita
1989, rating Sky PG, 112 mins
11.50 Speed 2: Cruise Control
Sandra Bullock, Jason Patric
Text *1997, rating Sky PG, DS, 120 mins*
1.55pm The Little Ghost
Kristina Wayborn, James Fitzpatrick, Sally Kirkland
Family comedy. *1996, rating Sky U, 78 mins*

3.25 The Karate Kid III
Ralph Macchio, Pat Morita, Robyn Lively, Thomas Ian Griffith
Drama. The Karate Kid is abandoned by his friend and mentor and must face a vicious enemy on his own. Once again, the impetuous youngster learns some important lessons about life. *1989, rating Sky PG, 112 mins*
5.25 Speed 2: Cruise Control
Sandra Bullock, Jason Patric, Willem Dafoe, Temuera Morrison
Action. A disgruntled ex-employee decides to blow up the boat owned by the company which fired him. Can the now out-of-control cruise ship be stopped in time to save an explosive ending? Text *1997, rating Sky PG, DS, 120 mins*
7.30 Preview Show
Take a sneak peek at what's coming up on Sky.
8.00 The Horse Whisperer
Robert Redford, Kristin Scott-Thomas, Sam Neill
PREMIERE Romance. A mother takes her traumatised daughter and horse to see a man with unique powers after the two were involved in an almost fatal accident. This has unexpected results as the mother finds as much solace in his healing powers as her daughter and equine companion. Text *1998, rating Sky PG, 162 mins*
10.50 Starship Troopers
Casper Van Dien, Denise Richards, Patrick Muldoon
Sci-fi adventure. Earth is in the throes of an intergalactic battle with a race of giant alien bugs. A crop of raw recruits join up only to see their home city destroyed by the bugs. Now it is not just war it is personal! Text *1997, rating Sky 18, DS, 124 mins*
1.00am The Myth of Fingerprints
Julianne Moore, Hope Davis
Comedy-drama. Text *1997, rating Sky 15, 87 mins*
2.30 Gummo
Text *1997, rating Sky 18, 85 mins*
4.00-5.35am
Legend of Pirate's Point
1999, rating Sky U, 82 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Shadow of the Bear
1998, rating Sky PG, 92 mins
8.00 To Catch a Yeti
1993, rating Sky PG, 88 mins
10.00 Hercules
Lou Ferrigno, Sybil Danning
1983, rating Sky PG, 95 mins
12noon Shadow of the Bear
Alan Thicke, Michael Yarmush
1998, rating Sky PG, 92 mins
2.00pm Daddy's Little Angel
Lalia Dagher, Gary Imhoff,
Family drama about a girl who needs help when her father falls on hard times after competitors put his business on the rocks. She gets a boost from an unexpected friend – her guardian angel. *1998, rating Sky PG, 86 mins*

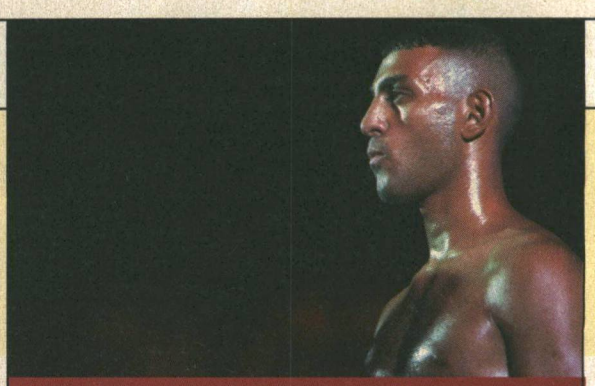
4.00 To Catch a Yeti
Meatloaf, Chantallese Kent, Jim Gordon, Leigh Lewis
Children's adventure. The abominable snowman (who is actually the size of a teddy bear) seeks refuge in the rucksack of an American explorer. However a big game hunter is hot on its trail and follows it all the way to New York. *1993, rating Sky PG, 88 mins*
6.00 Nick Fury: Agent of S.H.I.E.L.D.
David Hasselhoff, Lisa Rinna
Action adventure. After five years in retirement the titular comic-book hero returns to battle the children of his old enemy – the leader of the terrorist agency HYDRA. Text *1998, rating Sky PG, 90 mins*

8.00 Black Dog
Patrick Swayze, Randy Travis, Meatloaf, Charles Dutton
Action thriller. An ex-con and former trucker finds himself blackmailed into transporting an illegal shipment of guns for his crooked boss. But unfortunately for him there are many who don't want the cargo to reach its destination. *1998, rating Sky 12, 85 mins*
10.00 Darkman
Liam Neeson, Frances McDormand, Colin Friels
Fantasy thriller. After being disfigured a brilliant scientist refashions himself as the shadowy superhero Darkman. *1990, rating Sky 18, 91 mins*
11.35 Black Cat Run
Patrick Muldoon, Jake Busey
Action thriller. A man finds himself both hunter and hunted after his girlfriend is kidnapped. Text *1998, rating Sky 18, 88 mins*
1.10am Fear
1990, rating Sky 18, 91 mins
2.45 Alien Predator
1987, rating Sky 18, 87 mins
4.20-6.10am Hercules
1983, rating Sky PG, 95 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am Emergency Call
1952, rating Sky PG, 87 mins
12.30pm The Seven Little Foys
Bob Hope, Milly Vitale
The true story of a famous vaudeville star whose entire family were stage performers. *1955, rating Sky U, 89 mins*
2.00 The Go-Between
Alan Bates, Julie Christie, Dominic Guard, Michael Redgrave
Award-winning drama, with a script by Harold Pinter. A young boy ferries love letters between a farmer and a pretty young woman from the upper classes who are having a torrid and forbidden love affair in Edwardian England. *1971, rating Sky PG, 111 mins*

4.00 Darby's Rangers
James Garner, Etchika Choureau, Edward Byrnes
World War II adventure, in which a team of American commandos head into battle in North Africa and Italy after their training in Britain is complete. Here they find their training and preparation put to the test both on and off the battlefield. *1957, rating Sky PG, 116 mins*
6.00 Farewell to the King
Nick Nolte, Nigel Havers, Frank McRae, Gerry Lopez
Wartime adventure. An ex-US sergeant has turned his back on the war effort to become king of a tribe of natives in the wilds of Borneo. His idyllic lifestyle is shattered, however, when a British officer arrives and he finds himself forced back into battle. *1989, rating Sky PG, 112 mins*
8.00 The Towering Inferno
Steve McQueen, Paul Newman, William Holden, Faye Dunaway
The ultimate disaster movie, boasting an all-star cast. An architect returns to find not all his instructions have been followed for a new skyscraper, specifically those to do with the wiring. As a result a series of short circuits soon escalates and a deadly fire breaks out, spelling trouble for those partying on the upper floors which can not be reached by fire crews. *1974, rating Sky 15, 158 mins*
10.45 Zardoz
Sean Connery, Charlotte Rampling, John Alderton
Science fiction. A freedom fighter attempts to set his people free from the technology which keeps them in check. *1974, rating Sky 15, 102 mins*
12.35am The Reptile
Noel Willman, Jennifer Daniel, Ray Barrett, Michael Ripper
Horror. *1966, rating Sky 15, 86 mins*
2.10 These Are the Damned
Macdonald Carey, Oliver Reed
Sci-fi drama. *1962, rating Sky 12, 91 mins*
3.50-6.00am Farewell to the King
1989, rating Sky PG, 112 mins



Prince Naseem Hamed defends his WBO featherweight title against Vuyani Bungu. Sky Box Office 8.00pm – Live

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm Robot Monster
Gregory Moffett, George Barrows
Sci-fi. A boy dreams of the destruction of the Earth by a creature from another planet. The trail of destruction is only curtailed by the appearance of its master. *1953, 63 mins*
7.15 Macross Plus
A weekly Japanese series set in the future on Eden, the first planet colonised by humans.
8.00 Starman
Jeff Bridges, Karen Allen
Sci-fi. An alien is stranded on Earth and needs to travel across America to meet up with his spaceship. He kidnaps a widow to help him adjust to human ways, but his decision to adopt the human form of her late husband leads to complications, including romance. *1984, 111 mins* ● FEATURE: page 19
10.00
White Men Can't Jump
Wesley Snipes, Woody Harrelson, Rosie Perez
Comedy about two hustlers who join forces to take money from unwary players at street basketball on the streets of Venice, California. However their own personal chemistry means that everything does not always go exactly to plan. *1992, 111 mins*
12midnight The Shooting
Warren Oates, Will Hutchins
Western. *1967, 82 mins*
1.25am The Driller Killer
Horror. *1979, 94 mins*
3.00 On Edge
3.20-5.25am
Wes Craven's New Nightmare
Horror. *1994, 107 mins*

Find your favourite TV shows in seconds: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm Death on the Nile
Peter Ustinov, Jane Birkin
Detective thriller. This time the mode of transport is a paddleboat sailing down the Nile but the crime is still murder – the unfortunate victim is a spoilt heiress whom everyone, it seems, wanted dead. It is up to the intrepid Belgium detective to whittle down the suspects to the guilty one. Text *1978, 140 mins*
9.30 Dear Claudia
Bryan Brown, Aleksandra Vujcic, Kim Hillas, Deborah Mailman
Romantic comedy. A shy mailman has a crush on a local barmaid. One day he allows her to follow him on a mail flight but, as fate would have it, a storm causes them to crash on a deserted island. But what seems like a dream for the mailman turns into a nightmare as he learns his ideal woman is not all that she seems. *1999, 92 mins*
11.15 Diary of a Hitman
Forest Whitaker, James Belushi, Sherilyn Fenn, Sharon Stone
Thriller about a hitman who is hired to eliminate both a wife and child. *1991, 91 mins*
1.00am Sweet Hearts Dance
Jeff Daniels, Don Johnson
Comedy drama. *1988, 101 mins*
3.00 Dear Claudia
Comedy drama. *1999, 92 mins*
5.00-7.00am It's Love Again
Comedy musical. *1936, 95 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Swashbuckler. A former fighting hero known as Zorro embarks on a quest to find a successor. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
Epic war drama focusing on a group of soldiers trying to find the inner strength to carry on fighting when they are sent to a Pacific island. Stars Sean Penn. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 9.00am, 12noon, 3.00pm
PRINCE NASEEM HAMED V VUYANI BUNGU – LIVE
The unbeaten British featherweight defends his WBO title.
PREVIEWS FROM 6.00PM
EVENT STARTS AT 8.00PM
PREVIEWS CONTINUE FROM 1.00AM

Sky Box Office 4
Channel 54
LITTLE VOICE
Drama about a shy girl whose talent for mimicking the likes of Marilyn Monroe, and Edith Piaf is spotted by a seedy local promoter. Stars Jane Horrocks. Text *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 11 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons Text **9.00 Tintin 9.30 Mummies Alive 10.00 Roswell Conspiracies 10.30 Starship Troopers 11.00 World Wrestling Federation – Smackdown** Text **1.00pm Nightman 2.00 America's Dumbest Criminals** Text **2.30 America's Dumbest Criminals** Text

3.00 The New Adventures of Superman
The Family Hour
A criminal with telekinetic powers threatens Lois and Clark's parents. With Dean Cain.

4.00 Star Trek: Deep Space Nine
Distant Voices
Bashir must access different parts of his personality to save his own life. Text

5.00 Star Trek: Voyager
Remember
Before she dies, an old woman uses her telepathic powers to transfer her memories into B'Elanna. Text

6.00 The Simpsons
Sunday, Cruddy Sunday
Homer buys fake tickets for the Super Bowl. Text

6.30 Futurama
Fry and the Slurm Factory

7.00 Spice Girls: Before the Live One
A behind-the-scenes look at the band's last tour.

7.30 The Simpsons
Lisa the Iconoclast Text

8.00 Futurama
A Fishful of Dollars Text

8.30 The PJs
Journal Fever
Thurgood cares for Muriel who is sick with the 'flu. Text

9.00 World Wrestling Federation – Livewire
Exclusive World Wrestling Federation bouts featuring The Undertaker, the Legion of Doom, and Stone Cold Steve Austin.

10.00 Prickly Heat
Jon's mum makes a special guest appearance and the competitors enjoy a new game entitled 'skid marks'. Hosted by Julian Clary.

11.00 Cops
Indianapolis Text

11.30 Cops
Officers have to deal with an injured parachuting Elvis impersonator. Text

12midnight Showbiz Weekly
Sky's essential guide to the global showbiz merry-go-round.

12.30am Pacific Palisades
Private Showing
Rachel is abducted by the man she believes to be her father. Text

1.30 Space: Above and Beyond
Who Monitors the Birds? Text

2.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels

7.25 Neighbours Omnibus
Another chance to see last week's episodes from Ramsay Street.

9.20 Dynasty Omnibus
Omnibus edition of the soap about the oil-rich Carrington clan.

11.55 EastEnders Omnibus
Ian steps in to help Arthur and Pauline, while Pat discovers Frank has gone behind her back.

2.40pm The Bill Omnibus
Gritty police drama set at Sun Hill Police Station. Cryer and Slater handle a tricky case involving a disabled ex-policeman and his wayward son. Things don't run smoothly when Jarvis and Page are called in to help in the deportation of an illegal immigrant who escapes from custody. With Eric Richard, Tracey Murphy, Stephen Beckett, Lisa Geoghan.

5.05 To the Manor Born
One of Audrey's schoolfriends wants to pay a visit, but she is unaware of the drop in status of the former lady of the manor.

5.40 FILM: Supergirl
Helen Slater, Faye Dunaway, Peter O'Toole, Mia Farrow
Family adventure. Superman's feisty female cousin arrives on Earth to do battle with a fiendish but camp villainess who dabbles in the occult. A Krypton power source has fallen into her hands and Supergirl is sent to retrieve it before the witch can harness its powers for her own wicked means. *1984*

8.00 Yes, Prime Minister
Power to the People
Jim Hacker finds himself transported to Number Ten.

8.40 The Vicar of Dibley
Songs of Praise
The *Songs of Praise* team is coming to the parish to meet its new arrival.

9.20 dinnerladies
Bittersweet sitcom about the lives of a group of dinner ladies.

10.00 Absolutely Fabulous
Happy New Year
It's New Year's Eve in the Monsoon mansion.

10.40 The Royle Family
Comedy series about a working-class family from Manchester.

11.20 Monty Python's Flying Circus
Seminal comedy sketch show.

12midnight To Play the King
Francis Urquhart is still prime minister, and is about to meet his biggest challenge yet – the newly crowned king. With Ian Richardson, Michael Kitchen.

2.00-3.00am Juliet Bravo
Talk to Me
Joe is convinced a courting couple in a car are not what they seem.

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 8.50 Practical Parenting 9.00 Forgive or Forget 9.50 The Roseanne Show. 10.20 Home and Away Omnibus Omnibus of the Australian soap.

12.30pm FILM: Baby Brokers
Cybill Shepherd, Nina Siemaszko, Drama based on a true story. *1994*

2.20 FILM: Miss America – Behind the Crown
Aki Aleong, Jack Blessing, Ray Bumatai, Betty Carvalho
Based on the true story of a Miss America contest winner, this film takes a behind-the-scenes look at the beauty pageant. *1992*

4.20 Maury Povich
A double bill of the compelling US talk show which deals with emotional issues of concern to the general public. Hosted by veteran broadcast journalist Maury Povich.

6.00 Fame LA
Drama series about young show-business hopefuls in Los Angeles. With Heidi Lenheart.

7.00 Judge Judy
Double bill of the show in which New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. With Lucy Bell and Peter Mochrie.

9.00 Profiler
Suspense thriller series about a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.

10.00 Jerry Springer
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Bonanza 7.00 Plus on Plus 7.30 Please Sir 8.00 Singles 8.30 Marc 9.00 The High Chaparral 10.00 Charlie's Angels 11.00 The Love Boat 12noon The Odd Couple 12.30pm Plus on Plus 1.00 Bonanza 2.00 Agatha Christie's Partners in Crime

3.00 A Bit of a Do
Sudden death is always a sad occasion, and there's a funeral to arrange. But it's to be a happy day – the 'deceased' would have wanted it that way.

4.00 The Love Boat
Musical Cabins
A bachelor must marry within the week to claim a $3 million inheritance and a reporter sets out to write a sins-at-sea story.

5.00 Hawaii Five-0
The Big Kahuna
Someone is trying to do away with an old man. With Jack Lord, James Macarthur and Kam Fong.

6.00 Watching
Pamela is being wined and dined by David Lynch.

6.30 The Lovers
Now the engagement is back on, Beryl plans for the future.

7.00 Agatha Christie's Partners in Crime
An Unbreakable Alibi
The couple are asked to prove which alibi is false from two possible answers.

8.00 A Bit of a Do
Sudden death is always a sad occasion. But it's to be a happy day – the 'deceased' would have wanted it that way.

9.00 The Brian Conley Show
A selection of sketches and zany musical numbers.

9.30 Hale and Pace

10.00-11.00pm National Enquirer Presents

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Fully X-posed
Series which takes a look at glamour photography.

11.30 South Beach Model Search
Time to assess the talent.

12midnight Garry Bushell Reveals All
Garry Bushell and his guests spill the beans on celebrities.

12.30am 4play Away – Amsterdam
Follow the exploits of four glamour girls in Amsterdam.

1.00 The Hot House

1.30-2.00am Girls on Film

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music 6.25 Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie Olie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 Brotherly Love 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 Your Choice 2.30 Mickey Mouseworks

3.00 101 Dalmatians
Four Stories Up Text
Canine capers. Text

3.30 Timon and Pumbaa
The meerkat and warthog from *The Lion King.* Text

4.00 FILM: Mary Poppins
Julie Andrews, Dick Van Dyke
Family. The Banks family needs a new nanny, but when the wind direction changes it blows the extraordinary Mary Poppins into their lives – to the consternation of the parents and the delight of the children. She proceeds to bring music and magic into their lives, with the help of a street entertainer, pulling the family closer together than ever before. *1964* Text

6.15 Honey, I Shrunk the Kids: The TV Show
Honey, We're Stuck in the Seventies

7.00 FILM: Fluke
Mathew Modine, Nancy Travis
Family adventure. The story of a very special dog who goes on a journey in search of his family. Along the way he makes new friends and learns the ropes of the canine world from a street-smart dog. *1995* Text

8.40 FILM: Johnny Tsunami
Brandon Baker
A cool young surfer from Hawaii turn his talents to snowboarding when he's transplanted from Hawaii to Vermont. Can he win, with the help of his grandfather, a legendary surfing champ? *1999*

10.10 Home Improvement

10.35 Thunderstone Text

11.00 Dr Quinn: Medicine Woman Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

The Shooting
FilmFour 12midnight

An enigmatic arthouse Western from cult director Monte Hellman, which serves as the companion piece to his *Ride in the Whirlwind*, this sees two drifters become embroiled in a surreal pyschodrama after agreeing to accompany a woman through the desert. Jack Nicholson stars.

GENERAL

The Simpsons
Sky One 6.00pm

In this episode Homer's plans to organise a trip to the Super Bowl go predictably awry when the tickets he bought turn out to be fake. Tonight's show includes the guest voices of none other than Sky boss himself Rupert Murdoch, Dolly Parton and Pat Summerall.

ADVERTISEMENT

UK GOLD
SATURDAY NIGHT COMEDY FROM 8.40PM
Saturday Night Comedy on UK Gold serves up some of the very best comedy including Dinnerladies, Absolutely Fabulous and The Royle Family.

Saturday 11 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

7.30am Xtreme Sports
9.00 Cross-country Skiing – LIVE
10.30 Nordic Combined Skiing – LIVE
11.30 Alpine Skiing
12noon Biathlon – LIVE
1.30pm Alpine Skiing
2.15 Nordic Combined Skiing – LIVE
2.45 Cycling – LIVE
Seventh stage coverage of the Paris – Nice race. Said to be the greatest one-week race in the world of competitive cycling, this famous north-to-south event dates back to World War II.

4.00 Biathlon
Coverage of the men's relay from the World Cup in Lahti, Finland.

5.30 Snowboard
Coverage of the Halfpipe event from the FIS World Cup in San Candido, Italy.

6.00 Short Track Speed Skating
Action from the 500m men's and women's events in the World Championships held in Sheffield.

7.00 Figure Skating
Coverage from Osaka, Japan of the Gala event from the Four Continents Championships.

8.00 Equestrianism
Catch up with coverage of the FEI World Cup Series in Dortmund, Germany.

9.00 SportsCentre
9.15 Trial – LIVE
Exciting coverage from Paris-Bercy of the 11th Trial Master, the final round of the Indoor World Cup and the most famous event in the calendar.

11.15 Short Track Speed Skating
Action from the 500m men's and women's events in the World Championships held in Sheffield.
12.15am Motorsports
Big truck action from the US Motor Madness Monster Jam.
12.45-1.00am SportsCentre
The latest sports news.

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Hold the Back Page
7.00 Sky Sports Centre
8.00 Aerobics Oz Style
8.30 Racing News
9.00 Big Fight Countdown
9.30 Australian Rugby League
11.30 Big Fight Countdown
Paul Dempsey looks at the forthcoming Naseem/Bungu featherweight title clash.
12noon Gillette Soccer Saturday
Jeff Stelling presents the comprehensive football results service, including post-match interviews with the men who matter and detailed analysis from the Sky Sports pundits. The studio regulars include such esteemed former footballing greats as Rodney Marsh, Frank McLintock, Clive Allen and George Best.

6.00pm Big Fight Countdown
A look ahead to the Naseem/Bungu clash.
6.30 Rugby Union Update
Join Mark Durden-Smith as he bobs and weaves his way through another dramatic, highly-charged encounter in the Allied Dunbar Premiership.
8.00 Spanish Football – LIVE
Get ready for some top-flight soccer action as David Bobin introduces another match from La Liga, one of the most revered and respected leagues in the world. With commentary provided by Rob Palmer and summaries from Gerry Armstrong.
10.00 World Wrestling Federation: Late Night – Smackdown
Icons of machismo indulge in another slice of uncut rough-and-tumble action.

11.55 Premiership Shorts: Favourite Game – Newcastle United v Manchester United
A swift trip back to 1996.
12midnight Spanish Football 2.00am World Wrestling Federation – Smackdown 3.55 Premiership Shorts: Newcastle v Manchester United 4.00-6.00am Australian Rugby League

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Sports Unlimited
7.00 Aerobics Oz Style
7.30 Racing News
8.00 Soccer AM
12noon World Wide Rugby: Super 12
The best club rugby action in the Southern hemisphere, featuring teams from Australia, South Africa and New Zealand.
1.30pm Ford Rugby Union: Gloucester v Northampton – LIVE
Mark Durden-Smith presents an Allied Dunbar Premiership encounter. Stuart Barnes and Miles Harrison supply the commentary.

4.00 Big Fight Countdown
A look ahead to the Naseem/Jones clash.
4.30 Extreme Sailing
High-risk aquatic action.
5.00 Euro Tour Golf: Qatar Masters
Coverage of the third day's play as the remaining competitors look towards a place at the top of the leaderboard. David Livingstone presents the action from the Doha Golf Course where, last year, Scotland's Paul Lawrie went on to achieve victory in awesome style and take a generous slice of the prize money. Commentary is provided by Ewen Murray and Bruce Critchley.
Repeat from Sky Sports 3
8.00 Ford Golf USA: Honda Classic – LIVE
Coverage of day three of the 2000 Honda Classic, staged at the Players Course at Heron Bay in Coral Springs, Florida. Last year, Vijay Singh triumphed in dramatic fashion to take the winner's share of $468,000. Who will come out on top this time round?

11.00 Inside the Senior PGA Tour
Behind-the-scenes insights.
11.30 Rugby Union Update
With Mark Durden-Smith.
Repeat from Sky Sports 1
1.00am World Wide Rugby: Super 12 2.30 Rugby League: Challenge Cup Quarter-Final
Repeat from Sky Sports 3
4.00-6.00am Basketball
Repeat from Sky Sports 3

SKY SPORTS 3
PREMIUM CHANNEL

10.00am Gillette World Sport Special
David Jensen reports on alternative sports.
10.30 Euro Tour Golf: Qatar Masters – LIVE
Join David Livingstone for coverage of the third day's play from the Doha Golf Course. Commentary by Ewen Murray and Bruce Critchley.
1.30pm Badminton: All England Championships – LIVE
Fast-paced action from the International Indoor Arena in Birmingham as top players compete in this prestigious Grand Prix event.

6.00 Basketball – LIVE
Kevin Cadle hosts the latest basketball action as two more teams go in search of glory in one of the domestic championships. With regular courtside reports from Suzanne Dando.

8.00 Australian Rugby League
A chance to catch up with the very best of the recent action in Australia's National Rugby League. Presented by Chris Warren.

10.00 Rugby League: Challenge Cup Quarter-Final
Highlights round-up featuring the last eight teams in fierce competition for a coveted place in the semi-finals.
11.30-12midnight Powerboat and Jetsport World
High-octane aquatic action.

SCI-FI
ACTION PACK

8.00am The Flash
9.00 The Incredible Hulk
10.00 Lost in Space
11.00 The Six Million Dollar Man
12noon FILM: First Men in the Moon
Edward Judd, Lionel Jeffries
HG Wells adventure about Victorian astronauts. *1964*
2.00pm Planet of the Apes
The Legacy

3.00 Robocop
Provision 22
Nancy Murphy leads a group of jobless people protesting about welfare privatisation.

4.00 The Flash
The Trial of the Trickster
A police lab scientist is struck by lightning and finds himself transformed into a hyper-fast superhero.
5.00 The Net
Transplant
Angela uncovers a Praetorian plot to trade a homeless woman's organs for valuable information.
6.00 The Crow: Stairway to Heaven
Voices
Draven meets a teenage trance-medium who may be involved in murder.
7.00 Amazing Stories
Alamo Jobe
A soldier at the Alamo slips forward through time.
7.30 Amazing Stories
Mummy, Daddy
8.00 FILM: Apollo 13
Tom Hanks, Bill Paxton, Kevin Bacon, Ed Harris
Space drama based on true events. A crew of astronauts face imminent disaster when what should have been a 'routine' moon mission goes badly wrong. With prospects of a safe return apparently fading by the minute, the crewmen and their ground support staff battle desperately to avert catastrophe. *1995*
10.40 FILM: Appleseed
Toshio Furukawa
Futuristic animated action thriller from Japan. In an experimental city, two members of a crack team battle an elusive terrorist group. *1988*
12midnight FILM: Violence Jack
Japanese animation. *1996*
2.40am The Hunger
Sanctuary
3.10 Armitage III
Heartcore
3.40-4.00am Sci-Focus Special

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Top 100 Weekend
10.00 European Top 20
12noon News Weekend Edition
12.30pm Ricky Martin – La Vida Loca
Join Ricky at Lake Como in Italy, and catch an interview about his skyrocketing career.
1.00 Total Request
2.00 Top 100 Weekend
The countdown of the top 100 floor-fillers continues, featuring the top tunes from artists that always get the crowd up for it.

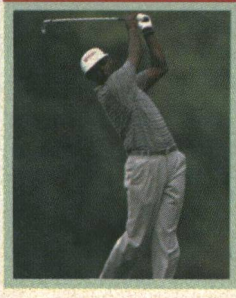
4.00 Select MTV
Transform your television set into a jukebox with the popular viewer's request show. Richard Blackwood is on hand to field viewers' choices, and if MTV has it, it will be played. Tune in for details about how to make a request.

6.00 News Weekend Edition
All the week's biggest entertainment stories.
6.30 MTV Live
Best live performances.
7.00 Top 100 Weekend
Strap your dancing shoes back on as MTV continues its countdown of the hottest floor-fillers from the world's biggest artists.

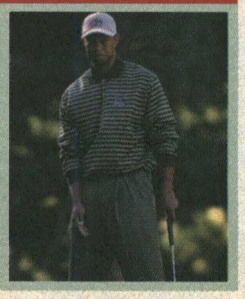
9.00 News Weekend Edition
Entertainment update.
9.30 Celebrity Death Match
Clay figures fight it out.
10.00 Top 100 Weekend
Get back into the groove as MTV's big weekend countdown continues, featuring more top tracks from artists who never fail to fill the dance floor.

12midnight The Lick R&B Chart Show 1.00am Snowball Megamix 1.30 MTV Megamix 2.00 brand:new 3.00 Chill Out Zone 4.00 MTV Dance Floor Chart Show 5.00-6.00am Night Videos
Music through the night.

LIVE FORD GOLF USA: HONDA CLASSIC
SKY SPORTS 2 8.00PM



The Honda Classic moves into its third day at The Players Course Coral Springs, Florida. Last year, Vijay Singh (pictured, left) triumphed in dramatic fashion to take the winner's cheque by coming through the field despite being five shots back at the start of the last round in very windy conditions. Inevitably, Tiger Woods (pictured, right) is mentioned as a possible winner whenever he turns out on the US PGA Tour and this tournament is no exception.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.05 The Strip 11.15 Naked Confessions 12midnight Freeview 12.10am Adult Feature 12.35 Frisky Hot Frauleins 1.05 FILM: Adult Feature 2.30 New Model File
Fresh faces flaunt their forms.
2.55-4.00am FILM: Bad Side of Town

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Peeping Tom 12.20 Badfellas 12.45 FILM: Modern Love 1.00 Five Minute Freeview 1.05 FILM continues 2.00 Five Minute Freeview 2.05 Sex Talk 2.30 FILM: Adult Feature 3.40-4.00am Lauren

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Saturday 11 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed
8.00 Emma 9.00 Talk Music
9.30 Greatest Hits: Genesis
10.00 The Kate & Jono Show
11.00 The Millennium Classic Years: 1981
12noon Emma
1.00pm The VH1 Album Chart Show
2.00 The Kate & Jono Show

3.00 Behind the Music: Meat Loaf
VH1 presents the incredible life story of the unlikely rock star.

4.00 Behind the Music: Vanilla Ice
VH1 takes an in-depth behind the scenes look at this often-ridiculed star's career so far.

5.00 Behind the Music: Fleetwood Mac
A look behind the scenes as the band record a brand new album.

6.00 Behind the Music: Ozzy Osbourne
VH1 traces the struggles, setbacks and triumphs of the hell-raising rocker

7.00 The Millennium Classic Years: 1990
All the news and music from this year.

8.00 The Kate & Jono Show
Kate Thornton and Jono Coleman up to all their usual tricks.

9.00 Hey, Watch This! – Siblings
NEW John Fugelsang invites Eighties pop sensation Right Said Fred onto the show to discuss siblings.

10.00 Behind the Music: Blondie
VH1 turns the spotlight on the seminal band, tracing their ups and through rare footage and interviews.

11.00 Storytellers: Culture Club
The story of Culture Club – the drugs, the sex, and all the huge hits.

12midnight Behind the Music: Cher
1.30am VH1 to One: Au Revoir Celine
1.00 The VH1 Disco Party
2.00 Behind the Music: Iggy Pop
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
White Stallions
12.30pm Horse Tales
A Spanish Horseman
1.00 Crocodile Hunter
Legends of the Galapagos
Steve and Terry Irwin meet Harriet, a 168-year-old tortoise taken from the Galapagos Islands by Charles Darwin.
2.00 Profiles of Nature

3.00 City of Ants
This atmospheric and eerie footage captures the extraordinary events which take place over two days in a colony of farmer ants.

4.00 Cannibal Mites
Mites adapt to all elements – earth, air and even water. Some cause diseases, others are extremely beneficial.

5.00 The Aquanauts
Zoologists explore a variety of underwater landscapes.
5.30 The Aquanauts
Divers observe sharks.

6.00 Croc Files
The Irwins search for the most venomous snakes.
6.30 Croc Files
The Irwins care for a variety of injured animals.

7.00 Crocodile Hunter
Wildlife in Combat
Steve and Terri Irwin rescue and protect diverse creatures.

8.00 Emergency Vets
The vets repair the broken limbs of a stray cat.
8.30 Emergency Vets
A behind-the-scenes look at a veterinary practice.

9.00 Untamed Africa
The Son of Jumbe
A cheetah is attacked by a lioness and is left to die by his now reunited brother.

10.00 Kenya's Killers
The beautiful and fearsome animals that live in the Musiara marsh in the heart of Kenya's Masai country.

11.00 Wild at Heart
Crocodiles
11.30-12midnight Wild at Heart
The Pythons of Cameroon

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Home and Away Omnibus
11.20 Words With
11.45 Baywatch
The adventures of lifeguards on California's glamorous Malibu Beach.
12.30pm Bedrock
Fun with celebrity guests, music, bedroom webcams and e-mail activity.
2.30 Football First
Live football updates from around the country, using the latest technology to bring all the latest scores in England and Scotland.

6.00 Heartbeat
Nostalgic police drama series set in a Sixties Yorkshire village.

7.00 The Planet's Funniest Animals
7.30 Midsomer Murders
Death of a Stranger
Drama about a detective whose patch is a seemingly idyllic rural district. DI Tom Barnaby realises that there is more to a case than first appears when the father of a young poacher jailed for killing a tramp is himself brutally murdered.
9.30 Taggart
Gritty police drama series set in Glasgow.

11.30 McCallum
City of the Dead

1.30am-3.30am Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 Good Living.9.00 The Green Room 9.30 The Flower Show 10.00 Gardeners' World 10.30 Garden Magic 11.00 On the Way to Monkey Bay 12noon Holiday in Style 1.00pm Big Kevin, Little Kevin 1.30 Rick Stein's Seafood Odyssey 2.00 The Naked Chef 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm Arena People
3.50 The First, the Last, My Everything
4.05 Motown Live
4.50 Arena People: Louis Armstrong
Portrait of Louis Armstrong's life. An innovator, band leader, pop star, actor and the first great jazz soloist, Armstrong's life was the epitome of the rags-to-riches story.

6.00 The First, the Last, My Everything
People discuss their all-time favourite record.
6.30 The First, the Last, My Everything

7.00 Pop Go the Sixties
Its New Year's Eve, 1969, join Jimmy Saville as he introduces many of the hit bands of the decade.

8.00 Arena People
Frank Skinner – A Little Bit of Elvis
Frank Skinner attempts to authenticate an Elvis Presley shirt.

9.00 Rock Family Trees
The Mersey Sound
This programme traces the rapid rise and fall of the Mersey Beat scene.

10.00 FILM: Things to Do in Denver When You're Dead
Andy Garcia, William Forsythe, Gabrielle Anwar
Thriller. A reformed gangster comes out of retirement at the request of his ex-boss for one last job. But the plan goes fatally awry and the boss hires a formidable hit man to kill the team. *1995*
12.20am Arena People: Louis Armstrong
1.35 Sounds of the Sixties
2.05-3.00am Rock Family Trees
The Mersey Sound
The rise and fall of the Mersey Beat scene.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Crowned Lemurs
7.30 Wildlife on UK Horizons
8.00 The Bat that Cracked the Frog Code
8.30 The Swarm
9.00 The Sharks
10.00 Secrets of World War II
12noon Tomorrow's World Plus
1.00pm The Deep
2.00 Crowned Lemurs
2.30 Wildlife on UK Horizons

3.00 The Bat That Cracked the Frog Code
3.30 The Swarm
A look at the jellyfish and its ferocious sting.

4.00 The Sharks
Documentary focusing on scientists and expert divers who work with sharks, including extraordinary footage.

5.00 Top Gear GTi
The team presents a special edition of their show, featuring extra information, interviews and consumer tips.

6.00 Around the World in 80 Days
Oriental Express
Michael Palin's journey continues with a trip on a huge container ship.

7.00 The Cruise
Scotty to the Rescue
7.30 The Cruise
Life's a Beach
Jane receives her first audience ratings.

8.00 Chimpanzee Challenge with Nicholas Lyndhurst
Nicholas Lyndhurst helps return some chimpanzees to their natural habitat.

9.00 HMS Splendid – Under the Sea
Documentary series observing life on board the attack submarine *HMS Splendid*.

10.00 Top Gear GTi
The team presents a special edition of their show, featuring extra information, interviews and consumer tips.

11.00 Secrets of the Paranormal
11.30 Secrets of the Paranormal
12midnight-1.00am Louis Theroux's Weird Weekends

UK PLAY:
1.00am Goodness Gracious Me 1.35 The Weekenders 2.05 The Fast Show 3.15 Stella Street 3.30 Hey DJ 4.30 TOTP Plus 5.00 Skunk Anansie 6.00 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Simply Puddings 10.00 In Season 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Mauritius: The People, the Place, the Food 12noon Classic Dishes 12.30pm Ross on the Range 1.00 Coxon's Kitchen College 1.30 Five Star Cooking 2.00 Food Network Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Currants
Tessa Bramley explores the origins of food.

4.00 Simply Baking
Chocolate
4.30 Tastes of Britain
Dorinda Hafner explores Britain's diverse cuisines.

5.00 Flash in the Pan
Celebrity food quiz.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm Pacific Food

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Swamp Surgeons
An insight into the people who wrestle with the wild so they can save it.

8.00 A Lizard's Summer
8.30 The Serpent's Delight
Discover the private world of the snake.

9.00 Quest for the Basking Shark
Bernard Delemotte, chief Cousteau diver and cameraman searches for the Basking Shark.

10.00 Jaguar: Year of the Cat
Travel to the rainforest of Belize to witness one of the most powerful predators on Earth.

11.00 Explorer's Journal
Wild At Heart
Can horses help criminals to put their lives on the right track?
12midnight-1.00am Wolfman
Join Werner Freund, who has been accepted as the dominant male by five packs of wild wolves and has lived amongst them for 25 years.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky
Madcap gameshow.
5.30 100%
6.00 Family Fortunes
6.30 Beadle's About
7.00 Sale Of The Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Gladiators
10.00 Family Fortunes
10.30 Beadle's About
11.00 Celebrity TV Bloopers
12midnight Absolute Cobblers
12.30am The Cooler
Quiz show with Donna Air.
1.00 3-2-1
2.00 Karaoke Challenge
2.30 Absolute Cobblers
3.00 Simply Irresistible
3.30 The Krypton Factor
Contestants face physical and mental challenges.
4.00 Say the Word
Hosted by Andy Crane.
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 The Car Show 8.30 The New Yankee Workshop 8.55 This Old House with Steve and Norm 9.30 This Old House with Steve and Norm 10.00 Rex Hunt Fishing Adventures 10.30 Go Fishing 11.00 Hooked on Fishing
11.29 The Home and Leisure House 11.30 Grundy Goes... 12noon Home Again with Bob Vila 12.30pm Home Again with Bob Vila 1.00 Our House 1.30 Space Invaders 2.00 Kingsbury Square 2.30 Whacky Racers 3.00 Set in Stone 3.30-4.00pm Away with Words

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 Club@vision 11.45 Scratch TV 12noon That Film Show 12.30 Got Any Gear? 12.45 Come on 1.00 Freesports 1.30 Freesports 2.00 Trainspotters 2.30 That Film Show 3.00 Club@vision 3.45 Scratch TV 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Saturday 11 March

MORNING

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY
WORLD PACK

4.00pm Supership
The Challenge
Follow the development and the launch of the *Oriana*, one of the latest generation of cruise liners.

5.00 Supership
The Construction
The *Oriana* was constructed from 15,000 tons of steel and pieced together like a jigsaw.

6.00 Supership
The Launch
Hear the thoughts of the captain, construction workers and passengers of the *Oriana*.

7.00 Bullet Catchers
A look at bodyguards who risk their lives daily in the service of their employers, including the American Secret Service.

8.00 Scrapheap
Powerboats
The teams have to construct a fully working powerboat using junk from a scrapheap.

9.00 Lost Treasures of the Ancient World
Great Pyramids
A look at the history of the pyramids in Giza, built thousands of years ago.

10.00 My Titanic
Moment of Truth
Hear the eye-witness accounts from the survivors of major disasters in recent years.

11.00
Forensic Detectives
Presumed Dead
A look at how crimes are solved with the tools of forensic science.

NIGHT TIME

12midnight Supership
The Construction
The *Oriana* was constructed from 15,000 tons of steel and pieced together like a gigantic jigsaw puzzle, beginning with the keel.
1.00am-2.00am Supership
The Launch

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog 12noon Cartoon Theatre
A feature-length animated adventure.
2.00pm Bugs Bunny Marathon

7.00pm-9.00pm Cartoon Theatre
Another feature-length animated adventure.

TNT
FAMILY PACK

9.00pm Classic WCW Nitro
Classic wrestling action from the USA.

12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon is staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it. Today's first round contest sees *Sabrina the Teenage Witch* facing up to *Hey Arnold!*.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Live in the Real World
7.30 Desmond's
8.00 Cheers
Don't Paint Your Chickens
Rebecca offers to promote Norm's painting business.
8.30 Mad About You
I'm Just So Happy For You
9.00 FILM: Ruthless People
Danny DeVito, Bette Midler
Comedy. A businessman plots to murder his wife for her money. When she is kidnapped, and learns of her husband's plans she befriends her captors and they plot their revenge on the businessman. *1986*
10.40
Harry Hill – Live from the Queens Theatre
A special show from the surreal comedian recorded live in London.
11.55 Comedy Store
12.25am Armstrong And Miller 12.55 Morwenna Banks 1.25 Duckman
1.50 Rex the Runt
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Almost Perfect

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie Indiana: The Other Dimension
11.50 Casper
12noon It's Your Call 2000: Dennis and Gnasher v Masked Rider
2.15pm Silver Surfer
2.40 The Tick

3.05 Mortal Kombat
The chosen warriors battle the invaders.
3.30
Monster Rancher
Monster adventures.
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
Four young knights defend their homeland.
5.00
Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30-7.00pm FILM: Spiderman – Six Forgotten Warriors
A feature-length adventure for the web-slinging superhero.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Sports Shop!
8.00 Kids Shop!
9.00 Shop! Feature
9.30 Technology Shop!
10.00 Sports Shop!
11.00 Jewellery Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Home Shop!
2.30 Entertainment Shop!
3.30 Kitchen Shop!
4.30 Clothes Shop!
5.30 Shop! Selection
6.00 Jewellery Shop!
A look at a range of diamond-looking jewellery.
7.00-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.30 Straight Talk 8.00 Weekend 9.00 News 10.30 Straight Talk 11.00 News 11.30 Simpson's World 12noon News 12.30pm Seven Days 1.00 News 2.30 Straight Talk 3.00 News 5.30 Scoreline 6.00 News 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 8.30 Simpson's World 9.00 News 9.30 Straight Talk 10.00 News 10.30 Talking Movies 11.00 News 12.30am Seven Days 1.00 News 2.30 Simpson 3.00 News 3.30 USA 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Health 6.30 Business 7.30 World Beat 8.30 Sport 9.30 Europe 10.30 Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 Report 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Larry King 6.30 Hot Spots 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World 11.30 Europe 12.30am Health 1.00 WorldView 1.30 License 2.00 Larry King 3.00 World 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Technofile 10.30 Showbiz Weekly 11.30 The Sharp End 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 The Sharp End 4.30 Technofile 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 The Sharp End 10.00 Sky News at Ten 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Technofile 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 5.35am 7 Tage Anders Fernsehen 5.45 Chronik der Wende 6.00 Englisch für Anfänger 6.30 Bon Courage 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Nano 9.15 Alpen Donau Adria 9.45 Heimat, Fremde Heimat 10.15 Weite Wege 11.00 Quer 11.45 Rückblende 12noon Rockpalast 12.45pm Chronik der Wende 1.00 Neues... 1.30 Titel Folgt 2.15pm Frauensache 2.45 Offen 2.55 Kleine Millionärin in Not 4.30 Tips and Trends Mobil 5.00 Reif für die Insel 5.30 Geheimnisvolle Welt 6.00 Heute 6.20 Offen 7.00 Tagesschau 7.15 Der Menschenfeind 8.50 Evidentia 10.20 Boulevard Bio 11.20-11.45pm Seitenblicke-Revue

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 6.45 Silence ça Pousse 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Archimède 9.00 Journal Télévisé 9.15 La Physique en Forme 9.30 Branché 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Image de Pub

11.20 France Feeling 11.30 Journal Télévisé 12noon Infos 12.05pm Reflets 1.00 Journal Télévisé 1.15 Bouillon de Culture 2.30 Les Inventions de la Vie 3.00 Journal Télévisé 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Des Racines et des Ailes 7.00 Journal Télévisé 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 10.30 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan 1.30 FILM 4.00 Thekikaat 4.30 Videocon Flashback 5.00 Aainey 6.00 Ek Mulaqat 6.30 MTV 123 7.30 Hungama 8.00 MTV Gao Baby Gao 8.30 Junoon 9.00 FILM 12midnight MTV 123 1.00am FILM 4.30 Junoon 5.00 Aainey 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Vaar Parivaar 6.30 Shabads 7.00 Jaagran 7.30 News 8.00 Pakistan Business 8.30 Aashiana 9.00 Baatein 9.30 Entertainment 10.00 Quiz 10.30 Legend 11.00 Ru Ba Ru 11.30 Khana Khazana 12noon FILM 3.00pm Show Time 4.00 Anhoni 5.00 Khoobsurat 5.30 Rishtey 6.30 Hum Paanch 7.00 Callmate Top Ten 8.00 News 8.30 Zee Cine Awards 11.30 Saath 12midnight News 12.30am Shapath 1.00 Most Wanted 2.00 FILM 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club
6.00 CMTV
7.00 Jack van Impe Presents
7.30 Kids' Club
8.00 Donut Man
8.10 Beginner's Bible
8.40 Blood and Honey
9.00 This Generation
9.30 Jesse 10.00 CMTV
10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Review 2.15 City Diary 3.45 Clips 4.45 European Weekly Review 5.45-6.00am Financial Goals at the Weekend

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 10.00 Scottish Parliament 12noon Parliamentary Coverage 2.00pm PMQs 2.30 Hearts and Minds 3.00 Welsh Assembly 5.00 Parliamentary Coverage 11.30-12midnight Straight Talk

THE HISTORY CHANNEL
WORLD PACK

12noon
Mysteries of Exploration
12.55pm
100 Years of Labour
1.00 The Harrier Jump Jet
2.00 Biography
Hermann Goering
3.00 Aircraft Carriers
3.30 Spies
4.00
Great Crimes and Trials
4.30
Great Crimes and Trials
5.00 Clash of Wings
The African Tutorial
6.00 Occult
History of Third Reich
The SS – Blood and Soil
6.55 100 Years of Labour
7.00 Biography
Martin Bormann – In the Führer's Shadow
8.00 Biography
Bonnie Prince Charlie
9.00-10.00pm
Hadrian's Wall

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are Bohemian Garnets at 1.00pm and Formula 1 Memorabilia at 11.00pm.

DIG DEEP

WATCH WITH THE WORLD

12 MARCH AT 8PM

Discovery Channel uncovers an extinct beast which first appeared on earth more than four million years ago.

Raising The Mammoth brings you the excavation of the world's only perfectly preserved mammoth, from under 15 feet of permafrost in the Siberian Arctic.

ALSO SHOWING ON 18 MARCH AT 8PM

RAISING THE MAMMOTH

To find out more about how to subscribe to Discovery Channel, please call freephone

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www.discoverychannel.co.uk

Discovery CHANNEL®

Sunday 12 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Directors
7.00 X-ray Kid
1998, rating Sky PG, DS, 86 mins
9.00
Under the Lighthouse Dancing
1996, rating Sky PG, DS, 90 mins
11.00 The Borrowers
Text *1997, rating Sky U, 83 mins*
1.00pm The Second Jungle Book
Text *1997, rating Sky PG, DS, 86 mins*
2.45 The Wedding Singer
Adam Sandler, Drew Barrymore, Christine Taylor, Allen Covert
Surprise smash comedy set amid the big hair and pastel shirts of the 1980s. When a one-time rock hopeful is jilted at the alter he vents his bitterness in song, but finds redemption in the love of a good woman. Text *1998, rating Sky PG, DS, 93 mins*

4.30
Barry Norman's Film Night

5.00 The Beautician and the Beast
Fran Drescher, Timothy Dalton
Comedy about an ambitious beautician who, on her travels to Eastern Europe, is mistaken for an academic and hired as a tutor for the children of a dictator. As the childrens' tutor, her influence in the house grows. Text *1997, rating Sky PG, 102 mins*

7.00 The Borrowers
John Goodman, Jim Broadbent, Mark Williams, Hugh Laurie
Family comic adventure based on the British novels by Mary Norton. The four inch tall Borrowers live under the floorboards, 'borrowing' what they need from the humans above them. But their future is threatened by an evil lawyer. Text *1997, rating Sky U, 83 mins*

9.00 The Wedding Singer
Adam Sandler, Drew Barrymore, Christine Taylor, Allen Covert
Surprise smash comedy set amid the big hair of the 1980s. A one-time rock hopeful makes his living singing at weddings. But when his own fiancé jilts him, his songs are far from romantic. A new friendship begins to cheer him up. Text *1998, rating Sky 12, DS, 93 mins*

11.00 Illuminations
The fifth of this ten-part series concentrates on the art of the film director. Contributors include Terry Gilliam, Richard Dreyfuss, and Janet Leigh.

12midnight Boogie Nights
Mark Wahlberg, Burt Reynolds, Text *1997, rating Sky 18, 149 mins*
2.35am Deconstructing Harry
Woody Allen, Billy Crystal, Text *1997, rating Sky 18, 92 mins*
4.10-6.00am
The Beautician and the Beast
Fran Drescher, Timothy Dalton Text *1997, rating Sky PG, 102 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Danielle Steel's Star
1993, rating Sky PG, 88 mins
8.00 The Duke
1999, rating Sky U, DS, 85 mins
10.00
National Lampoon's Golf Punks
Tom Arnold, James D Kirk
1998, rating Sky U, DS, 89 mins
12noon Mchale's Navy
Tom Arnold, Tim Curry, Text *1996, rating Sky PG, 104 mins*
2.00pm The Duke
James Doohan, Jeremy Maxwell, Campbell Lane
Children's comedy about a well-to-do duke who is forced to defend his property and wealth from greedy relatives. *1999, rating Sky U, DS, 85 mins*

4.00 National Lampoon's Golf Punks
Tom Arnold, James D Kirk
Comedy. A coach is responsible for teaching a group of misfit kids to play golf. He is determined to turn them into great players and show his arch rival he is no loser. *1998, rating Sky U, DS, 89 mins*
5.45 UK Top Ten
Find out which films are in the British box office top ten.

6.00 Mchale's Navy
Tom Arnold, Tim Curry, Ernest Borgnine, Dean Stockwell
Comedy adventure which is based on the Sixties American TV series of the same name. McHale and his men lead a charmed life stationed on a sleepy Caribbean island until a maniac Russian invades a nearby island. Text *1996, rating Sky PG, 104 mins*

8.00 For Richer or Poorer
Tim Allen, Kirstie Alley, Jay O Sanders, Michael Lerner,
Comedy about a wealthy couple, on the brink of divorce, who are forced to seek refuge in an Amish community after their accountant lands them in trouble with the tax man. In a world away from their own, the couple learn to value each other. *1997, rating Sky 12, DS, 111 mins*

10.00 Money Talks
Chris Tucker, Charlie Sheen
Action comedy. A motormouthed convict becomes unwittingly involved in a jail break. The conman strikes a deal with the reporter who exposed him. Text *1997, rating Sky 18, 92 mins*
11.35 Most Wanted
Keenen Ivory Wayans, Jon Voight
Action thriller. An imprisoned army officer is blamed for an assassination. Text *1997, rating Sky 15, 95 mins*
1.15am Quicksilver Highway
1997, rating Sky 15, 87 mins
2.45 House of America
Sian Phillips, Matthew Rhys, Text *1996, rating Sky 15, 93 mins*
4.25-6.00am Danielle Steel's Star
1993, rating Sky PG, 88 mins

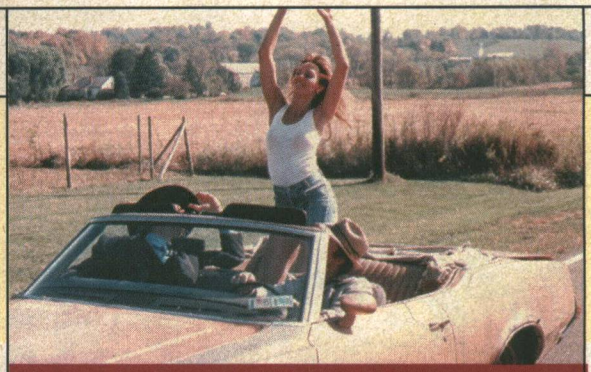
SKY CINEMA
PREMIUM CHANNEL

11.00am Way Out West
Stan Laurel, Oliver Hardy,
Laurel and Hardy get involved with the ownership of a goldmine. *1937, rating Sky U, 63 mins*
12.15pm Cinema Combat: Hollywood Goes to War
Documentary narrated by Martin Sheen looking at the portrayal of war in Hollywood movies. *1998, rating Sky PG, 101 mins*
2.00 The Sea Wolves
Gregory Peck, Roger Moore, David Niven, Trevor Howard
Occasionally comical tale of a retired unit of polo-playing British soldiers who are recruited back into action. *1980, rating Sky PG, 115 mins*
3.55 Operation Petticoat
Cary Grant, Tony Curtis, Joan O'Brien, Dina Merrill,
Comedy. A submarine commander is hampered by both a troubled vessel and a conman as second in command. But things worsen when he is faced with a submarine full of refugees, including female nurses. *1959, rating Sky U, 115 mins*
5.55 Butch Cassidy and the Sundance Kid
Robert Redford, Paul Newman, Katharine Ross, Strother Martin,
Classic Western. A pair of Wyoming outlaws get involved in various bank and railroad heists, while trading witty banter. When they find the law breathing down their necks they head to Bolivia and a crime-free life. Text *1968, rating Sky PG, 106 mins*
7.45 Cinema Nation
Investigation of British cinemas.

8.00 Let Him Have It
Chris Eccleston, Paul Reynolds, Tom Courtenay, Tom Bell
A controversial page from British criminal history is brought to the screen in powerful and provocative fashion. The shooting of a policeman in 1952 by a mentally retarded teenager's friend results in the youngster being put to death. *1991, rating Sky 15, DS, 110 mins*

10.00 Cape Fear
Robert De Niro, Nick Nolte, Jessica Lange, Juliette Lewis
Thriller. A psychopath is out of prison after 14 years and bent on revenge. The object of his hate is the lawyer who unsuccessfully defended him and revealed that he may have withheld some vital evidence at the trial. *1991, rating Sky 18, 122 mins*

12.10am Gumshoe
Albert Finney, Billie Whitelaw, 1971, rating Sky 15, 82 mins
1.40 Loving
George Segal, Eva Marie Saint, 1970, rating Sky 15, 86 mins
3.10-5.25am Advise & Consent
Henry Fonda, Don Murray,
Political drama. *1962, rating Sky PG, 132 mins*



Vanessa Angel tests out the sunroof in the tenpin bowling comedy 'Kingpin'. FilmFour 10.25pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm Princess Caraboo
Phoebe Cates, Kevin Kline, Jim Broadbent, Wendy Hughes
A delightful tale, based on a true story, of a young mystery woman who claims to be a princess from a distant land who is taken in by a wealthy British couple in the early 1800s. The exotic beauty charms everyone – but is she all she claims to be? Text *1994, 93 mins*

8.00 The Shawshank Redemption
Tim Robbins, Morgan Freeman, Gil Bellows, Clancy Brown
Clever, uplifting drama about an innocent man sentenced to life in the vicious Maine jail of Shawshank. Taken under the wing of an old-timer he helps other prisioners to come to terms with their imprisonment and to survive the warden's sadism. Text *1994, 136 mins*

10.25 Kingpin
Woody Harrelson, Bill Murray, Randy Quaid, Vanessa Angel
A bittersweet comedy about a ten pin bowling hustler who befriends a promising newcomer, only to be betrayed. In the process he loses his bowling hand. But years later, revenge beckons when he meets a fantastic Amish bowler. *1996, 110 mins*
12.30am Treacle
An old song is taken into the 1980s.
12.45 Funny Bones
Lee Evans, Jerry Lewis
1995, 122 mins
2.50 Divine Madness!
1980, 89 mins
4.20-5.45am
The Navy Vs the Night Monsters
1966, 85 mins

Find your favourite TV shows in seconds: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm Lilies of the Field
Sidney Poitier, Lilia Skala
Heart-warming drama. An ex-soldier agrees to help five German nuns build a chapel and teach them English. The Mother Superior, who has long harboured a desire to build a chapel, firmly believes he has been sent from heaven. But an incident from the past catches up with the ex-soldier. Text *1963, 94 mins*

9.00 Truly, Madly, Deeply
Juliet Stevenson, Alan Rickman
Romantic drama. A woman is inconsolable when her lover dies. Then, one day, while she is alone in their apartment, he reappears and life is blissful once more. The film marks the directorial debut of playwright and Oscar winner Anthony Minghella (*The English Patient*). *1991, 106 mins*

11.00 Breathless
Richard Gere, Valerie Kaprisky
Stylish crime drama remake of Jean-Luc Godard's classic *A Bout de Souffle*. After the death of a policeman, a murderer hides out in LA and meets a French college student. *1983, 100 mins*
1.00am A Soldier's Tale
Gabriel Byrne, Marianne Basler
1988, 96 mins
3.00 Truly, Madly, Deeply
1991, 106 mins
5.00-7.00am Geordie
Highland Drama. *1955, 95 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Swashbuckler. A former fighting hero known as Zorro embarks on a quest to find a successor. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
PRINCE NASEEM HAMED V VUYANI BUNGU
The unbeaten British featherweight defends his WBO title against the South African Vuyani Bungu.
PREVIEWS FROM 6.00AM
FIGHT STARTS AT 9.00AM, 12NOON

THE THIN RED LINE
Epic war drama focusing on a group of soldiers trying to find the inner strength to carry on fighting when they are sent to a Pacific island. Stars Sean Penn. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Drama about a shy girl whose talent for mimicking the likes of Marilyn Monroe, and Edith Piaf is spotted by seedy local promoter. Stars Jane Horrocks. Text *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power
7.00 Count Duckula
7.30 Rescue Heroes
8.00 Pokémon
8.30 The Simpsons Text
9.00 Tintin
9.30 Mummies Alive
10.00 Dream Team Omnibus
11.00 WWF – Metal
12noon WWF – Superstars.
1.00pm Nightman
2.00 Early Edition Text

3.00 Sliders
Luck of the Draw Sliders
The Sliders travel to a parallel dimension, which at first glance seems a lot like paradise.

4.00 Star Trek: Deep Space Nine
Improbable Cause
After Garak's shop mysteriously explodes, Odo decides to investigate. Text

5.00 Star Trek: Voyager
Future's End – Part I
When they are attacked by a ship from the future, the crew finds itself on 20th-century Earth. Text

6.00 The Simpsons
Burns Verkaufen der Kraftwerk
Homer loses his job when the power plant is sold. Text

6.30 The Simpsons
Little Big Mom Text

7.00 King of the Hill
Cotton's Plot
Animated Texas comedy.

7.30 Friends
The One with the Inappropriate Sister

8.00 Earth: Final Conflict
In Memory
In this episode, the Jaridians trick Lili into repairing a Taelon ID drive which will enable them to travel to Earth.

9.00 Prickly Heat
The competition intensifies as the end draws near and tears start to flow as the holidaymakers head for home following the experience of a lifetime.

10.00 Yanky Panky
Meet Italian heart-throb and romantic novel cover boy Fabio at his plush Hollywood Hills home. Hear soul legend Edwin Starr and watch some line-dancing dogs.

11.00 South Park
Mr Hankey's Christmas Classics

11.30 Forever Knight
Blackbuddha – Part II

12.30am LAPD
Air and ground units are in hot pursuit of a stolen vehicle.

1.00 Married... With Children
Till Death Do Us Part Text

1.30 The Untouchables
The Fever

2.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.25 Angels
7.55 Blake's Seven
8.55 Dr Who Omnibus: Twin Dilemma
10.45 Dynasty Omnibus
12.35pm
FILM: The Heroes of Telemark
Kirk Douglas, Richard Harris
Action adventure based on the true World War II story of Norwegian efforts to destroy a Nazi water plant. *1965*

3.00 The Bill Omnibus
Beech and Croft find it difficult to agree on the usefulness of forensics in tracking down a violent attacker. Lines and Skase investigate a possible arson attack on a nightclub run by a very attractive woman. A severed hand is found on a rubbish tip, leading to a police search for its owner. Cryer and Slater have to handle a tricky case involving a disabled ex-policeman and his wayward son.

5.25 To the Manor Born
Audrey helps catalogue Richard's antique china but one piece is mislaid.

6.00 Heartbeat
Treading Carefully
Nick and Kate's marriage is thrown into turmoil, but there are plenty of people to give advice. Kate becomes unexpectedly involved in a new police case.

7.05 Keeping Up Appearances
Hyacinth attends an exclusive auction, which worries Richard.

7.45 Porridge
Poetic Justice
Fletcher is incensed when an old enemy arrives in his cell.

8.25 Porridge
Rough Justice
Fletcher decides that Harris must be put on trial for stealing.

9.05 Men Behaving Badly
Going Nowhere
Gary is happy to be stuck in a lift with Deborah.

9.40 Men Behaving Badly
People Behaving Irritatingly

10.15 Shooting Stars
Vic Reeves and Bob Mortimer host the comedy quiz show.

10.50 Rab C Nesbitt
Holiday
Rab accompanies his family on a holiday to sunny Spain.

11.30 Hetty Wainthropp Investigates
Fingers
Hetty takes on a new case while on holiday with Robert. But who exactly is she dealing with?

12.30am Hetty Wainthropp Investigates
Widdershins

1.30 Shooting Stars
Anarchic game show.

2.10-2.45am Whatever Happened to the Likely Lads?
One for the Road

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.30 Brookside Omnibus
12.30pm
FILM: Dying to Remember
Melissa Gilbert, Scott Plank
Thriller. A woman's nightmares strangely reflect reality. *1993*

2.20 FILM: Grace Kelly
Cheryl Ladd, Lloyd Bridges, Diane Ladd, Alejandro Rey
Biopic telling the story of Grace Kelly from her teenage years, through her Hollywood career and culminating in her wedding to Prince Rainer of Monaco. Grace rose from acting student to fashion model to become a reigning screen star. But at the peak of her success, she put her career aside to marry her prince. *1983*

4.20 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

6.00 Special Babies
Documentary series on babies born with special needs and the medical staff who care for them.

6.30 Life, Camera, Action
Real-life drama caught on camera.

7.00 Judge Judy
New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. With Lucy Bell and Peter Mochrie.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Ally Walker and Robert Davi.

10.00 Jerry Springer
A double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Plus on Plus 7.30 The Bounder
8.00 Fiddlers Three
8.30 Supersonic
9.00 Hawaii Five–0
10.00 Charlie's Angels
11.00 Hogan's Heroes
11.30 Nearest and Dearest
12noon Jeeves and Wooster
1.00pm The Lovers
1.30 A Fine Romance
2.00 Cagney and Lacey

3.00 Classic Coronation Street – The Omnibus
Bet and Gordon are interviewed for the managers job at The Rovers. Elaine Prior returns from Southampton and bumps into a troubled Kevin. Meanwhile, the regulars celebrate New Year's Eve at The Rovers. Bet gets some good news and Hilda takes in a new lodger. Then things start to hot up between Bet and Frank. Christine Milward catches up with Mike Baldwin.

5.30 Brian Conley – This Way Up
Brian assures us no tortoises were harmed during his sketches.

6.00 The Memoirs of Sherlock Holmes
The Three Gables
Watson is placed in mortal danger when Holmes meets Spanish beauty Isadora Klein.

7.00 Jeeves and Wooster
When neighbours complain about his trombone playing, Bertie decides to retire to the country. Jeeves hands in his notice.

8.00 Stay Lucky
Ricardo Purada arrives with a photograph which causes marital confusion. Sally and Thomas travel to Portugal in an attempt to sort out the mess.

9.00 Taggart
Rogues Gallery
The detectives investigate a case which links the world of drug pushers with the art world.

10.30-11.00pm At the Wheeltappers

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Biking magazine programme. Text

11.30 Motormania!
Motoring magazine which looks at people who are passionate about their vehicles.

12midnight Ferrari – The Myth of the Prancing Horse Text

12.30am Drivetime
The Bugatti Story – Part I
Traces the career of the maverick car designer Ettore Bugatti.

1.30-2.00am Motor Week
Magazine series about the motoring industry.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Pb and J Otter 6.20 Music Time 6.25 Pooh 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules: The TV Show 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 Brotherly Love
12noon Boy Meets World
12.30pm Movie Surfers: Inside George of the Jungle
1.00 FILM: The Phoenix and the Carpet
Classic children's story. *1997*
2.35 Mickey Mouseworks

3.00 101 Dalmatians
Shake, Rattle and Woof/ Cadpig Behind Bars Text

3.30 Timon and Pumbaa
Fun with the mad meerkat and wacky warthog. Text

4.00 FILM: Incredible Journey
Emile Genest, Tommy Tweed
Heart-warming adventure. Three lovable animals take a perilous journey through the Sierra Mountain range in search of their human friends. *1963* Text

5.20 Honey, I Shrunk the Kids: The TV Show
Honey, the House is Trying to Kill Us Text

6.00 Smart Guy
Men Working Badly Text

6.30 Boy Meets World
The Double Lie
Shawn and Jonathan Turner learn to be honest. Text

7.00 FILM: George of the Jungle
Brendan Fraser, Leslie Mann, Thomas Hayden Church
George is a Tarzan-style character – except he is a clumsy klutz. He rescues a beautiful woman from a lion, but this leads to trouble in the jungle. *1997*

8.30 Honey, I Shrunk the Kids: The TV Show
Honey, I've Joined the Big Top
The Szalinskis join the circus. Text

9.10 So Weird
Fiona "Fi" Phillips has more paranormal adventures. Text

9.35 Dinosaurs
Animatronic antics. Text

10.00 Home Improvement

10.30 Thunderstone Text.

11.00 Touched by an Angel Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

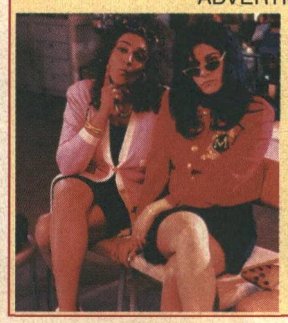
Breathless
Carlton Cinema 11.00pm
In an incredibly bold move, director Jim McBride gives Jean-Luc Godard's exuberantly experimental French New Wave classic *A Bout de Souffle* a glossy overhaul. What emerges is a stylish and steamy tale that centres on cop killer Richard Gere and his girl.

GENERAL

Behind the Music Weekend
VH1 from 11.00am
VH1's highest rating show, *Behind the Music*, is now on seven days a week. The probing and revelatory documentary series has all the stars spilling the beans. Enjoy a weekend devoted to the show, kicking off with the likes of Sting and Lenny Kravitz.

ADVERTISEMENT

UK PLAY



GOODNESS GRACIOUS ME
9.00PM
Sending up British culture, Asian culture and everything in between, this hilarious and irreverent sketch show is not to be missed.

Sunday 12 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Biathlon
9.00 Biathlon – LIVE
9.45 Cross-country Skiing
12noon Biathlon – LIVE
Coverage of the men's 12.5km Pursuit at the World Cup in Lahti, Finland
12.45pm
Ski Jumping – LIVE
Coverage of the K112 event at the World Cup in Oslo.
2.15 Cycling – LIVE
Coverage of the final stage of the Paris-Nice race.

3.00 PM

4.00 PM

4.00 Biathlon
Coverage of the men's 12.5km Pursuit at the World Cup in Lahti, Finland.

5.00 PM

5.00 Ski Jumping
Coverage of the K112 event at the World Cup in Oslo.

6.00 PM

6.00 Tennis – LIVE
The world's best players on the Sanex WTA Tour and the ATP Tour come together in Indian Wells, California over a ten day period to compete for a total of $4,000,000 in prize money. The Newsweek Champions Cup has evolved into the sixth largest tennis event in the world and is one of the few events to have both men and women competing. at the same time. Today's action comes from the women's tournament.

7.00 PM

8.00 PM

9.00 PM

9.00 NASCAR
Coverage of stock car racing from the Winston Cup Series in Atlanta. Expect some spectacular action and accidents.

10.00 PM

10.00 SportsCentre
Sports news bulletin.
10.15 Short Track Speed Skating
Coverage of the men's and women's 1000m, 3000m and relay at the World Championships.
11.15 Ski Jumping
Coverage of the K112 event at the World Cup in Oslo.

11.00 PM

12.00 NIGHT TIME

12.15-12.30am SportsCentre

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Spanish Football
8.00 Aerobics Oz Style 8.30 Moto Plus 9.00 Rugby League: Challenge Cup Quarter-final
10.30 Euro Tour Golf: Qatar Masters – LIVE
Coverage from the Doha Golf Club.
1.30pm Big Fights
2.30 Gillette World Sport Special

3.00 Ford Super Sunday: FA Premier League – Bradford v Leeds – LIVE
Coverage from Valley Parade of this Yorkshire derby. Newly-promoted Bradford City have struggled all season, while at the other end of the table, Leeds United are emerging as one of the teams most likely to challenge mighty Manchester United.

6.30 Spanish Football – LIVE
David Bobin presents La Liga action, featuring the pick of the ties from the latest round of matches in the Spanish Primera Division. Guy Havord is your commentator, while Gerry Armstrong is the match summariser.

8.30 Goals on Sunday
Clare Tomlinson presents a special edition of the show, featuring the goals, names and faces that made the FA Cup headlines this weekend.

11.00 Spanish Football
Another opportunity to enjoy the silky skills of Barcelona, Real Madrid, et al as the race for Spain's Primera Division championship hots up.
1.00am-3.30am Goals on Sunday
Clare Tomlinson presents a comprehensive round-up of all the weekend's goals.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World 7.00 Aerobics Oz Style 7.30 Rugby Union Update 9.00 Soccer Extra 12noon First Division Football: Blackburn Rovers v Crewe – LIVE
Marcus Buckland presents all the live action from the match between Blackburn Rovers and Crewe Alexandra at Ewood Park.

3.00pm Basketball

5.00 Euro Tour Golf: Qatar Masters – LIVE
The 2000 Qatar Masters draws to a close today at the Doha Golf Club. Scotland's Paul Lawrie emerged victorious last year, beating the rest of the field by a massive seven strokes in the windiest of conditions. It kick-started an incredible year for the likeable Scot, who went on to win the Open championship five months later. David Livingstone introduces the live action.

8.00 Ford Golf USA: Honda Classic – LIVE
Vijay Singh joined the likes of Johnnie Walker and Jack Nicklaus by winning the Honda Classic in 1999. The popular Fijian star overcame a five stroke deficit to storm to victory on the final day. Today's field should find conditions a little easier than last year – the course was battered by driving winds and incessant rain but it was Singh who adapted best. Look out for Tiger Woods in this live final day.

11.00 Euro Tour Golf: Qatar Masters
The 2000 Qatar Masters draws to a close today at the Doha Golf Club. David Livingstone introduces the action, while Ewen Murray and Bruce Critchley provide the commentary.
2.00am-3.30am Rugby League: Challenge Cup Quarter-final
Action from the latest round of Challenge Cup.

SKY SPORTS 3
PREMIUM CHANNEL

10.00am World Wide Rugby
11.30 Rugby Union Update: Allied Dunbar Match
Mark Durden-Smith bobs and weaves his way though another highly-charged encounter in the Allied Dunbar Premiership.
1.00pm Badminton: All England Chamionships – LIVE
Fast-paced live action from the All England Badminton Championships. The world's best are at the International Arena in Birmingham for this prestigious Grand Prix event.

5.30 Ford Scottish Football: Scottish Cup Fifth Round – LIVE
Jim White presents coverage of a crucial clash in the fifth round of the Scottish Cup, won last season by Glasgow Rangers, who claimed the league cup and the league title as well. Commentary comes from Ian Crocker and Dave Provan with expert studio analysis from Charlie Nicholas.

8.30 Snow Show
The leisure sport and travel show that visits winter resorts.

9.00 Rugby League: Challenge Cup Quarter-final
Featuring Leeds Rhinos, the defending champions, whose demolition of Whitehaven Warriors was the high point of last year's action-packed set of quarter-finals.
10.30 Arctic Rally 2000
Another chance to enjoy all the action from the Arctic Rally 2000.
11.30-12midnight Moto Plus
The latest auto action.

SCI-FI
ACTION PACK

8.00am The Ray Bradbury Theatre
8.30 Cybernet
9.00 The Incredible Hulk
10.00 Lost in Space
11.00 The Six Million Dollar Man
12noon FILM: Apollo 13
Tom Hanks, Bill Paxton
A routine space mission goes badly wrong. *1995*
2.40pm Mystery Science Theatre 3000
Overdrawn at the Memory Bank
Mike and his robot chums on the *Satellite of Love* are forced to watch bad sci-fi films. Crow T Robot decides he has a famous catch-phrase: `You know you want me, baby!'

4.25 FILM: 20 Million Miles to Earth
William Hopper
The first human expedition to Venus crash lands on its return to Earth. The canister holding specimens of Venusian life is broken, freeing an alien. *1957*

6.00 Babylon 5
Deathwalker
When an infamous scientist arrives on *Babylon 5*, Sinclair must make a difficult decision.
7.00 Babylon 5
Believers
Dr Franklin tries to save the life of a dying alien child when his parents refuse an operation.
8.00 PSI Factor – Chronicles of the Paranormal
The Winding Cloth
The team fights Ludac, a murderous refugee.
9.00 PSI Factor – Chronicles of the Paranormal
Changó
The team meet a man with an incredible power.
10.00 Lexx
K-Town
Stan and Xev encounter someone who looks and behaves a lot like an old nemesis of theirs.
11.00 American Gothic
Eye of the Beholder
Sheriff Buck is determinied to win custody of Caleb, no matter what the cost.
12midnight Sleepwalkers
Eye of the Beholder
Drama series about an experimental scientific research team.
1.00am VR.5
Sisters
2.00 Project UFO
3.00-4.00am Lost in Space

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 Top 100 Weekend
10.00 Hit List UK
12noon News Weekend Edition
12.30pm New Sensation – Christina Aguilera NEW
1.00 MTV Dance Floor Chart Show
2.00 Top 100 Weekend
Counting down the Top 100 floorfillers, from the world's biggest artists. Sure to make you leap out of your seat and get grooving on the living room floor with your mates.

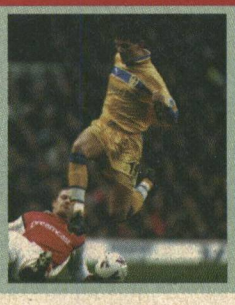
4.00 Select MTV
Viewers make MTV their personal jukebox. Live from London every day, two hours of chat, videos and guest appearances from some of the most promising names in pop. Hosted as usual by Richard Blackwood.

6.00 News Weekend Edition
6.30 Backstreet Boys – The Story So Far
The boys talking about the highs and lows of stardom.
7.00 Top 100 Weekend
The countdown of the top 100 floorfillers continues. Featuring the top tunes from artists that always fill the dance floor.

10.00 Sex in the 90s – Generation Sex
10.30 MTV Live
A compilation of the best live music from the renowned MTV studios.
11.00 brand:new
A tongue-in-cheek view of what's happening and who is about to be huge in the music industry, presented by Zane Lowe.
12midnight The Late Lick
Wind down as Trevor Nelson brings you a smooth mix of soul and R&B.
1.00am Sex in the 90s - Generation Sex
Groundbreaking series.
1.30 MTV Live
2.00-6.00am Night Videos

LIVE FORD SUPER SUNDAY: BRADFORD CITY V LEEDS UNITED SKY SPORTS 1 3.00PM

Top vs bottom as Paul Jewell's relegation favourites continue to fight for their lives at Bradford with this afternoon's match against mighty Leeds. Not only is Yorkshire pride at stake, but three points for either side today will make a whole lot of difference at the end of the season. The young men of Elland Road – including Eirik Bakke (pictured, right) – should be too strong for Bradford's mix of young talent such as David Wetherall (pictured, left) and stalwarts like Stuart McCall and Dean Saunders.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Club VR 11.40 Rendezvous 12midnight Freeview 12.10am Premier Strip 12.20 Department Sex 12.45 FILM: Suspicious Pleasure 2.00 Andy Cam 2.20 The Solution for Sex 3.40-4.00am FILM: Hollywood Biker Chicks

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am FILM: The Hustlers 1.00 Five Minute Freeview 1.05 FILM continues 1.20 FILM: Bone Therapy 2.30 FILM: Temptation 3.40-4.00am Women in Uniform

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Sunday 12 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast 8.00 Emma 9.00 Kate & Jono 10.00 Rock Profiles: Blur 10.30 VH1 to One – Au Revoir Celine 11.00 Behind the Music: Vanilla Ice 12noon Talk Music 12.30pm Greatest Hits: Bryan Adams 1.00 Rock'n'Roll Classics 1.30 Greatest Hits: Tears for Fears 2.00 Kate & Jono

3.00 Behind the Music: Gloria Estefan
A look at the career of the Cuban-American star, from her early days with the Miami Sound Machine.

4.00 Behind the Music: Duran Duran
This hour-long features traces the career of this popular group from its early days in Birmingham.

5.00 Behind the Music: Sting
VH1's documentary series turns the spotlight on the former Police frontman turned solo singer and compassionate friend of the Amazonian Indians.

6.30 VH1 to One – Au Revoir Celine
A farewell to the French-Candanian chanteuse.

7.00 The VH1 Album Chart Show
A countdown of the latest hit albums with Paul King.

8.00 The Kate & Jono Show
More music and entertainment with Kate Thornton and Jonothan Coleman.

9.00 Behind the Music: Milli Vanilli
Eurodisco producer Frank Farian fabricated a chart-topping band before they were exposed.

10.00 Behind the Music: Lenny Kravitz
NEW Hear Lenny's story of suffering and sex with a Cosby Show cast member on *Behind the Music!*

11.00 Classic Albums: Jimi Hendrix Electric Ladyland
A look at the making of the 1968 double-album, *Electric Ladyland.*

12midnight Greatest Hits: Texas
Some of the hits from the durable Glaswegians with a former hairdresser as their lead singer.

2.00am VH1 Country
2.30 VH1 Soul Vibration
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Zoo Chronicles 12.30pm Zoo Chronicles 1.00 Croc Files
Steve and Terri Irwin return to study a remote river.
1.30 Croc Files
Steve and Terri Irwin leave Australia for the USA.
2.00 Aquanauts
Underwater adventures.
2.30 Aquanauts
Underwater adventures.

3.00 Wishbone
The Canine Cure
3.30 Wishbone
The Pawloined Paper
Joe is in a race to recover a love note.

4.00 Zig and Zag
NEW SERIES A gameshow and sports competition for dogs.

4.30 Zig and Zag
Dog gameshow.

5.00 The Blue Beyond
Storm Over Albuquerque
The team fight to prevent a hungry shark intruder from hurting the dolphin.

6.00 Wild Rescues
Tales of people saving animals and animals saving people.

6.30 Wild Rescues
More rescue stories.

7.00 The Last Paradises
Lake Manyara

7.30 The Last Paradises
Fynboss

8.00 Animal Detectives
Turtles

8.30 Animal Detectives
Walrus

9.00 Klondike and Snow
At Colorado's Denver Zoo a polar bear gave birth to twin cubs, and then abandoned them.

10.00 Fit for the Wild
Ocean

10.30 Champions of the Wild
Wildlife Vet
A look at an African vet.

11.00-12midnight A Dog's Life
Profile of the domesticated dog, exploring man's unique relationship with the canine.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Family Fortunes 10.00 Grudge Match 10.50 Chart Choice 11.00 Blind Date 12noon CD:UK 1.00pm Bedrock
Music, bedroom webcams, e-mail activity and a daily battle of the sexes.
2.00 Trisha
Trisha Goddard shares more true stories.

3.10 Emmerdale Omnibus
A chance to catch up with all last week's episodes down in the Dales.

4.35 Coronation Street Omnibus
Catch up with all the week's events on the long-running soap. Text

6.25 Soap Fever
A show devoted to the world of soaps. With celebrity guests, chat, previews and reviews, archive specials and tributes to soap icons.

7.25 Italian Football – LIVE
Coverage from another game in Serie A, the league which features many of the world's best players and some of its most glamorous clubs.

9.40 Words With
Celebrities relate anecdotes based on the words or phrases written on cards they are given.

10.00 Coronation Street
A chance to see tonight's episode from ITV. Text

10.30 Reach for the Moon
This Means Nothing to Me
A teacher's wedding plans go awry when his teenage sweetheart returns.

11.30 Gatecrashers
More pranks.

12midnight The Jerry Springer Show
More outrageous revelations and confrontations.

12.50am-1.50am Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 Good Living 9.00 Gardeners' World 9.30 Ground Force 10.00 The Green Room 10.30 Show People 11.00 Holiday in Style 12noon Rough Guide to the World 1.00pm The Naked Chef 1.30 Big Kevin, Little Kevin 2.00 Rick Stein's Seafood Odyssey 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm Pop Go the Sixties

3.55 FILM: Cat People
Simone Simon, Kent Smith, Tom Conway
Horror classic in which a woman hides a deadly Serbian curse. *1942*

5.15 The First, the Last, My Everything

5.45 Sounds of the Sixties
1967-68 – The Pop Boom

6.15 Sounds of the Sixties
1968-69 – The Swinging Sixties

6.45 Later On Blondie at Glastonbury '99
Blondie deliver a sizzling set containing many of their classic tunes.

7.40 Arena People
Joe Meek
The story of the first producer to take on the might of the record companies.

8.40 The First, the Last, My Everything
A look at some favourite records and concerts.

9.10 Rock Family Trees
Banshees and Other Creatures
A look at the links between punk-era bands.

10.10 The Lakes
As the whole village gathers at the lakeside, it becomes clear that Danny's valiant efforts to save the drowning schoolgirls have failed.

11.15 Arena People
Jimi Hendrix
Exploration of the tragic life of one of the most innovative guitarists.

12.15am Arena People
Joe Meek

1.10 Rock Family Trees
Banshees and Other Creatures

2.00-3.00am Arena People
Jimi Hendrix

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Alligator Hole 7.30 Lady of the Spiders 8.00 Piranhas 8.30 Roadrunner – Clown of the Desert 9.00 The Wolf Man 10.00 Drake's Last Voyage 11.00 A Rough History of... 11.30 Decisive Weapons 12noon Top Gear Special 12.30pm Top Gear Special 1.00 The Deep 2.00 Alligator Hole 2.30 Lady of the Spiders

3.00 Piranhas
David Attenborough tells the story of the South American piranha.

3.30 Roadrunner – Clown of the Desert

4.00 The Wolf Man
Documentary on the strange life of Paul Balenovic, who spent half of his time with a pack of wild wolves over 17 years.

5.00 Tomorrow's World Plus
Peter Snow and Philippa Forrester present reports on the future of science and technology

6.00 Secrets of World War II
The Amazing Colonel Doolittle
Series examining the history of World War II.

7.00 Secrets of World War II
The Coast Watchers
Series examining the secret history surrounding World War II.

8.00 Football Wives
Documentary about the wives of some of Britain's top footballers, including Suzi Walker, Sam Holdsworth and Ann Lee.

9.00 The Dome – Trouble at the Big Top
The Finest Hour
The story behind the Millennium Dome.

10.00 The Dome: Trouble at the Big Top
The Darkest Hour
Peter Mandelson's time is drawing to a close.

11.00 Billy Connolly's World Tour of Australia

11.50 Road Rage

12.40am-1.00am Top Gear Take 2

UK PLAY:
1.00am The Chris Moyles Show 1.30 Cherry Pop 2.00 Footage and Mouth 2.30 The Fugees' Dream Performances 3.00 Jamie Theakston's Pick 'n' Mix 3.30 The Sound of Play 6.30-7.00am Footage and Mouth

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spiceworld 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Mauritius: The People, the Place, the Food 12noon Classic Dishes 12.30pm Food from the Village 1.00 Coxon's Kitchen College 1.30 Chocolate Covered 2.00 Food Network Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Orange
Recipes include sticky oriental partridge.

4.00 Simply Baking
Puff Pastry

4.30 A Shared Table
Kangaroo Island and the Coorong
A barbecue on the beach.

5.00 Flash in the Pan

5.30 Classic Dishes

6.00 Coxon's Kitchen College

6.30-7.00pm Gordon Ramsay's Passion for Flavour

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Tiger Tiger
A look at the people who are fighting to save the tiger from extinction.

8.00 Silvereyes in Paradise
A look at the small olive-green bird.

8.30 The Eagle and the Snake

9.00 Condor
Although it once soared through the skies over saber-toothed tigers, the condor has been brought to the edge of extinction.

10.00 Diving with the Great Whales
Mitsuaki Iwago uses a specially rigged camera to capture the behaviour of the humpback whale.

11.00 Explorer's Journal
Reptile Rescue
An insight into the people whose lives are dedicated to the rescue of reptiles.

12midnight-1.00am On the Trail of Brother Wolf
In the remote regions of France a team of documentary producers as it searches for the elusive and mysterious wolf.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky 5.30 100% 6.00 Family Fortunes 6.30 Beadle's About 7.00 Sale of the Century 7.30 Winner Takes All 8.00 The Crystal Maze 9.00 Stars in Their Eyes 9.45 Endurance UK
UK version of notorious Japanese gameshow.
10.30 Beadle's About
Members of the public fall prey to the prankster.
11.00 Celebrity TV Bloopers 12midnight Absolute Cobblers 12.30am The Cooler 1.00 3-2-1 2.00 Karaoke Challenge 2.30 Absolute Cobblers 3.00 Simply Irresistible 3.30 The Krypton Factor 4.00 Say the Word 4.30 100% 5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 The Car Show 8.30 The New Yankee Workshop 8.55 Home Savvy 9.30 Home Savvy 10.00 Rex Hunt Fishing Adventures 10.30 Screaming Reels
11.00 Big Bite NEW SERIES 11.29 The Home and Leisure House 11.30 Grundy Goes... 12noon The House Doctor 12.30pm The House Doctor 1.00 Our House 1.30 Space Invaders
1800s Grand House
2.00 Kingsbury Square 2.30 Whacky Racers 3.00-4.00pm Time Team
Aston Eyre

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 That Film Show 11.30 Scratch TV 11.45 Got Any Gear? 12noon Club@vision 12.45pm Come On 1.00 Freesports Acquisition 1 1.30 Freesports Acquisition 2 2.00 Trainspotters 2.30 That Film Show 3.00 Trainspotters 3.30 Eurospotters 3.45 Got Any Gear? 4.00 Club@vision 4.45 Scratch TV 5.00-6.00pm H.E.R.E. Omnibus

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.

6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Sunday 12 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo
11.30
Courage the Cowardly Dog
12noon Cartoon Theatre
A feature-length animated feature.
2.00pm
Sylvester and Tweety Marathon
An entire afternoon of fun with the sparring cat and bird.

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon is staging a knockout request tournament pitting the best of its live action shows against the top 'toons. The only way a show can progress to the next round is if the viewers vote for it. Today's first round contest is between *Kenan & Kel* and *SpongeBob Squarepants*.

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights of Tir Na Nog 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie Indiana: The Other Dimension 11.50 Casper
12noon It's Your Call 2000: Dennis and Gnasher v Masked Rider 2.15pm Silver Surfer 2.40 The Tick
3.05 Mortal Kombat
Cartoon action.
3.30 Monster Rancher
Genki and Holly try to save Monster Rancher world.
4.00 Power Rangers in Space
The Power Rangers blast back into space.
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30 Spiderwoman
Arachnid adventures.
6.00 X-Men: Jubilee's Fairy Tale Theatre
6.30-7.00pm Princess Tenko
Animated adventures.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 6.30 Face 7.00 News 10.00 News 10.30 Science 11.00 News 11.10 Dateline 12noon News 12.30pm Face 1.00 News 2.30 Reporters 3.00 News 3.30 Science 4.00 News 4.30 Days 5.00 News 7.30 Sportsday 8.00 News 8.30 Seven Days 9.00 News 9.30 Reporters 10.00 News 10.30 Dateline 11.00 News 11.30 Face 12midnight News 12.30am Simpson 1.00 News 2.30 Correspondent 3.00 News 3.30 Science 4.00 News 4.30 Dateline 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 Business 7.30 Artclub 8.30 Sport 9.30 World Beat 10.30 Sport 11.30 Hot Spots 12.30pm License 1.00 Report 2.30 Europe 3.30 Sport 4.30 NBA 5.00 Edition 6.30 Business Unusual 7.30 Europe 8.30 Artclub 9.30 CNNdotCOM 10.30 Sport 11.00 WorldView 11.30 Style 12midnight WorldView 12.30am Asian 12.45 Asia 1.00 WorldView 1.30 Science 2.00 Time 3.30 Artclub 4.30-5.00am This Week in the NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Sharp End 10.00 Adam Boulton 11.30 Book Show 12noon Sky News Today 1.30pm Fashion TV 2.00 Sky News Today 2.30 Showbiz Weekly 3.30 Technofile 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz Weekly 10.00 Sky News at Ten 12.30am CBS Evening News 1.30 Adam Boulton 2.30 Fashion TV 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 5.35am 7 Tage anders Fernsehen 5.45 Chronik der Wende 6.00 Zeugen des Jahrhunderts: Sinnstifter 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Opernführer-Matinee 9.30 Die Bestenliste – Das Literaturmagazin 10.30 Titel Folgt 10.45 Tanz der Hände 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Chronik der Wende 12.45 Vis-a-Vis 2.00 Füsspielmehrteiler 3.00 HITEC – Dokumentation 3.30 Das Berliner Jahrhundert 4.00 Stadt, Land, Fluss – Berlin 4.30 Teletips 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 NeunzehnZehn 7.00 Tagesschau 7.15 Kinder ohne Kindheit 8.00 Schätze der Welt – Erbe der Menschheit 8.15 Spuren der Macht 8.45 Alltagsgeschichte 10.30 Der Kommissar 11.30-12midnight Ein mörderisches Abenteuert

TV5 5.00am Journal 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 7.00 Journal 7.30 Les Zaps 8.00 Infos 8.05 Jeunes Marins Reporters 8.30 Les Mondes Fantastiques 9.00 Journal 9.15 Va Savoir 10.00 Infos 10.05 Génies en Herbe 10.30 Rince Ta Baignoire 11.00 Infos 11.05 D (Design) 11.30 Journal 12noon Infos 12.05pm Dimanche Midi Amar 1.00 Journal 1.15 La Carte aux Trésors 3.00 Journal 3.15 Questions 3.30 Télécinéma 4.00 Infos 4.05 Kiosque 5.00 Journal 5.15 Vivement Dimanche 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Faut par Rêver 9.00 Journal 9.15 Ca Commence à Bien Faire 10.45 Images de Pub 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Viswaas 9.30 Holy Quran 10.00 Jai Veer Hanuman 11.00 Ekas Ke 11.30 Interactive Health 12.30pm Pakistan Week 1.00 Rozana 1.30 FILM 4.00 MTV 123 5.00 Hungana 5.30 Na Kaam 6.30 Aur Aap 7.00 MTV Made in India 7.30 Khiladi 8.00 Bheem Bhawani 8.30 FILM 11.30 News 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Hungama 4.30 Na Kaam Na Ziada 5.30 Khiladi 6.00 Rozana 6.30 DD Programme 7.00-7.30am Buddha

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Jaagran 7.30 Daily News 8.00 Namaste 8.30 Best of India 9.00 Aap Ki Adalat 9.30 Out and About 10.00 Mahabharat 11.00 Body Matters 11.30 A List 12noon FILM 3.00pm Sa Re Ga Ma 4.00 Zee and You 4.30 Aarzoo 5.30 Super 7 6.00 Day Out 6.30 Adhikar 7.00 Pride 7.30 Basera 8.00 News 8.30 FILM 11.30 Jaan 12midnight News 12.30am Karobari 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Mama Miya 5.30-6.00am Sa Re Ga Ma

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am CMTV – Ballads 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 Taking Authority 8.00 A Word from God 8.30 Ray Bevan 9.00 Order My Steps 9.30 In Touch 10.30-11.00am Living Word

BLOOMBERG
WORLD PACK

2.00am Preview 2.15 Bloomberg Money: Fund Focus 3.45 Food for Thought 4.45 Weekly Preview 5.45-6.00am Market Review

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 11.00 Straight Talk 11.30 European Focus 12noon America This Week 3.00pm Holyrood 3.30-12midnight House of Lords

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm
Ultimate Aircraft
Airstrike
Combat footage from Operation Deliberate Force in Bosnia.

5.00 PM
5.00
Extreme Machines
Fastest Man on Earth
Craig Breedlove and Richard Noble attempt the land-speed record.

6.00 PM
6.00
Crocodile Hunter
Wild River of Africa
Steve Irwin sets out on a remote section of the Luangwa River in Zambia.

7.00 PM
7.00 Skullduggery
A look at a story which could rewrite American history following the discovery of a skull in the Columbia River.

8.00 PM
8.00
Raising the Mammoth
NEW Examining the attempt to uncover an intact mammoth corpse in Siberia, tracing the findings from the expedition and taking a look at the history of the beast which appeared in Africa 4000 years ago.
● FEATURE: page 9

9.00 PM
10.00 Dangers of the Ice Age
NEW An examination of the hazards presented by ice ages, climatic cycles and seasons.

10.00 PM
11.00
The Supernatural
Nostradamus
Programme examining the predictions of Nostradamus.

11.00 PM
12midnight
A Sense of Danger
1.00am How Did They Build That?
Foundations
Why buildings don't fall over.
1.30-2.00am How Did They Build That?
Taking on the Sea

12.00 NIGHT TIME

TNT
FAMILY PACK

7.00-9.00pm Cartoon Theatre
A feature-length animated special adventure.

9.00pm Sessions at West 54th Street
Afro Cuban All-Stars and Los Amigos Invisibles in performance.

10.00 Sessions at West 54th Street
Performances from Neil Finn and The Mavericks.

11.00-1.00am FILM: Atlantis, the Lost Continent
Fantasy adventure. *1961*

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Get It
7.30 Desmond's
Barbershop sitcom.
8.00 Cheers
Sisterly Love
Rebecca's movie star sister visits Cheers.
8.30 Mad About You
Token Friend
9.00 Frasier
Perspectives on Christmas
9.30 Frasier
Where Every Bloke Knows Your Name
Frasier misses Cheers.
10.00 Father Ted
The Old Grey Whistle Theft
Crime hits Craggy Island.
10.30 Father Ted
The Plague
11.00 The World Of Lee Evans
Hyperactive comedy.
11.30 Comic Strip Presents – Slags
With Dawn French.
12midnight Whose Line is it Anyway? 12.30 Armstrong and Miller 1.00 The Morwenna Banks Show 1.30 Duckman 2.00 Hitz 2.30 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00pm Abbott And Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! 8.00 Technology Shop! 9.00 Entertainment Shop! 9.30 Home Shop! 11.30 Gift Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 2.00 Shop! Feature 3.00 Entertainment Shop! 4.00 Jewellery Shop! 5.00 Holiday Shop! 5.30 Shop! Selection 6.00 Gift Shop! More gift ideas. 6.30-7.30pm Bargain Shop! Today's special offers at reduced prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon Occult History of Third Reich
The SS – Blood and Soil
1.00pm Biography
Martin Bormann – In the Fuhrer's Shadow
2.00 Biography
Bonnie Prince Charlie
3.00 Hadrian's Wall
4.00 The Green Berets
A look at the elite forces.
5.00 Tales from the Tower
The Spider's Web
6.00 Siege
Castles At War
7.00 The Great Depression
Desperate Measures
8.00 The Guccis
How murder, deceit and power struggles brought this family to its knees.
9.30-10.00pm New Tycoons – Moguls
A guide to the new tycoons of this world, from Bill Gates to Rupert Murdoch.

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

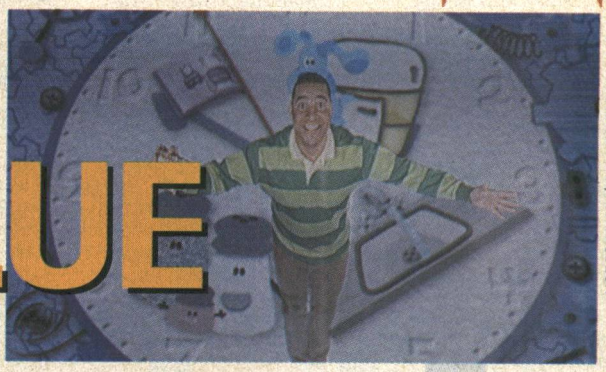
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY with Harry Greene at 10.00am and Buckley Plus Fashion Jewellery at 1.00pm.

Powercable kids

COMPILED BY
PHILIPPA PROBERT

NICKELODEON

GIVE US A BLUE'S CLUE



PHOTOS: JUSTINE BOHAN, NICKELODEON

True blue: the studio monitor shows Kevin in the blue studio, with the animation placed behind

Cable Guide went on set with the crew to find out how *Blue's Clues* is made ...

LIKE Nickelodeon's very own pied piper, Kevin Duala attracts kids wherever he goes. Kevin and his puppy, Blue, are household names, with *Blue's Clues* teaching kids how things work around the home.

Whenever Kevin finds himself in the company of youngsters, whether in his trademark stripy green top and beige trousers or not, he is instantly swamped with attention. 'The kids just look at me, stare and freeze,' he says. Even his three-year-old daughter, Ella, says goodbye to 'Kevin' in the morning. 'She doesn't call me Daddy,' he exclaims. 'It's Kevin!'

John Rowe and Kevin run through the script on set

Blue's Clues hails from America but the director and producer of the UK version, John Rowe, has seen the show flourish here over the last three years.

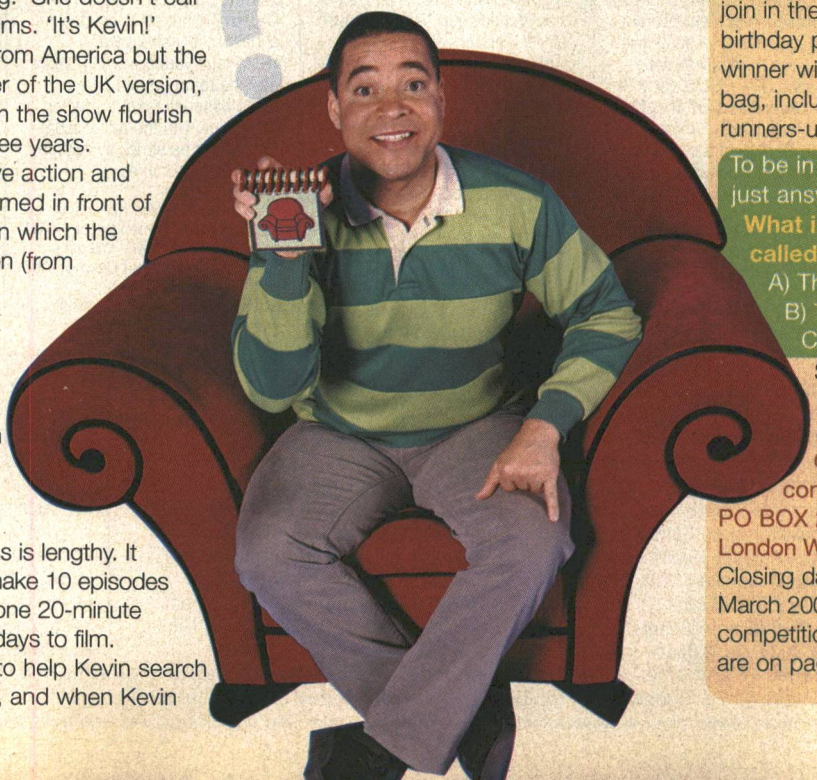
With a mixture of live action and animation, Kevin is filmed in front of an entirely blue set on which the background animation (from America) is then superimposed. 'We build up our soundtrack before filming,' explains John. 'Kevin can then hear the characters, music and sound effects through his earpiece.' The process is lengthy. It takes six months to make 10 episodes of *Blue's Clues*, with one 20-minute episode taking three days to film.

Viewers are invited to help Kevin search for Blue's three clues, and when Kevin finds each clue he draws it in his notebook, then he sits in his Thinking Chair to discover what Blue wants to do.

Various personalities regularly appear to take part in the problem solving. There's Mr Salt and Mrs Pepper and their baby, Paprika, Post Box, Slippery Soap and Tickety-tock. All the characters, except Blue, are voiced by Kara Tritton, who's provided an amazing 100 different voices for the series so far.

Oh, and before you ask, yes, Kevin does have clean shirts. 'People shout across the street, "Can you change that shirt, Kevin?"' he laughs. 'I have four stripy shirts and they do get washed!'

Blue's Clues, Nickelodeon, weekdays 12.30pm



WIN! KEVIN AT YOUR BIRTHDAY PARTY

This is your chance to enjoy a birthday party to remember. What could be more exciting than sharing your celebrations with none other than Kevin from Nickelodeon's *Blue's Clues*? Just imagine the look on your friends' faces!

The winner of this special competition can welcome Kevin into their home to join in the fun and games at their next birthday party. Not only that but the winner will get a Nickelodeon goody bag, including a Blue puppy. Five runners-up will also win a Blue puppy.

To be in with a chance of winning, just answer this question:

What is Kevin's red chair called?

A) The Blinking Chair
B) The Winking Chair
C) The Thinking Chair

Send your answer on a postcard with your name, address and date of birth to *Cable Guide/Blue's Clues* competition, PO BOX 2176, London W1A 5TW. Closing date is 31 March 2000. Full competition rules are on page 216.

Monday 13 March

SKY PREMIER
PREMIUM CHANNEL

6.00am
A Marriage of Convenience
1998, rating Sky PG, 87 mins
8.00 Arthur's Quest
1998, rating Sky U, 84 mins
10.00 Anastasia
Voices of Meg Ryan, John Cusack
Text *1997, rating Sky U, 90 mins*
12noon The Stone Boy
Robert Duvall, Jason Presson
1984, rating Sky PG, 88 mins
2.00pm Stormchaser: Revenge of the Twister
Kelly McGillis, Wolf Larson
Action-packed thriller about a woman determined to complete her husband's tornado research after he loses his life in the eye of a storm. *1998, rating Sky PG, DS, 92 mins*

4.00 Arthur's Quest
Arye Gross, Catherine Oxenberg, Alexanda Paul, Clint Howard
Fantasy adventure. A young king from the distant past is sent forward through time by a wizard to escape an evil sorceress. Years later, seeking out the king to return him home, the wizard finds a modern teenager with no memory of his true identity. *1998, rating Sky U, 84 mins*

6.00 Anastasia
Voices of Meg Ryan, John Cusack, Kelsey Grammer
Animated musical adventure. The last surviving member of the Russian royal family travels to St Petersburg to investigate her forgotten past. A couple of con men try to pass her off as the lost princess – little suspecting that she is in fact the real thing. Text *1997, rating Sky U, 90 mins*

8.00 US Marshals
Tommy Lee Jones, Wesley Snipes, Robert Downey Jr
Action thriller sequel to *The Fugitive*. A tough US Marshal, in hot pursuit of a truck driver wanted for murder, gradually comes to suspect that there may be more to the man's pleas of innocence than he at first thought. Text *1998, rating Sky 15, DS, 126 mins*

10.10 Wag the Dog
Dustin Hoffman, Robert De Niro
Political satire. Washington spin doctors fake an invasion of Albania to distract the voting public from the President's sexual misconduct, recruiting a flamboyant Hollywood producer to stage-manage the illusion. Text *1997, rating Sky 15, 93 mins*

11.50
The Fabulous Baker Boys
Jeff Bridges, Beau Bridges
1989, rating Sky 15, 109 mins
1.45am Joseph Conrad's The Secret Agent
Bob Hoskins, Patricia Arquette
Text *1997, rating Sky 12, 91 mins*
3.20-5.00am Commandments
Aidan Quinn, Courteney Cox
1997, rating Sky 15, 84 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Chance of a Lifetime
1998, rating Sky PG, 87 mins
8.00 The Entertainers
Bob Newhart, Linda Gray
1991, rating Sky U, 87 mins
10.00 Tell Me No Lies
Steven Weber, Katherine Helmond
1990, rating Sky PG, 92 mins
12noon Final Descent
Robert Urich, Annette O'Toole
1997, rating Sky PG, 88 mins
2.00pm Chance of a Lifetime
David Naughton, John Ritter, Jean Stapleton, Katey Sagal
Romantic drama about a magazine editor and a flirtatious bachelor who agree to a marriage of convenience – only to end up falling in love. *1998, rating Sky PG, 87 mins*

4.00 The Entertainers
Bob Newhart, Linda Gray, Richard Romanus, Sly Smith
Comedy drama about a former comedian who has seen better days. With his faithful sidekick in tow, he heads for the bright lights of Las Vegas, embarking upon one last attempt to resurrect his career and hit the big time before it is too late. *1991, rating Sky U, 87 mins*

6.00 Final Descent
Robert Urich, Annette O'Toole, Jim Byrnes, Ken Pogue
Airborne disaster drama about an airliner that plunges into a potentially deadly descent after colliding with another aircraft. The crew of the stricken plane soon realise that they must put aside their differences and pull together if they are to survive. *1997, rating Sky PG, 88 mins*

8.00 Reach the Rock
Alessandro Nivola, William Sadler, Bruce Norris, Brooke Langton
PREMIERE Comedy drama about a young man who, blamed by the whole community for the death of a friend, leaves his home town. When he eventually returns, his inner turmoil soon manifests itself in a burst of delinquent behaviour. *1998, rating Sky 15, 95 mins*

10.00 Species II
Michael Madsen, Natasha Henstridge, Marg Helgenberger
Sci-fi horror sequel. A spacecraft returns to Earth, its crew unaware of the presence of a stowaway – an alien hybrid whose seductive powers pose a deadly threat. *1998, rating Sky 18, DS, 89 mins*

11.35 Merchant of Death
Michael Paré, Linda Hoffman
Action thriller about a cop on a mission of vengeance. Text *1998, rating Sky 18, 92 mins*

1.15am Bang
Darling Narita, Peter Greene
1994, rating Sky 18, 95 mins
2.55 Kidnapped
1987, rating Sky 18, 94 mins
4.35-6.10am Tell Me No Lies
1990, rating Sky PG, 92 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Big Land
Alan Ladd, Virginia Mayo, Edmond O'Brien, Julie Bishop
Western drama about a group of Texan ranchers and farmers who set out to have the railroad brought into their territory. *1957, rating Sky PG, 88 mins*

5.30 The Hound of the Baskervilles
Basil Rathbone, Nigel Bruce, Richard Greene, Wendy Barrie
Classic Holmesian mystery. The Baker Street sleuth investigates when a baronet appears to be threatened by a family curse. *1939, rating Sky PG, 76 mins*

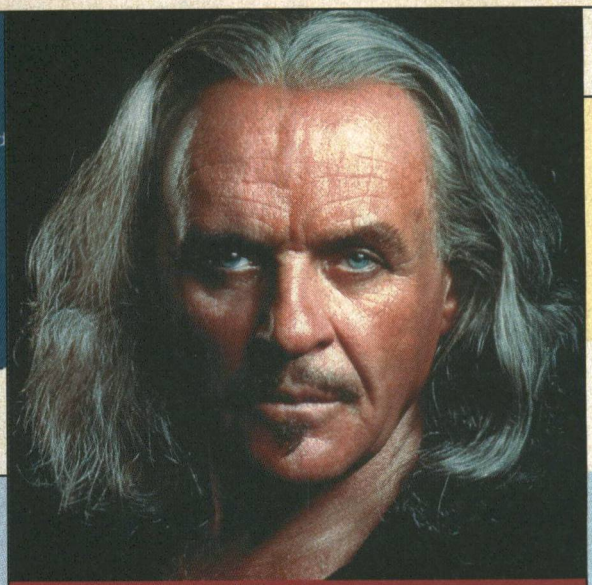
6.50 The Adventures of Sherlock Holmes
Basil Rathbone, Nigel Bruce, George Zucco, Ida Lupino
Classic Holmesian mystery. The master detective uncovers a plot to steal the Crown Jewels. *1939, rating Sky PG, 78 mins*

8.15 California Split
George Segal, Elliott Gould, Ann Prentiss, Gwen Welles
Drama about an inveterate gambler who cannot resist any opportunity to place a bet. Teaming up with a free spirit who accompanies him on his drunken spree, he goes to Reno for the poker game of a lifetime. *1974, rating Sky 15, 104 mins*

10.00 Year of the Gun
Andrew McCarthy, Valeria Golino, Sharon Stone, John Pankow
Thriller about a young American reporter in Rome in 1978. His investigations into Italian terrorist activities endanger not only his own life but also those of his colleagues, including a female photographer. *1991, rating Sky 15, DS, 107 mins*

11.55 The Executioner
George Peppard, Nigel Patrick, Joan Collins, Judy Geeson
Spy thriller about a secret agent who sets out to uncover a traitor. *1970, rating Sky PG, 105 mins*

1.45am California Split
1974, rating Sky 15, 104 mins
3.35-5.30am Big Bounce
1969, rating Sky PG, 98 mins



Anthony Hopkins stars in the swashbuckling adventure 'The Mask of Zorro'. Sky Box Office 2, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm Killer's Kiss
Jamie Smith, Frank Silvera, Irene Kane, Jerry Jarret
Early low-budget thriller from Stanley Kubrick. A boxer finds himself falling in love with a dance hostess. However, dangerous consequences ensue for the couple when it is revealed that she is the mistress of a violent New York mobster. *1955, 65 mins*

8.00 True Blue
Johan Leysen, Dominic West, Brian McGovern, Dylan Baker
True-life sporting drama about an attempted mutiny by US members of the Oxford crew during the run-up to the 1987 Boat Race. Memories of the previous year's defeat by Cambridge cause a rift in the team that threatens to see history repeat itself on the Thames. Text *1996, 110 mins*

10.00 The Natural
Robert Redford, Robert Duvall, Glenn Close, Kim Basinger
Allegorical sporting fantasy drama centring on a star baseball player who, at the height of his powers, is inexplicably shot by a mysterious young woman. Years later, he reappears to take a losing baseball team to the top of the league with the aid of a bat cut from a tree struck by lightning. Text *1984, 117 mins*

12.20am Crumb
Robert Crumb, Aline Kominsky
Biographical documentary of the US cartoonist. Text *1995, 116 mins*
2.20 The Universe of Dermot Finn
2.35 The House of Yes
Family comedy. *1997, 85 mins*
4.00-6.00am Threesome
Comedy. Text *1994, 89 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm
Leave Her to Heaven
Gene Tierney, Cornel Wilde, Jeanne Crain, Vincent Price
Romantic thriller. A young author marries a beautiful, but unstable and possessive, woman. When she finds that she must share her husband's affections with other family members, her insane jealousy culminates in tragedy. *1945, 110 mins*

9.00 Biloxi Blues
Matthew Broderick, Christopher Walken, Penelope Ann Miller
Wartime drama. A US army draftee deals with hostility from fellow recruits, clashes with a tough drill sergeant, and learns about the birds and the bees from a prostitute. The second part of writer Neil Simon's semi-autobiographical trilogy. *1988, 106 mins*

11.00 Eleni
John Malkovich, Kate Nelligan, Linda Hunt, Oliver Cotton
True-life drama about a journalist trying to discover why his mother was killed during the Greek Civil War. *1985, 117 mins*

1.00am Blood on Satan's Claw
Patrick Wymark, Linda Hayden,
Period horror thriller. *1971, 93 mins*
3.00 Biloxi Blues
Matthew Broderick, Corey Parker
1988, 106 mins
5.00-7.00am Old Mother Riley, MP
Arthur Lucan, Kitty McShane
Slapstick comedy. *1939, 77 mins*

SKY box office
A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Swashbuckling adventure. An ageing Mexican swordsman seeks out a young successor when an old enemy reappears with a dastardly plan. Stars Antonio Banderas, Anthony Hopkins and Catherine Zeta-Jones. Text *1998, rating Sky PG, 132 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
Epic war drama focusing on a group of US soldiers sent to a Pacific island. Each man must find the inner strength to endure the stress of battle. Stars Sean Penn, Adrien Brody and Jim Caviezel. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 11.00am, 2.00pm, 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Acclaimed British drama. A painfully shy girl with an astonishing talent for mimicking classic singers of the past is spotted by a seedy local promoter, who decides that he is the man to take 'Little Voice' right to the top. Stars Jane Horrocks and Michael Caine. Text *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 13 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
The 1998 'Jen TV Video Awards'
Today's show celebrates the first 'Jen TV Awards' for guests' most outrageous and creative videos.

4.00 Pokémon
Primeape Goes Bananas
The friends encounter a powerful and unpredictable Mankey.
4.30 Pokémon
Pokémon Scent-Sation
5.00 Stargate SG-1
Children of the Gods
When an alien crosses through the Stargate it is apparent Earth is in great danger. Starring Richard Dean Anderson. Text
6.00 Hercules: The Legendary Journeys
One Fowl Day
Hercules deals with his pig friend Katherine's transformation into a woman. Text
7.00 The Simpsons
Sideshow Bob's Last Gleaming
Sideshow Bob threatens to detonate a nuclear bomb. Text
7.30 The Simpsons
Brush with Greatness. Text
8.00 Star Trek: Deep Space Nine
Tacking into the Wind
Kira masterminds a plot to obtain an enemy weapon, while Worf instigates a power shift. Text
9.00 The West Wing
The Short List
A drama series about the comings and going inside America's most famous house – the White House.
10.00 The Strangerers
A SWAT team crashes into the aliens' lives.
10.30 Shasta McNasty
Thanksgiving

11.00 Friends
The One with the Hypnosis Tape Text
11.30 Stargate SG-1
Children of the Gods
Earth is in peril. With Richard Dean Anderson.
12.30am Picket Fences
Without Mercy
Jill is charged with voluntary manslaughter after administering euthanasia to a dying cancer patient.
1.30-7.00am Long Play
A variety of rock, indie, R&B and dance tracks.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
On the Block
Boulton loses a prisoner.
3.30 The Bill
Getting Off
Gritty police drama.
4.00 EastEnders
Pat decides to take matters into her own hands.
4.35 Neighbours
Philip discovers who shopped Michael to the police.
5.00 Bugs
The Bugs team investigates a computer company which is keen to take over other small firms, and soon discover two state-of-the-art 'pulse' missiles.
6.00 The Brittas Empire
Colin temporarily loses his sight after his garden explodes.
6.35 The Liver Birds
Classic sitcom featuring the antics of two Liverpudlian lasses.
7.10
Are You Being Served?
Mr Grainger's colleagues plan a birthday dinner.
7.45
Keeping Up Appearances
Hyacinth realises Richard is bored with retirement.
8.20 Open All Hours
Sitcom about miserly shopkeeper and his downtrodden assistant.
9.00 Casualty
It's Good to Talk
A mother discovers her oppressive father might be responsible for the death of her son and Mark takes a strong interest in an attractive patient.
10.05 Red Dwarf IV
Justice
The crew of the Red Dwarf finds itself on Justice World.
10.45 Red Dwarf IV
White Hole
Will Rimmer sacrifice himself to save the others?
11.20 The Vicar of Dibley
Songs of Praise
11.55 The Bill
On the Block
12.25am The Bill
Getting Off
12.55 Roger Roger
Comedy drama.
1.50 Whatever Happened to the Likely Lads?
2.25-2.45am Whatever Happened to the Likely Lads?

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Mother Love tries to resolve problems by giving guests the opportunity to forgive each other.
4.40 Maury Povich
Compelling and personal talk show which deals with emotional conflicts. Hosted by respected veteran broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock .
6.10
The Jerry Springer Show
Outrageous American talk show in which guests engage in lively and heated discussion.
7.00 Judge Judy
New York City's outspoken family court judge presides over a series of real-life cases.
7.30 Life, Camera, Action
Real-life drama.
8.00 Peak Practice
Popular medical drama series centring on the staff of a small general practitioners set amid the scenic splendour of Derbyshire's Peak District.
9.00 FILM:
Postcards from the Edge
Meryl Streep, Shirley MacLaine, Dennis Quaid, Gene Hackman
Drama. Story of a Hollywood actress battling against drug dependency and working in the shadow of a famous showbiz mother. *1990*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love introduced by *X Files* star David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 Only When I Laugh 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale 10.00 Hadleigh 11.00 Hart to Hart 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 Robin's Nest 1.30 Only When I Laugh 2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Cocoon
McGarrett probes the death of a close friend, only to discover that the man did not drown as is commonly believed.
4.00 Kojak
Trade Off
Captain McNeil's wife is kidnapped by a drug dealer in a desperate attempt to make Kojak return incriminating evidence.
5.00 Hart to Hart
Harts on Campus
Jennifer's college reunion is marred by a vengeful classmate who plots Jonathan's demise to fulfil his obsession with Jennifer.
6.00 Emmerdale
Vic is up before the bench. Text
6.30
Classic Coronation Street
Mike Baldwin lures Christine Millward to his flat. Text
7.00 George and Mildred
Moving On
The first episode of this classic 1970s sitcom.
7.30 Bless This House
The Day of Rest
8.00 The Benny Hill Show
More from the bespectacled comedian as Fred Scuttle provides his 'Culture on Television', with poetry and jazz from St John Bossom.
9.00 Kojak
I Want to Report a Dream
A spiritualist tries to help Kojak solve his case.
10.00 Rising Damp
10.30-11.00pm The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Big Bang
Hosted by Natasha Vale.
11.30
Nick Sanders Rides Again
Nick Sanders continues his motorbike adventure.
12midnight 2 Wheels
Weekly biking magazine programme. Text
12.30am Motor Week
Magazine series which takes a look at the motoring industry.
1.00-2.00am And They Walked Away
A compilation of drag racing and superbike mishaps.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie Olie 10.50 Spot 11.00 the Box 11.30 Pooh 11.45 Music 11.50 Rolie Polie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Polie Olie 1.20 Spot 1.30 the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Classic Disney characters.
4.00 Sabrina
More teenage sorcery.
4.30
Hercules: The TV Show
Hercules and the Grim Avenger Text
5.00 Recess
Animated series from the creators of *Rugrats.* Text
5.30
My Best Friend is an Alien
Alien Dustbuster Bedlam Text
6.00 Smart Guy
Stop the Presses Text
6.30 Microsoap
This fun-filled kids' sitcom looks at the problems of youngsters in the 1990s.
7.00 FILM:
Murder She Purred: A Mrs Murphy Mystery
Voices of Ricki Lake, Blythe Danner, Anthony Clark
Family drama based on Rita Mae Brown's popular *Sneaky Pie* novels. *1998* Text
8.25 Honey, I Shrunk the Kids: TV Show
Honey, It's Doomsday
Wayne discovers that an asteroid on a collision course with Earth has intelligent life on it. Text
9.10 Boy Meets World Text
9.35 Dinosaurs
Prehistoric fun with state-of-the-art puppetry. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

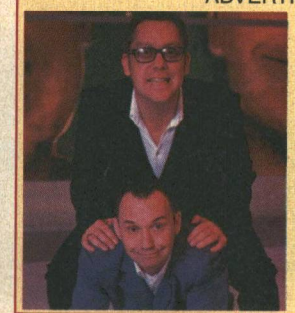
FILM

Anastasia
Sky Premier 10.00am, 6.00pm
Richly textured artwork and a starry voice cast, including Meg Ryan and Kelsey (*Frasier*) Grammer, highlight this excellent animated musical. It's a fanciful spin on the mysterious story of Czar Nicholas's daughter and her family's curse by mad monk Rasputin.

GENERAL

George and Mildred
Granada Plus 7.00pm
Another chance to see the delightful comic interplay between actors Brian Murphy and Yootha Joyce in the spin-off to *Man About the House, George and Mildred*. The Ropers move from their council estate to a new suburban home and find they have different aspirations.

ADVERTISEMENT
UK PLAY
SHOOTING STARS 10.30PM
Award-winning comedians Vic Reeves and Bob Mortimer bring their special brand of daftness to the celebrity quiz show. Supported by team captains Mark Lamarr and Ulrika Jonsson, a variety of top stars take part in a series of increasingly bizarre games.

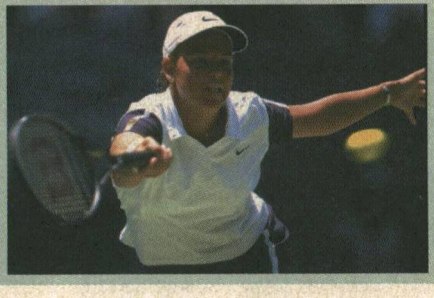


Monday 13 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am** **Short Track Speed Skating** Coverage of the World Championships in Sheffield. **9.00** **Nordic Combined Skiing** **10.00 Alpine Skiing** **11.00 Ski Jumping** **12.30pm Biathlon** **2.30 Tennis** Coverage of the Sanex WTA Tournament in Indian Wells, USA. Join Eurosport presenters and guests as they comment on all the action from in the studio.	**7.00am Gillette World Sport Special** **7.30 World Wrestling Federation – Classics** **8.30 Extreme Sailing** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Spanish Football** **12noon Aerobics Oz Style** **12.30pm Goals on Sunday** Featuring the goals and faces that made the weekend.	**7.00am Aerobics Oz Style** **7.30 Racing News** **8.00 Ford Golf USA: Honda Classic** **11.00 World Motor Sport** Fast-paced coverage from the circuit where all the latest news and views are tracked. **2.00pm** **Australian Rugby League** Catch up with the best of the recent action in Australia's National Rugby League. Presented by Chris Warren.	**12noon What a Weekend** **12.30pm** **Rugby League: Challenge Cup Quarter-final** Another chance to catch the best of the action from this year's Challenge Cup quarter-finals. **2.00 Basketball** Another chance to catch the latest basketball action from the domestic scene. Hosted by Kevin Cadle, with reports from Suzanne Dando.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** **2.00 Buck Rogers in the 25th Century** *Planet of the Amazon Women*	**6.00am Select MTV** Another chance to see yesterday's choices. **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** Presented by Zane Lowe. **12noon Mad 4 Hits** **12.30pm** **News Weekend Edition** **1.00 Mad 4 Hits** **2.00 European Top 20**
MORNING						
3.00 PM		**3.00 The Last Word** Jimmy Hill interviews manager Jim Smith. **3.30 What a Weekend** A look at the very best of the sporting action.			**3.00 The Flash** *Watching the Detectives* The Flash's true identity is about to be blown when a private investigator is hired to investigate him.	**3.00 Bytesize MTV** All the music, stars and weird and wonderful moments from MTV around the world.
4.00 PM	**4.00 Ski Jumping** Coverage of the K112 event in the World Cup in Oslo, Norway	**4.00 Football League Review** A blow-by-blow account of all the recent Nationwide league action, including every goal scored.	**4.00 Motor Racing: Arctic Rally** Another chance to enjoy all the action from the Arctic Rally 2000.	**4.00 Outdoor Quest** Teams from countries as diverse as Finland and the Philippines compete over four days in seven exhausting sports.	**4.00** **Land of the Giants** *The Lost Ones* The travellers meet some delinquents who are fellow space-shipwreck victims.	**4.00 Select MTV Live from Ireland** A special week of *Select* live from Dublin, leading up to St Patrick's Day at the end of the week.
5.00 PM	**5.30 Eurogoals** The best in goal scoring action from the Continent.	**5.00 World Wrestling Federation – Classics** A chance to relive classic action from the World Wrestling Federation's rough and tumble.	**5.00** **World Pool League** The World Pool League consists of six players playing each other once over 12 racks in Warsaw.	**5.00 Max Power** Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of truly international action.	**5.00 Lost in Space** *Target Earth* Shapeless aliens make themselves into duplicates of the Robinson party and plan to conquer Earth.	
6.00 PM		**6.00** **Sky Sports Centre** The latest news from the world of sport. **6.30** **World Football Show**	**6.00** **Gold Coast Marathon** **6.30 What a Weekend** The show that takes a look at the very best of the weekend's sporting action.	**6.00** **Asian Sports Show** **6.30 Total Sport** *Total Sport* has the most extreme sporting action from all around the globe.	**6.00 The Six Million Dollar Man** *Deadly Countdown Part I* Steve Austin must prevent his own assassination by some ruthless pirates.	**6.00 Bytesize MTV** All the music, stars and weird and wonderful moments from MTV around the world.
7.00 PM	**7.00 Trial** More coverage from the Indoor World Cup. This leg is being held in Courmayeur, Italy. There are 10 legs in total.	**7.00 Football League Review** Goals galore with a re-run of every ball hitting the net in the Nationwide League.	**7.00** **World Motor Sport** For any follower of motor sport, Sky Sports screens the ultimate programme. *World Motor Sport* takes	**7.00 Telegraph Action Sport** **7.30** **Three Sixty Surfing** Footage of the people who make it look so easy.	**7.00 Quantum Leap** *Leaping in without a Net* Sam is jolted back to 1958 as a trapeze artist who must prevent his sister from suffering a fatal fall.	**7.00 Mad 4 Hits** Currrent hits and recent chartbusters shown back-to-back.
8.00 PM	**8.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Indian Wells, USA. Join British Eurosport presenters and guests live in the studio.	**8.00 Ringside Special: Julius Francis v Michael Sprott – LIVE** After a brave but controversial brush with Mike Tyson, Julian Francis defends his heavyweight title against Michael Sprott at the Old York Hall in Bethnal Green.	viewers to the heart of the race world and provides an essential guide to who is racing where, when and how. From a comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events in store. Hit the road with some of the fastest drivers in the world.	**8.00** **International Bowls: Australia v England – Second Test** Australia's bowls players are among the world's best and their British counterparts will have their work cut out as they attempt to seal victory in the doubles section of the second Test.	**8.00 Time Trax** *A Stranger in Time Part II* Darien Lambert fights to stop an evil scientist from using science to send criminals back in time.	**8.00 Hit List UK** Cat Deeley delivers the hottest UK chart action, packed to the drawstrings with movers, shakers and the latest chart breakers.
9.00 PM	**9.30 Boxing** Highlights from an international contest				**9.00 The Crow** *Solitude's Revenge* A released prisoner captures his nemesis not realising he has also kidnapped The Crow.	**9.00 Daily Edition** The latest news from the world of showbiz. **9.30** **Celebrity Death Match** Cult claymation series.
10.00 PM	**10.00 Eurogoals** The best goals scored across the Continent.	**10.00** **Sky Sports Centre** **10.15** **You're On Sky Sports!** A chance for sporting fanatics to have their say.	**10.00** **World Pool League** The World Pool League consists of six players playing each other once over 12 racks in Warsaw.	**10.00 Shell's Wonderful World of Golf: Marr v Hunt** Sit back and enjoy some of those memorable golfing moments.	**10.00 FILM: Universal Soldier** *Jean-Claude Van Damme, Dolph Lungdren* Two dead soldiers are turned into android fighting machines. However, as time passes, the soldiers begin to recover their original memories and realise that they are enemies. *1992*	**10.00** **Celebrity Death Match** **10.30 Mad 4 Hits** Currrent hits and recent chartbusters shown back-to-back.
11.00 PM	**11.30-12.30am** **Ski Jumping** Coverage of the K112 event in World Cup in Oslo.	**11.00** **World Football Show** **11.30** **Sky Sports Centre** **11.45** **Ringside Special** Pulsating pugilist performances from either a top British or international championship contest. **1.45am** **Football League Review** **2.45 You're On Sky Sports!** **3.30-3.45am** **Sky Sports Centre**	**11.00 Football League Review** A look at all of the action from the Nationwide League with every goal scored in all the divisions. **12midnight Total Sport** **12.30am Telegraph Action Sport 1.00 Three Sixty Surfing 1.30 Gold Coast Marathon 2.00 Bowls: Australia v England Second Test – Doubles** **4.00-4.15am** **Sky Sports Centre**	**11.00-11.30pm** **Views of Golf** An insight into the world of golf past and present.	**12midnight The Flash** *Sins of the Fathers* **1.00am FILM: Alien Nation** *James Caan, Terrence Stamp, Mandy Pantinkin* Sci-fi drama. *1988.* **2.40 Sci-Focus Special** **3.00-4.00am Babylon 5**	**11.00 brand:new** Zane Lowe's tongue-in-cheek view of the bizarre world of new music.
12.00 NIGHT TIME						**12midnight Superock** This show takes an ironic look at rock excess, whilst rocking out to all of the newest releases. **1.00am** **Celebrity Death Match** **1.30 Mad 4 Hits** **2.00-6.00am Night Videos**

LIVE TENNIS: SANEX WTA TOURNAMENT, INDIAN WELLS EUROSPORT 8.00PM

The Newsweek Champions Cup from Indian Wells, California, is one of the most prestigious women's tournaments with prize money of $2m. Last year's winner, Serena Williams, used this event to launch her 1999 season which climaxed as she became the first Williams sister to win a grand slam when she took the US Open title. The Australian Open winner Lindsay Davenport (pictured) won this tournament in 1997 and may well repeat that success.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.06 FILM: Who Killed Buddy Blue 11.40 Sex Court 12midnight Freeview 12.10am Adult Feature 12.15 Neil Down Hits Hollywood 12.45 FILM: Adult Feature 2.05 Girls About Town 2.20 Dangerous Curves 3.30-4.00am Working Woman	**12midnight The Ten Minute Preview 12.10 Adult Feature 12.40 FILM: Adult Feature 1.00 The Five Minute Free View 1.05 FILM continues 1.55 Adult Feature 2.20 FILM: Big Boob Lottery 3.30-4.00am Claudia**
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Monday 13 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm Greatest Hits: Status Quo
The best-selling hits from the British rockers.
1.30 Pop-Up Video
A collection of videos, with additional little bubbles of information inserted.
2.00 Jukebox

4.00 The Millennium Classic Years: 1987
Music from the year Margaret Thatcher won another election and Enniskillen was bombed.
5.00 Top Ten
A countdown of the chart-toppers in VH1's own singles chart.

6.00 Video Timeline: Elton John
A chronological look at the Watford FC Chairman.
6.30 Greatest Hits: Status Quo
7.00 VH1 Hits
Back-to-back hits.

8.00 The Millennium Classic Years: 1979
The USSR invaded Afghanistan and Earl Mountbatten of Burma was killed by the IRA.
9.00 The VH1 Album Chart Show
Paul King counts down the biggest selling albums of the week in the UK.

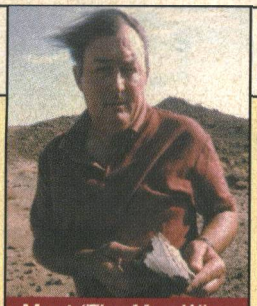
10.00 Behind the Music: Lenny Kravitz
The wannabe Jimi Hendrix looks back at his career with tales of sex and suffering.
11.00 Ed Sullivan's Rock'n'Roll Classics
A classic edition of the live Fifties music show.
11.30 Greatest Hits: Status Quo
12midnight Talk Music
With Pip Dann.
12.30am Video Timeline: Elton John
1.00 Hey, Watch This! – Siblings
2.00 VH1 Country
2.30 Soul Vibration
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter III
Steve's Most Dangerous Adventures
1.00pm Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
Harry visits some chickens who keep eating their eggs.
2.30 Zoo Story
A look at everyday life at London zoo.

3.00 Going Wild with Jeff Corwin
North Cascades National Park
3.30 Croc Files
Australian series.
4.00 Croc Files
A look at Steve and Terri Irwin's zoo.
4.30 The Aquanauts
A visit to California's Ano Nuevo State Reserve.
5.00 Emergency Vets
An unvaccinated puppy is brought in with a virus.
5.30 Zoo Chronicles
The dwarf crocodiles need medical attention.
6.00 Crocodile Hunter
Wildlife in Combat
Special edition, including Terri's cliff fall, and Steve's near death experiences.
7.00 Otters of Yellowstone
Documentary exploring Yellowstone National Park.
7.30 Living Dangerously
8.00 Emergency Vets
A look behind the scenes at an animal ER.
8.30 Emergency Vets
A look at an animal ER unit in Denver.
9.00 In Broad Daylight
A chronicle of Africa's daytime hunters, filmed over two years in Northern Botswana.
10.00 Wild Rescues
More tales of people saving animals and animals saving people.
10.30 Wild Rescues
More rescue stories.
11.00 Emergency Vets
An anaemic cat with leukemia fights to survive.
11.30-12midnight Country Vets

CABLE CHECK
Some of the channels listed may not be available in your area



Meet 'The Man Who Saved the Animals'. National Geographic Channel 8.00pm

ITV2
ACCESS PACK

4.00pm CD:UK
Music chart show, featuring the newest acts live in the studio.

5.00 The Worst Witch
Fair is Foul and Fouls are Fair
5.30 The New Addams Family
Comic adventures.
6.00 Blind Date
Cilla Black plays matchmaker to couples hoping to get lucky in love.

7.00 Formula 1: Australian Grand Prix Highlights
With commentary by Murray Walker, Martin Brundle and Tony Jardine.
8.00 Uefa Champions' League Weekly
Reviews and previews of all the latest action from the Champions' League.
9.00 Inspector Morse
The Daughters of Cain
When two men are murdered in Oxford, Chief Inspector Morse and Sergeant Lewis suspect the second victim's long-suffering wife, his beautiful step-daughter and their friend, a school mistress. But each seems to have a perfect alibi.
11.00 Coronation Street
A chance to see tonight's episode from ITV. Text
11.30 Soap Fever
Soap magazine.
12.30am The Jerry Springer Show
More outrageous revelations and confrontations.
1.20-2.20am Trisha
Trisha Goddard shares heart-warming and hair-raising true stories with a studio audience.

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Garden Grow? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Dream House 11.30 Moving People 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Delia Smith's Winter Collection 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show

3.00 Gardening from Scratch
Gardening series for absolute beginners.
3.30 Home Front in the Garden
4.00 Travel Xpress
Explore Ireland's remote Aran islands on a horse.
4.30 Holiday in Style
Reports from Malaysia, Lake Garda, Thailand, Itlay, York and Oxford.
5.30 Antiques Roadshow US
This edition comes from Kansas City, where the rare finds include an original Thomas Hart Benson painting and Tiffany vases.
6.30 Real Rooms
Makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
Chef Lesley Waters joins two more hopeless cooks.
7.30 Collectors' Lot
With Sue Cook.
8.00 Change That
Interior design roadshow.
8.30 Show People
This edition comes from the Country Living Christmas Fair in London.
9.00 Delia Smith's Winter Collection
Mashed Potato and Other Revivals
9.30 Antiques Roadshow
Lars Tharp adds a little something extra to this well-loved antiques series.
10.30 House Invaders
Homes are given a free facelift.
11.00 The Flower Show
Jane Packer demonstrates how versatile flowers are
11.30 Gardeners' World
12midnight Show People
Series which travels to exhibitions, festivals and events across the UK.
12.30am-1.00am Home Front in the Garden
Garden design programme presented by Anne McKevitt and Kevin McCloud.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am HMS Splendid – Under the Sea 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Kalahari Bigfoot 9.45 Lady of the Spiders 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 HMS Splendid – Under the Sea
The captain seeks a new second-in-command to oversee the mission of carrying cruise missiles.

3.45 Battersea Dogs' Home
Shauna Lowry talks to Shaun the vet
4.20 Vets in Practice
Good Times and Bad
4.50 What Went Wrong?
An oil tank fire in Texas erupts into a fireball.
5.25 Health Farm
Fly-on-the-wall series.
5.55 City Hospital
Documentary series in which Gaby Roslin and her team of co-presenters report from Southampton General Hospital.
6.55 Back to the Floor
A Copper's Lot
The Chief Constable of Sussex goes on the beat.
7.30 Blues and Twos
Documentary series.
8.00 Vets in Practice
Good Times and Bad
Steve gets to grips with a sick iguana.
8.30 What Went Wrong?
9.00 Health Farm
The health farm opens.
9.35 Clash of the Titans
Hunt v Lauda
A look at the 1976 Grand Prix season, where Niki Lauda fought a nine-month battle against James Hunt.
10.30 Blues and Twos
Documentary series.
11.00 Top Gear GTi
A specially edition of the show, featuring extra information and tips.
12midnight-1.00am Doctors to Be

UK PLAY:
1.00am Smashie and Nicey's Top of the Pops Party
1.55 Shooting Stars
2.30 The Chris Moyles Show
3.00 Pulp's Dream Performances
3.25 The Sound of Play
6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 A Year at Ballymaloe 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Chocolate Covered 12noon Classic Dishes 12.30pm Nordic Nosh 1.00 Coxon's Kitchen College 1.30 Pacific Food 2.00 Food Network Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Soft Herbs
Recipes include lemon chicken with chervil.
4.00 Simply Baking
Regional Dishes
4.30 Mridula's Indian Kitchen
Mridula cooks up barbecued lamb.
5.00 Flash in the Pan
5.30 Classic Dishes
With the Nosh brothers.
6.00 Coxon's Kitchen College
6.30-7.00pm Tastes of Britain

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Map Maker
Claudia Serpier attempts to break her own deep diving world record.
8.00 The Man Who Saved the Animals
A look at the life of Richard Leakey, one of the world's most famous conservationists.
9.00 The Greatest Flight
An American and an Australian retrace the route flown from England to Australia in 1921.
10.00 Grand Canyon
The First Journey
A recreation of John Wesley Powell's 1869 journey to explore the Green and Colorado Rivers.
11.00 Explorer's Journal
Raising Dino
A look at the latest species of dinosaur to be unearthed in the Sahara.
12midnight-1.00am Aconcagua
Two Weeks on a Big Hill
Eight ordinary men climb Aconcagua, the highest peak in South America. Facing high altitude, poor weather and a 1000-foot chute of loose rock and snow.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
Another team faces the challenges of four zones.
9.00 Stars in Their Eyes
With Matthew Kelly.
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Grow for It 7.00 Real Gardens 7.30 Doing it Up 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Grow for It 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House 11.30 Kingsbury Square 12noon Hometime 12.30pm Hometime 1.00 Two's Country 1.30 Ron Hazelton's Housecalls 2.00 A Car Is Born 2.30 New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Total Fishing with Matt Hayes
Angling adventures.

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Scratch TV 4.15 Got Any Gear? 4.30 That Film Show 5.00 Trainspotting 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Monday 13 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Dexter's Laboratory 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toon Adventures 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley's Flying Machines 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas The Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles: The Next Mutation 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles: The Next Mutation 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.00 News 9.30 The World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 World Business 6.00 Morning 6.30 World Business 7.00 Morning 7.30 Business 8.00 Morning 8.30 Sport 9.00 Time 10.30 Sport 11.30 Biz Asia 12.30pm CNNdotCOM 1.15 Asia 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 Time 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Money 12.30am Asia 12.45 Business 1.00 Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Money

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 5.30 Télématin 7.00 Journal Télévisé 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Ça Commence a Bien Faire 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Mise au Point 1.00 Journal Télévisé 1.15 Ça Commence a Bien Faire 3.00 Journal Télévisé 3.15 Questions 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions 5.00 Journal Télévisé 5.15 Ça Commence a Bien Faire 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.15 Cinéma: A Mort l'Arbitre 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.45am Swabimaan 1.15 FILM 4.00 Gaura 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Euro Zindagi 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Zaike Ka Safar 8.30 Tara 9.00 Abhinetri 9.30 Basera 10.00 Awaazain 11.00 Jhat Pat Khana 11.30 Amar Prem 12noon FILM 3.00pm Hello Friends 3.30 Pride Ka Aashirwad 4.00 Raahat 4.30 Quiz Contest 5.00 Hum Paanch 5.30 Hasratein 6.00 Budha Ghar Pe Hai 7.00 Hadd Kar Di 7.30 Top of the Tops 8.00 News 8.30 Aashiqui 9.00 Sa Re Ga Ma 10.00 Ru Ba Ru 10.30 Up Beat 11.00 A List 11.30 Chahat Aur Nafrat 12midnight News 12.30am Aap Ki Adalat 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Nancy 5.30-6.00am Abhinetri

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Adventures in Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Money Matters 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Israel Vision 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Bloomberg Money: Alternative Investments 3.15 Clips 3.45 Boarding Pass 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 Dateline London 7.30 Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight Dateline London

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press UK Connection
3.30 Inspector Gadget

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Solomon Islands – Part I
4.30 Discover Magazine
Lost in Time

4.00 Mike, Lu and Og
Island adventures with the friends and their turtle.
4.30 The Powerpuff Girls

4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
The New Town of a Norman Prince
The team uncovers evidence of a 13th-century hall in Much Wenlock.

5.00 Dragonball Z

5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.

5.00 Monster Rancher
5.20 Biker Mice from Mars
5.30 Mad Jack the Pirate

6.00 PM

6.00 Test Flights
The Need for Speed
Exploring how pilots and crew met the deadly challenges of early supersonic flight.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

6.00 Renford Rejects
6.30-7.00pm Sister Sister

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Lie
7.30 Desmond's

8.00 Dharma and Greg
It Takes a Village
8.30 Mad About You
Paul gives up his apartment.

9.00 Married... With Children
The Computer Show
9.30 Spin City
Gentleman's Agreement
The Mayor joins a club.

10.00 Frasier
Ain't Nobody's Business if I Do
10.30 Father Ted
Rock-a-Hula Ted
Ted judges a competition.

11.00 Drop the Dead Donkey
It's the eve of George's wedding day.
11.30 Whose Line Is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

7.00 PM

7.00 Beyond 2000
A look at synthetic video interview technology.
7.30 Discovery Today
Mammoth special.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 8.00 Beauty Shop! 8.30 Clothes Shop! 9.30 Sports Shop! Mr Motivator presents the latest sporting equipment. 10.00 Kids Shop! 11.00 Clothes Shop! 12noon Home Shop! 1.00pm Bargain Shop! 1.30 Gift Shop! 2.00 Beauty Shop! 2.30 Kitchen Shop! 3.30 Jewellery Shop! 4.30 Entertainment Shop! 5.30 Shop! Selection 6.00 Clothes Shop! 7.00-7.30pm Bargain Shop!

8.00 PM

8.00 Science Times
Mystery Virus
A look at the hardy perennial that is the virus, and the intrepid scientists searching for a cure.

TNT
FAMILY PACK

9.00pm China Beach
Drama series about a group of nurses working in a US Army field hospital during the Vietnam War.

10.00 FILM: The Formula
George C Scott, Marlon Brando, John Gielgud
Thriller about a cop who investigates a friend's murder, and finds a link to a plot involving a formula for synthetic fuel. *1980*
12.30am-1.00am The Hitchhiker

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

9.00 PM

9.00 Raising the Mammoth
A documentary chronicling the expedition to the Siberian Arctic to uncover an intact woolly mammoth.

10.00 PM

10.00 Raising the Mammoth
A documentary chronicling the expedition to the Siberian Arctic to uncover an intact woolly mammoth.

11.00 PM

11.00 Dangers of the Ice Age
Examining the hazards presented by ice ages, climatic cycles and changing seasons.

12.00

NIGHT TIME

12midnight Birth of a Salesman
A career in the cut-throat world of door-to-door selling.
1.00am Discovery Magazine
Mammoth special.
1.30-2.00am Battle for the Planet
Land Wars

THE HISTORY CHANNEL
WORLD PACK

12noon Siege
Castles At War
12.55pm 100 Years of Labour
1.00 The Great Depression
Desperate Measures
2.00 The Guccis
Profile of the remarkable fashion dynasty.
3.30 New Tycoons
Moguls
4.00 Battleships
5.00 The Hindenburg – Part I
6.00 Hunt for the Sunken Edinburgh
How *HMS Edinburgh* sank during World War II withits cargo of five tons of gold.
6.55 100 Years of Labour
7.00 The Apache
8.00 Biography
Wallis Simpson
9.00 Great Crimes and Trials
Murf The Surf
9.30-10.00pm Spies
Women Underground

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Kenneth Jay Lane Fashion Jewellery at 6.00pm

PowerCable Teens

The dinosaurs are back!

As UK Horizons goes dinosaur crazy for a week, *Cable Guide* speaks to Jez Gibson Harris, who has hands-on experience of *Walking with Dinosaurs*

TRAVELLING around the world filming for a multi-million pound production may sound thrilling. But Jez Gibson Harris, an animatronics expert who worked on the BBC's *Walking with Dinosaurs*, also found the whole experience a distinct challenge.

The acclaimed six-part series, narrated by Kenneth Branagh, brings to life the diverse prehistoric world of the dinosaurs using a combination of scientific know-how, computer animation and animatronics.

Jez (pictured above, on location) and his colleagues at Crawley Creatures and Associates were responsible for providing more than 80 animatronic models for the series. This involved making rubber feet, animatronic heads and large sections of skin, such as that for a Diplodocus replica that measured three metres square. Creating the reproductions did present a number of difficulties though.

'Building it all relatively light-weight, but easy to maintain and indestructible was a challenge,' explains Jez. 'There were no heavy computerised motors inside as we had to carry these things up mountains and into dense forests, and it was usually pouring with rain.'

Locations, which included Chile, the Bahamas and New Caledonia, had to reflect the warm, grassless environment the dinosaurs inhabited 60 million years ago. About a month was spent at each location gaining landscape shots and filming the close-ups of the models in action. Back in the studio, lasers scanned the animatronic models into the computer, enabling the dinosaurs to be recreated by animation.

The spectacularly realistic scenes produced would not have been possible without the animatronic expertise. But Jez is unsure how much longer the art can survive. 'My job is fascinating, but computer graphics are getting better all the time. I think we will still be around in five years, but CG is the big new thing.'

As the man behind the workings of *Return of the Jedi*'s Jabba the Hutt, Jez is used to creating memorable creatures on film. But what makes *Walking with Dinosaurs* so ground-breaking? 'The ability to get real film quality special effects like that on TV, especially for a science-based programme,' says Jez. 'And to make the science so interesting and realistic.'

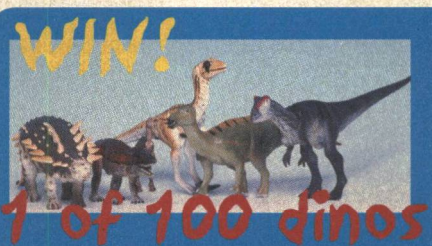
And with another series of *Walking with Dinosaurs* in the pipeline, Jez and the team are sure to be kept busy recreating 'the lost world' once again.

● *Dinosaurs Week, UK Horizons, starts Sunday 19th, see listings for times*

Above: Jez, top middle, with the team on location. Left: a replica head is prepared

PHOTOS: UK HORIZONS, CHRIS CAPSTICK

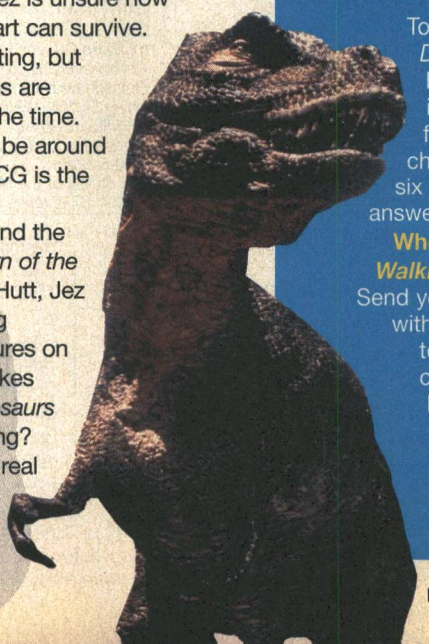
WEB CHECK!
Visit **www.bbc.co.uk/dinosaurs** for the official low-down on the series



To celebrate *Walking with Dinosaurs* coming to UK Horizons we have an incredible 100 dinosaurs up for grabs! To be in with a chance of winning one of the six dinos pictured above, just answer this question correctly:

Who narrates the series *Walking with Dinosaurs*?

Send your answer on a postcard, with your name and address, to *Cable Guide*/Dinosaurs competition, PO Box 2176, London W1A 5TW. We are unable to specify which dinosaur prize winners will receive. Closing date 31 March 2000. Full competition rules are on page 216.

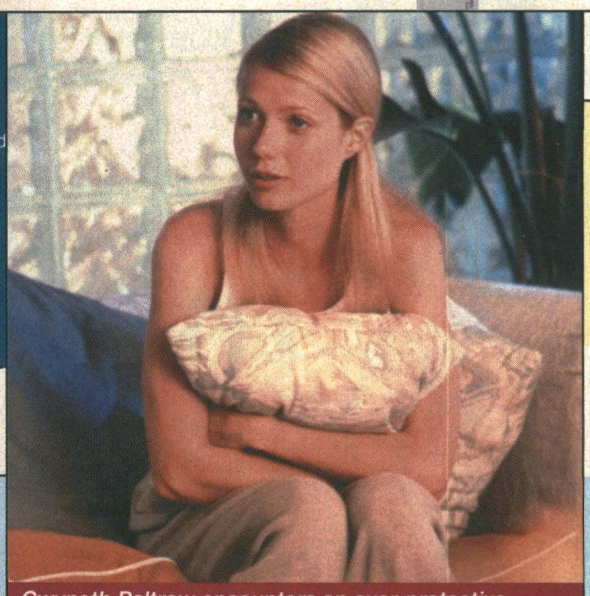


Tuesday 14 March

Don't miss the Cable Guide Cable TV Awards on UK Style tonight at 9.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



Gwyneth Paltrow encounters an over-protective mother in the premiere of 'Hush'. Sky Premier 8.00pm

SKY PREMIER
PREMIUM CHANNEL

6.00am
Give My Regards to Broad Street
Fantasy musical. **Last Play** *1984, rating Sky PG, DS, 104 mins*
8.00 The Pirate Movie
1982, rating Sky PG, DS, 95 mins
10.00 A Dog's Tale
PREMIERE *1999, rating Sky U, 92 mins*
12noon Little Heroes
1999, rating Sky PG, DS, 88 mins
2.00pm Nico the Unicorn
Anne Archer, Michael Ontkean
Family drama about a young boy and his mother. They move to Vermont following a tragic accident which left the boy disabled and his father dead. *1998, rating Sky PG, DS, 91 mins*

4.00
Young Hearts Unlimited
Corbin Bernsen, Lesley-Anne Down, Robert Carradine
Family comedy about three children who set up their own matchmaking agency for the local adults. But their successful empire is threatened when a ruthless con artist sets his sights on taking over the business. *1997, rating Sky PG. 93 mins*

6.00 A Dog's Tale
Gordon Jump, Clayton Taylor, David Bowie, Finola Hughes
Family adventure. It's a fun-filled tale about a young boy who wants a dog. Hope comes in the form of a genie who seems able to grant wishes – but unfortunately, thanks to a misunderstanding, the boy finds himself transformed into a dog. *1999, rating Sky U, 92 mins*

8.00 Hush
Jessica Lange, Gwyneth Paltrow, Johnathon Schaech
PREMIERE Thriller about a young, recently married couple who decide to move back to the husband's hometown when the wife becomes pregnant. But his mother begins to act strangely and is openly hostile to the wife, with increasingly serious results. *1998, rating Sky, 96 mins*

10.00 Lock, Stock and Two Smoking Barrels
Dexter Fletcher, Vinnie Jones
Stylish gangster thriller. Four young men have to find enough money to clear their debt to a local gangster. In desperation they decide to steal the money from a drug dealer. **Text** *1998, rating Sky 18, 103 mins*
11.50 City Slickers
Billy Crystal, Jack Palance
Comedy about three men who take a holiday on a ranch. *1991, rating Sky 15, DS, 109 mins*
1.45am Intimate Relations
Julie Walters, Rupert Graves
Last Play Comedy.
Text *1995, rating Sky 15, 96 mins*
3.25-5.30am Amy Foster
Text *1998, rating Sky 15, 109 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.10am The Tango Lesson
1996, rating Sky PG, 97 mins
8.00 Color Me Perfect
Michele Lee, Susan Blakely
1996, rating Sky PG, 88 mins
10.00 Danielle Steel's Heartbeat
John Ritter, Nancy Morgan
1992, rating Sky PG, 88 mins
12noon Love, Murder and Deceit
Rachel Ward, Joshua Morrow,
1996, rating Sky PG, 88 mins
2.00pm The Tango Lesson
1996, rating Sky PG, 97 mins
Musical drama about a Hollywood director who strikes a deal with a young tango legend. She'll make him into a film star if he can transform her into a tango dancer. *1996, rating Sky PG, 97 mins*

4.00 Color Me Perfect
Michele Lee, Susan Blakely
Drama about a mentally-challenged woman who agrees to take part in a controversial experiment. Her intelligence increases at a remarkable rate from the first injection onwards, but being a guinea pig may prove harmful to her health. *1996, rating Sky PG, 88 mins*

6.00
Love, Murder and Deceit
Rachel Ward, Joshua Morrow
Murder mystery about a woman trapped in a loveless marriage who turns to her handsome stepson for the passion she fails to find with her husband. But when their affair is finally discovered, the consequences are fatal. *1996, rating Sky PG, 88 mins*

8.00 Dark City
Rufus Sewell, William Hurt
Sci-fi thriller with a visually inventive style and fluid plotting, set in a future where dark forces roam, paranoia is a way of life and reality is what you make it. A man wakes up in a strange hotel room and discovers that he is wanted for a series of brutal murders. **Text** *1998, rating Sky 15, 96 mins*

10.00
Don't Look Behind You
Patrick Duffy, Pam Dawber
Action thriller. The only witnesses to a crime are a family who are then placed on the FBI's witness relocation programme. *1999, rating Sky PG, 88 mins*
11.35 An American Affair
Corbin Bernsen, Robert Vaughn
Thriller about a district attorney, who will stop at nothing to further his political career. *1997, rating Sky 15, 94 mins*
1.15am The Day Lincoln Was Shot
Drama. *1997, rating Sky 15, 91 mins*
2.50 The Ticket
Drama. *1997, rating Sky 12, 84 mins*
4.20-6.05am
Danielle Steel's Heartbeat
Melodrama. *1992, rating Sky PG, 88 mins*

SKY CINEMA
PREMIUM CHANNEL

4.00pm Desert Mice
Alfred Marks, Sid James
Comedy about a group of army entertainers in the desert during World War II. On top of their singing and dancing, they even manage to thwart a German plan. *1959, rating Sky PG, 80 mins*
5.30 Sherlock Holmes and the Voice of Terror
Basil Rathbone, Nigel Bruce
Mystery drama in which the detective attempts to track down agents who are betraying the Allied forces in World War II. *1942, rating Sky U, 62 mins*
6.45 Sherlock Holmes and the Secret Weapon
Basil Rathbone, Nigel Bruce
Another Holmes mystery, with our hero protecting an inventor from the clutches of the dreaded Moriarty. *1942, rating Sky PG, 65 mins*

8.00 Roadgames
Stacy Keach, Jamie Lee Curtis, Grant Page, Marion Edward
Australian-made thriller about a trucker who takes the law into his own hands and sets out in pursuit of a mysterious serial killer. He picks up a young hitchhiker along the way, and together they set a trap to lure the killer out into the open. *1981, rating Sky 15, 96 mins*

10.00 Far and Away
Tom Cruise, Nicole Kidman, Thomas Gibson, Robert Prosky
Spectacular historical epic about a poor farmer in Ireland who decides to fulfil a dream and heads off for the New World. Along the way he encounters a feisty young woman whose father was the governor of an estate similar to the one on which he farmed back home. *1991, rating Sky 15, 135 mins*
12.20am Queens Logic
Kevin Bacon, Linda Fiorentino
Reunion wedding drama. *1991, rating Sky 15, 109 mins*
2.15 Roadgames
Thriller. *1981, rating Sky 15, 96 mins*
4.00-5.30am
The Curse of the Mummy's Tomb
Horror. *1964, rating Sky 15, 77 mins*

FILMFOUR
ADD-ON CHANNEL

6.00pm
12 Twelve Angry Men
Henry Fonda, Lee J Cobb, E G Marshall, Jack Warden
Classic drama about a concerned juror who argues to win over his 11 fellow jurors. His battle for a 'not guilty' verdict in a murder case is depicted with great tension, helped by a formidable cast. **Text** *1957, 92 mins*

8.00 The Cincinnati Kid
Steve McQueen, Edward G Robinson, Ann-Margret
Gambling drama about a young card player who believes that his time has come and is determined to beat the master of the stud-poker table. His chance comes when all the roving card sharks get together in New Orleans for a big game. *1965, 97 mins*

10.00 Billy the Kid and the Green Baize Vampire
Phil Daniels, Alun Armstrong
Surreal comedy about a cocky snooker player who accepts the challenge of a grudge match from a six times world champion. *1985, 90 mins*
11.35
Hollywood Conversations
Director Mike Figgis talks to actress Elisabeth Shue.
12.20 Simon of the Desert
Claudio Brook, Silvia Pinal
1965, 46 mins
1.10 Crooklyn
Alfre Woodard, Delroy Lindo
1994, 109 mins
3.00 A Streetcar Named Desire
Marlon Brando, Vivien Leigh
Text *1951, 120 mins*
5.05-600am Family Remains

Find your favourite TV shows in seconds: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00 None But the Lonely Heart
Ethel Barrymore, Cary Grant, Dan Duryea, Jane Wyatt
Against-all-odds drama about a terminally ill woman who has to battle to keep her son from harm. He's both materially and emotionally down on his luck, and is thus susceptible to the criminal elements in his life. *1944, 113 mins*
9.00 White Nights
Mikhail Baryshnikov, Isabella Rossellini, Helen Mirren
Political drama about a popular ballet dancer trapped in Siberia after his plane crashes on the runway. Because he had defected from Russia a few years earlier, he is taken prisoner and forced to share a cell with an American defector, who tries to wear down his resistance to the idea of fleeing the country again. *1985, 135 mins*
11.30 John Ford: An American Vision
Biography of the acclaimed Western director.
12midnight The Fly II
Eric Stoltz, Daphne Zuniga
Horror sequel. *1989, 104 mins*
2.00am Great White Hope
James Earl Jones, Jane Alexander
1970, 101 mins
4.00 James Cagney: Yankee Doodle Dandy
5.15-7.00am Gaiety George
1946, rating U, 98 mins

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE MASK OF ZORRO
Swashbuckling adventure based on the classic legend. A man must embark on a quest to find a saviour because a brutal scoundrel is planning to buy California from the Mexican president. Stars Anthony Hopkins and Catherine Zeta-Jones. **Text** *1998, rating Sky PG, 132 mins*
PLAYS AT 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
THE THIN RED LINE
War drama which focuses on a group of soldiers trying to find the inner strength to carry on fighting. The men of Charlie Company are sent to a Pacific island, where they have to prove their courage. Stars John Cusack and Nick Nolte. **Text** *1998, rating Sky 15, 164 mins*
PLAYS AT 11.00am, 2.00pm, 5.00pm, 8.00pm, 11.00pm, 2.00am, 5.00am

Sky Box Office 4
Channel 54
LITTLE VOICE
Acclaimed drama about a shy girl who rarely adventures outside of her bedroom, preferring instead to sing along to records. Her talent for mimicking the likes of Marilyn Monroe and Edith Piaf is spotted by a seedy local promoter. Stars Jane Horrocks and Michael Caine. **Text** *1998, rating Sky 15, 93 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 14 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I'm No Longer Wild, So Give Back My Child
Sensational US talk show. Parents ask for help regaining custody of their children.
4.00 Pokémon
Hypno's Naptime
Ash and friends visit a village.
4.30 Pokémon
Pokémon Fashion Flash
The friends visit a famous town.
5.00 Stargate SG-1
Children of the Gods
Sci-fi series based on the smash hit film. The new SG-1 team continue their search for Jackson's wife Sha're.
6.00 Friends
The One with the Hypnosis Tape
A hypnosis tape has an unusual effect on Chandler. Text
6.30 Dream Team
An angry Luis punches Jerry.
7.00 The Simpsons
Bart Versus Thanksgiving
Bart runs away from home. Text
7.30 The Simpsons
Lisa the Greek
Lisa predicts some bets. Text
8.00
3rd Rock from the Sun
Dick and Tuck
8.30 Futurama
I Second That Emotion
Nibbler is flushed down a toilet.
9.00 The Strangerers
Who can save Cadet Flynn from being steam-pressed to death?
9.30 Third Watch
Alone in a Crowd
Drama about the exploits of a group of people who serve the City of New York as members of the emergency services.
10.30 Cops
Fort Worth
Police drama. Text
11.00 Dream Team
An angry Luis punches Jerry.
11.30 Stargate SG-1
Children of the Gods
Sci-fi series based on the smash hit film. The new SG-1 team continues its search for Jackson's wife Sha're.
12.30am Picket Fences
Final Judgement
As Jill awaits sentencing, lawyers debate the law prohibiting physician-assisted suicide.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Girls' Night
A hen night is disrupted.
3.30 The Bill
Blood Brothers
A dispute ends in murder.
4.00 EastEnders
Pauline makes the arrangements for Pete's funeral.
4.35 Neighbours
Pam fails to quash rumours about the wedding.
5.00 Bugs
What Goes Up...
Action drama series set in the world of hi-tech crime and surveillance. With Craig McLachlan and Jaye Griffiths.
6.00 The Brittas Empire
Brussels Calling
Comedy set in a leisure centre, with Chris Barrie.
6.35 The Liver Birds
Badgers and Otters
Classic Liverpudlian sitcom.
7.10
Are You Being Served?
Cold Comfort
7.45
Keeping Up Appearances
When Hyacinth gets passionate about art, daddy decides to join the Foreign Legion.
8.20 Open All Hours
Sitcom about a miserly shopkeeper, with Ronnie Barker.
9.00 dinnerladies
Nightshift
Bittersweet sitcom about the troubled lives of a group of dinner ladies. With Victoria Wood.
9.40 Sunburn
Drama series following the lives and loves of a group of British holiday reps on Cyprus. Nicki must choose between Yiannis and Steve. With Michelle Collins.
10.45 Heartbeat
Treading Carefully
Nick and Kate's marriage is thrown into turmoil.
11.50 The Bill
Girls' Night
12.20am The Bill
Blood Brothers
12.50 The Ice House
Adaptation of a Minette Walters novel. The people of Streech village suspect foul play when a body is discovered in a disused ice house.
2.25-2.55am
The Lenny Henry Show

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Host Mother Love deals with real problems in a variety of relationships.
4.40 Maury Povich
Compelling talk show dealing with emotional conflicts, hosted by Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion about relationship issues.
7.00 Judge Judy
The outspoken judge presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Drama series about a rural Derbyshire general practice, displaying a realistic and sensitive probing into the psyche of the doctors and the patients.
9.00 FILM:
A Kiss So Deadly
Charles Shaughnessy, Dedee Pfeiffer, Tom Bresnahan
Thriller about a businessman who falls for his daughter's college roommate. But what begins as a harmless fling quickly progresses and his marriage, career and even sanity become affected by his passions.
1996
10.50 Red Shoe Diaries
Stories of eroticism and love, introduced by David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man Poor Man

3.00 Hawaii Five-0
Cocoon
As McGarrett continues his investigation into the death of a close friend, the clues lead to a foreign ship. With Jack Lord.
4.00 Kojak
I Want to Report a Dream
Detective drama. A spiritualist, who dreams of murders before they are committed, tries to help Kojak solve his case.
5.00 Hart to Hart
Harts at High Noon
Jonathan and Jennifer's visit to a western theme park unsettles a pair of shady townsfolk, leading to a deadly shoot out.
6.00 Emmerdale
A gruesome discovery is unearthed in the Woolpack. Text
6.30
Classic Coronation Street
Henry confesses to Hilda. Text
7.00 George and Mildred
The Bad Penny
Classic Seventies comedy.
7.30 Bless This House
Make Love... Not War
Seventies domestic sitcom.
8.00 The Benny Hill Show
More fun as the comic brings you all your favourite characters and performs the pop festival to end all pop festivals, including a preview of one of his records.
9.00 Kojak
A Very Deadly Game
Detective drama. Agent Watkins keeps information from Kojak.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Showgirls
The series which focuses on the excitement and bright lights of Las Vegas each week
11.30 Fully X-Posed
Presented by Danni Hunt.
12midnight 4Play
Fly-on-the-wall docu-soap following the exploits of four glamour girls.
12.20am Crash of the Titans
Footage of cars, bikes, dragsters and stockcars crashing.
12.30 Garry Bushell Reveals All
1.00 4Play Away – Amsterdam
1.30-2.00am
South Beach Model Search

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Classic Toons 10.35 Circle Time 10.40 Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Classic Toons 1.05 Circle Time 1.10 Rolie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
Charming undersea adventures of a beautiful mermaid. Text
3.30 Classic Toons
Watch your favourite classic Disney characters.
4.00 Sabrina
When Sabrina's around there's always trouble brewing.
4.30
Hercules: The TV Show
Hercules and the Prom
5.00 Recess
Double bill of animation from the creators of *Rugrats*. Text
5.30
My Best Friend Is an Alien
My Bodyguard Is a Ratfink! Text
6.00 Smart Guy
Bad Boy Text
6.30 Microsoap
Fun-filled kids' sitcom that looks at the problems of youngsters in the 1990s. With Jeff Rawle.
7.00 FILM: Toothless
Kirstie Alley, Lynn Redgrave.
Comedy. A dentist isn't allowed into heaven until she can show some human compassion. She's appointed 'Tooth Fairy' in the meantime, and meets a boy in need of a family. *1997* Text
8.20 Honey, I Shrunk the Kids: The TV Show
Honey, Let's Trick-or-Treat
Comedy based on the hit film.
9.05 Boy Meets World
Cutting the Cord
US teen comedy.
9.30 Dinosaurs
Refrigerator Day
State-of-the-art puppetry. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

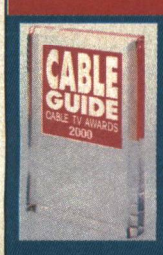
Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

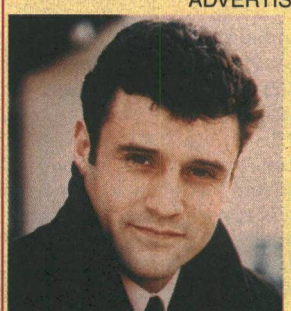
GENERAL



The Cable Guide Cable TV Awards 2000
UK Style 9.00pm

There's one programme you won't want to miss tonight – the third annual *Cable Guide Cable TV Awards*. As always, the winners of the coveted awards are voted for by you the readers. The hosts of this year's prestigious ceremony, which is being held amid the resplendence of the Grand Ballroom in London's Hilton Hotel, are Carol Smillie, of UK Style's home makeover hit *Changing Rooms* and Alan Titchmarsh, presenter of the channel's *Gardeners' World*.

ADVERTISEMENT
UK STYLE

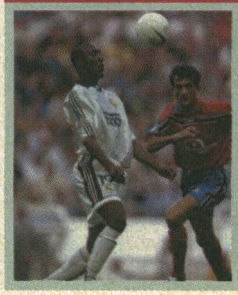


REAL ROOMS
6.30PM
Real Rooms is back for a brand new series this year. With Simon Biagi and the Real Rooms team. No job is too big or too small as they tackle everything from stairways in suburban semis to kitchens in country cottages.

Tuesday 14 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Ski Jumping** **8.00 Alpine Skiing – LIVE** Coverage of the Women's World Cup in Bormio, Italy. **9.00 Cross-country Skiing** **10.00 Alpine Skiing – LIVE** Coverage of the Men's World Cup in Bormio, Italy. **11.00 Eurogoals Repeat** **12.30pm Biathlon** **1.30 Alpine Skiing** **2.30 Tennis** Sanex WTA Tournament in Indian Wells, USA. Join British Eurosport presenters and guests in the studio.	**7.00am Sky Sports Centre** **7.15 World Wrestling Federation – Livewire** **8.15 You're On Sky Sports!** **9.00 Racing News 9.30 Aerobics Oz Style 10.00 Football League Review** **11.00 Motor Racing: Arctic Rally 12noon Aerobics Oz Style 12.30pm World Football Show** **1.00 Ringside Special**	**7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports Show 8.45 Sky Sports Centre 9.00 Action Sport 9.30 Three Sixty Surfing 10.00 World Pool League 11.00 Bowls: Australia v England – Second Test 1.00pm Gold Coast Marathon 1.30 World Pool League 2.30 Asian Sports**	**12noon Max Power** Motorsport action. **1.00pm Action Sport** **1.30 Three Sixty Surfing** Spectacular footage of the people who make three sixty surfing look so easy. **2.00 Shell's Wonderful World of Golf: Marr v Hunt** Classic golfing action. Marr and Hunt lock horns at Sunningdale.	**8.00am** **Battlestar Galactica** *The Magnificent Warriors* **9.00 The Time Tunnel** *The Ghost of Nero* **10.00 Lost in Space** **11.00 The Incredible Hulk** *Stop the Presses* **12noon Babylon 5** **1.00pm Alien Nation** *The Game* **2.00 Battlestar Galactica**	**6.00am Select MTV** Another chance to see the choices made by the MTV audience yesterday. **8.00 Mad 4 Hits** Exclusives and big chart hits. **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 Hit List UK**
3.00 PM		**3.00 Spanish Football** Enjoy the latest ups and downs from Spain as the race for the Primera Division title hots up. *Repeat from Sunday.*	**3.00** **World Motor Sport** Fast-paced coverage from the circuit. From the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series, *World Motor Sport* features every lap from every track. The programme also includes features on the key people in the racing world and viewers can gain an insight into life behind the wheel from the men who smash the records and thrill the crowds.	**3.00 Views of Golf** Comprehensive insight into the world of golf. **3.30 Total Sport** Irreverent and intelligent look at the sporting world.	**3.00 Robocop** *Prime Suspect* Framed for the murder of a popular Televangelist, Robocop becomes a fugitive from the law.	**3.00 Bytesize MTV** Superb music, stars and entertaining moments from different MTVs around the world.
4.00 PM	**4.00 Alpine Skiing** Coverage of the Men's World Cup in Bormio, Italy Downhill Training.			**4.00** **World Pool League** Star names including Oliver Ortmann and England's Steve Davis are among the competitors.	**4.00** **The Time Tunnel** *The Ghost of Nero* The time travellers wrestle with the ghost of Nero during a World War I battle.	**4.00 Select MTV** **Live from Ireland** Your personal video jukebox. Select your video from the on-screen menu, call up the special number and sit back and enjoy your favourite hits. Live all week from Ireland.
5.00 PM	**5.00 Xtreme Sports** *YOZ – Youth Only Zone*	**5.00 World Wrestling Federation – Livewire** Michael Cole presents bouts between stars such as Stone Cold Steve Austin and Flash Funk.		**5.00** **International Bowls: Australia v England – Second Test** A chance for the British team to prove they can beat Australia at a sport. The old rivals are in New South Wales competing in the all-important Second Test.	**5.00 Lost in Space** *Princess of Space* An old space captain thinks that Penny is a princess. With Robert Foulk.	
6.00 PM	**6.30** **Gillette Dream Team** The first in the series looks at players ranked for the centre forward position.	**6.00** **Sky Sports Centre** Latest news from the world of sport. **6.30 Inside Scottish Football** Goals, transfers, news and views from the Scottish Premier Division.	**6.00 Fastrax** A look at the lives of competitors in the fast lane. **6.30 Snow Show** Skiing and snowboarding insight and action.		**6.00** **The Incredible Hulk** *Stop the Presses* A newspaper exposé takes the Hulk right into the print room.	**6.00 Bytesize MTV** Entertaining clips of MTV's best moments from around the world.
7.00 PM	**7.00** **Sports Car Racing** Coverage of the FIA Sports Racing World Cup. Features the prestigious Daytona 24 Hours race.	**7.30 Greyhounds: Arc Final – LIVE** The £5,000 UK Packaging Arc is run over 475m at Walthamstow. It attracts top class dogs who will probably contest the *Greyhound Derby* later on in 2000. Possible leading contenders for this year's event are Mumble Swerve and Derbay Flyer. With Jeff Stelling, commentator Errol Blyth and Dave Smith from the trackside.	**7.00 Ice Hockey** Action from the Sekonda Superleague game of the week. Another enthralling encounter can be enjoyed. The sport has experienced a massive surge in popularity and the national team is shooting up the world rankings.	**7.00** **Sports Unlimited** Spectacular footage of more unusual sports, whether on the ground or thousands of feet up.	**7.00 Alien Nation** *The Game* Newcomers' deaths remind George of a gruesome version of Russian Roulette.	**7.00 Mad 4 Hits** Playing back-to-back chartbusting smashes.
8.00 PM	**8.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Indian Wells, USA.			**8.00 Premier Snooker League** Now in its 14th year, the £123,500 Premier Snooker League is a prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999.	**8.00 Sleepwalkers** *A Matter of Fax* Nathan and company are approached by a man who is convinced he has committed a murder.	**8.00 US Top 20 Countdown** Toby Amies counts down the latest hot tunes from the US charts.
9.00 PM	**9.30 Boxing** Action from an international contest.	**9.00 Inside Scottish Football** Scottish Premier Division action and analysis is presented by Jim White.			**9.00 American Gothic** *Damned if You Don't* Carter Bowen pays a heavy price when he refuses to return a favour requested by Sheriff Buck.	**9.00 Daily Edition** Stories from the world of showbiz as they break across Europe. **9.30 Celebrity Death Match**
10.00 PM	**10.30 Motorcycling** World Championship Grand Prix season preview. Includes interviews with the major riders.	**10.00 Sky Sports Centre** **10.15 You're On Sky Sports!** Rob McCaffrey hosts the ever-lively football phone-in.	**10.00 Fastrax** Alternative high-speed sport and its competitors. **10.30 Snow Show** Wintersports action.	**10.00 Big Fights: Ray Leonard v Benitez** Vintage boxing footage with fast-paced action from classic bouts.	**10.00 FILM: Lord of Illusions** *Scott Bakula, Famke Janssen* Horror. A private detective on a routine case stumbles into a mystery involving an illusionist, his wife and members of a fanatical cult waiting for the resurrection of their leader. *1995*	**10.00 Essential Pet Shop Boys** An in-depth interview with Neil and Chris. **10.30 Mad 4 Hits**
11.00 PM	**11.30pm-12.30am Trial** Coverage of the seventh round of the Indoor World Cup in Courmayeur, Italy.	**11.00 Inside Scottish Football** An insight into the movers and shakers of football north of the border. Presented by Jim White.	**11.00 Sports Unlimited** Spectacular footage and in-depth coverage of some of the world's more wackier sports.	**11.00-11.30pm A to Z of Motorsport** Trace the roots and history of the motor racing circuit.		**11.00 brand:new** MTV plays homage to all that is new and experimental with rarely-seen artists and videos.
NIGHT TIME 12.00		**12midnight Sky Sports Centre** **12.15am Premier Snooker League** Action from a variety of top venues across Britain. **2.15 You're On Sky Sports!** **3.00-3.15am Sky Sports Centre**	**12midnight Ice Hockey** Thrilling action from the Sekonda Superleague game of the week. **2.00am-2.15am Sky Sports Centre** Latest sports news show hosted by Matthew Lorenzo and Kirsty Gallacher.		**12midnight The Flash** **1.00am FILM: Circuitry Man** *Jim Meltzer, Vernon Wells* Sci-fi drama. Featuring a hunt for pleasure in a bleak future world. *1990.* **2.45 Sci-Focus Special** **3.00-4.00am Babylon 5**	**12midnight Alternative Nation** A look at the movers and shakers of the underground. **1.00am Essential Pet Shop Boys** **1.30 Mad 4 HITS** **2.00-6.00am Night Videos**

FOOTBALL: GILLETTE DREAM TEAM
EUROSPORT 6.30PM



Eurosport internet site visitors voted late last year for the Gillette Dream Team from among 55 pre-selected players and tonight sees the start of a 12-part series to tell you the results of the voting. Each position offered five likely candidates for fans to choose from and this evening the focus is on the strikers such as Nicolas Anelka (pictured, left), once of Arsenal and now Real Madrid, and the German star Oliver Bierhoff (pictured, right) of AC Milan, who enjoyed such success at Euro 96.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.05 Playboy's Sexy Girl Next Door 10.40 Voluptuous Vixens 12midnight Freeview 12.10am Department Sex 12.35 Adult Feature 1.05 Biker Annie 1.35 Adult Feature 1.50 Ladies Behaving Badly 2.05 Kissing Kaylan 3.20-4.00am LA Swimstyles

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Teresa Scott Unleashed 12.40 FILM: Heart and Soul 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 The President's Perversions 2.20 FILM: Angels 3.30-4.00am Julie

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Phil Collins
Some of the biggest selling songs from a long career in the music business.
1.30 Pop-Up Video
Videos with pop-up information bubbles.
2.00 Jukebox
A video jukebox for viewers.

4.00
Behind the Music: Fleetwood Mac
A look at the band making their comeback album after a long split.
5.00 The VH1 Album Chart Show
Paul King presents a countdown of the biggest selling albums of the week in the United Kindgom.
6.00 VH1 to One: Au Revoir Celine
An interview with the French-Canadian singer.
6.30 Greatest Hits: Phil Collins
7.00 VH1 Hits
Back-to-back hits from the VH1 play list.

8.00 The Millennium Classic Years: 1987
Music from the year Margaret Thatcher wins a third term of office in the general election.
9.00 Egos and Icons: Oasis
The brothers Gallagher go under the spotlight in this show featuring live material and anecdotes.
10.00 Behind the Music: REM
VH1 chats to all the players in the REM story, for a portrait of one of the USA's most enduring bands.
11.00 Anorak 'n' Roll
Music trivia show.

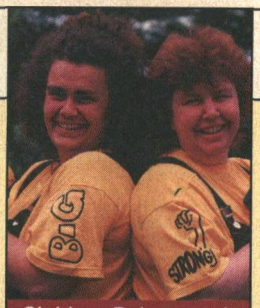
12midnight Pop-Up Video
12.30am
Greatest Hits: Phil Collins
1.00 Hey, Watch This!
John Fugelsang takes a look at Brits and Americans.
2.00 Soul Vibration
2.30 VH1 Country
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Wildlife in Combat
1.00pm Emergency Vets
1.30 Pet Rescue
Wendy Turner and Dr Mark Evans follow the fortunes of abandoned animals.
2.00 Harry's Practice
Harry visits two horses.
2.30 Zoo Story
Join the staff and visitors to the London Zoo.

3.00 Going Wild with Jeff Corwin
Alaska
3.30 Croc Files
Steve and Terry Irwin rescue a large crocodile.
4.00 Croc Files
More reptilious adventures with Steve and Terri Irwin.
4.30 The Aquanauts
The Aquanauts explore more ocean secrets.
5.00 Emergency Vets
A yorkie is brought in with concussion after a child accidently hits him.
5.30 Zoo Chronicles
More from Whipsnade.
6.00 Crocodile Hunter
Outlaws of the Outback – Part I
Australia uses crocodiles against feral pests.
7.00 Wolves at Our Door
High in the remote area of Idaho, Jim Dutcher spent six years living with and filming a pack of wolves.
8.00 Emergency Vets
More real-life tales from an animal ER in Denver.
8.30 Emergency Vets
More real-life tales from an animal ER in Denver.
9.00 Saving the Tiger
A film documenting rarely-seen aspects of the big cat's life in its natural habitat and its relationship with humans.
10.00 Wild Rescues
Incredible tales of people saving animals – and animals saving people.
10.30 Wild Rescues
More animal rescues.
11.00 Country Vets
Catherine Sutcliffe fights to save a terrier dying from chronic flea infestation.
11.30-12midnight Country Vets

CABLE CHECK
Some of the channels listed may not be available in your area



Siobhan Palmer and Fiona Quigley are 'Big Strong Girls'. UK Style 11.00am

ITV2
ACCESS PACK

4.00pm NBA 2000
One of the week's top basketball games from the National Basketball Association, the world's most prestigious league.
5.00 Life Force
Sci-fi series set 25 years in the future, when much of the country is flooded.
5.30 Jungle Run
With Dominic Wood.
6.00 Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.

7.00
Uefa Champions' League Weekly
Reviews and previews of all the latest action.
7.45 Sport in Action
8.00 NBA 2000
Basketball magazine featuring the best action from America's presitigious National Basketball Association.
9.00 The Grimleys
Comedy drama series set in the 1970s.
9.30
Neighbours from Hell
Documentary series.
10.00 Emmerdale
Catch up with tonight's episode from ITV. Text
10.30 The Bill
More drama from tonight's exploits from the Sun Hill police. Text
11.30 Football Crazy
Docusoap which gets to the roots of amateur football and examines the passion involved.
12midnight
The Jerry Springer Show
More outrageous revelations and confrontations.
12.50am Trisha
Trisha Goddard shares more true stories.
1.50-2.20am
Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am Looking Good 7.30 Fantasy Rooms 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Big Strong Girls 11.30 Which Craft? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 The Naked Chef 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Ground Force

3.00 Show People
Insight into the exhibitions, festivals and special events across the UK.
3.30 Home Front in the Garden
4.00 Travel Xpress
Travel magazine.
4.30 On the Way to Monkey Bay
Author Nigel Farrell explores the beautiful but little-known Lake Malawi in southern Africa.
5.30 Antiques Roadshow
The team invites members of the public in Cannock, Staffordshire, to bring along their antiques.
6.30 Real Rooms
The makeover show that transforms rooms in need of a serious revamp.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
The popular series about all things collectable.
8.00 Change That
Interior design roadshow.
8.30 Antiques Treasure Trail
Ian MacMillan gives advice on buying antiques.
9.00 The Cable Guide Cable TV Awards
UK Style presents the Cable Guide Cable TV Awards 2000 from the Hilton Hotel, Park Lane. Alan Titchmarsh and Carol Smillie are the hosts for this evening.
10.30 House Invaders
Homes are given a DIY facelift for no money.
11.00 Gardening from Scratch
The gardening series for absolute beginners.
11.30 How Does Your Garden Grow?
The nation's top gardeners work on the horticultural problems of our day.
12.30am-1.00am Home Front in the Garden
Garden design programme presented by Tessa Shaw. Anne McKevitt creates a seaside-inspired haven.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am HMS Splendid – Under the Sea 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Anne Frank Remembered 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 HMS Splendid – Under the Sea
Documentary series observing life on board an attack submarine.
3.45 Battersea Dogs' Home
Fly-on-the-wall documentary, presented by Shauna Lowry.
4.20 Vets in Practice
A Yorkshire terrier that may have cancer.
4.50
What Went Wrong?
A fire engulfs a 13-storey office building in New Delhi.
5.25 Health Farm
Fly-on-the-wall series.
5.55 City Hospital
Documentary series in which reports on the triumphs and trials of patients and staff at Southampton Hospital.
6.55
Back to the Floor
Man on the Move
Series in which top bosses return to the shop floor.
7.30 Blues and Twos
Documentary series.

8.00 Vets in Practice
Full Speed Ahead
Vets documentary.
8.30
What Went Wrong?
A look at disasters.
9.00 Health Farm
Fly-on-the-wall series.
9.35
Clash of the Titans
Borg v McEnroe
A look at the struggle between Björn Borg and John McEnroe at Wimbledon in 1980.
10.30
Blues and Twos
Documentary series.
11.00 Anne Frank Remembered
12midnight A Life of Grime
12.30am-1.00am A Life of Grime

UK PLAY:
1.00am The Smell of Reeves and Mortimer
2.10 Shooting Stars
2.40 FuturTV
3.10 TOTP Plus
3.35 The Sound of Play
6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Antony 9.30 A to Z of Food and Beauty 10.00 Jenny Bristow's Country Cooking 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Simply Puddings 12noon Classic Dishes 12.30pm Loyd's Louisiana 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 Simply Fish

3.30
Tessa's Tastebuds
Potato
Recipes include bubble and squeak.
4.00 Simply Baking
Choux
Andrew Nutter prepares choux pastry.
4.30 Mridula's Indian Kitchen
5.00 Flash in the Pan
Quiz with Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
A Shared Table

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Into the Blue
Glider pilots and kite surfers seek the perfect wave of air.
8.00 Tundra Hunters
Eric Zimen and his crew chart the progress of a Ngonnasan family, who return to their nomadic existence in Siberia.
9.00 Stratosfear
An attempt to break the hang-gliding altitude record.
9.30 Extreme Skiing
A group of extreme skiiers chase perpetual snow.
10.00 Volcano Alert
Volcanic eruptions are one of Earth's most destructive disasters and yet more people than ever are living close to active volcanoes.
11.00
Explorer's Journal
Dino Babies
Steve McAllum traces the evolutionary links from dinosaurs to birds.
12midnight-1.00am
Great White – In Search of the Giant
An exploration of whether the great white is in danger of going the same way as the dinosaurs as researchers are reporting fewer sightings of the top predator.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
Hosted by Bobby Davro.
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
Big money gameshow.
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Kingsbury Square 12noon Hometime 12.30pm Hometime 1.00 Two's Country
Have a Nice Stay
1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Go Fishing
Angling adventures.

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 That Film Show 4.30 Eurospotters 4.45 Got Any Gear 5.00 Free Sports 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Tuesday 14 March

Don't miss the Cable Guide Cable TV Awards on UK Style tonight at 9.00pm

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Solomon Islands – Part II
4.30 Discovery Today
Mammoth Special

5.00 Time Team
The Fortress in the Lake
The team investigates the site of a Dark Age man-made island – a crannog – in Llangorse Lake.

6.00 Hitler's Generals
Keitel
Keitel played a key role in many crimes, transferring 10,000 men to the SS.

7.00 Secret Mountain
The team pushes on to establish two camps.
7.30 Discovery Today

8.00 No Survivors
In mid-November 1941, Australia's most successful warship, the cruiser *HMAS Sydney*, was sunk off the Western Australian coast.

9.00 My Titanic
Fatal Flaw
Series hearing the eye-witness accounts of survivors from notorious modern disasters.

10.00 Black Box
Crash Detectives
A look at the investigation teams at two crash sites in the United States in the summer of 1996.

11.00 War and Civilisation
First Blood
Looking at the evolution of civilisation through the prism of war in Greece.

12.00 NIGHT TIME

12midnight The Supernatural
Nostradamus
Is there any truth in the predictions of Nostradamus?
1.00am Discovery Today
1.30-2.00am Beyond 2000
A look at synthetic video interview technology.

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
Animated fun with the canine adventurer.

4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.

5.00 Dragonball Z

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
Cartoon fun.
8.00 Pinky and the Brain
8.30-9.00pm Batman

TNT
FAMILY PACK

9.00pm Murphy Brown
Here's to You, Mrs Kinsella
9.30 Murphy Brown
Subpoena Envy

10.00 FILM: The Gang That Couldn't Shoot Straight
Jerry Orbach, Jo Van Fleet, Robert De Niro
Comedy about a gang of second-rate mobsters trying repeatedly to kill a Mafia boss. *1971*
12.30am-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Flying Rhino Junior High 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas The Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.

4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.

5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Merger
7.30 Desmond's
Barbershop comedy.

8.00 Dharma and Greg
Turn, Turn, Turn
The families clash.
8.30 Mad About You
Riding Backwards

9.00 Married... With Children
Life's A Beach
Fun with the Bundys.
9.30 Spin City
Deaf Man Walking

10.00 Frasier
The Zoo Story
Frasier has a new agent.
10.30 Father Ted
Cigarettes and Alcohol and Rollerblading

11.00 Drop The Dead Donkey
George turns into a tyrant overnight.
11.30 Whose Line is It Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine.
3.30 Inspector Gadget

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 Monster Rancher
5.20 Biker Mice From Mars
5.30 Mad Jack The Pirate

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Jewellery Shop!
8.30 Clothes Shop!
9.30 Beauty Shop!
10.00 Jewellery Shop!
11.00 Kids Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Collectors' Shop!
2.00 Technology Shop!
2.30 Clothes Shop!
3.30 Home Shop!
4.30 Kitchen Shop!
5.30 Shop! Selection
6.00 Kids Shop!
More offers for parents.
7.00-7.30pm Bargain Shop!
Today's special offers.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Tony Blackburn's Music Choice at 11.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 World Beat 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Showbiz Weekly 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Dites-Moi 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Documentaire 1.00 Journal 1.15 Cinéma 3.00 Journal 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.15 Nestor Burma 11.00 Journal 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.45am Swabimaan 1.15 FILM 4.00 Gaura 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Out and About 8.30 Tara 9.00 Super 7 Muqabla 9.30 Yaadon Ke Rang 10.00 Pakistan Show Time 11.00 Khana Khazana 11.30 Amar Prem 12noon FILM 3.00pm Hadd Kar Di 3.30 Top of the Tops 4.00 Raahat 4.30 Callmate Top Ten 5.30 Hasratein 6.00 Antakshari Classic 7.00 Daayre 7.30 Chalo Cinema 8.00 News Bulletin 8.30 Janam 9.00 A Day Out with a Star 9.30 Zanjeeren 10.00 Shapath 10.30 Mahabharat 11.30 Mano Ya Na Mano 12midnight News 12.30am Low Cal Show 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am Good News 5.30 CMTV 6.00 Hour of Deliverance 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Rhema Praise 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.30 Wall Street Report 4.15 South Africa Report 4.30 Wall Street Report 5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am House of Lords 7.00 The Record 7.30 House of Lords 10.00 Westminster Hall 1.00pm House of Lords 2.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

THE HISTORY CHANNEL
WORLD PACK

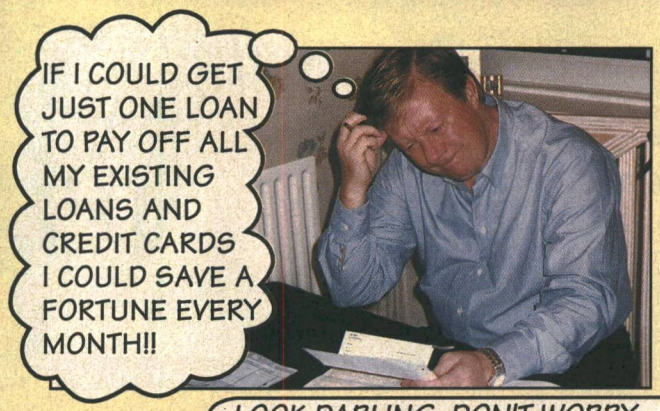
12noon Hunt for the Sunken Edinburgh
12.55pm 100 Years Of Labour
1.00 The Apache
2.00 Biography
Wallis Simpson
3.00 Great Crimes and Trials
Murf the Surf
A look at a gem thief.
3.30 Spies
Women Underground
4.00 Aircraft Cariers
5.00 Rockets
The Vengeance Weapon
6.00 In Search of Nazi Plunder
7.00 Great Planes
The Cobra
8.00 Biography
When Diana Died
9.00 Great Crimes and Trials
Haigh the Acid Bath Murderer
9.30-10.00pm Spies
Target – Cuba

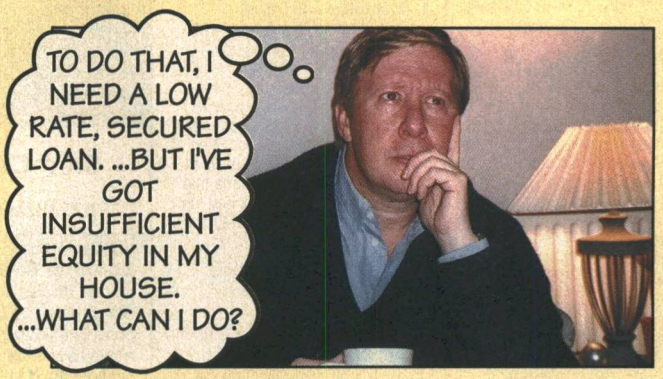
TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

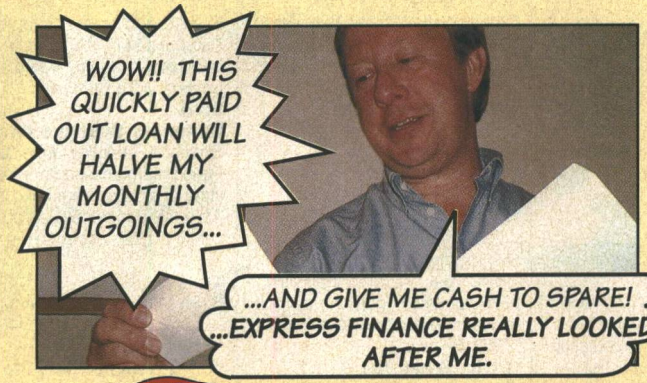
ANY PURPOSE LOANS

£2,000-£250,000





AS SEEN ON TV



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50,000	407.74	496.48	623.68	THIS RATE APPLIES ON LOANS £10,000 TO £50,000 EMPLOYED ONLY, SUBJECT TO EQUITY & CREDIT SCORE		NO FEES 8.9%
40,000	325.87	397.19	498.94			
30,000	244.41	297.89	374.21			
40,000	350.93	418.95	518.73	654.82	841.09	NO FEES 9.9%
30,000	263.19	314.21	389.05	491.12	630.82	
20,000	175.46	209.47	259.36	327.41	420.55	
15,000	141.24	165.48	202.10	252.63	322.14	NO FEES 10.9%
12,500	117.70	137.90	168.42	210.52	268.45	
10,000	94.16	110.32	134.73	168.42	214.76	
8,500	91.19	103.46	123.25	151.25	190.21	NO FEES 12.9%
6,000	64.37	73.03	87.00	106.77	134.27	
5,000	53.64	60.86	72.50	88.77	111.89	

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Wednesday 15 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Staircase
1998, rating Sky PG, 92 mins
8.00 Breakout
Robert Carradine, J Evan Bonifant, 1998, rating Sky PG, 87 mins
10.00 One Fine Day
Michelle Pfeiffer, George Clooney, Text *1997, rating Sky PG, 104 mins*
12noon Cannonball Fever
Melody Anderson, Peter Boyle 1989, rating Sky PG, 91 mins
2.00pm Godzilla
Matthew Broderick, Jean Reno, Maria Pitillo, Hank Azaria
Action. A giant lizard emerges from the sea, threatening to destroy the whole of New York City. The mutant result of French nuclear testing, the big green monster decides that Manhattan would make a good spot for a nest. Text *1998, rating Sky PG, 133 mins*
4.20 Undercover Angel
Dean Winters, Yasmine Bleeth
Romantic drama. A struggling writer is unlucky in love until an ex-girlfriend asks him to look after their six-year-old daughter for a month and his life takes a turn for the better. *1998, rating Sky PG, 88 mins*
6.00 One Fine Day
Michelle Pfeiffer, George Clooney
Romantic comedy A single parent and professional architect meets a newspaper columnist who takes custody of his daughter every other weekend. On this particularly fine day, they and their children are thrown together by circumstances for one chaotic day. Text *1997, rating Sky PG, 104 mins*
8.00 Godzilla
Matthew Broderick, Jean Reno, Maria Pitillo, Hank Azaria
Action. A giant lizard emerges from the sea, threatening to destroy the whole of New York City. The mutant result of French nuclear testing, the big green monster decides that Manhattan would make a good spot for a nest. It is now up to a French scientist to try and stop it. Text *1998, rating Sky PG, 133 mins*
10.20 Jackie Brown
Pam Grier, Samuel L Jackson, Robert De Niro, Bridget Fonda,
Thriller. A middle-aged air stewardess is arrested smuggling cash for a gun runner and small time crook. The police expect her to talk in return for a light sentence but she has other plans, and embarks on a scheme which will keep her one step ahead of the police and her criminal colleagues. Text *1997, rating Sky 15, 148 mins*
12.55am The Gingerbread Man
Thriller. Text *1998, rating Sky 15, 109 mins*
2.50-5.10am Oscar and Lucinda
Ralph Fiennes, Cate Blanchett, Text *1997, rating Sky 15, 126 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

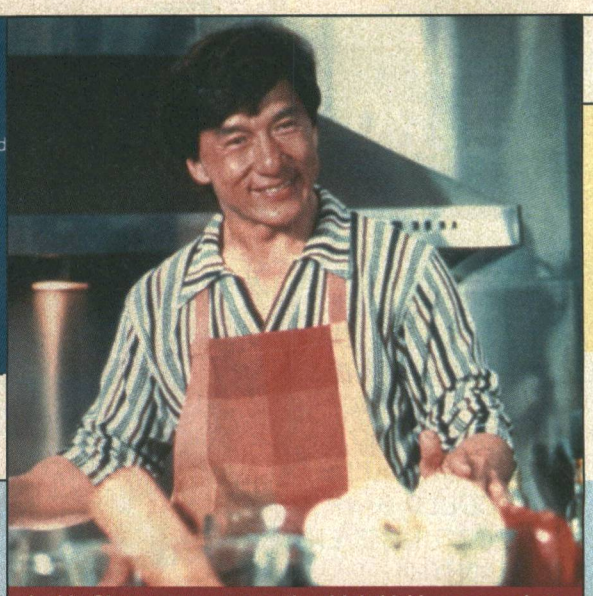
6.00am Danielle Steel's Changes
1991, rating Sky PG, 91 mins
8.00 Love Letters
1998, rating Sky PG, 86 mins
10.00 A Father's Son
John Schneider, Cheryl Ladd 1999, rating Sky PG, 92 mins
12noon Dance 'til Dawn
Alyssa Milano, Christina Applegate, Comedy. *1988, rating Sky PG, 92 mins*
2.00pm Sweet Revenge
Carrie Fisher, Rosanna Arquette, Comedy. A lawyer is ordered to pay alimony to her ex-husband. She hatches a plan to marry him off to another woman with the hope that he will stop demanding money from her. *1990, rating Sky PG, 84 mins*
4.00 Love Letters
Laura Linney, Steven Weber
Romantic drama. This is the story of two childhood sweethearts who remain faithful friends throughout their lives through their regular, often heart-wrenching correspondence. *1998, rating Sky PG, 86 mins*
6.00 A Father's Son
John Schneider, Cheryl Ladd
Drama based on the true story of actor Michael Landon, whose affair with a younger woman almost destroyed his family. But when Landon breaks the news of his terminal illness to his family, his children realise just how much they love their father, despite his faults. *1999, rating Sky PG, 92 mins*
8.00 Rumble in the Bronx
Jackie Chan, Anita Mui, Françoise Yip, Bill Tung
Action. A martial arts master moves to the Bronx to visit his uncle and help him sell his grocery store, but first he must dispatch the thugs who have been terrorising the shop in his own inimitable way. Text *1996, rating Sky 15, 85 mins*
10.00 Mr Nice Guy
Jackie Chan, Richard Norton, Miki Lee, Karen McLymont
PREMIERE A TV chef becomes embroiled in a drug lord's search for an incriminating video. Text *1997, rating Sky 15, 85 mins*
11.30 Sacred Cargo
Chris Penn, Martin Sheen
Thriller about a priest asks his brother to join him on a trip – but does not tell him of the risks involved. Text *1998, rating Sky 15, 93 mins*
1.10am Baby Monitor: The Sound of Fear
Thriller. *1998, rating Sky 15, 86 mins*
2.40 The Guardian
Horror. *1990, rating Sky 18, 89 mins*
4.15-6.00am Sweet Revenge
1990, rating Sky PG, 84 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Bandit of Sherwood Forest
Cornel Wilde, Anita Louise
Action. The son of Robin Hood continues battling his father's evil enemies in Sherwood Forest and Nottingham. *1946, rating Sky PG, 83 mins*
5.30 Sherlock Holmes in Washington
Basil Rathbone, Nigel Bruce, Marjorie Lord, Henry Daniell
Mystery. The British sleuth travels to America's capital to trap spies during World War II. *1943, rating Sky U, 68 mins*
6.45 Sherlock Holmes Faces Death
Basil Rathbone, Nigel Bruce, Hillary Brooke, Dennis Hoey
Mystery thriller. The search is on for a killer in a house for retired military types. *1943, rating Sky U, 65 mins*
8.00 The Mackintosh Man
Paul Newman, James Mason, Dominique Sanda
Thriller. A man takes a fall and winds up in jail. He escapes from prison with a convicted spy but once free he is kept isolated by his colleague. He escapes again but he soon finds not everything is as it seems – but then neither is he. *1973, rating Sky 15, 94 mins*
10.00 An Officer and a Gentleman
Richard Gere, Debra Winger, Louis Gossett Jr, David Keith
Romantic drama. A young naval cadet finds the training tough, especially as he has a reputation for having a bad attitude. But along the way his life changes as a beautiful woman enters the picture. *1982, rating Sky 15, 119 mins*
12.05am The Adventurers
Bekim Fehmiu, Charles Aznavour
Drama. *1970, rating Sky 18, 170 mins*
3.00 The Secret of the Purple Reef
Jeff Richards, Margia Dean 1960, rating Sky 12, 77 mins
4.25-5.45am Tarzan and the Slave Girl
1950, rating Sky PG, 74 mins



Jackie Chan serves up another high-kicking screen hero in the premiere of 'Mr Nice Guy'. Sky MovieMax 10.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Clockwise
John Cleese, Sharon Maiden
Comedy. A man is supposed to deliver a keynote speech at a headmasters' conference, but he's on the wrong train. Intercepting the car driven by a pupil, they start a mad race against time hampered by the police, his ex-lover and very muddy fields. Text *1986, 96 mins*
8.00 Rambling Rose
Laura Dern, Luke Haas, Robert Duvall, Diane Ladd
Drama set in Georgia during the 1930s. A straight-laced Southern family take on a new housemaid who soon has the men of the house captivated by her flirtatious nature. Text *1991, 107 mins*
10.00 Gregory's Girl
John Gordon Sinclair
A gangling adolescent goalkeeper is both smitten with, and embarrassed by, the exploits of his goal-machine team-mate. *1980, 87 mins*
11.35 When the Reds Come Marchin' In
A young catholic boy is torn between the church and Manchester United.
12midnight The Club
Jack Thompson
Drama. *1980, 99 mins*
1.40am Jason's Lyric
Allen Payne, Bokeem Woodbine
Drama. *1994, 118 mins*
3.40 Girls in Prison
Diane McGee, Harvey Chao
Drama. *1993, 76 mins*
5.00-6.00am Wet Work

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm The Quiet Man
John Wayne, Maureen O' Hara, Barry Fitzgerald, Victor McLaglen
Drama. A retired boxer who, having killed a man in the ring, pledges never to return to his profession. He returns to Ireland – his fatherland – and comes to blows with the locals while courting and proposing to the sister of a bully. Continues a season of Academy Award winners. *1952, 124 mins*
9.15 Hammers Over the Anvil
Charlotte Rampling, John Lee
Period drama based on a real life story of a polio victim living in Australia in the early part of the century. *1992, 100 mins*
11.15 8 Million Ways to Die
Jeff Bridges, Rosanna Arquette, Andy Garcia, Alexandra Paul.
Crime drama as an alcoholic ex-cop becomes involved with a call girl. Text *1986 115 mins*
1.15am Gospa
Martin Sheen, Michael York
Drama. *1994, 120 mins*
3.15 Hammers Over the Anvil
Charlotte Rampling, Russell Crowe
Drama. *1992, 100 mins*
5.00-6.00am First a Girl
Musical drama. *1935, 95 mins*

SKY box office
A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama focusing on a group of soldiers in the Pacific island of Guadalcanal. The men from Charlie Company are trying to find the strength to carry on fighting. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine. But not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman. Text *1998, rating Sky 12, 111 mins,*
Plays AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist but first he must get through his stag night – and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz and Jeanne Tripplehorn. Text *1998, rating Sky 18, 96 mins*
PLAYS at , 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 15 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Jenny, My Teen Daughter Is Out of Control
Sensational US daytime talkshow. Mothers seek help for their out-of-control teens.

4.00 Pokémon
The Punchy Pokémon
Ash enters a Pokémon contest.
4.30 Pokémon
Sparks Fly for Magnemite
The friends stop for a rest.

5.00 Stargate SG-1
The Enemy Within
Doctors discover a Goa'uld larvae has attached itself to Kawalsky's brain and the soldier must undergo a risky operation.

6.00
Xena: Warrior Princess
Sacrifice – Part II
Xena agrees to join forces with Callisto to kill Gabrielle's evil daughter Hope. Text

7.00 The Simpsons
Team Homer
7.30 The Simpsons
Tree House of Horror II
Lisa and Bart suffer nightmares after eating too much candy. Text

8.00 Spice Girls: The Live One Again
A recorded live performance from Earl's Court on the last date in the Spice Girls' sellout tour. With all the hits like *Say You'll Be There, Spice Up Your Life, Stop!* and *Who Do You Think You Are* performed by Mel B, Mel G, Emma Bunton and Victoria Adams.

10.00 Yanky Panky
Get romantic with Italian heart-throb and romantic novel cover boy Fabio at his plush home. Plus, soul legend Edwin Starr sings his classic *War*.

11.00 Friends
The One with the Tiny T-Shirt
Ross is upset when Rachel goes on a date with Mark. Text
11.30 Stargate SG-1
The Enemy Within
A Goa'uld larvae has attached itself to Kawalsky's brain and the soldier must undergo a risky operation. Text
12.30am Picket Fences
Saint Zack
Offbeat drama series. Clergymen suspect that Zack may be a saint.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Broken Homes
3.30 The Bill
A Hornet's Nest
A charge of police brutality is brought against Greig.
4.00 EastEnders
Aidan's troubles are getting to him and Pete is laid to rest.
4.35 Neighbours
Julie's decision about Michael's future causes trouble.
5.00 Bugs
Must Come Down
Action drama series set in the world of hi-tech crime and surveillance. With Craig McLachlan and Jaye Griffiths.
6.00 The Brittas Empire
The Lies Have It
Sitcom set in a leisure centre.
6.35 Going Straight
Going Home
A comedy series sequel to *Porridge*. With Ronnie Barker.
7.10
Are You Being Served?
The Think Tank
7.45
Keeping Up Appearances
Hyacinth plans a nautical supper.
8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew, Granville.

9.00
Harry Enfield and Chums
Comedy sketches. Tim Nice-but-Dim attends his school reunion.
9.40 The Royle Family
Comedy set in Manchester. Antony finally snaps after one too many nasty comments from Jim.
10.20 UK Gold Comedy Special with Sean Meo
The comedian caught live in performance.
11.05 The Bill
Broken Homes
11.35 The Bill
A Hornet's Nest
A charge of police brutality is brought against Greig.
12.05am The Ice House
Dramatisation of Minette Walters's novel. The body is still unidentified.
1.50 Whatever Happened to the Likely Lads?
In Harm's Way
2.20-2.55am Whatever Happened to the Likely Lads?
Affairs and Relations

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma and don't know what to do about it.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10
The Jerry Springer Show
Outrageous American talk show.
7.00 Judge Judy
The outspoken judge presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Drama series about a rural Derbyshire general practice. displaying a realistic and sensitive probing into the psyche of the doctors and the patients.
9.00 FILM: It Takes Two
George Newbern, Leslie Hopes, Kimberley Foster, Barry Corbin
Romantic comedy about a bridegroom who gets cold feet on the eve of his wedding. He suddenly decides to splash out on the car of his dreams and takes off for one last fling. Will he make it to the altar on time?
1988
10.50 Red Shoe Diaries
Stories of eroticism and love, introduced by David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man

3.00 Hawaii Five-0
A Thousand Pardons You're Dead
McGarrett attempts to unravel the deaths of the brides of three soldiers killed in action.
4.00 Kojak
A Very Deadly Game
Special FBI agent Watkins, keeps information from Kojak so he can arrest a criminal before he embarasses the Bureau.
5.00 Hart to Hart
Hart's Desire
Jennifer's impersonation of a gothic romance writer entangles the Harts in a troubled man's insane search for a heroine.
6.00 Emmerdale
Jessica has a surprise announcement. Text
6.30
Classic Coronation Street
Classic soap opera. Text
7.00 George and Mildred
And Women Must Weep
Classic Seventies comedy.
7.30 Bless This House
Charity Begins at Home
Seventies domestic sitcom.
8.00 The Benny Hill Show
A series of slapstick sketches, featuring a host of quirky characters and a bevy of beauties. Plus Benny performing a collection of his own songs.
9.00 Kojak
A Question of Answers – Part I
A desperate man tries to clear his name by helping Kojak.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
4play Away – Amsterdam
Fly-on-the-wall docusoap..
11.30 Real Sex
Women from the sex industry talk.
12midnight Blond Fever
Erotic late-night series.
12.30am The G Spot
Entertainment show hosted by Terry Christian and Danni Hunt.
1.00 Fully X-Posed
Exploring glamour photography.
1.30-2.00am Beach Bash
Filmed at Miami Beach, Florida.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Classic Toons 10.35 Circle Time 10.40 Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
Charming undersea adventures of a beautiful mermaid, Ariel.
3.30 Classic Toons
Watch your favourite classic Disney characters.
4.00 Sabrina
Cartoon version of the TV series.
4.30
Hercules: The TV Show
Hercules and the Pegasus Incident Text
5.00 Recess
Double bill of animation from the *Rugrats* creators. Text
5.30
My Best Friend is an Alien
They Called Him Pleskit Text
6.00 Smart Guy
Most Hated Man on Campus
6.30 Microsoap
Fun-filled kids' sitcom looking at the problems of youngsters, with some bizarre guests.
7.00 FILM: Don't Look Under the Bed
Frances McCausland
Family adventure about a girl who doesn't believe in magic – until she discovers a bogeyman under her bed. *1999*
8.30 Honey, I Shrunk the Kids: The TV Show
Honey, We're Young at Heart
An experiment backfires. Text
9.10 Boy Meets World
We'll Have a Good Time Then
Jack and Shawn's father, Chet, returns to town. Text
9.35 Dinosaurs
State-of-the-art puppetry. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF..

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

One Fine Day
Sky Premier 10.00am, 6.00pm
With its hectic pace and chalk-and-cheese lead couple (George Clooney and Michelle Pfeiffer) who spend most of the movie spitting spitefully funny barbs at each other – and don't even kiss till the final reel – this can be seen as a smart, witty subversion of the romantic comedy.

GENERAL

The Spice Girls: The Live One Again
Sky One 8.00pm
A recorded performance from Earl's Court on the last date of the Spice Girls' sell-out tour. With Posh and Beckham's supercouple status, Scary Spice's tumultous love-life, Sporty Spice's re-invention and Baby's cuteness, there's still something for everyone.

ADVERTISEMENT

UK GOLD

THE ROYLE FAMILY 9.40PM
This average working class Mancunian family conveys the intense drama and emotion of everyday family life, with their rosy hue yellowed only by a nicotine haze. Brilliantly acted, this is one of the most original and critically acclaimed comedy series in recent years.

Wednesday 15 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING

7.30am Alpine Skiing
8.00 Alpine Skiing – LIVE
9.00 Alpine Skiing
10.00 Alpine Skiing – LIVE
11.00 Alpine Skiing
12noon Xtreme Sports
12.30pm Motocross
1.00 Snowboard
1.30 Alpine Skiing
Coverage from the men's World Cup in Bormio, Italy.
2.30 Tennis
Highlights from the Sanex WTA Tournament in Indian Wells, USA.

3.00 PM

4.00 PM

4.00 Alpine Skiing
Coverage of the women's downhill event at the World Cup in Bormio, Italy.

5.00 PM

5.00 Trial
Action from the seventh round of the Indoor World Cup in Courmayeur, Italy.

6.00 PM

6.00 Start Your Engines Today
Coverage of recent and forthcoming motorsport action from the USA.

7.00 PM

7.00 Aerobics
Action from the World Championships in Las Vegas, with over 200 athletes from 37 countries expected to compete.

8.00 PM

8.00 Tennis
Coverage of the Sanex WTA Tournament in Indian Wells, USA.

9.00 PM

9.30 Boxing
Action from a top international bout.

10.00 PM

11.00 PM

11.00-12.30am Xtreme Sports
YOZ – Youth Only Zone
A look at the youth dominated world of extreme sports.

12.00 NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Metal 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Max Power 12noon Aerobics Oz Style 12.30pm Fastrax 1.00 Inside Scottish Football
2.00 Premier Snooker League
The £123,500 Premier Snooker League is a prestigious showcase for seven of the world's best players, including defending champion John Higgins.

4.00 Inside Scottish Football
Go to the heart of the Scottish domestic game with a unique insight into football north of the border.

5.00 World Wrestling Federation – Metal
Up-to-the-minute wrestling news, along with match classics and in-depth commentary on the bouts.

6.00 Sky Sports Centre
Sports news, presented by Matthew Lorenzo.
6.30 Futbol Mundial
Worldwide football action.

7.00 Trans World Sport
A truly eclectic mix of sport, with features, gossip and news.

8.00 Rugby League World
An update of the latest rugby league developments around the world.

9.30 Futbol Mundial
Worldwide football action.
10.00 Sky Sports Centre
10.15 You're On Sky Sports!
Fans get the opportunity to air their views.
11.00 Trans World Sport
Bringing the latest, ground-breaking sports stories from across the world with some humour thrown in.
12midnight Sky Sports Centre
All the latest sporting news.
12.15am Futbol Mundial
Worldwide football action.
12.45 Rugby League World
2.15 You're On Sky Sports!
3.00-3.15am Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Metal 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Max Power 12noon Aerobics Oz Style 12.30pm Fastrax 1.00 Inside Scottish Football
2.00 Premier Snooker League
The £123,500 Premier Snooker League is a prestigious showcase for seven of the world's best players, including defending champion John Higgins.

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12.45 Rugby League World
2.15 You're On Sky Sports!
3.00-3.15am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Snow Show
12.30pm Asian Sports Show
Sports from Asia, the Middle East and North Africa.
1.00 Sports Unlimited
A comprehensive look at the world of alternative sports.
2.00 Big Fights: Ray Leonard v Benitez
Vintage boxing footage with action from a classic bouts.

3.00 A to Z of Motorsport
The history of motor racing.
3.30 Fastrax
A look at racing lives and performances.

4.00 Snow Show
Focusing on anything connected to winter sports.
4.30 Ice Hockey
Thrilling action from the Sekonda Superleague game of the week. If you thought British ice hockey was all about empty stadiums and stale popcorn, then think again. The sport is experiencing a massive surge in popularity and the national team is shooting up the world rankings.
6.30 European Tour Weekly

7.00 Telegraph Action Sport
A look at action sports.
7.30 Hot Tuna Rebel TV
Madcap sports series.
8.00 Futbol Mundial
Taking a global view of the game with an insight into the best current action.
8.30 Australian Drag Racing
9.00 Trans World Sport
The most eclectic mix of sport anywhere on television, with footage from across the spectrum.
10.00-11.30pm Sky Premiership Classics: Liverpool v Blackburn Rovers and West Ham United v Manchester United
A double-header of classic Premiership action from the 1995 season.

SCI-FI
ACTION PACK

8.00am Buck Rogers in the 25th Century
9.00 Land of the Giants
10.00 Lost in Space
11.00 The Six Million Dollar Man
12noon Babylon 5
1.00pm Quantum Leap
Maybe Baby
2.00 Buck Rogers in the 25th Century
The Cosmic Whiz Kid

3.00 The Flash
Honor Among Thieves
Allen volunteers to guard a priceless Russian national treasure at the Central City Art Museum.

4.00 Land of the Giants
Brainwash
The space travellers must destroy a newly-found means of contacting Earth.

5.00 Lost in Space
Time Merchant
Smith tricks a Time Merchant into returning him to Earth at a time before the Jupiter's flight.

6.00 The Six Million Dollar Man
Deadly Countdown Part II
Ruthless pirates take the mission director's daughter hostage.

7.00 Quantum Leap
Maybe Baby
Sam is transported to 1963 as a nightclub bouncer who is helping a stripper to kidnap a baby girl.
8.00 Time Trax
To Kill a Billionaire
Sahmbi starts a business getting rid of nuclear waste. Darien knows he must stop him.
9.00 FILM: The Abyss
Ed Harris, Michael Biehn, Todd Graff, JC Quinn
Special effects-laden science fiction adventure. A team of Navy SEALs joins the crew of a submersible drilling platform to investigate the loss of a nucelar sub. They soon learn that they are not alone at the bottom of the sea. *1989*

11.45 Sci-Focus Special
A look at a recent science fiction blockbuster movie.
12midnight The Flash
Shroud of Death
Allen and Julio Mendez pursue a ninja clad killer.
1.00am FILM: Lottery
Dan Cortese, Keri Russell
Horror. *1996*
2.45 Sci-Focus Special

MTV
MUSIC & GAMES PACK

6.00am Select MTV
8.00 Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
12.30pm Daily Edition
1.00 Mad 4 Hits
2.00 The Lick R&B Chart Show
Videos, news and interviews with the heavyweights of the modern R&B scene.

3.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.

4.00 Select MTV – Live from Ireland
MTV fields viewers' calls and speaks to the newest and brightest stars from music, film and television. You pick the video from the on-screen menu, give MTV a call, and they'll do the rest.

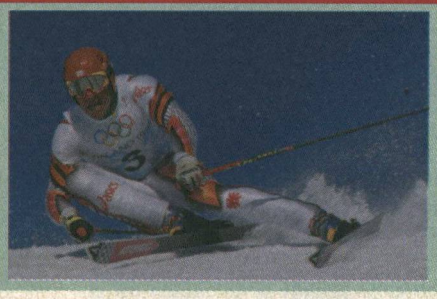
6.00 Bytesize MTV
A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.

7.00 Mad 4 Hits
An hour of back-to-back chart smashes.

8.00 The Lick R&B Chart Show
Videos, news and interviews with the heavyweights of the modern R&B scene.
9.00 Daily Edition
European showbiz news, with Emma Ledden and Edith Bowman.
9.30 Celebrity Death Match
10.00 MTV Live
10.30 MTV Movie Special
Featuring *Three Kings*, a black comedy set in the aftermath of the Gulf war.
11.00 brand:new
Zane Lowe looks at all that is new in the music biz. The latest releases and interviews with the hottest new acts around.
12midnight Yo!
MTV's rap show featuring interviews with ghetto superstars, from the Wu-Tang Clan to Old School legend Grandmaster Flash.
1.00am MTV Live
1.30 MTV Movie Special
2.00 Night Videos

LIVE ALPINE SKIING: MEN'S WORLD CUP EUROSPORT 10.00AM

There is no more dynamic footage on sports TV than that from the Men's World Cup downhill skiing competitions. Today we're in Bormio, Italy, where the main man once again is Hermann Maier (pictured) of Austria, who still grabs most of the headlines despite the fact that Norway's Lasse Kjus won the 1999 Overall World Cup and the Downhill World Cup, plus the World Giant Slalom Championship. Kjus has been injured this season, so Hermann is an even firmer favourite.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview
10.06 Amy Lynn Baxter
11.15 FILM: Passion Cove
12midnight Freeview
12.10am Adult Feature
12.40 Polecats 1.00 Premier Strip 1.10 Thrust Fault 2.25 Suburban Sex Secrets 2.50-4.00am Politically Erect

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am FILM: The Adventures of Mikki Finn
1.00 The Five Minute Freeview
1.05 FILM continues
1.20 FILM: Back Slidin'
2.30 FILM: Gone Wild
3.40-4.00am Krystina

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Wednesday 15 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm Greatest Hits: Mariah Carey
Some of the best-sellers from a singer who has been enjoying a new lease of life.
1.30 Pop-Up Video
Videos with little bubbles of extra information.
2.00 Jukebox
A chance for viewers to choose their favourite songs and videos.

4.00 Planet Rock Profiles: Divine Comedy
Neil Hannon in profile.
4.30 Greatest Hits: Queen
5.00 Top Ten
A countdown of the latest chart hit records.

6.00 Talk Music
Presented by Pip Dan and Mark Ellen.
6.30 Greatest Hits: Mariah Carey
A collection of hits.
7.00 VH1 Hits
Back-to-back classics from the archives.

8.00 The Millennium Classic Years: 1995
Music from the year when France upset the rest of the world by exploding a nuclear device.
9.00 Egos and Icons: Inxs
VH1 pays tribute to Michael Hutchence by detailing the life and career of the Australian group.
10.00 Behind the Music: Blondie
A spotlight on the seminal New Wave band who emerged from the New York punk scene.
11.00 Behind the Music: Alice Cooper
Alice Cooper built a loyal following through his infamous live shows with their gruesome theatrics.
12midnight Pop-Up Video
12.30am Greatest Hits: Mariah Carey
1.00 Hey, Watch This!
John Fugelsang takes a comical look at Brits and Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Outlaws of the Outback – Part I
1.00pm Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
Harry visits Ned, the fat terrier who can't stop eating.
2.30 Zoo Story
The arrival of the Sumatran Tiger is creating havoc at London Zoo.

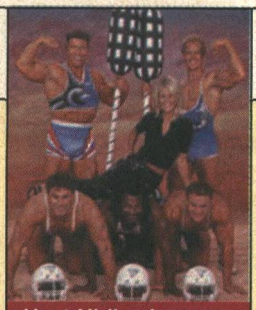
3.00 Going Wild with Jeff Corwin
Hawaii
3.30 Croc Files
Steve shares the ocean depths with some sharks.

4.00 Croc Files
Steve and Terri head West to find a large goanna.
4.30 Aquanauts
A look at lava tube diving in Hawaii.
5.00 Emergency Vets
Dr. Knor attempts alternative surgery.
5.30 Zoo Chronicles
Marcus the baby giraffe is let out to play.

6.00 Crocodile Hunter
Outlaws of the Outback – Part II
A look at the use of crocodiles as pest control.
7.00 Wildest Antarctica
Explore the chilling Beauty of the Antartic.
7.30 Animals A to Z
Rhino Rescue

8.00 Emergency Vets
More tales from an animal ER in Denver.
8.30 Emergency Vets
Further emergency animal cases in Denver.
9.00 Wild Dogs
A look at the wild dogs of Botswana, known as painted wolves, as they struggle to survive on the African plains.
10.00 Wild Rescues
More tales of people saving animals and animals saving people.
10.30 Wild Rescues
More animal rescues.
11.00 Country Vets
A tomcat who can't stop eating rabbits is treated.
11.30-12midnight Country Vets
Fly-on-the-wall show.

CABLE CHECK
Some of the channels listed may not be available in your area



Host Ulrika Jonsson introduces the 'Gladiators'. ITV2 5.00pm

ITV2
ACCESS PACK

4.00pm Pump it Up
Contenders tackle the biggest and toughest inflatable assault course.
4.30 Board Wild
Board sports show.
5.00 Gladiators
Muscle-bashing challenges between super-fit members of the public and the Gladiators. With Ulrika Jonsson.
6.00 High Five
Extreme sporting action.
6.30 World Sport Special
Sports news and features from around the world.
7.00 NBA 2000
Action from one of the week's top basketball games from the USA and the National Basketball Association.
8.00 Chart Choice
8.10 Grudge Match
People with grudges sort out their problems.

9.00 Trevor McDonald Meets...
Current affairs show.
9.30 Wish You Were Here...?
Travel show.
10.00 Catherine Cookson's the Secret
Dramatisation of Catherine Cookson's only thriller, set around the dark streets of 19th-Century Tyneside.
11.00 Coronation Street
A chance to catch tonight's episode from ITV. Text
11.30 Emmerdale
Rural soap. Text
12midnight The Jerry Springer Show
More outrageous revelations and confrontations.
12.50am Trisha
With Trisha Goddard.
1.50-2.20am The Making of the Insider
In-depth musical profile.

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Antiques Show 11.30 Dream House 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Rick Stein's Seafood Odyssey 1.30 Ready, Steady, Cook 2.00 Change That 2.30 How Does Your Garden Grow?
Top gardeners deal with a variety of horticultural problems.
3.30 Home Front in the Garden
Garden design programme with Anne McKevitt.
4.00 Travel Xpress
A visit to the Caribbean island of Grenada.
4.30 Holiday in Style
Extended edition of the popular holiday show, with reports from Jordan, Nerja, Tuscany, Cyprus, Isle of Wight and Beachy Head.
5.30 Antiques Roadshow
The team examines and values objects brought along to Fort William in the Scottish Highlands.
6.30 Real Rooms
Decor makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Find out where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 The Flower Show
Jane Packer looks at arrangements using cool, refreshing shades of blue.
9.00 Looking Good
Lowri Turner presents the fashion and beauty series.
9.30 How Does Your Wallpaper Hang? NEW SERIES
Mark Jeffries offers expert advice on everything from grouting to a complete redesign of your home.
10.30 House Invaders
Low-budget DIY show.
11.00 Garden Magic
Quick solutions to gardening dilemmas.
11.30 The Green Room
Ideas for small gardens.
12midnight Gardeners' World
Britain's best-loved gardening show, presented by Alan Titchmarsh.
12.30am-1.00am Home Front in the Garden
Garden design programme with Anne McKevitt.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am HMS Splendid – Under the Sea 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Anne Frank Remembered 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 HMS Splendid – Under the Sea
Documentary series about life aboard a submarine.

3.45 Battersea Dogs' Home
A daily snapshot of life at the famous canine refuge.
4.20 Animal Hospital
Rolf Harris observes RSPCA vets in action.
4.50 What Went Wrong?
An heroic pilot tries to land a stricken plane.
5.25 Health Farm
Dorothy clashes with Terry.
5.55 City Hospital
Documentary in which Gaby Roslin and her team report on the triumphs and trials of patients and staff at Southampton General.
6.55 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
7.30 Blues and Twos
Documentary series about the emergency services.

8.00 Animal Hospital
Rolf Harris observes RSPCA vets in action.
8.30 What Went Wrong?
A gas pipeline catches fire.
9.00 Health Farm
Fly-on-the-wall series. Dorothy clashes with Terry.
9.35 Clash of the Titans
Phoenix from the Ashes
A look back at the 1981 Ashes and Ian Botham's triumphant third Test.
10.30 Blues and Twos
Documentary series.
11.00 Anne Frank Remembered
Concluding part.
12midnight A Life of Grime
12.30am-1.00am A Life of Grime

UK PLAY:
1.00am People like Us 1.35 The Smell of Reeves and Mortimer 2.10 Shooting Stars 2.45 Lucas and Walliams in Rock Profile 3.10 Dream Performances 3.35 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 The Cookshop 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Alex Factor 12noon Classic Dishes 12.30pm An Umbrian Kitchen 1.00 Coxon's Kitchen College 1.30 Spiceworld 2.00 Food Network Daily 2.45 Simply Fish
James Martin prepares pan-fried halibut with mussels and pesto, pan-fried scallops with orange and chicory jam, and brill with champ.

3.30 Tessa's Tastebuds
Soft Cheese
4.00 Simply Baking
Custards
4.30 Mridula's Indian Kitchen
A guide to traditional Indian cuisine.
5.00 Flash in the Pan
Hosted by Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm Five Star Cooking

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Pharaohs and Fortresses
Ruth England steps back in time to both the age of chivalry and the Pharoahs.
8.00 Pacific Rescue
A look at the largest sea rescue ever to be attempted in the Pacific after a storm hit a regatta of small boats.
9.00 Throttleman
Steve Curtis harnesses five tons of steel at St Tropez's powerboat race.
9.30 The Subterraneans
10.00 The Tribe that Time Forgot
A journey deep into the Amazon in search of a mysterious tribe who live cut off from the world.
11.00 Explorer's Journal
Shattered Shrines
A look at efforts to preserve the ancient monuments of Angkor.
12midnight-1.00am A Glorious Way to Die
Commemorating the loss of their colleagues the previous year, a group of Siberians, an Australian and an American woman embark on a white-water rafting expedition.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers

12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
With host Ted Rogers.
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House 11.30 Kingsbury Square 12noon Hometime

12.30pm Hometime 1.00 Two's Country
Get Down Shep
1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 The New Yankee Workshop
Old Pine Dresser
3.00 This Old House with Steve and Norm 3.30-4.00pm Hooked on Fishing
Faroes Summer Fishing

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Freesports 4.30 That Film Show 5.00 Scratch TV 5.15 Got Any Gear? 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Wednesday 15 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas The Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.00pm News 1.30 UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 C News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 DD Programmes 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Zamana Badal Gaya 1.00 Sansar 1.30 FILM 4.00 Janki Da Jasoos 4.30 Short Stories 6.00 MTV Gao Baby Gao 6.30 Asianet Aur Aap 7.00 Sanasar 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Gao Baby Gao 12.30am Asianet Aur Aap 1.00 FILM 4.00 Kashkol 5.00 Sansar 5.30 Shaque 6.00 Janki Da Jasoos 6.30 DD Programme 7.00-7.30am Chote Babu

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Moneyline 4.30-5.00am Newsroom

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Tara 9.00 Rishtey the Love Stories 10.00 Aarzoo 11.00 Khoobsurat 11.30 Amar Prem 12noon FILM 3.00pm Jeena Isi Ka Naam 3.30 Hip Hip Hurray 4.00 Raahat 4.30 Gubbare 5.30 Hasratein 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News 8.30 Amanat 9.00 Zeharaab 10.00 Nagin 10.30 Making of a Legend 11.00 India's Most Wanted 11.30 Zee Horror Show 12midnight News 12.30am Pakistan Business Week 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00am Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQS 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 PMQs 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 PMQs 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 Fashion TV 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Life is For Living 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Yor Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Deciding Your Destiny 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Nestor Burma 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Temps Présent 1.00 Journal 1.15 Nestor Burma 3.00 Journal 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Nestor Burma 7.00 Journal 7.30 Journal 8.00 Infos 8.05 Strip Tease 9.00 Journal Télévisé 9.15 Docteur Sylvestre 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.30 Wall Street Report 2.45 Focus 4.15 South Africa Report 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 9.30 Westminster Hall 2.00pm European Focus 3.00 PMQs 2.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High 3.30 Fat Dog Mendoza
The adventures of a dog and his young friend.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.

3.10 X-Men
Human/mutant conflict.
3.29 X-Press
UK Connection
3.30 Inspector Gadget
Animated adventures.

4.00 PM

4.00pm Rex Hunt's Fishing Adventures
Norwich
4.30 Discovery Today

4.00 Mike, Lu and Og 4.30 The Powerpuff Girls
Action as Blossom, Bubbles and Buttercup create chaos in Townsville.

4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Animated antics.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
Richmond
Tony Robinson and his team of diggers go in search of the remains of Richmond Palace.

5.00 Dragonball Z

5.00 Sabrina the Teenage Witch
More magical adventures with spellbinding Sabrina.
5.30 Kenan & Kel
6.00 Renford Rejects
6.30-7.00pm Sister Sister

5.00 Monster Rancher
Animated adventures.
5.20 Biker Mice from Mars
5.50 Mad Jack the Pirate

6.00 PM

6.00 Ferrari
Champions Sports Racers
An examination of the appeal of the Ferrari motor car, thought by many to be the sexiest car in the world.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse duo.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

7.00 PM

7.00 Ultra Science
Cybermind
7.30 Discovery Today
Mammoth Special

7.00 Scooby Doo – Where Are You?
Cowardly canine capers.
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Batman

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta
Deck the Halls
7.30 Desmond's
8.00 Dharma and Greg
Paper Hat Anniversary
The pair have car trouble.
8.30 Mad about You
Neighbours from Hell
9.00 Married... With Children
The Dateless Amigo
Al unveils his new invention.
9.30 Spin City
The Marrying Men
10.00 Frasier
The Maris Councillor
10.30 Father Ted
New Jack City
Father Jack is treated for his hairy hands.
11.00 Drop The Dead Donkey
Henry decides to sell his life story.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.30 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00pm Abbott And Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Home Shop! 8.30 Jewellery Shop! 9.30 Shop! Feature 10.00 Kids Shop! Offers on toys and games. 11.00 Beauty Shop! 11.30 Gift Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Clothes Shop! 2.30 Entertainment Shop! 3.30 Jewellery Shop! 4.30 Home Shop! 5.30 Shop! Selection 6.00 Jewellery Shop! 7.00-7.30am Bargain Shop! Today's offers.

8.00 PM

8.00 Ocean Cities
How, in Japan, futuristic dreams of floating cities have become a reality thanks to the expertise of modern engineers.

TNT
FAMILY PACK

9.00pm John Grisham's The Client
The Way Things Were
Legal thriller series. With JoBeth Williams, Polly Holliday and John Heard.
10.00 FILM: Crucifer of Blood
Charlton Heston, Richard Johnson, Edward Fox
Crime. Sherlock Holmes investigates the disappearance of a young woman's father. *1991*
12midnight-1.00am The Dukes of Hazzard
Undercover Dukes

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

9.00 PM

9.00 Bullet Catchers
Taking a look at bodyguards around the world who risk their lives every day in the service of their employers.

10.00 PM

10.00 If We Had No Moon
Scientific documentary speculating on what the earth was like before the moon came into being.

11.00 PM

11.00 Ultimate Aircraft
Battle Chopper
A look at how the helicopter has revolutionised the modern battlefield.

12.00

12midnight Black Box
On a Wing and a Prayer
Examining the deadly effects of apparently tiny flaws in aircraft maintenance.
1.00am Discovery Today
1.30-2.00am Secret Mountain

NIGHT TIME

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 Magic Roundabout
2.00 The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 Magic Roundabout
4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon
In Search of Nazi Plunder
1.00pm The Cobra
2.00 When Diana Died
Grief and the media circus.
3.00 Great Crimes and Trials
Haigh the Acid Bath Murderer
3.30 Spies
Target – Cuba
4.00 Attack Helicopters
5.00 Tales of the Gun
Guns of Infamy
6.00 Sin City Jamaica
In search of pirate treasure.
6.55 100 Years of Labour
7.00 Great Planes
The Warthog
A look at the plane that housed the largest gun ever installed in a fighter plane.
8.00 Biography
Prince Philip
9.00 Great Crimes and Trials
The Great Train Robbery
9.30-10.00pm Spies
The Ultra Spies

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Rose Gold Diamonique at 7.00pm.

Heaven-sent just for you ... and heavenly value too!

SEND NO MONEY NOW!

"Gentle Guardian"

"Loving Kindness"

"Garden Miracle"

JUST £6.95 EACH
(PLUS P&P)

Introducing the *Heaven's Little Angels Collection ...*

AVAILABLE EXCLUSIVELY THROUGH BRADFORD EDITIONS

... where each little angel earns a very special pair of wings

These sweet, innocent angels are created just for you by two renowned artists in the collectables field; Donna Brooks and Dona Gelsinger. Together, they bring you Heaven's Little Angels, a collection of adorable ornaments that feature unique, three-dimensional wings on each little angel!

Unique and delicate three-dimensional wings make these angels "heaven sent"

"Gentle Guardian" opens this celestial trio with lifelike feathery wings as delicately soft as those of the bluebird she sweetly rescues. Nurturing her timid bunny friend, "Loving Kindness" is graced with golden-edged wings made of fine mesh. Her sister angel, depicted in "Garden Miracle" is blessed with delicate fabric wings, carefully stitched to capture the look of individual feathers.

Crafted of fine ceramic in full colour and painstaking detail, each little angel represents a loving deed of thought to inspire you all year round!

Let your heart take flight

The Heaven's Little Angels ornament trios are sure to win your heart - and those of countless angel admirers and collectors! Reserve your series today.

Heaven's Little Angels are supplied in sets of three ornaments, each issued at approximately monthly intervals, enabling you to build your own ornament collection easily and affordably. To reserve *your* collection - fully backed by Bradford Edition's 365-day buy-back guarantee - simply complete the Priority Reservation Form and post it *today.*

FULL 365-DAY GUARANTEE
In addition to your statutory rights

Readers of this advertisement are asked to respond within 14 days.
These ornaments are made by traditional methods - please allow 28 days for delivery.
Offer applies UK only and is subject to availability.
Bradford Exchange Ltd, 1 Castle Yard, Richmond, Surrey TW10 6TF. Reg. No. FC 14346.

Actual size approximately 3 1/2 inches to 5 inches high
Satin hang ties included

PLEASE RESPOND WITHIN 14 DAYS(*)

PRIORITY RESERVATION FORM

Heaven's Little Angels

To:Bradford Editions, PO Box 653, Stoke-on-Trent, Staffs ST4 4RA

I would like to reserve the first set of three ornaments in the Heaven's Little Angels Ornament Collection. If I decide to keep it, further sets in the series will be sent to me at the rate of approximately one per month.

I NEED SEND NO MONEY NOW. I will be invoiced for £20.85, plus £1.95 postage and handling, when my first set is ready for despatch. This places me under no obligation, and I am free to cancel at any time.

Name (Mr/Mrs/Miss/Ms) _____
(PLEASE PRINT)

Address _____

_____

Postcode _____ Tel: _____

Signature _____

Please tick box if you are ordering these ornaments as a gift ☐

From time to time the Bradford Editions may allow carefully screened companies to contact you.
If you do not wish to receive such offers, please tick box ☐

Bradford Editions

PS134074

Thursday 16 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Journey of Natty Gann
1985, rating Sky PG, 97 mins
8.00
Mom and Dad Save the World
Last Play *1991, rating Sky PG, DS, 86 mins*
10.00 3 Ninjas: High Noon on Mega Mountain
Text *1998, rating Sky PG, 87 mins*
12noon First Comes Love
1998, rating Sky PG, 87 mins
2.00pm Lionheart
Eric Stoltz, Gabriel Byrne, Nicola Cowper, Dexter Fletcher
Epic adventure following the mythical Children's Crusade of the 12th century as the juvenile knights travel to the Holy Land. *1986, rating Sky PG, DS, 100 mins*

4.00 The Princess Bride
Mandy Patinkin, Cary Elwes, Christopher Guest, Fred Savage
Fantasy adventure tells the tale of a woman who must be rescued by her one true love from a series of horrible encounters with monsters and villains. *1987, rating Sky PG, 94 mins*

6.00
3 Ninjas: High Noon on Mega Mountain
Loni Anderson, Hulk Hogan
Family adventure. The kindergarten karate kids visit their local theme park to find that it has been overrun by a criminal and her horde of Ninjas. **Text** *1998, rating Sky PG, 87 mins*
7.30
Barry Norman's Film Night
8.00 Mad City
John Travolta, Dustin Hoffman, Alan Alda, Mia Kirshner
Drama about the modern media world. A museum guard is driven to taking guns and dynamite into the museum in order 'to get attention' from his boss. The result is a hostage situation with a disenfranchised newsman among those captured. **Text** *1997, rating Sky 12, 110 mins*
10.00 Alien Resurrection
Sigourney Weaver, Winona Ryder, Dominique Pinon
Sci-fi horror. Fourth instalment of the successful *Alien* saga. Cloned in order to retrieve the alien baby inside her, a woman re-awakens to find mutant DNA in her blood, and must again battle against the forces of evil. **Text** *1997, rating Sky 18, 104 mins*
11.50
The Man in the Iron Mask
Leonardo DiCaprio, John Malkovich, Jeremy Irons
Swashbuckling adventure. **Text** *1997, rating Sky 12, DS, 127 mins*
2.05am Sibling Rivalry
1990, rating Sky 15, 84 mins
3.35-5.25am Poodle Springs
Text *1998, rating Sky 15, DS, 96 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Beauty
Janine Turner, Jamey Sheridan
1998, rating Sky U, 87 mins
8.00 Danielle Steel's Daddy
Patrick Duffy, Lynda Carter
1991, rating Sky PG, 91 mins
10.00 Au Pair
1999, rating Sky U, DS, 90 mins
12noon Split Infinity
Trevor Black, Melora Slover
1992, rating Sky U, 86 mins
2.00pm Beauty
Janine Turner, Jamey Sheridan
Romantic drama about a portrait artist commissioned to paint the likeness of a wealthy man whose facial deformities have led to his being misunderstood by the outside world. *1998, rating Sky U, 87 mins*

4.00 Thirst
Adam Arkin, Joely Fisher, Casey Biggs, Ken Jenkins
Suspense drama in which a California town is stricken with a deadly illness and the only known cure is to flush the germs out of the body with clean water. But there is no clean water.– the town's entire water supply has become contaminated. *1998, rating Sky PG, 83 mins*
6.00 Au Pair
Heidi Noelle Lenhart, Gregory Harrison, Jane Sibbett
Romantic comedy. A graduate starts a tough job as nanny to some spoilt children. But gradually the children grow fond of her and scheme to ensure the new nanny replaces their vindictive step-mother-to-be in their father's affections. *1999, rating Sky U, DS, 90 mins*
8.00 Indiscreet
Luke Perry, Richard Rosenberg, Gloria Reuben, Adam Baldwin,
PREMIERE Thriller. An insurance investigator is hired by a rich client to dig up dirt on the wife he wants to divorce. But he falls for the wife and problems arise when the husband winds up dead. *1998, rating Sky 15, 96 mins*
9.30 UK Top Ten
Top films from the UK box office.
10.00 Double Team
Jean-Claude Van Damme, Dennis Rodman, Mickey Rourke
Action thriller. An anti-terrorist agent teams up with a flamboyant arms dealer to save his son who has been kidnapped by his arch enemy. **Text** *1997, rating Sky 18, 89 mins*
11.35
Cold Around the Heart
Kelly Lynch, David Caruso
1997,rating Sky 18, DS, 92 mins
1.15am Thicker Than Blood
Mickey Rourke, Dan Futterman,
1999, rating Sky 12, DS, 93 mins
2.55 Silencing Mary
Melissa Joan Hart, Lisa Dean Ryan,
1998, rating Sky 12, 85 mins
4.25-6.00am Split Infinity
1992, rating Sky U, 86 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm
The Disorderly Orderly
Jerry Lewis, Glenda Farrell
Comedy. Our bumbling hero is a hospital helper who brings further problems to the troubled wards. *1964, rating Sky PG, 85 mins*
5.30 Sherlock Holmes and the Spider Woman
Basil Rathbone, Nigel Bruce, Dennis Hoey, Gale Sondergaard
Mystery in which the sleuthing hero is on the trail of a woman who drives gamblers to commit suicide and then pockets their winnings. *1944, rating Sky PG, 59 mins*
6.45 The Scarlet Claw
Basil Rathbone, Nigel Bruce, Gerald Hamer, Arthur Hohl
Murder mystery featuring Sherlock Holmes who heads to Canada in search of a killer. *1944, rating Sky PG, 70 mins*
8.00 The Chase
Marlon Brando, Robert Redford, Jane Fonda, Angie Dickinson
When a prision inmate stages a jailbreak, the inhabitants of his hometown are fearful of his return, not least the son of a rich oil-man who is having an affair with his wife. It falls to the local sheriff, previously thought of as a mere puppet of the oil-man, to apprehend the criminal and safely bring him to justice. *1966, rating Sky 15, 128 mins*
10.15 North Dallas Forty
Nick Nolte, Charles Durning, Mac Davis, Dayle Haddon
Occasionally amusing drama about a scandal within America's National Football League. *1979, rating Sky 18, 113 mins*

12.15am Hardware
Dylan McDermott, Stacey Travis
Sci-fi thriller set in a nightmare world. *1990, rating Sky 18, 90 mins*
1.50 The Outlaw
Jane Russell, Jack Beutel
1943, rating Sky PG, 111 mins
3.50-5.15am The Scarlet Claw
1944, rating Sky PG, 70 mins

Gloria Reuben stars as a wife under suspicion in the premiere of 'Indiscreet'. Sky MovieMax 8.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm
The Threepenny Opera
Albert Prejean, Margo Lion
French language version of Betolt Brecht and Kurt Weill's musical. A gangster ditches his moll in favour of marriage to a woman whose father can offer him respectability and, more importantly, access to fame and fortune. In French with English subtitles. *1931, 98 mins*
8.00 The Playboys
Robin Wright, Albert Finney, Aidan Quinn, Milo O'Shea
Drama set in the Fifties, in an Irish border town on the cusp of change. An unmarried mother refuses to name the baby's father. She is encouraged to safely marry the staid local policeman but is also wooed by an itinerant travelling player. **Text** *1992, 105 mins*
10.00 Fat City
Stacy Keach, Jeff Bridges
Drama about two boxers and their problems. The bars and sweaty gyms are the backdrop for John Huston's passionate look at humanity. *1972, 93 mins*
11.35 Resonance
Includes beautifully shot contemporary dance sequences.
11.55 Smoke
Harvey Keitel, William Hurt
Comedy drama based around a cigar shop. **Text** *1995, 108 mins*
1.45am Blue in the Face
Harvey Keital, Roseanne Barr
Follow-up to *Smoke,* set in the same cigar shop.*1995, 80 mins*
3.05 Chainsmoker
3.20-6.00am Avalon
Family drama. **Text** *1990, 122 mins*

Find your favourite TV shows in seconds: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm Fantastic Voyage
Stephen Boyd, Donald Pleasence, Raquel Welch
Classic sci-fi about a medical team reduced to microscopic size and injected into the blood stream of an injured scientist. As they race against time to save the patient's life they are unaware that a traitor is among them. *1966, 100 mins*

9.00 Solo
Mario Van Peebles, William Sadler, Seidy Lopez, Barry Corbin
Action-packed sci-fi adventure about a renegade android assassin hunted by the US military because they want to reprogramme him. It seems the android has developed a 'malfunction' and won't kill innocent people. *1996, 94 mins*

11.00 Billy Two Hats
Gregory Peck, Desi Arnaz Jr, Jack Warden, Sian Barbara Allen.
Western. An ageing Scottish bandit befriends a young Indian and ends up relying on him to evade the law. **Text** *1974, 99 mins*
12.45am Norman Jewison: Train of Thought
1.15am Moon of the Wolf
David Janssen, Barbara Rush,
Chilling horror. *1972, 90 mins*
3.00 Solo
Sci-fi adventure. *1996, 94 mins*
5.00-7.00am Time Flies
Time-travel drama.*1944, 84 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers in the Pacific island of Guadalcanal. The men from Charlie Company are trying to find the strength to carry on fighting. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody. **Text** *1998, rating Sky 15, 164 mins,*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine, but not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman. **Text** *1998, rating Sky 12, 111 mins,*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am.

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist but first he must get through his stag night and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz, Jeanne Tripplehorn and Daniel Stern.
Text *1998, rating Sky 18, 96 mins*
PLAYS at 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 16 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I Want a Makeover for Life, So Put Me under the Knife
Today's guests are given cosmetic surgery make-overs including breast reduction.

4.00 Pokémon
Dig Those Diglett
More animated contests.

4.30 Pokémon
The Ninja Poke – Showdown
More animated contests.

5.00 Stargate SG-1
Emancipation
Captain Samantha Carter fights for equality and true love on a planet where women are treated as property.

6.00 Friends
The One with the Tiny T-Shirt
Ross is upset when Rachel returns his belongings and goes on a date with Mark. Text

6.30 Dream Team

7.00 The Simpsons
Homer at the Bat
Homer signs up for the nuclear power plant's softball team. Text

7.30 The Simpsons
Bart Sells His Soul Text

8.00 Roswell High
The Balance
Series about an alien family living in Roswell, New Mexico, a site famous for its UFO sightings.

9.00 Friends
The One with the Routine
Ross and Monica resurrect their high school dance routine.

9.30 ER
Family Matters
The latest from Chicago's Cook County Memorial Hospital. Stars Anthony Edwards, Noah Wyle, and Julianna Margulies.

10.30 Veronica's Closet
Veronica's Perfect Man

11.00 Dream Team
Luis and Lynda go to see Dawson and he offers to help them trap Jerry.

11.30 Stargate SG-1
Emancipation
Captain Samantha Carter fights for equality and true love. Text

12.30am Picket Fences
Upbringings
Jimmy's estranged father, Walter, arrives in the town of Rome on his 75th birthday.

1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Dead of Night
PC Quinnan fails to notice an injured woman on the doorstep.

3.30 The Bill
Party Pooper

4.00 EastEnders
The Fowlers are determined not to rise to the Chapmans' bait.

4.35 Neighbours
Brad and Lauren make a decision about their future.

5.00 Bugs
Bugged Wheat
The Bugs team is called in to take on some villains with powerful connections who are intent on spreading famine.

6.00 The Brittas Empire
The Boss
The latest news on Gordon Brittas's European job.

6.35 Going Straight
Going to be Alright

7.10
Are You Being Served?
Big Brother
Closed circuit TV is installed at Grace Brothers.

7.45
Keeping Up Appearances
Hyacinth concocts a plan to turn Richard into an executive.

8.20 Open All Hours
Sitcom about a shopkeeper and his downtrodden assistant.

9.00 The Black Adder
Witchsmeller Pursuivant
It seems that the king is a bit under the weather, suffering from the black death.

9.40 The Black Adder
The Black Seal
Edmund seeks out the seven most evil men in the land.

10.30
Only Fools and Horses
Strained Relations
Del and Rodney attend grandad's funeral.

11.10 Casualty
It's Good to Talk
Mark takes a strong interest in an attractive female patient, and Eve gets an offer she cannot refuse.

12.15am The Bill
Dead of Night

12.45 The Bill
Party Pooper

1.15-2.20am Casualty
Give My Love to Esme
A crisis blows up in the city centre, pitching six newcomers in at the deep end.

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.

3.50 Forgive or Forget
Host Mother Love deals with real problems in a variety of relationships, and gives guests the chance to forgive each other.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10
The Jerry Springer Show
Jerry Springer and his guests engage in lively discussion about relationship issues.

7.00 Judge Judy
New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.

7.30 Life, Camera, Action

8.00 Peak Practice
Drama series about the doctors and patients at a rural Derbyshire general practice. Stars Kevin Whately, Amanda Burton and Simon Shepherd.

9.00 FILM: Sophie and the Moonhanger
Lynn Whitfield, David Andrews, Patricia Richardson
Drama of racial intolerance set in rural South Carolina in the 1950s. A young black woman works as a housekeeper for a family headed by a respected lawyer, who is also a Grand Wizard in the Ku Klux Klan. *1995*

10.50 Red Shoe Diaries
Stories of obsession, eroticism and love.

11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man: Book II

3.00 Hawaii Five-0
To Hell with Babe Ruth
McGarrett pursues a Japanese mental patient who is determined to fulfil his wartime assignment – to sabotage Pearl Harbour.

4.00 Kojak
A Question of Answers – Part I
A desperate man tries to clear his own name and stay out of prison by helping Kojak trap a ruthless loan shark.

5.00 Hart to Hart
Rich and Hartless
Daring criminals hold Jonathan and Jennifer hostage with top company executives in a scheme to secure Hart Industries funds.

6.00 Emmerdale
The Turners return to unexpected news. Text

6.30 Classic Coronation Street
Kevin moves in with Curly. Text

7.00 George and Mildred
Baby Talk
Mildred gets broody and wonders whether they could adopt a baby.

7.30 Bless This House
If the Dog Collar Fits... Wear It

8.00 The Benny Hill Show
Comedian Benny Hill stars in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties. With Henry McGee and Bob Todd.

9.00 Kojak
A Question of Answers – Part II
Kojak continues his hunt for a ruthless loan shark.

10.00 Rising Damp

10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Magazine series which takes a look at the motoring industry.

11.30 Motorsport Mundial
Coverage of motorsport championships around the world.

12midnight Grand Quiz Auto
Motoring quiz show.

12.30am Carfile
Motoring series devoted to contemporary vehicles.

1.00-2.00am Drivetime
Ferrari 288 GTO/Ferrari 348 TB
The programme which covers every aspect of motoring – from saloon car racing to vintage car greats.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Polie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Polie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of Ariel and her friends. Text

3.30 Classic Toons
Watch your favourite classic Disney characters.

4.00 Sabrina
More teenage sorcery.

4.30
Hercules: The TV Show
Hercules and the Long Nightmare
Animated adventures. Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.30
My Best Friend Is an Alien
Aliens to Blow Up Earth Text

6.00 Smart Guy
Goodbye, Mr. Chimps
TJ tries to teach a chimp sign language. Text

6.30 Microsoap
Kids' sitcom with Jeff Rawle.

7.00 FILM: The New Adventures of Spin and Marty
Judd Nelson, Charles Shaughnessy, David Gallagher
Family adventure. Spin and Marty are two city teenagers thrown together by circumstances, who become bosom buddies. *1999* Text

8.25 Honey, I Shrunk the Kids: The TV Show
Honey, We're Past Tense Text

9.10 Boy Meets World
Getting Hitched
Cory and Topanga play 'the engagement game'. Text

9.35 Dinosaurs Text

10.00 Home Improvement

10.30 The Wonder Years

11.00 Dr Quinn: Medicine Woman Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

The Disorderly Orderly
Sky Cinema 4.00pm
Director Frank Tashlin's apprenticeship as an animator is evident in some of the anarchic and inspired visual gags in this Jerry Lewis vehicle. It's a hit-and-miss hospital farce, in which surreal slapstick sits uncomfortably alongside scenes involving a depressed female patient.

GENERAL

Dream Team
Sky One 6.30pm, 11.00pm
The daily dramas of fictional Midlands Premiership football team Harchester United portrayed in award-winning Sky football drama *Dream Team* have scored top ratings. In today's episode Luis and Lynda go to see Dawson who offers to help them trap Jerry.

ADVERTISEMENT

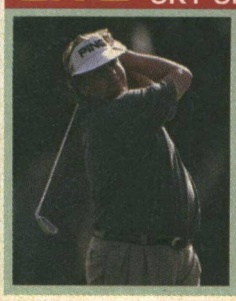
UK STYLE

HOUSE INVADERS 10.30PM
Linda Barker introduces the DIY show in which homes are given a facelift for no money. Linda, aided by fellow designer Anna Ryder-Richardson, Jake Robinson and Joe Falconer, travels the length and breadth of the UK to demonstrate some truly inspirational ideas.

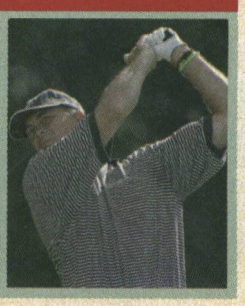
Thursday 16 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am Alpine Skiing** **8.00 Alpine Skiing – LIVE** **9.00 Nordic Combined Skiing – LIVE** **10.30 Snowboard** **11.00 Alpine Skiing – LIVE** **12.15pm Biathlon – LIVE** **1.15 Alpine Skiing** **1.30 Nordic Combined Skiing – LIVE** **2.30 Tennis** Extended coverage of the Sanex WTA Tournament in Indian Wells, USA.	**7.00am Sky Sports Centre** **7.15 World Wrestling Federation – Superstars** **8.15 You're On Sky Sports!** **9.00 Racing News 9.30 Aerobics Oz Style 10.00 Australian Drag Racing** **10.30 Trans World Sport** **11.30 Futbol Mundial 12noon Aerobics Oz Style 12.30pm Rugby League World 2.00 Australian Drag Racing** **2.30 Trans World Sport** Non-stop sports action. **3.30 Rugby League World** Keeping you up to date with all the latest rugby league developments, from the battlefields of the Superleague to the intensity of the Australian National Rugby League championship.	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre 7.45 Racing News 8.15 Futbol Mundial 8.45 Sky Sports Centre 9.00 Telegraph Action Sport 9.30 Hot Tuna Rebel TV 10.00 Golf Extra 12noon Australian Drag Racing 12.30pm Watersports World 1.30 European Tour Weekly 2.00 Golf Extra** Dominik Holyer hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit, plus a look ahead to forthcoming events. **4.00 Hot Tuna Rebel TV** Wild sports series. **4.30 Total Sport** Lifting the lid on some of the biggest sporting issues.	**12noon Total Sport** **12.30pm Fastrax** Alternative sports show. **1.00 Telegraph Action Sport** Featuring previously unaired extreme sports footage. **1.30 Hot Tuna Rebel TV** Madcap series about the wilder aspects of sport. **2.00 Sky Premiership Classics: Liverpool v Blackburn Rovers and West Ham United v Manchester United** A double bill of memorable soccer action from 1995. **3.30 Futbol Mundial** Review of all the action from the world game. **4.00 Powerboat and Jetsport World** Aquatic action from USA, Asia, Africa and Europe. **4.30 Premier Snooker League** Cue more green baize showmanship as seven top players battle it out at a variety of British venues. Competitors include John Higgins, Jimmy White, Stephen Hendry and hot newcomer Marco Fu. **6.30 Australian Rally Championships** Exciting coverage of the two-stage competition. **7.00 Inside the PGA Tour** Behind-the-scenes insights. **7.30 Outdoor Quest** Seven teams compete in China in the ultimate multi-sport challenge. Events include off-road in-line skating, team biathlon and local boat paddling. **8.30 Inside the PGA Tour** **9.00 The Rugby Club** Rugby union preview and review, plus big name interviews. With Stuart Barnes, Dewi Morris and Mark Durden-Smith. **10.00-11.30pm World Cup Classics: Brazil v Uruguay 1970 Semi-Final**	**8.00am Battlestar Galactica** **9.00 The Time Tunnel** **10.00 Lost in Space** **11.00 The Incredible Hulk** *Escape from Los Santos* **12noon Babylon 5** *A View from the Gallery* **1.00pm Alien Nation** *Chains of Love* **2.00 Battlestar Galactica** *The Young Lords* **3.00 Robocop** *Trouble in Delta City* When Madigan gets hooked on a new weight-loss pill, Robocop uncovers an insidious plot. **4.00 The Time Tunnel** *The Walls of Jericho* The time travellers land outside the walls of Jericho and become the spies mentioned in the Bible. **5.00 Lost in Space** *The Promised Planet* The Robinson party land on a 'turned-on', 'spaced-out' planet populated entirely by teenagers. **6.00 The Incredible Hulk** *Escape from Los Santos* David Banner and an attractive widow get framed for her husband's murder. **7.00 Alien Nation** *Chains of Love* George and Sikes learn that two dead Newcomers had recently visited the same dating service. **8.00 Babylon 5** *Survivors* Garibaldi is falsely accused of sabotaging a new construction site aboard *Babylon 5*. **9.00 Babylon 5** *By Any Means Necessary* Sinclair's military career and the safety of *Babylon 5* are threatened by a loading dock workers' uprising. **10.00 FILM: Don't Look Now** *Julie Christie, Donald Sutherland* Chilling drama. Following the death of their young daughter, a couple move to Venice. Haunted by their loss, they find that it seems somehow connected to a murderer on the loose. *1973* **12midnight Lexx** *K-Town* Stan and Xev visit an odd city. **1.00am FILM: Lord of Illusions** *Scott Bakula, Famke Janssen* Horror thriller. *1995* **3.00-4.00am Babylon 5** *A View from the Gallery*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 All Time Top 10 Divas Videos** Featuring videos from the likes of Whitney Houston and Mariah Carey. **3.00 Bytesize MTV** Superb music, big stars, plus weird and wonderful moments from MTV stations around the globe. **4.00 Select MTV Live from Ireland** Transform your television set into a jukebox with the popular viewers' request show – if MTV has it, it will be played. Tune in for details about how to make a request – and keep watching your screen. **6.00 Bytesize MTV** Another constant barrage of bizarre moments from MTV stations around the world, in short soundbites. **7.00 Mad 4 Hits** Stand by for another 60 minutes of classic back-to-back chart smashes. **8.00 European Top 20** Join Eden Harrell for another rundown of the singles currently topping the charts on the Continent. **9.00 Daily Edition** Celebrity gossip with Emma Ledden and Edith Bowman. **9.30 Celebrity Death Match** Clay figures in combat. **10.00 The Late Lick** Another smooth mix of soul and R & B, courtesy of your host Trevor Nelson. **11.00 brand:new** MTV's music show dedicated to emerging artists and new releases. **12midnight US Top 20 Countdown** Stateside chart action. **1.00am The Late Lick** Trevor Nelson spins more hit R & B tracks and forthcoming releases. **2.00-6.00am Night Videos** Music through the night.
3.00 PM	**3.00 Biathlon** Coverage of the women's 7.5km sprint from the World Cup in Khanty-Mansiysk, Russia.					
4.00 PM	**5.00 Swimming** Coverage of of the 5th FINA short course World Championships in Athens.	**5.00 World Wrestling Federation – Superstars** Kevin Kelly hosts another riveting, action-packed entertainment programme.	**5.00 Australian Rally Championships** **5.30 Football League Review** All the recent Nationwide League action.			
5.00 PM		**6.00 Sky Sports Centre** **6.30 Football League Review** All the recent Nationwide League action.	**6.00 The Rugby Club** Rugby union preview and review, plus big name interviews. With Stuart Barnes, Dewi Morris and Mark Durden-Smith.			
6.00 PM	**7.00 Racing Line** Previews of forthcoming competitions, including the Grand Prix of South Africa, held in Welkom.	**7.00 FIFA TV** Get an insight into all areas and levels of football. **7.30 What a Weekend** A look at the best of the weekend's sporting action.	**7.00 Max Power** Featuring two- and four-wheeled action from around the world, *Max Power* gets right under the skin of motorsport.			
7.00 PM	**8.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament from Indian Wells, USA.	**8.00 Spanish Football** Join David Bobin for the latest net-busting action from the wonderful world of La Liga as the Primera Division reaches an exciting crescendo. At the beginning of 2000, Deportivo La Coruña had emerged as the leading contenders to displace champions Barcelona.	**8.00 THQ British Motocross** **8.30 Australian Rally Championships** Exciting coverage of the two-stage competition. **9.00 Ford Golf USA: Bay Hill Invitational – LIVE** Day one action from the Bay Hill Invitational in Orlando, Florida, with Tim Herron defending his title. Herron swooped to defeat Tom Lehman in a two-hole play-off, in a tournament that was established over 30 years ago.			
8.00 PM	**9.30 Football** Soccer action from the first leg of the Uefa Cup quarter-finals.	**10.00 Sky Sports Centre** **10.15 You're On Sky Sports!** Soccer fans phone in to comment on key issues.				
9.00 PM	**11.30-12.30am Racing Line** Previews of forthcoming competitions, including the Grand Prix of South Africa, held in Welkom.	**11.00 What a Weekend** **11.30 Football League Review** All the recent Nationwide League action.	**11.00 THQ British Motocross** More two-wheeled action. **11.30 The Rugby Club** Rugby union preview and review, plus interviews with the game's big names.			
10.00 PM		**12midnight Sky Sports Centre** Catch up with all the very latest sports news. **12.15am FIFA TV** **12.45 Spanish Football** **2.45 You're On Sky Sports!** **3.30-3.45am Sky Sports Centre**	**12.30am Max Power** **1.30 Outdoor Quest** Unique seven-discipline adventure competition. **2.30 Ford Golf USA: Bay Hill Invitational** **4.30-4.45am Sky Sports Centre**			
11.00 PM						
12.00 NIGHT TIME						

LIVE FORD GOLF USA: BAY HILL INVITATIONAL
SKY SPORTS 2 9.00PM



This was the tournament at which Tim Herron (pictured, left) came of age. From journeyman pro to title winner and then constant contender, that's what happened when 30-year-old Herron won the Bay Hill Invitational by one stroke from Tom Lehman (pictured, right). It was his third US PGA Tour win and suddenly Herron's season took off with challenges later in the year for major championships. This $2.5m event in Orlando, Florida, has been decided seven times by a play-off, so expect close scoring.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview
10.06 Rendezvous
11.15 Eden
12midnight Freeview
12.10am Villa Lesbos
12.40 Frisky Hot Frauleins
1.05 FILM: No Man's Land
2.20 Our First Time
2.45 Pizza Passion
3.35-4.00am Raw Adventures

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview
12.10am Adult Feature
12.25 Adult Feature
12.40 FILM: Back Street
1.00 Five Minute Freeview
1.05 FILM continues
1.55 Badfellas
2.20 FILM: Batbabe
Sexy superheroics.
3.30-4.00am Sex Audition

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Thursday 16 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm Greatest Hits: Beautiful South
VH1 brings you the best Beautiful South album ever to be seen on television.
1.30 Pop-Up Video
More irreverence from the *Pop-Up* team.
2.00 Jukebox
A selection of chart-topping smashes and the channel's favourite videos for you to pick and choose from.

4.00 Talk Music
4.30 Greatest Hits: Madness
Featuring all the greatest hits so far from the nutty London band.
5.00 Top Ten
The latest up-to-the-minute rundown from VH1 Towers of the best videos around.

6.00 Planet Rock Profiles: Divine Comedy
6.30 Greatest Hits: The Beautiful South
All the band's smashes.
7.00 VH1 Hits
Featuring huge hits and chartbusting smashes.

8.00 The Millennium Classic Years: 1976
News and music from the year when Chairman Mao died, and a heatwave scorched the UK.
9.00 Behind the Music: Lenny Kravitz
Lenny Kravitz talks exclusively to VH1 about coping with the critics, and his career to date.
10.00 Behind the Music: Gloria Estefan
An exclusive look behind the remarkable rise to stardom of the Cuban-born singing sensation.
11.00 Classic Albums: Jimi Hendrix – Electric Ladyland
The story of the album which was a watershed in the star's career, and which is today recognised as a rock classic.
12.30am Talk Music
1.00 Hey, Watch This!
John Fugelsang takes a comical look at Brits and Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

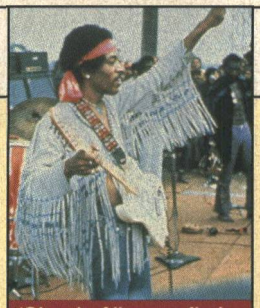
ANIMAL PLANET
WORLD PACK

12noon
Crocodile Hunter
Outlaws of the Outback
1.00pm Emergency Vets
More veterinary heroics.
1.30 Pet Rescue
Following the fortunes of abandoned animals.
2.00 Harry's Practice
A look at the work of a Tasmanian vet.
2.30 Zoo Story

3.00 Going Wild with Jeff Corwin
Palau
3.30 Croc Files
Wildlife series for a new generation of animal lovers.
4.00 Croc Files
With Steve and Terri Irwin.
4.30 Aquanauts
A look at a training course for divers who specialise in diving with sharks.
5.00 Emergency Vets
A look at the work of a Busy veterinary practice.
5.30 Zoo Chronicles.
More behind-the-scenes action from Whipsnade.

6.00 Crocodile Hunter
Wildest Home Videos
The out-takes, scary moments and behind-the-scenes dramas from the making of *Crocodile Hunter*.
7.00
The Making of *Africa's Elephant Kingdom*
7.30 Animals A to Z
Vampire
A look at vampire bats.
8.00 Emergency Vets
Vets operate on an iguana to remove her eggs.
8.30 Emergency Vets
Vets find a high-tech way of healing a dog's broken leg.
9.00 The Fastest Thing on Four Legs
An intimate study of a cheetah family.
9.30 Wild at Heart
Jaguars
10.00 Wild Rescues
The second series of the fast-paced half-hour magazine programme.
10.30 Wild Rescues
Magazine programme.
11.00 Country Vets
The vets are working flat out as the calving season reaches its peak.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



'Classic Albums: Jimi Hendrix – Electric Ladyland' highlights his talent. VH1 11.00pm

ITV2
ACCESS PACK

4.00pm Board Wild
Coverage of international snowboarding, windsurfing, surfing and skateboarding events.
4.30 NBA Jam
5.00 UK Live
Series of concerts from London's Astoria.

6.00 Nuts and Bolts
A look at modern life in the valleys of South Wales, set in the fictional town of Ystrad. Veronica is on the warpath.
7.00 NBA 2000
Featuring one of the week's top basketball games from the US.

8.00 World Football
A round-up of the best football action from around the world.
8.30 Reg and Harry's Classic Fight Night
9.00 Hero of the Hour
Drama which is part love story, part thriller. With the former *EastEnders* star Ross Kemp.

11.00 Emmerdale
Another chance to see tonight's episode of the Yorkshire soap. Text
11.30 The Bill
More drama from the busy Sun Hill beat.
12.30am
The Jerry Springer Show
More outrageous revelations and confrontations.
1.20-2.20am Nuts and Bolts
A look at modern life in the valleys of South Wales, set in the fictional town of Ystrad.

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Wallpaper Hang? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Moving People 11.30 House in Spain 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Big Kevin, Little Kevin 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Gardeners' World

3.00 Garden Magic
Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas.
3.30 Home Front in the Garden
4.00 Travel Xpress
4.30 Rough Guide to the World
Russia
It's off to St Petersburg, where Magenta and Simon experience an all-night beach rave.
5.30 Antiques Roadshow US
Exclusive to UK Style, antiques expert Chris Jussel hosts the US version of Britain's best-known antiques programme.
6.30 Real Rooms
Makeover show with Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Series focusing on all things collectable.
8.00 Change That
Interior design roadshow.
8.30 Which Craft?
Combining traditional arts and crafts with practical ideas for the home.
9.00 Fantasy Rooms
Laurence Llewelyn-Bowen transforms people's rooms.
9.30 Dream House
Building challenge with Carol Vorderman.
10.00 Moving People
Focusing on families engaged in the experience of moving house.
10.30 House Invaders
DIY show.
11.00 Ground Force
Manchester
11.30 Gardening from Scratch
The gardening series for absolute beginners.
12midnight Show People
Series which travels to exhibitions, festivals and special events across the UK.
12.30am-1.00am
Home Front in the Garden
Garden design programme presented by Anne McKevitt and Kevin McCloud.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Money, Money, Money 7.25 Money, Money, Money 7.50 Doctors at Large 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Egypt's Lost City 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 Money, Money, Money
For Richer For Poorer

3.15 Money, Money, Money
Who Really Wants to Be a Millionaire?
3.45 Battersea Dogs' Home
4.20 Animal Hospital
A visit to the RSPCA Harmsworth Hospital.
4.50
What Went Wrong?
Man-made and natural disasters around the globe.
5.25 Health Farm
A look at life at a busy health farm.
5.55 City Hospital
Documentary series in which Gaby Roslin and her team of presenters report on life at Southampton General Hospital.
6.55 Dream House
Carol Vorderman tries to build a hi-tech dream house in just six weeks.
7.30 Blues and Twos
Series about the work of the UK's emergency services.
8.00 Animal Hospital
8.30
What Went Wrong?
Looking at man-made and natural disasters from around the globe.
9.00 Health Farm
A look at life at a busy health farm.
9.35
Clash of the Titans
Coe v Ovett
Memorable sporting clashes from the past.
10.30
Blues and Twos
Series about the work of the UK's emergency services.
11.00
Egypt's Lost City
12midnight A Life of Grime

UK PLAY:
1.00am Game on 1.35 Smell of Reeves and Mortimer 2.10 Shooting Stars 2.40 New Comedy Awards Grand Final 1999 3.35 TOTP Plus 4.00 Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Crazy About Cheese 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Celebrations 12noon Classic Dishes 12.30pm In Season 1.00 Coxon's Kitchen College 1.30 Winter Nosh 2.00 Food Network Daily 2.45 Simply Fish
How to cook fish.
3.30
Tessa's Tastebuds
Apples
Recipes include apple and blackberry pie.
4.00 Simply Baking
Accompaniments
Andrew Nutter prepares brandy snaps.
4.30 Mridula's Indian Kitchen
5.00 Flash in the Pan
5.30 Classic Dishes
Ross Burden's moussaka.
6.00 Coxon's Kitchen College
6.30-7.00pm
Taste of the Times

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Eye of the Storm
How man has been forced to contend and compete with the forces of nature.
8.00
Tsunami: Killer Wave
Scientists reconstruct the effects of past tsunamis and decipher the threats posed by future ones.
9.00 The Secret Underworld
A look at a deep cave in Romania which, in 1996, was found to contain an entire ecosystem.
10.00 Epidemics: Products of Progress
Exploring the alarming idea that ancient epidemics, such as the plague, still threaten modern societies.
11.00
Explorer's Journal
Pictures from the Edge
Examining photography in space and at the upper reaches of the atmosphere.
12midnight-1.00am
Hawaii Born of Fire
Focusing on the fiery moonscapes and lush rain forests of the Hawaiian islands. From beginnings as molten rock, the islands have developed into a paradise of unique life forms.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
Big money gameshow.
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers

12midnight
Don't Feed The Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move On Up
2.30
Don't Feed The Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00
Ron Hazelton's Housecalls
8.30 Our House Down Under
8.55 The Joy of Painting
9.30 Simply Painting
10.00 Garden Club
10.30 Real Gardens
11.00 The Diceman
11.29 The Home and Leisure House

11.30 Kingsbury Square
12noon Hometime
12.30pm Hometime
1.00 Two's Country
1.30
Ron Hazelton's Housecalls
2.00 A Car is Born
2.30
The New Yankee Workshop
Teak Bar
3.00 This Old House with Steve and Norm
3.30-4.00pm
Screaming Reels

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 16 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley's Flying Machines 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 7.45 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Aahwhan 12.30pm Subah 1.00 Zameen Aasman 1.30 FILM 4.00 Take 2 4.30 Muthi Bhar Sitare 5.00 Kashkol 6.00 Golmaal 6.30 Videocam Flashback 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am MTV 123 1.15 FILM 4.00 Subah 4.30 Zamana Badal Gaya 5.00 Doosra Aasman 6.00 Holy Quran 6.30 DD Programme 7.00-7.30am Is Hafte Ki Kahani

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am Morning 5.30 World Business 6.00 Morning 6.30 Business 7.00 Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Movers 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Hot Spots 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.45am Business 1.00 Morning 1.30 Q&A 2.00 Larry King 4.15 American Edition 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Usha Uthap Show 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Body Matters 10.00 Zeharaab 11.00 Pot Luck 11.30 Amar Prem 12noon FILM 3.00pm Professor Pyarelal 3.30 Daayre 4.00 Raahat 4.30 Pride Antakshari 5.00 Aashiqui 5.30 Hasratein 6.00 Banegi Apni Baat 7.00 Hello Friends 7.30 Jaan 8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Chahat Aur Nafrat 10.00 Pakistan News Link 10.30 X Zone 11.30 Janam 12midnight News Bulletin 12.30am Zee Horror Show 1.00 Mast Must Show 1.30 Andaz 2.00 FILM 5.00 V3 5.30-6.00am Hey Ha Ho

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00 Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Word of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the word 9.00 Potter's House 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal Télévisé 5.30 Télématin 7.00 Journal Télévisé 7.30 Autant Savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Docteur Sylvestre 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Au Nom de la Loi 1.00 Journal Télévisé 1.15 Docteur Sylvestre 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Docteur Sylvestre 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Les Grands Jours du Siècle 9.00 Journal Télévisé 9.15 Entre Terre et Mer 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.15 Fund Manager's Corner 3.45 Food for Thought 4.30 Wall Street Report 5.15-6.00am South Africa Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 House of Lords 11.30 House of Commons 7.30pm House of Lords 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.

3.10 X-Men
3.29 X-Press UK Connection
3.30 Inspector Gadget
Bionic baddie-busting.

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Macquarie Harbour
4.30 Discovery Today
News magazine programme.

4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
The girl power heroines come to the rescue of Townsville once again.

4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
Greylake
The team travels to the Somerset levels in search of a 4000-year-old wooden trackway.

5.00 Dragonball 2

5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel

5.00 Monster Rancher
5.20 Biker Mice from Mars
5.50 Mad Jack the Pirate

6.00 PM

6.00 Classic Story of the SAS
How the most admired and feared regiment in the world evolved during World War II.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Stone Age animated fun with the Flintstone family.

6.00 Renford Rejects
6.30-7.00pm Sister Sister

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00 PM

7.00 Car Country
Cars of the Racetrack
A visit to Paris.
7.30 Discovery Today
News magazine programme.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

7.00pm Jenny
A Girl's Gotta Protect Her Assets
7.30 Desmond's
8.00 Dharma and Greg
Unarmed and Dangerous
8.30 Mad About You
Met Someone
Paul has a flashback.
9.00 Married... With Children
A Dump of My Own
9.30 Spin City
One Wedding and a Funeral

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Clothes Shop! 8.30 Jewellery Shop! 9.30 Clothes Shop! 10.00 Home Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Kitchen Shop! 2.00 Holiday Shop! 2.30 Sports Shop! 3.30 Technology Shop! 4.30 Shop! Feature 5.30 Shop! Selection 6.00 Home Shop! Featuring a look at fresh ideas for the bedroom. 7.00-7.30pm Bargain Shop!

8.00 PM

8.00 Shipwreck!
Floating Inferno
How the captain of the luxury liner Yarmouth Castle abandoned the ship to go down in flames.

TNT
FAMILY PACK

9.00pm WCW Nitro
Four hours of the latest action from the WCW.

9.00 PM

9.00 The FBI Files
Family Secrets
Series about FBI crime investigations.

10.00 Frasier
Ski Lodge
10.30 Father Ted
Flight into Terror

10.00 PM

10.00 Forensic Detectives
Broken Vows
How forensic pathologists are used to help solve murder cases.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

11.00 PM

11.00 Battlefield
The Battle of Stalingrad
A look at the strategies and battle plans that determined the outcome of this military campaign.

11.00
The Adventures of Brisco County Jr
12midnight-1.00am
The Dukes of Hazzard

11.00
Drop the Dead Donkey
Globelink's profits create a divided office.
11.30 Whose Line is it Anyway?
12midnight Cheers 12.30am Roseanne 1.00 Newsradio 1.30 Duckman 2.00 Hitz 2.30 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

12.00 NIGHT TIME

12midnight Raising the Mammoth
Part I
Documentary following an unprecedented expedition to uncover a 20,380 woolly mammoth in Siberia.
1.00am-2.00am Raising the Mammoth
Part II

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon Sin City Jamaica
12.55pm 100 Years of Labour
1.00 The Warthog
2.00 Biography
Prince Philip
3.00 Great Crimes and Trials
The Great Train Robbery
3.30 Spies
The Ultra Spies
4.00 Command and Control
5.00 Duesenberg
6.00 The Money Pit
7.00 Great Planes
The Valkyrie
A profile of the largest and fastest bomber ever built.
8.00 Biography
The Queen Mother
A profile of Elizabeth the Queen Mother.
9.00 Great Crimes and Trials
The Case of Dr Crippen
9.30-10.00pm Spies
The A-Bomb Spy Ring

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Tova at 4.00pm.

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If you would like to apply for a loan, you can call us free on 0800 378 151 9am-9pm Mon-Fri, 10am-5pm Sat-Sun or for hearing or speech impaired customers with their own textphone, call 0800 731 7098. Alternatively, complete and return the coupon below. Either way we won't ask you for an interview or charge an arrangement fee.

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9.9%	50,000	536.58	600.98	744.54	466.59	522.60	647.43
	30,000	321.95	360.59	446.72	279.95	313.56	388.46
	25,000	268.29	300.49	372.27	233.29	261.30	323.71
	20,000	214.63	240.39	297.82	186.64	209.04	258.97

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Address _____

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_____ Postcode _____ Date of birth _____

Telephone Numbers (please include your dialling code) Home _____ Work _____

I am interested in a loan of £ _____ over _____ months. Loan purpose _____

The information you provide may be used and disclosed: to our Marketing Agencies for research; as general credit information for credit decisions; for fraud prevention and tracing of debtors; to associated companies who may send you details about their products and services and to credit reference agencies to carry out a search and a record that this search was made will be shown on any later search. Offer applies to UK mainland only. Loans subject to status. Rates effective 19/02/2000. **082/M11/19.2**

Friday 17 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Louisa May Alcott's the Inheritance
Drama *1997, rating Sky U, 90 mins*
8.00 Pete's Dragon
Disney fantasy. **Last Play** *1977, rating Sky U, 123 mins*
10.10 Wayne's World
1991, rating Sky PG, DS, 90 mins
12noon Not Quite an Angel
Drama. *1997, rating Sky U, 86 mins*
2.00pm The Little Ghost
Kristina Wayborn, James Fitzpatrick
Family comedy. The spoilt son of a Hollywood film star teams up with a mischievous ghost to cause trouble for his mum's producer boyfriend. *1996, rating Sky U, 78 mins*
3.30 Femmes Fatales: Kim Basinger
4.00 Louisa May Alcott's The Inheritance
Cari Shayne, Tom Conti, Paul Anthony Stewart
Period drama based on a story by Louisa May Alcott. An orphan living with a wealthy family grapples with revelations about her ancestry and experiences, and is almost discredited by her jealous, scheming cousin. *1997, rating Sky U, 90 mins*
6.00 Wayne's World
Mike Myers, Dana Carvey, Rob Lowe, Tia Carrere
Comedy. Two young friends seem to have hit the big time when a slimy TV executive buys the rights to the show that they broadcast from their basement. However, the guys have a feeling the deal is too good to be true – and they are right. *1991, rating Sky PG, DS, 90 mins*
8.00 The Avengers
Ralph Fiennes, Uma Thurman, Sean Connery, Jim Broadbent
Big-screen adaptation of the Sixties cult TV show. A dastardly villain is bent on taking over the world by controlling the weather, but an unflappably English secret agent and his glamorous sidekick won't let him succeed without a fight. **Text** *1997, rating Sky 12, 86 mins*
10.00 The Big Lebowski
Jeff Bridges, John Goodman, Julianne Moore, Steve Buscemi
Off-beat comedy. A hippy receives a visit from gangsters who have mistaken him for a wealthy industrialist. He decides to seek out the tycoon, and is soon embroiled in a complex scheme which he has no hope of understanding or surviving. **Text** *1998, rating Sky 18, DS, 112 mins*
12midnight Batman
Michael Keaton, Jack Nicholson
Big-screen adaptation of the superhero comic strip. *1989, rating Sky 15, 121 mins*
2.05am She's So Lovely
Drama. **Text** *1997, rating Sky 15, 92 mins*
3.45-5.40am This Is the Sea
1995, rating Sky 15, DS, 100 mins

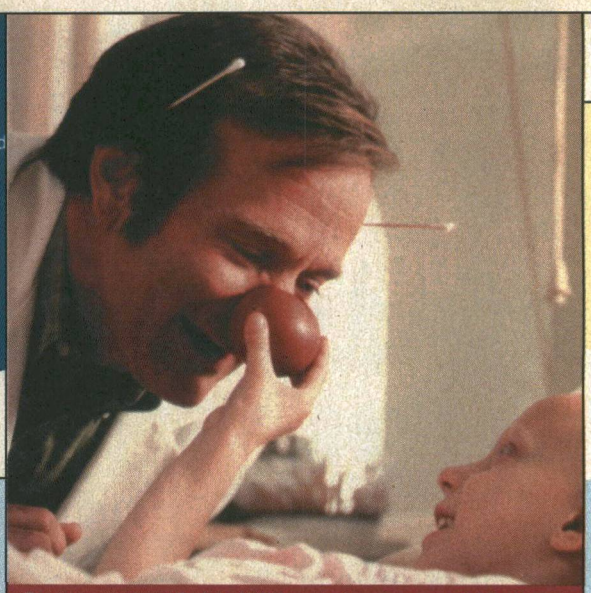
SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Immediate Family
1989, rating Sky PG, 95 mins
8.00 Seasons of the Heart
1994, rating Sky PG, 89 mins
9.35 Danielle Steel's Fine Things
1995, rating Sky PG, 137 mins
12noon St Patrick: The Irish Legend
Patrick Bergin, Malcolm McDowell
Historical drama. *1999, rating Sky PG, DS, 89 mins*
2.00pm The Last Great Ride
Ernest Borgnine, Eileen Brennan, Jason Hervey, Stephanie Sawyer
Family adventure. Two children attempt to stop an ageing recluse from being thrown out of his allegedly haunted home. *1998, rating Sky U, DS, 89 mins*
4.00 Seasons of the Heart
Carol Burnett, George Segal, Eric Lloyd, Malcolm McDowell
Contemporary drama about a pair of elderly lovers whose lives are shaken up by an unexpected arrival. After the old woman's daughter has abandoned her child, she has little choice but to raise her grandchild herself, much to her lover's chagrin. *1994, rating Sky PG, 89 mins*
6.00 St Patrick: The Irish Legend
Patrick Bergin, Malcolm McDowell, Susannah York
Drama following the life of St Patrick, the Irish patron saint. As a privileged teenager, Patrick was kidnapped from his home in Britain and taken to Ireland, where he was a virtual slave for years before becoming an Irish hero. *1999, rating Sky PG, DS, 89 mins*
8.00 Up 'n' Under
Samantha Janus, Gary Olsen, Neil Morrissey, Griff Rhys Jones
Comedy about a seemingly inept group of men attempting to take on the champions of a Northern pub rugby league. With the help of a glamorous fitness instructor, the team manager has just eight weeks to get his team of layabouts into shape. **Text** *1998, rating Sky 12, 94 mins*
10.00 Trespass
Bill Paxton, William Sadler, Ice T, Art Evans, Ice Cube
Thriller. Two firemen discover a secret which promises to make them rich. But their plans go awry when they disturb mobsters carrying out an execution. *1992, rating Sky 18, 97 mins*
11.40 The Substitute 2 – School's Out
Treat Williams, BD Wong
Action. **Text** *1998, rating Sky 18, DS, 86 mins*
1.10am Kiss Me Guido
Text *1997, rating Sky 15, 85 mins*
2.40 The Defenders: Choice of Evils
Thriller. *1997, rating Sky 15, 92 mins*
4.20-6.00am The Last Great Ride
1998, rating Sky U, DS, 89 mins

MOVIE RATINGS
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm Big Jim Mclain
John Wayne, Nancy Olson, James Arness, Alan Napier
Spy drama about a pair of Hawaii-based investigators for the House Un-American Activities Committee. Together they set out to break up a ring of Communist Party members. *1952, rating Sky U, 86 mins*
5.30 The Pearl of Death
Basil Rathbone, Nigel Bruce, Evelyn Ankers, Miles Mander
Sherlock Holmes adventure which sees the detective chasing a trio of devilish villains. *1944, rating Sky PG, 65 mins*
6.45 The House of Fear
Basil Rathbone, Nigel Bruce, Dennis Hoey, Paul Cavanagh
Sherlock Holmes adventure. The sleuth investigates a series of murders in a private club. *1945, rating Sky PG, 66 mins*
8.00 The Adventure of Sherlock Holmes' Smarter Brother
Gene Wilder, Madeline Kahn, Marty Feldman, Dom DeLuise
Comedy spoof about the elder brother of the famous detective, whose jealousy towards his sibling leads him to try and upstage the celebrated sleuth at every turn. *1975, rating Sky PG, 87 mins*
10.00 Without a Clue
Michael Caine, Ben Kingsley, Jeffrey Jones, Lysette Anthony
Comic take on the Sherlock Holmes tales. In order to keep his identity a secret, a brilliant detective called Watson hires an alcoholic, down-and-out actor named Sherlock Holmes to be the public face of his operation. *1988, rating Sky PG, 101 mins*
11.50 The Boost
James Woods, Sean Young
1987, rating Sky 18, 91 mins
1.25am The Adventure of Sherlock Holmes' Smarter Brother
1975, rating Sky PG, 87 mins
3.00 Carefree
Musical. *1938, rating Sky U, 79 mins*
4.25-5.05am The Cheaters Drama. *1945, rating Sky U, 83 mins*



Red nose day: Robin Williams clowns around in the comedy 'Patch Adams'. Sky Box Office 3, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm Short Films
Featuring commercials, interviews, reports and insights into the often neglected world of short films. As well as showing short films from around the world, this is also a look at the people who could be the film world's 'next big thing'.
8.00 Kingpin
Woody Harrelson, Bill Murray, Randy Quaid, Vanessa Angel
A bittersweet comedy about a ten-pin bowling hustler who befriends a rival bowler, only to be betrayed by him. In the process he loses his bowling hand. However, years later, he gets a chance for revenge when he meets an Amish bowler with an astounding talent. **Text** *1996, 110 mins*
10.00 Dark Star
Brian Narelle, Cal Kuniholm, Dre Pahich, Dan O'Bannon
Sci-fi comedy set on a deep space cruiser whose mission is to seek out planets where life forms could threaten Earth – and destroy them. **Text** *1974, 83 mins*
11.25 The Return of A Clockwork Orange
Documentary about Stanley Kubrick's controversial film, which is re-released today.
12midnight The Holy Mountain
Alejandro Jodorowsky, Juan Ferrara
Surreal drama. *1975, 113 mins*
2.00am Cup-O Abominations
2.10 Saviour of the Soul
Anita Mui, Andy Lau
Action. *1992, 92 mins*
3.45-6.00am M. Butterfly
Drama. *1993, 97 mins*

Find your favourite TV shows in seconds: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm The Razor's Edge
Tyrone Power, Gene Tierney, Clifton Webb, Herbert Marshall
Romantic drama based on the novel by W Somerset Maugham. A disillusioned war veteran begins to question the meaning of life while struggling to come to terms with losing his love to another man. Anne Baxter won a Best Supporting Actress Oscar for her role as the troubled man's alcoholic lover. *1946, 146 mins*
9.30 True Romance
Christian Slater, Patricia Arquette, Dennis Hopper, Val Kilmer
Romantic crime thriller written by Quentin Tarantino. A young shop assistant and a call girl go on the run, get married and acquire a pimp's store of cocaine. Unknown to the blissfully happy couple, however, ruthless gangsters are on their tail, determined to seize the drugs. **Widescreen** *1993, 119 mins*
11.30 The Exorcist III
George C Scott, Ed Flanders
Horror. A cop investigates a series of occult murders. **Widescreen** *1990, 105 mins*
1.30am Blood of the Vampire
Donald Wolfit, Barbara Shelley
Horror. *1958, 87 mins*
3.15 True Romance
Widescreen *1993, 119 mins*
5.15-7.00am Fast and Loose
British comedy. *1954, 75 mins*

SKY box office
A movies on-demand service from Cable & Wireless
SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers in the Pacific island of Guadalcanal. The men from Charlie Company are trying to find the strength to carry on fighting. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody.
Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine, but not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman.
Text *1998, rating Sky 12, 111 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist, but first he must get through his stag night – and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz, Jeanne Tripplehorn and Daniel Stern
Text *1998, rating Sky 18, 96 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 17 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Help Me Tell My Teen the Way She Acts is Obscene
Jenny tries to offer guidance to mothers seeking help for their out-of-control teenagers.

4.00 Pokémon
The Flame Pokémon-Athon
The friends take part in an annual Pokémon race.

4.30 Pokémon
The Kangaskhan Kid

5.00 Stargate SG-1
Broca Divide
After returning from a newly discovered planet of primitives, the SG-1 team undergoes a startling transformation.

6.00 The Westlife Story
A portrait of the popular Irish boyband who are managed by Boyzone's Ronan Keating.

7.00 The Simpsons
Homer Versus the 18th Amendment
Prohibition is revived. Text

7.30 The Simpsons
Dancin' Homer Text

8.00 Buffy the Vampire Slayer
Doomed
Buffy attempts to stop demons who are determined to bring about the apocalypse.

9.00 Angel
Somnambulist
Angel attempts to assist Kate after discovering that a protégé from his past is responsible for a series of killings.

10.00 FILM: Sea of Love
Al Pacino, Ellen Barkin, John Goodman, Michael Rooker
Erotic thriller about a jaded, alcoholic New York cop investigating a series of brutal murders of men who had answered lonely hearts adverts. He goes undercover to entrap the killer and ends up falling for the prime suspect, placing himself in mortal danger. *1989*

12midnight Stargate SG-1
Broca Divide
The SG-1 team undergoes a startling transformation. Text

1.00am Picket Fences
The Song of Rome
A teenager shoots Father Barrett during a robbery.

2.00-7.00am Long Play
VJ-free music zone.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
More Haste
A foul-up by Keane has Monroe on the warpath.

3.30 The Bill
Beating the Odds

4.00 EastEnders
Mandy and Aidan have to face up to the truth.

4.35 Neighbours
Stephen is becoming obsessive about Russell.

5.00 Bugs
Whirling Dervish
The Bugs trio are called in to protect a successful new independent airline from a ruthless cartel.

6.00 The Brittas Empire
Pregnant
Brittas insists on compulsory urine drug tests for all his staff.

6.35 Going Straight
Going Sour
Follow-up to *Porridge*.

7.10
Are You Being Served?
Hooray for the Holidays

7.45
Keeping Up Appearances
Hyacinth plans to buy a small weekend retreat in the country.

8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew, Granville.

9.00
One Foot in the Grave
The Broken Reflection
Victor is left in charge of Patrick and Pippa's house.

9.40 Silent Witness
Blood, Sweat and Tears
An unexpected second death complicates Sam's investigation into a boxer's last fight.

10.45 Yes, Prime Minister
Power to the People
Classic political sitcom.

11.25 The Bill
More Haste

11.55 The Bill
Beating the Odds
Boulton's investigation of a notorious local bookie raises suspicions about Beech.

12.25am Red Dwarf IV
Justice
The crew of the *Red Dwarf* finds itself on Justice World.

1.00 Red Dwarf IV
White Hole

1.35-2.45am Casualty
Private Lives

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Weddings Down Under 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget 11.40 Maury Povich 12.30pm Plastic Fantastic 1.00 Special Babies 1.30 Home and Away 2.00 Judge Judy 2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.

3.50 Forgive or Forget
Mother Love tries to resolve relationship problems by giving guests the opportunity to forgive each other.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by Maury Povich.

5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.

7.00 Judge Judy
New York City's outspoken family court judge presides over a series of real-life cases.

7.30 Life, Camera, Action
Amazing real-life drama.

8.00 Peak Practice
Drama series about the staff and patients of a general practice based in the rolling hills of Derbyshire. With Amanda Burton and Kevin Whately.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.

10.00 FILM: Writer's Block
Morgan Fairchild, Michael Praed
Thriller. A whodunnit writer decides to make a break from her career by killing off her principal character. This bold decision has bizarre and tragic consequences when her fictional creations appear to have come to life in the real world. *1991*

11.50-12midnight
Sex Bites

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
Forty Feet High and It Kills
The island becomes the target of a false tidal wave being forecast by a Chinese agent to cover the kidnapping of a scientist.

4.00 Kojak
A Question of Answers – Part II
Kojak continues his hunt for a ruthless loan shark. With Telly Savalas, Michael Gazzo, Eli Wallach and Jerry Orbach.

5.00 Hart to Hart
In the Hart of the Night
The Harts undertake a mission to save an oil-rich king from disaster. With Robert Wagner and Stephanie Powers.

6.00 Emmerdale
Seth reaches rock bottom. Text

6.30 Classic Coronation Street
Phillis is still hoping that Percy will take her to the dance. Text

7.00 George and Mildred
Your Money or Your Life
George has a small endowment.

7.30 Bless This House
The Morning after the Night Before

8.00 The Benny Hill Show
Comedian Benny Hill in a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties. With Henry McGee and Bob Todd.

9.00 Kojak
Silent Snow, Deadly Snow
A murder case against a big-time drug dealer goes awry.

10.00 Rising Damp

10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
Garry Bushell Reveals All
The TV critic and his guests spill the beans on celebrities.

11.30 The G Spot
Entertainment show.

12midnight Showgirls
Following the women who set out to make it big in the gambling capital of the world, taking a look at what it takes to make it as a top showgirl.

12.30am Beach Bash

1.00 E! Wild On...
The Strip

1.50-2.00am Crash of the Titans

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text

3.30 Classic Toons
A chance to watch your favourite classic Disney characters.

4.00 Sabrina
Bewitching comedy with the half witch/half mortal.

4.30
Hercules: The TV Show
Hercules and the Romans Text

5.00 Recess
Animated series from the creators of *Rugrats*. Text

5.30
My Best Friend is an Alien
Alien Dinner Massacre! Text

6.00 Smart Guy
Gotta Dance
TJ discovers he can't master dancing straight away. Text

6.30 Microsoap
Innovative sitcom. Text

7.00
FILM: Father of the Bride
Steve Martin, Diane Keaton, Martin Short, Kimberley Williams
Comedy about a dad who doesn't want to let go. He's looked after his 'little girl' for 22 years, and doesn't see why he should stop now, even when she is getting married. *1991* Text

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, the Bunny Bit It
Nick uses the Resurrect-O-Mat to revitalise his dead bunny. Text

9.30 Boy Meets World
Road Trip
Cory and Shawn take a trip. Text

10.00 Home Improvement

10.30 The Wonder Years

11.00
Touched by an Angel Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

The Exorcist III
Carlton Cinema 11.30pm

A sombre mood piece directed by William Peter Blatty from his novel *Legion*, this second sequel in the Satanic saga is true to the pungently creepy atmosphere of the influential original. A series of perverse murders bear the horrific hallmarks of an executed killer.

GENERAL

St Patrick's Comedy Night
Paramount Comedy Channel from 10.00pm

Celebrate St Patrick's Day in style with an evening devoted to Irish comedy. The wayward priests of Craggy Island cause more trouble in a double dose of *Father Ted* followed by two recorded live stand-up performances first from Ardal O'Hanlon and then Dylan Moran.

ADVERTISEMENT

UK GOLD

ONLY FOOLS AND HORSES 9.00PM
Another not-to-be missed episode featuring the hilarious wheeling-dealing antics of Peckham based wide boy 'Del' Trotter (David Jason), his long-suffering brother Rodney (Nicholas Lyndhurst) and Granddad (Lennard Pearce).

Friday 17 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM MORNING
7.30am Alpine Skiing
8.30 Cross-Country Skiing – LIVE
9.30 Snowboard
10.00 Nordic Combined Skiing – LIVE
11.00 Snowboard – LIVE
12noon Biathlon – LIVE
1.15pm Cross-country Skiing
Men's World Cup action.
2.30 Tennis
Highlights of the Sanex WTA Tournament from Indian Wells, USA.

3.00 PM

4.00 PM
4.00 Biathlon
Action from the World Cup in Khanty – Mansiysk, Russia, featuring the men's 10km sprint.

5.00 PM
5.00 Swimming
Action from the second day of competition at the short course World Championships in Athens, Greece. The Australians will be hoping to repeat last year's success, winning the most medals (27) and the most titles (9), led by the impressive Ian Thorpe and Grant Hackett.

6.00 PM
7.00 Football
Featuring highlights of the first leg of the UEFA Cup quarter-finals.

7.00 PM

8.00 PM
8.00 Tennis – LIVE
Coverage of the Sanex WTA Tournament in Indian Wells, USA.

9.00 PM
9.30 Boxing
Action from a top international bout.

10.00 PM
10.00 News
10.15 Rally
Featuring action from the FIA World Rally Championship in Portugal.
10.30 Motorcycling
Highlights of the World Championship Grand Prix which takes place in Welkom, South Africa.
11.30 Football
Gillette Dream Team.

11.00 PM
12.00 NIGHT TIME
12midnight Rally
Action from the FIA World Rally Championship taking place in Portugal.
12.15am-12.30am SportsCentre

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre 7.15 What a Weekend 7.45 Football League Review 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football 12noon Aerobics Oz Style 12.30pm Football League Review 1.00 Futbol Mundial 1.30 Outdoor Quest 2.30 The Rugby Club
Stuart Barnes and Dewi Morris preview and review the latest rugby union action.

3.30 What a Weekend
Looking at the best of the weekend's sporting action.

4.00 Trans World Sport
Trans World Sport covers everything from powerlifting and golf to football and ice hockey.

5.00 Futbol Mundial
Reviewing all the action from the world game.
5.30 What a Weekend
A look at the best of the weekend's sporting action.

6.00 Sky Sports Centre
Up-to-the-minute news, presented by Matthew Lorenzo and Kirsty Gallagher.

7.00 Super League: Hull v St Helens – LIVE
Coverage of the War of the Roses encounter as Hull Sharks welcome St Helens for the latest match in the JJB Sports Super League. The new season has only just started but these two teams are expected to last the distance in the race for title glory. Eddie Hemmings and Mike Stephenson provide the commentary.

9.30 Ringside Special
The latest boxing action from up and down the country. With Adam Smith and Jim Watt.

11.30 Sky Sports Centre
All the latest happenings in the world of sport. Hosted by Matthew Lorenzo and Kirsty Gallacher.
12.30am Hold the Back Page 1.30 Super League: Hull v St Helens 3.00 WWF – Raw 5.00 Extreme Sailing 5.30-6.00am Gillette World Sport Special

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style 7.30 Sky Sports Centre 7.45 Racing News 8.15 FIFA TV 8.45 Sky Sports Centre 9.00 The Rugby Club 10.00 Ford Golf USA: Bay Hill Invitational 12noon The Rugby Club 1.00pm Australian Rally Championships 1.30 THQ British Motocross 2.00 Max Power

3.00 Sports Unlimited
For a comprehensive look at the world of alternative sports, this show covers the sports that people rarely hear about.

4.00 Ford Golf USA: Bay Hill Invitational
Highlights of the first day's play from Florida's Bay Hill Invitational. Tim Herron will be hoping to repeat last year's performance when he emerged as victor. There's a total prize fund of $2.5million for those finishing at the top of the leaderboard.

6.00 Extreme Sailing
Daredevil sailing action from around the world.
6.30 Gillette World Sport Special
Alternative sports action.

7.00 Football League: Rotherham v Mansfield – LIVE
Coverage from Millmoor of this crucial game from the Third Division.

10.00 Ford Golf USA: Bay Hill Invitational
Action from the second day's play at Florida's Bay Hill Club and Lodge. Tim Herron secured his biggest ever pay cheque by flying to the top of the leaderboard in last year's Bay Hill Invitational. This year a total of $2.5million is there for the taking.
12midnight Premier League Preview 12.30am Third Division Football: Rotherham v Mansfield 2.00 Sky Sports Centre 3.00 Hold the Back Page 4.00 Moto Plus 4.30-6.00am Third Division Football: Rotherham Mansfield

SKY SPORTS 3
PREMIUM CHANNEL

12noon Trans World Sport
Reporting on absolutely every sport there is, from the boys with toys in their touring cars to the refined art of fencing.
1.00pm Watersports World
A comprehensive insight into a number of watersports, such as elegant sailing, testosterone-charged jetskiing and serene scuba diving.
2.00 World Cup Classics: Brazil v Uruguay 1970 Semi-Final
World Cup nostalgia action from Mexico.
3.30 FIFA TV
Focusing on different aspects of the world game.

4.00 Spanish Football
Catch the latest action from the wonderful world of Spain's La Liga as the Primera Division reaches an exciting climax. At the beginning of 2000, Deportivo La Coruña had emerged as the leading contenders to displace reigning champions Barcelona.

6.00 Moto Plus
The motoring show for those who really do enjoy life in the fast lane.
6.30 Inside the Senior PGA Tour

7.00 Test Cricket – LIVE
Featuring the latest top international cricket action.

9.30 Extreme Sailing
Daredevil sailing action from around the world.

10.00-12midnight World Wrestling Federation: Late Night – Raw
Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. With classic matches and celebrity guests, this show is a must for wrestling fans.

SCI-FI
ACTION PACK

8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Quantum Leap
Sea Bride
2.00 Buck Rogers in the 25th Century
Escape from Wedded Bliss

3.00 The Flash
Double Vision
Bizarre crimes have been happening in Central City and Barry, alias 'The Flash', appears to be involved.

4.00 Land of the Giants
The Bounty Hunter
The space travellers are nearly trapped by a giant bounty hunter.

5.00 Lost in Space
Fugitives in Space
Will and the robot have to rescue Smith and Don, who have been framed and jailed on a prison planet.

6.00 The Six Million Dollar Man
Bigfoot V
Bigfoot is spotted in the wilderness and goes on the rampage.

7.00 Quantum Leap
Sea Bride
Sam finds himself in the body of a debonair adventurer returning home after a three-year absence.

8.00 Cybernet
A weekly look at what's new and what's hot in the world of computer games.
8.30 The Net
Y2K Total System Failure
The Praetorians trigger the Millennium Bug in an effort to create havoc with the world's computers.
9.30 The Hunger
Wrath of God

10.00 FILM: Hemoglobin
Rutger Hauer, Kristin Lehmann, Roy Dupuis
Horror. An act of incest, committed generations ago, has produced a family of monsters who live under graveyards and feed on dead bodies. *1997*
11.45 Sci-Focus Special
12midnight FILM: Xtro 3 – Watch the Skies
Sal Landi, Robert Culp
Sci-fi horror in which a marine platoon discover a gruesome secret
2.00am Cybernet 2.30 100 Years of Horror 3.00-4.00 Babylon 5

MTV
MUSIC & GAMES PACK

6.00am Select MTV 8.00 Mad 4 Hits 9.00 Bytesize MTV 10.00 Bytesize St Patrick's Day Special 11.00 brand:new 12noon Mad 4 Hits 12.30pm Daily Edition 1.00 Mad 4 Hits 2.00 MTV Dance Floor Chart Show
With June Sarpong.

3.00 Bytesize St Patrick's Day Special
Music and interviews with all your favourite stars, with an Irish twist to celebrate St Patrick's Day.

4.00 Select MTV Live from Ireland
The phone-in programme where the viewers choose the playlist today comes live from Ireland to celebrate St Patrick's Day.

6.00 News Weekend Edition
Showbusiness news.
6.30 UK Singled Out
MTV's dating show, with Richard Blackwood.

7.00 MTV Live Boyzone
7.30 B*witched Backstage
Behind the scenes with the Irish girl band.

8.00 MTV Dance Floor Chart Show
June Sarpong counts down the latest tracks currently filling dancefloors across the nation.

9.00 MTV Does Dublin: EMA '99 Special
9.30 Celebrity Deathmatch
Claymation violence.

10.00 Backstage with Boyzone
A half-hour special filmed in Prague on the set of the band's video shoot.
10.30 Downtown

11.00 Bytesize MTV St Patrick's Day Special
Music and star interviews, with an Irish twist to celebrate St Patrick's Day.
12midnight MTV Does Dublin: EMA '99 Special 1.00am The Corrs Unplugged
The band perform unplugged versions of their biggest hits.
2.00 Club Mix 3.00 MTV Megamix 4.00 Partyzone 5.00-6.00am Night Videos

SWIMMING: WORLD CHAMPIONSHIPS EUROSPORT 5.00PM

Only the fifth ever Short Course World Championships in Athens, Greece, goes into its first day of competition with all the elite swimmers in town. Britain has a few hopeful medallists at this event, including Mark Foster and James Hickman for the men and Karen Pickering for the women. But there are plenty of other countries just as likely to get on the rostrum, especially Australians like Ian Thorpe and the American Jenny Thompson (pictured).

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Between the Lies 11.40 Hard Drive 12midnight Freeview 12.10am Naughty Nostalgia 12.35 Wanna Be a Porn Star? 1.05 FILM: Homeward 2.10 Girl Hunt 2.25-4.00am Adult Feature

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Stripper of the Year 12.20 Teresa Scott Unleashed 12.45 FILM: Plaid 1.00 Freeview 1.05am FILM continues 2.00 Five Minute Freeview 2.05 Erotic Visions 2.30 FILM: Hard Talk 3.40-4.00am Brenda

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Friday 17 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Ten of the Best: The Corrs
9.00 Upbeat
12noon Ten of the Best: The Corrs
1.00pm Greatest Hits: Irish Artists
The best of Irish bands and artists including songs from The Corrs, U2 and Boyzone.
2.00 Jukebox
Turn your television in to a front room music video jukebox with this viewers' request show.

4.00 VH1 to One: Ronan Keating
4.30 Greatest Hits: U2
VH1 brings you the very best of the mega-band.

5.00 Ten of the Best: The Corrs
The photogenic family Corr decide on their top ten favourite videos.

6.00 The Kate & Jono Show
Jonothon Coleman and Kate Thornton host this one hour marathon from the world of music.
7.00 Ed Sullivan's Rock 'n' Roll Classics
7.30 The Best of VH1 Live
Featuring tracks by Tori Amos and Space.

8.00 Ten of the Best: The Corrs
The photogenic family Corr decide on their top ten favourite videos.

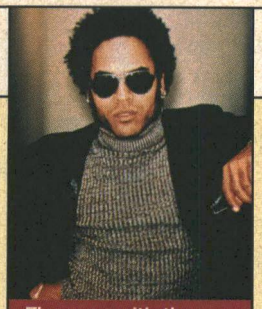
9.00 Egos and Icons: U2
The evolution of the self-described 'biggest little cult band in the world'.

10.00 Behind the Music: Lenny Kravitz
Lenny talks exclusively to VH1 about coping with personal upheavals, critics and his career to date.
11.00 Storytellers: Culture Club
Thirteen years after their last live performance, the band reunite in New York City for a live VH1 session.
12midnight The Friday Rock Show
Tommy Vance presents the rock and metal television show, featuring music news and reviews.
2.00am Anorak 'n' Roll
3.00-6.00am VH1 Late Shift
Music through the night.

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Wildest Home Videos
1.00pm Emergency Vets
A dog is given treatment for a mysterious injury.
1.30 Pet Rescue
More abandoned animals rescued by the RSPCA.
2.00 Harry's Practice
Harry makes a tough choice.
2.30 Zoo Story
A giraffe has pneumonia.
3.00 Going Wild with Jeff Corwin
Papua New Guinea
3.30 Croc Files
Steve and Terri Irwin look at crocs' mating habits.
4.00 Croc Files
Steve and Terri help catch troublesome wild animals.
4.30 Aquanauts
Night-diving in Indonesia, Malibu and Honduras.
5.00 Emergency Vets
A baby alligator is brought in for a check-up.
5.30 Zoo Chronicles
Rare horses go to Hungary to be released into the wild.
6.00 Crocodile Hunter 3
Steve's Greatest Crocodile Captures
Relive some of the programme's highlights.
7.00 Springs Eternal
Some 300 springs flow thousands of miles through a labyrinth of caves beneath Florida.
8.00 Emergency Vets
Dr Fitzgerald examines a ferret's mysterious scab.
8.30 Emergency Vets
A dog hit by a car is brought in for treatment.
9.00 African River Goddess
The life story of a female Nile crocodile told at close range, above and below the water's surface.
10.00 Wild Rescues
More tales of human and animal courage.
10.30 Wild Rescues
More tales of human and animal courage.
11.00 Emergency Vets
A rabbit suffers from an upset stomach.
11.30-12midnight Emergency Vets
A spaniel has a bad back.

CABLE CHECK
Some of the channels listed may not be available in your area



Fly away with the singer in 'Behind the Music: Lenny Kravitz'. VH1 10.00pm

ITV2
ACCESS PACK

4.00pm Storm Warning
Real-life footage of heroic and dramatic rescues.
4.30 NBA Action
Latest US basketball action.
5.00 Don't Try This at Home!
Davina McCall presents a show in which ordinary people are challenged to perform dangerous acts.
6.00 Baywatch
The adventures of lifeguards on California's Malibu Beach, where high drama is guaranteed.
6.50 Chart Choice
7.00 Uefa Champions' League Match of the Week
The pick of this week's Champions' League action.

9.00 A Touch of Frost
The Things We Do for Love
Police drama series. When a beautiful woman is found dead in a car park the list of suspects leads Jack Frost into the heart of a religious community. With David Jason, Bruce Alexander, John Lyons, Sara Stevens, Belinda Sinclair and Maggie Shelvin.
11.00 Coronation Street
Tonight's episode shown earlier on ITV. Text
11.30 The Grimleys
Seventies-set comedy.
12midnight The Jerry Springer Show
Outrageous revelations with concluding words of wisdom.
12.50am Trisha
More true stories shared.
1.20 Videotech
1.45-2.15am Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am Fantasy Rooms 7.30 Looking Good 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 How Does Your Wallpaper Hang? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Ainsley's Meals in Minutes 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show

3.00 The Green Room
Ideas for tiny cartons.
3.30 Home Front in the Garden
Garden design programme with Anne McKevitt.
4.00 Travel Xpress
Jo Kessel picks up some survival skills in Lapland.
4.30 Holiday in Style
Featuring reports from Gran Canaria, Toronto, Umbria, Malawi, Bath, Bournemouth and Brighton.
5.30 Antiques Roadshow
Members of the public bring their treasured possessions to Dromoland Castle, County Cork, for expert evaluation.
6.30 Real Rooms
Decor makeover show hosted by Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Find out where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 House in Spain
Work on the Nichols' patio begins, and Joe gives Alan a bricklaying lesson.
9.00 Ground Force
Manchester
Garden makeover show.
9.30 Changing Rooms
Interior design challenge presented by Carol Smillie.
10.00 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
10.30 House Invaders
Low-budget DIY show.
11.00 How Does Your Garden Grow?
A panel of top gardeners tackle various horticultural problems and give special one-to-one consultations.
12midnight Garden Magic
Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas.
12.30am-1.00am Home Front in the Garden
Garden design programme presented by Anne McKevitt and Kevin McCloud.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Money, Money, Money 7.25 Money, Money, Money 7.50 Fastest Claw in the West 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Great Hedgehog Mystery 9.45 Marmot Mountain 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Doctors to Be 2.45 Money, Money, Money
Where There's a Will

3.15 Money, Money, Money
Root of All Evil
3.45 Battersea Dogs' Home
Daily snapshot of life at the famous canine refuge.
4.20 Animal Hospital
Rolf Harris observes some more RSPCA cases.
4.50 What Went Wrong?
Disasters examined.
5.25 Health Farm
Stephen finally attracts celebrity endorsement.
5.55 City Hospital
Gaby Roslin and her team give another report on the triumphs and trials of patients and staff at Southampton General.
6.55 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
7.30 Blues and Twos
Follow the work of Britain's emergency services.
8.00 Animal Hospital
Rolf Harris observes some more RSPCA cases.
8.30 What Went Wrong?
Disasters examined.
9.00 Health Farm

9.35 Clash of the Titans
The Crazy Gang v the Culture Club
Recalling the 1988 FA Cup Final between Liverpool and Wimbledon.
10.30 Blues and Twos
Documentary series.

11.00 Louis Theroux's Weird Weekends
12midnight Living with the Enemy
12.30am-1.00am Living with the Enemy

UK PLAY:
1.00am TOTP Plus 1.30 Shooting Stars 2.00 Save Tonight 3.00 Hey DJ 4.00 Chigley 4.15 Podge and Rodge 4.25 Sound of Disco 5.30 Sound of Play 6.30-7.00am UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am School Dinners 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Caribbean Kitchen 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Newman Meets 12noon Classic Dishes 12.30pm Turner's Tour of Hong Kong 1.00 Coxon's Kitchen College 1.30 Aldo and Friends 2.00 Food Network Daily 2.45 Simply Fish
James Martin prepares peppered salmon with deep-fried rocket and sesame seeds.
3.30 Tessa's Tastebuds
Bananas
4.00 Simply Baking
Baked Fruits
4.30 Mridula's Indian Kitchen

5.00 Flash in the Pan
5.30 Classic Dishes
6.00 Coxon's Kitchen College

6.30-7.00pm Food from the Village

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Tales of Tibet
Andrew Martin presents a profile of the explorer Frank Kingdon-Ward.
8.00 Buddha on the Silk Road
Retrace the seventh-century travels of a Chinese Buddhist scholar over the Silk Road.
9.00 Snow Monkey Roundup
9.30 Spell of the Tiger
The threat posed by tigers to the human population in North-east India.
10.00 Maya Mysteries
Archaeologists find what seems to be a thousand-year-old royal tomb.
10.30 Mystery of the Inca Mummy
11.00 Explorer's Journal
Swallowed by the Sands
Dimitri Doganis uncovers the stories of two long-lost sailing ships.
12midnight-1.00am Rivers of Life
An examination of the power of water in the wilderness, with spectacular footage of the animals who depend on this vital source of life. Narrated by Gary Marshal.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
Fast-moving gameshow.
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
Comedy quiz show.
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Grow for It 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Grow for It 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Kingsbury Square 12noon Hometime 12.30pm Hometime
Home Evaluation
1.00 Two's Country 1.30 Ron Hazelton's Housecalls 2.00 A Car Is Born 2.30 New Yankee Workshop
Laundry Store
3.00 This Old House with Steve and Norm 3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Club@vision 4.45 Club File Xtr 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life 6.30 What's On TV
***London area: Blue Tomorrow**
Chelsea FC fanzine.
***Derby area: Vision Rams**
Derby County FC fanzine.
7.00 LLTV – Local Life 7.30 YCTV 8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life
* Repeated Saturday 9.30am

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Friday 17 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Portsmouth, UK
4.30 First Flights
Flying Aces – War in the Sky

5.00 PM

5.00 Time Team
Orkney
The team travels to the island of Sanday to investigate mounds that could be of Viking origin.

6.00 PM

6.00 Extreme Diving
Venture beneath the water's surface with experienced divers and discover the beauty and dangers that await.

7.00 PM

7.00 Battle for the Planet
Road Renegades
7.30 First Flights
Flying Aces – War in the Sky

8.00 PM

8.00 Killer Earth
Journey to the Centre of the Earth

9.00 PM

9.00 Crocodile Hunter
Wildest Baby Animal Videos
Steve and Terri enter a cute, entertaining world.

10.00 PM

10.00 Bodyguards
Follow 22 ordinary men and women as they try to complete one of Britain's harshest courses – bodyguard training.

11.00 PM

11.00 Extreme Machines
Rockets
The history of rockets – from the early prototypes to today's hi-tech designs.

12.00

12midnight Forensic Detectives
Presumed Dead
1.00am First Flights
Flying Aces – War in the Sky
Neil Armstrong takes a closer look at the world's aviation accomplishments.
1.30-2.00am Car Country
Cars of the Racetrack

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.
4.00 Mike, Lu and Og
4.30 Powerpuff Girls
5.00 Dragonball Z
6.00 Tom and Jerry
6.30 The Flintstones
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm WCW Thunder
The latest action from the WCW rings.
11.00 Freddy's Nightmares
Horror series.
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.
4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.
5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel
6.00 Renford Rejects
6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Make Room for Daddy – Part I
7.30 Desmond's
8.00 Dharma and Greg
A Closet Full of Hell
8.30 Mad About You
Maid about You
Paul and Jamie hire a maid.
9.00 Married... With Children
Here's Looking at You Kid
A peeping tom rejects Peg.
9.30 Spin City
A River Runs through Me
10.00 Father Ted
Are You Right There Father Ted?
10.30 Father Ted
Chirpy, Burpy Cheap Sheep
11.00 Ardal O'Hanlon Live
The stand-up, best known as Father Dougal from *Father Ted*, performs his unique brand of humour.
12.10am Festival of Fun
12.40 Cheers
1.10 Newsradio
1.40 Duckman
2.10 Hitz
2.40 Nurses
3.10 It's Garry Shandling's Show
3.40 Rex the Runt
3.50-4.00am Rex the Runt

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press
UK Connection
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.50 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! 8.30 Home Shop! 9.30 Sports Shop! 10.00 Kids Shop! 11.00 Kitchen Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Entertainment Shop! 2.00 Gift Shop! 2.30 Clothes Shop! 3.30 Beauty Shop! 4.00 Collectors' Shop! 4.30 Entertainment Shop! 5.30 Shop! Selection 6.00 Kids Shop! 7.00-7.30pm Bargain Shop! Today's best offers.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 Talking Movies 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00 News 5.30-6.00am Seven Days

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Europe 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Fiction 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Fax Culture 1.00 Journal 1.15 Fiction 3.00 Journal 3.15 TV5 Questions 3.30 Les Carnets du Bourlingueur 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Fiction 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Diva 9.00 Journal Télévisé 9.15 Divertissement 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Rajni 12.30pm Khiladi 1.00 Swabimaan 1.30 FILM 4.00 Nanne Jasoos 4.30 Is Hafte Ki Kahani 5.00 Kaala Daira 6.00 Tiger 6.30 MTV Hitlist 7.15 Swabimaan 7.40 News 8.00 Main Anari Tu Anari 8.30 Dard 9.00 FILM 11.30 News 12midnight MTV Fresh 12.30am Swabimaan 1.00 FILM 4.00 Music Box 4.30 Dard 5.00 MTV 123 6.00 Nanne Jasoos 6.30 DD Programme 7.00-7.30am DD Programme

ZEE TV
ADD-ON CHANNEL

6.00am Aahaa 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Pakistan News Link 8.30 Tara 9.00 Adhikar 9.30 Raahein 10.00 Sham Se Pehley 11.00 Zaike Ka Safar 11.30 Amar Prem 12noon FILM 3.00pm Chashme Baddoor 3.30 Chalo Cinema 4.00 Raahat 4.30 Akbar Birbal 5.00 Choti Choti Baatein 5.30 Amanat 6.00 Hip Hip Hurray 6.30 Professor Pyarelal 7.00 Up Beat 7.30 Entertainment Express 8.00 News Bulletin 8.30 FILM 11.30 Nagin 12midnight News Bulletin 12.30am Mano Ya Na Mano 1.00 X Zone 2.00 FILM 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 5.30 Winning in Life 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 The Messenger 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 3.15 Clarke's Chronicle 4.30 Wall Street Report 5.00 US Market 5.15 South Africa 5.45-6.00am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 House of Commons 3.00pm House of Lords 7.30 Westminster Hall 11.00 The Record 11.30-12midnight The Point

THE HISTORY CHANNEL
WORLD PACK

12noon The Money Pit
1.00pm The Valkyrie
Profile of the bomber.
2.00 Biography
The Queen Mother
3.00 Great Crimes and Trials
The Case of Dr Crippen
3.30 Spies
The A-Bomb Spy Ring
4.00 Smart Bombs
5.00 Salvage Ships
6.00 Ancient Gold of Troy
6.55 100 Years of Labour
7.00 Great Planes
The Mustang
How the Mustang was developed into a high performance fighter plane.
8.00 Biography
Grace Kelly
A look at the life of the actress who married a prince.
9.00 Great Crimes and Trials
The Lindbergh Baby Kidnap
9.30-10.00pm Spies
Hunt for the A-Bomb Spies

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

Section 3

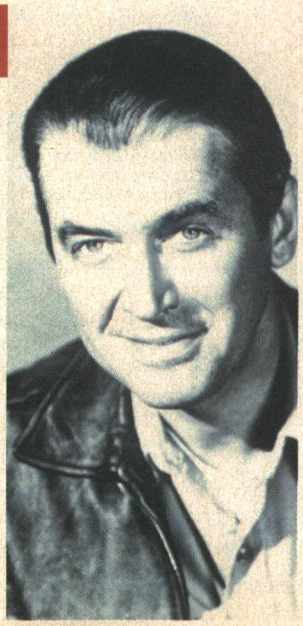
Saturday 18th March-Friday 24th March

Charlton's Royle appointment

Charlton have coped with the disappointment of relegation from the Premiership after their one-season sojourn with commendable dignity. They have demonstrated their determination to bounce straight back with a string of convincing wins that saw them climb to the summit of Division One in January. This Sunday, the Addicks (whose Greg Shields is pictured, near right, fending off Crewe's Colin Cramb) descend on Maine Road for what should prove to be a fiercely contested clash against fellow promotion favourites Manchester City. The plucky south Londoners will be looking to redress the balance after Joe Royle's side secured a flattering 1-0 victory at the Valley in November. Since then, Charlton have found formidable away form and have notched up confident wins on their visits to such tough teams as Grimsby, Huddersfield, Stockport, Wolves and, in the FA Cup, Premiership side Coventry. Addicks winger and Welsh international John Robinson told *Cable Guide*: 'We're more suited to play away. Teams come to the Valley and put eight or nine men behind the ball, which is hard to break down. Whereas, away from home, the onus is on the other team to get forward. Then we soak up a bit of pressure and make the break – that's our game.
'We go out and attack teams in this division, and, on our day, we should beat anyone. When you look at the squad now, there's real strength in depth and it's looking good.'

Sky Sports 3 Sunday 19th 12noon – LIVE

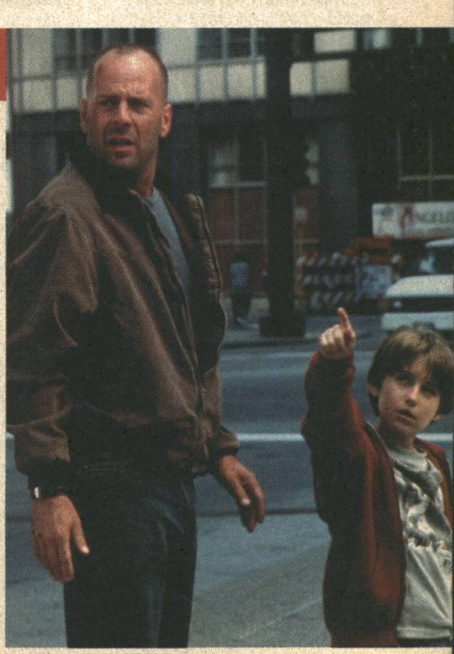
Jimmy Hollywood



This week, in a *Biography* special, The History Channel celebrates one of cinema's most adored actors. James Stewart captured the hearts of moviegoers with his portrayal of the quintessential American everyman in *It's a Wonderful Life*. But he got to indulge his darker side as the obsessive hero in *Vertigo*, and as the nervy bounty hunter in *The Naked Spur*.

The History Channel Monday 20th 8.00pm

A suspense-thriller with Willis power



While some plot points of the Bruce Willis vehicle *Mercury Rising* occasionally stretch credibility to snapping point, it is salvaged by director Harold Becker's deftness at conjuring up unbearable suspense. The action sequences are mounted with efficiency and the film is enriched by the neatly observed performances of the principals. Willis is ideally cast as the troubled FBI agent protecting an autistic boy (played with affecting subtlety by Miko Hughes), who has been marked for death because of his incredible code-cracking capabilities. Alec Baldwin clocks in to play the suavely evil villain.

Sky Premier Saturday 18th 8.00pm

Saturday 18 March

SKY PREMIER
PREMIUM CHANNEL

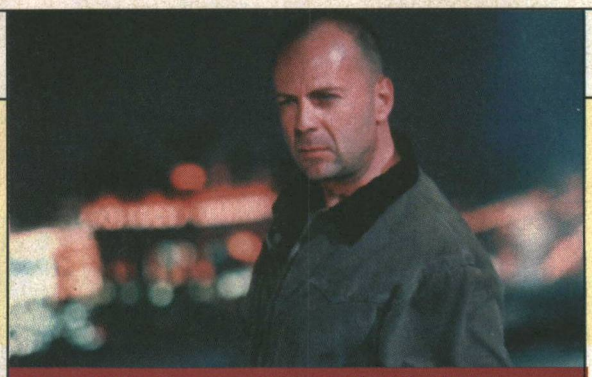
6.00am A Match Made in Heaven
Text *1997, rating Sky PG, 88 mins*
8.00 Washington Square
Text *1997, rating Sky PG, DS, 111 mins*
10.00 The Beautician and the Beast
Text *1997, rating Sky PG, 102 mins*
12noon The Borrowers
John Goodman, Jim Broadbent
Text *1997, rating Sky U, 83 mins*
2.00pm Washington Square
Jennifer Jason Leigh, Albert Finney, Ben Chaplin, Maggie Smith
Adaptation of Henry James' classic novel about a woman in 1850s Manhattan whose marital plans are thwarted by her father. Text *1997, rating Sky PG, DS, 111 mins*
4.00 The Beautician and the Beast
Fran Drescher, Timothy Dalton, Lisa Jakub, Ian McNeice
Comedy. An ambitious beautician is mistaken for an academic while on holiday, and is hired as a tutor for the children of an Eastern European dictator. However, she soon forms a strong bond with her pupils. Text *1997, rating Sky PG, 102 mins*
6.00 The Borrowers
John Goodman, Jim Broadbent, Mark Williams, Hugh Laurie
Comedy adventure about a tiny family who live under the floorboards of a human household, who survive by 'borrowing' what they need from their hosts. Text *1997, rating Sky U, 83 mins*
7.30 Preview: Oscar Special
8.00 Mercury Rising
Bruce Willis, Alec Baldwin, Miko Hughes, Chi McBride
PREMIERE Action thriller. A former FBI agent takes a young autistic boy whose parents have been murdered under his wing. Complications arise when he discovers that the boy has deciphered a top secret government code. *1998, rating Sky 15, DS, 107 mins*
10.00 Breakdown
Kurt Russell, JT Walsh, Kathleen Quinlan, Jack Noseworthy
Taut thriller. A husband and wife become stranded in the desert after their car breaks down. In order to get help, the woman accepts a ride from a passing trucker, but fails to return. Text *1997, rating Sky 15, 89 mins*
11.35 Mercury Rising
Bruce Willis, Alec Baldwin
Taut thriller. *1998, rating Sky 15, DS, 107 mins*
1.30am Amistad
Morgan Freeman, Anthony Hopkins
Text *1997, rating Sky 15, 148 mins*
4.05-6.00am A Match Made in Heaven
Olympia Dukakis, John Stamos
Text *1997, rating Sky PG, 88 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am No More Baths!
1997, rating Sky U, 92 mins
8.00 Finding Kelly
Brighton Hertford, Jameson Baltes
1998, rating Sky PG, 84 mins
10.00 How I Got Into College
Corey Parker, Anthony Edwards
1989, rating Sky PG, DS, 83 mins
12noon Blackout Effect
Eric Stoltz, Charles Martin Smith
1998, rating Sky PG, 85 mins
2.00pm Finding Kelly
Brighton Hertford, Jameson Baltes, Derk Cheetwood, Lauren Dahl
Kooky comedy about a teenage boy's desperate attempts to gain entry to the same college as the girl of his dreams. *1998, rating Sky PG, 84 mins*
4.00 The Swarm
Michael Caine, Katharine Ross, Richard Widmark, Henry Fonda
Horror movie. America is devastated by an invading force of Brazilian killer bees. In this state of chaos and emergency, it falls upon a formidable team of scientists, doctors and military personnel to eliminate the implacable menace. *1978, rating Sky PG, 111 mins*
6.00 Blackout Effect
Eric Stoltz, Charles Martin Smith, Leslie Hope, Lorraine Toussant
Drama. A National Transportation Safety Board inspector investigating a mid-air collision must determine whether or not the fatal crash was the fault of an air traffic controller, now seeking revenge for what he believes are false allegations against him. *1998, rating Sky PG, 85 mins*
8.00 Kissing a Fool
David Schwimmer, Jason Lee, Mili Avital, Vanessa Angel
Romantic comedy. A womanising sports reporter falls in love at first sight with a woman with whom he has nothing in common. As the couple prepare for their wedding day, he suffers a crisis of confidence. *1998, rating Sky 15, DS, 89 mins*
9.45 Blues Brothers 2000
Dan Aykroyd, John Goodman, Joe Morton, Nia Peeples
All-singing, all-action sequel. When a former recording artist is released from prison, he sets about reforming his band, but must first find a new front man to replace his brother. Text *1998, rating Sky PG, DS, 119 mins*
11.50 The Thing Called Love
River Phoenix, Samantha Mathis
Drama about four would-be songwriters. *1993, 110 mins*
1.45am The Killing Grounds
Priscilla Barnes, Courtney Gains
Text *1997, rating Sky 18, 89 mins*
3.20 Adam
Daniel J Travanti, JoBeth Williams
1983, rating Sky 15, 90 mins
4.55-6.00am Action Heroes: Bruce Willis

SKY CINEMA
PREMIUM CHANNEL

11.00am The Proud Ones
Robert Ryan, Virginia Mayo
Western about a marshal who must confront a rising tide of lawlessness in a Kansas border town. *1956, rating Sky PG, 90 mins*
12.35pm The Gallant Blade
Larry Parks, Marguerite Chapman
Period drama in which a soldier risks his life to save that of his general. *1948, rating Sky U, 78 mins*
2.05 Doris Day: It's Magic
Documentary about the actress, singer and animal rights champion Doris Day, which follows her career from its earliest days in Ohio to her sparkling Hollywood success. *1998, rating Sky PG, 90 mins*
3.40 Appointment with Death
Peter Ustinov, Lauren Bacall, Piper Laurie, Carrie Fisher
Murder mystery from Agatha Christie in which the redoubtable Hercule Poirot exercises his little grey cells to detect the killer of a wicked stepmother found dead on a tour of the Holy Land. *1988, rating Sky PG, 103 mins*
5.30 The Woman in Green
Basil Rathbone, Nigel Bruce
Sherlock Holmes and Watson return for another mystery which finds them battling a hypnotist intent on blackmail and murder. *1945, rating Sky PG, 64 mins*
6.45 Pursuit to Algiers
Basil Rathbone, Nigel Bruce
Sherlock Holmes adventure in which the great detective and his side-kick Watson head east to solve their latest mystery. *1945, rating Sky U, 62 mins*
8.00 Three Days of the Condor
Robert Redford, Faye Dunaway, Max von Sydow, Cliff Robertson
Thriller. A CIA worker uncovers some closely-guarded secrets within his own organisation. Consequently, he is forced to go on the run from his own colleagues, who now want him dead. *1975, rating Sky 15, 112 mins*
10.00 GoodFellas
Ray Liotta, Robert De Niro, Joe Pesci, Lorraine Bracco
Highly-acclaimed contemporary gangster drama. Set on the streets of New York, it follows the rise through the ranks of organised crime of a small-time hustler, who enters the sprawling crime organisation as a runner for a neighbourhood don. Text *1991, rating Sky 18, 139 mins*
12.25am Billy Liar
Tom Courtenay, Julie Christie
1963, rating Sky PG, 94 mins
2.05 The Presleys: Rock and Roll Royalty
Biopic of the rock 'n' roll family. *1999, rating Sky PG, 85 mins*
3.35-5.20am Tower of London
Basil Rathbone, Boris Karloff
1939, rating Sky PG, 89 mins



Bruce Willis stands up to the authorities in the premiere of 'Mercury Rising'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm Project Moonbase
Donna Martell, Ross Ford
Sci-fi drama centring on the pilot of a space station on its first orbit of the Moon. Unbeknownst to her, a spy is also on board and blasts the ship out of its orbit, forcing her to make an emergency landing on the Moon. *1953, 53 mins*
7.15 Macross Plus
Japanese anime short.
8.00 Peter's Friends
Kenneth Branagh, Emma Thompson, Stephen Fry
Comedy. Six Cambridge Footlights friends are reunited for a New Year's Eve party. Feelings of love, envy, anger and self-doubt are soon unleashed. Text *1992, 96 mins*
10.15 Assault on Precinct 13
Austin Stoker, Darwin Joston, Laurie Zimmer, Martin West
Stylish thriller. A near-deserted Los Angeles police station is suddenly besieged by a heavily armed gang out for revenge on a suspect being held inside. Text *1976, 91 mins*
11.45 Ride in the Whirlwind
Jack Nicholson, Cameron Mitchell
Offbeat western. *1965, 83 mins*
1.10am Broadway by Light
1.25 New York, New York
Robert De Niro, Liza Minnelli
Homage to the big band musicals of the Forties. Text *1977, 157 mins*
4.05-6.00am Mickey One
Warren Beatty, Hurd Hatfield
Comedy drama. *1965, 89 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm Rebecca
Laurence Olivier, Joan Fontaine, Judith Anderson, George Sanders
Classic romantic thriller from Alfred Hitchcock, based on the novel by Daphne du Maurier. A naive young woman marries an enigmatic English aristocrat after a whirlwind romance in Monte Carlo, but finds herself living in the shadow of his first wife at his ancestral home in Cornwall. *1940, 130 mins*
9.15 Perfect Little Angels
Michael York, Cheryl Ladd, Jody Thompson, Lisa Caruk
Suspense drama. A beleaguered family fed up with the constant anxiety of living in a crime-infested neighbourhood, decide to move to an isolated but idyllic community. However, they soon begin to realise that something is horribly wrong. *1998, 90 mins*
11.00 Working Girl
Harrison Ford, Sigourney Weaver, Melanie Griffith, Joan Cusack
Romantic comedy about a naïve but ambitious secretary who tries to outwit her wily female boss. *1988, 113 mins*
1.00am Behold a Pale Horse
Gregory Peck, Anthony Quinn
Drama. *1964, 118 mins*
3.15 Perfect Little Angels
Michael York, Cheryl Ladd
Suspense drama. *1998, mins*
5.00-7.00am Turn the Key Softly
Yvonne Mitchell, Terence Morgan
Drama. *1953, 81 mins*

SKY box office
A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers decamped on the Pacific island of Guadalcanal, who are trying to find the inner strength to carry on fighting. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine – but not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman. Text *1998, rating Sky 12, 111 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist but first he must get through his stag night which is fraught with surprises that his friends have planned. Stars Christian Slater, Jon Favreau and Cameron Diaz. Text *1998, rating Sky 18, 96 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons Text 9.00 Tintin 9.30 Mummies Alive 10.00 Roswell Conspiracies 10.30 Starship Troopers 11.00 World Wrestling Federation – Smackdown 1.00pm Nightman 2.00 America's Dumbest Criminals Text 2.30 America's Dumbest Criminals Text

3.00 Pacific Blue
Inside Straight
TC kills a man in self-defence, but then discovers he was an undercover cop with a perfect record. Text

4.00 Star Trek: Deep Space Nine
The Die is Cast
Garak may have to prove his loyalty to his former mentor by eliminating Odo. Text

5.00 Star Trek: Voyager
Future's End – Part II
The crew must prevent a leading 20th-century industrialist from destroying the future. Stars Kate Mulgrew. Text

6.00 The Simpsons
Raging Abe Simpson
Grampa and Mr Burns vie for a collection of rare art. Text

6.30 Futurama
I Second That Emotion Text

7.00 Dilbert
The Offsite Meeting
Dilbert holds a meeting at home.

7.30 The Simpsons
Lisa's Substitute
Lisa develops a crush. Text

8.00 Futurama
A Big Piece of Garbage
A chunk of garbage threatens to destroy New New York City. Text

8.30 The PJs
He's Gotta Have It Text

9.00 World Wrestling Federation – Livewire
Michael Cole presents coverage of exclusive World Wrestling Federation bouts featuring the usual star performers.

10.00 Toughman
NEW SERIES Action-packed, travelling boxing festival from the USA which searches for the toughest man in town.

11.00 Prickly Heat
The competition intensifies as the end draws near and tears start to flow as the holidaymakers head for home after the experience of a lifetime.

12midnight Showbiz Weekly
Sky's essential guide to the global showbiz merry-go-round.

12.30am Pacific Palisades
Motherly Love
Robert confesses to Jessica that he still loves her. Text

1.30 Space: Above and Beyond
Levels of Necessity Text

2.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels

7.30 Neighbours Omnibus
Another chance to see last week's episodes of the Australian soap.

9.35 Dynasty Omnibus
Omnibus edition of the soap about the lives of the Carrington clan.

12.15pm EastEnders Omnibus
As Pete Beal is finally laid to rest, the Fowlers are determined not to rise to the Chapman's bait. Mandy and Aidan are left out in the cold.

3.10 The Bill Omnibus
Boulton loses a prisoner and must go cap in hand to Monroe for help in getting him back, before crossing swords with a drugs worker. When a hen night is interrupted by the groom, Loxton and Page have their hands full. A dispute between two Asian brothers ends in murder, and Meadows tries to extract the truth from their dying father. Conway has to field accusations of police brutality.

5.35 To the Manor Born
Arthur arrives as usual to help out on the Grantleigh estate, but Audrey can't give him work.

6.10 FILM: Carry On Again, Doctor
Kenneth Williams, Sidney James, Charles Hawtrey, Joan Sims
British comedy about a doctor who stumbles upon a witch doctor's weight-reducing potion while working at a mission in the South Seas. Realising the potential of the potion, he returns to England aiming to make his fortune. *1969*

8.00 Yes, Prime Minister
Patron of the Arts

8.40 The Vicar of Dibley
Community Spirit
Vicar Geraldine hopes to better the previous year's takings for the Autumn Fayre.

9.20 dinnerladies
Nightshift
Bren is left to run the nightshift single-handed through the most important night of the year.

10.00 Absolutely Fabulous
Sex
Edina has palpitations when she decides that her bedroom isn't big enough.

10.40 The Royle Family
Tensions run high in the Royle household as Antony finally snaps after one too many nasty comments from Jim.

11.20 Monty Python's Flying Circus

12midnight To Play the King
Prime minister Francis Urquhart accuses the King of trying to organise a bloodless coup against the Government.

2.05am-3.00am Juliet Bravo
Friends and Neighbours
Kate learns that friendships can easily be lost as the demands of her job take their toll on her private life.

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.20 Home and Away Omnibus
Australian soap omnibus.

12.30pm FILM: Children of the Bride
Rue McClanahan, Patrick Duffy
Romantic comedy. *1990*

2.20 FILM: Baby Snatcher
Veronica Hamel, Nancy McKeon
Psychological thriller. Thinking that she will lose her husband after her miscarriage, a woman abducts a newborn baby. But when the FBI is called in, the baby's mother is accused of murder and has to fight to prove her innocence and to find her baby. *1992*

4.20 Maury Povich
A double bill of the compelling and personal talk show dealing with emotional conflicts, hosted by the veteran journalist.

6.00 Fame LA
Drama series about young show-business hopefuls in Los Angeles. Stars William R Moses, Christian Kane, Andy Milder and Matt Winston.

7.00 Judge Judy
Double bill of the show in which New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist who understands the criminal mind. Stars Ally Walker and Robert Davi.

10.00 Jerry Springer
Double bill of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Bonanza 7.00 Plus on Plus 7.30 Please Sir 8.00 Singles 8.30 Marc 9.00 The High Chaparral 10.00 Charlie's Angels 11.00 The Love Boat 12noon The Odd Couple 12.30pm Plus on Plus 1.00 Bonanza 2.00 Agatha Christie's Partners in Crime

3.00 A Bit of a Do
Two weddings take place, and both receptions are at the Angel Hotel, one in the Sir Leonard Hutton Room, the other in the Geoffrey Boycott Room.

4.00 The Love Boat
Gopher the Rebel
Gopher is fired when he falls for a pretty rebel travelling with her rich dad, and a married man with his mistress runs into neighbours.

5.00 Hawaii Five-0
Just Luck I Guess
A respectable small-town salesman witnesses the murder of a prostitute but, because of embarassment, refuses to testify.

6.00 Poirot
Triangle of Rhodes
Poirot is on holiday in Rhodes when Mrs Valentine Chantry is murdered. Gradually, he unravels a set of love-hate relationships.

7.00 Agatha Christie's Partners in Crime
Case of the Missing Lady
Tommy and Tuppence are asked to find a missing fiancée and find themselves in a gloomy house.

8.00 Sherlock Holmes
The Last Vampyre
Sherlock Holmes is asked by the vicar of Lamberley to look into the occurrence of several mysterious deaths which all have one thing in common: vampire-like bites to the neck. But Holmes remains convinced that there is a logical explanation.

10.00-11.00pm Cribb

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Premier Edition
Erotic late-night series in the form of a men's magazine.

11.30 South Beach Model Search
Bikini contests from Miami.

12midnight Garry Bushell Reveals All
Garry Bushell and his panel of guests spill the beans on celebrities.

12.30am 4play Away – Amsterdam
Docu-soap which follows the exploits of four glamour girls.

1.00 The Hot House

1.30-2.00am Girls on Film

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 Winnie 6.40 Art Play 6.45 Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear 7.50 Rolie Polie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 Brotherly Love 12noon Boy Meets World 12.30pm Incredible Story Studio 1.00 FILM: Your Choice 2.30 Mickey Mouseworks

3.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun in this new animated series. Text

3.30 Timon and Pumbaa
The Lion King spin-off.

4.00 FILM: The Lady and the Tramp
The voices of Barbara Luddy, Larry Roberts, Peggy Lee
Family animation about a mutt from the wrong side of the tracks and a sophisticated pedigree pooch who face adversity to be together. *1955* Text

5.15 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Haunted Text

6.00 Smart Guy
The Dawgburger Rebellion
TJ leads a school protest about off-campus lunch privileges. Text

6.30 Boy Meets World
He Said, She Said Text

7.00 FILM: Joey
Jamie Croft, Alex McKenna, Rebecca Gibney, Ed Begley Jr
PREMIERE Family comedy. When a young boy and a baby kangaroo leave the outback and journey to the urban jungle of the big city they are on track for adventure. *1997* Text

8.35 FILM: Popeye
Robin Williams, Shelley Duvall, Ray Walston, Paul Dooley
Family adventure. Popeye, with his friends Olive Oyl and Wimpy, returns to his home town of Sweethaven to try to find the father who abandoned him many years ago. *1980* Text

10.10 Home Improvement
10.35 Thunderstone Text
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Assault on Precinct 13
FilmFour 10.15pm

In this, his second film, resourceful director John Carpenter demonstrates the art of summoning suspense on a shoestring budget. A claustrophobic siege thriller, inspired by the Western *Rio Bravo*, it sees an out-of-the-way police station being beset by a vicious gang.

GENERAL

Making the Video: Jennifer Lopez
MTV 10.00pm

Go behind the scenes with Latino pop sensation and movie star Jennifer Lopez for the making of her second single *Waiting for Tonight*. Nominated for a Grammy for Best Dance Record, the single needs as impressive a video. See the final product from start to finish.

ADVERTISEMENT UK HORIZONS

TOP GEAR GTI
10.00PM
Turbo charged, the series speeds along with special and exclusive car motoring reports with a few surprises thrown in.

Saturday 18 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am Snowboard** **8.00 Alpine Skiing – LIVE** **8.45 Cross-country Skiing** **9.15 Alpine Skiing – LIVE** **10.00 Ski Jumping – LIVE** **11.00 Biathlon – LIVE** **11.45 Alpine Skiing – LIVE** **12.30pm** **Ski Jumping – LIVE** **1.30 Alpine Skiing – LIVE** **2.15 Biathlon – LIVE** World Cup action.	**6.00am** **Hold the Back Page** **7.00 Sky Sports Centre** **8.00 Aerobics Oz Style** **8.30 Racing News** **9.00 Ringside Special** **11.00 World Pool League** **12noon** **Gillette Soccer Saturday** Jeff Stelling presents the most comprehensive football results service, including post-match interviews with the men who matter and detailed analysis from the Sky Sports pundits. The studio regulars include such esteemed former footballing greats as Rodney Marsh, Frank McLintock, Clive Allen and George Best.	**6.00am Sports Unlimited** **7.00 Aerobics Oz Style** **7.30 Racing News** **8.00 Soccer Am** Morning football magazine, looking ahead to the day's league action. **12noon** **Australian Rules Football** Another season of Australian Rules Football. **2.00pm World Wide Rugby: Super 12** The latest action from the Super 12 season as the top clubs from South Africa, New Zealand and Australia take part in one of the best competitions on the planet.	**8.30am Super League: Hull v St Helens** **10.00 Australian Rugby League** **12noon Ford Golf USA: Bay Hill Invitational** Florida's Bay Hill Club and Lodge plays host to a tournament which features the US Tour elite in action. **2.00pm World Motor Sport** *World Motor Sport* takes viewers to the heart of the race world and provides an guide to who is racing where, when and how. With a round-up of the biggest and most exciting meetings and a preview of the major events in store, this programme covers some of the fastest drivers in the world.	**8.00am The Flash** **9.00 The Incredible Hulk** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon FILM: Battle in Outer Space** *U'Ryo Ikebe, Kyoko Anzai* Earth does battle with aliens from outer space. *1959* **2.00pm Planet of the Apes** *Tomorrow's Tide*	**6.00am Mad 4 Hits 9.00 Backstage with Boyzone** **9.30 Christina Aguilera – The Story So Far NEW** **10.00 European Top 20** **12noon News Weekend Edition 12.30pm All Access Britney Spears** **1.00 Total Request** **2.00 B*witched Backstage** **2.30 Making the Video: Britney Spears**
MORNING						
3.00 PM	**3.00 Cycling – LIVE** World Cup coverage, featuring the Milan-San Remo classic. Last year Andrei Tchmil won this race and the World Cup.				**3.00 Robocop** *Faces of Eve* Pudface Morgan and his gang use OCP's latest cosmetic product, EVE to unleash a crime wave.	**3.00 Access All Areas Whitney Houston** **3.30 Making the Video: Puff Daddy** A behind-the-scenes look at the wannabe gangster.
4.00 PM	**4.00 Ski Jumping** Action from the World Cup in Planica, Slovenia and the K185 Team event.		**4.00 Extreme Sailing** The most daring seafarers in action risking life and limb for their craft. **4.30 Powerboat and Jetsport World**		**4.00 The Flash** *The Flash – Part I* Lab scientist Barry Allan is struck by lightening and soaked with chemicals which transform him.	**4.00 Select MTV** Richard Blackwood presents a video jukebox, featuring two hours of chat, videos and guest appearances.
5.00 PM	**5.00 Swimming** Coverage from the third day of the World Short Course Championships in Athens, Greece.		**5.00 Max Power** International motorsports show, featuring material from around the world, including both two and four wheel motorsport.	**5.00 Extreme Sailing** The most daring seafarers in action. **5.30 World Wide Rugby: Super 12** The latest action from the Super 12 season as the top clubs from South Africa, New Zealand and Australia take part in one of the best and most consistently exciting rugby competitions on the planet.	**5.00 The Net** *Y2K Total System Failure* The Praetorians prematurely trigger the Millennium Bug in an effort to create havoc.	
6.00 PM		**6.00pm** **Basketball: Uniball Trophy Final – London Towers v Machester Giants – LIVE** Kevin Cadle hosts action from the 2000 Uniball Trophy Final. In last year's event, Manchester Giants ended a decade's wait for silverware success last year and return to defend their title this year. Courtside reports from Suzanne Dando. **8.30** **Fight Night – LIVE** Paul Dempsey introduces another evening of top-of-the-bill boxing action from a fight between two of the world's premier punchers. Commentary and ringside analysis comes from the regular duo of Ian Darke and Glenn McCrory. **10.30 World Wrestling Federation – Late Night: Smackdown** Jim Ross, Kevin Kelly and Michael Cole host another bout of uncut rough and tumble action.	**6.00 Motor Racing: NASCAR Busch – Darlington – LIVE** Motor racing action from the NASCAR Busch series. The 'grand old man' of American motorsport – South Carolina's Darlington Raceway – hosts the latest leg in this popular championship. **8.00 Ford Golf USA: Bay Hill Invitational – LIVE** Golfing action from day three of the Bay Hill Invitational, where the remaining stars are looking towards the final stages. The Bay Hill Club and Lodge in Orlando, Florida, provides the venue for this competition where Tim Herron defeated Tom Lehman in a two-hole play-off to win last year's title.		**6.00 The Crow Stairway to Heaven** *Solitude's Revenge* A released prisoner, hell bent on vengeance, captures his nemesis.	**6.00 News Weekend Edition** The latest music news. **6.30 MTV Live** More live performances from MTV's studios.
7.00 PM	**7.00** **Snowboard – LIVE** Action from the halfpipe event in the FIS World Cup in Livigno, Italy.				**7.00 Amazing Stories** *The Mission – Part I* **7.30 Amazing Stories** *The Mission – Part II* Stars Kevin Costner and Kiefer Sutherland.	**7.00 MTV Presents the Backstreet Boys** A profile of the band.
8.00 PM	**8.00 Tennis** Action from the Sanex WTA Tournament in Indian Wells, USA.				**8.00** **FILM: Late for Dinner** *Peter Berg, Brian Wimmer, Peter Gallagher* A young married man and his best friend awake after being held in suspended animation for 29 years. He sets out to find his now middle-aged wife. *1991*	**8.00 EMA '99: Access All Areas** **8.30 All Access Britney Spears** A behind-the-scenes look at the teen starlet.
9.00 PM	**9.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Indian Wells, USA.				**9.45** **Sci-Focus Special**	**9.00 Madonna Rising** A look at one of the most influential female stars of recent times.
10.00 PM	**10.30 SportsCentre** Sports news. **10.45 Rally** Action from Portugal.			**10.00-12midnight Australian Rugby League** Australian Rugby League once again showed its mettle by destroying their British Lions counterparts over the summer, and here its players return to domestic action.	**10.00 FILM: Universal Soldier** *Jean-Claude Van Damme, Dolph Lungdren* Two dead soldiers are turned into android fighting machines. However, as time passes, the soldiers begin to recover their original memories and realise that they are enemies. *1992*	**10.00 Making the Video: Jennifer Lopez NEW** A look at the making of *Waiting For Tonight.* **10.30 All Access Britney Spears**
11.00 PM	**11.00 Motorcycling** Highlights of today's qualifying practice for the World Championship Grand Prix in Welkom, South Africa.		**11.00 Australian Rules Football** Antipodean action.			**11.00 Making the Video: Mariah Carey** **11.30 Making the Video: Jay-Z NEW** A look at the making of a Jay-Z video.
12.00 NIGHT TIME	**12midnight Motorsports** **12.30am Rally** Coverage of the second-leg of the FIA World Rally Championship in Portugal. **12.45-1.00am SportsCentre**	**12.25am Premiership Shorts: Favourite Game – Southampton v Manchester United** **12.30 Spanish Football** **2.30 Fight Night** **4.30 Max Power** **5.30-6.00am Australian Drag Racing**	**1.00am Motor Racing: NASCAR Busch – Darlington 3.00 World Wrestling Federation – Late Night: Smackdown 4.55 Premiership Shorts: Favourite Game** **5.00 Extreme Sailing** **5.30-6.00am Moto Plus**		**12midnight** **FILM: Street Fighter II** Japanese animation. Civilisation is under attack from the forces of evil. *1995* **2.00am The Hunger** *Wrath of God* **2.30 Armitage III** **3.00-4.00am Lost in Space**	**12midnight The Lick R & B Chart Show** With Trevor Nelson. **1.00am MTV Megamix** **1.30 Downtown** **2.00 brand:new** **3.00 Chill Out Zone** **4.00 MTV Dance Floor Chart Show** **5.00-6.00am Night Videos**

LIVE MOTOR RACING: NASCAR BUSCH – DARLINGTON SKY SPORTS 2 6.00PM

We're off to where the motor racing is at its highest octane – the NASCAR Busch series. The circuit for this race is one of the most respected in American motorsport – South Carolina's Darlington Raceway. The man who all the experts consider the favourite is Jeff Green (pictured) and he aims to halt the dynamic progress of Dale Earnhardt Jr. However, last year's honours went to another great rival speedster, Jeff Burton, who will not relinquish his title easily.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 Nightcalls Live 11.35 Sex Court 12midnight Freeview 12.10am Neil Down Hits Hollywood 12.35 Frisky Hot Fraüleins 1.05 FILM: Alexandra Silk's Black Panties 2.25 New Model File 2.45-4.00am FILM: My Baby Got Back

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Peeping Tom 12.20 Badfellas 12.45 FILM: Just One More Time 1.00 Five Minute Freeview 1.05 FILM continues 2.00 The Five Minute Freeview 2.05 Sex Talk 2.30 FILM: New Wave Hookers III 3.40-4.00am Camilla

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Saturday 18 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 8.00 Emma 9.00 Talk Music 9.30 Greatest Hits: Madness 10.00 The Kate & Jono Show 11.00 The Millennium Classic Years: 1987 12noon Emma 1.00pm The VH1 Album Chart Show 2.00 The Kate & Jono Show

3.00 One Hit Wonders Weekend
What ever happened to Nena and her *99 Red Balloons* and Joe Dolce, the man who kept Ultravox's *Vienna* off the Number One spot? Find out the fate of these and other one hit wonders.

7.00 The Millennium Classic Years: 1998
Music from the year of the Omagh bombing and the year President Clinton admitted infidelity.

8.00 The Kate & Jono Show
With Kate Thornton and Jonothan Coleman.

9.00 Hey, Watch This! – Legends
NEW John Fugelsang takes a look at Brits and Americans and their obsession with legends.

10.00 Behind the Music: Lenny Kravitz
The wannabe Jimi Hendrix looks back at his career with tales of sex, failed relationships and suffering.

11.00 Storytellers: David Bowie
The star performs live in front of an invited audience, and shares the stories behind his hits.

12midnight Pop-Up Video 12.30am Ed Sullivan's Rock'n'Roll Classics 1.00 The VH1 Disco Party
A special edition of video favourites with the emphasis on disco hits.

2.00-6.00am One Hit Wonders Weekend

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Safari Ranger
12.30pm Horse Tales
Gentle Giants
1.00 Crocodile Hunter
Wildlife in Combat
2.00 Gorilla Gorilla
The compelling story of the relocation of a family of ten gorillas from Holland to their new home at Toronga Zoo out in Australia.

3.00 Animals of the Mountains of the Moon
The Last of the Gorillas
Amy Vider visits the mountain gorillas.
4.00 Wild at Heart
Mountain Gorillas
4.30 Champions of the Wild
Mountain Gorillas with Pascale Sicotte

5.00 The Aquanauts
Includes footage of free-diving with a World Champion.
5.30 The Aquanaut
More aquatic adventures.

6.00 Croc Files
Steve and Terri Irwin take a wild ride on pigs' backs.
6.30 Croc Files
Steve and Terri Irwin chase freshwater crocodiles.

7.00 Crocodile Hunter
Forces of Nature
Steve Irwin joins the US military at the half million acre Elgin Air Force Base.

8.00 Emergency Vets
Dr. Craig Webb has to clear the lungs of a two-year old beagle.
8.30 Emergency Vets
More urgent cases.

9.00 Untamed Africa
The End of the Story
This final episode takes a look at the intimate stories of the animals in the Masai Mara National Reserve.

10.00 Tiger Hunt – the Elusive Sumatran
Follow the Sumatran Tiger Project Team as they capture the rare Sumatran Tiger in it's natural habitat.

11.00-12midnight Swift and Silent
Spectacular footage of the largest and most dramatic spotted cats in the world.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Home and Away Omnibus 11.20 Words With 11.45 Baywatch
The adventures of a group of lifeguards on California's glamorous Malibu Beach.
12.30pm Bedrock
Fun with celebrity guests, music, bedroom webcams and e-mail activity.
2.30 Football First
Live football updates from around the country, using the latest technology to bring the latest scores from England and Scotland.

6.00 Heartbeat
Nostalgic police drama series set in a Sixties Yorkshire village where there's always something happening.

7.00 The Planet's Funniest Animals
The best home videos of viewers' pets.
7.30 The Darling Buds of May
Comedy drama based on H E Bates's stories.
8.30 David Jason in His Element
Once in a Lifetime – but Only Once!

9.00 Touch of Frost
Care and Protection
The first story featuring Detective Inspector Jack Frost, a policeman who uses his own methods. Frost is under enormous pressure when the search for a missing child unearths evidence of a crime that took place thirty years earlier.

11.00 March in Windy City
Espionage drama in which a former British secret agent is brought out of retirement to carry out one last assassination.
1.00am Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
3.00-3.30am Club@vision
Series on clubs, clubbing and dance music culture.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 House Proud 9.00 The Green Room 9.30 The Flower Show 10.00 Gardeners' World 10.30 Garden Magic 11.00 Crewless 12noon Holiday in Style 1.00pm Big Kevin, Little Kevin 1.30 Antonio Carluccio's Italian Feast 2.00 The Naked Chef 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm Arena People: John Wells
3.50 Motown Live
Christmas special.
4.50 The First, the Last, My Everything
Celebrities discuss their favourite things.

5.20 The First, the Last, My Everything
5.50 The First, the Last, My Everything
Celebrities discuss their favourite things.
6.20 The First, the Last, My Everything
6.50 Sounds of the Sixties
The First Steps
Ten-part music series.
7.25 Sounds of the Sixties
1964-5: Getting In on the Act

8.00 Arena People: John Wells
An affectionate profile of the satirist John Wells, creator of the *Dear Bill* letters in *Private Eye*.

9.00 Rock Family Trees
The Prog Rock Years
A look at some of the biggest bands associated with progressive rock.

10.00 FILM: The Man Who Fell to Earth
David Bowie, Rip Torn, Candy Clark, Buck Henry
Sci-fi fantasy in which an alien visits Earth in search of water for his dying planet and falls victim to his hosts. *1976*

12.40am Sounds of the Sixties 1.10 Sounds of the Sixties 1.40 Rock Family Trees 2.30-3.00am The First, the Last, My Everything
Celebrities discuss their favourite things.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Deadly Liaisons 7.30 Crocodile: A Wildlife Special 8.30 Immortal Salamander 9.00 Shark Encounters 10.00 Secrets of World War II 11.00 Secrets of World War II 12noon Tomorrow's World Plus 1.00pm Dinosaurs in Your Garden 2.00 Deadly Liaisons 2.30 Crocodile: A Wildlife Special
With David Attenborough.

3.30 Immortal Salamander
A look at a survivor from the age of the dinosaur.

4.00 Shark Encounters
Michaela Strachan goes in search of the true nature of man-eating sharks from California to South Africa.

5.00 Top Gear GTi
A specially extended edition of *Top Gear*, with extra information, interviews and consumer tips from the team.

6.00 Around the World in 80 Days
Far East and Farther East
Michael Palin sails out of Shanghai on a ferry bound for Japan.

7.00 The Cruise
Double or Quits
Gambler Norman plans to take the casino by storm.
7.30 The Cruise
Stormin' Norman

8.00 Born to Be Wild with Martin Clunes
Martin Clunes assists a team from the Born Free Foundation in the release of a 26-year-old elephant.

9.00 HMS Splendid – Under the Sea
The *Splendid*'s crew have a chance to relax in San Diego before completing the mission.

10.00 Top Gear GTi
A specially extended edition of *Top Gear*, with extra information, interviews and consumer tips from the team.

11.00 Secrets of the Paranormal 11.30 Secrets of the Paranormal 12midnight-1.00am Louis Theroux's Weird Weekends

UK PLAY:
1.00am Smashie and Nicey's Top of the Pops Party 2.00 Goodness Gracious Me 2.35 The Fast Show 3.10 Fast Show 3.45 Stella Street 4.00 Hey DJ 4.30 TOTP Plus 5.00 Pulp's Dream Performances 5.30 Pick 'n' Mix 6.00 Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Simply Puddings 10.00 In Season 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Cookshop 12noon Classic Dishes 12.30pm Ross on the Range 1.00 Coxon's Kitchen College 1.30 Five-Star Cooking 2.00 Food Network Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Oats and Oatmeal
Tessa prepares banana oat muffins.

4.00 Simply Baking
Scones
4.30 Tastes of Britain
Dorinda Hafner visits Bristol's Caribbean community in St Paul's.

5.00 Flash in the Pan 5.30 Classic Dishes 6.00 Coxon's Kitchen College 6.30-7.00pm Peter Gordon's Pacific Food

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Last of the Living Fossils
Can the global demise of turtles and frogs be prevented?

8.00 Islands of the Iguana
A look at the islands of Fiji, which are the only home of the rare multi-coloured, banded iguana.

9.00 Sharks of Pirate Island
Cocos Island was once a pirate base and its waters are home to the elusive hammerhead shark.

10.00 The Secret Leopard
This award-winning film reveals the family life of Africa's most charismatic animal – the leopard.

11.00 Explorer's Journal
Wild Vision
Two cameramen and an artist are out to capture the ultimate wildlife picture.

12midnight-1.00am Eternal Enemies
Lions and Hyenas
Fierce competition and chases, brutal killings and the miracle of life are all part of the ancient war between African lions and hyenas.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky 5.30 100% 6.00 Family Fortunes 6.30 Beadle's About 7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
Gameshow presented by Bobby Davro.
8.00 The Crystal Maze
A team faces a variety of challenges in four zones.
9.00 Gladiators 10.00 Family Fortunes 10.30 Beadle's About 11.00 Celebrity TV Bloopers 12midnight Absolute Cobblers 12.30am The Cooler 1.00 3-2-1 2.00 Karaoke Challenge 2.30 Absolute Cobblers 3.00 Simply Irresistible 3.30 The Krypton Factor 4.00 Say the Word 4.30 100% 5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 Auto Stories 8.30 The New Yankee Workshop 8.55 This Old House with Steve and Norm 9.30 This Old House with Steve and Norm 10.00 Rex Hunt Fishing Adventures 10.30 Go Fishing 11.00 Hooked on Fishing 11.29 The Home and Leisure House 11.30 Grundy Goes... 12noon Home Again with Bob Vila 12.30pm Home Again with Bob Vila 1.00 Our House 1.30 Space Invaders 2.00 Kingsbury Square 2.30 Whacky Racers 3.00 Set in Stone 3.30-4.00pm Away with Words

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 Club@vision 11.45 Scratch TV 12noon That Film Show 12.30pm Got Any Gear? 12.45 Come On 1.00 Freesports 1.15 Freesports 2.00 Trainspotters 2.30 That Film Show 3.00 Club@vision 3.45 Scratch TV 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life

Saturday 18 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog 12noon Cartoon Theatre 2.00pm Ed, Edd 'n' Eddy Marathon
Hours of namesake nonsense with the three friends who are always trying to come up with new schemes to buy jawbreakers.

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon is staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it. Today's semi-final is between the winners from Saturday 4th and Sunday 5th.

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights of Tir Na Nog 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie Indiana: The Other Dimension 11.50 Casper 12noon It's Your Call 2000: Mystic Knights of Tir Na Nog v Mad Jack 2.15pm Silver Surfer 2.40 The Tick

3.05 Mortal Kombat
The chosen warriors brought the invaders.
3.30 Monster Rancher
Monster cartoon.
4.00 Power Rangers in Space
The Power Rangers blast back into space.
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
Dennis and Gnasher team up with their pals.
5.30-7.00pm FILM: Hero Turtles: The Next Mutation – East Meets West
The Hero Turtles take on Shredder's evil successor, Dragon Lord.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.30 Straight Talk 8.00 Weekend 24 9.00 News 10.30 Straight Talk 11.00 News 11.30 Simpson 12noon News 12.30pm Seven Days 1.00 News 2.30 Straight Talk 3.00 News 5.30 Scoreline 6.00 News 6.30 Scoreline 7.00 News 7.30 Sportsday 8.00 News 8.30 Simpson 9.00 News 9.30 Straight Talk 10.00 News 10.30 Movies 11.00 News 12.30am Seven Days 1.00 News 2.30 Simpson 3.00 News 3.30 USA 4.00 News 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Health 6.30 Business 7.30 World Beat 8.30 Sport 9.30 Europe 10.30 Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 Report 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Inside Africa 5.30 Showbiz Weekend 6.30 Hot Spots 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World 11.30 Europe 12.30am Health 1.00 WorldView 1.30 License 2.00 Larry King 3.00 World 3.30 Both Sides 4.30-5.00am Evans, Novak, Hunt & Shields

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Technofile 10.30 Showbiz Weekly 11.30 Fashion TV 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Showbiz Weekly 4.30 Technofile 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 Fashion TV 10.00 Sky News at Ten 12.30am Showbiz Weekly 1.30 Fashion TV 2.30 Technofile 3.30 Review 4.30 Answer the Question 5.30-6.00am Showbiz Weekly

INTERNATIONAL

3SAT 5.35am 7 Tage anders Fernsehen 5.45 Chronik der Wende 6.00 Englisch für Anfänger 6.30 Bon Courage 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Nano 9.15 Slowenien Magazin 9.45 Euro Austria 10.15 Stadt-Land-Österreich 11.00 Quer 11.45 Rückblende 12noon Hits of the 90s 12.45pm Chronik der Wende 1.00 Neues... 1.30 Titel Folgt 2.15 Frauensache 2.45 Offen 3.05 Tom Crosby und die Mäusebrigade 4.30 Tips and Trends 5.00 Millionen Gehen in die Luft 6.00 Glacionauten 7.00 Heute 7.20 Porträt Theodor Kramer 8.00 Tagesschau 8.15 Pique Dame 9.40 Drama in der Firma! 10.25 Boulevard Bio 11.25-12.10am Seitenblicke-Revue

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 6.45 Silence ça Pousse 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Archimède 9.00 Journal Télévisé 9.15 La Physique en Forme 9.30 Branché 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Image de Pub 11.20 France Feeling 11.30 Journal Télévisé 12noon Infos 12.05pm Reflets 1.00 Journal Télévisé 1.15 Bouillon de Culture 2.30 Les Inventions de la Vie 3.00 Journal Télévisé 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Argent Public 6.30 Autovision 7.00 Journal Télévisé 7.30 Journal 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 10.30 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Thekikaat 4.30 Videocon Flashback5.00 Aainey 6.00 Ek Mulaqat 6.30 MTV 123 7.30 Non-Stop Hungama 8.00 MTV Gao Baby Gao 8.30 Junoon 9.00 FILM 12midnight MTV 123 1.00am FILM 4.30 Junoon 5.00 Aainey 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Vaar Vaar Parivaar 6.30 Shabads 7.00 Jaagran 7.30 News 8.00 Pakistan Business 8.30 Aashiana 9.00 Choti Baatein 9.30 Entertainment 10.00 Quiz 10.30 Legend 11.00 Ru Ba Ru 11.30 Khana Khazana 12noon FILM 3.00pm Show Time 5.00 Khoobsurat 5.30 Rishtey 6.30 Hum Paanch 7.00 Callmate 8.00 News 8.30 FILM 11.30 Saath Saath 12midnight News 12.30am Shapath 1.00 Most Wanted 2.00 FILM 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 CMTV 7.00 Jack van Impe Presents 7.30 Kids' Club 8.00 Donut Man 8.10 Beginner's Bible 8.40 Blood and Honey 9.00 This Generation 9.30 Jesse 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am European Weekly Review 2.15 City Diary 4.15 Money 4.45 European Weekly Review 5.45-6.00am Financial Goals

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 10.00 Scottish Parliament 12noon Parliamentary Coverage 2.00pm PMQs 2.30 Hearts and Minds 3.00 Welsh Assembly 5.00 Parliamentary Coverage 11.30-12midnight Straight Talk

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Super Structures
Sea Wolf
The story of the most complex military machine of the 20th century.

5.00 PM

5.00 Extreme Machines
Diving Deep
An examination of the machines that allowed man to explore the ocean.

6.00 PM

6.00 Code Red
When a submarine is stranded on the floor of the ocean, it is an emergency which continues to challenge scientists today.

7.00 PM

7.00 Ocean Cities
In Japan, futuristic dreams of floating cities have become a reality thanks to the vision and expertise of modern engineers.

8.00 PM

8.00 Raising the Mammoth
A two-hour special charting the attempt to uncover an intact mammoth corpse in Siberia. It traces the findings from the expedition and takes a look at the history of the beast which appeared in Africa 4000 years ago.

9.00 PM

10.00 Dangers of the Ice Age
An examination of the hazards presented by ice ages, climatic cycles and seasons.

10.00 PM

11.00 Forensic Detectives
Broken Vows
An investigation into the role of pathology in helping to solve crimes.

11.00 PM

12midnight Extreme Machines
Diving Deep
An examination of the mechanical aids, both ancient and modern, that have allowed man to explore the ocean depths.
1.00am-2.00am Code Red
A look at emergencies.

12.00 NIGHT TIME

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Make Room For Daddy – Part II
7.30 Desmond's
8.00 Cheers
The Improbable Dream – Part I
8.30 Mad About You
Togetherness
Jamie hires Paul.
9.00 FILM: Prizzi's Honour
Jack Nicholson, Kathleen Turner, Robert Loggia
Comedy. A mafia hitman gets more than he bargained for when he falls in love with a fellow hit woman. She then proceeds to get him into a sticky situation with his paymasters. *1985*
11.20 Newman and Baddiel – Live from the Shaftesbury Theatre
Before football and novels intervened there was a comedy double-act.
12.50am Armstrong and Miller 1.20 Morwenna Banks Show 1.50 Duckman 2.20 Hitz 2.50 Rex the Runt 3.00 It's Garry Shandling's Show 3.30-4.00am Almost Perfect

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! 8.00 Kids Shop! 9.00 Shop! Feature 9.30 Technology Shop! 10.00 Sports Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Home Shop! 2.30 Entertainment Shop! 3.30 Kitchen Shop! 4.30 Clothes Shop! 5.30 Shop! Selection 6.00 Jewellery Shop!
The latest range of diamond-look jewellery.
7.00-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

TNT
FAMILY PACK

7.00-9.00pm Cartoon Theatre
An extended animated special feature.

9.00pm Classic WCW Nitro
More wrestling action from the USA.

12midnight-1.00am The Dukes of Hazzard
Boss Behind Bars

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon
Ancient Gold of Troy
12.55pm
100 Years of Labour
1.00 The Mustang
2.00 Biography
Grace Kelly
3.00 Artillery
3.30 Spies
Hunt for the A-Bomb Spies
4.00
Great Crimes and Trials
Ted Bundy – Serial Killer
4.30
Great Crimes and Trials
5.00 Clash of Wings
6.00 Occult
History of Third Reich
Heinrich Himmler
7.00 Biography
Claus von Bülow
8.00 Biography
Oliver Cromwell
Portrait of the Lord Protector.
9.00-10.00pm Biography
The Real Pinochet

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Kirks Folly Fashion Jewellery at 3.00pm.

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CAMERA	425	40 PCE TOOL KIT	345

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Sunday 19 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Directors: The Films of Alan Pakula
7.00 The Legend of Cryin' Ryan *1998, rating Sky PG, 89 mins*
9.00 McCinsey's Island Text *1997, rating Sky PG, 89 mins*
11.00 Zeus and Roxanne *1997, rating Sky U, 94 mins*
1.00pm Fools Rush In *Matthew Perry, Salma Hayek* Text *1997, rating Sky PG, 105 mins*
2.45 McCinsey's Island *Hulk Hogan, Grace Jones, Todd Sheeler, Robert Vaughn* Comic adventure movie. A secret agent decides to retire to a peaceful life on the remote, tropical island of McCinsey. However, when news gets out that there is treasure buried on the island, he gets caught up in a treasure hunt. Text *1997, rating Sky PG, 89 mins*
4.30 Barry Norman's Film Night More movie news and views.
5.00 Cop and a Half *Burt Reynolds, Norman D Golden II, Ray Sharkey* Family comedy. An eight-year-old kid with a dream to become a cop has his wishes fulfilled. He witnesses a crime but refuses to disclose any of the details unless the police allow him to join up. *1993, rating Sky PG, 89 mins*
6.40 Superman *Christopher Reeve, Margot Kidder, Gene Hackman* Family adventure, featuring the popular superhero with a penchant for battling evil where he finds it. As a mild-mannered reporter at the Daily Planet he is unrecognisable as the superhero. But away from his journalistic duties, he faces the world's greatest criminal mind, who plans to take over the world. *1978, rating Sky PG, 138 mins*
9.00 Armageddon *Bruce Willis, Ben Affleck, Liv Tyler, Steve Buscemi* Disaster-themed blockbuster. A meteor is heading towards the Earth and NASA discovers that, to stand any chance of destroying it, they must literally bore into the rock to plant explosives. To that end they enlist the planet's top drilling expert and his crew of misfits and outcasts, sending them into space to take on the toughest challenge of their lives. Text *1998, rating Sky 12, 145 mins*
11.35 Hi-Life *Eric Stoltz, Daryl Hannah* Comedy. Text *1998, rating Sky 15, 82 mins*
1.05am The Proposition Drama set in the Thirties. Text *1998, rating Sky 12, DS, 107 mins*
3.00 The Myth of Fingerprints Text *1997, rating Sky 15, 87 mins*
4.35-6.00am The Directors: The Films of Alan Pakula

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Malaika *1998, rating Sky PG, 89 mins*
8.00 Sword of the Valiant *Miles O'Keeffe, Sean Connery* *1982, rating Sky PG, DS, 97 mins*
10.00 Justice League of America *Michelle Hurd, Kenny Johnston* *1997, rating Sky U, 83 mins*
12noon Snowboard Academy *Corey Haim, Brigitte Nielsen* *1997, rating Sky PG, 85 mins*
2.00pm Malaika *John Laughlin, RD Call, Karen Black, Willie Gault* Family adventure about four young children and their mother who take on a greedy hunter in a desperate bid to save an African elephant. *1998, rating Sky PG, 89 mins*
4.00 Sword of the Valiant *Miles O'Keeffe, Sean Connery, Leigh Lawson, Trevor Howard* Fantasy. A Green Knight appears to challenge the knights of King Arthur's court to face him in a battle. Sir Gawain is the only one brave enough to face him and, in order to survive, he must solve the Green Knight's riddle. *1982, rating Sky PG, DS, 97 mins*
5.45 UK Top Ten
6.00 Prefontaine *Jared Leto, R Lee Ermey, Ed O'Neill, Lindsay Crouse* Biopic which tells the life story of an Olympic athlete. In high school, the young sportsman took up running after failing to make it as a football star. His determination to succeed took him all the way to the top before a car crash took his life. *1997, rating Sky PG, 102 mins*
8.00 Next of Kin *Patrick Swayze, Liam Neeson, Adam Baldwin, Helen Hunt* Culture-clash action-thriller. A cop travels to Chicago, when he learns that his younger brother has been murdered by a ruthless crime mob. Bringing with him his own investigative tactics, he turns the streets of Chicago into the setting for a violent clash. *1989, rating Sky 15, 104 mins*
10.00 Replacement Killers *Chow Yun-Fat, Mira Sorvino, Michael Rooker, Kenneth Tsang* Non-stop gun battle in the Hong Kong action tradition. When a contract killer refuses to carry out a killing for a crime lord, he goes on the run, becoming tangled up with a feisty forger. Text *1998, rating Sky 18, 84 mins*
11.30 Body Count *David Caruso, Linda Fiorentino* Drama. Text *1997, rating Sky 18, 81 mins*
12.55am Liar Text *1997, rating Sky 18, 98 mins*
2.40 The Entity *1983, rating Sky 18, 120 mins*
4.45-6.30am Snowboard Academy *1997, rating Sky PG, 85 mins*

SKY CINEMA
PREMIUM CHANNEL

11.00am The Bitter Tea of General Yen *Barbara Stanwyck, Toshia Mori* *1932, rating Sky PG, 84 mins*
12.30pm The War of the Worlds *Gene Barry, Anne Robinson* *1953, rating Sky PG, 82 mins*
2.00 Memphis Belle *Matthew Modine, Eric Stoltz, Tate Donovan, Billy Zane, DB Sweeney* Real-life World War II drama following the young crew of the B-17 Flying Fortress bomber, the Memphis Belle, on their 25th and final flight over Germany. *1990, rating Sky PG, 103 mins*
3.50 The Tin Star *Henry Fonda, Anthony Perkins, Betsy Palmer, Michel Ray* Western. A young, inexperienced sheriff teams up with a former lawman turned bounty-hunter to round up some local trouble-makers. In doing so he hopes to learn more about the job. Text *1957, rating Sky U, 89 mins*
5.30 Terror by Night *Basil Rathbone, Nigel Bruce, Dennis Hoey, Alan Mowbray* Sherlock Holmes adventure. The master detective passes an eventful train journey across Britain, by guarding a jewel. *1946, rating Sky U, 57 mins*
6.30 Sherlock Holmes and the Secret Code *Basil Rathbone, Nigel Bruce, Edmond Breon, Patricia Morison* Sherlock Holmes adventure. The great detective hunts for thieves. *1946, rating Sky U, 69 mins*
7.45 Cinema Nation
8.00 Ghostbusters II *Bill Murray, Dan Aykroyd, Sigourney Weaver, Ernie Hudson* Sequel about the return of the spirit world's worst enemies. This time, the team's supernatural foe is an ancient evil warrior who, caught in the framed constraints of an old oil painting, is attempting to re-enter the world of the living via a baby. *1989, rating Sky PG, DS, 104 mins*
10.00 Leap of Faith *Steve Martin, Debra Winger* Comedy. The outspoken head of a revivalist ministry roams America with his touring roadshow. In exchange for all the sermons and miracles, his audiences are expected to part with large sums of cash. *1992, rating Sky PG, DS, 104 mins*
11.50 Two for the Road *Audrey Hepburn, Albert Finney* Romantic comedy about a married couple. *1967, rating Sky PG, 106 mins*
1.45am Ghostbusters II *Bill Murray, Dan Aykroyd* *1989, rating Sky PG, DS, 104 mins*
3.35-6.00am Operation Secret *Cornel Wilde, Steve Cochran* *1952, rating Sky PG, 104 mins*

Liv Tyler and Ben Affleck enjoy a meteoric romance in the disaster blockbuster 'Armageddon'. Sky Premier 9.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm The Train *Burt Lancaster, Paul Scofield, Jeamme Moreau, Michel Simon* Action-packed wartime thriller. A French railwayman with Resistance sympathies is determined to foil a Nazi plot to make off with France's national art treasures before Paris is liberated by the Allies. He attempts to slow the train carrying the paintings back to Germany. *1964, 128 mins*
8.15 The Incredibly True Adventures of Two Girls in Love *Laurel Holloman, Nicole Parker,* Love story which follows a tomboy, who lives with her gay aunt, and her schoolfriend from a successful background. Their affections for each other grow over time. *1995, 90 mins*
9.45 Eyeball Tennis
10.00 Halloween *Donald Pleasence, Jamie Lee Curtis, Nancy Loomis* Horror movie. A psychiatrist goes in pursuit of a serial killer escaped from his establishment. The killer goes on the rampage and a teenager sees all her friends slaughtered before fighting back. Text *1978, 93 mins*
11.45 Black Christmas *Olivia Hussey, Keir Dullea* Slasher film set in a University sorority house. *1974, 93 mins*
1.20am Hoop Dreams Documentary following the progress of a pair of wannabe NBA basketball stars. *1994, 171 mins*
4.15-6.00am Eversmile, New Jersey *1989, 81 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00 Anna and the King of Siam *Irene Dunne, Rex Harrison, Linda Darnell, Lee J Cobb* Drama adapted from the book by Margaret Landon. The film chronicles the real-life story of an English governess who arrives in Thailand in the mid-19th Century to tutor the King of Siam's offspring, and was later made into the musical *The King And I.* Text *1946, 128 mins*
9.15 The Long Hot Summer *Orson Welles, Paul Newman, Joanne Woodward, Lee Remick* Drama. A moody and aggressive drifter becomes involved with a wealthy Mississippi family. The domineering patriarch is so disgusted by his weak-willed son that he decides to make the drifter his heir and marry him to his daughter. Text *1958, 115 mins*
11.30 The Owl and the Pussycat *Barbara Streisand, George Segal* Romantic comedy. A prudish bookstore assistant reports his fellow tenant for prostitution, only to have her move in with him after eviction. *1970, 95 mins*
1.30am Girl on a Motorcycle Cult adventure. *1968, 85 mins*
3.15 The Long Hot Summer Drama. Text *1958, 115 mins*
5.30-7.00am North of the Great Divide Western. *1950, 67 mins*

SKY box office
A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers in the Pacific island of Guadalcanal. The men from Charlie Company are trying to find the strength to carry on fighting. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 12noon, 3.00pm, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine. But not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman Text *1998, rating Sky 12, 111 mins,*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am.

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist but first he must get through his stag night and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz and Jeanne Tripplehorn. Text *1998, rating Sky 18, 96 mins*
PLAYS at , 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Sunday 19 March

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power
7.00 Count Duckula
7.30 Rescue Heroes
8.00 Pokémon
8.30 The Simpsons Text
9.00 Tintin
9.30 Mummies Alive
10.00 Dream Team Omnibus
11.00 WWF – Metal
12noon WWF – Superstars
1.00pm Nightman
2.00 Early Edition Text

3.00 Sliders
Into the Mystic
The Sliders land on a strange world where interaction with paranormal forces is considered perfectly normal.

4.00 Star Trek: Deep Space Nine
Through the Looking Glass
In a parallel universe, Sisko is forced to assume the role of his dead counterpart. Text

5.00 Star Trek: Voyager
Warlord
When an alien warrior dies on *Voyager*, his spirit takes over Kes's body in an attempt to complete his battle plans. Text

6.00 The Simpsons
Homer the Smithers Text

6.30 The Simpsons
Dumbbell Indemnity
Moe tries to involve Homer in an insurance scam. Text

7.00 King of the Hill
Bills are Made to Be Broken
Bill gets the chance of a lifetime.

7.30 Friends
The One with the Girl Who Hits Joey

8.00 The X-Files
Biogenesis
Mulder believes that metallic objects discovered in Africa are proof that life originated elsewhere in the universe. Text

9.00 The X-Files
The Sixth Extinction
NEW SERIES Scully tries to unlock the secrets of Mulder's affliction. Text
● FEATURE: pages 6-7

10.00 British Tribes
NEW SERIES Inspired by intrepid scholars and anthropologists, this series takes a look at a unique species that has been strangely overlooked: Homo Britannicus.

11.00 South Park
Millennium
More foul-mouthed fun.

11.30 Forever Knight
Outside the Lines
An undercover officer becomes the prime suspect in a murder.

12.30am LAPD
A man attacks his girlfriend, and gang members open fire on a van.
1.00 Married... With Children
Banking on Marcy
Marcy has to deliver bad news. Text
1.30 The Untouchables
Voyeur
2.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 The Two Ronnies
8.20 Blake's Seven
Mission to Destiny
9.25 Dr Who
Attack of the Cyberman
11.20 Dynasty Omnibus
1.10pm FILM: Doctor in Trouble
Leslie Phillips, Harry Secombe, James Robertson Justice
Medical comedy. *1970*
2.55 The Bill Omnibus
Beech twists the knife when a raid on a burglar's house results in a charge of police brutality against Greig. PC Quinnan's whereabouts are questioned when he fails to notice an injured woman on the station doorstep. Doubts are raised about Slater's abilities when he appears to mishandle two violent thugs at a party. A mistake by Keane has Monroe on the warpath. Boulton's investigation into the activities of a notorious Sun Hill bookie raises suspicions about Beech's private life.

5.25 To the Manor Born
Audrey and her friends hatch a plan to foil De Vere's plans to destroy the countryside. With Penelope Keith and Peter Bowles.

6.00 Heartbeat
Bad Blood
Nick investigates a malicious burglary. Greengrass is discovered handling stolen goods. An old boyfriend of Gina's arrives in Aidensfield.

7.05 Keeping Up Appearances
Comedy with Patricia Routledge.

7.45 The Hello Girls
The First Day
Sitcom set in the late 1950s.

8.25 Porridge
Pardon Me
Fletch meets a man who has been in prison for 17 years for a crime he always claimed he didn't commit.

9.05 Men Behaving Badly
Lovers
Gary invents a rampant past.

9.45 Men Behaving Badly
Bed
Tony is sent out in the night to mend a banging fence.

10.25 Alan Davies: Urban Trauma
The stand-up comedian Alan Davies performs on stage at the Duchess Theatre in London's Covent Garden.

11.25 Hetty Wainthropp Investigates
A High Profile
On her 60th birthday, a woman decides to start a new career as a private detective.

12.25am
Hetty Wainthropp Investigates
Safe as Houses
1.25 Casualty
Things We Do for Love
2.20-3.00am Whatever
Happened to the Likely Lads?

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.30 Brookside Omnibus
12.30pm FILM: The Waiting Game
Chandra West, Paula Abdul, Jonathan Crombie, Art Hindle
Romantic drama in which two female artists seek the ideal man. *1998.*
2.20
FILM: The Man with Three Wives
Beau Bridges, Joanna Kerns, Pam Dawber, Kathleen Lloyd
Fact-based drama telling the story of a dedicated surgeon and devoted husband and father, who falls victim to his own tangled web of obsession and deceit. *1993*

4.20 Maury Povich
Double bill of the talk show dealing with emotional conflicts, hosted by the veteran American broadcast journalist.

6.00 Special Babies
Documentary series on babies born with special needs.

6.30 Life, Camera, Action
Another helping of real-life drama caught on camera.

7.00 Judge Judy
Double bill of the show in which New York City's outspoken family court judge, Judy Sheindlin, presides over a series of real-life cases and conflicts.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. With Lucy Bell and Peter Mochrie.

9.00 Profiler
Suspense thriller series about a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.

10.00 Jerry Springer
Double bill of the outrageous American talk show. The former Mayor of Cincinnatti, Jerry Springer, and his guests engage in lively – and very often heated – discussion about relationship issues.

11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Plus on Plus 7.30 The Bounder 8.00 Fiddlers Three 8.30 Supersonic 9.00 Hawaii Five-0 10.00 Charlie's Angels 11.00 Hogan's Heroes 11.30 Nearest and Dearest 12noon Hallelujah 12.30pm Terry and June 1.00 The Lovers 1.30 A Fine Romance 2.00 Cagney and Lacey

3.00 Classic Coronation Street – The Omnibus
Mike Baldwin lures Christine Millward to his flat on the pretext of looking at her designs. Henry confesses to Hilda that he doesn't have a job at all. The factory girls start production on Christine's Flying Suit designs, and Mike persuades Christine to go to London with him to sell the product. Kevin takes up Emily's offer and moves in with Curly. Phillis is still hoping that Percy will take her to the dance. Text

5.30 Brian Conley – This Way Up
Comedy quiz show.

6.00 The Memoirs of Sherlock Holmes
The Dying Detective
The sleuth helps a young widow and takes on a corrupt and murderous doctor.

7.00 Poirot
One, Two, Buckle My Shoe
Poirot dislikes his dentist. But one of his patients likes him even less – and shoots Mr Morley minutes after Poirot leaves his surgery. Among the numerous suspects are an unpleasant Greek man, a wild young American who looks like a murderer and a former actress with a distinctive buckle on her shoe.

9.00 Cribb
Waxwork
Period drama series exploring the darker aspects of Victorian life.

10.30-11.00pm Tales of the Unexpected

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme. Text

11.30 Motormania!
A look at why people are passionate about their vehicles.

12midnight Ferrari – The Myth of the Prancing Horse
The series which traces the history of the Ferrari car. Text

12.30am Drivetime
The Bugatti Story – Part II
The programme which covers every aspect of motoring, from saloon car racing to vintage car greats.
1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 New Adventures of Winnie the Pooh 6.40 Art Play 6.45 Classic Toons 6.55 The Adventures of Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear in the Big Blue House 7.50 Rolie Polie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 100 Deeds of Eddie McDowd 12.30pm Incredible Story Studio 1.00 FILM: Sword in the Stone *1963* 2.15 Classic Toons 2.30 Mickey Mouseworks

3.00 101 Dalmatians
Canine capers and daring doggy deeds make for frantic fun. Text

3.30 Timon and Pumbaa
Animated adventures with the *Lion King* characters. Text

4.00 FILM: Aladdin and the King of Thieves
The Voices of Robin Williams, Scott Weinger, Linda Larkin
Adventure. Aladdin and Jasmine finally tie the knot. But with the genie organising things, there's bound to be matrimonial mayhem in store. Text *1995*

5.20 Honey, I Shrunk the Kids: The TV Show
Honey, You've Got Nine Lives

6.00 Smart Guy
Something Wicked This Way Comes Text

6.30 Boy Meets World
The Last Temptation of Cory
Cory becomes irresistible. Text

7.00 FILM: Pete's Dragon
The Voices of Helen Reddy, Mickey Rooney, Jim Dale
Musical comedy. A magical and sometimes mischievous dragon causes chaos in a Maine fishing village when he attempts to help a young orphan escape from his horrible foster parents. *1977*

8.50 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Wrestling with a Problem – and the Chief
Amy's favourite wrestlers hit town, but are injured while visiting the Szalinski house. Text

9.35 So Weird
Paranormal adventures.

10.00 Home Improvement
10.30 Thunderstone Text
11.00 Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Halloween
FilmFour 10.00pm
The first and best in the long-running fright franchise, this landmark stalk-and-slash movie from John Carpenter relies on suspense, rather than gore, to generate its plentiful scares. It made a star of Jamie Lee Curtis, as the baby-sitter terrorised by a masked killer.

GENERAL

The X-Files
Sky One 9.00pm
The new seventh series of the smash-hit extra-terrestrial sleuthing fest begins tonight with the conclusion to the last series' cliffhanger. Scully finds herself examining the strange symbols covering a submerged spacecraft in the hope of finding a cure to Mulder's affliction.

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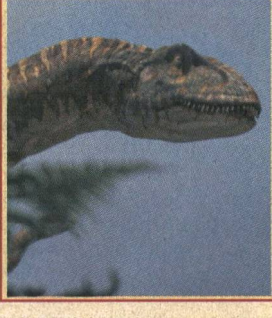
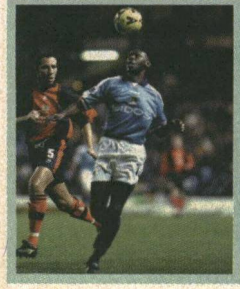


WALKING WITH DINOSAURS 6.00PM
One of the most ambitious ventures ever undertaken by British television, this six-part series uses advanced computer animation, state-of-the-art animatronics and the latest scientific findings to paint a unique picture of the sights and sounds of an endlessly fascinating era.

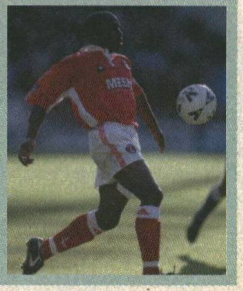
Sunday 19 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Ski Jumping** **8.00 Alpine Skiing – LIVE** **8.45 Motorcycling – LIVE** **9.30 Motorcycling – LIVE** **10.00 Motorcycling – LIVE** Action from the World Championship Grand Prix in Welkom, South Africa, the first race of the season. **2.00pm Alpine Skiing** World Cup racing from Bormio in Italy.	**6.00am Spanish Football** **8.00 Aerobics Oz Style 8.30 Moto Plus 9.00 Australian Drag Racing** **9.30 Fight Night** *Repeat from Saturday* **11.30 World Wide Rugby: Super 12s** **1.30pm Big Fights: Leonard v Benitiez** **2.30 Gillette World Sport Special**	**6.00am Watersports World** **7.00 Aerobics Oz Style** **7.30 Max Power** **8.30 Gillette World Sport Special** **9.00 Soccer Extra** **12noon Motor Racing: NASCAR Busch – Darlington** Motor racing action. **2.00pm Test Cricket – LIVE** Action from one of the latest Test matches.	**12noon First Division Football: Manchester City v Charlton Athletic – LIVE** Action from a First Division top-of-table clash at Maine Road. Both teams have a real chance of automatic promotion to the Premier League. The Addicks left that league last season, while City, are looking to complete a Lazarus-like comeback.	**8.00am The Ray Bradbury Theatre 8.30 Cybernet 9.00 The Incredible Hulk 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon** **FILM: Late for Dinner** *Peter Berg, Peter Gallagher* A man awakes after 29 years. *1991* **1.45pm Sci-Focus Special 2.00 Mystery Science Theatre 3000** *Hobgoblins*	**6.00am Mad 4 Hits 9.00 Making the Video: Puff Daddy 9.30 European Music Awards '99: Access All Areas 10.00 Hit List UK 12noon News Weekend Edition 12.30pm Backstage with Boyzone 1.00 MTV Dance Floor Chart Show 2.00 Keith Flint Racing Prodigy 2.30 European Music Awards '99**
3.00 PM	**3.00 Biathlon** World Cup coverage from Khanty-Mansiysk in Russia, featuring the mass start 15km for men.	**3.00 Ford Super Sunday: Everton v Newcastle – LIVE** Premier League action from Goodison Park as Bobby Robson's side travel to Merseyside hoping to build on their recent revival. After their recent boardroom upheavals, the Toffees will hope to be able to plot a steady course upwards in future under Walter Smith. Everton could just about claim a European place this season and a win here will be crucial if they are to manage this. Richard Keys presents all the action.		**3.00pm Sports Unlimited** A comprehensive look at the world of alternative sports, covering the sports people rarely hear about.	**3.45 Sci-Focus Special** A look behind the scenes of a recent sci-fi movie.	**3.00 Madonna Rising** Before becoming the international megastar she is today, Madonna was a struggling artist in New York City.
4.00 PM	**4.00 Ski Jumping** World Cup action from Planica, Slovenia, featuring the K185 event.			**4.00 Australian Rules Football** Bone-crunching collisions between the Antipodean hardmen in a a new season of Aussie Rules.	**4.00 FILM: Cloak and Dagger** *Henry Thomas, Michael Murphy, Dabney Coleman* Sci-fi thriller. An eleven-year-old boy becomes embroiled in the dangerous world of top secret espionage, intrigue and violence when an FBI agent slips him a film. *1984*	**4.00 Select MTV** Viewers make MTV their personal jukebox. Select *MTV* comes live from London everyday, with two hours of chat, videos and guest appearances from some of the most promising names in pop.
5.00 PM	**5.00 Swimming** Coverage of the fourth and final day of the World Short Course Championships in Athens.					
6.00 PM		**6.30 Super League: Wigan v Leeds – LIVE** Wigan Warriors and Leeds Rhinos, two massive teams hoping for a glittering 2000, lock horns at the state-of-the-art JJB Sports Stadium for what promises to be a cracking Super League encounter where pride as well as points are at stake. **8.45 Goals on Sunday** Clare Tomlinson presents a comprehensive round-up of all the weekend's goals.		**6.00 World Motor Sport** Coverage of all the latest news and views from the world of motorsports. From the frantic pace of the Indy Racing League, to the never-say-die approach of the NASCAR series, *World Motor Sport* features every lap from every track. The programme also includes features on the key movers and shakers in the race world and offers an insight into life behind the wheel from the drivers.	**6.00 Babylon 5** *Survivors* Garibaldi is falsely accused of sabotaging a new construction site aboard *Babylon 5*.	**6.00 News Weekend Edition** **6.30 All Access Britney Spears** Profile of the belly-baring teen temptress.
7.00 PM	**7.00 Alpine Skiing** A special programme focusing on the season's final events in Bormio. **7.45 Ski Jumping** A special focusing on the season's final round.				**7.00 Babylon 5** *By Any Means Necessary* Sinclair's military career and the safety of *Babylon 5* are threatened by the loading dock workers.	**7.00 Christina Aguilera: The Story So Far** **7.30 Making the Video: Jennifer Lopez** A behind-the-scenes look.
8.00 PM	**8.30 Biathlon** World Cup highlights from Khanty-Mansiysk, with a round-up of the season's final events.		**8.00 Ford Golf USA: Bay Hill Invitational – LIVE** Action from the fourth and final day of the 2000 Bay Hill Invitational from Bay Hill Club and Lodge in Orlando, Florida. Find out who fares the best on the final fairways and takes the individual winner's prize of $450,000.		**8.00 PSI Factor – Chronicles of the Paranormal** *Solitary Confinement* Axon and Praeger investigate a prison.	**8.00 Lenny Kravitz: The Story So Far** **8.30 B*witched Backstage** A behind-the-scenes look at the ebulient Irish girls.
9.00 PM	**9.15 Cross-country Skiing** World Cup highlights from Santa Caterina, Italy.			**9.00 Motor Racing: Indy Racing League – Phoenix 200 – LIVE** The second Indy Racing League contest of the new season gets underway at the Phoenix International Raceway. This circuit is regarded as the fastest in the world. The defending champion Greg Ray will face tough opposition.	**9.00 PSI Factor – Chronicles of the Paranormal** *Valentine* Donner is torn between two men – each a suspect.	**9.00 MTV Presents the Backstreet Boys** Footage of some fans who won the chance to meet and quiz the Boys at their Berlin concert in 1999.
10.00 PM	**10.00 SportsCentre** **10.15 Rally** FIA World Rally Championship racing **10.30 Motorcycling** Action from today's World				**10.00 Lexx** *Tunnels* Xev and Stan go on the run in the network of passages beneath the surface of the planet Fire.	**10.00 Keith Flint Racing Prodigy** The Prodigy man goes bike racing. **10.30 MTV Live** Live performance
11.00 PM	Championship Grand Prix races in South Africa.	**11.15 Spanish Football** David Bobin hosts the latest Spanish football action between two teams battling for league points. Commentary from Rob Palmer, Gerry Armstrong and Guy Havord. **1.15am-3.45am Goals on Sunday** Clare Tomlinson presents a special edition of the show, featuring the goals from this weekend's games.	**11.00 Super League: Wigan v Leeds** Highlights from the JJB Sports Super League clash between Wigan and Leeds. With commentary from Stuart Barnes and Miles Harrison. **1.00am-3.00am Motor Racing: Indy Racing League – Phoenix** Action from the second Indy Racing League contest of the new season at the Phoenix International Raceway.	**11.00 Snow Show** Advice for the aspiring skier or snowboarder. **11.30-12midnight Moto Plus** Motoring show.	**11.00 American Gothic** *Damned if You Don't* Bowen pays a heavy price when he refuses to return a favour for Sheriff Buck.	**11.00 brand:new** Zane Lowe presents his customary tongue-in-cheek look at some of the latest new releases, bands and music videos
NIGHT TIME 12.00	**12midnight Rally** Coverage of the FIA World Rally Championship races from Portugal. **12.15am-12.30am SportsCentre**				**12midnight Sleepwalkers** *A Matter of Fax* Nathan and company are approached by a man who is convinced he has killed. **1.00am VR** *Love and Death* **2.00 Project UFO** **3.00-4.00am Lost in Space**	**12midnight The Late Lick** Soul music, appropriate to a late night setting, presented by Trevor Nelson. **1.00am Keith Flint Racing Prodigy** Biking meets dance music. **1.30 MTV Live** **2.00-6.00am Night Videos**

LIVE FIRST DIVISION FOOTBALL: MANCHESTER CITY V CHARLTON SKY SPORTS 3 12NOON



Both Manchester City and Charlton could occupy the two automatic promotion places from Division One come the season's end, so this afternoon's clash at Maine Road will be hotly contested. Star striker Shaun Goater (pictured, left) has been scoring plenty of goals for Joe Royle's team thanks to the support of new signings including Danny Granville from Leeds. Meanwhile Sean Newton (pictured, right) is among those to have driven the Addicks to the top of the table.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Solitaire 11.40 Rendezvous 12midnight Freeview 12.10am Premier Strip 12.20 Department Sex 12.45 FILM: Slow Scream of a Cold Drum 1.55 Andy Cam 2.15 FILM: The Wicked One 3.25-4.00am The Electric Blue Show

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am FILM: The Dinner Party 1.00 The Five Minute Freeview 1.05 FILM continues 1.20 FILM: Haiku 2.30 FILM 3.40-4.00am Marion

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Sunday 19 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 8.00 Emma 9.00 Kate & Jono 10.00 Planet Rock Profiles: Divine Comedy 10.30 VH1 to One: Santana 11.00 Behind the Music: Blondie 12noon Talk Music 12.30pm Greatest Hits: George Michael 1.00 Ed Sullivan's Rock'n'Roll Classics 1.30 Greatest Hits: Boyzone 2.00 Kate & Jono

3.00 One Hit Wonders Weekend
Remember The Crazy World of Arthur Brown? Remember Doctor and the Medics? And who can forget *Kung Fu Fighting*? Well here's your chance to refresh your memory and reaquaint yourself with some of those performers who enjoyed a brief bask in the limelight before slipping, all too quickly, back into that long, dark night of obscurity from which they had so triumphantly – yet so fleetingly – emerged.

7.00 The VH1 Album Chart Show
Paul King counts down the biggest selling albums of the week in the UK.

8.00 The Kate & Jono Show
More irreverent music and chat with VH1's dynamic duo Kate Thornton and Jonothan Coleman.

9.00 Behind the Music: Blondie
The classic New York new-wavers, now back with a vengeance, talk about their ups and downs.

10.00 Behind the Music: 1999
NEW Wrap up the year with a recap of the trends and talents that made 1999 so significant.

11.00 Classic Albums: Paul Simon – Graceland
Learn the dramatic story of this groundbreaking album on which the veteran artist collaborated with South African musicians to produce something distinctively different.
12.30am Greatest Hits 1.00 VH1 Country 1.30 VH1 Soul Vibration 2.00-6.00am VH1 Late Shift
Music through the night.

ANIMAL PLANET
WORLD PACK

12noon Zoo Chronicles 12.30pm Zoo Chronicles 1.00 Croc Files 1.30 Croc Files
Steve and Terri follow the path of a sea turtle's life.
2.00 Aquanauts
A visit to an Orinoco crocodile reserve.
2.30 Aquanauts
A look at endangered hawksbill turtles in Brazil.

3.00 Wishbone
Bark to the Future
3.30 Wishbone
Paw Prints of Thieves
Joe helps the lunch lady donate food to a shelter.
4.00 Zig and Zag
High-energy sports show involving two teams of dogs and their handlers.
4.30 Zig and Zag
With Kenny Sergeant.
5.00 The Blue Beyond
The Lost Ocean
Stefania the dolphin is transferred to a larger sea pen as preparation for her release into the ocean.
6.00 Wild Rescues
NEW SERIES Tales of animal courage.
6.30 Wild Rescues
More tales of human and animal courage.

7.00
The Last Paradises
Cabrera
7.30
The Last Paradises
Amboseli

8.00
Animal Detectives
Monkeys
8.30
Animal Detectives
Bears

9.00
The Living Cathedral
A look at St Stephen's Cathedral in Vienna – a botanical and zoological treasure trove.

10.00 Fit for the Wild
Underground
10.30
Champions of the Wild
St Lawrence River Beluga Whales

11.00-12midnight
A Dog's Life
Exploring the fruitful relationship enjoyed by humans and their canine companions.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Family Fortunes 10.00 Grudge Match 10.50 Chart Choice 11.00 Blind Date 12noon CD:UK 1.00pm Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
2.00 Trisha
More heartwarming and hair-raising true stories shared.

3.10
Emmerdale Omnibus
Another chance to see last week's episodes of the rural soapset in the Yorkshire Dales.

4.35 Coronation Street Omnibus
Another chance to get up to date with all the recent goings-on in the long-running northern soap. Text

6.25 Soap Fever
A show devoted to the world of soaps. With celebrity guests, chat, previews and reviews, archive specials and tributes to great soap icons.
7.25
Italian Football – LIVE
Coverage from Serie A.

9.40 Words with
Celebrities bring in their three favourite things.
10.00
Coronation Street
Catch up with tonight's episode from ITV. Text
10.30
Reach for the Moon
Romantic drama series with Jonathan Kerrigan, Saira Todd, Frances Grey and Lynda Bellingham.
11.30 The Jerry Springer Show
Jerry presides over more outrageous revelations.
12.20am Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
1.20-1.50am Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 House Proud 9.00 Gardeners' World 9.30 Ground Force 10.00 The Green Room 10.30 Gardening from Scratch 11.00 Holiday in Style 12noon Crewless 1.00pm The Naked Chef 1.30 Big Kevin, Little Kevin 2.00 Antonio Carluccio's Italian Feast 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm
Sounds of the Sixties

3.30
Sounds of the Sixties
4.00 FILM: The Curse of the Cat People
Simone Simon, Kent Smith,
Fantasy-horror sequel. A lonely young girl conjures up the spirit of her father's first wife. *1944*
5.20 Arena People
Busby Berkeley
Profile of the Hollywood choreographer and director.
6.10 The Arena 100
Series identifying 100 great British works of art, from the tube map to the red telephone box, Francis Bacon to Damien Hirst.
7.05 The First, the Last, My Everything
7.35 Arena People
Busby Berkeley
Profile of the Hollywood choreographer and director.
8.35 The First, the Last, My Everything
The winners of our viewers' competition choose their first, most recent, and all-time favourite record.
9.05
Rock Family Trees
And God Created Manchester
With the Buzzcocks, Joy Division and New Order.
10.05 The Lakes
Under pressure because of Lucy Archer's lies, Danny makes a desperate attempt to get to the truth behind the tragedy.
11.10 Later On – The Beautiful South at Glastonbury '99
Features hits such as *Rotterdam, Perfect 10* and *Song for Whoever.*
12.10am Arena People
Busby Berkeley
Profile of the Hollywood choreographer and director.
1.05 Rock Family Trees
And God Created Manchester
1.55-3.00am The Arena 100

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Killing for a Living 8.00 Killing for a Living 9.00 Killing for a Living 10.00 Empire of Death 11.00 The Lost Temple of Java 12noon Top Gear Special 12.30pm Top Gear Special 1.00 Chimps on Death Row
The plight of research chimps.
2.00 Killing for a Living
Dining Alone

3.00
Killing for a Living
Dressing for Dinner
Follow the daily struggle for survival of animals all over the world.

4.00
Killing for a Living
The Company of Killers
Follow the daily struggle for survival of animals all over the world.

5.00 Tomorrow's World Plus
Includes reports about the future of science and technology, interviews and archive footage.

6.00-9.00 Walking with Dinosaurs
6.00 *New Blood*
6.30 *Time of the Titans*
Meet the mighty, long-necked sauropods.
7.00 *Cruel Sea*
Take a look back at the late Jurassic period.
7.30 *Giant of the Skies*
Meet ancient flying reptiles, some the size of aircraft.
8.00 *Spirits of the Ice Forest*
The Cretaceous era.
8.30 *Death of a Dynasty*
The dinosaurs are forced to struggle for survival.

9.00 The Dome – Trouble at the Big Top
The Longest Hour
Peter Mandelson is replaced by Lord Falconer as minister for the Dome.

10.00 The Dome – Trouble at the Big Top
The Final Hour
The deadline looms as everyone struggles to complete the Dome on time.

11.00
Billy Connolly's World Tour of Australia
11.50 Cheating Hearts
12.40am-1.00am
Top Gear Take 2

UK PLAY:
1.00am Chris Moyles Show 1.30 Cherry Pop 2.00 Footage and Mouth 2.30 Dream Performances 3.00 Jamie Theakston's Pick 'n' Mix 3.30 The Sound of Play 6.30-7.00am Footage and Mouth

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spiceworld 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Cookshop 12noon Classic Dishes 12.30pm Food from the Village 1.00 Coxon's Kitchen College 1.30 Chocolate Covered 2.00 Food Network Daily 2.45 Simply Fish
James Martin prepares caviar pasta, kedgeree and smoked salmon and basil bread.

3.30
Tessa's Tastebuds
Vanilla

4.00 Simply Baking
Sweet Pastry
Andrew Nutter prepares Freanch pastries.
4.30 A Shared Table
Victoria's Western District

5.00 Flash in the Pan 5.30 Classic Dishes 6.00 Coxon's Kitchen College 6.30-7.00pm Gordon Ramsay's Passion for Flavour

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
The Mating Game
Examining the successes and failures of captive breeding programmes.

8.00 Gorilla
Shy, intelligent and often hauntingly human-like, the gorilla proves to be even more fascinating on close acquaintance.

9.00 Panama – Paradise Found?
Join Mariel Hemingway as she ventures through the wildlife preserve known as Barro Colorado.

10.00 Wild Passions
Meet the people who have filmed some of the most spectacular natural history sequences ever to be recorded for posterity.

11.00
Explorer's Journal
Shark Alley
Join a group of seals dodging the teeth of the Great White Shark.
12midnight-1.00am
The Grizzlies
Travel from Alaska's Brooks Range to Wyoming's Yellowstone National Park for a fascinating portrait of the endangered grizzly bear, with amazing footage of these creatures in the wild.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky 5.30 100% 6.00 Family Fortunes 6.30 Beadle's About 7.00 Sale of the Century 7.30 Winner Takes All 8.00 The Crystal Maze 9.00 Stars in Their Eyes 9.45 Endurance UK
UK version of the notorious Japanese game show.
10.30 Beadle's About
Members of the public fall prey to the prankster.
11.00 Celebrity TV Bloopers 12midnight Absolute Cobblers 12.30am The Cooler 1.00 3-2-1 2.00 Karaoke Challenge 2.30 Absolute Cobblers 3.00 Simply Irresistible 3.30 The Krypton Factor 4.00 Say the Word 4.30 100% 5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 Auto Stories 8.30 New Yankee Workshop 8.55 Home Savvy 9.30 Home Savvy 10.00 Rex Hunt Fishing Adventures 10.30 Screaming Reels
11.00 Big Bite 11.29 The Home and Leisure House
Decorating tips
11.30 Grundy Goes...
To the Theatre
12noon The House Doctor 12.30pm The House Doctor 1.00 Our House 1.30 Space Invaders 2.00 Kingsbury Square 2.30 Whacky Racers
Le Classique de Canots
3.00-4.00pm Time Team

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 That Film Show 11.30 Scratch TV 11.45 Got Any Gear? 12noon Club@vision 12.45pm Come On 1.00 Freesports 1.30 Freesports 2.00 Trainspotters 2.30 That Film Show 3.00 Trainspotters 3.30 Eurospotters 3.45 Got Any Gear? 4.00 Club@vision 4.45 Scratch TV 5.00-6.00pm H.E.R.E. Omnibus

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV 7.00 LLTV – Local Life 7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase 8.30 What's On TV 9.00-9.30pm LLTV – Local Life

Sunday 19 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 The Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog
12noon Cartoon Theatre
2.00pm
The Powerpuff Girls Marathon

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon will be staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it, so if you happen to go ga-ga for *Rugrats* or are bewitched by *Sabrina the Teenage Witch* then call the freephone number provided and cast your vote. Today's semi-final is between the winners from Saturday 11th and Sunday 12th.

FOX KIDS
FAMILY PACK

6.00am Fantastic Four 6.25 Iron Man 6.50 Silver Surfer 7.15 Spiderman 7.40 Mortal Kombat 8.00 Mystic Knights of Tir Na Nog 8.30 Power Rangers in Space 9.00 Dennis and Gnasher 9.30 Monster Rancher 10.00 Goosebumps 10.25 Goosebumps 10.50 Eerie, Indiana 11.20 Eerie Indiana 11.50 Casper 12noon It's Your Call 2000: Mystic Knights of Tir Na Nog v Mad Jack 2.15pm Silver Surfer 2.40 The Tick

3.05 Mortal Kombat
Action with the group of chosen warriors.

3.30 Monster Rancher
Monster mayhem.

4.00 Power Rangers in Space
Intergalactic action with the Power Rangers.

4.30 Mystic Knights of Tir Na Nog

5.00 Dennis and Gnasher
Mischievous mayhem.

5.30 Spiderwoman
Animated adventures with the web-slinging heroine.

6.00 The Incredible Hulk
Fashion Warriors
6.30-7.00pm Princess Tenko

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 6.30 Face 7.00 News 10.30 Science 11.00 News 11.10 Dateline 12noon News 12.30pm Face in the Crowd 1.00 News 2.30 Reporters 3.00 News 3.30 Science 4.00 News 4.30 7 Days 5.00 News 7.30 Sports 8.00 News 8.30 7 Days 9.00 News 9.30 Reporters 10.00 News 10.30 Dateline 11.00 News 11.30 Face in the Crowd 12midnight News 12.30am Simpson 1.00 News 2.30 Correspondent 3.00 News 3.30 Science 4.00 News 4.30 Dateline 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 Business 7.30 Artclub 8.30 Sport 9.30 World Beat 10.30 Sport 11.30 Hot Spots 12.30pm License 1.00 Report 2.30 Inside Africa 3.30 Sport 4.30 NBA 5.00 Late Edition 6.30 Business Unusual 7.30 Europe 8.30 Artclub 9.30 CNNdotCOM 10.30 Sport 11.00 WorldView 11.30 Style 12midnight WorldView 12.30am Asia 12.45 Asia 1.00 WorldView 1.30 Science 2.00 Time 3.30 Artclub 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Week in Review 10.00 Adam Boulton 11.30 Book Show 12noon Sky News Today 1.30pm Fashion 2.00 Sky News Today 2.30 Showbiz 3.30 Technofile 4.30 Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 Book Show 9.30 Showbiz Weekly 10.00 Sky News at Ten 12.30am CBS Evening News 1.30 Adam Boulton 2.30 Fashion 3.30 Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 5.35am Tage Anders 5.40 Chronik der Wende 6.00 Zeugen des Jahrhunderts 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Johannes-Passion 9.15 Literaturclub 10.30 Das Tübinger Franzosenviertel 11.00 Zum 230. Geburstag von Friedrich Hölderlin 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Chronik der Wende 12.45 Berliner Begegnungen 1.30 Bibliothek der Sachgeschichten 2.00 Fs.spielmehrteiler 3.00 HITEC – Dokumentation 3.30 Berliner Jahrhundert 4.00 Stadt, Land, Fluss 4.30 Teletips vom Hausarzt 5.00 Tagebuch 5.15 Rundschau 6.00 Heute 6.10 NeunzehnZehn 7.00 Tagesschau 7.15 Verleihung Deutscher Kleinkunstpreis 8.30 Schätze der Welt 8.45 Hinter Diesen Mauern 10.30 Der Kommissar 11.13-12.55am Catch 22

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Jeunes Marins Reporters 8.30 Mondes Fantastiques 9.00 Journal Télévisé 9.15 Va Savoir 10.00 Infos 10.05 Génies en Herbe 10.30 Rince Ta Baignoire 11.00 Infos 11.05 D 11.30 Journal Télévisé 12noon Infos 12.05pm Dimanche Midi Amar 1.00 Journal Télévisé 1.15 Fort Boyard 3.00 Journal Télévisé 3.15 Questions 3.30 Télécinéma 4.00 Infos 4.05 Kiosque 5.00 Journal Télévisé 5.15 Vivement dimanche 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Faut par Rêver 9.00 Journal Télévisé 9.15 Noces de Carton 10.45 Images de Pub 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Viswaas 9.30 Quran 10.00 Jai Veer Hanuman 11.00 Ekas Ke Hum Barik 11.30 Health Show 12.30pm Pakistan Week 1.00 Rozana 1.30 FILM 4.00 MTV 5.00 Hungana 5.30 Na Kaam Na Ziada 6.30 Aur Aap 7.00 MTV 7.30 Khiladi 8.00 Bheem Bhawani 8.30 FILM 11.30 News 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Hungama 4.30 Na Kaam Na Ziada 5.30 Khiladi 6.00 Rozana 6.30 DD Programme 7.00-7.30am Buddha

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Best of India 9.00 Aap Ki Adalat 9.30 Out and About 10.00 Mahabharat 11.00 Body Matters 11.30 The A List 12noon FILM 3.00pm Sa Re Ga Ma Classic 4.00 Zee and You 4.30 Aarzoo 5.30 Super 7 Muqabla 6.00 a Day Out with a Star 6.30 Adhikar 7.00 Pride Antakshari 7.30 Basera 8.00 News Bulletin 8.30 FILM 11.30 Jaan 12midnight News Bulletin 12.30am Karobari Duniya 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Mama Miya 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am CMTV – Ballads 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 Taking Authority 8.00 A Word from God 8.30 Adventures in Faith 9.00 Order My Steps 9.30 In Touch 10.30-11.00am Living Word

BLOOMBERG
WORLD PACK

2.00am Preview 2.45 Market Review 3.45 Food for Thought 4.15 Money: Investments 5.45-6.00am Market Review

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 11.00 Straight Talk 11.30 European Focus 12noon America This Week 3.00pm Holyrood 3.30-12midnight House of Lords

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Ultimate Aircraft
Battle Chopper
A look at how the helicopter has revolutionised the modern battlefield.

5.00 PM

5.00 Extreme Machines
Rockets
The history of rockets – from the earliest prototypes to today's hi-tech designs.

6.00 PM

6.00 Crocodile Hunter
Wildest Baby
Animal Videos
Steve and Terri Irwin enter the world of small, cute and entertaining animals.

7.00 PM

7.00 Killer Earth
Journey to the Centre of the Earth

7.00-9.00pm Cartoon Theatre
Feature-length animation.

8.00 PM

8.00 Myths of Mankind
The Ark of the Covenant
Chronicling the mysterious story of the disappearance of the Ark of the Covenant.

TNT
FAMILY PACK

9.00 PM

9.00 Cannibal Mites
Documentary about the microscopic insects which, contrary to expectations, can sometimes actually be extremely beneficial.

9.00pm Sessions at West 54th Street
Featuring performances by Des'ree and an encore presentation of John Hiatt.

10.00 PM

10.00 Killer Bees
Looking at the story of 'killer' bees, including how they came to the USA and the attempts being made to stem their advance.

10.00 Sessions at West 54th Street
Featuring a performance by Lyle Lovett.

11.00 PM

11.00 Flies Attack
A profile of humanity's relationship with the fly, which has killed more people than all the wars in history combined.

11.00-1.00am FILM: Damon and Pythias
Guy Williams, Don Burnett
Heroic tale set in ancient Greece. *1962, 99 mins*

12.00

NIGHT TIME

12midnight Science Times
Mystery Virus
1.00am How Did They Build That?
Arches
A look at the use of arches through history.
1.30-2.00am How Did They Build That?

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Vogue
7.30 Desmond's
Barbershop sitcom.
8.00 Cheers
The Improbable Dream – Part II

8.30 Mad About You
Weekend Getaway
9.00 Frasier
Room Service
Lilith comes to Seattle and throws herself at Frasier.
9.30 Frasier
Beware of Greeks
10.00 Father Ted
Speed 3
10.30 Father Ted
The Mainland
Ted and Dougal bump into Richard Wilson.
11.00 The World of Lee Evans
11.30 Comic Strip Presents – Dirty Movie
A theatre owner tries to promote a dirty movie.
12.05am Whose Line is it Anyway? 12.35 Armstrong and Miller 1.05 Morwenna Banks Show 1.35 Duckman 2.00 Hitz 2.30 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! 8.00 Technology Shop! 9.00 Entertainment Shop! 9.30 Home Shop! 11.30 Gift Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 2.00 Shop! Feature 3.00 Entertainment Shop! 4.00 Jewellery Shop! 5.00 Holiday Shop! 5.30 Shop! Selection 6.00 Gift Shop!
Present problems solved.
6.30-7.30pm Bargain Shop!
Today's best offers at affordable prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

THE HISTORY CHANNEL
WORLD PACK

12noon Occult History of the Third Reich
Heinrich Himmler
1.00pm Biography
George III
2.00 Biography
Oliver Cromwell
Profile of the Republican.
3.00 Lost Castles of England
4.00 Royal Warships
5.00 Tales of the Tower
The Palace of Death

6.00 Line of Fire
Marston Moor 1644
7.00 David Starkey's Henry VIII – Part I
This programme follows the early part of Henry's life, from his childhood within a stable and loving family to the isolation and anxiety he experienced from the beginning of his reign.
8.00-10.00pm Knights and Armour

TV TRAVEL SHOP
BONUS CHANNEL

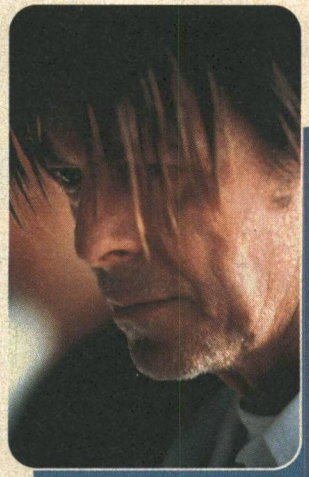
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY with Harry Greene at 10.00am and Mikey Fashion Jewellery at 4.00pm.

OUT OF THIS WORLD

sci-fi, horror & fantasy



BOWIE GETS THE HUNGER

David Bowie and Tony Scott have joined forces to bring you this striking show. Words: **Patrick Holm**

THERE aren't many TV series in which the documentary about its creation finishes with the narrator electrocuting himself in an electric chair within a deserted prison. But there aren't many TV series quite like *The Hunger*, which returns to Sci-Fi on Friday 10th (9.30pm) for a second series. But what could you expect from a creative team that includes David Bowie, a phenomenon both as constantly self-reinventing pop icon and as fantasy actor, Ridley Scott, whose visions of the future in *Alien* and *Blade Runner* have influenced most of SF film and TV since their release, and his brother Tony, who created a mood of paranoia with his most recent film, Will Smith's *Enemy of the State*? For those who haven't caught up with *The Hunger*'s blend of MTV video visuals and music, violence, sex and darkness – the Canadian-produced show is an anthology series, mostly adapting short stories that contain some element of hunger in them. It might be for power, life, money, blood or sex. Whatever it is, as David Bowie's narrator explains at the end of the opening episode,

'The hunger will take over, and you will pay everything you have to satisfy it. Everything – and more.'

In the first tale, Bowie plays Julian Priest, who creates ultimate performance art – and pays the ultimate price. Released from his mortal bounds, he becomes the narrator, setting the scene for each episode and then drawing a dark moral from the tale. 'Beauty intermingles with horror,' he points out, as we meet serial killers, a killer's ghost (played by *Dr Who*'s most recent nemesis, Eric Roberts), and a website that promises its surfer the world. There's a strong sexual element to many of the episodes, and many contain extreme swearing, but Tony Scott, who directed the first episode which set the visual tone for the series, claims that the stories are 'intelligent dramas, each handled with flair and integrity, which fall between rock 'n' roll and serious drama'. Any show that tries to present the world through the eyes of someone going mad is certainly experimental, and it is worth watching to see if it's to your taste.

PHOTOS: SCI-FI CHANNEL

HORROR WITH NINA

Let your nightmares become reality with Sci-Fi, as Nina introduces you to a bone-chilling double-bill of horror films every Friday night in Sci-Fright. Her favourite this month involves a bad, bad girl ...

The Kiss

Normally family get-togethers are happy occasions, but not in the Halloran family. In this supernatural thriller, 15-year-old Amy (Meredith Salenger) is delighted when her Aunt Felice (Joanna Pacula), an exotic, mysterious and world-famous model, decides to visit. Almost immediately she finds herself in a living nightmare and there is apparently no escape from the dark heirloom that her aunt wants to bestow upon her ...

The Kiss, Sci-Fi, Friday 10th, 10.00pm

TIME MACHINE

LAND OF THE GIANTS

Time Span: 1968-1970 (US); 1968-1972 (UK)

Plot: In the far future, the spaceship *Spindrift* enters a white cloud and finds itself in a land where everything is a dozen times larger than it is on Earth. Battling against those who want to put them on display as weird museum exhibits – as well as those who have other ideas of how to use miniature people – the crew must find a way to repair their damaged ship and return home.

Most popular character: Alexander Fitzhugh (Kurt Kasznar): a gambler and rogue who managed to get the 'little people' into a lot of the scrapes that hero Captain Steve Burton (Gary Conway) would have to sort out!

Most memorable episode: *Pay the Piper* – with *Lost in Space*'s Jonathan Harris (Dr Smith) guest starring as a giant Pied Piper.

Why did it finish? It was very expensive and producer Irwin Allen had his eyes set on the big screen. Cue *The Poseidon Adventure* ...

Land of the Giants, Sci-Fi, Mondays, Wednesdays and Fridays, 9am and 4pm

Monday 20 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

Kim Basinger plays a glamorous femme fatale in the Oscar-winning 'L.A. Confidential'. Sky Premier 10.00pm

SKY PREMIER
PREMIUM CHANNEL

6.00am The Staircase
1998, rating Sky PG, 92 mins
8.00 The Pirate Movie
1982, rating Sky PG, DS, 95 mins
10.00 Steel Magnolias
Sally Field, Shirley MacLaine
Text *1989, rating Sky PG, 113 mins*
12noon Jungle Boy
David Fox, Lea Moreno
1993, rating Sky PG, 85 mins
2.00pm Great Expectations
Michael York, Sarah Miles, Margaret Leighton, James Mason
Period drama based on the Charles Dickens novel. A young orphan grows up under the watchful eye of an eccentric old woman, and falls in love with her haughty niece. *1974, rating Sky U, 119 mins*
4.00 Legend
Tom Cruise, Tim Curry, Mia Sara, Billy Barty, David Bennent
Fairytale fantasy set in a mythical land. The personification of Darkness makes an attempt to corrupt the Earth forever by stealing the horns of the last two remaining unicorns. *1985, rating Sky PG, 90 mins*
5.45 Steel Magnolias
Sally Field, Shirley MacLaine, Julia Roberts, Dolly Parton
Comedy drama about six very special women who find that their family loyalties and close friendships can help them through the most trying times of their lives. Love, marriage, birth and death – all of life's major stages play their part in the proceedings. Text *1989, rating Sky PG, 113 mins*
7.45 Oscar Report
8.00 Air Force One
Harrison Ford, Glenn Close, Gary Oldman, Dean Stockwell
Airborne action thriller. A major crisis ensues when the US President and his family find themselves taken hostage aboard the presidential plane by a ruthless group of terrorists demanding the release of the Kazak leader. Text *1997, rating Sky 15, 120 mins*
10.00 L.A. Confidential
Guy Pearce, Russell Crowe, Danny DeVito, Kevin Spacey
Period crime thriller. A by-the-book detective reluctantly joins forces with a pair of very different fellow officers – one violent, the other crooked – to investigate a complex murder case. Also involved in the affair are a sleazy tabloid editor and a seductive femme fatale. Text *1997, rating Sky 18, 132 mins*
12.25am Deconstructing Harry
Woody Allen, Billy Crystal
Text *1997, rating Sky 18, 92 mins*
2.00 Hurricane Streets
Brendan Sexton III, Antione McLean
Text *1997, rating Sky 15, 89 mins*
3.35-5.30am A Thousand Acres
Michelle Pfeiffer, Jessica Lange
Text *1997, rating Sky 15, 101 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.15am Danielle Steel's Star
1993, rating Sky PG, 88 mins
8.00 One Last Flight
1999, rating Sky U, 83 mins
10.00
National Lampoon's Golf Punks
1998, rating Sky U, 89 mins
12noon
The Rockford Files: I Still Love LA
James Garner, Stuart Margolin
1995, rating Sky PG, 89 mins
2.00pm One Last Flight
Miko Hughes, Kathleen Lloyd, Gregory Itzin, Joshua Boyd
Family adventure. A young boy sets about making his grandfather's dream come true – to recapture the glory of his wartime flying days. *1999, rating Sky U, 83 mins*
4.00 Romantic Undertaking
William Katt, Valerie Buhagiar, Ishwar Mooljee, Paul Berry
Romantic comedy in which a young woman takes on the challenge of running her late father's funeral parlour. To make ends meet, she is forced to rent out part of her home – and her new tenant turns out to make her life more complicated. *1995, rating Sky PG, 95 mins*
6.00
At the End of the Day: The Sue Rodriguez Story
Wendy Crewson, Al Waxman, Patrick Galligan, Miko Hughes
Moving drama based on a true story. Diagnosed with a terminal illness, a woman wants to end her days with dignity. Failing to change the laws on euthanasia, she looks for another way. Text *1998, rating Sky PG, 89 mins*
8.00
Price of a Broken Heart
Laura Innes, Park Overall, Timothy Carhart, Dan Byrd
PREMIERE Fact-based drama about a woman who, upon learning of her husband's affair with his secretary, sues him for divorce. In a landmark case in US legal history, she goes on to sue the secretary as well. *1999, rating Sky PG, 87 mins*
10.00 Phantoms
Peter O'Toole, Joanna Going, Rose McGowan, Liev Schreiber
Suspense thriller. When two sisters arrive in a Colorado town they find the place dead – literally. Neither the sisters nor the local sheriff have any answers. Text *1998, rating Sky 15, DS, 92 mins*
11.40 First Time Felon
Delroy Lindo, Rachel Ticotin
Drama about a young drug dealer sent to boot camp. *1997, rating Sky 15, 102 mins*
1.25am The Landlady
Talia Shire, Jack Coleman
Thriller. *1998, rating Sky 15, 92 mins*
3.00 Gung Ho
1986, rating Sky 15, 107 mins
4.55-5.35am
Action Heroes: Mel Gibson

SKY CINEMA
PREMIUM CHANNEL

4.00pm
The Whales of August
Bette Davis, Lillian Gish, Vincent Price, Ann Sothern
Drama about a pair of elderly New England sisters determined to observe an old family tradition. Bickering and bantering, they await the end of summer and, in August, the first sight of whales from their seafront home. *1987, rating Sky U, 87 mins*
6.00
Paris – When It Sizzles
William Holden, Audrey Hepburn, Gregoire Aslan, Noel Coward
Romantic comedy about an American screenwriter, based in France, who recruits the assistance of his young secretary in acting out some of his ideas in a frantic effort to get his latest film script finished. *1963, rating Sky PG, 106 mins*
8.00 The Dream Team
Michael Keaton, Christopher Lloyd, Peter Boyle, Stephen Furst
Crazy comedy following the adventures of a quartet of psychiatric patients. While on a field trip to the Yankee Stadium, the four are separated from their doctor and find themselves unattended and on the loose on the streets of New York. *1989, rating Sky 15, 108 mins*
10.00 Presumed Innocent
Harrison Ford, Brian Dennehy, Raul Julia, Bonnie Bedelia
Tense mystery thriller adapted from Scott Turow's best-selling novel. Assigned to investigate the brutal rape and murder of a legal colleague and one-time lover, a DA's life is turned upside down when he becomes a suspect. *1990, rating Sky 18, 122 mins*
12.10am Taps
George C Scott, Timothy Hutton
1981, rating Sky 12, 121 mins
2.20
Who's that Knocking at My Door
Harvey Keitel, Zina Bethune
1968, rating Sky 18, 86 mins
3.55-6.00am
Sex and the Single Girl
1964, rating Sky PG, 110 mins

FILMFOUR
ADD-ON CHANNEL

6.00pm Koyaanisqatsi
Atmospheric, impressionistic documentary with music which offers a spectacular vision of both the natural and man-made environment. From untamed landscapes to metropolitan squalor, the camera reveals the modern world in all of its paradoxical beauty, ugliness, complexity and simplicity. *1983, 86 mins*
8.00 Guarding Tess
Nicolas Cage, Shirley MacLaine, Austin Pendleton, Edward Albert
Comedy drama about a US secret service agent assigned to look after a widowed former first lady. Restless, without a role to play in public life, she starts resorting to bad manners, giving her new bodyguard an increasingly tough time. Text *1994, 92 mins*
10.00
Escape from New York
Kurt Russell, Donald Pleasence, Adrienne Barbeau, Lee Van Cleef
Science fiction action thriller. Manhattan Island has become a walled penal colony. When the President's plane crash-lands there, a tough ex-soldier goes to rescue him. Text *1981, 95 mins*
11.50
White Men Can't Jump
Wesley Snipes, Woody Harrelson
Basketball comedy.
Text *1992, 111 mins*
1.45am Reform School Girl
Aimee Graham, Matt LeBlanc
1993, 79 mins
3.05-6.00am Ruby in Paradise
Ashley Judd, Todd Field
Romantic drama. *1993, 108 mins*

Create your own personal TV diary: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00 Come and Get It
Frances Farmer, Edward Arnold, Joel McCrea, Walter Brennan
Oscar-winning period drama about the life and loves of a US lumber tycoon who became a pillar of society in 19th century Milwaukee. His story is followed from an early, social-climbing marriage to the turmoil this choice was to engender in later years. *1936, 99 mins*
9.00 The Hunchback of Notre Dame
Mandy Patinkin, Salma Hayek, Richard Harris, Jim Dale
Lavish period drama adapted from the famous Victor Hugo novel. A deformed Notre Dame bellringer falls deeply in love with a beautiful young gypsy. Unfortunately, however, she is also desired by a villainous archdeacon. *1997, 98 mins*
11.00 Ladyhawke
Rutger Hauer, Michelle Pfeiffer, Matthew Broderick, Leo McKern
Medieval fantasy adventure. A heroic knight and a beautiful young woman fall under an evil spell. *1985, 121 mins*
1.00am Nitti: The Enforcer
Anthony LaPaglia, Michael Moriarity
Crime thriller based on real events. *1988, 96 mins*
3.00
The Hunchback of Notre Dame
Lavish period drama. *1997, 98 mins*
5.00-7.00am Light Up the Sky
World War II drama. *1960, 90 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers on the Pacific island of Guadalcanal. Each man must try to find the strength to endure the stress of battle. Stars Sean Penn, Nick Nolte, George Clooney and Adrien Brody. Text *1998, rating Sky 15, 164 mins*
PLAYS AT 8.00am, 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter really is the best medicine, but not everyone agrees. Stars Robin Williams and Philip Seymour Hoffman. Text *1998, rating Sky 12, 111 mins*
PLAYS AT 6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist, but first he must get through his stag night – and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz, Jeanne Tripplehorn and Daniel Stern. Text *1998, rating Sky 18, 96 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 20 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I'm Getting the Last Word, Cuz on the Show You Were Absurd!
Viewers confront former guests towards whom they have conceived a degree of animosity.
4.00 Pokémon
Pikachu's Goodbye
Could this be the end for Pikachu?
4.30 Pokémon
The Battling Eevee Brothers
A homeless Pokémon appears.
5.00 Stargate SG-1
The First Commandment
The SG-1 team is sent to investigate the disappearance of SG-9, only to find Captain Hanson ruling the planet. Text
6.00 Hercules
Fade Out
The 1990s version of the demigod returns. Ares, Deimos and Discord hatch a plan to make Hercules disappear. Text
7.00 The Simpsons
Radio Bart
Bart tricks all of Springfield. Text
7.30 The Simpsons
Marge Be Not Proud
Bart is caught shoplifting. Text
8.00 Star Trek: Deep Space Nine
Extreme Measures
Bashir and O'Brien link minds with the man who holds the cure to Odo's disease. Text
9.00 The West Wing
In Excelsis Deo
A homeless Korean War veteran gets the funeral he deserves and the President goes Christmas shopping. Text
10.00 The Strangerers
Cadet Niven, severely bursted and glowing greenly, is in dire need of a transfusion.
10.30 Shasta McNasty
Menace from Venice
11.00 Friends
The One with the Dollhouse
Rachel's boss dates Chandler, causing big trouble. Text
11.30 Stargate SG-1
The First Commandment
The SG-1 team is sent to investigate the disappearance of SG-9, only to find Captain Hanson ruling the planet. Text
12.30am Picket Fences
A Change of Season
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Animal
3.30 The Bill
Dancers
Reg Hollis provides some magical entertainment.
4.00 EastEnders
Phil has trouble keeping Nadia and Kathy apart.
4.35 Neighbours
Stephen and Phoebe are once again thwarted by Russell.
5.00 Bugs
Blackout
The Bugs team tackles a gang who attack a power plant in order to disable a bank's security system with power surges.
6.00 The Brittas Empire
UXB
Colin discovers an unexploded bomb from World War II
6.35 Going Straight
Going to Work
7.10
Are You Being Served?
Hand of Fate
Promotion is in the offing and all in the store have high hopes.
7.45
Keeping Up Appearances
Hyacinth plans a special event to outdo the neighbours.
8.20 Open All Hours
Sitcom about a shopkeeper and his downtrodden nephew.
9.00 Casualty
Next of Kin
The eviction of demonstrators from an environmental protest site goes wrong, leaving the medics to pick up the pieces.
10.10 Red Dwarf IV
Dimension Jump
Rimmer meets an alternative version of himself.
10.50 Red Dwarf IV
Meltdown
A matter transporter whisks the crew to a giant theme park where the waxdroids are running amok.
11.25 The Vicar of Dibley
Community Spirit
Ecclesiastical sitcom.
12midnight The Bill
Animal
Boyden and Datta are on the trail of a violent pimp.
12.30am The Bill
Dancers
1.00 Roger Roger
The Day the Music Died
1.55-2.45am Casualty
Nearest and Dearest

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Mother Love deals with real problems in a variety of relationships.
4.40 Maury Povich
Personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10
The Jerry Springer Show
Notorious American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.
7.00 Judge Judy
Judy Sheindlin presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Drama series about a rural Derbyshire general practice in the Peak District. Starring Kevin Whately, Amanda Burton and Simon Shepherd.
9.00 FILM:
When Harry Met Sally
Billy Crystal, Meg Ryan, Bruno Kirby, Carrie Fisher, Steven Ford
The acclaimed and amusing story of two platonic friends who form a love/hate relationship that lasts for 11 years, before they finally realise that they are in fact ideal partners. *1989*
10.50 Red Shoe Diaries
More stories of obsession, eroticism and love. Narrated by David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man

3.00 Hawaii Five-0
Sweet Terror
A foreign agent exposes McGarrett to the grim possibility of germ warfare and the potential loss of Hawaii's sugar industry.
4.00 Kojak
Silent Snow, Deadly Snow
Kojak has gathered iron-clad evidence for a murder charge against a big-time drug dealer but makes a new discovery.
5.00 Hart to Hart
One Hart Too Many
Jennifer's incognito visit to a spa leaves her at the mercy of a plastic surgeon who uses his skills to victimise rich widows.
6.00 Emmerdale
The future for the Sugdens looks increasingly bleak. Text
6.30
Classic Coronation Street
Mike returns from London. Text
7.00 George and Mildred
Where My Caravan Has Rested
George trades his car for a broken down caravan.
7.30 Bless This House
Two Heads are Better Than One
8.00 The Benny Hill Show
Benny Hill presents a series of his distinctive sketches, featuring a host of quirky characters, guest stars and a bevy of beauties. With Berry Cornish.
9.00 Kojak
My Brother, My Enemy
Detective Daley accidentally shoots a young boy.
10.00 Rising Damp
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Big Bang
Motoring compilation featuring spectacular stunts.
11.30 Speed & Beauty
NEW SERIES All-American stunt spectacular.
12midnight 2 Wheels
Weekly biking magazine programme, presented by Jeff Stone, Paul Johnston and Wayne Kershaw. Text
12.30am Motor Week
Magazine series which takes a look at the motoring industry.
1.00-2.00am
And They Walked Away

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Cubs 6.50 Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Winnie the Pooh 9.15 Music 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music 11.50 Rolie Polie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Classic cartoons with a host of Disney characters.
4.00 Sabrina
Spellbinding series.
4.30
Hercules: The TV Show
Hercules and the Odyssey Experience Text
5.00 Recess Double Bill
Animated series.
5.30
My Best Friend is an Alien
They Saved Grandpa's Brain
A brain in a jar disappears. Text
6.00 Smart Guy
My Two Dads
Floyd finds that he has some competition. Text
6.30 Microsoap
Kids' sitcom.
7.00 FILM:
All Dogs Go to Heaven 2
Voice of Charlie Sheen
Animated musical sequel. The pals fight a treacherous bulldog and foul feline Red to regain a precious horn. Text
8.20 Honey, I Shrunk the Kids: The TV Show
Honey, I'm the Sorcerer's Apprentice
Wayne dabbles in alchemy. Text
9.00 Boy Meets World
My Baby Valentine
Cory's plans for Valentine's Day are thrown into confusion. Text
9.30 Dinosaurs
Jurassic japes.
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Koyaanisqatsi
FilmFour 6.00pm
Not a documentary in the strictest sense, more a mesmeric, kaleidoscopic examination of the state of the planet. And rarely has music and image collided to such hypnotic effect – Philip Glass's ambient soundscapes perfectly complementing the astonishing visuals.

GENERAL

Hercules
Sky One 6.00pm
The sight of Kevin Sorbo's ample pecs awash with baby oil still pleases the legions of Hercules fans. Today is the beginning of the fifth new series and sees our mythical demi-god sorting Ares, Deimos and Discord's evil plan to make him disappear.

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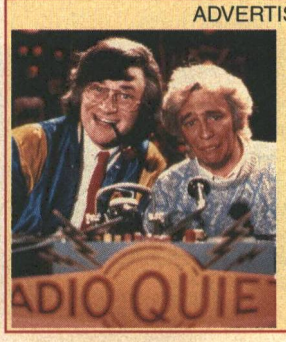


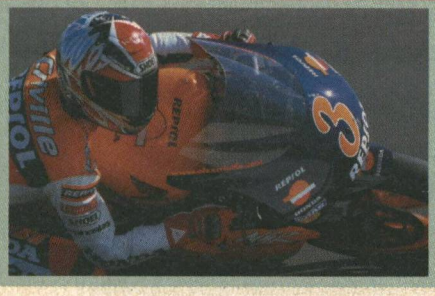
SMASHIE AND NICEY – THE END OF AN ERA 9.00PM
This award-winning retrospective looks at the careers of Dave Nice and Mike Smash on the eve of their departure from Radio Fab FM. With Tony Blackburn, Angus Deayton and Valerie Singleton.

Monday 20 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Tennis** **9.00 Motorcycling** **11.00 Athletics** **12midnight Cross-country Skiing** World Cup action from Italy. **1.00pm Alpine Skiing** Highlights of the World Cup in Bormio, Italy. **2.00 Biathlon** Action from the World Cup in Khanty-Mansiysk, Russia.	**7.00am Gillette World Sport Special** **7.30 World Wrestling Federation – Classics** **8.30 Extreme Sailing** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Spanish Football** **12noon Aerobics Oz Style** **12.30pm Goals on Sunday** Clare Tomlinson presents all the weekend's goals.	**7.00am Aerobics Oz Style** **7.30 Racing News** **8.00 Ford Golf USA: Bay Hill Invitational** Action from the Bay Hill Club and Lodge in Orlando. **11.00 Australian Rules Football** **1.00pm Motor Racing: Indy Racing League – Phoenix** Action from the second race of the new season.	**12noon What a Weekend** The show that takes a look at the very best of the weekend's sporting action. **12.30pm Super League: Wigan v Leeds** Highlights from the JJB Sports Super League clash between Wigan and Leeds. With commentary from Stuart Barnes and Miles Harrison. **2.30 Basketball: Uniball Trophy Final** Action from the 2000 Uniball Trophy Final. In last year's event, Manchester Giants defeated Derby Storm 90-69 at the Birmingham NEC. The game was not a one-sided affair, however, as the East Midlands side had shown plenty of spirit in the early stages. Expect another sensational, end-to-end encounter as the competition reaches its climax.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *M.I.A* **2.00 Buck Rogers in the 25th Century** *Cruise Ship to the Stars*	**6.00am Select MTV** Another chance to see yesterday's selections. **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm News Weekend Edition** **1.00 Mad 4 Hits** **2.00 European Top 20**
3.00 PM	**3.00 Ski Jumping** Action from the World Cup in Planica, Slovenia.	**3.00** **The Last Word: Week** Jimmy Hill hosts a one-on-one interview with the football manager Jim Smith. **3.30 What a Weekend**	**3.00 Australian Rugby League** Bruising rugby league action from Australia. The season has only just got underway, but already old rivals Parramatta and Melbourne Storm are emerging as the main pretenders to reigning champions South Sydney Sharks' throne.		**3.00 The Flash** *Sins of the Fathers* Series about a forensic scientist who develops the ability to move at superhuman speed.	**3.00 Bytesize MTV** A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
4.00 PM	**4.30 Eurogoals** All the best goals scored in recent European competitions.	**4.00 Football League Review** Goals galore with a re-run of every ball hitting the back of the net in the Nationwide League.			**4.00** **Land of the Giants** *On a Clear Night You Can See Earth* A mad giant scientist endangers the travellers.	**4.00 Select MTV** Viewers make MTV their personal jukebox. Live from London every day, two hours of chat, videos and guest appearances from some of the most promising names in pop.
5.00 PM		**5.00 World Wrestling Federation – Classics** A chance to relive action from the WWF's classic rough-and-tumble events of recent years.	**5.00** **World Pool League** The World Pool League consists of six players playing each other once over 12 racks in Warsaw.	**5.00 Max Power** Touring cars, single seaters, road racing and off-road events are packed together in a weekly dose of truly international action.	**5.00 Lost in Space** *Space Beauty* Judy wins a galactic space beauty contest and is almost transported to a planet of fire.	
6.00 PM	**6.00** **Table Tennis – LIVE** Coverage of the Liebherr European Champions League, which brings together the best eight clubs in Europe.	**6.00** **Sky Sports Centre** **6.30** **World Football Show** The latest results and news from around the world.	**6.00** **Sailing: Blown Out** Documentary about the gruelling Melbourne-Osaka Yacht Race. **6.30 What a Weekend**	**6.00** **Asian Sports Show** Sporting action from Asia, the Middle East and Arabic-speaking North Africa.	**6.00 The Six Million Dollar Man** *Killer Wind* Drama series about an injured astronaut rebuilt as a crime-fighting superhero.	**6.00 Bytesize MTV** A constant barrage of bizarre moments from different MTVs around the world, in short soundbites.
7.00 PM		**7.00 Football League Review** All the action from the Nationwide League, with every goal scored in all three divisions.	**7.00** **World Motor Sport** Fast-paced coverage from the circuit where all the latest news and views are tracked. From the Indy Racing League to the NASCAR series, *World Motor Sport* features every lap from every track. The programme also includes features on the key players in the race world. Viewers can also gain an insight into life behind the wheel from the men who routinely smash the records and thrill the crowds.	**6.30 Total Sport** **7.00 Telegraph Action Sport** **7.30** **Three Sixty Surfing** Focusing on the sport of three sixty surfing.	**7.00 Quantum Leap** *M.I.A* Sam lands on Earth on April Fool's Day, 1969, and is given a strange assignment by A1.	**7.00 Mad 4 Hits** An hour of back-to-back chart-busting smashes and best-selling singles.
8.00 PM	**8.00 Trial** Motorcycling highlights from the Indoor World Cup in Madrid.	**8.00** **Ringside Special: Noel Wilders V Patrick Mullins – LIVE** Paul Dempsey presents this head-to-head battle for the British bantamweight title.		**8.00 International Bowls: Australia v England Second Test** St Johns Park in New South Wales plays host to the crucial second Test match between Australia and England. England's finest will be hoping that this is at least one sport in which we can get the better of our Antipodean cousins.	**8.00 Time Trax** *Fire and Ice* Darien tries to catch two 22nd-century thieves who are planning to steal the world's most precious gems.	**8.00 Hit List UK** Cat Deeley counts down the movers, the new entries and the latest number one.
9.00 PM	**9.00 Rally** Highlights of the FIA World Rally Championship held in Portugal.				**9.00 The Crow: Stairway to Heaven** *Double Take* Draven tracks down a young woman who has assumed Shelly's identity.	**9.00 Daily Edition** The latest from the world of showbiz. **9.30** **Celebrity Death Match** Claymation fighting.
10.00 PM	**10.00 Eurogoals** All the best goals scored in recent European competitions.	**10.00** **Sky Sports Centre** **10.15** **You're On Sky Sports!** Football fans have a chance to air their views.	**10.00** **World Pool League** Pool action from Warsaw, featuring stars such as Oliver Ortmann, Jim Rempe and Steve Davis.	**10.00** **Shell's Wonderful World of Golf** Memorable golfing moments from the fairways of yesteryear. **11.00-11.30pm** **Views of Golf** A look at some of the game's legends.	**10.00** **FILM: Retroactive** *James Belushi, M Emmet Walsh, Kylie Travis* Action thriller. When a young woman witnesses a series of brutal murders, she travels back in time to try to prevent the carnage happening again. *1997* **11.40** **Sci-Focus Special**	**10.00** **Celebrity Death Match** Clay figures fight to the bitter and bloody end. **10.30 Mad 4 Hits** Chart-busting smashes.
11.00 PM	**11.30-12.30am** **Ski Jumping**	**11.00** **World Football Show** **11.30** **Sky Sports Centre** **11.45 Ringside** The latest live boxing action from up and down the country.	**11.00 Football League Review** A blow-by-blow account of all the recent Nationwide league action, including every goal scored.			**11.00 brand:new** A tongue-in-cheek view of what's happening and who is about to be huge in the music industry, presented by Zane Lowe.
12.00 NIGHT TIME	Action from the World Cup in Planica, Slovenia.	**1.45 You're On Sky Sports!** Football fans air their views. **2.30-2.45am** **Sky Sports Centre** Up to-the-minute sports news, presented by Matthew Lorenzo and Kirsty Gallacher.	**12midnight Total Sport** **12.30am Three Sixty Surfing** **1.00 Telegraph Action Sport** **1.30 Sailing: Blown Out** **2.00 International Bowls: Australia v England Second Test – Triples** **4.00-4.15am** **Sky Sports Centre**		**12midnight The Flash** *Ghost in the Machine* **1.00am** **FILM: Reflection of Fear** *Robert Shaw, Mary Ure* Horror. *1973* **2.40 Sci-Focus Special** **3.00-4.00am Babylon 5** *Strange Relations ²*	**12midnight Superock** A plethora of back-to-back rock videos, playing the entire spectrum from Reef to Elvis to Type O. **1.00am** **Celebrity Death Match** **1.30 Mad 4 Hits** **2.00-6.00am Night Videos**

MOTORCYCLING: WORLD CHAMPIONSHIP GRAND PRIX
EUROSPORT 9.00AM

The opening round of motorcycling's World Championship took place in Welkom, South Africa, and promised to be as exciting as ever in all three classes, the 125cc, 250cc and 500cc. A total of 16 races make up the season and the big news is the retirement of the legendary 500cc champ Mick Doohan of Australia after a serious injury in 1999. Among those out to try to replace him are the Spaniard Alex Criville (pictured).



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview
10.06 FILM: The Sexperiment
11.40 Sex Court
12midnight Freeview
12.10am Adult Feature
12.15 Neil Down
12.45 Adult Feature
2.05 Girls about Town
2.20 No Bed of Roses
3.30-4.00am Wet 2

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight
The Ten Minute Preview
12.10am Adult Feature
12.40 FILM: Dark Secrets
1.00
The Five Minute Freeview
1.05 FILM continues
1.55 The Omar Show
2.20 FILM: Perplexed
3.30-4.00am Louisa

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Monday 20 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Duran Duran
All the biggest hits from the Eighties pop sensations.
1.30 Pop-Up Video
Another helping of irreverent fun and trivia from the *Pop-Up* team.
2.00 Jukebox
Turn your TV into a front-room video jukebox with this viewers' request show.

4.00 The Millennium Classic Years: 1986
The space shuttle *Challenger* explodes shortly after take-off from Cape Canaveral in Florida.
5.00 Top Ten
The latest up-to-the-minute rundown from VH1 Towers of the best videos around.

6.00 Video Timeline: Celine Dion
6.30 Greatest Hits: Duran Duran
VH1 presents the best Duran Duran album ever.
7.00 VH1 Hits
Back-to-back corking classics – only the biggest and the best make it onto *VH1 Hits*.

8.00 The Millennium Classic Years: 1972
The hits and news from the year that the government imposed direct rule over Northern Ireland.
9.00 The VH1 Album Chart Show
Paul King with the biggest-selling albums of the week in the UK.

10.00 Behind the Music: 1999
Wrapping up the year with a recap of the trends and talents that made 1999 so significant.
11.00 Ed Sullivan's Rock'n'Roll Classics
11.30 Greatest Hits: Duran Duran
VH1 presents the best Duran Duran album ever.
12midnight Talk Music
The latest music news.
12.30am
Video Timeline: Celine Dion
1.00
Hey, Watch This! – Legends
2.00 VH1 Country
2.30 Soul Vibration
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter III
Steve's Greatest Crocodile Captures
1.00pm Emergency Vets
1.30 Pet Rescue
Following the fortunes of abandoned animals.
2.00 Harry's Practice
2.30 Zoo Story
Gita the elephant shows her ingenuity in looking for food.

3.00 Going Wild with Jeff Corwin
Kentucky – Mammoth Caves
3.30 Croc Files
Steve Irwin seeks pythons.
4.00 Croc Files
Steve and Terri encounter lizards in the outback.
4.30 Aquanauts
The aquanauts dive with hammerhead sharks.
5.00 Emergency Vets
A stray Shepherd mix hit by a car is admitted.
5.30 Zoo Chronicles.
Pam St Clement meets a macaw who can't fly.
6.00 Crocodile Hunter
Forces of Nature
Steve Irwin Joins the US military at the half-million-acre Elgin Air Force Base for a wild flying trip.
7.00 Deeds Not Words
A look at the work of the Wildlife Waystation.
7.30 Living Dangerously
Series about conservation.
8.00 Emergency Vets
A retriever/setter mix is diagnosed as diabetic.
8.30 Emergency Vets
A puppy is brought in suffering from a virus.
9.00 Untamed Africa
Hunger and Desire
In the Masai Mara National Reserve, two male leopards impose a reign of terror on the plain.
10.00 Wild Rescues
Magazine programme celebrating the unique relationship between humans and animals.
10.30 Wild Rescues
11.00 Emergency Vets
A seven-foot python is having trouble seeing out of one eye.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

'The Making of Walking with Dinosaurs'. UK Horizons 9.00pm

ITV2
ACCESS PACK

4.00pm CD:UK
The music chart show with the latest acts performing live in the studio.

5.00 The Worst Witch
Green Fingers and Thumbs
Drama series set in a school for trainee witches.
5.30 The New Addams Family
6.00 Blind Date
Hostess Cilla Black plays matchmaker to another selection of couples hoping to get lucky in love.

7.00 World Football
The best football action from around the world.
7.30 World Sport Special
Sports news and features.
8.00 Uefa Champions' League Weekly
Featuring reviews and previews of all the latest action from the Uefa Champions' League.
9.00 At Home with the Braithwaites
Alison's family throws a surprise party to celebrate her 40th birthday. David attempts to have sex with his secretary in a supermarket car park. Alison decides not to tell her family about an event which will change their lives forever.
11.00 Feature
11.30 Coronation Street
Featuring tonight's episode of the popular Lancashire-set soap from ITV. Text
12midnight Soap Fever
Guests, chat, previews and reviews, archive specials and tributes to soap icons.
1.00am
The Jerry Springer Show
More outrageous revelations.
1.50-2.20am
Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Garden Grow? 8.00 Travel Express 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Dream House 11.30 Moving People 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Delia Smith's Winter Collection 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show

3.00 Gardening from Scratch
The gardening series for absolute beginners.
3.30 Home Front in the Garden
4.00 Travel Xpress
More globetrotting.
4.30 Holiday in Style
UK Style presents an exclusive extended version of the BBC's popular travel show *Holiday*.
5.30 Antiques Roadshow US
Exclusive to UK Style, antiques expert Chris Jussel hosts the US version of Britain's best-loved antiques programme.
6.30 Real Rooms
Viewers' rooms get a revamp by the experts.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Sue Cook looks at more collectables.
8.00 Change That
Interior design roadshow.
8.30 Which Craft?
Combining traditional arts and crafts with practical ideas for the home.
9.00 Delia Smith's Winter Collection
Back to Baking
9.30 Antiques Roadshow
More members of the public bring along their antiques for examination.
10.30 House Invaders
Linda Barker hosts the DIY show in which homes are given a no-budget facelift.
11.00 The Flower Show
With florist Jane Packer.
11.30 Gardeners' World
With Alan Titchmarsh.
12midnight Garden Stories
Personality
A series exploring the British passion for gardens.
12.30am-1.00am
Home Front in the Garden
Garden design programme.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Jobs for the Boys 7.50 The Essential Guide to Rocks 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Planet Hunters 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Jobs for the Boys 2.45 Battersea Dogs' Home

3.15 Walking with Dinosaurs
New Blood
Documentary series.
3.45 Money, Money, Money
Unlimited Liability
4.15 Money, Money, Money
Eye of the Needle
4.45 Animal Hospital
A visit to the busy 24-hour RSPCA Harmsworth Hospital for sick pets.
5.20 Airport
Behind the scenes at Heathrow Airport.
5.55 City Hospital
Documentary series in which Gaby Roslin and her team of presenters report on life at Southampton General Hospital.
6.55 Dream House
Carol Vorderman tries to build a hi-tech dream house in just six weeks.
7.30 Blues and Twos
Series following the work of the emergency services.
8.00 Animal Hospital
A visit to the busy RSPCA Harmsworth Hospital.
8.30 Walking with Dinosaurs
New Blood
9.00 The Making of Walking with Dinosaurs
Documentary which goes behind the scenes of *Walking with Dinosaurs*.
10.00 Airport
Behind the scenes at Heathrow, the world's busiest international airport.
10.35 Airport
Documentary series.
11.05 Top Gear GTi
Motoring magazine.
12.05am-1.00am
MacIntyre Undercover

UK PLAY:
1.00am Smashie and Nicey – The End of an Era 1.50 Shooting Stars 2.20 Chris Moyles 2.50 Soul Divas' Dream Performances 3.15 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 A Year at Ballymaloe 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Chocolate Covered 12noon Classic Dishes 12.30pm Nordic Nosh 1.00 Coxon's Kitchen College 1.30 Peter Gordon's Pacific Food 2.00 Food Network Daily 2.45 Simply Fish
With James Martin.
3.30 Tessa's Tastebuds
Corn and Cornflour
Tessa prepares chilli corncakes.
4.00 Simply Baking
Foreign Baking
4.30 The Spice Trail
The food of northern India. Spicy kebabs are given an unusual treatment.
5.00 Flash in the Pan
5.30 Classic Dishes
Preparing Spanish tapas.
6.00 Coxon's Kitchen College
6.30-7.00pm
Tastes of Britain

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Leading the Way
How the explorer Ernest Shackleton's leadership skills are still admired today.
8.00
In Search of Lawrence
The award-winning writer Michael Asher retraces the steps of the legendary Lawrence of Arabia.
9.00 The Superliners
Twilight of an Era
A nostalgic look at the *Queen Elizabeth II* and other superliners that once traversed the Atlantic.
10.00 Arctic Disaster
Crash of the Airship Italia
How, in 1928, the Airship *Italia* crashed in the Arctic, leaving nine survivors to battle freezing conditions.
11.00
Explorer's Journal
Stealing Beauty
Ruth England investigates the worldwide threat to areas of pristine wilderness.
12midnight The Ice Wall
Documentary tracing the ancient and modern traditions of the Sherpa people, originally from Tibet, who have helped many acclaimed climbers to reach the summit of Everest.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
More aspiring stars impersonate their heroes.
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
Fast-paced quiz show.
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Grow for It 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Grow for It 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Kingsbury Square
12noon Hometime
12.30pm Hometime
1.00 Two's Country
1.30 Ron Hazelton's Housecalls
2.00 A Car is Born
2.30 The New Yankee Workshop
Pastry Unit
3.00 This Old House with Steve and Norm
3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Scratch TV 4.15 Got Any Gear? 4.30 That Film Show 5.00 Trainspotting 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Monday 20 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 The Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.300 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.45am Swabimaan 1.15 FILM 4.00 Gaurav 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Time 10.30 Sport 11.30 Biz Asia 12.30pm CNNdotCOM 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 Time 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Euro Zindagi 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Zaike Ka Safar 8.30 Tara 9.00 Abhinetri 9.30 Basera 10.00 Awaazain 11.00 Jhat Pat Khana 11.30 Amar Prem 12noon FILM 3.00pm Hello Friends 3.30 Pride Ka Aashirwad 4.00 Raahat 4.30 Quiz Contest 5.00 Hum Paanch 5.30 Hasratein 6.00 Budha Ghar Pe Hai 7.00 Hadd Kar Di 7.30 Top of the Tops 8.00 News Bulletin 8.30 Aashiqui 9.00 Sa Re Ga Ma 10.00 Ru Ba Ru 10.30 Up Beat 11.00 A List 11.30 Chahat Aur Nafrat 12midnight News Bulletin 12.30am Aap Ki Adalat 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Nancy 5.30-6.00am Abhinetri

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 CMTV 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This is Your Day 8.00 Thought for the Day 8.05 Money Matters 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Les Chiens ne Font pas des Chats 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Mise au Point 1.00 Journal Télévisé 1.15 Les Chiens ne Font pas des Chats 3.00 Journal Télévisé 3.15 Questions 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Les Chiens ne Font pas des Chats 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.15 Cinéma 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Bloomerg Money: Alternative Investments 3.15 Clips 3.45 Boarding Pass 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 Dateline London 7.30 Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight Dateline London

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Yarra River
4.30 Discovery Today
Rolling news programme.

5.00 PM

5.00 Time Team
Turkdean
Discovering evidence of a Romano-British villa complex in the village of Turkdean, Gloucestershire.

6.00 PM

6.00 Test Flights
The New Frontier
Examining the effect of computer technology on flight and one man's efforts to make airliners safer.

7.00 PM

7.00 Beyond 2000
Science magazine series.

7.30 Discovery Today
Rolling news programme.

8.00 PM

8.00 Science Times
Stories Bones Tell

9.00 PM

9.00 Chariots of the Gods – The Mysteries Continue
Erich Von Daniken takes a look at some famous ancient mysteries.

10.00 PM

10.00 Myths of Mankind
The Flood
Examining the ancient myth of a great flood that wiped out mankind.

11.00 PM

11.00 The Century of Warfare
Charting conflict in the 20th century. The Vietnam War changes America's role as a superpower.

12.00

NIGHT TIME

12midnight The Bounty Hunter
Profile of Ted Oliver, the only British bounty hunter working in the USA.
1.00am Discovery Today
Rolling news programme.
1.30-2.00am Battle for the Planet
Road Renegades

3.00 Flying Rhino Junior High 3.30 Fat Dog Mendoza
The adventures of a canine explorer.

4.00 Mike, Lu and Og 4.30 The Powerpuff Girls
The girls fly into action once more to save the people of Townsville.

5.00 Dragonball Z

6.00 Tom and Jerry
Madcap comic antics with the constantly sparring cat and mouse duo.
6.30 The Flintstones
Stone Age shenanigans.

7.00 Scooby Doo – Where Are You? 7.30 Looney Tunes 8.00 Pinky and the Brain 8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm China Beach
The assassination of Martin Luther King causes a war-within-a-war as black troops engage in a savage racial conflict.

10.00 FILM: Never So Few
Frank Sinatra, Gina Lollobrigida, Peter Lawford
World War II drama, set in Burma, focusing on a small American-led task force fighting the invading Japanese. *1959, 117 mins*
12.30am-1.00am The Hitchhiker

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.

4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.

5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel 6.00 Renford Rejects 6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Get Ready for Her Close-Up
7.30 Desmond's 8.00 Dharma and Greg
Valet Girl
American sitcom.
8.30 Mad About You
The Wedding Affair
9.00 Married... With Children
The House That Peg Lost
9.30 Spin City
The Pope of Gracie Mansions
10.00 Frasier
The Perfect Guy
10.30 Father Ted
Escape from Victory
The priests play in an over-75s football competition.
11.00 Drop the Dead Donkey
Everyone prepares for the impending marriage.
11.30 Whose Line is it Anyway?
12midnight Cheers 12.30am Roseanne 1.00 Newsradio 1.30 Duckman 2.00 Hitz 2.30 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press UK Connection 3.30 Inspector Gadget 4.00 Power Rangers in Space 4.30 Mystic Knights of Tir Na Nog 4.50 The Secret Files of the Spy Dogs 5.00 Monster Rancher 5.20 Biker Mice from Mars 5.30 Mad Jack the Pirate 6.00 Oggy and the Cockroaches 6.20 Sam and Max 6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 8.00 Beauty Shop! 8.30 Clothes Shop! 9.30 Sports Shop! 10.00 Kids Shop! 11.00 Clothes Shop! 12noon Home Shop! 1.00pm Bargain Shop! 1.30 Gift Shop! 2.00 Beauty Shop! 2.30 Kitchen Shop! 3.30 Jewellery Shop! 4.30 Entertainment Shop! 5.30 Shop! Selection 6.00 Clothes Shop! A chance to see the most popular ranges again. 7.00-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

THE HISTORY CHANNEL
WORLD PACK

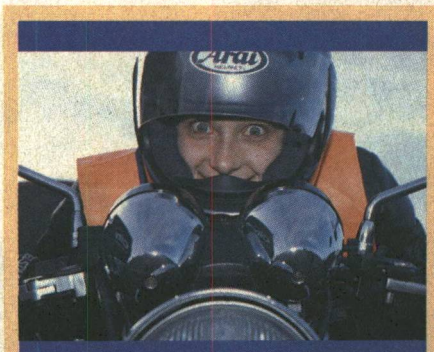
12noon Line of Fire
Marston Moor 1644
1.00pm David Starkey
Henry VIII – Part I
2.00 Knights and Armour
4.00 The Thinking Weapon – Part I
5.00 The Hindenburg – Part II
6.00 Killer Submarine
The story of a refugee ship sunk by a Soviet submarine.
6.55 Photos for the Future II
7.00 Project Cancelled
The Cheyenne
Why the US Army cancelled the production of this helicopter despite it being highly manoeuverable and extremely fast.
8.00 Biography
Jimmy Stewart
9.00 Great Crimes and Trials
Son of Sam
9.30-10.00pm Spies
House of Spies

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 3.00pm.



Vicki Butler-Henderson
GIRL RACER

Hot wheels

Vicki Butler-Henderson's on the road again, but this time the adrenalin queen is donning sober 'L' plates and a fluorescent top

IT'S a good thing to set yourself goals in life sometimes, and it's a fantastic feeling when you achieve them, don't you agree? Well, I set myself a challenge a few years ago (I know, it takes me a while to get the ball rolling) but I have now fulfilled one ambition, and I have to say I'm as pleased as a very pleased thing. You see, I've just passed my motorbike test.

I've always thought that bikes were rather sexy things – and I don't mean big old Harley Davidsons – I'm talking sports bikes, and the bigger the rear tyre the better. I've been on the back of a few and was just amazed at the way they can accelerate. They are phenomenal. So, being an adrenalin junky, I knew I had to taste that power and speed first hand. Anyway, I'm not a massive fan of not being in control of a vehicle, whatever it may be.

And so the plot was hatched for me to grapple with the handlebars and see if I really enjoyed it. I did, and I do! I had a five-day intensive training course at Motorcycle City in Tamworth, near Birmingham, and started off on a 125cc – yes, complete with 'L' plates and a very attractive fluorescent top.

It scared me a bit to start with because the feeling was so new, but just a few hours later I was let loose on public roads with my instructor following (closely). The next few days on the little buzz-box saw me complete U-turns, which were a bit wobbly to begin with, at very low speeds, and of course the good old emergency stop.

On the fourth day I moved up to a Suzuki GS500 and thought I was in heaven. The smallest twist of the throttle saw me rocketing up a road – and I was hooked. This is what it's all about – an open road and an enjoyable amount of power.

Back in town, it didn't help my nerves (not one bit) that I had the *Top Gear GTi* crew following my progress. I have to admit I banned them from filming me actually doing my test. As I rode out of the Test Centre at Lichfield – with the examiner following on his bike – I prayed. Rather a lot, actually. In true 'learner-fashion' I was nodding my head as I checked my mirrors, and looked over my shoulder so many times that I could give the original Nodding Dog a run for his money. I did the best slow-speed U-turn of my small biking career but goofed badly as we rode back into the test centre by putting my foot down like a true 'amateur' as we turned into the car park.

The examiner asked me a couple of biking questions and then said those immortal words: 'I'm pleased to say that you have passed.' Upon which I burst into tears and made him say them again! Thankfully, it's all captured on film so I can revel in my delight!

Here are some useful numbers to make it easier to organise your test.
Motorcycle City, Tamworth: call 01252 400 333
Phoenix Distribution (clothing): call 01782 839879

See Vicki on *Top Gear GTi*, UK Horizons, Saturday and Monday, check listings for details. You can watch Vicki doing her bike test, 'L' plates and all, on Saturday 4th. Also this month, she puts the VW Bora through its paces.

PHOTOS: MARTIN SALTER

Tuesday 21 March

SKY PREMIER
PREMIUM CHANNEL

6.00am About Sarah
1998, rating Sky PG, 89 mins
8.00 Cannonball Fever
1989, rating Sky PG, 91 mins
10.00 Sinbad and the Eye of the Tiger
1977, rating Sky PG, 108 mins
12noon Leona Helmsley: Queen of Mean
1990, rating Sky PG, 94 mins
2.00pm Who Gets the Friends?
Jill Clayburgh, James Farentino, Lucie Arnaz, Norman Parker
Romantic comedy about a seemingly perfect couple whose 17 years of marital bliss come to an end when the husband decides that he has fallen out of love with his wife. *1988, rating Sky PG, 90 mins*

4.00 Under the Lighthouse Dancing
Jack Thompson, Jacqueline McKenzie, Naomi Watts
Drama based on a true story about a couple who take their friends to their idyllic island retreat, only to have their plans ruined. *1996, rating Sky PG, 90 mins*
5.45 Sinbad and the Eye of the Tiger
Patrick Wayne, Jane Seymour, Taryn Power, Margaret Whiting
Fantasy in which the mythological sea-going hero attempts to deliver a prince, transformed into a monkey, to the land of a sorcerer who can restore him in time for his coronation. *1977, rating Sky PG, 108 mins*
7.45 Oscar Report
A daily report from Los Angeles on Oscar preparations.

8.00 Afterglow
Nick Nolte, Julie Christie, Lara Flynn Boyle, Johnny Lee Miller
PREMIERE Drama. Two couples, both unhappy with the state of their relationships, are thrown together in Montreal. The older couple – a handyman and his ex-actress wife – come into contact with a young business man and his beautiful wife. *1997, rating Sky PG, 109 mins*
10.00 The Full Monty
Robert Carlyle, Tom Wilkinson, Mark Addy, Paul Barber
Comedy. A group of unemployed Sheffield men become tired of hanging out in the Jobcentre, waiting for the perfect job to come along. So they turn to stripping to make ends meet. Text *1997, rating Sky 15, 88 mins*
11.35 The Edge
Anthony Hopkins, Alec Baldwin
Drama. A billionaire is stranded in the wilderness. Text *1997, rating Sky 15, 113 mins*
1.35am Live Flesh
Javier Bardem, Liberto Rabal
Widescreen *1997, rating Sky 18, 97 mins*
3.20-6.00am Wilde
Text *1997, rating Sky 15, 112 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Enchanted
1999, rating Sky PG, 92 mins
8.00 The Bears and I
rating Sky PG, 85 mins
10.00 McHale's Navy
Tom Arnold, Tim Curry, Ernest Borgnine, Dean Stockwell
Text *1996, rating Sky PG, 104 mins*
12noon Running Brave
Robbie Benson, Pat Hingle
1983, rating Sky PG, 102 mins
2.00pm Enchanted
Sydney Penny, John Ward, David Kaufman, Ildiko Jaid
Romantic adventure about a group of college leavers and their various successes as they embark on a new life in the big, wide world. *1999, rating Sky PG, 92 mins*

4.00 Sam Churchill: Search for a Homeless Man
John Schneider, Robin Lively, Alex Rocco, Rudy Ramos
Thriller in which a private investigator faces his most challenging – and deadly – case after he is hired to track down the father of a client, who is being held captive by a group of dangerous criminals. *1998, rating Sky PG, 92 mins*

6.00 McHale's Navy
Tom Arnold, Tim Curry, Ernest Borgnine, Dean Stockwell
Comedy adventure based on the 1960s American TV series. McHale and his men lead a charmed life stationed on a sleepy Caribbean island until a Russian major invades a nearby island, putting a damper on the sailor's easy lifestyle. Text *1996, rating Sky PG, 104 mins*

8.00 Blade Squad
Yancey Arias, Kirk Baltz, Joy Bisco, Lori Heuring
Sci-fi action set in a chaotic future, where law and order is maintained by a maverick band of roller-blading youngsters, ready to roll into action at a moment's notice. They are the blade squad, young, fun and ready to rumble. Text *1998, rating Sky 15, 85 mins*
10.00 Homegrown
Billy Bob Thornton, Hank Azaria, Kelly Lynch, Ryan Phillippe
PREMIERE When two of a trio of marijuana growers find their boss murdered, they decide the time has come to go freelance. Text *1998, rating Sky 18, 98 mins*
11.45 Whispers in the Dark
Annabella Sciorra, Jill Clayburgh
Erotic mystery about a psychiatrist and a patient. *1992, rating Sky 18, 98 mins*
1.30am The Trigger Effect
Text *1996, rating Sky 15, 91 mins*
3.05 Quicksilver Highway
1997, rating Sky 15, 87 mins
4.35-6.00am Sam Churchill: Search for a Homeless Man
John Schneider, Robin Lively
1998, rating Sky PG, 92 mins

MOVIE RATINGS
Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm Cold Comfort Farm
Kate Beckinsale, Joanna Lumley, Ian McKellern, Miriam Margolyes
Comedy about an orphaned young girl who leaves London to settle with her relatives. Once there she endeavours to organise the chaotic world in which her kin reside. *1995, rating Sky PG, 99 mins*

6.00 Back Street
Vera Miles, John Gavin, Susan Hayward, Charles Drake
Romantic Drama. A talented and successful fashion designer meets and falls in love with a wealthy man. However, he is already married, and despite her best efforts to resist him, she agrees to become his mistress. *1961, rating Sky PG, 102 mins*

8.00 Jennifer Eight
Andy Garcia, Uma Thurman, Kathy Baker, John Malkovich
Psychological thriller about an ex-LA cop now living in a small town. A pair of local murders lead him to a blind woman who seems to be the key to the serial killer's activities. What is more, she may be 'Jennifer 8', the murderer's codeword for the next victim. *1992, rating Sky 15, 120 mins*
10.05 Cape Fear
Robert De Niro, Nick Nolte, Jessica Lange, Juliette Lewis
Remake of the 1962 thriller in which a psychopath comes out of prison after 14 years bent on revenge. The object of his hate is the lawyer who failed in his defence at trial. Now the ex-con seeks to terrorise him and his family. *1991, rating Sky 18, 122 mins*
12.10am Firepower
Sophia Loren, James Coburn
1979, rating Sky 15, 99 mins
1.55 Paranoiac
Janette Scott, Oliver Reed
1963, rating Sky 15, 77 mins
3.20-6.00am The Leopard
Burt Lancaster, Claudia Cardinale
1963, rating Sky PG, 155 mins

Nick Nolte and Julie Christie try to recapture the spark in the premiere of 'Afterglow'. Sky Premier 8.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Sleeper
Woody Allen, Diane Keaton
Highly inventive slapstick comedy which follows the story of a saxohphone player who also runs a Greenwich Village health food store. He emerges from a cryogenically-induced sleep 200 years in the future to find himself in a revolt to overthrow a dictatorial world leader. Text *1973, 84 mins*
8.00 Les Visiteurs
Jean Reno, Christian Clavier
Comedy. When a 12th century knight and his spectacularly thick servant are catapulted into 20th century Languedoc, they begin their search for the magical means of return, while getting tied up with their descendants as well as the new technology. In French with subtitles. *1993, 102 mins*
10.00 Starman
Jeff Bridges, Karen Allen
Sci-fi drama. An alien is stranded on Earth and needs to travel across America to meet up with his spaceship. While on his journey he kidnaps a woman to help him adjust to the human way of life, but his adoption in human form of her late husband leads to love and romance. *1984, 111 mins*
12.05am Hollywood Conversations
A series of interviews profiling some of Hollywood's biggest names.
12.35 La Voie Lactée
Science fiction. *1968, 100 mins*
2.35am Whirlpool
Drama. *1949, 114 mins*
4.10-6.00am Le Samourai
Crime drama. *1967, 104 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00 The Song of Bernadette
Jennifer Jones, Vincent Price, Charles Bickford, William Eythe
Drama. An adolescent peasant girl has a vision of 'a beautiful lady' in the city dump. She never claims it to be anything other than this, but the townspeople all assume it to be the Virgin Mary. The pompous goverment officals think she's crazy, and do their best to suppress the girl. *1943, 156 mins*
9.45 Quigley Down Under
Tom Selleck, Alan Rickman
Western adventure. A talented sharpshooter is hired from America by an Australian rancher so he can shoot aborigines at a distance. Once he discovers the rancher's motives he takes exception to the task and escapes into the bush, where he is helped by the aborigines before going on to destroy all his enemies. *1990, 119 mins*

12midnight The Wild Geese
Richard Burton, Roger Moore
Action adventure. *1978, 134 mins*
2.30am Darryl F Zanuck – 20th Century Filmmaker
3.30 A Boy and His Dog
Don Johnson, Suzanne Benton
Science fiction. *1975, 89 mins*
5.15-7.00am For Freedom
Wartime drama. *1940, 87mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
THE THIN RED LINE
Epic war drama which focuses on a group of soldiers in the Pacific island of Guadalcanal. The men from Charlie Company are trying to find the inner strength to carry on fighting. Stars Sean Penn, Nick Nolte and George Clooney.
Text *1998, rating Sky 15, 164 mins*
PLAYS AT 6.00pm, 9.00pm, 12midnight, 3.00am

Sky Box Office 3
Channel 53
PATCH ADAMS
Comedy. A medical student is convinced that laughter is the best medicine, but not everyone agrees with his unique approach. Stars Robin Williams and Philip Seymour Hoffman. Text *1998, rating Sky 12, 111 mins,*
PLAYS AT 10.00am, 12noon, 2.00pm, 4.00pm, 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
VERY BAD THINGS
Black comedy about a stag night that goes very badly wrong. A man is about to marry a perfectionist but first he must get through his stag night, and his friends have some surprises planned. Stars Christian Slater, Jon Favreau, Cameron Diaz and Jeanne Tripplehorn.
Text *1998, rating Sky 18, 96 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 21 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
You May Think You're Blessed, But Show Too Much Chest
Women who love to flaunt their bodies are asked by their friends to cover up.

4.00 Pokémon
Wake Up, Snorlax
4.30 Pokémon
Showdown at Dark City
The friends visit a town ruined by the Gym Masters' battles.

5.00 Stargate SG-1
Cold Lazarus
O'Neill is knocked out and replaced by an alien double while on a mission. With Richard Dean Anderson.

6.00 Friends
The One with the Dollhouse
There's trouble for Rachel when her boss dates Chandler. Text
6.30 Dream Team
Marilyn meets up with Prash.

7.00 The Simpsons
A Fish Called Selma
Troy McClure stages a Hollywood comeback.
7.30 The Simpsons
Bart's Dog Gets an F Text

8.00
3rd Rock from the Sun
Dick Who's Coming to Dinner
8.30 Futurama
Brannigan, Begin Again
Zap Brannigan inspires mutiny.

9.00 The Strangerers
Flynn discovers Niven's terrible secret. A few acquaintances show up and none of them have the aliens' best interests at heart.
9.30 Third Watch
Emergency services drama.
10.30 Cops
Indianapolis
Police officers target alleged 'johns' in an area known for prostitution activity. Text
11.00 Dream Team
11.30 Stargate SG-1
Cold Lazarus
O'Neill is knocked out and replaced by an alien double while on a mission. With Richard Dean Anderson. Text
12.30am Picket Fences
Reap the Whirlwind
The town prepares for a tornado and Wambaugh celebrates his 40th wedding anniversary.
1.30-7.00am Long Play
Enjoy a variety of music through the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing
Truth and Consequences

3.00 The Bill
Dangerous Game
Sun Hill's CID team up with the Flying Squad to catch a gang of vicious armed robbers.

4.00 EastEnders
Market traders go on strike and Mandy tells Mark why she is upset.
4.35 Neighbours
The finger of suspicion points to Russell when Annalise falls ill.

5.00 Bugs
Gold Rush
The Bugs team investigates a computer crash caused by a microbe which eats through electrical connections.
6.00 The Brittas Empire
The Last Day
Brittas prepares for his trip as European Commissioner for Sport.
6.35 Going Straight
Going-Going-Gone
More of Fletcher and Godber.
7.10
Are You Being Served?
Coffee Morning
The assistants take union action.
7.45
Keeping Up Appearances
Hyacinth volunteers to meet the Ladies Luncheon special guest who is a retired commodore.
8.20 Open All Hours
Comedy with Ronnie Barker.
9.00 dinnerladies
Catering
Bren is having a hard time with the work experience helpers.
9.40 Sunburn
The reps clash with the paparazzi and a gang of kidnappers.
10.45 Heartbeat
Bad Blood
Nick investigates a malicious burglary and Greengrass is discovered handling stolen goods. An old boyfriend of Gina's arrives in Aidensfield – with a criminal record.
11.50 The Bill
Dangerous Game
Sun Hill's CID team up with the Flying Squad.
12.55am Casualty
What Are Friends For?
1.50 Whatever Happened to the Likely Lads?
Between Ourselves
2.25-2.55am Men Behaving Badly
A Troublesome 12-Inch
Why has Deborah agreed to spend the night with Tony?

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
A talk show offering advice to people in a dilemma.
3.50 Forgive or Forget
Host Mother Love helps deal with relationship problems through talk and forgiveness.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.

5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively discussion about relationships.
7.00 Judge Judy
Family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.
7.30 Life, Camera, Action
Drama caught on camera.
8.00 Peak Practice
Drama series about a rural Derbyshire general practice.

9.00
FILM: Midwest Obsession
Courtney Thorne-Smith, Kyle Secor, Tracey Gold
Thriller based on a true story. A beauty queen becomes fixated with a cowboy who rescues her from an over-amorous date. She decides that she must have him – even if it means eliminating his girlfriend. *1995*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
A Bullet for McGarrett
A radical Chinese Maoist student attending the university is found dead just as McGarrett has obtained revealing evidence.
4.00 Kojak
My Brother, My Enemy
Sylvester Stallone guest stars as Detective Daley who accidentally shoots a young boy during an arrest attempt.
5.00 Hart to Hart
A Christmas Hart
The Harts become targets for murder when they infiltrate a jinglegram company. With Stephanie Powers.
6.00 Emmerdale
Joe refuses to face the truth about Annie. Text
6.30
Classic Coronation Street
It's Hilda Ogden's birthday. Text
7.00 George and Mildred
The Little Dog Laughed
George resents the dog getting better treatment than he does.
7.30 Bless This House
Love Me, Love My Tree
8.00 The Benny Hill Show
Benny's back with a selection of characters including Fred Scuttle, who's supervising his own channel tunnel.

9.00 Kojak
Sweeter Than Life
Kojak is dismayed to learn that his nephew is on drugs.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Showgirls
A look at what it takes to make it as a top showgirl.
11.30 Bikini Ski Trip
Erotic late-night series in the form of a men's magazine.
12.30am
Garry Bushell Reveals All
TV critic Garry Bushell and his guest panel spill the beans on celebrities.
1.00 4play Away – Amsterdam
Fly-on-the-wall docu-soap following the exploits of four glamour girls.
1.30-2.00am
South Beach Model Search

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size10.30 Toons 10.35 Circle Time 10.40 Rolie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Classic Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming undersea adventures of the mermaid Ariel and her friends. Text
3.30 Classic Toons
Your favourite classic characters.
4.00 Sabrina
Hilarity, magic and mayhem rule in this animated series.
4.30
Hercules: The TV Show
Hercules and the Yearbook Text
5.00 Recess Double Bill
Animated series from the creators of *Rugrats*. Text
5.30
My Best Friend Is an Alien
They Shoot, They Splorked Text
6.00 Smart Guy
A Beating is Fundamental
TJ meets a fellow junior genius who's not too smart when it comes to basic politeness. Text
6.30 Microsoap
7.00 FILM: Can of Worms
Michael Shulman, Eric Christensen
Comedy. A youth is convinced he doesn't belong on Earth, and longs for contact with aliens. Problems arise when he uses a home-made device to broadcast his plea for help. *1999* Text
8.20 Honey, I Shrunk the Kids: The TV Show
Honey, I'm the King of the Rocket Guys Text
9.00 Boy Meets World
Resurrection
Cory feels Topanga should face the reality of the situation. Text
9.30 Dinosaurs
State-of-the-art puppetry. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
The Full Monty
Sky Premier 10.00pm
The surprise hit that captured the hearts of audiences around the world, this comedy tells of a motley group of unemployed Sheffield steelworkers, including Robert Carlyle, who hit on a novel money-making plan: they form a stripping troupe that will dare to bare all.

GENERAL
Sunburn
UK Gold 9.40pm
Michelle Collins, Sean Maguire and Paul Nicholas star in the second series of *Sunburn*, the popular BBC series charting the lives and loves of the hard-working reps of Janus Holidays in sunny Portugal. One-night stands, romances and broken hearts are in store.

ADVERTISEMENT
UK GOLD

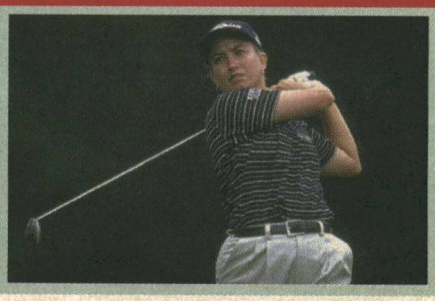
DINNERLADIES
9.40PM
Award-winning comedienne, actress and performer Victoria Wood, makes her sitcom debut in this bittersweet and hugely popular comedy series about the troubled lives of a group of dinnerladies.

Tuesday 21 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am Table Tennis** **9.00 Swimming** **11.00 Eurogoals** **12.30pm Gillette Dream Team** This episode focuses on the dream team's centre forward. **1.00 Rally** Coverage of the exciting FIA World Rally Championship in Portugal. **2.00 Biathlon**	**7.00am Sky Sports Centre** **7.15 WWF – Livewire** **8.15 You're On Sky Sports!** **9.00 Racing News 9.30 Aerobics Oz Style 10.00 World Football Show** **10.30 Football League Review 11.30 Asian Sports Show** **12noon Aerobics 12.30pm World Football Show** **1.00 Ringside**	**7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports Show 8.45 Sky Sports Centre 9.00 Action Sport 9.30 Three Sixty Surfing 10.00 World Pool League 11.00 International Bowls: Australia v England Second Test – Triples 1.00pm Sailing: Blown Out 1.30 World Pool League 2.30 Asian Sports Show**	**12noon Max Power** International motoring action from touring cars, to road racing and off-road events. **1.00pm Action Sport** An adventure into the world of action sports. **1.30 Three Sixty Surfing** Features spectacular three sixty surfing footage. **2.00 Shell's Wonderful World of Golf**	**8.00am Battlestar Galactica** *The Living Legend – Part I* **9.00 The Time Tunnel** *Idol of Death* **10.00 Lost in Space** *The Flaming Planet* **11.00 The Incredible Hulk** *Wildfire* **12noon Babylon 5** **1.00pm Alien Nation** **2.00 Battlestar Galactica**	**6.00am Select MTV** Another chance to see the viewer's choice of the best videos around, as chosen live in London yesterday. **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 Hit List UK**
3.00 PM	**3.00 Ski Jumping** Coverage of the K185 event from the World Cup in Planica, Slovenia.	**3.00 Spanish Football** David Bobin hosts the latest Spanish football action between two teams battling for precious league points.	**3.00 World Motor Sport** The programme takes viewers to the centre of the race world, and provides an essential guide to who is racing where, when and how. It has everything from a comprehensive round-up of the biggest and most exciting meetings, to a preview of the major events in store. Hit the road with some of the fastest drivers in the world and go to the very heart of the racing experience.	**3.00 Views of Golf** Features golfing legends, past, present and future. **3.30 Total Sport** Showcases all sides of the sporting world.	**3.00 Robocop** *Officer Missing* When OCP starts cost-cutting nightly power blackouts, a roving gang terrorises the dark streets.	**3.00 Bytesize MTV** Superb music, big stars, plus weird and wonderful moments from MTVs around the world.
4.00 PM	**4.00 Athletics** Coverage of the Indoor Meeting in Washington.	Commentary by Rob Palmer, Gerry Armstrong and Guy Havord. *Repeat from Sunday.*		**4.00 International Bowls: Australia v England Second Test** Action from the triples section of the second Test match between old sporting rivals Australia and England.	**4.00 The Time Tunnel** *Idol of Death* The time travellers are in Mexico at the time of Cortez and look like spies.	**4.00 Select MTV** Viewers make MTV their personal jukebox. To take part call the special number and pick your favourite video from the on-screen menu.
5.00 PM	**5.00 Xtreme Sports** *YOZ – Youth Only Zone*	**5.00 World Wrestling Federation – Livewire** Michael Cole presents coverage of bouts featuring star performers such as Flash Funk.			**5.00 Lost in Space** *The Flaming Planet* A planet creature comes near to engulfing the *Jupiter 2*, then grows attached to Dr Smith.	
6.00 PM	**6.30 Gillette Dream Team** The dream team's right back is in the spotlight.	**6.00 Sky Sports Centre** Sporting news. **6.30 Inside Scottish Football** A closer look at the Scottish Premier League.	**6.00 Fastrax** The lives of competitors from the fast lane. **6.30 Snow Show** Winter leisure sport and travel show.	**6.00 Golf: Madeira Island Open 2000** Highlights from the Madeira Island Open, won last year by Spaniard Pedro Linhart.	**6.00 The Incredible Hulk** *Wildfire* Banner gets caught on a sabotaged oil rig that is set on fire.	**6.00 Bytesize MTV** Easily-digestible soundbites of the best MTV moments.
7.00 PM	**7.00 Car Racing** Coverage of the first round of the American Le Mans Series in Sebring, USA.	**7.30 Gillette Soccer Special** Jeff Stelling and regular studio guests Frank McLintock, Rodney Marsh and Clive Allen preside over the evening's football action and evaluate the scores and results as they come in.	**7.00 Ice Hockey** Can anyone halt the progress of the London Knights as they march imperiously towards the Sekonda Superleague title? The latest action features two more teams battling for precious league points and a chance to close the gap on those Knights.	**7.00 Sports Unlimited** Coverage of some of the world's wackier sports.	**7.00 Alien Nation** *The Red Room* The identity of Detective Jeffries causes confusion.	**7.00 brand:new** MTV presenter Zane Lowe casts his eye over all that is new in the music biz.
8.00 PM	**8.00 Boxing – LIVE** More top class boxing action from a major international contest.			**8.00 Premier Snooker League** Coverage of the Premier Snooker League, a prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat the fans' favourite Jimmy White in a nail-biting final in 1999.	**8.00 Sleepwalkers** *Forlorn* A lonely woman takes revenge on men by infiltrating their dreams as a wolf-like creature.	**8.00 US Top 20 Countdown** A run-down of the tracks that have captured music-buyers' attention and dollars in the USA.
9.00 PM			**9.00 LPGA: Standard Register Ping** LPGA action from the 2000 Standard Register Ping. The tournament was won last season by the mercurial Karrie Webb. The prize money in this year's tournament stands at $1,275,000.		**9.00 American Gothic** *Dead to the World* Gail comes close to reliving the tragedy of her childhood friend.	**9.00 Daily Edition** The latest showbiz stories from across Europe. **9.30 Celebrity Death Match** MTV claymation battles.
10.00 PM	**10.00 Adventure**	**10.00 Sky Sports Centre** **10.15 You're On Sky Sports!** Sports fans and a studio guests have their say.		**10.00 Big Fights: Roberto Duran** Vintage boxing footage with action from classic bouts featuring the former welterweight champion.	**10.00 FILM: Weird Science** *Kelly LeBrock, Bill Paxton, Anthony Michael Hall* Sci-fi comedy. Two unpopular teenagers, desperate to receive the approval of their peers, 'create' their perfect woman using computer technology. *1985*	**10.00 Essential Mel G** The Spice Girl talks candidly about her life in the band and the future. **10.30 Mad 4 Hits**
11.00 PM	**11.00 Golf** Coverage of the Bay Hill Invitational tournament in Orlando, part of the US PGA Tour.	**11.00 Inside Scottish Football** All the goals, transfers, news and views from the Scottish Premier League. Presented by Jim White.	**11.00 Golf: Madeira Island Open** Highlights from the Madeira Island Open, won last year by Spaniard Pedro Linhart.	**11.00-11.30pm A to Z of Motorsport** Tracing the roots and history of motor racing.		**11.00 brand:new** A tongue-in-cheek view of what's happening and what is about to be huge in the music biz.
12.00 NIGHT TIME	**12midnight-12.30am Cliff Diving** World Championships 1999 in Brontallo, Switzerland.	**12midnight Sky Sports Centre** **12.15am Premier Snooker League** **2.15 Golf: Madeira Island Open** **3.15 You're On Sky Sports!** **4.00-4.15am Sky Sports Centre**	**12midnight Sports Unlimited** The world's wackier sports. **1.00am Fastrax** **1.30 Ice Hockey** **3.30 LPGA: Standard Register Ping** **5.30-5.45am Sky Sports Centre**		**12midnight The Flash** *Sight Unseen* **1.00am FILM: Hemoglobin** *Rutger Hauer, Kristin Lehmann* Horror. A chilling tale of human evolution gone horribly wrong. *1997* **2.45 Sci-Focus Special** **3.00-4.00am Babylon 5**	**12midnight Alternative Nation** A definitive look at the movers and shakers of the underground. **1.00am Essential Mel G** The Spice Girl talks candidly about her life. **2.00-6.00am Night Videos**

LPGA: STANDARD REGISTER PING
SKY SPORTS 2 9.00PM, 3.30AM

Australians seem to win just about everything in sports these days and one of their folk, Karrie Webb (pictured), has been dominating the women's golf circuit recently. Tonight, Webb will star in the highlights of the LPGA action from last week's $127,500 Standard Register PING tournament where she defends one of the six Tour titles she won in 1999. Other likely contenders include Britain's Laura Davies and the perennially successful Annika Sörenstam of Sweden.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00 Freeview 10.06 Sexy Girl Next Door 10.40 Stripsearch UK 12midnight Freeview 12.10am Department Sex 12.35 Adult Feature 1.05 Biker Annie 1.35 Sam Gets Her Girl 1.50 Ladies Behaving Badly 2.05 Cry Baby 3.30-4.00am Malibu Hardbodies

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Teresa Scott Unleashed 12.40 FILM: Adult Feature 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 The President's Perversions 2.20 FILM: California or Bust 3.30-4.00am Petra

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Tuesday 21 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Prince
All the best tracks from the artist still most widely known by his former name.
1.30 Pop-Up Video
More irreverence from the Pop-Up crew.
2.00 Jukebox
Turn your TV into a music video jukebox with this viewers' request show.
4.00 Behind the Music: 1999
Wrap up the year with a recap of the trends and talents that gave 1999 such significance.
5.00 The VH1 Album Chart Show
Paul King brings you bang up to date with all the biggest selling albums of the week in the UK.
6.00
VH1 to One: Santana
Tommy Vance chats to Carlos Santana.
6.30
Greatest Hits: Prince
7.00 VH1 Hits
Hits, hits, hits all the way.
8.00 The Millennium Classic Years: 1986
Revisit the year the space shuttle *Challenger* exploded shortly after take-off before a TV audience.
9.00 Egos and Icons: The Spice Girls
The in-depth documentary series turns the spotlight on the most successful British band of the 1990s.
10.00 Behind the Music: Meat Loaf
Hear the incredible story of one of the unlikeliest of stars, with contributions from his friends.
11.00 Anorak 'n' Roll
More wall-to-wall trivia with the kind of questions that are sure to get you racking your brains – or feeling like a very sad specimen.
12midnight Pop-Up Video
12.30am
Greatest Hits: Prince
1.00 Hey, Watch This!
Another comical look at British and American culture.
2.00 Soul Vibration
2.30 VH1 Country
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Forces of Nature
1.00pm Emergency Vets
A tortoise is constipated.
1.30 Pet Rescue
More RSPCA rescue cases.
2.00 Harry's Practice
Harry visits a dog who refuses to travel in the car.
2.30 Zoo Story
Some mongooses prove difficult to capture.
3.00 Going Wild with Jeff Corwin
Manitoba
3.30 Croc Files
Steve and Terri Irwin rescue a baby camel.
4.00 Croc Files
Steve and Terri Irwin go exploring in Tasmania.
4.30 Aquanauts
A trip to an Orinoco crocodile reserve.
5.00 Emergency Vets
A cat is brought in suffering from dehydration
5.30 Zoo Chronicles
Katte the black rhino prepares to make a move.
6.00
Crocodile Hunter
Reptiles of the Deep
Sea snakes, turtles and crocodiles are the focus of this underwater adventure.
7.00 Wildest Arctic
Documenting the natural beauty and diverse range of wildlife that can be found in the Arctic, a world of harsh extremes.
8.00 Emergency Vets
A stray Rottweiler has a dislocated elbow.
8.30 Emergency Vets
A ferret has acute weight loss problems.
9.00 Hunters
Crawling Kingdom
See how beetles, ants and countless other tiny arthropods stalk the Earth, battling for survival.
10.00 Wild Rescues
More tales of human and animal courage.
10.30 Wild Rescues
More tales of human and animal courage.
11.00 Emergency Vets
A Yorkshire terrier's labour requires attention.
11.30-12midnight Emergency Vets
A cat is injured on the road.

CABLE CHECK
Some of the channels listed may not be available in your area

'Behind the Music: Meat Loaf' profiles the larger-than-life rock star. VH1 10.00pm

ITV2
ACCESS PACK

4.00pm NBA 2000
Exciting action from one of the week's top US basketball games.
5.00 Life Force
Sci-fi series set in a future where global warming leads to widespread flooding.
5.30 Jungle Run
Energetic game show.
6.00 Bedrock
More fun and games with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
7.00 Uefa Champions' League Weekly
Reviews and previews of all the latest Champions' League action.
7.45 Sport in Action
8.00 NBA 2000
Basketball magazine with the best US action.
9.00 At Home with the Braithwaites
Drama series which explores the secrets lurking beneath the surface of suburban family life. David agonises over his all-night date with Elaine. Sarah confesses all to her drama teacher. Alison and Virginia have a heart-to-heart.
11.00 Emmerdale
Tonight's episode shown earlier on ITV. Text
11.30 The Bill
Catch up with the latest dramatic developments at Sun Hill in this evening's episode from ITV. Text
12.30am Football Crazy
Docusoap which gets to the roots of amateur football.
1.00
The Jerry Springer Show
Outrageous talk show.
1.50-2.50am Trisha

UK STYLE
LIFESTYLE PACK

7.00am Looking Good 7.30 Fantasy Rooms 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Big Strong Girls 11.30 Which Craft? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 The Naked Chef 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Ground Force
3.00 Garden Stories
Personality
3.30 Gardening from Scratch
The gardening series for absolute beginners.
4.00 Travel Xpress
Angus Scott travels to a resort in the Maldives.
4.30 Holiday in Style
With reports from Kenya, the Seychelles, Australia, Bavaria, the Red Sea and the Dominican Republic.
5.30
Antiques Roadshow
Members of the public bring their treasured possessions to Dromoland Castle, County Cork, for expert evaluation.
6.30 Real Rooms
Decor makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Learn where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 Antiques Treasure Trail
A visit to Europe's largest indoor fair in Parma, Italy.
9.00 Big Strong Boys
Reading Lounge
DIY challenge show.
9.30 Big Strong Girls
North Leigh
DIY challenge show.
10.00 Which Craft?
Featuring a look at the art of glass painting.
10.30 House Invaders
Linda Barker hosts low-budget DIY show.
11.00 Gardening from Scratch
Horticulture for novices.
11.30 How Does Your Garden Grow?
A panel of top gardeners deals with various horticultural problems and gives special one-to-one consultations.
12.30am-1.00am Gardening from Scratch
Another edition of the gardening series for absolute beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Jobs for the Boys 7.50 The Essential Guide to Rocks 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Secrets of World War II 10.15 Supernatural Science 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Jobs for the Boys 2.45 Battersea Dogs' Home
Life at the canine sanctuary.
3.15 Walking with Dinosaurs
Time of the Titans
3.45
Mail Order Brides
Documentary looking at this flourishing trade, where men peruse catalogues of Filipino women.
4.45 Animal Hospital
Rolf Harris observes more RSPCA cases.
5.20 Airport
Behind the scenes at Heathrow, one of the world's busiest international airport.
5.55 City Hospital
Gaby Roslin and her team report on the triumphs and trials of patients and staff at Southampton General.
6.55 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
7.30 Disaster
Spiral to Disaster
The *Piper Alpha* disaster.
8.00 Animal Hospital
Rolf Harris observes more RSPCA cases.
8.30 Walking with Dinosaurs
Time of the Titans
9.00 The Making of Jurassic Park
James Earl Jones narrates a behind-the-scenes look at one of the all-time biggest-grossing movies.
10.00 Airport
Go behind the scenes at busy Heathrow.
10.35 Airport
Daily life at one of the world's busiest airports.
11.05 Secrets of World War II
The Corpse That Fooled the Axis
12.05am-1.00am MacIntyre Undercover

UK PLAY:
1.00am The Smell of Reeves and Mortimer 1.35 Shooting Stars 2.10 FuturTV 2.40 The Chris Moyles Show 3.10 TOTP Plus 3.35 The Sound of Play 6.30-7.00am UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Jenny Bristow's Country Cooking 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Simply Puddings 12noon Classic Dishes 12.30pm Loyd's Louisiana 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily.
2.45 Simply Fish
James Martin shows how to prepare Ligurian fish stew and tandoori marinated snapper.
3.30
Tessa's Tastebuds
Watercress and Rocket
4.00 Simply Baking
4.30 The Spice Trail
Mridula Baljekar and Richard Stafford undertake a culinary tour of northern India.
5.00 Flash in the Pan
Hosted by Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
A Shared Table

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Urban Plagues
A look at the work of those who try to control urban animal pests.
8.00
Faces in the Forest
The true story of a plastic surgeon who travels to Peru twice a year to treat deformed children.
9.00 Everest: Into the Death Zone
Tim MacCartney-Snape climbs Mount Everest.
9.30 Shipwrecks: A Natural History
10.00
Danger: Quicksand
Meet survivors and the relatives of victims who have encountered this terrifying force of nature.
11.00
Explorer's Journal: Beauty of the Beasts
Meet the men who devote their lives to animals such as Polar bears and sharks.
12midnight-1.00am Volcano!
Stunning footage is combined with testimonies from those who have come close to being swallowed to produce a profile of this terrifying force of nature.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
Physical and mental tests.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Kingsbury Square 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 The New Yankee Workshop
Table Saw Unit
3.00 This Old House with Steve and Norm 3.30-4.00pm Go Fishing

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 That Film Show 4.30 Eurospotters 4.45 Got Any Gear 5.00 Freesports 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Tuesday 21 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas The Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Naqab 8.00 News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Top Tucker 12.30pm Mahanagar 1.00 Zameen Asmaan 1.30 FILM 4.00 Kissa Shanti Ka 4.30 Eklo Jane Re 5.00 Kalapul 6.00 Rajni Gandha 6.30 MTV 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV 12.30am Zameen 1.00 FILM 4.00 Rajni Gandha 4.30 Top Tucker 5.00 Kalapul 6.00 Kissa Shanti Ka 6.30 DD Programme 7.00-7.30am Jai Veer Hanuman

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Mallacoota
4.30 Discovery Today
News programme.

5.00 Time Team
Mallorca
The team searches for evidence of one of the most enigmatic cultures in the world.

6.00 Hitler's Henchmen
Goebbels – The Agitator
Goebbels knew how to use belief, enthusiasm and hatred for his own ends.

7.00 Secret Mountain
Chris Bonnington, near to collapse, pulls out.
7.30 Discovery Today
News programme.

8.00 The Wreck of the Stella
The story of the disaster that befell the *Stella*, a railway company's mail boat, in 1899.

9.00 My Titanic
An Ordinary Day
Series hearing the eye-witness accounts of survivors from notorious modern disasters.

10.00 Black Box
Deadly Weather
Documentary on air crash investigators, focusing on the great unknown of air safety – the weather.

11.00 War and Civilisation
Empire and Armies
The Roman and Chinese empires relied on their military power.

12midnight Dangers of the Ice Age
1.00am Discovery Today
Magazine-style news programme.
1.30-2.00am Beyond 2000
Magazine series exploring the latest innovations in science and technology.

3.00 Flying Rhino Junior High
Pachyderm pranks.
3.30 Fat Dog Mendoza
Canine capers.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.
5.00 Dragonball Z
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm Murphy Brown
I Want My FYI
9.30 Murphy Brown
Frankly Speaking
With Candice Bergen.
10.00 FILM: Sweet Revenge
Stockard Channing, Sam Waterstone, Ed E Villa
Crime romp. A car thief becomes an expert in disguise to help mask her crimes as she tries to steal a foreign car. *1977*
12.30am-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Flying Rhino Junior High 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina The Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Come Through in a Clutch
7.30 Desmond's
8.00 Dharma and Greg
Like, Dharma's Totally Got a Date
8.30 Mad About You
Love Among the Tiles
9.00 Married... With Children
Requiem for a Dead Barber
9.30 Spin City
Bye Bye Birdie
10.00 Frasier
Bad Dog
Bulldog is a hero.
10.30 Father Ted
*Kicking Bishop Brennan up the A****
11.00 Drop The Dead Donkey
Gus seizes the moral high ground off screen.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott And Costello

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine.
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice From Mars
5.30 Mad Jack The Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Jewellery Shop! 8.30 Clothes Shop! 9.30 Beauty Shop! 10.00 Jewellery Shop! 11.00 Kids Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Collectors' Shop! 2.00 Technology Shop! 2.30 Clothes Shop! 3.30 Home Shop! 4.30 Kitchen Shop! 5.30 Shop! Selection 6.00 Kids Shop! More offers for parents. **7.00-7.30pm Bargain Shop!** Today's low-cost offers.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 World Beat 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Showbiz Weekly 5.30-6.00am CBS Evening News

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Out and About8.30 Tara 9.00 Super 7 Muqabla 9.30 Yaadon Ke Rang 10.00 Pakistan Show Time 11.00 Khana Khazana 11.30 Amar Prem 12noon FILM 3.00pm Hadd Kar Di 3.30 Top of the Tops 4.00 Raahat 4.30 Callmate Top Ten 5.30 Hasratein 6.00 Antakshari Classic 7.00 Daayre 7.30 Chalo Cinema 8.00 News Bulletin 8.30 Janam 9.00 A Day Out with a Star 9.30 Zanjeeren 10.00 Shapath 10.30 Mahabharat 11.30 Mano Ya Na Mano 12midnight News Bulletin 12.30am Low Cal Show 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00-6.00am VCD Zabardast

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et Le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Noms de Dieu 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Documentaire 1.00 Journal 1.15 Cinéma: Psy 3.00 Journal 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma: Psy 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Temps Présent 9.00 Journal 9.15 Nestor Burma: Drôle d'epréuve pour Nestor Burma 11.00 Journal 11.30-12midnight Soir 3

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am Good News 5.30 CMTV 6.00 Hour of Deliverance 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Rhema Praise 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.45 Focus on Eastern Europe 3.30 Wall Street Report 4.15 South Africa Report 5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am House of Lords 7.00 The Record 7.30 House of Lords 10.00 Westminster Hall 1.00pm House of Lords 2.30 Commons 11.00 The Record 11.30-12midnight European Focus

THE HISTORY CHANNEL
WORLD PACK

12noon Killer Submarine
12.55pm Photos for the Future II
1.00 Project Cancelled
The Cheyenne
2.00 Biography
Jimmy Stewart
3.00 Great Crimes and Trials
Son of Sam
3.30 Spies
House of Spies
4.00 The Thinking Weapon
Part II
5.00 Rockets
Missiles of the Cold War
6.00 Hitler and the Occult
7.00 Project Cancelled
Viper Varients
8.00 Biography
Audrey Hepburn
A look at the life of the star of *Breakfast at Tiffany's.*
9.00 Great Crimes and Trials
The McKay Kidnapping
9.30-10.00pm Spies
The Honey Trap

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

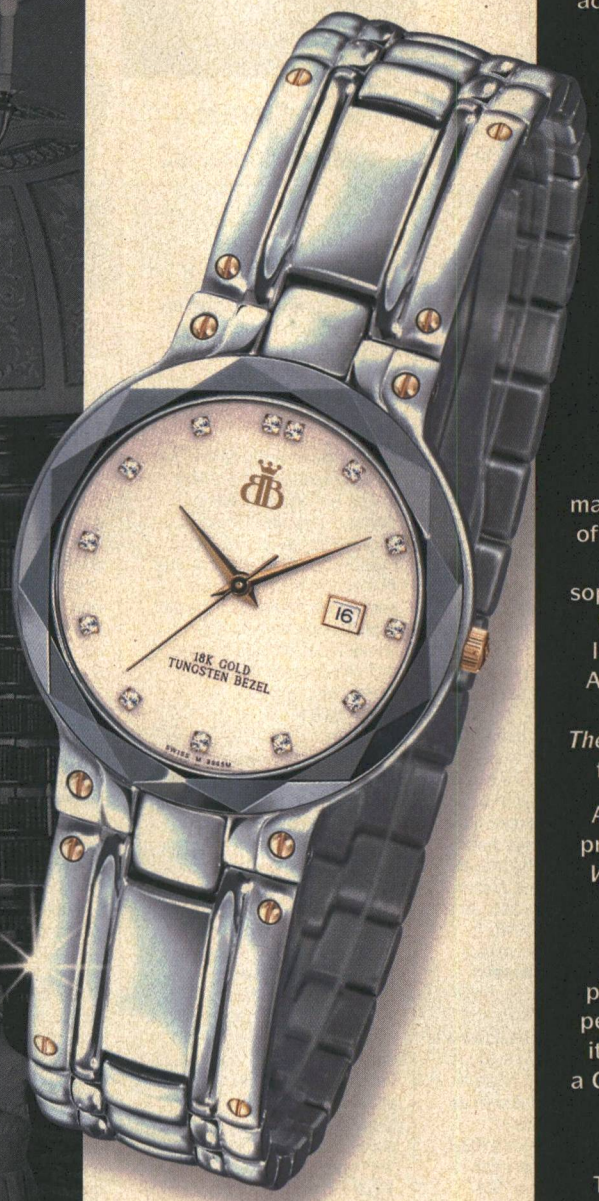
QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Beauty Workshop at 11.00am.

NIGHT TIME

12.00

THE PRESIDENTS *Watch*

Distinctive design and timeless elegance from the master jewellers of Brooks & Bentley



Ablaze with dazzling crystals and the lustre of 18 carat gold

Shown larger than actual size of 8" (20.3cm) in circumference.

As a man at the very pinnacle of his chosen career your exceptional achievements and professionalism have won the respect and admiration of people everywhere. Whether you are a company executive or world leader your impeccable sense of style and taste is reflected in everything that you do.

And now inspired by a man who demands perfection, the master jewellers of Brooks & Bentley are proud to announce an exceptional new timepiece, this is *The Presidents Watch*.

With exquisite craftsmanship and precision styling, the handsome watchface of this remarkable new masterpiece is ablaze with the brilliance of thirteen dazzling crystals, embraced within the gleaming splendour of a sophisticated yet modern stainless steel wristband and highlighted with the lustre of eighteen carat plated gold. And then for the final finishing touch, an accurate date display makes *The Presidents Watch* the perfect design for the sophisticated man of today.

Available at the special introductory price of just £148.00*, *The Presidents Watch* is payable in ten interest-free monthly instalments for your convenience. In addition, each magnificent watch is fitted with a precision quartz movement to ensure perfect time and comes complete with its own luxury presentation case and a Certificate of Authenticity attesting to its significant status as a Brooks & Bentley classic.

To enjoy the distinguished grandeur that is *The Presidents Watch*, please telephone our 24 Hour Express Order Line on 0870 078 1111 today to secure your order. Or if you prefer, simply complete and return your reservation form below by 31st March, 2000. You need send no money now.

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Please telephone 0870 078 1111 or post by 31st March, 2000.

Please enter my reservation for *The Presidents Watch*, to be hand-crafted for me at the individual issue price of just £148.00* per magnificent timepiece.
I need send no money now. I understand I will be billed in ten interest-free monthly instalments of £14.80, beginning when my watch is ready for despatch. I will be given the opportunity to pay by cheque, postal order, credit card or Switch.

*Plus £2.95 per watch for postage and packaging.

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PLEASE PRINT CLEARLY
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_____
Postcode _____ Telephone No. _____
Ref: 2004810
Signature _____
Please allow 21 days for delivery. All orders are subject to availability and credit status.

We may allow reputable companies to write to you with offers which may be of interest. If you would prefer not to hear from them, please tick this box. □

Post to: Brooks & Bentley, Weald Court, 101-103 Tonbridge Road, Hildenborough, Tonbridge, Kent TN11 9RY.

Wednesday 22 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Love After Death
1998, rating Sky U, 87 mins
8.00 A Dog's Tale
1999, rating Sky U, 92 mins
10.00 Seven Years in Tibet
Brad Pitt, David Thewlis, BD Wong
Text *1997, rating Sky PG, 130 mins*
12.15pm
The Stone Boy
Last Play *1984, rating Sky PG, 88 mins*
2.00 X-Ray Kid
Robert Carradine, Justin Berfield,
Comedy adventure about two boys who are accidentally sent a pair of top secret X-Ray glasses.
1998, rating Sky, DS, PG, 86 mins
3.45 A Dog's Tale
Gordon Jump, Clayton Taylor David Bowie
Family film about a young boy who wants a dog. Hope comes in the form of a genie who seems able to grant wishes – but unfortunately, thanks to a misunderstanding, the boy finds himself transformed into a dog!
1999, rating Sky U, 92 mins
5.30 Seven Years in Tibet
Brad Pitt, David Thewlis
Drama. A lavish and spectacular true story about an Austrian mountain-climber who travels to the hauntingly beautiful and utterly alien civilisation of 1940s Tibet. He meets the previously isolated and voraciously curious Dalai Lama, a 14-year-old ruler considered a god in his own land.
Text *1997, rating Sky PG, 130 mins*
7.45 Oscar Report
Presented by Tania Bryer.
8.00 Hard Rain
Morgan Freeman, Christian Slater, Minnie Driver
Action drama. As a town is being evacuated due to chronic flooding, a gang of thieves holds up a security van. When the robbers cannot reach the truck due to the swollen waters, one guard makes away with the cash.
Text *1998, rating Sky 15, 93 mins*
10.00 Good Will Hunting
Robin Williams, Matt Damon, Ben Affleck, Minnie Driver
Drama. A night janitor, who hangs out with a tough-talking Irish-American crowd of buddies, hides his genius like a guilty secret. But it is discovered by a professor when he is ordered to undergo therapy for his aggression.
Text *1997, rating Sky 15, 121 mins*
12.10am The Daytrippers
Hope Davis, Stanley Tucci
Comedy about relationships.
Text *1996, rating Sky 15, DS, 84 mins*
1.40 In and Out
Text *1997, rating Sky 12, 87 mins*
3.15 Scissors
1990, rating Sky 18, 92 mins
4.50-6.35am X-Ray Kid
1998, rating Sky PG, DS, 86 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.10am Charley and the Angel
1974, rating Sky U, 91 mins
8.00 Jules Verne's 800 Leagues Down the Amazon
1993, rating Sky PG, 83 mins
10.00 The Laker Girls
1990, rating Sky PG, 90 mins
12noon Rockford Files: If the Frame Fits
James Garner, Stuart Margolin
1996, rating Sky PG, 88 mins
2.00pm Jules Verne's 800 Leagues Down the Amazon
Daphne Zuniga, Tom Verica
Adventure in which a young couple, who have recently become engaged, are travelling down the Amazon. *1993, rating Sky PG, 83 mins*
4.00 Same River Twice
Shea Farrell, Robert Curtis-Brown, John Putch, Anne Sward
Breathtaking adventure featuring four friends who return to the treacherous white water rapids that claimed the life of a friend for one final, daredevil thrill.
1996, rating Sky U, 83 mins
6.00 Vanished Without a Trace
Shelley Long, William R Moses, Joshua Peace, Jennifer Jostyn
Crime drama about a frantic mother desperate to find her kidnapped teenage daughter. But when the search ends in tragedy, the mother begins a new crusade – to find and bring to justice her daughter's killer. *1998, rating Sky PG, 85 mins*
8.00 Tarzan and the Lost City
Casper Van Dien, Jane March
Action drama. The titular ape man, after years living in Britain, decides that he must return to the jungle where he senses there is great danger. When he arrives, he discovers a ruthless hunter who is determined to discover a legendary city.
Text *1998, rating Sky PG, DS, 81 mins*
10.00 The Assignment
Aidan Quinn, Donald Sutherland, Ben Kingsley, Claudia Ferri
PREMIERE Thriller that follows a CIA man's plot to train a young naval officer to impersonate an international terrorist known as the Jackal. The plan is to convince the real Jackal's KGB masters that their agent can no longer be trusted.
Text *1997, rating Sky 18, 114 mins*
12midnight Taken
Dabney Coleman, Stewart Bick,
1999, rating Sky 15, 93 mins
1.40am Pacific Heights
1990, rating Sky 15, 98 mins
3.25 Blue City
1986, rating Sky 18, 79 mins
4.50-5.30am Action Heroes: Sylvester Stallone
rating Sky PG, 25 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled
on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm
Merrill's Marauders
Jeff Chandler, Ty Hardin, Peter Brown, Andrew Duggan
World War II drama about a group of American soldiers in Burma who find themselves heavily outnumbered by the advancing Japanese.
1962, rating Sky PG, 94 mins
6.00 Cinema Combat: Hollywood Goes to War
Martin Sheen narrates this documentary which looks at the portrayal of war in Hollywood movies. Boasting clips of some of the most memorable war sequences ever filmed, the film explores how cinema has attempted to change people's attitudes towards combat.
1998, rating Sky PG, 101 mins
8.00 1941
Dan Aykroyd, Ned Beatty
Chaotic comedy set six days after the bombing of Pearl Harbour in 1941. This epic follows the outrageous adventures of a trouble-making group of American GIs who, between them, manage to destroy Hollywood and wreak havoc throughout Southern California.
Text *1979, rating Sky PG, 114 mins*
10.00 Castle Keep
Burt Lancaster, Peter Falk
World War II actioner in which a major based in a Belgian castle attempts to protect the precious treasures stored within from Nazi attacks, and from the often reckless but always humorous antics of his own soldiers.
Text *1969, rating Sky 15, 103 mins*
11.50 Nadine
Jeff Bridges, Kim Basinger
1987, rating Sky PG, 80 mins
1.15am Gumshoe
Albert Finney, Billie Whitelaw
1971, rating Sky 15, 82 mins
2.45 These Are the Damned
Macdonald Carey, Oliver Reed
1962, rating Sky 18, 91 mins
4.25-5.40am Voice of the Whistler
Tom Kennedy, Lynn Merrick
1945, rating Sky PG, 57 mins

Aidan Quinn tackles international terrorism in the premiere of 'The Assignment'. Sky MovieMax 10.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Matinee
John Goodman, Cathy Moriarty, Simon Fenton, Omri Katz
Comedy. A 14-year-old boy is living through the Cuban missile crisis. But he can only think about the arrival of a B-movie king in his small home town near Key West, to promote his latest exploitation horror film. *1993, 94 mins*
8.00 Desert Bloom
Annabeth Gish, Jon Voight, Ellen Barkinm, JoBeth Williams
Drama set in Las Vegas, where the Fifties buzz is about the atom bomb testing about to start out in the desert. Coupled to this theme is a young girl's relationship with her parents, an embittered alcoholic WWII-vet and seemingly uncaring mother.
Text *1986, 102 mins*
10.00 Prince of Darkness
Donald Pleasence, Victor Wong
Horror. A man is trying to convince a scientist that the canister of green fluid in the crypt of a deserted church is the essence of evil – Satan himself. As Satan begins to escape, the age-old struggle between good and evil takes on a new meaning.
Text *1987, 98 mins*
11.45 Sleeping Beauties
12.10am Curdled
Angela Jones, William Baldwin
Comedy. *1996, 85 mins,*
1.40am Death Race 2000
David Carradine, Simone Griffeth
Science fiction. *1975, 78 mins*
3.05 S F W
Drama. *1994, 92 mins*
4.35-6.00am Stranger from Venus
Science fiction. *1954, 74 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm
The Farmer's Daughter
Loretta Young, Joseph Cotten
Drama about a Swedish girl who leaves her family's Minnesota farm and takes a domestic job in the home of a Congressman in Washington DC. Eventually she starts to take an active role in Washington politics, and winds up running for office herself. Continues a season of Oscar winners. *1947, 97 mins*
9.15 The Woo Woo Kid
Patrick Dempsey, Talia Balsam, Beverly D'Angelo, Peter Hobbs
Romantic comedy set in the mid-Forties, based on a true story of a 15-year-old with a penchant for marrying older women. He made headlines all over America and was eventually taken to court by the local authorities. *1987, 98 mins*
11.00 Mistrial
Bill Pullman, Robert Loggia
Crime drama about an outraged cop who finds out that the criminal who killed two fellow officers will be set free. He takes the entire courtroom hostage and conducts his own second trial.
1996, 89 mins
1.00am The Jazz Singer
Musical drama. *1980, 115 mins*
3.00 The Woo Woo Kid
Fact-based drama. *1987, 98 mins*
5.00-7.00am Dance Little Lady
Melodrama *1955, 87 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Romantic drama about a brother and sister entering a Fifties soap opera. Stars Tobey Maguire.
Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
BELOVED
Compassionate slave drama set after the American Civil War. Stars Oprah Winfrey, Danny Glover and Thandie Newton.
Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm
PAYBACK
Action thriller about a crook who has been double-crossed after a heist. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred, centring on two young brothers. Stars Edward Norton and Edward Furlong.
1998, rating Sky 18, 114 mins
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 22 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I'm a Sexy Date, Regardless of My Weight
Guests ask their friends and family to stop harassing them about their weight.

4.00 Pokémon
The March of the Exeggcutor Squad
4.30 Pokémon
The Problem with Paras
A girl has a talent for healing.

5.00 Stargate SG-1
The Nox
Science fiction spin-off series inspired by the hit film. The team learns a lesson in harmony from an alien race.

6.00
Xena: Warrior Princess
Fallen Angel
After being crucified by the Romans, Gabrielle's soul struggles to save a possessed Xena. Text

7.00 The Simpsons
Treehouse of Horror X
Homer causes chaos. Text
7.30 The Simpsons
Black Widower
Selma writes to a pen pal. Text

8.00 The Simpsons
All Singing, All Dancing
Musical highlights. Text
8.30 Robbie Williams from Slane Castle
Let the enormously popular star entertain you with performances of the songs that have made him an international sensation. Includes hits such as *Millennium*, *Angels* and, of course, *Let Me Entertain You.*

10.00 British Tribes
Continuing this essential guide to British culture, examining such identifiable characters as the Rock Chick, Mockneys and Anorak-wearing Caravanners.

11.00 Friends
The One with a Chick and a Duck Text
11.30 Stargate SG-1
The Nox
The team learns a lesson in harmony from an alien race. Text
12.30am Picket Fences
Pal Joey
Offbeat US drama series. A famous television physician makes an attempt to buy Jill's practice.
1.30-7.00am Long Play
Music through the night, plus the number ones of the week and a weekly guide to tour dates.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
And Nothing But
3.30 The Bill
Tale of Two Cities
An unlikely friendship stands between Greig and a drug dealer.

4.00 EastEnders
Gita is devastated by what she has witnessed.
4.35 Neighbours
Gaby's anger at Wayne reaches boiling point.

5.00 Bugs
Schrodinger's Bomb
Ed, Ros and Beckett discover that an old adversary is planning a daring escape from the prison in which he is incarcerated.

6.00 The Brittas Empire
In the Beginning
It is the year 2019 and the ex-staff pay tribute to Sir Gordon.
6.35 Going Straight
Going Off the Rails
Comedy sequel to *Porridge.*
7.10
Are You Being Served?
Up Captain Peacock
7.45
Keeping Up Appearances
Hyacinth seeks a weekend home in the country.
8.20 Open All Hours
Sitcom about a miserly shopkeeper and his downtrodden nephew and assistant.

9.00 The Royle Family
A celebration buffet is held in honour of Antony's 18th birthday.
9.40 Real Women
The Hen Night
When Susie announces she is getting married, five old school friends get together for a raucous hen night, and all of the women turn out to have their secrets.
10.45 The Hello Girls
The First Day
Sylvia spends her first day as a switchboard operator.
11.25 The Bill
And Nothing But
Loxton finds himself in hot water.
11.55 The Bill
Tale of Two Cities
There's an unlikely friendship between Greig and a drug dealer.
12.25am This Life
The Secret of My Excess
1.15 Casualty
Counting the Cost
2.10-2.55am Whatever Happened to the Likely Lads

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
The talk show which offers advice to people in a dilemma.
3.50 Forgive or Forget
Mother Love deals with real problems in a variety of relationships, and attempts to resolve them by giving guests the opportunity to forgive each other.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.
5.30 Ready, Steady, Cook
Top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests debate relationship issues.

7.00 Judge Judy
New York City's outspoken family court judge presides over more real-life cases and conflicts.
7.30 Life, Camera, Action
More amazing real-life drama.

8.00 Peak Practice
Another episode of the popular medical drama series centring on the lives of doctors who run a general practice in Derbyshire's picturesque Peak District.

9.00 FILM: Shattered Trust
Melissa Gilbert, Kate Nelligan, Shirley Douglas, Dick Latessa
Drama in which a lawyer has to confront her own experience of childhood abuse before she can offer assistance to other victims. With hypnotherapy and the help of a friend, she faces an uphill struggle and a battle to change the law. *1993*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love, with David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
Savage Sunday
Steve McGarrett encounters a small guerrilla force who steal arms from an armoury to support a revolution in their own country.

4.00 Kojak
Sweeter than Life
Dismayed to learn that his nephew is on drugs, Kojak turns to an ex-addict for help. With Telly Savalas and Dan Frazer.

5.00 Hart to Hart
Hunted Harts
The Harts are lured into the wilds by a big game hunter out for revenge after losing a business contract to Jonathan.

6.00 Emmerdale
Vic is up before the bench, while Frank loses his temper. Text
6.30
Classic Coronation Street
Ida summons a meeting. Text

7.00 George and Mildred
Best Foot Forward
George accuses his neighbour of attempted murder.
7.30 Bless This House
It's All in the Mind

8.00 The Benny Hill Show
Benny presents another parade of comic sketches featuring a host of quirky characters, guest stars and a bevy of beauties. With Henry McGee and Bob Todd.

9.00 Kojak
Be Careful What You Pray For
Three young Puerto Ricans turn to crime to finance their dreams.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
4play Away – Amsterdam
Fly-on-the-wall docu-soap.
11.30 Real Sex
A candid and intriguing look at human sexuality.
12midnight Double Trouble
Erotic late-night series in the form of a men's magazine.
12.30am The G Spot
Entertainment show hosted by Terry Christian and Danni Hunt.
1.00 Extra Sexy
Men's magazine show.
1.30-2.00am Beach Bash
More bikini contests.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Polie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Polie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Watch your favourite classic Disney characters.

4.00 Sabrina
Boy Meets Bike Text
4.30
Hercules: The TV Show
Hercules and the Visit from Zeus
Animated adventures. Text

5.00 Recess
Animated series from the creators of *Rugrats.* Text
5.30
My Best Friend is an Alien
I Was Dealt a Dung Deal Text

6.00 Smart Guy
The Achy Breaky Heart
TJ manages the band. Text
6.30 Microsoap
Innovative, fun-filled kids' sitcom starring Jeff Rawle.

7.00 FILM: A Saintly Switch
David Alan Grier, Vivica A Fox
Family comedy. A group of kids inadvertently concoct a potion that swaps their parents' personalities, resulting in all manner of farcical events and complications. *1998*
8.25 Honey, I Shrunk the Kids: The TV Show
Honey, the Future's Comin' Back to Me Text
9.10 Boy Meets World
Bee True
Eric, Cory and Shawn help Feeny win Dean Bolander's heart. Text
9.35 Dinosaurs Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

Prince of Darkness
FilmFour 10.00pm

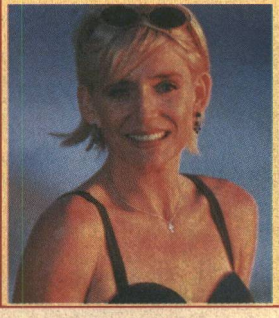
John Carpenter takes the siege scenario of *Assault on Precinct 13* and puts it in a horror context in this doom-haunted film. Assorted specialists set up in an abandoned church, surrounded by a gang of street psychos, where a Satanic force has lain dormant for centuries.

GENERAL

The Six Million Dollar Man
Sci-Fi 11.00am, 6.00pm

Nostalgic thirtysomethings will revel in this classic outing for Bionic Man Steve Austin (played with rugged efficiency by old school action icon Lee Majors). Austin is given a mission to the moon in the first of a two-parter. The concluding episode can be seen on Friday.

ADVERTISEMENT



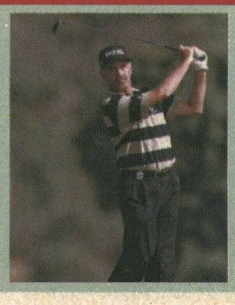
UK GOLD
REAL WOMEN 9.40PM
25 years after their first meeting, five friends reunite for a riotous hen night. The two days that follow reveal more secrets than any of them could ever have imagined. Michelle Collins, Frances Barber and Pauline Quirke star in this adaptation of Susan Oudot's best-selling novel.

Wednesday 22 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Snowboard** **8.00 Alpine Skiing** **8.45 Ski Jumping** **9.30 Biathlon** **10.15 Cross-country Skiing** **11.00 Trial** **12noon Motocross** **12.30pm Snowboard** **1.00 Golf** **2.00 Biathlon** The Biathlon World Cup in Khanty-Mansiysk, Russia.	**7.00am Sky Sports Centre** **7.15 WWF – Metal 8.15** **You're On Sky Sports! 9.00** **Racing News 9.30 Aerobics** **Oz Style 10.00 Inside** **Scottish Football 11.00** **Golf: Madeira Island Open** **12noon Aerobics Oz Style** **12.30pm Fastrax** **1.00** **Inside Scottish Football** **2.00** **Premier Snooker League** Action from the showcase for some of the world's best players. The defending champion is John Higgins, who beat Jimmy White in a nail-biting final in 1999.	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News 8.15** **Snow Show 8.45 Sky** **Sports Centre 9.00 Sports** **Unlimited 10.00** **Premier Snooker League** **12noon Sailing: Blown Out** **12.30pm** **Three Sixty Surfing** **1.00 LPGA:** **Standard Register Ping**	**12noon Snow Show** **12.30pm** **Asian Sports Show** A look at sport in Asia, the Middle East and Arabic-speaking North Africa. **1.00 Sports Unlimited** Coverage of some of the world's wackier sports. **2.00 Big Fights:** **Roberto Duran** Vintage boxing footage.	**8.00am Buck Rogers** **in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *The Leap Home – Part I* **2.00 Buck Rogers** **in the 25th Century** *Space Vampire*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00** **The Lick R&B Chart Show** Videos, news and interviews with the heavyweights of the modern R&B scene.
3.00 PM	**3.00 Alpine Skiing** Action from the World Cup in Bormio, Italy. Events include the men's and women's downhill.		**3.00 Golf:** **Madeira Island Open** Highlights from the Madeira Island Open, won last year by the Spaniard Pedro Linhart.	**3.00** **A to Z of Motorsport** Tracing the history of the motor racing circuit. **3.30 Fastrax** A look at life in the fast lane.	**3.00 The Flash** *Child's Play* The Flash takes custody of a brother and sister who unwittingly hold the key to a major drugs racket.	**3.00 Bytesize MTV** A constant barrage of bizarre MTV moments from around the world, in short soundbites.
4.00 PM	**4.00 Athletics** Highlights from the Indoor Meeting in New York.	**4.00 Inside** **Scottish Football** All the goals, all the transfers, all the news and all the views from the new Scottish Premier League.	**4.00 Golf Extra** Dominik Holyer hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with the game's key players.	**4.00 Snow Show** An insight into the world of skiing and snowboarding. **4.30 Ice Hockey** Can anyone halt the progress of the London Knights as they march towards the Sekonda Superleague title? The latest action features two more teams battling for precious league points and a chance to close the gap on the Knights.	**4.00** **Land of the Giants** *Deadly Lodestone* The travellers face capture when the giants find a new method of detection.	**4.00 Select MTV** Transform your television set into a jukebox with the popular viewers' request show. Richard Blackwood is on hand to field viewers' choices, and if MTV has it, it will be played. Tune in for details about how to make a request.
5.00 PM	**5.00 Trial** Highlights of the Indoor World Cup in Madrid.	**5.00 World Wrestling** **Federation – Metal** Michael Cole and Kevin Kelly provide up-to-the-minute WWF news from the previous week.			**5.00 Lost in Space** *The Great* *Vegetable Rebellion* The family land on a new planet and fall into the hands of a carrot monster.	
6.00 PM	**6.00 Ice Speedway** Action from the World Individual Championships in Assen, Netherlands.	**6.00** **Sky Sports Centre** Up-to-the-minute sports news, presented by Matthew Lorenzo and Kirsty Gallagher.	**6.00 Australian** **Drag Racing** **6.30** **Watersports World** From powerboating to surfing and from wakeboarding to jetskiing, a guide to the best action on the water.	**6.30 European** **Tour Weekly** A guide to the latest news on the Tour circuit.	**6.00 The Six** **Million Dollar Man** *Dark Side of* *the Moon – Part I* Steve Austin is sent on a trip to the Moon.	**6.00 Bytesize MTV** Another constant barrage of bizarre moments from MTV stations around the world, in short soundbites.
7.00 PM	**7.00 Snowboard** Action from the ISF World Tour in St Denis, France.	**7.00 Futbol Mundial** The best current action from around the world. **7.30 Gillette** **Soccer Special** Jeff Stelling and studio guests preside over the evening's football action and evaluate the scores and results as they come in.	**7.30 Golf Extra** Dominik Holyer hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events, behind-the-scenes features and interviews with the sport's stars.	**7.00 Telegraph** **Action Sport** **7.30** **Hot Tuna Rebel TV** Madcap series about different aspects of sport.	**7.00 Quantum Leap** *The Leap Home – Part I* Sam is transported back into his own body, and has the opportunity to save his brother and father's lives.	**7.00 An Audience** **with Mariah Carey** A special birthday celebration programme.
8.00 PM	**8.00 Jet Skiing** Highlights of the Jet Indoor competition, which was contested at Paris-Bercy on 18 March.		**9.30** **European Tour Weekly** A guide to the latest news on the Tour circuit.	**8.00** **Rugby League World** From the battlefields of the Superleague to the intensity of the Australian National Rugby League championship, this is essential viewing for rugby league fans. **9.30 Australian** **Drag Racing** Action from down under.	**8.00 Time Trax** *Showdown* Darien's friendship and respect for a 20th-century lawman put him in a difficult dilemma.	**8.00 The Lick** **R&B Chart Show** Soul music aficionado Trevor Nelson takes a look at the hottest tracks from the UK R&B scene.
9.00 PM					**9.00 FILM:** **Back to the Future** *Michael J Fox, Christopher Lloyd, Lea Thompson* Sci-fi comedy. As a result of his friendship with an eccentric inventor, a teenager takes a trip back in time to 1955. He is alarmed to discover that his parents might not meet, which would threaten his very existence. *1985* **11.15 Perversions** **of Science** *Snap Ending* **11.45** **Sci-Focus Special**	**9.00 Daily Edition** Celebrity gossip with Emma Ledden and Edith Bowman. **9.30** **Celebrity Death Match** Mariah Carey v Jim Carey.
10.00 PM	**10.00 Tractor Pulling** Action from the European Super Pull at the Ahoy sports stadium in Rotterdam.	**10.00** **Sky Sports Centre** **10.15** **You're On Sky Sports!** Football fans have a chance to air their views.	**10.00 British** **Superbikes Preview** For motorcycling fans, the show that looks ahead to the forthcoming all-action British Superbike season.	**10.00 Steve** **Davis and Friends** Snooker legend and former world champion Steve Davis chats with stars past and present.		**10.00 MTV Live** **10.30** **MTV Movie Special** A look at *Three Kings*, starring George Clooney.
11.00 PM	**11.00-12.30am** **Xtreme Sports** Fast-and-furious Youth Only Zone action.	**11.00** **Trans World Sport** Reporting on absolutely every sport there is, from touring cars to the refined art of fencing.	**11.00** **Watersports World** From waterskiing to windsurfing, this really is the ultimate guide to the world of watersports.	**11.00-11.30pm Brian** **Moore Interviews** Veteran former commentator Brian Moore chats with a famous name from the world of football.		**11.00 brand:new** **11.30 Mad 4 Hits** Back-to-back smashes.
NIGHT TIME 12.00		**12midnight** **Sky Sports Centre** All the latest sporting news. **12.15am Futbol Mundial** **12.45 Rugby League World** **2.15 Trans World Sport** **3.15 You're On Sky Sports!** **4.00-4.15am** **Sky Sports Centre**	**12midnight Australian Drag** **Racing 12.30am Telegraph** **Action Sport** **1.00 Hot Tuna Rebel TV** **1.30 British** **Superbikes Preview** **2.30 Golf Extra** **4.30-4.45am** **Sky Sports Centre**		**12midnight The Flash** *Beat the Clock* **1.00am FILM:** **Xtro 3 – Watch the Skies** *Robert Culp, Andrew Divoff* Horror. Soldiers make a gruesome discovery. *1995* **3.00-4.00am Babylon 5** *Day of the Dead*	**12midnight Yo!** MTV's weekly rap show featuring guest hosts, video clips and interviews. **1.00am** **Mariah Carey Unplugged** **2.00-6.00am Night Videos**

GOLF: MADEIRA ISLAND OPEN
SKY SPORTS 1 11.00AM, SKY SPORTS 2 3.00PM

The world of professional golf is full of young men and women who can burst onto the scene for their 15 minutes (or four rounds, anyway) of fame and last year's Madeira Island Open was just such an event when little-known Spaniard Pedro Linhart (pictured, left) eclipsed an illustrious field. Linhart fended off determined charges from both England's David Howell and Europe's former Ryder Cup captain, Mark James (pictured, right) to take the £58,000 first prize.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.06 **Amy Lynn Baxter 11.15** **FILM: Passion Cove** **12midnight Freeview** **12.10am Wanna Be a Porn** **Star? 12.40 Naughty** **Nostalgia 1.05 Premier Strip** **1.15 Life in the Fast Lane** **2.30 Suburban Sex Secrets** **2.55-4.00am** **Girls in Uniform 4** Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	**12midnight** **The Ten Minute Preview** **12.10am** **FILM: Fantasy Chamber** **1.00** **The Five Minute Freeview** **1.05 FILM continues** **1.20 FILM: Love on the Run** **2.30 FILM: Sinderella** **3.40-4.00am Her Fantasy** Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Wednesday 22 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
More irreverent fun with the Pop-Up team.
9.00 Upbeat
1.00pm
Greatest Hits: Kate Bush
All the top tracks from this reclusive but influential artiste.
1.30 Pop-Up Video
2.00 Jukebox
Viewers get the opportunity to choose their favourite songs and videos.
4.00 Planet Rock Profiles: Dina Carroll
4.30 Greatest Hits: Billy Joel
Includes *We Didn't Start the Fire* and *Uptown Girl*.
5.00 Top Ten
A rundown of the tracks currently dominating the charts in the UK.
6.00 Talk Music
Latest music news.
6.30 Greatest Hits: Kate Bush
Includes *Rubberband Girl* and *Running Up That Hill*.
7.00 VH1 Hits
Hits, hits and still more hits – they just keep on coming.
8.00 The Millennium Classic Years: 1992
The Prince and Princess of Wales agree to separate, and violence flares in LA after the Rodney King case.
9.00 VH1 to One – Au Revoir Celine
9.30 Greatest Hits: Billy Joel
Includes *We Didn't Start the Fire* and *Uptown Girl*.
10.00 Behind the Music: REM
VH1 chats to all the players in the REM story, giving the fullest picture yet of the enduring US band.
11.00 Behind the Music: 1999
Wrap up the year with a recap of the trends and talents that gave 1999 such significance.
12midnight Pop-Up Video
12.30am Greatest Hits: Kate Bush
1.00 Hey, Watch This!
John Fugelsang takes a comical look at British and American culture.
2.00 VH1 Flipside

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
1.00pm Emergency Vets
Vets heal a Labrador mix puppy's hip displacement.
1.30 Pet Rescue
More RSPCA rescues.
2.00 Harry's Practice
Harry and Katrina check out some baby Tasmanian devils.
2.30 Zoo Story
Gerry and Zaire the gorillas learn how to eat yogurt.
3.00 Going Wild with Jeff Corwin
Australia – Red Centre
3.30 Croc Files
Steve shows how to trap and net crocodiles.
4.00 Croc Files
Steve and Terri Irwin are overrun with mice.
4.30 Aquanauts
A look at endangered hawksbill turtles.
5.00 Emergency Vets
A Yorkshire terrier's jaw is operated on.
5.30 Zoo Chronicles
An injured squirrel monkey starts a new life.
6.00 Crocodile Hunter
Where Devils Run Wild
Enjoy a trip through the rugged and beautiful terrain of Tasmania.
7.00 The Walking Hill
Studying the behaviour of the African elephant.
7.30 Animals A to Z
The Transformers
Animal masters of disguise.
8.00 Emergency Vets
A dog with a mysterious injury is attended to.
8.30 Emergency Vets
A baby alligator is brought in for a check-up.
9.00
Deadly Australians
Coastal and Ocean
9.30
Deadly Australians
Forest
10.00 Wild Rescues
More tales of human and animal courage.
10.30 Wild Rescues
More tales of human and animal courage.
11.00 Emergency Vets
A poodle suffers a mauling from a Labrador.
11.30-12midnight Emergency Vets
A cat suffers from asthma.

CABLE CHECK
Some of the channels listed may not be available in your area

Join the singer for 'An Audience with Mariah Carey' MTV 7.00pm

ITV2
ACCESS PACK

4.00pm Pump It Up
Contestants tackle a huge inflatable assault course.
4.30 Board Wild
5.00 Gladiators
Muscle-bashing challenges.
6.00 NBA 2000
Top basketball action from the United States.
7.00 Game Girls
Sports entertainment with Beverley Turner and Trish Adudu.
7.30
World Sports Special
8.00 Grudge Match
Action-packed problem solving.
8.50 Chart Choice
Top videos.
9.00 At Home with the Braithwaites
Drama series which explores the secrets lurking beneath the surface of suburban family life. David agonises over his all-night date with Elaine. Sarah confesses all to her drama teacher. Alison and Virginia have a heart-to-heart.
11.00 Emmerdale
Tonight's episode shown earlier on ITV. Text
11.30
Coronation Street
12midnight Feature
12.50am Trisha
Trisha Goddard shares heartwarming true stories with a studio audience.
1.50-2.20am
Planet Rock Profiles
In-depth musical profiles.

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow
8.00 Travel Xpress
8.30 Collectors' Lot
9.00 Ready, Steady, Cook
9.30 Can't Cook, Won't Cook
10.00 House Invaders
10.30 Change That
11.00 The Antiques Show
11.30 Dream House
12noon Real Rooms
12.30pm Collectors' Lot
1.00 Antonio Carluccio's Italian Feast
1.30 Ready, Steady, Cook
2.00 Change That
2.30
How Does Your Garden Grow?
Top gardeners deal with horticultural problems and offer special one-to-one consultations.
3.30 Gardening from Scratch
Horticulture for the novice.
4.00 Travel Xpress
A look at the islands of St Lucia and Trinidad.
4.30 Holiday in Style
Featuring reports from the Turks and Caicos islands, the Algarve, Acapulco, Thailand, the Pennine Way and Scarborough.
5.30
Antiques Roadshow
Treasured possessions are brought by members of the public in Newport on the Isle of Wight for evaluation by experts.
6.30 Real Rooms
Decor makeover show.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Learn where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 The Flower Show
Florist Jane Packer looks at arrangements using the colour peach.
9.00 Looking Good
Lowri Turner asks whether blondes do have more fun.
9.30 How Does Your Wallpaper Hang?
More DIY advice from Mark Jeffries and his team, with everything from tiling to soft furnishings coming under the microscope.
10.30 House Invaders
Low-budget DIY show.
11.00 Garden Magic
Quick solutions to your gardening dilemmas.
11.30
The Green Room
Ideas for tiny gardens.
12midnight
Gardeners' World
Britain's best-loved gardening show, presented by Alan Titchmarsh.
12.30am-1.00am Gardening from Scratch
The gardening series for

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Jobs for the Boys
7.50 The Essential Guide to Rocks
8.20 Battersea Dogs' Home
8.50 Animal Hospital
9.20 Secrets of World War II
10.15 Supernatural Science
11.15 Tomorrow's World Plus
12.15pm Animal Hospital
12.45 City Hospital
1.45 Jobs for the Boys
2.45 Battersea Dogs' Home
3.15 Walking with Dinosaurs
Natural history series.
3.45 The Secret Life of Twins
Exploring the fascinating phenomenon of twins and their relevance to the study of human genetics.
4.45 Animal Hospital
Rolf Harris observes more RSPCA cases.
5.20 Airport
Behind the scenes at Heathrow, one of the world's busiest airports.
5.55 City Hospital
Gaby Roslin and her team of co-presenters report on the triumphs and trials of patients and staff at Southampton General.
6.55 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
7.30 Disaster
The Unflyable Plane
Narrated by John Nettles.
8.00 Animal Hospital
Rolf Harris observes more RSPCA cases.
8.30 Walking with Dinosaurs
Cruel Sea
9.00 Dinosaur Cops
A look at the dispute between scientists, law enforcers and poachers in the black market trade in illegal fossils.
10.00 Airport
Behind the scenes at busy Heathrow.
10.35 Airport
Another behind-the-scenes sneak at Heathrow.
11.05 Secrets of World War II
Adolf Hitler's Last Days
12.05am-1.00am Panic
Actress Kim Basinger speaks out about panic disorders.

UK PLAY:
1.00am People Like Us 1.35 Shooting Stars 2.10 Lucas and Walliams in Rock Profile 2.40 Chris Moyles Show 3.10 Supergrass 3.35 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 The Cookshop 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Alex Factor 12noon Classic Dishes 12.30pm An Umbrian Kitchen 1.00 Coxon's Kitchen College 1.30 Spiceworld 2.00 Food Network Daily 2.45 Simply Fish
James Martin prepares smoked halibut and saffron soufflé.
3.30
Tessa's Tastebuds
Mustard
With Tessa Bramley.
4.00 Simply Baking
Cakes
With Andrew Nutter.
4.30 The Spice Trail
A culinary tour of North India.
5.00 Flash in the Pan
Quiz with Paul Coia.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
Five Star Cooking

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Water Wars
Travel to places where vast floods cause problems for people and wildlife.
8.00
Return to Everest
Sir Edmund Hillary visits the people who spend their lives in the shadows of the mountain he conquered.
9.00 Fire Bombers
A pair of pilots control wild fires from the air.
9.30 Fire!
Following a group of smoke jumpers into the field.
10.00
Dinosaur Hunters
Join palaeontologists Mike Novacek and Mark Norell as they uncover the secrets of the Gobi.
11.00
Explorer's Journal
Above the Clouds
Colin Prescott attempts to fly around the world in a hot air balloon.
12midnight-1.00am
The Fatal Game
This chilling tale tells of Australian Mike Rheinberger's obsession with reaching the summit of Mount Everest and the dire consequences which followed when, finally, he achieved his goal.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
With host Ted Rogers.
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting
6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00
Ron Hazelton's Housecalls 8.30
Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Hammer It Home
12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30
Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 New Yankee Workshop
Classic Kitchen Cabinets
3.00 This Old House with Steve and Norm 3.30-4.00pm
Hooked on Fishing

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Freesports 4.30 That Film Show 5.00 Scratch TV 5.15 Got Any Gear? 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Wednesday 22 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm The Secret Files of the Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 DD Programmes 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Zamana Badal Gaya 1.00 Sansar 1.30 FILM 4.00 Janki Da Jasoos 4.30 Short Stories 6.00 MTV Gao Baby Gao 6.30 Asianet Aur Aap 7.00 Sansar 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Gao Baby Gao 12.30am Asianet Aur Aap 1.00 FILM 4.00 Kashkol 5.00 Sansar 5.30 Shaque 6.00 Janki Da Jasoos 6.30 DD Programme 7.00-7.30am Chote Babu

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Moneyline 4.30-5.00am Newsroom

ZEE TV
ADD-ON CHANNEL

6.00 Out and About 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Tara 9.00 Rishtey the Love Stories 10.00 Aarzoo 11.00 Khoobsurat 11.30 Amar Prem 12noon FILM 3.00pm Jeena Isi Ka Naam 3.30 Hip Hip Hurray 4.00 Raahat 4.30 Gubbare 5.30 Hasratein 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News Bulletin 8.30 Amanat 9.00 Zeharaab 10.00 Nagin 10.30 Making of a Legend 11.00 India's Most Wanted 11.30 Zee Horror Show 12midnight News Bulletin 12.30am Pakistan Business Week 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Hai

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 PMQs 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 PMQs 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 Fashion TV 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Life Is for Living 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Deciding Your Destiny 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Nestor Burma 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Temps Présent 1.00 Journal 1.15 Nestor Burma 3.00 Journal 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Nestor Burma 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Droits de Cité 9.00 Journal Télévisé 9.15 La Maison d'Alexina 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.45 Focus on Eastern Europe 3.30 Wall Street Report 4.15 South Africa Report 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Committees 7.00 The Record 7.30 Committees 9.30 Westminster Hall 2.00pm European Focus 2.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
Pachyderm pranks.
3.30 Fat Dog Mendoza
Canine capers.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine.
3.30 Inspector Gadget

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Henty River
4.30 Discovery Today
Magazine-style programme.

4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.

4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
Aston Eyre
The team uncovers the great hall of a medieval manor complex in Shropshire.

5.00 Dragonball Z

5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.

5.00 Monster Rancher
5.20 Biker Mice from Mars
5.30 Mad Jack the Pirate

6.00 PM

6.00 The Fastest Car on Earth
Breaking the sound barrier on land is one of the last great feats remaining for man to accomplish.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

6.00 Renford Rejects
6.30-7.00pm Sister Sister

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Pilot
7.30 Desmond's
Barbershop comedy.
8.00 Dharma and Greg
Brought to You in Dharmavision
8.30 Mad About You
Billionaire
9.00 Married... With Children
Pilot
9.30 Spin City
The Lady or the Tiger
Mike dates a magician.
10.00 Frasier
Frasier's Gotta Have It
10.30 Father Ted
Night of the Nearly Dead
Mrs Doyle wins a poetry competition.
11.00 Drop the Dead Donkey
The team prepare to welcome back Sally.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Home Shop!
8.30 Jewellery Shop!
9.30 Shop! Feature
10.00 Kids Shop!
11.00 Beauty Shop!
11.30 Gift Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Clothes Shop!
2.30 Entertainment Shop!
3.30 Jewellery Shop!
4.30 Home Shop!
5.30 Shop! Selection
6.00 Jewellery Shop!
Best-selling jewellery from the past week.
7.00-7.30pm Bargain Shop!

8.00 PM

8.00 Three Gorges – The Biggest Dam in the World
China is trying to tame the Yangtze by building an extensive dam.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm John Grisham's The Client
Sympathy for the Devil
Legal drama, based on the novel. With JoBeth Williams and Polly Holliday.
10.00 FILM: The Cisco Kid
Jimmy Smits, Cheech Marin, Bruce Payne
Light-hearted Western. Two amigos make their way through the Old West looking for baddies. *1994*
12midnight-1.00am The Dukes of Hazzard
Targets Daisy

9.00 PM

9.00 World's Largest Casino
NEW SERIES A look at a mega-entertainment complex which boasts of being the world's largest.

10.00 PM

10.00 In Search of Liberty Bell-7
A look at a marine salvage expedition as it locates and attempts to recover NASA's *Liberty Bell-7*.

11.00 PM

11.00 Wings
Landing Zone Vietnam
A look at how helicopters were used in Vietnam, revolutionising the way wars are fought.

12.00

12midnight Black Box
Crash Detectives
A look at the investigation teams at two crash sites in the United States during the summer of 1996.
1.00am Discovery Today
News programme.
1.30-2.00am Secret Mountain

NIGHT TIME

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon
Hitler and the Occult
1.00pm Project Cancelled
Viper Varients
2.00 Biography
Audrey Hepburn
3.00 Great Crimes and Trials
The McKay Kidnapping
3.30 Spies
The Honey Trap
4.00 Top Guns
5.00 Tales of the Gun
Guns of the Civil War
6.00 Secrets of Sex
6.55 Photos for the Future II
7.00 Project Cancelled
The Fairey Delta Two
8.00 Biography
Charlton Heston
A profile of one of America's longest-standing actors.
9.00 Great Crimes and Trials
The Trial of Adolph Eichmann
9.30-10.00pm Spies
The Pearl Harbor Spies

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 11.00am.

Free visit for non-subscribers 23rd-26th March

Play chess with apes

Imaginations will be running wild for four incredible days only on Disney Channel.

The Rescuers

Sister Act 2

Homeward Bound 2

George of the Jungle

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www.disney.co.uk/disneychannel ©Disney

Disney Channel's !magination Station

Thursday 23 March

SKY PREMIER
PREMIUM CHANNEL

6.20am Legend of Pirate's Point
1999, rating Sky U, 82 mins
8.00 One Fine Day
Text *1997, rating Sky PG, 104 mins*
10.00 Doctor Dolittle
Text *1998, rating Sky PG, 82 mins*
12noon Paulie
Text *1998, rating Sky U, 88 mins*
1.45pm Nico the Unicorn
Anne Archer, Michael Ontkean
Drama about a young boy and his mother who move to Vermont after a tragic accident which leaves him disabled and his father dead. *1998, rating Sky PG, 91 mins*

3.45 One Fine Day
Michelle Pfeiffer, George Clooney
Romantic comedy about a pair of busy single parents who find themselves and their children thrown together. One is a newspaper columnist hot on the trail of a major scoop, the other is an architect with a presentation to make. They manage to juggle their schedules and start to fall in love with each other. Text *1997, rating Sky PG, 104 mins*
5.45 Paulie
Gena Rowlands, Tony Shalhoub
Amiable family fun with Paulie, a super-smart talking parrot who tells the tale of his life with wit and charm. After his first owner is forced to give him up, he embarks on a cross-country escapade that leads him into all types of situations. Text *1998, rating Sky U, 88 mins*
7.45 Oscar Report
Tania Bryer presents this daily report from Los Angeles
8.00 Doctor Dolittle
Eddie Murphy, Ossie Davis, Oliver Platt, Peter Boyle
Comedy about a doctor who discovers that he can talk to all kinds of animals and is inundated with furred and feathered patients. Text *1998, rating Sky PG, 82 mins*
9.30 Movietalk
Who the Hell Does Oscar Think He is Anyway?
10.00 As Good as It Gets
Jack Nicholson, Helen Hunt
An obsessive-compulsive and a terminal grouch finds himself falling for a feisty waitress. When he is forced to look after his gay neighbour's dog, he begins to bond with the creature, and thus begins an escape from his self-imposed isolation, leading to a new awareness of the love which still exists inside him. Text *1997, rating Sky 15, 133 mins*
12.20am
The Fabulous Baker Boys
Jeff Bridges, Michelle Pfeiffer
1989, rating Sky 15, 109 mins
2.15 Gummo
Text *1997, rating Sky 18, 85 mins*
3.45-6.00am She's So Lovely
Text *1997, rating Sky 15, 92 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

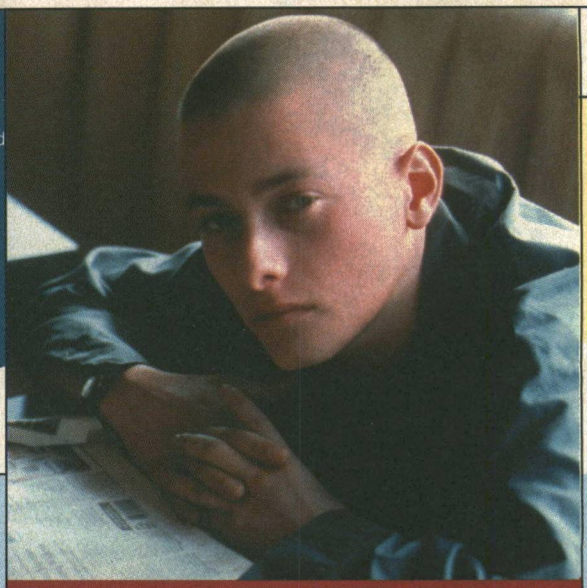
6.00am Shadow of the Bear
1998, rating Sky PG, 92 mins
8.00 Her Own Rules
1998, rating Sky PG, 83 mins
10.00 And the Beat Goes On: The Sonny and Cher Story
Text *1999, rating Sky PG, 86 mins*
12noon
Danielle Steel's Changes
1991, rating Sky PG, 91 mins
2.00pm Her Own Rules
Melissa Gilbert, Jean Simmons
Drama. A successful hotelier returns to the village of her childhood to visit her friend. She decides to visit her mother's grave only to find that there is no grave, and that her mother is still living locally. *1998, rating Sky PG, 83 mins*
4.00 St. Patrick: The Irish Legend
Patrick Bergin, Malcolm McDowell, Alan Bates
Drama following the life of St. Patrick. After being kidnapped from his home in Britain and taken to Ireland, Patrick finally escapes and makes his way back to Britain, where he is troubled by visions of the Irish people. *1999, rating Sky PG, 89 mins*
6.00 And the Beat Goes On: The Sonny and Cher Story
Jay Underwood, Renee Faia
Biopic tracing the rise and fall of Sonny and Cher, singing sensations and glamour-couple – until their volatile marriage ended in an acrimonious divorce propelling one on to mega-fame and the other into politics. Text *1999, rating Sky PG, 86 mins*
8.00 My Husband's Secret Life
Anne Archer, James Russo, Maria Conchita Alonso
PREMIERE Drama in which the widow of a police officer takes on the corrupt force in order to earn her husband a posthumous promotion. *1998, rating Sky 12, 89 mins*
9.30 UK Top Ten
10.00 Maximum Risk
Jean-Claude Van Damme, Natasha Henstridge
Thriller. A retired French soldier must travel to New York to solve the murder of a twin brother he never knew existed. Text *1996, rating Sky 18, 96 mins*
11.40 Face
Robert Carlyle, Ray Winstone
Thriller. Villains plan a raid on a security firm, but mutual mistrust and the police intervene. *1997, rating Sky 18, 101 mins*
1.25am Error in Judgement
1998, rating Sky 18, 89 mins
3.00 Baby Comes Home
1980, rating Sky PG, 92 mins
4.35-6.00am
St. Patrick: The Irish Legend
1999, rating Sky PG, 89 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm
Sink the Bismarck!
Kenneth More, Carl Mohner, Dana Wynter, Laurence Naismith
Action. A World War II British naval strategist is on the hunt for the titular Nazi battleship. *1960, rating Sky U, 93 mins*
6.00 Farewell to the King
Nick Nolte, Nigel Havers, Frank McRae, Gerry Lopez
Wartime adventure. An ex-US sergeant turns his back on the war effort to become king of a tribe of natives in the wilds of Borneo. His idyllic lifestyle is soon to be shattered, with the arrival of the Japanese. *1989, rating Sky PG, 112 mins*
8.00 The Odessa File
Jon Voight, Mary Tamm, Maximilian Schell, Maria Schell
Thriller adapted from Frederick Forsyth's bestseller. A German journalist unwittingly stumbles upon the Odessa – a secret cell of Nazis – while tracking down officers of the Third Reich who vanished after World War II. In doing so he uncovers an international conspiracy that threatens global security. *1974, rating Sky 12, 123 mins*
10.10 River's Edge
Crispin Glover, Keanu Reeves
Drama based on real events. A teenager confides in his best friend that he murdered his girlfriend. *1987, rating Sky 18, 96 mins*
11.50 New Jack City
Wesley Snipes, Judd Nelson
Drama. Two cops decide to take down a major drug dealer. *1991, rating Sky 18, 96 mins*
1.35am The Odessa File
Jon Voight, Mary Tamm
1974, rating Sky 12, 123 mins
3.45-6.00am Track of the Cat
Robert Mitchum, Tab Hunter
Western. *1954, rating Sky U, 98 mins*



Edward Furlong plays the brother of a reformed neo-Nazi in 'American History X'. Sky Box Office 4, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm
A Summer's Tale
Melvil Poupaud, Amanda Langlet, Gwenaàlle Simon, Aurolia Nolin
Drama. A young student falls in love with two sisters, and begins a love affair that is complicated when his girlfriend arrives. Rohmer's exploration of the problems of love and friendship is part of a quartet of films. *1996, 109 mins*
8.00 Bob Roberts
Tim Robbins, Gore Vidal, Brian Murray, Alan Rickman
Political satire. A right-wing folk singer and self-made millionaire sets out to unseat an incumbent Democrat senator in Pennsylvania with a vicious campaign. *1992, 100 mins*
9.40 Funny Little Guy
A woman tells her mother of a one-night stand with an alien.
10.00 They Live
Roddy Piper, Keith David
Sci-fi thriller. A construction worker stumbles across a stash of special sunglasses which reveals the truth – the world has been invaded by aliens who are ruling the Earth through subliminal messages. *1988, 94 mins*
11.50 Body Bags
Stacy Keach, Robert Carradine, Mark Hammill, Sheena Easton
Horror. A three segment portmanteau directed by John Carpenter and Tobe Hooper. Text *1993, 90 mins*
1.30am
Wrestling Ernest Hemingway
Romance. Text *1993, 117 mins*
3.30-6.00am Barb Wire
Sci-fi thriller. Text *1995, 94 mins*

Create your own personal TV diary: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00 Three Coins in the Fountain
Clifton Webb, Dorothy McGuire, Rossano Brazzi, Louis Jourdan
Romantic drama. Three Americans working in Rome and looking for romance, take matters into their own hands when they decide to throw coins into the Trevi fountain, hoping that their wishes will come true. *1954, 101 mins*
9.00 Soul Man
C Thomas Howell, Rae Dawn Chong, James Earl Jones
Comedy. When a young college hopeful finds he is unable to afford enrolment at Harvard Law School, and the only organisation offering financial assistance is for black students he decides that the time has come to take matters into his own hands. *1986, 101 mins*
11.00 Winter People
Kurt Russell, Kelly McGillis, Lloyd Bridges, Mitchell Ryan
Romantic drama. A young girl is spurned by her parents when she bears an illegitimate child. Tensions arise when a widower falls for her. Text *1989, 111 mins*
1.00am
The House that Would Not Die
Tense thriller. *1970, 74 mins*
3.00 Soul Man
Comedy. *1986, 105 mins*
5.00-7.00am Nurse Edith Cavell
Historical drama. *1939, 108 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Romantic drama about a brother and sister entering a Fifties soap opera. Stars Tobey Maguire. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
BELOVED
Compassionate slave drama set after the American Civil War. Stars Oprah Winfrey, Danny Glover and Thandie Newton. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm
PAYBACK
Action thriller about a crook who has been double-crossed after a heist. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred, centring on two young brothers. Stars Edward Norton and Edward Furlong. *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions. Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 23 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
I Know in My Heart He's Obsessed with that Body Part
Today's guests are men who are obsessed with a specific body part.
4.00 Pokémon
The Song of Jigglypuff
Japanese animation.
4.30 Pokémon
Attack of the Prehistoric Pokémon
5.00 Stargate SG-1
Brief Candle
Science fiction series. O'Neill begins to age at an alarming rate and the SG-1 team is unable to help him. With Bobbie Phillips.
6.00 Friends
The One with a Chick and a Duck
Joey buys an unusual pet. Text
6.30 Dream Team
Jerry fires Marilyn, and Ann and Scott have another row.
7.00 The Simpsons
Separate Vocations
Bart finds new respect for the law. Text
7.30 The Simpsons
Bart's Road Trip
8.00 Roswell High
The Toy House
American science fiction drama about a family of aliens posing as humans in the New Mexico town of Roswell. With Shiri Appleby.
9.00 Friends
The One with the Apothecary Table
9.30 ER
The Domino Heart
US hospital drama chronicling life and death in a Chicago emergency room. Stars Anthony Edwards and Noah Wyle.
10.30 Veronica's Closet
Veronica's Record
US comedy.
11.00 Dream Team
Jerry fires Marilyn, and Ann and Scott have another row.
11.30 Stargate SG-1
Brief Candle
Science fiction series. O'Neill begins to age at an alarming rate.
12.30am Picket Fences
Bloodbrothers
Littleton's half-brother, Dale 'Sky' Betts, escapes from prison and seeks refuge in Rome.
1.30-7.00am Long Play
A comprehensive selection of music videos, charts and special features.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Cheating
Skase comes across a crook's wife two-timing on her hubby.
3.30 The Bill
Decent Proposals
4.00 EastEnders
Sanjay attempts to provide Gita with an explanation.
4.35 Neighbours
Brad and Lauren arrange a clandestine meeting.
5.00 Bugs
Newton's Run
Action drama series set in the world of hi-tech crime. A dog which is being used in medical trials is stolen by a blackmailer.
6.00 The Brittas Empire
Back with a Bang
Leisure centre sitcom with Chris Barrie and Mike Burns.
6.35 Waiting for God
Sitcom set in a retirement home.
7.10
Are You Being Served?
Cold Store
Classic sitcom.
7.45
Keeping Up Appearances
Hyacinth spends her first day in her new weekend residence.
8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville.
9.00 The Young Ones
Demolition
Anarchic comedy with Rik Mayall and Nigel Planer.
9.45 The Young Ones
Oil
Anarchic comedy about some loathsome students.
10.25
Only Fools and Horses
Hole in One
Classic London sitcom.
11.05 Casualty
Next of Kin
Medical drama. The eviction of demonstrators from an environmental protest site goes wrong. With Catherine Shipton.
12.10am The Bill
Cheating
12.40 The Bill
Decent Proposals
1.10 Casualty
Always on My Mind
Medical drama.
2.05-2.45am Whatever Happened to the Likely Lads?
Conduct Unbecoming

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living 9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Host Mother Love deals with real problems in a variety of relationships.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion.
7.00 Judge Judy
The family court judge presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Popular medical drama series centring on the staff of a small general practitioners set amid the scenic splendour of Derbyshire's Peak District.
9.00 FILM: Lisa
Cheryl Ladd, Staci Keanan, DW Moffett, Tanya Fenmore
Thriller about a teenage girl brought up strictly by her overprotective mother. In despair, she starts making prankster phone calls. But they prove nightmarishly dangerous when she dials a serial killer. *1989*

10.50 Red Shoe Diaries
Stories of eroticism and love, introduced by David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters
8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text
10.00 Hadleigh 11.00 Hart to Hart
12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
King Kamehameha Blues
McGarrett seeks a university student in Hawaii who has needled the establishment by stealing a cherished royal robe.
4.00 Kojak
Be Careful What You Pray For
Three young Puerto Ricans dream of buying a farm and try to finance their dream by hijacking plumbing supplies.
5.00 Hart to Hart
Emily, by Hart
Jennifer's journalistic instincts transform the Harts' weekend getaway into a murder investigation.
6.00 Emmerdale
Pollard is horrified to find himself in the paper. Text
6.30 Classic Coronation Street
Classic soap opera. Text
7.00 George and Mildred
My Husband Next Door
Classic comedy.
7.30 Bless This House
Another Lost Weekend
Seventies domestic sitcom.
8.00 The Benny Hill Show
Bringing you more of his favourite characters, with music from the lovely Diana Darvey, The Ladybirds and special guest Judith Durham.
9.00 Kojak
Life, Liberty and Pursuit of Death
Two psychology students kill their professor. With Telly Savalas.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Motor Week
Magazine series which takes a look at the motoring industry.
11.30 Motorsport Mundial
A look at motorsport championships around the world.
12midnight Grand Quiz Auto
Motoring quiz show.
12.30am Carfile
Motoring series devoted to contemporary vehicles.
1.00-2.00am Drivetime
The programme which covers every aspect of motoring – from saloon car racing to vintage car greats.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
A chance to watch your favourite classic Disney characters.
4.00 Sabrina
Bewitching comedy. Text
4.30
Hercules: The TV Show
Hercules and the Driving Test
Animated adventures. Text
5.00 Recess
Animated series. Text
5.30
My Best Friend is an Alien
Attack of the 1000 Foot Veeblax Text
6.00 Smart Guy
TJ discovers he can't master dancing straight away. Text
6.30 Microsoap
Innovative sitcom, with a bizarre array of guests. Text
7.00 FILM: The Rocketeer
Bill Campbell, Timothy Dalton, Alan Arkin, Jennifer Connelly
Action adventure about a young pilot who discovers a rocket pack that can enable him to fly. But other people, including a bunch of Nazis, want the pack for themselves. *1991* Text
8.45 Honey, I Shrunk the Kids: The TV Show
Honey, There's a Pox on Our House
Wayns's in trouble. Text
9.30 Boy Meets World
Can I Help to Cheer You
Eric contemplates a major commitment. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

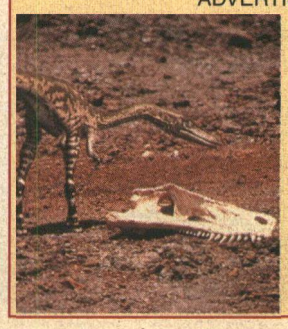
FILM

They Live
FilmFour 10.00pm
Director John Carpenter couches some angry comments on the power of advertising in the terms of a breezy sci-fi flick. Sinister, alien-controlled subliminal messages can be seen with the aid of special dark glasses. Roddy Piper and Keith David are our heroes.

GENERAL

The Legend of Grey Owl
Discovery 8.00pm
Stranger than an American Indian known as Grey Owl becoming a reknowned conservationist and then turning out to be Archie Belaney from Hastings, is the prospect of Pierce Brosnan playing him in a movie. Check out the real Archie in this documentary.

ADVERTISEMENT UK HORIZONS

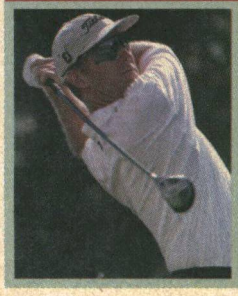


DINOSAUR COPS
9.00PM
As part of Dinosuar Week on UK Horizons, this documentary follows a year in the life of an elite police squad based in Wyoming, the heart of fossil country. They must track down the enemy of scientists and law enforcers – fossil poachers – before it is too late.

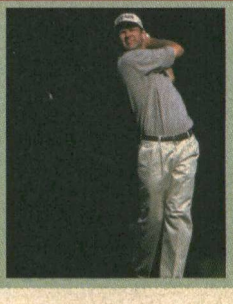
Thursday 23 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING	**7.30am Xtreme Sports** **8.00 Car Racing** **9.00 Jet Skiing** **11.00 Ice Speedway** **12noon Snowmobile** **12.30pm Snowboard** **1.00 Speed Skiing** **1.30 Biathlon** **2.30** **Nordic Combined Skiing** Action from the World Cup in St-Moritz, Switzerland.	**7.00am Sky Sports Centre** **7.15 WWF – Superstars** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Australian Drag Racing 10.30 Trans World Sport 11.30 Futbol Mundial** **12noon Aerobics Oz Style** **12.30pm Rugby League** **2.00 Trans World Sport** An eclectic mix of sport.	**7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Futbol Mundial 8.45 Sky Sports Centre 9.00 Telegraph Action Sport 9.30 Hot Tuna Rebel TV 10.00 Golf Extra 12noon Australian Drag Racing 12.30pm British Superbikes 1.30 Powerboat and Jetsport World 2.00 Golf Extra** David Livingstone hosts the show that keeps golf fans up to date with all the latest news from the major tours on the current golfing circuit. With a look ahead to forthcoming events.	**12noon Total Sport** **12.30pm European Tour Weekly** **1.00 Telegraph Action Sport** **1.30 Hot Tuna Rebel TV** **2.00 Steve Davis and Friends** Steve Davis chats with stars past and present and looks back at some truly memorable moments in the game.	**8.00am Battlestar Galactica** **9.00 The Time Tunnel** **10.00 Lost in Space** **11.00 The Incredible Hulk** **12noon Babylon 5** **1.00pm Alien Nation** **2.00 Battlestar Galactica** *The Living Legend – Part II* Commander Adams reluctantly joins forces with Commander Cain.	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** Back-to-back smashes. **2.00 All Time Top 10 Blur Videos** Featuring videos from the popular Britpop act.
3.00 PM		**3.00 Futbol Mundial** Reviews of all the action from the world game. **3.30 Rugby League World** All the latest rugby league developments around the world. From the battlefields of the Super League to the intensity of the Australian National Rugby League championship.		**3.00 Brian Moore Interviews** **3.30 Australian Rally Championships** Action from the Australian Rally Championship.	**3.00 Robocop** *What Money Can't Buy* Robocop's rescue of a young boy in need of a lung transplant is ruined by a ruthless criminal.	**3.00 Bytesize MTV** Superb music, big stars, plus weird and wonderful moments from MTV stations around the globe.
4.00 PM	**4.00 Athletics** Highlights from the Indoor Meeting in Atlanta, Georgia, USA.		**4.00 Inside the PGA Tour** insight into PGA Tour. **4.30 Ford Golf USA: Players Championship – LIVE** This year's Players Championship commences with live putt-by-putt coverage from the world famous Tournament Players Club at Sawgrass in Ponte Vedra Beach, Florida. This is a massive occasion for the players on the US PGA Tour and features the likes of the in-form Tiger Woods, last year's winner David Duval, Phil Mickelson and Mark O'Meara playing for their share of the whopping $5million prize money.	**4.00 British Superbikes** A preview show geared towards the forthcoming British Superbike season.	**4.00 The Time Tunnel** *Billy the Kid* Landing in New Mexico in the 1880s, Doug and Tony have a near-fatal meeting.	**4.00 Select MTV** Transform your television set into a jukebox with the popular viewers' request show – if MTV has it, it will be played. Tune in for details about how to make a request – and keep watching your screen.
5.00 PM	**5.00 Olympic Games** Olympic magazine. **5.30 Ice Climbing** Action from the World Cup Final in Sweden.	**5.00 WWF – Superstars** Join one of the most riveting, action-packed entertainment programmes on the WWF circuit.		**5.00 Australian Drag Racing** **5.30 Football League Review** All the recent Nationwide league action.	**5.00 Lost in Space** *Junkyard in Space* A mechanical junk man acquires the Robot's memory banks and makes off with the *Jupiter*.	
6.00 PM	**6.00 Racing Line Today** World Rally Championship highlights of the 'Rallye Portugal', the fourth round of the series.	**6.00 Sky Sports Centre** All the latest sporting news. **6.30 Football League Review** All the recent league action.		**6.00 Max Power** Max Power is a series of specials featuring material from around the world, including both two and four wheel motorsport.	**6.00 The Incredible Hulk** *A Solitary Place* Banner isolates himself in a remote area after rest. becoming the Hulk.	**6.00 Bytesize MTV** Another constant barrage of bizarre moments from MTV stations around the world, in short soundbites.
7.00 PM	**7.00 Football – LIVE** Coverage of the second leg of the Uefa Cup quarter-finals.	**7.00 FIFA TV** *FIFA TV* covers everything in the world of football. **7.30 What a Weekend** The show that looks at the weekend's sporting action.		**7.00 The Rugby Club** Previews and reviews of the latest rugby union action, plus interviews with some of the biggest names in the game.	**7.00 Alien Nation** *The Spirit of '95* The Newcomers lobby for the right to vote but George is reluctant to commit himself.	**7.00 Mad 4 Hits** Stand by for another 60 minutes of classic back-to-back chart smashes.
8.00 PM		**8.00 Spanish Football** David Bobin introduces highlights from La Liga, featuring the best of the recent matches from Spanish football's top flight.		**8.00 Australian Rally Championships** Action from the Australian Rally Championship. **8.30 Powerboat and Jetsport World**	**8.00 Babylon 5** *Signs and Portents* *Babylon 5*'s fighter pilots battle a fleet of space raiders trying to abduct a Centauri nobleman.	**8.00 European Top 20** Join Eden Harrell for another rundown of the singles currently topping the charts on the Continent.
9.00 PM	**9.00 Football** Further action from the second leg of the Uefa Cup quarter-finals.			**9.00 Max Power** Max Power is a series of specials featuring material from around the world, including both two and four wheel motorsport.	**9.00 Babylon 5** *TKO* Garibaldi helps a disgraced prizefighter regain his honour as a professional athlete by coaching him.	**9.00 Daily Edition** Celebrity gossip with Emma Ledden and Edith Bowman. **9.30 Celebrity Death Match** Clay figures in combat.
10.00 PM		**10.00 Sky Sports Centre** All of the latest sporting news and reviews. **10.15 You're On Sky Sports!**		**10.00-11.30pm World Cup Classics: East Germany v West Germany 1974** Another classic World Cup clash, with the two German teams meeting for the first time.	**10.00 FILM: Total Recall** *Arnold Schwarzenegger, Sharon Stone, Ronny Cox* When a man goes for a virtual vacation on Mars, he discovers information left by himself that keeps him on the run from the people trying to kill him, as well as wondering whether it is fantasy or reality. *1990*	**10.00 The Late Lick** Another smooth mix of soul and R & B, courtesy of your host Trevor Nelson.
11.00 PM	**11.00 Gillette Dream Team** A look at the potential right back players. **11.30-12.30am Racing Line**	**11.00 What a Weekend** The show that looks at the weekend's sporting action. **11.30 Football League Review**	**11.00 The Rugby Club** Previews and reviews of the latest rugby union action, plus interviews with some of the biggest names.			**11.00 brand:new** MTV's music show dedicated to emerging artists and new releases.
12.00 NIGHT TIME		**12midnight Sky Sports Centre** A round-up of all the latest news in the world of sport. **12.15am FIFA TV** **12.45 Spanish Football** **2.45 You're On Sky Sports!** **3.30-3.45am Sky Sports Centre**	**12midnight Max Power** **1.00am Australian Rally Championships** Action from the Australian Rally Championship. **1.30 What a Weekend** **2.00 The Rugby Club** **3.00-3.15am Sky Sports Centre**		**12midnight Lexx** *Tunnels* **1.00am FILM: Retroactive** *James Belushi, Kylie Travis Shannon Whirry* Sci-fi thriller. *1997* **2.40 Sci-Focus Special** **3.00-4.00am Babylon 5**	**12midnight US Top 20 Countdown** Stateside chart action. **1.00am The Late Lick** Trevor Nelson spins more hit R & B tracks and forthcoming releases. **2.00-6.00am Night Videos** Music through the night.

LIVE FORD GOLF USA: PLAYERS' CHAMPIONSHIP SKY SPORTS 2 4.30PM



It was quite a weekend for the Duval family during the Players' Championship last year. Son David (pictured, left) continued his magnificent early season form to win the tournament – beating Scott Gump (pictured, right) – while his father Bob was winning a Seniors event on the same day. It was the first father-and-son double in golf history. A footnote for the $5m event in 1999 was the disqualification of Nick Faldo. This year's question is: can anyone stop Tiger Woods?



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview
10.06 Rendezvous
23.15 Eden
12midnight Preview
12.10am Villa Lesbos
12.40 Frisky Hot Frauleins
1.05 Adult Feature
2.10 Our First Time
2.25 Leather Vixens
3.25-4.00am Adult Feature

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Shag and Mutt's Photo Opportunity 12.25 Adult Feature 12.40 FILM: The Other Side of Serenity 1.00 Five Minute Freeview 1.05 FILM cont'd 1.55 Badfellas 2.20 FILM: Young Nurses in Lust 3.30-4.00am Tanya

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Thursday 23 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
Music and trivia.
9.00 Upbeat
1.00pm
Greatest Hits: Wham!
All the biggest selling songs from the 1980s duo.
1.30 Pop-Up Video
Music and trivia from the irreverent Pop-Up team.
2.00 Jukebox
A back-to-back rollercoaster of hits from the VH1 playlist and some golden oldies from the last four decades.

4.00
VH1 to One: Santana
4.30 Greatest Hits: Bruce Springsteen
All the best selling songs from the Boss.
5.00 Top Ten
The latest up-to-the-minute rundown from VH1.

6.00 Planet Rock Profiles: Dina Carroll
6.30
Greatest Hits: Wham!
The best selling songs from the 1980s duo.
7.00 VH1 Hits
Back-to-back corking classics – only the biggest and the best make it onto the VH1 playlist.

8.00 The Millennium Classic Years 1977
Elvis Presley died, punk rock broke out, and the Queen celebrated her silver jubilee.
9.00 Behind the Music: 1999
Behind the Music wraps up the year with a recap of the trends and talents that made 1999 so significant.
10.00
Behind the Music: Fleetwood Mac
A look at the legendary band who regrouped last year after a period apart.
11.00
Classic Albums: Paul Simon – Graceland
The dramatic story of *Graceland* is told here by Paul Simon.
12.30am Talk Music
Pip Dann and Mark Ellen with the latest music news.
1.00 Hey, Watch This!
John Fugelsang takes a comical look at Brits and Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

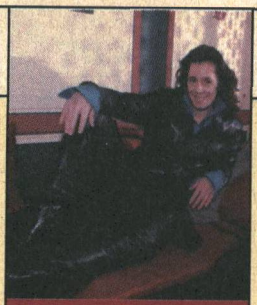
12noon Crocodile Hunter
Where Devils Run Wild
1.00pm Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
Harry pays a visit to a very angry cat who hates having her hair done, and visits a dog with fussy tastebuds.
2.30 Zoo Story
The continuing stories from London Zoo.

3.00 Going Wild with Jeff Corwin
Australia – Queensland
Jeff Corwin searches for the duck-billed platypus.
3.30 Croc Files
4.00 Croc Files
Wildlife series.
4.30 The Aquanauts
Exploring the *Ipiranga*, a Brazilian navy corvette that sunk 15 years ago.
5.00 Emergency Vets
Two dogs prove difficult to treat due to their stubborn behaviour.
5.30 Zoo Chronicles
With Pam St Clement.

6.00 Crocodile Hunter
Sharks Down Under
A look at several different species of sharks from the placid nurse sharks to the feared bronze whalers.
7.00 Zoophobia
Zoophobia follows three women as they confront and overcome their fears of animals with the help of leading phobia therapists.

8.00 Emergency Vets
A beagle puppy is operated on after breaking its leg in a critical area of growth.
8.30 Emergency Vets
A cat is dehydrated.
9.00 Deadly Season
Discovering how animals struggle to survive during the driest season ever recorded in the Kruger National Park.
10.00 Wild Rescues
Fast-paced magazine programme celebrating the unique relationship between man and animal.
10.30 Wild Rescues
11.00 Emergency Vets
A paramedic's dalmatian suffers a dislocated hip after being hit by a car.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area



'Fantasy Rooms' with Laurence Llewelyn-Bowen . UK Style 9.00pm

ITV2
ACCESS PACK

4.00pm Bedrock
Fun with celebrity guests, music and bedroom webcams.

5.00 UK Live
A series of concerts from London's Astoria.

6.00 The Big Blue
Water sports programme.
6.30 NBA Action
Action from one of the week's top basketball games from the US.
7.00 NBA 2000
Programme for basketball fanatics from across the Atlantic.

8.00 Nuts and Bolts
A look at modern life in the valleys of South Wales.

8.30 Reg and Harry's Classic Fight Night
9.00 Seeing Red
Drama depicting the extraordinary story of Seventies star Coral Atkins who became a children's crusader. Stars Sarah Lancashire.

11.00 Emmerdale
Another chance to see tonight's episode. Text
11.30 The Bill
Another chance to catch up with the latest from Sun Hill. Text
12.30am Feature
1.20-2.20am
Nuts and Bolts
A look at modern life in the valleys of South Wales, set in the fictional town of Ystrad.

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Wallpaper Hang? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Moving People 11.30 House in Spain 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Big Kevin, Little Kevin 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Gardeners' World

3.00 Garden Magic
Instant solutions to gardening dilemmas.

3.30 Gardening from Scratch
4.00 Travel Xpress
Reporter Ashley Blake experiences the culinary and cultural delights of Hong Kong.
4.30 Holiday in Style
An extended edition of the popular holiday programme with reports from Tunisia and Jamaica.
5.30 Antiques Roadshow US
American version of Britain's best-loved antiques programme.
6.30 Real Rooms
Makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
More hopeless cooks are helped to creation a meal.
7.30 Collectors' Lot
Presented by Sue Cook.

8.00 Change That
Interior design roadshow.
8.30 Which Craft?
Combining traditional arts and crafts with practical ideas for the home.
9.00 Fantasy Rooms
Laurence Llewelyn-Bowen transforms the rooms of six people.
9.30 Dream House
With Carol Vorderman.
10.00 Moving People
Following a variety of people caught up in the trauma of moving.
10.30 House Invaders
Presented by Linda Barker.
11.00 Ground Force
A small suburban garden in West Wickham, Kent, is transformed by the team.
11.30 Gardening from Scratch
12midnight Garden Stories
Cycles
This programme investigates people's relationship with nature and the garden at different stages of their life.
12.30am-1.00am Gardening from Scratch
Series for beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Jobs for the Boys 7.50 The Essential Guide to Rocks 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Secrets of World War II 10.15 The Time Lords 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Jobs for the Boys 2.45 Battersea Dogs' Home

3.15 Walking with Dinosaurs
Giant of the Skies
3.45 The Secret Life of Twins
A documentary exploration of the fascinating subject of twins and their relevance to the study of human genetics.
4.45 Animal Hospital
Rolf Harris catches up with the action at a 24-hour RSPCA hospital.
5.20 Airport
Behind the scenes at Heathrow Airport.
5.55 City Hospital
Documentary series in which Gaby Roslin reports on the triumphs and trials of patients and staff at Southampton General.
6.55 Future Fantastic
Alien
Examining the mystery surrounding extraterrestrials.
7.30 Disaster
The Goiania Incident
8.00 Animal Hospital
Presented by Rolf Harris and Steve Knight.
8.30 Walking with Dinosaurs
Giant of the Skies
9.00 Crater of Death
An investigation into the meteoritic impact millions of years ago that wiped out the dinosaurs and most of life on Earth.
10.00 Airport
Behind the scenes at Heathrow Airport.
10.35 Airport
Behind the scenes at Heathrow Airport.
11.05 Secrets of World War II
12.05am-1.00am
The Execution Machine: Texas Death Row

UK PLAY:
1.00am Game On
1.35 Shooting Stars
2.10 The Dave Saint Show
2.40 The Chris Moyles Show
3.10 TOTP Plus
3.35 The Sound of Play
6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Crazy about Cheese 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Celebrations 12noon Classic Dishes 12.30pm In Season 1.00 Coxon's Kitchen College 1.30 Winter Nosh 2.00 Food Network Daily 2.45 Simply Fish
With James Martin.
3.30
Tessa's Tastebuds
Sugar
Recipes include rum and lime fried chicken.
4.00 Simply Baking
Shortbread and Flapjacks
More treats from Andrew Nutter.
4.30 The Spice Trail
5.00 Flash in the Pan
Food quiz show with a celebrity cook.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Kiss of the Spider
Looking at the life controlling experiences people have with spiders.
8.00 Identified Flying Objects
Looking at a scientific explanation for the appearance of bright and erratic lights in the sky.
9.00
The Mystery of the Cocaine Mummies
Examining why cocaine and nicotine were found in a selection of mummies.
10.00
Return of the Plagues
Why scientists believe that the possibility of a modern day epidemic sweeping across the globe is likely.
11.00
Explorer's Journal
Life Through a Lens
A look at the world of Madidi, one of the last great rainforests on Earth.
12midnight-1.00am
Greed, Guns and Wildlife
A look at why thousands of endangered or threatened animals are killed in reckless slaughter each year in the United States.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers

12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House

11.30 Hammer it Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 A Car is Born 2.30 New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Screaming Reels

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Thursday 23 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry Kids 12noon Looney Tunes 12.30pm The Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm The Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 11.00 News 12noon News 1.30 UK Today 2.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Aahwan 12.30pm Subah 1.00 Zameen Aasman 1.30 FILM 4.00 Take 2 4.30 Muthi Bhar Sitare 5.00 Kashkol 6.00 Golmaal 6.30 Videocon Flashback 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am MTV 123 1.15 FILM 4.00 Subah 4.30 Zamana Badal Gaya 5.00 Doosra Aasman 6.00 Holy Quran 6.30 DD Programme 7.00-7.30am Is Hafte Ki Kahani

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
Pachyderm pranks.
3.30 Fat Dog Mendoza
Canine capers.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.

3.10 X-Men
3.29 X-Press UK Connection
Magazine programme presented by Roy and Lisa.
3.30 Inspector Gadget

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Movers 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Hot Spots 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Usha Uthap Show 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Body Matters 10.00 Zeharaab 11.00 Pot Luck 11.30 Amar Prem 12noon FILM 3.00pm Professor Pyarelal 3.30 Daayre 4.00 Raahat 4.30 Pride Antakshari 5.00 Aashiqui 5.30 Hasratein 6.00 Banegi Apni Baat 7.00 Hello Friends 7.30 Jaan 8.00 News 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Chahat Aur Nafrat 10.00 Pakistan News Link 10.30 X Zone 11.30 Janam 12midnight News 12.30am Zee Horror Show 1.00 Mast Must Show 1.30 Andaz 2.00 FILM 5.00 V3 5.30-6.00am Hey Ha Ho

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Portsea
4.30 Discovery Today0

4.00 Mike, Fu and Og
4.30 The Powerpuff Girls
Another nail-biting case for the irrepressible heroines from Townsville.

4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Clothes Shop! 8.30 Jewellery Shop! 9.30 Clothes Shop! 10.00 Home Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Kitchen Shop! Greg and Max share more kitchen secrets. 2.00 Holiday Shop! 2.30 Sports Shop! 3.30 Technology Shop! 4.30 Shop! Feature 5.30 Shop! Selection 6.00 Home Shop! 7.00-7.30pm Bargain Shop!

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Word of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Potter's House 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

5.00 PM

5.00 Time Team
Downpatrick
The team travels to Northern Ireland to excavate an important religious site.

5.00 Dragonball Z
Island adventures.
5.30 Courage the Cowardly Dog
The pink dog attempts to protect his owners.

5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.

5.00 Monster Rancher
5.20 Biker Mice From Mars
5.50 Mad Jack the Pirate

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Autant savoir 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 La Maison d'Alexina 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Droits de Cité 1.00 Journal 1.15 La Maison d'Alexina 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 La Maison d'Alexina 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Les Grands Jours du Siècle 9.00 Journal Télévisé 9.15 Les Filles du Lido 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.15 Fund Manager's Corner 3.30 Wall Street Report 3.45 Food for Thought 5.15-6.00am South Africa Report

6.00 PM

6.00 SAS Australia
Battle for the Golden Road
Following the punishing regime endured by soldiers hoping to join Australia's SAS regiment.

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.

6.00 Renford Rejects
6.30-7.00pm Sister Sister

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 House of Lords 11.30 House of Commons 7.30pm House of Lords 11.00 The Record 11.30-12midnight European Focus

7.00 PM

7.00 Car Country
Cars of the Extreme
Tim travels to Iceland.
7.30 Discovery Today
News programme.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Work
7.30 Desmond's
Sitcom with Norman Beaton.
8.00 Dharma and Greg
Yes, We Have No Bananas
8.30 Mad About You
The Man Who Said Hello
Paul is mortified.
9.00 Married... With Children
Thinergy
9.30 Spin City
Single White Female
Sitcom with Michael J Fox.
10.00 Frasier
First Date
Niles finally asks Daphne out to dinner.
10.30 Father Ted
Going to America
11.00 Drop the Dead Donkey
The Godless Society
Gus tries to impress.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

8.00 PM

8.00 The Legend of the Grey Owl
NEW SERIES Following the remarkable story of a man who became an international figurehead.

TNT
FAMILY PACK

9.00pm WCW Nitro
Two hours of the latest action from the WCW.

11.00 The Adventures of Brisco County Jr
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

9.00 PM

9.00 The FBI Files
Operation Safe Bed
The FBI Files goes behind the scenes of major investigations, revealing the methods used to succeed.

10.00 PM

10.00 Forensic Detectives
Cold Cases
A look at how crimes are solved using the tools of forensic science.

11.00 PM

11.00 Battlefield
The Battle of Stalingrad
The story of the brutal battle for Stalingrad in which the German Sixth Army was destroyed.

12.00

NIGHT TIME

12midnight
If We Had No Moon
An investigation of what Earth would be like if the moon disappeared.
1.00am Discovery Today
News magazine.
1.30-2.00am Ultra Science
Survival in the Deep

THE HISTORY CHANNEL
WORLD PACK

12noon Secrets of Sex
1.00pm Project Cancelled
The Fairey Delta Two
2.00 Biography
Charlton Heston
A profile of the actor.
3.00 Great Crimes and Trials
The Trial of Adolph Eichmann
3.30 Spies
The Pearl Harbor Spies
4.00 War Games
5.00 Million Dollar Cars
6.00 The Monkey Trial
6.55 Photos For the Future II
7.00 Project Cancelled
Tupelov Tu-144
8.00 Biography
Ingrid Bergman
A profile of the actress.
9.00 Great Crimes and Trials
John Christie of Rillington Place
9.30-10.00pm Spies
The Magician and the Samurai

TV TRAVEL SHOP
BONUS CHANNEL

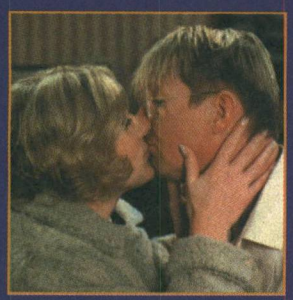
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

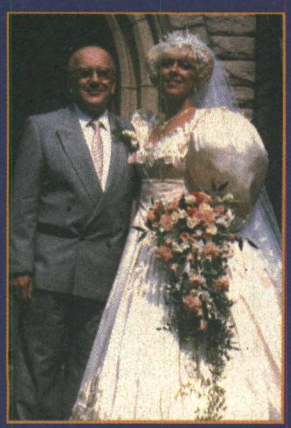
QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 4.00pm.

2 itv

ITV2 is having a Saturday Night Street Party





2 itv

The Very Best Ever Episodes of Coronation Street

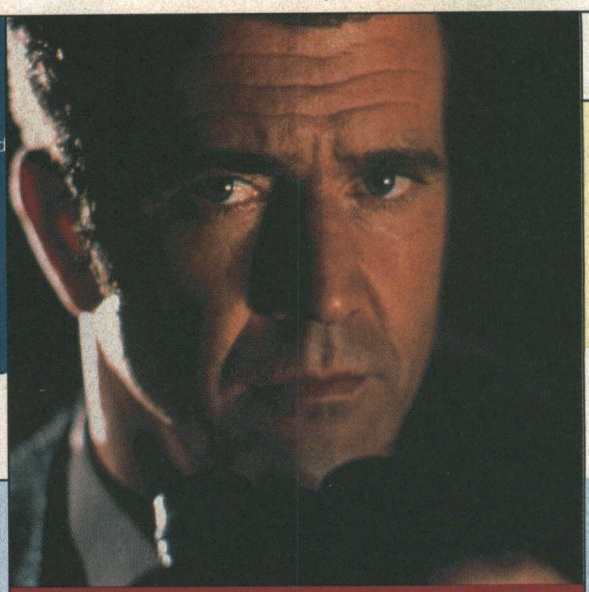
Indulge in a Corrie-fest as ITV2 brings you some of the very best moments from the recent years. Five of the most dramatic episodes, behind the scenes reports and celebrity interviews – all on one night. Saturday March 25th at 8.00pm.

ITV2 is available through Cable & Wireless. For more information on ITV2, please call 0845 609 0101.
Calls are charged at a local rate.

Friday 24 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



Mel Gibson plots revenge against his double-crossing partner in 'Payback'. Sky Box Office 3, see below

MORNING

6.00 AM

SKY PREMIER PREMIUM CHANNEL

6.00am Young Hearts Unlimited *1997, rating Sky PG, 93 mins*
8.00 A Match Made in Heaven Text *1997, rating Sky PG, 88 mins*
10.00 The Magic Sword: Quest for Camelot Text *1998, rating Sky U, 82 mins*
12noon Undercover Angel *Lorrain Ansell, Yasmine Bleeth 1998, rating Sky PG, DS, 88 mins*
2.00pm Young Hearts Unlimited *Corbin Bernsen, Lesley-Ann Down, Robert Carradine, Jessica Bowner*

3.00 PM

Family comedy about three children who set up a match-making agency for adults. Their successful business is threatened when a con artist sets his sights on it. *1997, rating Sky PG, 93 mins*

4.00 PM

4.00 The Princess Bride *Mandy Patinkin, Cary Elwes, Christopher Guest, Fred Savage,*
Fantasy adventure about a beautiful woman who must be rescued by her one true love from a series of horrible encounters with monsters and villains. Last Play *1987, rating Sky PG, 94 mins*
5.45 The Magic Sword: Quest for Camelot *Voices of Jessalyn Gilsig, Andrea Corr, Cary Elwes*
Family adventure tale about a young girl on a mission to reclaim the magical sword Excaliber before it falls into the hands of a wicked knight. The film includes catchy tunes and wacky sidekicks. Text *1998, rating Sky U, 82 mins*
7.45 Oscar Report
LA gears up for the award giving.

8.00 PM

8.00 Austin Powers: International Man of Mystery *Mike Myers, Elizabeth Hurley, Mimi Rogers, Michael York*
Comedy. Return to London's Swinging Sixties where Britain's number one secret agent Austin Powers volunteers for suspended animation. He is defrosted in the 1990s to meet his old adversary, Dr Evil. Text *1997, rating Sky 15, DS, 91 mins*

10.00 PM

10.00 Titanic *Leonardo DiCaprio, Kate Winslet, Billy Zane, Kathy Bates*
Blockbusting romantic drama, which won 11 Oscars, centred around the relationship between a hard-up young rogue and an unwilling society bride. Both are passengers on the doomed liner. His lust for life brings the young woman back from the brink of suicide and the pair begin an intense affair cut short by the events of that fateful night. Text *1997, rating Sky 12, 187 mins*
1.15am Lansky *Richard Dreyfuss, Eric Roberts* Text *1999, rating Sky 15, DS, 112 mins*
3.15-5.00am Joseph Conrad's the Secret Agent Text *1997, rating Sky 12, 91 mins*

SKY MOVIEMAX PREMIUM CHANNEL

6.10am Holy Matrimony *1994, rating Sky PG, 89 mins*
8.00 Hercules *1983, rating Sky PG, 95 mins*
10.00 Sweet Revenge *Carrie Fisher, Rosanna Arquette 1990, rating Sky PG, 84 mins*
12noon Imminent Danger *Connie Sellecca, Matt McCoy, 1998, rating Sky PG, 89 mins*
2.00pm Holy Matrimony *Patricia Arquette, Tate Donovan, Armin Mueller-Stahl*
Drama about a couple who steal the takings from the state fair and take refuge in a Hutterite community home, masquerading as husband and wife. *1994, rating Sky PG, 89 mins.*

4.00 Hercules *Lou Ferrigno, Sybil Danning, Brad Harris, William Berger*
Italian-made fantasy about the warrior Hercules, who sets out to rescue a princess who is being held against her will. *1983, rating Sky PG, 95 mins*

6.00 Imminent Danger *Connie Sellecca, Matt McCoy, Alana Austin, Anthony DeFilippo*
Action thriller. A wilderness guide takes her children on a rafting adventure so they can get to know her new boyfriend. But they get caught up in a hostage situation with an escaped convict – an event that doesn't seem to surprise the boyfriend. *1998, rating Sky PG, 89 mins*

8.00 Final Descent *Robert Urich, Annette O'Toole, Jim Byrnes, Ken Pogue*
Disaster film. A mid-air collision sends Angel Airlines Flight 19 on a deadly descent. The crew must put aside their personal differences to avert catastrophe. *1997, rating Sky PG, 88 mins*
9.30 Freefall *Jaclyn Smith, Bruce Boxleitner, Scott Wentworth, Chad Everett*
Tense action-thriller. An accident investigator must work against the clock to avert a plane disaster engineered by a saboteur with a score to settle. *1998, rating Sky 15, 88 mins*
11.05 Weekend at Bernie's *Andrew McCarthy, Jonathan Silverman, Terry Kaiser*
Farce about teens who won't let a murder ruin their weekend. *1989, rating Sky 15, DS, 95 mins*
12.45am Twists of Terror *1998, rating Sky 18, 87 mins*
2.15 Broken English Text *1996, rating Sky 18, 88 mins*
3.50 Going Berserk *1983, rating Sky 15, 81 mins*
5.15-6.00am Action Heroes: Sean Connery

SKY CINEMA PREMIUM CHANNEL

4.00pm Genghis Khan *Omar Sharif, Stephen Boyd*
Epic adventure about the charismatic leader of the Mongol Horde. The film traces his rise from obscurity to become the most influential and powerful men in the East. At the peak of his glory, the leader even threatened Western civilisation. *1965, rating Sky PG, 120 mins*

6.05 Fletch Lives *Chevy Chase, Hal Holbrook, Julianne Phillips, Richard Libertini*
Comedy thriller in which the sleuthing journalist and master of disguise returns. This time around he tries solving a mystery involving the Klu Klux Klan and a crooked TV evangelist in America's Deep South. *1989, rating Sky PG, 91 mins*

8.00 Nevada Smith *Steve McQueen, Karl Malden, Arthur Kennedy, Brian Keith*
Exciting Western. After his parents are brutally murdered, a man rides out, intent on taking on the outlaw gang responsible and wreaking his revenge. *1966, rating Sky 15, 125 mins*

10.10 Taffin *Pierce Brosnan, Ray McAnally, Alison Doody, Jeremy Child*
Drama in which a debt collector in a small Irish town becomes a local hero when he fights for the citizens' rights against thuggish land developers. *1987, rating Sky 15, 92 mins*

11.50 The China Syndrome *Jane Fonda, Jack Lemmon*
Drama about a nuclear cover-up. *1979, rating Sky PG, 117 mins*
1.55am Hollywood Aliens and Monsters Text *1998, rating Sky 15, 97 mins*
3.40-5.20am Tall Story *Anthony Perkins, Jane Fonda 1960, rating Sky PG, 85 mins*

FILMFOUR ADD-ON CHANNEL

6.00pm Short Films
Includes a compilation of films from around the world, commercials and music videos. There are also interviews and reports giving an insight into the often neglected world of short films.

8.00 ... And Justice for All *Al Pacino, Jack Warden*
Drama. A lawyer faces a moral dilemma when he has to defend a corrupt judge who is accused of raping a young girl. The film unfolds the picaresque incidents of the lawyer's life and exposes the lottery-style system of American justice. Text *1979, 114 mins*

10.00 Dead Man Walking *Susan Sarandon, Sean Penn*
A powerful drama about a Catholic nun who becomes the spiritual adviser to a rapist and double-killer on Death Row. The film show all sides of the capital punishment argument and the reality of taking a man's life in cold blood. *1995, 117 mins*

12midnight 10 Seconds
12.05am Apés La Pluie
12.25 Ghosts... of the Civil Dead *David Field, Nick Cave, Mike Bishop*
Prison drama. *1988, 89 mins*
2.05 10 Seconds
2.20 Penitentiary
Prison drama. *1979, 100 mins*
4.00-6.00am Fat City
Boxing drama. *1972, 100 mins*

Create your own personal TV diary: www.cableguide.co.uk

CARLTON CINEMA LIFESTYLE PACK

7.00 The Best Years of Our Lives *Frederic March, Dana Andrews, Myrna Loy, Teresa Wright*
Drama. Moving post-war classic about three American servicemen returning home after World War II. It poignantly explores the difficulties veterans face and their attempts to readjust to civilian life after their horrifc experiences. Text *1946, 172 mins*

10.00 The Evening Star *Shirley MacLaine, Jack Nicholson, Miranda Richardson, Bill Paxton,*
Comedy drama. A sequel to the Oscar-winning film *Terms Of Endearment*. It's 15 years since a strong woman assumed responsibility for her grandchildren following the death of her daughter. *1996, 129 mins*

12.15am Death Train *Pierce Brosnan, Patrick Stewart*
Action thriller. *1993, 95 mins*
2.00 The Last Hard Men *Charlton Heston, James Coburn*
Western. *1976, 103 mins*
4.00-6.25am The Evening Star *Shirley MacLaine, Jack Nicholson*
Comedy drama. *1996, 129 mins*

NIGHT TIME

12.00

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2 Channel 52
PLEASANTVILLE
Romantic drama about a brother and sister entering a Fifties soap opera. Stars Tobey Maguire. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3 Channel 53

BELOVED
Compassionate slave drama set after the American Civil War. Stars Oprah Winfrey, Danny Glover and Thandie Newton. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm

PAYBACK
Action thriller about a crook who has been double-crossed after a heist. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4 Channel 54
AMERICAN HISTORY X
Drama about racial hatred, centring on two young brothers. Stars Edward Norton and Edward Furlong. *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 24 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Jenny, I was Outraged When I Saw that Teen on Stage
Viewers confront former guests.

4.00 Pokémon
A Chansey Operation
A sudden ailment threatens Pikachu's life.
4.30 Pokémon
Holy Matrimony
5.00 Stargate SG-1
Thor's Hammer
O'Neill and Teal'c are trapped in an underground labyrinth and must fight for their lives against Unas, the original Goa'uld host.
6.00 Early Edition
Romancing the Throne
Tomorrow's newspaper always mysteriously arrives a day early for a trader and he has to deal with glimpsing the future. Text
7.00 The Simpsons
Two Bad Neighbours
George Bush moves in opposite the Simpsons. Text
7.30 The Simpsons
Dog of Death Text
8.00
Buffy the Vampire Slayer
A New Man
Buffy, with new boyfriend Riley in tow, helps Giles to undo a spell that turns him into a demon.
9.00 Angel
Expecting
Angel and Wesley search for clues when Cordelia wakes up eight and a half months pregnant.

10.00 FILM:
A Kiss Before Dying
Matt Dillon, Sean Young, Max von Sydow, Diane Ladd
A stylish chiller adapted from Ira Levin's novel, which was first filmed in 1956. A man with a fatal charm tries to inveigle his way into the rich and powerful family of his partner. *1991*
11.45 Feature

12midnight Stargate SG-1
Thor's Hammer Text
1.00am Picket Fences
Dog Eat Dog
There are problems when Max shoots a man dressed as Barney Big Brat.
2.00-7.00am Long Play
VJ-free music zone playing a range of tracks through the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Going for a Song
3.30 The Bill
Value Added
Hollis goes undercover in the seedy world of vice.
4.00 EastEnders
Tricky Dicky has to pay a price for his interference.
4.35 Neighbours
Stephen's plan to get rid of Russell goes horribly wrong.
5.00 Bugs
A Cage for Satan
Ros is infected by a deadly computer virus which will be triggered only if she becomes aware that she has it.
6.00 The Brittas Empire
Body Language
Colin suspects aliens are about to take over the leisure centre.
6.35 Waiting for God
After Diana's rejection, Tom turns his attentions to a new resident.
7.10
Are You Being Served?
German Week
7.45
Keeping Up Appearances
Hyacinth volunteers Richard's DIY services when there is a problem at the church hall.
8.20 Open All Hours
Sitcom about a miserly shopkeeper and his assistant.
9.00
One Foot in the Grave
The Beast in the Cage
Victor and Margaret become imprisoned on a trip to the zoo.
9.40 Silent Witness
Part I
Sam believes the death of a terminally ill man might not have been natural.
10.45 Yes, Prime Minister
Patron of the Arts
Classic political sitcom with Paul Eddington and Nigel Hawthorne.
11.20 The Bill
Going for a Song
11.50 The Bill
Value Added
An old colleague is asked to help in an unusual investigation.
12.20am Red Dwarf IV
Dimension Jump
12.55 Red Dwarf IV
Meltdown
The crew meets waxdroids who are running amok.
1.30-2.45am Casualty

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living 9.00 Weddings Down Under 9.30 Home and Away 10.00 The Jerry Springer Show 10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Host Mother Love tries to resolve problems by giving guests the opportunity to forgive each other.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran journalist Maury Povich.
5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients. Hosted by Fern Britten.
6.10
The Jerry Springer Show
More discussion about relationship issues from Jerry, his guests and a lively audience.
7.00 Judge Judy
New York City's outspoken family court judge Judy Sheindlin presides over a series of cases.
7.30 Life, Camera, Action
Real-life drama caught on camera.
8.00 Peak Practice
Drama series about the staff and patients at a rural Derbyshire general practice. Stars Kevin Whately, Amanda Burton and Simon Shepherd.
9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.
10.00 FILM: Extremities
Farrah Fawcett, James Russo, Diana Scarwid, Alfre Woodward
Drama. A woman is trapped in her own home by a rapist but manages to overpower him. With the tables turned, she begins to play her own game, using her power to strike fear into the man. *1986*
11.50-12midnight
Sex Bites

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters
8.00 Me and My Girl
8.30 On the Buses 9.00 Classic Coronation Street Text
9.30 Emmerdale Text
10.00 Hadleigh 11.00 Hart to Hart
12noon Classic Coronation Street Text 12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
The Singapore File
McGarrett is called to Singapore by a terrified girl he is seeking as a witness to a local murder. Stars Jack Lord.
4.00 Kojak
Life, Liberty and Pursuit of Death
Two psychology students kill their professor and attempt to destroy the mind of the lady who witnesses the crime.
5.00 Hart to Hart
Pounding Harts
Freeway comes to the rescue by sniffing out a drug smuggling ring that has left Jonathan and Jennifer holding the illegal goods.
6.00 Emmerdale
Could there be romance in the air for Seth? Text
6.30
Classic Coronation Street
Sally calls about a new job. Text
7.00 George and Mildred
Family Planning
Will Mildred's mother move in with the Ropers?
7.30 Bless This House
Sally has a revelation for Sid.
8.00 The Benny Hill Show
The comedian portrays a love story set in the deep south and performs the life of composer Gavin Blod. With Henry McGee and Bob Todd.
9.00 Kojak
Out of the Frying Pan
Kojak is asked to help a detective to clear his name.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
Garry Bushell Reveals All
Garry Bushell and his guests spill the beans on celebrities.
11.30 The G Spot
Chat, music and a bit of sauce.
12midnight Showgirls
Focuses on the excitement and bright lights of Las Vegas.
12.30am Beach Bash
Bikini contests filmed in Miami.
1.00 E! Wild On... The Mardi Gras
1.50-2.00am Crash of the Titans
Incredible bike and car crashes – that drivers walked away from.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Watch your favourite classic Disney characters.
4.00 Sabrina
US sitcom sorcery. Text
4.30
Hercules: The TV Show
Hercules and the Driving Test
Animated adventures. Text
5.00 Recess
The youngsters deal with growing up problems at break-time.
5.30
My Best Friend is an Alien
Sixth Grade Rebellion Mayhem!
6.00 Smart Guy
Young TJ can cope with tenth grade work, but teenagers puzzle him. Text
6.30 Microsoap
Fun-filled kids' sitcom.
7.00 FILM:
Homeward Bound II
Voices of Michael J Fox, Sally Field, Ralph Waite
A trio of animals – two dogs and a cat – are stranded in San Francisco when their family embarks on a camping trip, leaving the pets to find their way back across the city to their owners' home. *1996* Text
8.45 Honey, I Shrunk the Kids: The TV Show
Honey, It's a Miracle
Amy boosts her brain power with the Neuron Nudger.
9.10 Boy Meets World
Comedy drama. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

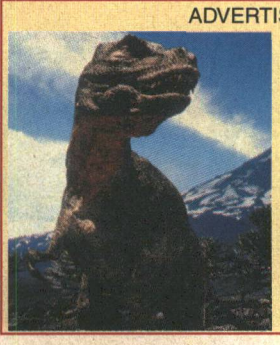
FILM

The Evening Star
Carlton Cinema 10.00pm
The belated sequel to the tearjerker *Terms of Endearment*, this warmly written film is illuminated by Shirley MacLaine's fondly felt reprisal of the role of Aurora Greenway, the matriarch of a comically dysfunctional family. Jack Nicholson also returns for a cameo.

GENERAL

Imagine: John Lennon
VH1 11.00pm
An unmissable biopic charting the life and tragic death of Beatles front man John Lennon. Archive footage, some never seen before, Lennon's own personal films, and many great performances and insider scenes build up a picture of the man behind the icon.

ADVERTISEMENT UK HORIZONS



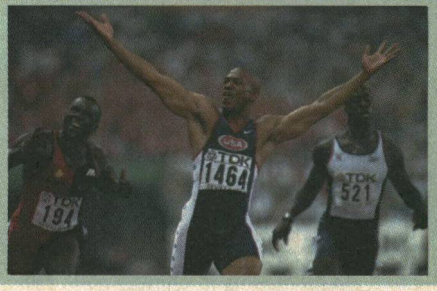
T-REX EXPOSED
9.30PM
UK Horizon chronicles one of the most important discoveries ever made in the field of paleontology – the excavation of an almost complete Tyrannosaurus Rex skeleton in the badlands of Montana.

Friday 24 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Golf** **8.30 Olympic Games** **9.00 Football** **11.00 Football** Action from the second-leg of the Uefa Cup quarter finals. **1.00pm Football – LIVE** Coverage of the draw for the quarter-finals of the Champions' League. **1.30 Football** Further action from the second-leg of the Uefa Cup quarter-finals.	**7.00am Sky Sports Centre** **7.15 What a Weekend 7.45 Football League Review** **8.15 You're On Sky Sports!** **9.00 Racing News 9.30 Aerobics Oz Style 10.00 Spanish Football 12noon Aerobics Oz Style 12.30pm Football League Review** **1.00 FIFA TV 1.30 What a Weekend 2.00 British Superbikes Preview**	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 FIFA TV** **8.45 Sky Sports Centre** **9.00 The Rugby Club** **10.00 Ford Golf USA: Players Championship** **2.00pm Australian Rally Championships** **2.30 Max Power** A series of motorsports specials, covering both one-off events and Championships.	**12noon Trans World Sport** Reports on the latest in the world of sport. **1.00pm The Rugby Club** Stuart Barnes and Dewi Morris preview the latest rugby union action. **2.00 World Cup Classics: East Germany v West Germany 1974** At the height of the Cold War, the two German sides met in the 1974 World Cup where the eventual winners faced their nearest neighbours. **3.30 Spanish Football** Action from La Liga which features the silky skills of the abundantly talented Spanish and South American stars, as well as such familiar names as ex-Liverpool midfielder Steve McManaman and Nicolas Anelka, in one of the world's most prestigious league competitions. **5.30 Moto Plus** News and features on the very latest auto action.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *'The Leap Home – Part II* **2.00 Buck Rogers in the 25th Century** *Happy Birthday, Buck*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** All the news, interviews and gossip from the music world. **1.00 Mad 4 Hits** **2.00 MTV Dance Floor Chart Show** June Sarpong hits the clubs.
3.00 PM	**3.30 Football** More Uefa Cup action from the second-leg of the quarter-finals.	**3.00 The Rugby Club** Stuart Barnes and Dewi Morris preview the latest rugby union and interview some of the biggest names in the game.	**3.30 What a Weekend** A look at the very best of the last weekend's sporting action.		**3.00 The Flash** *Shroud of Death* Barry 'The Flash' Allen and Julio Mendez pursue a ninja clad killer who is terrorising the city.	**3.00 Bytesize MTV** A collection of the best moments from MTV music stations from around the world, with music and accompanying videos.
4.00 PM		**4.00** **Trans World Sport** The latest, ground-breaking sports stories from across the world with some humour thrown in.	**4.00 Inside the Senior PGA Tour** An insight into life behind the scenes on the Senior PGA Tour.		**4.00** **Land of the Giants** *The Night of Thrombeldinbar* Two giant orphans mistake Fitzhugh for a magic elf.	**4.00 Select MTV** A video jukebox where viewers can select their favourite songs, live from MTV's studios in London.
5.00 PM	**5.30 Football** Gillette Dream Team looks for the best right backs in European competition.	**5.00 Futbol Mundial** A global view of the world game with an insight into the best current action. **5.30 What a Weekend** The weekend's action.	**4.30 Ford Golf USA: Players Championship** The Players Championship continues on day two with action from the Tournament Players Club at Sawgrass in Ponte Vedra Beach, Florida. In last year's tournament, David Duval survived some difficult moments to make the event his third victory of 1999. Can he repeat his success in this year's event against another strong field?		**5.00 Lost in Space** *Blast Off into Space* Robinson must get his family and the *Jupiter 2* into space as the planet begins to disintegrate.	
6.00 PM	**6.00 Football** Highlights from the Uefa Cup quarter-finals.	**6.00** **Sky Sports Centre** The latest from the world of sport, presented by Matthew Lorenzo and Kirsty Gallagher.		**6.00 Extreme Sailing** Life on the ocean wave. **6.30 Gillette World Sport Special** Report on alternative sports around the globe.	**6.00 The Six Million Dollar Man** *Dark Side of the Moon – Part II* Austin goes to the Moon to halt a mining operation.	**6.00** **News Weekend Edition** A wrap up of the biggest stories of the week. **6.30 UK Singled Out** Provocative dating show.
7.00 PM	**7.30 Athletics – LIVE** Coverage from the IAAF Grand Prix Meeting in Pretoria.	**7.00** **Hold the Back Page** Three of the country's leading football journalists read between the lines and analyse the back pages.		**7.00 World Wide Rugby: Super 12** Catch up with all the latest happenings in the Super 12 season as teams from Australia, South Africa and New Zealand compete in the Southern Hemisphere's premier rugby competition, featuring many of the world's best players.	**7.00 Quantum Leap** *The Leap Home – Part II* Sam is transported back into his own body at the age of 16 in Elk Ridge in Indiana State.	**7.00 brand:new** Zane Lowe takes his customary tongue-in-cheek look at the newest releases, bands and videos around.
8.00 PM		**8.00 Schoolboy International Football: U15 England v Holland – LIVE** Marcus Buckland hosts some International Schoolboy Football action as England take on Holland, in a match which will have some stars of the future on show.			**8.00 Cybernet** A weekly look at what's new and what's hot in the world of computer games. **8.30 The Net** *Death of an Angel* After faking her own death, Angela tries to start her life over in a university town.	**8.00 MTV Dance Floor Chart Show** June Sarpong hits the clubs and counts down the tracks that are filling the dancefloors of the UK.
9.00 PM				**9.00 Squash: Esso Flanders Open** Action from this year's Esso Flanders Open. Last year's winner was Scotland's Peter Nichol.	**9.30 The Hunger** *Dangerous* Stars Sabrina Boudot.	**9.00** **News Weekend Edition** Music news. **9.30** **Celebrity Death Match** Claymation clashes.
10.00 PM	**10.00 SportsCentre** **10.15 Boxing** Action from a top class international contest.	**10.00** **Sky Sports Centre** The latest from the world of sport, presented by Matthew Lorenzo and Kirsty Gallagher.		**10.00-12midnight World Wrestling Federation – Late Night – Raw** Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. With classic matches and celebrity guests.	**10.00** **FILM: Phantasm** *Angus Scrimm, Michael Baldwin, Bill Thornbury* An orphan is fascinated by the strange happenings at a mortuary and is soon plunged him into a battle against the tall man who runs it. *1979* **11.40** **Sci-Focus Special**	**10.00 Mad 4 Hits** More records and videos. **10.30 Downtown** The adventures of a diverse cast of characters in lower Manhattan.
11.00 PM	**11.15 Sumo** Action from a grand sumo tournament in Tokyo.	**11.00** **Hold the Back Page** Brian Woolnough and other top journalists cast an analytical eye over the week's sports headlines.	**11.00** **Extreme Sailing** Aquatic action. **11.30 Moto Plus** News and features on the very latest auto action.			**11.00 Total Request** A chance for viewers to determine the content.
NIGHT TIME 12.00	**12.15am-12.30am SportsCentre**	**12midnight Premier League Preview** **12.30am Sky Sports Centre** **1.30 World Wrestling Federation – Raw** **3.30 Sky Sports Centre** **4.30 Hold the Back Page** **5.30-6.00am Premier League Preview**	**12midnight Schoolboy International Football: U15 England v Holland** See the stars of the future. **2.00am Sky Sports Centre** **3.00 Hold the Back Page** **4.00-6.00am Schoolboy International Football: U15 England v Holland**		**12midnight** **FILM: Phantasm II** *James LeGros, Reggi Bannister, Angus Scrimm* Sequel. The deadly mortician returns. *1988* **2.00am Cybernet** **2.30 100 Years of Horror** **3.00-4.00am Babylon 5**	**12midnight Partyzone** Party records. **1.00am Mad 4 Hits** Music and videos. **1.30 Downtown** **2.00 Club Mix** **3.00 MTV Megamix** **4.00 Partyzone** Party records. **5.00-6.00am Night Videos**

LIVE ATHLETICS: IAAF GRAND PRIX II, PRETORIA EUROSPORT 7.30PM

The IAAF Grand Prix season began this month and, as usual, the southern hemisphere countries get the first look at the athletes who, this year, will have only one goal in mind – an Olympic gold medal in Sydney this autumn. Only then will the Grand Prix Final in Qatar in October come into focus. Today's meeting is from Pretoria in South Africa and men like America's sprint sensation Maurice Greene (pictured) will be the centre of attention.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.06 FILM: Lap Dancing 11.40 Playboy's Hard Drive 12midnight Freeview 12.10am Dr Anna St John 12.35 Wanna Be a Porn Star? 1.05 FILM: Angel's Delights 2.20 Girl Hunt 2.40-4.00am FILM: My English Passion Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	**12midnight Ten Minute Preview 12.10am Stripper of the Year 12.20 Teresa Scott 12.45 FILM: Sweet Life Too 1.00 Five Minute Freeview 1.05 FILM continues 2.00 Five Minute Freeview 2.05 Erotic Visions 2.30 FILM: Fetish 3.40-4.00am Zeta's Sexy Video Show** Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Friday 24 March

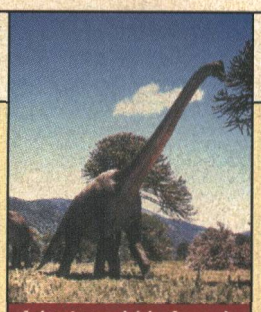
VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Blondie
The classic New York new-wavers, now back on the scene with a vengeance, talk about their ups and downs.
1.30 Pop-Up Video
More irreverent fun.
2.00 Jukebox
Turn your television into a front room music video jukebox with this viewers' request show.
4.00 Talk Music
The latest music news.
4.30 Greatest Hits: Blondie
Featuring hits *Maria* and *Hangin' on the Telephone*.
5.00 The Millennium Classic Years: 1986
Revisit the year the space shuttle *Challenger* exploded shortly after take-off before a TV audience.
6.00 The Kate & Jono Show
Jonothon Coleman and Kate Thornton host this one hour marathon from the world of music.
7.00 Ed Sullivan's Rock'n'Roll Classics
7.30 The Best of Live at VH1 to One
Featuring live tracks by Gabrielle and Gary Moore.
8.00 The Millennium Classic Years: 1983
Sally K. Ride became the first US woman astronaut in space, aboard the space shuttle *Challenger*.
9.00 Ten of the Best: Brian Appleton
Brian Appleton – aka comedian Graham Fellowes – shares his favourite ten videos.
10.00 Behind the Music: 1999
Wrap up the year with a recap of the trends and talents that gave 1999 such significance.
11.00
Imagine: John Lennon
NEW Initially released in 1988, this biographical documentary is the final edit from some 240 hours of film and videotape taken by Lennon of his life.
12.30am Friday Rock Show
Tommy Vance presents the rock and metal TV show, with music news and reviews.
2.00 Anorak 'n' Roll
Music trivia quiz.
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Sharks Down Under
1.00pm Emergency Vets
Two dogs prove difficult to treat due to stubbornness.
1.30 Pet Rescue
More RSPCA rescues.
2.00 Harry's Practice
Katrina explains how to choose a horse.
2.30 Zoo Story
Stray pythons need rescuing.
3.00 Going Wild with Jeff Corwin
Tasmania
3.30 Croc Files
Steve and Terri Irwin study a remote section of river.
4.00 Croc Files
Steve and Terri look at wildlife in the USA.
4.30 Aquanauts
How El Niño has affected the Galapagos Islands.
5.00 Emergency Vets
A three-year-old shepherd mix is hit by a car.
5.30 Zoo Chronicles
A male congo buffalo prepares to leave the park.
6.00 Crocodile Hunter
The Crocodile Hunter – Part I
6.30 Crocodile Hunter
The Crocodile Hunter – Part II
7.00
Land of the Giant Bats
Exploring the hidden and precarious world of the giant bat, a creature battling to avoid extinction.
8.00 Emergency Vets
A poisonous cobra gets loose in the laboratory.
8.30 Emergency Vets
A lion cub requires a nutritional check-up.
9.00 Untamed Africa
The Great Migration
Two million herbivorous creatures – gnus, zebras and antelopes – begin the trek from south to north.
10.00 Wildlife Rescue
The RSPCA rescues seals and dolphins.
10.30 Wildlife Rescue
Mark Evans looks at the rescue of hedgehogs.
11.00 Emergency Vets
Dr Petersen treats a puppy's fractured leg.
11.30-12midnight Emergency Vets
A dog is hit by a car.

CABLE CHECK
Some of the channels listed may not be available in your area



A lost world is found in 'Walking with Dinosaurs'. UK Horizons from 2.45pm

ITV2
ACCESS PACK

4.00pm
Storm Warning
Real-life footage of heroic and dramatic rescues.
4.30 Family Fortunes
5.00 Don't Try This at Home!
Davina McCall present a show in which ordinary people are challenged to perform dangerous acts.
6.00
Champions' League Match of the Week
The pick of this week's Champions' League action.
8.00 Baywatch
More glamorous life-saving antics from Malibu.
8.50 Chart Choice
9.00 A Touch of Frost
Deep Waters
Police drama series. A beautiful student is attacked on campus, and Frost has to decide whether it is an isolated incident – or the work of a serial offender. With David Jason, Bruce Alexander, Charlotte Bellamy, John Lyons and Tamzin Malleson.
11.00 Feature
12midnight Feature
12.50am Trisha
More heartwarming and hair-raising true stories shared with a studio audience.
1.50-2.20am Videotech
The latest chart videos get an airing.

UK STYLE
LIFESTYLE PACK

7.00am Fantasy Rooms 7.30 Looking Good 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 How Does Your Wallpaper Hang? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Ainsley's Meals in Minutes 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show
3.00 The Green Room
Ideas for tiny gardens.
3.30 Gardening from Scratch
Horticulture series aimed at the absolute novice.
4.00 Travel Xpress
Nina Sebastiane takes in the sights of Vancouver.
4.30 Holiday in Style
Featuring reports from Jordan, Tuscany, Nerja, Cyprus, the Isle of Wight and Beachy Head.
5.30
Antiques Roadshow
Members of the public bring their treasured possessions to the Royal Naval college in Dartmouth for expert evaluation.
6.30 Real Rooms
Decor makeover show..
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Find out where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 House in Spain
Work on the Nichols' patio begins, and Joe gives Alan a bricklaying lesson.
9.00 Ground Force
West Wickham, Kent
Garden makeover show.
9.30 Changing Rooms
Interior design challenge presented by Carol Smillie.
10.00 Dream House
Carol Vorderman takes up the challenge of building a hi-tech house in six weeks.
10.30 House Invaders
Low-budget DIY show.
11.00 How Does Your Garden Grow?
Top gardeners tackle various horticultural problems and give special one-to-one consultations.
12midnight Garden Magic
Toby Buckland and Lisa Davis offer more instant solutions to a wide variety of gardening dilemmas.
12.30am-1.00am Gardening from Scratch
Horticulture series aimed at the absolute novice.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Secret Life of Twins 7.50 Essential Guide to Rocks 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.15 Roadrunner – Clown of the Desert 9.45 Ravening Hordes 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 The Marriage 2.45 Walking with Dinosaurs *Spirits of the Ice Forest*
3.15 Walking with Dinosaurs
Death of a Dynasty
3.45 The Secret Life of Twins
Sifting the evidence as to whether nature or nurture plays more of a part in forming personalities.
4.45 Animal Hospital
Rolf Harris observes more RSPCA cases.
5.20 Airport
Behind the scenes at Heathrow, one of the world's busiest airports.
5.55 City Hospital
Gaby Roslin and her team give another report on the triumphs and trials of patients and staff at Southampton General.
6.55 Future Fantastic
I Robot
Gillian Anderson assesses the future of robots.
7.30 Disaster
The Chemical Scythe
The sheep-dip controversy.
8.00 Animal Hospital
Rolf Harris observes more RSPCA cases.
8.30 Walking with Dinosaurs
Spirits of the Ice Forest
9.00 Walking with Dinosaurs
Death of a Dynasty
Among dinosaurs, the tyrannosaurus has been given a particularly bad press, but was it really such a ferocious monster?
10.35 Airport
Behind the scenes Heathrow, one of the world's busiest airports.
11.05
The Mike Tyson Story
Portrait of the controversial boxer.
12midnight-1.00am Polygamy

UK PLAY:
1.00am TOTP Plus 1.30 Shooting Stars 2.00 Best of Glastonbury '99 3.00 Hey DJ 4.00 Chigley 4.15 Podge and Rodge 4.25 Sound of Disco 5.30 Sound of Play 6.30-7.00am UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 A to Z of Food and Beauty 10.00 Caribbean Kitchen 10.30 Simply Baking 11.00 Flash in the Pan 11.30 Newman Meets 12noon Classic Dishes 12.30pm Turner's Tour of Hong Kong 1.00 Coxon's Kitchen College 1.30 Aldo and Friends 2.00 Food Network Daily 2.45 Simply Fish
James Martin prepares paella and chargrilled langoustines with chilli and lime mayonnaise.
3.30
Tessa's Tastebuds
Coconut
4.00 Simply Baking
Omelettes
Andrew Nutter prepares cheese soufflé and a sweet soufflé omelette.
4.30 The Spice Trail
5.00 Flash in the Pan
Quiz show.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
Food from the Village

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Last Rites
Exploring attitudes to death, from the Egyptians to the present day.
8.00 Crossover
Join the men of the Shanagaan Zulu tribe and learn how to track, set traps, collect honey and hunt in a traditional way.
9.00 Okeefenokee
Land of Eternal Mystery
Ted Turner provides a guided tour of this swampy region in the south eastern United States.
10.00
The Tasmanian Tiger
Learn more about this strange creature, said to be extinct but still the subject of alleged sightings.
11.00
Explorer's Journal
Deep Focus
An insight into people who choose to see the world through different eyes.
12midnight-1.00am Colorado River Adventure
James Taylor and his son seek the help of legendary river rat Martin Litton in navigating their way through the longest continuous series of treacherous rapids in North America.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
Fast-moving game show.
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
Comedy quiz show.
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Grow for It 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Grow for It 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Hammer it Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 A Car Is Born 2.30 The New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Club@vision 4.45 ClubFile Xtr 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
6.30 What's On TV
***London area:**
Blue Tomorrow
Chelsea FC fanzine.
***Derby area: Vision Rams**
Derby County FC fanzine.
7.00 LLTV – Local Life
7.30 YCTV
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life
* Repeated Saturday 9.30am

Friday 24 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

DISCOVERY
WORLD PACK

3.00 PM

4.00pm Rex Hunt Fishing Adventures
South West Rocks
4.30 First Flights
Flying Entrepreneurs
With Neil Armstrong.

4.00 PM

5.00 PM

5.00 Time Team
Worsall
The team visits Teeside, where they work at the site of a medieval village which was suddenly abandoned.

6.00 PM

6.00 Miami SWAT
Follow recruits to America's elite police unit on the training ground and onto the streets as they maintain public order.

7.00 PM

7.00 Battle for the Planet
Warrior-Chiefs
7.30 First Flights
Flying Entrepreneurs
Aviation history.

8.00 PM

8.00 Nature's Death Traps
Unravelling the mystery of natural death traps such as tar pits.

9.00 PM

9.00 Crocodile Hunter
Jungle in the Clouds
Steve Irwin treks to one of the few equatorial glaciers in the world.

10.00 PM

10.00 Hollywood Cops
Street Life
NEW A series profiling the men and women of the LAPD Hollywood precinct.

11.00 PM

11.00 Extreme Machines
Ultimate Space Machines
A vision of a future in which mankind may well colonise space.

12.00

NIGHT TIME

12midnight Forensic Detectives
Broken Vows
Series looking at the role of medical science in helping to solve crimes.
1.00am First Flights
Flying Entrepreneurs
1.30-2.00am Car Country
Cars of the Extreme

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
Animated fun with the canine adventurer.
4.00 Cartoon Cartoon Fridays
Cartoon specials from the network's archives.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm WCW Thunder
The latest wrestling action from the US.

11.00 Freddy's Nightmares
Rebel Without a Car
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza
1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill 4.00 The Magic Roundabout
4.30-5.00am Tabaluga

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.
4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.
5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel

6.00 Renford Rejects
6.30-7.00pm Nick News

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Pierce
Stars Jenny McCarthy.
7.30 Desmond's
8.00 Dharma and Greg
The House that Dharma Built
8.30 Mad About You
Swept Away
9.00 Married... With Children
But I Didn't Shoot the Deputy
9.30 Spin City
The Paul Bearer
10.00 FILM: The Woman In Red
Gene Wilder, Kelly Le Brock, Gilda Radner
Comedy. A quiet and shy middle-aged man with a good job, wife and kids and girlfriend sees the woman of his dreams and goes crazy. *1984*
11.35 Cheers
Strange Bedfellows – Part I
12.05am Cheers
12.35 Cheers
1.05 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Almost Perfect

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press UK Connection
A daily magazine.
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.30 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Sports Shop!
8.30 Home Shop!
9.30 Sports Shop!
10.00 Kids Shop!
11.00 Kitchen Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Entertainment Shop!
2.00 Gift Shop!
2.30 Clothes Shop!
3.30 Beauty Shop!
4.00 Collectors' Shop!
4.30 Entertainment Shop!
5.30 Shop! Selection
6.00 Kids Shop!
More offers for parents.
7.00-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart.*

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Tony Blackburn's Musical Choice at 11.00pm.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.00 News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 Talking Movies 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00 News 5.30-6.00am Seven Days

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Europe 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Les Filles du Lido 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Fax Culture 1.00 Journal Télévisé 1.15 Les Filles du Lido 3.00 Journal 3.15 Questions 3.30 Les Carnets du Bourlingueurs 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Les Filles du Lido 7.00 Journal 7.30 Journal Télévisé 8.00 Infos 8.05 Diva 9.00 Journal Télévisé 9.15 Divertissement 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Rajni 12.30pm Khiladi 1.00 Swabimaan 1.30 FILM 4.00 Nanne Jasoos 4.30 Is Hafte Ki Kahani 5.00 Kaala Daira 6.00 Tiger 6.30 MTV Hitlist 7.15 Swabimaan 7.40 News8.00 Main Anari Tu Anari 8.30 Dard 9.00 FILM 11.30 News 12midnight MTV Fresh 12.30am Swabimaan 1.00 FILM 4.00 Music Box 4.30 Dard 5.00 MTV 123 6.00 Nanne Jasoos 6.30 DD Programme 7.00-7.30am DD Programme

ZEE TV
ADD-ON CHANNEL

6.00am Aahaa 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Pakistan News Link 8.30 Tara 9.00 Adhikar 9.30 Raahein 10.00 Sham Se Pehley 11.00 Zaike Ka Safar 11.30 Amar Prem 12noon FILM 3.00pm Chashme Baddoor 3.30 Chalo Cinema 4.00 Raahat 4.30 Akbar Birbal 5.00 Choti Choti Baatein 5.30 Amanat 6.00 Hip Hip Hurray 6.30 Professor Pyarelal 7.00 Up Beat 7.30 Entertainment Express 8.00 News Bulletin 8.30 FILM 11.30 Nagin 12midnight News Bulletin 12.30am Mano Ya Na Mano 1.00 X Zone 2.00 FILM 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 5.30 Winning in Life 6.00 Good News 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 The Messenger 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.30 Wall Street Report 3.15 Clarke's Chronicle 3.45 Boarding Pass 4.15 South Africa Report 5.45-6.00am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 House of Commons 3.00pm House of Lords 7.30 Westminster Hall 11.00 The Record 11.30-12midnight The Point

THE HISTORY CHANNEL
WORLD PACK

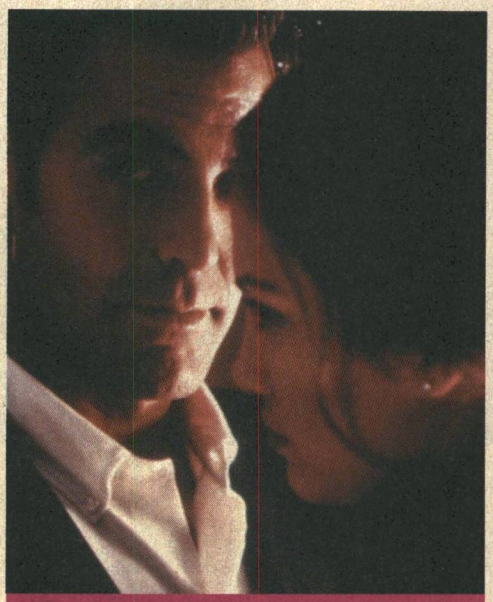
12noon The Monkey Trial
1.00pm Project Cancelled
Tupelov Tu-144
2.00 Biography
Ingrid Bergman
A profile of the actress.
3.00 Great Crimes and Trials
John Christie of Rillington Place
3.30 Spies
4.00 Future Weapons
5.00 Submersibles
6.00 Mythical Monsters
6.55 Photos for the Future II
7.00 Project Cancelled
Seamaster
8.00 Biography
Anthony Quinn
A look at the life of the star.
9.00 Great Crimes and Trials
The Massacre of the Tsar
9.30-10.00pm Spies
Spy, Counter Spy!
A look at the role of counter-intelligence agencies.

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

Section 4

Saturday 25th March-Friday 31st March



An impressive sight

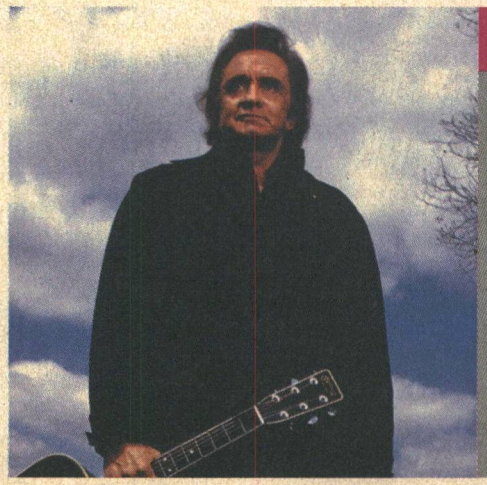
Steven Soderbergh is a director who delights in disrupting his audiences' expectations. Since winning the Cannes Palme d'Or for his 1989 debut, the assured conversation piece *sex, lies and videotape*, Soderbergh has made few concessions to the mainstream. Indeed, he discarded the rules of cinema altogether to make his most obscure project yet – the playfully impenetrable *Schizopolis*. After the anarchic extremes of that screwball curio, Soderbergh seemed like the last director you'd expect to bring a novel by hip crime writer Elmore Leonard to the screen. But in *Out of Sight* he proves that he's as comfortable with funky pulp thrillers as he is with arthouse fare. In the film, Fate conspires to throw together sassy Deputy Federal Marshall Jennifer Lopez and affable escaped convict George Clooney.

Sky Premier Saturday 25th 8.00pm

Billy flyer

Glasgow Rangers' star Billy Dodds may have only been with the club for a short time but he has already made an impact in the Old Firm clashes. Dodds was signed for £1.3m from Dundee United last December and on his derby debut that same month at Celtic Park, the Scottish international made a dream start when he cancelled out Mark Viduka's opening goal to make it 1-1. The Gers will again look to the likes of Dodds for inspiration when the teams meet for the final time in the league this season on Sunday in front of a packed house of 50,000 at Ibrox.

Sky Sports 1 Sunday 26th 12noon – Live



Cashing in

It is testament to the incredible versatility of legendary, Grammy award-laden singer-songwriter Johnny Cash (who is the subject of a History Channel documentary) that he appeals to fans of varied age groups and musical tastes. There was a genuine feeling of danger about Cash when he cut his early sides in the Fifties; his working-class background, craggy features and gravelly delivery of such tough tunes as *Folsom Prison Blues* gave him real credibility as a rock 'n' roll hero. There were pop hits, too, including the classics *I Walk the Line* and *Ring of Fire* (recently used to atmospheric effect in the Oliver Stone film *U-Turn*), but these days Cash probably commands the greatest respect on the country and western circuit.

The History Channel Saturday 25th 7.00pm, Sunday 26th 1.00pm

Saturday 25 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Pirate Movie
1982, rating Sky PG, DS, 95 mins
8.00 The Adventures of Ragtime
Shelley Long, Jay Thomas
1998, rating Sky U, 95 mins
9.45 Shiloh
Michael Moriarty, Scott Wilson
1997, rating Sky U, 87 mins
11.25 Superman
Christopher Reeve, Margot Kidder
1978, rating Sky PG, 138 mins
1.45pm Stormchaser: Revenge of the Twister
Kelly McGillis, Wolf Larson
Action-packed thriller.
1998, rating Sky PG, DS, 92 mins

3.25 Shiloh
Michael Moriarty, Scott Wilson
Family drama about an abused beagle who runs away from his brutal owner to the safe and loving arms of a young boy.
1997, rating Sky U, 87 mins
4.55 Superman
Christopher Reeve, Margot Kidder, Gene Hackman
Family adventure about the popular flying superhero. Away from his journalistic duties, Superman faces the world's greatest criminal mastermind, who plans to take over the world. He has his feisty female colleague from the *Daily Planet* to help him. *1978, rating Sky PG, 138 mins*

7.15
Preview: Oscar Special
Take a sneak peek at what's coming up on Sky.
7.45 Oscar Report

8.00 Out of Sight
George Clooney, Jennifer Lopez
PREMIERE Sexy crime caper about a prolific bank robber who breaks out of jail. A hot-on-his-heels agent chasing him soon finds herself his hostage. Worse for her is that she has fallen for his charms, which makes her pursuit of him loaded with problems. *1998, rating Sky 15, DS, 118 mins*
10.00 The Exorcist
Ellen Burstyn, Lee J Cobb, Max Von Sydow, Linda Blair
Horror movie about a young girl who is possessed by a powerful demon and the priest who battles to exorcise the devil within her. The girl begins to exhibit strange symptoms, including levitation and great strength, which defy medical explanation. Text *1973, rating Sky 18, 117 mins*
12.05am (GMT) Ulee's Gold
Peter Fonda, Patricia Richardson
Tender drama about a reclusive bee-keeper. Text *1997, rating Sky 15, 108 mins*
3.00 (BST) Oscar and Lucinda
Ralph Fiennes, Cate Blanchett
Text *1997, rating Sky 15, 126 mins*
5.10-5.50am

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am
Danielle Steel's Fine Things
8.25 The Duke
James Doohan, Courtnee Draper
1999, rating Sky U, DS, 85 mins
10.00 Steel
Shaquille O'Neal, Annabeth Gish
Text *1997, rating Sky PG, 93 mins*
12noon Shattered Hearts
Beth Broderick, Scott Vickaryous
1998, rating Sky PG, 86 mins
2.00pm The Big Game
Gary Webster, Emma Wray
Gambling drama about a factory worker who is invited to play with the big boys. But when he loses every penny he has, he soon realises that he has got in over his head. *1995, rating Sky PG, 99 mins*

4.00 The Duke
James Doohan, Courtnee Draper, Jeremy Maxwell
Children's comedy about a well-to-do duke who is forced to defend his property and wealth from avaricious relatives. *1999, rating Sky U, DS, 85 mins*

6.00 Steel
Shaquille O'Neal, Annabeth Gish, Judd Nelson
Action adventure about a former weapons designer whose project to create weapons that harmlessly neutralise soldiers is sabotaged. After seeing his munitions used on the streets, he sets out to remedy the problem. Text *1997, rating Sky PG, 93 mins*

8.00 Murder At 1600
Wesley Snipes, Diane Lane, Alan Alda, Daniel Benzali
Murder thriller. A Washington homicide detective thinks he's seen it all – until his latest case gives him the biggest shock of his life. He finds his very life in danger as he races to piece together the clues, which may lead to the White House itself. Text *1997, rating Sky 15, 102 mins*
10.00 Wild Things
Matt Dillon, Kevin Bacon, Denise Richards, Neve Campbell
Stylish thriller about a high school guidance counsellor who is suspended after a student accuses him of raping her. This is only the start of a deadly chain of double crosses and lies. Text *1998, rating Sky 18, DS, 103 mins*
11.50 (GMT)
Truth or Consequences
Vincent Gallo, Kim Dickens
Crime drama. Text *1997, rating Sky 18, 102 mins*
2.40am (BST) BAPS
Halle Berry, Martin Landau
Text *1997, rating Sky 15, 88 mins*
4.15-6.00am The Big Game
1995, rating Sky PG, 99 mins

SKY CINEMA
PREMIUM CHANNEL

11.00am A Passage to India
Judy Davis, Victor Bannerjee, Peggy Ashcroft, James Fox
Epic drama set in the Twenties, detailing a clash of cultures which leads to a dramatic court case and a major international scandal. Adapted from the classic novel by EM Forster. *1984, rating Sky PG, 157 mins*
1.45pm All About Eve
Bette Davis, Gary Merrill, Anne Baxter, George Sanders
Classic comedy about an aspiring actress and her ruthless rise to stardom. An ageing star takes in an adoring fan and soon discovers that the young lady is taking over her life. Text *1950, rating Sky U, 133 mins*

4.05 Chariots of Fire
Ben Cross, Ian Charleson, Nigel Havers, Nick Farrell
True-life drama following the fortunes of two very different male athletes as they work their way from humble beginnings to the pinnacle of their sporting careers at the 1924 Olympics. Text *1981, rating Sky U, 118 mins*

6.10 Butch Cassidy and the Sundance Kid
Robert Redford, Paul Newman
Western about a couple of Wyoming outlaws who get involved in a variety of bank and railroad heists, while at the same time trading witty banter. When they feel the heat rising, they set off for Bolivia where they face a showdown with the law. Text *1968, rating Sky PG, 106 mins*

8.05 The Fisher King
Robin Williams, Jeff Bridges, Amanda Plummer, Michael Jeter
Fantastical romance about a top radio shock-jock who falls from grace after a caller embarks on a killing spree. On the brink of suicide, the DJ meets a down-and-out who is obsessed with the Holy Grail – and with a nerdy young woman who works nearby. *1991, rating Sky 15, DS, 132 mins*

10.25 (GMT)
The Godfather Part II
Al Pacino, Robert De Niro, Diane Keaton, Robert Duvall
Gangster drama that contrasts the rule of a mafia boss with that of his immigrant father many years earlier. As he tightens his grip on his crime syndicate in the Fifties, expanding it into Las Vegas, Hollywood and Cuba, he slowly loses all the people most dear to him. Text *1974, rating Sky 18, 192 mins*
2.45am (BST)
Terms of Endearment
Shirley MacLaine, Jack Nicholson
1983, rating Sky 15, 126 mins
5.00-6.00am The Directors: The Films of Terry Gilliam
Profile of the former Monty Python member and director of *Brazil*.

Jennifer Lopez faces down bank robber George Clooney in the premiere of 'Out of Sight'. Sky Premier 8.00pm

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm Half Human: The Story of the Abominable Snowman
John Carradine
Monster action. The story of a half-human monster and his son, worshipped by locals in Japan. *1957, 61 mins*
7.15 Macross Plus
Japanese anime set in the near future on the first planet colonised by mankind.
8.00 Delicatessen
Dominique Pinon, Jean-Claude Dreyfus
Black comedy. A weird and wonderful story of bizarre characters, cannibalism and even stranger events set in the future in a butcher's house. *1990, 95 mins*

10.00 Brazil
Jonathan Pryce, Robert De Niro Bob Hoskins, Michael Palin
Surreal fantasy, set in a dystopic alternative world, about a clerk at the Ministry of Information. He begins to investigate how the mistake that condemned an innocent man to death happened, and becomes involved with a terrorist. *1985, 137 mins*

12.30am (GMT) Django
Franco Nero
Spaghetti western about a stranger in a Mexican town. *1966, 87 mins*
3.00am (BST) The Last Detail
Jack Nicholson, Otis Young
Drama. *1973, 100 mins*
4.45-6.00am
Monster from Green Hell
Science fiction. *1957, 67 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm The Black Stallion
Kelly Reno, Mickey Rooney, Teri Garr, Clarence Muse.
Family drama about a young boy who becomes firm friends with a beautiful black stallion when they become the only remaining survivors of a shipwreck. After being rescued, they soon find themselves involved in a thrilling horse race. Text *1979, 117 mins*

9.00 Saigon
Willem Dafoe, Gregory Hines, Fred Ward, Amanda Pays
Mystery thriller following two men on the trail of a serial killer. In 1968 several prostitutes have been brutally murdered in war-torn Saigon and two military policemen are assigned to the case. However, one by one, the witnesses in the case start being murdered *1988, 102 mins*
11.00 (GMT) Echo Park
Tom Hulce, Susan Dey
Offbeat comedy drama, set in a section of Los Angeles known as Echo Park, about a trio of struggling actors and musicians who dream of success.
1986, 93 mins
2.00am (BST) Eleni
Kate Nelligan, John Malkovich
True life drama. *1986, 117 mins*
4.00
John Ford - An American Vision
5.00-7.00am And the Angels Sing
Musical comedy. *1944, 90 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Romantic drama about a brother and sister entering a Fifties soap opera. Stars Tobey Maguire. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm (GMT), 3.00am (BST)

Sky Box Office 3
Channel 53
BELOVED
Compassionate slave drama set after the American Civil War. Stars Oprah Winfrey, Danny Glover and Thandie Newton. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm

PAYBACK
Action thriller about a crook who has been double-crossed after a heist. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight (GMT), 3.00am (BST)

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred, centring on two young brothers. Stars Edward Norton and Edward Furlong. *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm (GMT), 4.00am (BST)

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Saturday 25 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons Text 9.00 Tintin 9.30 Mummies Alive 10.00 Roswell Conspiracies 10.30 Starship Troopers 11.00 World Wrestling Federation – Smackdown 1.00pm Nightman 2.00 America's Dumbest Criminals Text 2.30 America's Dumbest Criminals Text

3.00 Pacific Blue
Rave On
Pacific Blue goes undercover to break up a series of raves where drugs and alcohol are found to be plentiful.

4.00 Star Trek: Deep Space Nine
Explorers
Sisko builds a replica of an ancient vessel in an effort to prove the truth of an old legend. Text

5.00 Star Trek: Voyager
The Q and the Grey
With the Q Continuum locked in civil war following the death of Quinn, Q arrives on the ship with a proposition. Text

6.00 The Simpsons
The Day the Violence Died
Bart and Lisa help a down-and-out man. With Kirk Douglas.
6.30 Futurama
Brannigan, Begin Again
7.00 Dilbert
Wage slave animation.
7.30 The Simpsons
The Otto Show
Bart and Milhouse go to the Spinal Tap concert. Text

8.00 Futurama
A Flight to Remember
The team holidays aboard the starship *Titanic*.
8.30 The PJs
Boyz 'n' The Woods Text
9.00 World Wrestling Federation – Livewire
Michael Cole presents coverage of World Wrestling Federation bouts featuring star performers, including Steve Austin.

10.00 Toughman
Gruelling sporting challenge.

11.00 Cops
Fort Worth Text
11.30 Cops
Boston
The police help a stranded motorist. Text
12midnight Showbiz Weekly
Presented by Tania Bryer.
12.30am (GMT) Pacific Palisades
Sweet Revenge
Beth admits to Jessica that she used to be a drug addict. Text
2.30 (BST)
Space: Above and Beyond
Never No More – Part I Text
3.30-6.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels
7.30 Neighbours Omnibus
Another chance to see last week's episodes of the soap.
9.30 Dynasty Omnibus
Omnibus edition of the soap about the lives of the oil-rich Carrington clan. Starring John Forsythe, Linda Evans and John James.
12.10pm EastEnders Omnibus
Another chance to catch all the goings on in Albert Square.

3.05 The Bill Omnibus
A chance to catch up with the week's events down at the Sun Hill nick. CID teams up with the Flying Squad to catch a gang of vicious armed robbers, meanwhile Boyden and Datta are on the trail of a violent pimp, whose love of dogs could prove to be his downfall. Loxton finds himself in hot water and Reg Hollis provides some magical entertainment to an audience of old age pensioners.
5.35 To the Manor Born
With Brabinger already laid up, Audrey puts her back out fetching the firewood.

6.10 FILM: Carry On at Your Convenience
Sid James, Kenneth Williams, Charles Hawtrey, Joan Sims
Comedy. The shop steward at a lavatory factory finds himself at loggerheads with the factory's management. His gloomy mood improves when he discovers that his previously silent budgie has one very special and lucrative talent. *1971*

8.00 Yes, Prime Minister
The National Education
Sitcom about the premiership of Jim Hacker.
8.40 The Vicar of Dibley
The Window and the Weather
St Barnabus's Church is in need of a new stained-glass window.
9.20 dinnerladies
Catering
Bren is having a hard time with the two youngsters.

10.00 Absolutely Fabulous
Jealous
PR-land quakes with anticipation as the time for dishing out awards approaches.
10.40 The Royle Family
A celebration buffet is held at the Royles' house in honour of Antony's 18th birthday.
11.20 Monty Python's Flying Circus
Seminal comedy sketch show.
12midnight (GMT) The Final Cut
Sequel to *House of Cards*. Urquhart is troubled by dreams of his past deeds, and Elizabeth is concerned about their future.
3.00am (BST)-4.00am
Juliet Bravo
The Cut

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Forgive or Forget
9.50 The Roseanne Show
10.20 Home and Away Omnibus
12.30pm
FILM: Desperate Journey – The Allison Wilcox Story
Mel Harris, John Schneider
Fact-based drama. *1993*
2.20 FILM: Memories of Murder
Nancy Allen, Robin Thomas, Vanity, Olivia Brown, Don Davis
An amnesiac wakes up one morning and doesn't recognise her concerned husband and young daughter. She has visions of a murder long ago, and the one person who can fill in the gaps is a woman toying with her life. *1990*
4.20 Maury Povich
Double bill of the talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich.

6.00 Fame LA
Drama series about young show-business hopefuls in Los Angeles. Starring Suzanne Carson, William R Moses, Christian Kane and Andy Milder.
7.00 Judge Judy
Double bill of the show in which New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.
8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. Stars Ally Walker.
10.00 Jerry Springer
Double bill of the outrageous American talk show in which fromer Cincinnatti mayor Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.
11.45-12midnight Sex Bites
Raunchy late-night fun with Katrina Buchanan.

REMEMBER
CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 1.00AM

GRANADA PLUS
ACTION PACK

6.00am Bonanza 7.00 Plus on Plus 7.30 Please Sir
8.00 Singles
8.30 Marc
9.00 The High Chaparral
10.00 Charlie's Angels
11.00 The Love Boat
12noon The Odd Couple
12.30pm Plus on Plus
1.00 Bonanza
2.00 Agatha Christie's Partners in Crime

3.00 Jeeves and Wooster
Suspected of improprieties with the daughter of J Washburn Stoker, Bertie is imprisoned on a yacht, so Jeeves must come to the rescue.

4.00 The Love Boat
Marooned – Part II
The hurricane-lashed Pacific Princess totters under the command of a bumbling deputy captain. With Gavin MacLeod.
5.00 Hawaii Five-0
All The Kings Horses
McGarrett is asked to build a case against an ex-racketeer for the political benefit of a state probe committee.
6.00 Watching
Visiting
Malcolm is tired of his mother.
6.30 The Lovers
Beryl and Geoffrey visit the Better Homes Exhibition.
7.00 Agatha Christie's Partners in Crime
The Crackler
Tommy and Tuppence are enlisted to track down a gang of forgers who move in high society.
8.00 Jeeves and Wooster
Suspected of improprieties with the daughter of J Washburn Stoker, Bertie is imprisoned on a yacht, so Jeeves must come to the rescue.
9.00 In the Hot Seat
Michael Aspel presents a one-hour special featuring memorable clips from 25 years of talk shows.
10.00-11.00pm
An Audience with Jimmy Tarbuck

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Double Trouble
Erotic late-night series in the form of a men's magazine.
11.30
South Beach Model Search
Swimsuit contests.
12midnight
Garry Bushell Reveals All
Weekly gameshow in which TV critic Garry Bushell and his panel of guests spill the beans on celebrities.
12.30am (GMT)-2.00am (BST)
4play Away – Amsterdam

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 Winnie the Pooh 6.40 Art Play 6.45 Classic Toons 6.55 Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear in the Big Blue House 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules: The TV Show 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 100 Deeds of Eddie McDowd 12noon Boy Meets World
12.30pm Incredible Story Studio
1.00 Your Choice Your Voice FILM
2.30 Mickey Mouseworks

3.00 101 Dalmatians
Animated canine capers and daring doggy deeds. Text
3.30 Timon and Pumbaa
Animated series with the *Lion King* characters.

4.00 FILM: The Rescuers
Voice of Eva Gabor
When an orphan girl is kidnapped no one seems to care, except a secret worldwide association of mice called The Rescue Aid Society, who set out to find the missing girl. Text *1977*
5.15 Honey, I Shrunk the Kids: The TV Show
Honey, I Know What You're Thinking Text
6.00 Smart Guy
A smart kid is put into tenth grade instead of the fourth. Text
6.30 Boy Meets World
Hometown Hero
Cory learns about heroism. Text

7.00 FILM: George of the Jungle
Brendan Fraser, Leslie Mann, Thomas Hayden Church
A Tarzan-style character rescues a beautiful woman from a lion. She likes him and his lifestyle, but her fiancé is jealous, which spells trouble. Text *1997*
8.30 FILM: Mr Magoo
Leslie Nielsen, Kelly Lynch, Stephen Tobolowsky
Live-action remake of the 1960s cartoon. The myopic billionaire hero accidentally acquires some stolen gems and the criminals who stole them try desperately to retrieve them. Text *1998*
10.00 Home Improvement
10.30 Thunderstone Text
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toon

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SATURDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Django
FilmFour 12midnight
A perversely brutal, mud-spattered spaghetti Western which spawned many unofficial sequels, *Django* is directed with an eye for surreal set-pieces by Sergio Corbucci, one of the true masters of the genre. Franco Nero is the titular gunslinger who drags a coffin into town.

GENERAL
Frasier Weekend
Paramount Comedy Channel from 9.00pm
Ten of the best episodes from one of the world's most successul comedy series. *Frasier* Weekend sees the Brothers Crane at their most neurotically challenged, kicking off with the episode where Frasier has a disastrous dirty weekend in Bora, Bora.

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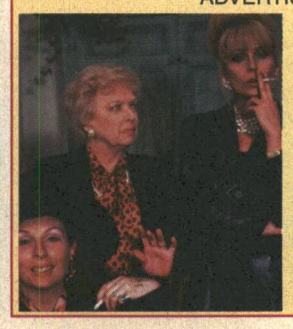
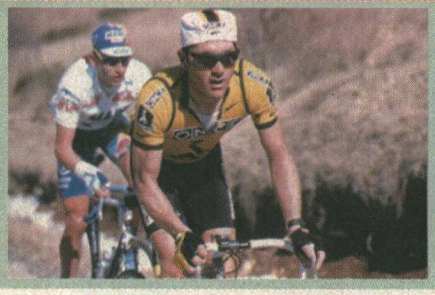
UK GOLD

SATURDAY NIGHT COMEDY FROM 8.40PM
Saturday Night Comedy on UK Gold serves up some of the very best comedy including Dinnerladies, Absolutely Fabulous and The Royle Family.

Saturday 25 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Xtreme Sports** **9.00 Football** **10.30 Football** **11.30 Athletics** **1.00pm** **Grand Touring – LIVE** Coverage of the FIA GT Championship in Valencia. **2.00 Motocross – LIVE** Coverage of the qualifying practice for the World Championship in Portugal.	**6.00am** **Hold the Back Page** **7.00 Sky Sports Centre** **8.00 Aerobics Oz Style** **8.30 Racing News** **9.00** **Australian Rugby League** **11.00 World Pool League** **12noon** **Gillette Soccer Saturday** Jeff Stelling presents the fastest and most comprehensive football results service on television, including post-match interviews with the men who matter and detailed analysis from the Sky Sports pundits. The studio regulars include such esteemed former footballing greats as Rodney Marsh, Frank McLintock, Clive Allen and George Best.	**6.00am Sports Unlimited** **7.00 Aerobics Oz Style** **7.30 Racing News** **8.00 Soccer Am** **12noon** **Ford Rugby Union: Women's Super Cup Final** Plus action from the latest round of matches from the Allied Dunbar Premiership.	**10.00am Ford Golf USA: Players' Championship** Staged at TPC at Sawgrass, Ponte Vedra Beach, Florida, the Players' Championship features many of the world's top golfers including last year's winner David Duval. Find out who makes the cut on day two.	**8.00am The Flash** **9.00 The Incredible Hulk** **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon FILM: The Seventh Voyage of Sinbad** Action adventure. *1958* **1.40pm Sci-Focus Special** **2.00 Planet of the Apes** *The Surgeon* Virdon is shot.	**6.00am Mad 4 Hits** **9.00 Hit List UK** **10.00 European Top 20** **12noon** **News Weekend Edition** A round-up of the biggest stories of the week in the world of entertainment. **12.30pm New Sensation – Christina Aguilera** **1.00 Total Request** **2.00 Hit List UK** Cat Deeley delivers the hottest UK chart action in a rundown packed with the latest chartbreakers.
3.00 PM	**3.00 Cycling – LIVE** Action from the first stage of the International Critérium in France, running from St-Jean de Luz to Jurançon. The race is organised by the Societé du Tour de France, and past winners include Sean Kelly and Chris Boardman. **4.30 Grand Touring** Coverage of the qualifying practice for the FIA GT Championship in Valencia. **5.30 Motorsports** Action from the Motor Madness Monster Jam in the USA.			**3.30pm Australian Rules Football**	**3.00 Robocop** *When Justice Falls* Science fiction series. Robocop and Officer Madigan race to save the lives of four astronauts.	
4.00 PM			**4.30pm World Wide Rugby: Super 12** Catch up with all the latest happenings in the Super 12 season. Teams from Australia, South Africa and New Zealand compete in the Southern Hemisphere's premier rugby competition.		**4.00 The Flash** *The Flash – Part 2* Barry decides to use his new ability to move as fast as lightening to avenge his brother's death.	**4.00 Select MTV** Viewers make MTV their personal jukebox – call the special number, pick your favourite video from the on-screen menu, and they'll do the rest.
5.00 PM				**5.30 Football Special: Women's FA Cup Semi-Final – LIVE** The competition has been won by the Arsenal women's team for the past two years, while Doncaster Belles have won the cup the most times, six in total.	**5.00 The Net** *Death of an Angel* Angela tries to start her life over in a university town embroiled in a debate over censorship of the internet.	
6.00 PM	**6.00 Tractor Pulling** Coverage of the European Super Pull in Rotterdam. The 21st edition of this traditional event is held at Ahoy sports stadium.	**6.00pm** **Basketball – LIVE** Join Kevin Cadle as he hosts the latest live domestic basketball action. With courtside reports from Suzanne Dando **8.00** **Fight Night – LIVE** Paul Dempsey hosts the latest live fight night action.	**6.00 Gillette World Sport Special** A comprehensive report on alternative sports. **6.30 Ford Golf USA: Players Championship – LIVE** The third day of action from Ponte Vedra Beach in Florida. There's an incredible $5million total prize fund on offer as America's best battle for the championship. David Duval is the reigning champion. He ruthlessly claimed top spot in 1999 to join past winners Jack Nicklaus, Lanny Wadkins and Fred Couples.		**6.00 The Crow: Stairway to Heaven** *Double Take* Draven tracks down a young woman who has assumed Shelly's identity.	**6.00 News Weekend Edition** **6.30 MTV Live** Some of the finest performances from the MTV studios.
7.00 PM	**7.00 Bowling** Action from the World Championships in Abu Dhabi, United Arab Emirates.			**7.30 Spanish Football – LIVE** David Bobin introduces live action from another match in the Spanish domestic football season. Barcelona are the current champions in La Liga but the likes of Deportivo La Coruña and Real Zaragoza enjoyed promising first halves to the campaign. With studio analysis from Guillem Balague and Gerry Armstrong.	**7.00 Amazing Stories** *The Amazing Falsworth* A series of tales directed by Steven Spielberg. **7.30 Amazing Stories** *Fine Tuning*	**7.00 MTV Dance Floor Chart Show** MTV's dance music expert June Sarpong counts down the tracks that are filling the UK's dancefloors.
8.00 PM					**8.00 FILM: Red Sonja** *Brigitte Neilsen, Arnold Schwarzenegger* The peaceful life of Sonja is shattered by Queen Gedren, who murders her parents. The queen rules by terror and carries a talisman with which she can annihilate the planet. *1985* **9.40** **Sci-Focus Special**	**8.00 All Time Top 10 Floorfillers** The all time top 10 groovy tunes that always manage to fill an empty dance floor, including Fatboy Slim.
9.00 PM	**9.00 SportsCentre** **9.15** **Martial Arts – LIVE** Coverage of a martial arts festival at Paris-Bercy.					**9.00** **European Top 20** A rundown of the singles topping the latest charts on the Continent.
10.00 PM		**10.00 World Wrestling Federation – Smackdown** Another bout of uncut rough and tumble action from the World Wrestling Federation. **11.55** **Premiership Shorts: Favourite Game – Newcastle United v Manchester United**		**10.00 Rugby League: Challenge Cup Semi-Final** Join Eddie Hemmings and Mike Stephenson as they host highlights of the action from one of the Challenge Cup semi-finals. **11.30-12midnight Sporting Auction**	**10.00** **FILM: Leprechaun 4: In Space** *Warwick Davis, Debbe Dunning, Brent Jasmer* Sci-fi horror. It is the 21st Century and the deadly little Leprechaun is in space. He's wooing a beautiful princess into marriage by impressing her with his gold. *1996*	
11.00 PM	**11.00 Boxing** Action from an international contest.		**11.00** **Rugby Union Update** Catch up with the best of the action from a clash in rugby union's Allied Dunbar Premiership.	**REMEMBER** CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 1.00AM		**11.00 US Top 20 Countdown** Toby Amies reports with a rundown of the tracks currently riding high on the Billboard Hot 100.
12.00 NIGHT TIME	**12midnight-1.00am Darts** Coverage of the fourth round of the European Grand Prix in Goslar, Germany.	**12midnight (GMT) Spanish Football 3.00am (BST) World Wrestling Federation – Smackdown 4.55 Premiership Shorts: Favourite Game – Newcastle United v Manchester United 5.00-6.00am Max Power**	**12.30am (GMT) Saturday Fight Night** Boxing action. **3.30 (BST) Football Special: Womens FA Cup Semi-Final 5.30-6.00am Powerboat & Jetsport World**		**12midnight (GMT) FILM: Bubblegum Crash** Japanese anime about vigilante knights who defend Tokyo against cyber-conspiracy. *1991* **3.30am (BST) -4.00am The Hunger** *Dangerous*	**12midnight (GMT) The Lick R&B Chart Show 2.00am (BST) MTV Megamix 2.30 Downtown 3.00 brand:new 4.00 Chill Out Zone 5.00-6.00am MTV Dance Floor Chart Show**

LIVE CYCLING: INTERNATIONAL CRITERIUM IN FRANCE EUROSPORT 3.00PM

The International Critérium raced in France has been organised each year since 1927 by the Societé du Tour de France, which guarantees a quality field and a handsome prize for the winner. The event, held this year in the Pyrénées Atlantiques, includes three stages in two days: a flat stage the first day, followed by a mountain stage and an individual time-trial the second day. Among many past winners on show will be the Frenchman Laurent Jalabert (pictured).



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 Hot Latin Ladies 11.15 Naked Confessions 12midnight Freeview 12.10am Neil Down Hits Hollywood 12.35 (GMT) Frisky Hot Fräuleins 2.05 FILM: Eyes of Desire 3.25 New Model File 3.45-4.00am Consenting Adults

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Peeping Tom 12.20 Badfellas 12.45 (GMT) FILM: The Show 2.00 (BST) Five Minute Freeview 2.05 FILM continues 3.00 Five Minute Freeview 3.05 Sex Talk 3.20-4.00am FILM: Adult Feature

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Saturday 25 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed
8.00 Emma 9.00 Talk Music
9.30 Greatest Hits: Prince
10.00 The Kate & Jono Show
11.00 The Millennium Classic Years – 1983
12noon Emma
1.00pm The VH1 Album Chart Show
2.00 The Kate & Jono Show

3.00
Best Sellers Weekend
Four hours of videos by best selling artists.

7.00 The Millennium Classic Years: 1991
Terry Waite is finally freed from captivity.

8.00 The Kate & Jono Show
With VH1's dynamic duo Kate Thornton and Jonothan Coleman.

9.00 Hey, Watch This! – Boy Bands
NEW John Fugelsang takes a comical look at Brits and Americans, with special guests each week.

10.00 Behind the Music: 1999
A recap of the trends and talents that made 1999 so significant, with the likes of the Backstreet Boys.

11.00 Storytellers: Elton John
Featurng all the superstar's hits, plus state of the art graphics to relate his history as an artist.
12midnight (GMT) Elton John: Tantrums and Tiaras
A warts-and-all documentary about acclaimed singer.
2.30am (BST) Greatest Hits: Elton John
Videos of his biggest singles.
3.00-6.00am Best Sellers Weekend

ANIMAL PLANET
WORLD PACK

12noon Horse Tales
Vet Rescue
12.30pm Horse Tales
Spin Control
A profile of American rider John Slack.
1.00 Crocodile Hunter
Forces of Nature
With Steve Irwin.
2.00 Families
Hyena.
The world of the hyena.

3.00 Families
Zebras
Young zebra stallions select the females that will make up their harem.

4.00 Families
Lions
Lions are the only big cats that live in a community. Each pride can comprise of up to 21 members.

5.00 The Aquanauts
The team travels to San Diego a diving trip.
5.30 The Aquanauts
Following endangered hawksbill turtles in Brazil.

6.00 Croc Files
Australian wildlife series.
6.30 Croc Files
Exploring the deadly creatures in the oceans off the Australian coast.

7.00 Crocodile Hunter
America's Deadliest Snakes
Looking at some remarkable rattlesnake species in America.

8.00 Emergency Vets
Working round the clock to save animals lives.
8.30 Emergency Vets.
Working round the clock to save animals lives.

9.00 Untamed Africa
Mother Courage
Duma is the mother of the cheetahs in the Masai Mara. This episode follows her during the dry season.

10.00
Animal Weapons
Chemical Warfare.
A look at the way various animals have developed to protect themselves.

11.00-12midnight Hunters
Savage Pack
A look at wild dogs, the ancestors of todays household pets.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am
Home and Away Omnibus
11.20 Words With
11.30 Baywatch
The adventures of lifeguards on California's glamorous Malibu Beach.
12.30pm Bedrock
Fun with celebrity guests, music, bedroom webcams and e-mail activity.
2.30 Football First
Live football updates from around the country, using the latest technology to bring all the latest scores in England and Scotland.

6.00 Heartbeat
Nostalgic police drama series set in a 1960s Yorkshire village.

7.00 The Planet's Funniest Animals
The best home videos of viewers' pets.
7.30 Game Girls
Sports entertainment show.
8.00 The Very Best of Coronation Street
This soap opera special looks back at some of the Street's finest moments. Featuring five episodes and interviews with the show's stars, as well as exclusive behind-the-scenes reports.

11.30 Our Vera
A profile of Liz Dawn, who plays Vera Duckworth in Coronation Street. This programme traces her life and career over the years.
12.30pm (GMT) Bedrock
Fun with celebrity guests, music and e-mail activity.
2.30-3.15am (BST) Club@Vision
Series on clubs, clubbing and dance music culture.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 House Proud 9.00 The Green Room 9.30 The Flower Show 10.00 Gardeners' World 10.30 Garden Magic 11.00 Crewless 12noon Holiday in Style 1.00pm Travels à la Carte 1.30 Antonio Carluccio's Italian Feast 2.00 The Naked Chef 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm
Pop Go the Sixties
3.55 Motown Live
Combining performances by some of today's hottest acts with live sets from legendary Motown artists.
4.40 Bob Marley
Live at the Rainbow
A legendary concert from the Rainbow Theatre in London from 1977.

6.00 Sounds of the Seventies
The Clothes I Love to Wear
6.30 Sounds of the Seventies
Satin and Tat
7.00 Sounds of the Seventies
Can You Feel the Force?
7.35 Sounds of the Seventies
Free to Be Me
8.05 Sounds of the Seventies
Days I Knew Then .
Featuring Abba and 10CC.
8.40 Sounds of the Seventies
Long Ago and Far Away
9.10 Sounds of the Seventies
Comin' Home to You
9.45 Sounds of the Seventies
Smash it Up
10.15 Sounds of the Seventies
The Boy Looked at Johnny
With the New York Dolls.
10.50 Sounds of the Seventies
Shut Up, Listen, and Dance
11.20
Rock Family Trees
Sabbath Bloody Sabbath
A look at the story of rock act Black Sabbath.
12.15am (GMT) Bob Marley – Live at the Rainbow
Legendary concert from the reggae great.
2.30-3.00am (BST) The Arena 100

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Pandas Aren't Always Cuddly 7.30 Unearthing the Mole 8.00 The Dolphin Diaries 8.30 Skyraider 9.00 The Rat Race 9.30 War of the Termites 10.00 Pharaohs and Kings 11.00 Pharaohs and Kings 12noon Tomorrow's World Plus 1.00pm Ice-Cool in Japan 2.00 Pandas Aren't Always Cuddly 2.30 Unearthing the Mole

3.00
The Dolphin Diaries
A revealing study of dolphins in their natural habitat.
3.30 Skyraider
4.00 The Rat Race
The lifestyle of the rat.
4.30
War of the Termites
The complex social system of the African termite.
5.00 The Making of Walking with Dinosaurs
Documentary which goes behind the scenes of the acclaimed series.

6.00 Around the World in 80 Days
Dateline to Deadline
Fate conspires to impede Michael Palin's journey around the globe.
7.00 The Cruise
Break a Leg
Jack has to take over Philip's role in the show.
7.30 The Cruise
Dancing with Dolphins
8.00 MSD: The Unknown Protectors
An unprecedented look at the Mobile Security Division of the US State Department.
9.00 Dark Angels
The RAID are the elite corps of the French police, responsible for protecting VIPs and dealing with hostage sieges.
10.00 Top Gear GTi
A specially extended edition testing the latest models and casting an experienced eye over the hottest motoring news.
11.00
Out of this World
11.30
Out of This World
12.05am-1.00am HMS Splendid – Under the Sea

UK PLAY:
2.00am (BST) The League of Gentlemen 2.35 Smashie and Nicey 3.30 The Fast Show 4.05 The Fast Show Christmas Special 5.00 Hey DJ 5.30 TOTP Plus 6.00 Soul Divas 6.30-7.00am Jamie Theakston's Pick 'n' Mix

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Simply Puddings 10.00 In Season 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Cookshop 12noon Classic Dishes 12.30pm Ross on the Range 1.00 Coxon's Kitchen College 1.30 Five Star Cooking 2.00 Food Network Daily 2.45 Simply Fish

3.30
Tessa's Tastebuds
Woody Herbs
Includes thyme-smoked breast of chicken.
4.00 Simply Baking
Omelettes
4.30 Tastes of Britain
5.00 Flash in the Pan
5.30 Classic Dishes
With Valentina Harris.
6.00 Coxon's Kitchen College
6.30-7.00pm Peter Gordon's Pacific Food

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Animals Like Us
Presenter Andrew Martin explores the minds and emotions of animals.
8.00
Clan of the Crocodile
In Papua New Guinea.
8.30 Arribada
A look at the nesting of some Ridley Turtles.
9.00
Shark Attack Files
Telling the story of those who have been attacked by sharks and those who work to prevent such attacks.
10.00 Side by Side
A look at the speed and power of the animal kingdom's most impressive predators.
11.00
Explorer's Journal
Animals by Design
A look at snake breeders in America who are creating designer pythons.
12midnight-1.00am Cold Water, Warm Blood
Off the coast of New Zealand a great upwelling of nutrients from the depths of the oceans has provided a magnet for an amazingly diverse collection of sealife.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky
5.30 100%
6.00 Family Fortunes
6.30 Beadle's About
Hidden camera pranks and wind-ups.
7.00 Sale of the Century
Hosted by Keith Chegwin.
7.30 Winner Takes All
Gameshow hosted by comedian Bobby Davro
8.00 The Crystal Maze
9.00 Gladiators
10.00 Family Fortunes
10.30 Beadle's About
More pranks.
11.00
Celebrity TV Bloopers
12midnight
Absolute Cobblers
12.30am (GMT) The Cooler
2.00 (BST) 3-2-1
3.00 Karaoke Challenge
3.30 Absolute Cobblers
4.00 Simply Irresistible
4.30 The Krypton Factor
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 Auto Stories 8.30 The New Yankee Workshop 8.55 This Old House with Steve and Norm 9.30 This Old House with Steve and Norm 10.00 Rex Hunt Fishing Adventures 10.30 Go Fishing 11.00 Hooked on Fishing 11.29 The Home and Leisure House 11.30 Grundy Goes... 12noon Home Again with Bob Vila 12.30pm Home Again with Bob Vila 1.00 Our House 1.30 Space Invaders 2.00 Kingsbury Square 2.30 Whacky Racers 3.00 Set in Stone 3.30-4.00pm Away with Words

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 Club@vision 11.45 Scratch TV 12noon That Film Show 12.30 Got Any Gear? 12.45 Come On 1.00 Freesports 1.15 Freesports 2.00 Trainspotters 2.30 That Film Show 3.00 Club@vision 3.45 Scratch TV 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear? 5.00-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Saturday 25 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM
4.00pm
Super Structures
Cheyenne Mountain – Sentinel in the Sky
A look at the US air defence and control centre.

5.00 PM
5.00 Invisible Places
Underworld
A programme looking at underground places, including the famous catacombs of Rome.

6.00 PM
6.00 Invisible Places
Subtropolis
A look at the infrastructure that supports our modern cities, revealing hidden worlds past and present.

7.00 PM
7.00
World's Largest Hotel
Discover all the record-breaking facts and figures relating to the world's largest hotel.

8.00 PM
8.00 Scrapheap
Rockets
Continuing the series in which two teams have to construct a fully working machine using junk.

9.00 PM
9.00 Three Gorges – The Biggest Dam in the World
How China is trying to tame one of the world's largest rivers, the Yangtze.

10.00 PM
10.00 My Titanic
An Ordinary Day
Personal stories about disasters. This edition features a fire in the Channel Tunnel.

11.00 PM
11.00
Forensic Detectives
Cold Cases
Continuing the series which focuses on the world of forensic science.

12.00
12midnight (GMT)
Invisible Places
Underworld
2.00am (BST)-3.00am
Invisible Places
Subtropolis
A look at the hidden infrastructure that supports our modern cities.

NIGHT TIME

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Animaniacs 9.00 Dexter's Laboratory 9.30 Powerpuff Girls 10.00 Ed, Edd 'n' Eddy 10.30 Cow and Chicken 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog
12noon Cartoon Theatre 2.30pm What a Cartoon Marathon

REMEMBER
CLOCKS GO FORWARD ONE HOUR FOR BRITISH SUMMER TIME AT 1.00AM

7.00pm-9.00pm
Cartoon Theatre
The programme that features a selection of your favourite cartoons.

TNT
FAMILY PACK

9.00pm
Classic WCW Nitro
WCW Nitro wrestling action from the US.

12midnight (GMT)-2.00am (BST)
The Dukes of Hazzard
Heiress Daisy Duke

CARTOON NETWORK:
2.00am (BST) The Tidings
2.30 Tabaluga
3.00 The Fruitties
3.30 Blinky Bill
4.00 The Magic Roundabout
4.30-5.00 Tabaluga

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
Every weekend in March, Nickelodeon is staging a knockout request tournament pitting the best of its live action shows against the top cartoons. The only way a show can progress to the next round is if the viewers vote for it, so if you go ga-ga for *Rugrats* or are bewitched by *Sabrina* then call the freephone number provided and cast your vote. Today is the grand final. Will it be an all-animation affair or will the live-action shows put up a fight against the artists' creations? Find out whether your favourite show is as popular as you think it should be and cast your vote to decide who will be the champion of Nickelodeon.

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Love a Wedding
7.30 Desmond's
8.00 Cheers
Sammy and the Professor
Sam dates Rebecca's tutor.
8.30 Mad About You
The Spy Girl Who Loved Me
9.00-11.30 Frasier
9.00 *Adventure in Paradise – Part I*
Frasier goes to Bora Bora.
9.30 *Adventure in Paradise – Part II*
10.00 *Crane versus Crane*
Niles and Frasier take opposite sides in court.
10.30 *Mixed Doubles*
Niles finally reveals his true feelings for Daphne.
11.00 *Head Game*
Niles helps a local basketball star.
11.30 *Dial 'M' For Martin*
Martin, Daphne and Eddie move in with Niles.
12midnight Comedy Store
Comedy showcase of the best in modern stand-up.
12.30am (GMT) Armstrong and Miller
2.00 (BST) The Morwenna Banks Show
2.30 Duckman
3.00 Hitz
3.30-4.00am Nurses

FOX KIDS
FAMILY PACK

6.00am Big Bad Beetleborgs 6.25 Power Rangers ZEO 6.50 Eek the Cat 7.15 Eek the Cat 7.40 Oggy and the Cockroaches 8.00 Secret Files of the Spy Dogs 8.30 Inspector Gadget 9.00 Dennis and Gnasher 9.30 Ace Ventura 10.00 Goosebumps 10.25 Eerie, Indiana 10.50 Big Bad Beetleborgs 11.20 Power Rangers ZEO 11.50 Casper 12noon It's Your Call 2000 Special 2.15pm Silver Surfer 2.40 The Tick

3.05 Mortal Kombat
Warriors battle invaders from other realms.
3.30 Monster Rancher
Genki and Holly try to save Monster Rancher world.
4.00 Power Rangers in Space
The kids blast back in their newest incarnation.
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
5.30-7.00pm FILM: VR Troopers – The Quest for Power
Adventure. The high-kicking, all-action VR Troopers tackle another evil foe who is determined to destroy them.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! 8.00 Kids Shop! 9.00 Shop! Feature 9.30 Technology Shop! 10.00 Sports Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Home Shop! 2.30 Entertainment Shop! TVs and videos. 3.30 Kitchen Shop! 4.30 Clothes Shop! 5.30 Shop! Selection 6.00 Jewellery Shop! 7.00-7.30pm Bargain Shop! Today's affordable offers.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 7.30 Straight Talk 8.00 Weekend 24 10.30 Straight Talk 11.00 News 11.30 Simpson's World 12noon News 12.30pm Seven Days 2.30 Straight Talk 3.00 News 5.00 News 5.30 Scoreline 6.30 Scoreline 7.00 News 7.30 Sportsday 8.30 Simpson's World 9.00 News 9.30 Straight Talk 10.30 Talking Movies 11.00 News 12midnight News 12.30am (GMT) Seven Days 2.00 (BST) News 3.00 News 3.30 USA Direct 4.30 Reporters 5.00 News 5.30-6.00am Straight Talk

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 Health 6.30 Business 7.30 World Beat 8.30 Sport 9.30 Inside Europe 10.30 Sport 11.30 CNNdotCOM 12.30pm Moneyweek 1.00 Report 2.30 Travel 3.30 Sport 4.30 Golf 5.00 Inside Africa 5.30 Showbiz Weekend 6.30 Hot Spots 7.30 World Beat 8.30 Style 9.30 Artclub 10.30 Sport 11.00 World 11.30 Europe 12.30am (GMT) Showbiz 2.00 (BST) WorldView 2.30 License 3.00 Larry King 4.00 World View 4.30-5.00am Jesse Jackson

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Technofile 10.30 Showbiz 11.30 Fashion 12noon Sky News Today 1.30pm Answer the Question 2.00 Sky News Today 2.30 Week in Review 3.30 Showbiz Weekly 4.30 Technofile 5.00 Live at Five 7.30 Sportsline 8.30 Answer the Question 9.30 Media Monthly 10.00 Sky News at Ten 12.30am (GMT) Showbiz 2.30 (BST) Fashion TV 3.30 Technofile 4.30 Review 5.30-6.00am Answer the Question

INTERNATIONAL

3SAT 5.35am 7 Tage anders Fernsehen 6.00 Englisch für Anfänger 6.30 Bon Courage 6.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Kulturzeit 8.45 Nano 9.15 Alpen Donau Adria 9.45 Heimat, Fremde Heimat 10.15 Der Report 11.00 Quer 11.45 Unterwegs 12noon In Concert: Robbie Williams 1.00pm Neues... 1.30 Internationale Handwerksmesse 2000 2.15 Ungeschminkt 2.45 Straßenbekanntschaften 3.00 Daffy und der Wal 4.30 Tips and Trends Mode 5.00 Heldin der Landstraße 5.00 Tierporträt 6.00 Heute 6.20 Bericht Buchmesse Leipzig 7.00 Tagesschau 7.15 Peer Gynt 9.15 Leipziger Buchnacht 10.45 Boulevard Bio 11.45am-12.10am Seitenblicke-Revue

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 6.45 Silence ça Pousse 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Archimède 9.00 Journal Télévisé 9.15 La Physique en Forme 9.30 Branché 10.00 Infos 10.05 Outremers 11.00 Infos 11.05 Image de Pub 11.20 France Feeling 11.30 Journal Télévisé 12noon Infos 12.05pm Reflets 1.00 Journal Télévisé 1.15 Bouillon de Culture 2.30 Les Inventions de la Vie 3.00 Journal Télévisé 3.15 Questions 3.30 Sport Africa 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Argent Public 6.30 Autovision 7.00 Journal Télévisé 7.30 Journal 8.00 Infos 8.05 Thalassa 9.00 Journal Télévisé 9.15 Envoyé Spécial 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am News 8.00 Sant Darshan 9.00 Cultural Heritage 10.30 Interactive Live 12noon News 12.30pm Sansaar 1.00 Pakistan This Week 1.30 FILM 4.00 Thekikaat 4.30 Videocon Flashback 5.00 Aainey 6.00 Ek Mulaqat 6.30 MTV 123 7.30 Non-Stop Hungama 8.00 MTV Gao Baby Gao 8.30 Junoon 9.00 FILM 12midnight (GMT) MTV 123 2.00am (BST) FILM 4.30 Junoon 5.00 Aainey 6.00 Balcony 6.30 DD Programme 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Vaar Vaar Parivaar 6.30 Shabads 7.00 Jaagran 7.30 News 8.00 Pakistan Business 8.30 Aashiana 9.00 Choti Choti Baatein 9.30 Entertainment Express 10.00 Quiz Contest 10.30 Making of a Legend 11.00 Ru Ba Ru 11.30 Khana Khazana 12noon FILM 3.00pm Pakistan Show Time 4.00 Yeh Zindagi 5.00 Khoobsurat 5.30 Rishtey the Love Stories 6.30 Hum Paanch 7.00 Callmate Top Ten 8.00 News 8.30 FILM 11.30 Saath Saath 12midnight News 12.30am (GMT) Shapath 2.00 (BST) FILM 5.00 Aur Ek Minute 5.30-6.00am Gane Anjane

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 CMTV 7.00 Jack Van Impe Presents 7.30 Kids Club 8.00 Donut Man 8.10 Beginners' Bible 8.40 Blood and Honey 9.00 This Generation 9.30 Jesse 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Preview 2.15 City Diary 3.45 Clips 4.45 European Weekly Review 5.45-6.00am Financial Goals at the Weekend

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 10.00 Scottish Parliament 12noon Parliamentary Coverage 2.00pm PMQs 2.30 Hearts and Minds 3.00 Welsh Assembly 5.00 Parliamentary Coverage 11.30-12midnight Straight Talk

THE HISTORY CHANNEL
WORLD PACK

12noon Mythical Monsters
1.00pm Project Cancelled
Seamaster
2.00 Biography
Anthony Quinn
3.00 Battleships
3.30 Spies
Spy, Counter Spy!
4.00 Great Crimes and Trials
Son of Sam
4.30 Great Crimes and Trials
Murf the Surf
5.00 Clash of Wings
The Biggest Battle Ground
6.00 Occult History of the Third Reich
Adolf Hitler
7.00 Biography
Johnny Cash
A look at the life and career of the country artist.
8.00 Biography
Boris Yeltsin
Profile of the Russian leader.
9.00-10.00pm Camelot

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is California Style Fashion Jewellery at 4.00pm.

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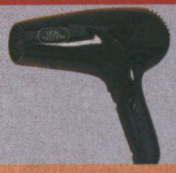
Vidal Sassoon Hairdryer **CA**

PRAKTICA

Camera Outfit **DA**

Double Sandwich Toaster **CN**

Steam Iron **CE**

Digital Bathroom Scales **AL**

Watches **AD**

4pce Non-Stick Pan Set **CF**

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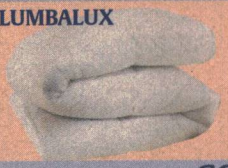
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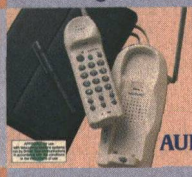
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Sunday 26 March

SKY PREMIER
PREMIUM CHANNEL

6.00am The Directors: The Films of Garry Marshall
7.00 Louisa May Alcott's The Inheritance
Drama. *1997, rating Sky U, 90 mins*
9.00 A Marriage of Convenience
1998, rating Sky PG, 87 mins
11.00 Rocketman
Text *1997, rating Sky PG, 89 mins*
1.00pm Follow that Bird
Family comedy. Last Play *1985, rating Sky U, 85 mins*

3.00 Louisa May Alcott's The Inheritance
Cari Shayne, Paul Anthony Stewart, Tom Conti
Period drama. An orphan, now living with a wealthy family grapples with revelations about her ancestry, experiences romance and faces being discredited by a jealous and scheming cousin. *1997, rating Sky U, 90 mins*

5.00 Rocketman
Harland Williams, Jessica Lundy, William Sadler, Jeffrey DeMunn
Comedy. A geeky computer genius, along with a chimp, a straight-laced astronaut and a beautiful astrologist, launches into space to take his own brand of lunacy to the final frontier. Text *1997, rating Sky PG, 89 mins*
6.45 Oscar Report
Daily report from Los Angeles.

7.00 The Lost World: Jurassic Park
Jeff Goldblum, Julianne Moore, Pete Postlethwaite, Arliss Howard
Adventure. The millionaire who created the original Jurassic Park reveals the existence of a second dinosaur island. This attracts the attentions of mercenaries who plan to take the island's prehistoric inhabitants back to the civilized world. Text *1997, rating Sky PG, DS, 123 mins*
9.10 U.S. Marshals
Tommy Lee Jones, Wesley Snipes, Robert Downey Jr
Action. A truck driver arrested for murder protests his innocence, but is put on a plane to a Missouri prison. When the plane crashes, he escapes, pursued by a relentless marshal who begins to suspect that there may be more to his claims of innocence than he first thought. Text *1998, rating Sky 15, DS, 126 mins*
11.25 The Full Monty
Robert Carlyle, Tom Wilkinson, Mark Addy, Paul Barber
British comedy about a group of unemployed men who turn to stripping to make ends meet. Text *1997, rating Sky 15, 88 mins*
1.00am
Oscar Night with Barry Norman
Barry Norman presents a special pre-Oscars programme.
2.30-6.30am
The 72nd Academy Awards – Live
Live Oscars coverage.

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am No More Baths!
Drama. *1997, rating Sky U, 92 mins*
8.00 Mom, Can I Keep Her?
1998, rating Sky U, 87 mins
10.00
The Legend of Wolf Mountain
1992, rating Sky PG, 88 mins
12noon Ski Patrol
Roger Rose, Yvette Nipar
Slapstick comedy. *1990, rating Sky PG, 88 mins*
2.00pm Little Miss Millions
Howard Hesseman, Jennifer Love Hewitt, Anita Morris, James Avery
Family comedy. A rich young girl, who lives with her money-grabbing stepmother, decides she is going to find her real mother. *1992, rating Sky PG, DS, 88 mins*

4.00 The Legend of Wolf Mountain
Bo Hopkins, Nicole Lund, Robert Z'Dar, David Shark
Family adventure. After fleeing from the two escaped convicts who took them hostage, three children find themselves lost and alone on a mystical mountain. *1992, rating Sky PG, 88 mins*
5.45 UK Top Ten
UK film chart countdown.

6.00 The Color of Courage
Lynn Whitfield, Linda Hamilton, Roger Gueneveur Smith
Drama in which an African-American family moves into a white neighbourhood in 1940s Detroit. Instead of receiving a warm welcome, the new arrivals find themselves the victims of hate crimes and a lawsuit to see them evicted from their home. *1999, rating Sky PG, 89 mins*

8.00 Ice
Grant Show, Eva La Rue, 'Flex', Audie England, Udo Kier
Futuristic thriller. Following Earth's collision with a frozen planet, most of the world is covered with ice. A cop plans to escape from the violence which has become an everyday occurrence. *1998, rating Sky 12, DS, 86 mins*
9.30 Deep Rising
Treat Williams, Famke Janssen, Anthony Heald, Kevin J O'Connor
Action. Pirates board an ocean liner intent on robbing everyone aboard. However, someone, or something, has got there first. Worse still, whatever it was is still on board the ship. Text *1998, rating Sky 15, 102 mins*
11.30 Mean Guns
Christopher Lambert, Ice-T
Action. Assassins fight to the death for a share of a $10million prize. Text *1997, rating Sky 18, 93 mins*
1.10am
Love! Valour! Compassion!
Text *1997, rating Sky 18, 110 mins*
3.05 True Colors
1991, rating Sky 15, 106 mins
4.55-5.35am
Action Heroes: Andy Garcia

SKY CINEMA
PREMIUM CHANNEL

11.00am The Guns of Navarone
Gregory Peck, David Niven, Anthony Quinn, Stanley Baker
Action movie set during World War II. A group of Allied soldiers attempts to neutralise part of Germany's strategic weapons stockpile. *1961, rating Sky PG, 150 mins*
1.45pm The Quiet Man
John Wayne, Maureen O'Hara, Barry Fitzgerald, Ward Bond
Drama. An ex-boxer vows to live a life of peace in a small Irish village. Although determined never to box again, events conspire against him and he is forced to provoke a fight with the local toughguy in order to win the hand of the woman he loves. *1952, rating Sky U, 124 mins*

4.00pm A Man for All Seasons
Paul Scofield, Wendy Hiller
Biopic about the momentous life of Sir Thomas More, a trusty advisor to Henry VIII, who is asked by the King to help him to set up the Church of England, thus propelling More into an unrivalled personal dilemma. Text *1966, rating Sky U, 116 mins*

6.00 On the Waterfront
Marlon Brando, Eva Marie Saint, Lee J Cobb, Rod Steiger
Classic drama. A young stevedore dreams of being a prizefighter while running errands for the corrupt leader of the dockers' union. After witnessing a brutal killing by the boss's thugs, the young man decides to end the leader's reign of terror. *1954, rating Sky PG, 103 mins*

8.00 All the President's Men
Robert Redford, Dustin Hoffman, Jason Robards, Hal Holbrook
Thriller telling the story of the exposure of the Watergate scandal. A journalist hears about a break-in at the Democratic Party's national headquarters. As he and his colleague dig deeper into the story, they discover a crime that is destined to bring down the Republican government. *1976, rating Sky 15, 133 mins*
10.20 Misery
James Caan, Kathy Bates, Richard Farnsworth, Lauren Bacall
Intense suspense yarn based on a Stephen King novel. A best-selling romance novelist survives a terrible car crash in snowy Colorado, only to be 'rescued' by his greatest fan, whose obsession with his novels puts the writer in grave danger. *1990, rating Sky 18, DS, 103 mins*
12.10am Year of the Dragon
Mickey Rourke, John Lone
Tough thriller set on the streets of New York's Chinatown. *1985, rating Sky 18, 129 mins*
2.25-5.10am
The Guns of Navarone
1961, rating Sky PG, 150 mins

William H Macy and Joan Allen star in the romantic drama 'Pleasantville'. Sky Box Office 2, see below

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

FILMFOUR
ADD-ON CHANNEL

6.00pm The Wind and the Lion
Sean Connery, Brian Keith, Candice Bergen, John Huston
Epic period adventure. A Berber chieftain kidnaps an American woman and her children. Efforts to free them range from diplomacy to armed intervention, and include the personal involvement of the US President. *1975, 114 mins*
8.00 The Graduate
Dustin Hoffman, Anne Bancroft, Katherine Ross, William Daniels
Romantic drama. A college graduate is torn between a sexual liaison with a married friend of the family and a relationship with her daughter. Mike Nichols won a best director Oscar for this classic take on Sixties California's social and sexual mores. Text *1967, 101 mins*
10.00 Festen
Ulrich Thomsen, Henning Moritzen, Thomas Bo Larsen
Drama. A young man is chosen to give the valedictory speech at a gathering of family and friends for his father's 60th birthday. However, he decides to reveal all the family's dark secrets, ensuring life will never be the same again for those present. *1998, 101 mins*
11.45 This Film Is Dogme
Documentary.
12.40am The Jericho Mile
Peter Strauss, Richard Lawson
Tough prison drama. *1979, 98 mins*
2.20 The Loneliness of the Long Distance Runner
Drama. Text *1962, 100 mins*
4.00-6.00am
Beyond Rangoon
Drama. *1995, 96 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm Alexander's Ragtime Band
Alice Faye, Tyrone Power, Don Ameche, Ethel Merman
Musical. Unfolding over the first 30 years of this century, the story centres on the professional and romantic ups and downs of a hot-headed bandleader, an amiable pianist-composer and a tough but vulnerable singer. *1938, 105 mins*
9.00 Evil Under the Sun
Peter Ustinov, Jane Birkin, Colin Blakely, Nicholas Clay
Crime drama based on Agatha Christie's best-selling novel, which sees Hercule Poirot's sleuthing skills tested to the limit. The fastidious Belgian detective sets out to discover the truth behind the death of a stage actress at a resort on an island in the Adriatic Sea. *1982, 102 mins*
11.00 She-Devil
Roseanne Barr, Meryl Streep, Ed Begley Jr, Sylvia Miles
Comedy based on Fay Weldon's novel. A frumpy housewife exacts an elaborate revenge on her unfaithful husband. *1989, 95 mins*
1.00am The Shadow Box
Joanne Woodward, Christopher Plummer, Valerie Harper
Moving drama. *1980, 96 mins*
3.00 Evil Under the Sun
Crime drama. *1982, 102 mins*
5.00-7.00am Where There's a Will

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Siblings enter a Fifties soap opera. Stars Tobey Maguire. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 11.00am, 1.30pm, 4.00pm, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
BELOVED
Drama set after the American Civil War. A former slave is forced to confront her past. Stars Oprah Winfrey and Danny Glover. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm
PAYBACK
Action thriller about a crook who has been double-crossed after a heist. Stars Mel Gibson and Gregg Henry. Text *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred, and the violence it breeds, centring on two young brothers. Stars Edward Norton and Edward Furlong. *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

SKY ONE
ACTION/ SELECTION PACKS

6.00am Hour of Power 7.00 Count Duckula 7.30 Rescue Heroes 8.00 Pokémon 8.30 The Simpsons Text 9.00 Tintin 9.30 Mummies Alive 10.00 Dream Team Omnibus 11.00 World Wrestling Federation – Metal 12noon World Wrestling Federation – Superstars 1.00pm Nightman 2.00 Early Edition Text

3.00 Sliders
Love Gods
The male Sliders find themselves elevated to the status of 'love gods' by a society of women eager to re-populate the planet.

4.00 Star Trek: Deep Space Nine
Family Business
Quark's mother breaks the Ferengi law prohibiting females from earning a profit. Text

5.00 Star Trek: Voyager
Macrocosm
The ship is overwhelmed by a strange gelatinous lifeform, and Janeway is forced into the conduit to elude the alien life form. Text

6.00 The Simpsons
Summer of 4Ft 2
Lisa sheds her nerdy image while on summer vacation.

6.30 The Simpsons
Faith Off

7.00 King of the Hill
Little Horrors of Shop

7.30 Friends
The One with the Cop
American sitcom about six friends in New York.

8.00 Earth: Final Conflict
The Cloister
A series of mysterious deaths at an Energy Exchange Ceremony lead to the truth about Da'an and Zo'or's relationship.

9.00 The X-Files
The Sixth Extinction II: Amor Fati
Scully searches for Mulder after the Cigarette Smoking Man takes him from a hospital for unknown purposes. With David Duchovny.

10.00 British Tribes
An essential guide to British culture, examining such characters as the Rock Chick, Mockneys and Anorak-wearing Caravanners.

11.00 South Park
The Brown Noise

11.30 Forever Knight
Blackwing
A court battle over Native American land leads to murder.

12.30am LAPD
Multiple drug busts catch suspects off guard in a series of surprise raids.

1.00 Married... with Children
A Little Off the Top
Al is cut down to size. Text

1.30 The Untouchables
Omerta

2.30-7.00am Long Play
Music throughout the night.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Angels 7.30 Angels 8.00 Blake's Seven 9.05 Dr Who Omnibus
Vengeance on Varos
10.50 Dynasty Omnibus 12.40pm

FILM: A Night to Remember
Kenneth More, David McCallum
Dramatisation of the sinking of the *Titanic* in 1912. *1958*

2.55 The Bill Omnibus
An unlikely friendship between two teenage boys is all that stands between Greig and a local drug dealer. Quinnan and Hollis must determine whether a pub-quiz champion is operating outside the rules. Skate, meanwhile, finds a crook's wife two-timing on her husband. Loxton and Quinnan investigate an agency which provides women in financial trouble with lucrative, but highly illegal employment. Carver calls on an old colleague to investigate an antique clock that hasn't yet been stolen. Hollis goes undercover in the seedy world of vice in pursuit of the shady owner of a clip joint.

5.25 To the Manor Born
Sitcom with Penelope Keith.

6.00 Heartbeat
Assault and Battery
Nick investigates graffiti at a battery egg farm and discovers more to the case than he first thought. With Nick Berry.

7.05 Keeping Up Appearances
Hyacinth wants to join Emmet's production of *The Boyfriend*.

7.45 The Hello Girls
The Saturday Shift
It's Sylvia's first pay day and her first Saturday shift.

8.25 Porridge
A Test of Character
Lennie starts working hard to get another O-level.

9.05 Men Behaving Badly
Casualties
Gary and Tony are horrified – someone they don't like might move upstairs.

9.45 Men Behaving Badly
Weekend
Gary and Dorothy decide that a couple of nights in a country hotel might spice up their sex life.

10.25 Real Women
The Hen Night
Five old school friends get together for a raucous hen night.

11.25 Sunburn
Drama series following the lives and loves of a group of British holiday reps in the Algarve.

12.25am Hetty Wainthropp Investigates
Poison Pen
While Hetty tries to help a stricken village, can Robert and Geoffrey conduct their own case?

1.25-2.35am Hetty Wainthropp Investigates
Lost Chords

LIVING
LIFESTYLE PACK

6.00am Ready, Steady, Cook 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Forgive or Forget 9.50 The Roseanne Show 10.30 Brookside Omnibus
Another chance to see last week's episodes from the Close.

12.30pm FILM: Holiday Affair
Robert Mitchum, Janet Leigh
Romantic drama. *1949*

2.20

FILM: For the Love of My Child
Priscilla Lopez, Tony Perez, Robin Thomas, Luis Ramos
A true-life drama in which a teenage girl is diagnosed as having leukemia, shattering her life and her family's. *1993*

4.20 Maury Povich
A double helping of the compelling and personal talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich.

6.00 Special Babies
Documentary series on babies born with special needs.

6.30 Life, Camera, Action
Amazing real-life drama caught on camera.

7.00 Judge Judy
Double bill of the show in which New York City's outspoken family court judge Judy Sheindlin presides over a series of real-life cases and conflicts.

8.00 Murder Call
Australian murder mystery drama series about homicide detectives with an unconventional approach to their work. With Lucy Bell and Peter Mochrie.

9.00 Profiler
Suspense thriller series about a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker, Robert Davi and Julian McMahon.

10.00 Jerry Springer
A double helping of the outrageous American talk show in which Jerry Springer and his guests engage in lively – and sometimes heated – discussion about relationship issues.

11.45-12midnight Sex Bites
More raunchy fun with the irrepressible Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Jason King 7.00 Plus on Plus 7.30 The Bounder 8.00 Fiddlers Three 8.30 Supersonic 9.00 Hawaii Five-0 10.00 Charlie's Angels 11.00 Hogan's Heroes 11.30 Nearest and Dearest 12noon Hallelujah 12.30pm Terry and June 1.00 The Lovers 1.30 A Fine Romance 2.00 Cagney and Lacey

3.00 Classic Coronation Street – The Omnibus
It's Bet's first day as manageress of the Rovers and she takes on Jack Duckworth as the cellarman. Bet tells Gloria that she can't work there anymore, and Christine and Mike arrange to meet one evening – but it's not about business. The Community Centre dance is livened up by a drunken Henry Wakefield who has been sacked to prevent a strike. Sally calls the *Gazette* about the job of trainee reporter. Text

5.30 Brian Conley – This Way Up
Comedy series.

6.00 The Memoirs of Sherlock Holmes
The Golden Pince-Nez
Holmes and Watson investigate the mysterious death of an assistant to an elderly professor.

7.00 London's Burning
Drama series. A major fire at a young offenders' institute brings menace and danger to the fire fighters while on duty. With John Alford and Sara Powell.

8.00 In Suspicious Circumstances
Edward Woodward takes a look at true crimes which made headlines in the past and over which mystery still hangs.

9.00 Taggart
Violent Delights
A student has a crush on his French teacher and begins to use his telescope to spy on her.

10.30-11.00pm At the Wheeltappers

GRANADA MEN & MOTORS
ACTION PACK

11.00pm 2 Wheels
Weekly biking magazine programme. Text

11.30 Motormania!
Motoring magazine presented by Steve Vokins.

12midnight Ferrari – The Myth of the Prancing Horse
Featuring the 250 California and the 365 GTS/4 Daytona Cabriolet. Text

12.30am Drivetime
Jaguar Experience – Part I
The programme that covers every aspect of motoring – from saloon car racing to vintage car greats.

1.30-2.00am Motor Week

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am PB and J Otter 6.20 Music Time 6.25 Adventures of Winnie the Pooh 6.40 Art Play 6.45 Toons 6.55 The Adventures of Spot 7.05 Bite Size 7.20 Circle Time 7.25 Bear in the Big Blue House 7.50 Rolie Polie Olie 8.00 Boy Meets World 8.30 Teen Angel 9.00 Art Attack 9.35 Hercules 10.00 Sabrina 10.30 Pepper Ann 11.00 Smart Guy 11.30 100 Deeds of Eddie McDowd 12noon Boy Meets World 12.30pm Movie Surfers – Toy Story II 1.00 FILM: Basil the Great Mouse Detective *1986* 2.15 Toons 2.30 Mickey Mouseworks

3.00 101 Dalmatians
Canine capers which the adorable puppies. Text

3.30 Timon and Pumbaa
More wacky adventures. Text

4.00 FILM: The Rescuers Down Under
Voices of Bob Newhart, Eva Gabor
Comedy sequel in which those intrepid members of the Rescue Aid Society set out for Australia to try to free a kidnapped eagle and a young boy. *1990* Text

5.15 Honey, I Shrunk the Kids: The TV Show
Honey, I Got Duped
Scientific comedy. Text

6.00 Smart Guy
TJ's a smart kid who's wise beyond his years. Text

6.30 Boy Meets World
Truth and Consequences
Cory learns about truth. Text

7.00 FILM: Sister Act 2: Back in the Habit
Whoopi Goldberg, Kathy Najimy, James Coburn, Maggie Smith
Comedy sequel. When a Las Vegas singer agrees to dress as a nun to help teach kids at an inner city school to sing, it causes all kinds of fun and frolics for the sisters. *1993* Text

8.45 Honey, I Shrunk the Kids: The TV Show
Honey, You'll Always Be a Princess to Me Text

9.30 So Weird
More actual reported paranormal phenomena, cultural myths and folklore. With Fiona Phillips.

10.00 Home Improvement

10.30 Thunderstone Text

11.00 Touched by an Angel Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

SUNDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM

On the Waterfront
Sky Cinema 6.00pm

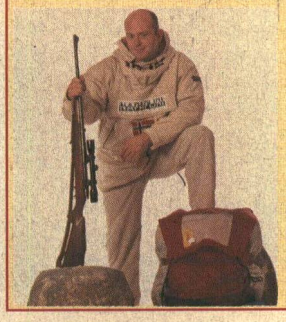
The austere lensing of its New York locations, and the naturalistic acting of an exemplary cast, led by Marlon Brando, lend great grit to director Elia Kazan's passionately told drama. It concerns Brando's stand against the bullying tactics of the docker's union.

GENERAL

Ross Kemp – Alive in Alaska
UK Horizons 9.00pm

Will former *EastEnders* star Ross Kemp live up to his hard man reputation when he is left to fend for himself for ten days in the Denali National Park in Alaska? He must learn to survive in temperatures of -20° centigrade in this home to grizzly bears and other wild creatures.

ADVERTISEMENT UK HORIZONS



ROSS KEMP ALIVE IN ALASKA 9.00PM
Ross Kemp (EastEnders) embarks on an intrepid adventure through the Denail Nation Park in Alaska. Over the ten nights he spends roughing it, Ross has to face some of his greatest fears.

Sunday 26 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

6.00 AM
7.30am Nature/Adventure
8.30 Ice Climbing
9.00 Football
11.00 Grand Touring – LIVE
12noon Motocross – LIVE
1.00pm
Grand Touring – LIVE
Coverage of the FIA GT Championship in Spain.
2.00 Motocross – LIVE
Action from the World Championship in Portugal.

3.00 PM
3.00 Cycling – LIVE
Coverage from France of the third and final stage of the International Critérium – the individual time-trial around the town of Pau-Pau.

4.00 PM
4.30 Equestrianism
Action from round 14 of the Western European League in the FEI World Cup Series, held in 's-Hertogenbosch, Netherlands.

5.00 PM
5.30 Tennis
Action from the Sanex WTA Tournament.

6.00 PM
6.00 Tennis – LIVE
Coverage of the Ericsson Open Sanex WTA tournament in Key Biscayne, Florida.

7.00 PM

8.00 PM

9.00 PM
9.00 Boxing
Highlights of an international contest.

10.00 PM
10.00 SportsCentre
Sports news bulletin.
10.15 NASCAR
Action from the Food City 500, the sixth round of the Winston Cup Series in Bristol, Tennessee.

11.00 PM
11.15 Grand Touring
Highlights from the FIA GT Championship in Valencia.

12.00 NIGHT TIME
12.15am-12.30am SportsCentre

SKY SPORTS 1
PREMIUM CHANNEL

6.00am Spanish Football
8.00 Aerobics Oz Style
8.30 Fight Night
10.30 Rugby Union Update
12noon
Ford Scottish Football: Rangers v Celtic – LIVE
Jim White hosts coverage from Ibrox Stadium as Glasgow Rangers take on rivals Celtic in the Scottish Premier League. Commentary comes from Ian Crocker and Dave Provan. Ex-Celtic star Charlie Nicholas is in the studio providing his impartial views.
3.30pm Ford Super Sunday: West Ham v Wimbledon – LIVE
Richard Keys introduces coverage from Upton Park as South West London takes on the East End. Both teams will be searching for three precious league points and looking to maintain their London pride. With commentary from Martin Tyler and Andy Gray.

6.30 Spanish Football – LIVE
Spanish football coverage from La Liga, hosted by David Bobin with commentary from Guy Havord and summaries from Gerry Armstrong.

8.30 Goals on Sunday
Clare Tomlinson presents the show which features the goals, names and faces that made the headlines this weekend.

11.00 Spanish Football
A chance to catch the action from one of the latest matches in La Liga, Spain's top flight. With commentary from Guy Havord and summaries from Gerry Armstrong.
1.00am-3.30am Goals on Sunday
Clare Tomlinson presents a comprehensive round-up of all the weekend's goals.

SKY SPORTS 2
PREMIUM CHANNEL

6.00am Watersports World
7.00 Aerobics Oz Style
7.30 Rugby League: Challenge Cup Semi-Final
Eddie Hemmings and Mike Stephenson host highlights of the action from one of the Challenge Cup semi-finals.
9.00 Soccer Extra
Updates on the latest developments in football.
12noon Ford Golf USA: Players Championship
Another slice of top golf action as the living legends of the US PGA Tour compete in the 2000 Players Championship from the TPC at Sawgrass in Florida.
4.00pm
Test Cricket – LIVE
Coverage of an international Test match.

6.00 Snow Show
A focus on all things connected to winter sports.
6.30 Extreme Sailing
Breathtaking sailing action from around the world.
7.00 Max Power
A look at both two and four wheel motorsport, including touring cars, single seaters, road racing and off road events.
8.00 Sporting Auction
More sporting memorabilia is put under the hammer.
8.30 Ford Golf USA: Players' Championship – LIVE
Coverage from the famous Tournament Players Club at Sawgrass as the illustrious field battle it out on the final day of the 2000 Players' Championship. The live action comes thick and fast as Duval, Woods and company strive for the lion's share of the whopping $5million purse.

12.30am-2.00am Rugby League: Challenge Cup Semi-Final
Eddie Hemmings and Mike Stephenson present the best of the action from a semi-final in this year's Rugby League Challenge Cup.
Repeat from Sky Sports 3

SKY SPORTS 3
PREMIUM CHANNEL

12noon Rugby League: Challenge Cup Semi-Final
Eddie Hemmings and Mike Stephenson present highlights from one of the crucial semi-final clashes in this season's Rugby League Challenge Cup.
1.30pm Basketball
Join Kevin Cadle as he hosts the latest domestic basketball action. With regular courtside reports from Suzanne Dando. *Repeat from Sky Sports 1*

3.30 Moto Plus
The motoring show for those who enjoy life in the fast lane.
4.00 World Motor Sport
Motor sports magazine show, including a guide to who is racing where, when and how. With a round-up of the big meetings, plus a preview of the major events in store

7.00 Squash: Esso Flanders Open
Action from this year's Esso Flanders Open squash tournament.

8.00 Rugby League: Challenge Cup Semi-Final
Eddie Hemmings and Mike Stephenson present the best of the action from the other semi-final in this year's Rugby League Challenge Cup.
9.30 Australian Rules Football
Thumping action from down under.

11.30-12midnight Snow Show
Winter sports round-up.

SCI-FI
ACTION PACK

8.00am
The Ray Bradbury Theatre
8.30 Cybernet
9.00 The Incredible Hulk
10.00 Lost in Space
11.00
The Six Million Dollar Man
12noon FILM: Journey to the Far Side of the Sun
Ian Hendry, Roy Thinnes
Sci-fi adventure. *1969*
2.00pm Mystery Science Theatre 3000
Puma Man
Donald Pleasence tracks the ancient Aztec god Puma Man to modern day London.
3.45 Sci-Focus Special
4.00 FILM: Knightrider 2000
David Hasselhoff, Edward Mulhare, William Daniels
Sci-fi action. A lone man fights for justice in the near future and needs the help of Knight Industries Two Thousand – KITT, an incredible car with a computer brain. *1991*

6.00 Babylon 5
Signs and Portents
Fighter pilots battle a fleet of space raiders who attempt to abduct a Centauri nobleman.
7.00 Babylon 5
TKO
Garibaldi helps a disgraced prizefighter regain his honour as a professional athlete.
8.00 PSI Factor – Chronicles of the Paranormal
Old Wounds
A woman's memories put her in danger.
9.00 PSI Factor – Chronicles of the Paranormal
Observer Effect
Action drama series. Hosted by Dan Aykroyd.
10.00 Lexx
The Key
Returning to the *Lexx*, Stan discovers that Xev has developed a strong sexual interest in him.
11.00 American Gothic
Dead to the World
Gail discovers that Sheriff Buck was involved with her childhood friend.
12midnight Sleepwalkers
Forlorn
A waitress in an isolated town infiltrates men's dreams in the form of a wolf.
1.00am VR
2.00 Project UFO
3.00-4.00am Lost in Space
The Derelict

MTV
MUSIC & GAMES PACK

6.00am Mad 4 Hits
9.00 European Top 20
10.00 Hit List UK
12noon
News Weekend Edition
12.30pm
All Access Britney Spears
1.00 MTV Dance Floor Chart Show
2.00 The Lick
R & B Chart Show
With Trevor Nelson.

3.00 Total Request
Viewers are given the chance to vote for their favourite videos.

4.00 Select MTV
You select the videos from the on-screen menu, and MTV will play them.

6.00 News Weekend Edition
A wrap up of the biggest stories of the week.
6.30 Biorythm: Missy Elliott NEW
7.00 US Top 20 Countdown
Toby Amies counts down the best-selling singles across the Atlantic.

8.00 The Lick
R & B Chart Show
Trevor Nelson introduces the top street soul and R & B tunes.

9.00 MTV Dance Floor Chart Show
June Sarpong counts down the tracks that have been filling dancefloors around the country.
10.00 Making the Video: Mariah Carey
A collaboration between Mariah Carey and Jay-Z for the song *Heartbreak*.
10.30 MTV Live
11.00 brand:new
Zane Lowe takes an irreverent look at the latest news in the music biz.

12midnight The Late Lick
The perfect way to finish the day – a smooth mix of soul and R & B, courtesy of Trevor Nelson.
1.00am Making the Video: Mariah Carey
Behind-the-scenes footage.
1.30 MTV Live
2.00-6.00am Night Videos

LIVE FORD SCOTTISH FOOTBALL: RANGERS V CELTIC
SKY SPORTS 1 12NOON

The Auld Firm do battle once more in what always seems to be a crucial fixture. This game is the last of their four annual league clashes and Rangers' form cannot wobble or Celtic will gobble them up. The Gers are stacked full of foreign players, yet it is their Scottish stars such as Billy Dodds (pictured in action against Celtic's Jackie McNamara), who can provide the extra passion for today's clash at Ibrox. Dodds scored on his derby debut last December and would love to repeat that today.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: On the Edge 11.40 Rendezvous 12midnight Freeview 12.10am Premier Strip 12.20 Department Sex 12.45 FILM: The Englishman's Holiday 2.00 Andy Cam 2.25 FILM: Adult Feature 3.25-4.00am Electric Blue

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am FILM: Crows 1.00 The Five Minute Freeview 1.05 FILM continues 1.20 FILM: Naked Goddess 2.30 FILM: Midnight Woman 3.40-4.00am Jenny

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Sunday 26 March

VH1
MUSIC & GAMES PACK

6.00am Breakfast in Bed 8.00 Emma 9.00 Kate & Jono 10.00 Planet Rock: Dina Carroll 10.30 VH1 to One: Paul McCartney 11.00 Behind the Music: 1999 12noon Talk Music 12.30pm Greatest Hits: Michael Jackson 1.00 Ed Sullivan 1.30 Greatest Hits: Whitney Houston 2.00 Kate & Jono

3.00 Best Sellers Weekend
A whole weekend devoted to best-selling artists.

7.00 The VH1 Album Chart Show
A countdown of the latest hit albums with Paul King.

8.00 The Kate & Jono Show
Another helping of music and entertainment with Kate Thornton and Jonothan Coleman.

9.00 Behind the Music: Meat Loaf
VH1 presents the incredible life story of Meatloaf, the 'Bat out of Hell' turned rock balladeer.

10.00 Behind the Music: Celine Dion
NEW The story of the incredible rise of the French-Canadian diva of pop music.

11.00 Classic Albums: Fleetwood Mac – Rumours
The music and behind-the-scenes stories from the best-selling album, which was released in February 1977 after taking more than a year to record.

12.30am Greatest Hits: Pink Floyd
The band's biggest smashes.
1.00 VH1 Country
1.30 VH1 Soul Vibration
2.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Zoo Chronicles 12.30pm Zoo Chronicles 1.00 Croc Files 1.30 Croc Files
A behind-the-scenes look at Steve and Terri Irwin's zoo.
2.00 The Aquanauts
Exploring the wreck of a Brazilian naval ship.
2.30 The Aquanauts
How El Niño has affected the Galapagos Islands.

3.00 Wishbone
Furst Impressions
3.30 Wishbone
The Prince and the Pooch
Joe gets his chance to be a sports coach.

4.00 Zig and Zag
Gameshow and sports competition for dogs.
4.30 Zig and Zag
Dogs and their owners test their intelligence and agility.

5.00 The Blue Beyond
My Ocean, My Freedom
The team open Stefania the dolphin's pen. It us now up to her to choose whether to stay or go.

6.00 Wild Rescues
Tales of people saving animals and animals saving people.
6.30 Wild Rescues
More amazing tales.

7.00 The Last Paradises
Wood Buffalo
7.30 The Last Paradises
Keoladeo, Ghana

8.00 Animal Detectives
Whales
8.30 ESPU
Following the work of environmental detectives.

9.00 Octopus Garden
Octopus expert Natalie Managh follows the strange creatures through oyster beds, kelp gardens and shallow reefs.

10.00 Fit for the Wild
Forest
African wildlife series.
10.30 Champions of the Wild
Chimpanzees of Uganda

11.00-12midnight Families
Capped Macaques
Focusing on the different family relationships of the capped macaque.

CABLE CHECK
Some of the channels listed may not be available in your area

ITV2
ACCESS PACK

9.25am Family Fortunes 10.00 Grudge Match 10.50 Chart Choice 11.00 Blind Date 12noon CD:UK
Music chart show.
1.00pm Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.
2.00 Emmerdale Omnibus
Another chance to see last week's episodes of the soap set in the Yorkshire Dales.

4.30 Coronation Street Omnibus
Another chance to get up to date with all the recent goings-on in the long-running northern soap.
Text

6.25 Soap Fever
A show devoted to the world of soaps. With celebrity guests, chat, previews and reviews, archive specials and tributes to soap icons.
7.25 Italian Football – LIVE
Coverage from Serie A.

9.40 Words With
Celebrities bring in their three favourite things.
10.00 Coronation Street
Catch up with tonight's episode from ITV. Text
10.30 Reach for the Moon
Romantic drama series with Jonathan Kerrigan, Saira Todd, Frances Grey and Lynda Bellingham.
11.30 Game Girls
Sports entertainment show.
12midnight Feature
12.50am-2.50am Bedrock
Fun with celebrity guests, music, bedroom webcams, e-mail activity and a daily battle of the sexes.

UK STYLE
LIFESTYLE PACK

7.00am House Invaders 7.30 Can't Cook, Won't Cook 8.00 Ready, Steady, Cook 8.30 House Proud 9.00 Gardeners' World 9.30 Ground Force 10.00 The Green Room 10.30 Garden Stories 11.00 Holiday in Style 12noon Crewless 1.00pm The Naked Chef 1.30 Travels à la Carte 2.00 Antonio Carluccio's Italian Feast 2.30-3.00pm Travel Xpress

UK ARENA
LIFESTYLE PACK

3.00pm-6.00 Sounds of the Seventies
3.00 *Free to Be Me*
3.30 *Days I Knew Then*
4.00 *Long Ago and Far Away*
4.30 *Comin' Home to You*
Musical nostalgia series.
5.00 *Smash It Up*
A look at punk and new wave music.
5.30 *The Boy Looked at Johnny*
A look at Punk in America.
6.00 *Shut up, Listen, and Dance*
Archive performances from a plethora of stars.
6.40 The Arena 100
Series identifying 100 of the greatest British works of art, from the tube map to the work of Damien Hirst.
7.40 Arena People: Louis Armstrong
A Portrait of the jazz icon. A band leader, pop star, actor, cultural ambassador, and the first great jazz soloist, Armstrong's life was the epitome of the rags-to-riches story.

9.00 Rock Family Trees
California Dreamin'
A look at the stories of The Mamas and Papas and The Lovin' Spoonful.
10.00 The Lakes
Will Danny be found guilty? Will his relationship with Emma survive the new revelations? With Emma Cunniffe.
11.05 Arena People: Brian Epstein
A look at the man behind The Beatles.

12.55am Arena People: Louis Armstrong
A portrait of the innovator, band leader, pop star, actor, cultural ambassador, and the first great jazz soloist.
2.10-3.00am Rock Family Trees

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Tiger: A Wildlife Special 8.00 Wildlife on UK Horizons 8.30 Night of the Leopard 9.00 Wolf: A Wildlife Special 10.00 Pharaohs and Kings 11.00 The Age of the Sphinx 12noon Top Gear GTi 1.00pm Mars: Death or Glory? 2.00 The Tiger: A Wildlife Special

3.00 Wildlife on UK Horizons
A Graze with Danger **3.30 Night of the Leopard**
With David Attenborough.
4.00 Wolf: A Wildlife Special
A series of films celebrating 40 years of wildlife film-making by the BBC Natural History Unit.
5.00 Tomorrow's World Plus
Filmed reports about the future of science and technology, and interviews with trendsetting scientists.
6.00 A Rough History of...
Tower of London
6.30 Secrets of World War II
The End of the Scharnhorst
Series examining the history of World War II.
7.30 A Rough History of...
Blenheim Palace
With Vince Rogers.
8.00 The Tourist Trap
Comic observations on human behaviour and national stereotypes.
8.30 The Tourist Trap
Culture Shock
9.00 Ross Kemp – Alive in Alaska
Ross Kemp, alias Grant from *EastEnders*, visits Alaska to take a three-day crash course in survival.
10.00 Billy Connolly's World Tour of Scotland
10.35 Billy Connolly's World Tour of Scotland
11.05 Billy Connolly's World Tour of Australia
11.55-1.00am HMS Splendid – Under the Sea

UK PLAY:
1.00am The Chris Moyles Show 1.30 Cherry Pop 2.00 Footage and Mouth 2.30 Supergrass 3.00 Jamie Theakston's Pick 'n' Mix 3.30 Sound of Play 6.30-7.00am Footage and Mouth

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am Food Factory 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 More Simply Antony 9.30 Newman Meets 10.00 Spiceworld 10.30 Simply Baking 11.00 Flash in the Pan 11.30 The Cookshop 12noon Classic Dishes 12.30pm Food from the Village 1.00 Coxon's Kitchen College 1.30 Chocolate Covered 2.00 Food Network Daily 2.45 Simply Fish

3.30 Tessa's Tastebuds
Rice

4.00 Simply Baking
Teabreads
4.30 A Shared Table
Melbourne
5.00 Flash in the Pan
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm Gordon Ramsay's Passion for Flavour

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
Bear Necessities
Steve McAllum travels deep into the Bear Country of the USA.

8.00 The New Chimpanzees
Following an expedition across Equatorial Africa to document the behaviour of chimpanzees.

9.00 On the Edge of Extinction
Loretta Swit, of *M*A*S*H* fame, chronicles the changing environments of the wild panthers of Florida.

10.00 My Backyard
The Serengeti
Hugo van Lawick and his crew brave the rigours of life under canvas on the Serengeti plains.

11.00 Explorer's Journal
Predators in Peril
Asking whether large predators can have a future living close to man.

12midnight-1.00am Africa's Big Five
Looking at the life in the wild of five of Africa's most famous animals: the rhino, the elephant, the leopard, the lion and the buffalo.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Strike it Lucky 5.30 100% 6.00 Family Fortunes 6.30 Beadle's About 7.00 Sale of the Century 7.30 Winner Takes All 8.00 Crystal Maze 9.00 Stars in Their Eyes 9.45 Endurance UK
UK version of notorious Japanese gameshow.
10.30 Beadle's About
Members of the public fall prey to the prankster.
11.00 Celebrity TV Bloopers 12midnight Absolute Cobblers 12.30am The Cooler 1.00 3-2-1 2.00 Karaoke Challenge 2.30 Absolute Cobblers 3.00 Simply Irresistible 3.30 The Krypton Factor 4.00 Say the Word 4.30 100% 5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am Potted History with Antony Henn 6.30 Instant Gardens 7.00 Total Fishing with Matt Hayes 7.30 Charlie West Fishing 8.00 Auto Stories 8.30 New Yankee Workshop
Adirondack Chair
8.55 Home Savvy 9.30 Home Savvy 10.00 Rex Hunt Fishing Adventures 10.30 Screaming Reels
11.00 Big Bite 11.29 The Home and Leisure House 11.30 Grundy Goes...
To Jail
12noon The House Doctor 12.30pm The House Doctor 1.00 Men and their Sheds 1.30 Space Invaders
Medieval Abbot's House
2.00 Kingsbury Square 2.30 Whacky Racers 3.00-4.00pm Time Team
Worsall

RAPTURE
BONUS CHANNEL

10.00am H.E.R.E. Omnibus 11.00 That Film Show 11.30 Scratch TV 11.45 Got Any Gear? 12noon Club@vision 12.45pm Come On 1.00 Freesports 1 1.30 Freesports 2 2.00 Trainspotters 2.30 That Film Show 3.00 Trainspotters 3.30 Eurospotters 3.45 Got Any Gear? 4.00 Club@vision 4.45 Scratch TV 5.00-6.00pm H.E.R.E. Omnibus

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Sunday 26 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Tabaluga 6.55 Fly Tales 7.00 Fat Dog Mendoza 7.30 The Smurfs 8.00 Mike, Lu and Og 8.30 Dragonball Z Rewind 11.00 Johnny Bravo 11.30 Courage the Cowardly Dog 12noon Cartoon Theatre 2.00pm The Flintstones Marathon

NICKELODEON
FAMILY PACK

7.00am-7.00pm Head to Head Championship 2000
The finale of the Head to Head Championship 2000, in which the winner of yesterday's final is shown throughout the day, with no other show getting a look-in.

FOX KIDS
FAMILY PACK

6.00am Big Bad Beetleborgs 6.25 Masked Rider 6.50 Eek the Cat 7.15 Eek the Cat 7.40 Oggy and the Cockroaches 8.00 Secret Files of the Spy Dogs 8.30 Inspector Gadget 9.00 Dennis and Gnasher 9.30 Ace Ventura 10.00 Goosebumps 10.25 Goosebumps 10.50 Big Bad Beetleborgs 11.20 Masked Rider 11.50 Eek the Cat 12noon It's Your Call 2000: Secret Files of the Spy Dogs v Oggy 2.15pm Silver Surfer 2.40 The Tick

3.05 Mortal Kombat
Warriors battle invasions from other realms.
3.30 Monster Rancher
Genki and Holly try to save Monster Rancher world.
4.00 Power Rangers in Space
The heroic team blasts back into action.
4.30 Mystic Knights of Tir Na Nog
5.00 Dennis and Gnasher
Mischievous mayhem.
5.30 Spiderwoman
Animated arachnid adventures.
6.00 Monster Rancher
Genki and Holly try to save Monster Rancher world.
6.30-7.00pm Princess Tenko

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 6.30 Face in the Crowd 7.00 News 10.30 Science 11.00 News 11.10 Dateline 12noon News 12.30pm Face 1.00 News 2.30 Reporters 3.00 News 3.30 Science 4.00 News 4.30 Seven Days 5.00 News 7.30 Sports 8.00 News 8.30 Seven Days 9.00 News 9.30 Reporters 10.00 News 10.30 Dateline 11.00 News 11.30 Face 12midnight News 12.30am Simpson 1.00 News 2.30 Correspondent 3.00 News 3.30 Science 4.00 News 4.30 Dateline 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am News 5.30 CNNdotCOM 6.30 Business 7.30 Inside Europe 8.30 Sport 9.30 World Beat 10.30 Sport 11.30 Hot Spots 12.30pm License 1.00 Report 2.30 Inside Africa 3.30 Sport 4.30 NBA 5.00 Late Edition 6.30 Business Unusual 7.30 Europe 8.30 Artclub 9.30 CNNdotCOM 10.30 Sport 11.00 WorldView 11.30 Style 12midnight WorldView 12.30am Asia 12.45 Asia 1.00 WorldView 1.30 Science 2.00 Time 3.30 Artclub 4.30-5.00am NBA

SKY NEWS
NEWS & SPORT PACK

News on the hour, every hour, plus: 6.00am Sunrise 9.30 Week in Review 10.00 Sunday with Adam Boulton 11.30 The Book Show 12noon Sky News 1.30pm Fashion TV 2.30 Showbiz Weekly 3.30 Technofile 4.30 Sunday with Adam Boulton 5.00 Live at Five 7.30 Sportsline 8.30 The Book Show 9.30 Showbiz 10.00 Sky News at Ten 12.30am CBS Evening News 1.30 Sunday with Adam Boulton 2.30 Fashion 3.30 The Book Show 4.30 Week in Review 5.30-6.00am CBS Evening News

INTERNATIONAL

3SAT 5.35am 7 Tage anders Fernsehen 6.00 Max Adenauer im Gespräch mit Gustav Trampe 7.00 Alpenpanorama 8.00 Zeit im Bild 8.05 Lyrik für Alle 8.15 Pierre Boulez in Salzburg 9.50 Verleihung des Buchpreises 11.00 Internationale Trickfilmfestival Stuttgart 12noon Zeit im Bild 12.05pm Wochenschau 12.30 Rückblende 12.45 Da Capo 1.15 Patient aus Leidenschaft 3.00 HITEC 3.30 Berliner Jahrhundert 4.00 Stadt, Land, Fluss 4.30 Teletips 5.00 Tagebuch 5.15 Claude Nicollier 6.00 Heute 6.10 NeunzehnZehn 7.00 Tagesschau 7.15 Verborgene Welten 8.00 Schätze der Welt 8.15 Eine Frau im Männerknast 9.25 Uta König im Gespräch mit Dietrich Leder 10.30 Der Kommissar 11.30-12.15am Indiskrete Leidenschaft

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 6.00 Infos 6.05 Thé ou Café 7.00 Journal Télévisé 7.30 Les Zaps 8.00 Infos 8.05 Les Mondes Fantastiques 8.30 Va Savoir 9.00 Journal Télévisé 9.15 Jeunes Marins Reporters 10.00 Infos 10.05 Dimanche Midi Amar 10.30 Rince Ta Baignoire 11.00 Infos 11.05 Grands Gourmands 11.30 Journal Télévisé 12noon Infos 12.05pm Dimanche Midi Amar 1.00 Journal Télévisé 1.05 La Carte aux Tresors 3.00 Journal Télévisé 3.15 Entretien avec un au Plusieurs 3.30 Télécinéma 4.00 Infos 4.05 Kiosque 5.00 Journal Télévisé 5.05 Vivement dimanche 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Faut par Rêver 9.00 Journal Télévisé 9.15 Taupes Niveaux 10.45 Images de Pub 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Sant Darshan 8.30 Viswaas 9.30 Quran 10.00 Jai Veer Hanuman 11.00 Ekas Ke Hum Barik 11.30 Health Show 12.30pm Pakistan 1.00 Rozana 1.30 FILM 4.00 MTV 5.00 Non Stop Hungana 5.30 Na Kaam Na Ziada 6.30 Aur Aap 7.00 MTV 7.30 Khiladi 8.00 Bheem Bhawani 8.30 FILM 11.30 News 12midnight MTV 12.30am Aur Aap 1.00 FILM 4.00 Non Stop Hungama 4.30 Na Kaam Na Ziada 5.30 Khiladi 6.00 Rozana 6.30 DD Programme 7.00-7.30am Buddha

ZEE TV
ADD-ON CHANNEL

6.00am Kya Scene Hai 6.30 Shabads 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Best of India 9.00 Aap Ki Adalat 9.30 Out and About 10.00 Mahabharat 11.00 Body Matters 11.30 The A List 12noon FILM 3.00pm Sa Re Ga Ma Classic 4.00 Zee and You 4.30 Aarzoo 5.30 Super 7 Muqabla 6.00 A Day Out with a Star 6.30 Adhikar 7.00 Pride Antakshari 7.30 Basera 8.00 News Bulletin 8.30 FILM 11.30 Jaan 12midnight News 12.30am Karobari Duniya 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Mama Miya 5.30-6.00am Sa Re Ga Na

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am CMTV – Ballads 6.00 Life in the Word 6.30 A Voice to the Nations 7.00 Changing Your World 7.30 Taking Authority 8.00 A Word from God 8.30 Ray Bevan 9.00 Order My Steps 9.30 In Touch 10.30-11.00am Living Word

BLOOMBERG
WORLD PACK

2.00am Preview 3.15 European Weekly Review 4.15 Bloomberg Money: Alternative Investments 5.45-6.00am Market Review

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 11.00 Straight Talk 11.30 European Focus 12noon America This Week 3.00pm Holyrood 3.30-12midnight House of Lords

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Wings
Landing Zone Vietnam
Charting the rise of the helicopter as a new and revolutionary weapon in modern military conflict.

5.00 PM

5.00
Extreme Machines
Ultimate Space Machines
A vision of a future in which mankind may set foot on other worlds.

6.00 PM

6.00 Crocodile Hunter
Jungle in the Clouds
Steve Irwin treks through the New Guinea jungle to one of the world's few equatorial glaciers.

7.00 PM

7.00
Nature's Death Traps
How the remains of many prehistoric animals have been preserved by their natural surroundings.

8.00 PM

8.00
Myths of Mankind
The Flood
A look at the historical evidence for this legendary cataclysmic event.

9.00 PM

9.00-12midnight
Mysteries of Asia
9.00 *Jewels in the Jungle*
Exploring the vast ruins of Angkor Wat, built by the ancestors of the Khmer.
10.00 *Great Wall of China*
A look at perhaps the most ambitious project ever attempted – a series of more than 20 walls built over two millennia.
11.00 *Lost Temples of India*
Marvel at the largest temple complexes ever constructed – large herds of elephants were needed to transport millions of stone blocks.

10.00 PM

11.00 PM

12.00 NIGHT TIME

12midnight
Science Times
Stories Bones Tell
1.00am
How Did They Build That?
Concrete Spaces
1.30-2.00am
How Did They Build That?
Leisure Spaces

TNT
FAMILY PACK

7.00-9.00pm
Cartoon Theatre
Feature-length animation.

9.00pm Sessions at West 54th Street
Informal music show featuring numbers from Natalie Merchant and Virginia Rodrigues.
10.00 Sessions at West 54th Street
Another edition of the informal music show.

11.00-1.00am FILM:
Captain Nemo and the Underwater City
Robert Ryan, Bill Fraser
Fantasy adventure. *1969*

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
Jenny and Maggie compete at beach volleyball.
7.30 Desmond's
8.00 Cheers
Wedding Bell Blues
8.30 Mad About You
The Painter
Paul is jealous when Jamie hires an ex-boyfriend.
9.00-11.30 Frasier
9.00 *The Show Where Sam Turns Up*
With Ted Danson.
9.30 *Moon Dance*
Daphne dances with Niles.
10.00 *Dad Loves Sherry, the Boys Just Whine*
Martin has a new girlfriend.
10.30 *Ham Radio*
Frasier plans to put on a 'classic' radio drama.
11.00 *Dinner Party*
Frasier and Niles arrange to host a dinner party.
11.30 *IQ*
The brothers learn their childhood IQ scores.
12midnight Whose Line is it Anyway? 12.30am Armstrong and Miller 1.00 Morwenna Banks Show 1.35 Duckman 2.00 Hitz 2.35 Nurses 3.00 It's Garry Shandling's Show 3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Sports Shop! Glenda McKay presents her weekly workout. 8.00 Technology Shop! 9.00 Entertainment Shop! 9.30 Home Shop! 11.30 Gift Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 2.00 Shop! Feature Mother's Day special. 3.00 Entertainment Shop! 4.00 Jewellery Shop! 5.00 Holiday Shop! 5.30 Shop! Selection 6.00 Gift Shop! 6.30-7.30pm Bargain Shop!

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon Occult History of Third Reich: Adolf Hitler
1.00pm Biography:
Johnny Cash
2.00 Biography:
Boris Yeltsin
3.00 Camelot
4.00 Shogun:
The Supreme Samurai
5.00 Arms in Action
Slings and Spears
6.00 Line of Fire
Bannockburn 1314
7.00 David Starkey's Henry VIII – Part II
As Henry's reign progressed, Wolseley secured peace with France, yet the King became increasingly perturbed by his lack of a son and heir.
8.00
Mystery of the Last Tsar
Tracing the tragic fate of the Romanov family.
9.30-10.00pm Dynasties
New Blood

TV TRAVEL SHOP
BONUS CHANNEL

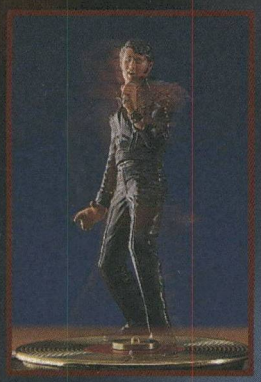
A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlights are DIY with Harry Greene at 10.00am and Diamond Birthstone Collection at 9.00pm.

A music box collectable that actually moves!

Elvis® Heartbreak Hotel™



Elvis spins round and round as the music plays!

Plays an 18-note musical movement from "Heartbreak Hotel.™"

Shown approximately actual size of 5" (12.7 cm) in height.

A Collector's Edition music box officially authorised by Graceland®. Individually handcrafted and hand-painted.

Elvis Presley.® The King of Rock and Roll.® He not only influenced music history, but changed its very course. Now Graceland invites you to celebrate the singer's undying legacy with the *Heartbreak Hotel™ Music Box*, a replica of a classic '50s record player featuring an Elvis figure that actually moves as the music plays. Every detail is crafted in Tesori porcelain, a sculptor's blend of powdered porcelain and resins that holds every subtle nuance. Individually painted by hand. Priced just £39.50, payable in monthly instalments. Issued in a Collector's Edition. *Only* from Franklin Mint.

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FRANKLIN MINT

Monday 27 March

SKY PREMIER
PREMIUM CHANNEL

6.30am Femmes Fatales: Susan Sarandon
7.00 Femmes Fatales: Whoopi Goldberg
8.00 Cannonball Fever
1989, rating Sky PG, 91 mins
10.00 Zeus and Roxanne
1997, rating Sky U, 94 mins
12noon Not Quite an Angel
Cameron Sturn, Mallory Farrow
1997, rating Sky U, 86 mins
2.00pm Breakout
Robert Carradine, J Evan Bonifant, Holly Gagnier, James Hong
Adventure about an inventor who devises a way to make cheap electric vehicles, only to have an oil company try and stop him. *1998, rating Sky PG, 87 mins*
4.00 Washington Square
Jennifer Jason Leigh, Albert Finney, Ben Chaplin
Adaptation of Henry James' novel. A young woman believes that she has found the man of her dreams, but her plans to marry him are strongly opposed by her father, who believes the man is only interested in her for her money. Text *1997, rating Sky PG, DS, 111 mins*
6.00 The 72nd Academy Awards
Another chance to see the world's most prestigious awards ceremony – the Oscars. Presented by Billy Crystal, find out who the winners and losers are and see whether there are any tearful speeches to rival that of last year's Best Actress winner, Gwyneth Paltrow.
10.30 G.I. Jane
Demi Moore, Viggo Mortensen
A hard-edged, tough, action movie that looks at one woman's struggle to succeed in the ultimate man's world. She makes history when she is recruited as a test case to be the first woman allowed to train for the elite special operations unit, the Navy SEALs. Text *1997, rating Sky 15, 120 mins*
12.35am The Gingerbread Man
Kenneth Branagh, Embeth Davidtz
Text *1998, rating Sky 15, 109 mins*
2.30 Heaven's Burning
Russell Crowe, Youki Kudoh
Text *1997, rating Sky 18, 95 mins*
4.10-6.00am Zeus & Roxanne
1997, rating Sky U, 94 mins

SKY MOVIEMAX
PREMIUM CHANNEL

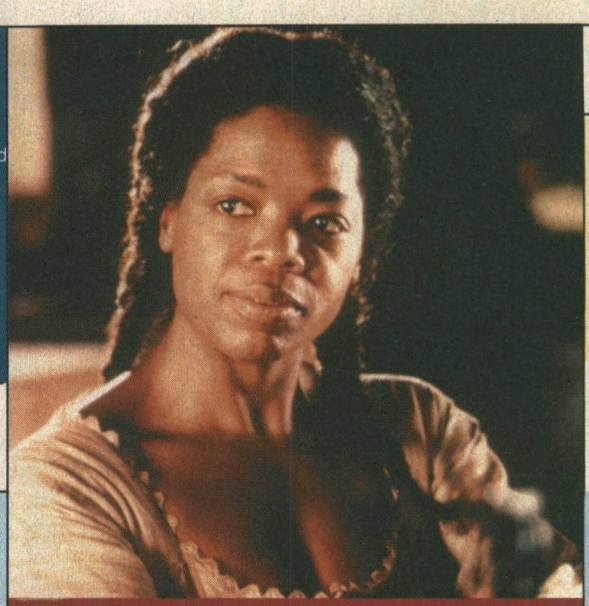
6.00am Beauty
1998, rating Sky U, 87 mins
8.00 The Laker Girls
Tina Yothers, Paris Vaughan
1990, rating Sky PG, 90 mins
10.00 Perfect Body
Amy Jo Johnson, Brett Cullen
1997, rating Sky PG, 85 mins
12noon Pink Lightning
Sarah Buxton, Martha Byrne
1991, rating Sky PG, 87 mins
2.00pm Beauty
Janine Turner, Jamey Sheridan, Hal Holbrook, Linden Ashby
Romantic drama based on the *Beauty and the Beast* fairy tale. A portrait artist is commissioned to paint a wealthy, facially deformed man. *1998, rating Sky U, 87 mins*
4.00 Possums
Mac Davis, Greg Coolidge, Jay Underwood, Cynthia Sikes
Family drama. A small town sports announcer takes unusual action to save the future of his favourite high school football team, the Possums. He takes to the air giving bogus match reports which suggest they are on a winning streak. *1997, rating Sky U, 93 mins*
6.00 Perfect Body
Amy Jo Johnson, Brett Cullen, Cathy Rigby, Wendie Malick
Drama. A gymnast with Olympic potential becomes anorexic in her bid to achieve the 'perfect body'. Her obsession with being seen as perfect and her growing eating disorder now threatens to destroy her seemingly idyllic life. *1997, rating Sky PG, 85 mins*
8.00 Black Dog
Patrick Swayze, Randy Travis, Meatloaf, Charles Dutton
Action thriller. An ex-con and former trucker finds himself blackmailed into transporting an illegal shipment of guns for his crooked boss. But there are many who don't want the cargo to reach its destination and he finds himself dodging the FBI. *1998, rating Sky 12, DS, 85 mins*
10.00 Mr. Nice Guy
Jackie Chan, Richard Norton, Miki Lee, Karen McLymont
Martial arts. A TV chef becomes embroiled in a drug lord's search for an incriminating video. Text *1997, rating Sky 15, 85 mins*
11.30 Nico
Steven Seagal, Pam Grier, Sharon Stone, Daniel Faraldo
A tough Chicago cop uses his combat skills to batte corruption and a drugs ring. *1988, rating Sky 18, 95 mins*
1.10am When Danger Follows You Home
1997, rating Sky 12, 88 mins
2.45 Cohen and Tate
1989, rating Sky 18, 82 mins
4.15-6.00am Pink Lightning
1991, rating Sky PG, 87 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm The Barbarian and the Geisha
John Wayne, Eiko Ando, Sam Jaffe, Norman Thomson
Historical drama. The American President sends an envoy to Japan in the 19th Century to serve as the first US Consul in the country. He discovers an intense hostility to foreigners but also the love of a young geisha girl. *1958, rating Sky U, 101 mins*
6.00 The War Lover
Steve McQueen, Robert Wagner, Shirley Anne Field, Ed Bishop
World War II melodrama. A couple of US Air Force pilots who both fall for the same woman. One of them is a headstrong commander who proves his worth in several spectacular air battles. The other has a very different personality, *1962, rating Sky PG, 101 mins*
8.00 Pink Cadillac
Clint Eastwood, Bernadette Peters, Timothy Carhart
Action-comedy. A 'skip-tracer' (someone who 'retrieves' on-the-run criminals and bail jumpers) is hired to find a young woman with a young baby. She soon gets him tangled up with white supremacists, counterfeiters and other equally dubious characters. *1989, rating Sky 15, 116 mins*
10.00 Quadrophenia
Phil Daniels, Leslie Ash, Sting, Ray Winstone, Toyah Wilcox
Cult classic about a mod in the 1960s whose pursuits include women, music and trouble. He finds the latter on a weekend jaunt to Brighton with his fellow scooter riding, parka-wearing friends when the mods meet the rockers for a showdown. *1979, rating Sky 18, 115 mins*
12midnight Promised Land
Kiefer Sutherland, Meg Ryan
1987, rating Sky 15, 98 mins
1.45am Double Dynamite
1951, rating Sky U, 77 mins
3.10 Zenobia
1939, rating Sky U, 70 mins
4.25-5.45am Sherlock Holmes Faces Death
1943, rating Sky U, 65 mins



Oprah Winfrey's bloody past catches up with her in the drama 'Beloved'. Sky Box Office 3, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm High Noon
Gary Cooper, Grace Kelly, Thomas Mitchell, Lloyd Bridges
Classic Oscar-laden Western. A small town marshal knows he can run but not hide from a vengeful killer he put behind bars who's now coming back on the noon train. The townsfolk, instead of rallying behind the law, leave him to face the killers alone. Text *1952, 81 mins*
8.00 The Independent Spirit
On the eve of the Oscars, a chance to see what America's moviegoers have chosen as their favourite films.
9.30 Peel/ Passionless Moments
Two short films, both directed by acclaimed New Zealander Jane Campion.
10.00 Sweetie
Genevieve Lemon, Karen Colston, Michael Lake
Melodrama, directed by Jane Campion. A disruptive, demanding girl invades her weaker sister's life with boyfriend in tow and proceeds to cause chaos. Text *1989, 97 mins*
11.45 A Girl's Own Story
Short film telling the story of a schoolgirl's adolescence.
12.20am The Portrait of a Lady
Nicole Kidman, John Malkovich
Drama. An American heiress travels to Europe and is courted by a widower. Text *1996, 139 mins*
2.40am Peter's Friends
Comedy. Text *1992, 96 mins*
4.20-6.00am Blackmail
Drama. Text *1929, 81 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00 How Green Was My Valley
Roddy McDowall, Walter Pidgeon, Maureen O'Hara
Drama directed by John Ford. It spans 50 years in the lives of a Welsh mining family, told through the eyes of their youngest child, and looks at the hardships and dangers of a life down the pits. Text *1941, 118 mins*
9.00 A Day in October
DB Sweeney, Kelly Wolf, Tovah Feldshuh, Daniel Banzali
Romantic drama set during World War II. Just before the Nazi invasion of Denmark, a young Jewish woman risks her life as well as her family's by hiding a wounded resistance fighter and assisting in the passage of other Jews to neutral Sweden. *1991, 97 mins*
11.00 During One Night
Don Borisenko, Sean Sullivan
Psychological World War II drama. A young soldier is desperate to lose his virginity, and deserts after a friend is castrated in battle. *1961, 90 mins*
12.45am Avalon
Aidan Quinn, Armin Mueller-Stahl
Drama about an extended Jewish family in Baltimore. *1990, 123 mins*
3.00 Turk 182
Urban drama. *1985, 98 mins*
5.00-7.00am To Dorothy a Son
Comedy. *1956, 79 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Romantic drama about two teens who are transported into a soap opera. Stars Tobey Maguire. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
BELOVED
Drama set after the US Civil War. Two former slaves have the past brought back to life by a stranger. Stars Oprah Winfrey. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.00am, 9.00am, 12noon, 3.00pm

PAYBACK
Thriller. A crook is double-crossed after a heist by a partner who steals his wife. Stars Mel Gibson. Text *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred and the violence it breeds in one young man. Stars Edward Norton and Edward Furlong. Text *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Monday 27 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Jenny, I Want Some Proof That My Teen is Telling the Truth
In this edition frustrated parents make their dishonest teens take lie detector tests.
4.00 Pokémon
Bulbasaur's Mysterious Garden
The friends arrive at a Bulbasaur evolution festival.
4.30 Pokémon
The Case of the K-9 Caper
5.00 Stargate SG-1
The Torment of Tantalus
The SG-1 team attempts to rescue the one person who successfully travelled through the Stargate over 50 years earlier.
6.00 Hercules
My Best Girl's Wedding
Hercules is reunited with Serena, as Iolaus 2 tries to stop the wedding of his mermaid love, Nautica. Text
7.00 The Simpsons
Much Apu about Nothing
Apu faces deportation. Text
7.30 The Simpsons
Colonel Homer
Marge is jealous. Text
8.00 Star Trek: Deep Space Nine
The Dogs of War
The Federation war against the Dominion reaches the prelude to its final showdown. Text
9.00 The West Wing
Lord John Marbury
Drama series based in the corridors of power in the White House. With Martin Sheen and Rob Lowe.
10.00 The Strangerers
The Cadets find shelter with a batty old woman who mistakes them for heavenly messengers.
10.30 Shasta
Bed Worthy
11.00 Friends
The One with the Screamer
Ross tries to convince Rachel that her date is psychotic. Text
11.30 Stargate SG-1
The Torment of Tantalus
The SG-1 team attempts to rescue the one person who successfully travelled through the Stargate over 50 years earlier.
12.30am Picket Fences
Heart of a Saturday Night
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Professional Ethics
Lines and Greig discover white collar fraud flourishing in Sun Hill.
3.30 The Bill
Accidents Will Happen
4.00 EastEnders
The Fowlers prepare for a new arrival. Richard has some good news for Bianca.
4.35 Neighbours
Everyone fears for Brad's safety.
5.00 Bugs
Blaze of Glory
The team is pitched against a woman, whose hatred for her father is so strong that she wants to kill him.
6.00 The Brittas Empire
At the Double
The Ruthenian State Circus comes to town.
6.35 Waiting for God
A new resident attempts to instil some discipline into the home.
7.10
Are You Being Served?
Wedding Bells
7.45
Keeping Up Appearances
Hyacinth volunteers to help with a senior citizens day trip.
8.20 Open All Hours
Sitcom about miserly shopkeeper Arkwright and his downtrodden nephew and assistant, Granville.
9.00 Casualty
Home Truths
While Sean's future hangs in the balance, George has to weigh up the pros and cons of transferring a child for treatment.
10.05 Red Dwarf V
Holoship
Rimmer attempts to earn a hologram commission.
10.45 Red Dwarf V
Inquisitor
The crew faces a challenge from the Inquisitor.
11.20 The Vicar of Dibley
The Window and the Weather
Ecclesiastical sitcom.
11.55 The Bill
Professional Ethics
12.25am The Bill
Accidents Will Happen
Boyden and Page delve into a shady underworld of hitmen.
12.55 Ruby Wax Meets... Imelda Marcos
Ruby tracks down Imelda Marcos.
1.50-2.45am Casualty
Whatever It Takes

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Host Mother Love tries to resolve relationship problems by giving guests the opportunity to forgive each other.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry Springer and his guests debate relationship issues.
7.00 Judge Judy
New York City's outspoken family court judge presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama.
8.00 Peak Practice
Drama series based in the Peak District, about the lives of the patients and staff of a rural Derbyshire general practice. With Kevin Whately.
9.00 FILM: Serving in Silence – The Marguerite Camermeyer Story
Glenn Close, Judy Davis, Jan Rubes, Wendy Makkena
Real-life drama based on a true case in which a female US Army officer's career is curtailed when it is discovered that she is a lesbian. *1995*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Bless This House 2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
Leopard on the Rock
The safety of a hated dictator becomes McGarrett's responsibility when he becomes the target of a killer.
4.00 Kojak
Out of the Frying Pan
Kojak tries to help a detective whose drinking problem inadvertently caused the death of his best friend.
5.00 Hart to Hart
Chamber of Lost Harts
Jennifer's vacation plans are changed abruptly when Jonathan learns that his head geologist has been killed at a Peruvian mine.
6.00 Emmerdale
Joe causes a scene in the Woolpack. Text
6.30 Classic Coronation Street Text
7.00 George and Mildred
Jumble Pie
George faces the loss of a loved one when his budgie dies.
7.30 Bless This House
Strangers in the Night
8.00 The Benny Hill Show
Benny appears as 'Chow Mein' introducing his new film of 'Yung Phooie'. Fred Scuttle and Orson Buggy are also on hand to introduce 'The Catch'.
9.00 Kojak
Over the Water
Kojak breaks up a fight involving the son of a foe of the law.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm The Big Bang
Motoring compilation featuring spectacular stunts and crashes.
11.30 Speed & Beauty
The spectacular Winston Eagle hydroplane.
12midnight 2 Wheels
Weekly biking magazine programme. Text
12.30am Motor Week
Magazine series which takes a look at the motoring industry.
1.00-2.00am
And They Walked Away
A compilation of spectacular stunts and crashes.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
A chance to watch your favourite classic Disney characters.
4.00 Sabrina
Shrink to Fit Text
4.30
Hercules: The TV Show
Hercules and the Prometheus Affair Text
5.00 Recess
Animated playground series.
5.30
My Best Friend is an Alien
Pre-Teen Party from Outer Space Text
6.00 Smart Guy
TJ's a smart kid who's put into tenth grade. Text
6.30 Microsoap
Innovative and zany, fun-filled kids' sitcom.
7.00 FILM:
The Lady and the Tramp
Voices of Barbara Luddy, Larry Roberts, Peggy Lee
Animated romance. A mutt from the wrong side of the tracks and a sophisticated pedigree pooch face adversity to be together. *1955* Text
8.15 Honey, I Shrunk the Kids: The TV Show
Honey, it's a Blunderful Life Text
9.00 Boy Meets World
The Truth About Honesty
Cory and his friends discover that telling the absolute truth may not always be wise. Text
9.30 Dinosaurs Text
10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

MONDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM
Quadrophenia
Sky Cinema 10.00pm
Inspired by The Who's rock opera of the same name, this examination of teenage alienation brilliantly evokes the amphetamine-fuelled energy of the early 1960s. Phil Daniels gives an aptly edgy performance as emotionally troubled mod upstart Jimmy.

GENERAL
Becker
Paramount Comedy Channel 9.30pm
Leaving the glory days of booze, bars and blondes well behind him, Ted Danson plays grouchy but dedicated GP Dr John Becker struggling to cope with his Bronx practice. This American comedy is now the fourth most watched series in the United States.

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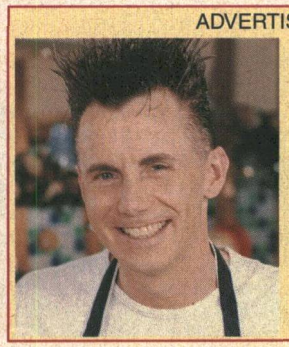
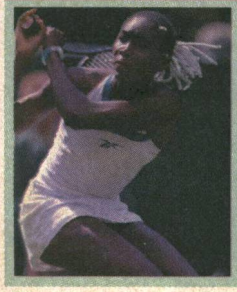
UK STYLE

GARY RHODES'S NEW BRITISH CLASSICS 9.00PM
Soggy cabbage, lumpy gravy and greasy chips – traditional British cooking has in recent years had few champions. Gary Rhodes dips into our culinary past, selecting the best ideas and leaving the less appealling ones behind.

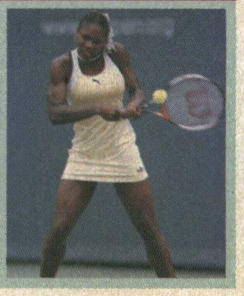
Monday 27 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**7.30am Tennis** **8.30 Motocross** **9.30 Grand Touring** **10.30 NASCAR** **11.30 Athletics** **1.00pm** **Figure Skating – LIVE** Coverage of the men's qualifying event at the World Championships in Nice.	**7.00am Gillette World Sport Special** **7.30 World Wrestling Federation – Classics** **8.30 Extreme Sailing** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Spanish Football** *Repeat from Sunday* **12noon Aerobics Oz Style** **12.30pm Goals on Sunday** FA Cup headlines.	**7.00am Aerobics Oz Style** **7.30 Racing News** **8.00 Ford Golf USA: Players Championship** Coverage of the final day's action of TPC at Sawgrass. *Repeat from Sunday* **12noon** **Australian Rules Football** **2.00pm** **Australian Rugby League** Join Chris Warren for the latest from the Australian National Rugby League.	**12noon What a Weekend** Looking at the best of the weekend's sporting action. **12.30pm Rugby League: Challenge Cup Semi-Final** Another opportunity to see the best of the action in the second semi-final from the Rugby Union Challenge Cup which was won last year by Leeds Rhinos. **2.00 Basketball** Join Kevin Cadle as he hosts the latest domestic basketball action. With regular courtside reports from Suzanne Dando.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** *Seven Little Indians* **10.00 Lost in Space** **11.00** **The Six Million Dollar Man** **12noon Babylon 5** *Phoenix Rising* **1.00pm Quantum Leap** **2.00 Buck Rogers in the 25th Century**	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** Zane Lowe casts his eye over all that is new in the music biz. **12noon Mad 4 Hits** **12.30pm** **News Weekend Edition** **1.00 Mad 4 Hits** **2.00 European Top 20**
3.00 PM		**3.00 The Last Word** Jimmy Hill interviews football boss Jim Smith. **3.30 What a Weekend** The best of the weekend's sport.			**3.00 The Flash** *Ghost in the Machine With* John Wesley Shipp, and Amanda Pays.	**3.00 Bytesize MTV** A constant barrage of bizarre moments from MTV stations all around the globe, coming at you in short soundbites.
4.00 PM	**4.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Key Biscayne, Florida. At last year's event, the final between Venus and Serena	**4.00 Football League Review** A blow-by-blow account of all the Nationwide League action, including goals and table-toppers.	**4.00 Squash: Esso Flanders Open** Action from this year's tournament held at the Thunderdome perspex court in Belgium.	**4.00 Australian Rules Football**	**4.00** **Land of the Giants** *Seven Little Indians* Four space travellers are captured and the others try to help them escape.	**4.00 Select MTV** The show that gives MTV viewers the opportunity to see their choice of music get an airing.
5.00 PM	Williams was the first all-sister tennis final since 1884. Venus triumphed. **5.30 Figure Skating** Coverage of the World Championships in Nice.	**5.00 World Wrestling Federation – Classics** A chance to relive action from the WWF's classic rough and tumble events of recent years.	**5.00** **World Pool League** Jim Rempe and Steve Davis are among the players vying for the $12,000 prize money.		**5.00 Lost in Space** *Wild Adventure* *Jupiter 2* has a chance to reach home but Smith is lured into space by a seductive Space Lorelei.	
6.00 PM	**6.00** **Figure Skating – LIVE** Coverage of the World Championships in Nice. 1999 was amazing as, for the first time in history, one	**6.00** **Sky Sports Centre** **6.30** **World Football Show** The show that brings football fans up to date.	**6.00** **Sailing: Blown Out** Featuring the Melbourne to Osaka Yacht Race. **6.30 Football League Review** Goals galore with all the best action from the Nationwide League.	**6.00 Total Sport** **6.30** **Asian Sports Show** Diverse sports from Asia, the Middle East and Arabic speaking North Africa.	**6.00 The Six Million Dollar Man** *Rollback* Steve goes undercover as a member of a rough roller derby team.	**6.00 Bytesize MTV** A constant barrage of bizarre moments from MTV stations all around the globe, coming at you in short soundbites.
7.00 PM	country claimed all four gold medals at the World Championships. Russia achieved this feat only two months after having captured the four gold	**7.00 What a Weekend** The best of the weekend's sporting action. **7.30 Sporting Auction: Manchester United Auction Preview**	**7.30 First Division Football: Barnsley v Grimsby – LIVE** Barnsley aim to give their Premier League promotion prospects a further push against Grimsby Town. Marcus Buckland presents the action from a packed	**7.00 Telegraph Action Sport** Features extreme sports film footage. **7.30 Test Cricket: West Indies v Zimbabwe – LIVE** Coverage of day four of the second Test.	**7.00 Quantum Leap** *Leap of Faith* Landing as the priest in the middle of a wedding ceremony is the least of Sam's worries.	**7.00 Mad 4 Hits** Another generous helping of the biggest hits and chartbusting smashes.
8.00 PM	medals at the European Championships in Prague. This year Russian skaters face stifff competition.	**8.00 Ringside Special: Derek Roche v Scott Dixon – LIVE** Action from tonight's top-of-the-bill clash between two of the nation's	Oakwell Stadium.		**8.00 Time Trax** *The Prodigy* A boy with remarkable talent in athletics is suspected to have been kidnapped from the future.	**8.00 Hit List UK** Cat Deeley delivers the hottest UK chart action from London – players, movers, shakers and the latest chart breakers.
9.00 PM	**9.00 Tennis** Coverage of the Sanex WTA Tournament in Key Biscayne, Florida.	promising pugilists. The British welterweight title is at stake as the pair do battle in Yorkshire. Commentary by Adam Smith and Jim Watt.			**9.00 The Crow: Stairway to Heaven** *Give Me Death* Top Dollar escapes, determined to die at the hands of The Crow.	**9.00 Daily Edition** Catch up with the latest music and showbiz news. **9.30** **Celebrity Death Match** Clay figures in combat.
10.00 PM	**10.00 Eurogoals**	**10.00** **Sky Sports Centre** The very latest sports news. **10.15** **You're On Sky Sports!** Football fans have their say.	**10.00** **World Pool League** Six star names play each other over 12 racks in Warsaw, Poland.	**10.00** **Shell's Wonderful World of Golf** Take a stroll down memory lane for some great golfing moments.	**10.00 FILM: Asteroid** *Michael Biehn, Annabella Sciorra* Drama. Lavish two-part mini-series about the crisis triggered by a huge asteroid on a collision course with earth. Concludes tomorrow night. **11.45** **Sci-Focus Special**	**10.00** **Celebrity Death Match** More claymation mayhem. **10.30 Mad 4 Hits** The biggest hits and chartbusting smashes.
11.00 PM		**11.00** **World Football Show** Global football action. **11.30** **Sky Sports Centre** **11.45 Ringside**	**11.00 Total Sport** Issues facing world sports. **11.30 Telegraph Action Sport** Thrilling footage of the world's extreme sports.	**11.00-11.30pm** **Views of Golf** An insight into the world of golf, featuring a look at some of the game's legends; past, present and future, through the eyes of the experts.		**11.00 brand:new** Zane Lowe casts an irreverent eye over all that's new in the music biz. Bands, sounds, trends – the whole shebang.
NIGHT TIME 12.00	**11.30-12.30am Trial** Coverage of the sixth round of the Trial Indoor Tour in Amnéville, France.	**Special: Derek Roche v Scott Dixon** Another chance to see the action from tonight's fight. **1.45am** **You're On Sky Sports!** Football analysis. **2.30-2.45am** **Sky Sports Centre**	**12midnight** **First Division Football: Barnsley v Grimsby** **1.30am Three Sixty Surfing** **2.00 International Bowls: Australia v England Third Test – Singles** **4.00-4.15am** **Sky Sports Centre**		**12midnight The Flash** *The Trickster* With John Wesley Shipp and Amanda Pays. **1.00am FILM: The Legacy** *Sam Elliot, Katherine Ross* Thriller. A couple are lured to a 'horror' house. *1979* **3.00-4.00am Babylon 5**	**12midnight Superock** The rock show that takes an ironic look at rock music and its big star names. **1.00am** **Celebrity Death Match** More claymation mayhem. **1.30 Mad 4 Hits** **2.00-6.00am Night Videos**

LIVE TENNIS: SANEX WTA TOURNAMENT, KEY BISCAYNE EUROSPORT 4.00PM



Part of the Sanex WTA Tour, the Ericsson Open in Key Biscayne, Florida, made history last year when the final between Venus (pictured, left) and Serena Williams (pictured, right) was the first all-sister affair since 1884 when Maud and Lillian Watson met at the Wimbledon final. Venus won this tie in three sets, 6-1, 4-6, 6-4. Meanwhile, the sisters will be joined by Lindsay Davenport, Martina Hingis and Anna Kournikova to contest the $2,425,000 in prize money.



PLAYBOY TV/ ADULT CHANNEL ADD-ON CHANNEL	TELEVISION X ADD-ON CHANNEL
10.00pm Freeview 10.05 FILM: Love in the Night 11.40 Sex Court 12midnight Freeview 12.10am Adult Feature 12.15 Neil Down Hits Hollywood 12.45 While the Cat's Away 1.55 Girls About Town 2.15 Misty at Midnight 3.35-4.00am English Rose	**12midnight The Ten Minute Preview 12.10am Shagnasty and Muttley 12.40 FILM: A Terminal Case of Love 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 The Omar Show 2.20 FILM: Adult Feature 3.30-4.00am Lisa**
Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details	**Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details**

Monday 27 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm
Greatest Hits: Mariah Carey
All the singer's biggest and best numbers.
1.30 Pop-Up Video
Another half-hour of irreverent fun and trivia from the Pop-Up team.
2.00 Jukebox
Turn your television set into a front-room video jukebox with this viewers' request show.

4.00 The Millennium Classic Years: 1989
Music from the year when Ayatollah Khomeini declared *The Satanic Verses* blasphemous.
5.00 Top Ten
Check out the ten biggest numbers dominating the current chart.

6.00 Video Timeline: Mariah Carey
6.30 Greatest Hits: Aretha Franklin
All the best from the original soul sister herself.
7.00 Ten of the Best: Sister Sledge
The disco divas share their ten all-time favourite musical numbers.

8.00 The Millennium Classic Years: 1974
Harold Wilson became Prime Minister, Patti Hearst turned terrorist, and Lord Lucan went on the run.
9.00 The VH1 Album Chart Show
Paul King counts down the biggest selling albums of the week in the UK.

10.00 Behind the Music: Celine Dion
Documentary telling the story of the incredible rise to fame of the French-Canadian performer.
11.00
Ed Sullivan's Rock'n'Roll Classics
11.30 Greatest Hits: Mariah Carey
All her biggest numbers.
12midnight Talk Music
12.30am Video Timeline: Mariah Carey
1.00 Hey, Watch This! – Boy Bands
With John Fugelsang.
2.00 VH1 Country
2.30 Soul Vibration
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

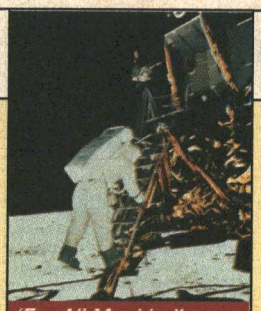
12noon Crocodile Hunter
The Crocodile Hunter – Part I
12.30pm Crocodile Hunter
The Crocodile Hunter – Part II
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
Harry visits a jealous cat who has a nervous breakdown.
2.30 Zoo Story
Another look behind the scenes at London Zoo.

3.00 Going Wild with Jeff Corwin
Death Valley
3.30 Croc Files
Steve and Terri look at the damage done by wild pigs.
4.00 Croc Files
Steve and Terri meet the freshwater crocodile.
4.30 The Aquanauts
Diving with the feared and rare Galapagos shark.

5.00 Emergency Vets
Freckles the rabbit has an upset stomach.
5.30 Zoo Chronicles
A lame Zebra requires urgent attention.

6.00 Crocodile Hunter
Steve and Terri Irwin travel across the United States in search of various remarkable species of rattlesnake.
7.00 Wildest Australia
A feast of Antipodean animal antics.
7.30 Living Dangerously
Conservation series.
8.00 Emergency Vets
A husky mix has an MRI at the Pet Imaging Centre.
8.30 Emergency Vets
More round-the clock animal care.
9.00 The Big Animal Show
Scavengers
9.30 The Big Animal Show
Hippos and Rhinos
10.00 Wildlife Rescue
Mark Evans visits people who rescue foxes.
10.30 Wildlife Rescue
Mark Evans follows the rescue various birds.
11.00 Animal Emergency
A dog is hit by a car, and a racehorse has colic.
11.30-12midnight Animal Emergency

CABLE CHECK
Some of the channels listed may not be available in your area



'For All Mankind' charts the space race. National Geographic Channel 8.00pm

ITV2
ACCESS PACK

4.00pm CD:UK
The music chart show with the latest acts performing live in the studio.

5.00 The Worst Witch
Millennium Bug
A former pupil turned pop star visits the school.
5.30 The New Addams Family
6.00 F1 – Brazilian Grand Prix Highlights
With commentary from Murray Walker and Martin Brundle, plus analysis from Tony Jardine.
7.00 Uefa Champions' League Weekly
Reviews and previews of all the latest action from the Champions' League.

8.00 Blind Date
Cilla Black plays matchmaker to another group of couples hoping to get lucky in love.

9.00
Robson Green Season
9.30
The Last Musketeer
Robson Green stars as a fencing master who turns out to have a dubious past.

11.00
Coronation Street
Tonight's episode, shown earlier on ITV. Text
11.30
Family Fortunes
12midnight Soap Fever
Featuring celebrity guests, chat, previews and reviews, archive specials and tributes to soap opera icons.
1.00am Feature
1.50-2.20am
Planet Rock Profiles

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Garden Grow? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Dream House 11.30 Moving People 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Gary Rhodes' New British Classics 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show

3.00 Garden Stories
Battles
3.30 Gardening from Scratch
Horticulture show for the absolute beginner.
4.00 Travel Xpress
Nina Sebastiane takes a trip to south-west Wales.
4.30 Holiday in Style
Featuring reports from Jordan, Tuscany, Nerja, Cyprus, the Isle of Wight and Beachy Head.
5.30 Antiques Roadshow US
Items brought in for expert evaluation in Greenwich, Connecticut include some unusual maps and a vintage New York Yankees home-run baseball.
6.30 Real Rooms
Decor makeover show.
7.00 Can't Cook, Won't Cook
With chef Lesley Waters.
7.30 Collectors' Lot
Learn where to indulge your passion for collecting.
8.00 Change That
Interior design roadshow.
8.30 Show People
Tim Rice and Joanna Grundy pay a visit to the Ideal Home Show.
9.00 Gary Rhodes' New British Classics
A guide to British cooking.
9.30 Antiques Roadshow
Members of the public bring their treasured possessions in for expert evaluation at Dromoland Castle, County Cork.
10.30 House Invaders
Low-budget DIY show.
11.00
The Flower Show
Jane Packer looks at white bloom arrangements.
11.30
Gardeners' World
12midnight Garden Stories
Therapy
A look at the therapeutic benefits which horticulture can offer the enthusiast.
12.30am-1.00am Gardening from Scratch
The gardening series for absolute beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Fat Files – A Horizon Trilogy 7.50 Lion Country 8.20 Battersea Dogs' Home 8.50 Animal Hospital 9.20 Dinosaurs in Your Garden 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Animal Hospital 12.45 City Hospital 1.45 Why Men Don't Iron 2.45 Fat Files – A Horizon Trilogy
Born to Be Fat
Documentary examining the phenomenon of dieting.

3.45 Battersea Dogs' Home
Featuring an attempt to raise funds by walking a record number of dogs.
4.20 Animal Hospital
Rolf Harris observes more RSPCA cases.
4.50
What Went Wrong?
Disasters examined.
5.25
Caribbean Holiday
Adam meets Eddy Grant.
5.55 City Hospital
Gaby Roslin and her team report on the triumphs and trials of patients and staff at Southampton General.
6.55 Future Fantastic
Starman
Gillian Anderson looks at the concept of time-travel.
7.30 Disaster
Atlantic
A courting couple find themselves marooned.
8.00 Animal Hospital
Rolf Harris observes more RSPCA cases.
8.30
What Went Wrong?
Disasters examined.
9.00 The Clampers
Fly-on-the-wall series focusing on traffic wardens.
9.35 Nightmare at Canary Wharf
Follow the story of L!VE TV, the brainchild of Janet Street-Porter – whose dream was soon to turn into a nightmare.
10.35
Future Fantastic
11.05 Top Gear GTi
Extended edition of the car show, with extra information and consumer tips.
12.05am-1.00am HMS Splendid – Under the Sea

UK PLAY:
1.00am The Royle Family 1.45 Shooting Stars 2.20 Stella Street 2.40 The Chris Moyles Show 3.10 Pop's Dream Performances 3.35 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Fish 9.30 A to Z of Food and Beauty 10.00 A Year at Ballymaloe 10.30 Alive and Cooking 11.00 Flash in the Pan 1.30 Chocolate Covered 12noon Classic Dishes 12.30pm Nordic Nosh 1.00 Coxon's Kitchen College 1.30 Peter Gordon's Pacific Food 2.00 Food Network Daily 2.45 More Simply Antony
Dinner Party
3.30
Tessa's Tastebuds
Beetroot, Radish and Horseradish
With Tessa Bramley.
4.00 Simply Baking
Puddings
Recipes include pear and walnut crumble.
4.30 The Spice Trail
A tour of northern India.
5.00 Flash in the Pan
5.30 Classic Dishes
Tony Tobin makes lasagne.
6.00 Coxon's Kitchen College
6.30-7.00pm
Tastes of Britain

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Driven
Two families reveal their passion for racing dune buggies and stock cars.
8.00 For All Mankind
A look back at the NASA space programme from 1968 to 1972. President Kennedy's pledge was to be realised by Neil Armstrong and his crew in 1969, but the media soon started to become blasé.
9.30 Searching for Extraterrestrials
UFO documentary.
10.00
A Man, a Plan, a Canal
Panama
The story of that amazing technical achievement – the Panama Canal.
11.00
Explorer's Journal
The Good, Bad and They're All Ugly
A look at maggots, leeches, parasites and cockroaches.
12midnight-1.00am Grandma
Documentary charting a year in the life of a 60-year-old Northern Albatross, the oldest known banded bird in the world, affectionately known as Grandma to those who observe her activities.

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
More aspiring stars impersonate their heroes.
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
Fast-paced quiz show.
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House 11.30 Hammer It Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country 1.30 Ron Hazelton's Housecalls 2.00 Model Magic 2.30 The New Yankee Workshop
Chef's Table
3.00 This Old House with Steve and Norm 3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Scratch TV 4.15 Got Any Gear? 4.30 That Film Show 5.00 Trainspotters 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

Monday 27 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm The Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 Flying
Rhino Junior High
Pachyderm pranks.
3.30
Fat Dog Mendoza
Canine capers.
4.00 Mike, Lu and Og
4.30
The Powerpuff Girls
Another nail-biting case for the irrepressible heroines from Townsville.
5.00 Dragonball Z

6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00
Pinky and the Brain
8.30-9.00pm
Superman

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.

6.00 Renford Rejects
6.30-7.00pm
Sister Sister

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm The Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press
UK Connection
3.30
Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00
Monster Rancher
5.20
Biker Mice From Mars
5.50
Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm
Goosebumps

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30 UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.0 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 Morning 6.30 World Business 7.00 This Morning 7.30 World Business 8.00 This Morning 8.30 Sport 9.00 Time 10.30 Sport 11.30 Biz Asia 12.30pm CNNdotCOM 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Artclub 5.00 Time 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Showbiz Weekly 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 The Book Show 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Magellan 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Taupes Niveaux 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Mise au Point 1.00 Journal 1.15 Taupes Niveaux 3.00 Journal 3.15 Questions 3.30 Méditerranéo 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Taupes Niveaux 7.00 Journal Télévisé 7.30 Journal Télévisé et le Journal du Temps 8.00 Infos 8.05 Le Point 9.00 Journal Télévisé 9.15 Cinéma: La Fille Seule 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD Programme 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Thekikaat 12.30pm Junoon 1.00 Swabimaan 1.30 FILM 4.00 Fauji 4.30 Gaurav 5.00 Music Box 5.30 MTV Fresh 6.00 Tiger 6.30 Rajni 7.00 Swabimaan 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Hitlist 12.45am Swabimaan 1.15 FILM 4.00 Gaurav 4.30 Music Box 5.00 Dasht 6.00 Bhakti Sagar 6.30 DD News 7.00-7.30am Bhule Bisre Geet

ZEE TV
ADD-ON CHANNEL

6.00am Euro Zindagi 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Zaike Ka Safar 8.30 Tara 9.00 Abhinetri 9.30 Basera 10.00 Awaazain 11.00 Jhat Pat Khana 11.30 Amar Prem 12noon FILM 3.00 Hello Friends 3.30 Pride Ka Aashirwad 4.00 Raahat 4.30 Quiz Contest 5.00 Hum Paanch 5.30 Hasratein 6.00 Budha Ghar Pe Hai 7.00 Hadd Kar Di 7.30 Top of the Tops 8.00 News 8.30 Chingari 9.00 Sa Re Ga Ma 10.00 Ru Ba Ru 10.30 Up Beat 11.00 A List 11.30 Chahat Aur Nafrat 12midnight News 12.30am Aap Ki Adalat 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Nancy 5.30-6.00am Abhinetri

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Adventures in Faith 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Money Matters 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Israel Vision 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Bloomberg Money: Alternative Investments 3.15 Clips 3.45 Boarding Pass 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 Dateline London 7.30 Select Committees 2.30pm House of Commons 11.00 The Record 11.30-12midnight Dateline London

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt Fishing Adventures
South West Rocks
4.30 Discovery Today
News programme.

5.00 PM

5.00 Time Team
St Mary's City
Following the team as it traces the footsteps of some of the first English settlers in America.

6.00 PM

6.00
Fighting the G-Force
How American fighter pilots have been killed in combat due to increasing levels of G-force.

7.00 PM

7.00 Beyond 2000
A look at the world's first reusable spacecraft.
7.30 Discovery Today
News programme.

8.00 PM

8.00 Science Times
Fakes and Forgeries
A look at how skillful forgers are using new technology to abet their unscrupulous activities.

9.00 PM

9.00 Science of the Impossible
Aliens: Where Are They?
Some of the world's leading scientists speculate on the possibility of alien life.

10.00 PM

10.00
Legends of History
Alexander the Great
Examining our enduring fascination with a legend of the ancient world.

11.00 PM

11.00 The Century of Warfare
Examining how the Middle East has provided the stage for the century's longest-running wars.

12.00

NIGHT TIME

12midnight Bodyguards
Following 22 ordinary men and women on one of Britain's harshest courses – bodyguard training.
1.00am Discovery Today
News programme.
1.30-2.00am
Battle for the Planet
Warrior-Chiefs

TNT
FAMILY PACK

9.00pm China Beach
Drama series about a group of nurses working in a US Army field hospital during the Vietnam War.

10.00
FILM: Pat Garrett and Billy the Kid
James Coburn, Kris Kristofferson, Chill Wills
Western which centres around a sheriff's attempts to pursue an elusive ex-crony. *1973*
12.30am-1.00am
The Hitchhiker

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Hang with a Celebrity
7.30 Desmond's
8.00
Dharma and Greg
Are You Ready for Some Football?
8.30 Mad About You
Happy Anniversary
9.00 Married... With Children
Whose Room Is it Anyway?
American sitcom.
9.30 Becker
Pilot
10.00 Frasier
Roz and the Schnoz
10.30 Father Ted
Good Luck Father Ted
Ted gets the chance to appear on a TV show.
11.00 Drop the Dead Donkey
The Bird of Doom
11.30 Whose Line is it Anyway?
With Clive Anderson.
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00
It's Garry Shandling's Show
3.30-4.00am
Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
8.00 Beauty Shop!
8.30 Clothes Shop!
9.30 Sports Shop!
10.00 Kids Shop!
11.00 Clothes Shop!
12noon Home Shop!
1.00pm Bargain Shop!
1.30 Gift Shop!
2.00 Beauty Shop!
2.30 Kitchen Shop!
3.30 Jewellery Shop!
4.30 Entertainment Shop!
5.30 Shop! Selection
6.00 Clothes Shop!
7.00-7.30pm Bargain Shop!
The latest offers from Shop! at reduced prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon Line of Fire
Bannockburn 1314
1.00pm
David Starkey's Henry VIII
2.00
Mystery of the Last Tsar
3.30 Dynasties
New Blood
4.00 Artillery
5.00 Spy in the Sky
The 1960 crash of a CIA plane over the Soviet Union.
6.00 True Story of the Untouchables
6.55
Photos for the Future II
7.00 Project Cancelled
The Tradewind
8.00 Biography
Amelia Earhart
A profile of the celebrated female aviator.
9.00 Great Crimes and Trials
The Hillside Stranglers
9.30-10.00pm Spies
The Enemy Within
Discovering how Moscow recruited its spies.

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Star Trek Special at 11.00pm.

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	£30,000	630.99	467.95	388.85	313.99	280.42
	£25,000	525.83	389.96	324.04	261.66	233.69
	£20,000	420.66	311.97	259.23	209.33	186.95
11.4% Variable or fixed for up to 5 years NO FEES	£17,500	379.79	285.65	240.27	198.03	179.68
	£15,000	325.54	244.85	205.95	169.74	154.01
	£12,500	271.28	204.04	171.62	141.45	128.34
	£11,000	238.73	179.55	151.03	124.47	112.94
	£10,000	217.03	163.23	137.30	113.16	102.67
12.9% Variable or fixed for up to 5 years NO FEES	£9,000	201.29	153.30	130.38	109.41	100.61
	£8,000	178.93	136.27	115.89	97.25	89.43
	£7,500	167.74	127.75	108.65	91.17	83.84
	£6,000	134.20	102.20	86.92	72.94	67.07
	£5,000	111.83	85.17	72.43	60.78	55.89

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Tuesday 28 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Legend of Pirate's Point
1999, rating Sky U, 82 mins
8.00 Going Under
LAST PLAY Nautical comedy. *1990, rating Sky PG, 77 mins*
9.30 Femmes Fatales: Winona Ryder
10.00 3 Ninjas: High Noon on Mega Mountain
Text *1998, rating Sky PG, 87 mins*
12noon Little Heroes
1999, rating Sky PG, DS, 88 mins
2.00pm The Little Ghost
Kristina Wayborn, James Fitzpatrick
Family comedy. A ghost helps a boy torment his mother's new lover. *1996, rating Sky U, 78 mins*
3.30 Femmes Fatales: Winona Ryder

4.00 Highlights of the 72nd Academy Awards
Sit back and enjoy key moments from this year's edition of Hollywood's annual glittering spectacular – the Oscars ceremony. Catch up with all the winners, losers, frocks and speeches, with clips from the films nominated in each of the various categories. Presented by Billy Crystal.

6.00 3 Ninjas: High Noon on Mega Mountain
Hulk Hogan, Loni Anderson, Jim Varney, Mathew Botuchis
Children's action adventure. A group of karate kids visit a local theme park and find it overrun by a criminal and her horde of evil ninjas. Together with an ageing TV hero, the youngsters battle to save the day. Text *1998, rating Sky PG, 87 mins*

8.00 Mercury Rising
Bruce Willis, Alec Baldwin, Miko Hughes, Chi McBride
Action-thriller. A former FBI agent takes a young autistic boy, whose parents were murdered, under his wing. It turns out that the boy has deciphered a top secret government code, and soon his life is put under threat by a ruthless official. *1998, rating Sky 15, DS, 107 mins*

10.00 Love and Death on Long Island
John Hurt, Jason Priestley, Fiona Loewi, Sheila Hancock
PREMIERE Comedy drama. A middle-aged intellectual develops a crush on a Hollywood teen idol. Text *1997, rating Sky 15, 89 mins*
11.35 City Slickers
Billy Crystal, Jack Palance
Comedy about a group of urban dwellers on vacation out West. *1991, rating Sky 15, DS, 109 mins*
1.30am The Proposition
Kenneth Branagh, Madeleine Stowe
Romantic period drama. Text *1998, rating Sky 12, DS, 107 mins*
3.25-6.00am Commandments
Aidan Quinn, Courteney Cox
1997, rating Sky 15, 84 mins

SKY MOVIEMAX
PREMIUM CHANNEL

6.00am Medicine River
1993, rating Sky PG, DS, 96 mins
8.00 One Last Flight
1999, rating Sky U, 83 mins
10.00 Seasons of the Heart
Carol Burnett, George Segal
1994, rating Sky PG, 89 mins
12noon Outside Chance of Maximilian Glick
Saul Rubinek, Fairuza Balk
1988, rating Sky PG, 91 mins
2.00pm Medicine River
Graham Greene, Janet Laine-Green, Sheila Tousey, Tom Jackson
Romantic comedy. A photo-journalist of Native American descent is caught between two women and two very different worlds. *1993, rating Sky PG, 96 mins*

4.00 Seasons of the Heart
Carol Burnett, George Segal, Eric Lloyd, Malcolm McDowell
Emotional drama. After her own daughter abandons her young son, an ambitious and orderly publisher finds herself with little choice but to raise the grandchild as her own – regardless of the cost to her comfortable existence and career prospects. *1994, rating Sky PG, 89 mins*

6.00 Nothing Too Good for a Cowboy
Sarah Chalke, Chad Willett, Richard McMillan, Ted Atherton
Romantic period comedy adventure based on a true story. Two friends struggle to establish a cattle ranch in northern British Columbia, while the remainder of the world looks to Europe in the grip of a world war. *1998, rating Sky PG, 88 mins*

8.00 Marabunta
Eric Lutes, Julia Campbell, Mitch Pileggi, Jeremy Foley
Action thriller about four people trapped in an evacuated town with no means of escape as an army of thousands of deadly soldier ants marches on the town, determined to make the terrified humans their next meal. *1997, rating Sky 12, 86 mins*

10.00 Half Baked
Dave Chappelle, Guillermo Diaz, Harland Williams, Jim Breuer
PREMIERE Comedy about a teacher who, jailed after accidentally killing a police horse, must rely on his permanently-stoned roommates to bail him out. *1998, rating Sky 18, 78 mins*
11.25 Reach the Rock
Alessandro Nivola, William Sadler
Comedy drama about a delinquent youth. *1998, rating Sky 15, 95 mins*
1.05am Sprung
Text *1997, rating Sky 15, 104 mins*
2.55 Booty Call
Text *1997, rating Sky 18, 76 mins*
4.15-6.00am Outside Chance of Maximilian Glick
1988, rating Sky PG, 91 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm A Kind of Loving
Alan Bates, June Ritchie, Thira Hird, James Bolam
Drama set in industrial Lancashire in the early Sixties. A troubled young draftsman finds himself forced to live under the same roof as his unpleasant mother-in-law while trying to come to terms with his new life as a married man. *1962, rating Sky PG, 107 mins*

6.00 Valley of Eagles
Jack Warner, John McCallum, Nadia Grey, Christopher Lee
Action adventure. A Swedish scientist sets off for Lapland in pursuit of his treacherous wife when he discovers that she and his assistant have stolen a crucial formula. A police inspector joins the scientist on his hazardous expedition. *1951, rating Sky PG, 79 mins*

8.00 California Split
George Segal, Elliott Gould, Ann Prentiss, Gwen Welles
Drama about an inveterate gambler who cannot resist any opportunity to place a bet. Teaming up with a free spirit who accompanies him on his drunken spree, he ventures to the city of Reno in Nevada for the poker game of a lifetime. *1974, rating Sky 15, 104 mins*

10.00 Leap of Faith
Steve Martin, Debra Winger, Liam Neeson, Lukas Haas
Comedy about a revivalist ministry which roams America with its touring roadshow. In exchange for heartfelt sermons and apparent miracles, the eager audiences are expected to give generous cash donations. *1992, rating Sky PG, DS, 104 mins*
11.50 Night Game
Roy Scheider, Karen Young
1989, rating Sky 18, 92 mins
1.25am A Show of Force
1990, rating Sky 15, 92 mins
3.05 California Split
1974, rating Sky 15, 104 mins
4.55-6.00am Sherlock Holmes and the Spider Woman
1944, rating Sky PG, 59 mins

John Hurt falls for a Hollywood teen idol in the premiere of 'Love and Death on Long Island'. Sky Premier 10.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Hotel Du Nord
Annabella, Louis Jouvet, Arletty, Jean-Pierre Aumont
Classic French drama set in a run-down Parisian hotel in the early part of the 20th century. Among the guests are a troubled young couple who are contemplating a double suicide. The story focuses on their various trials and tribulations. *1939, 84 mins*

8.00 I've Heard the Mermaids Singing
Sheila McCarthy, Paule Baillargeon, John Evans
Offbeat comedy drama about a young temp who gets a job at a trendy art gallery and soon starts to fall in love with its female owner. *1987, 81 mins*
9.25 Peppermills
A glamorous blonde turns out to have an unusual hobby.
10.00 The Discreet Charm of the Bourgeoisie
Fernando Rey, Stéphane Audran
Satirical French comedy of manners. A group of middle-class dining companions find themselves perpetually thwarted in their attempts to sit down and enjoy a meal. *1972, 100 mins*
11.50 Hollywood Conversations
Interview with Robert Downey Jr.
12.20am Dolores Claiborne
Kathy Bates, Jennifer Jason Leigh
Text Thriller. *1995, 126 mins*
2.30am Eclipse
Manuel Aranguiz, Maria Del Mar
Erotic drama. Text *1994, 91 mins*
4.10-6.00am Cool and the Crazy
Jared Leto, Alicia Silverstone
Teen drama. *1993, 82 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm The More the Merrier
Joel McCrea, Jean Arthur, Charles Coburn, Richard Gaines
Romantic comedy set during the World War II housing shortage in Washington. A young woman sub-lets her apartment. Her new tenant, a mischievous, middle-aged man, promptly allows a third tenant into the cramped living quarters. *1943, 104 mins*
9.00 Destiny Turns on the Radio
James LeGros, Dylan McDermott, Quentin Tarantino, Nancy Travis
Offbeat comedy fantasy. A mysterious figure amuses himself by toying with the fates of a group of Las Vegas losers, one of whom is a young man seeking to recover money from an old bank heist – and also a lost love. *1995, 100 mins*
11.00 Lady Caroline Lamb
Sarah Miles, John Mills
Romantic period drama based on real events from the tempestuous life of the wife of a 19th century politician. *1972, 123 mins*
1.15am Turtle Diary
Glenda Jackson, Ben Kingsley
Romantic drama. *1985, 96 mins*
3.00 Destiny Turns on the Radio
Offbeat comedy. *James LeGros, Dylan McDermott 1995, 110 mins*
5.00-7.00am Band Waggon
Arthur Askey, Jack Hylton
Musical comedy. *1939, 80 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
PLEASANTVILLE
Romantic drama about two teens who find themselves transported into a vintage TV soap opera. Stars Tobey Maguire. Text *1998, rating Sky 15, 165 mins*
PLAYS AT 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
BELOVED
Drama set after the US Civil War. Two former slaves have their past brought back to them when a mysterious stranger appears. Stars Oprah Winfrey. Text *1998, rating Sky 12, 120 mins*
PLAYS AT 12noon, 3.00pm

PAYBACK
Thriller. A crook is double-crossed after a heist by a partner, who steals his wife. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
AMERICAN HISTORY X
Drama about racial hatred and the violence it breeds in one young man after his father is murdered. Stars Edward Norton. Text *1998, rating Sky 18, 114 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Tuesday 28 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
You Think You're a Teen Hottie, But You Need to Cover Your Body
Provocatively-dressed teens are given make-overs to present a more modest appearance.
4.00 Pokémon
Pokémon Paparazzi
A new friend harbours a secret.
4.30 Pokémon
The Ultimate Test
Ash signs up to take an exam.
5.00 Stargate SG-1
Bloodlines
Sci-fi spin-off series. Teal'c returns to Chulak in an attempt to stop his son Rya'c from becoming a slave to the Goa'ulds.
6.00 Friends
The One with the Screamer
Ross tries to convince Rachel that her date is psychotic. Text
6.30 Dream Team
Soccer drama series.
7.00 The Simpsons
Three Men and a Comic Book
Bart buys a rare magazine. Text
7.30 The Simpsons
Radioactive Man
Milhouse gets stressed-out. Text
8.00
3rd Rock from the Sun
Sex and the Sally
8.30 Futurama
A Head in the Polls
9.00 The Strangerers
A rescue mission wings its way towards the alien cadets.
9.30 Third Watch
Drama series focusing on the lives of a group of emergency services personnel in a fictional New York City precinct.
10.30 Cops
Fort Worth
The officers are hot on the trail of drug sellers and addicts. Text
11.00 Dream Team
Drama series about the members of a fictional soccer team.
11.30 Stargate SG-1
Bloodlines
Teal'c returns to Chulak in an attempt to stop his son Rya'c from becoming a slave. Text
12.30am Picket Fences
Down the Tubes
Jill considers sterilisation, and Brock must dance the polka with the Mayor for charity.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Time Spent
3.30 The Bill
Conspiracy of Silence
Boulton and Deakin investigate a fatal stabbing.
4.00 EastEnders
Debbie has worrying news, and an old face returns to the Square.
4.35 Neighbours
Brad and Lauren continue their clandestine romance.
5.00 Bugs
The Revenge Effect
Ros has misgivings about working for Jan, and Beckett is uneasy about the relationship between Ros and Channing.
6.00 The Brittas Empire
A Walk on the Wild Side
A bright idea from Brittas becomes a European directive.
6.35 Waiting for God
Tom and Diana investigate a spate of mysterious thefts.
7.10
Are You Being Served?
New Look
7.45
Keeping Up Appearances
Hyacinth gets to know an important new neighbour.
8.20 Open All Hours
Sitcom about a miserly shopkeeper and his downtrodden nephew.
9.00 dinnerladies
Trouble
Petula returns with some interesting news.
9.40 Sunburn
Drama series following the lives and loves of some British holiday reps in the Algarve. With Michelle Collins and Paul Nicholas.
10.45 Heartbeat
Assault and Battery
Nick investigates graffiti at a battery egg farm and makes a discovery, while Greengrass tries selling free range eggs.
11.50 The Bill
Time Spent
Beech finds out the truth about a former boss.
12.20am The Bill
Conspiracy of Silence
12.50 Casualty
A Taste of Freedom
1.45 Whatever
Happened to the Likely Lads?
The Shape of Things to Come
2.20-2.55am To the Manor Born

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.
3.50 Forgive or Forget
Host Mother Love attempts to resolve relationship problems by giving guests the opportunity to forgive one another.
4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by the veteran broadcast journalist.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock.
6.10
The Jerry Springer Show
Outrageous American talk show in which Jerry and his guests debate relationship issues.
7.00 Judge Judy
New York City's outspoken family court judge presides over more real-life cases and conflicts.
7.30 Life, Camera, Action
More amazing true-life drama.
8.00 Peak Practice
Another episode of the popular medical drama series centring on the lives of doctors who run a general practice in Derbyshire's picturesque Peak District.
9.00
FILM: Shattered Dreams
Lindsay Wagner, Michael Nouri, James Karen, Georgann Johnson
Drama based on true events. A woman suffers years of mental and physical abuse from her husband, a high-flying Washington lawyer, before she finally sues for divorce. *1990*
10.50 Red Shoe Diaries
Stories of obsession, eroticism and love, introduced by David Duchovny of *X-Files* fame.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am We'll Meet Again 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon
Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man - Book II

3.00 Hawaii Five-0
Devil and Mr Frog
The kidnapped son of a wealthy man escapes, and the father demands that McGarrett recover the ransom money.
4.00 Kojak
Over the Water
While off duty, Kojak breaks up a fight instigated by the son of a criminal – and the young man puts out a contract on the cop.
5.00 Hart to Hart
Harts on the Scent
Jonathan's venture into the fragrance industry places the Harts in danger. With Robert Wagner and Stephanie Powers.
6.00 Emmerdale
Angharad finds herself in a compromising position. Text
6.30
Classic Coronation Street
Mavis wins a competition. Text
7.00 George and Mildred
All Around the Clock
George gives Mildred a present.
7.30 Bless This House
Get Me to the Match on Time
Sid has plans for Saturday.
8.00 The Benny Hill Show
Benny presents another parade of comic characters, with guest stars and a bevy of beauties. Featuring Henry McGee, Bob Todd and Jack Wright.
9.00 Kojak
The Nicest Guys on the Block
A cop has divided loyalties when a former classmate turns thief.
10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm Showgirls
Documentary series following a group of women who set out to make it big in Las Vegas.
11.30 Beverly
Hills Wet T-shirt Contest
Erotic men's magazine series.
12.30am
Garry Bushell Reveals All
Celebrity gossip gameshow.
1.00 4Play Away – Amsterdam
Fly-on-the-wall docusoap which follows a quartet of glamour girls.
1.30-2.00am
South Beach Model Search
More Miami Beach bikini contests.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Watch your favourite Disney characters.
4.00 Sabrina
More wacky witchcraft from the spellbinding sorceress. Text
4.30
Hercules: The TV Show
Hercules and the Hero of Athens
5.00 Recess
Animated series. Text
5.30
My Best Friend is an Alien
The Haunting of Blim Blomkins
Tim is driven to paranoia. Text
6.00 Smart Guy
Comedy about a child prodigy promoted to the tenth grade. Text
6.30 Microsoap
Innovative junior sitcom.
7.00 FILM: Joey
Jamie Croft, Alex McKenna
Family adventure focusing on a young boy and a baby kangaroo. The duo leave the outback and journey to the urban jungle of the big city in order to try and rescue the animal's parents from poachers. *1997*
8.35 Honey, I Shrunk the Kids: The TV Show
Honey, I'm Going to Teach You a Lesson Text
9.15 Boy Meets World
State of the Unions Text
9.35 Dinosaurs
Prehistoric fun with state-of-the-art puppetry. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

TUESDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

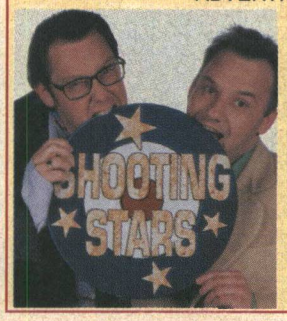
CABLE CHOICE

FILM

Destiny Turns on the Radio
Carlton Cinema 9.00pm
A virtually forgotten oddity, this consciously wacky, quasi-mystical crime comedy might yet earn cult status thanks to the acting efforts of Quentin Tarantino. He plays the mysterious title character who tinkers with the forces of fate for our crook heroes.

GENERAL

Futurama
Sky One 8.30pm
The Simpsons creator Matt Groening's latest animated venture has Pizza delivery man Fry as its hero. He is accidentally frozen to wake up in the year 3000. Today robot Bender hocks his titanium-rich body to a pawnshop only to find Richard Nixon buys it.

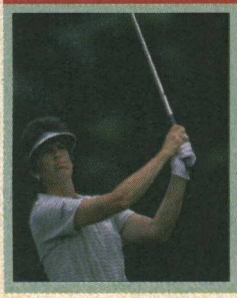
ADVERTISEMENT
UK PLAY


SHOOTING STARS 10.30PM
Welcome to the second series of the quiz show with no comprehensive rules, where some celebrity contenders run the risk of being hit with a meat tenderiser. It's time to settle yourselves down with Bob Mortimer, Vic Reeves and their super show.

Tuesday 28 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM MORNING	**7.30am Tennis** **8.30 Figure Skating** **10.30 Snowmobile** Featuring highlights of The Great Millennium Race at Levi, Finland. **11.00 Eurogoals** **12.30pm Football** Gillette Dream Team. **1.00 Figure Skating – LIVE** Action from the World Championships in Nice.	**7.00am Sky Sports Centre** **7.15 WWF – Livewire 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics 10.00 First Division Football: Barnsley v Grimsby – Highlights 11.30 Asian Sports Show 12noon Aerobics Oz Style 12.30pm World Football Show 1.00 Ringside Special: Derek Roche vs Scott Dixon**	**7.00am Aerobics 7.30 Sky Sports Centre 7.45 Racing News 8.15 Asian Sports Show 8.45 Sports Centre 9.00 Telegraph Action Sport 9.30 Three Sixty Surfing 10.00 World Pool League 11.00 Sailing: Blown Out 11.30 Bowls: Australia v England 3rd Test 1.30pm First Division Football: Barnsley v Grimsby**	**12noon Max Power** Weekly motorsport show. **1.00pm Telegraph Action Sport** **1.30 Three Sixty Surfing** Focusing on the sport of three sixty surfing. **2.00 Shell's Wonderful World of Golf** The programme that features classic golfing action from years gone by.	**8.00am Battlestar Galactica** **9.00 The Time Tunnel** **10.00 Lost in Space** *The Ghost Planet* **11.00 The Incredible Hulk** *Like a Brother* **12noon Babylon 5** *The Ragged Edge* **1.00pm Alien Nation** *Generation to Generation* **2.00 Battlestar Galactica** *Fire in Space*	**6.00am Select MTV** Another chance to see the choices made by the MTV audience yesterday. **8.00 Mad 4 Hits** Exclusives and big chart hits. **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 Hit List UK**
3.00 PM		**3.00 Spanish Football** Spanish football action from La Liga, hosted by David Bobin, with commentary from Guy Havord and summaries from Gerry Armstrong.	**3.00** **World Motor Sport** For followers of motor sport, Sky Sports screens the ultimate programme. *World Motor Sport* takes viewers on a tour of the race world and provides a guide to who is racing where, when and how. From a round-up of the biggest meetings to a preview of the main events, this programme has the lot. Hit the road with some of the fastest drivers in the world and go to the heart of the race experience.	**3.00 Views of Golf** A look at some of the game's legends. **3.30 Total Sport** Lifting the lid on the biggest issues facing world sport.	**3.00 Robocop** *Ghosts of War* A band of deranged war veterans steals a top secret weapon and lays siege to OCP Public Works.	**3.00 Bytesize MTV** A wealth of superb music, stars and entertaining moments from different MTVs around the world.
4.00 PM	**4.00 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Key Biscayne, Florida.			**4.00** **World Pool League** Action from the league which consists of six players playing each other over 12 racks in Warsaw.	**4.00 The Time Tunnel** *Pirates of Deadman's Island* The time travellers fall into the hands of the Barbary Coast pirates.	**4.00 Select MTV** Your personal video jukebox. Select your video from the on-screen menu, call up the special number and sit back and enjoy your favourite hits.
5.00 PM	**5.30 Football** A review of the action from the second phase of the Uefa Champions' League.	**5.00 World Wrestling Federation – Livewire** Michael Cole presents coverage of exclusive World Wrestling Federation bouts.		**5.00 International Bowls: Australia v England – Third Test** International bowls action, as England continue their latest campaign against the formidable Australian team in the singles stage of the third Test.	**5.00 Lost in Space** *The Ghost Planet* Hoping to land on Earth, Smith causes the *Jupiter 2* to land on an alien planet run by cyborgs.	
6.00 PM	**6.30** **Figure Skating – LIVE** Coverage of the men's short programme at the World Championships in Nice, France.	**6.00** **Sky Sports Centre** Catch up with the latest from the world of sport. **6.30 Inside Scottish Football** An insight into the game north of the border. Presented by Jim White.	**6.00 Fastrax** Taking a look at life in the fast lane. **6.30 Snow Show** Advice for aspiring skiers and snowboarders.		**6.00** **The Incredible Hulk** *Like a Brother* Banner is caught up in a dope pusher's attempt to silence a preacher.	**6.00 Bytesize MTV** A constant barrage of bizarre moments from different MTV's around the world, in short soundbites.
7.00 PM		**7.30 Greyhounds: Grand National – LIVE** Jeff Stelling hosts greyhound action from The William Grand National. This is the premier event for hurdlers and is run over 460m at Wimbledon.The winner receives £7,500	**7.00 LPGA: Nabisco Championship** Action from the Mission Hills Country Club in California, where there's an awesome $1,250,000 in prize money on offer. This tournament shows that, while ladies' golf struggles to find its niche on this side of the Atlantic, in the US the game is thriving.	**7.00 Sports Unlimited** Whether firmly on the ground or thousands of feet in the air, this show covers the sports that people rarely hear about.	**7.00 Alien Nation** *Generation to Generation* George and Sikes search for a mysterious Newcomer artefact which possesses strange and deadly powers.	**7.00 brand:new** Zane Lowe hosts the best in new releases, frank interviews and insider info on the music industry.
8.00 PM				**8.00 Premier Snooker League** Green-baize action from a variety of top venues across the length and breadth of Britain. Now in its 14th year, the £123,500 Premier Snooker League is a prestigious showcase for seven of the world's best players. The defending champion is John Higgins.	**8.00 Sleepwalkers** *Counting Sheep* A serial killer's life hangs in the balance after being shot by the police. With Bruce Greenwood.	**8.00 US Top 20 Countdown** Toby Amies counts down the latest hot tunes from the US charts.
9.00 PM	**9.15 Boxing** Action from a top international bout.	and last year there was a dead heat between Hello Buttons and Pottos Storm. Commentary comes from Errol Blyth, with reports coming from Dave Smith.	**9.00 Euro Tour Golf: Brazil Rio De Janeiro 500 Years Open** Golfing action from Brazil.		**9.00 American Gothic** *Potato Boy* Lucas gets upset when Selena reaches out to Caleb. With Tina Lifford and John Bennes.	**9.00 Daily Edition** Stories from the world of showbiz as they break across Europe. **9.30 Celebrity Death Match**
10.00 PM	**10.30 Football** Action from the Uefa Champions' League.	**10.00** **Sky Sports Centre** **10.15** **You're On Sky Sports!** The show that lets football fans air their views.	**10.00 Fastrax** High-speed sports show. **10.30** **Sporting Auction: Manchester United Auction Preview**	**10.00 Big Fights: Jake La Motta** *Big Fights* features vintage boxing footage, with action from classic bouts involving legends of the fight game.	**10.00 Asteroid** The conclusion to this two-part mini-series about the crisis triggered by the discovery of a huge asteroid on a direct	**10.00 Making the Video: Jennifer Lopez** Behind the scenes with Jennifer Lopez. **10.30 Sex in the 90s – Generation Sex**
11.00 PM	**11.30-12.30am** **Ice Speedway** Highlights of the World Individual Championships in Assen, Netherlands.	**11.00 Inside Scottish Football** A look behind the scenes of the number one division north of the border. Presented by Jim White.	**11.00** **Sports Unlimited** Whether on the ground or thousands of feet up, this show covers the sports that people rarely hear about.	**11.00-11.30pm** **A to Z of Motorsport** Tracing the history of the motor racing circuit.	collision course with Earth. With Michael Biehn, Annabella Sciorra, Anne-Marie Johnson, Don Franklin, Jensen Daggett and Zachary B Charles.	**11.00 brand:new** MTV plays homage to all that is new and experimental, with rarely-seen artists and videos.
12.00 NIGHT TIME		**12midnight** **Sky Sports Centre** All the latest happenings in the world of sport. **12.15am** **Premier Snooker League** **2.15 You're On Sky Sports!** **3.00-3.15am** **Sky Sports Centre**	**12midnight LPGA: Nabisco Championship** Golfing action from Rancho Mirage, California. **2.00am** **Euro Tour Golf: Brazil Rio De Janeiro 500 Years Open** **3.00-3.15am** **Sky Sports Centre**		**12midnight The Flash** *Tina, Is that You?* Comic strip superhero series. With John Wesley Shipp. **1.00am FILM: The Gorgon** *Peter Cushing, Jack Watson* Horror. *1964* **2.35 Sci-Focus Special** **3.00-4.00am Babylon 5**	**12midnight Alternative Nation** A look at the movers and shakers of the underground. **1.00am Making the Video: Jennifer Lopez** **1.30 Sex in the 90s – Generation Sex** **2.00-6.00am Night Videos**

LPGA: NABISCO CHAMPIONSHIP
SKY SPORTS 2 7.00PM



There's no let-up in the world of ladies' golf as this two-hour special from the Nabisco Championship from the Mission Hills Country Club, Ranch Mirage, California will illustrate. This is regarded as one of the most prestigious of tournaments outside the majors – with $1.25m in prize money – and Dottie Pepper is the defending champion.
Her main rivals are likely to be the American Juli Inkster (pictured, left) and Britain's own Laura Davies (pictured, right).

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 Playboy's Sexy Girl Next Door 10.40 Cyber Sex 12midnight Freeview 12.10am Department Sex 12.35 Villa Lesbos 1.05 Biker Annie 1.35 Sam Gets Her Girl 1.50 Adult Feature 2.10 Black Heat 3.00-4.00pm Nude Wives

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Teresa Scott Unleashed 12.40 FILM: Call Girls 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 The President's Perversions 2.20 FILM: Legacy 3.30-4.00am Zowie

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Tuesday 28 March

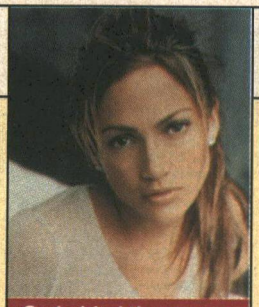
VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
Music and trivia from the irreverent Pop-Up team.
9.00 Upbeat
1.00pm Greatest Hits: Shania Twain
All the best hits from Shania.
1.30 Pop-Up Video
Music and trivia from the irreverent Pop-Up team.
2.00 Jukebox
A back-to-back rollercoaster of hits from the VH1 playlist and some golden oldies from the last four decades.
4.00 Behind the Music: Celine Dion
A profile of the successful French-Canadian singer.
5.00 The VH1 Album Chart Show
Paul King with the biggest selling albums of the week in the UK.
6.00 VH1 to One: Tina Turner
A profile of the legendary singer and performer.
6.30 Greatest Hits: Shania Twain
7.00 Ten of the Best: Sheryl Crow
The American singer-songwriter makes her selection of favourite music videos.
8.00 The Millennium Classic Years: 1989
Ayatollah Khomeini declares Salman Rushdie's *Satanic Verses* blasphemous.
9.00 Egos and Icons: Janet Jackson
A look at the career of superstar Janet Jackson, who speaks openly about her music and family.
10.00 Behind the Music: Cher
An exclusive documentary on the rise, fall and rise again of the remarkable singer, featuring interviews with friends, family and the woman herself about her career and her often troubled personal life.
11.30 Video Timeline: Madonna
12midnight Pop Up Video
12.30am Video Timeline: Celine Dion
A look at the career of the French-Canadian singer.
1.00 Hey, Watch This!
2.00 Soul Vibration
2.30 VH1 Country
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
America's Deadliest Snakes
1.00pm Emergency Vets
Freckles the rabbit has an upset stomach.
1.30 Pet Rescue
2.00 Harry's Practice
Harry treats a greyhound puppy with eye problems and visits a bulldog who is gradually becoming deaf.
2.30 Zoo Story
3.00 Going Wild with Jeff Corwin
Monterey Bay
Jeff ventures to Monterey's Ano Neuvo State Reserve.
3.30 Croc Files
4.00 Croc Files
Steve and Terri Irwin follow the path of a sea turtle's life, from mating to struggling for survival.
4.30 The Aquanauts
5.00 Emergency Vets
A golden retriever puppy is given to a family who recently lost two poodles.
5.30 Zoo Chronicles
With Pam St Clement.
6.00 Crocodile Hunter
The Crocodile Hunter Goes West – Part I
6.30 Crocodile Hunter
The Crocodile Hunter Goes West – Part II
7.00 Death of a Bison Bull
Chronicalling the struggle for life by a herd of bison during the winter in the Lamar Valley, USA.
8.00 Emergency Vets
More animals are given life-saving surgery.
8.30 Emergency Vets
More animals are given life-saving surgery.
9.00 Animal Encounters
Predators
A look at the golden eagle.
9.30 Twisted Tales
Snake
10.00 Wildlife Rescue
Mark Evans follows the rescue of rare red squirrels and dormice in Thetford Forest, Norfolk.
10.30 Wildlife Rescue
11.00 Animal Emergency
Fly-on-the-wall series about vets in Salisbury.
11.30-12midnight Animal Emergency

CABLE CHECK
Some of the channels listed may not be available in your area



Go behind the scenes in 'Making the Video – Jennifer Lopez'. MTV 10.00pm, 1.00am

ITV2
ACCESS PACK

4.00pm NBA 2000
Exciting action from one of the week's top US basketball games.
5.00 Life Force
Sci-fi series set in a future where global warming leads to widespread flooding.
5.30 Jungle Run
Energetic game show.
6.00 Uefa Champions' League Weekly
Reviews and previews of the latest action.
6.50 Sport in Action
7.00 NBA 2000
Basketball magazine with the best US action.
8.00 Man O Man
8.50 Chart Choice
9.00 Feature
10.00 Emmerdale
Tonight's episode shown earlier on ITV. Text
10.30 The Bill
A chance to catch up with the dramatic developments at Sun Hill. Text
11.30 Family Fortunes
Two more families compete in the big money gameshow, hosted by comedian Les Dennis.
12midnight Feature
12.50-1.50am Trisha
Trisha shares more pedestrian problems.

UK STYLE
LIFESTYLE PACK

7.00am Looking Good 7.30 Big Strong Boys 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Big Strong Girls 11.30 Which Craft? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 The Naked Chef 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Ground Force
3.00 Garden Stories
Personality
3.30 Gardening from Scratch
The gardening series for absolute beginners.
4.00 Travel Xpress
Travel magazine.
4.30 Holiday in Style
An extended edition of the popular holiday programme, which reports from Prague, Puerto Soller, Antigua and Crete.
5.30 Antiques Roadshow
The team of experts turns up some surprises at the Britannia Royal Naval College in Dartmouth.
6.30 Real Rooms
The makeover show which transforms rooms in dire need of a revamp.
7.00 Can't Cook, Won't Cook
More young cooks are helped in the creation of a delicious meal.
7.30 Collectors' Lot
8.00 Change That
Interior design roadshow.
8.30 Antiques Treasure Trail
9.00 Big Strong Boys
Wolverhampton Landing
Anna Walker presents the DIY challenge show.
9.30 Big Strong Girls
More DIY fun.
10.00 Which Craft?
Combining traditional arts and crafts with practical ideas for the home.
10.30 House Invaders
Hosted by Linda Barker.
11.00 Garden Stories
Cycles
A series exploring the British passion for gardens.
11.30 How Does Your Garden Grow?
12.30am-1.00am Gardening from Scratch
The gardening series for absolute beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Fat Files – A Horizon Trilogy 7.50 Lion Country 8.20 Battersea Dogs' Home 8.50 Lion Country 9.20 Secrets of World War II 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Lion Country 12.45 City Hospital 1.45 Why Men Don't Iron 2.45 Fat Files – A Horizon Trilogy
Fixing Fat
3.45 Battersea Dogs' Home
The home's groomer offers some tips on smartening up scruffy dogs.
4.20 Animal Hospital
Rolf Harris catches up with the action at a 24-hour RSPCA hospital.
4.50 What Went Wrong?
Footage of man-made and natural disasters.
5.25 Caribbean Holiday
5.55 City Hospital
Documentary series in which Gaby Roslin reports on the triumphs and trials of patients and staff at Southampton General.
6.55 Future Fantastic
Incredible Shrinking Planet
Science fact and fiction are merged in a tantalising glimpse into the future.
7.30 Disaster
October Fire
8.00 Animal Hospital
Rolf Harris catches up with the action at a 24-hour RSPCA hospital.
8.30 What Went Wrong?
9.00 The Clampers
A bailiff is assaulted by an irate motorist.
9.35 Trouble at the Top
Ratner Returns
Following high-powered businessmen struggling to turn around ailing firms.
10.30 Future Fantastic
Incredible Shrinking Planet
11.00 Secrets of World War II
The Real Heroes of Telemark
12midnight-1.00am Island of Dreams

UK PLAY:
1.00am Bang, Bang, It's Reeves and Mortimer 1.35 Shooting Stars 2.10 Futur/TV 2.40 The Chris Moyles Show 3.10 TOTP Plus 3.35 Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Fish 9.30 A to Z of Food and Beauty 10.00 Jenny Bristow's Country Cooking 10.30 Alive and Cooking 11.00 Flash in the Pan 11.30 Simply Puddings 12noon Classic Dishes 12.30pm Loyd's Louisiana 1.00 Coxon's Kitchen College 1.30 Gordon Ramsay's Passion for Flavour 2.00 Food Network Daily 2.45 More Simply Antony
3.30 Tessa's Tastebuds
Nutmeg and Mace
Guinea fowl on rice with raisins and almonds.
4.00 Simply Baking
Shortcrust Pastry
Andrew Nutter prepares Thai pork pie. and roquefort and spinach tart.
4.30 The Spice Trail
5.00 Flash in the Pan
5.30 Classic Dishes
With Ross Burden.
6.00 Coxon's Kitchen College
6.30-7.00pm A Shared Table

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm Explorer's Journal
A Dog's Life
What happens when dogs fall foul of their master and end up on the street.
8.00 Submarines, Secrets and Spies
Discovering how submarines have become the ultimate killing machines.
9.00 Honey Hunters and the Making of the Honey Hunters
9.30 Mother Bear Man
Wildlife programme.
10.00 Cyclone!
Heart-pounding footage and gripping personal accounts reveal the horror and magnificence of tornadoes and hurricanes.
11.00 Explorer's Journal
Running the Distance
Explore the trials and tribulations of long distance runners.
12midnight-1.00am Kendo's Gruelling Challenge
Explore the final challenge in the ancient sword-fighting art of Kendo – a rigorous competition in which thousands of swordsmen battle to become the highest-ranking fighter.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00 Celebrity TV Bloopers
12midnight Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30 Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Real Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Real Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Hammer It Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 Model Magic 2.30 The New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Go Fishing
Angling series.

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 ThatFilmShow 4.30 Eurospotters 4.45 Got Any Gear? 5.00 Freesports 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Tuesday 28 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 The Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 The Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

3.00 PM

3.00 Flying Rhino Junior High
Pachyderm pranks.
3.30 Fat Dog Mendoza
Canine capers.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Trouble in Townsville calls the three heroines out on another mission.
5.00 Dragonball Z
5.30 Ed, Edd 'n' Eddy
Namesake nonsense.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Prehistoric men behaving badly in Bedrock.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina The Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy and the Cockroaches 8.25 Hero Turtles 8.50 Fantastic Four 9.15 The Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy and the Cockroaches 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

3.10 X-Men
3.29 X-Press
UK Connection
A daily magazine.
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.30 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Science 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 World Beat 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.45am Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 The Book Show 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 The Book Show 4.30 Showbiz Weekly 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Découverte 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Si j'Ose Ecrire 10.00 Claire Lamarche 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Lignes de Vie 1.00 Journal 1.15 Cinéma: La Fille Seule 3.00 Journal 3.15 Questions 3.30 Taxi pour l'Amérique 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Cinéma 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Temps Présent 9.00 Journal Télévisé 9.15 Nestor Burma: Sortie des Artistes 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Naqab 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Top Tucker 12.30pm Mahanagar 1.00 Zameen Aasman 1.30 FILM 4.00 Kissa Shanti Ka 4.30 Eklo Jane Re 5.00 Kalapul 6.00 Rajni Gandha 6.30 MTV Made in India 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Ta Anari 8.30 FILM 11.30 News 12midnight MTV Made in India 12.30am Zameen Aasman 1.00 FILM 4.00 Rajni Gandha 4.30 Top Tucker 5.00 Kalapul 6.00 Kissa Shanti Ka 6.30 DD Programme 7.00-7.30am Jai Veer Hanuman

ZEE TV
ADD-ON CHANNEL

6.00am Aap Ki Farmaish 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Out and About 8.30 Tara 9.00 Super 7 Muqabla 9.30 Yaadon Ke Rang 10.00 Pakistan Show Time 11.00 Khana Khazana 11.30 Amar Prem 12noon FILM 3.00pm Hadd Kar Di 3.30 Top of the Tops 4.00 Raahat 4.30 Callmate Top Ten 5.30 Hasratein 6.00 Antakshari Classic 7.00 Daayre 7.30 Chalo Cinema 8.00 News Bulletin 8.30 Janam 9.00 A Day Out with a Star 9.30 Zanjeeren 10.00 Shapath 10.30 Mahabharat 11.30 Mano Ya Na Mano 12midnight News Bulletin 12.30am Low Cal Show 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00-6.00am VCD Zabardast

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am Good News 5.30 CMTV 6.00 Hour of Deliverance 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Rhema Praise 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.45 Focus on Eastern Europe 3.30 Wall Street Report 4.15 South Africa Report 5.45-6.00am Kavanagh's Picks

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am House of Lords 7.00 The Record 7.30 House of Lords 10.00 Westminster Hall 1.00pm House of Lords 2.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Angling programme.
4.30 Discovery Today
News programme.
5.00 PM
5.00 Time Team
Launceston
The team makes one of its most interesting discoveries to date in Launceston, Cornwall.
6.00 PM
6.00 Hitler's Henchmen
Goering – The Marshal
Goering symbolised the cruelty, excess and vanity of the Nazi regime.
7.00 PM
7.00 Secret Mountain
The three remaining climbers press on.
7.30 Discovery Today
News programme.
8.00 PM
8.00 Incredible Ocean Rescue
The amazing stories of heroic rescue workers and sailors struggling to stay alive in the Pacific.
9.00 PM
9.00 My Titanic
Aftermath
Series hearing the eye-witness accounts of survivors from notorious modern disasters.
10.00 PM
10.00 Survivor
Jungle
10.30 Survivor
Desert
True stories of human endurance in the desert.
11.00 PM
11.00 War and Civilisation
Horse Warriors
How the horse dominated warfare after the fall of the Roman empire.
12.00
12midnight Myths of Mankind
The Flood
Across all cultures and religions there exist myths about a great flood wiping out mankind.
1.00am Discovery Today
News programme.
1.30-2.00am Beyond 2000

TNT
FAMILY PACK

9.00pm Murphy Brown
The Murphy Brown School of Broadcasting
9.30 Murphy Brown
Bad Girls
10.00 FILM: Corvette Summer
Mark Hamill, Annie Potts, Eugene Roche, Kim Milford
Comedy. A high-school student meets an aspiring prostitute as he searches for a stolen Corvette in Las Vegas. *1978*
12.30am-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Flying Rhino Junior High 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Live in the Real World
7.30 Desmond's
8.00 Dharma and Greg
Death and Violins
8.30 Mad About You
Murray's Tale
Lisa loses the dog.
9.00 Married... With Children
Steve and Al restore a car.
9.30 Becker
Take These Pills and Shove 'Em
10.00 Frasier
Life of the Party
Frasier and Niles host a singles party.
10.30 Father Ted
Entertaining Father Stone
11.00 Drop the Dead Donkey
What Are Friends For?
John Major visits Globelink.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott And Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Jewellery Shop! 8.30 Clothes Shop! 9.30 Beauty Shop! 10.00 Jewellery Shop! 11.00 Kids Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Collectors' Shop! 2.00 Technology Shop! 2.30 Clothes Shop! 3.30 Home Shop! 4.30 Kitchen Shop! 5.30 Shop! Selection 6.00 Kids Shop! More offers for parents. 7.00-7.30pm Bargain Shop! Today's special offers.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon True Story of the Untouchables 12.55pm Photos for the Future II 1.00pm Project Cancelled *The Tradewind* 2.00 Biography *Amelia Earhart* 3.00 Great Crimes and Trials *The Hillside Stranglers* 3.30 Spies *The Enemy Within* 4.00 Combat Camera 5.00 Rockets *Man in Space* 6.00 The Nazi Bomb 7.00 Project Cancelled *Jack Northrop's Flying Wings* 8.00 Biography *Dwight D Eisenhower* Profile of the former US President. 9.00 Great Crimes and Trials *Lucky Luciano and the Mob* 9.30-10.00pm Spies *Rudolf Abel – Master Spy*

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is In the Salon with Alison at 3.00pm.

NIGHT TIME

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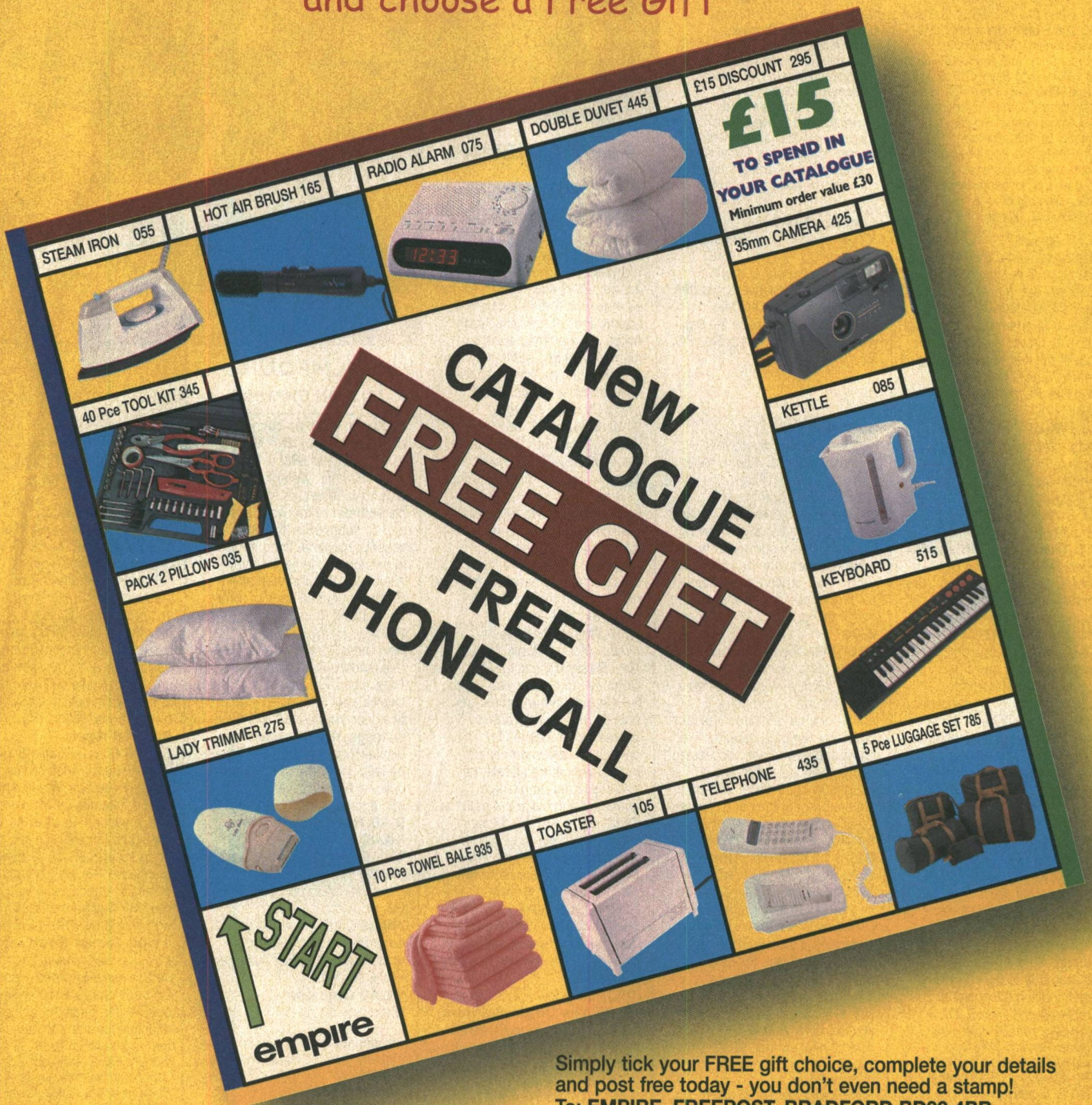

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Wednesday 29 March

SKY PREMIER
PREMIUM CHANNEL

6.00am Who Gets the Friends?
1988, rating Sky PG, 90 mins
8.00 A Match Made in Heaven
Text *1997, rating Sky PG, 88 mins*
10.00 Look Who's Talking Too
Kirstie Alley, John Travolta
1990, rating Sky PG, DS, 77 mins
11.50 The Horse Whisperer
Robert Redford, Kristin Scott-Thomas, Sam Neill, Dianne Wiest
Text *1998, rating Sky PG, 162 mins*
2.40pm Who Gets the Friends?
Jill Clayburgh, James Farentino, Lucie Arnaz, James Sloyan
Romantic comedy about a seemingly perfect couple whose 17 years of marital bliss come to an end when the husband decides that he has fallen out of love. *1988, rating Sky PG, 90 mins*
4.15 Legend
Tom Cruise, Tim Curry, Mia Sara, Billy Barty, David Bennent
A fairy-tale set in a mythical land where life hangs in the balance. Darkness is attempting to corrupt the Earth forever by stealing the horns of the last two remaining unicorns. Last Play *1985, rating Sky PG, 90 mins*
5.50
Look Who's Talking Too
Kirstie Alley, John Travolta, Olympia Dukakis, Elias Koteas
Comedy sequel. The baby from the first film is now joined by a younger sister. *1990, rating Sky PG, DS, 77 mins*
7.10 The Horse Whisperer
Robert Redford, Kristin Scott-Thomas, Sam Neill, Dianne Wiest
Romantic drama. A riding accident leaves a young girl and her horse damaged both physically and psychologically. The girl's mother takes her daughter and the horse to a ranch where a horse whisperer promises to heal the horse's physical and emotional wounds. In the process, the young girl rediscovers her lost confidence, and her mother finds herself falling in love. Text *1998, rating Sky PG, 162 mins*
10.00 Starship Troopers
Casper Van Dien, Denise Richards, Dina Meyer
Action-packed sci-fi movie with spectacular effects, monsters and gore galore. When Earth is threatened by an alien foe, a teenager signs up for the military and prepares to fight for his planet, leaving his anxious parents behind. Text *1997, rating Sky 18, DS, 124 mins*
12.10am Beverly Hills Cop
Eddie Murphy, Judge Reinhold
1984, rating Sky 15, 101 mins
1.55 The General
Brendan Gleeson, Adrian Dunbar
Text *1998, rating Sky 15, 119 mins*
4.00-5.50am
Sleeping with the Enemy
Julia Roberts, Patrick Bergin
1991, rating Sky 18, DS, 95 mins

SKY MOVIEMAX
PREMIUM CHANNEL

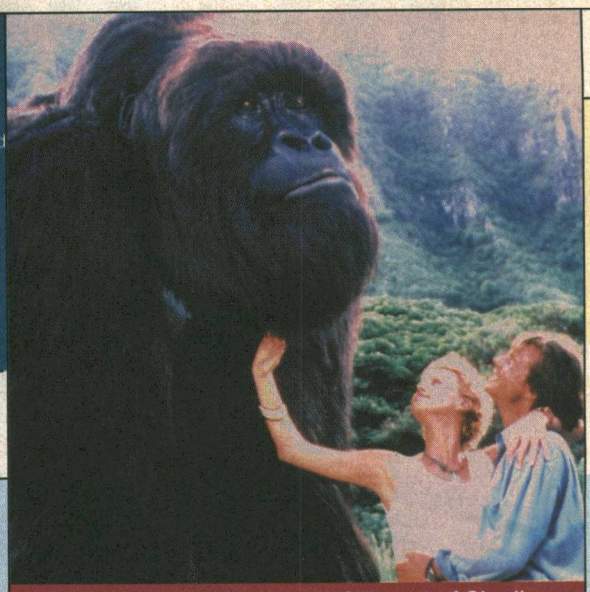
6.00am Danielle Steel's Star
1993, rating Sky PG, 88 mins
8.00 Harvest
1993, rating Sky U, 90 mins
10.00 Enchanted
Sydney Penny, John Ward
1999, rating Sky PG, 92 mins
12noon Melanie Darrow
Delta Burke, Brian Bloom
Drama about a flamboyant lawyer.
1997, rating Sky PG, 83 mins
2.00pm Immediate Family
Glenn Close, James Woods, Mary Stuart Masterson, Kevin Dillon
Yuppie angst drama. A well-off married couple make a deal with a teenage couple to adopt their baby, but maternal instincts get in the way. *1989, rating Sky PG, 95 mins*
4.00 Enchanted
Sydney Penny, John Ward, David Kaufman
Romantic adventure about a group of college leavers and their various successes as they embark on a new life in the big, wide world. *1999, rating Sky PG, 92 mins*
6.00 Harvest
Ted Shackelford, Ron White, Rebecca Jenkins, Shane Meier
Drama about a struggling farming family and the long-lost brother who returns after running away from his fiancee 20 years earlier. Mystery surrounds his reappearance; has he come to reclaim his fiancée, or to claim his birthright – the farm itself?. *1993, rating Sky U, 90 mins*
8.00
Every Mother's Worst Fear
Cheryl Ladd, Jordan Ladd, Ted McGinley, Robert Wisden
Thriller in which a mother embarks on a frantic search for her naïve teenage daughter who has disappeared after accessing an internet chat room and is caught up in a sinister web of abuse, pornography and murder. *1998, rating Sky 12, 88 mins*
10.00
Diary of a Serial Killer
Gary Busey, Arnold Vosloo, Michael Madsen, Julia Campbell
PREMIERE Thriller about an undercover journalist who witnesses a brutal murder and makes a deal with the killer.
1997, rating Sky 18, 89 mins
11.35 Predator 2
Danny Glover, Maria Conchita Alonso, Gary Busey
Alien thriller sequel. *1990, rating Sky 18, 104 mins*
1.25am Bang
1994, rating Sky 18, 95 mins
3.05
Alien Nation: The Udara Legacy
1997, rating Sky PG, 86 mins
4.35-6.15am Immediate Family
1989, rating Sky PG, 95 mins

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

4.00pm Darby's Rangers
James Garner, Edward Byrnes, Raymond Bailey
World War II adventure following a team of American commandos as they train to be sent behind enemy lines in Italy and North Africa. As the time nears for them to sent into battle they have to sever the emotional ties they have made in Britain. *1957, rating Sky PG, 116 mins*
6.00 Desert Mice
Alfred Marks, Sid James, Dora Bryan, Patricia Bredin, Irene Handl
Wartime comedy about a troupe of entertainers who arrive in World War II Africa to boost the spirits of the soldiers stationed there. However, the officer assigned to them recruits them to carry out his own hare-brained missions. *1959, rating Sky PG, 80 mins*
8.00 Crazy People
Dudley Moore, Daryl Hannah, Paul Reiser, Mercedes Ruehl
Comedy. An adman decides to tell the truth in his company's adverts. His bosses aren't impressed and have him commited. But when his ads mistakenly hit the streets, he decides to set up his own agency, using his fellow patients.
1990, rating Sky 15, 87 mins
10.00
Dr. Strangelove or: How I Learned to Stop Worrying and Love the Bomb
Peter Sellers, Sterling Hayden, George C Scott, Slim Pickens
The late Stanley Kubrick's powerful black comedy about nuclear war.
1963, rating Sky PG, 91 mins
11.35 The Virgin Soldiers
Hywel Bennett, Lynn Redgrave
Ribald comedy. *1969, rating Sky 15, 91 mins*
1.10am Crazy People
1990, rating Sky 15, 87 mins
2.45 The Deep Six
1958, rating Sky PG, 103 mins
4.35-6.00am
Boston Blackie's Chinese Venture
1949, rating Sky PG, 57 mins



'Mighty Joe Young' makes monkeys out of Charlize Theron and Bill Paxton. Sky Box Office 3, see below

FILMFOUR
ADD-ON CHANNEL

6.00pm Voyage to the Bottom of the Sea
Walter Pidgeon, Robert Sterling, Joan Fontaine, Peter Lorre
Cult sci-fi adventure following the commander of the world's first atomic submarine, the only vessel capable of firing a missile to extinguish the flaming Van Allen belts that threaten all life on Earth. But not all danger comes from above. Text *1961, 101 mins*
8.00
Hamam: The Turkish Bath
Allessandro Gassman, Francesca D'Aloja
Drama about an Italian interior designer trapped in a loveless marriage. When he inherits a disused Istanbul Turkish bath, he falls under the spell of the building and discovers truths about himself. *1997, 94 mins*
9.40 His Favoured One
10.00
The Company of Wolves
Sarah Patterson, Angela Lansbury, Micha Bergese
Horror based on stories by Angela Carter. A young girl emerging into womanhood dreams about wolves and men.
1984, 92 mins
11.40 Clueless
Short film.
12midnight Beautiful Girls
Timothy Hutton, Matt Dillon
Comedy drama. *1996, 107 mins*
1.50am Candy
Short film. *1988*
2.05 Le Samourai
Thriller. *1967, 104 mins*
3.50-6.00am
Reflections in a Golden Eye
Text *1967, 104 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
LIFESTYLE PACK

7.00pm Wuthering Heights
Laurence Olivier, Merle Oberon,
One of Hollywood's most celebrated romantic films, adapted from Emily Bronte's immortal novel. Concentrating on only the first two-thirds of the book the film focuses on the passionate affair between an unhappy, middle class woman and the enigmatic man adopted by her family. *1939, 103 mins*
9.00 18 Again
George Burns, Charlie Schlatter, Tony Roberts, Anita Morris
Fantasy comedy. Wishing he'd lived a fuller life an elderly man gets a second crack when, on his 81st birthday he is in a car accident with his 18-year-old grandson. The accident turns him into a teenager, only to discover that young life is fraught with problems. *1988, 100 mins*
11.00 Sweet Hearts Dance
Don Johnson, Susan Sarandon, Jeff Daniels, Elizabeth Perkins
Comedy drama about a married couple who begin to feel their affection for one another waning for the first time. *1988, 101 mins*
1.00am Bitter Harvest
Janet Monroe, John Stride
Powerful drama. *1963, 96 mins*
3.00 18 Again
George Burns, Charlie Schlatter
Fantasy comedy. *1988, 100 mins*
5.00-7.00am Always a Bride
Peggy Cummins, Terence Morgan
Drama. *1954, 80 mins*

SKY box office

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Sky Box Office 2
Channel 52
STEPMOM
Drama about two women battling for the hearts of two young children. Stars Julia Roberts and Susan Sarandon. Text *1998, rating Sky 12, 120 mins*
PLAYS AT
6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
MIGHTY JOE YOUNG
Family adventure about a gorilla and his friendship with the woman who raised him. Stars Charlize Theron and Bill Paxton. Text *1998, rating Sky PG, 110 mins*
PLAYS AT
6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

PAYBACK
Action thriller about a crook seeking revenge on his double-crossing partner. Stars Mel Gibson and Gregg Henry. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
ARLINGTON ROAD
Conspiracy thriller. A man, just recovering from the murder of his wife, becomes paranoid about the behaviour of his new neighbours. Stars Jeff Bridges. Text *1999, rating Sky 15, 113 mins*
PLAYS AT 8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Wednesday 29 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
You Can Stop Your Jokin' Cuz My Looks are Smokin'
Guests who have transformed their looks reunite with people who bullied them at school.

4.00 Pokémon
The Breeding Centre Secret
A new breeding centre promises to improve customers' Pokémons.

4.30 Pokémon
Princess vs Princess

5.00 Stargate SG-1
Fire and Water
Daniel Jackson is presumed dead after an alien abducts him and sends the rest of the SG-1 team home.

6.00
Xena: Warrior Princess
Chakram
Xena has no recollection of being a warrior after she and Gabrielle are resurrected by Eli. Text

7.00 The Simpsons
Mother Simpson
Homer fakes his own death.

7.30 The Simpsons
Treehouse of Horror VII
A trio of terrifying tales.

8.00 Feature

10.00 British Tribes
The true story of British tribes. Each episode will offer an essential guide to British culture, examining rock chicks, mockneys and anorak-wearing caravanners.

11.00 Friends
The One with Ross' Thing
Ross finds a strange growth on his buttocks. Text

11.30 Stargate SG-1
Fire and Water
Jackson is presumed dead after an alien abducts him and sends the rest of the team home. Text

12.30am Picket Fences
Witness for the Prosecution
Mayor Bey's announcement that the Pope is visiting Rome takes everyone by surprise.

1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00 All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Cold Feet and Hot Coffee
Loxton and Page have to go undercover at a wedding.

3.30 The Bill
Rollover

4.00 EastEnders
Grant is worried that Nigel is heading for more heartbreak.

4.35 Neighbours
Gaby questions Philip's managerial abilities.

5.00 Bugs
The Price of Peace
Beckett and an international statesman he is escorting to a peace conference are both kidnapped by terrorists.

6.00 The Brittas Empire
We All Fall Down
Tim discovers that the rest of the staff earn more than him.

6.35 Waiting for God
Tom decides on a policy of complete honesty all of the time.

7.10
Are You Being Served?
Shoulder to Shoulder
Sitcom set in a department store.

7.45
Keeping Up Appearances
Richard saves the day after forgetting his wedding anniversary.

8.20 Open All Hours
Sitcom about a shopkeeper and his downtrodden nephew.

9.00 Kiss Me Kate
Closure
Office-based sitcom.

9.40 Real Women
The Hangover
It's the morning after the hen night, and in the sober light of day, the women are forced to face up to the reality of their problems. With Michelle Collins.

10.45 The Hello Girls
The Saturday Shift
The girls engineer a disastrous blind date for a junior supervisor.

11.20 The Bill
Cold Feet and Hot Coffee
Loxton and Page go undercover.

11.50 The Bill
Rollover

12.20am This Life
Diet Hard
Drama series about a group of young, house-sharing lawyers.

1.10 Casualty
Bad Company
Medical drama series.

2.05-2.40am To the Manor Born
Sitcom with Penelope Keith.

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole
6.30 Can't Cook, Won't Cook
7.00 Tiny Living
9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Soldier, Soldier
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who have a problem they have to deal with, but don't know what to do about it. Tune in to find out what they decide.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by veteran American broadcast journalist Maury Povich.

5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two hopeless chefs compete against the clock to create exciting recipes.

6.10
The Jerry Springer Show
US talk show. Jerry and his guests engage in heated discussion about relationship issues.

7.00 Judge Judy
Judge Judy Sheindlin presides over a series of real-life cases.

7.30 Life, Camera, Action
Amazing real-life drama caught on camera.

8.00 Peak Practice
Drama series revolving around the staff and patients of a general practice in rural Derbyshire. With Kevin Whately, Amanda Burton and Simon Shepherd.

9.00
FILM: The Heart of the Lie
Lindsay Frost, Timothy Busfield, John Karlen, Linda Blair
Drama based on a true story. A former police officer is tried for the murder of her husband's ex-wife, although she insists she has been framed by her erstwhile colleagues. *1992*

10.50 Red Shoe Diaries
More stories of obsession, eroticism and love, introduced by David Duchovny.

11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Man in a Suitcase
7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl
8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh
11.00 Hart to Hart 12noon Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House 2.00 Rich Man, Poor Man – Book II

3.00 Hawaii Five-0
The Jokers Wild, Man, Wild
A spoilt Texas heiress pits a beachboy against a playboy in a bizarre card game. With Jack Lord and James Macarthur.

4.00 Kojak
The Nicest Guys on the Block
Detective Weaver's loyalties are divided when he learns that a former classmate is involved in a diamond robbery.

5.00 Hart to Hart
Bahama Bound Harts
The Harts are in danger when they discover that a celebrated recluse is being drugged and impersonated by his aides.

6.00 Emmerdale
Joe's behaviour becomes more and more unsettling. Text

6.30
Classic Coronation Street
Ken and Sally have a row. Text

7.00 George and Mildred
The Travelling Man
Classic comedy with Yootha Joyce and Brian Murphy.

7.30 Bless This House
Wives and Lovers

8.00 The Benny Hill Show
The rotund comic is back, this time performing his own version of the nursery rhyme *Jack and Jill*, starring Kojak, Meg Richardson and Esther Rantzen.

9.00 Kojak
A Long Way from Times Square
Kojak has to escort an important trial witness to New York City.

10.00 Shelley

10.30-11.30pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
4Play Away – Amsterdam
Fly-on-the-wall docu-soap which follows the four glamour girls.

11.30 Real Sex
Erotic photography in Rio.

12midnight Extra Sexy
Erotic late-night series in the form of a men's magazine.

12.30am The G Spot
Entertainment show hosted by Terry Christian and Danni Hunt.

1.00 Premier Edition
Erotic late-night series in the form of a men's magazine.

1.30-2.00am Beach Bash

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of the beautiful mermaid Ariel. Text

3.30 Classic Toons
Watch your favourite classic Disney characters.

4.00 Sabrina
Fun with the teenage witch. Text

4.30
Hercules: The TV Show
Hercules and the World's First Doctor Text

5.00 Recess
Six friends try to cope with fourth-grade life. Text

5.30
My Best Friend Is an Alien
Alien Timewarp Madness Text

6.00 Smart Guy
Comedy about a kid who's smart beyond his years. Text

6.30 Microsoap
Sitcom looking at the problems of youngsters in the Nineties.

7.00 FILM: Balloon Farm
Rip Torn, Mara Wilson
The story of a mysterious farmer who joins a drought-ravaged farming community and grows a bumper crop of balloons. These lift the spirits of the locals until a grumpy neighbour suggests the harvest is a scam. *1997* Text

8.30 Honey, I Shrunk the Kids: The TV Show
Honey, It's Your Party Text

9.10 Boy Meets World
Brothers Text

9.35 Dinosaurs
State-of-the-art puppetry and audio-animatronics.

10.00 Home Improvement
10.30 The Wonder Years
11.00
Touched by an Angel Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

WEDNESDAY CONTINUES OVERLEAF...

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
Starship Troopers
Sky Premier 10.00pm
Subversive social comment, soap opera-style romantic trysts, incredible effects and outrageous bloodletting dovetail in controversial Dutch director Paul Verhoeven's urgently entertaining sci-fi epic. Incredibly good-looking young space troopers fight giant bugs.

GENERAL
Loyd on Location
Carlton Food Network 11.30am
This brand new series sees Loyd Grossman experiencing the sights, sounds and tastes of three of Italy's most exciting cities – Bologna, Florence and Naples. On the menu today, visits to an award-winning pasta shop and one of the world's finest hotels in Bologna.

ADVERTISEMENT
UK GOLD

KISS ME KATE
9.00PM
Caroline Quentin heads the cast of this hysterical sitcom as a counsellor faced with not only the problems of her clients, but those of her staff and neighbours as well!

Wednesday 29 March

EUROSPORT
NEWS & SPORT/ SELECTION PACKS

MORNING

6.00 AM
7.30am Tennis
8.30 Figure Skating
10.30 Adventure
11.30 Motocross
Coverage of the World Championship second round from Agueda, Portugal.
12noon Football
A review of the Uefa Champions' League Group A.
1.00pm
Figure Skating – LIVE
Action from the World Championships in Nice, France, featuring the ladies' qualifying sessions.

3.00 PM

4.00 PM
4.00 Tennis
Coverage of the Sanex WTA Tournament in Key Biscayne, Florida.

5.00 PM
5.00 Football
A review from the second phase of the Champions' League, focusing on Group B, Manchester United's group.

6.00 PM
6.00
Figure Skating – LIVE
Further coverage from the World Championships in Nice, featuring the pairs free programme.

7.00 PM

8.00 PM

9.00 PM
9.30 Tennis – LIVE
More from the Sanex WTA Tournament in Key Biscayne, Florida.

10.00 PM
10.30 Football
Action from the pre-Euro 2000 friendly between Croatia and Germany in Croatian capital Zagreb.

11.00 PM
11.30-12.30am Football
More from the Uefa Champions' League.

12.00

NIGHT TIME

SKY SPORTS 1
PREMIUM CHANNEL

7.00am Sky Sports Centre
7.15 World Wrestling Federation – Metal 8.15 You're On Sky Sports! 9.00 Racing News 9.30 Aerobics Oz Style 10.00 Inside Scottish Football 11.00 Sports Unlimited 12noon Aerobics Oz Style 12.30pm Fastrax 1.00 Inside Scottish Football
2.00
Premier Snooker League
Coverage of a prestigious showcase for seven of the world's best players. The defending champion is John Higgins, who beat Jimmy White in the final in 1999.

4.00 Inside Scottish Football
An insight into life in the Scottish Premier League with a look behind the scenes north of the border.

5.00 World Wrestling Federation – Metal
Michael Cole and Kevin Kelly provide up-to-the-minute news from the previous week.

6.00
Sky Sports Centre
With Matthew Lorenzo and Kirsty Gallagher.
6.30 Futbol Mundial
Global action.

7.00 International Football: Scotland v France – LIVE
International action from Hampden Park as Craig Brown's Scotland side take on world champions France. Scotland failed to qualify for this year's European Championships, having lost to England in the play-offs, but are looking ahead to the forthcoming World Cup qualifiers. This match is likely to provide valuable match practice as the Scots face the likes of Marcel Desailly, Emmanuel Petit and Patrick Viera.

10.30
Sky Sports Centre
10.45
You're On Sky Sports!
Rob McCaffrey is joined in by a panel of guests.
11.30 Futbol Mundial
An insight into the best world football action.
12noon Sky Sports Centre
12.15am International Football: Scotland v France
Another chance to see tonight's match from Hampden Park.
2.15 You're On Sky Sports!
3.00-3.15am
Sky Sports Centre

SKY SPORTS 2
PREMIUM CHANNEL

7.00am Aerobics Oz Style
7.30 Sky Sports Centre
7.45 Racing News 8.15 Snow Show 8.45 Sky Sports Centre 9.00 Premier Snooker League 11.00 LPGA: Nabisco Championship 1.00pm Euro Tour Golf: Brazil Rio De Janeiro 500 Years Open 2.00 Snow Show 2.30 Fastrax

3.00
Sporting Auction: Manchester United Auction Preview
3.30 Golf Extra
All the latest news from the major tours on the current golfing circuit. Includes a look ahead to forthcoming events, behind the scenes features and interviews with the stars. Presented by David Livingstone.

5.30
Ford International Football: England U-21 v Yugoslavia U-21 – LIVE
England's Under-21s take on their Yugoslavian counterparts in a play-off for a place in the Under-21 European Championship finals. Paul Dempsey presents the action.

8.00
Euro Tour Weekly
Golfing news.
8.30 Golf Extra
All the latest news from the major tours on the current golfing circuit. Includes a look ahead to forthcoming events, behind the scenes features and interviews with the stars. Presented by David Livingstone.

10.30
British Superbike: British Superbike – Brands Hatch
Action from the world of British Superbike as the season begins at Brands Hatch. Champion Troy Bayliss is not competing this term, so other riders have a chance of honours.

12.30am Trans World Sport 1.00 Australian Drag Racing 1.30 Watersports World 2.30 Telegraph Action Sport 3.00 Hot Tuna Rebel TV 3.30 British Superbike: Brands Hatch 5.30-5.45am Sky Sports Centre

SKY SPORTS 3
PREMIUM CHANNEL

12noon Snow Show
12.30pm Asian Sports Show
1.00 Sports Unlimited
A look at the world of alternative sports.
2.00
Big Fights: Jake LaMotta
Vintage boxing with action from classic bouts featuring former middleweight world champion Jake LaMotta.

3.00
A to Z of Motorsport
The roots and history of the motor racing circuit.
3.30
Sports Unlimited
A look at the world of alternative sports, covering of some of the world's wackier sports.
4.30 Australian Drag Racing
5.00
Watersports World
From powerboating and jetskiing to water-skiing and canoeing, a guide to the best action on water.
6.00 Telegraph Action Sport
An insight into the world of action sports.
6.30
Hot Tuna Rebel TV
7.00
Euro Tour Weekly
7.30
Trans World Sport
In-depth news and information reporting on everything from the normal to the downright bizarre.
8.30
Rugby League World
All the latest rugby league developments around the world, from the Superleague to the Australian National Rugby League championship.
9.30 European Tour Weekly
10.00 Steve Davis and Friends
Snooker legend and former world champion Steve Davis chats with stars past and present.
11.00-11.30pm Brian Moore Interviews
Brian Moore chats with a famous name from the world of football.

SCI-FI
ACTION PACK

8.00am Buck Rogers in the 25th Century 9.00 Land of the Giants 10.00 Lost in Space 11.00 The Six Million Dollar Man 12noon Babylon 5 1.00pm Quantum Leap *One Strobe Over the Line* **2.00 Buck Rogers in the 25th Century** *Ardala Returns*

3.00 The Flash
Sight Unseen
Sci-fi action series about a detective with the powers of a superhero. Starring John Wesley Shipp.

4.00
Land of the Giants
Target Earth
The space travellers are given an opportunity to return to Earth.

5.00 Lost in Space
Forbidden World
When the *Jupiter 2* is forced to land on an alien planet, Smith is turned into a deadly secret weapon.

6.00 The Six Million Dollar Man
Target – Steve Austin
A mysterious group has penetrated OSI security in search of an A-bomb.

7.00 Quantum Leap
One Strobe Over the Line
Beckett leaps into the body of a fashion photographer whose task is to prevent a model from overdosing.

8.00 Time Trax
Death Takes a Holiday
Darien tries to infiltrate a gambling casino operated by Clinton Sayjack, a fugitive from 2193.

9.00
The Burning Zone
The Burning Zone
A team of government scientists is formed to combat a deadly virus.

10.00
FILM: The Howling
Dee Wallace, Patrick Macnee, John Carradine
Horror. A TV newswoman is sent to an isolated retreat. While there, she begins to notice the strange nocturnal habits of the other residents. *1980*
11.40
Sci-Focus Special
12midnight The Flash
1.00am FILM: Mindbender
Ishai Golan, Terence Stamp
The true life story of psychic Uri Geller. *1995*
2.45 Sci-Focus Special
3.00-4.00am Babylon 5
The Corps is Mother, the Corps is Father

MTV
MUSIC & GAMES PACK

6.00am Select MTV
8.00 Mad 4 Hits
9.00 Bytesize MTV
11.00 brand:new
12noon Mad 4 Hits
12.30pm Daily Edition
1.00 Mad 4 Hits
2.00
The Lick R&B Chart Show
Trevor Nelson takes a look at the hottest tracks from the UK R&B scene.

3.00 Bytesize MTV
All the memorable moments from MTV stations around the world, with music, videos and some star names.

4.00 Select MTV
A video jukebox where viewers can call up their favourite songs.

6.00 Bytesize MTV
All the memorable moments from MTV stations around the world, with music, videos and some star names.

7.00 Mad 4 Hits
Hit songs and videos.

8.00 The Lick R&B Chart Show
Trevor Nelson takes a look at the hottest tracks from the front line of the UK R&B scene.

9.00 Daily Edition
The latest news from the music industry.
9.30
Celebrity Death Match
Claymation clashes.

10.00 MTV Live
Live performances from MTV in Camden.
10.30
MTV Movie Special
A look at *Three Kings*.

11.00 brand:new
Zane Lowe casts his eye over the latest releases and interviews some of the hottest new acts around.

12midnight Yo!
Weekly rap music show.
1.00am MTV Live
Take a look at some of the best live performances from Europe's biggest artists.
1.30 MTV Movie Special
Another chance to see the earlier edition of the MTV.
2.00-6.00am Night Videos

LIVE INTERNATIONAL FOOTBALL: SCOTLAND V FRANCE
SKY SPORTS 1 7.00PM

The poor Scotland football team is reduced to playing friendlies this summer, as qualifiers for the Euro 2000 finals line-up to test their competitive skills against the also-rans. Never mind, bravehearts like Billy Dodds (pictured, left) and company will value playing the World Cup winners France tonight who boast players such as Marcel Desailly (pictured, right) and Thierry Henry. It's just the kind of game Scotland will win to make them feel even worse about non-qualification.

PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 Amy Lyn Baxter 11.15 Passion Cove 12midnight Freeview 12.10am Wanna Be A Porn Star? 12.40 Naughty Nostalgia 1.05 Premier Strip 1.15 FILM: Dominant Jean 2.25 Suburban Sex Secrets 2.50-4.00am: FILM: Heist

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am FILM: Babes Illustrated 6 1.00 The Five Minute Freeview 1.05 FILM continues 1.20 FILM: Paid to Play 2.30 FILM: Gold Diggers 3.40-4.00am Lu Lu Divine

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Wednesday 29 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
More irreverent humour from the cheeky Pop-Up team.
9.00 Upbeat
1.00pm
Greatest Hits: Madonna
All the best songs from the Material Girl.
1.30 Pop-Up Video
2.00 Jukebox
The chance to vote for your favourite video.

4.00
Planet Rock Profiles: Alanis Morrisette
4.30
Greatest Hits: Cher
The best from the diva.
5.00 Top Ten
A look at VH1's selection of top ten videos.

6.00 Talk Music
Presented by Mark Ellen and Pip Dann.
6.30 Greatest Hits: Madonna
All her biggest tunes.
7.00 Ten of the Best: Macy Gray
NEW The hot newcomer to the R&B scene takes time out to select her favourite top ten songs.
8.00 The Millennium Classic Years: 1996
All the music from the year when England failed to win the European Championships, again.
9.00 Egos and Icons: The Spice Girls
A look at the meteoric career of the all-conquering girl band, including all the bitching.
10.00 Behind the Music: Blondie
A look at the career of the recently reformed post-punk icons.

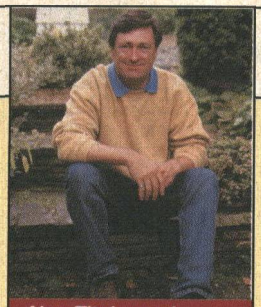
11.00 Behind the Music: Celine Dion
The story of the incredible rise of the singer and the relationship with her husband and manager.
12midnight Pop-Up Video
12.30am
Greatest Hits: Madonna
1.00 Hey, Watch This!
John Fugelsang takes an irreverent, comical look at Brits and Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
The Crocodile Hunter Goes West – Part I
12.30pm Crocodile Hunter
The Crocodile Hunter Goes West – Part II
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
2.30 Zoo Story
Series looking at the workers at London Zoo.

3.00 Going Wild with Jeff Corwin
Florida Keys
Corwin discovers the world's smallest deer.
3.30 Croc Files
4.00 Croc Files
With Steve and Terri Irwin.
4.30 The Aquanauts
A visit to Florida Atlantic University's Ocean Engineering Department.
5.00 Emergency Vets
A Yorkshire terrier's labour requires attention.
5.30 Zoo Chronicles
Emma the black rhino is introduced to her new mate.
6.00
Crocodile Hunter
Sleeping with Crocodiles
6.30
Crocodile Hunter
Suburban Killers
7.00 The Creature of the Full Moon
The horseshoe crab is the descendant of an extinct species that lived 250 million years ago.
8.00 Emergency Vets
Following a team working around the clock to save animal's lives.
8.30 Emergency Vets
More pets in distress.
9.00
The Big Animal Show
Crocodiles
9.30
The Big Animal Show
Cats
10.00 Wild Rescues
A parrot saves his owner from a burning house.
10.30 Wild Rescues
A look at the Mountain Gorilla Veterinary Project.
11.00
Animal Emergency
Following the work of a group of Salisbury vets.
11.30-12midnight
Animal Emergency

CABLE CHECK
Some of the channels listed may not be available in your area



Alan Titchmarsh offers more tips in 'Gardeners' World'. UK Style 12midnight

ITV2
ACCESS PACK

4.00pm Pump It Up
Contenders tackle an inflatable assault course.
4.30 Board Wild
Coverage of international boarding events.
5.00 Gladiators
More muscle-bashing challenges between super-fit members of the public and the legendary Gladiators.
6.00 NBA 2000
One of the week's top basketball games.

7.00 Game Girls
Entertainment show.
7.30
World Sports Special
Sports news and features from around the world.
8.00 Grudge Match
People with grudges sort out their problems in *Gladiator*-style bouts.
8.50 Chart Choice

9.00 Feature

10.00 Trevor McDonald Meets ...
Interviews with a wide range of guests.
10.30 Wish You Were Here...?
11.00
Coronation Street
A chance to see tonight's episode from ITV. Text.
11.30
Family Fortunes
12midnight Emmerdale
A chance to see tonight's episode from ITV. Text
12.30am Feature
1.20-2.20am Trisha
British talk show.

UK STYLE
LIFESTYLE PACK

7.00am Antiques Roadshow 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 The Antiques Show 11.30 Dream House 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Antonio Carluccio's Italian Feast 1.30 Ready, Steady, Cook 2.00 Change That 2.30 How Does Your Garden Grow?
3.30 Gardening from Scratch
The gardening series for absolute beginners.

4.00 Travel Xpress
From Sweet Grass Ranch in Montana.
4.30 Holiday in Style
Reports from Bermuda, Paris, Canterbury, Connemara, Rhodes and the Greek Islands.
5.30
Antiques Roadshow
The team examines and values antiques brought by members of the public in Kingston upon Hull.
6.30 Real Rooms
Simon Biagi and a team of decorators visit viewers to transform rooms.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Sue Cook presents the series about collectables.
8.00 Change That
Interior design roadshow.
8.30
The Flower Show
Jane Packer demonstrates flower arranging.
9.00 Looking Good
A look at the concept of a 'clothing personality'.
9.30 How Does Your Wallpaper Hang?
More DIY advice with Mark Jeffries and his team of interior design experts.
10.30 House Invaders
Linda Barker hosts the DIY show in which homes are given a facelift for free.
11.00 Garden Magic
Instant solutions to gardening dilemmas.
11.30
The Green Room
Solutions for tiny gardens.
12midnight
Gardeners' World
Gardening show presented by Alan Titchmarsh.
12.30am-1.00am Gardening from Scratch
The gardening series for absolute beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Fat Files – A Horizon Trilogy 7.50 Lion Country 8.20 Battersea Dogs' Home 8.50 Lion Country 9.20 Secrets of World War II 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Lion Country 12.45 City Hospital 1.45 Why Men Don't Iron 2.45 Fat Files – A Horizon Trilogy
Living on Air
Examining anorexia.

3.45 Battersea Dogs' Home
Life at the world's most famous home for dogs.
4.20 Animal Hospital
Action at the RSPCA Harmsworth Hospital for sick pets in North London.
4.50
What Went Wrong?
Featuring man-made and natural disasters.
5.25
Caribbean Holiday
5.55 City Hospital
Documentary series in which Gaby Roslin reports on the lives of patients and staff at Southampton General Hospital.
6.55 Future Fantastic
Brave New Body
How science can improve the human body, with a look at work on bionics.
7.30 Disaster
The Channel Tunnel Fire
8.00 Animal Hospital
From the RSPCA Harmsworth Hospital for sick pets.
8.30
What Went Wrong?
9.00 The Clampers
Fly-on-the-wall programme focusing on traffic wardens.
9.35
Trouble at the Top
A Knight at the Opera
The chairman of the D'Oyly Carte Opera Company fights to save the company.
10.30
Future Fantastic
11.00 Secrets of World War II
What Really Happened to Rommel?
12midnight-1.00am
Island of Dreams

UK PLAY:
1.00am People like Us 1.35 Shooting Stars 2.10 Lucas and Walliams 2.40 Chris Moyles 3.10 Dance Dream Performances 3.35 The Sound of Play 6.30-7.00am TOTP Plus

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Fish 9.30 A-Z of Food and Beauty 10.00 Cookshop 10.30 Alive and Cooking 11.00 Flash in Pan 11.30 Loyd on Location NEW 12noon Classic Dishes 12.30pm Umbrian Kitchen 1.00 Coxon's Kitchen College 1.30 Spiceworld 2.00 Food Network Daily 2.45 More Simply Antony
French
3.30
Tessa's Tastebuds
Saffron
Recipes include fillet of brill with a cumin crust.
4.00 Simply Baking
Strudel and Parcels
Andrew Nutter prepares apple and rosemary strudel.
4.30 The Spice Trail
A tour of northern India.
5.00 Flash in the Pan
5.30 Classic Dishes
With James Martin.
6.00 Coxon's Kitchen College
6.30-7.00pm
Five Star Cooking

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Every Breath You Take
A look at what it takes to become a sporting champion.
8.00
A Race of Survival
Survivors of the disastrous 1998 Sydney to Hobart yacht race describe their experiences.
9.00 Diving the Deep
Join a unique group of women who are renowned for free diving.
9.30
Riding the Waves
10.00 Return to the Valley of the Kings
The great grandson of Lord Carnarvon retraces his steps that led to Tutankhamen's tomb.
11.00
Explorer's Journal
Urban Invaders
Brady Barr goes in search of some unusual pests in both Australia and England.
12midnight-1.00am
Kingdom of the Bear
Follow all the joys and sorrows of the harsh natural wilderness of northern Siberia – the kingdom of the bear.

6.00 AM MORNING 3.00 PM 4.00 PM 5.00 PM 6.00 PM 7.00 PM 8.00 PM 9.00 PM 10.00 PM 11.00 PM 12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
Irreverent news quiz.
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Great Little Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Great Little Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Hammer It Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 Model Magic 2.30 The New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Hooked on Fishing

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Freesports 4.30 That Film Show 5.00 Scratch TV 5.15 Got Any Gear? 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

Wednesday 29 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 8.00 News 9.30 The World Today 10.00 News 12noon News 1.30pm UK Today 2.00 News 3.00 News 4.00 News 5.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 DD Programmes 9.00 FILM 11.30 News 12noon Non Stop Hungama 12.30pm Zamana Badal Gaya 1.00 Sansar 1.30 FILM 4.00 Janki Da Jasoos 4.30 Short Stories 6.00 MTV Gao Baby Gao 6.30 Asianet Aur Aap 7.00 Sansar 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight MTV Gao Baby Gao 12.30am Asianet Aur Aap 1.00 FILM 4.00 Kashkol 5.00 Sansar 5.30 Shaque 6.00 Janki Da Jasoos 6.30 DD Programme 7.00-7.30am Chote Babu

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 This Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Business Unusual 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Style 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 World View 11.30 Moneyline 12.45am Asia Business 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Out and About 6.30 Bhakti Songs 7.00 Jaagran 7.30 Daily News 8.00 Namaste India 8.30 Tara 9.00 Rishtey the Love Stories 10.00 Aarzoo 11.00 Khoobsurat 11.30 Amar Prem 12noon FILM 3.00pm Jeena Isi Ka Naam 3.30 Hip Hip Hurray 4.00 Raahat 4.30 Gubbare 5.30 Hasratein 6.00 Sa Re Ga Ma 7.00 Lakeerein 7.30 Saath Saath 8.00 News Bulletin 8.30 Amanat 9.00 Zeharaab 10.00 Nagin 10.30 Making of a Legend 11.00 Indias Most Wanted 11.30 Zee Horror Show 12midnight News Bulletin 12.30am Pakistan Business Week 1.00 Hasratein 1.30 Andaz 2.00 FILM 5.00 Filmi Deewane 5.30-6.00am Hit Thi Hit Thai

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm PMQs 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 PMQs 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 PMQs 2.30 Sky Business Report 3.30 Showbiz Weekly 4.30 Fashion TV 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Life Is for Living 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Screens 8.30 Life in the Word 9.00 700 Club 9.30 CMTV 10.00 Deciding Your Destiny 10.30-11.00am Feature

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 Funambule 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Nestor Burma: Sortie des Artistes 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm Temps Présent 1.00 Journal 1.15 Nestor Burma 3.00 Journal 3.15 Questions 3.30 Grands Gourmands 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Nestor Burma 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 L'Hebdo 9.00 Journal Télévisé 9.15 La Garçon sur la Colline 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.30 Wall Street Report 2.45 Focus on Eastern Europe 4.30 Wall Street Report 5.00-6.00am US Market Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 Westminster Hall 2.00pm European Focus 2.30 House of Commons 3.00 Prime Minister's Questions 3.30 House of Commons 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

4.00pm Rex Hunt Fishing Adventures
Coolangatta
4.30 Discovery Today
News programme.

5.00 Time Team
Birmingham
The team calls in the experts to try to locate the site of Matthew Boulton's 18th-century mint.

6.00 Fast Cars
The exotic materials and technology that make fast cars so exciting, plus the pleasurable sensation of getting behind the wheel.

7.00 Ultra Science
Magnetic Chaos
7.30 Discovery Today
Magazine-style science and news show.

8.00 Cities on the Sea
NEW Exploring the evolution of ocean liners, from their origins as sailing boats with steam engines.

9.00 World Series of Poker
NEW High-stakes card-playing action from the Binion's Horseshoe Casino in Las Vegas.

10.00 In Search of Liberty Bell-7
Following a marine salvage expedition as it attempts to recover NASA's space capsule.

11.00 Wings
Harrier
The jump jet that provides close air support for the marines and played a vital role in Desert Storm.

12midnight Black Box
Deadly Weather
Documentary series about the work of air crash investigators confronted by unpredictable weather.
1.00am Discovery Today
News show.
1.30-2.00am Secret Mountain

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
Another crisis in Townsville calls the girls into action.
5.00 Dragonball Z
5.30 Ed, Edd 'n' Eddy
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Stone Age shenanigans with the Flintstone family.
7.00 Scooby Doo – Where Are You?
Spooky tales.
7.30 Looney Tunes
8.00 Pinky and the Brain 8.30-9.00pm Superman

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
Adventures of the boy with an odd-shaped head.
4.00 Rugrats
The pint-sized bunch return for more fun.
4.30 SpongeBob Squarepants
Undersea antics.
5.00 Sabrina the Teenage Witch
Witching antics.
5.30 Kenan & Kel
Fun with the funky friends.
6.00 Renford Rejects
6.30-7.00pm Sister Sister

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press UK Connection
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.50 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

TNT
FAMILY PACK

9.00pm John Grisham's The Client
Motherless Child
Legal drama series adapted from the best-selling book.
10.00 FILM: Geronimo
Joseph Running Fox, Nick Ramus, Michelle St John
True story of the renegade 19th-century Apache Indian who waged a war against the invading 'palefaces'. *1993*
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Get It
7.30 Desmond's
Barbershop comedy.
8.00 Dharma and Greg
Dharma and Greg on a Hot Tin Roof
8.30 Mad About You
Bing, Bang, Boom
9.00 Married... With Children
Sixteen Years and What Do You Get?
9.30 Becker
Sex in the Inner City
10.00 Frasier
Party, Party
Frasier has to be in three places at once.
10.30 Father Ted
The Passion of St Tribulus
11.00 Drop the Dead Donkey
The Path of True Love
Helen has a new woman.
11.30 Whose Line is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Home Shop! 8.30 Jewellery Shop! 9.30 Shop! Feature 10.00 Kids Shop! 11.00 Beauty Shop! 11.30 Gift Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Clothes Shop! 2.30 Entertainment Shop! 3.30 Jewellery Shop! 4.30 Home Shop! 5.30 Shop! Selection 6.00 Jewellery Shop! 7.00-7.30pm Bargain Shop! Today's best offers at affordable prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon The Nazi Bomb
1.00pm Project Cancelled
Jack Northrop's Flying Wings
2.00 Biography
Dwight D Eisenhower
3.00 Great Crimes and Trials
Lucky Luciano and the Mob
3.30 Spies
Rudolf Abel – Master Spy
4.00 The Silent Service
US World War II submarines.
5.00 Tales of the Gun
Women and Guns
6.00 The Gold of El Dorado
6.55 Photos for the Future II
7.00 Project Cancelled
Hot Flight
8.00 Biography
JFK
Profile of the former US President.
9.00 Great Crimes and Trials
The Jonestown Massacre
9.30-10.00pm Spies
No Place to Hide

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 6.00pm

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Thursday 30 March

SKY PREMIER
PREMIUM CHANNEL

MORNING

6.00am The Pirate Movie
LAST PLAY Musical. *1982, rating Sky PG, DS, 95 mins*
8.00 Arthur's Quest
1998, rating Sky U, 84 mins
10.00 Cop and a Half
Burt Reynolds, Norman D Golden
1993, rating Sky PG, 89 mins
12noon A Dog's Tale
Gordon Jump, Clayton Taylor
1999, rating Sky U, 92 mins
2.00pm McCinsey's Island
Hulk Hogan, Grace Jones, Todd Sheeler, Robert Vaughn
Comic adventure movie. A secret agent decides to retire to a peaceful life on the remote, tropical island of McCinsey. **Text** *1997, rating Sky PG, 89 mins*

4.00 Arthur's Quest
Arye Gross, Alexandra Paul, Catherine Oxenberg, Clint Howard
Fantasy adventure. The child King Arthur is transported to modern day America to escape the clutches of an evil sorceress. When, 10 years later, Merlin returns to take Arthur back to Camelot, he discovers that he has become a typical teen. *1998, rating Sky U, 84 mins*

6.00 Cop and a Half
Burt Reynolds, Norman D Golden II, Ray Sharkey
Family comedy. An eight-year-old kid with a dream to become a cop has his wishes fulfilled. He witnesses a crime but refuses to disclose any of the details unless the police allow him to join in the investigation, complete with his own badge and handcuffs. *1993, rating Sky PG, 89 mins*

8.00 The Avengers
Ralph Fiennes, Uma Thurman, Sean Connery, Jim Broadbent
Big-screen adaptation of the cult TV show. A dastardly aristocratic villain sets out to control the weather. However the unflappable bowler-hatted secret agent and his leather-clad sidekick won't let him get away without a fight. **Text** *1997, rating Sky 12, 86 mins*

10.00
The Devil's Advocate
Al Pacino, Keanu Reeves, Charlize Theron, Judith Ivey
Drama of temptation, greed and redemption. A young hot shot lawyer is recruited by a large and powerful legal firm. Lured into the high-powered New York legal fraternity he becomes obsessed with work and neglects his wife, who begins to experience visions. **Text Widescreen** *1997, rating Sky 18, 138 mins*

NIGHT TIME

12.25am Deconstructing Harry
Woody Allen, Billy Crystal
Text *1997, rating Sky 18, 92 mins*
2.00 The Daytrippers
1996, rating Sky U, 87 mins
3.30-5.30am Live Flesh
Award-winning drama. **Widescreen** *1997, rating Sky 18, 97 mins*

SKY MOVIEMAX
PREMIUM CHANNEL

6.15am Oklahoma City: A Survivor's Story
Text *1998, rating Sky PG, 87 mins*
8.00 National Lampoon's Golf Punks
1998, rating Sky U, DS, 89 mins
10.00 Six Pack
1982, rating Sky PG, 103 mins
12noon Sword of the Valiant
Miles O'Keeffe, Sean Connery
1982, rating Sky PG, DS, 97 mins
2.00pm National Lampoon's Golf Punks
Tom Arnold, James D Kirk, Lachlan Murdoch, Rene Tardiff
Comedy. A an ex-golf pro teaches a bunch of misfit kids to play golf in an effort to prove he is not a failure. *1998, rating Sky U, DS, 89 mins*

4.00 Oklahoma City: A Survivor's Story
Kathy Baker, Ray Baker, John Hawkes, Eric Johnson
Drama based on the events surrounding the terrorist bombing in Oklahoma City in 1995. The story centres around the heroic rescue of one victim and her subsequent day in court to testify against the bomber. **Text** *1998, rating Sky PG, 87 mins*

6.00 Masterminds
Vincent Kartheiser, Patrick Stewart, Brenda Fricker
Action adventure. A new security officer at an exclusive school who concocts a plan to kidnap ten of the wealthiest children in the school for massive ransoms. His goons take over the school grounds and everything goes according to plan – almost. **Text** *1997, rating Sky PG, 101 mins*

8.00 Dead Husbands
John Ritter, Nicollette Sheridan, Sonja Smits, Amy Yasbeck
PREMIERE Thriller. A doctor discovers a list of men's names among his wife's possessions, and becomes suspicious – especially when he learns that some of the men are now dead. *1998, rating Sky 15, 86 mins*

9.30 UK Top Ten
The latest movie charts.

10.00 First Time Felon
Delroy Lindo, Omar Epps, Rachel Ticotin, Gina Bolton
Fact-based drama. A young drug dealer chooses boot camp over prison, but finds the strict discipline there harder than he imagined. *1997, rating Sky 15, 102 mins*

11.45
Rumble in the Bronx
Jackie Chan, Anita Mui
Martial arts adventure. **Text** *1996, rating Sky 15, 85 mins*
1.15am Nil by Mouth
Ray Winstone, Kathy Burke
Text *1997, rating Sky 18, 123 mins*
3.25 Caged Fury
1989, rating Sky 18, 86 mins
4.55-5.30am Action Heroes: Steven Segal

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format

SKY CINEMA
PREMIUM CHANNEL

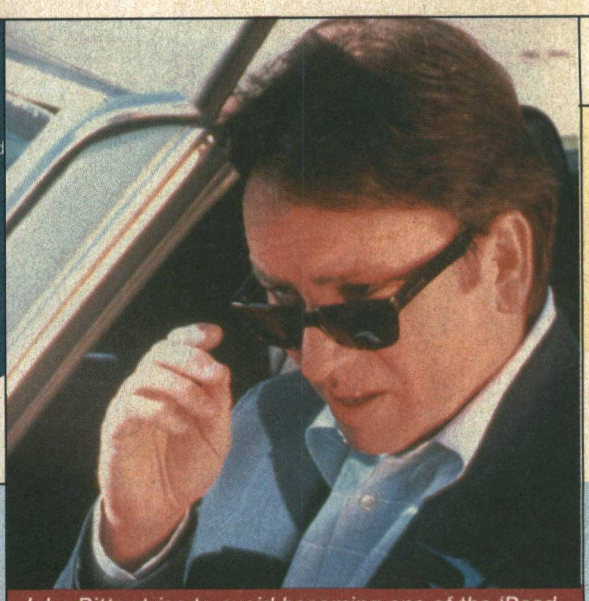
4.00pm Sinbad the Sailor
Douglas Fairbanks Jr, Maureen O'Hara, Walter Slezak
Adventure. The legendary pirate sets sail on a mission to discover an island where Alexander the Great is said to have buried his treasure. Along the way he meets a beautiful princess and a villanous Emir who wants the treasure for himself. *1947, rating Sky U, 112 mins*

6.00 Convicts 4
Ben Gazzara, Vincent Price, Rod Steiger, Broderick Crawford
Drama about a man convicted of robbery and murder. He is spared the death penalty, but his sense of guilt and failure remain strong. However, he becomes a changed man during his remaining time in jail as he discovers his artistic talents. *1962, rating Sky PG, 101 mins*

8.00 The Chase
Marlon Brando, Robert Redford, Jane Fonda, Angie Dickinson
Melodrama. A benevolent sheriff, appointed by a rich oil magnate, manages to keep the peace in a small American town. However, the town's resentments and prejudices boil over one Saturday when news arrives that a local troublemaker has escaped from jail. *1966, rating Sky 15, 128 mins*

10.15 Permission to Kill
Dirk Bogarde, Ava Gardner, Timothy Dalton, Nicole Calfan
Thriller about a spy's efforts to return to his home country, and the agents from the West who are determined to stop him from getting there. **Text** *1975, rating Sky 15, 92 mins*

11.55 Queens Logic
Kevin Bacon, Linda Fiorentino, John Malkovich, Joe Mantegna
Drama about a group of old friends who reunite for a wedding ceremony in Queens, New York. *1991, rating Sky 15, 109 mins*
1.50am The Chase
1966, rating Sky 15, 128 mins
4.05-6.00am Hell on Frisco Bay
1955, rating Sky PG, 94 mins



John Ritter tries to avoid becoming one of the 'Dead Husbands' in this premiere. Sky MovieMax 8.00pm

FILMFOUR
ADD-ON CHANNEL

6.00pm Starman
Jeff Bridges, Karen Allen, Charles Martin Smith
Sci-fi. An alien is stranded on Earth and needs to travel across America to meet up with his spaceship. He kidnaps a widow to help him adjust to human ways but his adoption in human form of her late husband leads to complications, including romance. **Text** *1984, 111 mins*

8.00 Kiss Me Deadly
Ralph Meeker, Cloris Leachman, Paul Stewart
Film noir. An amoral private eye is driving along an LA highway at night, and comes across a frightened woman. But before he can find out her secret, they are kidnapped and she is killed. Despite warnings, he continues to investigate, leading to a fiery finale. **Text** *1955, 100 mins*

10.00 Kiss or Kill
Frances O'Connor, Matt Day, Barry Langrishe, Geoff Revell
Thriller. A couple of lovers run a scam to rob businessmen, but when one of their victims dies they find a video with criminal evidence against a sports hero. They escape into the Australian outback. **Text** *1997, 92 mins*

11.45 Alamo Bay
Amy Madigan, Ed Harris
Drama about racial prejudice in Texas. *1985, 95 mins*
1.25am Two Banana Flambes and the Bill
1.35 My Dinner with Andre
William Shawn, Andre Gregory
Symposium. *1981, 107 mins*
3.25-6.00am Suture
Drama. *1994, 91 mins*

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CARLTON CINEMA
LIFESTYLE PACK

7.00pm Anastasia
Ingrid Bergman, Yul Brynner, Helen Hayes, Akim Tamiroff
Oscar-winning drama. An amnesia victim is passed off as Anastasia, youngest daughter of the last Tsar, by a Russian expatriate. If they succeed, he stands to collect the £10 million pounds held in trust for her in the Bank of England. **Text Widescreen** *1956, 105 mins*

9.00 Baja
Molly Ringwald, Corbin Bernsen, Lance Henriksen, Donal Logue
Crime thriller. After a drugs deal goes horribly wrong a couple are forced to go on the run. They hide out in Mexico while waiting for the money and passports which will allow them to leave the country, but all the time they know that a hit man is on their trail. *1995, 92 mins*

11.00 Busting
Elliott Gould, Robert Blake, Allen Garfield, Antonio Fargas.
Action thriller. Two Los Angeles cops decide that every crime committed in the city is down to one mobster. *1974, 91 mins*
1.00am Better Off Dead
John Cusak, David Ogden Stiers
Comedy. *1985, 97 mins*
3.00 Baja
Molly Ringwald, Corbin Bernsen
Crime thriller. *1995, 92 mins*
5.00-7.00am Top of the Form
Comedy. *1953, 75 mins*

SKY box office

A movies on-demand service from Cable & Wireless

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Sky Box Office 2
Channel 52
STEPMOM
Drama about two women battling for the hearts of a pair of young children. Stars Julia Roberts. **Text** *1998, rating Sky 12, 120 mins*
PLAYS AT
6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
MIGHTY JOE YOUNG
Family adventure about a gorilla and his friendship with the woman who raised him. Stars Charlize Theron. **Text** *1998, rating Sky PG, 110 mins*
PLAYS AT
6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

PAYBACK
Action thriller about a crook seeking revenge on his double-crossing partner. Stars Mel Gibson. *1998, rating Sky 18, 97 mins*
PLAYS AT 6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
ARLINGTON ROAD
A man, just recovering from the murder of his wife, becomes paranoid about his neighbours' behaviour. Stars Jeff Bridges. **Text** *1999, rating Sky 15, 113 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Thursday 30 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
Jenny's 4th Annual Totally Useless Human Talents
Viewers of the show display their totally useless talents.

4.00 Pokémon
The Purr-Fect Hero
After another Pikachu-napping scheme goes wrong.
4.30 Pokémon
Riddle Me This
5.00 Stargate SG-1
Hathor
A Gou'ald, who has taken on the persona of the Egyptian sex goddess Hathor, casts her deadly spell over all the men.
6.00 Friends
The One with Ross's Thing
Ross finds a strange growth.
6.30 Dream Team
Football soap about a ficticious Premiership team.
7.00 The Simpsons
22 Short Films
7.30 The Simpsons
Grade School Confidential
Bart blackmails Principal Skinner and Mrs Krabappel. Text
8.00 Roswell High
Into the Woods
Drama series about an alien family whose children attend a New Mexico high school. With Shiri Appleby.
9.00 Friends
The One with the Joke
The sextet do their thing once again in New York.
9.30 ER
Another episode from the Emergency Room in one of Chicago's busiest hospitals.
10.30 Veronica's Closet
Veronica's Tattooed Man
Sitcom set in the fashion world. Stars Kirstie Alley.
11.00 Dream Team
Football soap which follows the fortunes of fictitious Premiership side Harchester United.
11.30 Stargate SG-1
Hathor
A Gou'ald, who has taken on the persona of the Egyptian sex goddess Hathor, casts her deadly spell over the men. Text
12.30am Picket Fences
This Little Piggy
Kimberly lobbies for the elimination of Rome's pig wrestling competition.
1.30-7.00am Long Play

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Tough Love
A bully gets his comeuppance.
3.30 The Bill
With This Ring
Croft and Greig stir up a feud.
4.00 EastEnders
Nellie reveals her true colours at baby Peter's homecoming party.
4.35 Neighbours
Brad and Lauren ask Gaby to keep their secret.
5.00 Bugs
Hollow Man
When the master design disc of a new £100 note goes missing, the Bugs team investigates the theft.
6.00 The Brittas Empire
Mr Brittas Falls in Love
Brittas decides its time to swim with the dolphins.
6.35 Waiting for God
Diana's chances of ruining her niece's wedding are reduced.
7.10
Are You Being Served?
No Sale
7.45
Keeping Up Appearances
Hyacinth's arrangements for a picnic by the river don't go quite as she planned.
8.20 Open All Hours
Sitcom about a miserly shopkeeper and his nephew.
9.00 The Young Ones
Boring
Anarchic comedy series about a group of students and their squalid North London house.
9.45 The Young Ones
Bomb
Someone has left an atomic bomb in the kitchen.
10.30
Only Fools and Horses
It's Only Rock and Roll
11.10 Casualty
Home Truths
While Sean's future hangs in the balance, George has to weigh up the pros and cons of transferring a child for treatment.
12.10am The Bill
Tough Love
12.40 The Bill
With This Ring
1.10 Casualty
Moving On
Josh refuses to accept that Liz is finally going, until a life-threatening situation changes his mind.
2.05-2.45am To the Manor Born

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Brookside
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to confused people.
3.50 Forgive or Forget
Host Mother Love deals with problems in a variety of genuine relationships.
4.40 Maury Povich
Personal talk show dealing with emotional conflicts, hosted by veteran broadcast journalist Maury Povich.
5.30 Ready, Steady, Cook
Fern Britton hosts the cookery show in which two top chefs compete against the clock to create exciting recipes.
6.10
The Jerry Springer Show
Crazy American talk show, presented by Jerry Springer with a selection of outrageous guests.
7.00 Judge Judy
Judy Sheindlin presides over a series of real-life cases.
7.30 Life, Camera, Action
Amazing real-life drama caught on camera.
8.00 Peak Practice
Drama series about a rural Derbyshire general practice in the Peak District. Starring Kevin Whately, Amanda Burton and Simon Shepherd.
9.00 FILM:
The Return of Alex Kelly
Matthew Settle, Cassidy Rae, Barry Flatman, Wanda Cannon
Drama based on actual events telling the story of an 18-year-old student who is accused of raping a classmate and flees the US for over ten years. *1999*
10.50 Red Shoe Diaries
More stories of obsession, eroticism and love. Narrated by David Duchovny.
11.20-12midnight Passion
Erotic drama for women.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Man in a Suitcase 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon Classic Coronation Street Text 12.30pm Emmerdale Text 1.00 George and Mildred 1.30 Bless This House 2.00 Rich Man, Poor Man – Book II Text

3.00 Hawaii Five-0
*Which Way Did They Go*An adversary from McGarrett's past manages to accomplish the perfect robbery right under the nose of Five-0.
4.00 Kojak
A Long Way from Times Square
Kojak and Crocker attempt to return an important witness back to New York City for trial. With Telly Savalas.
5.00 Hart to Hart
As the Harts Turn
Jonathan races to save Jennifer's life when an acting stint unites her with a bizarre actor-turned-killer who is plotting her demise.
6.00 Emmerdale
Frank holds a Bank Holiday fair at the Heritage farm. Text
6.30
Classic Coronation Street
Ken hits the first snag. Text
7.00 George and Mildred
The Unkindest Cut of All
7.30 Bless This House
Never Again on Sunday
Jean is overcome when Sid agrees with her.
8.00 The Benny Hill Show
Benny Hill presents a series of sketches, featuring a host of quirky characters, guest stars and a bevy of beauties. The Love Machine provide the music.
9.00 Kojak
No Immunity for Murder

10.00 Shelley
10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
And They Walked Away
This compilation features stock car racing, supercross and sprint car accidents, where, amazingly, the drivers were unharmed.
12midnight
And They Walked Away
A compilation of spectacular stunts and crashes including mud bog racing, hydroplanes, powerboats and monster trucks mishaps.
1.00am-2.00am
And They Walked Away
Yet mnore spectacular stunts, crashes and amazing escapes.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie Polie Olie 9.30 Bear 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie Polie Olie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie Olie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Olie 1.20 Spot 1.30 Out of the Box 2.00 Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The undersea adventures of the beautiful mermaid Ariel. Text
3.30 Classic Toons
Watch your favourite classic Disney characters.
4.00 Sabrina
Witch projects. Text
4.30
Hercules: The TV Show
Hercules and the King of Thessaly Text
5.00 Recess
Animated series from the creators of *Rugrats*. Text
5.30
My Best Friend is an Alien
Alien Snogorama Snafui Text
6.00 Smart Guy
A smart kid is put into the tenth grade instead of the fourth. Text
6.30 Microsoap
Kids' sitcom looks at the problems of youngsters. Text
7.00 FILM: Aladdin and the King of Thieves
Voices of Robin Williams, Scott Weinger, Linda Larkin
Animated sequel. The 40 thieves use some wedding festivities as a cover for a raid. *1995*
8.20 Honey, I Shrunk the Kids: The TV Show
Honey, It's the Ghostest with the Mostest
Wayne calls up a ghost. Text
9.00 Boy Meets World
Boy Meets Real World
Cory shoots a documentary on his friends and family. Text
9.30 Dinosaurs
Jurassic japes. Text
10.00 Home Improvement
10.30 The Wonder Years
11.00 Dr Quinn: Medicine Woman Text
11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

THURSDAY CONTINUES OVERLEAF...

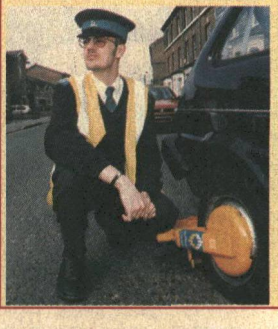
6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CABLE CHOICE

FILM
First Time Felon
Sky MovieMax 10.00pm
Former convict-turned-actor Charles Dutton (you may remember him as the subway guard in the giant bug flick *Mimic*) makes his directorial debut with this passionately told prison picture. A drug dealer opts for boot camp rather than prison, and finds the going tough.

GENERAL
Babylon 5
Sci-Fi 8.00pm
More freaky science fiction space adventure ahoy. In today's episode a spiritual crusader visits Babylon 5 and, together with a petty thief he has befriended, helps Sinclair and Garibaldi tackle a mind-eating creature that's terrorising the inhabitants.

ADVERTISEMENT UK HORIZONS



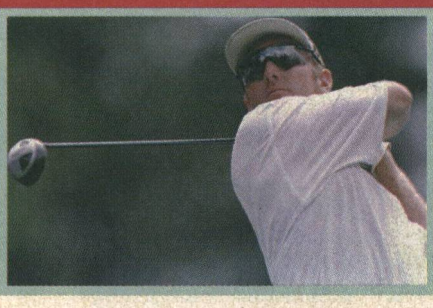
CLAMPERS 9.00PM
Road rage hits the streets tonight as clamper Ray Brown battles with the London motorists who are intent with illegal parking. It's no easy task for Ray as we discover insults and even assault are all part of the daily abuse that attendants suffer.

Thursday 30 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
6.00 AM	**7.30am Tennis** **8.30 Figure Skating** **10.30 Mountain Bike** **11.00 Football** Coverage of the friendly match between Croatia and Germany in Zagreb. **12noon Football** A review of group B in the Uefa Champions' League. **1.00pm** **Figure Skating – LIVE** Coverage of the World Championships in Nice.	**7.00am Sky Sports Centre** **7.15 World Wrestling Federation – Superstars** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 British Superbikes – Brands Hatch** **12noon Aerobics Oz Style** **12.30pm Futbol Mundial** **1.00 International Football: Scotland v France**	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News 8.15 Futbol Mundial 8.45 Sky Sports Centre 9.00 Telegraph Action Sport** **9.30 Hot Tuna Rebel TV** **10.00 Golf Extra** **12noon Rugby League World** **1.30pm Trans World Sport** **2.30 Watersports World** Exclusive footage of watersports action.	**12noon Total Sport** **12.30pm Fastrax** **1.00 Telegraph Action Sport** A brand new adventure into the world of action sports. **1.30 Hot Tuna Rebel TV** Madcap sporting action. **2.00 Steve Davis and Friends** The snooker legend chats with stars past and present.	**8.00am Battlestar Galactica** **9.00 The Time Tunnel** **10.00 Lost in Space** **11.00 The Incredible Hulk** *The Haunted* **12noon Babylon 5** *Meditations on the Abyss* **1.00pm Alien Nation** *Eyewitness News* **2.00 Battlestar Galactica** *The Man with Nine Lives*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** Back-to-back smashes from the last three years. **2.00 All Time Top 10 European Music Awards Performances**
3.00 PM		**3.00 British Superbikes: Brands Hatch** Electrifying action from the opening race in the 2000 British Superbike Championship. Brands Hatch provides the venue as these two wheel speed merchants blaze a trail on some of Britain's most testing circuits.	**3.30 Ringside Special: US Olympic Boxing Team Trials** *Ringside Special* features the trials for the US boxing teams in the run-up to this year's Olympics, to be staged in Sydney.	**3.00 Brian Moore Interviews** An interview with a famous name in football. **3.30 Hot Tuna Rebel TV**	**3.00 Robocop** *Zone Five* To combat an epidemic of a narcotic, OCP recruits a gang of vigilantes to police Old Detroit.	**3.00 Bytesize MTV** Superb music, big stars, plus weird and wonderful moments from MTV stations around the globe.
4.00 PM	**4.00 Tennis** Coverage of the Sanex WTA Tournament in Key Biscayne, Florida.			**4.00 Rugby League World** All the latest rugby league developments around the world, from the battlefields of the Superleague to the intensity of the Australian National Rugby League championship. **5.30 Inside the PGA Tour** An insight into the PGA.	**4.00 The Time Tunnel** *Chase Through Time* A technician-turned-spy plants a bomb in the Time Tunnel complex.	**4.00 Select MTV** Transform your television set into a jukebox with the popular viewers' request show – if MTV has it, it will be played. Tune in for details about how to make a request – and keep watching your screen.
5.00 PM	**5.00 Football** A review of phase 2 in the Uefa Champions' League.	**5.00 World Wrestling Federation – Superstars** Kevin Kelly hosts action-packed entertainment from the WWF circuit.	**5.00 Nationwide League Review** All the recent Nationwide action.		**5.00 Lost in Space** *Space Circus* Will nearly runs away with an inter-galactic circus. With James Westerfield and Melinda Fee.	
6.00 PM	**6.00 Figure Skating – LIVE** Coverage of the Men's Free Programme at the World Championships in Nice.	**6.00 Sky Sports Centre** All the latest news from the world of sport. **6.30 Football League Review**	**6.00 The Rugby Club** Previews and reviews of the latest rugby union action, plus interviews with some of the biggest names in the game.	**6.00 Australian Rally Championships** Action from down under. **6.30 What a Weekend** A look at the best of the weekend's sporting action.	**6.00 The Incredible Hulk** *The Haunted* Banner helps a young girl return to the house where her sister died.	**6.00 Bytesize MTV** Another constant barrage of bizarre moments from MTV stations around the world, in short soundbites.
7.00 PM		**7.00 FIFA TV** International football action. **7.30 Sporting Auction: Manchester United Memorabilia Auction** Christie's in South Kensington hosts a fantastic live action featuring a rare collection of Manchester United memorabilia.	**7.00 Max Power** Touring cars, single seaters, road racing and off road events are packed together in a weekly dose of truly international action.	**7.00 Watersports World** Fast-paced coverage of waterskiing, windsurfing and the revolutionary wake-boarding.	**7.00 Alien Nation** *Eyewitness News* Sikes investigates the attack on a Newcomer actress during a pay-per-view porn show.	**7.00 Mad 4 Hits** Stand by for another sixty minutes of classic back-to-back chart smashes.
8.00 PM			**8.00 Formula Palmer Audi** High-octane action from Formula Palmer Audi. **8.30 Saloon Car Championship**	**8.00 Ringside Special: US Olympic Trials – Boxing Team Trials** *Ringside Special* features the trials for the US boxing teams in the run-up to this year's Olympics, to be staged in Sydney. **9.30 Australia Rally Championships**	**8.00 Babylon 5** *Grail* A spiritual crusader visits *Babylon 5* and is befriended by a petty thief. With David Warner.	**8.00 European Top 20** Join Eden Harrell for another rundown of the singles currently topping the charts on the Continent.
9.00 PM	**9.30 Tennis – LIVE** Coverage of the Sanex WTA Tournament in Key Biscayne, Florida. **10.30 Football** A preview of the Uefa Champions' League. **11.30-12.30am Champ Car** Coverage of the FedEx Championship Series in Homestead, USA.	**9.00 Spanish Football** David Bobin presents highlights from Spain's La Liga, which welcomes many of the world's most talented players to its ranks. **10.00 Sky Sports Centre** **10.15 You're On Sky Sports!** Football fans get the chance to air their views. **11.00 What a Weekend** A look at the best of the weekend's sporting action. **11.30 Football League Review**	**9.00 The Rugby Club** Previews and reviews of the latest rugby union action, plus interviews with some of the biggest names in the game. **10.00 Ford Golf USA: BellSouth Classic – LIVE** Coverage of the opening day's play from the 2000 BellSouth Classic at the Players Club at Sugarloaf Duluth in Georgia. Find out if David Duval will be the first champion to successfully defend his title.	**10.00-11.30pm World Cup Classics: England v Czechoslovakia** Action from another classic match from the World Cup.	**9.00 Babylon 5** *Eyes* Two Earthforce security officers arrive on *Babylon 5* to evaluate the loyalty of Sinclair and his officers. **10.00 FILM: Christine** *Keith Gordon, John Stockwell, Alexandra Paul* Classic horror from John Carpenter. A nerdy, bespectacled high school kid restores a classic Fifties car and discovers that it has demonic powers and a life of its own that extends to commiting murder. *1983*	**9.00 Daily Edition** Celebrity gossip with Emma Ledden and Edith Bowman. **9.30 Celebrity Death Match** Clay figures in combat. **10.00 The Late Lick** Another smooth mix of soul and R&B, courtesy of your host Trevor Nelson. **11.00 brand:new** MTV's music show dedicated to emerging artists and new releases.
12.00 NIGHT TIME		**12midnight Sky Sports Centre 12.15am FIFA TV 12.45 Spanish Football – Highlights 1.45 Ringside Special: US Olympic Boxing Team Trials 3.15 You're On Sky Sports! 4.00-4.15am Sky Sports Centre**	**12midnight The Rugby Club 1.00am Formula Palmer Audi 1.30 Saloon Car Championship 2.00 Australian Rally Championships 2.30 Ford Golf USA: BellSouth Classic 4.30-4.45am Sky Sports Centre**		**12midnight Lexx** *The Key* **1.00am FILM: Leprechaun IV – In Space** *Warwick Davis* Sci-fi horror depicting the further adventures of the deadly little leprechaun. *1996* **3.00-4.00am Babylon 5**	**12midnight US Top 20 Countdown** Stateside chart action. **1.00am The Late Lick** Trevor Nelson spins more hit R&B tracks and forthcoming releases. **2.00-6.00am Night Videos** Music through the night.

LIVE FORD GOLF USA: BELLSOUTH CLASSIC SKY SPORTS 2 10.00PM

No player has ever successfully defended the BellSouth Classic tournament which starts today in Duluth, Georgia, but defending champion David Duval (pictured) has as good a chance as anyone of breaking that sequence. His early season form last year was remarkable and he clearly loves the 7,259-yard TPC at the Sugarloaf course. It was Duval's 11th US PGA Tour win and this year he's hoping for another winner's cheque worth $450,000.



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Rendezvous 11.15 Eden 12midnight Freeview 12.10am Villa Lesbos 12.40 Frisky Hot Fraüleins 1.05 Adult Feature 2.15 Our First Time 2.35 Madame Dominance 3.25-4.00am Dripping Wet Video II

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight The Ten Minute Preview 12.10am Adult Feature 12.25 Adult Feature 12.40 FILM: Snatchers 1.00 The Five Minute Freeview 1.05 FILM continues 1.55 Badfellas 2.20 FILM: Thunder Road 3.30-4.00am Lisa Rae

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Thursday 30 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
9.00 Upbeat
1.00pm Greatest Hits: Whitney Houston
Music from a singer who has spent months at the top of the charts.
1.30 Pop-Up Video
A mixture of music videos and information bubbles.
2.00 Jukebox
A chance for viewers to choose their favourite songs and videos.

4.00 VH1 to One: Au Revoir Celine
4.30 Greatest Hits: Tina Turner
The hits from one of the most durable stars.
5.00 Top Ten
A look at the records at the top of the charts.

6.00
Planet Rock Profiles: Alanis Morrisette
The Canadian profiled.
6.30 Greatest Hits: Whitney Houston
7.00 Ten of the Best: Geri Halliwell
The ex-Spice Girl turned solo singer picks her personal top ten.

8.00 The Millennium Classic Years: 1975
Music from the year that PG Woodhouse died and Margaret Thatcher became Tory leader.
9.00 Behind the Music: Celine Dion
The story of the rise of the diva and the relationship with her husband and manager, René Angelil.
10.00 Behind the Music: Gloria Estefan
A look behind the remarkable rise to fame of the Cuban-born singer, with live footage.
11.00 Classic Albums: Fleetwood Mac – Rumours
A look at the story behind, *Rumours*, an album that has sold many millions of copies and spawned several popular tunes.
12.30am Talk Music
1.00 Hey, Watch This!
A comical look at the differences between the British and the Americans.
2.00 VH1 Flipside
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Sleeping with Crocodiles
12.30pm Crocodile Hunter
Suburban Killers
1.00 Emergency Vets
1.30 Pet Rescue
2.00 Harry's Practice
Harry treats a farmer's dog with a slipped disc and a pug with a skin problem.
2.30 Zoo Story
Stories from London Zoo.

3.00 Going Wild with Jeff Corwin
Colorado
3.30 Croc Files
Steve and Terri Irwin have to relocate their alligators.

4.00 Croc Files
A behind-the-scenes look at the operation of Steve and Terri Irwin's zoo.
4.30 The Aquanauts
Canoe racing in Hawaii.
5.00 Emergency Vets
A seven-year-old husky ingests a dangerous amount of caffeine.
5.30 Zoo Chronicles
With Pam St Clement.

6.00
Crocodile Hunter
Dinosaurs Down Under
6.30
Crocodile Hunter
Hidden River
7.00 In Search of the Man Eaters
Biologist Tessa McGregor has the dangerous task of carrying out a head count of Bengali Tigers.
8.00 Emergency Vets
A dedicated team work around the clock to save the lives of animals.
8.30 Emergency Vets
More animal emergencies.
9.00 Animal Weapons
Armed to the Teeth
Not all animal teeth are just for killing and eating, some are used in courtship rituals.
10.00 Wild Rescues
A dog is given a humane award for saving his owner's life.
10.30 Wild Rescues
More tales of heroism.
11.00-12midnight Animal Emergency 2 Special
Vets treat a young dear who has managed to partially remove his horn.

CABLE CHECK
Some of the channels listed may not be available in your area

'Behind the Music: Gloria Estefan' tells the story of her rise to fame. VH1 10.00pm

ITV2
ACCESS PACK

4.00pm Bedrock
5.00 UK Live
6.00 The Big Blue
6.30 NBA Action
7.00 NBA 2000
Basketball action from America's National Basketball Association, the most prestigious competition in the world.
8.00 Nuts and Bolts
Series set in a fictional Welsh town. Susan faces a dilemma, and Pete may have burnt his bridges.
9.00 Feature
10.00 Emmerdale
A chance to catch tonight's episode. Text
11.00
Family Fortunes
Two more families compete for prizes in the big-money gameshow hosted by Les Dennis.
12midnight Feature
12.50am-1.50am
Nuts and Bolts
Susan faces a dilemma. Pete may have burnt his bridges.

UK STYLE
LIFESTYLE PACK

7.00am How Does Your Wallpaper Hang? 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 Moving People 11.30 House in Spain 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Travels à la Carte 1.30 Ready, Steady, Cook 2.00 Change That 2.30 Gardeners' World

3.00 Garden Magic
Instant solutions to gardening dilemmas.
3.30 Geoff Hamilton's Paradise Gardens
With Geoff Hamilton.
4.00 Travel Xpress
A look at European city breaks in Lisbon.
4.30 Holiday in Style
Reports from Majorca, Jersey, the Artois, Jamaica, Cambridge, Salou and Turkey.
5.30 Antiques Roadshow US
This edition comes from Greenwich, Connecticut, where the team make some fascinating discoveries.
6.30 Real Rooms
Makeover show presented by Simon Biagi.
7.00 Can't Cook, Won't Cook
Cookery challenge.
7.30 Collectors' Lot
Sue Cook presents the series about collectables.
8.00 Change That
Interior design roadshow.
8.30 Which Craft?
A combination of traditional arts and crafts with ideas for the home.
9.00
Changing Rooms
Linda Barker creates a kitsch front room.
9.30 Dream House
With Carol Vorderman.
10.00 Moving People
William Pratt is leaving home because his parents are splitting up.
10.30 House Invaders
With Linda Barker.
11.00 Ground Force
On the Isle of Wight, the experts create a racetrack for a wheelchair user.
11.30 Garden Magic
Gardening dilemmas.
12midnight Garden Stories
Personality
A series exploring the British passion for gardens.
12.30am-1.00am
Geoff Hamilton's Paradise Gardens
Geoff Hamilton sets off to find secluded havens.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am The Fame Game – Update 7.50 Lion Country 8.20 Battersea Dogs' Home 8.50 Lion Country 9.20 Secrets of World War II 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Lion Country 12.45 City Hospital 1.45 Rush 2.45 The Fame Game – Update
An updated version of the documentary about a top London society 'fixer'.

3.45
Battersea Dogs' Home
Shaun the vet gives some tips about identifying skin complaints on dogs.
4.20 Animal Hospital
With Rolf Harris.
4.50
What Went Wrong?
Stories of disasters.
5.25
Caribbean Holiday
Seamus goes on his first helicopter flight.
5.55 City Hospital
Documentary series where Gaby Roslin and her team of co-presenters report from Southampton General Hospital.
6.55 Future Fantastic
Weird Science
A look at four of science fiction's oldest concepts.
7.30 Disaster
A Major Malfunction
Drama documentary.
8.00 Animal Hospital
Rolf Harris and Steve Knight follow the action at an RSPCA hospital.
8.30
What Went Wrong?
9.00 The Clampers
Fly-on-the-wall series following traffic wardens.
9.35
Trouble at the Top
Ghost at the Brocket Hall
Hotel manager Michael Longshaw takes charge of a conference centre.
10.30
Future Fantastic
Weird Science
11.00 Secrets of World War II
Japan's Last Secret Weapon
12midnight-1.00am Island of Dreams

UK PLAY:
1.00am Game On
1.30 Shooting Stars
2.10 The Dave Saint Show
2.40 The Chris Moyles Show
3.10 TOTP Plus
3.35 The Sound of Play
6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Fish 9.30 A-Z of Food and Beauty 10.00 Crazy About Cheese 10.30 Alive and Cooking 11.00 Flash in the Pan 11.30 Celebrations 12noon Classic Dishes 12.30pm In Season 1.00 Coxon's Kitchen College 1.30 Winter Nosh 2.00 Food Network Daily 2.45 More Simply Antony
Vegetarian
3.30
Tessa's Tastebuds
Ginger
Lamb fillet with a ginger and orange marinade.
4.00 Simply Baking
Bread
Andrew Nutter makes a basic bread dough and potato and rosemary bread.
4.30 The Spice Trail
5.00 Flash in the Pan
Food quiz.
5.30 Classic Dishes
6.00 Coxon's Kitchen College
6.30-7.00pm
Taste of the Times

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Fire from Above
Steve McAllum investigates lightning and its unpredictable nature.
8.00 In the Eye of the Storm
This programme recounts the story of Hurricane Fran as it ripped through the North Carolina coast.
9.00 The Storm
Description of the havoc caused by the massive storms which hit the New England coast in 1991 with eye-witness accounts.
10.00
Asteroid Impact
Many scientists agree that the force of an asteroid impact could devastate Earth in the future.
11.00
Explorer's Journal
Survivors
Michael Davie delves into the minds of adventurers who have escaped death.
12midnight-1.00am
Survive the Sahara
Follow a two-month expedition to the harsh environment of the Central Sahara, located in northern Chad. For over 30 years, it has been cut off from the rest of the world by conflict.

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Great Little Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Great Little Gardens 11.00 The Diceman 11.29 The Home and Leisure House 11.30 Hammer It Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck in 1.30 Ron Hazelton's Housecalls 2.00 Model Magic 2.30 New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Screaming Reels

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come on 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Trainspotters 4.30 Eurospotters 4.45 Got Any Gear 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
A daily magazine programme featuring local news, events and lifestyle features.
6.30 What's On TV
7.00 LLTV – Local Life
7.30 YCTV
Programmes made by the stars of tomorrow featuring the stars of today.
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

Thursday 30 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am Fruitties 5.30 Blinky Bill 6.00 Tidings 6.30 Flying Rhino 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons 9.30 Tom and Jerry Kids 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy and the Cockroaches 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles: The Next Mutation 8.50 Fantastic Four 9.15 Incredible Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm Spy Dogs 12.30 Donkey Kong Country 1.00 Oggy 1.25 Hero Turtles: The Next Mutation 1.55 Fantastic Four 2.20 Incredible Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.00 News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 World Business Report 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00-6.00am News

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am Akhir Kyon 8.00 DD News 8.30 DD Programme 9.00 FILM 11.30 News 12noon Aahwan 12.30pm Subah 1.00 Zameen Aasman 1.30 FILM 4.00 Take 2 4.30 Muthi Bhar Sitare 5.00 Kashkol 6.00 Golmaal 6.30 Videocon Flashback 7.00 Zameen Aasman 7.30 News 8.00 Main Anari Tu Anari 8.30 FILM 11.30 News 12midnight Zameen Aasman 12.30am MTV 123 1.15 FILM 4.00 Subah 4.30 Zamana Badal Gaya 5.00 Doosra Aasman 6.00 Holy Quran 6.30 DD Programme 7.00-7.30am Is Hafte Ki Kahani

CNN INTERNATIONAL
NEWS & SPORT PACK

New throughout the day, plus: 5.00am This Morning 5.30 Business 6.00 Morning 6.30 Business 7.00 Morning 7.30 Business 8.00 Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Movers 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Hot Spots 5.00 Larry King 7.30 Business 8.30 Q&A 9.00 Europe 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Asian 12.45 Asia 1.30 Q&A 2.00 Larry King 3.30 Newsroom 4.30-5.00am Moneyline

ZEE TV
ADD-ON CHANNEL

6.00am Usha Uthap Show 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Karobari Duniya 8.30 Tara 9.00 Zanjeeren 9.30 Body Matters 10.00 Zeharaab 11.00 Pot Luck 11.30 Amar Prem 12noon FILM 3.00pm Professor Pyarelal 3.30 Daayre 4.00 Raahat 4.30 Pride Antakshari 5.00 Chingari 5.30 Hasratein 6.00 Banegi Apni Baat 7.00 Hello Friends 7.30 Aashiqui 8.00 News Bulletin 8.30 Pride Ka Aashirwad 9.00 Raahein 9.30 Chahat Aur Nafrat 10.00 Pakistan News 10.30 X Zone 11.30 Janam 12midnight News 12.30am Zee Horror Show 1.00 Mast Must Show 1.30 Andaz 2.00 FILM 5.00 V3 5.30-6.00am Hey Ha Ho

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Fashion TV 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Fashion TV 4.30 The Book Show 5.30-6.00am CBS Evening News

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 6.00 Word of Life 6.30 Changing Your World 7.00 Believer's Voice of Victory 7.30 This Is Your Day 8.00 Thought for the day 8.05 Behind the Screens 8.30 Life in the Word 9.00 Potter's House 9.30 700 Club 10.00 CMTV 10.30-11.00 Feature

INTERNATIONAL

TV5 5.00am Journal 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal 7.30 A Bon Entendour 8.00 Infos 8.05 Zig Zag Café 9.00 Journal 9.15 Le Garçon Sur La Colline 11.00 Infos 11.05 100% Questions 11.30 Journal 12noon Infos 12.05pm L'Hebdo 1.00 Journal 1.15 Le Garçon Sur La Colline 3.00 Journal 3.15 Questions 3.30 Télétourisme 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal 5.15 Le Garçon Sur La Colline 7.00 Journal 7.30 Journal et le Journal du Temps 8.00 Infos 8.05 Les Grands Jours du Siècle 9.00 Journal Télévisé 9.15 Le Filles du Lido 11.00 Journal Télévisé 11.30-12midnight Soir 3

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.15 Fund Manager's Corner 2.30 Live Market from New York 3.30 Wall Street Report 5.15-6.00am South Africa Report

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 House of Lords 11.30 House of Commons 7.30pm House of Lords 11.00 The Record 11.30-12midnight European Focus

3.00 PM

DISCOVERY
WORLD PACK

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Gerringong
4.30 Discovery Today

5.00 PM

5.00 Time Team
Govan
The team faces a conundrum that sends them back into the Dark Ages of Scottish history.

6.00 PM

6.00 American Commandos
Following a 1000-strong group of airborne troopers as they spend three weeks at a special forces camp.

7.00 PM

7.00 Car Country
Great British Cars
Tim Grundy appraises the Aston Martin DB7 Vantage.
7.30 Discovery Today

8.00 PM

8.00 Shops and Robbers
A shoplifter reveals the extent of her operations as store detectives try to find new ways to stop her.

9.00 PM

9.00 The FBI Files
Firefight
Series about FBI crime investigations.

10.00 PM

10.00 Forensic Detectives
Family Plots
How forensic scientists contribute to the apprehension of criminals.

11.00 PM

11.00 Battlefield
The Battle of Normandy
How Operation Overlord, the D-day Allied landings, was one of the riskiest operations of the war.

12.00 NIGHT TIME

12midnight
In Search of Liberty Bell-7
Following a marine salvage expedition as it attempts to recover NASA's space capsule.
1.00am Discovery Today
News programme.
1.30-2.00am Ultra Science
Magnetic Chaos

3.00 Flying Rhino Junior High
3.30 Fat Dog Mendoza
The adventures of a canine explorer.
4.00 Mike, Lu and Og
4.30 The Powerpuff Girls
The girl power heroines come to the rescue of Townsville once again.
5.00 Dragonball Z
5.30 Ed, Edd 'n' Eddy
Namesake nonsense.
6.00 Tom and Jerry
Madcap comic antics with the cat and mouse.
6.30 The Flintstones
Stone Age animated fun with the Flintstone family.
7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

TNT
FAMILY PACK

9.00pm WCW Nitro
Four hours of the latest action from the WCW.

11.00 The Adventures of Brisco County Jr
12midnight-1.00am The Dukes of Hazzard

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3.00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.
4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.
5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel
6.00 Renford Rejects
6.30-7.00pm Sister Sister

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00pm Jenny
A Girl's Gotta Lie
7.30 Desmond's
Barbershop comedy.
8.00 Dharma and Greg
Dharma and the Horse She Rode in on
8.30 Mad about You
Bedfellows
9.00 Married... With Children
Nightmare on Al's Street
Al is Marcy's dream man.
9.30 Becker
Tell Me Lies
10.00 Frasier
Sweet Dreams
Frasier won't comply with a new studio mandate.
10.30 Father Ted
Competition Time
11.00 Drop the Dead Donkey
Charnley in Love
Dave tries to be faithful.
11.30 Whose Line Is it Anyway?
12midnight Cheers
12.30am Roseanne
1.00 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press UK Connection
3.30 Inspector Gadget
4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs
5.00 Monster Rancher
5.20 Biker Mice from Mars
5.50 Mad Jack the Pirate
6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection 7.00 Bargain Shop! 7.30 Clothes Shop! 8.30 Jewellery Shop! 9.30 Clothes Shop! 10.00 Home Shop! 11.00 Jewellery Shop! 12noon Shop! Selection 1.00pm Bargain Shop! 1.30 Kitchen Shop! 2.00 Holiday Shop! 2.30 Sports Shop! 3.30 Technology Shop! 4.30 Shop! Feature 5.30 Shop! Selection 6.00 Home Shop! 7.00-7.30pm Bargain Shop! Today's offers at Shop!'s specially-reduced prices.

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am. Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows. Saturdays: The best of the week and children's programming. Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

THE HISTORY CHANNEL
WORLD PACK

12noon The Missing Gold of El Dorado
1.00pm Project Cancelled
Hot Flight
2.00 Biography
JFK
Profile of the US President assassinated in 1963.
3.00 Great Crimes and Trials
The Jonestown Massacre
3.30 Spies
No Place to Hide
4.00 Fighting Leathernecks of World War II
5.00 Harley-Davidson
6.00 Naked Warriors of Europe
6.55 Photos for the Future II
7.00 Project Cancelled
The Fairey Rotodyne
8.00 Biography
Robert Mitchum
Profile of the famous American actor.
9.00 Great Crimes and Trials
The Hammersmith Murders
9.30-10.00pm Spies
Hitler's Spies in America

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Comic Collectibles with Dyanamic Forces at 11.00pm.

He's her "tubby little cubby all stuffed with fluff..."

"You Need a Hug Pooh"

The first porcelain Winnie The Pooh doll, available exclusively through The Ashton-Drake Galleries

What little bear could be easier to love than Winnie the Pooh? In this little girl's mind, there's no bear anywhere that even comes close. He is her "tubby little cubby all stuffed with fluff", her favourite bear of all. And she loves him so very much, she wants to cuddle him wherever she goes.

"You Need a Hug Pooh" captures the special feeling this sweet child has for Winnie The Pooh, who is such a source of comfort and fun for children of all ages... adults too. She's the **first** porcelain doll to celebrate him in all his chubby lovable glory.

Designed by renowned doll artist Cindy McClure, this loving little girl is carefully crafted in hand-painted porcelain. She has deep blue, hand-set eyes and soft blonde hair surrounding her baby face, with its gentle expression of love for Winnie The Pooh. She wears a hooded sleepsuit of softest brushed fleece, designed to mimic Winnie The Pooh's distinctive yellow coat, as well as his little red shirt with his name embroidered on the front. Holding her own little Winnie The Pooh on her lap, she hugs him tenderly.

RETURN YOUR ORDER FORM TODAY!

You can welcome "You Need a Hug Pooh" into your home for just £49.98 (plus p&p). But you need SEND NO MONEY NOW. Simply complete and return the Order Form below or phone the Order Hotline on 0800 980 5333.

But don't delay... this hand-crafted doll is issued in an edition exclusive to The Ashton-Drake Galleries. So make sure you order *today!*

Delightful value, too,

only **£16.66** per month

for three months

- Crafted in fine bisque porcelain
- Actual size is approximately 14 inches tall (10 inches seated)
- Complete with huggable "Winnie The Pooh"
- Includes hand-numbered Certificate of Authenticity

ORDER HOTLINE
Monday to Friday 8am-6pm
CALL FREE ON
0800 980 5333

AUTHENTIC Premier QUALITY ASHTON-DRAKE

• EXCLUSIVE EDITION • EASY PAYMENTS
• ONE-YEAR, RISK-FREE GUARANTEE

365-DAY GUARANTEE!
You may without hesitation and for any reason return your doll under the UNIQUE Ashton-Drake 365-day Guarantee. Simply return your doll to us (in good condition and with the accompanying documents) at any time within one full year after you receive him. We will refund the full issue price paid, with no questions asked.
This guarantee is in addition to your statutory rights

THE ASHTON-DRAKE GALLERIES
Bringing You Dolls of Irresistible Value

The Ashton-Drake Galleries Ltd, 1 Castle Yard, Richmond, Surrey TW10 6TF Reg. No. FC15268. Offer available UK only. All orders are subject to acceptance and our standard terms of business Based on the "Winnie the Pooh" works. Copyright A.A. Milne and E.H. Shepard. ©Disney

Your "You Need a Hug Pooh" *Order Form* *Please respond within 14 days*

TO: THE ASHTON-DRAKE GALLERIES, LTD, PO BOX 268, STOKE-ON-TRENT, ST4 4SB

Yes, I wish to reserve "You Need a Hug Pooh"! I understand that I need SEND NO MONEY NOW. Please bill me for my first instalment of £16.66 when my doll is ready for despatch. After delivery, I will pay the balance in two further monthly instalments of only £16.66 each, plus £2.95 p&p payable with my second instalment.

Name(Mr/Mrs/Miss/Ms) _____
(BLOCK CAPITALS PLEASE)

Address _____

_____ Postcode _____

Telephone _____ Signature _____

P135724

If you are already a client please quote your account No: _____

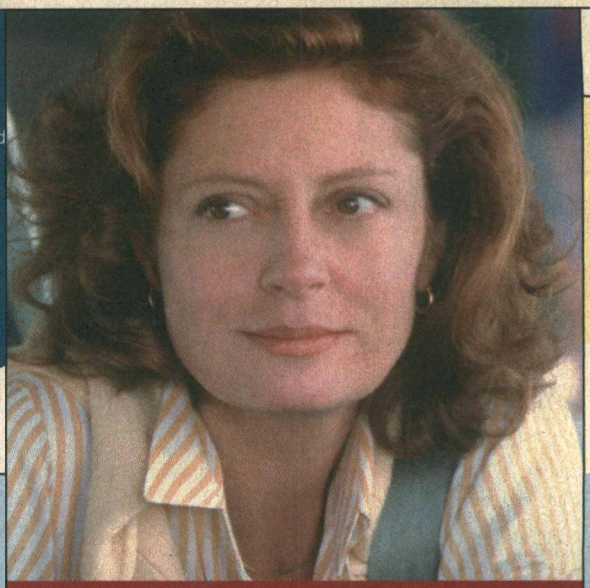
Please tick box if you are ordering this doll as a gift ☐

From time to time The Ashton-Drake Galleries may allow carefully screened companies to contact you. If you do not want to receive such offers, please tick box. ☐

Friday 31 March

MOVIE RATINGS

Sky U: Suitable for viewing by all
Sky PG: Parental Guidance suggested
Sky 12: Suitable for viewers aged 12 years and over
Sky 15: Suitable for viewing by people of 15 years or over
Sky 18: Suitable for viewing by adults only
Text: film is subtitled on page 888 of Fastext
Widescreen: shown in cinema (letterbox) format



Susan Sarandon battles illness and her ex-husband's new girlfriend in 'Stepmom'. Sky Box Office 2, see below

SKY PREMIER
PREMIUM CHANNEL

SKY MOVIEMAX
PREMIUM CHANNEL

SKY CINEMA
PREMIUM CHANNEL

FILMFOUR
ADD-ON CHANNEL

CARLTON CINEMA
LIFESTYLE PACK

MORNING

6.00 AM

SKY PREMIER
6.00am Under the Lighthouse Dancing *1996, rating Sky PG, DS, 90 mins*
8.00 The Staircase Drama. **Last Play** *1998, rating Sky PG, 92 mins*
10.00 Deep Impact Action blockbuster. **Text** *1997, rating Sky PG, DS, 116 mins*
12noon The Karate Kid III *1989, rating Sky PG, 112 mins*
2.00pm Nico the Unicorn *Anne Archer, Michael Ontkean* Family drama about a young boy and his mother who move to Vermont following a tragic accident which left the boy disabled and his father dead. **Last Play** *1998, rating Sky PG, DS, 91 mins*

SKY MOVIEMAX
6.00am Danielle Steel's Heartbeat *1992, rating Sky PG, 88 mins*
8.00 Danielle Steel's Changes *Cheryl Ladd, Michael Nouri 1991, rating Sky PG, 91 mins*
10.00 Danielle Steel's Palomino *Lindsay Frost, Lee Horsley 1991, rating Sky PG, 90 mins*
11.35 Danielle Steel's Fine Things *DW Moffett, Tracy Pollan 1995, rating Sky PG, 137 mins*
2.00pm Danielle Steel's Daddy *Patrick Duffy, Lynda Carter* Moving drama about a successful advertising executive whose life is thrown into turmoil when his wife walks out on the family, leaving him struggling to pick up the pieces. *1991, rating Sky PG, 91 mins*

3.00 PM

4.00 PM

SKY PREMIER
4.00 Stormchaser: Revenge of the Twister *Kelly McGillis, Wolf Larson, Liz Torres, David Millbern* Action-packed thriller about a woman who is determined to complete her husband's important tornado research after he tragically loses his life in the eye of a ferocious storm. **Last Play** *1998, rating Sky PG, DS, 92 mins*

SKY MOVIEMAX
4.00 Shepherd on the Rock *Bernard Hill, Betsy Brantley, John Bowles, Doug Bradley* Scottish drama. A sheep farmer finds himself sitting on a prized piece of land, which a property developer desperately wants to get hold of – by fair means or foul. However, he refuses to sell, and finds a much-needed ally in a local widow. *1995, rating Sky PG, 95 mins*

SKY CINEMA
4.00pm The Left-Handed Gun *Paul Newman, Hurt Hadfield, John Denver, Lita Milan* Psychological Western. A hot-headed gunslinger is taken under the wing of an understanding rancher. However, when the rancher is killed, his gun-wielding charge embarks on a murderous spree. *1958, rating Sky PG, 98 mins*

5.00 PM

6.00 PM

SKY PREMIER
6.00 One Fine Day *Michelle Pfeiffer, George Clooney, Mae Whitman, Alex D Linz* Old-fashioned romantic New York comedy about a pair of mismatched professionals – a professional architect and a newspaper columnist – both single parents – who are thrown together by circumstances for one chaotic day. **Text** *1997, rating Sky PG, 104 mins*

SKY MOVIEMAX
6.00 Au Pair *Gregory Harrison, Heidi Noelle Lenhart, Jane Sibbett* Romantic comedy. A high-flying graduate believes she has landed the job of her dreams, only to discover that she has been employed as a nanny to the boss's spoilt children. However, she quickly warms to her new position. *1999, rating Sky U, DS, 90 mins*

SKY CINEMA
6.00 The Thief Who Came to Dinner *Ryan O'Neal, Jacqueline Bisset, Warren Oates, Jill Clayburgh* Elegant comedy thriller. A computer expert becomes a jewel thief and earns the nickname 'the chess burglar' due to his habit of leaving a chess piece and a chess move at the scene of every crime. *1973, rating Sky PG, 100 mins*

FILMFOUR
6.00pm Short Films Featuring commercials, interviews, reports and insights into the often neglected world of short films.
As well as showing short films from around the world, there is also a look at up-and-coming names.

7.00 PM

8.00 PM

SKY PREMIER
8.00 Deep Impact *Morgan Freeman, Robert Duvall* Action blockbuster. A comet the size of Mount Everest is headed towards Earth and, if it hits, all life will be obliterated. The planet's only hope rests with a team of young astronauts, who are dispatched into space with a rocket full of nuclear weapons to save the day. **Text** *1997, rating Sky PG, DS, 116 mins*

SKY MOVIEMAX
8.00 An American Werewolf in Paris *Tom Everett Scott, Julie Delpy, Vince Vieluf, Phil Buckman* Horror sequel. A new drug that is available to an underground group of werewolves that inhabit the city means that they no longer have to wait for a full moon to transform into rampaging beasts. **Text** *1997, rating Sky 15, 94 mins*

SKY CINEMA
8.00 Roadgames *Stacy Keach, Jamie Lee Curtis, Grant Page, Marion Edward* Australian-made thriller. A trucker takes the law into his own hands and sets out in pursuit of a mysterious killer, picking up a young hitchhiker along the way. The presence of his attractive passenger serves to bring the murderer out of hiding. *1981, rating Sky 15, 96 mins*

FILMFOUR
8.00 Jerry Maguire *Tom Cruise, Cuba Gooding Jnr, Renee Zellweger, Kelly Preston* Oscar-winning romantic drama focusing on the sleazier side of sport, and America's obsession with success and money. A sacked sports agent is abandoned by all his clients except for a small-time American footballer, but redeems himself through honesty and the love of a good woman. **Text** *1996, 133 mins*

9.00 PM

10.00 PM

SKY PREMIER
10.00 The X-Files *David Duchovny, Gillian Anderson, Mitch Pileggi, William B Davis* Blockbusting movie version of the hit sci-fi TV series. Two FBI agents are closer than they have ever been to proving the existence of extra-terrestrial life. However, there are forces out there desperate to stop them from knowing the truth. **Text** *1998, rating Sky 15, 117 mins*

SKY MOVIEMAX
10.00 Scream 2 *Neve Campbell, Courteney Cox, Liev Schreiber, Jamie Kennedy* Comic horror sequel from Wes Craven. When the gory events of the first film are made into a movie, the survivors find themselves terrorised anew by a knife-wielding man in a terrifyingly familiar Hallowe'en mask. **Text** *1998, rating Sky 18, 115 mins*

SKY CINEMA
10.00 Salvador *James Woods, James Belushi, Michael Murphy, John Savage* Drama. A journalist travels to El Salvador alongside a washed-up DJ in search of excitement. However he finds himself caught between two warring factions in a brutal civil war, and decides after seeing the carnage to get his lover out of the country. *1986, rating Sky 18, 117 mins*

FILMFOUR
10.20 House Party *Christopher Reid, Christopher Martin, Tisha Campbell* Comedy about a black teenager who is determined to attend the party being thrown by his mate while his parents are away from home. However, he bargains without the influence of his father who grounds him for the evening. **Text** *1990, 97 mins*

11.00 PM

12.00

NIGHT TIME

SKY PREMIER
12.05am Criminal Law *Gary Oldman, Kevin Bacon* Thriller about a lawyer. *1989, rating Sky 18, 109 mins*
2.00 Afterglow *Nick Nolte, Lara Flynn Boyle* **Text** *1997, rating Sky 15, 109 mins*
3.55-5.45am Scissors *Sharon Stone, Steve Railsback 1990, rating Sky 18, 92 mins*

SKY MOVIEMAX
12midnight Homegrown **Text** *1998, rating Sky 18, 98 mins*
1.45am The Defenders: Choice of Evils *1997, rating Sky 15, 92 mins*
3.25 The Girl with Brains in Her Feet *1997, rating Sky 15, 94 mins*
5.05-5.45am Action Heroes: Nicolas Cage

SKY CINEMA
12.05am The Victors *George Peppard, Albert Finney 1963, rating Sky PG, 147 mins*
2.40 Son of Flubber *Fred MacMurray, Nancy Olsen 1963, rating Sky PG, 98 mins*
4.25-5.50am The Little Shop of Horrors *Jonathan Haze, Jackie Joseph 1961, rating Sky PG, 69 mins*

FILMFOUR
12.10am The Dead Boys' Club
12.40 The Living End *Mike Dytri, Craig Gilmore* Gay road movie. *1992, 92 mins*
2.10am Eyeball Tennis
2.15 The Incredibly True Adventures of Two Girls in Love Lesbian drama. *1995, 90 mins*
3.50-6.00am Black Rainbow Thriller. *1991, 99 mins*

Make a date with your favourite film star: www.cableguide.co.uk

CARLTON CINEMA
7.00 Great Expectations *John Mills, Valerie Hobson, Bernard Miles, Finlay Currie* Highly-acclaimed adaptation of Charles Dickens' celebrated novel. A poor young orphan boy is summoned on a number of occasions to the house of wealthy eccentric woman. Years later he becomes a gentlemen of means thanks to a mysterious benefactor. *1946, 118 mins*
9.00 High School High *Jon Lovitz, Tia Carrere, Louise Fletcher, Mekhi Phifer* Crazy comedy spoof on the inner-city drama *Dangerous Minds*, which centres on the misadventures of an idealistic but naive history teacher who must cope with the marauding, drugged-out students from hell at an American high school. *1996, 86 mins*
11.00 True Believer *James Woods, Robert Downey Jr, Margaret Colin, Yuji Okumoto* Tense thriller about a once idealistic lawyer who is reduced to working for criminals. *1989, 103 mins*
1.00am The Girl in the Picture *John Gordon-Sinclair, Irina Brook* **Text** *1986, 91 mins*
3.00 High School High *Jon Lovitz, Tia Carrere* Comedy spoof. *1996, 86 mins*
5.00-7.00am Hotel Sahara *Peter Ustinov, Yvonne de Carlo 1951, 87 mins*

SKY box office

A movies on-demand service from Cable & Wireless

SKY BOX OFFICE 1 IS NO LONGER AVAILABLE ON THE CABLE & WIRELESS NETWORK

Sky Box Office 2
Channel 52
STEPMOM
Drama about two women battling for the hearts of a pair of young children. Stars Susan Sarandon. **Text** *1998, rating Sky 12, 120 mins*
PLAYS AT
6.00am, 8.30am, 6.30pm, 9.00pm, 11.30pm, 2.00am

Sky Box Office 3
Channel 53
MIGHTY JOE YOUNG
Family adventure about a gorilla and his friendship with the woman who raised him. Stars Charlize Theron. **Text** *1998, rating Sky PG, 110 mins*
PLAYS AT
6.00am, 8.00am, 10.00am, 12noon, 2.00pm, 4.00pm

PAYBACK
Action thriller about a crook seeking revenge on his double-crossing partner. Stars Mel Gibson and Gregg Henry. *1998, rating Sky 18, 97 mins*
PLAYS AT
6.00pm, 8.00pm, 10.00pm, 12midnight, 2.00am, 4.00am

Sky Box Office 4
Channel 54
ARLINGTON ROAD
A man, just recovering from the murder of his wife, becomes paranoid about his neighbours' behaviour. Stars Jeff Bridges. **Text** *1999, rating Sky 15, 113 mins*
PLAYS AT
8.00pm, 10.00pm, 4.00am

See pages 16 and 17 for full details or tune into Channel 50 for full details and Terms and Conditions.
Customers with a Videoway set-top-box must view all events on Channel 50.

Friday 31 March

SKY ONE
ACTION/ SELECTION PACKS

7.00am Roswell Conspiracies
7.30 Starship Troopers
8.00 Pokémon
8.30 Pokémon
9.00 Divorce Court
9.30 Divorce Court
10.00 Hot Love
11.00 Jenny Jones
12noon Sally Jessy Raphael
1.00pm Divorce Court
1.30 Divorce Court
2.00 Hot Love

3.00 Jenny Jones
You're Causing a Scene by Harassing My Teen
Anxious parents who want bullies to stop harassing their children ask for help.

4.00 Pokémon
Volcanic Panic
Ash's quest to earn his volcano badge brings him to a gym.

4.30 Pokémon
Beach Blank-Out Blastoise

5.00 Stargate SG-1
Singularity
The SG-1 team rescues a little girl, the sole survivor of a disease that wiped out a planet, only to find she is a human time bomb.

6.00 Early Edition
Walk, Don't Run Away, Renee
Gary falls for an old childhood friend whose top secret research is about to fall into the wrong hands. Text

7.00 The Simpsons
Homerpalooza

7.30 The Simpsons
The Canine Mutiny
Bart decides to give Santa's Little Helper away.

8.00
Buffy the Vampire Slayer
The I in Team
Buffy's friends become hurt and concerned when her involvement with Riley gets more intense.

9.00 Angel
She
Angel finds himself caught in the middle of a war between the sexes when a female demon fights against male oppressors.

10.00 FILM: Cyborg
Jean-Claude Van Damme
Action adventure movie set in a desolate future where all human life is threatened by a virulent plague. However, a half-human, half-robot heroine may hold the key to combating the plague if she can only make it safely back to Atlanta. *1989*

11.30 Stargate SG-1
Singularity
Sci-fi drama series. Text

12.30am Picket Fences
Dem Bones
A 50-year-old murder case is reopened after Carter identifies the remains of a German-American Bund member who was allegedly killed by a Jew.

1.30-7.00am Long Play
Music all night long.

UK GOLD
LIFESTYLE/ SELECTION PACKS

7.00am Crossroads
7.25 Dynasty
8.25 EastEnders
9.00 The Bill
9.30 The Bill
10.00
All Creatures Great and Small
11.00 Knots Landing
11.55 Neighbours
12.25pm EastEnders
1.00 Juliet Bravo
2.00 Knots Landing

3.00 The Bill
Final Drive
Jarvis is at Hendon for the advanced driving test.

3.30 The Bill
Voices

4.00 EastEnders
Michelle has some news for Sanjay about Gita.

4.35 Neighbours
Phoebe and Stephen learn the truth about Russell.

5.00 Bugs
Nuclear Family
It's either disarmament or disaster for an ex-Eastern bloc president, as the Bugs team must work out whose side his wife is really on.

6.00 The Brittas Empire
Snap Happy
Gordon Brittas wants a commemorative staff photograph.

6.35 Waiting for God
A glamorous granny competition comes to Bayview.

7.10 Are You Being Served
Top Hat and Tails
The staff enter a ballroom dancing competition.

7.45
Keeping Up Appearances
Richard is not best pleased with his birthday present.

8.20 Open All Hours
Sitcom about a miserly shopkeeper and his assistant.

9.00 One Foot in the Grave
Beware the Trickster on the Roof
Victor and Margaret battle to rid their home of an evil curse.

9.40 Silent Witness
Sam has become personally involved with DC Ross. Meanwhile, the exhumation of Mark Tate's body has begun. With Amanda Burton.

10.45 Yes, Prime Minister
The National Education
Sitcom with Paul Eddington.

11.20 The Bill
Final Drive

11.50 The Bill
Voices
Police drama series.

12.20am One Foot in the Grave
Beware the Trickster on the Roof

12.55 Red Dwarf V

1.30 Red Dwarf V

2.05 EastEnders

2.40 Silent Witness

3.35 Casualty 4.45 Waiting for God 5.20-6.00am Are You Being Served?

LIVING
LIFESTYLE PACK

6.00am Through the Keyhole 6.30 Can't Cook, Won't Cook 7.00 Tiny Living 9.00 Weddings Down Under
9.30 Home and Away
10.00 The Jerry Springer Show
10.50 Forgive or Forget
11.40 Maury Povich
12.30pm Plastic Fantastic
1.00 Special Babies
1.30 Home and Away
2.00 Judge Judy
2.30 The Look

3.00
Chat's Moral Dilemmas
Julia Bradbury hosts the talk show which offers advice to people who are in a dilemma.

3.50 Forgive or Forget
Mother Love tries to resolve relationship problems by giving guests the opportunity to forgive each other.

4.40 Maury Povich
Compelling and personal talk show dealing with emotional conflicts, hosted by Maury Povich.

5.30 Ready, Steady, Cook
Two top chefs compete against the clock to create exciting recipes from mystery ingredients.

6.10
The Jerry Springer Show
Outrageous American talk show.

7.00 Judge Judy
New York City's outspoken family court judge presides over a series of real-life cases.

7.30 Life, Camera, Action

8.00 Peak Practice
Drama series about the staff and patients of a general practice based in the rolling hills of Derbyshire. With Amanda Burton and Kevin Whately.

9.00 Profiler
Suspense thriller series about Dr Sam Waters, a brilliant forensic psychologist with a gift for understanding the criminal mind. With Ally Walker and Robert Davi.

10.00
FILM: One of Her Own
Lori Loughlin, Greg Evigan, Martin Sheen, Jeff Yagher
Drama in which a female rookie cop is harassed by fellow officers for breaking the code of silence when she accuses one of them of raping her. *1994*

11.50-12midnight Sex Bites
More raunchy late-night fun with Katrina Buchanan.

CABLE CHECK
Some of the channels listed may not be available in your area

GRANADA PLUS
ACTION PACK

6.00am Man in a Suitcase 7.00 Plus on Plus 7.30 The Fosters 8.00 Me and My Girl 8.30 On the Buses 9.00 Classic Coronation Street Text 9.30 Emmerdale Text 10.00 Hadleigh 11.00 Hart to Hart 12noon Classic Coronation Street Text
12.30pm Emmerdale Text
1.00 George and Mildred
1.30 Bless This House
2.00 Rich Man, Poor Man Book II

3.00 Hawaii Five-0
Blind Tiger
A surprise birthday party for McGarrett ends with an attempt on his life, and the Five-0 team spring into action on his behalf.

4.00 Kojak
No Immunity for Murder
Kojak runs into conflict with the FBI when he investigates the murder of a bookkeeper. With Telly Savalas and Dan Fraser.

5.00 Hart to Hart
The Wayward Hart
Jonathan and Jennifer's gift to Max as a send-off for his vacation turns out to be a lethal cigar.

6.00 Emmerdale
Frank has plans to restore the village's sporting heritage. Text

6.30
Classic Coronation Street
Ken completes his wall units. Text

7.00 George and Mildred
The Right Way to Travel
Mildred hears of a cheap travel scheme. With Yootha Joyce.

7.30 Bless This House
People in Glass Houses

8.00 The Benny Hill Show
More fun from Benny as he performs *Murder on the Orient Express* with a cast that includes detectives Cannon, Poirot and Kojak. With Henry McGee.

9.00 Kojak
Both Sides of the Law
Five priceless Rembrandt drawings mysteriously disappear.

10.00 Shelley

10.30-11.00pm
The Comedians

GRANADA MEN & MOTORS
ACTION PACK

11.00pm
Garry Bushell Reveals All
Weekly game show in which TV critic Garry Bushell spills the beans on celebrities.

11.30 The G Spot
12midnight Showgirls
Focusing on the excitement and bright lights of Las Vegas.

12.30am Beach Bash
Bikini competition.

1.00 E! Wild On...
The Big Apple

1.50-2.00am Crash of the Titans
A compilation of crashes.

DISNEY CHANNEL
ADD-ON/ PREMIUM CHANNEL

6.00am Gummi Bears 6.25 Jungle Cubs 6.50 Mickey Mouseworks 7.15 Sabrina 7.40 Art Attack 8.00 101 Dalmatians 8.30 Goof Troop 9.00 Pooh 9.15 Music Time 9.20 Rolie 9.30 Bear in the House 9.55 Art Play 10.00 PB and J Otter 10.15 Bite Size 10.30 Toons 10.35 Circle Time 10.40 Rolie 10.50 Spot 11.00 Out of the Box 11.30 Pooh 11.45 Music Time 11.50 Rolie 12noon Bear 12.25pm Art Play 12.30 PB and J Otter 12.45 Bite Size 1.00 Toons 1.05 Circle Time 1.10 Rolie 1.20 Spot 1.30 Out of the Box 2.00 Jungle Cubs 2.30 Quack Pack

3.00 The Little Mermaid
The charming adventures of the beautiful mermaid Ariel. Text

3.30 Classic Toons
Watch your favourite classic Disney characters.

4.00 Sabrina
Teenage comedy. Text

4.30
Hercules: The TV Show
Hercules and the Secret Weapon Text

5.00 Recess Double Bill
Animated series from the creators of *Rugrats*. Text

5.30
My Best Friend Is an Alien
Alien Dustbuster Bedlam Text

6.00 Smart Guy
TJ's a smart kid who's wise beyond his years. Text

6.30 Microsoap
Innovative, zany and fun-filled kids' sitcom.

7.00 FILM: Pete's Dragon
Voices of Helen Reddy, Jim Dale
Musical comedy about a magical and sometimes mischievous dragon who causes chaos in a Maine fishing village when he tries to help a young orphan escape from his evil foster parents. *1977*

8.50 Honey, I Shrunk the Kids: The TV Show
Honey, I'll Be Right Witch You
Sci-fi comedy series. Text

9.35 Boy Meets World
It's Not You, It's Me...
Cory and Shawn have a big fight over going to college together.

10.00 Home Improvement

10.30 The Wonder Years

11.00
Touched by an Angel Text

11.50-12midnight Toons

THE BOX
MUSIC & GAMES PACK

Interactive music channel which allows the viewer to select videos of their choice 24-hours-a-day, seven-days-a-week. Also includes BOXFresh – latest videos available; BOXTalk – unique interviews with artists/bands; Breakin' Out of THE BOX – videos tipped for the top. Plus weekly competitions.

FRIDAY CONTINUES OVERLEAF...

6.00 AM
MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00
NIGHT TIME

CABLE CHOICE

FILM

Jerry Maguire
FilmFour 8.00pm
This soft-centred comedy profits from a sweet turn from Tom Cruise. He plays a sports agent who's fired for writing a heartfelt memo against his company's ruthlessness. The film details his romance with an office assisstant who goes into business with him.

GENERAL

Matt Busby – 'The Boss'
UK Horizons 11.00pm
In 1968 Matt Busby lead Manchester United to one of English football's greatest ever triumphs – the European Cup. The documentary examines Busby's life using a mixture of archive material of United, the Boss himself plus interviews with United greats.

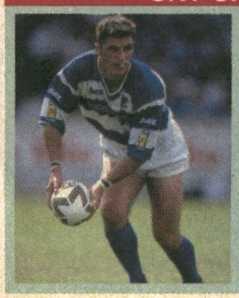
ADVERTISEMENT
UK STYLE

GROUND FORCE 9.00PM
Alan Titchmarsh, with a little help from Charlie Dimmock and Tommy Walsh, presents this popular programme performing gardening makeovers in just two days. The team shows just how far a shoestring budget will go.

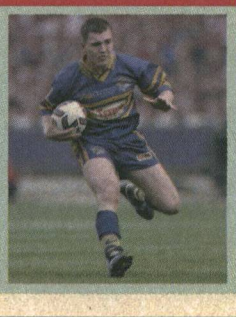
Friday 31 March

	EUROSPORT NEWS & SPORT/ SELECTION PACKS	SKY SPORTS 1 PREMIUM CHANNEL	SKY SPORTS 2 PREMIUM CHANNEL	SKY SPORTS 3 PREMIUM CHANNEL	SCI-FI ACTION PACK	MTV MUSIC & GAMES PACK
MORNING 6.00 AM	**6.00am Motorcycling – LIVE** **7.00 Motorcycling – LIVE** **8.15 Motorcycling – LIVE** **9.30 Mountain Bike** **10.00 Motocross** **10.30 Motorcycling** **12noon Football** Review of Group C in the Uefa Champions' League. **1.00pm Figure Skating – LIVE** Coverage of the ladies Short Programme at the World Championships in Nice.	**7.00am Sky Sports Centre** **7.15 What a Weekend** **7.45 Football League Review** **8.15 You're On Sky Sports!** **9.00 Racing News** **9.30 Aerobics Oz Style** **10.00 Spanish Football** **11.00 Max Power** **12noon Aerobics Oz Style** **12.30pm Football League Review** **1.00 FIFA TV** **1.30 Spanish Football** **2.30 What a Weekend**	**7.00am Aerobics Oz Style** **7.30 Sky Sports Centre** **7.45 Racing News** **8.15 FIFA TV** **8.45 Sky Sports Centre** **9.00 The Rugby Club** **10.00 Ford Golf USA: Bellsouth Classic** **12noon British Superbikes – Brands Hatch** **2.00pm Gillette World Sport Special** **2.30 Formula Palmer Audi**	**12noon Trans World Sport** An eclectic mix of sport, covering everything from powerlifting and golf to football and ice hockey. **1.00pm The Rugby Club** Stuart Barnes and Dewi Morris preview and review the latest rugby union action. **2.00 World Cup Classics: England v Czechoslovakia** Sit back and revel in some unabashed World Cup nostalgia in the latest edition of the popular show.	**8.00am Buck Rogers in the 25th Century** **9.00 Land of the Giants** **10.00 Lost in Space** **11.00 The Six Million Dollar Man** **12noon Babylon 5** **1.00pm Quantum Leap** *The Boogieman* **2.00 Buck Rogers in the 25th Century** *Twiki is Missing*	**6.00am Select MTV** **8.00 Mad 4 Hits** **9.00 Bytesize MTV** **11.00 brand:new** Zane Lowe casts his eye over all that is new in the music biz. **12noon Mad 4 Hits** **12.30pm Daily Edition** **1.00 Mad 4 Hits** **2.00 MTV Dance Floor Chart Show**
3.00 PM		**3.00 The Rugby Club** Mark Durden-Smith presents a round-up of the latest rugby union news.	**3.00 Saloon Car Championship** Action from the National Saloon Car Championship. **3.30 Ringside Special: US Olympic Trials – Box Offs** With the Sydney Olympics beckoning, the best amateur boxers in America compete in the 'Box Offs' phase of the US Trials.	**3.30 Australian Rally Championships** Action from the Australian Rally Championship.	**3.00 The Flash** *Beat the Clock* Sci-fi adventure about a man that is struck by lightning and transformed into a superhero.	**3.00 Bytesize MTV** A constant barrage of bizarre moments culled from MTV stations around the world, presented in short soundbites.
4.00 PM	**4.00 Tennis** Action from the Ericsson Open Sanex WTA Tournament in Key Biscayne, Florida.	**4.00 Trans World Sport** With sports news, tournaments and competitions across the globe from the past week.	**4.00 Ford Golf USA: BellSouth Classic** Action from the Players Club at Sugarloaf Duluth in Georgia, with the opening day's play of the Bellsouth Classic. Last year's champion David Duval is looking to retain his title, become the first winner to do so. *Repeat from Sky Sports 2*		**4.00 Land of the Giants** *Return of Inidu* The travellers help a giant magician convicted of involuntary manslaughter.	**4.00 Select MTV** Make MTV your personal video jukebox by calling the number provided and voting for the video you want to see.
5.00 PM	**5.00 Football** Review of phase two of the Uefa Champions' League, with 16 teams competing for a place in the quarter-finals.	**5.00 Futbol Mundial** An insight into the best current football action. **5.30 What a Weekend** A look at the best of the weekend's sporting action.	**5.00 Moto Plus** Show for those who enjoy life in the fast lane **5.30 Extreme Sailing** Coverage of breathtaking sailing action.		**5.00 Lost in Space** *The Prisoners of Space* The Robinsons are tried by a mysterious tribunal for committing space crimes. With Dawson Palmer.	
6.00 PM	**6.00 Figure Skating – LIVE** Coverage of the Free Dance Programme from the World Championships in Nice.	**6.00 Sky Sports Centre** Up-to-the-minute sports news, presented by Matthew Lorenzo and Kirsty Gallagher.	**6.00 Gillette World Sport Special** Report on alternative sports around the world. **6.30 Inside the Senior PGA Tour**	**6.00 Australian Drag Racing** **6.30 Moto Plus** The motoring show for those who enjoy life in the fast lane.	**6.00 The Six Million Dollar Man** *The Cheshire Project* A prototype aeroplane invisible to radar goes missing on a test flight.	**6.00 News Weekend Edition** Edith Bowman and Emma Ledden take a look at the latest showbiz news. **6.30 UK Singled Out**
7.00 PM		**7.00 Super League: Halifax v Leeds – LIVE** Rugby league action from the JJB Super League as Halifax Blue Sox take on Leeds Rhinos at the Shay Ground. Eddie Hemmings and Mike Stephenson are pitchside to bring all the bone-crunching moments from this Yorkshire derby.	**7.00 First Division Football: Charlton Athletic v QPR – LIVE** Join Marcus Buckland as he introduces another evening of top Nationwide League coverage as the two London teams face each other on the trail of those crucial league points. Promotion favourites Charlton have found formidable form this season and have already beat QPR at the Valley in the FA Cup. With commentary from Rob Hawthorne and Alan Brazil.	**7.00 Saloon Car Championship** Action from the National Saloon Car Championship. **7.30 Extreme Sailing** Sailing action.	**7.00 Quantum Leap** *The Boogieman* Sam leaps into the body of a second-rate horror novelist who witnesses a series of accidents.	**7.00 Mad 4 Hits** Back-to-back videos of chart-busting smashes and best-selling singles.
8.00 PM				**8.00 Ringside Special: US Olympic Trials** With the Sydney Olympics beckoning, the best amateur boxers in America compete in the 'Box Offs' phase of the US Trials.	**8.00 Cybernet** A weekly look at what's new and what's hot in the world of computer games. **8.30 The Net** *Bulls and Bears* Angela takes a job at a brokerage firm.	**8.00 MTV Dance Floor Chart Show** June Sarpong counts down the biggest selling singles for the dancefloor.
9.00 PM	**9.30 Tennis – LIVE** Coverage of the Ericsson Open Sanex WTA Tournament in Key Biscayne, Florida.	**9.30 Gillette World Sport Special** Report on the more alternative sports from across the globe.		**9.30 Moto Plus** The motoring show for those who enjoy life in the fast lane.	**9.30 The Hunger** *The Dream Sentinel* A stripper is haunted by the ghost of a killer.	**9.00 News Weekend Edition** **9.30 Celebrity Death Match** Claymation series where stars battle it out.
10.00 PM	**10.30 Rally** Action from the FIA World Rally Championship in Catalunya, Spain **10.45 Motorcycling** Action from the World Championship Grand Prix in Sepang, Malaysia. **11.30-12.30am Football** Action from the Uefa Champions' League.	**10.00 Sky Sports Centre** All of the latest sporting news. Presented by Matthew Lorenzo and Kirsty Gallacher. **11.00 Hold the Back Page** Three of the country's football journalists read between the lines of the back page headlines. **12midnight Premier League Preview** **12.30am Sky Sports Centre** **1.30 Super League: Halifax v Leeds** **3.00-6.00am World Wrestling Federation – Late Night: Raw**	**10.00 Ford Golf USA: BellSouth Classic – LIVE** Coverage from Sugarloaf Duluth in Georgia of the second day's play in the BellSouth Classic tournament. David Duval will be attempting to do what no other player has ever done, successfully defend his title. **12midnight Extreme Sailing** **12.30am First Division Football: Charlton v QPR** **2.00 Ringside Special: US Olympic Trials – Box Offs** **3.30 Gillette World Sport Special** **4.00 Moto Plus** **4.30-6.00am First Division Football: Charlton v QPR**	**10.00-12midnight World Wrestling Federation: Late Night – Raw** Jim Ross, Kevin Kelly and Michael Cole report on the latest action and adventure from the World Wrestling Federation circuit. With classic matches and celebrity guests, this show is unmissable.	**10.00 FILM: Stephen King's Cat's Eye** *Drew Barrymore, James Woods, Alan King* A trio of terrifying tales from the master of the macabre, all of which are linked together by a mysterious black cat that appears at the beginning of each story. *1985*	**10.00 Mad 4 Hits** Back-to-back videos of chart-busting smashes and best-selling singles. **10.30 Downtown** Animated take on urban life. **11.00 Total Request** Another chance to request that your favourite video be played.
NIGHT TIME 12.00					**12midnight FILM: Frozen** *Frank Ceglia, Damian Chapa, Faith Ford* Horror. *1998* **1.40am Sci-Focus Special** **2.00 Cybernet** **2.30 100 Years of Horror** **3.00-4.00am Babylon 5**	**12midnight Partyzone** **1.00am Mad 4 Hits** **1.30 Downtown** **2.00 Club Mix** **3.00 MTV Megamix** A section of tunes with a seamless mix of images. **4.00 Partyzone** **5.00-6.00am Night Videos**

LIVE SUPER LEAGUE: HALIFAX V LEEDS SKY SPORTS 1 7.00PM



The Halifax Blue Sox against the Leeds Rhinos is a clash that will have rugby league fans in Yorkshire glued to their sets because cross-county bragging rights are up for grabs. The Blue Sox have been improving steadily these last few seasons and now have internationals like Damian Gibson who has played for Wales (pictured, left) to frighten even the likes of Leeds who once again enter a season full of expectation and are again led by stars including Iestyn Harris (pictured, right).



PLAYBOY TV/ ADULT CHANNEL
ADD-ON CHANNEL

10.00pm Freeview 10.06 FILM: Night Shade 11.40 Playboy's Hard Drive 12midnight Freeview 12.10am Dr Anna St John 12.35 Wanna Be a Porn Star? 1.05 FILM: Born Bad 2.15 Girl Hunt 2.35-4.00am FILM: Dirty Laundry II

Adult Nightview is now available as a TV on-demand service between 10.00pm and 4.00am at £4.95. See channel 50 for details

TELEVISION X
ADD-ON CHANNEL

12midnight Ten Minute Preview 12.10am Stripper of the Year 12.20 Teresa Scott Unleashed 12.45 FILM: Dark Garden 1.00 Five Minute Freeview 1.05 FILM continues 2.00 Five Minute Freeview 2.05 Erotic Visions 2.30 FILM: Backdoor Brady's 3.40-4.00am Micha

Adult Nightview is now available as a TV on-demand service between 12midnight and 4.00am at £4.95. See channel 50 for details

Friday 31 March

VH1
MUSIC & GAMES PACK

6.00am Power Breakfast
8.00 Pop-Up Video
Music and trivia from the irreverent Pop-Up team.
9.00 Upbeat
1.00pm
Greatest Hits: The Corrs
1.30 Pop-Up Video
Music and trivia from the irreverent Pop-Up team.
2.00 Jukebox
A back-to-back rollercoaster of hits from the VH1 playlist and some golden oldies from the last four decades.
4.00 Talk Music
Pip Dann and Mark Ellen introduce the week's music news and reviews.
4.30 Greatest Hits: The Corrs
5.00 The Millennium Classic Years: 1989
Students were killed in Tianamen Square, and the *Marchioness* sank into the Thames.
6.00 The Kate & Jono Show
VH1's irrepressible twosome provide more diverting chat and play a selection of music.
7.00 Ed Sullivan's Rock'n'Roll Classics
7.30 The Best of Live at VH1
The best live sessions from the last five years.
8.00 The Millennium Classic Years: 1982
Britain overcomes Argentina in the Falklands war, and Italy win the World Cup in Spain.
9.00 Ten of the Best: Martine McCutcheon
The ex-EastEnder and now flourishing solo artist picks her top ten.
10.00 Behind the Music: Celine Dion
The story of the incredible rise of the diva of pop music and the relationship with her husband.
11.00 Storytellers: Sheryl Crow
A live performance and chat in front of an intimate studio audience.
12midnight
The Friday Rock Show
2.00am Anorak 'n' Roll
David Hepworth presents the quiz show that will drive you mad. Ordinary knowledge won't help you here – it's wall-to-wall trivia all the way.
3.00-6.00am VH1 Late Shift

ANIMAL PLANET
WORLD PACK

12noon Crocodile Hunter
Dinosaurs Down Under
12.30pm Crocodile Hunter
Hidden River
1.00 Emergency Vets
Smokey the cat gets mangled in a car engine.
1.30 Pet Rescue
2.00 Harry's Practice
Harry helps perform a caesarean on a greyhound.
2.30 Zoo Story
3.00 Going Wild with Jeff Corwin
New Mexico – Gila National Forest
3.30 Croc Files
With Steve and Terri Irwin.
4.00 Croc Files
More reptilian adventures with Steve and Terri Irwin.
4.30 The Aquanauts
Featuring a report from Roatan in Honduras.
5.00 Emergency Vets
A Scottie mix suffers from congestive heart failure.
5.30 Zoo Chronicles
A new male reindeer has his antlers trimmed.
6.00 Crocodile Hunter
Travelling the Dingo Fence
6.30 Crocodile Hunter
Wild in the USA
Steve Irwin travels to the USA to relocate a cougar.
7.00 A Patient Hunter
A film exploring the instinctive defence mechanisms of deer.
7.30 Elephant's Memory
8.00 Emergency Vets
More animals are given life-saving surgery.
8.30 Emergency Vets
More animals are given life-saving surgery.
9.00 Animal Weapons
Fatal Encounters
A look at the various ways animals have developed to both protect themselves and catch their prey.
10.00 Wild Rescues
A lion cub is abandoned by his mother.
10.30 Wild Rescues
A rescue from the San Bernadino Mountains.
11.00 Emergency Vets
More stories from the Alameda East Veterinary Hospital in Denver.
11.30-12midnight Emergency Vets

CABLE CHECK
Some of the channels listed may not be available in your area

Charlie Dimmock and the 'Ground Force' team create a garden. UK Style 9.00pm

ITV2
ACCESS PACK

4.00pm
Storm Warning
Real-life footage of heroic and dramatic rescues.
4.30 Family Fortunes
5.00 Don't Try This at Home!
Davina McCall presents a show in which ordinary people are challenged to perform dangerous acts.
6.00 The Big Blue
Watersports action.
6.30 NBA Action
Basketball magazine.
6.50 Chart Choice
7.00 NBA 2000
Action from one of the week's top basketball games from the US.
8.00 Baywatch
8.50 Chart Choice
9.00 Feature
10.00
Coronation Street
Another chance to see tonight's episode, shown earlier on ITV. Text
10.30
Monsignor Reynard
A French Catholic priest unexpectedly returns home in 1940 just before the Germans occupy France. With John Thaw.
12midnight Family Fortunes
Two more families play the big money gameshow.
1.00 Feature
1.50-2.20am Videotech
Latest chart videos.

UK STYLE
LIFESTYLE PACK

7.00am Big Strong Girls 7.30 Looking Good 8.00 Travel Xpress 8.30 Collectors' Lot 9.00 Ready, Steady, Cook 9.30 Can't Cook, Won't Cook 10.00 House Invaders 10.30 Change That 11.00 How Does Your Wallpaper Hang? 12noon Real Rooms 12.30pm Collectors' Lot 1.00 Sophie Grigson's Feasts for a Fiver 1.30 Ready, Steady, Cook 2.00 Change That 2.30 The Flower Show
3.00
The Green Room
How to make tiny city gardens into havens.
3.30 Gardening from Scratch
4.00 Travel Xpress
Liz Wickham goes on a thrilling canoe journey into the Canadian outback.
4.30 Holiday in Style
Reports from such destinations as including the Algarve, Acapulco and Thailand.
5.30
Antiques Roadshow
Barnsley residents bring along their antiques for expert assessment.
6.30 Real Rooms
Viewers' rooms are transformed.
7.00 Can't Cook, Won't Cook
More cooks are helped to create a delicious meal.
7.30 Collectors' Lot
Spotlight on collectables.
8.00 Change That
Interior design roadshow.
8.30 House in Spain
A final visit to see how the Brits have got in renovating their Spanish houses.
9.00 Ground Force
On the Isle of Wight, the experts create a racetrack garden for a 14-year-old wheelchair user.
9.30 Changing Rooms
10.00 Dream House
Top microwaves are tested for the house's kitchen.
10.30 House Invaders
DIY show in which homes are given a free facelift.
11.00 How Does Your Garden Grow?
Some of the nation's top gardeners work on a variety of the main horticultural problems of the day.
12midnight Garden Magic
Toby Buckland and Lisa Davis offer instant solutions to gardening dilemmas.
12.30am-1.00am Gardening from Scratch
The gardening series for absolute beginners.

UK HORIZONS
WORLD/ ACCESS PACKS

7.00am Nannies 7.50 Lion Country 8.20 Battersea Dogs' Home 8.50 Ambush at Masai Mara 9.20 Matt Busby – 'The Boss' 10.15 The House 11.15 Tomorrow's World Plus 12.15pm Lion Country 12.45 City Hospital 1.45 Billy Connolly: A Scot in the Arctic 2.45 Nannies
A pair of solicitors set a series of testing questions to find the perfect match.
3.45 Battersea Dogs' Home
Shauna Lowry checks out the daily arrivals of lost dogs at the famous home.
4.20 Animal Hospital
Action at the RSPCA Harmsworth Hospital.
4.50
What Went Wrong?
Features natural and man-made disasters.
5.25
Caribbean Holiday
5.55 City Hospital
Documentary reporting on the triumphs and trials of patients and staff at Southampton General Hospital.
6.55 Future Fantastic
Brainstorm
Technology which creates artificial experiences – such as virtual reality.
7.30 Disaster
A Cut-Price Tragedy
8.00 Animal Hospital
Rolf Harris and Steve Knight look at sick pets and how they are cured.
8.30
What Went Wrong?
9.00 The Clampers
Fly-on-the-wall series following those who enforce the parking laws.
9.35
Trouble at the Top
Profile of Jonathan Phang as he aims to save an ailing model agency.
10.30
Future Fantastic
11.00 Matt Busby – 'The Boss'
12midnight The Lion's Den
12.30am-1.00am
What Went Wrong?

UK PLAY:
1.00am TOTP Plus 1.30 Shooting Stars 2.00 Robbie Williams – Live in Your Living Room 3.00 Hey DJ 4.00 Chigley 4.15 Podge and Rodge 4.25 The Sound of Disco 5.30 The Sound of Play 6.30-7.00am The UK Top 20

CARLTON FOOD NETWORK
LIFESTYLE PACK

7.00am First Taste 7.30 Coxon's Kitchen College 8.00 Food Network Daily 8.45 Simply Fish 9.30 A to Z of Food and Beauty 10.00 Caribbean Kitchen 10.30 Alive and Cooking 11.00 Flash in the Pan 11.30 Newman Meets 12noon Classic Dishes 12.30pm Turner's Tour of Hong Kong 1.00 Coxon's Kitchen College 1.30 Aldo and Friends 2.00 Food Network Daily 2.45 More Simply Antony
Italian
3.30
Tessa's Tastebuds
Tea
Tessa prepares Darjeeling ice cream with lychees.
4.00 Simply Baking
Cookies
With Andrew Nutter.
4.30 The Spice Trail
A tour of northern India.
5.00 Flash in the Pan
5.30 Classic Dishes
Alex Mackay prepares rack of lamb.
6.00 Coxon's Kitchen College
6.30-7.00pm Food from the Village

NATIONAL GEOGRAPHIC CHANNEL
FAMILY PACK

7.00pm
Explorer's Journal
Freefall
Andrew Martin takes a bird's eye view at the world of sky diving.
8.00 Survivors of the Rainforest
Travel into the world of the Venezuelan Yanomami, who have had little contact with outsiders.
9.00 King Koala
Travel to the great eucalyptus forests of Australia to discover some astonishing facts about koala behaviour.
10.00
Spirits of the Wild
A fascinating overview of animal mythologies from around the world.
11.00
Explorer's Journal
Breaking the Waves
Charting the progress of two unusual journeys across water.
12midnight
Horsemen of the Pampas
An exploration of the culture and traditions of the legendary gauchos.
12.30am
Wardens and Rangers
Meeting people who protect wildlife for a living.

6.00 AM MORNING
3.00 PM
4.00 PM
5.00 PM
6.00 PM
7.00 PM
8.00 PM
9.00 PM
10.00 PM
11.00 PM
12.00 NIGHT TIME

CHALLENGE TV
MUSIC & GAMES PACK

5.00pm Cross Wits
5.30 100%
Fast-paced quiz show.
6.00 Family Fortunes
6.30 Strike it Lucky
7.00 Sale of the Century
7.30 Winner Takes All
8.00 The Crystal Maze
9.00 Stars in Their Eyes
9.30 Move on Up
10.00 Family Fortunes
10.30 Candid Camera
11.00
Celebrity TV Bloopers
12midnight
Don't Feed the Gondolas
12.30am The Cooler
1.00 3-2-1
2.00 Move on Up
2.30
Don't Feed the Gondolas
3.00 Simply Irresistible
3.30 The Krypton Factor
More tough challenges.
4.00 Who's Sorry Now?
4.30 100%
5.00-6.00am
Shopping with Screenshop

DISCOVERY HOME & LEISURE
WORLD PACK

6.00am The Joy of Painting 6.30 Garden Club 7.00 Great Little Gardens 7.30 Homemaker 8.00 Ron Hazelton's Housecalls 8.30 Our House Down Under 8.55 The Joy of Painting 9.30 Simply Painting 10.00 Garden Club 10.30 Great Little Gardens 11.00 The Diceman 11.29 The Home and Leisure House
11.30 Hammer it Home 12noon Hometime 12.30pm Hometime 1.00 Two's Country – Get Stuck In 1.30 Ron Hazelton's Housecalls 2.00 Model Magic 2.30 The New Yankee Workshop 3.00 This Old House with Steve and Norm 3.30-4.00pm Total Fishing with Matt Hayes

RAPTURE
BONUS CHANNEL

10.00am Come On 10.15 Byte Me 11.00 Come On 11.15 Byte Me 12noon Come On 12.15pm Byte Me 1.00 Come On 1.15 Byte Me 2.00 Come On 2.15 Byte Me 3.00 Come On 3.15 Byte Me 4.00 Club@vision 4.45 Club File Xtr 5.00 That Film Show 5.30-6.00pm H.E.R.E.

LOCAL CHANNEL
ACCESS PACK

6.00pm LLTV – Local Life
6.30 What's On TV
***London area:**
Blue Tomorrow
Chelsea FC fanzine.
***Derby area: Vision Rams**
Derby County FC fanzine.
7.00 LLTV – Local Life
7.30 YCTV
8.00 Student Showcase
8.30 What's On TV
9.00-9.30pm
LLTV – Local Life
* Repeated Saturday 9.30am

Friday 31 March

MORNING

6.00 AM

CABLE CHECK
Some of the channels listed may not be available in your area

CARTOON NETWORK
FAMILY PACK

5.00am The Fruitties 5.30 Blinky Bill 6.00 The Tidings 6.30 Flying Rhino Junior High 6.55 Fly Tales 7.00 Scooby Doo 7.30 Johnny Bravo 8.00 Tom and Jerry 8.30 Smurfs 8.45 Fly Tales 9.00 Tiny Toons Kids 9.30 Tom and Jerry 10.00 Blinky Bill 10.30 Tabaluga 11.00 Magic Roundabout 11.15 Tidings 11.30 Tom and Jerry 12noon Looney Tunes 12.30pm The Flintstones 1.00 Jetsons 1.30 Dastardly & Muttley 2.00 Wacky Races 2.30 Top Cat

NICKELODEON
FAMILY PACK

7.00am The Three Friends... & Jerry 7.30 Kenan & Kel 8.00 Rocket Power 8.30 Rugrats 9.00 Arthur 9.30 Country Mouse, City Mouse 10.00 Magic School Bus 10.30 Papa Beaver Stories 11.00 Babar 11.30 Arthur 12noon Thomas the Tank Engine 12.30pm Blue's Clues 1.00 Rugrats 1.30 Noah's Island 2.00 Anthony Ant 2.30 Muppet Babies

FOX KIDS
FAMILY PACK

6.00am BeetleBorgs Metallix 6.30 Spiderman 7.00 Monster Rancher 7.25 Oggy 7.30 Dennis and Gnasher 8.00 Oggy 8.25 Hero Turtles 8.50 Fantastic Four 9.15 Hulk 9.40 Masked Rider 10.05 X-Men 10.30 Casper 10.55 Eek the Cat 11.05 Walter Melon 11.30 Inspector Gadget 11.55 Sam and Max 12.05pm The Spy Dogs 12.30 Donkey Kong 1.00 Oggy 1.25 Hero Turtles 1.55 Fantastic Four 2.20 Hulk 2.45 Masked Rider

NEWS AND INTERNATIONAL

BBC NEWS 24
NEWS & SPORT/ ACCESS PACKS

6.00am News 9.00 News 9.30 The World Today 10.00 News 1.00pm News 1.30 UK Today 2.00 News 4.00 News 6.00 News 6.30 UK Today 7.00 News 7.30 Sportsday 8.00 News 9.00 News 9.30 Europe Direct 10.00 News 10.30 HARDtalk 11.00 News 11.30 World Business Report 12midnight News 12.30am Zero 30 1.00 News 2.00 News 2.30 Talking Movies 3.00 News 3.30 HARDtalk 4.00 News 4.30 Zero 30 5.00 News 5.30-6.00am Seven Days

CNN INTERNATIONAL
NEWS & SPORT PACK

News throughout the day, plus: 5.00am This Morning 5.30 World Business 6.00 This Morning 6.30 Business 7.00 This Morning 7.30 Business 8.00 This Morning 8.30 Sport 9.00 Larry King 10.30 Sport 11.30 Biz Asia 12.30pm Pinnacle 1.15 Asian 1.30 Report 2.30 Showbiz 3.30 Sport 4.30 Inside Europe 5.00 Larry King 7.30 Business 8.30 Q&A 9.30 Insight 10.00 Business 10.30 Sport 11.00 View 11.30 Moneyline 12.30am Europe 1.30 Q&A 2.00 Larry King 4.30-5.00am Moneyline

SKY NEWS
NEWS & SPORT/ ACCESS PACKS

News on the hour, every hour, plus: 6.00am Sunrise 10.30 Sky World News 11.30 Money 12noon Sky News Today 2.30pm Your Call 4.30 Sky World News 5.00 Live at Five 8.30 Sky Business Report 9.30 Answer the Question 10.00 Sky News at Ten 10.30 Sportsline 12.30am CBS Evening News 1.30 Your Call 2.30 Sky Business Report 3.30 Week in Review 4.30 Answer the Question 5.30-6.00am CBS Evening News

INTERNATIONAL

TV5 5.00am Journal Télévisé 5.15 Journal des Journaux 5.30 Télématin et le Journal du Temps 7.00 Journal Télévisé 7.30 Fête des Bébés 8.00 Infos 8.05 Zig Zag Café 9.00 Journal Télévisé 9.15 Les Filles du Lido 11.00 Infos 11.05 100% Questions 11.30 Journal Télévisé 12noon Infos 12.05pm Fax Culture 1.00 Journal Télévisé 1.15 Les Filles du Lido 3.00 Journal Télévisé 3.15 Questions 3.30 Va Savoir 4.00 Infos 4.05 Pyramide 4.30 Questions pour un Champion 5.00 Journal Télévisé 5.15 Les Filles du Lido 7.00 Journal Télévisé 7.30 Journal Télévisé 8.00 Infos 8.05 Fiction Canadienne 9.00 Journal Télévisé 9.15 Divertissement 11.00 Journal Télévisé 11.30-12midnight Soir 3

ASIANET
ADD-ON CHANNEL

CABLE EXCLUSIVE

7.30am DD News 8.00 Is Hafte Ki Kihani 8.30 Holy Quran 9.00 FILM 11.30 News 12noon Darpan 12.30pm Khiladi 1.00 Swabimaan 1.30 FILM 4.00 Choree Chupke 4.30 Is Hafte Ki Kihani 5.00 Kaala Daira 6.00 Tiger 6.30 Aur Aap 7.00 Swabimaan 7.30 News 8.00 Zamana Badal Gaya 8.30 Dard 9.00 FILM 11.30 News 12midnight Swabimaan 12.30am Asianet Aur Aap 1.00 FILM 4.00 Zamana Badal Gaya 4.30 Dard 5.00 MTV 123 6.00 Choree Chupke 6.30 News 7.00-7.30am Mehfil

ZEE TV
ADD-ON CHANNEL

6.00am Aahaa 6.30 Bhakti Songs 7.00 Jaagran 7.30 News 8.00 Pakistan News Link 8.30 Tara 9.00 Adhikar 9.30 Raahein 10.00 Sham Se Pehley 11.00 Zaike Ka Safar 11.30 Amar Prem 12noon FILM 3.00pm Aashiqui 3.30 Chalo Cinema 4.00 Raahat 4.30 Akbar Birbal 5.00 Choti Choti Baatein 5.30 Amanat 6.00 Hip Hip Hurray 6.30 Feature 7.00 Up Beat 7.30 Entertainment Express 8.00 News 8.30 Urmila's Season 9.00 Rangeela 9.30 Aamir Khan 10.00 Urmila Matondkar 10.30 Jackie Shroff 11.30 Nagin 12midnight News 12.30am Mano Ya Na Mano 1.00 X Zone 2.00 FILM 5.00 Commander 5.30-6.00am Flu

CHRISTIAN CHANNEL EUROPE
WORLD PACK

5.00am 700 Club 5.30 Winning in Life 6.00 Good News 6.30 Changing Your World 7.00 Believers' Voice of Victory 7.30 This Is Your Day 8.00 Thought for the Day 8.05 Behind the Scenes 8.30 Life in the Word 9.00 The Messenger 9.30 700 Club 10.00 CMTV 10.30-11.00am Feature

BLOOMBERG
WORLD PACK

2.00am Tokyo Live 2.30 Wall Street Report 3.15 Clarke's Chronicle 3.45 Boarding Pass 5.15 South Africa Report 5.45-6.00am Clips

BBC PARLIAMENT
NEWS & SPORT PACK

5.30am Select Committees 7.00 The Record 7.30 Select Committees 9.30 Westminster Hall 12.30pm Select Committees 3.00 House of Lords 11.00 The Record 11.30-12midnight The Point

3.00 PM

DISCOVERY
WORLD PACK

3.00 Flying Rhino Junior High
Pachyderm pranks.
3.30 Fat Dog Mendoza
Canine capers.

3.00 Doug
The animated antics of a daydreamer and his dog.
3.30 Hey Arnold!
The adventures of the boy with an odd-shaped head.

3.10 X-Men
Human vs mutant conflict.
3.29 X-Press UK Connection
3.30 Inspector Gadget

4.00 PM

4.00pm Rex Hunt Fishing Adventures
Sydney
Fishing series.
4.30 First Flights
Fighters between the Wars

4.00 Mike, Lu and Og

4.30 The Powerpuff Girls

4.00 Rugrats
Fun with the over-imaginative toddlers.
4.30 SpongeBob Squarepants
Undersea adventures.

4.00 Power Rangers in Space
4.30 Mystic Knights of Tir Na Nog
4.50 The Secret Files of the Spy Dogs

5.00 PM

5.00 Time Team
Malton, North Yorkshire
Presenter Tony Robinson and his team of intrepid treasure hunters head for Malton in North Yorkshire.

5.00 Dragonball Z

5.30 Ed, Edd 'n' Eddy

5.00 Sabrina the Teenage Witch
Adventures of the half witch/half mortal.
5.30 Kenan & Kel

5.00 Monster Rancher
5.20 Biker Mice From Mars
5.50 Mad Jack the Pirate

6.00 PM

6.00 Speedway Survival
A look at racing car accidents and the emergency procedures which take place.

6.00 Tom and Jerry

6.30 The Flinstones

6.00 Renford Rejects
6.30-7.00pm Nick News

6.00 Oggy and the Cockroaches
6.20 Sam and Max
6.30-7.00pm Goosebumps

PARAMOUNT COMEDY CHANNEL
FAMILY PACK

7.00 PM

7.00 Battle for the Planet
Wind Wars
7.30 First Flights
Fighters between the Wars
A look at aerial warfare.

7.00 Scooby Doo – Where Are You?
7.30 Looney Tunes
8.00 Pinky and the Brain
8.30-9.00pm Superman

7.00pm Jenny
A Girl's Gotta Merger
7.30 Desmond's
Barbershop comedy.

SHOP!
LIFESTYLE/ SELECTION PACKS

6.00am Shop! Selection
7.00 Bargain Shop!
7.30 Sports Shop!
8.30 Home Shop!
9.30 Sports Shop!
10.00 Kids Shop!
11.00 Kitchen Shop!
12noon Shop! Selection
1.00pm Bargain Shop!
1.30 Entertainment Shop!
2.00 Gift Shop!
2.30 Clothes Shop!
3.30 Beauty Shop!
4.00 Collectors' Shop!
4.30 Entertainment Shop!
5.30 Shop! Selection
6.00 Kids Shop!
7.00-7.30pm Bargain Shop!
More low-priced offers.

8.00 PM

8.00 Ultimate Guide
T-Rex
Examining how an asteroid destroyed the world of the dinosaurs sixty-five million years ago.

8.00 Dharma and Greg
See Dharma, Run
8.30 Mad About You
Married to the Job
Becker has a blind date.

TNT
FAMILY PACK

9.00 PM

9.00 Crocodile Hunter
Wildlife in Combat
Following Steve and Terri Irwin as they rescue and protect the creatures of the Australian outback.

9.00pm WCW Thunder
Two hours of the latest action from the WCW.

9.00 Married... With Children
Married Without Children
Kelly and Bud baby-sit.
9.30 Becker
My Dinner with Becker

GMTV 2
ACCESS PACK

GMTV2 offers pre-school and lifestyle shows between 6.00am and 9.25am.
Weekdays: The *News Hour* from 6.00am to 7.00am followed by children's shows.
Saturdays: The best of the week and children's programming.
Sundays: Lifestyle shows, a round-up of the week's news in *The Review* plus *The Sunday Programme with Alastair Stewart*.

10.00 PM

10.00 Hollywood Cops
To Live and Die in L.A.
Profiling the men and women of the Los Angeles Police Department's Hollywood precinct.

10.00 FILM: Stir Crazy
Gene Wilder, Richard Pryor, JoBeth Williams
Comedy. Two feckless men who have both just been fired from their jobs take off in a van for California in search of fame and fortune. However, the van breaks down, which causes all kinds of chaos. *1980*

11.00 PM

11.00 Extreme Machines
Metal Monsters
A look at some of the most spectacular and dramatic train journeys in the world.

11.00 Freddy's Nightmares
More gruesome tales.
12midnight-1.00am The Dukes of Hazzard

12.05am Cheers
12.35 Cheers
1.05 Newsradio
1.35 Duckman
2.00 Hitz
2.30 Nurses
3.00 It's Garry Shandling's Show
3.30-4.00am Abbott and Costello

12.00

NIGHT TIME

12midnight Forensic Detectives
Cold Cases
1.00am First Flights
Fighters between the Wars
How Germany and Japan began to redefine the art of aerial warfare.
1.30-2.00am Car Country
Great British Cars

CARTOON NETWORK:
1.00am Fat Dog Mendoza 1.30 The Magic Roundabout 2.00 The Tidings 2.30 Tabaluga 3,00 The Fruitties 3.30 Blinky Bill 4.00 The Magic Roundabout 4.30-5.00am Tabaluga

THE HISTORY CHANNEL
WORLD PACK

12noon Naked Warriors of Europe
1.00pm Project Cancelled
The Fairey Rotodyne
2.00 Biography
Robert Mitchum
A profile of the actor.
3.00 Great Crimes and Trials
The Hammersmith Murders
3.30 Spies
Hitler's Spies in America
4.00 The Grunts of Vietnam
5.00 Construction

6.00 History's Greatest Disasters
6.55 Photos for the Future II
7.00 Project Cancelled
Dehavilland Comet
A look at one of the most tragic and beautiful aircraft ever built.
8.00 Biography
Yul Brynner
A profile of the actor, famous for his role in the *King and I*.
9.00-10.00pm The Lochness Monster

TV TRAVEL SHOP
BONUS CHANNEL

A total travel service in your own home. Video brochures give a guided tour of resorts around the world, with regular bulletins and programmes featuring late holidays and special offers. Viewers can then book holidays 24-hours-a-day, seven-days-a-week, by calling 0870 60 60 747. For more information and full listings turn to TV Travel Shop Text, from page 200.

QVC
LIFESTYLE/ SELECTION PACKS

QVC The Shopping Channel is at your service 24-hours-a-day – so watch when you can and tape when you can't. All you need is an item number. Call free phone on 0800-50-40-30 at any time. Today's highlight is Fashion at 5.00pm.

Send for our Brand New catalogue

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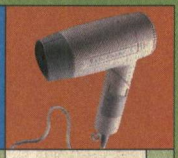
£15 OFF (Minimum order value £30)				
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	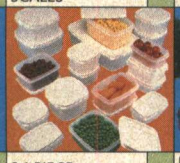			
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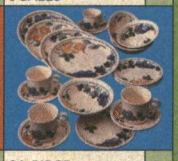
POWER SCREW-DRIVER MB	JELLYBEAN SET MV	SPORTS BAG DQ	ALARM CLOCK RADIO AF	SALTER BATHROOM SCALES FY
				
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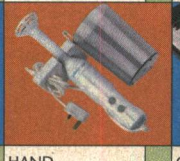
TOOTHBRUSH & SHAVER MW	KNIFE BLOCK KC	FLIGHT TRAVEL BAG MD	CAMERA AC	HINARI SANDWICH TOASTER HS
				
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			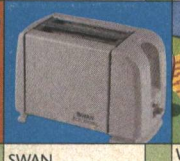	
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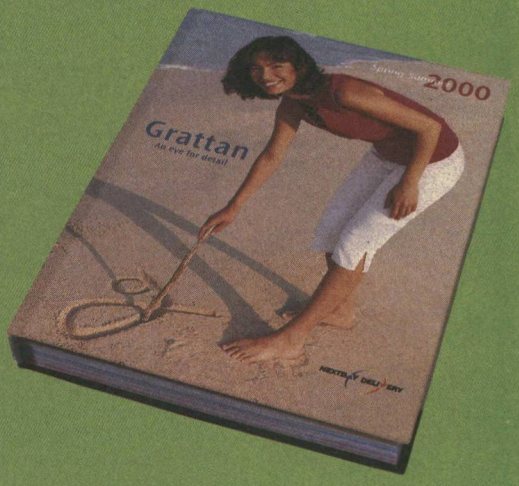

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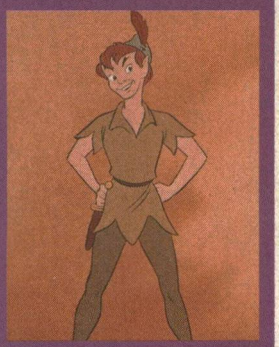
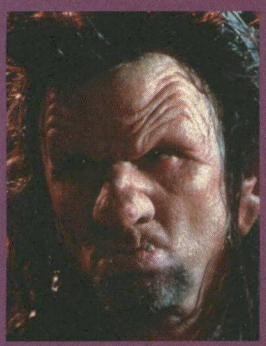


The classic 'Peter Pan' on Disney Channel



'The Tenth Kingdom' on Sky One

'The Rugrats Movie' storms onto Front Row

Title race hots up with Leeds v Arsenal

Drop us a line! Write to: The Editor, *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ. Email: viewers@cablegde.demon.co.uk

There's a £50 prize for the best letter!

THE WINNING WEST WING

BRILLIANT ensemble acting and terrific one-liners, *The West Wing* (Mondays, Sky One) has made politics – even American politics – completely unmissable. Funny and intelligent, and boasting the brilliant skill of the vastly underrated Martin Sheen, this is a sure-fire winner. The only quibble is a lacklustre 'star' in Rob Lowe, who's missing the energy the rest of the cast exhibit. Still, he's easy on the eye.

B Scully, Birkenhead

● ***Congratulations! Your letter has won this month's £50 prize.***

THANK YOU, SKY SPORTS!

A HUGE thank you to Sky Sports for finally deciding to broadcast *WWF Smackdown*. Now the regular WWF viewers are not missing any of the action from the US.

James Richards e-mail

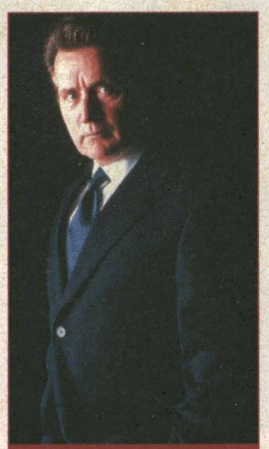
FRIENDS JUST GETS BETTER

THE MAKERS of *Friends* as ever kept us on tenterhooks awaiting the new series and the dramatic culmination of the ongoing Ross and Rachel saga. It was definitely worth the wait! Who'd have thought that the on/off couple would succumb to a Las Vegas wedding ceremony and actually get married! Equally intriguing was the 'will they, won't they?' of Chandler and Monica, for whom good sense won through in the end, the unfortunate change of surname surely good enough reason in itself – Monica Bing? Well, it has a certain ring to it.

As always, there is no knowing what's to follow. However, *Access All Areas: Friends* on Sky One provided a rare and welcome glimpse inside the world of *Friends*, demonstrating exactly what goes into making it one of the most successful TV series of all time.

S Joshi, e-mail

● ***Sky One intends to repeat* Access All Areas: Friends *later in the year.***



The 'underrated' Martin Sheen in *The West Wing*

SETTING THE RECORD STRAIGHT

THANK YOU, VH1, for the *Behind the Music* series, in particular for the Milli Vanilli documentary (16 January). All I knew when I was young was that they were a disgrace to the music industry. But VH1 set the record straight. The story of Rob and Fab was brilliantly presented and Rob, who died in 1998, will always be remembered.

Gursharn Randhawa e-mail

PLEASE CAST THE ASIANET WIDER

ASIANET is one of the few non-premier channels to show fast-and-furious action films. Why don't they broaden their appeal by adding subtitles for non-Asian speakers like myself? Any extra cost would be made up by the advertisers drawn in by the extra viewers. Asian films are popular in many countries, let's add the UK to them.

Steve Brookes, e-mail

● ***Asianet responds: 'Unfortunately, very few programmes and movies are supplied to us with subtitles. Asianet's now tending to buy subtitled programmes where available, although these are still scarce. Asianet is moving towards having most programmes subtitled for the benefit of both non-Asian-speaking and non-hearing viewers.'***

FROM CONS TO CONSTABLES

IT IS AMAZING the effect Sunhill Police Station has on criminals. Comparing current episodes of *The Bill* with the repeats on UK Gold, it seems some people arrested in old episodes have reformed and become police officers!

Sharon Dobson, Lancs

● ***Karl Collins played three baddies before becoming DC Danny Glaze!***

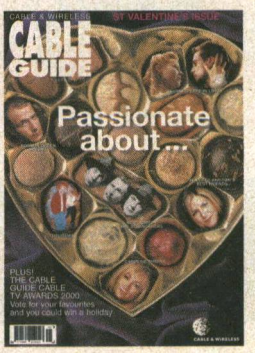
DEMON SLAYERS: MIXED RESPONSE

ANGST-RIDDEN vampire now bent on doing good to atone for evil past was pretty well done by *Forever Knight*. So, forgive me for viewing *Angel* (Sky One) with scepticism – the word rip-off comes to mind. Fortunately, thanks to a quirky half-demon sidekick and an ample injection of humour, *Angel* is different enough to compare favourably with its predecessor. Doyle's phoney Irish accent is atrocious, though! Nevertheless, I admit I'm hooked already. Now we just need Buffy to stop mooching around like a lovesick calf and get back to business pronto and we'll have two hours of prime viewing on Friday nights. The opening episodes of the latest season of *Buffy* were below par.

Linda McGrath, e-mail

HEAD AND SHOULDERS ABOVE THE REST

C'MON then, own up. Who let Hannibal Lecter loose on Photoshop? *Cable Guide*'s February front cover (below) depicted 'soft centres' of a rather 'icky' nature – severed heads in a box of Thorntons Finest. It looks like Jeffrey Dahmer has taken up being the Milk Tray Man. Perhaps Discovery could devote a series to the cover's designer – psychological profiles, catalogue of past crimes. Maybe Peter West (Art Editor) is a big fan of Damien Hirst, in which case we can expect some real cutting-edge stuff on the front covers in future. I can't wait for the Easter edition. Possibly the 'chocolate cast' of *Coronation Street* left too long by the fireside, barely recognisable, but just enough for people to go 'eeeewwww'.



Kris Green, e-mail

AIN'T NO PRETENDING

WILL the new series of *The Pretender* ever get shown on Sky One? It must be a good 18 months since the last transmission, and it is still top in America. Come on, Sky, let us fans have our programme back on for Sunday nights.

J Harrington, e-mail

● ***Sky One informs us they still have no plans at present to show* The Pretender.**

SCOOBY'S DOO LATE!

YOU'D better change the time of *Scooby Doo*, Cartoon Network, or you'll be in trouble! It's ridiculous that it's on at 7.30pm, it's just too late! Is it a grown-up movie or what?!

Sam Gardner (6), e-mail

● ***Cartoon Network informs us* Scooby Doo *can also be seen at 7.00am. And tune in on Saturday 4th for a* Scooby Doo *Marathon.***

THE ROSWELL HIGH LIFE

CONGRATULATIONS to Sky One for showing *Roswell High*. It's an excellent mixture of romance and comedy – I am totally glued to the TV. I can't wait for the rest of the series.

Nicky Gray, Norfolk

'Viewers' Views' may be edited for length.

PHOTOS: BSKYB, ©DISNEY, FRONT ROW, MARTIN THOMPSON

Cable Guide Competition Rules

1. Competition is open to all UK residents. Age of entrants may be specified. 2. There is no cash alternative to the prize. The prize must be taken on or between the dates specified relating to the competition prize in question. 3. In the event that a prizewinner is, for whatever reason, unable to take up the prize, *Cable Guide*/the channel concerned reserves the right to award the prize to the runner-up. *Cable Guide*/the channel concerned accepts no responsibility to provide the original prizewinner with any form of replacement. 4. Unless otherwise stated, a competition will be won by an eligible person who has submitted a correct entry on or before the closing date. The winning entry will be drawn at random by the judges. The Editor's decision is final in all matters relating to *Cable Guide* competitions. 5. No employee of *Cable Guide*, the channel or related companies shall be eligible to enter. 6. *Cable Guide*/the channel concerned can accept no responsibility for lost, damaged or unidentified entries. Proof of postage is not proof of delivery. 7. Winners may be asked to be involved in publicity. 8. For a list of winners send an SAE marked 'WINNERS', with the date the competition ran and the prize, to: *Cable Guide*, 172 Tottenham Court Road, London W1P 0JJ. 9. Photocopies of the Awards voting coupon will not be accepted.

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£30,000	263.45	314.43	389.25	631.00	239.10	
£25,000	219.54	262.03	324.38	525.83	199.25	
£20,000	175.63	209.62	259.50	420.67	159.40	
£17,000	165.64	192.37	233.41	368.95	154.70	11.4%
£15,000	146.16	169.74	205.95	325.54	136.50	
£12,000	116.93	135.79	164.76	260.44	109.20	
£10,000	97.44	113.16	137.30	217.03	91.00	
£8,500	91.27	103.53	123.32	190.27	86.96	12.9%
£7,500	80.53	91.35	108.81	167.89	76.73	
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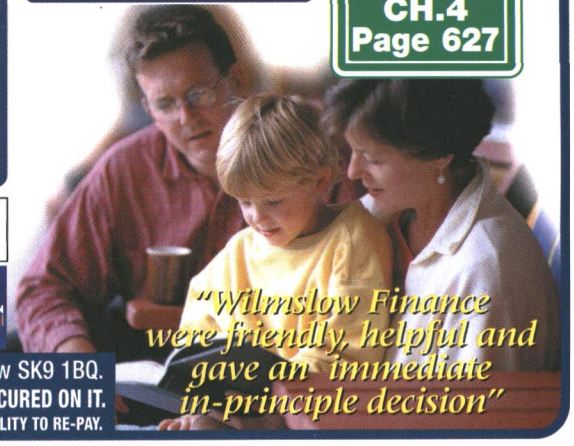

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